

The Quarterly Newsletter of the Florida State Council

# THE FLORIDA LAMBDA XI



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**Editors:**

Regina Bell & Brianna Vasgar, Lambda Xi

## president's message

By: Kayla Andux

I hope that everyone enjoyed Leadership! We had a fun and jam packed day! I cannot wait to see everyone's torches at Convention. It is SO important to keep the fire burning for ALL ESA members!

Convention is quickly approaching - have you sent in your registration? I am working together with Eta Rho and Rho Chi as well as the board to ensure that it will be an enjoyable event for everyone. We plan to have a little bit of MUST HAVE business and A LOT of FUN!!!!

My Corresponding Secretary Alisha is planning a "President's Luncheon" which will be open to everyone. Come as you please from 11:30 am through 1:30 pm in my Suite and extend a warm welcome to our IC Representative, Vicky Jones, and our SERC Representative, Robin Bussey. The board meeting will follow in the afternoon and the "1st timers" reception will be held prior to the Friday night mixer. I can't wait to see everyone dressed in their best "tacky tourist" gear Friday night!

I know that there will be something for everyone. I hope to see you there!!!

I cannot express how much that I have enjoyed being your President this year! I really want to thank everyone for their patience and non-stop kind words!!! This was a CRAZY year for me and I felt so much warmth and support from all of you!!

I cannot wait to celebrate; keep spicing up your life!!!!



2013-2014  
**FLORIDA STATE  
COUNCIL  
BOARD**

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**Kayla Andux**

1st Vice President  
**Lin King**

2nd Vice President  
**Barbara Fry**

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Jr. Past President/  
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Chaplain  
**Sharon Roberts**

Sr. St. Jude Coordinator  
**Roxanne Haynes**

Jr. St. Jude Coordinator  
**Angie Wisz**

Care Connection Coordinators  
**Robin Allred & Leslie Boyd**

Hope for Heroes  
**May Jay Seibert**

Sr. Easter Seals Coordinator  
**Robin Krawchuk**

Jr. Easter Seals Coordinator  
**Tarsha Ahmad**

Sr. Foundation Counselor  
**Margaret (Margie) Post**

Jr. Foundation Counselor  
**Sue Ceriale**

SERC Coordinator  
**Trudie Myers**

Audit Chairman  
**Tina Shafer**

Awards  
**Kay Patskoski & Barbara Kalm**

Scrapbook Chair  
**Krystal Howard**

Webmaster  
**Lin King**

## first vice president/president-elect

By: Lin King

What a great Leadership hosted by Beta Phi. Thank you for all the preparation involved AND for the delicious food! Kayla kept us alert with her presentations and we learned about Rett Syndrome.

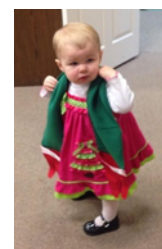
I gave to each chapter represented a CD of the IC Leadership which I attended in Denver early in February. The CD has the entire program on it including all of the workshops and ideas we shared during the Conference. If your chapter was not represented or if you did not get one, please contact me and I will send it to you. Here are great ideas on a lot of topics for your chapter's growth and maintenance.



One thing that was introduced to us was *Santa America*. Santa America is a group of volunteer Santas nationwide that bring love, hope, and joy wrapped in a warm, secure Santa Hug, to special needs children and their families 365 days a year.

HUGs are child size scarves with mittens on the end. They are presented to children going through the toughest situations they can face:

- ◆ Children facing the end of life
- ◆ Children facing the end of life of a closed loved one
- ◆ Children dealing with Autism and other Spectrum Disorders
- ◆ Children and families of Wounded Warriors
- ◆ Children involved in natural disasters



They give a child something to hold on to and emotionally connect with a positive experience.

Because of the demand for the Hugs, Santa America does not have enough for every child that needs them. So...ESA has partnered with Santa America to help meet the demand. We (ESA) have agreed to provide 4,000 Hugs over the next 2 years by making them and sending them to Santa America. The pattern for the Hugs is on the CD along with more information about Santa America. You can also have a Santa visit your chapter and tell you all the good things they do.



More information is also available on the ESA web site – [www.epsilonsigmaalpha.org](http://www.epsilonsigmaalpha.org). You can also contact Elf Laurie Lindeken at ESA Headquarters for more information at [lauriel@epsilonalpha.org](mailto:lauriel@epsilonalpha.org).



I am asking every chapter to make Hugs for these children and their families. If you don't sew, you can help in other ways (cutting, asking for donations, packaging, and shipping). There are some restrictions regarding the fabrics so please read the criteria on the web site. Let me know if you are making Hugs. We want Florida to be well represented in this national effort!

## second vice president

By: Barbara Fry

Well, I must say Leadership was a wonderful day together. A big THANK YOU goes to Beta Phi. Our President Kayla did a great job to "Spice up our Lives." It truly was a good time by all; just ask any of us who attended!!

Our next trip together is Convention in Tampa hosted by Eta Rho & Rho Chi. The registration forms are ready. There is also a note on the form about "hotel reservations." As fast as time goes by, you sure don't want to wait very long before you are ready for "It's 5 o'clock Somewhere" in Tampa. See you there.

Can it be that the end of this year is so close? We have so much to look forward to and so much to be thankful for. It is not too late to bid for a state meeting/seminar. Bids must be in to me 30 days prior to Convention. This would be about April 15<sup>th</sup>. Check out pages 18 & 19 in your state yearbook. If there is anyway I can help please let me know. I am here for you.

Barbara J. Fry - P O Box 702001, St. Cloud, FL 34770 - (407)593-2123 - [sidneyfry0@gmail.com](mailto:sidneyfry0@gmail.com)



## corresponding secretary

By: Alisha Hulslander

Now that the year is coming to an end, I look back at all the minutes that I have received in this year! I've learned how each chapter does what they do and how amazing they are! Thank you all for Spicing Up Your lives this year! I am so excited to hand out the Gold Quill Awards at Convention this year! I will be checking my books, not once but twice, to make sure that I have it all right. Thank you for letting me read all your minutes and sending them in on time. I have had so much fun assisting President Kayla in everything that she needed assistance with. Getting the chance to go to the Old Bags Luncheon and so many others was awesome. I can't tell you all how much of an amazing experience this has been. See you all at Convention!

## philanthropic director

By: Ida Shultz

This year has flown by and now it will be the busiest and most exciting time for Florida as I receive all of the Chapter's Philanthropic Reports. It will be wonderful to see how much each Chapter has given to FSDB, St. Jude's, the Foundation, and many other local charities, not only in money, but also importantly your time.

I would like to thank each and everyone of one of you for helping me "Spice Up My Life" this past year. The learning process that goes along with any state office is valuable in ESA and personal growth, and for this I am very thankful. ESA is a wonderful organization and I'm very happy to be a part of this organization and Florida State Council.

## educational director

By: Mary Sosa

Spring is in the air! The birds are singing, the flowers are blooming, and we are getting to the end of our ESA year. Remember that ALL educational reports are due by March 31<sup>st</sup>. I have truly enjoyed reading all of your interesting and diverse reports through the year.

If I can be of any help, please do not hesitate to contact me. My home number is 352-437-4701, my cell is 813-205-2297 and my email is [marysosa33525@aol.com](mailto:marysosa33525@aol.com).

It has been a pleasure to serve the board as your Educational Director this year and I look forward to seeing everyone at our Convention in May.



## jr. past president/disaster fund

By: Robin Allred

The countdown is on .... I have a few checks trickling in my mailbox. At the beginning of the year my goal was 100% participation and I am sure we can do that – so bring on the checks! Thankfully Florida has been fortunate this year; however you never know when YOU may be the one in need. Please remember to help us help each other. Thank you.

## st. jude coordinators

By: Roxanne Haynes & Angie Wisz

By the time this Lamp reaches all of you, we will have crossed our t's, dotted our i's, double checked our addition, and submitted our awards to the State Awards Committee. I do not know the figures as of yet, but have had a few sneak previews. I am certain we have again stepped up and completed a very successful year for our kids at St. Jude. As mentioned at Leadership, we will post our final figures for the "Pucker up for St. Jude Campaign" at Convention. Thank you all again for all of the volunteer hours, support, and hard work you have done and are doing for the kids and families at St. Jude. Looking forward to seeing all of you in May at Convention in Tampa.

## chaplain

By: Sharon Roberts



Please pray for the following sisters who lost loved ones since the last issue of the Lamp:

- ◆ Kathy Thomas (Alpha Rho) on the loss of her daughter;
- ◆ Beth McCoy (Alpha Rho) on the loss of her mother in law;
- ◆ Eileen Barrett (Alpha Beta) on the loss of her mother;
- ◆ Tarsha Ahmad (Omega Omega) on the loss of her brother;
- ◆ Darlene Paxia (Eta Rho) on the loss of her mother;
- ◆ Kathy McDonald (Beta Phi) on the loss of her brother.

In addition, Dorothy Turner (Delta Nu) passed away, please pray for her family. I look forward to seeing all of you at Convention!

## sr. easter seals coordinator

By: Robin Krawchuk

I can't believe our state year is coming to an end. I have learned so much these past two years about Easter Seals and will continue to research to learn new things.

I challenge each chapter to continue to Spice It Up and reach out to Easter Seals in your area and find out what you can do to help. There are centers all over the state and sometimes it just takes a phone call to find out what they need.

Please continue to support Easter Seals and let them know we are here to help!

Thanks again for these past two years.

## sr. esa foundation counselor

By: Margaret (Margie) Post

Hi everyone. Thank you to all who paid their dues and who donated to one or more of the ESA Foundation programs.

ESAF encompasses a wide range of programs that benefit not only people and communities, but philanthropic organizations, as well. If you find yourself with extra money that you plan to share, please consider the ESA Foundation. Find the program that interests you and they'll be glad to put your money to good use.

If you have any questions or problems, please don't hesitate to contact me.

## serc coordinator

By: Trudie Myers

SERC for 2013-14 began with a rousing Conference in Asheville, NC. We now look forward to a wonderful 2014-15 Conference in Savannah, GA at the end of October this coming year where Rhonda Coy will be the star in Florida's crown.

Remember your \$10 chapter donation. Let's make Rhonda proud of Florida with a 100% participation.

## awards

By: Kay Patskoski & Barbara Kalm

By the time you read this the date for awards entry will probably be past. If April 10<sup>th</sup> has not passed, get busy NOW! We cannot accept any entries posted after April 10th. At that time, we must get to work reading and checking all entries. The State Officers will have sent us the information we requested and we are very busy. We can't wait to recognize all who have done so well this past sorority year. A big Thank You to all. Awards Luncheon at Convention is always fun. Be prepared to celebrate and hoot and holler for a job well done.

## webmaster

By: Lin King

Go to [www.esaflorida.net](http://www.esaflorida.net) for all things Good, Informative, and Yummy. Learn what your fellow sisters are doing in their chapters. Get the latest forms, event notices, and registration forms. Even read the *Florida Lamp*.



Learn about **Santa America** - ESA's latest partner for helping others. See what small businesses our members are conducting. Send me your news and pictures so others can see what you are doing and share in your experiences.

## parliamentarian

By: Beth McCoy

Below are the proposed By Law changes. Please review them with your chapter and come to Convention prepared to vote on them. It looks like a great many – but when you read over them you will find that they are all basically the same thing. They are making sure that each Officer/Committee Chairman sends the pertinent information they have to the Awards Coordinator by April 10<sup>th</sup>.



### Florida State Council

## PROPOSED BY LAW CHANGES



#### Corresponding Secretary Article V Section 1-E

**Add:** She shall send the Awards Coordinator, by April 10<sup>th</sup>, a list of all chapters with the number of on-time minutes reported and the number of meetings held.

The by law will read: The Corresponding Secretary shall assist the President with all correspondence. She shall notify the board members of meetings and important information between meeting dates. She shall preside in the absence of the President, the First Vice President and Second Vice President, and shall act as Recording Secretary, if necessary. She shall maintain a file containing chapter minutes for the current and preceding year only, and shall inform chapters of their progress periodically. She shall send the Awards Coordinator, by April 10<sup>th</sup>, a list of all chapters with the number of on-time minutes reported and the number of meetings held. The Corresponding Secretary shall be an ex-officio member of all committees except the Nominating Committee. She shall prepare an updated notebook to be given to her successor.

#### Treasurer Article V Section 1-F

**Add:** She shall send the Awards Coordinator, by April 10<sup>th</sup>, a list of chapter roster members as of March 31, and the dates chapter dues and IC dues were paid.

The by law will read: The Treasurer shall receive and distribute, according to the adopted budget (Article IX, Section 2A), all monies except philanthropic. She shall deposit all funds in the bank of her choice, with checks to be signed by the Treasurer or the President. She shall keep accurate records of all transactions. These reports shall be open for inspection upon request. She shall be chairman of the Budget Committee and shall submit a proposed budget to the Budget Committee for revisions and approval. She shall mail credential statements forty-five (45) days before State Convention to qualifying chapters. She shall prepare five (5) copies of a Credential Tally Sheet to be distributed as follows: Recording Secretary, Philanthropic Director, Credentials Desk, Awards Coordinator, and Treasurer's file. She shall be responsible for notifying Board Members of roster changers. She shall send the Awards Coordinator, by April 10<sup>th</sup>, a list of chapter roster members as of March 31, and the dates chapter dues and IC dues were paid. She shall order for State Convention presentation the Full Crown Pin, Gavel and Guard for the incoming President. The Treasurer shall render an annual financial statement; have her books closed, forward bank records, books, receipts, and financial statements for audit within forty five (45) days after the close of State Convention. She shall submit for publication to the October LAMP, a categorical financial recap to include: total budgeted, total expenditures, and remaining balance at the close of audit. She shall prepare an updated notebook to be given to her successor.

# PROPOSED BY LAW CHANGES

## Philanthropic Director Article V Section 1-G

**Add: Monies and Hours Awards, and report same to the Awards Coordinator by April 10<sup>th</sup>**

The by law will read: The Philanthropic Director shall act as coordinator for all philanthropic projects. She shall be authorized to deposit to the bank of her choice, all monies for these State Projects: Florida School for the Deaf and Blind and the ESA Foundation Scholarship Fund. She shall keep records showing receipts and disbursements of each project, with checks to be signed by the Philanthropic Director or the President. She shall have her books closed and audited by the end of May. She shall attend, or designate, with the President's approval, someone to attend the Graduation Exercises of the Florida School for the Deaf and Blind, to present the Citizenship Awards. She shall determine from her records the winners of the State Philanthropic **Monies and Hours Awards, and report same to the Awards Coordinator by April 10<sup>th</sup>**, and submit the state entries for International Council Philanthropic Awards. She shall ask the Board for guidance in determining which Florida Scholarships will benefit from the 50% undesignated contributions to the ESA Foundation Scholarship portion of the State Project Fund (Standing Rule #1). She shall prepare an updated notebook to be given to her successor.

## Educational Director Article V Section 1-H

**Add: She shall send to the Awards Coordinator by April 10 the number of on-time reports received from each chapter, noting the number of programs and if Theme books were received on time.**

The by law will read: The Educational Director acts as coordinator for all chapters educational endeavors. She shall keep monthly reports on file and inform chapters of their progress. **She shall send to the Awards Coordinator by April 10<sup>th</sup>, the number of on-time reports received from each chapter, noting the number of programs and if Theme books were received on time.** She shall arrange for the judging of educational programs for state awards and prepare the display at State Convention. She shall be allotted the postage/shipping charges necessary to forward the top three educational programs to the International Chairman after the State Convention and before June 1st, for judging prior to the International Convention. She shall prepare an updated notebook to be given to her successor.

## The Junior Past President-Disaster Fund Article V Section 1-I

**Add: by April 10<sup>th</sup>**

The by law will read: The Junior Past President shall be the Florida Disaster Fund Chairman and shall receive donations and remit same monthly to the International Council Disaster Fund Chairman. She shall report individual chapter donations to the Philanthropic Director and Awards Coordinator **by April 10<sup>th</sup>**. She shall also serve as a member of the Bylaws Committee. She shall prepare an updated notebook to be given to her successor.

## St. Jude Coordinators Article V Section 2-F1

**Add: by April 10<sup>th</sup>**

The by law will read: The Senior St. Jude Coordinator shall act as liaison and work closely with the International St. Jude Coordinator and the ESA Headquarters' representative to provide information, support and assistance in the promotion of St. Jude Children's Research Hospital to the Florida State Council membership. She shall receive reports from the membership and the ESA St. Jude office, compare and follow-up on any discrepancies. She will prepare and submit a report of donations, mileage equivalents and hours to the State Awards Coordinator **by April 10<sup>th</sup>**. She shall prepare and submit a report of donations, mileage equivalents and hours to the State President for the International Council reporting year, June 1-May 31, and the Southeastern Regional Council reporting year, October 1-September 30. She shall work closely with the Junior St. Jude Coordinator in preparation for the upcoming position of Senior St. Jude Coordinator. She shall prepare an updated notebook to be given to her successor.

## Easter Seals Chairman Article V Section 2-G1

**Add: by April 10<sup>th</sup>**

The by law will read: The Senior Easter Seals Chairman shall act as liaison and work closely with the ESA Headquarters representative to provide information, support and assistance in the promotion of Easter Seals to the Florida State Council membership. She shall receive reports from the membership, prepare and submit a report of donations, mileage equivalents, and hours to the state Awards Coordinator **by April 10<sup>th</sup>**.

## ESA Foundation State Counselor Article V Section 2-H1

**Add: by April 10<sup>th</sup>**

The by law will read: The Senior ESA Foundation State Counselor must be a member of the ESA Foundation and shall promote the activities of the ESA Foundation (philanthropic and educational). She shall encourage chapters and members to become members of the ESA Foundation. She shall receive donations and remit same monthly to the ESA Foundation. She shall report individual and chapter donations for ESA dues and monies for the ESA Scholarship Fund to the State Philanthropic Director monthly. She shall report all totals yearly to the State Awards Coordinator **by April 10<sup>th</sup>**. She shall prepare an updated notebook to be given to her successor.

## Florida State Council

# EXECUTIVE COMMITTEE NOMINEES

### 1<sup>st</sup> Vice President – Barbara Fry

State Chaplain, State Educational Director, Recording Secretary, Audit Chair, 2<sup>nd</sup> Vice President  
SERC Scrapbook Editor  
All chapter offices

Barbara has been a member of ESA for 40 years and is a member of Delta Alpha. Barbara has been Chapter Woman of the Year and 2<sup>nd</sup> Place State Woman of the Year. She is a 4<sup>th</sup> Degree Pallas Athene.

### 2<sup>nd</sup> Vice President – Ida Schultz

Secretary, Treasurer  
State Philanthropic Director  
Chapter President, Vice President, Secretary, Treasurer, Philanthropic and Educational Director

Ida is a "What ESA Means to Me under 1 year" winner and Woman of the Year. She is a 25-year ESA member and is a member of Rho Chi.

### Recording Secretary – Sharon Haydon

State Recording Secretary  
Chapter Philanthropic Director, Educational Director, Publicity Chair, Chaplain

Sharon has been chapter Woman of the Year, Miss Enthusiasm, and won First Place as State Educational Director. She has been an ESA member for 20 years and is a member of Nu Alpha.

### Treasurer – Bethany Sutherland

State SERC Coordinator, Treasurer  
Chapter Educational Director, Treasurer, Philanthropic Director, Vice President and President

Bethany has been a member of ESA for 6 years and is a member of Lambda Xi.

### Educational Director – Trudie Myers

Served as every chapter officer  
Served all chairs in the Georgia/Savannah City Council  
Florida SERC Coordinator

Trudie has been a member of ESA for 38 years and is a 5<sup>th</sup> Degree Pallas Athene. She won the Mai Wells IC Educational Award and was voted Georgia Woman of the Year. Trudie is a member of Alpha Gamma.

### Educational Director – Alisha Hulslander

Chapter President, Vice President, Treasurer, Philanthropic Director, Chaplain, and Scrapbook Chair  
Bay Area Council Chair  
FSC Corresponding Secretary, Lamp Editor, Diversity Chair, Scrapbook Chair

Alisha has been Chapter Woman of the Year, Miss Enthusiasm, and won Outstanding Youth award before becoming a member of ESA. She has been a member for 5 years and is a member of Eta Rho.

### Philanthropic Director – Mary Sosa

Chapter President, Vice President, Secretary, Philanthropic, Educational Director, Jonquil Chair  
FSC Chaplain, Easter Seals Co-Coordinator, Educational Director

Mary has been Chapter Woman of the Year, winner of "What ESA Means to Me under 1 Year" award, and has won the Distinguished Athenian award. She has been an ESA member for 14 years and is a member of Rho Chi.

### Corresponding Secretary – Jan Billias

Former FSC President  
Awarded Outstanding State President at IC in 2009.  
State Educational Director twice  
Received the Maie E. Wellsas award for Outstanding State Educational Director.  
Has held a position on the Board, either appointed or elected, for the past 11 years.  
Has held every position on the chapter level except treasurer  
Treasurer of Missile Area Council

Jan has been a member of ESA for 25 years and is a 5<sup>th</sup> degree Pallas Athene.

# Alpha Gamma

#3513, Crystal River



Alpha Gamma's Penguin Posse is on the move. Our frosty winter has really encouraged them that Florida is a good place to live. In their monthly visits they have learned about the animals they would live with through their educational programs. They have been encouraged by the low number of predators they would encounter. They found lots of algae in the waters for food so they would not have to endure the long walk as in "The March of the Penguins" to obtain the food necessary to feed their young. Stay tuned for other things they have learned about Florida wildlife.

In the picture shared here, one can see the members of the penguin posse climbing the "Hershey Kiss" depositing their coins for the St. Jude "Pucker Up" event.

The Penguin Posse is so happy to have many new "sisters" that have joined Alpha Gamma. Their energy is contagious. Alpha Gamma is on the move!

# Alpha Nu

#3398, Merritt Island

Congrats on a great Leadership meeting...State Board and Beta Phi!! The five of us who were there felt it was one of the best. It is always good to see sisters we have not seen for awhile. NOW, we can't wait to get to Convention.

Our year is ending with a fast speed ride....We have two trike a thons in March at two preschools. They are fun for all and the youngsters learn bike rules, plus how wonderful it is to give to someone else, like the children at St. Jude. Last year, one young gal told us..."This is not a race, you know, it is for the sick children who can't ride trikes." What it's all about, huh?

We have been learning of each member's favorite art, hearing about music, stage plays, photography, reading, and ballet among other things. New officers are on the way as we finish the 2013-14 with our own awards day, honoring our members as they each earned their special recognitions. See you soon.



Barbara Kalm, Kay Patskoski, Joyce Andrade, and Alice Schwindt warm up for the Trinity Lutheran Church St. Jude Trike-a-thon.



Kay teaches children to stop for cars!



Barbara and teacher help secure the children's helmets.



Joyce takes her turn with oncoming Traffic!





# Beta Beta

#5359, Palm Harbor



We held our annual Happy Unbirthday Party for children at the Sheriff's Youth Ranch in Oldsmar. This year our theme was the Olympics. The ages of the children are very diverse so it was a bit of a challenge to get each age occupied, but we "overcame." We did Duck Duck Goose, Musical Chairs, and attempted the Olympics curling and balance beam, but ended up with balloon busting and beading, which was the children's favorites. The ice cream cake is always the "Pièce de résistance" though.

Beta Beta worked for months to help prepare for the Valspar Championship that was held on March 10-16, 2014 at the Innisbrook Resort. It was a full time job for some members, but it was rewarding and fun too. Our duties included wrapping 1,303 napkins around flatware sets, cutting and hemming more than 50 tablecloths, paint can labeling, using FedEx to send out tickets, floral arranging, distributing uniforms and . . . Well, you name it, we did it.



# Epsilon Lambda

#3440, Cocoa Beach

Some of our members have been busy this winter taking care of family members, themselves, and moving. We are happy that one of our members, Heather Summy, will be able to become more active due to an employment change that will result in less travel.

In January we held a dinner social and an informal business meeting. We had more social time than business. This was due to 2 members being unable to attend. Those of us who could attend decided to meet at Kelsey's Pizzeria for dinner and discussed about 1 or 2 issues. Our February social to Chart House, Melbourne, was cancelled due to illness and other conflicts. The Chapter installation will be held at the Chart House on April 5th.

Sue Ceriale was the only chapter member who attended Leadership. She shared what she learned at our March business meeting.

Charter member Martha Stickland is confined to bed most of the time. She would appreciate cards to brighten her day. Her address is 4605 Ocean Beach Blvd., Cocoa Beach, FL 32931.

# Eta Rho

#5522, Oldsmar

We are so excited for Convention coming up on May 16th through the 18th at the Holiday Inn Westshore, 700 N. Westshore Blvd., Tampa, FL 33609.

Room rates are \$109.00 per night and full weekend registration is \$120 (see insert for details).

On Friday night come in your best tacky tourist outfit for a cheeseburger in paradise. Saturday we will relax on some beach somewhere during our Awards Luncheon, and Saturday night we will all get dressed up and head to Margaritaville.

Don't forget your loose change and your decorated flip flops for the flip flop contest.

Hope to see you there – It's always 5 o'clock somewhere!



CHAMPTEIR  
CHATTTEIR

# Gamma Rho

#2537, Fort Myers

At our July meeting at Dodie Booher's, we had a brief educational program beginning our "Tip Your Hat to the Cook" series with a 'recipe' for Adopting Good Behaviors Today to begin being healthier. Each member who was not at State Convention received one of the recipe holders given to everyone by Lambda Xi in Jacksonville.



Betty Sanders hosted the August meeting. She also presented the educational program. She served lunch including her recipe from the program....Vidalia Onion and Sweet Corn Grits. We made the little loop ribbons with a pin for the Harry Chapin Food Bank to be worn by volunteers during October, which is Hunger Action Month. On August 23rd and 24th, the chapter helped Betty with a garage sale at her mother's house. We set up on the 22<sup>nd</sup>. We realized \$108.00 from the sale and \$63 from jewelry sold by Ways and Means Chairman, Charlotte Williams.

The September meeting was held at Charlotte's. We had no business or educational program as many were absent for various reasons. A group of us had lunch at Chili's in support of St. Jude Children's Research Hospital.



Marti (left), Jo (center), and Charlotte (right) playing!

The October meeting was at Marti's. We had two programs...Gladys Bauer gave hers on Noodle Kugel. This was given to her Grandmother by a neighbor and has been served in her family ever since. Marti gave hers on Pork Chop Casserole that was sort of devised by one of her sons. Marti, Gladys, Dee, and Betty attended Mid Year in Clearwater. Thank you Sigma Tau and the FSC board for a fun and productive day. We had lunch at Bucca di Beppos in the Edison Mall on the 29<sup>th</sup> with 8 members and 1 guest, Debbie Burton, in attendance.

Jo hosted the November meeting. Charlotte gave the program on German Christmas Cooking. We had a guest Sandy Heinrich. Five of us journeyed to Sarasota on the 19<sup>th</sup> to have lunch at a favorite Amish Restaurant and shop their lovely gift shop.



The food was excellent and the shopping is always fun. November 23<sup>rd</sup> found us cruising down US 41 before day to participate in the 2013 "Give Thanks. Walk" for SW Florida. It was held in lovely Sugden Park in Naples. Seven members – Donna, Betty, Jan, Marti, Dee, Jo and Donna's daughter, Wendi, and two of Donna's friends worked and raised money. Four family members of Betty's, her daughters, Tracey and Tricia, and two great grand daughters, Carliss and Janirah, also raised monies for the Walk. The SWFL Walk raised \$75,000, and more is still coming in. Our rep, Carolina, from Miami and the chairman, and Kimberly do an awesome job along with the rest of the committee.

Betty hosted the December meeting. Donna gave the program on a wonderful recipe for pork tenderloin. We exchanged our chapter Christmas Cards and had our ornament exchange as well. We had our secret sister party at the Veranda Restaurant in downtown Fort Myers. We exchanged gifts and had good food and fellowship.

Our January meeting was hosted by Dee Ammons. Her granddaughter, Tonya Parrish, shared 31 products with us. Dee gave the program on two recipes – one from her mother, called Danish Klyner, and one from her granddaughter, a sausage, cabbage, and noodle casserole.



Charlotte, Marti, Marilyn, Betty and Dee stuffing goodie bags for the Harry Chapin Food Bank Hunger Walk.

Five of us worked at the Harry Chapin Food Bank filling goodie bags to be given out to the participants at the Hunger Walk on Saturday, January 18<sup>th</sup> at Miromar Outlets.

We had a 'tea/lunch' at the Garden Tea Room at the Butterfly Estates on the 21<sup>st</sup>. We had 3 guests, Jan's daughter, Julie Frietag from Texas, and 2 friends of Yvonne McBride's from Missouri, Linda and Suzanne.



Jo, Linda, Suzanne, Charlotte, Donna, Betty, Jan, Julie and Marti at the Garden Tea Room.

Our February meeting was held at Donna's. Jo Schweinfurth presented her program on Italian Cream Cake and Donna presented a recipe, Walnuttoes, from "Lemon Meringue Pie Murder" by Joanne Fluke, for our program prepared by Marilyn Bonneau. We held a Bakeless Bake Sale and realized \$140. Eight of us and Charlotte's guest, Gail Dulock, had lunch at the Lighthouse Restaurant. Dee brought our 31 products for distribution and the \$80 we earned from it. It was a beautiful day and a good time. See you soon in Tampa.

CHAPTER CHATTER

# Lambda Xi

#5291 Jacksonville



The ladies of Lambda Xi have been busy bees in 2014! On February 22, seven members (Bethany S., Brianna V., Kay W., Krista S., Melissa F., Mona K., & Regina B.) volunteered at the 26.2 with Donna Finish Breast Cancer marathon expo by distributing packets to participants. This was to show support for member Tiffany Metcalf who participated in the race the following day. In March, all of the members rallied and gathered donations, including non-perishable food items for Blessings in a Backpack, Care Bags for Quigley House, and bottles of soap for the Ronald McDonald House. On March 8, Brianna V., Krista S., and Regina B., along with several friends and family participated in the Mutt March Pet Walk & Festival, which raised money for the Jacksonville Humane Society. On March 21, seven members (Brianna V., Kay W., Krista S., Lin K., Melissa F., Mona K., & Regina B.) traveled to Kissimmee, FL to volunteer bright and early on March 22 (shifts began at 7:30a.m.) at Give Kids the World. We had a great time, learned a lot, and are planning on making this an ongoing project.



We had to say goodbye to long-time member, Donna Cornett, at our February Business Meeting. Donna retired and relocated to New Hampshire to be closer to family. We will miss that sassy lady, and we will always consider her a sister of Lambda Xi and ESA. Lastly, please keep Lambda Xi member, Jasmin Guevera, in your thoughts and prayers. After a bout with pneumonia, Jasmin suffered a stroke. She continues to improve daily, but still has a long road ahead in her recovery.

CHAAPTIER CHAAPTIER

# Rho Chi

#5351, Wesley Chapel

We've had a wonderful year and again surprised ourselves by the number of hours and monies that we have raised to support our special charities. Not only have we helped St. Jude's, FSDB, and our ESA projects, but many new local charities that we learned about this past year. We have enjoyed our "sister time" while doing these projects. I wonder how we would spend our time if it were not for ESA? Thank you ESA!

# Sigma Phi

#5565, Clermont

Can you believe it – we just celebrated our 1 year anniversary!!! We enjoyed a wonderful dinner out with our husbands to celebrate this milestone and to look back on what we have accomplished in our first year....and boy that was a lot.

Now we have jumped right into the next year and made those goals even higher. We just wrapped up our "Show Me the Pot of Gold" raffle; proceeds from this will be going to St Jude's and local charities.

**SAVE THE DATE!!!** Our 2<sup>nd</sup> annual Sock Hop will be held on September 27, 2014. Please stay tuned for details.

We are busy planning our next year which we promise will be full of laughs and even more accomplishments. See everyone at Convention!

# COCKTAIL CORNER Cadillac Margarita

In order to pull off the "proper" Cadillac Margarita, use a top shelf tequila (consider a reposado instead of a blanco). Skip the white orange liqueurs like triple sec and even Cointreau and use cognac-based Grand Marnier. The next tip is to go with fresh lime juice. With this formula you will have the ultimate Cadillac Margarita. **Prep Time:** 3 minutes, **Yield:** 1 Cocktail

**Ingredients:** 1 1/2 ounces premium tequila, 1 ounce Grand Marnier orange liqueur, 3/4 ounce lime juice, Salt for rimming

**Preparation:** Pour the ingredients into a cocktail shaker with ice cubes. Shake well. Strain into a chilled cocktail glass rimmed with salt.



## EDITORS' NOTE



Brianna Vasgar & Regina Bell

We hope you enjoyed this edition of the Florida Lamp. Thanks to all those who were able to contribute!

We're so excited for the upcoming State Convention in May, and we look forward to seeing everyone there.

The submission deadline for the July 2014 edition is June 10th. Please send your reports in Word format, if possible. Email us at [floridalamp@hotmail.com](mailto:floridalamp@hotmail.com) with any questions or comments.

Well, we gotta go 'cause...



## PASSING THE TORCH



As recently discussed at Leadership, your job **AS A CHAPTER** is to create a torch of your own that displays your plan on how you are going to keep your members passion for ESA burning! This can be done in any way that you choose.

Please include some details of your work in your minutes when you send them for March and April's meetings, but be very brief; Alisha will be looking for them.

Please turn in your torch when you arrive at the Convention hotel in May. You can give it to Kayla or Alisha (they will be in the same room). There will be a torch passing ceremony at Convention to celebrate everyone's hard work!

Remember we all have our own individual strengths differences but we are united because **WE ARE ESA!!!**



## IT'S FIVE O'CLOCK SOMEWHERE

JIMMY BUFFETT

The only thing better than a Margarita is two Margaritas.



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## FSC Convention

### HELPFUL HINTS

#### Things to do NOW:

1. Send your registration in as soon as possible. Be sure to fill it out completely.
2. Make your room reservations and don't forget to tell them it is in the ESA block.

#### Things to bring:

1. Your Pin – Wear it Proudly all weekend. You do not have to wear it Saturday night.
2. Camera – You will want to remember these special moments (or use for blackmail).
3. Money – Cash is best for raffles, etc. Credit is good for hotel expenses, etc.
4. Makeup – Lots of cover up, eye drops, deodorant, aspirin, hair spray, safety pins...whatever will get you through. Nights are short at Convention.
5. Snacks/Drinks – For personal use in your room.
6. Association of the Arts entries.
7. Sweater – We can please some of the people some of the time, but never all of the people.
8. MOST IMPORTANT – Your smile, your spirit, and your desire to be flexible and have fun!

#### What to wear:

1. Friday – Casual lunch and mixer attire.
2. Saturday – Morning meeting business attire, and dinner formalwear.
3. Sunday – Travel clothing.

#### What to do:

1. Check-in to the hotel and get settled in your room.
2. Go to Convention Registration as soon as possible. Register, pick up your "packet" with your name tag, ballots, agenda, etc.
3. Review the times in the agenda as you don't want to be late for any functions.
4. Mix, mingle and get to know new people and reconnect with those you haven't seen in a while.

#### Miscellaneous:

1. You are in a hotel, so don't bring anything you don't mind leaving in your room unattended.
2. Be patient...especially with the elevators. It takes time to move 100+ people.
3. Be flexible and willing to participate.
4. The weekend is meant to be a fun, uplifting celebration to be shared by all.
5. REMEMBER our saying - What happens at convention, stays at convention... **Have Fun!**



**2014 ANNUAL FLORIDA STATE CONVENTION**  
**"IT'S 5 O'CLOCK SOMEWHERE"**  
**MAY 16 -17 -18, 2014**  
**HOLIDAY INN – WESTSHORE**



Member Name   Linda (Lin) King   Guest Name \_\_\_\_\_  
 Chapter Name   Lambda Xi   Number   5291   City   Jacksonville    
 Phone Number   904-608-9525   Email   linjking@aol.com  

Check ALL that apply:

First Time Attendee     Voting Delegate     Alternate Delegate     Chapter President  
 State Board     SERC Board     IC Board     Past State President     Past SERC Pres.     Past IC Pres.

**CONVENTION REGISTRATION**

	<u>Member</u>	<u>Guest</u>
Full Registration ( All Meals Included)	<b>\$120.00</b>	<b>\$120.00</b>
Saturday Night Meal: <u>CIRCLE CHOICE</u> of Chicken Marsala OR Seared Tilapia		

	<u>Member</u>	<u>Guest</u>
<u>Partial Registration:</u>	<u>  X  </u> \$5.00	<u>      </u> \$5.00
Friday Night	<u>  X  </u> \$25.00	<u>      </u> \$25.00
Saturday Awards Lunch	<u>  X  </u> \$31.00	<u>      </u> \$31.00
Saturday Banquet	<u>  X  </u> \$50.00	<u>      </u> \$50.00
<u>CIRCLE CHOICE</u> of Chicken Marsala OR Seared Tilapia		
Sunday Breakfast	<u>  X  </u> \$14.00	<u>      </u> \$14.00
<b>PARTIAL REGISTRATION TOTAL:</b>	<b>\$ _____</b>	<b>\$ _____</b>
(sum of selected meals + \$5.00)		

Registrations after May 3<sup>rd</sup> please add \$5.00 late fee per person.

Make check or money order payable to: **ETA RHO**    Total Enclosed \$   120.00      Check Number   1402    
 Mail payment and form to: **Robin Allred 315 Country Club Dr. Oldsmar, FL 34677**

**HOTEL RESERVATIONS**

**Holiday Inn – Westshore** (formerly Wyndham Hotel Tampa)  
 700 N. Westshore Blvd. Tampa, FL 33609

*Florida State Council - \$109.00 Guest room rate*  
*May 15 – 17, 2014 (make sure you state Florida State Council Convention block)*  
**To book your reservation please call (813) 289-8200 DEADLINE April 27, 2014**

## Wreaths Across America

At the Leadership Conference in Ocala, Janice Dietrich presented the Florida State Council with a certificate of appreciation from Wreaths Across America recognizing the participation of Florida chapters in its 2013 program. State Council President Kayla Andux accepted the certificate on behalf of the chapters.

December 14, 2013 saw Florida ESA chapters sponsoring 119 live green wreaths with a red velvet ribbon, which were among the 9,200 wreaths placed at Florida National Cemetery in Bushnell. The program started in Arlington National Cemetery and grew to over 300 locations in every state, Puerto Rico, and 24 overseas cemeteries.

December 13, 2008 was unanimously voted by the U.S. Congress as "Wreaths Across America Day." Two years later, over 220,000 memorial wreaths were laid at 545 locations in the U.S. and beyond.

Sigma Tau Chapter in Clearwater, with Janice as WAA's group leader, will again promote this philanthropic program. As done last year, for every two wreaths purchased for \$15 each, WAA will place three wreaths. And this year, the first two wreaths will be placed at Bushnell and the third wreath will be placed at Arlington National Cemetery in recognition of its 150<sup>th</sup> year.

Also, you don't have to wait until fall to participate in the program. One contributor has chosen WAA as an avenue for alternative giving, purchasing wreaths for birthdays, memorials or other occasions. If you would like to do this as a part of your chapter's philanthropic program under Hope for Heroes, contact Janice at [jdietri2@tampabay.rr.com](mailto:jdietri2@tampabay.rr.com). Remember to report your contribution to your chapter. If you participate in the wreath laying ceremony, which will be Saturday, December 13 – same date and time nationwide on the East Coast - you can also report your time and mileage.

For more information, go to [WreathsAcrossAmerica.com](http://WreathsAcrossAmerica.com) or contact Janice.

