



Eno Memorial Hall
754 Hopmeadow Street
www.simsbury-ct.gov

Mailing Address:
933 Hopmeadow Street
Simsbury, CT 06070

Hours: Monday: 8:30 a.m. to 7 p.m.
Tuesday - Thursday: 8:30 a.m. to 4:30 p.m.
Friday: 8:30 a.m. to 1 p.m.

Contact Us: Senior Center Phone: (860) 658-3273
Social Services Phone: (860) 658-3283
Fax: (860) 408-7046

PROGRAMMING BEGINS JUNE 1. THIS SCHEDULE IS SUBJECT TO CHANGE.

The Senior Communicator

May — June 2020

The Town of Simsbury is still **HERE FOR YOU**

As the COVID-19 situation develops, we recognize that this is a unique and uncertain time for everyone.

To keep our community safe, town buildings such as Eno Memorial Hall are closed to the public.

Senior Center and Social Services staff continue to work on a daily basis, either remotely or inside Eno Memorial Hall.

We miss you, we are here for you and we look forward to the day we can open our doors and welcome you back.



On March 16, an emergency declaration was issued by the First Selectman and Town Manager, to allow the Town to take full advantage of the Governor's Emergency Declarations related to the pandemic, and allow Simsbury to prepare for the possible effects of the pandemic on our community. The following facilities are **closed** to the public until further notice:

- Town Hall
- Eno Memorial Hall (Community and Social

Services, and Senior Center)

- Simsbury Public Library
- Simsbury Farms

Administration Building

- Simsbury Bulky Waste/Recycling Center at 66 Wolcott Road

Please note that the following information is subject to change.

In accordance with the executive order issued March 20 by Governor Lamont, staff in the administrative facilities listed above will be managing most operations remotely until at least May 20.

Town services continue to operate by phone, mail, email, and virtually through our online services. We will continue to return phone calls daily, Monday to Friday during normal business hours.

Our return call to you may have "No Caller ID." Please answer as this may be us, or check your voicemail for our message to you.

All non-essential public meetings are canceled through at least May 20. This includes all meetings of advisory committees and

See **STILL HERE** on page 6

Simsbury Tax Relief Programs

The Simsbury Board of Selectmen has adopted two programs for property tax relief during the pandemic. Both are authorized by Governor Lamont's Executive Order 7-S.

Under this order, Simsbury must provide one or both of two COVID-19 property tax relief options: (1) a temporary deferment of tax collections (the "Tax Deferment Program"); and/or (2) a significantly reduced interest rate on delinquent payments of taxes due and payable.

Simsbury has elected to offer both tax relief programs to its taxpayers.

See **TAX RELIEF** on page 8

- Kathleen Marschall**
Senior Center Coordinator
- Dana Olson**
Senior Center Assistant
- Kristen Formanek**
Director of Community and Social Services
- Rachael Loveland**
Community Social Worker
- Charlotte Barth**
Social Services Aide
- Carolyn Krystiniak**
Senior Outreach Coordinator



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Step 1: Call our service desk @ 860-658-2271 by 9:30 am for same day service
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SENIORS: Take advantage of our Monday home delivery special. Every Monday the same great service is only **\$4⁹⁵**



HOLIDAYS AND INCLEMENT WEATHER MAY EFFECT DELIVERY SCHEDULES

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Fax: 860-658-2273 • Pizza: 860-658-1210

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See Store for details.

STORE HOURS: 8AM-9PM, 7 DAYS/WEEK

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PROGRAMMING BEGINS JUNE 1. THIS SCHEDULE IS SUBJECT TO CHANGE.




Charity Stitchers

This knitting and crochet club meets from **10 a.m. to noon** the **1st and 3rd Friday** of each month. **FREE!**

Painting Club

Drop in with other enthusiasts in a relaxed environment. Please bring your own materials.



Mondays noon to 3 p.m. **FREE!**

Jewelry-Making Workshops


Meet fellow creators one Monday each month, from **10 a.m. to 3 p.m.** Workshop led by Sandy Merrill. Sign up by the prior Wednesday. Next workshops are **June 8 and July 13.**
Cost: \$5 plus materials.

Ceramics with Gloria Cerniglia

Tuesdays June 2 to June 30, **10 a.m. to 2 p.m.**
Cost: 5 classes for \$12.50 or \$4 drop-in, plus the cost of materials.

Canasta

Tuesdays 1 to 4 p.m.
Call the Senior Center to sign up. **FREE!**




Wii BOWLING

Everyone welcome, no experience needed.
Thursdays 10 a.m. to noon. **FREE!**


Scrabble

Tuesdays 1 to 4 p.m.
Drop-in. **FREE!**

Dominoes


The Senior Center hosts a weekly game of Dominoes. No experience is necessary.
Wednesdays 1 to 3 p.m. **FREE!**



Cribbage

Tuesdays noon to 3 p.m.
Drop-in. **FREE!**

Painting Class with Deborah Leonard



Bring your favorite medium: watercolor, pastels, acrylics, and the appropriate painting surface.
Thursday mornings
This class is on hiatus in May and June.

Setback


Fridays 10 a.m. to noon. Drop-in. **FREE!**

Bridge

Mondays 12 to 3 p.m.: Contract Bridge
Fridays 9:30 a.m. to 1 p.m.: Duplicate Bridge
Cost: \$1

Intonations

This choral group enjoys singing together and performing at local venues. **Director:** Greg Babal.

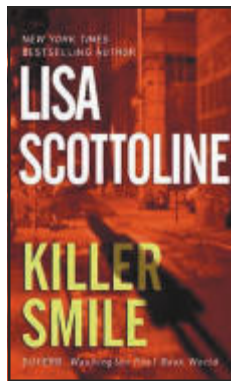


Wednesday mornings
This class is on summer break.

Book Club


June 24: "The Feast of the Goat" by Mario Vargas Llosa (F)
July 22: "Killer Smile" by Lisa Scottoline (F).

From **2 to 3 p.m.** Please sign up in advance. **FREE**



Chess Club

Everyone welcome, no experience needed. New players, please call the Senior Center.
Mondays 11 a.m. to 1 p.m. **FREE!**



Investment Club

This group enjoys researching and buying stocks.
2nd Wednesday, 2 to 4 p.m. **FREE**, drop in.
Next meetings are **June 10, July 8, and Aug. 12.**

Stay Fit! Be Well!

All participants are required to complete a yearly liability waiver before starting a fitness class. We advise that each participant have a complete physical examination before participating in any physical activity.

PROGRAMMING BEGINS JUNE 1. THIS SCHEDULE IS SUBJECT TO CHANGE.

Balanced Bodies

This class is designed to increase flexibility, joint stability, balance, coordination and strength. Workout combines both standing and seated exercises, to maintain balance and help prevent falls.

Wednesdays with Marie Burman
1 to 2 p.m. June 3 to June 24
4 classes for \$10 / \$4 drop-in

Fitness for Fall Prevention

Features balancing sequences, leg and torso exercises for strength and flexibility, and safety tips for your home and life.

Mondays with Mary Root
1 to 2 p.m. June 1 to June 22
4 classes for \$10 / \$4 drop-in

NEW

Tai Chi

Gentle and beneficial for gaining flexibility and improving balance.

Instructor: Ken Zaborowski
Tuesdays & Fridays
June 2 to June 26

Intermediate 10:15 to 11 a.m.
Beginner 11:05 to 11:50 a.m.
8 classes for \$36 / \$6 drop-in

Chair Yoga

Yoga can improve strength, flexibility and endurance, and manage inflammation, arthritis and pain. This class is perfect for offering chair support for people with knee and back discomfort.



Instructor: Susan Rubenstein
Tuesdays 11 a.m. to noon
June 2 to July 21
8 classes for \$52 / \$8 drop-in
Please register by May 29.

Cardio Fit

A low-impact, heart-healthy aerobics class that boosts energy.

Instructor: Nancy Pandolfo
Tuesdays and Thursdays,
9:10 to 9:55 a.m.
June 2 to July 30

Cost: Free with SilverSneakers® & Renew Active™, or \$3 without



Cardio Blast

Traditional aerobics, great music!

Instructors:

Mondays & Fridays: Mary Root
Wednesdays: Marie Burman

Mondays noon to 1 p.m.
June 1 to June 22
4 classes for \$10 / \$4 drop-in

Wednesdays 12 to 1 p.m.
June 3 to June 24
4 classes for \$10 / \$4 drop-in

Fridays 12 to 1 p.m.
June 5 to June 26
4 classes for \$10 / \$4 drop-in

Yoga (Morning)

A great class to help de-stress before your busy day.

Instructor: Susan Rubenstein
10:30 to 11:30 a.m.

Please register by May 29.

Mondays June 1 to July 20
8 classes for \$ 52 / \$8 drop-in

Wednesdays June 3 to July 22
8 classes for \$52
or \$8 drop-in



Straight Up Strength

This class offers an effective combination of strength training, core work, balance and a complete stretch.

Instructor: Susan Rubenstein

Fridays, 9 to 10 a.m. June 5 to July 24 (No class 7/3.)
7 classes for \$28 / \$5.50 drop-in
Please register by May 29.

Perfect Fit

Low-impact aerobics, strength training and Pilates.

Instructor: Susan Rubenstein
9:15 to 10:15 a.m.

Please register by May 29.

Mondays June 1 to July 20
8 classes for \$32 / \$5.50 drop-in

Wednesdays June 3 to July 22
8 classes for \$32 / \$5.50 drop-in



HEARING CLINICS! Connecticut Hearing Center will be at the Senior Center to clean and service hearing aids and perform general screenings on **Mondays, June 15 and July 20.** All services are FREE. Appointments start every 15 minutes between 10 and 11:15 a.m. Make your appointment through the Senior Center.

◆ Call the Senior Center at (860) 658-3273 for information about any of these activities! ◆

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Line Dancing

Line dancing may increase flexibility, cardiovascular health, strength and lung capacity, as well as improve bone health, balance and

LET'S DANCE!

coordination. Adding light weights increases the health

benefits! (Weights are optional.) In addition, a 21-year study in the New England Journal of Medicine found that among several forms of exercise studied, only dancing reduced the risk of Alzheimer's disease and other forms of dementia, and it was by a dramatic 76 percent!

Instructor: Mary Root

Beginning Line Dancing

Tuesdays noon to 1 p.m. June 2 to June 23
4 classes for \$10 / \$4 drop-in

Intermediate Line Dancing

Thursdays 10 to 11 a.m. June 4 to June 25
4 classes for \$10 / \$4 drop-in

Yoga (Evening)

A perfect class to help you de-stress after a busy day!

Instructor: Susan Rubenstein

Wednesdays 5 to 6 p.m. June 3 to July 22
8 classes for \$54 / \$8.50 drop-in
Please register by May 29.

Barre Body Fusion (Evening)

The perfect workout combining the latest in Barre, Pilates and Yoga. Sneakers can be on or off. Bring light weights and a mat.

Instructor: Susan Rubenstein
Tuesdays 5 to 6 p.m.

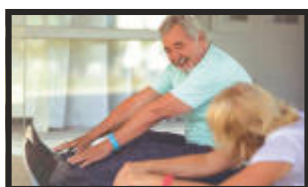
This class is on hiatus.

Blood Sugar & Pressure Screenings

No appointment is necessary. Wednesdays. Sponsored by the Farmington Valley VNA.	1:30 p.m., Upper Rotunda
June 3: 11:30 a.m. to 2 p.m., Upper Rotunda	July 1: 11:30 a.m. to 2 p.m., Upper Rotunda
June 10: 11:30 a.m. to 2 p.m., Lower Rotunda	July 8: 11:30 a.m. to 2 p.m., Lower Rotunda
June 17: 11:30 a.m. to 2 p.m., Upper Rotunda	July 15: 11:30 a.m. to 2 p.m., Upper Rotunda
June 24: 9:30 a.m. to	July 22: 9:30 a.m. to 1:30 p.m., Upper Rotunda
	July 29: 11:30 a.m. to 2 p.m., Upper Rotunda

Cardio Core Challenge (Evening)

Stay fit with a class that combines intervals of cardio, strength training, weights and core work, blending all the components of cross training in one complete workout. Your body will work more efficiently as you add lean muscle and boost metabolism.



Instructor: Susan Rubenstein

Thursdays 5 to 6 p.m. June 4 to July 23
Please register by May 29.
8 classes for \$54 / \$8.50 drop-in

Foot Care Clinics

Half-hour appointments are available twice a month at the Senior Center. Nurses will trim and file nails, sand calluses and corns, and give a foot massage.

Next clinics are **June 2 & 23, and July 7 & 28.**

Appointments start between **8:30 a.m. and 2 p.m.**

Cost: \$29 cash or check payable to PediCare. Schedule appointments through the Senior Center.

Get limber in our on-site Fitness Room!



Our Fitness Room offers 2 NuStep Reclining Steppers, 2 Treadmills, 1 Stationary Bicycle, 1-to-10-pound free weights, and a widescreen TV. Hours are Monday through Friday, with times subject to change based on room availability.

Cost: \$50 per year or \$6 per month. A note from your physician and orientation with our personal trainer are required before signing up.

CHAIR MASSAGE

Book an appointment for a 15-minute chair massage, and walk away feeling refreshed and relaxed. Appointments **start at 11:15 a.m. Thursday, June 4, 11 and 18.** (Subject to change.) **Cost:** \$10 for a 15-minute session, or \$20 for 30 minutes.

Cancellation Policy: We are able to offer a credit or refund if you notify us of a cancellation more than 24 hours in advance.

STILL HERE:

Continued from page 1

work groups. During this time, regulatory agencies (such as the Board of Selectmen, Board of Finance, and land use agencies) will be able to meet as needed for essential business, **but the meetings will be closed to the public.** The public will be able to view these meetings live online or on television through SCTV.

Members of the public may email statements to the Town Clerk's Office at ebutler@simsbury-ct.gov by 4:30 p.m. the day before the meeting to have their comments read into the record during public audience. These actions are being taken pursuant to Executive Order No.7B.

Per Executive Order No. 7N, all gatherings of six or more people are prohibited through May 20. Subsequently, all Town-sponsored events, and events hosted at Town facilities, have been cancelled through May 20.

TOWN HALL

Please call **(860) 658-3200** to contact the appropriate department. Many of our services can also be accessed online at

simsbury-ct.gov. A secure drop box has been placed at the Town Hall entrance for the public to leave documents for Town departments.

POLICE DEPARTMENT

The Police Department is temporarily changing the manner in which some services are provided and postponing some services.

The Department may take certain reports by telephone and share some information via e-mail, instead of in person.

Non-emergency services such as non-criminal fingerprinting will be postponed until the recommendation of social distancing has been lifted.

The Department is also urging you to call the Police Department instead of entering the lobby for routine or non-emergency matters.

The routine phone number is (860) 658-3100. The emergency number is 911.

COMMUNITY AND SOCIAL SERVICES AND SENIOR CENTER

Please call the Social Services Office at (860) 658-3283 and the Senior Center at (860) 658-3273 to leave a message for staff.

Emails will continue to be checked and responded to, and voicemails will continue to be returned daily Monday through Friday during normal business hours.

Our return call to you may have "No Caller ID"; please plan to answer as this may be us, or check your voicemail for our call. If you are returning a call to us, please let us know when a good time would be to return your call so that we do not continue to miss you.

Staff will still distribute pre-packed bags of food, toiletries, and a gift card to those in need.

The Wednesday Senior Lunch at Eno will be available by curbside pick-up and with pre-order.

If you are having a financial emergency, staff will offer phone screening for potential assistance.

For a list of services and resources, in order to further help meet your needs, and for your convenience, please visit <https://www.simsbury-ct.gov/social-services>.

LIBRARY

No library materials will be due during the time that the Library is closed to the public.

Library staff will be on hand between the hours of 9:30 a.m. to 5:30 p.m. and will provide service via telephone at **(860) 658-7663**.

We will continue to keep you informed should the status of service change.

As always, online resources such as ebooks, e-audiobooks, e-magazines, movies, music, and online learning are available 24/7 at simsburylibrary.info.

PREVENT THE SPREAD OF CORONAVIRUS

There are precautions that everyone should take to keep themselves healthy.

The best way to prevent infection is to avoid exposure.

The Center for Disease Control and Prevention recommends everyday preventive actions, including:

- Washing hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer of at least 60 percent alcohol.
- Avoid touching your eyes, nose, and mouth.
- Avoid close contact with people who are sick.
- Stay home if you are sick, except to seek medical care.
- Cover your cough or sneeze, then wash your hands.
- Clean and disinfect frequently touched objects and surfaces.
- Wear a face mask in public.

PROGRAMMING BEGINS JUNE 1. THIS SCHEDULE IS SUBJECT TO CHANGE.

Jump on Board! Trips

Registration for these trips begins May 6.

Residents can register for these trips up until a week before the trip date. When not specified, pickup and return times will be determined.

Monday, June 1: Monday Supper, 5 p.m. at the Senior Center. (See this page.)

Tuesday, June 2: Rock & Roll's 65th Birthday celebration at Simsbury Public Library, from 6:30 to 8 p.m. (See this page.)

Wednesday, June 3: Choosing the Right Medicare Plan at Simsbury Public Library (See page 10.)

Monday, June 15: Walmart and Cracker Barrel in East Windsor

Thursday, June 18: Piano and Voice Recital with students of Lydia McClain from 6:30 to 8:30 p.m. (See page 10.)

Monday, June 22: Summer Reading Community Party at Simsbury Public Library, from 4 to 7 p.m. (See page 10.)

GOOD TO KNOW

- ◆ Dial-A-Ride passes are necessary to go on Jump on Board Trips!
- ◆ Departure and return times are approximate.
- ◆ Please tell us if you need any special accommodation.
- ◆ To purchase a Dial-A-Ride pass, contact Social Services at (860) 658-3283.

Farmington Valley Travelers

For information, call Trip Coordinator Jackie Maselek at (860) 805-5511. Fliers are available at the Senior Center. Bus pickup is at the Commuter Parking Lot on Iron Horse Boulevard behind CVS.

Thursday, July 16: Mainly Maine in Kittery, Maine. Lunch at Warren's Lobster House. Shop at the When Pigs Fly bakery, and the Maine Kittery Outlets and Kittery Trading Post. Cost: \$92 per person

Thursday, Aug. 13: Essex Steam Train and River Boat. Enjoy a train ride along the Lower CT

River Valley, lunch aboard the restored 1920's Pullman Diner, and cruise on the CT River on the Becky Thatcher Riverboat. Cost: \$105 per person

Sunday, Sept. 13: Hudson River Cruise and Sunday brunch at Shadows, on a cliff above the Hudson River. Narrated cruise on the Rip Van Winkle. Cost: \$112 per person

Monday Suppers

Join friends for dinner, homemade by volunteers, at the Senior Center. A beverage and dessert are included.

■ **June 1 at 5 p.m.:** BBQ chicken, coleslaw, pasta salad, roll & butter, ice cream.

Cost: \$5 each

Please register for these meals by the Thursday before. If you have a Dial-A-Ride pass and need transportation, please call the Senior Center.

Rock & Roll's 65th Birthday

Celebrate the 65th birthday of Rock & Roll from **6:30 to 8 p.m. Tuesday, June 2**, in Simsbury Public Library's Program Room.

This fun, fast-paced, 90-minute-plus program combines archival audio tracks, rare video clips, behind-the-scenes stories, singing, dancing, and music-making.

Relive the days of rockabilly rebellion and street corner harmony with the music of Elvis Presley, Chuck Berry, the Drifters, Little Richard, the Coasters, the Shirelles, the Ronettes, and more.

Please register by June 1 at the Senior Center.

THANK YOU!



We are grateful for our dedicated team of volunteer mask sewers!



TAX RELIEF:

Continued from page 1

The Deferment Program requires a showing of COVID-19 financial impact and the taxpayer must file an application with the Tax Collector no later than July 1, 2020, in order to qualify. The Interest Rate Reduction Program does not require an application to be filed by the taxpayer.

TAX DEFERMENT PROGRAM

This program allows Simsbury to delay payment of any real property, personal property, motor vehicle taxes, and sewer use bills due between the dates of March 10, 2020, through and including July 1, 2020, for ninety (90) days from the date that they become due and payable without interest or penalty.

The effect of this program is the equivalent of an extended grace period. The last day to pay the July 1, 2020, tax installment without interest is extended from Aug. 3, to Oct. 1, 2020. Simsbury is offering this program to “eligible taxpayers,” which the State Office of Policy and Management (OPM) defines as businesses, nonprofits, and residents, who attest or document “significant economic impact by COVID-19” and/or those that document that they are providing relief to those “significantly affected by the COVID-19 pandemic.”

OPM has issued guidance on taxpayers who are considered “eligible taxpayers”, defined as follows:

■ **Resident:** suffered a reduction in income of at least 20 percent due to COVID-19. Since March 10, 2020, have been either (1) furloughed without pay; (2) hours significantly reduced; or (3) unemployed.

■ **Business/Non-Profit Organization:** revenue expected to decrease at least 30 percent from March to June 2020 versus March to June 2019 at the property. Proof of Ownership must be attached such as

SIMSBURY TAX OFFICE

www.simsbury-ct.gov/tax-office

(860) 658-3238

Feel free to leave a message, and someone will return your call as soon as possible.

a business license, utility bills, Secretary of State listing, or other proof of ownership.

Landlord Eligibility Under the Deferment Program:

In order for landlords (or any taxpayer who rents or leases property to tenants or lessees) to be eligible for the Deferment Program, they must provide the Tax Collector with documentation that either the parcel will suffer significant income decline, or that commensurate forbearance has been offered to their tenants.

Commensurate forbearance means (1) a deferral of 25 percent of rent for ninety (90) days after its due date; (2) a deferral of one month’s rent to be paid over the ninety (90) day period; or (3) forbearance substantially similar to (1) or (2) as determined by the tax collector. The landlord must provide documentation evidencing proof tenants have received forbearance or that the landlord has actively offered forbearance to the tenants or lessees.

Tax Deferment Applications:

The Tax Deferment Applications and supporting documentation will be available on line at <http://www.simsbury-ct.gov/tax> on May 1, 2020. The form will be available at the Simsbury Tax Collector’s Office once Town Hall reopens to the public.

The Application form and supporting documentation must be received no later than July 1, 2020 by the Simsbury Tax Collector’s Office, Town Hall, 933 Hopmeadow Street, Simsbury, CT 06070. Emailed Application forms and supporting documentation will be accepted at simsburytax@simsbury-ct.gov.

INTEREST RATE REDUCTION PROGRAM

The second program approved by the Board of Selectmen provides for a reduced interest rate on delinquent taxes. For any taxes due between March 10, 2020 through and including July 1, 2020, any delinquent portion of the principal of the tax due shall be subject to 3 percent annual interest or 0.25 percent per month for ninety (90) days from the date that they become due and payable until the date the taxes are paid. **This reduced interest rate applies to the tax payment due on July 1, 2020.** After the ninety (90) days, the interest rate is restored to the statutory annual rate of 18 percent with a portion of a month being considered a full month.

The lower interest rate also applies to taxes that have been delinquent prior to March 10, 2020 for a period of ninety (90) days from April 1, 2020 through and including June 30, 2020. This Program does not provide an extended grace period, but taxpayers will be subject to a significantly reduced interest rate on taxes that are or have become delinquent.

This Program does not require taxpayers to qualify based on eligibility criteria, and no application is necessary to participate in the Program.

Landlords are eligible for the Low Interest Rate Program if Commensurate Forbearance, as defined above, has been offered to their tenants.

Tax Escrow Payments:

The Governor’s Executive Order 7-S does not affect those tax payments that are paid from escrowed funds by banks on behalf of Simsbury taxpayers. The financial institutions holding escrowed funds on behalf of Simsbury taxpayers are required to make the escrow payments to the Simsbury Tax Collector for taxes regardless of the borrower’s eligibility for participation in the Deferment Program or Low Interest Rate Program.

PROGRAMMING BEGINS JUNE 1. THIS SCHEDULE IS SUBJECT TO CHANGE.

SOCIAL SERVICES PROGRAMS

Phone (860) 658-3283
Fax (860) 408-7046

are **May 4, May 18, June 1, June 15** and **June 29**.

Renter's Rebate Program

We will begin accepting applications on May 20, or when we return to the office. The program application deadline is Oct. 1. Applicants must be at least 65 years of age, or totally disabled – with proof of disability, as of Dec. 31, 2019. Maximum income for a couple is \$45,100; and for a single individual \$37,000. Please call for more information or to schedule an appointment.

Cheese Day

Fresh fruits, vegetables, meat, dairy, and non-perishable items are given out on the FOURTH Wednesday of each month for those eligible for the program. Next Cheese Day Dates: **May 27** and **June 24** (Pending)

SNAP

We have partnered with Food-Share to provide application assistance on the second Friday and fourth Monday of the month at Eno Hall. Volunteers will submit your application to the state for processing. Documentation is required. Call for information or an appointment. Next SNAP dates: **June 12** and **June 22**.

Mobile Foodshare

Mobile Foodshare will be at the First Church of Christ parking lot, 689 Hopmeadow Street, at 1 p.m. on alternating Mondays. Eligible residents will pick up produce and other food items. A schedule, including Avon and Granby dates, can be obtained on line or via our Office. Dates for Simsbury

Bread Day

Breads and bakery items are available in the Eno Hall Rotunda. Donations are provided by Panera Restaurant, Brookside Bagels, and Fitzgerald's Foods. This event will be reinstated at a time to be determined after May 20.

Food Closet

The Food Closet can provide non-perishable items to residents who are income eligible, by appointment. Donations are always welcome to keep our shelves stocked.

Dial-A-Ride

Dial-A-Ride service is available to Simsbury residents 60 years or older or residents with disabilities.

The Dial-A-Ride pass is available at an annual cost of \$25 for an individual and \$35 for a couple. The pass allows you to use the Dial-A-Ride service, out-of-town medical transportation, and Jump On Board Senior Center trips, for one year. Passes can be obtained through the Social Services Office.

CHOICES

(Connecticut's program for Health Insurance, Outreach, Information and Eligibility Screening) Social Services has a certified CHOICES counselor, and is available for appointments.

Notary Services

Charlotte in the Social Services office is a Notary Public, and will notarize your documents, free of charge. Please call for availability.

LUNCH @ ENO



All meals, served **Wednesday at noon**, include bread or rolls, and hot and cold beverages, and dessert. Please register by 10 a.m. on the Friday before and make your payment at that time.

Cost: \$3.50 for Simsbury residents 50 and older; \$4.50 for nonresidents, and Simsbury residents under 50.

May's meals will be served via drive-through in the Eno back parking lot from noon to 12:30 p.m. each Wednesday. If possible, June's meals may be served in our Youth Room on the lower level, depending on the status of the Coronavirus pandemic at that time.

May 6: Apricot glazed ham, served with scalloped potatoes and Brussels sprouts

May 13: Meatloaf, mashed potatoes, and peas and pearl onions

May 20: Flounder with lemon butter sauce, rice pilaf and carrots

May 27: Chicken Piccata, served with roasted potatoes and butternut squash

June 3: Apricot glazed ham, served with scalloped potatoes and Brussels sprouts

June 10: Meatloaf, mashed potatoes, and peas and pearl onions

June 17: Flounder with lemon butter sauce, rice pilaf and carrots

June 24: Chicken Piccata, served with roasted potatoes and butternut squash

PROGRAMMING BEGINS JUNE 1. THIS SCHEDULE IS SUBJECT TO CHANGE.



Choosing the Right Medicare Plan

Norris Christensen of Christensen Insurance will explain the basics of government Medicare and other available supplements and drug plans from **6 to 7:30 p.m. Wednesday, June 3**, in the Weatogue Room at Simsbury Public Library.

Enrolling in Medicare at the

right time and choosing the right plan are important decisions. The session explains the steps in the process and their impact on you.

Mr. Christensen will be available after the session to answer specific questions.

Please register for this event by calling (860) 658-3273.

Summer Reading Kickoff Party

The Senior Center and Public Library invite you to a free picnic and outdoor concert from **4 to 7 p.m. Monday, June 22**, on the Library grounds.

Festivities include live music, a picnic-style dinner and other

outdoor activities.

This event is a multigenerational kickoff to the Summer Reading Program, cosponsored by the Library and Senior Center.

Please register by June 15 at either location.

Tuesday Café

The Senior Center serves a café style lunch **Tuesdays from 11:30 a.m. to 12:45 p.m.** The meal features soup for \$2 and a sandwich for \$2, cash or check made out to Town of Simsbury. Eat in or take out; call ahead or just stop by!

June 2: New England clam chowder, chicken salad sandwich

June 9: Beef & barley soup, sliced turkey sandwich

June 16: Tomato rice soup, sliced ham & cheese sandwich

June 23: Split pea soup, seafood salad sandwich.

June 30: New England clam chowder, chicken salad sandwich

AARP Driver Safety

The Senior Center and Public Library are co-sponsoring an AARP Smart Driver course from **1 to 5 p.m. Thursday, June 4**, at the Library.

The course will update your skills and knowledge, to increase safety and confidence. The course costs \$15 for AARP members, and \$20 for nonmembers. Payment can be made by check on the day of the course. Register at the Library or Senior Center.

Learn stress busters

McLean Home Care and Hospice will present "The 3 S's... Stress, Self Care... Simple Techniques" from **1:30 to 2:30 p.m. Tuesday, June 9**, at Eno Hall. This event is free. Join us for some techniques, tried and true for stress busting and self care during high stress periods. Session will include a guided imagery meditation. Register by June 7.

Bird Watchers

Join fellow birders at 8 a.m. for a morning of discovery. Below are the dates for the Senior Bird Walks. For information, call Jon Ward at (860) 416-3958.

Wednesday, June 3: Meet at Tariffville Park.

Wednesday, June 17: Meet at The Pointe at Dorsett Crossing.

Make Your Own Therapy Putty

The Senior Center and McLean Home Care and Hospice are co-sponsoring a free Therapy Putty workshop from **1:30 to 2:30 p.m. Thursday, June 4** at Eno Memorial Hall.

We will create our own putty with the essential oil of your choice or no essence at all, and then go through some exercises, with a handout from McLean's therapy department that highlights ways to strengthen dexterity and keep hands and wrists limber with regular putty use. The putty can also be used as a relaxant, especially if it is infused with lavender oil.

Please register by Monday, June 1.

Voice & Piano Recital

This free event features students of Lydia McClain from **6:30 to 8:30 p.m. Thursday, June 18**, in Eno Hall Auditorium. Sign up for through the Senior Center at (860) 658-3273.

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We're transforming our Village to expand your horizons.



Be among the first to join McLean's Priority Plus program. Members will enjoy valuable benefits such as being first in line to reserve a gorgeous new home in our Life Plan community.

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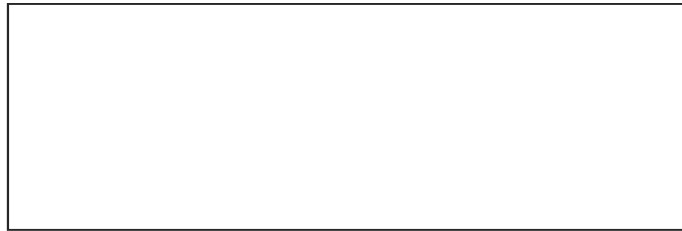


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Veterans invited to coffee

Veterans are invited to stop by Eno Memorial Hall on **Monday, June 1**, from **10 to 11 a.m.** and connect with other area Veterans who share similar military experiences, learn about resources available to them, and talk about issues that concern Veterans and their families.

This event is co-sponsored by Simsbury Senior Center and Resilience Grows Here, a community based initiative of the Farmington Valley Health District.

Please register by calling (860) 658-3273, or by emailing dolson@simsbury-ct.gov.

Mohegan Sun Casino Trip

A coach bus will travel to **Mohegan Sun Casino on Monday, June 8**. It leaves at 8:30 a.m. from Iron Horse Parking Lot behind Bank of America drive-thru, off Wilcox Street, and returns to Simsbury around 5 p.m.

Registration is \$27. Please register no later than the Thursday before. After Thursday, registration is \$32. Fee includes round-trip transportation via deluxe motor coach, and a \$30 bonus (\$15 meal voucher and \$15 bet).

- ◆ Bonuses are determined by the casino and subject to change without notice.
- ◆ Participants must carry an emergency medical card. (Available from the trip leader.)
- ◆ Refunds, credits or transfers cannot be issued unless a replacement is found from a waiting list.



**The next Senior Center
newsletter will be available
on Thursday, June 18.**