## **Thermal Bridges and Windows**





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### Outline

- 1. Thermal bridges background
- 2. Common thermal bridge locations residential
- 3. Common thermal bridge locations commercial
- 4. Window performance background
- 5. High performance residential windows
- 6. High performance commercial windows
- 7. Commercial window selection Façade Design Tool



# Section 1 – Thermal Bridge Background



### **Residential Thermal bridges**

- repetitive bridges already accounted for
- point bridges generally, heat loss too small to consider
- linear bridges heat loss should be calculated

Circled areas are common linear thermal bridges. Wall corners are also linear thermal bridges.

> Image from David White, Right Environments, 2010



# Section 1 – Thermal Bridge Background

Thermal bridges – do they matter?

• Thermal bridges make up a small portion of heat loss in a poorly insulated envelope - 16% in a typical insulated 2x6 wall.

• If same details from a standard stud wall were used to construct an R-45 wall, heat loss through thermal bridges would approach 50%.



Conclusion - For highly insulated envelopes, thermal bridges must be considered!



# Section 1 – Thermal Bridge Background

- Heat loss through a linear thermal bridge is measured with a  $\Psi$  value
- A Ψ value is like a U-value for thermal bridges
   U x A x dT = heat loss from a surface, of area A
   Ψ x L x dT = heat loss from a linear thermal bridge, of length L
- Ψ values </= 0.01 W/mK qualify as "thermal bridge free" according to Passive House. Values above this need to be accounted for in heat loss calculations, especially for high perf.
- To calculate Ψ values, a 2-D heat flow simulation model (such as THERM) is used.





- As number of top and bottom plates grow, the psi value increases indicating increased heat loss. Typical 2x6 rim joist has heat loss **3x** the 0.01 W/mK limit.
- STEP 1 Avoid elements that bridge from interior to exterior





rim joist, fib. batt (R-15.5) :  $\Psi$  = 0.032 W/mK rim joist, rim board (R-12):  $\Psi$  = 0.086 W/mK

- Rim joist thermal bridge challenging to achieve the  $\Psi$  = 0.01 W/mK target.
- Maintaining continuity and alignment of insulation layers is a good first step.

### STEP 2 – Align insulation layers





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• The concrete stem wall and footing acts as a radiation fin.

STEP 4 – Avoid accidental "radiation fins".





STEP 4 - Avoid accidental radiation fins - even well-insulated ones





FPSF (well insulated):  $\Psi = 0.052$  W/mK

Thermally broken stem wall: $\Psi = -0.007 \text{ W/mk}$ 

Thermally broken stem wall provides an insulated break between the stem wall and the floor slab, effectively cutting off the "radiation fin".

Also does better at aligning insulation layers at junction of stem wall and above grade wall. STEP 5 – An insulated break between the exterior wall and floor slab is necessary.





Basement footings are another location to provide an insulated break between the foundation wall and the floor slab. A 2" thermal break reduces heat loss by almost a factor of 10. Doesn't require insulation under the footing.











### Commercial thermal bridges – do they matter?

• As R-value of the enclosure increases, the impact of thermal bridges grows larger.

• For an 8'8" tall wall insulated to R-20, the effective R-value drops to R-8.5 with an exposed slat edge or thermally unbroken balcony.

 Some typical commercial thermal bridges are really, really bad



from Finch, G., Higgins, and Hanam, 2014

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Another good location to use Foamglas block, cuts heat loss by more than 50%.





But wood-framed parapet is the only detail to pass the 0.01 W/mK guideline.





A product with a high-strength foam core and stainless steel tie rods that connect with rebar on either side Thermally broken balcony





Steel stud insulated wall:

• Slab thermal break not incredibly important, too much heat lost through steel studs.

from Finch, G., Higgins, and Hanam, 2014

Exterior Insulation	Effective R-	Effective R-Values (R <sub>SI</sub> )					
Strategy	Value (R <sub>SI</sub> ), No Thermal Break	R-2.5 Thermal Break	R-5.0 Thermal Break				
6" steel studs with R-20 batt insulation	R-4.2 (R <sub>SI</sub> –0.74)	R-4.7 (R <sub>SI</sub> -0.82) (12% improvement)	R-4.8 (R <sub>SI</sub> -0.85) (14% improvement)				





Steel stud, exterior insulation:

• With horizontal Z-girts, slab thermal break shows some benefit.

from Finch, G., Higgins, and Hanam, 2014

Exterior Insulation Strategy	Effective R- Value (R <sub>SI</sub> ), No Thermal Break	Effective R R-2.5 Thermal Break	-Values (R <sub>SI</sub> ) R-5.0 Thermal Break
Horizontal Z-girts @ 24" vertically, 4" MW (R-16) exterior + no insulation in S.S. @ 16" o.c.	R-6.5 (R <sub>SI</sub> – 1.15)	R-8.2 (R <sub>SI</sub> -1.44) (26% improvement)	R-8.6 (R <sub>SI</sub> -1.52) (32% improvement)





### Steel stud, exterior insulation:

• Horizontal Z-girts still have too much heat loss, slab thermal break shows only minor improvement.

• Fiberglass clips (shown) increase Rvalue of the wall and make slab thermal break important and effective

from Finch, G., Higgins, and Hanam, 2014

Exterior Insulation	Effective R-	Effective R-Values (R <sub>SI</sub> )					
Strategy	Value (R <sub>SI</sub> ), No Thermal Break	R-2.5 Thermal Break	R-5.0 Thermal Break				
Nonconductive cladding clips 16"x24" spacing, 4" MW (R-16) exterior + no insulation in S.S. @ 16" o.c.	R-8.5 (R <sub>SI</sub> 1.50)	R-13.2 (R <sub>SI</sub> -2.33) (55% improvement)	R-14.2 (R <sub>SI</sub> -2.50) (67% improvement)				
Horizontal Z-girts @ 24" vertically, 4" MW (R-16) exterior + no insulation in S.S. @ 16" o.c.	R-6.5 (R <sub>SI</sub> – 1.15)	R-8.2 (R <sub>SI</sub> -1.44) (26% improvement)	R-8.6 (R <sub>SI</sub> -1.52) (32% improvement)				



### MORRISON HERSHELEL REPORT Thermal Performance of Building Envelope Details for Mid- and High-Rise Buildings (1365-RP) Presented to: Technical Committee 4.4 ASHRAE Inc 1791 Tullie Circle, NE

Building Materials and Building Envelope Performance

Atlanta, Georgia 30329

Report No. 5085243.01

July 6, 2011

### ASHRAE 1365, by Morrison Hershfield

Thermal bridging for commercial assemblies.

40 building details for mid and high-rise construction:

- Exterior Insulated Steel Stud Assemblies
- Slab and Floor Edges
- Parapets
- Glazing and Wall Intersections
- Poured-In-place Concrete Assemblies
- Conventional Curtain Wall Spandrel Panels
- Sliding Doors and Windows



Some basics...

U-value – inverse of R-value R-3 window = U-0.33 R-5 window = U-0.2

SHGC – "solar heat gain coefficient". Percentage of solar heat that is passed through the window.
 SHGC 0.3 means 30% of solar heat is admitted.

VT – "visible transmittance". Percentage of visible light that is passed through the window.
 VT-0.4 means 40% of visible light is admitted.

The VT, SHGC and U-values we'll be discussing are whole window values, not center of glass. This is an important distinction, and takes into the account the effects of the frame



### Effect of window conductance on whole wall R-Value

Impact of window U-value on effective thermal resistance of complete wall assemblies (based on 18% glazing ratio compared to total wall area)





### Effect of window conductance on whole wall R-Value

Impact of window U-value on effective thermal resistance of complete wall assemblies (based on 18% glazing ratio compared to total wall area)





OVERALL WALL R-VALUE FOR HIGHRISES - BASED ON WINDOW TYPE AND % GLAZING AREA





### Section 5 – Residential Windows

Residential Windows – important attributes (from energy perspective)

- U-value
- SHGC (solar heat gain coefficient)
- It's the combination of low U-value and high SHGC that is desirable for southfacing windows in cold climates (and also hard to find)



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### Section 5 – Residential Windows

**High Performance - fixed windows** 



- Wood w insulation PHI CERTIFIED
- Wood w insulation PHI CERTIFIED
- Wood w insulation PHI CERTIFIED
- Hybrid aluminum and wood
- Hybrid aluminum and wood
- Fiberglass w insulation
- Fiberglass w insulation
- Fiberglass w insulation

Energy Star - generic Northern



### Section 5 – Residential Windows

### **High Performance - fixed windows**



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- Fiberglass w insulation
- Vinyl w insulation
- Vinyl w insulation
- Vinyl w insulation
- Energy Star generic Northern









Window positioned outside of thermal envelope,  $\Psi = 0.10$  W/mK Effectively, R-value of window reduced by 20 - 30% depending on window size Window positioned on edge of thermal envelope,  $\Psi = 0.04$  W/mK R-value of window reduced by 5 -10% depending on window size





Window centered in plane of insulation,  $\Psi = 0.02$  W/mK R-value of window is essentially preserved Window positioned on edge of thermal envelope,  $\Psi = 0.04$  W/mK R-value of window reduced by 5 -10% depending on window size



While heating loads dominate residential construction energy use...

#### Figure 2-17. Total energy end uses for different building types

Data are given for the entire existing U.S. building stock (old and new buildings throughout the U.S.). Data have been normalized using a site-source efficiency of 0.33 for electricity end uses and 1.0 for natural gas end uses. Source: EIA, A Look at Commercial Buildings in 1995: Characteristics, Energy Consumption, and Energy Expenditures, Oct. 1998, Table EU-2, p. 311.

Principal Building Activity	Heating	Cooling	Lighting	Equipment	Ventilation	Refrig.	Water Heating	Cooking	Other
Education	26%	11%	37%	3%	4%	2%	14%	1%	2%
Food sales	5%	7%	19%	1%	2%	61%	2%	1%	1%
Food service	7%	13%	25%	2%	4%	22%	6%	18%	3%
Health care	14%	8%	30%	12%	5%	4%	16%	3%	9%
Lodging	11%	12%	34%	6%	2%	3%	25%	3%	4%
Mercantile and service	21%	12%	48%	6%	5%	2%	3%	1%	3%
Office	11%	13%	40%	21%	7%	1%	4%	1%	2%
Public assembly	29%	10%	35%	4%	6%	3%	9%	2%	2%
Public order and safety	18%	12%	31%	11%	4%	0%	15%	0%	8%
Religious worship	43%	10%	27%	2%	5%	3%	6%	1%	2%
Warehouse and storage	22%	4%	41%	18%	1%	7%	3%	0%	5%



While heating loads dominate residential construction energy use...

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Food service	7%	13%		25%		2%	4%	22%	6%	18%	3%
Health care	14%	8%		30%		12%	5%	4%	16%	3%	9%
Lodging	11%	12%		34%		6%	2%	3%	25%	3%	4%
Mercantile and service	21%	12%		48%		6%	5%	2%	3%	1%	3%
Office	11%	13%		40%		21%	7%	1%	4%	1%	2%
Public assembly	29%	10%		35%		4%	6%	3%	9%	2%	2%
Public order and safety	18%	12%		31%		11%	4%	0%	15%	0%	8%
Religious worship	43%	10%		27%	1	2%	5%	3%	6%	1%	2%
Warehouse and storage	22%	4%	$\square$	41%		18%	1%	7%	3%	0%	5%

... Lighting is typically the most important for commercial-type buildings.



Commercial Windows – important attributes (from energy perspective)

- U-value primarily impacts perimeter heating loads
- SHGC (solar heat gain coefficient) primarily impacts cooling loads
- VT (visible transmittance) primarily impacts lighting loads (and therefore cooling loads as well)

The combination of all three variables make "the best" commercial window very difficult to identify for any given building type, window area, and orientation. Energy modeling is necessary.

Some of the best guidance is available from the book -Window Systems for High-Performance Buildings

And website – www.commercialwindows.org





Commercial Windows – annual energy use as a function of window-to-wall ratio (WWR) for perimeter office zones

Where does the characteristic hockey stick shape come from?

And why does it look so easy to achieve better performance than an insulated wall?





#### Figure 5-40. Annual electricity energy use

All cases are south-facing with no shading and include daylighting controls. Numbers are expressed per square foot within a 15-foot-deep perimeter zone. Results were computed using DOE-2.1E for a typical office building in Chicago, Illinois (Appendix A).



**Designing High Performance Walls for Cold Climates** 

Window B
---- Window D
---- Window E
Window F
---- Window G

– – – Window H



In general, the challenge is to reduce lighting energy use as far as possible before increasing heating and cooling loads begin to dominate.

Lower U-values and SHGC values allow us to delay the increasing impact of heating and cooling loads as long as possible.



**Designing High Performance Walls for Cold Climates** 



Window B

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Window D Figure 5-40. Annual electricity energy use Window E All cases are south-facing with no shading and include daylighting controls. Numbers are expressed per square foot within a 15-foot-deep perimeter zone. Results were computed using DOE-2.1E for a indow G High WWR is typical office building in Chicago, Illinois (Appendix A). Window H Cooling Lighting rarely desirable Total from an energy standpoint. 6 6 14 «Wh/sf-yr 12 2 10 0 0.15 0.30 0.45 0.60 0 0.15 0.30 0.45 0.60 0 0.15 0.30 0.45 0.60 Window-to-Wall Ratio Window-to-Wall Ratio Window-to-Wall Ratio

**Designing High Performance Walls for Cold Climates** 



Window B

### Section 6 – Commercial Windows, E/W/S



**Designing High Performance Walls for Cold Climates** 

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### Section 6 – Commercial Windows, E/W/S

1) Without daylighting controls, there is no way to reliably "harvest" the lighting savings that windows offer, and energy use increases in every case.



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## Section 6 – Commercial Windows, E/W/S

- 1) Without daylighting controls, there is no way to reliably "harvest" the lighting savings that windows offer, and energy use increases in every case.
- 2) Best WWR=0.15 for wide range of glazing types. Keep WWR small to avoid glare and unwanted solar heat gain due to low sun angles.









### 1) Again, daylighting controls are a necessity.





- 1) Again, daylighting controls are a necessity.
- 2) Lack of light means that VT is the most important attribute to reduce lighting loads. Lack of direct solar gain also means that SHGC values are irrelevant.





- 1) Again, daylighting controls are a necessity.
- 2) Lack of light means that VT is the most important attribute to reduce lighting loads. Lack of direct solar gain also means that SHGC values are irrelevant.
- 3) Best WWR = 0.3 for wide range of glazing types. With higher WWR, low U-value becomes important to minimize heat loss.





### Best attempt to distill commercial window "rules of thumb"

orientation	daylighting controls	suggested window area	shading	window attributes
		<b>moderate</b> 0.30WWR (for most glass types)		triple glazing low U-factor, high VT,
north	recommended	0.45 - 0.60 WWR (for 3-glaze)	not recommended	SHGC not important
south	recommended	small - moderate 0.15WWR (for most glass types) 0.30WWR (for 3-glaze)	recommended for some window types and all window types with high WWR	triple glazing low U-factor, relatively low SHGC
east/west	recommended	small 0.15WWR (for most glass types)	recommended for some window types and all window types with high WWR	low SHGC is very important, low U- factor, high VT,

If project does not incorporate daylighting controls, best commercial windows are triple glazing – all the time, for every façade, for every WWR. Why? – w/out controls, daylighting savings are removed from the equation and energy savings are accomplished with lower U-values and SHGC values alone.



Façade design tool for commercial windows: <a href="http://www.commercialwindows.org/">http://www.commercialwindows.org/</a>









#### **CHOOSE LOCATION & BUILDING TYPE**

Select a location, building type, and facade orientation from the drop-down lists below. My city isn't listed»





#### **REFINE & EXPLORE ZONE RESULTS**

Facade Design Tool Home | Minneapolis, Minnesota | Office | South

REFINE &	COMPARE	Sun	ummary Energy		Peak			Carbon Daylight		t	Glare		Comfort			
EXPLORE	RESULTS	Th	e Building		Glaz	ing Syste	m		Light & Shade		Annual Energ		ergy Use	gy Use (kBtu/sf-yr)		
Modify design	Select up to 5	WWR	Building Projections	Glass	Panes	U-factor	SHGC	νт	Lighting Controls	Shades	kBtu/sf-	yr				
parameters &	scenarios for	40	4' Overhang	1	3	0.13	0.32	0.6	Continuous	None	67.23					
explore the	detailed	30	4' Overhang	1	3	0.13	0.32	0.6	Continuous	None	67.67					
results.	comparison.	20	2' Overhang	G	2	0.24	0.38	0.7	Continuous	None	67.95					
Update	Results	30	4' Overhang	G	2	0.24	0.38	0.7	Continuous	None	68.12					
Expand	Collanse	20	2' Overhang	1	3	0.13	0.32	0.6	Continuous	None	68.28					
- Window	Area	30	4' Overhang	H	2	0.24	0.27	0.64	Continuous	None	68.40					
10%		40	4' Overhang	Η	2	0.24	0.27	0.64	Continuous	None	68.53					
20%		20	2' Overhang	Н	2	0.24	0.27	0.64	Continuous	None	68.56					
₹ 30%		40	4' Overhang	G	2	0.24	0.38	0.7	Continuous	None	68.73					
✓ 40%		30	2' Overhang	H	2	0.24	0.27	0.64	Continuous	None	68.83					
✓ 50%		30	2' Overhang	1	3	0.13	0.32	0.6	Continuous	None	69.03					
60%		50	4' Overhang	1	3	0.13	0.32	0.6	Continuous	None	69.12					
- Projecti	ons	40	2' Overhang	Н	2	0.24	0.27	0.64	Continuous	None	69.29					
🖉 None		30	None	Н	2	0.24	0.27	0.64	Continuous	None	69.38					
2' Over	hang	40	2' Overhang	1	3	0.13	0.32	0.6	Continuous	None	69.38					
🗹 4' Over	hang	30	2' Overhang	G	2	0.24	0.38	0.7	Continuous	None	69.63					
Lighting	Controls	20	None	Н	2	0.24	0.27	0.64	Continuous	None	69.85					
None None		20	2' Overhang	В	2	0.47	0.7	0.79	Continuous	None	70.20					
🗹 Continu	ious Dimming	20	None	1	3	0.13	0.32	0.6	Continuous	None	70.48					
- Shading		40	4' Overhang	E	2	0.24	0.29	0.52	Continuous	None	70.52					
🖉 None		30	None	1	3	0.13	0.32	0.6	Continuous	None	70.63					
🗹 Interior	Blinds	50	4' Overhang	Н	2	0.24	0.27	0.64	Continuous	None	70.64					
Exterior	r Blinds	30	4' Overhang	E	2	0.24	0.29	0.52	Continuous	None	70.66					
= Glass Pa	ines	20	None	G	2	0.24	0.38	0.7	Continuous	None	70.73					
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