The Tipping Point- Understanding and Treating Victims of Gang Controlled Exploitation

Deepa Patel, CSOTP, LCSW Executive Director

Trauma and Hope

Heather Dziewulski, LCSW, BCD, Child Services Administrator Loudoun County Department of Family Services

TRAUMA AND HOPE OUTPATIENT PROGRAM

- □ Provides Evidence Based Treatment.
- Goals of the Program are:
 - ✓ Provide culturally competent/effective services
 - \checkmark Empower families through healthy parenting and interactions
 - \checkmark Increase overall functioning skills and stability

TREATMENT

Treatment issues include but are not limited to:

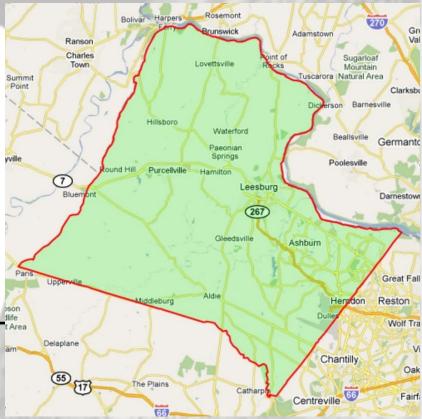
- o Abuse and Neglect (Victim and Offenders)
- o Attention Deficit Disorder
- o Anxiety Disorders
- o Attachment Disorders
- o Conduct Disorder
- o Domestic Violence Issues
- o Mood Disorders (Depression, Bipolar)
- o Oppositional Defiant Disorder
- o Post Traumatic Stress Disorder
- o Psychotic Disorders
- o Substance Use/Abuse

Sexual Exploitation/Gang Intervention Services

- The GIS Team is comprised of highly qualified professionals that are cross trained in multiple areas that specialize in working with gang involved youth.
 - Currently three males and two female on the GIS Team
 - Clinicians are experienced in working with antisocial, court involved, and mandated youth.
 - Specialties include Certified Substance Abuse Treatment Providers, Certified Sex Offender Treatment Providers, Gang Specialists, Employment and College coaching, Trauma Specialist, etc.
 - All are Qualified Mental Health Professionals (QMHP)
- Services within the GIS Program
 - Home Based Services.
 - Girls and Boys Self Destructive Group.
 - Treatment for Gang Controlled Sexual Exploitation Victims.
 - Substance Abuse Groups/Individual Counseling.

This is a story about a community. This story could be yours...

- Loudoun County is the fastest growing county in Virginia and one of the fastest in the nation
- Largest mean income in nation
- Near Dulles airport
- Increasing presence of transnational gangs



Waking Up

- Two teens brought into foster care pregnant. The father of each over 25 (turned out to be the same fellow)
- Teen girls chronically running away with a specific individual and not being found for long periods of time.
 When they were found they were terrified to tell where they were.
- Groups of teen females coming into the Youth Shelter at the same time, several different groups, at different times but same behaviors of substance abuse, and overnight runaway.

The alarm!!!!!

- Green light notification on a 16 year old female living in the Youth Shelter by Homeland Security and Loudoun County Gang Intervention Unit.
- We had nowhere to keep her safe
- We were terrified, no one else seemed to be

Social Worker in possible Danger.....

Our call to action:

- Minor sex trafficking is child sexual abuse.
- It is not a party.
- It is not a good time for the girls.
- It is not "what kids these days do".
- The girls are not prostitutes.
- Sex trafficking is sex abuse. Period. Our community will treat it as such.
- Trafficking someone is a crime. Our community will treat it as such.

We started looking at what we were seeing...

- Since 2012, 222 unduplicated minor age females have been identified as high risk for becoming victims of minor sex trafficking, with 128 confirmed or at highest risk.
- Thirty-four percent of these youth were identified or engaged through the child welfare system.
- Forty-nine percent of these youth were in the Juvenile Detention Center.
- This number did not capture the number of youth coming to the attention of the Juvenile Court Services Unit with Status Offenses that were not seen in Court. Intake Officers were reporting a significant increase in teen females involved in runaway, truancy, shoplifting and petty crimes.

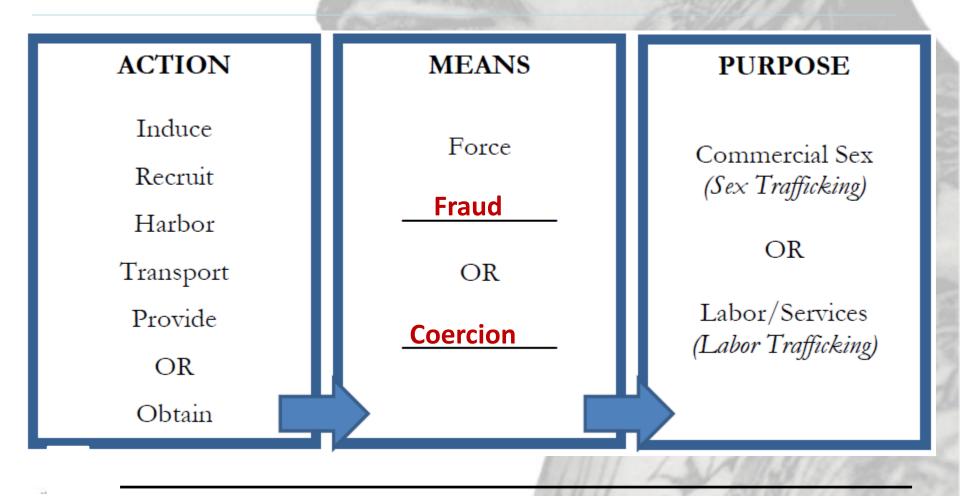
"Yet for most of the girls, the force, the violence, the gun in her face don't come until later. Their pathway into the commercial sex industry is facilitated through seduction, promises, and the belief that the abuse is actually their boyfriend. Statistics show that the majority of commercially sexually exploited children are homeless, runaways, or the distastefully termed "throwaways." These girls and young women have a tougher time in the court of public opinion and in the real courts of the criminal and juvenile justice systems. It is presumed that somewhere along the line they "chose" this life, and this damns them to be seen as willing participants in their own abuse."

Girls like Us, Rachel Lloyd

What is sexual exploitation?

 The recruitment, harboring, transportation, provision or obtaining a person for the purpose of a commercial sex act where such an act is induced by force fraud or coercion; *or in which the person has not attained 18 yrs of age.*

Human Trafficking Defined



Lets look at the Numbers

- The Northern Virginia Human Trafficking Unit (HTU)
 - Since October 1, 2013 the HTU has identified 350 victims of human trafficking
 - Of the 350 victim identified, 69 were juvenile victim s and 281 were adults
 - The HTU has identified 129 suspects of human trafficking in Northern Virginia

National Stats

- \$32 billion industry
 - As large as weapons trafficking
- 12 million victims worldwide
 - 43% Sex; 32% Labor
 - 80% women; 50% children
- 8.5% convicted offenders to victims identified
- 0.4% victims identified to estimated victims

Common Sex Trafficking Scenarios

Renegade: individual engages in commercial sex on their own accord, sometimes individuals will operate in a group. (It should be noted that individuals in this category come from a scenario where they were exploited by a trafficker, and will commonly return to a trafficker.)

Brothel network: individuals are maintained and controlled in a brothel/bawdy place. There is one location that the girls are kept for a period of time then moved to another location within the network.

Pimp-controlled: individual is controlled by a single pimp or at times a family. The trafficker controls the individuals movements and directs all their actions.

Family-controlled: Individuals are controlled by family members.

Gang-related/motivated: girls are recruited and controlled by gang members. Personal gain and gang profit.

Why Are our Victims Drawn to Gangs

Victim At-Risk Profile

Individual

- Prior delinquency
- Desire for group rewards such as status, identity, self-esteem, companionship and protection
- Anti-social attitudes
- Aggression
- Alcohol and drug use
- Early or precocious sexual activity
- Violent victimization

School

- Poor school performance
- > Low educational aspirations,
- > Negative labeling by teachers
- High levels of anti-social behavior
- Few teacher role models
- Educational frustration
- Learning difficulties

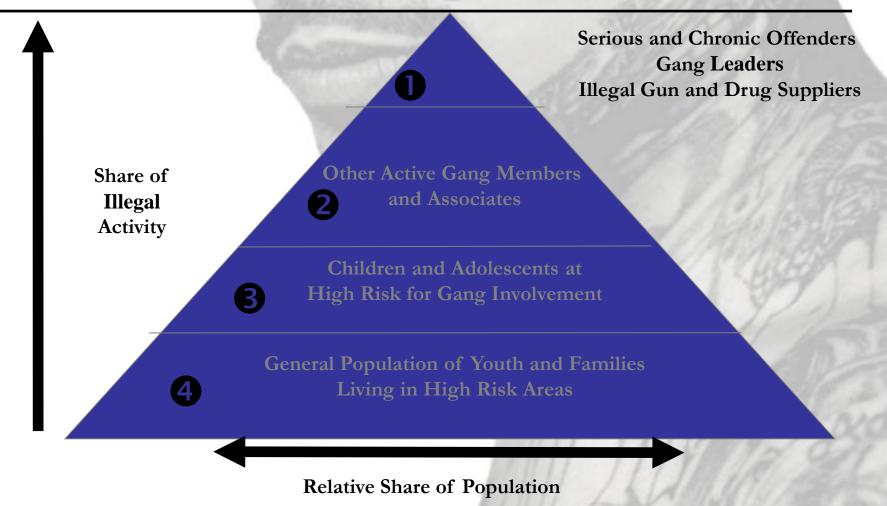
Family

- Family disorganization, including broken homes and parental drug and/or alcohol abuse
- Family violence, neglect and drug addiction
- Family members in a gang
- Lack of adult and parental role models, parental criminality, parents with violent attitudes, siblings with anti-social behaviors
 - Extreme economic deprivation

Community

- Social disorganization, including high poverty and residential mobility
- High crime neighborhood;
- Presence of gangs
- Availability or perceived access to drugs in the neighborhood
- Availability of firearms
- Feeling unsafe in neighborhood

Crime and Gang Involvement



Prior Victimization

TRAUMA

- Physical/sexual abuse
- Witnessing community or domestic violence
- Neglect or abandonment by a parent or caregiver
- Physical violence, including bullying
- Witnessing police activity or having someone close arrested
- Witnessing another person being killed or seriously injured
- Death or loss of someone close, especially in an unexpected or violent manner

Draw to the Gangs

- Identity and sense of belonging
- Protection Power and Prestige
 - Not be hurt in own neighborhood
 - Family was/are gang involved
 - Can rise in the ranks
- Fulfill basic needs
 - Money
 - Family
 - Cares for them and will love them
- Fun and excitement

THE JOURNEY

- US Born Citizens
- Permanent Residency
- Student/Tourist Visa
- Illegal Entry / No apprehension
- Illegal Entry/Apprehension
- Assylum/Protected Entry*
- Increasing Coordination between Mexican Drug Cartels, Alien Smuggling Networks, and US Based Gangs.....2014 FBI NGTA

Home

 Children are predominantly from Guatemala, Honduras, and El Salvador (over 90%)

Journey

- Smuggler (Coyote) or unguided
- Method of transportation
- Potential victimization
- ICE/ORR Custody
 - Detention and shelter placement
 - **Reunification/Sponsor Home**
 - Broken and restored relationships
 - Expectations and cultural adaptations
 - POTENTIAL FOR QUADRUPAL TRUAMA EXPOSURES!

Why Commercial Sex?

Sex Trafficking

- Investment: Minimal recruiting cost Invest
- 1 night: \$1,000; 1 month: \$15,000
- 1 year: \$180,000 Profit
- <u>Note</u>: Relies on fewer people, thus less risky; less expensive; girls rescued -> girls replaced
- * <u>Renewable Resource</u>

Narcotics Trafficking

- ost Investment: \$32,000 in initial capital (1 Kilo)
 - Sell: \$64,000 (1 Kilo broken down)
 - Profit: \$32,000
 - <u>Note</u>: Relies on more people to cut and distribute; more expensive; narcotics seized → narcotics lost
 - * Finite Resource

Grooming or "Seasoning"

- The process of "breaking-down" from healthy sexual boundaries to commercial sex
- The goals is to attain complete control through:
 - Beating/Slapping
 - Burning
 - Sexual assault Rape or gang rape \Box
 - Confinement
 - Deprivation of food or water or various forms of bondage
 - Emotional abuse
 - Re-naming
 - Creating dependencies
 - Removal from familiarity and support structures
 - Document confiscation
 - Forced sexual education

Who are the Traffickers?

- Gang Member/Affiliate/Associates =Trafficker
- Can be a boyfriend, father, mother, brother, uncle, a coach, a teacher or anyone exerting control over a minor, even a peer or group of peers
- Men and women of varying ages
- Any ethnicity or race
- Anyone who benefits from the commercial sexual exploitation of a minor or facilitates the commercial sexual exploitation of a minor

CREATE FEAR





Gang Mentality

- Power and Respect
- Territorial Dominance
- Paranoia about Law Enforcement
- Blood in, Blood out

Gang over All



gex Trafficking

ECONOMIC ABUSE

COERCION and THREATS

Threatens to do physical harm

 Threatens to harm family

 Threatens to shame victim to community Threatens to report to police/immigration

Creates debt bondage that can never be repaid

Takes some or all money earned Forbids victim to have access to their finances or bank account Forbids victim to go to school

USING PRIVILEGE

Solution Sol Treats victim like a servant • Defines gender roles to make subservient

 Uses nationality to suggest superiority • Uses certain victims to control other victims

Hides or destroys important papers

SEXUAL ABUSE

Forces victim to have sex with multiple people in a day Uses rape as a weapon and means of control •Treats victim as an object used for monetary gain

 Normalizes sexual violence and selling sex

INTIMIDATION

Harms or kills others to show force • Displays or uses weapons

 Destroys property Harms children

Lies about police

involvement in the trafficking situation

POWER

&

CONTROL

Labor Trafficking

EMOTIONAL ABUSE

prostitution, brothels, massage particular of the only state of th Humiliates in front of others Calls names
 Plays mind games Makes victim feel guilt, blame for the situation • Creates dependence by convincing victim they're the only one that cares about them

ISOLATION

Keeps confined

Accompanies to public places
 Creates distrust of police/others
Moves victims to multiple locations

Rotates victims Doesn't allow victim to learn English

Denies access to children,

family and friends

MINIMIZING, **DENYING &** BLAMING

Makes light of abuse or situation

 Denies that anything illegal is occurring

Places blame on victim for the trafficking situation

Recruiting: Social Media

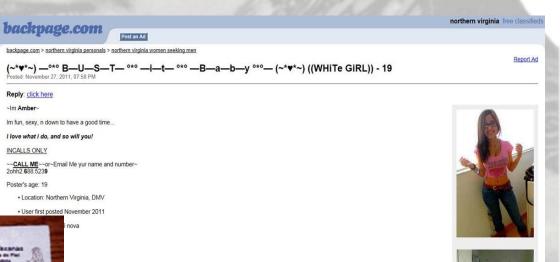
• Why social media?

• How do they use it?

Impersonal
Ability Linkedin er accounts intellig meet for facebook ressages
Num Ning Contractory of the second rest of

Advertising

- Word of mouth
- Business cards
- Backpage
- Craigslist







How Does Gang Controlled Victimization Differ from other types of Exploitation?

- Gang controlled sex trafficking is a culture of family.
- The gang lifestyle is controlled by a system of rules, vocabulary and customs.
- Victims are trafficked by the group/individual gang member (Boyfriend)
- This particular culture of family makes it challenging for the victim to stay away from the gang even after being separated.
- Live by the "code of the streets."
- The Threat –"It happened to Brenda Paz"

Brenda Paz Phenomenon

- Murder in 2003
- Used as a form of power and control
- Availability of media coverage
- Misperceptions

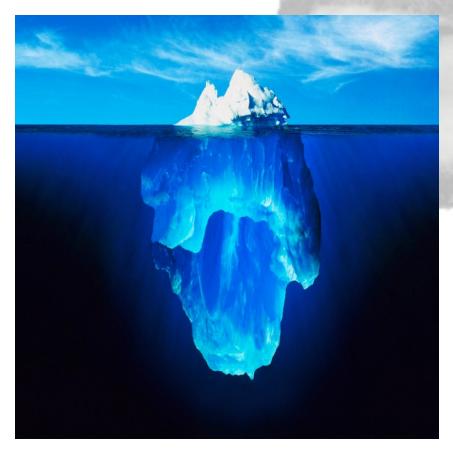


How Does Gang Controlled Victimization Differ from other types of Exploitation?

- Victims are:
 - Gang Members (Local)
 - Associates to the gang (National/Transnational)
 - Tricked that they are gang members (Victims feel no different)
- For the most part, victims become property of the entire gang rather then an individual person
- Victims s role in the gang can differ depending on status/affiliation
- Among the many traumas that the victim faces, there can also be the fear an entire gang retaliating (Melissa)
- Treatment also entails breaking the cycle of gang affiliation

The mental health of individuals is often overlooked, misinterpreted, or misdiagnosed, so often times issues continues to occur or will manifest .

What You See Is Not Really What You are Getting



- Anxiety disorders
- Depression
- Substance Abuse
- Bipolar Disorder
- History of sexual abuse
- History of physical abuse
- Victim of previous violence



Psychological/Emotional Impact of CSEC

Disruption of healthy psychological development •Self-concept, intimacy, beliefs and goals Post Traumatic Stress Disorder (PTSD) •Impulse to revisit traumatic events, intrusive emotions & memories, flashbacks, hyper arousal, exaggerated startle reaction, panic symptoms Self-injurious and suicidal behavior Dissociative disorders Anxiety Paranoia Clinical depression Explosive outbursts Sleep disturbance & nightmares Bond with perpetrators Hyper-sexualization

Emotional Impact of CSEC

Anger and rage Deep emotional pain/grieving Feelings of humiliation/shame Stigma of exploitation Self-blame/Self-loathing

Loss of sexual desire, feelings, or response Sad, Sorry, Lost, Hurt, Scared, Hateful, Lonely,

Lovesick, Shy, Annoyed, Irritated, Cautious, Shame, Helpless, Exhausted, Negative, Miserable, Disappointed, Suspicious, Grumpy, Numb, Depressed, Judged, Excluded, Reckless, Paranoid, Isolated, Shocked, Regretful, Withdrawn, Frustrated, Paranoid

Social Impact of CSEC

Isolation from peer group Disconnection from community Isolation from mainstream society Homelessness Incarceration/Criminal record as obstacle Disempowerment Lack of life skills Trust issues/Difficulty maintaining relationships Obstacles to vocation

•Lack of access to legal economies, lack of job experience/skills Educational deprivation

•Missed school, disconnection with school system

Spiritual Impact of CSEC

Despair Hopelessness Lack of belief in humanity Lack of faith in spiritual power

Physical Impact of CSEC

Continuous physical abuse Rape & gang rape STDs & STIs **HIV & AIDS** Loss of bowel control Pregnancy (wanted and unwanted) Sterility Facial/dental reconstruction Tattoos & branding **Brain damage** Substance abuse/addiction Self-cutting Suicide/Death Beatings Stabbed Shot at

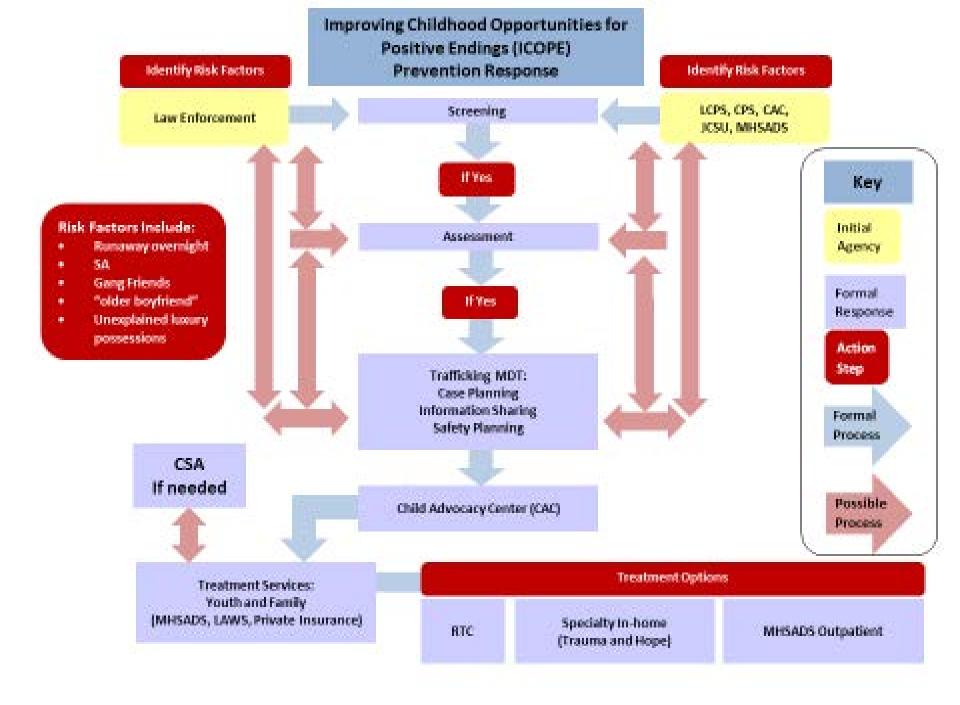
Courtesy of The Home for Little Wanderers

Considerations

- Often times the individual does not identify as a victim or being "trafficked."
- Do not use the word "Prostitution"
- Understand the power and control dynamics these individuals faces
- Be aware that often times the individuals are conditioned to speak and act a certain way in an interview/assessment
- Code of the Streets: "Do not trust law enforcement/outsiders."

Screening/Treatment Approach

- Safe and/or neutral environment
- Let them talk
- Don't limit yourself on time
- Be relaxed and mindful of your tone, demeanor, and body language.
- Do not make judgments
 - -Try to avoid notes
- Be clear about your role, goals, and services
 Use the language they use



Questions?

Deepa Patel, CSOTP, LCSW Executive Director of Trauma and Hope (571) 366-0086 Deepa.R.Patel1@gmail.com

Heather Peck Dziewulski LCSW, BCD Child Services Administrator Loudoun County Department of Family Services 703-737-8755 Heather.Dziewulski@loudoun.gov