

Ving & Branches

Rachel's Vineyard

Healing the Pain of Abortion
One Weekend at a Time

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By Theresa Burke, Ph.D.



I recently watched some undercover footage that was caught on camera showing Planned Parenthood's Senior Medical Services Director, Dr. Deborah Nucatola. She chewed the breeze on how to obtain the best specimens of aborted baby organs: hearts, livers, intact brains, lungs and desirable muscles while guzzling a dark red wine and consuming a succulent meal. To watch click here: https://youtu.be/7pyuCWbnfmk.

This story threw my stomach into a queasy gag. Thankfully, I missed my lunch hour, as this story made me want to puke! I know there are countless others out there who feel the same. Meanwhile, our hotline for Rachel's Vineyard Retreats for healing after abortion is ringing off the hook. Now there are even more pieces of trauma to dispose of as a surge of suicidal feelings and complex grief fill trashcans and toilet bowls throughout America.

While I was watching the undercover footage I recalled the spine tingling memory of Anthony Hopkins' blood curdling performance as the psychiatrist/serial killer/cannibal, named Hannibal Lector, who tortured his victims with the most sophisticated mental abuse before he devoured them. Hannibal was a narcissistic psychopath with no empathy for his victims as he yields his precise surgical scalpel. Indeed, the mind can trigger its own profound terror just by watching the news! A good sociopath knows how to intimidate his victim into childlike submission and mind altering traumatic states of dissociation, flight, fight, fear, freeze and fawning poses. The victim, over time becomes sheepishly vigilant and increasingly anxious about the next encounter. This kind of mind game is meant to

UNSUBSCRIBE

To my baby Peter:

It was brittle-bright, cold you would have grown to love the sun to play in the snow

my body wanted to curl up tight and protect you keep you save you

I let them pry me open

deep inside where you were hiding they found you did you know could you feel how my heart had turned you away or was it still soft and sweet and warm

in one moment the world split in two and the heavens cried for you but I didn't say a word

a horrible sound a powerful quaking in that sacred place you were torn out of me sucked down a hose like garbage to mingle with other tiny, broken bodies

there was no funeral no flowers or music no beautiful words no stone to bear break down defenses into numbness, dissect, defeat and exploit, and in the end crush and consume the victim entirely. Only the most determined and intact mind of a mother can brave the stomach rolling pastures of the pro-choice rhetoric and remain coherent.

Even those who have recovered from their abortion nightmares are finding their resources and strength being sucked right out of them with the negotiations of Dr. Mary Gatter, another one of Planned Parenthood's top Doc's who is unwilling to shave the wool off the bottom line as she seeks the highest bidder at the baby parts banquet. To watch the video click here: https://youtu.be/MjCs_gvImyw.

I recall the stellar performance of Jodi Foster who depicted the investigator Agent Clarice Starling in "The Silence of the Lambs" trying to reason with the killer:

Clarice Starling: You see a lot, doctor. But can you point that high-powered perception at yourself? What about it? Why don't you – why don't you look at yourself and write down what you see? Or maybe you're afraid to...

Hannibal Lecter: A census taker once tried to *test* me. I ate his liver with some fava beans and a nice Chianti.

The blind eye of Planned Parenthood will never be satiated, in 2013 they downed \$528 million in taxpayer funding. Will they ever see a need to fund recovery programs for those whose lives have been shattered? It's unlikely.

They can afford expensive wines to dim the heart, but in reality, there is no reasoning with madness. If they don't like laws about reporting child abusers, partial birth abortions, and informed consent, they simply break them to make better profits. All the while it seemed a revolting time to be preoccupied with food!

Which reminds me; I started my career 30 years ago as a psychotherapist facilitating a support group for anorexics and bulimics. As it turned out, most of the women in my group developed eating disorders after having abortions. My supervisor, a psychiatrist, told me I had no business prying into people's abortions. He claimed that Debbie's flash backs to her aborted baby screaming were a psychotic reaction caused by the medication he prescribed. I did not pry – I listened as I watched my patients engaged in self destructive rituals of mourning and sabotaging their lives in ways that were excruciating to observe. I wanted to study this problem and indeed, I have spent my life doing that – to silence the cries that I remembered at night of the shattered moms weeping. I write about these and other patients and their subsequent traumatic reenactments in my book *Forbidden Grief - The Unspoken Pain of Abortion* in a chapter entitled "What's Eating you?"

I left that group and started the first therapeutic support group for healing after abortion. I quickly saw that talk therapy did not really help and developed a trauma sensitive treatment model entitled *Rachel's Vineyard*. The program was not set up as a business to make any money, but a mission to save the living dead. It's now offered as weekend retreats in over 80 countries and 37 languages. Rachel's Vineyard has been spread by those whose lives were resuscitated through the healing they received. We estimate there are over 300,000 Rachel's Vineyard volunteers around the world working to save those suffering in silence.

your name

nothing to honor your life taken in shame and secrecy and unspeakable violence

but there is
weeping,
my precious child
there is aching
emptiness
there is unspeakable
sorrow

I can only nurse you with my tears please, let me nurse you with my tears Until they experience healing, many are tormented by suicidal thoughts, addictions and eating disorders - consumed by the obsession of filling up and emptying out abdomens, echoing their traumatic story over and over again. Every symptom tells a story and the body does not lie. But the chronicle of suffering is typically silenced by the media and talk show hosts.

Before healing, our clients report trips to Emergency rooms with unidentified panic attacks, heart palpitations, tingling numbing sensations, bouts of crying, uncontrollable intrusive thoughts, agitation, irritation, repeating the tragedy through repeat pregnancies and multiple abortions. They feel powerless and alone as post traumatic stress disorder and complex unresolved grief can dominate their lives and choices. Energy can be occasionally mobilized in a manic search for relief: A good day's work means searching out extra prescriptions for Xanax, Prozac, Zoloft and assorted candy mood stabilizers, sugar coated Martinis, and an irresistible hankering for marijuana to vaporize the pain.

Many describe insomnia and suffer from sleep deprivation brought on by gruesome traumatic memories of their little lambs being slaughtered - the babies that never sucked their breast or felt the soft embrace of being nestled and cuddled next to their mother's heart.

Clarice Starling, from "The Silence of the Lambs" enters intrusively into my memory as Hannibal Lector interviews the detective. Clarice's agenda is momentarily silenced with the memory of the little lambs bleating.... The lambs she could not save.

Hannibal Lecter: Then something woke you, didn't it? Was it a dream? What was it?

Clarice Starling: I heard a strange noise.

Hannibal Lecter: What was it?

Clarice Starling: It was ... screaming. Some kind of screaming, like a child's voice.

Hannibal Lecter: What did you do?

Clarice Starling: I went downstairs, outside. I crept up into the barn. I was so scared to look inside, but I had to.

Hannibal Lecter: And what did you see, Clarice? What did you see?

Clarice: Lambs. And they were screaming.

Hannibal Lecter: They were slaughtering the spring lambs?

Clarice: And they were screaming.

Hannibal Lecter: And you ran away?

Clarice: No. First I tried to free them. I ... I opened the gate to their pen, but they wouldn't run. They just stood there, confused. They wouldn't run.

Hannibal Lecter: But you could and you did, didn't you?

Clarice: Yes. I took one lamb, and I ran away as fast as I could.

Hannibal Lecter: Where were you going, Clarice?

Clarice: I don't know. I didn't have any food, any water, and it was very cold, very cold. I thought, I thought if I could save just one, but ... he was so heavy. So heavy. I didn't get more than a few miles when the sheriff's car picked me up. The rancher was so angry he sent me to live at the Lutheran orphanage in Bozeman. I never saw the ranch again.

Hannibal Lecter: What became of your lamb, Clarice?

Clarice: They killed him.

Hannibal Lecter: You still wake up sometimes, don't you? You wake up in the dark and hear the screaming of the lambs.

Clarice: Yes.

Hannibal Lecter: And you think if you save poor Catherine, you could make them stop, don't you? You think if Catherine lives, you won't wake up in the dark ever again to that awful screaming of the lambs.

Clarice: [choking up] I don't know. I don't know.

Indeed, this is a haunting dialogue between a psychiatrist and his patient. Digging deeply into a repressed memory he unearths buried corpses of traumatic memory that take your breath away.

The undercover expose of Planned Parenthood's video reveals a disturbing wholesale profit of the flock... slaughtered for consumption, for secret reasons that now hurl the mind into the past like bombs bursting in air on Independence Day. But some freedoms are only granted to the highest bidder – like the VIP's of Planned Parenthood haggling to get the most bang for the buck.

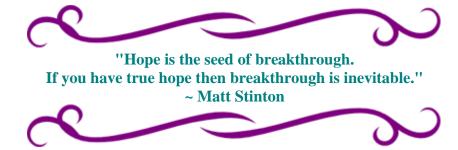
I know the women and men I serve never bargained for the assaultive flashbacks and nightmares they suffer as fragments of trauma shear into their consciousness. The images that constitute their waking and sleeping hours are like fortress prisons of guarded depression and grief. This is what I have witnessed from a lifetime of listening to stories of abortion from all over the world, as women and men, grandparents and siblings grieve the members of their family who are not here anymore.

But that kind of emotional grazing takes courage and guts. Let's be brave. Let's be sober regarding the colossal loss of human potential. We must not be afraid of the truth or cherish the need to defend choice to the point that we become hard hearted, self protective and willfully ignorant. Let's not be callous to the cries and silent screams of children being dismembered and their tiny body parts sold for profit. It's critical when making policies and encouraging practices that have the potential to destroy more lives, marriages, relationships, and the physical and emotional health of traumatized parents. Our society also needs permission to grieve the loss of the irreplaceable precious children whose lives and dignity

should matter... even in their death. Let us work to save just one and not be punished for the effort!

If you or someone you love has suffered the loss of a child because of abortion, I invite you to attend a Rachel's Vineyard Retreat for psychological and spiritual healing. At each retreat you will be able to share your unique history and circumstances in a way that will allow you to move forward and find closure from the heartache of the past. You will have an opportunity to bestow dignity on the memory of your baby's life. You deserve a safe and nonjudgmental response to soul shattering pain and a unique journey to find peace, freedom and joy. For more information contact www.rachelsvineyard.org

Dr. Theresa Burke is the author of Forbidden Grief – The Unspoken Pain of Abortion and the founder of Rachel's Vineyard, a ministry of Priests For Life.



Latin Americans Find Post-Abortion Healing in Rachel's Vineyard Hispanic Outreach By Kevin Burke

Abortion strikes someone on such a personal level that it's only natural that those seeking healing would want to express their grief and pain in their first language. That's what Donna Gardner realized when her Rachel's Vineyard team began encountering men and women whose first language is Spanish.

Gardner coordinates the apostolate's retreats for Catholic Charities of Palm Beach, and she explained that "The English speaking team kept encountering Hispanic men and women hurt by abortion. As I was preparing them for the retreats, they would start to tell their stories in English. However, as their anxiety and trauma remembrances heightened, they started to speak in their native tongue. It didn't take very long for us to realize we needed a Hispanic ministry here," she said.

What started as outreach to native Spanish speakers in Florida has now turned into an international endeavor with post-abortive healing retreats being held across Central and South America, including in Nicaragua, the Dominican Republic, Honduras, Panama, and Colombia.

When they realized they needed to create a Spanish-language ministry, Gardner and her team of 60 began praying that God would send the right person to lead it.

Eight years later, a woman named Emily, who was born in Chicago but raised in Puerto Rico, proved to be the answer to their prayers.

With Gardner's support, Emily has created a thriving retreat outreach initiative for Hispanics that hosts two retreats a year along with counseling and clergy support.

"It is hard for these women and men to open up, to trust," Emily said. "They long for God's forgiveness, but they struggle to forgive themselves."

Her background in a ministry formation program for laity helped her not only with planning and running retreats, but also with making contacts with priests from Central and South America.

These international retreats require Emily and her team to raise funds for their own airfare and retreat materials. Additionally, her team must commit to running the first few retreats while mentoring the local team.

In 2011, the first Rachel's Vineyard Hispanic retreat was held in Panama – where prostitution is still legal. Since then many men and women have received healing and reconciliation and have had the chance to grieve and honor their aborted children.

Fr. Rafael Payon, a priest from Nicaragua who came to the May 2015 Rachel's Vineyard retreat in Palm Beach, said, "I'm totally in love with this ministry and believe each parish should have its own Rachel's Vineyard." A retreat is now planned in his home country in 2016.

To find a Spanish retreat near you please click here: http://www.elvinedoderaquel.org/weekend/sites.aspx



Abuse Victim Finds Healing, Prepares to Help OthersBy Dave Hrbacek



Sexual abuse survivor Marty Meyer of Mary, Mother of the Church in Burnsville plans to help other victims by serving at a Grief to Grace retreat in the Twin Cities later this month. Dave Hrbacek/The Catholic Spirit

Marty Meyer was a child growing up in a small Iowa town when his innocence was stolen.

A group of three older kids raped him when he was just 7. He carried the guilt, shame and trauma of that event for decades before finally finding healing at a retreat for abuse victims called Grief to Grace: Healing the Wounds of Abuse.

Today, Meyer, 62 and a member of Mary, Mother of the Church in Burnsville, is looking forward to helping other victims heal as he serves at a Grief to Grace retreat in the Twin Cities,the first in Minnesota. The six-day event takes place Aug. 23-28, with 20 people registered to attend.

Meyer's life changed on a summer day in 1960 when he had joined up with a group of kids he knew in the neighborhood.

"It was just a bunch of us hanging out, and all of a sudden, before I even realized what was happening, the perpetration started," he said. "I was in a situation where I couldn't run away. They physically restrained me, verbally threatened me. And so, I felt trapped and completely helpless in the situation."

He kept the incident bottled up inside of him, where it festered for more than 40 years before he decided to attend a Grief to Grace retreat in 2008.

"I was too ashamed and embarrassed to tell my parents," he said. "And, it wasn't the sort of thing back then that people talked about. I think, too, there's a mindset that girls get raped, not boys. And I didn't realize it at the time that that's what had actually happened to me."

His struggles continued into adolescence, when a priest tried to molest him, he said. He was able to get away before anything happened, but there were residual internal struggles that continued to plague him. Relationships were difficult, and he had serious trust issues, along with low self-confidence.

"I floundered," he said. "My dad was an alcoholic and family life was difficult. I had to figure things out on my own, which added to the lack of confidence. I just felt like I was lost in the mix."

Raised Catholic, he drifted away from his faith after graduating from high school and turned his attention toward his career. Along the way, he got married in Iowa, and he and his wife, Jeanette, later moved to the Twin Cities, where they had five children. One of them died shortly after childbirth, and the other four are now grown and married with children of their own.

Meyer worked for Xerox for 21 years, and life was clipping along nicely — except for the nagging trauma of abuse that never seemed to go away, even though he had come back to the Church and deepened his faith through involvement in the Charismatic Renewal.

"On the outside, I looked fine, but I really was struggling on the inside," he said. "I found myself just empty, very empty. There was some situational depression. I had been carrying this thing on my back this whole time. That's what made it so difficult for me."

The turning point came when Jeanette attended a Rachel's Vineyard retreat 10

years ago to help her deal with two abortions she had in the 1970s. Marty went to the retreat to support Jeanette, and it was there that he met Theresa Burke, the founder of Rachel's Vineyard and also the founder of Grief to Grace.

"I was so deeply affected by the Rachel's Vineyard retreat," he said. "I experienced part of what the women were going through."

Having seen how the Rachel's Vineyard retreat helped Jeanette, he decided to try to find healing from his abuse. He went to a Grief to Grace retreat in Texas seven years ago. Held across the U.S, and Canada, the retreats include talks, small group discussions and licensed therapists for those who are interested. A key part is being able to talk freely and openly about the personal experience of abuse with others who have gone through it themselves.

That made all the difference for Marty, who didn't tell anyone about the abuse for decades. He thinks Jeanette was the first person to hear his story.

"It's a silent suffering because you don't talk about it," he said. That changed when he went to the retreat and opened up to other participants about the pain he had suffered. Spiritually, he was ready to tell his story, to the point where he volunteered to go first.

"In my opening up, what ended up happening was every person felt safe, that they could share their story," he said. "All of us are there together, and it's like we're suffering through it together."

Marty is happy to be able to help others through his service at the retreat later this month. Jeanette also will be there. Clergy sexual abuse in the Archdiocese of St. Paul and Minneapolis has heightened awareness of the issue, and Marty hopes more victims will choose to pursue the healing this retreat aims to provide.

"Abuse is real, but there is hope," he said. "[The retreat] has freed me up in a way that nothing else has. . . . I see my true dignity in who I was created and why I was created. It makes all the difference in the world."

The next retreat in Minneapolis, MN will be offered in October 2016. For more information about Grief to Grace or to view a full list of Grief to Grace Retreats visit <u>grieftograce.org</u>.

This article was originally posted in The Catholic Spirit and has been reposted with permission.



"Our lives begin to end the day we become silent about things that matter." ~ Martin Luther King Jr.



Upcoming Grief to Grace Retreats

Healing the Wounds of Abuse Reclaiming the Gift of Human Dignity www.Grieftograce.org

Beaverton, OR

Contact: grieftograceoregon@gmail.com 541-357-7501

September 16-21, 2015

London, England

Contact: g2guk@yahoo.co.uk

Call: 020 7937 4297/07849 029 442/07770 373 758

November 1-6, 2015

Phoenix, AZ

Contact: Info@grieftograce.org 610-203-2002

February 28th - March 4th, 2016

Philadelphia, PA

Contact Info@grieftograce.org 610-203-2002

May 1-6, 1016

August 28 - September 2, 2016

Grief to Grace invites participants to journey through this program in the name of love - love for themselves, love for family and friends, love for those who have suffered unspeakable abuse and mistreatment, and love for the Church - the suffering body of Christ, who cries out for comfort and consolation in the midst of profound betrayal and abandonment.

Visit <u>www.grieftograce.org</u> for more information. To request an application contact <u>info@grieftograce.org</u> or call 610-203-2002



Back to School Appeal

As parents and children welcome the start of another new school year, there are many parents who silently suffer. This can be a difficult time for those who are hurting after the loss of a child due to abortion. Help those people find support, healing, and peace at Rachel's Vineyard.

Rachel's Vineyard Ministries is a non-profit organization. We are able to minister to those affected by abortion through your contributions and prayers.

Rachel's Vineyard Ministries is a non-profit organization. We are able to minister to those affected by abortion through your contributions and prayers.

Online: www.RachelsVineyard.org/donate

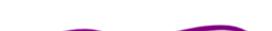
By Phone: 610-354-0555

By Mail: P.O. Box 140130 Staten Island, NY 10314



"It is possible to give without loving, but it is impossible to love without giving."

~ Richard Braunstein



Message from Pastoral Director

Dear Brothers and Sisters,

Saturday, September 12 is the National Day of Remembrance, when simultaneous memorial services are held at the gravesites of aborted children, so as to recall for the community the humanity of these babies and the inhumanity of abortion.

A key purpose of the Day of Remembrance is to issue the urgent call and invitation to healing.

Both before, during, and after this day, you can help. You can connect with the service closest to you, and offer your assistance in participating. And after the day itself has been held, you can invite people to view the history of each of these burial sites, and to pray for continued healing for all who need it. See more at www.AbortionMemorials.com. This project was founded and is co-sponsored by Priests for Life, Pro-life Action League, and Citizens for a Pro-life Society.

And this is actually a project that happens every day, because a) people can visit the gravesites in a virtual way at AbortionMemorials.com and join in prayer and remembrance, and b) to visit the gravesites during the course of the year is an excellent way to engage people on the issue of abortion and to grieve and find healing.

Let's pray, then, that healing will advance through this special day!

Sincerely, Fr. Frank Pavone Pastoral Director, Rachel's Vineyard Ministries National Director, Priests for Life

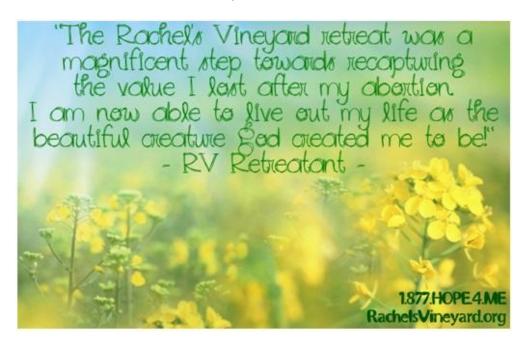


"God can restore what is broken and change it into something amazing.

All you need is faith."

~ Joel 2:25

Rachel's Vineyard in Social Media



Click the links below to visit Rachel's Vineyard social networking sites. Join today and send to your friends and family!

Facebook Fan Page: www.facebook.com/rachelsvineyard

YouTube: www.youtube.com/user/rachelsvineyard

Twitter: www.twitter.com/RVHealing

Pinterest: www.pinterest.com/rachelsvineyard **Instagram**: www.instagram.com/rvhealing

"Kind words can be short and easy, but their echoes are truly endless." ~ Mother Teresa

United in Prayer

For, *Janet Kormish*, our beloved sister in Christ who has been a facilitator and leader for Rachel's Vineyard and Grief to Grace in Kelowna, British Columbia has been diagnosed with terminal cancer. She has multiple tumors in her liver. Two of them are 14 centimeters (6and a half inches). Her prognosis is 6 months. Janet is the person that Theresa Burke has always referred to as her spiritual mother. Janet is a saintly woman who will be dying with dignity and says she is very much at peace. She is currently staying at her daughters home. She is planning to eat a lot of ice cream and enjoy life as much as possible in the time she has left. You can send prayers and cards to Janet at this address and she is on the e-group as well.

Janet Kormish 2353 Tallus Green Place West Kelowna, British Columbia V4T 3K4 Susan Lepak's husband, *Tom*, was diagnosed with lymphoma, he has fought through acute renal failure and pancytopenia (a deadly anemia). The doctors said his case was interesting, challenging, confusing and difficult. He spent 27 days in the hospital. He is taking chemotherapy and has an extremely compromised immune system. His doctor says that divine intervention is why he is still alive. Please pray that he is able to continue to fight through this disease and that he receive a complete miracle of healing. Susan Lepak was involved with Rachel's Vineyard and Grief to Grace Ministries for many years in the diocese of Oklahoma City, OK. She has been a tireless prayer warrior since her retirement; please keep Susan and her family in your prayers.

Please join us in praying for, *Celia Ryan*. She has been diagnosed with advanced lung cancer which has metastasized to her brain. Celia has served as a therapist and team member on Rachel's Vineyard teams in many locations including Washington, DC. She has also taught at many of Leadership conferences and is a beloved friend to many. Lord, please hold Celia in your arms and grant her a miracle of healing in whatever she needs during this difficult journey. If you would like to reach out to Celia you can do so by mail or email:

4759 Lightkeeper's Way #14-A Little River SC 29566-7988 celiaryan@griefworks.com

Please pray for, *Joan Bartolomei*, member of the Trenton, NJ Rachel's Vineyard Team. In April she was diagnosed with a recurrence of breast cancer in her left breast. Initially a mastectomy was scheduled. A pre op MRI revealed a second mass in her right breast and biopsy confirmed cancer. This led to a PET scan which showed right lung involvement, also confirmed by biopsy. She is also scheduled for a couple more tests to determine if there is cancer elsewhere. The oncologist has enough info to begin a course of hormone therapy treatment shown to be effective with this type of cancer in post menopausal women. She will be monitored closely with meds altered as needed. Chemo is likely in the future when cancer outsmarts the medications, but that could be several months or a few years away. Joan and her husband Tom feel blessed to have a wall of love and prayer. She is in good hands - God's and his instruments at Penn Medicine. Please keep Joan and her family in your prayers.



Upcoming Rachel's Vineyard Training Events

Eugene, Oregon - Clinical, Clerical and Rachel's Vineyard Team Training On **September 11th, 2015** Dr. Theresa Burke will conduct a **Clinical Training** that is open to the public and Clergy covering topics pertaining to trauma associated with Abortion.

On **September 12th, 2015** Dr. Theresa Burke will conduct a **Rachel's Vineyard Team Training** that is open to the public covering topics relating to Abortion. Those interested in Rachel's Vineyard are encouraged to attend one or both of the days.

For more information please contact: Lori Eckstine at ProjectAurora@aol.com

Grants Pass, Oregon - Clinical, Clerical and Rachel's Vineyard Team Training On **September 14th, 2015** Dr. Theresa Burke will conduct a **Clinical Training** that is open to the public and Clergy covering topics pertaining to trauma associated with Abortion.

On **September 15th, 2015** Dr. Theresa Burke will conduct a **Rachel's Vineyard Team Training** that is open to the public covering topics relating to Abortion. Those interested in Rachel's Vineyard are encouraged to attend one or both of the days.

For more information please contact: Lori Eckstine at ProjectAurora@aol.com

Binghamton, NY - Grief to Grace/Rachel's Vineyard Clinical Training On **September 29th, 2015** Dr. Theresa Burke will conduct a **clinical training** that is open to the public covering topics pertaining to trauma associated with Abuse and Abortion. Those interested in Grief to Grace or Rachel's Vineyard are encouraged to attend.

For more information please contact: Pamela Ludwig at Ludwigpe@gmail.com

Philadelphia, PA – presenting at the Catholic Medical Association Conference On **October 1, 2015** – Dr. Theresa Burke will be **presenting** at the Catholic Medical Association Conference.

For more information please contact Dr. Lester Ruppersberger at lruppersberger@gmail.com

Houston, TX - Clinical, Clerical and General Grief to Grace/Rachel's Vineyard Training

On October 8th, 2015 Dr. Theresa Burke will hold a Clinical Training that is open to the public covering topics pertaining to Abuse, Trauma and Abortion. On October 9th, 2015 Dr. Theresa Burke will conduct a General Training open to anyone who interested in Grief to Grace or Rachel's Vineyard.

All are encouraged to attend any or all of the trainings listed.

For more information please contact: Beth Woodman at bwoodman@hopeandhealingcenter.org

Manchester, NH - Clinical Training

On **Saturday November 7, 2015** Dr. Theresa Burke will be conducting a **Clinical Training** for those in the Medical profession.

For more information please contact Darlene Pawlik at Gracefiles@comcast.net

Rome, Assisi & Medjugorje Pilgrimage

On **April 10-22, 2016** Dr. Theresa Burke will attend a **Pilgrimage** to Rome, Assisi and Medjugorje. She would like to invite anyone who has attended a Rachel's Vineyard retreat to attend this pilgrimage with her. This includes but is not limited to those who are members of a Rachel's Vineyard team. This Pilgrimage is being hosted by Totally Yours Pilgrimages.

For more information please contact Guy Murphy, Monica-Pia, Beth, Linda, Jackie or Colleen at <u>1-630-279-8424</u>.

This Pilgrimage cannot be found on the Totally Yours website for privacy reasons.



Events of Interest

ROME-ASSISI-MEDJUGORJE-2016

APRIL 10-22 (13 DAYS) \$3,495 (2395 LAND ONLY)



"Tending the Vineyard with Mercy"
Pilgrimage for Rachel's Vineyard Alumni
Accompanied by Theresa Burke



"To enjoy the fullness of life and obtain peace, you must turn back to God."

P.O. Box 897 Hillside, IL 60162 Tel. 630-279-8424 Fax 630-279-8168 email: info@MED1.com

ITINERARY



April 10 Leave JFK

April 11 Arrive in Rome - Visit St. Paul's Basilica

+ St. Mary Majors. Overnight in Rome.

April 12 Tour Rome. St. Peter's Basilica,

Holy Stairs, Church of the Holy Cross, and more.

April 13 Papal Audience, depart for Assisi. Visit St. Mary of the Angels.

April 14 Day in Assisi. See St. Francis & St. Clare Basilicas,

San Damiano, and more.

April 16 Arrive in Split in Croatia at 8am. Bus to Medjugorje.

April 16-21+Medjugorje

(Overnight in Medjugorje 6 nights.)

+Visit St. James Church

+Listen to Visionaries

+Climb Cross Mountain - Apparition Hill

April 22 Depart Medjugorje for Airport -- Arrive in JFK PM.

PRICE: \$3,495-\$200 Deposit due October 10, 2015-Remaining balance due Dec. 10, 2015

Latecomers are welcome to try and get on the trip.

Includes: Air/Bus/
Transportation/Bed/
Breakfast/Dinner/Taxes
Not Included: Tips \$125
per person, insurance,
lunches, alcoholic beverages,
souvenirs.
Single Supplement & visa fee
if applicable.
\$200 deposit must be
sent 150 days prior to
departure and the
remaining balance 120
days before.

Payment

Print Clearly: include name
(as is spelled on passport),
address, phone and options
desired with your \$200
deposit. (Include with
deposit a copy of Passport
photo page.)
Sign up by credit card by
visiting www.medjl.com.
Or mail Checks payable to:
Totally Yours Co.
P.O. Box 897

Hillside, IL 60162

Refund PolicyCancellations from
departure date:
Before 150 days-Full Refund
149-100 days-Total less \$200
99-30 days-50% Refund
29-3 days-10% Refund
*If airline tickets have been
purchased, this amount will
be fully deducted from the
refund. Totally Yours Co.
has a limited liability policy.
Priests (Chaplains) Free;
Religious Brothers and
Sisters 33% off.

Travel Insurance&Visas For additional travel insurance, Contact us at 1-630-279-8424. US Passport is required for travel. Non US citizens must contact our office at least 90 days before the pilgrimage for obtaining a visa. \$110 for assist & processing plus direct embassy fee applies. (It is the responsibility of the traveler to obtain a Visa.) Prices, dates, and locations are subject to change without notice.

For more information, contact Guy Murphy, Monica-Pia, Beth, Linda, Jackie, Colleen at 1-630-279-8424

Sign up on-line or mail in your deposit! Visit our Website: www.MEDJ1.com



"We must be global Christians with a global vision because our God is a global God." ~ John Stott



Upcoming Rachel's Vineyard Retreats

Bahía Blanca, Argentina

Contact: Lala Rey Méndez 0291 154 74 4500 <u>lalareymendez@gmail.com</u>

Language: Spanish

Friday, September 04, 2015 Sunday, September 06, 2015

Vienna, Austria

Contact: Claudia Schneidenbach (+43) 0699-1021-4241

info@rachelsweinberg.at Language: German

Friday, September 04, 2015 Sunday, September 06, 2015

Tórshavn, Faroe Islands

Contact: Hilda Viderø + 298 216785 grugvan@gmail.com

Contact: Maria Forrestal + 298 515386 m.forrestal@hotmail.com

Friday, September 11, 2015 Sunday, September 13, 2015

Tucson, AZ

Contact: Gail Phelps 520-743-6777 rachelsvineyardtucson@cox.net

Friday, September 11, 2015 Sunday, September 13, 2015

Atlanta, GA

Contact: Mary Ann McNeil 404-717-5557 pathmcneil@gmail.com

Friday, September 11, 2015 Sunday, September 13, 2015

San Bernardino, CA

Contact: Blanca Leal-McGuthrie (Español) 909-520-3867

blancamcguthrie@gmail.com

Contact: Mary Huber - (English) 909-475-5353 mhuber@sbdiocese.org

Friday, September 11, 2015 Sunday, September 13, 2015

Note: Retreat will be held in Big Bear, CA.

Detroit Area, MI

Contact: English Retreat (248) 494-6363 info@detroitrachelsvineyard.org
Contact: Site Leader: wendy anderson@mydetroitrachelsvineyard.org
Contact: Spanish Retreat (248) 296-9011 info@detroitrachelsvineyard.org

Language: Spanish

Friday, September 11, 2015 Sunday, September 13, 2015

Newark, NJ

Contact: Cheryl Riley 973-497-4350 rileyche@rcan.org

Friday, September 11, 2015 Sunday, September 13, 2015

Fort Worth, TX

Contact: Betsy Kopor 817-923-4757 forgiven@racheltx.org

Friday, September 11, 2015 Sunday, September 13, 2015

Mexico City, Mexico

Contact: Maria Esther 4455-14-42-81-89 me.cardoso@irma.org.mx Contact: Maria Esther Cardoso 52-60-31-78 ayuda@irma.org.mx

Friday, September 18, 2015 Sunday, September 20, 2015

Hildesheim, Niedersachsen, Germany

Contact: Anne Arthur amecarthur@yahoo.com

Contact: Christiane Kurpik +49-(0)5121-133761 chrkur@web.de

Language: German

Friday, September 18, 2015 Sunday, September 20, 2015

Note: Reterat held in 38723 Seesen/Stauffenburg

Asheville, NC

Contact: Deacon Tom Rasmussen 828-495-7234 deacontom@centurylink.net

Contact: Jackie Childers 980 241-0251 jackie.childers.1@gmail.com

Contact: Shelley Glanton 828-230-4940 sglan1234@aol.com

Friday, September 18, 2015 Sunday, September 20, 2015

Bend, OR

Contact: Patricia Hutchinson 800-249-8074 ProjectRachel@CatholicCharitiesOregon.org

Friday, September 18, 2015 Sunday, September 20, 2015

Monroe (Interdenom), WA

Contact: Barbara Olson 425-297-3225 bj.olson_44@yahoo.com

Friday, September 18, 2015 Sunday, September 20, 2015

Jacksonville/St. Augustine, FL

Contact: Jackie Love 904-294-1884 rachelsvineyardjax@yahoo.com Contact: Rachel 904-221-3232 rachelsvineyardjax@yahoo.com

Friday, September 18, 2015 Sunday, September 20, 2015

Lancaster, KY

Contact: Gwen Hall 606-874-9170 ghall@cdlex.org

Contact: Ellie Durbin 859-806-3959 elliedurbin@gmail.com

Friday, September 18, 2015 Sunday, September 20, 2015

Tampa, FL

Contact: Emma Boe 813-924-4173 projectrachel@ccdosp.org

Friday, September 18, 2015 Sunday, September 20, 2015

Cali, Colombia

Contact: Yolanda Vélez Hernández 3113494138 providadigna@gmail.com

Friday, September 25, 2015 Sunday, September 27, 2015

Cork, Ireland

Contact: Bernadette Goulding 087 859 2877 noramalone15@yahoo.com

Friday, September 25, 2015 Sunday, September 27, 2015

Rio Grande City, TX

Contact: Phyllis Young 956-541-2720 young.phil@sbcglobal.net

Language: Spanish

Friday, September 25, 2015 Sunday, September 27, 2015

Cache Creek, BC, Canada

Contact: Nancy Hadden 250-267-5081 rvkamloops@yahoo.ca

Wednesday, September 30, 2015

Friday, October 02, 2015

Spokane, WA

Contact: Julie Olson 509-994-4355 spokanery@gmail.com

Thursday, October 01, 2015 Saturday, October 03, 2015

Kelowna, BC, Canada

Contact: Richard and Sue Morris 250-762-2273 rvnelsondiocese@shaw.ca

Friday, October 02, 2015 Sunday, October 04, 2015

Hobart, TAS, Australia

Contact: Anne Sherston 03-6229 8739 rachelsvineyardtas@aapt.net.au

Friday, October 02, 2015 Sunday, October 04, 2015

New Zealand

Contact: Wendy Hill +64 27 254 9222 rvnzretreats@gmail.com

Contact: Suzanne O'Rourke +64 21 549 528 suzanneor@gmail.com

Friday, October 02, 2015 Sunday, October 04, 2015 Note: Retreat held in Wellington

Pittsburgh (Western PA) Interdenom, PA

Contact: Abigayle Koller 412-977-9521

 $\underline{rachel sviney ard. western pa@yahoo.com}\\$

Friday, October 02, 2015 Sunday, October 04, 2015

Sacramento, CA

Contact: Paula Segno 916-733-0161 projectrachel@scd.org

Language: Spanish Friday, October 02, 2015 Sunday, October 04, 2015

Philadelphia Area, PA

Contact: Geri Simboli 610-399-0890 simboli2@earthlink.net

Contact: Priscilla O'Connor 215-906-6337 Priscilla.OConnor@Verizon.net

Friday, October 02, 2015 Sunday, October 04, 2015

Denver, CO

Contact: Amee Stadler (720) 271-7406

Contact: Edith Gutierrez 303-775-4108 edieg2@aol.com Contact: Lori Frank 303-904-7414 lorgreg@msn.com

Friday, October 02, 2015 Sunday, October 04, 2015

Doylestown, PA

Contact: Evelyn <u>215-317-5752</u> <u>evelynwalsh59@gmail.com</u>

Friday, October 02, 2015 Sunday, October 04, 2015

Richmond, VA

Contact: Marty Montgomery-Jennings 804 704 0429 rv4hope@gmail.com

Contact: Maggie Carlson 804 432 2589 rv4hope@gmail.com

Friday, October 02, 2015 Sunday, October 04, 2015

Lafayette, LA

Contact: Karol D. Meynard 337-261-5607 kmeynard@diolaf.org

Contact: Trista M. Littell 337-261-5607 tlittell@diolaf.org

Friday, October 02, 2015 Sunday, October 04, 2015

Hankinson, ND

Contact: Ruth Ruch 701-219-3941 ruch@i29.net

Friday, October 02, 2015 Sunday, October 04, 2015

Santa Rosa/St. Helena, CA

Contact: Gloria (510) 384-6875 gloriamaldonado375@sbcglobal.net

Language: Spanish Friday, October 02, 2015 Sunday, October 04, 2015

Buenos Aires, Argentina

Contact: Lala Rey Méndez 0291 154 74 4500 lalareymendez@gmail.com

Language: Spanish Friday, October 09, 2015 Sunday, October 11, 2015

Northern New York, NY

Contact: Colleen Miner 518-891-2309 cbm510@roadrunner.com

Friday, October 09, 2015 Sunday, October 11, 2015

Asheville, NC

Contact: Deacon Tom Rasmussen <u>828-495-7234</u> <u>deacontom@centurylink.net</u>

Contact: Jackie Childers 980 241-0251 jackie.childers.1@gmail.com

Contact: Shelley Glanton 828-230-4940 sglan1234@aol.com

Friday, October 09, 2015 Sunday, October 11, 2015

Note: Retreat to be held in Maryvalle, NC

Upstate / Greenville, SC

Contact: Christy 803-554-6088 grace4healing@gmail.com

Contact: Kathy 803-546-6010 kcs6010@gmail.com

Friday, October 09, 2015 Sunday, October 11, 2015

Los Angeles, CA

Contact: Christine Lowe 866-272-2435 rvla.christine@gmail.com

Friday, October 09, 2015 Sunday, October 11, 2015

Fort Worth (Español), TX

Contact: Macaria (Español) 817-886-4760 misericordia@racheltx.org

Friday, October 09, 2015 Sunday, October 11, 2015

Oise, France

Contact: Joel Rosenfeld 06-08-42-43-81 lavignederacheloise@gmail.com

Language: French

Friday, October 16, 2015 Sunday, October 18, 2015

Note: retreat to take place 60350 TROSLY-BREUIL près de COMPIEGNE

Blair/Omaha (Interdenominational), NE

Contact: Linda Degner 402-670-5145 RachelsVineyardNE@outlook.com

Friday, October 16, 2015 Sunday, October 18, 2015

Providence, RI

Contact: Carol Owens <u>401-421-7833 x118</u> rachelsvineyard@dioceseofprovidence.org

Friday, October 16, 2015 Sunday, October 18, 2015

Honolulu, HI

Contact: Sr. Geralyn Spaulding, OSB (808) 741-3819

Contact: Lisa Shorba 808-349-5071 RVinHawaii@gmail.com

Friday, October 16, 2015 Sunday, October 18, 2015

Baltimore, MD

Contact: Deacon Frank Zeiler <u>410-299-9597</u> <u>Fzeiler@archbalt.org</u> Contact: Johanna Coughlin <u>410-625-8491</u> rvbaltimore@archbalt.org

Friday, October 16, 2015 Sunday, October 18, 2015

Sioux Falls, SD

Contact: Margi Culhane <u>1-800-700-7867</u> <u>mculhane@sfcatholic.org</u>

Contact: Dr. Marcie Moran 605-988-3775

Friday, October 16, 2015 Sunday, October 18, 2015

Prescott Valley, AZ

Contact: Diane Duncan 928-642-7585 rvrpvaz@gmail.com

Contact: Nancy <u>928-642-7585</u>

Friday, October 16, 2015 Sunday, October 18, 2015

Belfast, Northern Ireland

Contact: Marian 02890-799967 marianrvni@yahoo.co.uk

Friday, October 23, 2015 Sunday, October 25, 2015

Hildesheim, Niedersachsen, German

Contact: Anne Arthur <u>amecarthur@yahoo.com</u>

Contact: Christiane Kurpik +49-(0)5121-133761 chrkur@web.de

Language: German Friday, October 23, 2015 Sunday, October 25, 2015

Note: Retreat Held in 88326 Aulendorf

Leeds, England

Contact: Marene 07505 904 656 info@rachelsvineyard.org.uk

Friday, October 23, 2015 Sunday, October 25, 2015

Kansas City, MO

Contact: Terri O'Donnell 816-591-3804 rykcmo@gmail.com

Friday, October 23, 2015 Sunday, October 25, 2015

Peoria, IL

Contact: Cathy Trowbridge 309-264-1489 cathyt72@gmail.com

Contact: Colleen Harmon <u>309-264-1489</u> <u>ceharmon2012@gmail.com</u>

Contact: Terri LaHood 309-671-1550 tlahood@cdop.org

Friday, October 23, 2015 Sunday, October 25, 2015

Dallas (Español), TX

Contact: Eileen Kuhlmann 972-679-4760 ekuhlmann@prolifedallas.org

Friday, October 23, 2015 Sunday, October 25, 2015

Tulsa, OK

Contact: Mary Lee Ingram 918-508-7142 mlingram@catholiccharitiestulsa.org

Friday, October 23, 2015 Sunday, October 25, 2015

San Bernardino, CA

Contact: Blanca Leal-McGuthrie (Español)909-520-3867

blancamcguthrie@gmail.com

Contact: Mary Huber - (English) 909-475-5353 <u>mhuber@sbdiocese.org</u>

Language: Spanish Friday, October 23, 2015 Sunday, October 25, 2015

Note: Retreat will be held in Duarte, CA.

Grand Rapids, MI

Contact: Maggie Walsh 616-340-1824 mwalsh@ccwestmi.org

Contact: Toll-free (MI only) 800-800-8284

Friday, October 23, 2015 Sunday, October 25, 2015

Providence, RI

Contact: Carol Owens 401-421-7833 x118 rachelsvineyard@dioceseofprovidence.org

Language: Spanish Friday, October 23, 2015 Sunday, October 25, 2015

Orlando, FL

Contact: Jessie Cuadros (407) 504-0677 rachelsvineyardorlando@gmail.com

Friday, October 23, 2015 Sunday, October 25, 2015

Note: Retreat to be Held at San Pedro Retreat Center

Kent, England

Contact: Pam Nelson 07851331816 pamnelson566@gmail.com

Friday, October 30, 2015 Sunday, November 01, 2015

New Orleans, LA

Contact: Melanie Baglow <u>504-710-6458</u> <u>mkbaglow@cox.net</u> Contact: Pam Richard <u>504-460-9360</u> <u>richj504@bellsouth.net</u>

Friday, October 30, 2015 Sunday, November 01, 2015

Steubenville, OH

Contact: Sharon Maedke 740-283-3636 aimhelpcenter@sbcglobal.net Friday, October 30, 2015

Sunday, November 01, 2015

Kansas City, KS

Contact: Kathy & Dan Hawk 816-401-4594 rv.north.kc@gmail.com

Friday, October 30, 2015 Sunday, November 01, 2015 Litchfield, CT

Contact: Marie Laffin 203-631-9030 mlaffin@prolifeministry.org

Friday, October 30, 2015 Sunday, November 01, 2015

Bahía Blanca, Argentina

Contact: Lala Rey Méndez 0291 154 74 4500 <u>lalareymendez@gmail.com</u>

Language: Spanish

Friday, October 30, 2015 Sunday, November 01, 2015