

THE HISTORY OF THE TAI CHI CHUAN MASTERS

by Master Lawrence Karol





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Section One - The legendary founder ...Chang San-Feng (approx. 13th century A.D.)

Tai Chi Chuan was handed down by the Immortal Chang San-Feng. The Immortal was a native of I-chou in Liaotung Province. His Taoist name was San-Feng and he was born during the latter part of the Sung Dynasty (960-1126). He was seven feet tall with the bones of a crane and the posture of a pine tree. His Face was like an ancient moon with kind brows and generous eyes. His whiskers were shaped like a spear and in winter and summer he wore the same wide bamboo hat. Carrying a horsehair duster he could cover a thousand miles in a day.

During the beginning of the Hung-wu reign (first emperor, Tai Tsu, of the Ming, 1368-1628) Chang San-Feng traveled to the Tai-Ho Mountains in Szechwan to practice the Taoist arts and settled in the Temple of the Jade Void. He could recite the Classics by heart after a single reading. In the Twenty-seventh year of the Hung-Wu reign, he traveled to the Wutang Mountains in Hupei where he loved to discuss the Classics and philosophy with the local people.

One day he was indoors reciting the Classics when a joyful bird landed in the courtyard on a branch of a beautiful pine tree. It's song was like the notes of the zither. The Immortal spied the bird through the open window by which he sat. The bird peered down like an eagle at a snake coiled on the ground. The snake gazed up at the bird and the two commenced to fight! With a cry the bird swooped down, it's wings beating like a fan and with it's talons spread wide, readied to grasp the snake and carry home for it's babies food. The long snake shook it's head, darting hither and thither to evade the bird's wings and talons. The bird flew back up to the tree top, very frustrated and disconcerted. Again the bird swooped

down beating it's wings, and again the snake wriggled and darted out of harm's way, all from a coiled position of stillness! This went on for a long time without a decisive strike.

After a time, the Immortal came out into the courtyard and the bird and the snake disappeared. From this combat the Immortal received a revelation. The coiled form of the snake looked like the same design as the Tai Chi symbol, commonly referred to as the yin-yang symbol, contained the principle of the soft overcoming the hard. Based on the transformations of Tai Chi (The Supreme, Grand Ultimate), the Immortal developed Tai Chi Chuan (The Supreme Ultimate Fist) to cultivate sexual energy (ching), chi and spirit (shen), movement and stillness, waxing and waning, and to embody the principles of the I Ching (The Book of Changes). Tai Chi Chuan has been passed on for many generations and it's value has become more and more appreciated throughout the world! In the White Cloud Temple at Peking there is still a likeness of the Immortal for visitors to admire.

Section Two – Chang San-Feng's disciples continue to add to the comprehensiveness of Tai Chi Chuan...

Grand Master Chang San-Feng transmitted his knowledge to Grand Master Wang Tsung Yueh, who in turn, transmitted the Tai Chi Chuan tradition to Grand Master Chen Wang Ting (1597-1664)

Grand Master Chang San-Feng attained longevity of years and may have lived over 150 years! His disciple Grand Master Wang Tsung Yueh also attained a longevity of over a 100 years!_ Niether Grand Masters had offspring.

Grand Master Chen Wang Ting however, had brothers and sons, each of which spawned their own historical lineage. They were...Grand Master's Chen You Pen, Chen You Han, and Chen Chang Hsiang-(1771-1853). Chen You Pen's lineage included Chen Ching Ping-(1795-1868), Wu Yu Xiang -(1812-1880), Li Yi Yu-(1832-1892), Hao Wei Zheng-(1849-1920), Li Hsiang Yuan-(1888-1961),Tung Ying Chieh-(1889-1961). Chen You Han lineage (not available). Although, Chen Chang Hsiang having many students within the Chen clan of family and friends...transmitted the complete Chen system to the founder of the



Yang Family style....Grand Master Yang Lu Chan-(1799-1872) who's Tai Chi surpassed even Grand Master Chen's own family of practitioners! The story of Yang Lu Chan goes something like this. As a young boy of 10 years, living with his poor family in Nan-kuan, he became interested in learning the martial arts and sought to learn who and where, were the greats masters of Tai Chi Chuan.

He learned that the best masters lived in Chen Village, and also discovered that the Chen family owned a pharmacy in Yung-nien, called the Great Hall of Harmony (Tai-ho tang). The owner of the pharmacy, Chen Te-hu, was one of the richest men in Chen Village and had hired one of his clansmen, Tai Chi Master Chen Chang Hsing to teach his sons the martial arts.

Yang Lu Chan humbly ask Chen Te-hu to hire him as his bonded servant, in exchange for food and lodging, and was assigned to wait on Master Chen Chang Hsing as his personal servant. After many, many years of waiting on Master Chen, Lu Chan absorbed much of the art, and when he began to prompt the Master's students, Chen Chang Hsing was so impressed that he not only transmitted to him the art of Tai Chi Chuan, but bought his freedom for fifty ounces of silver, and returned Yang Lu Chan, now a grown man, to freedom in Yung-nien. There in Yung-nien he trained many prominent residents of the community and developed his renown as Tai Chi Chuan Master. As many of his students were from wealthy families, when writing of Master Yang's superior Tai Chi Chuan skills, they obscured the fact of his humble, and poor standing as a bond servant, to avoid their embarrassment at having been trained by one who's origins were of such low standing in Chinese society.

In time, Master Yang Lu Chan traveled to Peking, where he challenged all martial artists in the great city. Hundreds of martial artists accepted his challenge, and one by one, he defeated every challenge! Now the Manchu custom in 19th century Peking was to patronize men of unusual martial arts talent. And now as Master Yang Lu Chan was considered the foremost martial artist in Peking, he was commissioned to teach Tai Chi Chuan, by no fewer than eight of the Manchu princes, and so was nicknamed not only "Yang the Invincible", but also..."Eight Lords"!

So truly inspirational is Grand Master Yang Lu Chan's stirring life's story of a slave boy who became martial arts master to the Manchu princes, foremost boxer throughout the empire, and the founder of a lineage that dominates a worldwide movement!

Grand Master Yang Lu Chan had two sons, Pan-hou (1837-1892) and Chien-hou (1839-1917) who were worthy successors. So rigorous was the training regimen under their father that it was rumored that Pan-hou tried to run away from home and Chien-hou attempted suicide! After these events, Lu Chan adapted his teaching methods to suit each son's needs and thus inspired their dedication to practice with their whole heartedness! Of the two sons, Chien-hou was the more gentle and affable, attracting many students, whereas Pan-hou taught very few.



Grand Master Yang Chien-hou sired two successors, Shao-hou (1862-1930) and Cheng-fu (1883-1936). Both masters practiced the expansive, 'large' style of Tai Chi Chuan, although Shao-hou taught the compact 'small' style. Shao-hou's style was said to be, 'small and hard...fast and rooted', and Cheng-fu's style was, 'open and soft,...a bullet within cotton'! Not until late in Cheng-fu's career did retentions of the Chen style jumps, flying kicks, foot stomps, changes of pace, and shouts finally disappeared from his form.

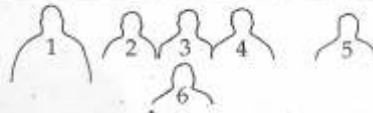


Yang Ch'eng-fu

Grand Master Yang Cheng-fu, though an imposing figure of 300 pounds in his later years, was good natured and popular with students of which he had many. So great was Cheng-fu's prestige, that the Governor of Canton offered him 800 silver dollars a month to come south and teach the Grand Art of Tai Chi Chuan! And even the Imperial generals humbled themselves before him!



1. Yang Ch'eng-fu 3. Sun Lu-t'ang
2. Yang Shao-hou 4. Wu Chien-ch'ian



5. Tung Ying-chieh
6. Ch'ei Wei-ming

Here in this rare photograph is master yang with many of his foremost students @ the 4th Anniversary Chih Jou Tai Chi Chuan Assoc. Gathering in 1929. Master Yang like his grandfather Master Yang Lu Chan was large and powerfully built. His uncle Pan hou was tall, thin and handsome, his father Chien-hou was somewhere in between. Here in the photograph with a key showing the position of Yang Cheng Fu, His brother Shao Hou, Master Sun, Master Wu, Master Tung Ying Chieh, my teacher, Master Tung Kai-Ying's Grandfather, & Master Chen Wei-ming. All these master which are sitting to the left of Master Yang who is pictured more central on the first row of seats, with Master Tung Ying-Chieh pictured near

the end of the first row...surrounded of course, by his family and friends. Though not pictured in the photo key....it is believed Master Chang Man-Ching is one of the gentlemen in the 1st row standing behind

Master

Wu.

Of Cheng Fu Yang's 4 sons, it is considered that perhaps Chen Ming (or Shuo-chung) and Chen-to who did the most to pass on their father's art, though they never exerted the international influence of Cheng-fu's more intellectual disciples, Cheng Man-ching, and of course, my teacher's grandfather, Grandmaster Tung Ying-Chieh.

As the Chen Style spawned the Yang style, all subsequent styles owe their origins directly or indirectly to Yang influence....especially Master Yang Chang-fu...who's fame and renown spread far and wide throughout China during the early part of the 20th century. This is a rare photo of all these Tai Chi Masters...sitting together in 1929.



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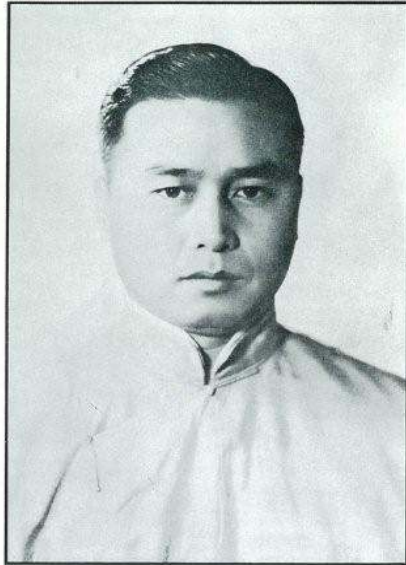
TUNG YING CHIEH
1888 - 1961

Of the Tung Family now spanning four generations...which began with Tung Ying-Chieh who originally studied and practiced Master Hao's Chen style of Tai Chi Chuan, under Master Li, Hao's assistant for 13 years. This Branch of Tai Chi was different from the Yang school, which originated with Chen Chang Hsiang, and began with Chen You Pen, who passed it to Chen Ching Ping, and then to Wu Yu Xiang, Master Li Yi Yu, then Hao Wei Zheng, and Li Hsiang Yuan who taught Master Tung Ying-Chieh...the Hao's Chen style of Tai Chi...for 13 years before he met Master Yang and became his disciple and quickly impressing Master Yang with Ying-Chieh's abilities, Master Yang soon was very pleased with him and took him along whenever or wherever he traveled to teach, setting up the Zhi Rou Tai Chi Chuan Society in 1926 in Shanghai, and the Nanjing Central Martial Arts Gymnasium in 1928 in Nanjing. During a period of 10 years Master Tung was Yang's Chief assistant instructor.

In 1934, Master Yang was invited to teach in Guangzhou. He brought Master Tung and Yang's eldest son, Shuo-chung. Unfortunately, Master Yang had difficulty acclimatizing and had to return to Shanghai with his son. He asked Master Tung to stay and delegated the teaching to him. Sadly, Grandmaster Yang died the following Year. Prior to his passing, Master Tung made a solemn oath to spread Tai Chi Chuan throughout the world! Tai Chi Grandmaster Tung Ying-Chieh was a native of Ren County of Hebei Province. His original given name was WenKe and was later known as Ying Kit. In 1936, Master Tung was invited to teach Tai Chi in Hong Kong where he established the famous...Tung Ying Kit TCC Gymnasium and extensively spread the Yang Style of Tai Chi. In 1941, while the Japanese occupied Hong Kong, Master Tung moved his Tai Chi Gymnasium to Macau and after the war returned to Hong Kong.

Master Tung wrote and published...his 'Tai Chi Chuan Explained' The Red Book...which introduced his own special form, Grandmaster Tung's Special Family Fast/Slow Set ...Tai Chi in perfection or The Tung Ying Kit Tai Chi Express.

As his name spread far and wide, he became a legend in the art of Tai Chi and received invitations from all over the Far East. In his later years, he traveled extensively to Thailand, Singapore, and Malaysia, teaching and promoting Tai Chi and setting up gymnasiums in the capital cities. His eldest son Hu-Ling (Tiger Mountain) and later his grandson Kai-Ying, (carrying on the eminence and fame of one's grandfather), took turns to continue the mission in these places.



像 嶺 虎 董

TUNG FU-LING
1917 - 1992

Master Tung Hu-Ling continued his father's mission after Ying-Chieh passed in 1961. Hu-Ling was born in 1917, and was as well a native of Ren County in Hebei province. From an early age, he possessed high intelligence and was fond of the martial arts, and he studied under many distinguished teachers. A strong foundation was laid by his father, Grandmaster Tung Ying-Chieh. He also had the benefit of being personally tutored by his father's teacher, Grandmaster Yang Cheng fu. Grandmaster Tung Hu-Ling published his famous book...'Applications of Tai Chi Chuan'

in 1957. Hu-Ling shared his Father's mission with his sister Jasmine and his son Kai-Ying as they continued to promote and teach Tai Chi Chuan in Hong Kong, Macau and South East Asia.

In 1966 Hu-Ling emigrated to Hawaii and established his gymnasium. And his son Kai-Ying joined him the following year. Later in 1971, Hu-Ling's son Kai-Ying moved to Los Angeles and opened his Kai-Ying Tung Academy of TCC. Grandmaster Tung Hu-Ling passed in 1992.



Master Tung Chen-Wei • 3rd generation Grand Master Tung Kai-Ying

Grandmaster Tung Kai-Ying was formally introduced to me by my 1st teacher from 1968, Master Marshall Hoo, who arranged My training under Master Tung who accepted me as an assistant in his Academy, as I was already assisting Master Hoo and Prof. Huang...and had created a successful program at UCLA's experimental college....a precursor to the UCLA Extension program. I continued a few years in Tung's Academy and trained as an acupuncturist as well under Master Hoo and Dr. Gim Shek Ju...as well as renown acupuncturist Dr. James Tim Yao So's Calif. Acupuncture College. Master Tung Kai-Ying taught me his family's tradition...and I quickly grasped both the civil and the martial aspects of Tai Chi Chuan...and set out in 1973 for the Isla Vista community in Santa Barbara County next to the University of Calif. S.B. and open my Tai Chi Chuan Academy and Acupuncture Clinic as the Regional Rep. of the National Tai Chi Chuan Association...a honored title given to me by Master Hoo and Prof. Huang.



Master Karol and Master Tung Chen-Wei @ UCLA



Master Karol @ UCLA...2008

Additionally after decades of operating my Academy and Clinic, which took me to all parts of the great state of California...in 1998 I met Grandmaster Tung's son Tung Chen-Wei teaching in the San Fernando Valley of L.A. and I began assisting his small program and became good friends with Chen-Wei, who name means the Solid or Sturdy One. Master Tung Chen Wei encouraged and promoted my Tai Chi Chuan Club –UCLA program that year in '98. Master Tung Chen Wei was born in Los Angeles in 1977. And I can testify that he is naturally intelligent and active, and is inclined to be bold and uninhibited. He is also modest and respectful to all he meets. Of course besides his Father's training and discipline...he received special attention from his Grandfather Hu-ling who trained him in Tai Chi Chuan and kept him close at his side wherever they went. He now has filled his father's Tai Chi shoes...as he travels the World training the Academy's student body throughout Europe, Asia, and the United States.

Section Three – The Founders of the National Tai Chi Chuan Association incorporate as a non-profit group in 1962!



Marshall Ho'o, right, with Tung Huling during a class Tung taught in Los Angeles in the 1960s.

Here in 1960, Master Tung Hu-Ling teaches Tai Chi Chuan in Prof. Huang's print shop in Los Angeles, Ca., after Master's Hoo and Huang arranged for him a Tai Chi program that had the participation of Huang, Hoo, Janice Seamen, Daniel Lee, and many others...which later spawned the formation of the National Tai Chi Chuan Assoc. in 1962. Professor Huang was a student and associate of Grandmaster Tung Ying-Chieh from an earlier period, before and after WWII.



Wen-Shan Huang
Taken at Cité Universit , Paris

Professor Wen-Shan Huang was born in Wutang Village, at the bottom of Wutang Mountain, where the legends of the Tai Chi Masters came from. And so the traditions of Tai Chi Chuan overshadowed his whole youth, and inspired Wen-Shan from childhood to seek out the teachings of the Tai Chi Masters. His deep interest in philosophy lead him to become a life long scholar, and attained renown amongst his peers!

Professor Wen-Shan Huang, who was a living exponent of this great art of Tai Chi Chuan in modern China, received his instructions from the great Masters in Peking, Nanking, Shanghai, Lo-Shan, Chunking, Canton, and Hong Kong, when China enjoyed the richness of her heritage and glory! In the 1920s when he studied philosophy under the late Dr. Hu Shih and Bertrand Russell, he learned the art of Tai Chi Sword at the National Peking University where he received his B.A. degree in philosophy. After obtaining his Master's degree from Columbia University, and as Dean of the National Labor University in Shanghai, he entered the National Institute of Martial Arts and committed to a life long study of Tai Chi Chuan in the 1930s. One of the foremost masters whom he followed in Canton, China was the late Grand Master Tung Ying Chieh, one of the most eminent exponents of Grand Master Yang Cheng-fu of Peking.

In his later years after founding the National Tai Chi Chuan Association in California, United States, in 1962, he continued his publishing work from his print shop in Chinatown, Los Angeles. He ultimately completed his epic book on Tai Chi, ...'The Fundamentals of Tai Chi Chuan' in 1972. As the chief Chinese interpreter and greatest authority on the Philosophy of Tai Chi Chuan, Professor Huang influenced the growth of Tai Chi Chuan in the western world. Additionally, Professor Huang was a distinguished sociologist and one of the founders of the new discipline of 'Culturology'...the Science of Culture, and taught Culturology at the University of Paris. His cultural theory has been cited by Professor Pitrim A. Sorokin, in his epoch making book Sociological Theories, Today, (Harper & Row, N.Y. 1966).

...The enlightened genius of Professor Huang was inspiring, and the years of my studies with him and Master Marshall Hoo, were truly filled with experiences in Cosmic Consciousness! As time after time, during his lectures on the Secret Songs of Tai Chi, the Eight Methods, Acupuncture, and or Tai Chi Chi Gong, etc., I could actually 'see' the psychic 'Violet Light' of His Psyche, so strongly, that his face would fade away, as the Violet Light intensified!...

I remember Professor Huang saying in his Introduction to the Fundamentals of Tai Chi Chuan,...”That it does not take a genius like Toynbee or a Sorokin to point out the many ills, defects, or even the decline, of modern civilization. On the one hand, the mastery of the outer world, with a relative contempt for the inner, must inevitably lead to great catastrophe. On the other hand, the toll and havoc of compartmentalizing human activities into unrelated fragments, and of turning individuals into unharmonized spiritual, emotional, mental, and physical selves, deliver us to the more negative forces, despite all outward forms of culture. The hope of humanity lies in the organic whole. The restoration of man to the harmony and integrity of his physiological and mental self, will transform this universe. We are therefore strongly convinced that modern man, with his personal deterioration and mental frustration, will find substantial answers in the many dimensions of the art of Tai Chi Chuan.

At the very least, an individual’s good health depends upon the free flow of vital energy to all parts of his organism. Unrestricted flow of this energy (Chi) produces a balance or equilibrium of the tri-part nature of man. As the nature of man is threefold, so is the nervous system, which is recognized as comprising the Cerebro-spinal, Sympathetic, and Para-sympathetic. When Tai Chi Chuan is taught by a competent teacher and correctly performed, these three nervous systems function together in a state of balance (or equilibrium) for the unification of the individual! Thus does man’s nature...the inner and the outer, the mind and the body...become integrated and synthesized, enabling him to realize the ‘Holism’ or the Organismic Whole of his Being...the new approach to the development of ‘Unitary Man’!

...At the optimum, we should not forget that the universe modifies all aspects according to the conditions of the body. The firm, yet harmonious, free, yet reciprocal way, will certainly induce integration and unity someday in its larger scope...that of all mankind!...

Tai Chi Chuan has pointed to humanity the goal and has placed at its disposal the means of reaching it. A new approach, new philosophy of life, a new world view, and a new health will transform the individual as well as the universe. May all disciples be benefited and have their lives rebuilt by the study of the philosophy and practice of this most ancient and proven Chinese dynamic system of health, well-being, and longevity!”

I will always remember the Annual National Tai Chi Chuan Association Banquet Dinner/Demonstrations & Speakers. It was a special event...as the full ranks of the NTCCA would pack the biggest Chinese restaurant the Association could locate in Chinatown of Los Angeles. All the Masters were present, Prof. Huang, Master Hoo, Grand Master Kai-Ying Tung, Master Daniel Lee, Master Howard Lee, Dr. Gim Shek Ju, and all the family and friends. The food was supreme, and the company was transcendental! Of course, I, Master Karol, was always expected to demonstrate the advanced forms for the gathering! It was as if all the Chi in the Universe was being focused directly at me, as I became empowered with ‘super Chi powers’!

And I will always remember the time, after Professor Huang passed to the higher realms, at the Annual Banquet the next year, when the children of Professor Huang, surrounded me at the table I was sitting, and introduced themselves to me. They said that the Professor did receive the letter I had sent him prior to his passing. They told me he was in the hospital on the last few days of his life in this world, when they brought him the letter I wrote. In the letter I thanked him for all he had done for me and so many others...I had used a ‘violet ink pen’...and concluded my message to him by saying (as a reminder)...‘That...We Are The I Am...An Ocean of Pure Awareness, Bounding Omnidirectionally, AdInfinitum, In The Eternal NOW! The oldest of his children, then told me how happy and peaceful my message in the ‘violet colored ink’ had made him, and that the Professor, had made them all promise to share his ‘Thanks’ with me...as they did! I was deeply moved by their effort and sincerity!



Master Marshall Hoo...Founder of NTCCA



'Hermes' and Master Karol...Isla Vista, Ca.

At the passing of Professor Huang in 1986, Master Marshall Hoo continued the mission of the NTCCA... which had successfully brought the art and science of Acupuncture into the mainstream of alternative healthcare. I remember when in 1976, Marshall called me at my Isla Vista Tai Chi Chuan Academy, to alert me to the letter of recommendation he had just mailed me for completing my application for licensing as a California State Certified Acupuncturist. I took the first state exam, and passing became the youngest licensed Acupuncturist in the United States (California)! Within a month, I added my Acupuncture Clinic sign to the Tai Chi Academy!

I provided introductory classes in Acupuncture Therapy and Nutrition...and inspired many of my students to enroll in available Acupuncture Colleges and become Acupuncture Healthcare practitioners! And some of my Tai Chi Chuan students became Tai Chi Chuan Instructors as well! I owe so much to both Prof. Huang and Marshall Hoo, for all the support they gave and in training me in these great treasures of ancient China!

Master Marshall Hoo passed to the higher realms in 1993, I was not informed of his passing at that time, but heard thru thoughts that attended the services for him...that over 500 friends of Marshall Hoo shared in the service. All around the world, stories popped up saying that different people believed to have been spiritually visited by Master Hoo. I realized then, that he had attained a Spiritual Immortality and would be watching over us all from the higher dimensions!



Master Marshall Hoo, an innovative Tai Chi Chuan teacher, who helped make the art available and accessible to Westerners through his classes, television programs and video...at last had died to this incarnation on Oct. 2, 1993. He was 83.



Marshall, who started learning Tai Chi in the late 1930s in San Francisco, studied martial arts with many famous teachers, and brought to his teaching a creative mind and an eclectic, humanistic teaching process that reflected not only his long interest in martial arts but his affinity for improving the health, diet, and spiritual well-being of his students.

He also brought to his teaching a prolonged interest in Chinese history and culture, acupuncture, herbs, myths, art, literature, architecture, and the physical arts.

He helped promote acupuncture in the early 1970s, became an acupuncturist and contributed to passage of legislation in California making it legal to practice in 1974. He became a Doctor of Oriental Medicine.

In 1962, with Prof. Huang, created the NTCCA for the purpose of spreading the art to the greatest number of Americans, regardless of ethnic background, or economic standing! He helped to bring to the U.S.A., the late Kuo Lienying, and Tung Hu-Ling in the 1960s. He subsequently helped to bring Grand Master Kai-Ying Tung to Los Angeles in 1971.

Marshall Hoo was also named to the Blackbelt Hall of Fame in 1973 for his work with Tai Chi Chuan in the community, which included a special Tai Chi program for prisoners at Lompoc State Prison. In 1970-1972, he was host of an instructional Tai Chi Chuan television program on the Los Angeles public television station KCET-TV. The program aired on various station throughout North America!

Marshall Hoo was highly regarded in the Hollywood entertainment community and was associated with Laura Huxley, John Saxon, Timothy Leary, Grace Boyd, Jennifer Jones, Nick Nolte, Robert Walker Jr., Al Jarreau, Jackson Brown, Kenny Ortega, Cher, Don Michener, and Craig T. Nelson.

He led a group of doctors to China in 1978 and received numerous rewards for his service to the community for his acupuncture, Tai Chi, and related health work. These included awards from the National Acupuncture Assoc., Los Angeles Mayor Tom Bradley, California Secretary of State Marge Fong Yu and State Senator Art Torres.



Master Hoo is survived by eight children, Brain, Galen, Donna, Maya, China, Taiping, Tola, Lincoln, and one Grandchild, Emma; his sister Betty; Brothers, Eddy and Hunter; cousins, Art, Ed, and Margret.

To me, Master Karol, a title bestowed to me by Marshall Hoo, Prof. Huang, and Grand Master Tung Kai-Ying. I will always see them as my friends, teachers, and colleagues as we shared the years of our common interest in promoting this great art of health and martial art sport of Tai Chi Chuan... the Supreme Ultimate Fist (Struggle)!



...From L-R...Masters...Arno, Lee, Huang, Hoo & Karol...

In conclusion... I must add...that in the following year after Master Hoo's death, my own father Ben Karol passed to the Great Journey Beyond...A man of perfection...I will always remember how after Pres. Nixon's trip to China, Dad too traveled to China for his International Lighting Fixture Business, and looked all over China until he found

the most excellent Tai Chi Knife and Sword Set/Sheaths, and boxes of Acupuncture Needles of all sizes, plus Boxes of Moxibustion Poles! He carried everything back on the plane in his arms the whole trip home, to make sure no one else would handle the gifts. And when he arrived back in the U.S.A., he was so proud to present me with all the gifts for my Tai Chi Chuan Academy and Acupuncture Clinic! Thank You Dad, So Much, You're the Best!



And finally after over 40 years as the California Regional Director of the NTCCA, and with the advent of my New Online Tai Chi Chuan Academy of the Global Internet Resource Site...containing over 40 streaming Tai Chi Training and Demo Videos/pdf file scroll box/Names and Directives...plus Live Online Broadcast Tutorial, Interviews and more, that I extend my heart of hearts to all humanity, to join hands with all Tai Chi Students, Practitioners, and Teachers around the world, to create together...Health, Education, and the Expansion of Cosmic Consciousness!



Please Join Hands with Us!

Sincerely,

Master Lawrence Karol

www.masterkaroltaichiacademy.com

