First Press

A publication of the **First Presbyterian Church** of Englewood, NJ



FEBRUARY 2013





The Habit Loop

Surveys indicate that only 60% of you will have made New Year's resolutions, a tradition that goes as far back as ancient Babylon. Of the 60% who do make resolutions, 92% of you will fail at them. And of the 40% who don't make resolutions, most of you stopped making resolutions because you spent too many years being among the 92% who failed at keeping their resolutions!

Why do we fail at creating new habits – even when those habits are clearly good and beneficial? I recently watched a webinar by Charles Duhigg, New York Times investigative reporter and author of the best-seller, "The Power of Habit: Why We Do What We Do in Life and Business."

Mr. Duhigg speaks of "the Habit Loop" – a simple, repetitive cycle that constitutes a habit. The loop consists of three very simple parts: **the cue**, **the routine**, **and the reward**. These are fairly self-evident: the **cue** is a trigger that sends your brain into automatic mode. We have a lot of these. If you pick up your toothbrush, you don't have to consciously think about picking up your toothpaste – your brain goes into automatic. A cue can be internal (a thought or a feeling) or it can be external, such as a time of day.

The cue leads us automatically into the **routine**. The routine is the behavior(s) that lead to the reward. The routine can be physical, such as exercise, or it can be cognitive, such as studying or reviewing information. The **reward** is the payoff. Whether it is the dessert your mother allowed you to have after eating your vegetables, or the donut you allow yourself to eat after a workout (negating the workout – but that's beside the point!) – the reward determines whether the routine is worth it.

One important point Mr. Duhigg makes is that the **cue** is only effective if it initiates a **craving** for the reward. In a functioning habit loop, the cue makes your brain begin hungering for the reward, so your brain tells you to begin the routine. Hopefully this is mildly interesting, and maybe even gives you a little insight into how you might improve your odds of formulating a new and better habit in your life. But why is this spiritual? Because a significant percentage of New Year's resolutions involve a desire to grow spiritually – and probably 92% of those are failing as well.

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isdom will come into your heart, and knowledge will be pleasant to your soul"

— Proverbs 2:10



If you think about Mr. Duhigg's "habit loop", what you see is that a successful habit involves being able to sense the reward you receive from the habit, and in fact develop a craving for it. In our spiritual lives, if we aren't *first* tuning in to what God has done for you; if you aren't *already* at least somewhat aware of the value **to you** of having a closer relationship with God, then you won't perceive a reward, you won't have a craving – and you won't develop a habit.

In the Bible, the book of Proverbs tries to instill a desire for wisdom in its readers by discussing the benefit of gaining wisdom and understanding: "My child, if you accept my words and treasure up my commandments within you, making your ear attentive to wisdom and inclining your heart to understanding; if you indeed cry out for insight, and raise your voice for understanding; if you seek it like silver, and search for it as for hidden treasures – then you will understand the fear of the LORD and find the knowledge of God. ... Then you will understand righteousness and justice and equity, every good path; for wisdom will come into your heart, and knowledge will be pleasant to your soul." – Proverbs 2:1-5, 9-10

So if you want to develop of habit of praying daily, first ask yourself: how has prayer benefited me previously? Every time you pray, be in touch with how much better you feel for having prayed. If you want to engage in daily devotions with the Bible, first ask yourself: how has knowledge of God helped me in the past? Every time you engage Scripture, ask yourself: how am I better able to cope with my day because of my study time? These same benefits extend to our Journey Groups (small groups), and we hope you will all develop a *habit* of being a member of one. In community, you will see the benefit every time.

It is my hope that you will decide right now – a New Year can start any day you want it to – to give a spiritual resolution a try. And with a more specific focus on what your relationship with God has done for you, you will join the ranks of the 8% whose resolutions succeed – and in the process you will have a deeper relationship with God, whom you can rely on 100% of the time.

Peace and blessings,



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FROM THE CHOIR ROOM

THE MESSIAH IS COMING!



It is not too early to reserve the date for the March 9, 7:30 p.m. performance of Handel's Messiah featuring the Chancel Choir, soloists and the Manhattan Chamber Orchestra, all led by David Macfarlane. Tickets for this performance are \$20 and will be available after church and from choir members starting in mid-February. This is one of the world's most beloved pieces of choral music. The Lent and Easter portions tell in song the story of Jesus' ministry, death and resurrection. The glorious Hallelujah chorus is known by all. This is an event not to be missed.



FESTIVAL CHOIR

Anyone who would like to sing in the Chancel Choir for Handel's Messiah or our beautiful Holy Week and Easter services is invited to join us every Sunday at 12:15 p.m. following Morning Worship for choir rehearsal in the choir room. Light refreshments are provided. Consider singing in the choir as your Lenten service offering. All are welcome!



CROSSROADS

Come and check out the CROSSROADS contemporary worship that meets every Sunday evening at 5:30 p.m. in the Chapel. It's casual, lively, and fun, with a great band (led by Jane Kelly Williams) and the same basic sermon as Sunday morning (with multimedia enhancements). It's a great alternative – give it a try and invite your friends!

FPC ON THE WEB

In addition to our new Web site, don't forget that our sermons are available on our Podcast, accessible at no cost through the iTunes store, through our Web site, or directly at fpce.podbean.com. You can also keep up with FPC by joining our Facebook page (just search for First Presbyterian Church of Englewood), follow us on Twitter (@fpcenglewood), or check-in on Foursquare.



FAMILY/CHILDREN'S/YOUTH MINISTRIES

EPIPHANY

Thanks to Cyndi Kumor who directed our Epiphany Play with Assistant Director, Odailin Dume, and Stage Managers: Javier Guerrero, Susan Olender, and Michael Kumor. The 27 actors were all from our 3 year old to 5th grade Sunday School Classes. Our Narrators from the Youth Group were: Carolina Zuluaga, Lauren Bigler, Alyson Kumor, and Paloma Camacho. Thanks to our Latino families coordinated by Benny Baez and Mercedes Zuluaga who hosted a fabulous Three King's Day feast!

SECOND SUNDAY PARENTING GROUP

27 parents and young children gathered in the East Room on January 13. They enjoyed "A Snowy Day" with storyteller, Jenni Choi, and made snow pictures while parents shared resources for parenting. In February, on the 10th, parents and their young children will gather again right after worship for a Valentine Party with story, craft and conversation.

THE YOUTH GROUP

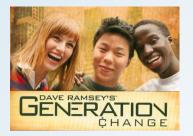
The Youth Group is involved in several activities this month with the **SOUPER BOWL OF CARING** Offering on Super Bowl Sunday which benefits hosting homeless families three weeks this year and provides some scholarship money for summer camp for these kids. Katie Bigler, Project Manager, will be organizing the youth to be at the sanctuary doors to receive your donations on February 3.

Thanks to the Youth members who prepared and served the soup for the Annual Meeting Lunch on January 27. All the calendars were sold to benefit youth attending the large Presbyterian Youth Triennium held at Purdue University in July. They are planning other fund-raisers to assist two or more students from our church to represent the Palisades Presbytery.

GOOD NEWS GIFT BIBLES

All 3rd to 5th graders who received a Good News Gift Bible and workbook are invited with their parents and other interested members of the congregation to a BIBLE SKILLS WORKSHOP right after worship on Sunday, February 24. I'm getting good reports from their teachers that these sharp kids are skillfully "Finding Your Way Through the Bible". They will present what they have learned and play some Bible games with us.





GENERATION CHANGE

Paul Platek will be leading another Financial Peace University course called GENERATION CHANGE for our middle and high school youth on Sundays, February 3, 10 and 24 during their Scripture Study class.

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NEWS FOR THE CONGREGATION



Center for Discovery



FIRST THURSDAY BIBLE STUDY

Thursday, February 7, at 10:00 a.m. in the East Room

Please join us for an interesting and enlightening time as Rev. Hong leads us in a lively study and discussion.



SUNDAY BIBLE STUDY

Sundays at 10:00 a.m. in the East Room with child care

We really encourage you to try the Sunday Morning Bible Study at 10:00 a.m. in the East Room each week. In this study we review the text that forms the basis of the sermon that day, illuminating issues of history, context, and translation that affect the interpretation of the story into a message for us. You'll understand more of the background that undergirds the sermon in a setting where you get to know some of your fellow worshippers better.

NEWCOMER'S DINNER

Are you new to FPC? Please join us for a Newcomer's Dinner on Thursday, February 21 at 6:30 p.m. in the East Room. Meet other people who've recently discovered FPC, and learn more about the church. Because we are ordering food, we need you to R.S.V.P. if you are coming no later than noon on Tuesday, February 19. Please call the Church



Office (201-568-7373 ext. 0 or office@englewoodpres.org) and also indicate if you have any dietary restrictions or require child care in the nursery. We will be scheduling these regularly throughout the year.

COPE: FPC's CAREGIVERS' SUPPORT GROUP

Thursday, February 7, 7:00-8:30 pm, in the East Room.

Are you feeling the stress of being a caregiver for a sibling, parent, or an adult child? If you are a caregiver looking for resources – or a space to get it all out - come to COPE: FPC's Caregivers' Support Group. COPE will provide you with a compassionate circle of men and women who support one another in our care of others. For additional information, contact Rev. Hong at rich@englewoodpres.org. Please feel free to forward this invitation to others you know who are feeling the burden of caring for others. All are welcome.



MEMBERSHIP

Are you interested in becoming a member of First Presbyterian Church? Membership is simply an affirmation of your desire to declare that this is your church home at this time in your life. If you're interested in learning more about FPC, please speak with Rev. Hong. Persons wishing to join are invited to meet with members of the Session (church elders) after worship on Sunday, February 24 and be received in worship on Sunday, March 10.



Lent

The season of **LENT** begins with Ash Wednesday on February 13. We have traditionally participated in a joint worship service with other area Presbyterian churches at 8:00 p.m. on that day; this year we will again meet at the Presbyterian Church in Leonia, 181 Fort Lee Road (between Broad and Grand Avenues). The Sacrament of the Lord's Supper will be celebrated, along with the imposition of ashes.

Lenten Worship and Soup Lunch or Supper

As a part of our observance of Lent we will once again have our weekly Lenten Worship and Soup Lunch series each Wednesday at noon in the Chapel beginning on Wednesday, February 20

through March 20. Each week we will have a brief worship followed by fellowship around a simple meal of hearty soups and bread. Soup makers are needed! In addition, for those who have asked for an evening version of this service, we will have special Lenten Worship and Soup Supper on Wednesday, February 27 and March 13 in the Chapel. Worship will be at 6:45 p.m. followed by a simple soup supper at 7:15 p.m. Please sign up to show off your soup making talents!

FINANCIAL PEACE UNIVERSITY IS COMING BACK BETTER THAN EVER



On February 24, 2013 First Presbyterian Church of Englewood will be holding the Financial Peace University "FPU" course for the seventh time. During the first six classes close to 100 people have started on the path to financial freedom using Dave Ramsey's seven baby steps. The course will run for nine weeks and go through April 28th taking off Easter Sunday March 31st. During this nine week class you will learn the following:

- budgeting techniques
- cash flow planning
- how to get out of debt
- the best way to save for retirement and your children's college
- what insurance you need and how to get the most affordable policies
- how to give to charity as you had always wanted to

The cost for the course is \$90.00 which pays for the membership kit. Two people can share the kit so husbands and wives are encouraged to come together or you can come with a friend. In the kit you will receive a workbook, audio CDs for all of the classes, Dave Ramsey's book, "Complete Guide to Money" and more. You also get me. As a certified Financial Planner, I add significant insight to the class and I offer one on one meetings for any class member.

The class is designed for young couples, newly married, recent parents or soon to be married. However, people of all ages have taken the course in the past and everyone has gotten a lot out of it.

I encourage everyone to seriously consider taking this life changing course. In addition, please tell your friends and family about it as it is not limited to church members. If you are interested please sign up in Elmore Hall or see me. You can also go to the website daveramsey.com/fpu/locations and look for the course given at FPC Englewood. Please feel free to reach out to me with any questions.

Paul A. Platek

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SQUARE DANCE & CHILI SUPPER - FRIDAY, MARCH 1

Rev. Debra Given, Pastor at Leonia Presbyterian Church, is our Square Dance Caller for Friday, March 1 starting at 6 p.m. in Elmore Hall. She has a live band and she has lots of dances to enjoy for all ages at 7 p.m. So put on your comfortable shoes and join us for a fun time! If you do-si-do, line dance, enjoy live music, or enjoy watching others dance, this night is for you! This event is sponsored by the Fellowship Committee at the Leonia Church and our Christian Education Committee.

SPRING GIVEAWAY IS COMING IN APRIL

Dear Giveaway Volunteer,

It's that time of year again! First of all, a big THANK YOU to those of you who helped out with the Giveaway last year. We couldn't have done it without you. And of course, we can't do it again this year without you! It may seem a bit early to be thinking about a Spring Giveaway, but it'll be here before you know it. We're writing to let you know that we got some terrific suggestions from volunteers and we'll have a new set up this year. Our plan is to have one or two volunteers stationed at each table or area to help clients find what they're looking for quickly, without having to pick through piles and piles of items. We'll also have "roaming" volunteers to help keep things moving, assist with carrying items to the door for pick up, etc. There will be a time limit on shopping as well as a limit on the number of clients in the space at any given time. This way we can serve everyone efficiently. We also need people to organize and put items out on Thursday and Friday, as well as monitor the door and register clients as they enter on the day of the event. Let us know if there's a particular table you'd like to work at, or if you have a preference for one duty over another. We'll do our best to accommodate you!

The dates are as follows: April 25th and 26th - donations dropped off and organized / April 27th - Giveaway from 9 a.m. until 2 p.m.

Don't forget: if you have any friends who would like to help out, even if only for an hour or two, please tell them to email us and we'll be sure to get all the information to them.

As always, any suggestions you may have are greatly appreciated. We hope we can count on you to make this year's Giveaway the best ever!

Looking forward to hearing from you, Elena and Charlene - The Giveaway Gals

News from Our Preschool and Kindergarten

FPPK's annual Holiday Bake Sale, held on December 12th and 13th, was a tremendous success this year! Thank you to everyone who participated in the event. All earnings will go towards future scholarships for FPPK students. FPPK is also currently accepting applications for the 2013-2014 school year! We are in the process of meeting parents and conducting tours, so if interested, please contact Ms. Terry or Ms. Jeannie at (201) 568-3042. FPPK offers half day & full day classes for children from 2 ½ years – Kindergarten.

To gear up for the new school year, we will also be hosting an Open House on Saturday, February 9th from 10:00am – 12:00pm, in the School Library (Second Floor). Parents can meet and greet with the Teachers and Staff and special activities will be available for the little ones! Please join us for this fabulous event and learn about our warm and nurturing Cooperative School!

- Jenni Choi and Grace How

OTHER NEWS



FOOD TO FIRST ON THE FIRST

On the first Sunday of February and March, we ask you to bring a bag of food for our needy neighbors. The shelves at the Center for Food Action are almost empty and every donation is appreciated. Children and youth are especially invited to bring a tangible gift that is child-friendly. From CFA: "The Center greatly appreciates your generous support. The work of the Center is possible due to your kindness and commitment. Your support truly makes a

difference and we are grateful." - Patricia Espy, Executive Director

PASS ON THE GIFT FROM READ TO FEED

Throughout last summer, the Read to Feed program collected books for the children to borrow. When the project was over, we were left with over 1,000 books!

It was then that we decided to donate them to 2 different charities. 225 of the books were sent to the Fugees, an academy for refugees who are placed by the government in Georgia. The remaining books, 856 of them, were delivered to the



Bergen Family Center. Our donation has helped a dream of theirs come true; with our donation and the books that the center already had, Bergen Family Center has decided to set up a community library. The library will offer children's books of all levels and will be a great addition to their existing afterschool program. We would like to reach a goal of 1000 books to be given to this new library. Therefore, I encourage everyone to look for children's books that are in good condition to be given to BFC.

Thank you to everyone who participated in the Read to Feed Program. This is really an example of "Passing on the Gift". We couldn't have done it without you! Carolina Zuluaga, Project Manager



MELODY ARONS CENTER PRESENTATION ON FEB. 7

The Melody Arons Center for Applied Preschool Research (MAC) presents its second case study at Teaneck Library on Thursday, February 7, 7:30 – 9 p.m. The Library is located on Teaneck Road south of Route 4. Copies of study will be available at the meeting, also film clips, along with parents of a child who will share their experiences and answer questions. Principle investigator of the study is MAC Director, our Marilyn Arons. The data analysis and

interpretation was done by her husband, Ray Arons, Dr. P.H. MAC director of research. The study documents 14-hour long sessions with the child, covering a total of 797 data points. The practical importance of MAC's 10-year neuroscience study is to examine specific aspects of music and their impact upon language and movement in a preschooler with disabilities. The newspaper article with more details is available at the church Information Centers.

"YEAR WITH THE BIBLE" 2013 – This booklet of scripture readings and prayers is offered as a guide for individual and family devotions. It seeks to help the reader through each day of the year with the lectionary readings that usually Rev. Hong prepares for Sunday morning Bible Study and the Sermon each week.

ANNUAL REPORTS FOR 2012 ARE AVAILABLE AT THE CHURCH.

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ANOTHER SOLID YEAR OF STEWARDSHIP

I am happy to report that total giving in 2012 was approximately \$375,000 which represents a 10% increase from 2011. This is despite a continued weak economy so we should all be proud of our efforts. I would also like to point out that total giving has more than doubled since 2005, when Rich started his ministry at the church, while expenses have remained the same. This is a remarkable feat and the church staff and volunteers should be commended.

Several years ago we set a goal of increasing giving by 15% per year so that we would not be dependent on the reserve fund and the earnings from this fund could be used exclusively for mission work. We were well on our way to achieving this goal when the financial crisis hit in 2008. Not only did our reserve fund lose a significant amount of money, but contributions did not increase as we had hoped as members saw their stock portfolios plummet, their homes lose value and many lost jobs or saw their incomes reduced.

As has been reported in the past, it takes a lot of money to maintain the church and despite efforts to keep expenses in check we run a deficit each year which has severely depleted the reserve fund. I therefore, strongly encourage everyone to pray thoughtfully about how you can support the church, both financially and with your time and talents. In addition, I ask everyone to consider FPC in your will and to consider leaving money to the church via a charitable trust. This can benefit the church immediately while you enjoy a tax benefit. Please reach out to me if you want to learn more about this. Keep in mind if Luella Schmidt hadn't remembered FPC in her will we wouldn't be enjoying the sounds of the newly refurbished organ.

With regards to the fabulous music at FPC, the Stewardship Committee is planning a campaign to raise money to support the soloists in our choir and the many music programs we all enjoy during the year. You will be hearing more about a spring kickoff concert soon.

Finally, I would like to announce that Diane Christian will be taking over as Stewardship Chair as my term on Session has expired. Diane had been the Chair in the past and a member of the committee for many years. I look forward to working with her during these exciting times of the Church's growth.

Paul A. Platek, Stewardship Chair

WHAT IS PER CAPITA?

If you received offering envelopes for your tithes and offerings to the church, you have also received an envelope inside the packet called Per Capita of \$35.00 for each member. Our church is part of a larger governing body, the Presbyterian Church (USA), and as part of this connectional denomination, we share in the benefits that PCUSA provides for the local church, the Presbytery, the Synod, the General Assembly and the world-wide church through ecumenical connections and our world missions. I encourage everyone to contribute their per capita amount which helps tremendously to meet our budgeted amount for this assessment. If you do not have envelopes, you can still send in the \$35 per member in your household. Thank you! *Paul Platek*, *Stewardship Chair*

SINGLES INVITED ON FRIDAY, FEB. 22 7 P.M.

Singles Connection sponsors a MOVIE NIGHT & PIZZA in the East Room. Mibs Wagner, Coordinator, invites all singles for a fun evening with good food and friends. Name of movie will be announced. Make your reservation by e-mailing Dorothy at

dorothyv@englewoodpres.org or call 201-568-7373, ext. 307.

MOVING FORWARD

As we learn from sports, sometimes you support the team as a fan, sometimes a player on a team needs to be a backup – and sometimes you have to get in the game.

Over the past few years our attendance has been growing significantly. In 2012, the raw weekly numerical average for the year (this counts both services, including children) was 189.8, the highest since the mid-1970s. We averaged just over 141 adults on Sunday

morning. Crossroads, our 5:30 p.m. contemporary service, averaged a bit more than 23, and our Sunday morning church school averaged about 25.

On Easter, in 2008 we had attendance of 279. This grew in almost a straight line by an average of 50 persons per year, and in 2012 we had attendance of 475. Last year, we know there were families who tried to attend on Easter and gave up – because they couldn't find parking. The same happened at our Candlelight Carol Service. Therefore, the Session has voted to add a second Easter service this year – at 9:00 a.m. – while keeping the 11:00 a.m. service. The two services will be identical – full brass ensemble, timpani, choir, the Hallelujah Chorus – with the exception that communion will only be celebrated at the 11:00 service. This is incredibly exciting, but it also highlights the extent to which our resources are being stretched.

Our growth means that many of you have not been attending for all that long. And in order to continue to grow, we need you to **get in the game**. Our volunteer crews are not growing as fast as our worship attendance. We need kitchen help on Sunday mornings with Coffee and Conversation – ideally we will have rotating crews to perform this incredibly important task. We need more help with ushering – as well as expanding our greeting and welcoming so that first-time guests don't get lost in our large and complex facility. We need volunteers to be parking lot greeters on big Sundays – especially Easter – guiding people to on-street parking when our lot is full. We need Church School teachers and classroom aides.

Let me put it this way: whatever it is that made you feel welcome and at home here at FPC, we need you to turn around and pay it forward – please put some time and energy into making the next guests feel at home here.

Where to start? Send an email to Rich (rich@englewoodpres.org) or Dorothy (dorothyv@englewoodpres.org) with some indication of what you'd like to do. We'll make sure your name gets to the right person. Not sure what to do? Try something out. You can always decide later that your gifts lie elsewhere. But one thing we are sure of: you have gifts to share with others. That's why God led you here in the first place.

The interesting thing is that this will help you deepen your own faith. It is one thing to learn about what Jesus wants us to do; it is another to experience it by serving others as Jesus wants us to serve. And in your service here, you will be helping others begin their own journey of deepening their connection to Christ.



SUPER BOWL PARTY, FEBRUARY 3RD

Immediately after the Crossroads worship service ends at 6:30 p.m. we will enjoy the Super Bowl in the Chapel on the BIG screen. Bring a snack and/or (non-alcoholic) beverage to share during the game. You are all invited!





THE LABYRINTH-OPEN FOR WALKING FEB. 15 & 17

In 2013, the labyrinth is open on the third Friday, Feb. 15 from 4 – 7 p.m. and on Sunday, Feb. 17 from 12 noon to 4 p.m. In good weather, the Labyrinth on the Lawn is always available for a walk outside.

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IMPORTANT RESOURCES AVAILABLE FOR ALL AGES

Provided at the Information Center near the Chapel by your Senior Ministry are the following resources:

FIVE WISHES is the first living will that talks about your personal, emotional and spiritual needs as well as your medical needs. Five Wishes was written with the help of The American Bar Association's Commission on Law and Aging, and the nation's leading experts in end-of-life care. Five Wishes is for all ages, not just seniors.

SELF CPR is a paper which describes what you do if you have a heart attack while you are alone. The Johnson City Medical Center actually discovered this and did an in-depth Study on it in their ICU. It is now incorporated into ACLS and CPR classes. It's called cough CPR. This is just not for seniors, but for any age.

Through the **COMMUNITY ASSISTANCE PROGRAM**, you can also pick up a Prescription Drug Discount Card which does not expire and can make healthcare more affordable for all ages. Over 80% of pharmacies nationwide do participate.

Also, you will find copies each month describing a full program of activities at two **SENIOR CENTERS** in the area, Tenafly and Englewood. Pick up a brochure.



ADDRESS CORRECTION REQUESTED

FIRST PRESBYTERIAN CHURCH OF ENGLEWOOD

150 East Palisade Avenue Englewood, NJ 07631 Phone: 201-568-7373 Fax: 201-568-7376 www.englewoodpres.org

In case of INCLEMENT WEATHER, you are now able to dial in to our phone system and hear a recorded announcement of whether any of our activities are impacted. Think of pressing "S" for "Snow") to be informed of whether any events have been cancelled.

CANCELLATIONS

WEATHER

Observe Lent with us: February 13—March 20, 2013



February 2013

First Presbyterian Church 150 East Palisade Avenue Englewood, NJ 07631 201-568-7373 www.englewoodpres.org

Sun	Mon	Tue	Wed	Thu	Fri		Sat
					1	2	
3 Communion Souper Bowl of Caring 6:30p Super Bowl (CH)	4 11a GriefShare (ER)	5 7:30p Worship & Music (MR)	6	7 10a 1st Thursday Bible Study (ER) 7p COPE (ER) 7:30p Basketball (EH)	8	9 10-12p Preschool Open House (EH)	
10 12:15p Second Sunday Parenting Group (ER)	11 NEWSLETTER ARTICLES DUE 11a GriefShare (ER) 7:30p Outreach (MR)	12	13 Ash Wednesday 8p Ash Wednesday Joint Service at Leonia Presbyterian Church	7:30p Basketball (EH)	15 1:30p Staff Meeting 4-7p Labyrinth (CH) 7p Children's Ministry Team & Bible Study	16	
17 12-4p Labyrinth (CH)	18 Presidents' Day Office Closed	19	20 12p Lenten Worship & Lunch (CH)	21 6:30p Newcomers' Dinner 7:30p Basketball (EH)	7p Singles Connection (ER)	23 9a Joint Officer Retreat (CH)	
24 12p Bible Skills Workshop (CH) 12p New Members & Session (ER) 7p Financial Peace University (ER)	25 7p Mission (MR)	26	27 12p Lenten Worship & Lunch (CH) 6:45p Lenten Worship & Supper (CH)	Basketball (EH) 10.00 ar 11:15 am	Every Sunday: n & 12:15 p.m. Chancel Choir Reh n Bible Study; 11:00 am Worship S Church School & Youth Scriptur 12 noon Coffee & Conversation / child care available from 9:30 - 12 roads Contemporary Worship 5:30	Service e Study 2:30 pm	CFL- Center for Learning CH-Chapel CR-Choir Room EH-Elmore Hall ER-East Room LIB-Library MR-Meeting Room MUR-Music Room N-Nursery SANC-Sanctuary