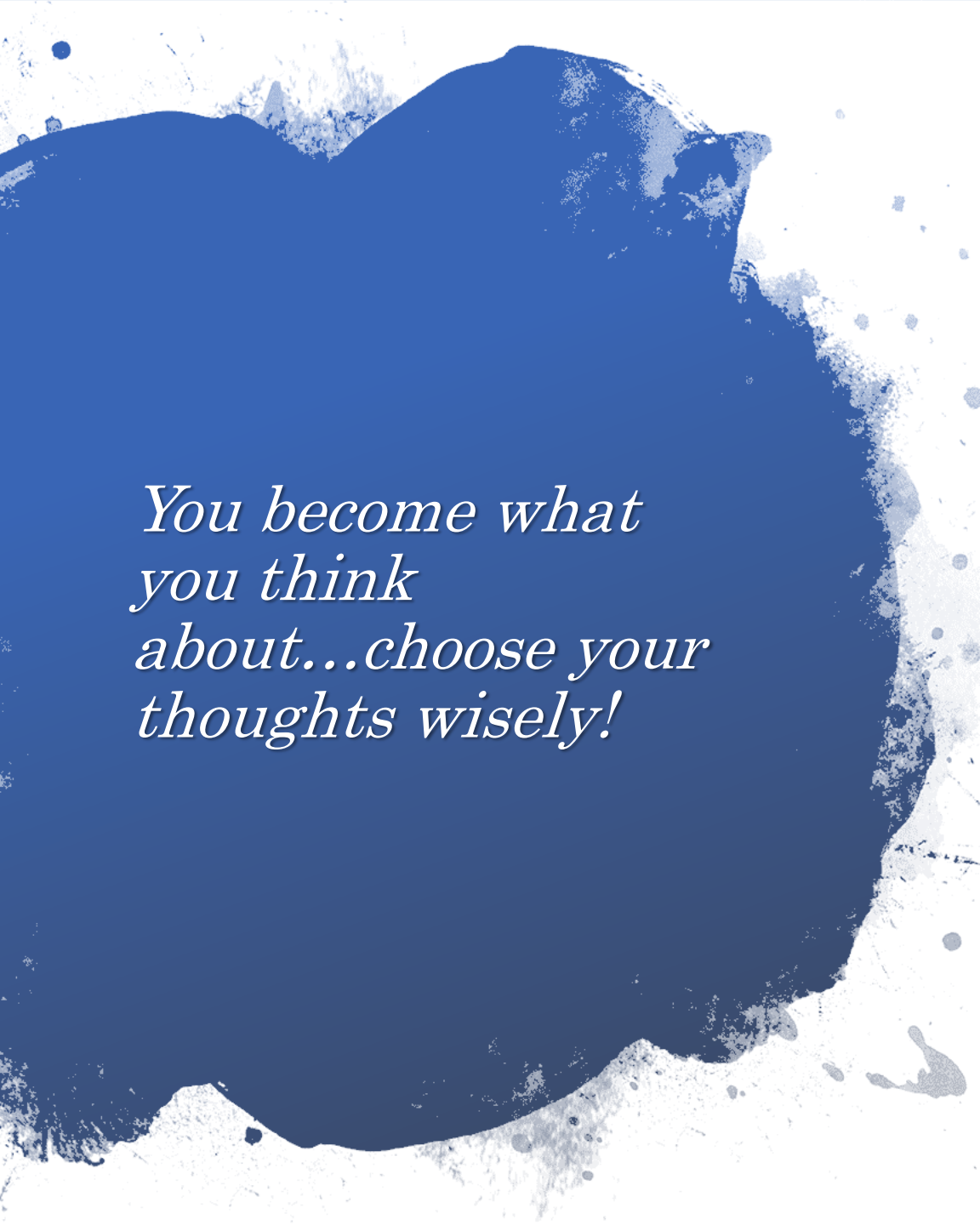


ANNEMARIE *Graham*



Master Your Money Mindset & Create Your Own Economy

Thinking Into Results: Monaghan Women in Business



*You become what
you think
about...choose your
thoughts wisely!*

*“Any idea that is held in the mind
that is either feared or revered will,
begin at once to clothe itself in the
most convenient and appropriate
physical forms available”*

Andrew Carnegie

*The Success
Principles
E+R=O
Theory*

Jack Canfield

Our Resilience most commonly
comes from within ourselves

Event + Response = Outcome

*The only part you can control is
the response*

Attitude determines Altitude

“Whether you believe you can or you cant you’re right”

Henry Ford

- Attitude is the collection of thoughts we have
- The feelings we associate with those thoughts
- The actions we take out of having the thought and feeling
- Positive Personalities (Optimists)/Negative Personalities (Pessimists)



paradigm

*...is a mental program that has almost exclusive control over our habitual behavior... **AND** most all of our behavior is habitual*

You are the only problem you will ever have...but you are also the only solution!

How have you got your current results?

Thoughts



Behaviours (done without conscious thought)



Habits (which become our programming)



Actions



Outcomes/Results



“What if”

- If failure was not possible and success was an absolute guarantee...
- If money was not something you had to even consider...

Where is it you would like to be in your life/business? What does the dream look like?

On a scale of 1-10 (1=nowhere near, 10=there already) how near to that dream are you today?

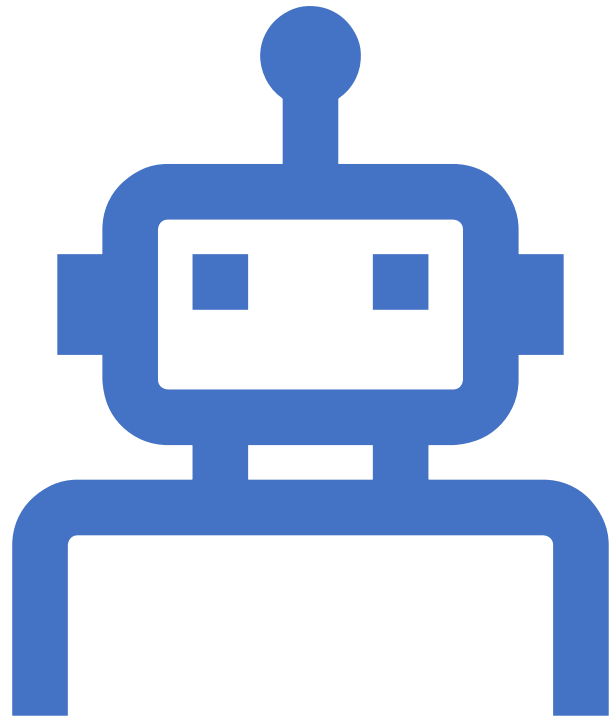
How Do I Reprogram my Paradigm?

*“There are no limitations to the mind
except the ones we acknowledge, both
poverty and riches are offspring's of
thought”*

Napoleon Hill

2 Ways to Reprogram:

- **Emotional Impact** – something that creates sudden impact/shock. Usually associated with something negative.
- Constant, spaced **REPETITION** of the same thing over and over and over again. Repeated through conscious awareness, thought, reading, writing and listening.

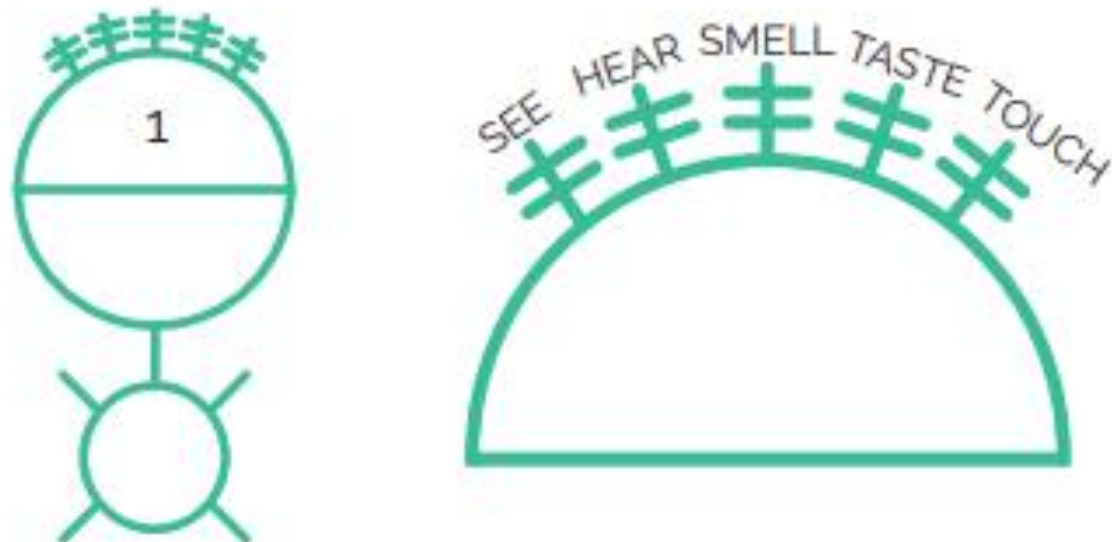


Lets look at how
the minds works
and is
reprogrammed

*What image
comes to you
when I ask you,
what do you think
the mind looks
like?*

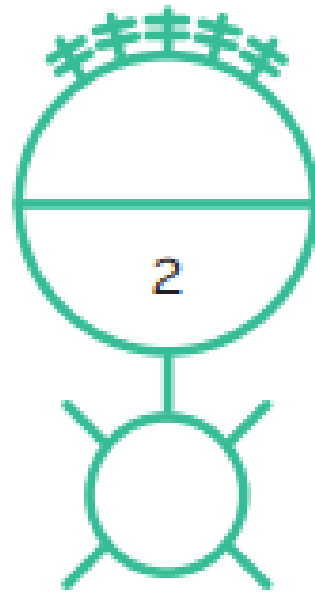


PART ONE: CONSCIOUS MIND

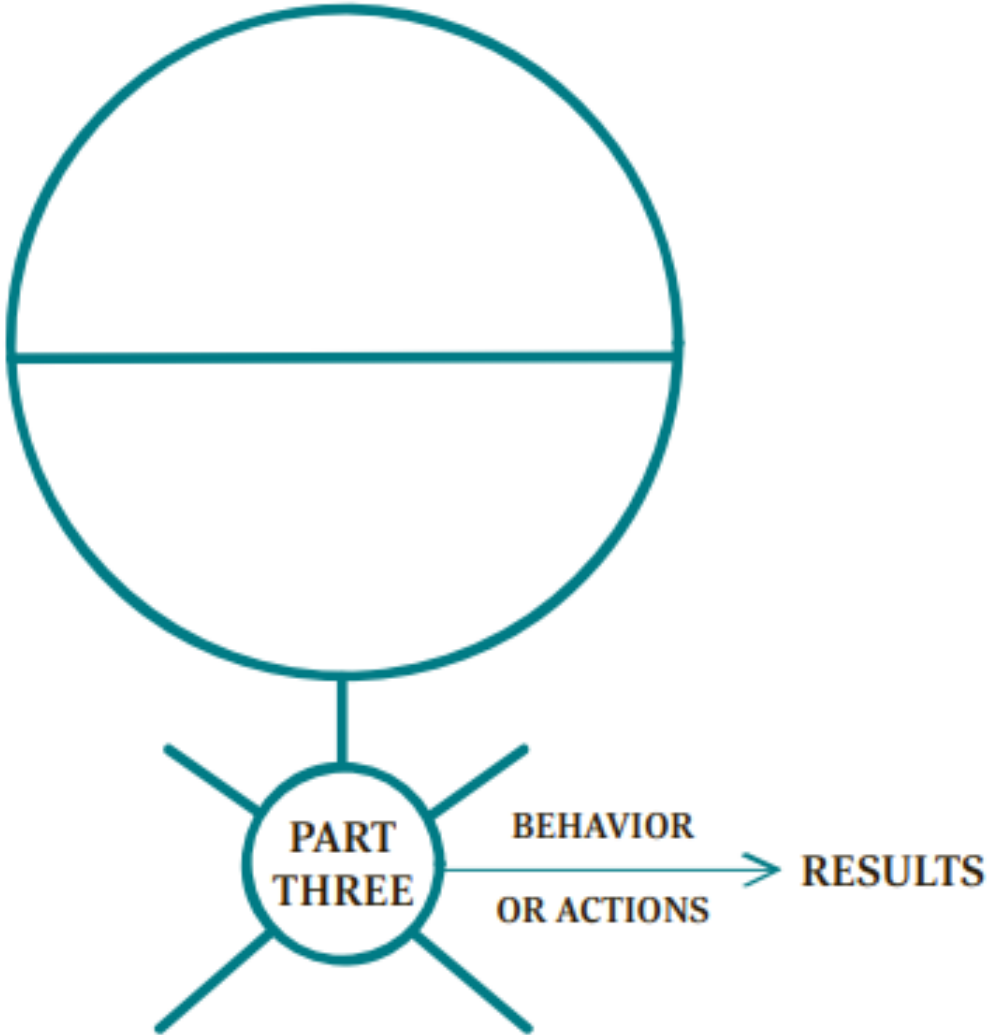
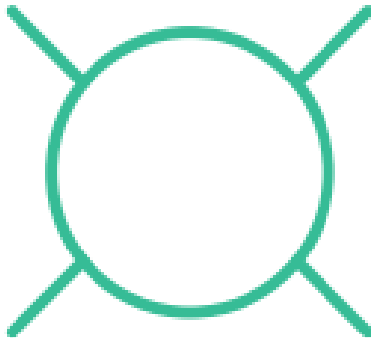
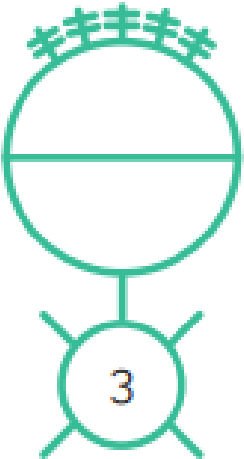


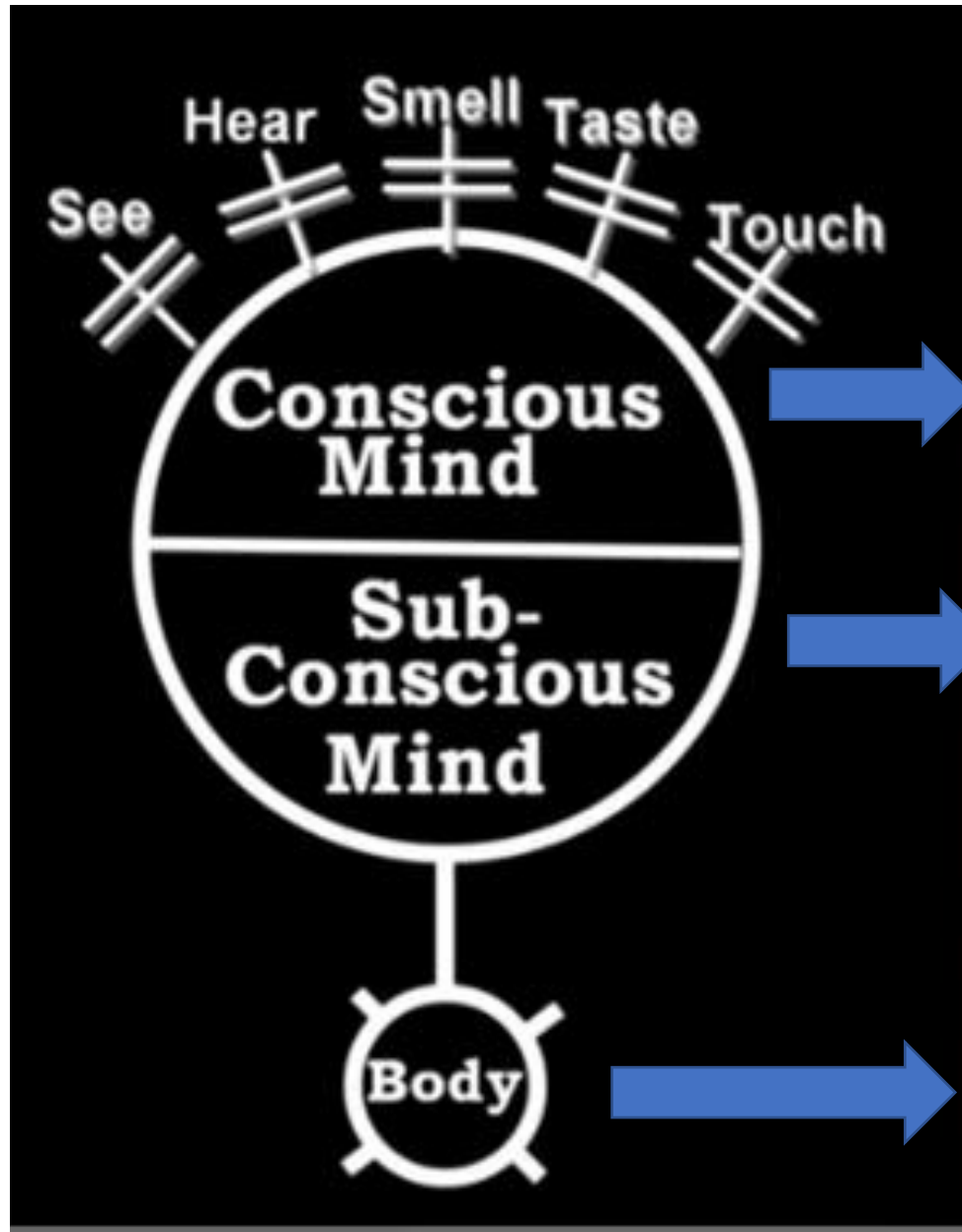
(This model of the mind and body was originated by the late, Dr. Thurman Fleet of San Antonio, Texas in 1934 [circa]. Dr. Fleet was the founder of Concept Therapy.)

PART TWO: SUB-CONSCIOUS MIND



**PART THREE:
BODY**





**Educated Mind/Objective Mind
Inductive & Deductive Reasoning**

**Deductive only
HAS TO ACCEPT whatever thought
give it**

Behaviours & Habits (Results)

Now



Look at the areas
of your life that

YOUR PARADIGM

Has Enormous
Influence Over

PERCEPTION
USE OF TIME
CREATIVITY
EFFECTIVENESS
PRODUCTIVITY

The moment your belief matches with any state you fuse with it, and this union results in the activation and projection of its plots, plans, conditions and circumstances.

This new state of conscious awareness becomes your home from which you view the world.



“There is a difference between WISHING for a thing and being READY to receive it. No one is ready for a thing, until they believe they can acquire it. The state of mind must be BELIEF, not mere hope or wish. Open-mindedness is essential for belief. Closed minds will not inspire faith, courage, and belief.

until defeat has been accepted as a reality.
Robert Burns was an illiterate country lad, he was cursed by poverty, and grew up to be a drunkard in the bargain. The world was made better for his having lived, because he clothed beautiful thoughts in poetry, and thereby plucked a thorn and planted a rose in its place.
Booker T. Washington was born in slavery, handicapped by race and color. Because he was tolerant, had an open mind at all times, on all subjects, and
[50]

and belief.
Remember, no more effort is required to aim high in life, to demand abundance and prosperity, than is required to accept misery and poverty. A great
through these lines:
“I bargained with Life for a penny,
And Life would pay no more,
[51]





How Do I Reprogram my Paradigm?

Repetition of an idea eventually implants in the sub conscious mind and creates our new paradigm

What you need to make that happen:

- A clearly defined, worthy goal
- Affirmed daily in the present tense as if it has already manifested.
- Repeated by reading and writing and listening at least 20 times per day for a minimum of 30 days

How Does Your Money Paradigm Show Up?

What are your earliest memories of money when you were a child?

What was your parents/carers attitude to money?

How do you think about money?

How does money make you feel?

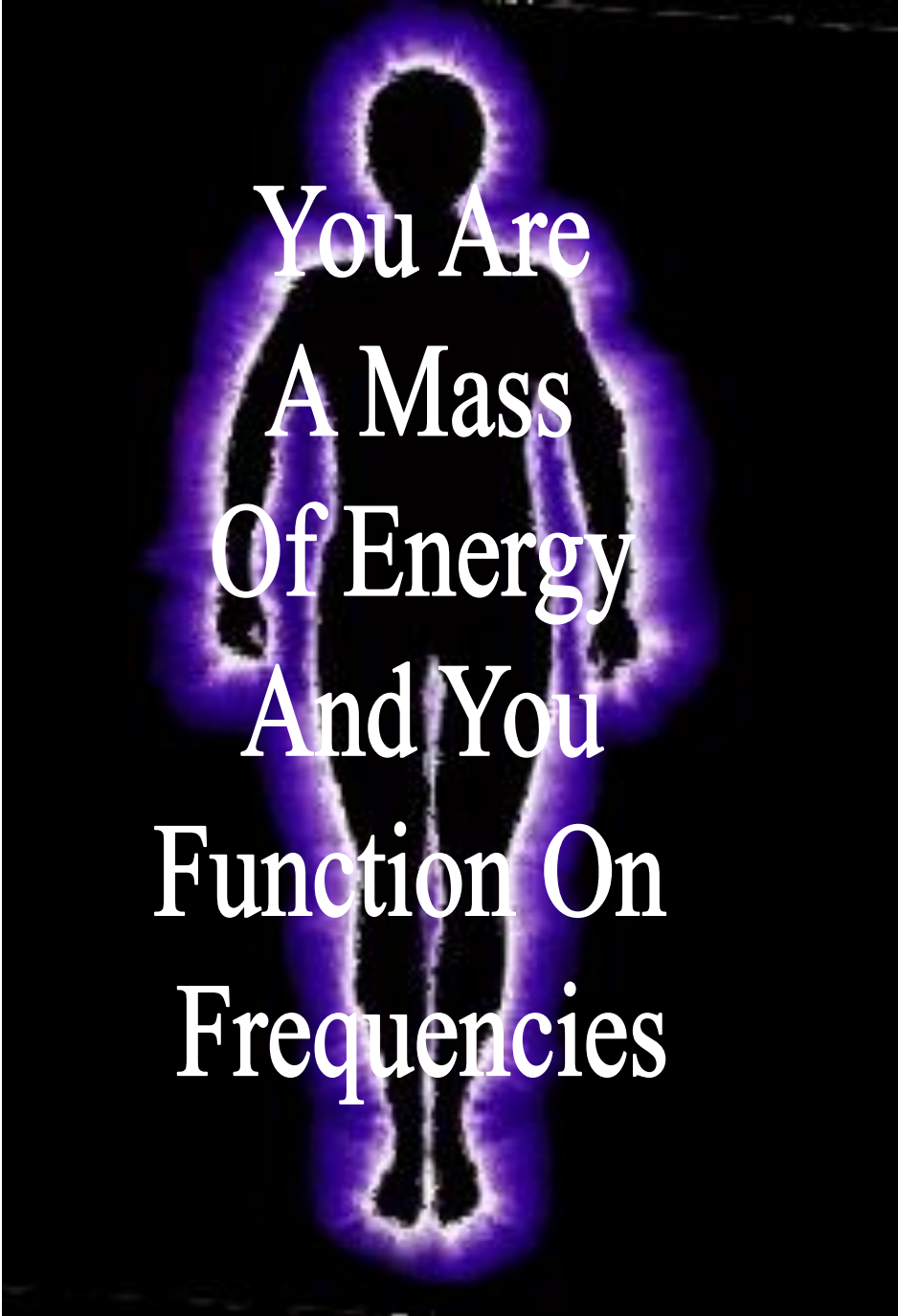
How comfortable are you talking about/wanting money?
(1-10)

How comfortable are you giving your clients your prices?



Reprogramming Your Money Paradigm

- Money is energy:
 - Be of service to others
- Money in exchange for service (money is earned):
 - What is the good your service/product brings
- Money (good v's bad):
 - More of what you already are
 - See the greater good outside of yourself
- Cultural Paradigms re money



You Are
A Mass
Of Energy
And You
Function On
Frequencies

The Law of Vibration: The Power of Thought

- Rates of vibration are referred to as frequencies
- Everything is in a constant state of vibration (motion/movement)
- Energy is manifested in varying degrees of vibration
- The HIGHER the frequency, the more potent the force
- Thought is one of the highest forms of vibration



X

X

Take an honest look at where you are in your life...
you can see how you got there.

" In absence of clearly-defined Goals,
we become strangely loyal to performing
daily trivia, until we ultimately
become enslaved by it."

Robert Heinlein

X

**“You can’t connect the dots looking forward;
you can only connect them looking
backwards. So you have to trust that the dots
will somehow connect in the future.”**

Steve Jobs

X



Go to

www.mindsetsuccessstrategies.com

To book a 30 min call with me

086 467 6099

ANNEMARIE  *Graham*

MINDSET SUCCESS STRATEGIST



Evaluation & Feedback
is important.

The QR Code is attached and here is the link
<https://www.surveymonkey.com/r/WQCSMYW>