

A quarterly newsletter from the Northern California Laborers' Training Center



TRAINING NEWS

ISSUE NO. 70 | SUMMER 2009

COMMITMENT

INTEGRITY

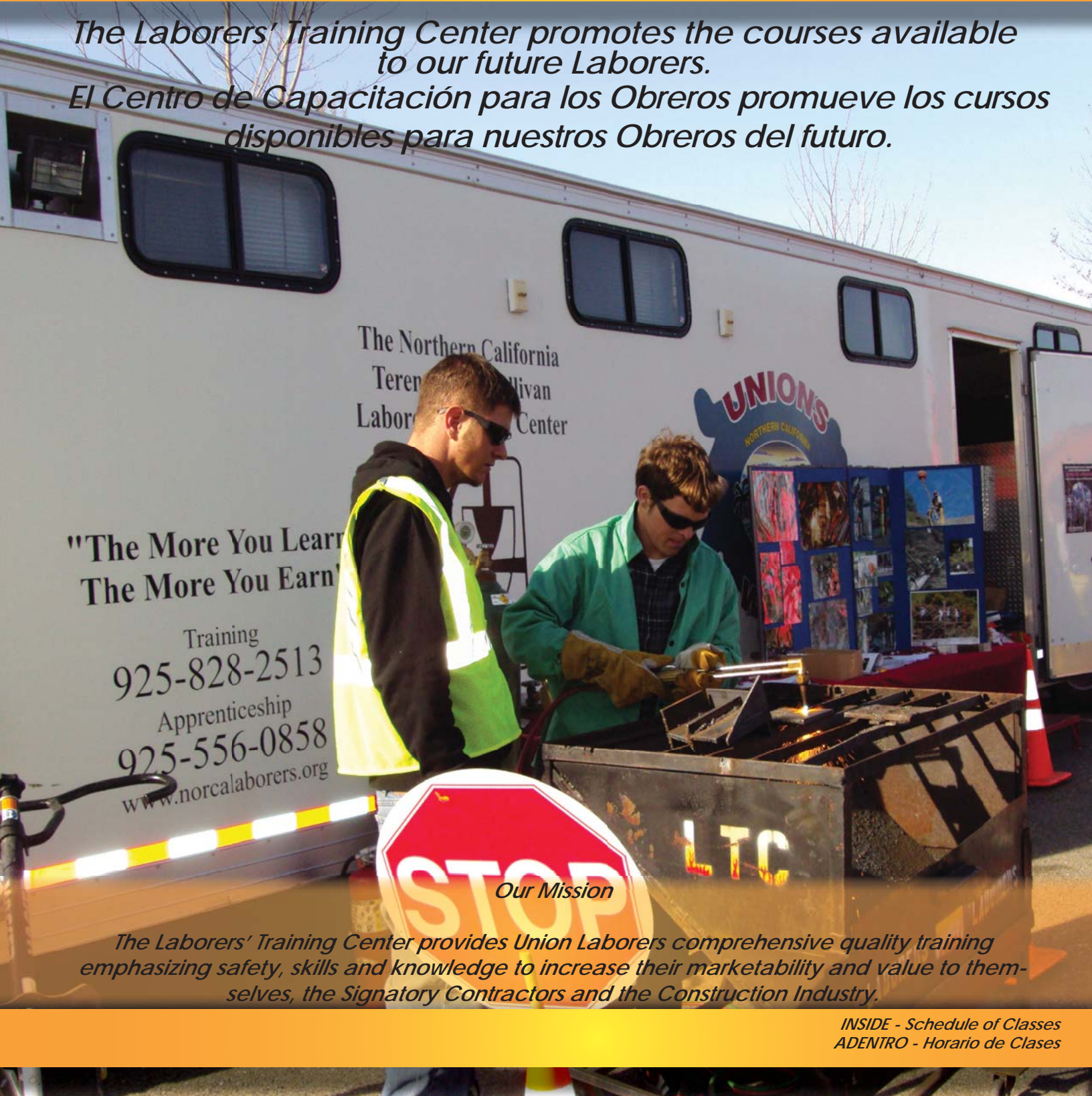
QUALITY

TEAMWORK

BALANCE

The Laborers' Training Center promotes the courses available to our future Laborers.

El Centro de Capacitación para los Obreros promueve los cursos disponibles para nuestros Obreros del futuro.



The Northern California
Terence Sullivan
Laborers' Training Center



"The More You Learn
The More You Earn"

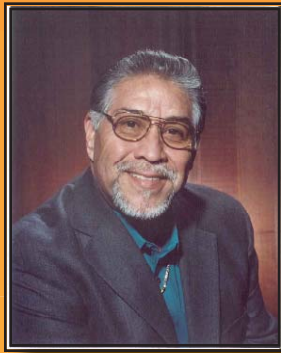
Training
925-828-2513
Apprenticeship
925-556-0858
www.norcalaborers.org



Our Mission

The Laborers' Training Center provides Union Laborers comprehensive quality training emphasizing safety, skills and knowledge to increase their marketability and value to themselves, the Signatory Contractors and the Construction Industry.

INSIDE - Schedule of Classes
ADENTRO - Horario de Clases



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The Mobile Training Unit can bring training directly to you!

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DIRECCIONES Y MAPAS

Construction Career Awareness Day - 2009
Día de Conocimiento en Carreras de la Construcción - 2009



Cody McCormick (L) of the Laborer's Training Center demonstrates basic torch cutting techniques.



Cody oversees some hands-on activities.



Another student steps up to try his hand at torch cutting.



A student gets a quick lesson in torch cutting.



Some of the more than 1,200 high schoolers from the Sacramento Area who participated in Construction Career Awareness Day.



Students learn about the different opportunities that await them in the Construction Industry.

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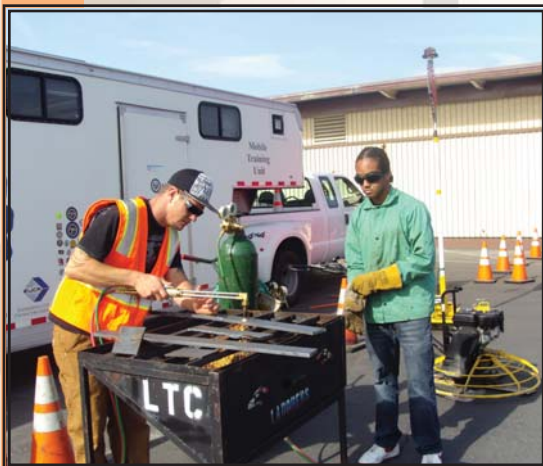
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Willie Robertson (R) of the Laborers' Training Center demonstrates the operation of a wireless remote roller.



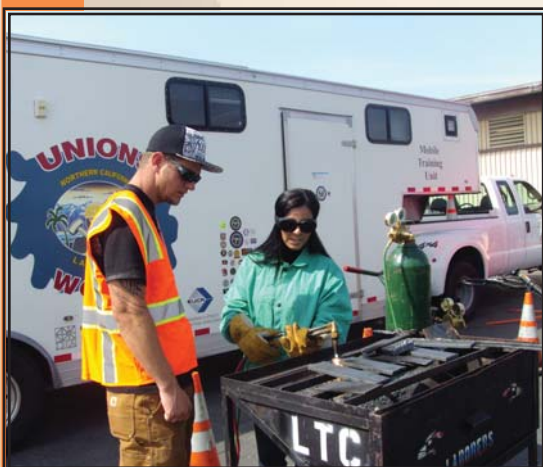
The rock wall that was provided by the Laborers Training Center was a big hit with the students.



Fresno area high school student gloves-up for the challenge.



Victor Dillon, Field Coordinator for the Apprenticeship Program educates Fresno area students.



Cody McCormick demonstrates additional torch cutting techniques to a West Valley College student.



The Northern California Laborers Apprenticeship Program takes future workforce to the next level.

Whether we're building things up or we're knocking things down, Laborers are providing an important service - we're helping California grow. Laborers are sometimes called upon to build new office parks to allow companies to expand while other times we're needed to build new schools so future generations of Californians can get a first class education. Another important task that Laborers are called upon to meet is to keep Californians moving. As more and more people have moved to the San Joaquin Valley over the years, there has been increased need to widen its freeways, roads and bridges. One example of this need is in the City of Ceres which lies just south of Modesto.

One of the main thoroughfares of Ceres is Whitmore Avenue. It's used not only by residents of Ceres to get around town and students going to Ceres High School, but it's also a main road to the area's industrial parks and a road used by people in surrounding communities. One of the problems with Whitmore Avenue is its Highway 99 overpass. It is just too small for all this traffic. In response to this need, the City of Ceres teamed up with Caltrans and other partners to develop a plan to widen the overcrossing and improve the way commuters get on and off the highway. Last year, with an allocation of \$23.4 million from state transportation officials and \$19.1 million from the City of Ceres, the project was approved and underway.



Apprentice Matthew Kunz (L) gets some bridge building tips from foreman Rance McFarland

The prime contractor for the project is Nehemiah Construction, Inc. of Benicia. Working for Nehemiah on this project are apprentice Laborers Matthew Kunz, and Jose Madrigal. Both of these apprentices are highly motivated and eager to prove themselves to their peers and employer.

Matthew joined the apprentice program in June of 2008, the day after he graduated high school. He loves having the opportunity to learn bridge building and credits his initial apprenticeship training with getting him ready for a project like this. "Out here, you're really earning

Si estamos en un proyecto de construcción o demolición, los Obreros están proporcionando un servicio importante -- estamos ayudando al crecimiento de California. Los Obreros en ciertas ocasiones son llamados a construir nuevos parques de oficinas para permitir la ampliación de empresas, en otras ocasiones nos necesitan para construir nuevas escuelas para que las futuras generaciones de Californianos puedan obtener una educación de primera clase. Otra tarea importante para la cuál se requiere la ayuda de los Obreros es mantener a los Californianos en movimiento. A medida que más y más personas se han trasladado al Valle de San Joaquin a través de los años, ha aumentado la necesidad de ampliar sus autopistas, carreteras y puentes. Un ejemplo de esta necesidad está en la Ciudad de Ceres que se encuentra justo al sur de Modesto.

Una de las avenidas principales de Ceres es Whitmore Avenue. Es utilizada no sólo por los residentes de Ceres para circular por la ciudad y los estudiantes que van a Ceres High School, pero también es una calle principal a la zona de parques industriales y un camino usado por la gente en las comunidades circundantes. Uno de los problemas de Whitmore Avenue es el viaducto de Highway 99. Es demasiado pequeño para todo éste tráfico. En respuesta a esta necesidad, la ciudad de Ceres se asoció con Caltrans y otros socios con el propósito de desarrollar un plan para ampliar el viaducto y mejorar la forma en que los viajeros entran y salen de la autopista. El año pasado, los funcionarios estatales de transporte asignaron \$23.4 millones y \$19.1 millones fueron asignados por la Ciudad de Ceres, el proyecto fue aprobado y puesto en marcha.

El contratista principal del proyecto es Nehemiah Construction, Inc. de Benicia. Trabajando para Nehemiah en este proyecto están los aprendices de Obreros Matthew Kunz, y Jose Madrigal. Ambos de estos aprendices están muy motivados y ansiosos por demostrar su destreza a sus compañeros y a la empresa.

Matthew se unió al programa de aprendizaje en Junio del 2008, un día después de su graduación de la escuela secundaria. Le encanta tener la oportunidad de aprender sobre la construcción de puentes y le da crédito a su entrenamiento de aprendizaje inicial, el cuál lo preparó para

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your money," Matthew said. "Apprenticeship has taught me a new trade and a great way to make a living. I have pride in what I do."

Apprentice Jose Madrigal who joined our program in August of 2008 commented on the classes he has taken so far at our training center and said "They have really given me the basics to be able to step onto a jobsite and feel good about what I am doing."

When asked what this new overpass will mean to the community, Ceres City Manager, Brad Kilger, said "It will definitely improve the quality of life for the residents of Ceres. This will be a major circulation enhancement. It will alleviate major back ups in the mornings and afternoons and enhance the economic development in the community." The city also decided that the new overpass will be a perfect place for a community identifier and will have "City of Ceres" stamped into it so that commuters traveling on Highway 99 will see the city's pride overhead.

This is what I mean when I say "It's always more than just another project." Each and every time a Laborer completes a project he or she gives back to a community. Long after the project is completed whether it's a school, a power plant, or a highway overpass, that project will become part of people's lives and they will have you to thank for it.

I would like to give a sincere thanks to Superintendent Gary Coffey, Foreman Rance McFarland and Journeyman Andrew Hernandez for being such good hosts while we were out for the interviews and pictures and for serving as mentors to each of the apprentices. The fact that the three of you are passing along your knowledge, skills and professionalism to future journeyman strengthens your company, the apprenticeship program and the Laborers Union.

Central Valley Field Coordinator Manny Carrillo contributed to this article.

un proyecto como éste. "Aquí, usted está realmente ganando su dinero", dijo Matthew. "El aprendizaje me ha enseñado un oficio nuevo y una gran manera de ganarse la vida. Me siento muy orgulloso de lo que hago."

El aprendiz José Madrigal que se unió a nuestro programa en Agosto del 2008, comentó sobre las clases que ha tomado hasta la fecha en nuestro Centro de Capacitación y dijo "Realmente me han dado la base para poder poner pie en un sitio de trabajo y sentirme bien acerca de lo que estoy haciendo."

Cuando se le preguntó lo que éste nuevo puente significaría para la comunidad, el Administrador de la Ciudad de Ceres, Brad Kilger, dijo "Sin duda mejorará la calidad de vida de los habitantes de Ceres. Esta será una importante mejora de la circulación. Aliviará el tráfico en las mañanas y tardes y mejorará el desarrollo económico en la comunidad." La ciudad también decidió que el nuevo puente será un lugar perfecto para un identificador de la comunidad y estampada tendrá "La Ciudad de Ceres" de manera que los viajeros que conducen sobre Highway 99 podrán ver el orgullo de la ciudad sobre el puente.

A esto me refiero cuando digo "es siempre mucho más que otro proyecto." Cada vez que un Obrero completa un proyecto, él o ella le devuelve a la comunidad. Mucho tiempo después de que se completa el proyecto, si se trata de una escuela, una central eléctrica, o un viaducto, ese proyecto pasará a formar parte de la vida de la gente y tendrán a ti a quién agradecer.

Me gustaría dar un sincero agradecimiento al Superintendente Gary Coffey, al Capataz Rance McFarland y al Obrero Andrés Hernández, por ser tan buenos anfitriones du-

rante nuestra visita y por otorgarnos las entrevistas, fotografías y por servir como mentores a cada uno de los aprendices. El hecho de que ustedes tres estén pasando sus conocimientos, habilidades y profesionalismo a Obreros del futuro refuerza a su empresa, al programa de aprendizaje y a la Unión de los Obreros.

El Coordinador de Campo del Valle Central Manny Carrillo, contribuyó a este artículo.



Apprentice Jose Madrigal hard at work on the Highway 99 overpass project in Ceres.

“Laborers’ Training in Action”
“Entrenamiento de Obreros en Acción”



Instructor Emmanuel C. Ezenwa teaching his welding class.



Cutting test panels with the plasma cutter machine.



Terrone Hart practicing drilling holes outside for blasting or ground support.



*Drilling blast holes on the face inside the mine.
(L to R)
Ruven Avina & Alfie Pereyda.*



*(L to R)
Alfie Pereyda & Ruven Avina working as a team
drilling a side hole.*



*(L to R)
Alfie Pereyda, Terrone Hart & Ruven Avina show off their Tunnel
& Shaft Safety & Skills Training Certificates.*



Northern California Laborers' Local Union Offices

Oficinas de la Unión Local de Obreros del Norte de California

Local 67 : Asbestos, Lead & Mold, and HAZ-MAT Laborers'
Business Manager Victor Parra
7:00am – 5:00pm : (510) 569-4761
8400 Enterprise Way #119 : Oakland, CA 94621
Branch Office : 7:00am – 5:00pm
2717 Cottage Way #12 : Sacramento, CA 95825 : (916) 482-2607

Local 73 : General Laborers' & Hod Carriers
Business Manager / Secretary Treasurer Ray Recinos
6:30am – 5:00pm : (209) 466-3356
2841 East Myrtle Street : Stockton, CA 95205

Local 139 : Hod Carriers & Construction Laborers'
Business Manager / Secretary – Treasurer David E. George
6:30am – 5:00pm : (707) 542-1107
81 Barham Avenue : Santa Rosa, CA 95407

Local 166 : Hod Carriers
Business Manager / Secretary – Treasurer Samuel Robinson
7:00am – 9:00am : (510) 568-0141
8400 Enterprise Way Room 109 : Oakland, CA 94621

Local 185 : Construction & General Laborers'
Business Manager / Secretary – Treasurer Doyle S. Radford
Office Hours: 6:30am – 4:30pm : (916) 928-8300
1320 National Drive : Sacramento, CA 95834
Branch Offices : 6:30am – 3:30pm
2865 Churn Creek Rd., D : **Redding**, CA 96049 : (530) 221-0961
1650 Sierra Ave., #206 : **Yuba City**, CA 95993 : (530) 674-4707

Local 261 : Construction & General Laborers'
Business Manager / Secretary – Treasurer Oscar De La Torre
6:30am – 4:30pm : (415) 826-4550
3271 – 18th Street : San Francisco, CA 94110

Local 270 : Hod Carriers, General Laborers'
Deputy Trustee, Robert R. Trenkle
6:30am – 5:00pm : (408) 297-2620
509 Emory Street : San Jose, CA 95110
Branch Office : 6:30am – 5:00pm
640 Eaton Street : Santa Cruz, Ca 95062 : (831) 475-7058

Local 291 : Construction & General Laborers'
Business Manager / Secretary – Treasurer Harry C. Harris
6:30am – 5:00pm : (415) 492-0936
4174 Redwood Highway : San Rafael, CA 94903

Local 294 : Construction & General Laborers'
Business Manager / Secretary – Treasurer Bruce Rust
7:00am – 5:00pm : (559) 255-3019
5431 East Hedges : Fresno, CA 93727
Branch Office : 7:00am – 9:00am
319 N. Church Street : Visalia, CA 93277 : (559) 734-9426

Local 297 : Laborers' & Hod Carriers
Business Manager / Secretary – Treasurer Gary A. Alameda
7:00am – 5:00pm : (831) 422-7077
117 Pajaro Street : Salinas, CA 93901
Branch Office : 7:00am – 9:00am / 3:30pm – 5:00pm
254 Casa Verde Way : Monterey, CA 93940 : (831) 648-1081

Local 304 : Construction & General Laborers'
Business Manager / Secretary – Treasurer Jose M. Zapien, JR.
6:00am – 4:30pm : (510) 581-9600
29475 Mission Blvd : Hayward, CA 94544
Branch Office : 6:00am – 4:30pm
2063 Research Dr. : Livermore, CA 9455 : (925)455-8292
425 Roland Way : Oakland, CA 94621 : (510) 562-2661

Local 324 : Construction & Hod Carrier Laborers'
Business Manager / Secretary – Treasurer Randy LeMoine
6:30am – 4:00pm : (925) 228-0930
611 Berrellesa Street : Martinez, CA 94553
Branch Offices : 6:30am – 9:00am
1005 Fitzuren Road : Antioch, CA 94509 : (925) 522-0006
101 South 12th St. : Richmond, CA 94804 : (510) 234-1069
2920 Sonoma Blvd, Ste B : Vallejo, CA 94590 : (707) 643-7214

Local 389 : Construction & General Laborers'
Business Manager / Secretary – Treasurer Anthony W. Dimas
6:30am – 5:00pm : (650) 344-7168
300-7th Avenue : San Mateo, CA 94401

Local 1130 : Construction, Production & Maintenance Laborers'
Business Manager / Secretary – Treasurer David J. Gorgas
7:00am – 4:30pm : (209) 521-9883
2549 Yosemite Bl., Suite K : Modesto, CA 95354



SAFETY CORNER | RINCÓN DE SEGURIDAD

By: Richard Rocha

Hard Hats



First Designated 'Hard Hat Area'

America's first designated "Hard Hat Area" was set up at the San Francisco Golden Gate Bridge construction site. The project's chief engineer, Joseph B. Strauss, shared a vision that the workplace could be a safer environment for the worker. One problem the bridge project faced was falling rivets, which could cause serious injury.

In 1938, Bullard designed and manufactured the first aluminum hard hat, which was considered very durable and reasonably lightweight for the time. These hats had one serious drawback; aluminum is a great conductor of electricity. Bullard's distinctive three-rib, heat resistant fiberglass hard hat was developed in the 1940's. In the 1950's and 1960's, thermoplastics replaced fiberglass because the newer material was less costly and better suited for the applications. Bullard was one of the first manufacturers to inject thermoplastic into a mold to produce a hard hat.

In 1982, the standard hard hat changed again. The director of safety at Bechtel Corporation, one of Bullard's major clients, felt that hard hats didn't have the proper suspension for field work. In response, Bullard introduced a revolutionary new industrial helmet, marking the beginning of a new era in head protection safety and standards.

Today's Hard Hat

The new design incorporated a non-slip ratchet-suspension with a knob in the back for simple sizing. Within the industry, the hat became known as the "3000 R." The 3000 R was produced from polyethylene plastic-making it lightweight, durable, easy to mold and non-conductive to electricity. The plastic was treated with a ultra-violet inhibitor which helped the hats weather the outdoor environment.

Why Wear A Hard Hat?

So you think that because you aren't working underneath construction that you don't have to wear your hard hat. Well that's simply not true. There are many things that can happen that could hurt you severely if you aren't wearing a hard hat. One example comes from the MSA trade magazine. A safety director for a corporation in New Jersey shared that he often gets asked by employees why they should have to wear hard hats when there is only sky overhead. An incident on their job site clarified why. One of the employees was bending to pick something up when a forklift ran over a piece of wood packing material. This object shot from under the tire and hurtled toward this employee's head. The force of the blow caused a crater in the side of his hard hat but the employee was not hurt. Just because you can't see the danger, doesn't mean it's not there. Always wear your protective gear.

La Primer Area Designada para uso de Cascos

La primer area designada para uso de cascos en América, fue establecida durante la construcción del puente Golden Gate en San Francisco. El ingeniero a cargo del proyecto, Joseph B. Strauss, compartió la visión de que el lugar de trabajo puede ser un entorno más seguro para el trabajador. Uno de los problemas que enfrentó el proyecto del puente, fue la caída de remaches, lo que podría causar un daño grave.

En 1938, Bullard diseñó y fabricó el primer casco de aluminio, el cuál fue considerado muy duradero y razonablemente ligero, para ese tiempo. Estos cascos tenían un grave inconveniente; el aluminio es un excelente conductor de electricidad. "El distintivo casco de Bullard de tres costillas, fabricado con fibra de vidrio y resistente al calor, fue desarrollado en la década de 1940. En las décadas de 1950 y 1960, los termoplásticos sustituyeron a la fibra de vidrio, porque el nuevo material era menos costoso y más adecuado para las aplicaciones. Bullard fue uno de los primeros fabricantes que inyectara termoplásticos dentro de un molde para producir un casco.

En 1982, el casco volvió a cambiar. El director de seguridad de la Corporación Bechtel, uno de los principales clientes de Bullard, era de la idea que los cascos no poseían la suspensión adecuada para las áreas de trabajo. Por esta razón, Bullard presentó un nuevo y revolucionario casco industrial, que marcó el comienzo de una nueva era en protección para la cabeza y las normas de seguridad.

El casco de hoy

El nuevo diseño incorpora una suspensión de trinquete y antideslizante con un botón en la parte posterior para un ajuste sencillo. Dentro de la industria, el casco llegó a ser conocido como el casco "3000 R." El 3000 R fue producido con plástico de polietileno, el cuál es ligero, durable, y fácil de moldear y no es conductor de electricidad. El plástico fue tratado con un inhibidor ultravioleta que ayuda a los cascos a sobrepasar las pruebas del medio ambiente.

¿Por qué usar un casco?

Si cree que al no estar trabajando por debajo de una zona de construcción no tiene que usar su casco? Pues simplemente no es cierto. Hay muchas cosas que pueden suceder que podrían lastimarlo severamente si no lleva puesto un casco. Un ejemplo viene de la revista MSA. Un director de seguridad de una empresa en New Jersey, compartió que a menudo los trabajadores le preguntan el por qué deben de usar cascos cuando sólo hay cielo sobre ellos. Un incidente en su lugar de trabajo aclaró el por qué. Un montacargas pasó sobre un trozo de madera, uno de los trabajadores, al estar agachado para recoger algo fue golpeado por la madera al salir disparada por debajo del neumático del montacargas y se dirigió hacia la cabeza del trabajador. La fuerza del golpe provocó un cráter en el lado de su casco, pero el empleado no sufrió heridas. Solo porque usted no puede ver el peligro, no significa que no existe. Siempre use su equipo de protección.

San Ramon Schedule of Courses / Horario de Clases de San Ramón

July - September 2009

Julio - Septiembre 2009

Apprenticeship Courses

<p>Apprenticeship Initial 3 Weeks Dates: 07/13 - 07/31 07/27 - 08/14 08/10 - 08/28 Pre-requisite: None</p>	<p>Apprenticeship Follow Up 2 Weeks Dates: 07/06 - 07/17 (3-Weeks - 4:30p.m. to 9:00p.m.) Pre-requisite: Apprenticeship Initial Completion</p>
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Construction Courses

<p>Advanced Concrete Finishing 2 Weeks Dates: 08/17 - 08/28 09/28 - 10/09 Pre-requisite: Concrete Techniques/Experience</p>	<p>Air Track Drilling Orientation 1 Week Dates: 09/28 - 10/02 Pre-requisite: None</p>	<p>Asphalt Paving Techniques 2 Weeks Dates: 07/13 - 07/24 Pre-requisite: None</p>	<p>Basic Construction Math Skills 1 Week Dates: 07/13 - 07/17 09/14 - 09/18 (Spanish) Pre-requisite: None</p>
<p>Bilingual Construction Concrete 2 Days Dates: 08/25 - 08/26 Pre-requisite: None</p>	<p>Blueprint Reading Orientation 3 Days Dates: 08/17 - 08/19 09/21 - 09/23 Pre-requisite: None</p>	<p>Concrete Techniques 2 Weeks Dates: 08/03 - 08/14 09/14 - 09/25 Pre-requisite: None</p>	<p>Confined Space Entry 1 Day Dates: 08/12 09/01 Pre-requisite: None</p>
<p>Fence Building 1 Week Dates: 09/14 - 09/18 Pre-requisite: None</p>	<p>Fundamentals of Construction 2 Weeks Dates: 09/21 - 10/02 Pre-requisite: None</p>	<p>Grade Checking Orientation 4 Days Dates: 07/20 - 07/23 08/24 - 08/27 Pre-requisite: None</p>	<p>Plaster/Brick Tender (Hod Carrier) Apprenticeship/Journeyman 3 Weeks Dates: 07/13 - 07/31 Pre-requisite: None</p>
<p>Pipe Fusion 1 Day Dates: 09/25 Pre-requisite: Pipe Laying Techniques</p>	<p>Rigging & Signaling 1 Week Dates: 08/03 - 08/07 08/31 - 09/04 Pre-requisite: None</p>	<p>Sand Blasting (Abrasive Blasting) 1 Day Dates: 07/02 08/14 Pre-requisite: None</p>	<p>Shotcrete Techniques 2 Weeks Dates: 08/10 - 08/21 09/28 - 10/09 Pre-requisite: Fundamentals of Construction/Exp.</p>

Equipment Courses

<p>Aerial Work Platform Initial 2 Days Dates: 08/10 - 08/11 09/08 - 09/09 09/29 - 09/30 (Spanish) Pre-requisite: None</p>	<p>Aerial Work Platform Recertification 1 Day Dates: 08/13 (Spanish) Pre-requisite: Experience/Certification</p>	<p>Concrete Coring & Saw Cutting 2 Days Dates: 08/24 - 08/25 09/08 - 09/09 Pre-requisite: Construction Experience</p>
<p>Forklift Orientation-All Terrain 1 Week Dates: 08/17 - 08/21 Pre-requisite: None</p>	<p>Forklift Recertification 1 Day Dates: 08/06 (Spanish) 08/07 08/11 (Spanish) 09/11 10/01 (Spanish) Pre-requisite: Experience/Certification</p>	<p>Skid-Steer Loader Orientation 1 Week Dates: 08/31 - 09/04 Pre-requisite: None</p>
		<p>Skid-Steer Loader Recertification 1 Day Dates: 08/12 (Spanish) 09/10 09/10 (Spanish) Pre-requisite: Experience/Certification</p>

Welding Courses

<p>Oxy Acetylene Torch Cutting & Burning 1 Day Dates: 08/13 09/11 09/24 Pre-requisite: None</p>

Environmental Courses

Asbestos Worker Initial <i>1 Week</i> Dates: 07/27 - 07/31 08/31 - 09/04 Pre-requisite: None	Asbestos Worker Recertification <i>1 Day</i> Dates: 08/27 10/01 Pre-requisite: Asbestos Worker Certificate	Hazardous Waste Removal <i>1 Week</i> Dates: 07/06 - 07/10 07/27 - 07/31 <i>(Spanish)</i> Pre-requisite: 200 Hours Worked	Hazardous Waste Recertification <i>1 Day</i> Dates: 07/16 08/28 09/08 <i>(Spanish)</i> 09/29 Pre-requisite: Haz.Waste Certificate
Hazardous Waste Removal <i>2 Weeks</i> Dates: 09/14 - 09/25 Pre-requisite: 200 Hours Worked	Lead Abatement Initial <i>3 Days</i> Dates: 07/14 - 07/16 08/31 - 09/02 09/09 - 09/11 <i>(Spanish)</i> 09/22 - 09/24 Pre-requisite: None	Lead Recertification <i>1 Day</i> Dates: 08/04 08/27 09/30 <i>(Spanish)</i> Pre-requisite: Lead Initial Certificate	Mold Remediation <i>2 Days</i> Dates: 09/08 - 09/09 Pre-requisite: None

Safety Courses

BATC Refinery Safety <i>1 Day</i> Dates: 07/15 08/06 09/03 Pre-requisite: None	First Aid/CPR <i>1 Day</i> Dates: 08/03 08/14 <i>(Spanish)</i> 09/02 09/10 09/24 <i>(Spanish)</i> Pre-requisite: None	Firewatch Safety <i>1 Day</i> Dates: 07/10 07/31 08/14 08/28 Pre-requisite: None	Flagging <i>1 Day</i> Dates: 07/13 08/25 09/08 09/09 <i>(Spanish)</i> Pre-requisite: None
Mine & Tunnel Safety <i>1 Week</i> Dates: 08/03 - 08/07 08/31 - 09/04 Pre-requisite: None	OSHA10 + Flagging <i>2 Days</i> Dates: 08/10 - 08/11 09/10 - 09/11 09/21 - 09/22 <i>(Spanish)</i> Pre-requisite: None	Scaffold User <i>1 Day</i> Dates: 09/10 Pre-requisite: None	Traffic Control <i>1 Day</i> Dates: 07/14 08/26 09/09 09/23 Pre-requisite: None
Safety Certification (OSHA10, Flagging, Traffic Control, First Aid/CPR, Confined Space) <i>1 Week</i> Dates: 07/20 - 07/24 09/14 - 09/18 (4:30 to 9:30PM) Pre-requisite: None			

IMPORTANT REMINDER!

All trainees/apprentices are expected to be on time for all courses and to be suitably attired with work clothing and work boots. **NO** shorts, tank tops, or tennis shoes will be allowed in class or in the dining area. **NO** head gear will be allowed in the dining room. Registration for all courses is from 6:00am to 7:00am the first day of class. After the first day, classes will begin at 6:30am. Classes end at 3:00pm. Those arriving late or without proper attire will **NOT** be accepted.

RECORDATORIO IMPORTANTE!

Se les requiere a todos los estudiantes y aprendices el llegar a tiempo a todos los cursos y venir vestidos apropiadamente con ropa y botas de trabajo. Pantalones cortos, camisetas sin manga, o zapatos de tenis **NO** serán permitidos, en ninguna de las clases o en el comedor. **NO** es permitido entrar al comedor con sombrero. La registraci3n para todos los cursos es de las 6:00am a 7:00am de la ma1ana. Despu3s del primer dia de las clases, las clases empiezan puntualmente a las 6:30 de la ma1ana y terminan a las 3:00 de la tarde. Las personas que lleguen tarde, o sin ropa adecuada **NO** ser3n aceptadas.

Sacramento Schedule of Courses / Horario de Clases de Sacramento

July - September 2009

Julio - Septiembre 2009

Apprenticeship Courses

Apprenticeship Initial
3 Weeks
Dates: 07/06 - 07/24

Pre-requisite: None

Construction Courses

Advanced Concrete Finishing

2 Weeks

Dates: 09/14 - 09/25

Pre-requisite: Concrete Techniques/
Experience

Asphalt Paving Techniques

1 Week

Dates: 08/10 - 08/21

Pre-requisite: None

Blueprint Reading Orientation

3 Days

Dates: 08/24 - 08/26

Pre-requisite: None

Concrete Techniques

2 Weeks

Dates: 07/27 - 08/07

08/31 - 09/11

Pre-requisite: None

Confined Space Entry

1 Day

Dates: 08/20

Pre-requisite: None

Grade Checking Orientation

4 Days

Dates: 09/08 - 09/11

Pre-requisite: None

Sand Blasting

(Abrasive Blasting)

1 Day

Dates: 10/02

Pre-requisite: None

Equipment Courses

Aerial Work Platform Recertification

1 Day

Dates: 09/29

Pre-requisite: Experience/Certification

Concrete Coring & Saw Cutting

2 Days

Dates: 08/27 - 08/28

Pre-requisite: Construction Experience

Forklift Orientation-All Terrain

1 Week

Dates: 09/14 - 09/18

Pre-requisite: None

Forklift Recertification

1 Day

Dates: 08/12

10/01

Pre-requisite: Experience/Certification

Skid-Steer Loader Orientation

1 Week

Dates: 08/03 - 08/07

Pre-requisite: None

Skid-Steer Loader Recertification

1 Day

Dates: 08/11

09/30

Pre-requisite: Experience/Certification

Environmental Courses

Hazardous Waste Recertification

1 Day

Dates: 08/13

Pre-requisite: Hazardous Waste Certificate

Safety Courses

Firewatch Safety

1 Day

Dates: 07/02

Pre-requisite: None

Flagging

1 Day

Dates: 09/28

Pre-requisite: None

Safety Certification

(OSHA10, Flagging, Traffic Control, First Aid/CPR,
Confined Space)

1 Week

Dates: 07/06 - 07/10

07/27 - 07/31

Pre-requisite: None

OSHA10 + Flagging

2 Days

Dates: 08/18 - 08/19

Pre-requisite: None

LABORERS' TRAINING & RETRAINING TRUST FUND FOR
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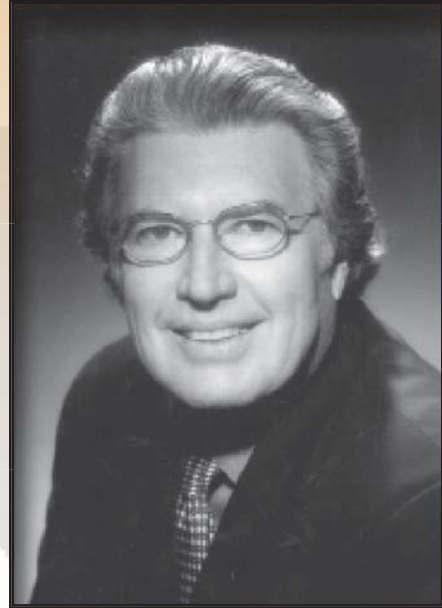
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Mobile Training Unit Unidad Móvil de Capacitación

The Northern California Laborers' Training Center offers off-site/mobile training for those Employers/Union Offices who would prefer to train their employees at their job sites/offsite location.

El Centro de Capacitación de Obreros del Norte de California ofrece capacitación móvil para los Contratistas/Oficinas Sindicales que prefieren que el entrenamiento se lleve a cabo en el sitio de trabajo/afuera del centro.



Let Us Know How we can fulfill your Organization's Training Requirements
Déjenos Saber como podemos satisfacer los requisitos de Capacitación de su Organización
Director of Training : Vic Macias
Instructor Supervisor : Jerome Williams

Tel - (925) 828-2513 : vmacias@norcalaborers.org : jwilliams@norcalaborers.org

The following classes are a sampling of the courses that can be provided via our Mobile Unit.

Las siguientes clases son una muestra de los cursos que son ofrecidos a través de nuestra Unidad Móvil.

Bilingual Communication:
Asphalt, Concrete, Pipe-Laying
Blueprint Reading
Competent Person
Concrete Cutting
First Aid/CPR
Flagging

Forklift Recertification
Grade Checking
OSHA10-Hour
Pipe Fusion Techniques
Skidsteer Loader
Traffic Control
Aerial Work Platform

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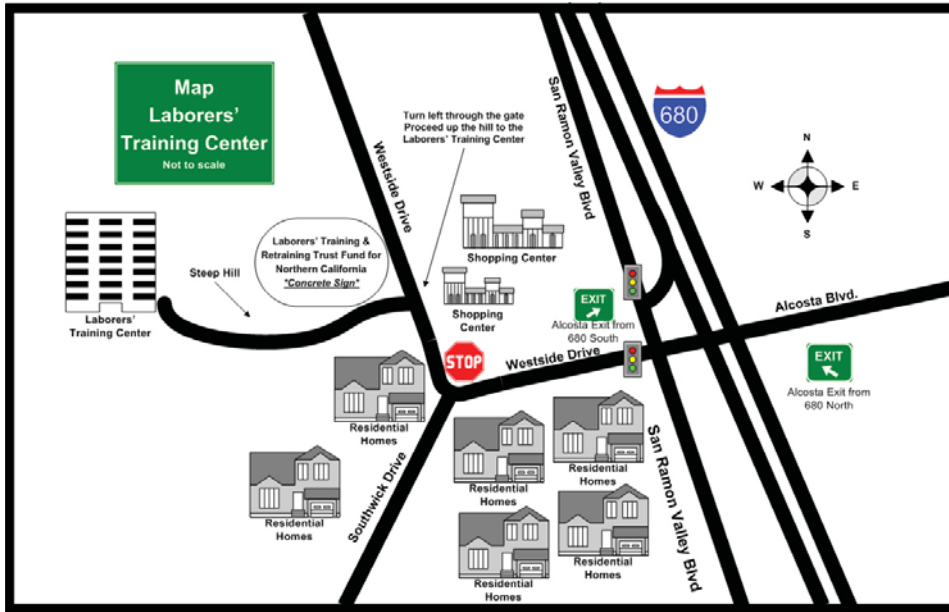
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TEAMWORK

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DIRECTIONS & MAPS | DIRECCIONES Y MAPAS

San Ramon Location



1001 Westside Drive, San Ramon, CA 94583
Tel - (925) 828-2513 : Fax - (925) 828-6142

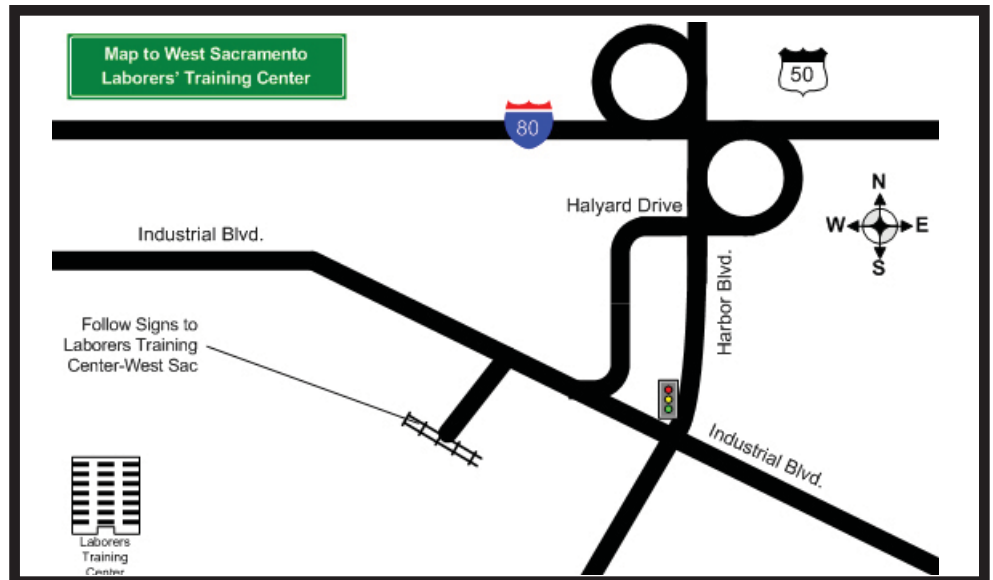
From Northbound 680, take the ALCOSTA BOULEVARD exit off Highway 680, head West on Alcosta Boulevard. From Southbound 680, make a left (south) at top of ramp onto San Ramon Valley Boulevard. Turn right (west) onto Westside Drive. Stay in the straight-ahead lane and look on your left for the large sign and gate leading to the Training Center. Proceed up the hill to the Administration building (on the left).

De la autopista 680 de la Ruta Norte, tome la salida ALCOSTA BOULEVARD, siga al Oeste sobre Alcosta Boulevard. Del sur 680, gire a la izquierda (sur) en la parte superior de la rampa en San Ramon Valley Boulevard. Gire a la derecha (oeste) sobre Westside Drive. Permanezca en el carril que continua sobre Westside Drive y ver a su izquierda para encontrar el letrero y la puerta principal al Centro de Capacitación. Proceda hasta la colina (izquierda) a la Oficina de Administración.

Take the HARBOR BOULEVARD exit off U.S. 50/Business 80 towards Harbor Boulevard/Port of Sacramento. Continue on Harbor Boulevard for approximately ½ mile. At the Industrial Boulevard intersection at the entrance to the Port, make a right and continue about 100 yards on Industrial. The entrance to the Laborers' Training Center is on your left at a yellow pole gate. Follow the signs to the Administration Building.

Tome la salida HARBOR BOULEVARD de la autopista U.S. 50/Business 80 hacia el Boulevard Harbor/Puerto de Sacramento. Continúe sobre Harbor Boulevard por aproximadamente media milla. En la intersección de Industrial Boulevard a la entrada del puerto, gire a la derecha y continúe unos 100 metros sobre Industrial Blvd. La entrada al Centro de Capacitación para los Obreros está a la izquierda. En la entrada hay postes de color amarillo. Siga las señales hacia la oficina de Administración.

West Sacramento Location



2901 Industrial Blvd., West Sacramento, CA 95691
Tel - (916) 375-0191 : Fax - (916) 375-0227



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