



THE NINTH SUNDAY AFTER PENTECOST

AUGUST 2, 2020

Holy Eucharist

9:30 am

Virtual Worship



ST. THOMAS
EPISCOPAL CHURCH

“It would seem that, quite possibly, the ultimate measure of health in any community might well reside in our ability to stand in awe at what folks have to carry rather than in judgment at how they carry it.”

— from *Tattoos on the Heart* by Father Gregory Boyle, S. J.

ANNOUNCEMENTS: *As stewards of all that God has given us, we share some of the many ways to be engaged in the life of our community.*

A bell is rung. All sing.

THE OPENING HYMN



1 We the Lord's peo - ple, heart and voice u - nit - ing, praise him who
2 This is the Lord's house, home of all his peo - ple, school for the
3 This is the Lord's day, day of God's own mak - ing, day of cre -



called us out of sin and dark - ness in - to his own light,
faith - ful, ref - uge for the sin - ner, rest for the pil - grim,
a - tion, day of re - sur - rec - tion, day of the Spi - rit,



that he might a - noint us a roy - al priest - hood.
ha - ven for the wea - ry; all find a wel - come.
sign of hea - ven's ban - quet, day for re - joic - ing.

Hymnal 1982, 051, Words: John E. Bowers (b. 1923), alt. Music: Decatur Place, Richard Wayne Dirksen (b. 1921). Copyright: Words: By permission of John E. Bowers. Music: © 1984, Richard W. Dirksen.

OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.
All **And blessed be his kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

Presider Almighty God,
All **to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

COLLECT OF THE DAY

Presider The Lord be with you.
All **And also with you.**
Presider Let us pray.

LET YOUR continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All **Amen.**

THE LITURGY OF THE WORD

THE FIRST READING

A Reading from the Book of Isaiah (55:1-5)

THUS SAYS the Lord: “Ho, everyone who thirsts, come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labor for that which does not satisfy? Listen carefully to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; listen, so that you may live. I will make with you an everlasting covenant, my steadfast, sure love for David. See, I made him a witness to the peoples, a leader and commander for the peoples. See, you shall call nations that you do not know, and nations that do not know you shall run to you, because of the LORD your God, the Holy One of Israel, for he has glorified you.”

Reader Hear what the Spirit is saying to God’s people.

All **Thanks be to God.**



The cantor sings the refrain, then all join. The congregation then sings the refrain as indicated.

THE PSALM 145:8-9, 14-21 Lacey Brown

You op-en wide your hand ___ and sat-is-fy ___ the des-ire ___ of ev - ery liv-ing thing

You op-en wide your hand ___ and sat-is-fy ___ the des-ire ___ of ev-ery

5 You op-en wide your hand ___ and sat-is-fy ___ the des-ire ___ of ev - ery liv-ing thing ev-ery

liv-ing thing You op-en wide your hand ___ and sat-is-fy ___ the des-ire ___ of ev-ery

9 liv - ing thing ev - ery liv - ing thing

liv - ing thing ev - ery liv - ing thing

THE LORD is gracious and full of compassion,
slow to anger and abounding in steadfast love.

9 Lord, you are good to all,
and your compassion is over all your works.

14 The Lord upholds all those who fall
and lifts up those who are bowed down.

15 The eyes of all wait upon you, O Lord,
and you give them their food in due season.

16 You open wide your hand
and satisfy the desire of every living thing.

17 You are righteous in all your ways
and loving in all your works. **Refrain**

18 You are near to all who call upon you,
to all who call upon you faithfully.

19 You fulfill the desire of those who fear you;
you hear their cry and save them.

20 You watch over all those who love you,
but all the wicked you shall destroy.

21 My mouth shall speak the praise of the Lord;
let all flesh bless God's holy name forever and ever. **Refrain**

THE SECOND READING

A Reading from the Letter to the Romans (9:1-5)

I AM SPEAKING the truth in Christ-- I am not lying; my conscience confirms it by the Holy Spirit-- I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

Reader Hear what the Spirit is saying to God's people.

All **Thanks be to God.**

All sing.

THE SEQUENCE HYMN



1 Sure - ly it is God who saves me; trust - ing him, I shall not
2 Make his deeds known to the peo - ples; tell out his ex - alt - ed
fear. For the Lord de - fends and shields me and his sav - ing
Name. Praise the Lord, who has done great things; all his works his
help is near. So re - joice as you draw wa - ter from sal -
might pro - claim. Zi - on, lift your voice in sing - ing; for with
va - tion's liv - ing spring; in the day of your de -
you has come to dwell, in your ve - ry midst, the
liv - erance thank the Lord, his mer - cies sing.
great and Ho - ly One of Is - ra - el.

Hymnal 1982, 679, Words: Carl P. Daw, Jr. (b. 1944); para. of *The First Song of Isaiah*. Music: Thomas Merton, Ray W. Urwin (b. 1950). Copyright: Words: Copyright © 1982 by Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: © 1984 Ray W. Urwin.

THE GOSPEL

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew (14:13-21)

All **Glory to you, Lord Christ.**

JESUS withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Deacon The Gospel of the Lord.

All **Praise to you, Lord Christ.**

THE SERMON Lex Breckinridge

HYMN AT THE SERMON *More Than Enough* Lacey Brown

Cantor sings once, then all join in and sing twice.

You _____ give us what _____ we need _____

more than e - nough _____ to eat _____ and

all we have is from _____ you liv - ing wa - ter and food _____

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All sing.

THE NICENE CREED

We be - lieve in God al - might - y, au - thor of all things that be,
 We be - lieve that Je - sus suf - fer'd scourg'd and scorn'd and cru - ci - fied;
 We be - lieve in God's own Spir - it, bond - ing all the saints with - in

mak - er of the earth and heav - ens, keep - er of the sky and sea.
 tak - en from the cross, was bur - ied: true life there had tru - ly died.
 one church cath - o - lic and ho - ly, where for - give - ness frees from sin;

We be - lieve in God's Son Je - sus, now for us both Lord and Christ,
 We be - lieve that on the third day Christ was rais'd up from the grave,
 in the bod - y's res - ur - rec - tion, for the break - ing of death's chain

of the Spir - it and of Mar - y born to bring a - bun - dant life.
 then as - cend - ed to God's right hand. He will come to judge and save.
 give the life that's ev - er - last - ing. This the faith that we have claim'd.

words: Sylvia Dunstan; music: Nettleton

PRAYERS OF THE PEOPLE

For this we pray.

In the midst of the prayer:

Hear us, God of great com - pas - sion.

Intercessor In the power of the Spirit, let us pray for the Church, the world, and all in search of justice and peace.

We thank you for the reconciling mission of the church that we may continue to see the tears of those who suffer and grant aid to those in need. For this we pray.

All Hear us, God of great compassion.

Intercessor We pray for all who govern this nation: for Donald, our President, for Congress, judges, governors, and mayors; that they would hear the cries of those who have burdens too heavy to bear. For this we pray

All Hear us, God of great compassion.

Intercessor We pray for all people, birds, and animals of this earth threatened by inclement weather, forest fires, tropical storms, and displacement. For this we pray.

All Hear us, God of great compassion.

Intercessor We give you thanks for answering our fears with love. Grant us the faith to go where others dare not so we may proclaim the vastness of your reach. For this we pray.

All **Hear us, God of great compassion.**

Intercessor We pray for all who work for justice and peace by giving them courage, vision, and strength. We pray especially for those who live with food insecurity and hunger. For this we pray.

All **Hear us, God of great compassion.**

Intercessor Let us pray for all in need of healing, peace, and comfort, especially
All **Vicky, Greg Howard, MeriKate, Kim, Dorie, Macon, Tracey, Karl, Chris, Lisa, Nancy, Dolores, Shiloh, Joni, Phyllis, Dick, Dottie, Hilmar, Bob, and Walter.**

Intercessor And we pray for the blessed departed, especially

All **Don and Peter.**

Intercessor Please add your own intercessions and thanksgivings either silently or out loud.

Intercessor For this we pray.

All **Hear us, God of great compassion.**

Officiant O God of great mercy, your loving and faithful provision calls forth our gratitude. Multiply once again your generous love towards us; that we, in the company of Blessed Mary, Blessed Thomas, and all the saints, may share the blessings of your kingdom. Through Christ we pray. Amen.

All **Amen.**

THE PEACE

Presider I now invite you to extend the Peace to those you love: safely, virtually, and creatively. The peace of the Lord be always with you.

All **And also with you.**

We greet one another with a sign of peace.

Exchanging the Peace: *In this time where we are not able to greet each other with a handshake or a hug, please consider reaching out to anyone to whom you might offer the Peace of Christ. Please also consider extending this blessing to someone with whom your relationship might be difficult or strained. This is one way for us to Be The Church.*

OFFERTORY SENTENCE: Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God. Ephesians 5:2

THE LITURGY OF THE TABLE

OFFERTORY ANTHEM *Ave Verum* W. A. Mozart

THE GREAT THANKSGIVING

Presider The Lord be with you.
All **And also with you.**
Presider Lift up your hearts.
All **We lift them to the Lord.**
Presider Let us give thanks to the Lord our God.
All **It is right to give our thanks and praise.**

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, through Jesus Christ our Lord. In fulfillment of his true promise, the Holy Spirit came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All sing.

SANCTUS & BENEDICTUS

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

Hymnal 1982, S 125, Title: The Holy Eucharist II, Holy, holy, holy Lord: Sanctus. Music: From A Community Mass; Richard Proulx (b. 1937). Copyright: Copyright © 1971, 1977 GIA Publications, Inc.

Presider Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

Presider After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

***All* Christ has died. Christ is risen. Christ will come again.**

Presider We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Presider Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

***All* AMEN.**

THE LORD'S PRAYER

Presider And now, as our Savior Christ has taught us, we are bold to say,

***All* Our Father who art in heaven, hallowed be thy Name,
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
Forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

The Bread is broken.

All sing.

FRACTION ANTHEM

Antiphon
Cantor, then all

The dis - ci - ples knew the Lord Je - sus in the break - ing

Fine Verses

of the bread. 1. The bread which we break, Al - le - lu -
2. One bo - dy are we, Al - le - lu -

All repeat Antiphon

ia, is the com - mun - ion of the Bod - y of Christ.
ia, for though ma - ny we share one bread.

Hymnal 1982, 876, Music: Jack Warren Burnam (b. 1946). Copyright: © 1986 Jack Warren Burnam

INVITATION TO COMMUNION

Presider O Holy Trinity, we believe that you are present in this most Blessed Sacrament. We love you above all things and we desire to receive You into our souls. Since we cannot now gather physically around this Holy Altar, come spiritually into our hearts through the holy ministry of your priesthood, of which you remain our great High Priest.

All **Amen.**

COMMUNION MUSIC *All Hunger, Gather Gladly* Sylvia G. Dunstan

PRAYER AFTER COMMUNION

Presider Let us pray.

All **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

BLESSING

Presider Give peace to anxious hearts, please God, and comfort to those who suffer. Help the searcher find an answer and the confounded to know the truth. Bring healing into the mind and body, set the spirit free. Touch the shoulder of the late night servant so she or he will know they are not alone. Lift up the children to laugh in safety while the elders watch from a place of quiet care. Please God, cover our Earth with your blessings, let your light shine in every corner. Hold your family close so that we may hear you breathing. Let us know that you are here and that we need never fear. – THE RT. REV. STEVEN CHARLESTON

Presider And may the blessing of God, Father, Son, and Holy Spirit be with you this day and always.

All **Amen.**



All sing.

HYMN AT THE CLOSING

1 Let us tal - ents and tongues em-ploy, reach-ing out with a shout of joy:
2 Christ is a - ble to make us one, at his ta - ble he set the tone,
3 Je - sus calls us in, sends us out bear-ing fruit in a world of doubt,

bread is bro - ken, the wine is poured, Christ is spo - ken and seen and heard.
teach-ing peo - ple to live to bless, love in word and in deed ex - press.
gives us love to tell, bread to share: God (Im-man - u - el) ev - ery-where!

Je-sus lives a-gain, earth can breathe a-gain, pass the Word a-round: loaves a-bound!

This hymn came into being when composer Doreen Potter asked poet Fred Kaan to write a text for her adaptation of a Jamaican folk melody. It was first used at the World Council of Churches Assembly in Nairobi (1975), and in Vancouver (1983).

Tune: LINSTEAD L.M. with refrain
Jamaican folk song
Adapt. Doreen Potter, 1975

DISMISSAL

Deacon Let us bless the Lord.
All **Thanks be to God.**

POSTLUDE

Grand Jeu Jean F. Dandrieu

SERVING THIS SUNDAY

The Rev. Lex Breckinridge
Preacher

The Rev. Steve Best
Presider

Doug Cleveland
Director of Music

Lacey Brown
Associate for Liturgy and Music

Ashley Lange
Lector

Zonnie Breckinridge
Intercessor

Christine Oshiki • Sarah Kalemeris • Greg Tiffany • Charles Robert Stephens
Vocalists



WAYS TO CONNECT ONLINE

ST. THOMAS CONNECT

Online church directory, communication, calendar and events for use by members. To join, visit www.stthomasmedina.org/st-thomas-connect/

ST. THOMAS BLOG

Father Lex has invited the St. Thomas family to share our stories as another way to “be the Church” for each other. To read submitted stories so far and to see the guidelines on how to share your own, visit the St. Thomas Blog here: www.stthomasmedina.org/thoughts-and-happenings/

ST. THOMAS MAILING LIST

Members of our mailing list receive reflections, video links, and announcements. To sign up, contact the office at 425-454-9541 or office@stthomasmedina.org

ST. THOMAS ON FACEBOOK

Sunday worship services are live-streamed and posted on our St. Thomas Facebook page each Sunday at 9:30 am. Fr. Lex’s bible study series is live-streamed and posted on our Facebook page at 10:00 am each Tuesday and Thursday. Updates, videos, and a private St. Thomas Prayer & Share group can also be found on our Facebook page. Follow us at www.facebook.com/stthomasmedina/

ST. THOMAS ON YOUTUBE

Sunday worship services are posted on our YouTube channel. Our Wednesday contemplative service is posted on our YouTube channel each Wednesday evening. Our channel also includes music performances, reflections from Fr. Steve, and Fr. Lex’s bible study series. Visit www.stthomasmedina.org/online-community/ to find the YouTube link (too long to include here).

DONATIONS & PLEDGE PAYMENTS

Donations and pledge payments may be made online through our Giving Page. Thank you for supporting God’s work at St. Thomas. Find the Giving Page here: www.stthomasmedina.org/giving/

