

CHRIS-ANNE



# THE FIELD NOTES



THE  
MUSE  
TAROT









# 3. THE EMPRESS

## **MAIN MESSAGE**

Nurturing, mothering love from the Universe

## **KEYWORDS**

Divine feminine, embodiment of creation energy, healing, mothering, self-love, self-care, compassion, fertility, Gaia

## **CREATOR MUSING**

You can create anything. Are you choosing to create things that nurture yourself, and others?

## **WORD PROMPT**

Fruit from the creatrix

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# 4. THE EMPEROR

**MAIN MESSAGE**

Successful and strategic structure and leadership

**KEYWORDS**

Divine masculine, planning and delivering, building and expanding an empire, legacy, a business person, visionary, provider, a time for strategic thinking

**CREATOR MUSING**

Your stable mountain of success is attainable with determination, confidence and your strategic leadership. But this mountain is only enjoyable when you bring your heart along for the ride

**WORD PROMPT**

Bedrock

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# 6. THE LOVERS

## **MAIN MESSAGE**

A choice to fall - or not to fall

## **KEYWORDS**

soulmates, lovers, attraction, partnerships, a choice, sacred kinship, love

## **CREATOR MUSING**

What would you create if the main ingredient was love? What partnership or collaboration? How would your life / work / projects change?

## **WORD PROMPT**

- Essence of we
- Textures of entanglement

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# 8. STRENGTH

## MAIN MESSAGE

Gentle influence and strength through courage

## KEYWORDS

Fierce serenity, innocence, pure thoughts and actions, honest tranquility, gentle leadership, flexibility and strength in the face of uncertainty, purity, integrity, bravery

## CREATOR MUSING

Forcing your way with brute strength is not what's going to work for you. Take a gentle, confident approach and be flexible enough to move around any problems with your composed influence.

## WORD PROMPTS

- Silent ferocity
- The quiet courage of angels
- My inner purr

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# 9. THE HERMIT

## **MAIN MESSAGE**

Going within in order to find your inner light

## **KEYWORDS**

a sage, mentor, wise elder, wisdom, guidance, introspection, meditation, taking time away, being anti-social, listening to your heart, a time-out, a pause

## **CREATOR MUSING**

When you call on all of your inner gifts, and blend them together, what happens? When you listen to your one clear inner-voice, and meditate on your path, without the influence of others, what do you find?

## **WORD PROMPT**

Sacred solace

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# II. JUSTICE

## **MAIN MESSAGE**

Truth and integrity will be fairly and justly compensated

## **KEYWORDS**

the law of cause and effect, being responsible for your choices and actions, balance, equity, fairness, doing the right thing, karma, ethics, consequences, values, knowing right from wrong, legal matters, retribution

## **CREATOR MUSING**

The rules of art and creativity are often meant to be broken. As are the rules of life. When is it okay to break the rules? What are the consequences?

## **WORD PROMPT**

Karmic alterations

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# 18. THE MOON

## **MAIN MESSAGE**

Being unable to see in the dark means trusting your intuition and seeking to unveil what lies hidden in the shadows of the moonlight

## **KEYWORDS**

Illusions, hidden truths, shadows in the moonlight, obscured knowledge, that which you cannot see at this time, using your intuition, facing your fears, discernment

## **CREATOR MUSING**

We cannot always force creations to grow quickly. Sometimes, they must remain in the dark to root and sprout, and find their way. Our job is to be the guardians of their spark.

## **WORD PROMPT**

Confusing reflections

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# 20. AWAKENING

## **MAIN MESSAGE**

Awakening to your divine nature

## **KEYWORDS**

Judgement, facing the music, awakening to your divine nature, accepting and forgiving your beautiful soul

## **CREATOR MUSING**

When we accept our true paths - our purpose - our truth - we create from a place of true joy

## **WORD PROMPT**

Intrinsic expansion

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# ACE OF INSPIRATION

## **MAIN MESSAGE**

Positive new beginnings are being sparked and turned into creative new ways to vision your future

## **KEYWORDS**

new beginnings, fresh inspirations and ideas, opportunities, new cycles of manifestation, the genesis of hopes and dreams, creative downloads, pushing through blocks, inspiration, illuminated ideas, creative new ways of visioning your future

## **CREATOR MUSING**

Our human perception of time is what makes creativity and the creation process important. Given all the time in the world, we could learn to create anything. Time is what makes our daily movement and motion valuable and necessary. How does father time influence your creative energy?

## **WORD PROMPT**

- Invocations that spark
- The onset of the blaze
- Inceptions

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# 7 OF INSPIRATION

## **MAIN MESSAGE**

Defending and protecting your own inner-light

## **KEYWORDS**

being attacked, a need to defend your position, other people's negative opinions or scarcity mindsets, a need to pay attention to your own energy, internal vs. external validation

## **CREATOR MUSING**

On the way to success you will serve as a mirror for those who don't believe in their own success yet. If you show up fearlessly, those who fear showing up may be triggered. In this way, creators are activated. Sometimes we are activated through the mirror of what we want, and sometimes through the mirror of what we don't. Be open to being the mirror for others on their path, even if that means being the thing that gives them angst along the way. How do you model or learn from those around you? What activates your light?

## **WORD PROMPT**

Obligatory bravado

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# 8 OF INSPIRATION

## **MAIN MESSAGE**

The speed and velocity of freely flowing energy

## **KEYWORDS**

fast energy, movement, travel, sometimes the breaking free of stuck patterns, running with an idea when inspiration hits

## **CREATOR MUSING**

Fast is better than perfect.

## **WORD PROMPT**

Ephemeral chances

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# 10 OF INSPIRATION

## **MAIN MESSAGE**

The heaviness of too many promises

## **KEYWORDS**

responsibilities and burdens, taking on way too much, a time to see other paths that offer help and guidance along the way

## **CREATOR MUSING**

What role does the stress of responsibility play in your life? Do you really have to move all of the pots, all by yourself, all at the same time? Prioritize and systematize to make your life easier.

## **WORD PROMPT**

Nourishment of accepting

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# PAGE OF INSPIRATION

**MAIN MESSAGE**

Ideation and creativity abound!

**KEYWORDS**

A million sparks of ideas, all the enthusiasm at the beginning, brainstorming and planting seeds for new projects and futures, successful starts, vibrancy of youth, zest for life

**CREATOR MUSING**

Exciting new opportunities often mean learning new things and figuring out how to use the spark that arrives. Do you ever side-step these wildfire opportunities because you aren't 'the expert'? Do you shut an idea down before it has even begun to blossom?

**WORD PROMPT**

Rainclouds of ideation

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# 3 OF EMOTIONS

## **MAIN MESSAGE**

Look to your soul family for support, friendship and joy

## **KEYWORDS**

soul sisters, soul siblings, connected hearts, deep friendships, mother-  
maiden-crone connections, sometimes a love triangle, connection and  
collaboration

## **CREATOR MUSING**

3 hearts beat stronger than one, and their rhythmic patterns  
interconnect in the most beautiful of ways. Are you listening closely  
enough to hear the heart desires of those you surround yourself with?

## **WORD PROMPT**

Soul collection

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# 5 OF EMOTIONS

## **MAIN MESSAGE**

Processing sadness or grief

## **KEYWORDS**

grief, loss, getting stuck in a negative pattern or emotion, not seeing the way out, allowing an unwanted pattern to become who you are, crying over spilt milk, learned helplessness, the time to find new hope and turn towards the things that bring you joy, turning your heart to the light

## **CREATOR MUSING**

We can become enamored with our own shadows, as they make us feel proud to have endured so much. They can make us believe we are: 'deep' 'healing' spiritual' and 'profound' and our 'dark night of the soul' can give us strength. Love all the parts of you, but don't love the shadow so much that you don't allow it to be processed, healed and released.

## **WORD PROMPT**

Stolen lifeforce

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# 9 OF EMOTIONS

## **MAIN MESSAGE**

Gifts from the Universe coming to you

## **KEYWORDS**

dreams manifested, getting your rewards, seeking fulfilment and satisfaction, gifts and a positive message from Spirit

## **CREATOR MUSING**

At the end of the day all we can create is what's in our hearts. And this is the life we choose. And the one we build. And the one that is reflected back at us though the giving strings of the Universe.

## **WORD PROMPT**

Rainbow recognition

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# KNIGHT OF EMOTIONS

## MAIN MESSAGE

a brewing romantic heart

## KEYWORDS

dating, new love, a happy flirtation, wearing your heart on your sleeve, loving the idea of being in love, the thrill of the chase, going for it

## CREATOR MUSING

The excitement of the fresh. The hunt. The conquest. What kind of creator are you? One who loves beginning or one who loves finishing?

## WORD PROMPT

The honesty of puddles

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# 3 OF VOICES

## **MAIN MESSAGE**

A painful separation from your reality

## **KEYWORDS**

heartbreak, sorrow, loss, unexpected let- downs,  
relationships ending, pain and wounding

## **CREATOR MUSING**

Inside of our deepest trauma and sadness lie  
the longest trajectories of light

## **WORD PROMPTS**

- Slices of sadness
- When the wind howls
- The taste of a broken voice

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# 7 OF VOICES

## **MAIN MESSAGE**

Stay clear of trickery, thievery or dishonesty

## **KEYWORDS**

deception, taking only what you need, being honest and aligned, carefully tuning in to see what's really going on in a situation, seeing past illusion and deceit, con-artists and copycats

## **CREATOR MUSING**

While the path of deception into clarity can be one filled with disappointment, it can also be dripping with opportunities to create a better, more honest and aligned bridge. When you create from YOUR voice... YOUR inner-musings and YOUR bridge of truth... what do you express? Make the idea YOURS.

## **WORD PROMPT**

- Lies that lie in the aftermath of illusion
- Stealing voices
- The color of my true bridge

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# 9 OF VOICES

## **MAIN MESSAGE**

The illusions of nightmares or anxiety

## **KEYWORDS**

nightmares, night terrors, illusions, anxiety, worry keeping you up at night, insomnia

## **CREATOR MUSING**

Dreams help us to process reality, our worries, our day-to-day experiences. They are also portals to the liminal. They open up our awareness to our own infinite natures. Are you using your sleep to your benefit?

## **WORD PROMPT**

- Screaming to sleep
- In the arms of the sandman
- Lullabies and voices

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# 10 OF VOICES

**MAIN MESSAGE**

Disillusion, being stabbed in the back

**KEYWORDS**

painful truth or realization, deception or betrayal, seeing the world in a completely new way, harsh endings

**CREATOR MUSING**

Moments of blinding truth offer the most potential to heal, to grow and to rise into a greater version of yourself. What version of YOU are you rising up to become? What version of your life are you rising up to meet?

**WORD PROMPT**

- Gashed simplicity
- In the throes of reality
- 10 truthful voices prepare for battle

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# PAGE OF VOICES

## **MAIN MESSAGE**

Curious, intelligent things

## **KEYWORDS**

restless energy, a thirst for knowledge, learning, thinking, a student, needing to put action behind words

## **CREATOR MUSING**

Do you learn better with your mind or with your heart, my love?

## **WORD PROMPT**

- Frenetic gifts
- Restless understanding of the stillness

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# QUEEN OF VOICES

## **MAIN MESSAGE**

Taste the wind, truthspeaker

## **KEYWORDS**

an honest and astute leader, wisdom, ability to cut through the bullshit, clear vision and clear communication, wit, intelligent and wise advice, strategic thinking

## **CREATOR MUSING**

When you speak your truth into the world, bravely, honestly, and without corruption

## **WORD PROMPT**

Clearly flapping

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# 3 OF MATERIALS

## **MAIN MESSAGE**

Collaboration and siblinghood

## **KEYWORDS**

teamwork, group dynamics, relationships and responsibilities, mentors and students, getting along, helping one another, the magic of collaboration, coming together for a common goal, fusing energies

## **CREATOR MUSING**

Conscious collaboration can propel our magic ahead, and open infinite possibilities for our life. Working with others is a unique joy and collaborations hold deep pockets of opportunity. They also highlight both our biggest strengths and our biggest flaws, and aligned partnerships will compliment and make use of both. //

## **WORD PROMPT**

Collaboration of souls

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# 6 OF MATERIALS

## **MAIN MESSAGE**

Giving and receiving

## **KEYWORDS**

the flow of abundance, giving and receiving in equal measure, being charitable, generosity, accepting help from others, power and balance

## **CREATOR MUSING**

Our resources in life are time, money and energy. Which one do you give away freely? Which one do you need to say YES to more often?

## **WORD PROMPT**

May it rain roses

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# KNIGHT OF MATERIALS

**MAIN MESSAGE**

Productivity and diligence paying off

**KEYWORDS**

hard-work, steadfastness, diligence and determination, safety, planting and tending seeds for the future, financial security, foundations

**CREATOR MUSING**

One foot in front of the other, sweet creator. Steady paces makes for a beautiful harvest.

**WORD PROMPT**

The task of joy

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