



DECEMBER 2012 - NEWSLETTER

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THE COMMITTEE WISH ALL OUR MEMBERS A VERY MERRY CHRISTMAS AND A HAPPY NEW YEAR

NOTICES AND ANNOUNCEMENTS

ATTENDANCE AT MONTHLY MEETING

The Committee requests that all who attend the monthly meeting bring along their numbered membership card to show at the door. If you have not yet received your membership card, please bring along your receipt. Anyone who has not yet received a membership card should bring this to the attention of the membership secretaries, Liz Barnes or Jane Wild. Please be aware that your records are held on computer file, and covered by the Data Protection Act.

ATTENDANCE AT GROUPS

If you have signed up for any group, and find that it is not to your taste, or circumstances have prevented you from attending four consecutive meetings you should contact your group leader.

This will enable other members to attend the group in cases where there is a waiting list. If you do not attend it will be assumed that you do not wish to continue with that group and your place can be allocated to another member.

OPEN MEETING SPEAKERS				
3 rd January 2013	Claire Lyons	Animals At War An interactive talk with something for everyone		
7 th February 2013	David Shipstone	The History of Shipstone's Brewery featuring the Basford Strangler		
7 th March 2013	Sandra Hart	City of the Bees A look at how Bees live and work		

GIFT CERTIFICATE

LOOKING FOR AN UNUSUAL GIFT FOR A FRIEND, MAYBE A FRIEND ON THE VERGE OF RETIREMENT?

Why not buy them a U3A membership Gift Certificate for Christmas.

Available from Liz Barnes, Membership Secretary lizbarnes38@yahoo.co.uk

CRMC Food Bank Appeal - Donate for Christmas As you know, we hold our monthly meetings and many of the groups at the Chilwell Road Methodist Church. The NG9 Churches' Hope Cafe has now joined the Trussel Trust Foodbank national network. In essence, this involves providing vouchers to local GPs, Citizens Advice Bureaux, and Job Centres etc, which can be given to people in crisis, who can then take the vouchers to the Hope Cafe and receive a 3 day food parcel. The NG9 churches then work with the people in need to help them out of crisis. The U3A committee feel that this is an organisation that we, as a group, could support and we invite you to join us. Food donations are urgently required by the church. If any members, who feel able, donate just one item when they attend the monthly meeting,

this would greatly help this organisation and in turn those in need. If you would like to donate food items, the shopping list made available to the church congregation is: Milk (UHT or powdered), Sugar, Fruit juice (carton), Soup, Pasta Sauces, Sponge Puddings (tinned), Baked Beans/Tinned Spaghetti/Macaroni. Cereals, Rice Pudding (tinned), Tea Bags, Instant Coffee, Instant Mashed Potato, Rice/Pasta, Tinned meat/fish, Tinned fruit and Vegetables, Jam, Biscuits or Snack Bars. If you require any further information about this scheme, Karen Jowett, the church administrator can be reached on 0115 9431164 or admin@chilwellroadmethodist.org.uk

U3A National Magazine – The Committee have now made arrangements for the National Magazine to be sent from Head Office to all members directly by post. If you do not receive your copy, please contact one of the committee.

GROUP NEWS

Our groups continue to grow. Peter Sadler led the first field trip of the Bird Watching Group to Rutland Water and the first session of the German for Holidaymakers group has also taken place, details of which can also be found in this edition. There are places available if you are interested in joining either of these groups. Contact details for the Group Leader can be found in the relevant sections. A third new group, Opera, is also being set up. If you are interested in this group contact Christine Shaw. Lastly, we reluctantly announce the demise of the Bus Pass Visits Group, which due to unforeseen circumstances never really got off the ground.

If you have any thoughts on groups you would like to be involved with or feel you would like to start a new group, our Groups Co-ordinator Jim Turner is always on hand to offer advice and assistance. Stop Press

The French Group leader, Kate is moving away from the area and will no longer be able to lead this group. The group is in danger of folding unless a new leader can be found. Are you able to take on this role? Help and support is always available so if you feel you can step into the breach, please contact Jim Turner, Group Co-ordinator

MOTO (Members On Their Own)

Our U3A membership is formed by people from all walks of life, and we have lots of couples, friends who come along together but also many members on their own. Our interest groups are many and varied and are available to all of our members. There are however, some outside activities which single, divorced and widowed people don't do because they have no one to do them with. It can also be daunting coming along to the monthly meeting, or going to join an interest group alone and the MOTO group will, we hope, enable new members to meet other members and become integrated into U3A together. Our first meeting will be on 5th December at the CRMC. It will take the form of a "Brainstorming" session where members can bring along their ideas and we can find out what you want from this group. You can contact me at pottsofnotts@gmail.com for more information.

Marie

New Members Coffee Morning

As you will know, we have a New Members Corner at the monthly meeting to welcome new joiners and where they can find out more about the organisation. You may have joined with a friend, or know existing members, or you may not know anyone yet. The monthly meeting can be a little hectic and overwhelming at first and so we have set up a **New Members Coffee Morning** which will be held on the **second Thursday of the month at the Last Post on Foster Avenue at 10.30am to approximately 11.30am.** This will be an informal gathering where you can buy a coffee and chat with other new members, and members of the Committee. There will be information available about the groups and you will be able to ask questions etc. This coffee morning is not restricted to new members only so if you would like to come along you will be most welcome. Established members can chat to new members and make friends. I look forward to seeing you there.

Marie

A Nottingham Lad - A Play by Pete Davis



We had an entertaining afternoon Monday 15th October with Pete Davis and his friends as we made a journey through his memories of being a lad in Nottingham and his memorable trips to Skegness with his family and friends.

He is a professional storyteller, writer and actor and an Equity Member. His regular co-performer in the duo - The Teapot Twins - was, unfortunately, unable to take part because of health issues. Her role was performed by Patricia Chan an actress, who has taken part in many local productions. All the members who

attended had an enjoyable afternoon. The photograph shows members of the cast together with some members of the audience. A big thanks to Jane for all her hard work arranging this event, helped by Douglas



St Pancras Outing On 13th September 45 members and friends met at the Circle of St Pancras Station. Our visit was a guided tour of the Station highlighting the restoration and recent changes to the Station itself. The group had 2 tour guides – John Finn and Alan McDougall. They were excellent – very knowledgeable and entertaining. It was a most interesting afternoon. We were

given plenty of historical facts as well as seeing many old and new features in the Station. Well done to Lucy for arranging the event.

LÍZ

MONTHLY MEETINGS



September - Brian Ellis was our Speaker at the September 2012 Open Meeting. Brian opened his talk by explaining that is was based on photographs taken on a holiday to visit a friend from his university days, in the province of South Australia. Both men were geographers and found that their interests still coincided, even after so many years. Details of their tour certainly made very interesting listening for us and stretched from the mouth of the Murray River, Australia's most significant drainage system, in the east across the Flinders range of mountains to include part of the Great Victoria desert and the Nullarbor Plain at its western perimeter a distance of 750 miles. Adelaide, the provincial capital, lies at 35 degrees South, roughly equivalent to Gibraltar in the northern hemisphere. It was the size and dryness which was most striking. A farm they visited

would stretch from here to Ashbourne and Leicester! Rainfall can be non-existent, tanks for rainwater collection are essential, but when that is dry, that is it! Adaptations of indigenous animals were highlighted. Yes we did see photos of Koala bears and kangaroos but much more of interest too.



October

Special guest speaker was Cliff Warner whose topic was "Humour on the Bench"

Here he is photographed with Jim Turner our Group Coordinator. Cliff, originally a teacher, gave a very humorous talk about his life as a Magistrate. In his early years he discovered very quickly that when seeing a familiar face at a party or function, it was not wise to say "Do I know you from somewhere?" because the likely answer would be "Yes you did me for speeding two months ago ". Once,

while queuing at a supermarket checkout, he was approached by a young man who described being up before Cliff for Shoplifting and was found not guilty. Laughing he then told Cliff that he was in fact guilty. Cliff said he hoped that the young man had nothing on his person today that he hadn't paid for whereupon the young man beat a hasty retreat. On another occasion he asked a defendant if he had anything to say in mitigation before passing sentence after a speeding offence. The man blamed his dog who liked to have his head out of the window and have the wind make his ears flap, a situation which required the driver to travel at 38 miles per hour. Cliff responded by saying

that as the dog had no money and no driving licence, he had no choice but to fine the owner and put three points on his licence.

November – Daryl Garton



Our Speaker in November was an archaeologist - Daryl Garton and her talk was "Fragments from the Past". This talk took us field walking which is walking a field finding fragments of ancient artefacts. She used slides to accompany her talk and told us of 2 projects in Newark amongst others. Daryl showed slides and had brought examples of raw materials, flint antler etc used by early man to make tools. Many such finds were discovered during the building of the new A46 dating between

23,000 and 2,000 BC (Late Upper Paleolithic – Neolithic).

Committee Chatter



Beeston U3A committee. Left to right:

Jim Turner - Group Co-ordinator. Marie Potts - Newsletter Editor, Liz Barnes - Membership Secretary. Haydn Boothroyd - Secretary(Kneeling), Sue Cotton - Chairman, Lucy Beardsley - Speaker Seeker, Anne Allery - Treasurer, Jane Wild - Vice Chairman/Joint Membership Secretary.

This month we hear from Elizabeth Le Marchant-Brock a relatively new member of the committee, who writes

When my friend Eileen passed a flyer to me that she had picked up about the possibility of a U3A group being formed at Beeston, little did I know how involved with it I would be – in fact I nearly didn't go to that meeting but so glad I made the effort.

Since joining the U3A I have volunteered to become the secretary of both the Art Appreciation and Art History Group and I love doing it. I never imagined I would be giving talks on Rubens, Caravaggio, Monet and Degas to the very patient members of the Art History group or helping organize visits to art galleries – neither of which I had done before. I also set up the Cinema Group but since joining the committee and becoming the Minutes Secretary I have passed that position on to Alan. I also help with the registration of new members at the monthly meetings and lend a hand with other activities and I still manage to go to the monthly lunch club outings and cinema visits. I'm so grateful that the U3A started up in Beeston as it has enriched my life immeasurably.

Elízabeth

Art Appreciation





Our venue for our September meeting was the Derby Art Gallery, to visit the refurbished Joseph Wright gallery. With welcome visitors from Art history, we were treated to an excellent talk by Lucy Salt, Keeper of Art at the gallery. Lucy not only gave us a very insightful background to Joseph Wright and to his paintings and painting techniques, but also gave us a context to the 'Age of Enlightenment' encompassing the biological, scientific and literary events of the age which made us all feel extremely 'enlightened' ourselves. The photo shows our group with Lucy against her favourite Wright painting 'The Widow of an Indian

Chief watches the arms of her deceased Husband', which is not a painting many of us knew. One of our visitors commented that the afternoon had been 'a real art treat', which I think went for all of us. We even found a nearby café offering locally brewed beer in a tea-bread, just the way to round off our art afternoon.

In October on the same day as our scheduled meeting, Pamela Gerrish-Nunn, an authority on early 20th century women artists, was giving a (free) lecture at the Djanogly Art Gallery, in connection with their exhibition 'Laura Knight in the open air.' This was too good an opportunity to miss, so our members were encouraged to attend, as nothing I could organise would have the same kudos. I was, unfortunately, away but did get to one of the lunch time tours and was very impressed with the range of paintings on show. One of our group has kindly written the following report...

Pamela Gerrish-Nunn spoke entertainingly and informatively about how Laura Knight established herself as a recognised artist in a man's world. Her talk focussed on how Laura met the challenge of breaking into the male dominated art world at the start of the 20th century. At this period the two main art establishments, the Royal Academy and The Slade School of Art, were distinctly condescending to women painters. Women artists who did produce work to exhibit were expected to confine themselves to what the R A deemed to be suitable subject matter, eg. women, children and flowers. Knight was prepared to make art which was commercially acceptable, in order to earn a living and gradually gain recognition, and her strength in painting outdoor scenes was soon acknowledged. Ms. Gerrish-Nunn spent some time discussing Knight's 1909 submission to the RA 'The Beach', a lovely depiction of a busy beach, bathed in sunlight, with young girls looking out from the foreground. I really enjoyed the range of paintings on display at the Djanogly but as 'The Beach' was not included in this exhibition; it was really good to have an opportunity to see it!

There is just time, before the newsletter deadline, to report on our November visit to the Castle for 'Lace Works' a fusion of old Nottingham lace and a contemporary take on lace. Deborah Dean, the curator of this exhibition, gave us a brief reminder of the history of the lace industry and a background to the contemporary artists before we looked round. I for one would not have thought a modern take on lace would be so fascinating; metal spades with lacy blades, steel doilies, Victorian pantaloons and chemises hung from above and lit inside to reveal surprising embroidery and decoration. My favourite work was lace cut into small oddments, painted in muted colours and rearranged to look rather like delicate lichen or... mould! If this all sounds rather bizarre the exhibition is on until Feb 3rd so you have time to see for yourselves.

lanet

Art History



Didn't we have a wonderful time the day we went to Waddesdon? On Friday 7th September forty members of Beeston U3A along with four guests from West Bridgford's equivalent went for a day out to Waddesdon Manor, Berkshire. Looking back on it, the day was probably the best day of the summer as the weather was absolutely perfect. Nothing seemed to go wrong. We left on time; we arrived at Waddesdon after a stress free journey on time; we went around the house on time; and we eventually left on time to return to Beeston by 7:00. From the reaction of everyone who went the outing was a great success with people wanting to return to see more - especially the wonderful grounds which, admittedly, there was not enough time to do them justice.

Since the last newsletter the group has had talks on: Boucher (Karin Williams), Friedrich (Richard Eddleston), Blake (Jane Wild), Monet and Degas (both by Elizabeth Le Marchant Brock), Goya, David and Manet. It has been really wonderful for so many people to have the nerve to stand up and give such great talks and, in many cases, to learn new IT skills. The talk on Blake even had the members joining in a spontaneous rendition of Jerusalem! By the time the next newsletter goes out we should have also covered Gothic architecture and have had a Christmas social with art quiz, a short talk by Christine Hibbert on a special hobby (the influence of art on photography) and a session of "Show and Tell" where members bring along information on a favourite painting, or artist or memorabilia. It gives us the opportunity to thank everyone for their contributions to such a successful interest group in 2012.

A trip to Southwell Minster is now being planned for 2013. This will pull together all the information we have received on Romanesque and Gothic architecture. There are also other trips in the pipeline looking at the Pre-Raphaelites and David Hockney.

Although we have lost a few more members over the past months we have also gained many more. In fact, regrettably, we now have had to start a waiting list as we have reached 60, the maximum number for the room.

Finally, we must pass on the group's congratulations to Richard Eddlestone whose own paintings were part of an exhibition in Nottingham in October. Richard is a fine water-colourist - no wonder he can talk with confidence about the art of others.

Helen

Pauline Lucas gave a talk at Bromley House Library on November 17th. The subject was "The Midland Group", a Nottingham based artists' group founded by Evelyn Gibbs in 1943, which ran galleries, organised lectures, films and many activities until the closure of its last gallery in 1987. This talk was the second of a series on the Visual Arts in Nottingham over the last hundred years. The first talk, held in

October, concerned the history of the Nottingham Society of Artists and was given by their President Bob Sparham. There was perceived to be some rivalry between the old established Nottingham Society of Artists and the somewhat avant-garde newcomers, the Midland Group of Artists, who had formed in 1943.

Badminton





The Badminton group has been formed for two months and meets at the Pearson Centre close to Beeston Library every second Wednesday of the month. Rackets and Shuttles are provided free and we meet from 10.15am to 11.30am....we have access to three courts so play is continuous and the facilities are excellent. At present the group is full with a waiting list but if you are still interested in joining it may be possible to fit you in if you contact me prior to the meeting date. Cost for each session is just £3 per person. The

next session is Wednesday 12th December 2012

Forthcoming Dates				
Wed 9th January	Wednesday 13 th February	Wednesday 13 th March	Wednesday 10 th April	

There will also be an additional date each month in the New Year which the group has yet to determine!

Bird Watching



Our November field trip was on the 7th to Rutland Water when 9 of us turned out. For most of the group this was their first visit to what is arguably one of the best inland birding sites in the UK. We restricted our attention to just a part of this huge reserve in order to better focus on the species available and started with good views of Pintail, Wigeon and Little Grebe along with some of the commoner residents. We followed up with Sparrowhawk, Lapwing, Golden Plover, Great Black-Backed and Common Gulls, Kestrel and Fieldfare before ending with a good selection of waders and more waterfowl including Redshank, Ruff, Green Sandpiper, Red-crested Pochard, Goldeneye and a vocal if somewhat secretive Water Rail. On the walk back to the car park those of us at the front flushed a Green Woodpecker but everyone managed good views of a couple of Jays.

December will find us in Shipley Park which even I am not familiar with so watch this space.

Tue December 11 th	2012 Shipley Park	Meet 9.30 at Attenborough			
Weds February 13 th	2013 Blacktoft Sands R	013 Blacktoft Sands RSPB (Entrance fee) 9.00 at Attenborough			
Weds March 13 th	March 13 th 2013 Attenborough Meet 9.30				
Thurs April 25 th 2013	nurs April 25 th 2013 Sherwood Forest Meet 9.00 at Attenborough				
Tue May 14 th	2013 Attenborough	Meet 9.30			
Weds June 12 th 2013	Bempton Cliffs RSPB	Meet 8.00 at Attenborough			

Pete

Book Group



We continue to meet on the 2nd Tuesday each month in the Wesley Room at 10 am. In September a number of new members joined us and we have averaged 19 or 20 at recent meetings. In recent months we have discussed Margaret Forster's 'Good Wives?,' 'The Reluctant Fundamentalist' by Moshin Hamid. 'Notes from an Exhibition' by Patrick Gale. Future planned reads are Maeve Binchey's 'Minding Frankie' for December, 'Snowdrops' by Andrew Miller for January and Jamragh's Menagerie by Carol Birch for February.

New members are always welcome to join us. You can contact me on eislarch@aol.com

lane

Canasta



Briefly Canasta is played with 2 packs of identical cards and is an extension of rummy where the aim is to make canastas or 7 cards of the same rank, sometimes with wild cards used to make up the set. The emphasis is to score points with canastas with comparatively little emphasis in going out. It is essentially designed for 4 hand partnership play making it popular with bridge players but there are also 2, 3 & 5 hand versions.

The average attendance is around a dozen and we meet on a Thursday morning on a fortnightly basis between 9.30 and 12.00 at the CRMC. Whether a beginner or improver, if you are interested in joining, please contact me at

davidh3@virginmedia.com

David

Cinema Club





The Beeston U3A Cinema Group has the simple aim of going to the pictures with friends. We meet on the first Tuesday of every month in Wetherspoons (also called 'The Last Post') where we can have a coffee with the money we would spend on room rent at CRMC! We meet to discuss the films that are coming to Nottingham in the forthcoming month. We use the Broadway cinema's published programme as a guide, but we also note the Showcase, the Savoy, and the Paradiso (which is a once

a month cinema club at the Chilwell Comprehensive).

We nominate a few films and we suggest a couple of dates for each film. Then we go if we can, and meet up with whoever else is there. We are also discussing the idea of DVD shows at our homes. We hope to catch up on films we might have missed recently, and some of the classics which have become personal favourites.

We have around 16 members currently, which gives us comfortable meeting sizes and cinema attendance, given that not everyone can go to every activity.

Alan

Computer Group



The Computer Group is having an Autumn Break. Our meetings will resume on 17th January 2013. Any new members, who have a personal computer and wish to know more about using it, are welcome to join us.

Contact David Hart at computing@theharts.free-online.co.uk for more information.

David

Family History Group



The group is still attracting new members with 24 on the list to date and 10 to 15 attending the meetings on a regular basis. In September, Janet's friend Tony presented a talk about one of his relatives who was a mariner. His research was prompted by the family story that the relative was the skipper of a ship depicted in a painting in their house, which he found to be incorrect. Tony's excellent talk showed many of the pitfalls and problems encountered by family historians and also how they could be overcome. He also provided a two page summary of advice when conducting research, including a useful list of web sites.

In October, Paula's talk was about two of her cousins named on a war memorial in Plymouth. Two brothers had been killed in the First World War within months of one another. One was in the Lancers

and had been killed at the battle of Ypres. The other was a leading torpedo operator on a submarine sent to capture Istanbul. The submarine went aground near the Dardanelles and was attacked. The submariner was one of only six killed before the crew surrendered. Both talks were very interesting, generating a lot of discussion and giving the group ideas and advice for their own research projects. Several members and outside speakers are prepared to give talks on a variety of subjects in the future but we are still interested in more contributions.

Mike

Gardening



I am delighted to report that our group is going from strength to strength. Over the past months we have enjoyed many outings together some local some further afield. Our latest venture was to Batsford Arboretum and although the weather was not at its best it was a typical mellow autumnal day adding to the atmosphere as we strolled through beautiful grounds in this delightful place. Details of our activities are posted monthly on the website and I am always available to chat to anyone who might wish to join our group. We already have plans for visits next year and a special one will be to Ely Cathedral in June for the flower festival there.

I would like to take this opportunity to thank all who continue to support our group and give so much to making it such an enjoyable occasion when we meet. Wishing you all a very happy Christmas, Sawdra

German for Holidaymakers



The U3A "German for Holidaymakers" sessions finally got off the ground on October 29th, hosted in the Beeston home of one of its participants. We are a small but keen band who wants to be more confident when travelling in Germany, Austria or Switzerland. So far we have tackled basic etiquette and indispensable polite phrases, exchanging personal details and asking for directions. Future topics will cover use of public and private transport, asking for information, handling money, booking accommodation, ordering drinks, eating out, shopping, and any other special requests from participants. We are using informal face-to-face exercises, taped material, You Tube videos, and songs - anything relevant is grist to the mill. Anyone wishing to join would be very welcome, but please do so promptly, while there is still time to catch up! The email address is morganatranslations@hotmail.com, or telephone me on 07815 901 252.

Mary

History Group



The History group continues to flourish due to the enthusiasm of its members and their positive contributions. Since the last report we have experienced several excellent talks. We are meeting on December 14th for our Christmas cheese and wine, plus a Christmas Quiz. In the New Year we have a welcome return of Professor Chris Wrigley, with a talk on Winston Churchill. Other topics for the New Year, The American Revolution, and the late 13th century Scottish War of Independence. Everyone welcome. Please join us Second Friday in the Month at 10am in the Wesley room at the CRMC. Everyone is welcome, so please join us. See you then.

lean.



International Dance

Please Note

One of the February dates for dancing has been changed. Due to a Dancing course in Torquay where two of the group will be learning new dances to teach, February 5th has been altered to Feb 19th. This means there will be two consecutive weeks in February – 19th and 26th. To cover the cost of the hall we charge £2 unless numbers are low then it will have to be £2.50

Dates for future meetings – still 10.00 -12.00 Church Hall Foster Ave,

December 2012	January 2013	February 2013	March 2013
11th - party	8 th and 22 nd	19th and 26th	12 th and 26 th



Local History Group



SEPTEMBER - The Chilwell Ghost - Alan Dance

The group was pleased to welcome local writer and historian, Alan Dance, to the meeting who regaled us with the legend of the Chilwell Ghost. Alan's interest in the Ghost went back to his childhood in Chilwell when he would hear tales of the Ghost from villagers. The story was so engrained in local folklore that reference to the Ghost would occasionally appear in local newspaper articles and books of local interest. However, it wasn't until the end of the 20^{th} century that Alan was able to research the Ghost in painstaking detail and the story of that investigation was the basis of his most interesting talk. For those who missed the talk a book entitled "The Chilwell Ghost – A New Investigation" is available from the library or local bookshops.

OCTOBER - Barton Ferry - Gill Morrall

Gill Morrall, a member of the U3A Local History Group and Archivist at Beeston History Group, treated us to a trip down memory lane when she addressed the October meeting on the subject of Barton Ferry. The ferry, which is known to have been there since before 1774, was a popular summer treat for families from Attenborough and the surrounding area to cross the river to Barton-in-Fabis, popular because of its many tea houses. Of course the ferry was also a necessity for villagers from Barton to cross the river for work and school but ceased to operate in the early 1960's when other modes of transport became

more readily available. Gill supplemented her talk with a pictorial display of the ferry in its heydays.



NOVEMBER - a Walk through Edwardian Beeston - Graham Hopcroft

Local historian and deltiologist, Graham Hopcroft, was our guest at the November meeting. With the aid of his extensive collection of local postcards Graham took us all on a leisurely stroll through Edwardian Beeston starting at Chilwell Road, through Post Office Square and the busy shopping route to Cut

Through Lane and finally, exhausted, we watched families taking steamboat rides on the River Trent at Beeston. Graham sprinkled the route with anecdotes of local history even pointing out one or two relations on the way.

The Group, which continues to attract 20 -25 members, meets at the CRMC on the third Wednesday of each month at 1.30pm. During the summer months we try to arrange visits to local places of interest. There is an annual (September – August) membership fee of £10.00 to cover the cost of speakers, and a charge of £1.50 each month towards the cost of the room. Visitors are welcome for a maximum of two meetings at a cost of £2.00. For further information contact the Group Leader, Christine Chater, iohnchater1@sky.com

Dates for your Diary					
19 th December	16 th January The Boots Company	20 th February Chilwell Hall &	20 th March Bramcote Hall	17 th April St Ann's Allotments Heritage	
No Meeting	Charlotte McCarthy	Excavation 2005 – 2011 Peter Robinson	Derek Read	Gardens Mo Cooper	

TO BOOK A PLACE FOR THE ABOVE EVENTS CONTACT CHRISTINE johnchater1@sky.com Chris

Lunch Club

Since the last newsletter the lunch club has continued to thrive and we have enjoyed meals at Nimboo, Browns, and a repeat visit to Adams. November's lunch is at Loch Fyne, and December's Christmas lunch is now at The White House, as we were somewhat let down by The Albert Hall where we were planning to disco-dine. All the organisers have done a great job as usual; the quality of our dining experience is entirely down to them.

Over August, lunch club members participated in a survey about the club. The results of the survey were circulated during September and in early October members met to discuss the results and try and address any issues arising. The survey included questions about what they like most or like least about the lunch club.

What people overwhelmingly like is trying new food, the good value and trying a variety of places to eat, as well as the social aspect; making new friends and enjoying good company. The things people liked less were more varied, although a good number said they didn't dislike anything. Some issues, though valid points, were not so easy to change, (such as seating arrangements, large groups, and difficulty in hearing the conversations). Some points made were opposing views, (for example being limited to bus routes versus a preference to do so). At the October meeting we discussed all the points of concern and considered how we could improve them.

Members generally felt that the cost of lunches is about right, though some would be prepared to pay more. Responding to questions about their most favourite restaurant, Adams came out top (hence our recent return there, also highly rated). Our least favourite restaurant was The Hemsley, which was so promising and in a lovely location, but was unfortunately let down by the quality of the food. Members had lots of ideas for improvements we could make to the club and these were also addressed at the general meeting. Some we were able to try out; they included ways to reduce the stress of collecting deposits and balances, trying a venue a bit off the beaten track so that lifts will be needed, keeping a reserve list when lunches are fully booked, and having a general meeting every so often.

Members also suggested that a précis of the 'How We Work" document should be devised, and submitted to the U3A website; this has been done. We also agreed to again temporarily increase the membership to 50, to give a chance to people on the waiting list. This is despite some concern about the lunch club getting too large. There are still several people wanting to join the lunch club, so where a member doesn't attend for four or more consecutive meetings without notifying the leader places continue to be offered to someone else from the waiting list. A full account of the meeting has been circulated to members.

The lunch club plan for 2013 is already well under way, thanks to our lovely members who continue to offer to organise lunches on behalf of everyone. Without their efforts, the club could not work at all! Some have even organised two (or even three) lunches, so we do need to ensure that wherever possible, all members do take a turn and share the load. But thanks to everyone for making our club what it is.

Merry Christmas and a Happy New Year.

Ann

Insults with class

"Thank you for sending me a copy of your book; I'll waste no time reading it." Moses Hadas

"Why do you sit there looking like an envelope without any address on it?" Mark Twain

"Some cause happiness wherever they go; others, whenever they go." Oscar Wilde

"He has never been known to use a word that might send a reader to the dictionary." William Faulkner (about Ernest Hemingway).



Medium Walks Group 5-8 miles

In August we tried something different. With the Long Walks group we went to the Yorkshire Sculpture Park where we followed a 6 mile walk mainly outside the park and then the group looked at the

sculptures in the park. The picture is Spiegelei. If you stand inside it you have a panoramic view.



In September David Hurworth led a walk around Hardwick Hall park. It was a good walk but the rain caught us about half way round so lunch was postponed until we reached the cars. It was rather depressing to hear the Environment Agency warn that even normal rain this coming winter will cause flooding due to the saturated ground. I can vouch for this because I had to move the location of the October walk from Darley Dale to Clumber Park. The conditions on the hills around Darley Dale were

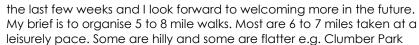
atrocious. The picture shows the group in a novel gate in Clumber Park where we all went in one side, pushed the central barrier and popped out the other side. At least Clumber Park was drier.

Hopefully we will have had a good walk at the end of November in the



Peak District. Quite a few of you ask about Milo. Here he is more interested in my Cheese sandwich than his bonio.

We have welcomed several new members in



where the height gain was 30 feet! Future walks will be: Tuesday 29 January, Wednesday 27 February, and Thursday 21 March. Please feel free to contact me on william.taylor64@gmail.com, text 07905125801 or house phone 01159175609

Music Group



The music group meets on the third Thursday of each month in the Chilwell Road Methodist Church. We always have an interesting programme generated by the group. Since June 2012 we have had a music quiz, Desert Island discs, a very interesting session led by one of our members on Musical Theatre, and another equally interesting session on Baroque music run by another.

In November we have organised World Music to be the focus with time to look forward to developing a programme for 2013. In December we have invited a local lute player to play and talk to us about this fascinating instrument.

We still welcome new members to this group. Why not spend some time listening to, learning about and discussing music with a really friendly group of people?

Sue

BUGs (Beeston Ukulele Group)

Our seventeen strong group continues to flourish. After a brief summer break we stepped up the practices and expanded our repertoire. The ukulele is such a fun instrument to play. We always enjoy the practices even though they can be challenging at times. On October 31st we were invited to Queenswood Methodist Care Home to play at one of our member's mum's 100th birthday celebrations. This was very enjoyable and required us to go through most of the songs we knew till the Mayor and the tea trolley turned up!

Our reputation is growing and has reached as far as Sherwood. The Progressive Synagogue has invited us to perform at a musical evening on November 21st and, by the time you read this, we will be flushed with success - or not. December is a busy month for the group as we will be playing in the Beeston Christmas Lights Switch on event. This is Saturday 1st December from 12 noon to 6.15 pm and we have

been booked for the 1.30 pm slot. We will be playing on the bandstand/stage in the Square so we are hoping for good weather and we may have to adopt fingerless gloves to play if the temperature is cold. We have never played in the open air before so it will be a first for us and we are quite worried how the sound will carry as the ukulele is a small and reasonably quiet instrument. We then will move on to the Season of Lights event at Chilwell Road Methodist Church on the same day to play there. Two performances in one day! Also a first.

We hope to see most of you at the December full U3A meeting where we will again play for you during the morning.

So, as you can guess, we are learning carols to perform but we didn't want to do the traditional ones so we've gone out on a limb to perform some unusual ones which we hope you will enjoy and join in the choruses.

We are also in the process of producing a BUGs ukulele songbook of the songs we have learned this year (our first) and hope some will be made available to buy at future meetings by enthusiastic music lovers

We look forward to 2013 and further expanding our repertoire, chord knowledge and gigs because we have had an exciting first year and kept a very stable and happy group who enjoy playing and singing together.

Graham

Opera



We had our initial meeting of the Opera Group on the 8th November which was very well attended with 15 people. There is still room for anyone who is interested to drop in and see if it is to their liking. We talked about what the group wanted – to watch and find out about the tunes and operas they liked, whether from television, cinema or Classic FM. We watched the lively cafe scene from La Boheme and discussed what we liked about it – the sight of 200 performers being towed on stage on top of the readymade market and cafe in a 3 minute set change was cause for comment, as was the outrageous flirting of Musetta with her irate ex-boyfriend standing by! We then watched the beautiful set of songs and duet (hankies at the ready) when the two lovers first meet – **Your Tiny Hand is Frozen**, **They call me Mimi and Lovely Maid in the Moonlight** before disappearing, humming as we went.

We meet on 2nd Thursday of each month at 10am -11.30am in the Epworth Room. If you want to come, feel free, it is informal and we have English sub titles. I will answer questions and I do not use any words I cannot spell!! At our next meeting on December 13th we will be watching the fun bits from Mozart's Marriage of Figaro – my mother called it Brian Rix Farce, to music, with lovers meetings and people hiding in cupboards and summer houses.

Future Meetings					
13 th December 10 th January 14 th February 14 th March					
Chris					

Painting and Drawing



The Painting and Drawing group meet on the first and third Tuesday of the month at 10am in the Wesley room. There are no places available at the moment but if you wish to put your name on the waiting list, please contact me on 0115-9558618 or by email peagy.beech@ntlworld.com

Peggy

Poetry Appreciation



There is a group of around 12 dedicated participants who enjoy each other's company and the poetry. We continue to meet on the 3rd Tuesday at 1.30 in the Wesley Room. We have tackled poems by Browning, Tennyson and Byron and this month we move on to Shelley. There is room for more of you and if anyone else would like to join us please get in touch with me Joan Whiting at joan.whiting@ntlworld.com We meet on the 3rd Tuesday of each month at 1.30pm in the Wesley Room of CRMC.

loan

Photography





Since the last newsletter we have visited Trowell Garden Centre where we were made very welcome. For the visit we had a number of themes to challenge our photographic skills; one of which was Christmas, particularly decoration and lights, another was garden sculptures and foliage. Images from that visit will be featuring on the website - do have a look.

We have also been preparing a selection of our images for the December Extravaganza, these images reflect the work we have

been doing over the last six months or so and many of the group have contributed a selection of their photographs. As a group we are at different stages in our learning journey but all aiming to be better photographers by having a go and sharing our skills with each other. We use different cameras some using compact and some using SLR (Single Lens Reflex) cameras. Whilst the group has grown there is room for others - come and give us a try.

Heather

Quiz





The Quiz group are having a successful season with meetings taking place every second Tuesday of the month.

We have about 16 members which is just right for the Epworth Room and new members are welcome to come along and join in the fun. The questions are varied and interesting, designed to

the fun. The questions are varied and interesting, designed to make you think and provide fun at the same time and members have also been keen to provide their own questions for the group. The format is evolving and the content has changed as we have progressed through the months. Emphasis now is on teamwork rather than on single type competitive questions and there are no

prizes - members find this more relaxing and less stressful and more enjoyable!

Here are dates for future meetings in 2013: Tuesday 8th January, Tuesday 12th February, Tuesday 12th March, Tuesday 9th April, and Tuesday 14th May. New members are joining each session so please come along and join in the fun...my contact number is 0115 925 2010.

Douglas

Yoaa

The Yoga group continues to flourish, with a core group of regulars and others who come when they can. Everyone is doing well and the aim is to continue to develop and enable the core group to progress without excluding newcomers. Learning Yoga in the right way is a language and a feeling the body truly understands, leading to benefits for all practitioners. These can include greater flexibility, improved posture, reduced levels of stress and deeper, more relaxed breathing. There have been medically approved reports of improvements in participants' medical conditions which is encouraging. We **don't** tie ourselves in knots or aim to become super bendy people, nor do we sit or stand in odd positions for so long that bits of us turn blue and drop off! We do aim to practise each week to the very best of our own, individual ability, just taking each exercise to the point where we feel some resistance and no further. We **definitely don't** adopt a 'No pain, no gain' mantra. In this way, the sessions become deeply calming, empowering and, above all, fun. Yoga benefits all and is not just for women. So, gentlemen, do come along and see what Yoga can offer you. Some of the members go for a coffee and a natter afterwards too.

If any of this sounds like something you might want to try, come along on a Friday morning and give it a go or, if you're not sure, call or email me for a chat.

Telephone: 0115 939 2232 or 07941 140777. Email: kenmorrell@virginmedia.com

Ken

QUIZ CUBICLE

- 1. According to legend, the Christmas tree was first used in which European country?
- 2. La Befana is an old lady on a broomstick who visits naughty children in which country?
- 3. Who gives coal to naughty Dutch children?
- 4. In which country does the eldest daughter dress as the Lucia Bride, in white, with a wreath of lighted candles in her hair?
- 5. La Posada, a nine night celebration, starts on December 16th in which country?
- 6. In which country do children sing the Christmas song "Six White Boomers?
- 7. In Greek legend, malicious creatures called Kallikantzaroi sometimes play troublesome pranks at Christmas time. What should you do to get rid of them?
- 8. "Milad Majid" is a Christmas greeting said in which language?
- 9. The jólasveinar, or "Yule lads", are a traditional part of an Icelandic Christmas. What are they?
- 10. In Lithuania, if Kaledu Senelis, or Grandfather Christmas, appears to the children on Christmas Eve to hand out presents, the recipient must do what before receiving the gift?
- 11. In China, what do people traditionally use to light their homes at Christmas?
- 12. Who do the Czech people traditionally set a place at the table for at Christmas?
- 13. Where are Danish children encouraged to believe that Santa's elves live?
- 14. Who is traditionally said to deliver presents in Russia?
- 15. On what date do the Belgians have (early) primary gift giving?
- 16. What are the French said to place on the fireplace on Christmas Eve to receive gifts?
- 17. Christians in China call Santa Claus Dun Che Lao Ren, which means what?
- 18. Who banned Christmas in England?
- 19. Which seafood dish is traditionally eaten on Christmas Eve in Poland?
- 20. In which country has it become a tradition on New Year's Eve to watch the British TV sketch Dinner for One starring Freddie Frinton and May Warden?

BEESTON U3A GROUPS MEETING TIMETABLE						
Members are encouraged to contact leaders for up-to-date information. Please be aware that members participate in all group activities						
	entirely at their own risk					
GROUP	LEADER & TEL NO.	MEETINGS HELD	VENUE	EMAIL ADDRESS		
Art Appreciation	Janet 9256048 Secretary Elizabeth	Monthly 3 rd Thursday 2pm	Various	janet@jandee.co.uk eliz3le2ma1b@btinternet.com		
Art History	Helen & Elizabeth Tel 922 7717	Monthly 4 th Tues 1.30pm	Guild Room CRMC	helen.stewart1@btinternet.com		
Badminton	Douglas 9252010	Fortnightly 2 nd Wednesday	Pearson Centre Beeston	doug07@ntlworld.com		
Bird Watching	Peter 07813867135	Monthly 2 nd week, day variable	Various	waxwingpete@ntlworld.com		
Book Group	Jane 9226643	Monthly 2 nd Tues. 10 is.	CRMC Wesley Room	ejslarch@aol.com		
Bridge	Bill 8493034	Weekly on Monday 2-4pm	CRMC Epworth Room			

		Fortnightly	CRMC	
Canasta	David 9254170	Thursday 10am CRMC	Epworth Room	davidh3@virginmedia.com
Cinema/Film	Alan 9221976	Monthly 1st Tuesday	The Last Post Foster Ave.	alanwindsor@ntlworld.com
Computing	David 9288413	Monthly 3rd Thursday 9.30 am	CRMC Guild Room	computing@theharts.free-online.co.uk
Craft	Carole 9253268	Monthly last Thursday 2-4pm	CRMC Wesley Room	c.browne929@btinternet.com
Cycling	Robin Lloyd	Various	Beeston Square	robinlloyd@talktalk.net
Family History/Genealogy	Mike 9177150	Monthly Third Wed of the month 9.30 am	CRMC Wesley Room	mike@mikeallery.plus.com
Garden/Visits	Sandra 9285031	Monthly 2 nd Wed. 10.00am	CRMC Wesley Room	morganatranslation@hotmail.com
German for Holiday Makers	Mary 07815901252	Weekly Monday 10.30-12 noon	Various	
History	Jean 9222238	Monthly 2 nd Friday 10 am	CRMC Wesley Room	jean.evans1940@btinternet.com
International Folk Dance	Gill 9171831	2 nd /4 th Tuesdays 10.00 am	RC Church Hall Foster Avenue	
Languages (French/Spanish)	Kate 9325728 Maria 9223524	Alternate Mondays 9.30am	CRMC Epworth Room	<u>katelittle2012@yahoo.co.uk</u>
Local History	Christine	Monthly 3 rd Wednesday, 1.30pm	CRMC	johnchater1@sky.com
Long Walks	Judy	Various	Various	judylloyd@talktalk.net
Lunch Club	Ann	Monthly 4 th Week. Day varies	Various	ann.barry@ntlworld.com
Medium Walks	Bill Taylor 9175609	Various	Various	<u>william.taylor64@gmail.com</u>
Music	Sue and Graham 9256729	Monthly 3 rd Thursday 10am	CRMC Epworth Room	lodges3@hotmail.co.uk
Opera	Christine 9745512	Monthly 2 nd Thursday 10am	CRMC Epworth Room	chrisshaw20038@hotmail.com
Painting & Drawing	Peggy 0115 9558618	1 st and 3 rd Tuesday	CRMC Epworth Room	peggy.beech@ntlworld.com
Philosophy & Religion	Nicholas 9285473 Geoff 9285473	Monthly 1st Monday 10.30 am	CRMC Epworth Room	geoffbagley@me.com
Photography	Heather	Various	Various	imagesbyelise@gmail.com
Poetry Appreciation	Joan 9226975	3 rd Tuesday 1.30pm	CRMC Wesley Room	Joan.whiting@ntlworld.com
Rummikub	Pauline 9257836	1st Monday 2pm	CRMC	pintilley@talktalk.net
Quiz	Douglas 9252010	Monthly 2 nd Tuesday	CRMC Epworth Room	doug07@ntlworld.com
Scrabble	Mary 07837490294	Monthly on 2 nd Tuesday	Various	marydot2@virginmedia.com
Short Walks	Ann 9288413	Various	Various	walks@theharts.free-online.co.uk
Theatre Outings	Eve 9281983	Various	Various	evegurd@yahoo.com
Writing for Pleasure	Helen 9227717	Monthly 1st Wednesday 10.30am	Wesley room CRMC	helen.stewart1@btinternet.com
Yoga	Ken 9392232	Weekly Friday 9.30am	CRMC Hall	kenmorrell@virginmedia.com

QUIZ CUBICLE ANSWERS

Germany 2. Italy 3. Black Peter 4. Sweden 5. Mexico 6. Australia 7. Burn either salt, or an old shoe 8. Arabic 9. A band of 13 Gift giving goblins 10. Perform a song or poem 11. Paper Lanterns 12. The Christ Child 13. In the attics of their houses 14. Grandfather Frost 15. December 6th 16. Shoes 17. Christmas Old Man 18. Oliver Cromwell 19. Carp, often bought live and kept in the bath.
 20. Germany (View it on U Tube - it's very funny)

I booked a surprise table for our wedding anniversary for me and the wife. It all ended in tears, she is rubbish at snooker.

Do you know that I have been on a once in a lifetime holiday - I'll tell you what, never again.

I just bought my wife two early Christmas presents. I got her a bag and a belt. The vacuum cleaner works brilliantly now!

GREAT TRUTHS THAT LITTLE CHILDREN HAVE LEARNED:

- 1) No matter how hard you try, you can't baptize cats.
- 2) When your Mum is mad at your Dad, don't let her brush your hair.
- 3) If your sister hits you, don't hit her back. They always catch the second person.
- 4) Never ask your 3-year old brother to hold a tomato.
- 5) You can't trust dogs to watch your food.
- 6) Don't sneeze when someone is cutting your hair.
- 7) Never hold a Dust-Buster and a cat at the same time.
- 8) You can't hide a piece of broccoli in a glass of milk.
- 9) Don't wear polka-dot underwear under white shorts.
- 10) The best place to be when you're sad is Grandma's lap.

And Lastly, A seasonal Joke

Russian couple was walking down the street in St. Petersburg the other night, when the man felt a drop hit his nose. "I think it's raining," he said to his wife.

"No, that felt more like snow to me," she replied. "No, I'm sure it was just rain, he said." Well, as these things go, they were about to have a major argument about whether it was raining or snowing. Just then they saw a minor communist party official walking toward them. "Let's not fight about it," the man said, "let's ask Comrade Rudolph whether it's officially raining or snowing."

As the official approached, the man said, "Tell us, Comrade Rudolph, is it officially raining or snowing?"

"It's raining, of course," he answered and walked on. But the woman insisted: "I know that felt like snow!" To which the man quietly replied: "Rudolph the Red knows rain, dear!"

You may groan if you wish!!!

And as they say in the best of publications

A Merry Christmas to all our readers