

The Fourth Dimension Process

Triggering Hyper-Manifestation for Wealth

A Confidential Special Report

By Dr. Joe Vitale

“An attempt at visualizing the Fourth Dimension: Take a point, stretch it into a line, curl it into a circle, twist it into a sphere, and punch through that sphere.” - Einstein

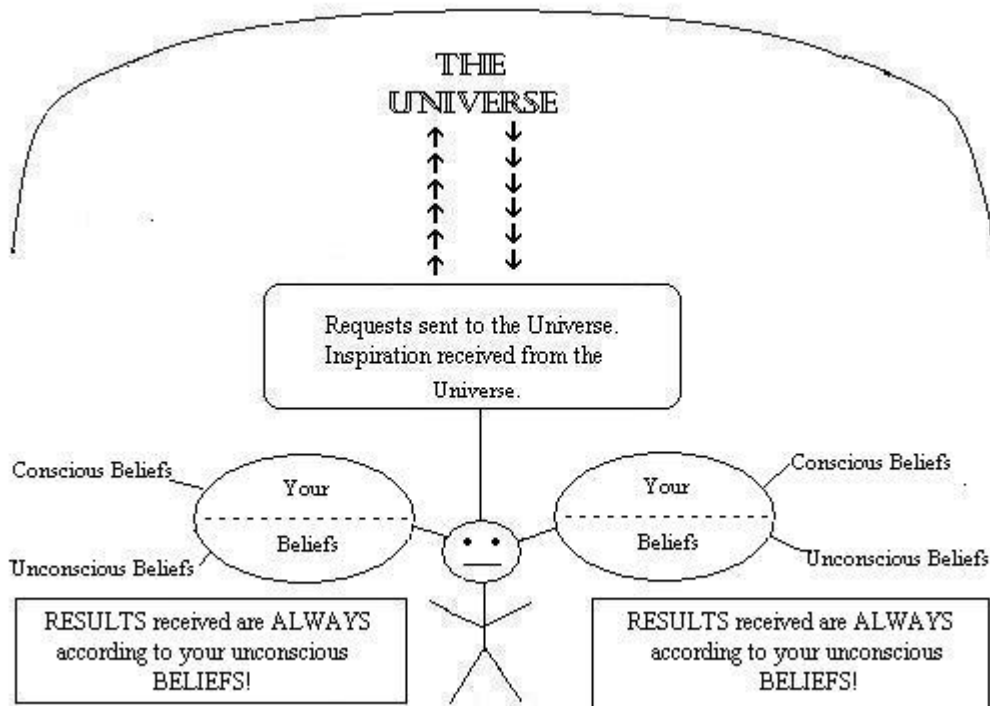
“Perception has a destiny.” – Emerson

I'm shaking as I write this. This Special Report is my first explanation of The Fourth Dimension Process. I'm excited. It works. I believe it holds the key to a new world of possibilities because, in The Fourth Dimension, *anything really is possible!*

Let me explain – and prove – it to you:

Most people are trying to manifest what they want by working within an unconscious set of limiting beliefs. They don't know it, but their current reality was created *by* their existing unconscious mindset. Until they change their paradigm, it will be difficult to create any lasting, dramatic new change, whether to increase wealth or anything else. They will just keep playing in the same sandbox.

This illustration helps explain the issue:



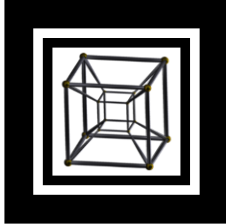
The image shows that the “filter” sorting through everything – from inspirations to intentions – is in the unconscious mind. That filter is our belief system. Whether anyone allows something into their life – whether wealth or romance or anything else – depends on what is in their unconscious mind.

If they have beliefs about, for example, money being bad or evil, than that belief will prevent money from coming in or staying. Being considered “bad,” the person will get rid of money fast – *but rarely know why*. They will blame their lack on others and virtually never look in the mirror. It will rarely if ever occur to them that their beliefs are creating their results.

To help resolve this issue, I created a method to break free. I call it the Fourth Dimension Process, which is a nod toward where we have to go to create a new reality: *outside of our current reality*.

Outside to where?

To what some call the “Fourth Dimension.”

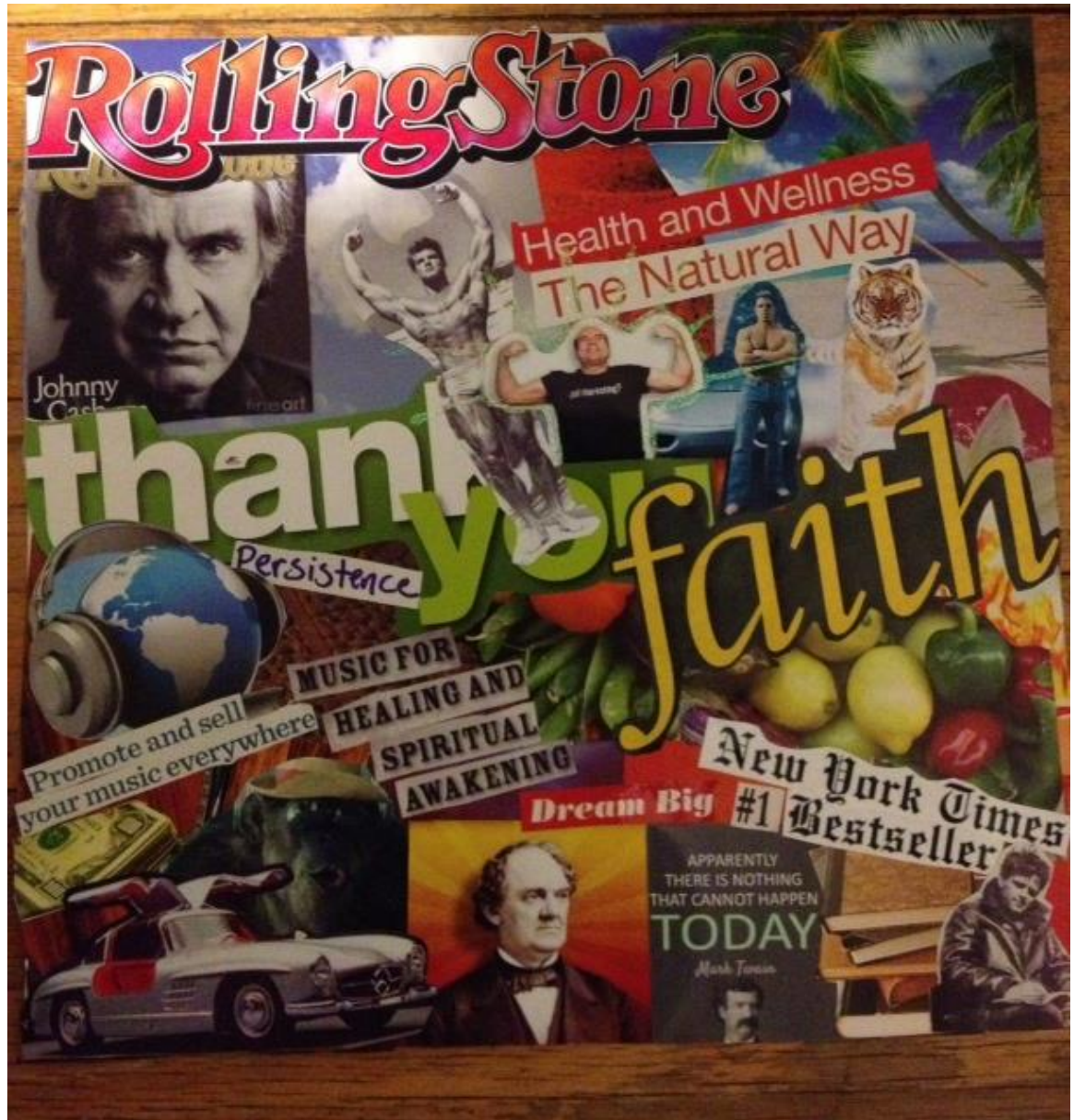


To explain this process, let's begin with a straight line:

That line is a symbol for a flat dimension, what some might call the First Dimension. When people write affirmations, they are trying to create change within one dimension – a very limited and not very powerful one. You *can* make change from this view, but not easily, or quickly, or everlastingly. It's too “one dimensional.” It has little power. It is, after all, just *a line*.

Another step up is to visualize what you want. This adds depth to the desire, which makes it more two-dimensional, at least in the perception of the mind. Some people use a Vision Board for this. They simply create a board with images representing what they want to have, do, or be. They post it where they will see it the most, usually the refrigerator or a bathroom mirror.

In 2013, a friend made the following Vision Board for me. Please note the car in the lower left corner. It's a car I've dreamed about owning for almost a decade. This will be relevant in a minute.



This Vision Board is a tool to communicate desires to the subconscious mind. A more powerful approach would be to take *one* desire - to have singular focus - and use a meaningful image to represent it.

An example is the following photo of a 1955 Mercedes SL300 Gullwing, generally considered the world's first super car and one of the most collectible autos in history, and this one currently for sale in California. Again, note there was a Gullwing on my Vision Board, but it was simply a photo off the Internet. It didn't correspond to reality, as it wasn't for sale. This one *is* for sale (as I write this):

www.TheFourthDimensionProcess.com



Looking at the image of the real car and visualizing it is a more two dimensional approach to creating, attracting or manifesting. Imagery is powerful and has been proven to work, in everything from sports to medicine to business. But you are still working *within* a limited dimension, and still working within existing limiting beliefs. You can imagine wealth all you like, but if you still believe it's bad for you, you won't see opportunities to obtain it. While you *can* achieve great results with imagery, it has built in limitations. It is still a "boxed in" way to live, let alone try to transform.

Yet another level up is to imagine *already owning* the car, driving the car, sharing the car with friends – bringing yourself into *involvement* with the image itself. This is entering a more third dimensional experience of manifestation. Instead of writing an affirmation (First Dimension) or seeing the car separate from you (Second Dimension) you move into an almost holographic experience of already enjoying the car in present time, *as if it is real right now*. This is moving near the

Third Dimension – the physical reality we all share as humans – and making the desire as concrete as possible. This is better, but not best.

Obviously, all three approaches work, but with limitations.

- Writing affirmations is flat and one-dimensional so has little (but not no) ability to create change. You'll have to do a lot of writing and affirming to overwrite the existing programs in your mind.
- Visualizing what you want, whether a new car or great wealth, is a step into the Second Dimension because it brings what you want "to life" in your mind. This approach gives your desire more shape, color, depth and emotion, all-important to the Second Dimension. But, you are still limited by what you believe is possible.
- The Third Dimension interactive visualization is much like your day-to-day experience: it feels real. So imagining what you want as already done, and so real that it might pass for reality, will speed up your results. Again, even this dimension is still working within what you currently (but probably unknowingly) believe.

How can you leave all limitations, all limiting beliefs, and all boxed mindsets, and enter a world where you know anything is possible and can manifest from that place of all possibilities?

Enter the Fourth Dimension.

I started to entertain the idea of a "Fourth Dimension" to reality almost a decade ago, after reading a 1949 little book by Neville Goddard, titled *Out of this World*. He has a chapter in it called, "Thinking Fourth-Dimensionally."

Here's an excerpt:

“Here is a technique that makes it easy to encounter events before they occur, to ‘call things which are not seen as though they were’ [Romans 4:17]. People have a habit of slighting the importance of simple things; but this simple formula for changing the future was discovered after years of searching and experimenting.

The first step in changing the future is desire – that is: define your objective – know definitely what you want.

Secondly: construct an event which you believe you would encounter following the fulfillment of your desire – an event which implies fulfillment of your desire – something that will have the action of self predominant.

Thirdly: immobilize the physical body and induce a condition akin to sleep – lie on a bed or relax in a chair and imagine that you are sleepy; then, with eyelids closed and your attention focused on the action you intend to experience – in imagination – mentally feel yourself right into the proposed action – imagining all the while that you are actually performing the action here and now. You must always participate in the imaginary action, not merely stand back and look on, but you must feel that you are actually performing the action so that the imaginary sensation is real to you.

It is important always to remember that the proposed action must be one that follows the fulfillment of your desire; and, also, you must feel yourself into the action until it has all the vividness and distinctness of reality.

For example: suppose you desired promotion in office. Being congratulated would be an event you would encounter following the fulfillment of your desire. Having selected this action as the one you will experience in imagination, immobilize the physical body, and induce a state akin to sleep – a drowsy state – but one in which you are still able to control the direction of your thoughts – a state in which you are attentive without effort. Now, imagine that a friend is standing before you. Put your imaginary hand into his. First feel it to be solid and real, and then carry on an imaginary conversation with him in harmony with the action. Do not visualize yourself

at a distance in point of space and at a distance in point of time being congratulated on your good fortune. Instead, make elsewhere here, and the future now. The future event is a reality now in a dimensionally larger world; and, oddly enough, now in a dimensionally larger world, is equivalent to here in the ordinary three-dimensional space of everyday life.

The difference between feeling yourself in action, here and now, and visualizing yourself in action, as though you were on a motion-picture screen, is the difference between success and failure.

The difference will be appreciated if you will now visualize yourself climbing a ladder. Then with eyelids closed imagine that a ladder is right in front of you and feel you are actually climbing it.”

Neville was explaining a way for us to create a third-dimensional reality (the one we live in) out of a fourth-dimensional experience (the one ideas come from). He was on the right track, but he couldn't articulate or elaborate on the process with enough clarity to help most people. He also wasn't a hypnotist, or a coach. He was a mystic.

He also wasn't the first to talk about a Fourth Dimension. In 1916, Claude Bragdon wrote a book called, *Four-Dimensional Vistas*. In the 1925 edition that I have, he attempts to describe this “new” dimension this way:

“Our space cannot contain it, because it contains no space. No walls separate us from this demesne, not even the walls of our fleshly prison; yet we may not enter, even though we are already ‘there.’ It is the place of dreams, of living dead men; it is *At the Back of the North Wind* and *Behind the Looking Glass*.”

Besides Bragdon's pioneering book, there are numerous works in mathematics and theoretical physics that describe a “Fourth Dimension.” And let's not forget the sci-fi writers. There's Rod Serling and his “Fifth Dimension,” that he called the Twilight Zone, which was usually more frightening than enlightening. It made for good television. But it also pointed to “another world” within this one.

What I've done is take the seed of an idea, which Neville offered in 1949, and transformed it into the Wealth Transformation Process.

Now let me describe how this process works, using the 1955 Gullwing (pictured earlier) as an example:

A one dimensional approach would be to write an affirmation, such as “I now own that 1955 Mercedes SL300 Gullwing (or something better).” (I always use the disclaimer phrase, “This or something better,” to allow for the possibility of a better result than what my mind can currently imagine.) I’d have to write that line five hundred times a day, every day, for who knows how long, for it to make a dent in my unconscious. It’s too “flat” as a method of rapid manifestation.

A two dimensional approach would be to visualize the car. I would at least be adding depth and length to the desire, which helps bring it to life, at least mentally. Since the subconscious responds to imagery, this is a step in the right direction. But I might look at the image every day for months to years and never attract the actual car. It’s not enough.

A third dimensional approach would be to imagine myself driving the car, owning the car, parking the car, holding the keys to the car, taking photos of the car, and so forth. Because this actively adds me into the imagery, it would get the request into my deeper mind faster. This is good.

But a fourth dimensional approach would be to imagine I live in a world with no limits, no beliefs, no restraints; where *anything is possible* because it holds the vastness of time and space. This open realm of all possibilities is where I would go by inducing a trance – or having a hypnotist or coach guide me there - and pretending I am now in the “dream world” that precedes this concrete world. I am *in* the “White Board” (to use a term from my books, such as *Zero Limits*) of all beginnings.

In this Fourth Dimension, I would simply *allow* the car into my life. There would be no wanting, desiring, longing; it would be mine by the very nature of

“anything goes” in this other dimension. I would simply allow it, accept it, and welcome it. No addiction. No attachment. No need. No stress.

While this last step might seem “far out” or esoteric, there are enough mystery schools and metaphysical studies to state that this is where all life begins.

Obviously, adding Miracles Coaching®, hypnosis, recorded guided audio inductions, or The Remembering Process, would be great tools to make this Fourth Dimension more assessable. After all, people can still enter *their version* of the Fourth Dimension and still have limits/beliefs/blocks preventing them from creating in an open-ended way. They may still be seeing reality through the filter of their unconscious beliefs. This is why I believe having a Miracles Coach, or working with a trained hypnotist, will still be needed by most people.

(Note: Mathew Dixon and I are creating Fourth Dimension Music to accompany whatever hypnosis/coaching/remembering anyone might add to enter the Fourth Dimension. See www.FourthDimensionMusic.com.)

Does this process work?

Brace yourself.

Here’s what happened *one day later* (!) from my doing this Fourth Dimension Process on that original 1955 Mercedes Gullwing:

First, I felt I should find out what the vintage car for sale actually cost. No price was listed on the site. I called, spoke to the owner, and was told this particular pristine, collectible car could go for only \$1,950,000. I thanked him. I hung up. I wasn’t discouraged, as all I was doing was seeking information. I just filed it in my mind and thought, “I wonder where the money will come from?” and “This car or something better.”

Second, the next morning I felt inspired to check eBay for any listings of Gullwing cars. There were several toy model cars for sale, and I bid on one. I figured having a small scale version of the actual car would help me experience the car in a more Third Dimension way: it’d have shape and contours and lines, etc. I’d be able to hold it and imagine the real thing.

While I was still at eBay, I noticed a Gullwing for sale. It surprised me. Mercedes has made modern Gullwing cars over the years, and I drove one years ago but didn't like the bulk or power of it. But this listing was for a *replica car*, built in 2007. The car looked exactly like a 1955 Mercedes 300SL Gullwing but was actually hand built, using a Chevy motor and transmission, to duplicate one.



This appealed to me instantly, mainly because the original car didn't have air conditioning, and this replicated version did. (There's interesting footage online of people driving original Gullwing cars down the road with the Gullwing doors swung *high and open*, trying to get some air.) And there's the added value of having a newer car, with parts that any GM dealer could work on or replace.

I immediately saw this listing as a "This or something better" opportunity. I wrote to the seller and asked information about the car. He quickly replied, and his answers made me even more excited. I decided to bid on the car.

I got slightly worried that the auction would get out of hand, as auctions often do, and the bidding would skyrocket, right past what the car was actually worth. But then I remembered that in the Fourth Dimension, there are no limits of time or space. I would just "own the car" and forget about how it came to me. So I let my worry go.

And then the seller contacted me again. He already had numerous offers (more than one hundred, from all over the world) for the car, but said if I met a little less than his reserve price, he'd end the auction and sell the car to me right now. He wouldn't have to wait days for his money or wonder what the car would sell for or where it would go. He'd be done. And I'd have the car. Win-win.

The car, new, sold for \$180,000. Only a dozen had been made. It was still pristine, ran perfectly, and only had 650 miles on it. In my mind I had already decided I wanted it but would not pay more than \$100k for it. The seller wanted \$89k. I offered \$80k. He accepted.

The car is being shipped to me right now. I will own it in a week – after using the Fourth Dimension Process *barely twenty-four hours ago!*

This all happened so fast, and so easily and effortlessly, that I'm still shaken (in a joyous way) and still processing the experience.

And remember, I had wanted the car for almost a decade, had it on a vision board for almost two years, dreamed about it and talked about it, but didn't actually attract it until *the next day* after doing the Fourth Dimension Process *only once*. (!)

As I wrote in the beginning, this Special Report is my first explanation of The Fourth Dimension Process. I'm excited because *it works*. Again, I believe it holds the magic key to a new world of miraculous possibilities for people because - in The Fourth Dimension - ***anything really is possible!***

My Gullwing is proof.

The only problem is, now I need to manifest another parking place.

- Expect Miracles.

Dr. Joe Vitale

February 2015

PS – It arrived! See next page ...

