



Leicestershire and Rutland Inclusive Football Programme



### **Dedicated To Delivering Inclusive Football For All**







The Leicestershire and Rutland County FA and The Leicestershire and Rutland Inclusive Football Partnership is committed to developing opportunities for people no matter there ability or disability.

This booklet contains all the programs that are available throughout the county of Leicestershire and Rutland from the local inclusive club network, the Leicestershire & Rutland Inclusive League and the Elite Disability Programme.

If you require any more information or have any questions please contact

#### Philippa Bass Disability Football Development Officer Leicestershire and Rutland County FA Holmes Park, Dog and Gun Lane, Whetstone, Leicester, LE8 6FA

Email – Philippa.Bass@LeicestershireFA.com

T : 0116 2867828 M: 07944 194252

Leicestershire and Rutland County FA





Pan-disability teams are teams comprised of individuals with differing impairments, playing together.

The only impairments that do not play in a pan-disability team are players that are blind or in a powerchair/wheelchair



Locality	Clubs		
Melton Borough	Asfordby Amateurs (girls and ladies) inclusive FC		
Charnwood	Birstall United FC		
North West Leicestershire	Ibstock United FC		
Hinckley and Bosworth	AFC Barwell FC		
Oadby and Wigston	Oadby and Wigston Ladies (inclusive) FC		
Harborough	Harborough Alliance FC		
Leicester City	Aylestone Park Inclusive FC	Allexton New Parks FC	Leicester City Ladies/Woodgate 80
Blaby	Cosby United Youth and Junior FC (in development)		
Rutland	Royce Rangers FC		

### **Melton:**

#### Asfordby Amateurs (Girls/ladies) Inclusive FC

**Training** - King Edward V11 Upper School, Burton Road, Melton, LE13 1DN

Day/Time - Tuesdays 6pm to 7pm Gender - Male and Females Welcome Age Group - From age 8 years to adults

For more details contact: Lone Millin M: 07762 678 135 E: the3girlsmillin@btinternet.com W: http://www.aalgfc.co.uk/inclusive.htm

### **Charnwood:**

#### **Birstall United Juniors FC**

**Training** – Lakeside Meadow, Meadow Lane, Birstall, Leicestershire, LE4 4FN

**Day/Time** - Saturdays 11am to 12pm Gender - Male and Females Welcome Age Group : From 8 years to 16 years

For more details contact: **Pete Stephens** M: 077711 065 456 E: madplumber28@aol.com















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### **North West Leicestershire:**

#### **Ibstock United FC**

**Training** – Ibstock Miners Welfare (Astro Turf), Leicester Road, Ibstock, Leics, LE67 6HN

Day/Time - Saturdays 11:15am to 12:15pm Gender - Male and Females Welcome Age Group : From ages 6 years to adults

For more details contact: Geoff Straw M: 07711 092 920 E: gstraw@stellaboy.co.uk W: http://www.ibstockunited.co.uk/

### **Hinckley and Bosworth:**

#### **AFC Barwell**

**Training** – William Bradford College, Heath Lane, Earl Shilton, Leics. LE9 7PD

**Time** - Thursdays 5:30pm to 6:30pm **Gender -** Male and Females Welcome

Age Group : From 8 years to adults

For more details contact: Paul McQuillin M: 07768 717386 E: paulmcquillin@gmail.com W: http://www.afcbarwell.com/









## Oadby & Wigston :

#### **Oadby & Wigston Girls and Inclusive FC**

**Training** – Meadows Sports Ground, Leicester Rd, Countesthorpe, LE8 5QW

Day/Time - Saturdays 10.30am to 11.30am Gender - Male and Females Welcome Age Group : From ages 8 years to 18 years

For more details contact Lesley Batchelor M: 07964 014 846 E: lesley@the-batchelors.co.uk W: http://www.oadbyandwigstongirls.co.uk/

### Harborough :

#### Harborough Alliance

**Training** – Northampton Road, Market Harborough, LE16 9HF

Day/Time - Tuesdays 6pm to 7pm Gender - Male and Females Welcome Age Group : From ages 8 to adults

For more details contact Andy Chambers M: 07807 688 602 E: andy-chambers@hotmail.com W: <u>http://www.harboroughtown.org/</u>







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## **Leicester City :**

### **Aylestone Park Inclusive FC**

**Training** – Samworth Academy, Trenant Road, Leicester LE2 6UA / Aylestone Park FC Day/Time - Fridays 6:30pm to 8:00pm **Gender -** Male and Females Welcome Age Group - From ages 6 years to adults

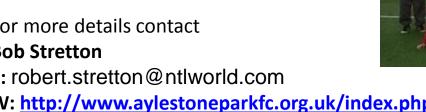
For more details contact **Bob Stretton** E: robert.stretton@ntlworld.com W: http://www.aylestoneparkfc.org.uk/index.php

#### **Allexton & New Parks FC**

**Training** – New College Artificial Pitch (next to the school), Glenfield Road, Leicester, LE3 6DN

Day/Time – Fridays 6:00pm to 7:30pm Gender - Male and Females Welcome Age Group - From ages 8 years to 18 years

For more details contact Maurice Allen M:07429 289 483 E: mozallen@btinternet.com W: http://allextonandnewparksfc.webs.com/













## Leicester City :

### Leicester City Ladies and Woodgate 80 FC

**Training –** St. Margaret's Pastures, St Margaret's Way Leicester, LE1 3EA



Females: Thursday 4:30pm to 6:00pm (Ages 12 to adult) Males: Thursday 4:30pm to 6:00pm (Ages 16 to Adult) Mixed gender: Thursday 5:00pm to 6:00pm (Ages 5-16)

For more details contact Mary Rudkin M:07752 7467 229 E: maryrudkin24\_@hotmail.com W: <u>http://www.leicestercityladies.co.uk/</u>









## **Rutland:**

### **Royce Rangers FC**

**Training** - Catmose college, Huntsmans Drive, Oakham, Rutland LE15 6RP

**Day/Time** - Thursday 6pm to 7pm **Gender** - Male and Females Welcome **Age Group :** From ages 8 to 16 years

For more details contact Stacey Underwood M:07936 714001 E: <u>staceyu38@gmail.com</u> W:<u>http://www.clubwebsite.co.uk/roycerangersfc/</u>







Current teams in development for new teams for next season are listed below:



#### Syston Town Juniors FC

For more details please contact – Samantha Chambers E: <u>sam.chambers37@hotmail.com</u> W: <u>www.systontownjuniorsfc.co.uk</u>

### **Cosby United Youth and Juniors FC**

For more details please contact – Darrell Townsend E: <u>info@cosbyutd-youth-junior-fc.co.uk</u> W: www.cosbyutd-youth-junior-fc.co.uk





#### **Castle Donnington FC**

For more details please contact – Adrian Boyd E: <u>adrian.boyd@venueseekers.com</u> W: www.castledoningtonfc.co.uk

## Leicestershire & Rutland Inclusive Football League



With the development of Inclusive Clubs / Teams over the years within Leicestershire and Rutland, a County Inclusive Football League was established and has seen a steady growth in the number of teams taking part in the league and the frequency of fixtures.

The Leicestershire and Rutland Inclusive Football League is a FA Charter Standard and RESPECT League, ensures Fair-Play and mutual respect for all those involved. The teams involved in the league are committed to providing a friendly and safe environment for youngsters, adults, males and female with a disability/special need to take part in Football.

The league has a monthly fixture which is rotated around the county with the main Inclusive Clubs taking it in turn to host the fixtures. During the winter months, we also have fixtures at the Leicester City Training Dome (indoor 3G), which is a fantastic facility, ensuring the fixtures still go ahead and the players are not disappointed.

The Inclusive League, provides opportunities for male and female players in the categories below:

Junior Division (U13's Mixed) Youth Divisions (U16's Male and Female) Adults Divisions (over 16's Male and Female)

#### The league operates a 4 year age banding in the Youth and Junior Divisions.

All matches will be small sided (4v4; 5v5; 6v6; 7v7; 8v8; 9v9) dependant on the number of players and facility available at each league event. The decision regarding the number of players per side will be taken by mutual agreement on the day.

Playing time will be at the discretion of the league but not more than 20 minutes each way.

No official records will be kept of the results and no league tables will be published.

#### For information

Mary Rudkin: General Secretary Leicestershire & Rutland Inclusive Football League

maryrudkin24\_@hotmail.com

T:0116 2827555 M:07752 746229



## **Powerchair Football**



Leicestershire Foxes Power-chair Football Club provides a great opportunity for all those potential players who want to play our great game of football, who have a physical disability and use a power-chair or manual wheelchair for mobility.

#### What is Powerchair Football?

Power-chair football is a very exciting, adapted game of football, which requires skill and an understanding of the game, just like any other form of our nations favourite sport.

Power-chair Football is a game where males and females can compete together in the same team and players of all ages can be involved, players from the age of 8 years up to adults, both males and females are invited to join.



All sessions are 12.30pm to 2.30pm on Sundays (alternative weeks) at Aylestone Leisure Centre, 2 Lane East, Leicester, LE2 9LU

Please come along and 'have a go' and develop those skills.

#### For more information and to register your place for a session please contact – Tim Cripps – Club Sectary powerchairfoxes@outlook.com or 07860 609057

Philippa Bass | Disability Football Development Officer Philippa.Bass@leicesteshireFAcom or T: 0116 2867828





## **Disability Football Development Fund**













The Disability Football Development Fund is specifically targeted at supporting the growth of disability football in England. This area of the game has grown immensely in recent years and The FA is keen for this to continue.

The FA's Disability Football Development Fund (DFDF) is focused on retaining and developing playing and training opportunities for disabled players and attracting new disabled players into football together with supporting a professional workforce to continue the development of the game over the next three years.

The DFDF sees £127,000 worth of investment into Leicestershire and Rutland over the next three years through partners including The FA, Leicester City FC and Leicestershire and Rutland Inclusive sports Association (LARISA).

During the course of the of the three year Project, we aim to work with over 2000 new participants and create 24 new inclusive teams across the county.

Working with Leicester City Community Trust to provide the coaching provision, we will be delivering a number of sub projects to target new participants into the game, they include;

Community Day Centres (Adult Provision)	
Extra Curriculum Fundamentals (12-16 years)	
Enrichment to Activity (16 plus)	
Impairment Specific Sessions (All Ages)	
Powerchair football (All Ages)	
Disability Organisations (All Ages)	

All projects are then linked to local inclusive clubs in Leicestershire and Rutland, to provide the sustainability.

#### **Disability Football Development Fund : Partners**













Below lists the organisations that we are working with deliver the DFDF in Leicestershire and Rutland.



Helping people change their lives for the better



North Warwickshire & Hinckley College

## **Disability Pathway**



The purpose of The FA's Disability Talent Programme is to identify young players deemed to possess higher levels of ability and to place them in a developmental programme designed to produce football excellence in conjunction with personal development. The Pathway comprises of FA Disability Player Development Centres (PDCs), FA Regional Impairment Specific Centres of Excellence and FA England Impairment Specific Development Squads.

To develop young players, with the ability to succeed at international level and progress to England Senior impairment specific squads.

This is achieved by:

1. To develop a network of community clubs offering football coaching and playing opportunities for disabled young people and enthuse a large number of players to progress within football.

2. Working with local partners to support Player Development Centres which provide quality local coaching opportunities to improve the technical, social, physical and psychological attributes of young players.

3. Working with partners to deliver a regional playing and coaching structure within an impairment specific programme to ensure a smooth transition into relevant training environments, key skill progression and exposure to the right experiences.

4. Exposing emerging talent to the rigours of an elite programme in preparation for England Development involvement.

5. Providing international competition experience at development level in preparation for the senior environment.



#### Leicestershire & Rutland Player Development Centre



#### What is the Player Development Centre?

The Disability Leicestershire and Rutland Player Development Centre is ran by the Leicestershire and Rutland County FA and can be attended by invitation only. A Player Development Centre (PDC) should represent an opportunity for players to access higher level coaching and dedicated support; identification for these centres can be through a variety of ways: England Talent Days, club, teacher or coach nomination or Regional Scout visit.

The purpose of The Football Association Disability Player Development Centre Programme is to identify players deemed to posses a higher level of ability from within grassroots youth football and place them in a technical programme designed to promote individual football development and promote progression to and involvement in Regional Impairment Specific Centres of Excellence or mainstream football activity.

Centres must recruit players from the following impairment groups to enable progression to elite levels of performance:

- Amputee;
- Cerebral Palsy;
- Deaf;
- Partially Sighted;
- Learning Disability.

Disability Player Development Centres must only operate at an Under 16 age group (4 year age banding from U13).



For more information:

#### Philippa Bass | Disability Football Development Officer Leicestershire & Rutland County Football Association Holmes Park, Dog & Gun Lane, Whetstone, Leicester, LE8 6FA T: 0116 2867828 | M: 07944 194252

## Regional Talent Pathway – East Midlands



#### FA East Midlands Blind Player Development Centre hosted by The Leicestershire and Rutland County FA

As part of its commitment to 'Inclusive' football, the Leicestershire and Rutland County FA has been awarded a license to run a Regional Blind Player Development Centre.

#### Aim of the Centre -

To identify and recruit Blind and Visually Impaired players (B1 and B2), both locally and across the East Midlands who are interested in playing blind futsal.

The sessions run on a Saturday mornings at Judgemeadow Community College in Leicester and will involve players within 2 age categories, 12 to 16 years of age and adults (over the age of 16) along with sighted Goalkeepers of both age categories.

The centre is there to develop the players that will one day go on to represent England or Great Britain in the European, World championships and Paralympics.

#### For more information:

#### Philippa Bass | Disability Football Development Officer

Leicestershire & Rutland County Football Association Holmes Park, Dog & Gun Lane, Whetstone, Leicester, LE8 6FA T: 0116 2867828 | M: 07944 194252



Mateen Rahmen, England and Leicestershire and Rutland Blind PDC Player

## Regional Talent Pathway – East Midlands



The next step on the talent Pathway from the Player Development Centre is the Regional Impairment Specific Centre's of Excellence, players (dependant upon impairments) will be sign posted up to there next step by there coaches when the time is right.

#### FA East Midlands Cerebral Palsy Centre of Excellence

Hosted by the Nottinghamshire County FA 7-a -side Football Two playing categories: ages 12-16 years and 16+ (adults)

For more information please contact **Nottinghamshire FA** <u>Info@NottinghamshireFA.com</u> 0115 9837412

#### FA East Midlands Partially Sighted and Deaf Centre of Excellence

Hosted by the Derby County Community Trust, with support from the Derbyshire CFA 5-a-side Futsal Players aged 12-16 years

For more information please contact **Derby County Community Trust** <u>community@dcfc.co.uk</u> 01332 667575



The Leicestershire & Rutland County FA Disability Programme 2014 www.LeicestershireFA.com