

**“GOD SO  
LOVED THE  
WORLD THAT  
HE GAVE  
HIS ONLY  
SON.”**

JOHN 3:16

**The Most Holy Trinity ~ June 7, 2020**

*Blessed Sacrament Catholic Church*

*1427 West Braddock Road ~ Alexandria, Virginia 22302*

**PARISH OFFICE:** 703-998-6100

**Hours:** Mon-Fri, 9 am - 3 pm

**PARISH WEB SITE:** [www.blessedsacramentcc.org](http://www.blessedsacramentcc.org)

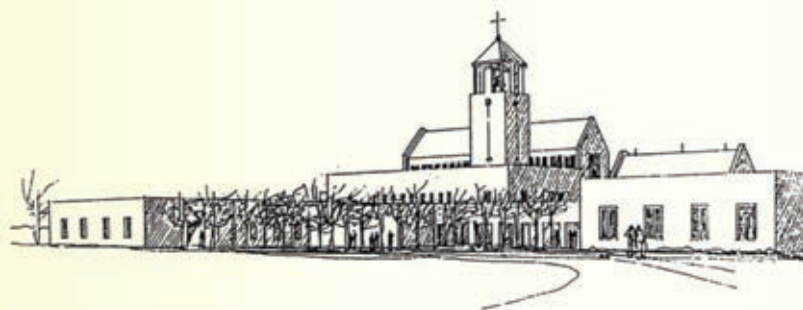
**E-MAIL:** [parish\\_office@bscva.org](mailto:parish_office@bscva.org)

**FACEBOOK:** <https://www.facebook.com/Blessed-Sacrament-Catholic-Church-210791706782/>

**INSTAGRAM:** @blessed\_sacrament\_youth

**DIOCESE OF ARLINGTON:**

[www.arlingtondiocese.org](http://www.arlingtondiocese.org)



**SUNDAY MASSES:** Church

Vigil Mass on **Saturday:** 5:00 pm

**Sunday:** 7:30, 9:00\*, 11:00\*, 12:30 pm, 5:00 pm

**Sunday in Spanish:** 2:00 pm

**\*NURSERY:** During 9 & 11 am Sunday Masses;  
(Walking to age 6. Early Childhood Center (ECC) of School)

**WEEKDAY MASSES:** Church

Monday - Friday, 6:30 & 8:30 am

Saturday, 8:30 am only

**SACRAMENT OF RECONCILIATION:**

Daily Chapel ~ Monday thru Friday, 7am - 8 am

Saturday, 3:30 - 4:30 pm (except Holy Saturday)

Spanish Community, Sundays, 1:15-1:45 pm

**ROSARY:** Monday - Saturday, 8:00 am: Church  
Last Sunday of the month, 10:30 am: Daily Chapel

**PARISH CLERGY:** Rev. John D. Kelly, Pastor

Rev. Mark Carrier, Parochial Vicar

Rev. Kevin Dansereau, Parochial Vicar

Rev. Thomas Yehl, Y.A., Parochial Vicar

**PARISH STAFF:**

John McCrary, Director of Music/Coordinator of Liturgy

Susan Doyle, Director of Religious Education

Mary Walker, Director of Youth Ministry

Marie Niernberger, Bulletin Editor/Liturgical Environment

**YOUTH RELIGIOUS EDUCATION (CCD):** (September - May)

Grades K-8 classes on Sunday am or Wednesday evening;

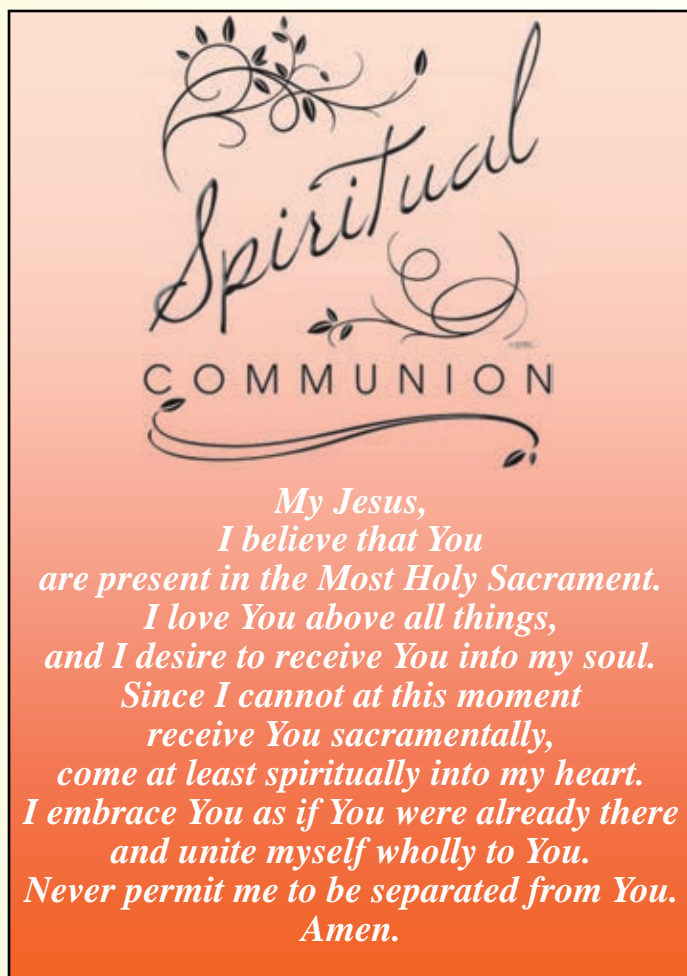
Grades 1 & 2 on Monday afternoon. Preschool class, Sunday am.

**BAPTISM OF CHILDREN:** Celebrations are held on one Saturday per month. A parent and godparent preparation program is required. Arrangements should be made at least 3 months prior to the baby's due date. Call the parish office.

**SACRAMENT OF MARRIAGE:** The preparation program must begin *not less than* six (6) months in advance. For weddings celebrated in this church, we cannot confirm a wedding date until after the first appointment with a priest. Call the parish office.

**CHRISTIAN INITIATION OF ADULTS (RCIA):** Questions? Call parish office or email: [sdoyle@bscva.org](mailto:sdoyle@bscva.org)

**PRAYERS AT MASS FOR THE SICK OR RECENTLY DECEASED:** Call the parish office for mention at Sunday Masses.



*Dear Good People of Blessed Sacrament,*

Today we celebrate the Father, Son and Holy Spirit who are three distinct persons and are at the same time one. It is one of the mysteries of our faith but it reminds us that we are called to have a relationship with the loving and creative God, the Savior who died and redeems us and the Spirit which sanctifies and fills us with joy. May we praise the Holy Trinity in all our thoughts, words and deeds!

It was wonderful to see so many of you this past weekend as we resumed our regular schedule of Masses. Thanks to all of you who came and celebrated the Mass with us. The Eucharist is the core and center of our Catholic faith and I know you were overjoyed at being able to receive Holy Communion after so long an absence. I especially thank Marie Niernberger and all our staff who have worked so hard to prepare the church and to insure your safety. Special words of gratitude to our great cleaning staff as well. While it was such a blessing to see so many of you, we are reminded that our obligation to attend Mass is currently lifted. We also urge those who are health compromised or concerned about coming into the church to wait until a future time.



We congratulate all the many young people of our parish who are graduating this spring either from kindergarten, grade school, high school or college. Despite not being able to hold public ceremonies and celebrations, we are so proud of you and wish you every success as you move forward in your journey of life! We especially congratulate the eighth grade young men and women of Blessed Sacrament School. Go Frogs!

It is with profound sadness that I announce that Bishop Burbidge has transferred our Father Kevin. How truly blessed we have been these past five years to have had this gentle, loving and faith filled man of God among us! Father Kevin and I arrived here together and I will especially miss his friendship, his humor and his zeal for God and His people. I've learned a lot about baseball too! Sadly we will not be able to have a public celebration to wish him farewell but maybe he would consider coming back in the near future so we can celebrate what a gift and blessing he has been to us. We send our prayers and good wishes as he goes forward to serve the people of the Cathedral of Saint Thomas More. At least he won't be that far away. Thank you for everything Father Kevin!

As we enjoy this beautiful spring and look forward to celebrating our faith together, may we always give thanks to God for His goodness, love and providential care. May you and yours be blessed abundantly!

Lovingly yours in His Sacred Heart,

*Rev. John Kelly*

**MASS INTENTIONS**

**SUNDAY, JUNE 7 - THE MOST HOLY TRINITY**

7:30 am ~ Andrew Pollog+ (Louis Capitanio)  
 9:00 am ~ James E Cahill+ (Croft & Cahill Families)  
 11:00 am ~ Ruth Todd Dessingue+ (Ellen Varley)  
 12:30 pm ~ Mass for the People  
 2:00 pm ~ Priest's Intention  
 5:00 pm ~ George Jenkins+ (Giglio Family)

**MONDAY, JUNE 8 - Weekday - Tenth Week in Ordinary Time**

6:30 am ~ For the Welfare & Intentions of Pope Francis  
 8:30 am ~ Carolyn Bliss+ (Susan Pritts)

**TUESDAY, JUNE 9 - Saint Ephrem**

6:30 am ~ Jack Kelly+ (Monika Felock)  
 8:30 am ~ Robert Dionne+ (Paolo Rosales)

**WEDNESDAY, JUNE 10 - Weekday**

6:30 am ~ Patrick & Marie Walsh+ (Family)  
 8:30 am ~ Pat Bronder+ (Bud & Connie Hart)

**THURSDAY, JUNE 11 - Saint Barnabas, Apostle**

6:30 am ~ Marjorie Fiduk+ (Robert Fiduk)  
 8:30 am ~ John Gerdelman+ (Knight Family)

**FRIDAY, JUNE 12 - Weekday**

6:30 am ~ Rosemary Findlay+ (Valerie Garcia)  
 8:30 am ~ Spec Ints of Elaine Egger (Katie Wagner)

**SATURDAY, JUNE 13 - Saint Anthony of Padua**

8:30 am ~ Isabel McCormick+ (Ann McCormick McQuillan)  
 5:00 pm ~ Vincent Caruso+ (Marti & Tess Cicatello)

**SUNDAY, JUNE 14 - CORPUS CHRISTI**

7:30 am ~ For the Welfare & Intentions of Pope Francis  
 9:00 am ~ Joe Talomie+ (Angie Giuseppe)  
 11:00 am ~ Marietta Wenderoth+ (John Wenderoth)  
 12:30 pm ~ Juan Romero+ (Roxana Cunha)  
 2:00 pm ~ Priest's Intention  
 5:00 pm ~ Mass for the People

**Please join us in prayer as we ask for God's guidance & protection of troops, law enforcement, EMT's, firefighters, or anyone serving in harm's way.**

Jonathan Jordan, Matthew Kitzerow, Steven Kitzerow, Allison Landsman, Christopher Love, Grace McCaffery, Patrick McGee, Mateo McGrath, Sam Mills, Timothy Mills, Matthew Mourning, Lisa Mullaney, Hanna Porterfield, Gray Posey, Thomas Rands, Jamie Reynolds, Erik Rogers, Mary Severs, Ryan Stancik, Jared Steen, Travis A. Stoffer, Kyle Thomas, Josh Truman, Michael Voigt, Christopher Wallace, Abby Warden, Thomas Warring.

Cole Barry, Ryan Barnett, Brandon Bert, Michael Bouffard, Jason Brooks, Richard W. Brown, Macine Browning, Joseph R. Byrns, Cady Byrnes, Tim Byrnes, Andrew Berrigan, Nicholas Cale, Adam Conlan, Robert Corso, Analee Cuellar, Nathalia Cuellar, Bradley Cundari, Matthew Cundari, Nuno Cunha, Richard Demarais, Dennis Donley, Maddy Dooley, George C. Fletcher, Nicholas Fletcher, Tommy Gadell, Victor Gaetan, Joshua Hindenburg, Faith Holman, David Jordan,



**READINGS FOR THE WEEK**

**Monday:** 1 Kgs 17:1-6; Ps 121:1bc-2, 3-4, 5-6, 7-8; Mt 5:1-12  
**Tuesday:** 1 Kgs 17:7-16; Ps 4:2-3, 4-5, 7b-8; Mt 5:13-16  
**Wednesday:** 1 Kgs 18:20-39; Ps 16:1b-2ab, 4, 5ab and 8, 11; Mt 5:17-19  
**Thursday:** Acts 11:21b-26; 12:1-3; Ps 98:1, 2-3ab, 3cd-4, 5-6; Mt 5:20-26  
**Friday:** 1 Kgs 19:9a, 11-16; Ps 27:7-8a, 8b-9abc, 13-14; Mt 5:27-32  
**Saturday:** 1 Kgs 19:19-21; Ps 16:1b-2a and 5, 7-8, 9-10; Mt 5:33-37  
**Sunday:** Dt 8:2-3, 14b-16a; Ps 147:12-13, 14-15, 19-20; 1 Cor 10:16-17; Jn 6:51-58



**FRIDAY EUCHARISTIC ADORATION**

Add a visit with our Lord in the Blessed Sacrament on **Fridays**. Come to pray any time, but mid-day & afternoon hours visits are most needed. The *Worship Space* is open from **Exposition at 9:00 am** until **Benediction & Reposition at 8:30 pm**.

*Please let someone in the parish office know if there is no one else in the church and you have to leave. Thank you.*



Take advantage of the rich resources of **FORMED.ORG**. You can enjoy all the offerings available with-

out creating an account. **Formed** is now accessible to every parishioner by simply using our custom URL: <https://blessedsacramentcc.formed.org> (code: nr1029)

**While we are in "Phase One," PLEASE, CONTINUE TO WEAR FACE COVERINGS and ...**

**Daily Mass** at 6:30 & 8:30 am, Monday - Friday & 8:30 am on Saturdays.

**Confessions** will be heard from 7:00 to 8:00 am weekdays & 3:30 to 4:30 pm on Saturdays.

The church building will **close** at 8:00 pm, Monday - Friday & following 5:00 pm Mass on Saturdays & Sundays.

The **Parish Office** will be open Monday - Friday, 9:00 am to 3:00 pm until further notice.

Call the parish office (703) 998-6100 to sign up for Sunday Mass or visit the website, [www.blessedsacramentcc.org](http://www.blessedsacramentcc.org)



Our Offertory Collection for **May 24th** was \$27,178.18. This **does** include **FaithDirect**. We also received \$100.00 - Poor Box, \$550.00 - Building Repairs, \$58.00 - Quinn School Endowment, \$5.00 - Easter, \$100.00 - Parish Special Needs, \$670.00 - Diocesan Retired Priests and \$213.00 - Catholic Communications Campaign.

*(In order to maintain an equitable portion to all our recipients, our **SHARING** distribution has been suspended and will resume as regular collections resume.)*

**During this crisis time, you can mail in your weekly offering envelopes to us, put them in the parish office drop box...  
...or this is good time to sign up for online giving...**



Visit [www.FaithDirect.net](http://www.FaithDirect.net) and use our church code: **VA 12**. Your gifts through **FaithDirect** will help our parish finances throughout the year.

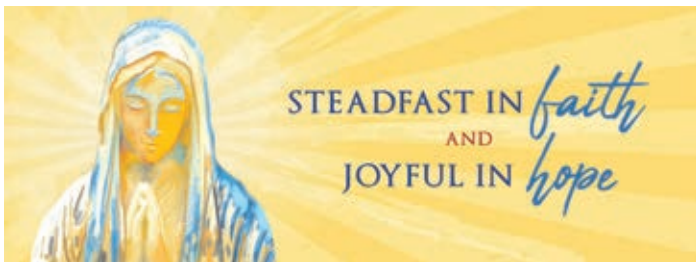


## Poor Box Report

March 31 - May 24, 2020

**Income:** \$9,752.50  
**Expenses:** 9,078.26

These funds were used to provide 36 families with rental assistance.



Thank you to everyone who contributed to the **Bishop's Lenten Appeal!**

This appeal funds Vocations, Youth Ministry, Catholic Schools, Catholic Charities, Religious Education programs as well as many others. If you made a pledge that is still being paid, you should be receiving monthly reminder statements. You may also go online to make a payment at [www.arlingtondiocese.org](http://www.arlingtondiocese.org)

For questions, please call the BLA office at (703) 841-2570



**'Searching for More'** features interviews and discussions on a range of topics affecting Catholics in today's world. Guests include clergy, local Catholics, doctors, technology experts, Catholic news anchors,

and even Hollywood actors starring in epic biblical dramas. In addition to interviews, some podcasts will emanate from inspiring talks, speeches, homilies, and lectures given throughout the Diocese. The podcast is dedicated to the patronage of our diocesan saint, St. Thomas More. **'Searching for More'** joins the **'Walk Humbly'** and **'Catholic Herald'** podcasts as diocesan audio offerings. Visit: [arlingtondiocese.org](http://arlingtondiocese.org)

## CARPENTER'S SHELTER LUNCHES



~ NEXT SUNDAY ~ JUNE 14th ~

Please bring lunches & items to the cart outside the Quinn Hall doors by **10:00 am.**

**Our parish provides lunches for residents of The Carpenter's Shelter on the 2nd Sunday of each month.**

Bag lunches to include - a sandwich (preferably meat and/or cheese with **NO** dressing), a dessert & a piece of fruit. Donations of bulk items are also welcomed.

Questions? call Lana at 703-299-8389  
**Thank you!**



## RESPECT LIFE

### Helpful Resources:

<http://www.arlingdiocese.org/religiousliberty/>  
[www.usccb.org/issues-and-action/religious-liberty/](http://www.usccb.org/issues-and-action/religious-liberty/)

[www.vacatholic.org](http://www.vacatholic.org) (Virginia Catholic Conference)  
 #WhyWeMarch [MarchForLife.org](http://MarchForLife.org)

**Gabriel Project:** Gabriel Project (GP) provides financial & spiritual assistance to pregnant women in need. If you know someone who can benefit from GP services, or if you would like to volunteer, please contact us at (703) 841-3810 or go online at: [www.arlingtondiocese.org/gpavolunteer](http://www.arlingtondiocese.org/gpavolunteer)

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**Project Rachel:** Share the good news of God's merciful love. **Project Rachel** can make a confidential referral to a priest and/or counselor: (888) 456-HOPE (4673) or [www.helpafterabortion.org](http://www.helpafterabortion.org)

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### 'First Saturday' Rosary Team

Did you know that the 'no-show' rate can go up by 70% when there are people peacefully praying outside an abortion facility?

Please join the prayer team every First Saturday to pray the rosary at 10:30 am at the Falls Church facility located at 900 S. Washington Street, Falls Church, VA. For inquiries, contact Amy McInerney at (703) 841-3817 or [respectlife@arlingtondiocese.org](mailto:respectlife@arlingtondiocese.org)



## ALIVE!, Inc.

(Alexandrians Involved Ecumenically!)

[www.alive-inc.org](http://www.alive-inc.org)

703-837-9300

**NEIGHBORS HELPING NEIGHBORS!**

Any individual interested in volunteering must register via **Volunteer Alexandria**  
<https://www.volunteeralexandria.org/>  
 Information on other ALIVE! food programs can be found at

<https://www.alive-inc.org/we-need-volunteers-alexandria-va>

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**Monetary donations are greatly needed & gratefully accepted. Please visit the website for more information on how to help.**

## Catholic Charities Seeks Medical Volunteers for Free Clinic

Catholic Charities will open a second free medical clinic for poor, uninsured and under-insured adults in late April and needs volunteer medical professionals and other volunteers to operate the clinic. The **Mother of Mercy Free Medical Clinic, Woodbridge**, will open at 13900 Church Hill, Woodbridge. Catholic Charities opened the first Mother of Mercy clinic in Manassas in 2017. Volunteer nurses and doctors, including internists, cardiologists, gynecologists and other specialists, nutritionists, physical therapists and others are needed.

To volunteer contact Alexandra Luevano at 703-335-2779 ext. 15 or [alexandra.luevano@ccda.net](mailto:alexandra.luevano@ccda.net).



## Flexible Volunteer Opportunities ~ MOTHER OF LIGHT CENTER

Help Center  
 Del Ray-Alexandria

For as little as 2 hours per month, you can help us at the Center with prayer, sorting & packaging food, clothing, comfort items & spiritual items. You can also go out with trained volunteers to visit & reach out to the poor & homeless individuals as a link to the Center. We also arrange activities for holidays & fundraising events. Get in touch today!

[motheroflightcenter@gmail.com](mailto:motheroflightcenter@gmail.com)



**Fr. Mark Carrier** updates his blog with reflections on the readings of the day and a prayer.

[sanctiscriptores.blogspot.com](http://sanctiscriptores.blogspot.com)

Come to the web and explore this careful and devout examination of the Word of God.

Reciting the "LORD'S PRAYER"

=

2 minutes of HAND WASHING

**Victim Assistance Program for Those Sexually Abused as a Minor**  
 The Catholic Diocese of Arlington provides comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan Victim Assistance Coordinator, who will provide support, consultation, referrals. The Catholic Diocese of Arlington is committed to assisting victims/survivors throughout the healing process. For further information, call (703) 841-2530

Or visit: [www.arlingtondiocese.org/Child-Protection/](http://www.arlingtondiocese.org/Child-Protection/)

**Mass to Pray for Healing of Victims/Survivors of Sexual Abuse**

Thursday, June 18, 2020 ~ St. Luke Catholic Church

This Mass is for the whole Church, in solidarity with victims/survivors of abuse, as we pray together for healing.



How can you give yourself to God the Father in response to that love? Could he be calling you to live His love as a priest or in the consecrated life?

Call Fr. Michael Isenberg at (703) 841-2514 or write: [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org)



**Thinking of getting a new car?**

Please consider donating your old car to Catholic Charities. We accept working vehicles and give them directly to families in desperate need of transportation. We also accept non-operational vehicles to fund our volunteer programs. We handle the paperwork, you receive the IRS donation receipt. To donate, please call 703-841-3898 or email [cars@ccda.net](mailto:cars@ccda.net)



**Bishop Burbidge's Homilies Online**

Want to hear relevant, pastoral inspiration from our Shepherd? Homilies are posted weekly on the diocesan YouTube page.

[Youtube.com/arlingtondiocese](https://Youtube.com/arlingtondiocese)



Sign up to receive weekly podcasts on timely subjects & reflections by Bishop Burbidge ~ [arlingtondiocese.org](http://arlingtondiocese.org)



**Congratulations Class of 2020**

- Sara Admete • Charlotte Benson • Patrick Carpenter • Ava Cully • Sara Fenimore • Jack Garlock  
 Stephen Harrington • Charlotte Hrobsky • Bobby Huerter • James Johnson • Chloe Kaczmarek  
 Will Keller • Walker Kopp • Mary Grace Long • Emma Markey • Franklin Pizanti • Daniela Salinas  
 Heather Schofield • Maura Schroder • JB Stremple • Kurt Voelker • Bridget Wendling • Madeline Wojciak

*The listings below are for "evergreen" groups at Blessed Sacrament. Please use the contacts for information about meetings or other ways the groups are staying in touch during the Covid-19 quarantine.*



**Blessed Sacrament Prayer Shawl Knitting & Crochet Ministry**

**MEETING: TBD**

7-8 pm, Parish Center

Questions? Call Lana at 703-299-8389

We continue to work on lap blankets, baby blankets & prayer shawls. We have yarn if you need it. Drop-off your hand-made donations at the parish office any time. **Thanks!**

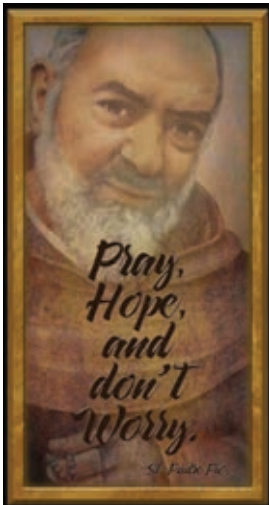
**(NOTE: In case of inclement weather or other emergency, we follow Alexandria City & Public Schools closure policy.)**



**St. Monica, diamond of unwavering faith, pray for us!**

It is estimated that 20 million Americans consider themselves to be lapsed Catholics. More than likely, we all know someone within each of our own families who simply no longer practices the faith or has not yet come to know Jesus. St. Monica is patroness & powerful intercessor.

~ **Join** us today, & everyday, along with 130+ petitioners as we pray for the return of fallen-away Catholics; ~ **Unite** your loved ones into our daily prayers through our prayer list found in the Sacred Heart Chapel (specify 'St. Monica prayers'); ~ **Pray!** **Greg Golubin 202-437-1274**



**The SAINT PADRE PIO PRAYER GROUP of Northern Virginia**

Meets at 2:30 p.m. on the 4th Sunday of every month in the Blessed Sacrament Church Daily Chapel.

Need more info?

Art ~ 571-236-6080 or [sanpio@comcast.net](mailto:sanpio@comcast.net)



**SENIORS & RETIREES!**

**LINE DANCING** ~ All are Welcome!

Low impact - we'll teach you the steps! Join us on Mondays, 1:30-2:30 pm, Quinn Hall. Call parish office for info.

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**At the Parish Center ~ TUESDAYS**

**CANASTA** 9:30 am -12:30 pm

**BRIDGE** 12 - 3 pm

Contact: Stella Perry (703)751-8429  
Or Ann Corro (703)370-3664

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**SAINT MARTIN de PORRES SENIOR CENTER**

4650 Taney Avenue, Alexandria 22304

All Alexandria residents, 60+ years old are welcome!

Daily activities & lunch. Transportation will be provided, but you must RSVP. Call 703-751-2766



*Have you thought at times that you would like to do a little more for God?*

Please come to our meeting to find out about how, with the help of the Holy Spirit, you can help Jesus and Mary!

**The Legion of Mary**

Thursdays ~ 7:15 pm ~ Meeting Room

Information? email: [LegionofMaryBlessedSacrament@gmail.com](mailto:LegionofMaryBlessedSacrament@gmail.com)

**Blessed Sacrament 39+ Singles**

Contact: Tom Palumbo - [tomtal1@verizon.net](mailto:tomtal1@verizon.net) 703-313-8388



**PRIME-TIME SINGLE CATHOLICS**

PTSC serves single Catholics 40 and over. **Meet us for:** Lunch (every Thursday) For details, see or website: [bit.ly/ptsc](http://bit.ly/ptsc)

For questions or to **RSVP**, email Tom at [ptscnva@gmail.com](mailto:ptscnva@gmail.com)



**KNIGHTS OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.

Have questions about our Knights of Columbus Council? Email [gk11947@vakofc.org](mailto:gk11947@vakofc.org) or call the parish office, 703-998-6100, leave contact information & a Knight will return your call.

For more information about the Knights of Columbus, visit [KofC.org](http://KofC.org)



**All men of the parish are welcome!**

Saturdays ~ 7:00 - 8:30 am ~ QUINN HALL (Breakfast - opens at 6:30 am)

Questions? [timothygoobic@gmail.com](mailto:timothygoobic@gmail.com)

Join us whenever you can!





***Entrustment to Our Lady in the time of pandemic***

O Mary, you shine continuously along our journey as a sign of salvation and hope.

We entrust ourselves to you, *Health of the Sick*, who at the Cross were near to the pain of Jesus, keeping your faith firm. You, *Salvation of the Roman people*, know what we need, and we trust that you will provide for those needs so that, as at Cana of Galilee, joy and celebration may return after this moment of trial.

Help us, *Mother of Divine Love*, to conform ourselves to the will of the Father and to do what Jesus tells us, He who took our sufferings upon Himself, and took up our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

***We seek refuge under your protection, O Holy Mother of God. Do not despise us our pleas - we who are put to the test - and deliver us from every danger, O glorious and blessed Virgin.***

(Pope Francis, in a video audience from Rome, 11 March 2020)



***Weekly Diocesan TV Mass to the Homebound***

**10:30 am** every Sunday on **Channel 50 (WDCW)**

This Mass airs for members of our Catholic family unable to be physically present for Sunday Eucharistic Liturgy.



Listen to **Catholic Radio WMET 1160 AM** and via the (free) **Ave Maria Radio App!**  
Visit: [www.grnonline.com](http://www.grnonline.com)

***Haven of Northern Virginia***

4606 Ravensworth Road, Annandale, VA 22003

Call 703-941-7000 or email:

[havenofnova@verizon.net](mailto:havenofnova@verizon.net) or

[www.havenofnova.org](http://www.havenofnova.org)



**Haven of Northern Virginia** is committed to offering support, compassion, information, resources to the bereaved, seriously ill, the dying, and their family and friends. Volunteers offer comfort and support while helping people cope with feelings of fear, loneliness and a host of other emotions associated with grief.

**SUICIDE LOSS SUPPORT GROUP**

1st and 3rd Saturdays of each month ~ 11:00 am - 12:30 pm

No registration required

**COMMISSIONED BY CHRIST**

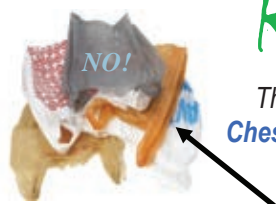
[www.commissionedbychrist.org](http://www.commissionedbychrist.org)



**CBC is a ministry within the Catholic Diocese of Arlington that organizes mission trips for families and adults.**

**LOCAL EVENTS TOO!**

Visit the website for information



**Reduce My Use! Save the Bay!**

The sixth grade class of Blessed Sacrament School urges you to help us protect the **Chesapeake Bay Watershed** by using **REUSABLE BAGS**, which can be bought at most grocery stores, instead of commonly used disposable plastic bags. **Thanks!**



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*Life is Beautiful*

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[ArlingtonPodiatryCenter.com](http://ArlingtonPodiatryCenter.com)

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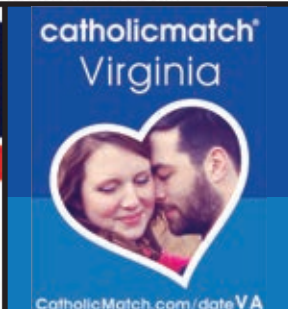
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