

THE ROSARY OF THE SEVEN SORROWS OF MARY



FOR THE WORLD TODAY IN CRISIS

An act of Consecration to the Immaculate Heart of Mary



**Consecrate Yourselves
Your Homes
Your Families
Your Parish and
Your Parish Priest
Daily !**

Act of Consecration :

O Virgin of Fatima, Mother of Mercy , Queen of heaven and earth, refuge of sinners, we consecrate ourselves to Your Immaculate Heart .
To You we consecrate our hearts, our souls, our families and all that we have. And in order that this consecration may be truly effective and lasting , we renew today the promises of our Baptism and Confirmation ;
And we undertake to live as good Christians faithful to God, the Church , and the Holy Father. We desire to pray the Rosary , partake in the Holy Eucharist attach special importance to The First Saturday of the month and work for the conversion of sinners. Furthermore we promise , O Most Holy Virgin , that we will zealously spread devotion to You , so that through our consecration to Your Immaculate Heart and through Your own intercession the coming of the Kingdom of Christ in the world may be hastened. Amen. Fiat.

Morning Offering of Reparation :

O Jesus, through the Immaculate Heart of Mary , and in union with the Holy Sacrifice of the Mass being offered throughout the world today. I offer You all my prayers, works, joys, and sufferings of this day in reparation for the offences committed against the Immaculate Heart of Mary , for my sins and the sins of the whole world. Amen. Fiat.

The Rosary of the Seven Sorrows of Mary



This Seven Sorrows Rosary is **so powerful** and the promises from Jesus & Mary to those who say this Rosary are **immense!**

By Philip Illsley.

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FOREWORD :

I wish to dedicate this Seven Sorrow's Rosary to three special people.

My Parents: my Mother - Elsie May Illsley 1913-1990, my Father - Arthur George Illsley 1910-1983 and a very generous soul who first sent me the Seven Sorrows Rosary. Since that day I have not stopped saying it. I want also to express my gratitude to many people (too numerous to mention by name) for their generosity, encouragement, advice and prayers - including my own family who have given me the inspiration to produce this book.

Over the years I have become more and more aware of Mary's urgency in calling all her children to Holiness of life. I pray that you, who will read this book, will treasure the teachings of our Mother Mary, and allow Jesus and His Blessed Mother to enrich your inner journey towards the blessed homeland of Heaven.

PHILIP ILLSLEY

Our Blessed Mother tells us: "When we pray, our hearts are open and God loves us with a special love and He gives us special graces." Therefore she says "Make good use of this time of grace and devote it more to prayer and to God." The Holy Virgin has promised that when The Seven Sorrows Rosary is prayed with an open and repentant heart the rosary would win us the Lord's forgiveness for our sins and free our souls from guilt and remorse. She also promised that, over time, the rosary would develop within us a deep understanding of **why** we sin and that knowledge would give us wisdom and strength to change or remove any internal flaws, weaknesses of character, or personality faults, causing unhappiness and keeping us from enjoying the joyous life God intended for us. Mary, our Mother, says: "I am the Mother of the **King of Heaven**, and He calls Me **full of grace** and, being full of grace, I am able to dispense graces to all of my children who pray and those who recite **The Rosary - The Seven Sorrows Rosary** are My Sons and My Daughters and Brothers and Sisters of **My only son, Jesus Christ.**"

The Great and the most powerful people on earth today **are those who pray and have a daily prayerful life!!!** These are the people who are doing **The most for Our Lord and His Blessed Mother!** These are the people who put **daily prayer first in their lives** then they group all the other items in life's daily schedule **around and after their time spent in daily prayer.**

This Seven Sorrows Rosary is very powerful, and we should dedicate this rosary to honour our Blessed Mother by following and sharing in Her suffering.

And when we pray this **Seven Sorrows Rosary** our Blessed Mother comes to us as **Our Lady of grace**, with Hands outstretched, and Rays of Light emit from Her Hands Piercing your body; healing you, and filling you with Graces. **This is your inheritance** which was poured out from **The Heart of Jesus** on The Cross when the centurion pierced **His Heart** with the spear into the only pure vessel to receive such graces **Our Blessed Mother who was there at the foot of the Cross; and what a Mother.**

There are **Three** intentions that I would like us all to offer this Seven Sorrows Rosary for.

These are:

- 1) **1st Intention** ----- Forgiveness as the basis of all our healing. Therefore our intention must be to **Forgive** all those who have hurt and upset us in the past. We ask Jesus to forgive them, to bless them and to heal them. We ask Jesus for all the times that we have hurt and upset others during our entire life. We ask Jesus for His pardon, His healing, and for His forgiveness.
- 2) **2nd Intention** ----- To Pray for all the **unbelievers** in this world, especially all those **who do not believe that God Exists** --that all these poor sinners will return to their Father's house before The Coming Tribulation, The Warning, The Miracle, and the possible Chastisement foretold by Our Blessed Lady the Queen of Prophets at Garabandal in Spain in 1961.
- 3) **3rd Intention** -----We must, **All of us in the Church today**, pray and fast to support our Pope Benedict XVI
Benedict is **Peter!** We all need to pray that Pope Benedict and all his Bishops will join him in consecrating all countries including RUSSIA to The Immaculate Heart of Mary. That they will all lead the Church in the First Saturday reparatory devotions to the Immaculate Heart of Mary. This will lead the Church to Victory over Lucifer as David led Israel to victory over Goliath and the Philistines. Pray for Pope Benedict as he prayerfully contemplates the promises and warnings of the three parts of the Message of Fatima, within the prophetic context of Garabandal and Akita, and to defeat his enemies, visible and invisible, who work against him within and without Christ's Church.
Jesus and Mary, we love You save souls.

HOW TO PRAY THIS ROSARY:

This rosary can be prayed aloud or contemplated silently, alone or with others: **But the key is for the prayers, reflections, and meditations, to always come from the depths of our heart.** To pray with the **heart** and not just with words, think about what you are saying, and to **whom you are addressing in prayer - God!**

Pope Paul VI Stressed the need for meditating on the mysteries of the Rosary when it is being said. Without this he said **“The rosary becomes a body without a soul”**

a form of gospel—meditation rosary is the purpose of this book!

PRAYER BEFORE THE SEVEN SORROWS ROSARY:

“Lord Jesus entered inside you, taking that which I find in you, transformed in you, and making myself one with you, I desire to pray --- the seven sorrows rosary in the divine will and to diffuse it in all creatures as at a single point in an act in the divine will, Bilocated main actor in my soul. Amen Fiat.

INTRODUCTRY PRAYER:

My God, I offer You this rosary for Your Glory, so I may honour Your Holy Mother, The Blessed Virgin, So I can share and meditate upon Her Suffering. I humbly ask You to give me true repentance for all my sins. Give me wisdom and humility so that I may receive all the indulgences and graces contained in this prayer.

ACT OF CONTRITION: O My God, I am heartily sorry for having offended You and I detest all my sins because I dread the loss of heaven and the pains of hell; but most of all because they offend You, My God; You who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to confess my sins, to do penance, and to amend my life. Amen.

THEN PRAY THREE HAIL MARYS.

THEN BEFORE EACH MYSTERY PRAY :

Virgin Most Sorrowful, Pray for us! In Red.

THE FIRST SORROW: The Prophecy of Simeon.

(Luke 2:22-35)



Virgin Most Sorrowful, Pray for us!

OUR FATHER – Green x1

HAIL MARY –Blue x7

After the days of Mary's purification period had come to an end after the birth of Jesus, Joseph and Mary took Jesus to the temple, as was required by the law of Moses. --- Our Father.

At the temple, there the old priest, Simeon, Who had been told by The Holy Spirit, that he would not see death until he had seen the Lord's Christ. --- 1st Hail Mary.

Simeon took the baby Jesus in his hands, and he Blessed God. Then, looking up to His Father in Heaven, he said "Lord, let Your servant go in peace now for my eyes

have seen Your Salvation" ---- 2nd Hail Mary.

"This child", Simeon said, will be a light of revelation for the Nations, and the Gentiles, and Glory to Your People, Israel.

--- 3rd Hail Mary.

Then Simeon looked upon Mary, and proclaimed "And you, woman, a sword of sorrow will pierce Your Heart because of the suffering that shall befall your Child."

--- 4th Hail Mary.

The Blessed Virgin knew that She had given birth to the Saviour of all Mankind, so she understood and accepted Simeon's prophecy.

--- 5th Hail Mary.

Mary's Heart was heavy and troubled for she knew what was written about the suffering and the death of the Saviour.

--- 6th Hail Mary.

Whenever she saw Her Son she was constantly reminded of the suffering He would be subject to, and His suffering became Her own.

--- 7th Hail Mary.

PRAYER: Beloved Mother who suffered at heart beyond bearing because of us, teach us to suffer with you as God wants. Imitating you we suffer and may our suffering be known to God only, like yours and that of Jesus. You dedicate it to God. You, who suffered with the Saviour of the world, you are a Mother greater than all. I Love You my Mother and I Give Myself to You.

HYMN: Through Her heart, His sorrow sharing, all His bitter anguish bearing. Now, at length, the sword has passed.

Holy Mother, hear my prayers. In my heart each wound renew, of Jesus My Saviour .

THE SECOND SORROW: The Flight into Egypt.

(Matthew 2: 13 -15)



Virgin most Sorrowful, Pray for us!

OUR FATHER - Green x1
HAIL MARY -Blue x7

Mary was greatly troubled when Joseph revealed to her the words of the Angel, that they should wake up quickly and flee because Herod wanted to kill the Infant Jesus.—Our Father.

The Blessed Virgin Mary hardly had time to decide what to take or leave behind. She took the child Jesus, left everything, rushed outside before Joseph so that they could hurry as God wished. --- 1st Hail Mary.

Then She said: “Even though God has power over everything He wants us to

flee with Jesus, His Son. God will show us the way and we shall arrive without being caught by the enemy. --- 2nd Hail Mary.

Because the Blessed Virgin was the Mother of Jesus, she loved Him more than anyone else. Her heart was deeply troubled at the sight of the discomfort her Infant Son experienced. --- 3rd Hail Mary.

Jesus was cold and shivering, and though they were tired and sleepy and hungry during this long travel, her only thought was about the comfort and safety of her Son. --- 4th Hail Mary.

She feared coming face to face with the soldiers who had been ordered to kill Jesus, because she was aware that the enemy was still in Bethlehem. --- 5th Hail Mary.

Her heart remained constantly anguished during this flight. --- 6th Hail Mary.

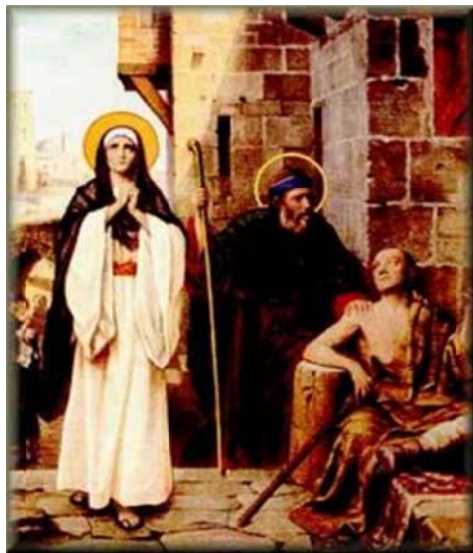
She also knew that where they were going there would be no friendly face to greet them. ---7th Hail Mary.

PRAYER: Beloved Mother who greatly suffered, give us a courageous heart like yours. We accept all the sufferings as God wishes, our own and those inflicted by others. You alone purify our suffering so that we may give glory to God and save our souls. I Love You My Mother, and I Give Myself to You.

HYMN: Oh how sad and sore distressed was that Mother Highly Blest, of the sole begotten Son. Holy Mother, hear my prayers, In my heart each wound renew, of Jesus My Saviour.

THE THIRD SORROW. : The loss of Jesus in the Temple.

(Luke 2: 42-52)



Virgin most Sorrowful, Pray for us!

OUR FATHER—Green x1
HAIL MARY --- Blue x7 .

The Blessed Virgin knew God's glory. She, who was most blessed among all others, received the gift of exceptional love that is the grace to love her Son far more than most parents love their children. Jesus was the only begotten Son of God, and also the Virgin Mary's Son. Our Father.

The Blessed Virgin loved Jesus more than herself because He was Her God. Compared to other children, He was a

most unique child because He was already living as God.

--- 1st Hail Mary.

When Mary lost Him on their way back from Jerusalem, the world became so big and lonely that she believed that she could not go on living without her Son Jesus; so great was her sorrow. --- 2nd Hail Mary.

Jesus had pleased her in everything. He never annoyed her in any way, nor would He displease His parents. --- 3rd Hail Mary.

As she looked anxiously for her beloved Jesus, deep pain welled in her heart; she blamed herself, asking why she didn't take greater care of Him. --- 4th Hail Mary.

But it was not her fault. Jesus no longer needed her protection as before. What pained Mary was that Jesus had decided to stay behind without her consent. --- 5th Hail Mary.

She knew however, that her Son always did what was necessary and she never suspected Him of being disobedient. --- 6th Hail Mary.

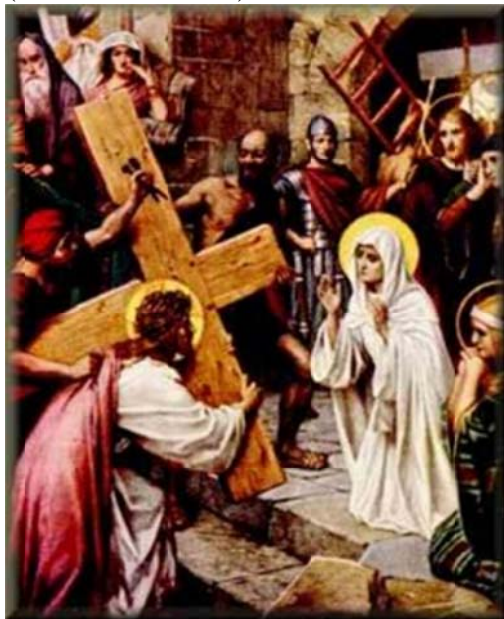
Mary felt the same pain Jesus felt when He was abandoned by His apostles during His Passion. --- 7th Hail Mary.

PRAYER : Beloved Mother , teach us to accept all our sufferings because of our sins and the sins of the whole world. I Love You My Mother, and I Give Myself to You.

HYMN: Is there one who would not weep, whelmed in miseries so deep, Christ's dear Mother to behold. Holy Mother, hear my prayers, In my heart each wound renew, Of Jesus, My Saviour.

THE FOURTH SORROW: Mary meets Jesus on the way to Calvary

(Luke 23 :27 -31.)



Virgin most sorrowful, Pray for us!

OUR FATHER --- Green x1.
HAIL MARY --- Blue x7.

The Blessed Virgin meets Jesus carrying the Cross on which He is to be crucified. See the anguish on her face. Our Father.

John, is informing her that Jesus, her beloved Son is going to be hanged on Calvary. --- 1st Hail Mary.

Mary sees Jesus carrying the heavy Cross alone; the Cross on which He is to be crucified. --- 2nd Hail Mary.

This doesn't surprise the Blessed Virgin because she already knew about the approaching death of Our

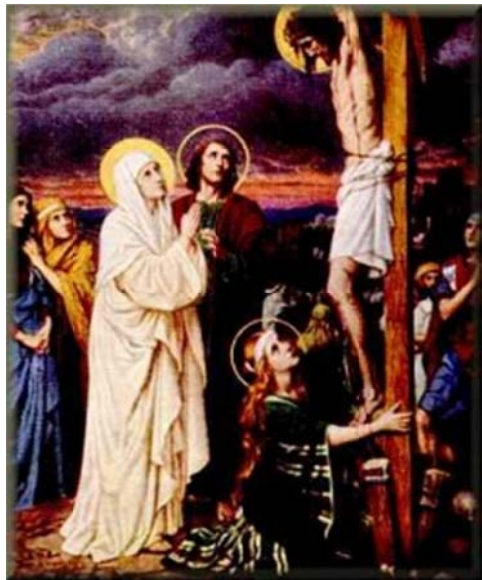
Lord, Jesus. --- 3rd Hail Mary. Already weakened by the numerous hard blows given with the soldiers' clubs, His body resembles a corpse carrying the Cross. --- 4th Hail Mary. Simon was made to help Him. The soldiers kept hurrying and pushing Him. --- 5th Hail Mary. Then He falls once more, exhausted, unable to raise Himself. At that moment Mary's eyes, full of tender love and compassion, meet His. --- 6th Hail Mary. Their hearts seem to be sharing the load. Nothing can be done except to believe in God and dedicate that suffering to Him. --- 7th Hail Mary.

PRAYER: Beloved Mother, stricken with grief, teach us to accept all our sufferings so we may relieve your sorrowful heart and that of Jesus. In doing so, may we give glory to God who gave you and Jesus to us. As you suffered, teach us to suffer silently and patiently. Grant unto us the grace of loving God in everything. O Mother of Sorrows, O Mother most afflicted of all mothers, have mercy on the sinners of the whole world. I Love You My Mother and I give Myself to You.

HYMN: Can the human heart refrain from partaking in Her pain. In that mother's pain untold. Holy Mother, hear my prayers, In my heart each wound renew, Of Jesus My Saviour.

THE FIFTH SORROW: Mary Stands at the foot of the Cross

(John 19: 38-40)



Virgin most sorrowful, Pray for us!

**OUR FATHER ---- Green x1.
HAIL MARY x7 .**

The Blessed Virgin Mary met Jesus and continued to climb the mount, following behind Him painfully and sorrowfully with deep anguish, suffering silently.
Our Father.

She could see Him staggering and falling with the Cross. She witnessed His being beaten and His hair pulled to force Him to stand up. --- 1st Hail Mary. Despite His innocence, when Jesus reached the top of Calvary, He was ordered to confess in front of the crowd so they would laugh at Him.

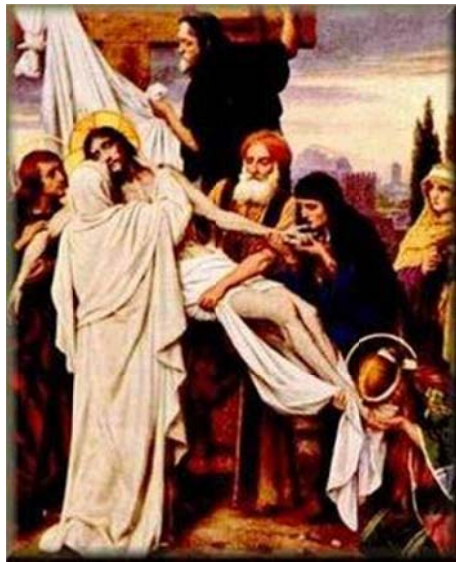
Mary deeply felt Her Son's pain and humiliation. --- 2nd Hail Mary. The Blessed Virgin felt sick at heart at seeing these tyrants crucifying Him naked and so shaming Him. --- 3rd Hail Mary. The Blessed Virgin felt pain beyond bearing when Jesus was stretched out on the Cross. They sat on Him heavily so that He would not shake when they spiked Him to the wood. --- 4th Hail Mary. As they hammered the nails through His hands and feet, Mary felt the blows in her heart. She felt her life fading away. --- 5th Hail Mary. As they proceeded to put the Cross in the hole ready to receive it, they jerked it and, because of its weight, the pain seared all over Jesus's body. He suffered three excruciating hours transfixed to the Cross. He was hurt to the core at seeing His Mother suffering too. --- 6th Hail Mary. Then Jesus died with His Blessed Mother called to die with Him in Spirit. When His sacred body was taken down from the Cross it was placed in the arms of His suffering and sorrowing Mother. --- 7th Hail Mary.

PRAYER: Beloved Mother, O Heart so martyred, give us the courage you had in all your sufferings so that we may unite our sufferings with yours and thereby give glory to God. Help us to follow all your orders so that Jesus's sacrifice will not be in vain and all sinners the world over will be saved. I Love You My Mother and I give myself to You.

HYMN: Who could see that Mother's grief without being saddened too while she suffers with her Son. Holy Mother, hear my prayers; in my heart each wound renew, Of Jesus My Saviour.

THE SIXTH SORROW: Mary receives the dead body of Jesus in Her arms

(John 19:38-40)



Virgin most Sorrowful, Pray for us!
OUR FATHER -- Green x1
HAIL MARY --- Blue x7 .

The friends of Jesus, Joseph, and Nicodemus, took down the body of Jesus from the Cross and placed it in the arms of the Blessed Virgin Mary.

Our Father.

Then Mary washed it with deep respect and love because she was His Mother. She knew better than anyone else that He was God who made Himself the Saviour of the people.

--- 1st Hail Mary.

She could see terrifying wounds because of the flogging He received at the hands of Pilate. His flesh had been torn in strips with pieces removed. All over His body there were

gaping wounds. --- 2nd Hail Mary.

Mary found that the scars and wounds from the nails were less severe than those caused by the flogging and by the carrying of the Cross. --- 3rd Hail Mary.

His beloved Mother was horrified at the thought that He had managed to carry the Cross. She saw that all the wounds on His Head had penetrated to the brain. She found that Jesus's death was far worse than that of the bandits. --- 4th Hail Mary.

When she saw Him, she remembered all about Him, from His infancy up to that time, and it filled her with deep anguish and sorrow. --- 5th Hail Mary.

Our Blessed Mother continued to be a martyr. She, the Queen of Martyrs, didn't hesitate to give her Son who became the Saviour of all humanity. --- 6th Hail Mary.

Mary Prayed that everybody would go to Heaven & that all would truly follow God, so that Jesus's torturous death would not be in vain. The Blessed Virgin prayed for us all.

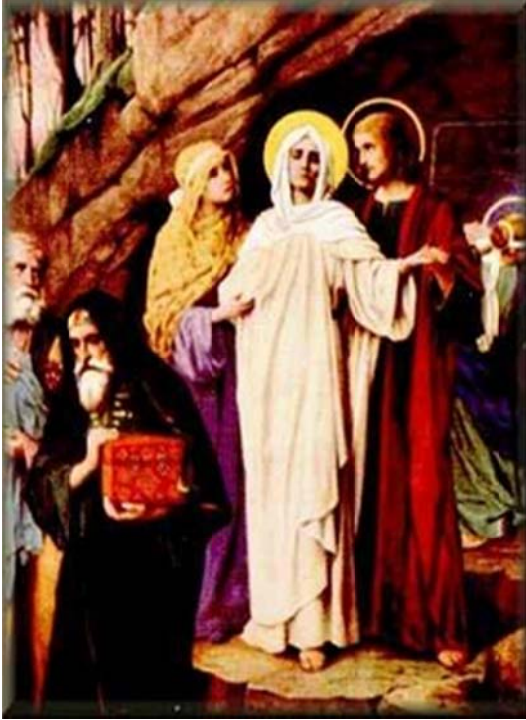
--- 7th Hail Mary.

PRAYER: We thank you, beloved Mother, for the courage You had in standing beneath the Cross on which your crucified Son was giving Himself up as our Saviour. That is when you became a wonderful Mother to us. We know that you love us more than our own parents. We implore you to be our advocate before the throne of mercy and grace so that we can be truly your children. We thank you for Jesus, our Saviour and Redeemer and we thank Jesus for giving you to us, the Co-redeemer and Mediatrix of all graces. Please pray for us, sinners of the world. I love you My Mother, and I give myself to You.

HYMN: For the sins of all the people, Saw Jesus hang in desolation, all with bloody scourges rent. Holy Mother, hear my prayers. In my heart each wound renew, Of Jesus my Saviour.

THE SEVENTH SORROW: Jesus is placed in the Tomb

(John 19: 41-42)



Virgin Most Sorrowful, pray for us!

OUR FATHER --Green x1 .
HAIL MARY --- Blue x 7.

The life of the Blessed Virgin Mary was closely linked to that of Jesus and depended on Him. Our Father.

Her only comfort was that His death had ended His unspeakable suffering. --- 1st Hail Mary. Our Blessed Mother, with the help of John, and the holy women, devoutly placed Jesus's body in the sepulchre. --- 2nd Hail Mary. Then Mary went home, with great pain, dying at heart with her Son Jesus. --- 3rd Hail Mary.

But she had ardent hope in her heart He would resurrect without delay. --- 4th Hail Mary. For the first time She was without Him, and her loneliness

was a new source of pain. --- 5th Hail Mary.

Mother of both God and the people, You stood by your Son Jesus from the time He was arrested until He died.

You suffered along with Jesus, accomplished the Will of God The Father, and hence became a Saviour together with Jesus. --- 6th Hail Mary.

Dear Mother, teach us to accept our Cross courageously. --- 7th Hail Mary.

PRAYER: Queen of Martyrs, your soul was greatly troubled in this ocean of suffering. We beg you by the merits of the tears you shed in these terrible sorrowful mysteries, obtain for us and all the sinners of this world, the grace of complete sincerity and repentance. I love you My Mother, and I give myself to You.

HYMN: See this most beloved Son. Dying there in desolation till His Spirit forth He sent. Holy Mother, hear my prayers, In my heart each wound renew. Of Jesus my Saviour.

**To wipe away Mary's Tears shed during The Passion of Jesus:
We Pray Hail Mary X3**

O Heart of Mary, conceived without original sin yet did suffer so for us, pray for us who have recourse to thee. X3

We finish now this Seven Sorrowful Rosary by saying:

THE MEMORARE :

Remember, O Most gracious Virgin Mary that never was it known that anyone who fled to thy protection, implored thy aid or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of Virgins, Our Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not our petitions but, in thy mercy, hear and answer me. **AMEN, FIAT .**

THE PROMISES OF JESUS AND MARY --- Regarding the Rosary of The Seven Sorrows of the Blessed Virgin Mary

- 1) Whoever will recite the Rosary of the Seven Sorrows during their lifetime will receive the grace of complete and true repentance before death.
- 2) Whoever shall do a novena for someone haunted by evil spirits using the Rosary of Our Lady of the Seven Sorrows the Blessed Virgin will chase them away.
- 3) The Rosary of the Seven Sorrows of the Blessed Virgin can obtain Miracles especially in times of danger.
- 4) Whoever promises to recite the Rosary of the Seven Sorrows of the Blessed Virgin Mary for 31 Days without interruption and without distractions, Jesus will forgive all the sins you may have forgotten to confess since your childhood up to the 31st day of the Rosary. Then Jesus will begin to make you accountable once more for whatever sins you may commit after the 31st day. This favour however does not exempt you from your obligation to confess all the sins you do remember to a priest.

To Obtain a Plenary Indulgence:

- 1) Recite the Sorrowful Rosary in front of the Blessed Sacrament.
- 2) Recite the Sorrowful Rosary every day for a month.
- 3) Recite the Sorrowful Rosary on Tuesday and Friday for the souls in Purgatory.
- 4) Recite the Sorrowful Rosary on September 15th which is the feast day of the Blessed Virgins Seven Sorrows. The rosary can be said anywhere.
- 5) Recite the Sorrowful Rosary anywhere on Good Friday.

Offer your lives to Mary!

I Love You My Mother and I Give Myself to You!

“The hearts of many mothers today are aching with pain. They are in anguish because of the condition of their children’s souls, and they worry about their children’s eternal lives. Because of my love toward them for making this life offering, **I implore God to grant five promises!**

Five promises of Our Lady to those who offer their lives to Her!

- 1) “Their names will be written in the Hearts of Jesus and Mary inflamed by love”
- 2) “Their Life offerings, together with the infinite merits of Jesus, can save many souls from damnation. All souls who will live until the end of the world will benefit from their Life offerings.
- 3) “None of their family members will go to hell, even if it seems otherwise, because they will receive in the depths of their souls the graces of sincere contrition before their souls depart from their bodies.
- 4) On the day they offer their Lives, their loved ones suffering in Purgatory will be released.
- 5) “I will be with them in the hour of their deaths. They will not know Purgatory. I will carry their souls straight to the presence to the Glorious Trinity where they will live with Me in a special place created by God and will rejoice forever”

My dear Jesus, before the Holy Trinity, our Heavenly Mother, and the whole Heavenly Court, united with your most Holy Blood and Your Sacrifice on Calvary, I hereby offer my whole life for the intentions of Your Holy Mother Mary.

Together with my Life, I place at Your disposal all my Holy Masses, all my Holy Communion, all my good deeds, all my sacrifices, and the sufferings of my entire life for the adoration and supplication of the Holy Trinity, for unity in our Holy Mother Church, for our Holy Father the Pope, for good priestly vocations, and for all the souls until the end of the world.

Mother Mary, please accept this Life sacrifice and my offerings and give to me Your grace that I may persevere obediently until my death, AMEN.

This Life offering must be done with a humble heart, a firm resolution, and clear intent. All prayer, good deeds, suffering, and work done with a pure intention have a great merit.

If they are offered together with the merits, the sufferings, and the blood of Jesus Christ.

It is recommended to do this Life offering as soon as you feel ready, and renew it from time to time. **Make the act of contrition every day!**

Make it not only for yourselves but for all Mankind. This will continually **weaken the power of evil to tempt all souls**, and will free them from the slavery of sin.

If you continually practice contrition for others this will act as an **antiseptic** to arrest the spread of the **virus of sin**, it will stop infection, illness, and death of souls.

If deep contrition comes from the depths of the heart it can heal, cleanse, and **save the life of a Soul**.

In addition to contrition for the whole of humanity unite yourself with **My Immaculate Heart** to petition with prayers, reaching to Heaven for the pardon of sins.

Thus you will become united with Me and become genuine and intimate helpers of Jesus as “Fishers of men”

PRAYERS OF CONTRITION :

O my Jesus, I love You over and above everything else. For the Love of You I am sorry for all my sins.

O Merciful Love, I ask pardon for the sins of the whole world.

United with the Immaculate Heart of Our Heavenly Mother I ask pardon for all my sins and for all the sins of my brothers and sisters that have been committed and will be committed until the end of the world.

My dear Jesus, united with Your Holy Wounds I offer my Life to the Eternal Father according to the intentions of Our Sorrowful Mother.

The Virgin Mary Queen of the world, Mediatrix of humanity, our only refuge and hope, pray for Us!

My Children who are carrying the Cross of illness! The sacrifice you carry out by your patient sufferings becomes a great act and a giant source of energy to convert souls. With this noble currency you can pay for the most offensive sins.

Together with Our Lady you can free slaves of sin, even hardened sinners chained by the evil one and by becoming free they may find their way to the house of the Lord.

Jesus, Mary, we love You save Souls!

Come Holy Spirit – Creator Come !

By Philip Illsley Feb 2012.

Jesus said:“Whoever invokes the Holy Spirit will look for me and find me. His conscience will be as delicate as a flower in the field. If this person is the Father or Mother of a family Peace will reign in this family and their hearts will be in Peace in this world and in the next. They will not die in darkness but in Peace.”

We, all of us today, need to say this Prayer below for all the poor sinners in this world who are far from God, and especially for all who do not believe that God exists. That they will all return to their Father’s house

before the coming Tribulation, The Warning , The Miracle, and the possible Chastisement Foretold by Our Blessed Lady the Queen of Prophets at Garabandal in Spain in 1961.

“Come, Holy Spirit as you came to the Apostles; open our minds that we may see the hidden things of God. Send love in our hearts like a flame of fire, that our lives may be changed by the power of your Spirit to do God’s work on earth and bring people with us to Heaven. Holy Spirit, inspire me; love of God consume me; along the right path guide me. Mary, my Mother, look down upon me. With Jesus, Bless me, from all harm, all illusion, all danger, all evil, preserve me. Fill me now, O Lord, with the gift of Your Holy Spirit, to carry Your most Holy word to sinners who I must help to save in Your Name. Help me to cover them in my prayers with Your Precious Blood, so that they can all be drawn back to Your Sacred Heart. Give me the gift of the Holy Spirit, so that these poor souls can all return to their Father’s house before the coming Tribulation, the Warning, the Miracle and the possible Chastisement. Amen Fiat.

Our Blessed Lady calls us to pray to the Holy Spirit Daily to illuminate us and guide us. We have been given powerful weapons from heaven to defeat satan and all his evil but, as Our lady keeps telling us in Medjugorje: **“Without Your Prayers I can do Nothing!”**

The 5 weapons we have are:

- 1) Prayer with the heart.**
- 2) The Mass & The Eucharist.**
- 3) Fasting.**
- 4) Monthly Confession.**
- 5) Reading the Bible .**

Prayer and Fasting !

By Philip Illsley Feb 2012.

Fasting! In one of the early messages at Medgujorje Our Blessed Lady said: “We have forgotten the value of **Fasting**” She reminded us that wars and natural catastrophes can be averted by fasting and prayer. The best fast, according to Mary, is to fast on bread and water.

We can also fast on these below - **Try it** - and then allow God to use the fasting to move us all forward to Holiness. Ultimately, perhaps, reaching the best fast:

Bread and water.

FAST from judging others: Feast on Christ dwelling in them.

FAST from differences with others: Feast on unity with them.

FAST from living in darkness: Feast on the light of Christ.

FAST from thoughts of illness: Feast on the healing power of God.

FAST from discontent: Feast on gratitude.

FAST from anger: Feast on patience.

FAST from pessimism: Feast on optimism.

FAST from worry: Feast on Divine Order.

FAST from complaining: Feast on appreciation.

FAST from negatives: Feast on affirmatives.

FAST from pressures of life: Feast on unceasing prayer.

FAST from hostility: Feast on non- resistance.

FAST from bitterness: Feast on forgiveness.

FAST from self-concern: Feast on compassion for others.

FAST from discouragements: Feast on hope.

FAST from lethargy: Feast on enthusiasm.

FAST from thoughts that weaken: Feast on promises that inspire.

FAST from sorrow: Feast on serenity.

FAST from idle gossip: Feast on purposeful silence.

FAST from problems that overwhelm: Feast on prayer that sustains.

TASTE and see that **Fasting** is good for us!

And that when we pray and Fast we have the power to stop wars and suspend the laws of nature; very powerful, so why aren't more people **Praying & Fasting?**

Acknowledgements:

Without the help of two very special people, Mr Derek Waite and his son Mr Steven Waite and their vast Computer & Graphic design skills and time, this prayer book would not have been completed.

All I can say is a very big "Thank You" to them both and that God will not be outdone in generosity.

PHILIP ILLSLEY.

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An act of Consecration to the Immaculate Heart of Mary



**Consecrate Yourselves
Your Homes
Your Families
Your Parish and
Your Parish Priest
Daily !**

Act of Consecration :

O Virgin of Fatima, Mother of Mercy , Queen of heaven and earth, refuge of sinners, we consecrate ourselves to Your Immaculate Heart .
To You we consecrate our hearts, our souls, our families and all that we have. And in order that this consecration may be truly effective and lasting , we renew today the promises of our Baptism and Confirmation ;
And we undertake to live as good Christians faithful to God, the Church , and the Holy Father. We desire to pray the Rosary , partake in the Holy Eucharist attach special importance to The First Saturday of the month and work for the conversion of sinners. Furthermore we promise , O Most Holy Virgin , that we will zealously spread devotion to You , so that through our consecration to Your Immaculate Heart and through Your own intercession the coming of the Kingdom of Christ in the world may be hastened. Amen. Fiat.

Morning Offering of Reparation :

O Jesus, through the Immaculate Heart of Mary , and in union with the Holy Sacrifice of the Mass being offered throughout the world today. I offer You all my prayers, works, joys, and sufferings of this day in reparation for the offences committed against the Immaculate Heart of Mary , for my sins and the sins of the whole world. Amen. Fiat.

THE ROSARY OF THE SEVEN SORROWS OF MARY

It is all too obvious today that this world of ours is quite opposite to the one we are all journeying to; the Blessed Homeland of Heaven. On our way we all come across many traps, temptations, evil and much suffering, which can affect us and weaken us. But at the same time if we all keep close to Jesus and His Blessed Mother by daily prayer then, despite the pain or the suffering, despite the fierceness of the opposition, by doing what Our Blessed Mother says: "Give all your problems and difficulties to My Son Jesus, and Pray." With Jesus, and Mary our Mother as our guide, how can we go wrong? When we pray this Seven sorrows Rosary our Blessed Mother comes to us as our Lady of Grace, with hands outstretched, and rays of Light emit from Her Hands Piercing your body; healing you, and filling you with graces. This is your inheritance which was poured out from the Heart of Jesus on the Cross when the centurion pierced His Heart with the spear into the only pure vessel to receive such graces: Our Blessed Mother who was there at the foot of the Cross.

AND WHAT A MOTHER.

FOR THE WORLD TODAY IN CRISIS