

THE Y CELEBRATES THE NEW YEAR



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CORONA-NORCO FAMILY YMCA
1331 River Road, Corona, CA 92880

January 2019

ymcacornor.org

CORONA-NORCO FAMILY YMCA NEWSLETTER



AO COOLERS MAKES THE HOLIDAY BRIGHTER

AO Coolers in Corona hosted a Toy Drive for the benefit of our YMCA kids. This really helped our families make the holiday a little better. The Corona-Norco Family YMCA appreciates their thoughtfulness! The company is planning an even bigger drive for 2019!

THANK YOU, AO COOLERS!

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Contact Sue Rolsky, the editor
at rolsky@ymcacornor.org



Recent News



THANK YOU

This is Carmen Akar (left). She walked into the Main Y and donated \$100 to be used to buy food for a family. She told us that 9 years ago her husband died and many people that she didn't know helped her with food, rent and other things. Now that she is able, she wanted to contribute to another family. We were not able to grant her wish at Thanksgiving, but we were able to help a family (right) have a great Christmas meal. We purchase a ham feast from Polly's Pies and had enough left over to give them a gift card to Target to purchase a few gifts.



ANOTHER STORY???????

Throughout the year, the YMCA Adventure Guides go on various outings and events and work on different projects. They've gone to surf camp, a Halloween 5k Run/Walk & Food Drive, the Corona Symphony, earned patches for the flag and archery, and soon will help 500 students in CNUSD have a happier holiday. There's no slowing these Moms and girls down!



YOUTH & GOVERNMENT ON THE GO

The YMCA Youth & Government kids have been busy! They recently attended a training session and had elections for their officers.

And, to help raise funds for their trips to Sacramento and Fresno, Y&G is selling opportunity drawing tickets to an array of baskets throughout the year. Up next is the Holiday Basket.



ADVENTURE GUIDES CELEBRATE

This year's holiday event was held at the Corona Public Library and themed "Feliz Navidad." We enjoyed tamales, rice, beans, and churros for dessert. Many thanks to Lorena Gomez and Youth & Government for their assistance in set up, serving food, helping with crafts – coloring pages, papel picado, and clean up!



Youth Center Updates

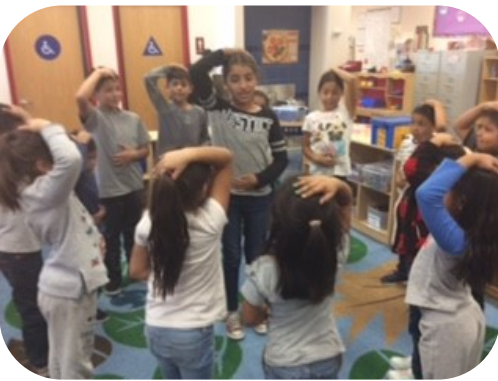
HOME GARDENS YOUTH CENTER TALKS ABOUT WINTER

Theme: Winter Time: Love, Care, Respect: Learning objectives

Students will be able to identify what is appropriate in winter weather. They will be asked what are their favorite things to do in winter and share that with the others. We will discuss winter weather clothing such as long pants, big coats, hats, gloves, and scarves. The students will be asked why they need to wear this kind of clothing in the winter.

Children will make snow, snowman, slime, and discuss what they want to work on for the next few weeks.

We will have Karaoke Day, make snow, work as a team, love one another, and help one another.



HAPPY HOLIDAYS AT THE RIVER ROAD PARK INFANT CENTER

The Month of December had a great start here at the Infant Center! The children and parents had a wonderful time with the holiday book exchange last Friday, December 21st. We all enjoyed the food and dance with the children. The walkers created lots of art projects, including decorating ornaments. The also stamped their handprints onto winter mittens. The non-walkers were working on their self-help skills, such as feeding themselves. They have also made some winter crafts, such as handprint snowflakes.



THE TEEN CENTER PARTIED ON

Happy Holiday's from our YMCA Teen Center. These past couple of weeks the teens have been really busy doing lots of fun activities, playing games, watching movies, having some hot chocolate, relaxing and having a good time! They are enjoying their mini vacation from school!! Everyone had a great time at the Zumba end of the year party. We also want to give a big "Thank You" to Student Nest" for hosting a Christmas party for the teens. We want to see new faces at our Teen Center Next Year. We also want to Thank our Zumba instructor Azucena and Zumba participants for their kind donation for the "Spark of Love" toy drive. Don't miss out! Come join our YMCA Teen Center. Our YMCA staff,teens,Yoga and Zumba families would like to wish all of you a Happy and Blessed New Year!!!! [Happy New Year 2019!](#)

Tutoring Wednesdays and Thursdays 3:30-4:30pm

Homework help Monday-Friday 2:00-6:00pm



MERRILL YOUTH CENTER WALKS

Merrill started their study on Clothes. We explored what we know about clothes and what do we want to find out? The children discussed what clothes you wear in hot weather, warm weather and cold weather.

Merrill had their annually WALK-A-THON. We invited family and friends of each child to walk with them at the WALK-A-THON. Everyone was encouraged to wear green and red or an "ugly sweater" on that day. We had a good turnout and everyone had a good time at our WALK-A-THON. The children were encouraged to walk 10 times around the playground. Each time the child completed a lap they were given a Popsicle stick. When the child had 10 Popsicle sticks, they completed their WALK-A-THON.

Congratulations to Adrienne Romero who collected the most donations and won one of the large stuffed bears. Kaylee Martinez was our second place winner who received the other large stuffed bear.



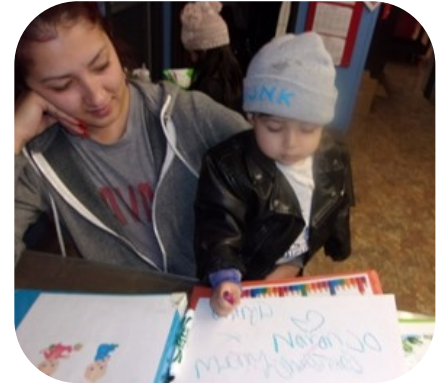
JURUPA VALLEY—ENJOYING FELLOWSHIP

In the month of December, the children and staff have been collaborating how to connect with friends and exploring the Winter Weather.



Infants-In the infant room, the children have been exploring ways to fellowship with their teacher and others. Children are learning how to interact, socialize and enjoy ways to communicate during snack time.

Toddlers-The toddlers shared and connected with friends at the Friendship Table. At this particular table, children were allowed to create letters of choice and decorate them according to their own desire. Many of the children created letters with their parents and friends to share.



Preschool One-The preschoolers took advantage of the Friendship Table by inviting their parents to help them create their letters of interest. Many of the children wrote letters to family members with pictures.



Preschool Two and Three-The preschoolers in the classrooms created Winter Wonderland. They are featuring what many people have when the weather is cold, what animals live in cold climates and what can make people warm during the winter months.

School Age-The students had two guests visit. Samantha and Savannah came and shared their Anime and Photography samples. The children explored how to draw, create, take pictures and create stories of interest. Students wore their favorite hero shirts to show their support. Most importantly, they explored ways to use old equipment to create new creations.



Staff-The staff celebrated Friendship by having a Round Table Luncheon. The room was adorned with Red and Green with all of our favorites.

FESTIVE FUN AT THE CITY PARK YOUTH CENTER

At City Park we were very excited with the visit of "QRIS team" visit. City Park received a certificate of Achievement in recognition of reaching a quality tier of 4. It was a real pleasure to have them visiting our site. Our children were so happy decorating the classroom for the holidays making ornaments and cards for their family and our veterans. We also had a very pleasant surprise and a happy parent when she got a beautiful dinner basket that was donated to her family.



THE HARADA YOUTH GETS READY FOR 2019

It's incredible how 2018 went so fast! Now we are just so excited waiting for New Year's. It's time to set up our new goals and be consistent so we can get good results at the end of this brand new year.

The Harada children will make their own Resolutions list to help themselves to accomplish their goals. They will also make a New Year's hat and New Year's card and Rice Crispys.

We will talk about how the children will celebrate the end of the year and the new coming.



Happy New Year to all!



MAIN Y HAS THAT HOLIDAY FEELING

December has been a very busy time for everyone here at Main Y. All kinds of arts and crafts were being done by all the children.

Brittany, the music teacher, came and fun was had by all. She introduced the children to many musical terms, instruments, and song. We are all looking forward to her return.



JERRY 1

Jerry 1 created snowmen from many different materials. They cut out circles and glued them to paper. They made cotton ball snowmen and they even made baker clay snowmen.

JERRY 2

Jerry 2 had a Christmas performance. They sang Christmas songs for their parents and then joined in for a big Christmas celebration. There were food and drinks for all the children and their families.

TWOs

As promised last newsletter our 2s all became elves. They spent many a morning painting, gluing, and getting ready for Santa.

MARSHA 1 & 2

Marsha 1 & 2 have spent their time getting ready for Christmas by making Christmas gifts for their parents and a crazy look-in Rudolph in their classroom.



CITRUS CIRCLE YOUTH CENTER LOVES BOXES, BUBBLE WRAP & PJs

At Citrus Circle we recycle and try to enjoy life's simple pleasures. During the month of December, we were given some bubble wrap to crunch and the students made a trail on the playground. This also served as a fun outdoor physical activity.

Another day, we were given a large cardboard box. The students were creative in making the most of the box, playing in it for their entire free time on Fun Friday.

Several of the students enjoyed Pajama Day at their schools and asked if they could come to the YMCA in them. They played Bingo with Ms. Dalia in their pajamas. The prize for Bingo? Full-size candy canes, in various flavors.



AUBURNDALE GOES CRAZY

YMCA School Children will be celebrating the week of Thanksgiving by having a "Friendsgiving" Feast and enjoying their time off with silly themes for the three days they are here. The classes will have Crazy hair day and color explosion day, where the children can mix and match their clothes and wear every color of the rainbow! We are also having a "pass the potatoes" pajama day in which the children will share a feast of food and fun.

As we still adjust into our new environment we are looking forward to celebrating the holidays amongst our new friends at Auburndale Intermediate.

Please have a safe and memorable Thanksgiving.



KIDS ROCK FREE—CLASSES START JAN. 7TH

Happy New Year!

Session 1 Classes begin January 7 for drums, guitar, piano and vocal classes. No matter what level you are at, we have a class for you.

Whether you're dreaming of being the next Rock Star, or just wishing to learn to play music for your own enjoyment, Kids Rock Free classes are here for you. Come and learn to play the coolest instruments in a safe, friendly, and comfortable environment. Here you will get all the proper technique and musical understanding to not just play a couple tunes, but to understand the fundamentals that go behind all the music that you will be playing. As a student you will learn to read music notation, chord charts, and modern tablature while covering popular songs. Students in the more advance classes learn scales and theory, along with advanced techniques to help them on their path to success. So, whether you're into Blues, Rock, Jazz, or even Classical guitar styles, Kids Rock Free is for you!

Sign-up today! Call us at 951-735-2440.

Here are some photos from our Winter Spectacular. It was a great night of performances by our talented students!



THIS IS YOUR Y!



YOGA

Challenge the body and calm the mind. Yoga classes at the Y pair strength and flexibility with relaxation and focus!

DATE: Thursday

TIME: 9:30am-10:30am

LOCATION: Y Community Center—3785 Neece St.

FEE: \$5 per class

INFORMATION: (951) 280-0783

ZUMBA

Our Zumba classes offer fun, easy routines that feature interval aerobic training with a combination of fast and slow rhythms that tone and sculpt the body as you dance. Join the party!

DATE: Monday-Wednesday, Friday

TIME: 10am-11am, 5pm-6pm

LOCATION: YMCA Community Center

FEE: \$3 per class

INFO: 951-280-0783



THIS IS YOUR Y



Saturday, February 2, 2019

12:30pm - 4:30pm

Rain or shine - no refunds



Main YMCA, 1331 River Road, Corona
For information call: 951-736-1415



Live Music & Kids Zone!

- Mariachis arrive at 2pm**
- Tamale Tasting**
- Margarita Tasting**



****Presale Tickets ONLY** No Sales at the door**

www.ymcacornor.org

\$10.00 for 11 years & over

(11- 20 years, \$10 includes event entry, 13 non alcoholic beverage samples and 13 food samples)
(21 and over, \$10 includes event entry, 13 alcoholic beverage samples and 13 food samples)

10 years and under free

(21 years & older must have a valid ID)

Mouthwatering food items for sale! (antojitos y aguas frescas)



A Night of Joy

Featuring

VOICES OF HOPE!

As seen on America's Got Talent

Presented by

Simple Acts of Care and Kindness (SACK)



Saturday, February 23, 2019 at 7:00pm

Northpoint Church

988 W. Ontario Ave, Corona, CA 92882

For more information call Shirley Zink at
(714) 473-7887 or email SZink@kidsarefirst.com

Online tickets at
www.simpleacts.org

All proceeds
benefit SACK &
Voices of Hope

Tickets \$15 a
person
Silent Auction!

Baked Lemon Chicken With Olives

1 chicken, cut into 10 pieces, 3½ to 4 pounds

Kosher salt and ground black pepper, to taste

1 cup pitted green olives

6 cloves garlic

PREP TIME: 10 min

COOK TIME: 50 min

2 lemons, halved

3 tablespoons olive oil

1 cup basil leaves

SERVES 6

1. Preheat the oven to 425° F.
2. Season the chicken generously on both sides with the salt and pepper, and place in a baking dish, skin side up.
3. Scatter the olives, garlic and lemon halves around the chicken. Drizzle with the olive oil.
4. Roast until the chicken is cooked through, 45 to 50 minutes.
5. Garnish with basil, tucking around the chicken. Squeeze a little bit of the lemon juice from one of the cooked lemons over the chicken and serve immediately.

FIND YOUR WAY



2019

Happy New Year!

