

The Lynchburg Times

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Ban on fake weed likely in next session



State lawmakers may be poised to ban the newest designer drug but Lynchburg Police acknowledge it is a cat-and-mouse game with scientists one step ahead of the law

By Stephen Groves, Virginia Statehouse News and Dan McDermott, The Lynchburg Times

It'll get you high like marijuana, it's legal, and can be bought in shops in Lynchburg and on the Internet.

But "K2" or "Spice" incense that contains "synthetic marijuana" won't be available for long if several Virginia

See WEED, 3

Circuit Court Clerk a hard choice

Both candidates running to fill the unexpired term of Lynchburg Circuit Court Clerk offer extensive administrative experience

By Yvonne Behrens
The Lynchburg Times

Along with the Congressional elections this November 2nd, Lynchburg City is facing a special election for the position of Clerk for the Circuit Court.

Ronald "Ron" Irvine, appointed by the judges of the 24th Judicial Circuit to fill the Clerk position that was vacated by retiree Larry Palmer last January and Eugene Wingfield, retired Po-



lice Captain who is presently working as the investigator in the Lynchburg Commonwealth Attorney's Office are both vying for the position.

Both men bring strengths to the position albeit in slightly different ways. Irvine spent 23

See CLERK, 15

Downtown funding a question of results



By Yvonne Behrens
The Lynchburg Times

In follow-up conversations regarding Lynchburg City Council's decision to phase out the maximum allocation of 15% Community Development Block Grant (CDBG) funds for public services over a two-year period, Councilman Michael Gillette explained the City's position. "We did not have a means for measurable outcomes when it came to the monies allocated to the service sector."

"One of the requirements of the HUD grant is to demonstrate tangible results. We could not meet

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WEED, from 1

lawmakers have anything to say about it. A movement to outlaw man-made substances similar to marijuana is gaining ground for the next session of the General Assembly.

"I almost guarantee you'll see legislation dealing with this," said Del. Chris Peace, R-Mechanicsville.

These products, which are sold as incense, can be bought at many tobacco or herb shops and even over the Internet.

"We have been in some businesses around town and we bought some packs just to see what it was about and how it was packaged and everything. [The narcotics unit] has not run across anybody who has used it yet—or admitted to us that they've used it," said Lynchburg Police Lt. Marty Soyars.

They are often sold in three gram packages with disclaimers like "K2 Incense is strictly for incense purposes only and is not for human consumption. You must be 18 years of age to purchase this product." A three gram package runs around \$30.

Soyars says that price is comparable to the Lynchburg street price for real marijuana, which can run \$5 to \$10 a gram.

Although the disclaimer helps manufacturers get around legality issues, there is growing concern among lawmakers and the public that people are smoking "K2" to get high.

The Drug Enforcement Administration (DEA) says that the effects of smoking it are similar to marijuana because the herbs are laced with "synthetic marijuana." People who use it report a high lasting from 30 minutes to two hours. But more dangerous side-effects are also reported — vomiting, seizures, breathlessness, and increased heart rate and blood pressure. Also, it takes a long time for the chemicals to clear out of the body, so the long-term effects are not fully known. It also does not show up on many urine drug tests.

"Kids think you can buy it over the Internet so it's not harmful," said Dr. Rutherford Rose, director of the Virginia Poison Center at the Virginia Commonwealth University Medical Center. "It's definitely causing harm, and you have no idea what you're putting into your body when you buy these things."

The Virginia Poison Center does not track how many times people are hospitalized from using the drugs. Rose said they have received a "handful" of cases reported in the Commonwealth. The

American Association of Poison Control Centers reported 1,500 calls due to use of "K2" and similar substances across the nation last year. They call it an "emerging phenomenon."

Earlier this week, the Roanoke Board of County Supervisors unanimously voted to press the General Assembly to outlaw "incense" products such as "K2" or "Spice," reported the Roanoke Times. In Hanover County, concern is growing as well.

Peace said he met with a Hanover County probation officer who told him people on probation are using it because it does not show up in many drug tests. The county is working to get tests that detect these type of drugs, and will charge people with a non-criminal offense if they are caught using it. But many would like to make it completely illegal.

"I'm very concerned about the harmful effects," Peace said.

The drug can be a gateway to more drugs, Peace said. After using it, people have a desire for more and to use marijuana.

So far, 10 states have passed laws regulating its use.

Virginia following seems likely. In 2008, the House and Senate unanimously passed a law outlawing the use of salvia, an herb used as an alternate to marijuana.

But marijuana legalization advocates say that outlawing the substance could increase the use of the K2 incense.

"When government bans these products, it often makes them more popular and used," said Allen St. Pierre, executive director of the National Organization for the Reform of Marijuana Laws, a lobbyist to make marijuana legal.

Because K2 and similar substances are readily available on the Internet, they would be difficult to control.

While state legislators may be jumping on the bandwagon to ban this latest designer drug, Lt. Soyars, a 19 year veteran with Lynchburg's Police Department recognizes that it may be a game of cat-and-mouse, with lawmakers and law enforcement always one step behind the manufacturers who create the drugs specifically to fall outside of current bans.

"It's a designer drug. Obviously someone created it. My feeling is that if you outlaw the ingredients that are in this designer drug then whoever created it could change their formula or the chemistry of it and create the same thing, just in a dif-

Ostensibly sold as "incense," the DEA says K2 is synthetic marijuana that people are smoking to get high and—in some cases—sick. Some Va. lawmakers want the product banned.

Employment

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See WEED, 5

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Dollars and sense

by David Uffington

Trying Austerity On for Size

If you're one of the lucky ones who've managed to move through the current economic crisis unscathed, your outlook is no doubt brighter than those who have been hit hard by layoffs, foreclosures and more.

This is not the time to relax about the economy and your personal finances, however -- because the problems are not over.

Whatever you have in savings for a rainy day or emergency, double it. Aim for a

minimum of nine months of living expenses that you can get your hands on quickly, which means savings or money-market accounts.

Do a bare-bones budget and see what it looks like. Consider various options. In one you might subtract only the daily cappuccino from your expenses. In another not only do you stop getting cappuccino but you also cancel your book-club membership and decide to wear last year's winter coat. Perhaps you decide to go all the way and stop eating at restaurants, having carryout delivered and buying prime cuts at the butcher. Even if you're doing well so far in this ragged economy, you owe it to yourself to see what an austerity budget really looks like.

If you've never used coupons or paid attention to sales flyers in the newspaper, start now. Spend more time saving money.

Pay down debt. While new laws have been passed to restrict the credit-card companies, credit-card debt still comes with a price tag in the form of interest and fees.

Spend your money on necessities that have a future value, like vehicle tires. Decide if you really need a new television, or if you just want it.

Consider what you would do for income should you lose your job. Find out how much unemployment benefits would be in your area and how long you'd get them. Calculate how much of your current bills you actually could pay each month. Add in your savings and re-do the math: How long could you survive on a lower budget?

Vow to spend only on necessities for one month to see what it feels like. If you need encouragement to take some austerity steps, attend a job fair and talk to job seekers.

Because it really isn't over.

David Uffington regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Write to him in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com.

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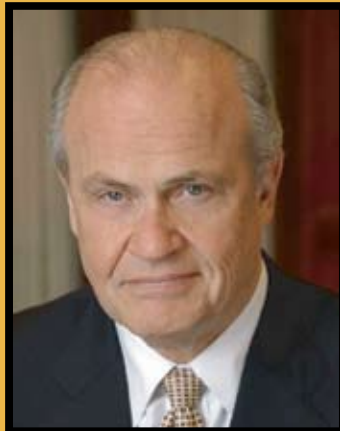
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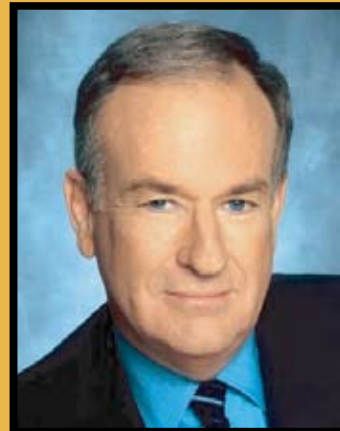
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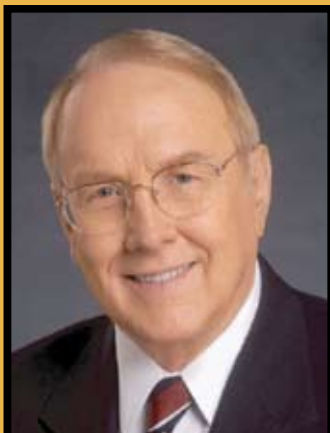
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WEED, from 3

ferent way. It's going to be tough to ban it," he said.

But Soyars still supports the idea of making the sale of K2 illegal.

"I think it is important to have some sort of ban on it if it has the same effect as marijuana. If you have people smoking it and they get behind the wheel, that causes problems. It's a safety issue. It's not for human consumption. It says that right there on the pack. Whether making a law is going to change people from actually smoking it is up to each individual. Marijuana is not as big a problem here as heroin and crack cocaine but it is one of the major drugs we deal with on a daily basis. [K2] is a fairly new thing that's come out and we are just learning about it," Soyars said.

Right now, not much is known about these incenses. Where they come from and what is in them is often unclear. Several websites that sell it are based in China.

But one thing is clear to lawmakers and pot-smokers alike — it will get you high.

Cover photo by Schorle on Wikipedia.

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Donna's Day Creative family fun

by Donna Erickson

Ghostly Greeters Give Gentle Fright

These friendly garden ghost greeters will give a gentle fright on Halloween night when partygoers and trick-or-treaters stroll up the walkway to your home. They are simple enough for families to make at the last minute and use basic items you probably have on hand. Dress up several in different heights,

Here's the Halloween fun:

1. To make arms for the ghost, unwind the top of the hanger and straighten out the semi "S" shape. The hanger will look like a three-sided topless rectangle in front of you: a short side, a base and a long side.
2. Bend the short side down to the base, and twist the wire in place with pliers to form a narrow loop. You now have one arm. Repeat with a second hanger for the other arm.
3. Twist together the top 4 inches of the long sides of both hangers. Wrap the twisted portion with tape to secure in place. Now you will have two outstretched arms and a neck at the point where the hangers are twisted together.
4. Tape the "neck" portion of the hanger to the top of the dowel, and then tape that part to the middle of the inside of a paper plate. Set a second plate on top and staple around all edges to complete the head shape.
5. Now it's time to dress the ghost. Fold the fabric into a large triangle. Set the center fold evenly over the plate head and spread over the outstretched wire arms. Tape the very ends of the arms to the underside of the fabric to hold it in place. Tie the ribbon



shapes and sizes for extra "Boos!"

Here's the stuff you'll need for one ghost:

- 2 large, sturdy white dinner-size paper plates
- 2 standard, lightweight wire clothes hangers
- a 3-foot-long section of 1/2-inch dowel from the hardware store. An old broomstick, yardstick or tree branch of the same length also works
- 1 piece of 45-inch-by-45-inch lightweight white lining fabric, or use a lightweight white plastic disposable tablecloth cut to size
- 2 yards 1-inch-wide black ribbon
- Self-stick craft foam sheets or felt and glue
- Duct tape
- Pliers and stapler

around the neck of the ghost just below the round plates. Cut two ghostly eye shapes out of craft foam or felt. Stick them on or glue them to the fabric face.

6. Poke the dowel or stick into the ground by your walkway. To display on a porch or deck, poke into a clay pot filled with sand.

Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit www.donnasday.com and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Families."

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Cleaning Up After Halloween Pranksters

Q: I live in a neighborhood that's known for more tricks than treats. What I mean is, the teenagers around here like to egg houses on Halloween night, throw rolls of toilet paper into the trees -- that kind of thing. Last year I had to have my car towed to the mechanic and the gas tank emptied because I thought they'd put an egg into it. Anyway, how do I clean off stains made by eggs, fruit and other stuff the kids throw at my house? -- Herb D., DeLand, Fla.

A: Eggs thrown against the side of a house are pretty annoying, both when the prank first happens and then later, cleaning them off. The protein in the egg adheres to exterior paint and can be difficult to clean off. So the faster you tackle an egg stain, the better.

Here's a few tips on how to clean up a few different prankster messes.

- Egg: Rinse off the egged area as soon as possible with cold water and wipe with a damp cloth. If you can't get all the egg off, apply an enzyme-containing laundry detergent, soak for a few minutes, then rinse with cold water.

- Toilet paper: Just lift it off of the "papered" object and throw away. If pranksters papered a tree, use a long stick to bring paper strands down. If the tree is near power lines, don't use the stick -- spray water to bring the paper down.
- Silly String: This is nontoxic and nonadherent to most surfaces. If it's dry, simply brush it off. Avoid rinsing with water because the colored foam will streak down the surface.
- Shaving cream: Remove from non-glass surfaces as quickly as possible. Wipe away the foam first and then rinse with warm water.
- Mud and grass -- Rinse away as fast as possible from your home's siding. If a grass stain is still visible, dab with a mixture of white vinegar and alcohol, then rinse.
- Fruit: If rinsed off immediately, fruit acids shouldn't be a problem, but you can clean the area with an enzyme-containing detergent to be sure.
- Ketchup or mustard: Scrape away as much as possible without rubbing it deeper into the siding or masonry. Scrub with dry-cleaning solvent or an enzyme-containing detergent, and rinse.



While no house is completely safe from Halloween pranksters, deterrence measures including motion-sensor outdoor lights, and indoor lights and sound (such as a radio left on) offer some protection.

Or, make a paste with baking soda and water and spread over a tough stain, let soak and rinse away.

Send your home repair and maintenance questions to ask@thisisahammer.com, or write *This Is a Hammer*, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. Remember, when in doubt as to whether you can safely or effectively complete a project, consult a professional contractor.

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Seasonal Songs

I know spring has arrived when the Northern parula arrives with its buzzy trill. Summer brings the great-crested flycatcher and its "whoop" call. The American crow comes in fall, cawing from the tops of pines. Winter brings the gray catbird mewing from fence posts. I love birds.

E-mail: birdingbits@cfl.rr.com

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top ten

Amish States*

1. Pennsylvania
 2. Ohio
 3. Indiana
 4. Wisconsin
 5. New York
 6. Michigan
 7. Missouri
 8. Kentucky
 9. Iowa
 10. Illinois
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Source: Elizabethtown Collage



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Lauren tackles line dancing, with mixed results



Lauren had her first line dancing experience this week. How did she do? Read on.

By Lauren Satterfield
The Lynchburg Times

I am always out and about in Lynchburg, looking for fun things to do and looking for great new stories to write about.

This past week I went to Cattle Annie's located right off 29 via the Odd Fellows Rd. exit.

I had heard about a line dancing class that was hosted every Thursday from 6:30 pm until 8 pm.

This class sounded interesting to me, I have seen various cowboy movies with fun line dancing scenes where everyone is in boots and knows all the steps.

I arrived a little early, making my way inside with a few other people whom I guessed were part of the class. I walked slowly behind them, taking in each detail of their attire and their friendly attitude towards one another. There was

only one lady who I spotted in cowboy boots. Everyone else was in casual attire: jeans and blouses.

I felt a little less out of place in my Nike running shoes.

The age difference was puzzling too, I figured I would be the youngest one there by far, but walking inside of Cattle Annie's and seeing everyone gathered together I saw that there was no certain age group but a mixture of people in their early twenties to a lady who was in her sixties.

Dance instructor Linda Parker walked up and warmly greeted me, welcoming me to her class and encouraging me to "just hop on the dance floor and have a good time." I thanked her and continued to make my way towards the dance floor.

At a table by the entrance to the dancing area I spotted two younger people chatting. I walked towards them eager to see what they thought about the line dancing class.

Quick warm introductions were done and I met Bob Lanning, 25, called Big Guy by Mrs. Parker and Alyson Wright, 26. They were both very nice and told me how great and fun the class was.

"I was not good at first," Wright began, "but after I came a few times I started catching on quicker and learning the steps."

Lanning said the same about his experience but both have been dancing with Mrs. Parker for about a year now.

While talking, Tracie DeLuca walked up to me and introduced herself. She was very friendly and welcoming like everyone else. She left me with some great advice saying that, "The whole point of being here is to have fun and have a really, really good time."

Finally Mrs. Parker called us all onto the dance floor. My new friends Lanning and Wright offered me a spot on the back row with them. I graciously accepted since I am not a dancer, I have two left feet and decided that the back row would be safest!

The first dance that we did was a warm up to a popular pop/rap song.

Mrs. Parker walked us through the



Dance teacher extraordinaire Linda Parker always mentions her favorite quote, "When you get the chance.. dance" Many people have found healing and fun in her classes, learning to leave behind their troubles for an hours time, and just have a great time dancing!

steps twice: first slow, with details as to which foot should be used where and which foot you should end the step on. The second time she did it a little faster preparing us for the music, giving us 8 counts to step to. I was feeling slightly confident and the steps seemed easy. The music started, the steps began and I am pretty sure that after two of the steps I was lost.

I panicked for a moment, not knowing what step I needed to do. Everyone else knew the steps and was moving with no problem. I took a deep breath and did the only thing that I could, I just moved my hips a little and tried to mimic the foot movement of the other dancers.

The dance was only sixteen steps and repeat, so little by little I recognized the steps from the introduction and by the end of the song I was stepping right and in others I was still lost, but I promised myself that no matter what happened from here on end, I was not going to quit trying and I was just going to keep on moving, no matter how bad I was!

After two more dances—one slow dance and one moderately fast one—I was finding it hard to keep up with all the steps and my vow to not quit was

really annoying me because although it was fun, I was beginning to get discouraged a little.

During one of the water breaks a few people came up to me and told me that I was doing very well and that no matter how great of a dancer you are it is always hard to get the steps the first few times you come.

With my head held high and feeling a little more confident after the encouragement, I made my way back to my spot, received a high five from Lanning and decided that no matter what, I was

See LAUREN, 9



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Good Housekeeping

Fast-Baked Apples with Oatmeal Streusel

Cooking apples in the microwave, rather than the regular oven, yields plumper, juicier, less shriveled fruit -- and saves a big chunk of time! Baked apples have always been a favorite dessert in America. We've adapted Eliza Leslie's recipe from the 1848 edition of *Directions for Cookery*, and it's still good today.

4 large (about 10 ounces each) Rome or Cortland

apples
1/4 cup (packed) brown sugar
1/4 cup quick-cooking oats, uncooked
2 tablespoons (chopped) dates
1/2 teaspoon ground cinnamon
2 teaspoons margarine or butter

1. Core apples, cutting out a 1 1/4-inch diameter cylinder from center of each, almost but not all the way through to bottom. Remove peel about one-third of the way down from top. Place apples in shallow 1 1/2-quart ceramic casserole or 8-inch by 8-inch glass baking dish.
2. In small bowl, combine brown sugar, oats, dates and cinnamon. Fill each cored apple with equal

amounts of oat mixture. (Mixture will spill over top of apples.) Place 1/2 teaspoon margarine or butter on top of filling in each apple.

3. Cook apples, covered, on Medium-High (70 percent power) until tender, 12 to 14 minutes, turning each apple halfway through. Spoon cooking liquid from baking dish over apples to serve. Serves 4.

• Each serving: About 240 calories, 3g total fat (1g saturated), 0g cholesterol, 30mg sodium, 54g total carbohydrate, 0g dietary fiber, 2g protein.

Recipe excerpted from Great American Classics Cookbook (Hearst Books).

Strange BUT TRUE

• It was French poet, journalist and novelist Anatole France who made the following sage observation: "The law, in its majestic equality, forbids the rich as well as the poor to sleep under bridges, to beg in the streets, and to steal bread."

• Those who study such things claim that baby girls smile more than baby boys.

• While in space, astronauts can't use traditional salt and pepper. If they tried to sprinkle the condiment on food, it would just float away, possibly clogging air vents and otherwise wreaking havoc. So some bright person came up with liquid forms of the seasonings.

• The English word for the fruit "squash" comes from the language of the Native American Narragansett tribe. It means "something eaten green."

• If you ever decide to participate in a public protest in Greece, remember not to wear sunglasses. Since shades can hide your face, wearing them is illegal during demonstrations there.

• The Oldsmobile motor company also made early gasoline-powered lawnmowers.

• Wilhelm Rontgen discovered X-rays in 1895, and his work earned him the first Nobel Prize in Physics. His work also set off a fad among many women, who refused to undress even behind closed doors. They feared that X-rays could be used to see through walls to spy on intimate moments.

• The famed Pony Express didn't actually use ponies -- just horses.

• After the vows have been said in a traditional Korean wedding, the groom formally introduces his new wife to his parents. The bride's father-in-law then pelts the bride with red dates, which is supposed to ensure fertility.

Thought for the Day: "Man is the only animal that laughs and weeps, for he is the only animal that is struck with the difference between what things are and what they ought to be." -- William Hazlitt



1. Which Jackson sibling scored the most Top 40 hits?
2. Which of Madonna's No. 1 hits stayed at the top of the chart the longest? Bonus for knowing how many No. 1 songs she's had.
3. Name the artist who had an album entitled "If I Could Only Remember My Name."
4. What do U2's 1991 album "Achtung Baby," Fleetwood Mac's 1977 album "Rumours" and Paul Simon's 1986 album "Graceland" have in common?
5. What was the name of ZZ Top's first album? When was it released?
6. Which band released "Hey Nineteen," and when?

Answers:

1. It was Janet, not Michael. She netted 30 hits to his 29.
2. "Take a Bow" stayed at the top for seven weeks in 1994, one of 12 Madonna chart toppers.
3. It was David Crosby's solo debut album. The 1971 album reached No. 12 on the charts.
4. They're all on the Vatican's Top 10 Pop Albums list reported this year by official paper *L'Osservatore Romano*. No kidding. The paper is said to be attempting to be less stuffy.
5. Oddly enough, it's called "ZZ Top's First Album." It debuted in 1971.
6. Steely Dan in 1980. The song reached No. 10 on the charts.

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Revenge of the Hillary Voters

Two-thirds of West Virginians approve of the job performance of Gov. Joe Manchin. In ordinary circumstances, that would be enough to get him any promotion he wants. Not in 2010.

Manchin trails Republican businessman John Raese in a key Senate race. As soon as he stepped off the state stage into a federal race, he became associated with Obama liberalism, a deadly virus against which personal popularity -- and even moderation -- provides only limited immunity. If he loses, he'll be a victim of the revenge of the Hillary voters.

In the 2008 Democratic primaries, Hillary Clinton had persistent appeal among working-class whites, loosely defined as whites without a college education. As Henry Olsen of the American Enterprise Institute notes, 94 percent of West Virginians are white, and only 17 percent of them have a bachelor's degree or higher. In the 2008 primary, Clinton beat Barack Obama in West Virginia by 67 percent to 26 percent. Today, Obama's approval rating in the state is ... 29 percent.

Democrats have undertaken an experiment in whether you can be the self-styled party of working people if you don't have much appeal to a swath of working people.

In Obama's case, the answer is "yes," at least it was in 2008. He lost the roughly 40 percent of the electorate that is working-class whites

to John McCain by 18 points, but made up the deficit among other groups. In that context, the preference of working-class whites for Republicans over Democrats on the generic ballot by 22 points this year isn't alarming.

Obama running nationally conceivably can overcome that kind of gap. But an untold number of Democrats running in areas where working-class whites predominate can't, as a matter of sheer arithmetic. Many of these Democratic "majority makers" will be the sacrificial lambs of Obama liberalism.

According to Gallup, Obama's approval rating is still above 50 percent among blacks, Hispanics, voters between ages 18-29, moderates, postgraduates, singles and Easterners. He's below 50 percent among everyone else, and in the 30s among whites, voters 65 or older and married people -- exactly the voters who disproportionately turn out in midterm elections.

Liberals want to chalk this up to race. But in January 2009, when President Obama was as African-American as he is today, his approval rating was 63 percent among whites.

It's long been an occupational hazard of liberalism to get crosswise with working-class whites. Obama is particularly vulnerable because he combines the affect of Adlai Stevenson with the economic performance of Jimmy Carter. He came into office with working-class voters suspicious that he didn't understand their concerns and proceeded with an agenda -- health care, cap-and-trade and all the rest of it -- that didn't address their concerns, or work.

Obama famously boasted to a retiring conservative Democratic congressman that this year would be different from 1994, because Democrats had him at the top. Ask Joe Manchin, among many others, how that's working out.

Rich Lowry is editor of the National Review.

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LAUREN, FROM 7

just going to focus on doing one thing for the remainder of the evening: I was just going to have fun.

From that moment on we did three or four more dances, I did not remember, nor do I remember any of the steps. There was one dance that I had no idea what I was doing, I just kept moving, and even danced a sloppy Charleston during certain parts so that I didn't look too ridiculous.

I left the dance floor with a great feeling, I had gotten an hour and a half workout, I had fun and I made new friends. The dancing was difficult at times, easier at others but I never gave up.

The more advanced members of the class stayed on the floor and danced a few songs with Mrs. Parker, dances that they knew by heart. I decided to have a seat and watch. They danced to Lady GaGa's 'Bad Romance' song and to another pop song.

I learned that line dancing is not just some country western dance where people kick up their boots and shout 'yeehaw!' but that line dancing is all around us, in pop music videos where a group of people are doing the same dance in the middle of a floor, and in musical movies where the main characters bust out in similar dance moves.

I sat down with Mrs. Parker briefly after the class and asked her how she got into teaching this awesome line dancing class. She replied with a heartfelt story, saying "I used to be overweight, and one day my son came into the room and said 'mom, you are almost filling up the whole recliner.' I was so embarrassed about my growing weight that I decided to do something about it. I picked up a line dancing video and started to exercise by dancing along to it." From that point Mrs. Parker told me about her instant love for the dancing and how by dancing she lost weight and is now doing it for a living.

"Line dancing has helped many of my students, from dealing with depression to the loss of a loved one. Each and every student who has been battling issues has told me just how much my dance classes have helped them overcome their struggles and how by just danc-

ing and having fun with other members that they have been healed," Mrs. Parker said.

If you are interested in trying out line dancing you can join the few and brave who dance at Cattle Annie's every Thursday. If you would rather not be out on the dance floor just yet, Mrs. Parker does teach smaller beginner group lessons. "I want to make it affordable and

fun for everyone," Mrs. Parker said as she told me the pricing for the private classes. It starts out at 20 dollars for a four week class, and up to 35 for the six week class. To sign up for Linda Parker's Line private line dancing class call her at 434-665-9750.

There will be a special Halloween Thriller workshop hosted at Cattle Annie's on Thursday, Oct. 28. It will be \$20

and will include dinner and learning the Thriller dance plus a few more dances. It begins at 5:30 pm and ends by 9 pm, but don't be surprised to see a few of the members staying a little later and still dancing. So come on out and try line dancing, you are not guaranteed to be an excellent dancer after one class, but you are guaranteed to have a good time and laugh.

Perhaps at yourself.

lauren@lynchburgtimes.com

Free Mammography Screenings

Monday, October 25, from 8 am to 4 pm

The Mammography Center, 20293 Timberlake Road, Lynchburg

The Mammography Center, Suite 15, 1900 Tate Springs, Lynchburg

The Centra Foundation and M.A.A.M. (Mammograms Annually A Must) are partnering to provide a free day of mammography screenings. Mammograms are the best option for identifying cancer at its earliest, most treatable stages.

Free screening mammograms will be offered to women 40 years of age or older who do not have health insurance or are underinsured and have not had a mammogram in the last year.

Space is limited. To make an appointment, please call 434-200-7890



1. U.S. STATES: Which of the United States has the nickname "Equality State"?
2. MOVIES: What kind of creature is Pumba in "The Lion King"?
3. ART: What movement was American painter Roy Lichtenstein associated with?
4. LANGUAGE: What does the Greek prefix "macro" mean?
5. TELEVISION: Who was the star of "The Rockford Files"?
6. HISTORY: How long did the Spanish Civil War last?
7. INVENTIONS: When were pay telephones invented?
8. GAMES: In which game did Nintendo's Mario make his appearance?
9. GEOGRAPHY: What is the capital of Turkey?
10. GENERAL KNOWLEDGE: What was the original name of Rutgers University?

Answers

1. Wyoming
2. Warthog
3. Pop Art
4. Large or great
5. James Garner
6. Three years, 1936-39
7. 1889
8. Donkey Kong
9. Ankara
10. Queen's College

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THE ILLUSTRATED BIBLE

So the great dragon was cast out, that serpent of old, called the Devil and Satan, who deceives the whole world; he was cast to the earth, and his angels were cast out with him.

☪ REVELATION 12:9 ☪

Detail of "Satan" by William Blake (1757-1827)



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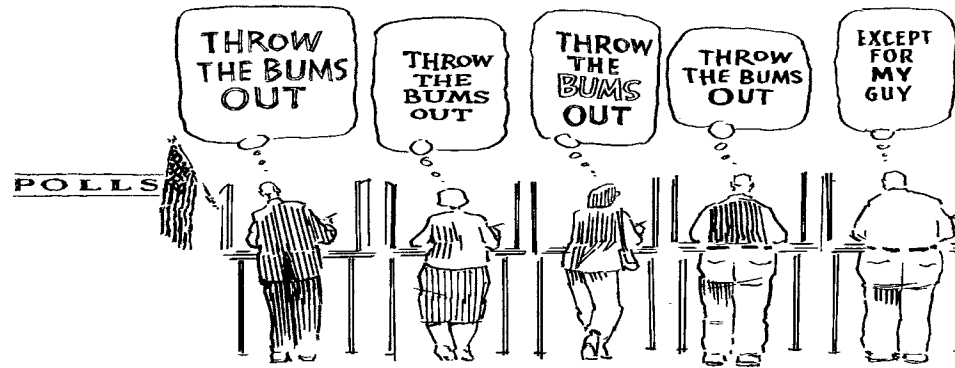
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REX BABIN THE SACRAMENTO Bee



Farve's Image Is Overexposed

It's week four of the NFL season as I write this, and Brett Favre is already apologizing -- but not for the 1-3 start or the seven interceptions he's thrown this season (which matches his total from last season). No, the ol' gunslinger is apologizing for being a distraction to his teammates, and in so doing, has basically turned the Minnesota Vikings into the league's most dysfunctional team.

Unless you've been trapped in a Chilean mine for the past few months, you now know that Favre, the statistical leader in most NFL passing records that matter, liked to show off his vital statistics in a series of made-for-Playgirl photo sessions. These texts -- long-distance bombs -- were passed to a young receiver named Jenn Sterger, who worked as the Jets' team hostess in 2008, the year before Favre left that team to become the Wrangler-wearing "purple Judas."

But Ms. Sterger wasn't his only receiver -- just his preferred one -- allegedly. Apparently not content to follow in the text-steps of similar sports icon Tiger Woods, Favre went the retired vice presidential route and texted up a few massage therapists. Apparently all of that lactic acid put a knot in his brain because one of them was married, and wouldn't you know it? Husbands don't like that sort of stuff.

No, Favre didn't want to be the team's distraction that week -- the week that just so happened to be the one where they played the Jets, in New York, on Monday Night Football. Oh ... and for good measure, they traded for Randy Moss that week, too. Watching Favre hook up with Moss in the Jets game was an electrifying thing to see. The day before, the previously unbeaten Chiefs basically lost their game when their receiver, Dwayne Bowe, couldn't haul down an easy pass in the end zone. Watching the automatic, blink-and-you-missed-it touchdowns by Favre and Moss had to have seen otherworldly for Kansas City.

An interception away from the Super Bowl last season, the acquisition of Moss, paired with Adrian Peterson, Jared Allen and a host of other stars, would seem to make it quite apparent that the Vikings are in a win-now, win-at-all-costs mode. Favre is scrambling for what remains of his career. For the past few seasons, Favre has dragged the league and media into an incredibly annoying "will he, or won't he" soap opera that seemed to be more about stroking his ego than bringing home the hardware. Some media complained about his overexposure.

Now, thanks to Ms. Stegger -- Favre's least favorite receiver -- it would seem we have all the proof, in fact, way much more proof than we needed in that regard.

Mark Vasto is a veteran sportswriter and publisher of *The Kansas City Luminary*.

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Smith Breakthrough

Racing in the Sprint Cup Series week to week is as tough for Regan Smith and Furniture Row Racing as it is for the points leader, Jimmie Johnson.

Probably tougher.

Still, given the limitations in resources at the small team, Smith is holding his own. Smith is 30th in the point standings and has made the field for every race. He is coming off his best finish of the season, a 12th at Auto Club Speedway in Fontana, Calif.

The 27-year-old Cato, N.Y., native was the 2008 Raybestos Rookie of the Year.

In 2008, Smith, then driving for Dale Earnhardt Inc., took the checkered flag a Cup race in Talladega, Ala. A controversial penalty for "passing under the yellow line" overturned the victory, which was awarded instead to Tony Stewart. The record books show Smith as finishing 18th.

A late caution flag in Fontana put Smith's No. 78 Chevy near the front of the field in the Pepsi Max 400. Crew chief Pete Rondeau elected to change two tires while the leaders were all changing four. That left Smith in second place and with 13 laps remaining, he briefly took the lead.

The worn left-side tires took a toll on Smith's performance, but it was worth a shot.

"Two tires worked for us," said Smith. "We

got the much-needed track position. Pete (Rondeau) made a really good call at the end. When we took the two tires, the car was pretty good. I was just lacking a little bit of grip to hold it for much more than that one lap. But to still maintain 12th was pretty good. It's just frustrating to



With limited resources, Regan Smith came away with his best finish of the season at Auto Club Speedway, finishing 12th. He overcame two early race penalties and took the lead briefly with 13 laps left. (John Clark/NASCAR This Week photo)

be so close to the top 10 and not get it."

What made the comeback even more noteworthy was the fact that Smith had twice been penalized earlier in the race.

"It was a roller-coaster day for us," he said. "We were running in the top 15 early and then got called for speeding twice on pit road, which moved us all the way back to the low 30s in track position.

"I guess misery loves company."

Monte Dutton has covered motorsports for *The Gaston (N.C.) Gazette* since 1993. He was named writer of the year by the National Motorsports Press Association in 2008. His blog *NASCAR This Week* (<http://nascar.rbma.com>) features all of his reporting on racing, roots music and life on the road. E-mail Monte at nascar_thisweek@yahoo.com.

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1. Who has won more Little League World Series -- U.S. teams or international teams?
2. Who was the last hitter before Oakland's Jack Cust (2007-09) to lead the American League in strikeouts three consecutive seasons?
3. Name the only place-kicker to win the NFL's regular-season MVP Award.
4. What was the first men's basketball team to play in the NCAA and NIT postseason tournaments in the same season and win the NCAA crown?
5. When was the last time before 2010 that the Philadelphia Flyers reached the Stanley Cup Finals?
6. Name the NASCAR Cup driver who won the Coca-Cola 600 three times during the 1990s.
7. Who are the two tennis players who have won Wimbledon's men's singles titles seven times each?

Answers

1. They are tied at 32 wins apiece through 2010.
2. Minnesota's Bobby Darwin, 1972-74.
3. Mark Moseley of the Washington Redskins, in 1982.
4. The University of Utah, in 1944.
5. It was 1997.
6. Jeff Gordon (1994, '97, '98).
7. Pete Sampras and William Renshaw.

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CDBG service funds weren't providing tangible results - Gillette



DOWNTOWN, from 1

that requirement in the service sector. We needed to place those monies in areas where tangible results could be seen, in the 'bricks and mortar' side of development," Gillette said.

When responding to the question that the amount provided to the service sector was a very small percentage of the full amount provided by the CDBG, Gillette pointed out that "We have the same accounting responsibilities to the government whether they have given us a \$1 grant or a \$1 million grant." Thus, the same amount of time, effort and money would have to go into monitoring the use of the funds regardless of the amount being used.

However, City Council is not planning to completely discontinue assistance to the service sector. They just will not use

HUD money to do so. Gillette stated that the current city budget has monies earmarked for service sector agencies. If the agencies meet the city's requirements, there is no reason that they would be denied funding.

With regard to the City's decision to allocate CDBG funds to help pay off a loan to the Craddock-Terry Hotel with an outstanding principal of \$2,480,000, Gillette pointed out that the original agreement to use those funds were made by the City Council ten years ago, long before any of the present members were on the Council.

"This agreement was made with a view that having such a hotel (the Craddock-Terry Hotel is a privately owned boutique hotel) in that part of town would help increase the desirability of development in the downtown area. This is in keeping with the long-term goal of revitalizing the downtown area. Revitalizing the downtown area helps to strengthen the city's tax base and deter neighborhood blight. I believe that is, in fact, what is happening."

Gillette continued, "I also think that if the present Council were to repudiate the original agreement, we would be negligent." Allocations of \$325,772 in fiscal year (FY) 2009 and \$318,284 for FY 2010 were paid from the CDBG funds towards that loan.

Gillette also pointed out that the CDBG monies which are being used to help pay off the loan would eventually be paid back by the Hotel, either at a point when the Hotel would begin to turn a profit or when the investment would reach a point where re-financing could occur.

Virginia getting out the military vote

By Stephen Groves
Virginia Statehouse News

The last election was the first time Del. Rich Anderson, R- Woodbridge, ever cast his vote in a booth.

For the previous 30 years, the career air-force officer sent his ballot from various military bases.

"I went through seven presidential elections wondering if my vote was counted," Anderson said.

But new regulations in the absentee voting system are working to make sure military personnel and overseas voters get their votes counted, which could play an important role in tight races.

For Virginians overseas, casting their vote can be tough. International mail, the constant change of living overseas, and sometimes the complications of fighting on the front-lines make the simple task of exercising a democratic right a challenge.

"Our men and women in uniform are making significant sacrifices on a daily basis to protect our rights, including our right to vote," said Eric Eversale, executive director of the Military Voter Protection Project. "The least we can do for them is to fight as hard for their voting rights as their fighting for ours."

The Commonwealth has had trouble with this in the past. Last year, the Department of Justice sued the state for failing to send over 2,000 absentee ballots to military and overseas personnel by the deadline of 45 days before the 2008 election.

But this election cycle looks like it may be different. Of the 132 Virginia voting localities, all but three sent out their military and overseas ballots by the Sept. 18 deadline. The three that missed the deadline, Accomack County and the cities of Suffolk and Buena Vista, did so due to clerical errors, but sent them out by Oct.

1. About 135 ballots went out late from the localities.

"Having been in litigation over an issue makes you very attentive to it," said Martha Brissette of the State Board of Elections.

Several laws passed in the last year also set new regulations. The Military and Overseas Voter Empowerment (MOVE) Act put strict deadlines on localities sending out ballots under the deadline and allowed ballots to be sent by email.

Overseas Virginia voters also can register to vote online at the Federal Voting Assistance Program website where they can print out a ballot. The Department of Defense has said that if military personnel send these ballots back by seven days before the election, they will express ship it to make sure it arrives in time.

The Virginia General Assembly also unanimously passed legislation to complement the MOVE Act. Localities must report that they have sent ballots out by the deadline and if there is a mistake, ballots can still be counted until 30 days after the election.

Anderson, who had just joined the General Assembly after a career in the Air Force, championed the legislation in the House. He said making Virginia a leader in military and overseas voting rights is important because of the large number of military personnel and veterans from the Commonwealth. There are over 100,000 military personnel and over 700,000 veterans in Virginia.

The use of online technologies could also get more military people voting said Bob Carey of the Federal Voting Assistance Program. He said the number of ballots downloaded from their website has multiplied five times from 2006.

This large percentage makes them a valuable demographic as candidates scramble to pick up precious

votes with election day less than two weeks away. In the Second District, which appears to be coming down to the wire, both candidates are courting the military vote.

The Department of Defense's announcing the closing of the Joint Forces Command (JFCOM) in the district has become a hot-button issue. Incumbent Democrat Rep. Glenn Nye has tried to pivot on the issue by leading the charge to save JFCOM. But his Republican challenger Scott Rigell accused Nye of "falling asleep at the wheel" for not being aware of the Department of Defense's plans.

"The military in recent years heavily supported Republicans," said Bob Holsworth, a political analyst. "There is certainly concern about the policies of the Obama administration, particularly the JFCOM decision."

Republicans hoping to get a boost from the military might be why their party has been particularly active in protecting the military vote this election cycle. The Republican National Lawyers Association called on the Department of Justice last week to do more to ensure the military gets their vote. But lawmakers like Anderson say their actions are not based on partisanship but policy.

"It doesn't matter if they are a Republican, Democrat, or independent," he said.

But every voter counts in an election year, which could let politics creep into the enforcement of the law.

"The MOVE Act was passed by a bi-partisan group of Senators and Representatives," Eversale said. "And the enforcement of that law should be equally bi-partisan."

NOTICE - ABANDONED VESSELS

Notice is hereby given that the following vessels have been abandoned for more than 60 days on the property of Blue Ridge Marine, 4588 South Amherst Hwy., Madison Heights, VA 24572, 434-455-2995. The vessels are:
A 2007 blue and white Bayliner, with hull identification number BBBA06CSF607 and registration number VA 7568 BM.A 1983,

17'6" Executive bowrider, brown and white, with hull identification number GALPE277M83A and registration number VA 8556 HH.

Application for Watercraft Registration/Title will be made in accordance with Section 29.1-733.1 of the Code of Virginia if these vessels are not claimed and removed within 30 days of the first publication of this notice.



• Keep shells from cracking when boiling eggs: Add a teaspoon of vinegar to the water. Also, if you stir the eggs constantly during cooking, your yolks will be centered in a hard-boiled egg.

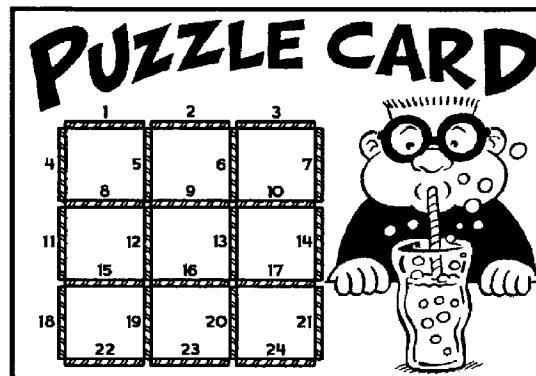
• "To make our luggage easier to see on the baggage carousel, my kids added a bumper sticker from the most recent place we visited. Now it's easy to spot. We plan to add more." -- I.D., via e-mail

• For a personalized pumpkin decoration, stencil the letters of your family name onto a series of small pumpkins. Cut out the letters. Add a small piece of tracing paper on the inside of the pumpkins, over the hole made by the letter. Add your candle or other lighting, and line them up.

• When making cookies, use an ice-cream scoop or a melon baler for uniform-size cookies.

• If you have problems with tears and watery, stinging eyes when cutting onions, remove the skin under water. Cut the top off an onion, and submerge it in a small bowl of water. Remove the outer layer and the skin while it's under water. Take it out and chop. This should lessen your symptoms.

• "Keep your robe (and slippers or whatever else) under the covers with you when you sleep. Pull it next to or over you a few minutes before you get up. Your robe will be nice and warm. Hopefully it will make getting out of bed a little less harsh when it's freezing in the house." -- B.M. in N.Y.



A BUBBLY BAFFLER! Billy knows how to remove eight of the straws in our drawing and have four squares left. Do you?

Answer: Remove straws 2, 9, 11, 12, 13, 14, 16 and 23.

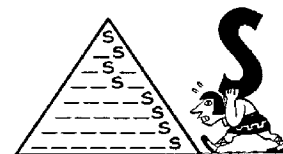
DON'T GET BOXED IN! How many squares and rectangles can you form by connecting the dots in our drawing?

Answer: We found 20 rectangles and squares of various sizes. Did you miss the two squares that you can form diagonally in the center?

THE "S" PYRAMID! As you move down the word pyramid shown here, each word contains the same letters as the word above it, plus a new letter. We give you all the S's. Here are some hints from the top down:

1. Symbol for sulfur (given).
2. For instance.
3. To seek an answer.
4. What we do in the sun.
5. Birds have them.
6. Cars must have them.
7. Large drinking cups.
8. Sweet places to work.

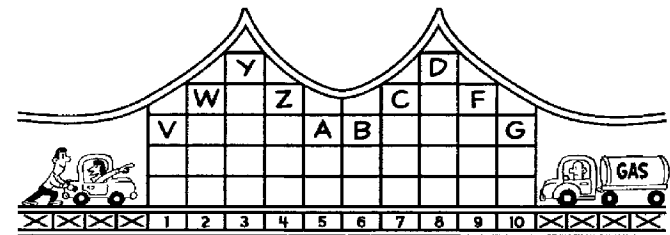
Answers: S, as, ask, bask, beaks, beakers, bakeries.



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A WORD BRIDGE!



Illustrated by David Coulson

The bridge above contains 10 supporting words. We give you the first letter of each word, plus plenty of hints.

1. Vitality and energy.
2. What we all work for.
3. World War II soldiers.
4. A Greek god.
5. Your goal in life.
6. A clothing protector.
7. A casual conversation.
8. Silly, foolish.
9. A person who snitches on someone (sl).
10. A type of feeling.

Answers: 1. Vim, 2. Wage, 3. Yanks, 4. Zeus, 5. Aim, 6. Bib, 7. Chat, 8. Daffy, 9. Fink, 10. Gut.



Baseball Cards

Q: I have a complete 1997 Fleer baseball card set. It is in mint condition, and I am now ready to sell. -- Steve, Austin, Texas

A: I checked several price guides, and they all seem to agree that your set is worth about \$100. The set is 761 cards including the checklist.

Q: I have two questions. An aunt recently gave me a "hot formed" glass vase, and neither one of us has any idea of exactly what this term means. My second question involves a glass bowl that is Kew Blas. What can you tell me about it? -- Susan, Surprise, Ariz.

A: Hot formed glass refers to a glass that is manipulated while it is still hot and pliable. Kew Blas glassware is an iridescent art glass that was manufactured in limited quantities by the Union Glass

Company of Somerville, Mass., from the late Victorian era to about 1915. This is exceptional glass and usually sells for a premium.

Q: I have a 33 rpm recording by Mae West and W.C. Fields on the Harmony label. Although it has been played, it is still in fairly decent shape. How much do you think it might be worth? -- Carl, Baltimore, Md.

A: Your LP was issued in about 1970 and is worth in the \$6 to \$10 range, according to the Official Price Guide to Records by Jerry Osborne (House of Collectibles).

Q: I have a child's comic book from the 1940s, a railroad pass from 1928, letters with old postage stamps and some other odds and ends. How do you recommend that I sell these items? -- Scott, Amarillo, Texas

A: Perhaps you should list them on eBay. That will allow a national audience of collectors to see them and determine if there is any interest.

Write to Larry Cox in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to questionsforcox@aol.com. Due to the large volume of mail he receives, Mr. Cox is unable to personally answer all reader questions. Do not send any materials requiring return mail.



1. Is the book of Nahum in the Old or New Testament or neither?
2. Man and woman came into being on what day of creation? First, Second, Third, Sixth?
3. How many windows were in Noah's Ark? Zero, 1, 52, 100
4. From Proverbs 15, what does a soft answer turneth away? Wisdom, Scorn, Wrath, Fear
5. Which apostle was shipwrecked three different times? Paul, Peter, Philip, James
6. Who was the father of David? Moses, Noah, Abraham, Jesse

ANSWERS: 1) Old; 2) Sixth; 3) 1; 4) Wrath; 5) Paul; 6) Jesse

Wilson Casey's "Golf Trivia" 2011 Box Calendar is now available from Sellers Publishing.

Federal judge to rule on health insurance mandate by year's end



“This case is ultimately not about health insurance or health care. This case is about protecting liberty. It is about the outer-reach of federal power ...” Va. Attorney General Ken Cuccinelli

By Stephen Groves
Virginia Statehouse News

The new federal health care reform law faced a major test on Monday in U.S. District Court in Richmond, as lawyers for Virginia argued against its constitutionality.

Judge Henry E. Hudson said he would have a decision by the end of the year, but acknowledged, “As you well know, this is only one brief stop on the way to the United States Supreme Court.”

The Commonwealth is attacking the mandate of the new law that requires all individuals to have health insurance — even if they have to buy it themselves — by 2014 or face a fine.

Hudson said that he sees the case boiling down to the question of whether or not Congress can regulate inactivity — such as individuals deciding against buy-

ing health insurance.

Currently, 20 other states are suing the federal government in a similar case in Florida. Virginia Attorney General Ken Cuccinelli decided to file a separate lawsuit because a current Virginia law stands in direct conflict with the health care law.

On March 23, just moments after the health care bill was signed into law, Cuccinelli filed the lawsuit against the federal government. Several weeks earlier, in anticipation of the federal law, Gov. Bob McDonnell had approved the Health Care Freedom Act passed by the legislature that states Virginians cannot be required to purchase health insurance.

U.S. Department of Justice lawyers, defending President Barack Obama's administration, argued on Monday that everyone uses the health care system simply by living, and Congress can im-

pose a “minimum coverage” provision. Uninsured individuals cost the American economy an estimated \$43 billion every year, they said.

Lawyers for the Commonwealth argued that the U.S. Constitution doesn't give Congress the power to make people buy any product.

“The government is attempting to stretch the constitution's Commerce Clause to allow it to regulate inactivity, something that it has never done before,” Cuccinelli said after the hearing.

Both sides also argued over whether or not the fine imposed for not purchasing health insurance is a tax.

“The law they passed says the mandate was a penalty, not a tax,” Cuccinelli said.

He said that Obama himself explained the health insurance mandate as a penalty, not a tax.

But federal government lawyers said the health insurance mandate falls under Congress' taxing powers and that Obama “didn't say it wasn't a tax, he said it was not a tax increase.”

At the press conference after the hearing, Cuccinelli painted the lawsuit as a battle over the limits of government.

“This case is ultimately not about health insurance or health care. This case is about protecting liberty. It is about the outer-reach of federal power ...” Cuccinelli said. “If Virginia loses this fight and the federal government is allowed to cross this line, Congress will be granted virtually an unlimited power to order you to buy anything.”

He compared the courtroom battle to the American colonists' complaint in 1774 against the British government over regulating commerce. He also said he expects his arguments to prevail.

If the health care law is ruled unconstitutional, it's possible the entire law would be nullified. The law doesn't have a severability clause, which means single statutes can't be cut out of it.

The Department of Justice responded to the case in a written statement: “The Department of Justice will vigorously defend the health care reform statute in any litigation challenging it on constitutional or other grounds. We are confident that this statute is constitutional and that we will prevail.”

There are more than a dozen current

lawsuits challenging the health care reform law. Last week in the Florida case, the judge ruled the case can move forward to a hearing. But in a Michigan case earlier this month, a judge ruled Congress didn't overstep its authority. The Supreme Court will likely decide the matter.

The first set of health reforms took effect on Sept. 23, but the law is not scheduled to be fully implemented until 2014.

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Top 10 Video Rentals

1. **Robin Hood** (PG-13) Russell Crowe
2. **Prince of Persia: Sands of Time** (PG-13) Jake Gyllenhaal
3. **Killers** (PG-13) Ashton Kutcher
4. **Letters to Juliet** (PG) Amanda Seyfried
5. **Just Wright** (PG) Queen Latifah
6. **Date Night** (PG-13) Steve Carell
7. **Solitary Man** (R) Michael Douglas

8. **The Experiment** (R) Adrien Brody
9. **Marmaduke** (PG) Owen Wilson
10. **The Back-Up Plan** (PG-13) Jennifer Lopez

Top 10 DVD Sales

1. **Tinker Bell & the Great Fairy Rescue** (G) (Buena Vista)
2. **Robin Hood** (PG-13) (Universal)
3. **Prince of Persia: Sands of Time** (PG-13) (Buena Vista)
4. **Letters to Juliet** (PG) (Summit)
5. **Barbie: A Fashion Fairytale** (NR) (Universal)
6. **How I Met Your Mother: Complete Season 5**
7. **Spartacus: Blood and Sand** (M) (Anchor Bay)
8. **Modern Family: 1st Season** (NR) (20th Century Fox)
9. **Castle: Complete 2nd Season** (NR) (Buena Vista)
10. **The Big Bang Theory: The Complete Third Season** (NR) (Warner)

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Chartbusters

Top 10 Pop Singles

- | | |
|--|-----------|
| This Week..... | Last Week |
| 1. Bruno Mars | No. 1 |
| "Just the Way You Are" (Elektra) | |
| 2. Far East Movement f/ Cataracs & Dev | No. 6 |
| "Like a G6" (Cherrytree) | |
| 3. Katy Perry | No. 2 |
| "Teenage Dream" (Capitol) | |
| 4. Nelly | No. 7 |
| "Just a Dream" (Derrty) | |
| 5. Usher feat. Pitbull | No. 4 |
| "DJ Got Us Fallin' In Love" (LaFace) | |
| 6. Taio Cruz | No. 5 |
| "Dynamite" (Mercury) | |
| 7. Eminem feat. Rihanna | No. 3 |
| "Love the Way You Lie" (Web/Shady/Aftermath) | |
| 8. Rihanna | No. 8 |
| "Only Girl (In the World)" (SRP/Def Jam) | |
| 9. Enrique Iglesias feat. Pitbull | No. 9 |
| "I Like It" (Universal Republic) | |
| 10. Flo Rida feat. David Guetta | No. 10 |
| "Club Can't Handle Me" (Poe Boy) | |

- | | |
|---|-------|
| "A Thousand Suns" (Warner Bros.) | |
| 9. Maroon 5 | No. 2 |
| "Hands All Over" (A&M/Octone) | |
| 10. Selena Gomez & The Scene | No. 4 |
| "A Year Without Rain" (Hollywood) | |



Selena Gomez

Top 10 Hot Country Singles

- | | |
|---|-----------|
| This Week..... | Last Week |
| 1. Kenny Chesney | No. 1 |
| "The Boys of Fall" (BNA) | |
| 2. Josh Turner | No. 2 |
| "All Over Me" (MCA Nashville) | |
| 3. Darius Rucker | No. 5 |
| "Come Back Song" (Capitol Nashville) | |
| 4. Easton Corbin | No. 3 |
| "Roll With It" (Mercury) | |
| 5. Sugarland | No. 7 |
| "Stuck Like Glue" (Mercury) | |
| 6. Lady Antebellum | No. 4 |
| "Our Kind of Love" (Capitol Nashville) | |
| 7. Taylor Swift | No. 8 |
| "Mine" (Big Machine) | |
| 8. Rodney Atkins | No. 10 |
| "Farmer's Daughter" (Curb) | |
| 9. Zac Brown Band feat. Alan Jackson | No. 12 |
| "As She's Walking Away" (Capitol Nashville) | |
| 10. Little Big Town | No. 6 |
| "Little White Church" (Capitol Nashville) | |

Top 10 Albums

- | | |
|--|-----------|
| This Week..... | Last Week |
| 1. Kenny Chesney | new entry |
| "Hemingway's Whiskey" (BNA) | |
| 2. Lil Wayne | new entry |
| "I Am Not a Human Being" (Cash Money/Universal Motown) | |
| 3. Zac Brown Band | No. 1 |
| "You Get What You Give" (Southern Ground) | |
| 4. Gucci Mane | new entry |
| "The Appeal: Georgia's Most Wanted" (1017 Brick) | |
| 5. Eminem | No. 6 |
| "Recovery" (Web/Shady/Aftermath/Interscope) | |
| 6. Eric Clapton | new entry |
| "Clapton" (Duck/Reprise) | |
| 7. Trey Songz | No. 7 |
| "Passion, Pain & Pleasure" (Songbook/Atlantic) | |
| 8. Linkin Park | No. 3 |

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PICKS OF THE WEEK

"Toy Story 3" (G) -- Hands-down, one of the top three films of the year, and Disney is pulling out the stops with its home-video releases. There's a four-disc (two DVD, two Blu-Ray) combo that is packed to the rafters with special features that include tons of behind-the-scenes featurettes and games. Also being released this week is a massive 10-disc boxed set of the entire "Toy Story" trilogy packaged in a cute little toy box.

"The Bridge on the River Kwai" (PG) -- Alec Guinness gives a bravura performance in David Lean's epic 1957 tale of a British colonel leading his fellow prisoners of war to build a bridge for their Japanese captors during World War II. This commemorative set includes a 35-page book with stories and photos from the production, lobby cards, a clip from "The Steve Allen Show" featuring Guinness and co-star William Holden, and archival audio of Holden narrating the premier of the film.

"The Sound of Music" (45th Anniversary Edition) (G) -- Like "The Wizard of Oz," "The Sound of Music" is one of those timeless musicals that is discovered and embraced by every generation since its release. Like most anniversary releases, there are several different packages you can choose from depending on how many special features you want and whether you have Blu-Ray or just DVD. The biggest and best release is the \$70 Limited Edition Collector's set, which includes 2 Blu-Ray and 1 DVD, a CD of the soundtrack, a 100-page "My Favorite Things" scrapbook, a reproduction of the 1965 souvenir program and a limited edition music box.

"Winnebago Man" (NR) -- Jack Rebney isn't a household word, but those who enjoy a hilarious viral video know him as The Winnebago Man, or "The Angriest Man in the World." A compilation video of him having a series of profanity-laden meltdowns while trying to film a promotional video of a Winnebago he's trying to sell has been making the rounds for 20 years. "Winnebago Man" is a documentary about a guy who goes in search of Rebney, who disappeared two decades ago. He finds the elderly motorhome salesman living alone on a mountaintop, completely unaware of his cult fame.



Buzz Lightyear from "Toy Story 3"

TV SERIES

- "HBO's The Pacific"
- "The Larry Sanders Show" The Complete Series
- "Beverly Hills 90210" The 10th and Final Season
- "Deadliest Catch" Season Six
- "V" The Complete First Season
- "The Fugitive" The Fourth and Final Season, Volume One
- "Mad About You" The Complete Fifth Season
- "The Facts of Life" The Complete Fifth Season
- "Hannah Montana" Who Is Hannah Montana
- "Nip/Tuck" The Complete Series
- "Kathy Griffin -- My Life on the D-List" Season Two

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CLERK, from 1

years as Chief Deputy Clerk. This gives him a strong inside knowledge of the workings of the office. He was also instrumental in helping the office incorporate computers and training personnel in the Financial, Case and Records Management Systems when he was Chief Deputy Clerk. He has worked to continue to keep the office working efficiently in spite of the budget crunches and the downsizing of personnel.

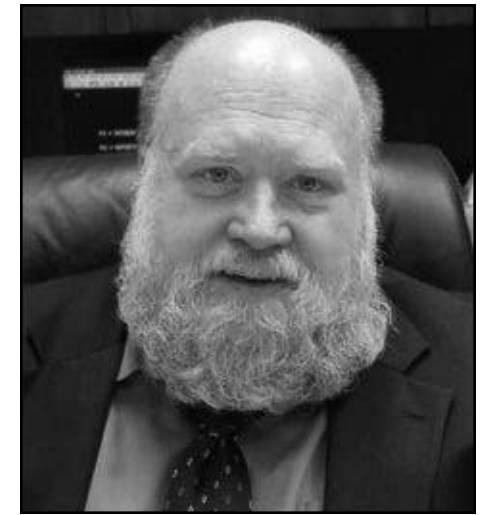
Wingfield has been recognized as a strong leader and administrator. During his law enforcement career, he worked closely with the criminal section of the Clerk's office. Also, his wife Jeannine was supervisor of that section for 31 years.

Wingfield has received Palmer's endorsement. When asked his reasons, Palmer replied, "Ron is a good guy. I just think that Eugene is probably better equipped as a manager." Wingfield was Captain of the Lynchburg Police Force before he retired in 2005.

A Circuit Court Clerk is an administrator and the financial officer for the court. Irvine, in his role as Chief Deputy Clerk, was charged with administering the budget. In fact, his educational background was in accounting and budgeting administration.

These members of the judicial branch of government act as the keepers of the records for the court. Everything that is seen in court goes through the desk of the Circuit Clerk first. Anyone wanting to research a case does it at the Circuit Court's offices.

Besides needing to be a good administrator and financial officer, the Clerk and his offices are charged with over 800 responsibilities and duties in the Code of Virginia, including the custody and safekeeping of legal documents, the filing and docketing of criminal and civil cases, assessment of fines and cost, docketing judgments, recording land records, probating wills, issuing marriage licenses, processing district court appeals and executing bonds and administering oaths.



On Nov. 2nd, Lynchburg voters will choose someone to fill the unexpired term of Circuit Court Clerk. Both candidates offer extensive management experience in the legal system. Eugene Wingfield (left) is a retired Lynchburg Police Captain who is presently working as the investigator in the Lynchburg Commonwealth's Attorney's Office. Ronald "Ron" Irvine (right) was appointed to fill the clerk position following the retirement of Clerk Larry Palmer. Irvine worked at the Clerk's office for 23 years and was Chief Deputy Clerk.

The Circuit Court Clerk inspects civil, criminal, juvenile, and probate filings to confirm that they are complete. They open up a record on each filing, which will be used to track the filing as it moves through the court. Circuit Clerks regularly attend court or send their assistants to court as their representatives. They keep copies of documents presented in court, final rulings, and other information.

Another responsibility of the Circuit Clerks is keeping records of monies that have moved through the court. They may also act as collection agents. However, this job can be contracted out to companies that specialize in such work to more efficiently collect past-due fees owed to the court.

These court officers also provide information about the court to people attending court, ranging from answering questions about court hours to helping people with legal filings.

With all of these responsibilities, the Circuit Court Clerk has a team of employees to help. The work in even a small court can be overwhelming for one person. Thus, when reflecting on the capabilities of the vying candidates, working with less money and less people will be a key issue, which

both candidates recognize.

As Irvine has pointed out, "I am committed to keeping this office as efficient as possible. I have worked long hours since being appointed to keeping the office up to date with all recordings and other court functions even during the budget crunches and downsizing of office personnel."

Wingfield, for his part, states that he will, "Review all current office operations, responsibilities and resources in order to address current and expected state budget restraints."

What do these candidates see as being the most important function of the Clerk's office?

Irvine believes that it is, "...to try and help the public as best we can and process and protect all the records of this office as efficiently as possible."

Wingfield says it is "to serve the Lynchburg community by being a professional guardian of the records."

As this is a special election, the two men are campaigning for a position whose term will end next year. Next fall, a whole new campaign will have to be undertaken. The Clerk's job is normally for an eight-year term.

yvonne@lynchburgtimes.com

**When to Call the Vet**

DEAR PAW'S CORNER: Since becoming a cat owner (I adopted "Sally" in March), I've had this fear that something will go wrong with her and I won't catch it in time, like an illness or injury. Sometimes she meows a lot, and I'm not sure why it is, but I'm embarrassed to contact the veterinarian because it doesn't seem like a big problem. When should I call the vet? -- Gerry T., via e-mail

DEAR GERRY: That you're worried about the possibility of Sally getting sick shows that you're a caring pet owner, and that you probably keep

a close eye on her general health and behavior. I can understand your worrying about an illness going undetected, especially if you're a first-time owner.

Most veterinarians are understanding and available to check out Sally anytime you're not sure about her general health. You should always be able to call the vet's office with questions, and if a phone call doesn't allay your concerns, the front desk should schedule a visit with the vet and not put you off.

While it's unlikely that a healthy, well-adjusted cat will have an emergency, it pays to be prepared. For example, your cat might be attacked by another pet and suffer injuries. Have some basic first-aid supplies on hand and easy to access just in case: gauze bandages, disinfectant, an emergency blanket. Also, have the number of the nearest 24-hour emergency veterinary clinic posted next to your phone or in your mobile phone's address book, in addition to the regular vet's number.

Have a question about your pet? Contact Sam at ask@pawscorner.com, or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. Find more pet advice and resources at www.pawscorner.com.

The news



Campbell County Sheriff's Office

On Monday, October 18, 2010 four different drink machines throughout Campbell County were broken into and damaged. During the incidents an undisclosed amount of money was taken from each machine. These same three suspects are believed to be involved in a breaking and entering in the town of Altavista where flat screen televisions and a safe were taken. The unidentified suspects are believed to be operating a blue in color mid 90's model Ford Mustang with visible repair work done on the right side of the vehicle. The repair is silver/gray in color.

The Campbell County Sheriff's Office is also investigating two separate larcenies:

#1 – Saturday, October 9th, 2010 at approximately 7:30 p.m. An unknown suspect, operating a mid 90's Chevrolet or GMC pickup pulling a double axle trailer, stole two commercial Kubota mowers valued at over \$16,000 from Farm Service Company located at 13693 Wards Rd. Lynchburg, VA. The mowers are described as follows:

Kubota ZG227/L 54" deck mower, gas powered, orange in color

Kubota ZD221 diesel powered, orange in color

The suspect is believed to be a white male wearing a ball cap, coat, and jeans. The suspect used a key and drove the mowers onto the trailer. He left traveling South on Rt. 29.

#2 – Two larcenies from private property along Route 43, Bedford Highway, near Carter's Store in Lynch Station, VA. The property borders the Stanton River and can be seen from the highway. Both larcenies were from a locked storage shed located on the property. The entrance to the property is controlled by an access

gate that was secured with a lock and chain. The incidents took place as follows:



9/30/10, 11:00 p.m., two unknown white males (as seen in surveillance photos), cut the lock on the access gate with bolt cutters, drove onto the property, and cut the lock from the storage building. The suspects stole a "Coldzone" refrigeration unit, model FC9. The unit weighed approximately 670 lbs. and is valued at \$2000.



10/4/10, 4:30 p.m., unknown suspect operating a dark green mini van, possibly a Dodge or Plymouth cut the lock to the access gate. The van had several fishing reels strapped to the top. The suspect stole an aluminum "john" boat valued at \$1000.

Anyone with any information regarding these crimes or the identity of the suspects is asked to call Crime Stoppers at 1-888-798-5900, visit the Central Virginia Crime Stoppers website at www.cvrimestoppers.org to enter a web tip, or text "CVCS plus your message" to 274637.

Heritage High School receives \$25,000 scholarship donation from law firm

Heritage High School is the recipient of a \$25,000 donation for science scholarships from food safety law firm Marler Clark. The Seattle-based law firm works nationwide on behalf of victims of foodborne illness, and represented many in the 2008-2009 outbreak of Salmonella in peanut products produced by the Peanut Corporation of America (PCA) that was headquartered in Lynchburg.

"We represented dozens of people sickened by PCA products, including families that lost family members to the outbreak," said Marler Clark managing partner Bill Marler. "An enormous amount of sickness and loss was caused by PCA ignoring good food safety practices – which is why we need regulation with enforcement. The Food Safety Modernization Act (S. 510) would facilitate the identification—and if necessary, closure—of businesses that endanger public health. We also feel that it is best to invest in the next generation, and encourage them to take the fight forward. This scholarship donation is our way of doing that."

Marler Clark is the nation's foremost law firm working in the area of foodborne illness. Their advocacy for better food includes consumer education, speeches, scholarships, Congressional testimony, and donations like this one to help students in areas impacted by foodborne illness outbreaks.

Marler Clark has represented victims of every major foodborne illness outbreak since 1993. The firm's attorneys have litigated high-profile food poisoning cases against such companies as ConAgra, Wendy's, Chili's, Chi-Chi's, and Jack in the Box. Marler Clark currently represents thousands of victims of outbreaks traced to frozen meals, ground beef, tomatoes, peppers, lettuce, peanut butter, and spinach, as well as other foods. For further information contact Mary Siceloff at 206-719-4705 or msiceloff@marlerclark.com or visit www.MarlerClark.com and www.marlerblog.com.

Treble Tapestry Nov. concerts

Treble Tapestry, a premier women's choral ensemble located in the Lynchburg area, will inaugurate our 5th Season with two concerts, November 6th, 7:30 p.m. at Quaker Memorial Presbyterian

Church, 5810 Fort Avenue, Lynchburg and November 7th, 4:00 p.m. at Bedford Presbyterian Church, 105 W Main Street, Bedford. The Fall concert theme of "Angels Unawares" is taken from the Hebrews 13: 2 text: Be not forgetful to entertain strangers: for thereby some have entertained angels unawares. Selections will include pieces based on Biblical passages and spirituals. There will be something to suit every taste! Please put the dates on your calendars, and plan to attend and enjoy a wonderful evening of beautiful concert literature for women's voices. Concerts are free and open to the public. Tickets are not required, but we appreciate your support in the form of tax deductible donations which may be left in the vestibule or narthex.

Unique exhibit aims to restore art and help students

E.C. Glass currently holds 152 original pieces of art dating back to 1895. On Sunday, November 7, 2010, from 1:00 – 5:00 p.m. the Friends of the E.C. Glass Art collection will hold a free open house for the public to view this collection. The exhibit is entitled, "The E.C. Glass Art Collection: A Rich History, Recent Discoveries, A Brilliant Future".

This is the first exhibition of the collection in 25 years. The Friends of the E.C. Glass Art Collection recently formed to celebrate, preserve and promote the collection and to use the collection to benefit Lynchburg City Schools' students. The organization consists of current E.C. Glass students, alumni, faculty, and other interested Lynchburg citizens.

Thirty-five paintings have been identified as needing repair, reframing and cleaning. During the November open house, donations will be collected to help repair these works. In addition, the Friends of the E.C. Glass Art Collection will expand the use of this unique asset to generate income for the benefit of all Lynchburg City School students, and the art in the collection will continue to be used to educate our students about art, literature, history, and culture – enhancing the State of Virginia's Standards of Learning objectives.

*Send your news tips
and briefs to:
news@lynchburgtimes.com*

My most recent 10 seconds on the national stage

'Reality TV', DC Housewives, Bianchini and history – an ugly combination

Roger Bianchini writes occasionally for The Lynchburg Times although his main role is that of star reporter and managing editor for our sister publication Warren County Report, which jumped to national prominence when two of its readers, Tareq and Michaele Salahi, attended a certain White House State Dinner on their road to reality TV fame.

By Roger Bianchini
The Lynchburg Times

Yes, yes, you all, just get in line to touch the hem of the garment of your favorite “local reporter who has been covering the Salahis and the sometime bitter dispute over the family winery for years” – the reporter who got his 10 seconds of SPEAKING (eat your heart out, McDermott) fame on the nationally televised and eagerly (I guess) anticipated final season episode of the Real Housewives of D.C.

About 55 minutes in to that episode, “Party Politics”, I was fearing I’d been left on the cutting room floor after being alerted to the possibility by show producers a week earlier that an interview I’d done with NBC TV 4 in Washington, DC nearly a year ago might be included in the season’s final episode. But never fear – what national TV producer once alerted to the Bianchini charisma, the journalistic insight, the TV-friendly smile, actually more of a good-natured smirk, could snip, snip the magic away?

Apparently, not those from Half Yard Productions.

Suddenly and dramatically I, well my disembodied voice, rose up if not Biblically at least sort of TV magically in a voice over as the familiar image of Tareq and Michaele Salahi strolling into the first White House State Dinner of the Obama Administration graced the screen following a lead in about “where were the couple” in the wake of the explosion of publicity about an incident that enflamed the national tabloid media, and distracted the allegedly “serious” national media from the implications of the state dinner on relations between



the U.S. and the world’s most populous nuclear power in the world’s most unstable geographical region – and even got a few people, including a White House social secretary and some Secret Service personnel, either fired or stretched out under the lash of embarrassed superiors.

What’s the fuss, some asked.

Well, if THEY can do it, who’s next?

Do what?

Well, breach White House security allegedly with nothing more than your smiles, sari, tux, and new hair do, and get hand-around-the-shoulder friendly with the vice president and within spitball distance of a President of the United States many disturbed people in the world, and more troubling in this nation itself, would like to hit with more than a spitball.

What do locals think of the couple that

was nowhere to be found as the DC media horde descended on Warren County for answers? – Who better to ask than that “expert” tracking the couple’s family infighting and shenanigans “for years”?

“Well if you ask f-f-fans,” I began, drawing the word out (I was making this up on the spot, folks), “of the couple, they are the prince and princess and international good will ambassadors (of Oasis Vineyards I might have elaborated). Talk to critics and they are seen as dilettante, jet set squanderers of resources and bankrupters of the family business – take your pick,” I replied, eyebrows arching, smile-smirk broadening.

Then alas, my rainy moment in the “Reality TV” sun was over.

A quick high five and a replay or two of our DVR recording as the other D.C.

housewives continued their brutal assessment of a couple they see as even more self-centered and manipulative than themselves – and in a television-land venue where ego and personal manipulation is the gold standard of involvement, that is quite an indictment.

Ah, the memories.

The interview occurred in front of the Salahis’ slightly upper middle class house in Mosby Estates just on the Front Royal side of Linden’s Apple House Restaurant during the national media frenzy over Warren County’s now most famous couple and then recently alleged White House gatecrashers.

I remember it had just started raining – I wore a hat for my second and expanded interview a few minutes later with Fox News

See REALITY TV, 19

Jill Jackson's HOLLYWOOD

HOLLYWOOD ... For those of you lucky enough to visit Salzburg, Austria, see the church where the **Von Trapps** were married and pick edelweiss high in the Alps, your memories of the 1965 film "The Sound of Music" are very special indeed. The rest of us must be content with impressions of the actors who played their roles so well.

Here's what's happened to the cast in the past 45 years:

Julie Andrews (Maria) is still very active at 74. She won an Oscar before "The Sound of Music," for "Mary Poppins," and received her third nod for "Victor/Victoria" in 1982. She still lives with her second husband, director **Blake Edwards**, and has written 23 children's books. Her latest, "The Very Fairy Princess," written with her daughter, Emma Walton, went to No. 1 on "The New York Times" bestseller list.

Christopher Plummer (Baron von Trapp), now 80, received his first Oscar nomination last year for "The Last Station." He married his third wife, **Alaine Taylor**, in 1970. They live in Connecticut.

Eleanor Parker (The Baroness), 88, married four times, has a son, Paul, from her third marriage and currently lives with her fourth husband, **Raymond Hirsch**.

Peggy Wood (Mother Superior) died in 1978 at the age of 86.



Members of "The Sound of Music" cast reunite in 1973 in Beverly Hills. From left: Charmian Carr, Duane Chase, Heather Menzies, Nicholas Hammond, Julie Andrews, Angela Cartwright and Kym Karath. (Tony Rizzo photo)

Richard Haydn (Max) died in 1985 at the age of 80.
Charmian Carr (Liesl), now 67, played opposite **Anthony Perkins** in the '66 TV musical "Evening Primrose" by **Stephen Sondheim**. She wrote two books, "Forever Liesl" and "Letters to Liesl." She has two daughters and divorced **Jay Brent** in 1971.

Nicholas Hammond (Friedrich), now 60, was in "The Lord of the Flies" and starred in mini-series "Moby Dick," "On the Beach" and "Salem's Lot." He lives in Sydney, Australia, with **Robyn Nevin**.

Heather Menzies (Louisa), now 60, also acted with Julie Andrews in "Hawaii". She never remarried after her husband, **Robert Urich** ("Spenser for Hire"), died in 2002. She has three children and two grandchildren and lives in Los Angeles.

Duane Chase (Kurt), now 59, stopped acting after high school and got his master's degree in geology. He lives in Seattle.

Angela Cartwright (Brigitta), now 58, starred in the TV series "Make Room for Daddy" and "Lost In Space." In '79, she did "Beyond the Poseidon Adventure" and in 1998, a cameo in the film version of "Lost In Space." In 1976, she married **Steve Gullion**; they have two children, Jesse and Rebecca.

Debbie Turner (Marta), now 54, moved to Chanhassen, Minn., in 1985. She has four daughters with husband **Richard Larson**.

Kym Karath (Gretl), now 52, moved to Paris, got a degree in humanities and at 26 married **Phillippe L. Equibec**. They have a son, Eric.

Several special events are planned to celebrate the film's 45th anniversary. On Friday, Oct. 29, you'll be able to see the entire surviving cast of "The Sound of Music" live and in person on a very special episode of "The Oprah Winfrey Show." And on Nov. 2, the Blu-ray edition of the film will be released. Enjoy!

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1. The Social Network (PG-13) Jesse Eisenberg, Justin Timberlake
2. Life As We Know It (PG-13) Katherine Heigl, Josh Duhamel

3. Secretariat (PG) Diane Lane, John Malkovich
4. Legend of the Guardians: The Owls of Ga'Hoole (PG) animated
5. My Soul to Take (R) Max Thieriot, John Magaro
6. The Town (R) Ben Affleck, Jon Hamm
7. Wall Street: Money Never Sleeps (PG-13) Michael Douglas, Shia LaBeouf
8. Easy A (PG-13) Emma Stone, Penn Badgley
9. Case 39 (R) Renee Zellweger, Ian McShane
10. You Again (PG) Kirsten Bell, Jamie Lee Curtis

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the role of Jim Rockford. Dermot has been keeping busy, however, shooting the feature films "The Family Tree" and "Inhale," and beginning work on "The Riot."

Q: My husband and I love William Powell in any movie, especially "The Thin Man." We have tried to learn more about him at the library, but can't seem to find much. Can you tell me about his personal life: children, wives, when he died and where he was buried? -- Lisa S., Clarksville, Tenn.

A: William Powell, who won the Best Actor Academy Award for his role in 1935's "The Thin Man" (and again for "My Man Godfrey" and "Life With Father"), was

Q: I am a great fan of Zachary Quinto of "Heroes." Now that the show has been canceled, what else can I see him in? Also, will there be a sequel to "Star Trek," and will he play Spock again? -- Marie K., Port Charlotte, Fla.

A: Zachary will be back to reprise his role as Spock in the as-yet-untitled sequel to 2009's smash-hit reboot of the popular sci-fi series, "Star Trek." Pretty much all the principal stars are back on board for the follow-up movie, which is due to hit theaters in summer 2012. Quinto recently completed two movies, "Girl Walks Into a Bar" with Josh Hartnett and Danny DeVito, and "Margin Call" with Kevin Spacey, Jeremy Irons and Paul Bettany.

Q: I haven't seen anything about "Sons of Anarchy" returning to FX. Please tell me it hasn't been canceled. -- Pam M., Southbury, Conn.

A: Season three of "Sons of Anarchy" attracted almost 5 million viewers per week, making it FX's highest rated series ever, so you can bet it'll be back for a fourth season. Charlie Hunnam, Ron Perlman and Katey Sagal all will return for a 13-episode season next year. I'll keep you posted on the exact date as it becomes available.

Q: What can you tell me about actor Dermot Mulroney? I love his acting and wonder why we don't see more of him. -- Sharon F., Hamden, Conn.

A: Dermot was slated to star in the "Rockford Files" reboot for NBC, but he was dropped when NBC execs were not satisfied with the pilot episode. Word is that Josh Holloway of "Lost" is in the running to take over



Zachary Quinto

married three times. His first wife, Eileen Wilson, bore him his only child, son William David, who committed suicide in 1968 after a period of poor health. He also was married to actress Carole Lombard from 1931-33, but his third and final wife, actress Diane Lewis, was the one who stuck. They were married from 1940 until William's death from cardiac arrest in 1984 at the age of 91. He is buried in Desert Memorial Park in Palm Springs, Calif. Other famous "residents" include Frank Sinatra and Sonny Bono, as well as William Jr. and Diane (who passed away in 1997).

Write to Cindy at King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475; or e-mail her at letters@cindyelavsky.com. For more news and extended interviews, visit www.celebrityextraonline.com and twitter.com/Celebrity_Extra.

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Salome's Stars

ARIES (March 21 to April 19) Deciding to work out that pesky problem (even though you might have been bored, bored, bored with it) should be paying off right about now. Expect to hear some very welcome news very soon.

TAURUS (April 20 to May 20) Unexpected news might cause you to rethink a previous conclusion. Don't be bullheaded and try to bluff it out. Make the needed change, and then take a bow for your objectivity.

GEMINI (May 21 to June 20) Money-matters should be considered as you continue to work out your holiday plans. This is a good time to scout out discounts before demand for them outstrips their availability.

CANCER (June 21 to July 22) A calm period early in the week helps you complete most, if not all, of your unfinished tasks. A new project appears by midweek, and this one could carry some big career potential.

LEO (July 23 to August 22) Positive results from recent ventures continue to pump up those self-esteem levels, making you Fabulous Felines feel you can tackle any challenge anyone wants to throw at you.

VIRGO (August 23 to September 22) Family and friends might feel neglected because of your almost total focus on a project. Try to rework your schedule

so you can have time for both your loved ones and your work.

LIBRA (September 23 to October 22) Don't be surprised if you suddenly hear from someone from your past who wants to contact you about the possibility of renewing a long-dormant (if not dead) relationship.

SCORPIO (October 23 to November 21) This is a good time to check over what went right and what went wrong with recent efforts. This can provide valuable lessons for projects that will be coming up soon.

SAGITTARIUS (November 22 to December 21) Dealing with people who feel they're always right about everything might be a problem for some. But the savvy Archer should be able to deflate their over-size egos.

CAPRICORN (December 22 to January 19) This week favors a balance between the demands of your work and your need for fun timeouts. Taking breaks helps restore and keep your energy levels high.

AQUARIUS (January 20 to February 18) There could be an occasional setback in what you're working on. But look at them as lessons on how to do better as you move along. More supporters turn up to cheer you on.

PISCES (February 19 to March 20) Although a more positive aspect influences this week's course, you still need to be sure that those who will work with you have no reason to work against you. Good luck.

BORN THIS WEEK: You believe in keeping your promises. It's not always easy to do, but somehow you do it.

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• On Nov. 1, 1512, the ceiling of Rome's Sistine Chapel, one of Italian artist Michelangelo's finest works, is exhibited to the public for the first time. The most famous panel is The Creation of Adam, a painting in which the arms of God and Adam are stretching toward each other.

• On Nov. 4, 1922, British archaeologist Howard Carter and his workmen discover a step leading to the tomb of King Tutankhamen in the Valley of the Kings in Egypt. The most splendid architectural find was a stone sarcophagus containing three nested coffins. Inside the final, solid gold coffin was the mummy of the boy-king Tutankhamen, preserved for more than 3,000 years.

• On Nov. 5, 1930, Sinclair Lewis is awarded the Nobel Prize in Literature for his novels "Main Street" (1920), "Babbitt" (1922), "Arrowsmith" (1925) and "Elmer Gantry" (1927). In 1926, he had turned down the Pulitzer Prize awarded him for "Arrowsmith."

• On Nov. 2, 1947, the Hughes Flying Boat - the largest aircraft ever built -- is piloted by designer Howard Hughes on its first and only flight. Built with laminated birch and spruce, the massive wooden aircraft had a wingspan longer than a football field and was designed to carry more than 700 men into battle.

• On Nov. 7, 1957, The Gaither Report called for by President Dwight D. Eisenhower to review the nation's defense readiness and urges a vigorous \$30 billion campaign to build fallout shelters to protect American citizens. It suggested that American citizens were completely unprotected from nuclear attack.

• On Nov. 3, 1964, residents of the District of Columbia cast ballots in a presidential election for the first time. The passage of the 23rd Amendment in 1961 gave citizens of the nation's capital the right to vote for a president and vice president.

• On Nov. 6, 1982, Shirley Allen is arrested in Missouri for poisoning her husband, Lloyd Allen, with ethylene glycol, commonly known as anti-freeze. Lloyd Allen was Shirley's sixth husband and the second to die from mysterious causes.

REALITY TV, from 17

Channel's Griff Jenkins which got me my first 15 seconds or so of national TV fame. That interview was broadcast on FOX's Greta Van Susteren show and was reportedly spotted by locals as far away as Vegas around the time it was done last November-December. And having answered the question once, I was ready for FOX with a more polished, slightly expanded - some might say "wordier" - version of the same answer.

Unlike our publisher Dan McDermott during his appearance - wordless I might

add - on the show several episodes earlier my phone didn't start ringing, my Facebook didn't light up, my chat room was silent.

Well, since I don't have Facebook or frequent chat rooms, the latter two are understandable. Come to think of it, so is the former since I would have to hazard a guess that my circle of intimates is slightly smaller and highly more sophisticated - at least to admit they watch the show - than McDermott's.

Actually the number of people who exulted in having viewed my appearance began expanding in face-to-face encounters

over the next few days, perhaps belying my and my contemporaries' age and communications patterns. And I will admit to alerting a few friends at distance to watch for replays - "Party Politics" it's called, after 50 minutes in of the 75-minute final episode, I explained - in coming weeks.

Actually like this paper's first staff appearance on the show, McDermott being shooed away by Salahi security at a store-bought grape-stomping party at Oasis that he had received a mysterious tip on, this one should have been McDermott's as well. But after fielding calls from reporters from coast to coast and doing a number of interviews, including 12 seconds on "Good Morning, America" he agonized over for days, an overwrought McDermott handed DC interview responsibilities over to me that fateful day (he probably just knew it was going to rain). And ironically, McDermott witnessed my interviews that day, perhaps being drawn like a moth to the flame of national media attention and pulling up shortly before the interviews began. - "Back off Danny boy, they are mine", I glared a warning McDermott's way.

Actually our being thrust into the middle of the Salahi Circus, or Cirque d' Salahi

See REALITY TV, 22

Local pet of the week



Meet Lynchburg's new Pet of the Week Cuddles, who is not only very adorable but also a life saver!

Owner Kitty Ann McCann of Lynchburg told me how cuddles has not only saved her life once, but twice.

The first time she was riding her older scooter chair when the brakes failed on a down hill slope. Cuddles was on the leash and hopped out of the basket and pulled the scooter to the side.

"I was heading downhill towards an oncoming bus, there was no way that I could have survived if a crash happened but Cuddles was there and using the

leash pulled me to the side so that I could stop."

The second time was when McCann had a heart attack down in her basement. "Cuddles immediately ran upstairs and outside to alert the neighbor and my husband, barking at them to follow downstairs to find me," she said.

What a heroic pet!

Cuddles is now 6 years old and still very protective of owner McCann. "All I have now is God and Cuddles!" McCann stated.

Got a great story & photo of your pet?

lauren@lynchburgtimes.com



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SENIOR NEWS LINE

by Matilda Charles

New Books for Winter

Many of us spend more time indoors during the winter, and reading fills a lot of the hours. If you're like me, you tend to stay with the same authors you've come to enjoy over the years, and we wait for them to come out with a new book. Meanwhile, we randomly dip into other books, never quite finding what our favorite authors provide. Here's a hint: Use dark winter days to explore new authors. My goal for the winter is to read novels by writers in my home state.

It's easier than you think to find books you'll likely enjoy. Ask your reference librarian for a peek at a book called "What Do I Read Next?" This big volume lists authors and books alongside those that are similar in some way, offering hints about others you might enjoy.

The reference librarian herself might be a

fount of knowledge when it comes to knowing what's good. You can do this over the phone, if you can't get out that day. Some libraries have a book bus that will come by and deliver your books.

Take a chance on a brand-new author, too. You never know what treasures you might find hidden in the pages.

Or, if your library doesn't have "What Do I Read Next?" perhaps it has an online subscription to NoveList Plus, which is essentially the same type of database and currently contains information on more than 200,000 titles.

If you have Internet access, you can do an informal search yourself at www.whatshouldireadnext.com, www.whichbook.net or www.lazylibrary.com (no book listed is more than 200 pages).

Maybe with a stack of new authors to explore, this winter won't seem so long and cold!

Matilda Charles regrets that she cannot personally answer reader questions, but will incorporate them into her column whenever possible. Write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com.

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VETERANS ★ POST ★

by Freddy Groves

Education Scams Target Vets

If you're using your veterans educational benefits to go back to school, make sure you don't get ripped off.

That sounds harsh, but there are problems out there.

The Government Accountability Office recently did an undercover investigation to determine if schools overall are cheating students through deceptive practices. What they found were numerous instances of outright fraud.

The investigator "students" were lied to about the cost of the school and the graduation rates, as well as how much money they would make after getting a degree or certificate. Tuitions charged, especially for online courses, were many times

higher than at comparable local schools, and students were pushed toward classes they didn't need.

Additionally, the investigator students were encouraged to lie about their incomes and assets to get more federal money. And they were hounded ... receiving many calls encouraging them to sign up at the school.

Now there are a couple of senators who want to know specifically if veterans are being ripped off, and they want a review. They believe that we're being targeted by those schools and pushed to sign up for costly education that won't help with getting a future job.

Online schools fared the worst, with veterans unable, in many cases, to get face time with actual humans for tutoring or help with their studies.

The Defense Department is getting involved now, asking for accountability and answers, but it's up to us to take care of business on an individual basis. If you're going to use your education benefits, be sure what you're getting, most especially if you choose an online course of study. Consider: You could be on your own every step of the way without a single instructor to answer a question.

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com.

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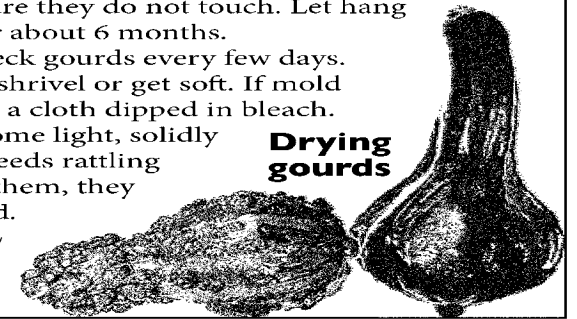
The Garden Bug

- Clean with soapy water and air dry.
- Hang gourds in a dark area, making sure they do not touch. Let hang for about 6 months.
- Check gourds every few days.

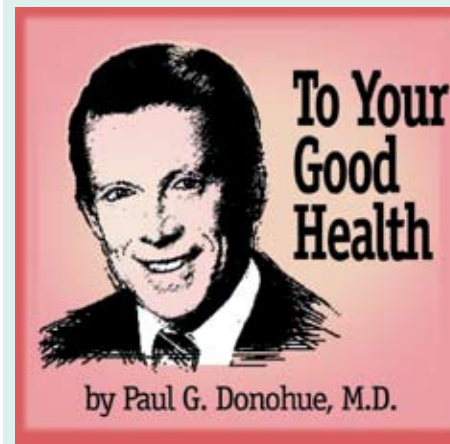
Discard any that decay, shrivel or get soft. If mold appears, wipe it off with a cloth dipped in bleach.

- When the gourds become light, solidly hard and you hear the seeds rattling inside when you shake them, they can be carved or painted.

Source: gardening.about.com/od/vegetables/a/DryingGourds.htm



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Sciatica Just One Cause of Back Pain

DEAR DR. DONOHUE: Our basement flooded, and I was chosen to clean it. All that pushing, lifting and scrubbing did a number on my back. It's been bothering me for two weeks. I never had a back problem before, but my dad used to have them all the time. He said it was sciatica. I believe that's what I have. How can I get rid of it? -- M.J.

ANSWER: Don't jump to conclusions. Sciatica (sigh-AT-ik-ah) is only one cause of back pain. The fact that your father had it has little bearing on your having it. Did your dad arrive at the diagnosis on his own? Many people do. Quite often, they're wrong.

The sciatic nerve is a large nerve formed by the intermingling of nerve roots coming from the lower segments of the spinal cord. It and its branches run from the lower back through the buttock and down the leg to the ankle and foot. Pressure on the nerve at any point in its course irritates it and produces the pain of sciatica. The most common cause comes from a protrusion of one of the back's disks, which presses on the spinal cord rootlets that combine to build the nerve.

Low-back, buttock and leg pain are the hallmarks of sciatica. The leg pain is on the back of the leg or its outer side.

Even though the diagnosis is a bit iffy here, sciatica -- and most of the other causes of low-back pain -- get better in three to six weeks. You don't have to completely rest. Strict bed rest is contraindicated. Walk around and perform the normal activities of daily life, but don't lift, push or perform manual labor. Use heat or cold on your back, whichever you find benefits you more.

Tylenol (acetaminophen) usually controls pain. If it doesn't, one of the nonsteroidal anti-inflammatory drugs (Aleve, Advil, Motrin) can be tried. An injection of steroids into the back takes care of inflammation that adds to the pressure on the nerve. Surgery usually isn't necessary. The long-term outlook is good.

If the pain hasn't gone by four weeks, see a doctor. See the doctor promptly if pain increases or you lose control of your bladder or bowels.

The booklet on back pain provides more information on this common problem. To obtain a copy, write: Dr. Donohue -- No. 303W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: I remember your once writing about how a person with COPD ought to breathe. My dad was just diagnosed with COPD, and I would like to pass that information to him. Will you please repeat it? -- S.A.

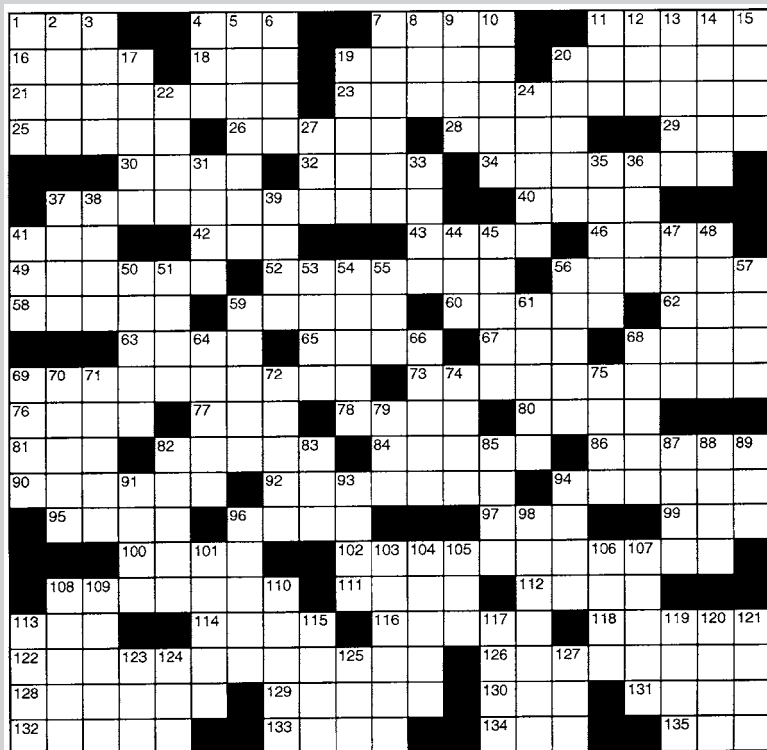
ANSWER: That is pursed-lip breathing. The person puckers the lips as though going to whistle or give a kiss. Then he inhales through his nose and exhales through the pursed lips. Exhaling should be more prolonged than inhaling. This technique keeps the airways opened to allow more air to get into the lungs and more carbon dioxide to get out of them. "COPD" stands for "chronic obstructive pulmonary disease": emphysema and chronic bronchitis.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

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The Lynchburg Times Crossword: BY GEORGE!

- ACROSS**
- 1 Smash letters
 - 4 ___de-lance
 - 7 Valhalla villain
 - 11 Ruined
 - 16 Greenish yellow
 - 18 Make like
 - 19 Fathered a foal
 - 20 Navy builder
 - 21 Film directed by George Cukor
 - 23 Opera by George Gershwin
 - 25 "Aida" composer
 - 26 Entire range
 - 28 Turn about
 - 29 Congeal
 - 30 Always
 - 32 Art deco designer
 - 34 "___ Lee" ('59 hit)
 - 37 Engineering feat by George Goethals
 - 40 Scent
 - 41 Petty or Poston
 - 42 Funnymen Philips
 - 43 Cry of concern
 - 46 Nightingale prop
 - 49 Tune
 - 52 Strait
 - 56 TV's "Family ___"
 - 58 Folklore figure
 - 59 Active types
 - 60 '68 Bee Gees hit
 - 62 Spanish shout
 - 63 Sheltered, at sea
 - 65 Tiers
 - 67 Producer Prince
 - 68 Fiber source
 - 69 Novel by George Orwell
 - 73 Song by George Harrison
 - 76 Lonely fish?
 - 77 Max ___ Sydow
 - 78 Bailiwick
 - 80 Hautboy
 - 81 Sapporo sash
 - 82 Gaggle gals
 - 84 "The Creation" composer
 - 86 Writer Runyon
 - 90 Tongues of fire
 - 92 Sign a check
 - 94 Bronze feature
 - 95 Paradise
 - 96 Role for Liz
 - 97 Wonderment
 - 99 Eat in the evening
 - 100 Rock's David Lee ___
 - 102 Role played by George Clooney
 - 108 Bayreuth's locale
 - 111 Scandinavian seaport
 - 112 Drench
 - 113 West ender?
 - 114 Swenson of "Benson"
 - 116 Data
 - 118 Kinshasa's country
 - 122 Play by George Bernard Shaw
 - 126 Comic strip by George Herriman
 - 128 Wagner heroine
 - 129 Designer Perry
 - 130 Sundown, to Shelley
 - 131 Splinter group
 - 132 Heavy blows
 - 133 "Sad ___" ('79 hit)
 - 134 Willy
 - 135 "I told you so!"
- DOWN**
- 1 Eastern European
 - 2 Take a taxi
 - 3 Actor Sharif
 - 4 Remote
 - 5 Bit of wit
 - 6 Melodious McEntire
 - 7 Ray of "GoodFellas"
 - 8 Rink legend
 - 9 Beer barrels
 - 10 Pastoral poems
 - 11 "The Burning ___" ('84 film)
 - 12 Research site
 - 13 Corpulent
 - 14 North Sea feeder
 - 15 Heron's home
 - 17 German port
 - 19 Rebuff
 - 20 "Slammin' Sam" ('84 film)
 - 22 Parvati's spouse
 - 24 Mustangs and Pintos
 - 27 "___ culpa"
 - 31 Part of EMT
 - 33 Panache
 - 35 Drives and drives?
 - 36 "___ Spee"
 - 37 Use a ewer
 - 38 Snowballs, sometimes
 - 39 Designer Chanel
 - 41 Explosive initials
 - 44 Author Wallace
 - 45 Honolulu hello
 - 47 Native New Zealander
 - 48 Damascus dish
 - 50 Censure
 - 51 Grasso or Wilcox
 - 53 Munich mister
 - 54 Luncheonette lure
 - 55 Australian st.
 - 56 Wing it
 - 57 Descartes or Levesque
 - 59 Crusoe's creator
 - 61 Boca __, FL
 - 64 Sprites
 - 66 Vow
 - 68 It's heard in a herd
 - 69 Beginning on
 - 70 Clavell's "___ House"
 - 71 Ancient epic
 - 72 Photographer Adams
 - 74 Robert of "Airplane!"
 - 75 Fountain order
 - 79 Sweater letter
 - 82 Doge city?
 - 83 Chemical ending
 - 85 Bargain
 - 87 Pine for
 - 88 Burden
 - 89 Short snooze
 - 91 TV tycoon Griffin
 - 93 Extinct bird
 - 94 Cuban currency
 - 96 Audrey Meadows' birthplace
 - 98 Spendthrift
 - 101 Clan
 - 103 Egyptian deity
 - 104 Arm bones
 - 105 Political abbr.
 - 106 Make fun of
 - 107 Approves
 - 108 Reckless
 - 109 Type of pear
 - 110 Think alike
 - 113 Send out
 - 115 With skill
 - 117 Luau instruments
 - 119 Turner and Pappas
 - 120 Marathon
 - 121 Kitchen addition?
 - 123 Vintage
 - 124 Sts.
 - 125 Barley beverage
 - 127 ___ which way (carelessly)



The Lynchburg Times Sudoku!

by Linda Thistle

	1	8			2	6		
2			4			7		5
	4		5	1				9
3		6			9	4		
8				3			6	7
	2		6		7		5	
		9			5		8	2
7		5		2		3		
	8		3	9				6

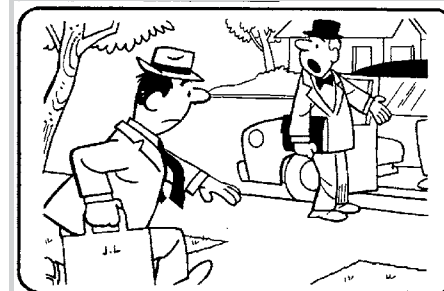
How to play: Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

Difficulty this week: HOO BOY!

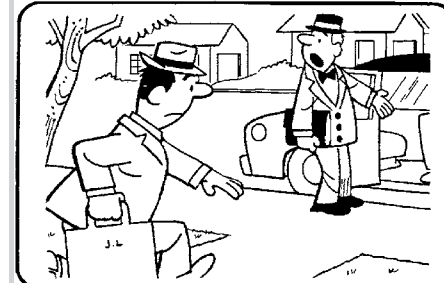
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The Lynchburg Times Hocus-Focus

by Henry Boltinoff



Find at least six differences in details between panels.



Differences: 1. Jacket has buttons. 2. House has been added. 3. Tie is missing. 4. Hat has white band. 5. Tree is missing. 6. Shoes are black.

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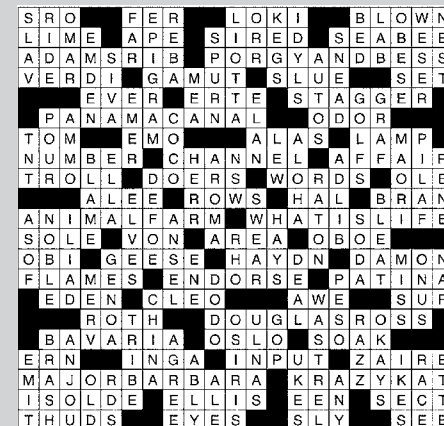
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Puzzling

Answers

5	1	8	9	7	2	6	3	4
2	9	3	4	8	6	7	1	5
6	4	7	5	1	3	2	9	8
3	7	6	8	5	9	4	2	1
8	5	4	2	3	1	9	6	7
9	2	1	6	4	7	8	5	3
4	3	9	7	6	5	1	8	2
7	6	5	1	2	8	3	4	9
1	8	2	3	9	4	5	7	6



REALITY TV, from 19

as one witty DC reporter called it, was all McDermott.

Dan found out the couple was being considered for the DC version of the Bravo Network "DC Housewives" show about three weeks prior to the White House Dinner incident. Actually the timing indicates they had already long been a part of the show. So when the White House State Dinner incident occurred days before Thanksgiving and reporters from everywhere Googled or whatever they did online for info on the couple, Warren County Report popped up with the most recently published McDermott material. Then the floodgates of media curiosity opened and thankfully Dan was there to handle it – he's good at that kind of thing, counterbalancing my innate antipathy for them.

So the intro to my comments about being a reporter "covering the couple for years" was slightly off the mark. But hey, like the national media on more substantial issues like the fate of the nation and the world, we don't expect the makers of the national, tabloid TV marketplace to get all their facts exactly right. And perhaps they should have known better than to let Dan and me renegotiate the contract release for

my appearance to allow such stories as this to be written, since it is, after all, a fond part of my responsibilities at WC Report.

But perhaps it is I, not them, who is getting it wrong here.

After all I first met Tareq Salahi in passing perhaps 12 or so years ago while I was waiting for, shall we say, a past acquaintance to get off work in the wine-making lab at Oasis Vineyards.

Tareq blew in to the outdoor deck overlooking some of the then still producing vines in his playing gear from a just completed polo match. He was gracious, engaging and aloof all at the same time – is that possible? You bet it is if you, like me, have been sucked into or are waiting to be sucked into the netherworld of so-called "Reality TV" (I'm still waiting for my call to become a regular – a paid regular – next season).

Like I told Dan from the moment I heard about the alleged White House gate-crashing, I thought there was a distinct possibility it was all a set up for publicity for the yet-to-premier TV show. You could not make up that kind of FREE publicity and who could afford it? My suspicions on this front were accentuated in one of the final two episodes, when an offscreen female

voice credited as the show's "producer" repeatedly questions the couple about their possession of the missing invitation to the White House State Dinner as they prepared to limousine it to the event – mea culpa, we are not culpable the "producer voice over edit" seemed to scream.

It was amusing to later hear Tareq explain on the show that White House "invitations" are of peripheral importance, mostly sent out so invitees can frame them for the memories. If consequences can be a reference, apparently some in Congress, the FBI, the Secret Service and White House staff think differently.

But on a serious and darker note, being the conspiracy theorist and student of history that I am, I saw another possibility than mere TV show publicity.

That possibility is that a verbally progressive, left-leaning and recently elected President of the United States was given a message, a subtle message the day Tareq and Michael Salahi attended a state dinner at the White House there is no clear cut evidence they had an invitation to.

The message?

These people are harmless – but unless you play ball with those of us who actually run this country, its financial and corporate

institutions, its military and security apparatus – the next ones might not be quite so harmless. We control your security, how secure do you want to be? Perhaps "The Real Housewives of D.C." is Reality TV in a way even the Housewives' show's producers, much less its participants, could ever envision. That reality is a reminder to a president who knows and understands history; a reminder that pursuing basic rights like fundamental health care coverage for all Americans, to restructuring to any degree the wealth of a country from the very few to the very many is a long frowned upon endeavor. It is an endeavor that launches historical conspiracies – for what is the basic flow of history if not a conspiracy centered upon the acquisition and preservation of great wealth and power?

Perhaps Barack Obama's tragic flaws aren't that once elected he is ineffectual politically or un-centered philosophically. Perhaps it is that he is an astute student of history, a student who understands his precarious position and doesn't want to widow his wife and orphan his children.

Now that's what I call Reality TV ...but everybody knows how paranoid I am.

rogerb@warrencountyreport.com

monkeying around**Stars**

Stop at each star (★), then skip to the next number and start your line again. End ★ 121

more dot-to-dots at monkeyingaround.com



By David Kalvitis

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"The Billboard Book of Top 50 Hits, 9th Edition: Complete Chart Information about America's Most Popular Songs and Artists, 1955-2009"

by Joel Whitburn

(Billboard Books, \$35)

Reviewed by Larry Cox

To say that Joel Whitburn is one of the most respected authorities on charted music would be an understatement. Whitburn has published more than 100 books based on Billboard charts, including "The Billboard Book of Top 40 Country Hits" and "The Billboard Book of Top 40 R&B and Hip-Hop Hits."

Last released in 2003, the new edition of "The Billboard Book of Top 50 Hits" has been expanded and updated, including complete chart

information, bios for the artists, lists of record holders, top artists by decade, and, of course, a complete list of No. 1 singles from 1955-2009.

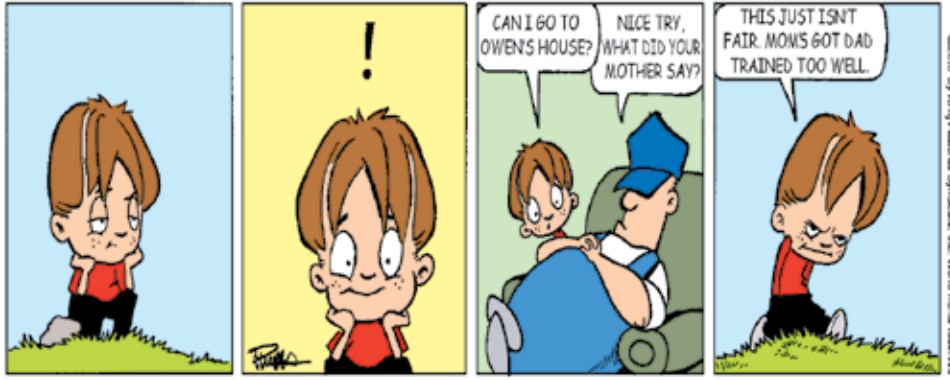
Although the Billboard chart data is important, it's the trivia that makes this book so much fun. For example, did you know that Janet Jackson scored an impressive 30 Top 40 hits — one more than her superstar brother Michael, or that of Madonna's 12 No. 1 hits, her 1994 single, "Take a Bow," held the spot the longest, seven weeks?

Reading through the decade-by-decade list of hits is both nostalgic and informative. The list from the first decade, from 1955-1959, includes such classics as "Don't Be Cruel" and "Hound Dog" by Elvis Presley, "Memories Are Made of This," a Dean Martin standard, and The Platters' "My Prayer." Incidentally, the No. 1 hit of 1955 was "Let Me Go Lover," as recorded by Joan Weber.

Whitburn is to be commended for this excellent reference that is sure to bring back memories of high-school dances and that first big romance played out to the soundtrack of American music. If you remember the first time you heard "YMCA" by the Village People or sighed to "True Love" by Grace Kelly and Bing Crosby, do yourself a big favor and get this book.

Amber Waves

by Dave T. Phipps



MISTER BREGER

By Dave Breger



Just Like Cats & Dogs

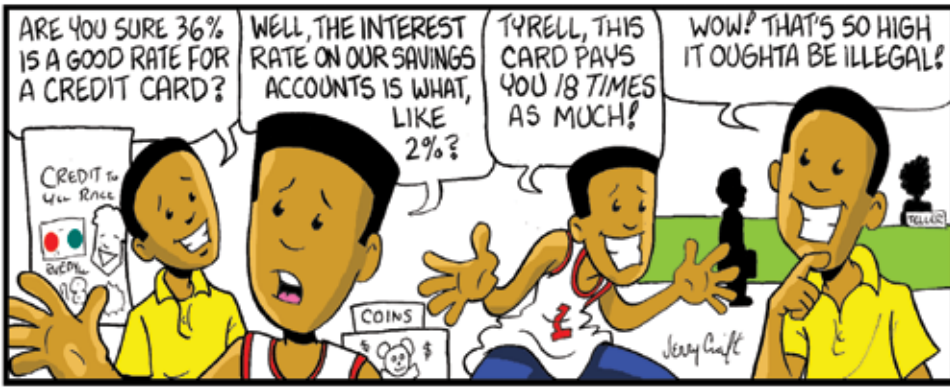
by Dave T. Phipps



MAMA'S BOYZ

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JERRY CRAFT



HUBERT

By Dick Wingert

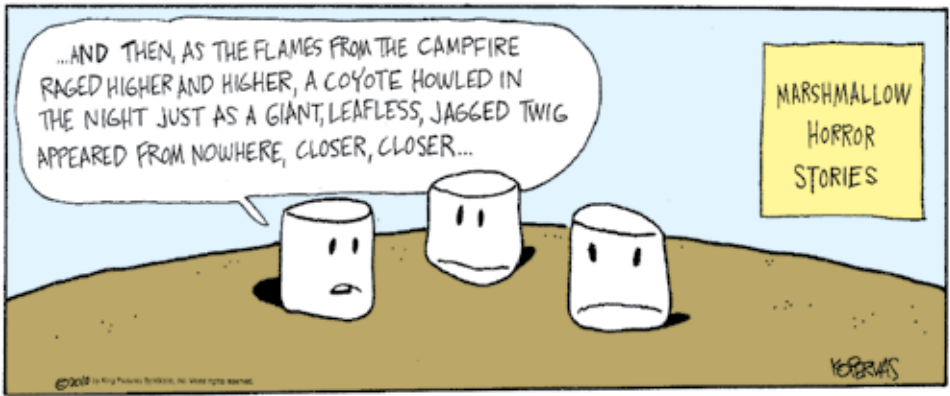


LAFF-A-DAY



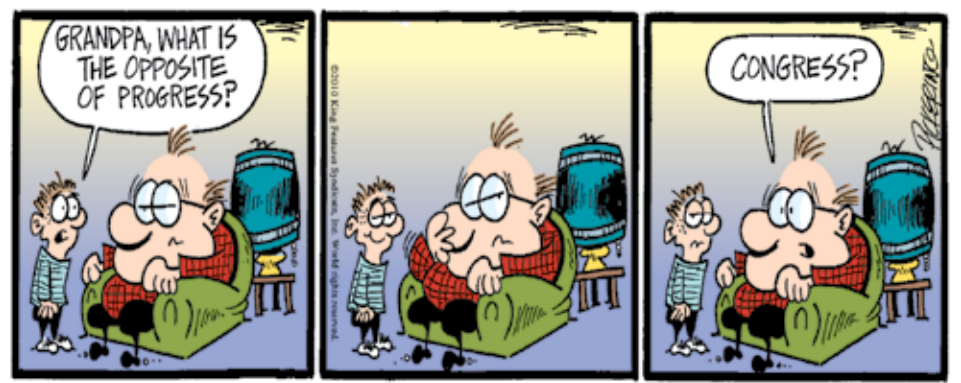
Out on a Limb

by Gary Kopervas



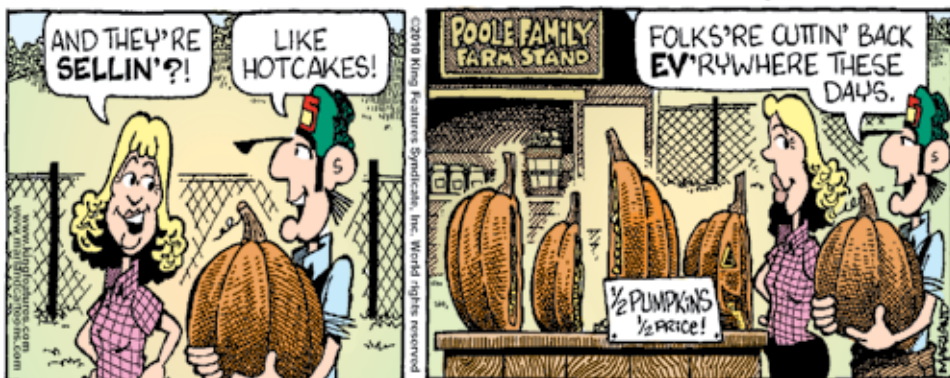
The Spats

by Jeff Pickering



R.F.D.

by Mike Marland





Join us for the opening day celebration of
The World's Newest McDonalds!



14901 Forest Rd • Forest, VA
Thursday, Oct. 28
Activities begin at 9:15 am
Opening for lunch at 10 am

- Music by Jefferson Forest HS Marching Band
- Ribbon Cutting Ceremony
- WBRG Radio Remote and Money Machine
- Prizes for kids all Day!
- REGISTER TO WIN!
- Prize give-away all Grand Opening Week.
- Need not be present to win!



Hey Kids!
**Ronald
McDonald**
will be here on
Friday Nov. 5
at 5 pm!!

**Buy any EXTRA VALUE MEAL
Get LIKE SANDWICH FREE!**

Redeemable ONLY at:

McDonald's FOREST SQUARE SHOPPING CENTER, FOREST

Valid: October 28, 2010 - January 31, 2011



Valid only at participating U.S. McDonald's. Prices may vary. Not valid with any other discount, coupon, or combo meal. Cash value 1/20th of 1 cent. Limit 1 coupon per customer per visit. Tax may apply. Price of required purchase posted on menu board. Coupon may not be transferred, auctioned, sold, copied or duplicated in any way or transmitted via electronic media. Valid when product served. May not be valid for custom orders. Ounce refers to average content filled.