

Grace to Connect through Color & Creativity



by JoDitt Williams

Connecting with God thru Color & Creativity

First thing you need to do to prepare for my workshop is to gather the following supplies:

- **Print pages 6, 7 & 8 of this handout.** I suggest printing the coloring page on cardstock.
- **Something to color with.** This can be colored pencils, markers, gel pens, watercolors, highlighter pens, etc. (or any combination thereof)
- **Something to write with.** Any type of pen or pencil will do.
- **A blank piece of paper,** preferably a heavier weight paper, especially if you plan to use markers or watercolors.
- **Your journal or some lined paper**

Before we begin...

Here's a 4 reasons why I like to use color and creativity to connect with God.

1 - The subconscious mind (what the Bible refers to as the heart) **thinks in pictures**, so using any type of imagery makes it so much easier to connect my heart to his, and to **"hide" God's Word in my heart.**

*I have hidden your word in my heart, that I might not sin against you.
- Psalm 119:11 (NLT)*

2 - I am a very visual learner, so using color and creativity helps me to **"pay closer attention"** to what God is saying to me.

*My child, pay attention to what I say. Listen carefully to my words.
- Proverbs 4:20 (NLT)*

3 - Writing and illustrating words and their meanings helps me to search out the **"hidden treasures"**.

Cry out for insight, and ask for understanding. Search for them as you would for silver; seek them like hidden treasures. - Proverbs 2:3-4 (NLT)



4 - I have discovered that spending time doing something creative helps me **be better prepared** to deal with all of the things life throws at me.

Einstein said, *"The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that*

honors the servant and has forgotten the gift."

Time spent creatively **opens the doors of your heart** for healing, wholeness, compassion and insight to flow in. It is noted for wholeness, relaxation, intuition, insights, awareness and receptivity.

Those who do not make a regular pilgrimage to the storehouse of the creative heart are **ill-prepared** to deal with the issues, concerns, and problems encountered daily.

Unfortunately, creativity skills tend to be the last resource we fall back on when we're stressed.

- Lyn Lasneski, founder of [Your Creative Genius](http://YourCreativeGenius.com)



In the video workshop, I share with you a couple of ways that I use color and creativity to connect with God. But, please keep the following in mind:

- There is no right or wrong way to do this. What I am sharing is simply the process that works for me - in hopes that it will inspire you to try different things to find what works for you.
- The intent is not to create works of art suitable for selling or sharing on Pinterest. It is about connecting with Holy Spirit, "practicing" hearing God, and developing a closer relationship with him. It's about creating WITH God and partnering with him in what he is doing.

*Come to me. Get away with me and you'll recover your life...
Learn the forced rhythms of grace...
- Matthew 11:28-30 (MSG)*



I was struggling to get back into his word and dealing with anxiety on top. This has helped me so much in bringing me closer to my desire to be in his word and gave me an outlet of peace when I was struggling mentally. I would go outside to my "war room" I made and sit and color on my deck, and concentrate on the verse I was coloring....later read in my bible and do some written journaling.

- Mary Suchland

**Print the following pages
to use during this workshop!**

**After the workshop,
[CLICK HERE](#)**

or go to: shop.joditt.com/grace-kit
and enter code: **SAVEDBYGRACE21**

**to Get MORE free resources
to help you
Delight in the Word**

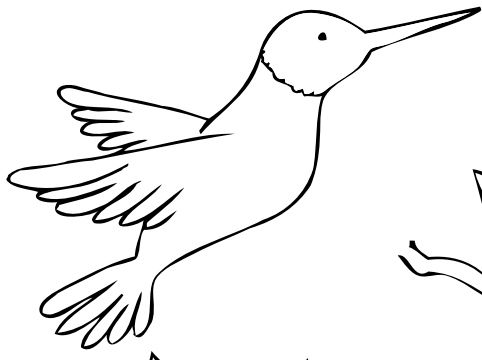
Including the...

Grace Printable Bible Journaling Kit

- * Grace Word Art & Stickers
- * Grace Scripture Memory Cards
- * Journal Cards & Digital Paper
- * More Coloring Pages
- * Scripture Wall Art
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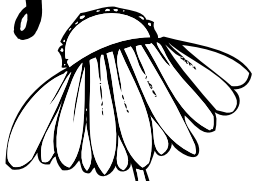


Grace

is

SUFFICIENT

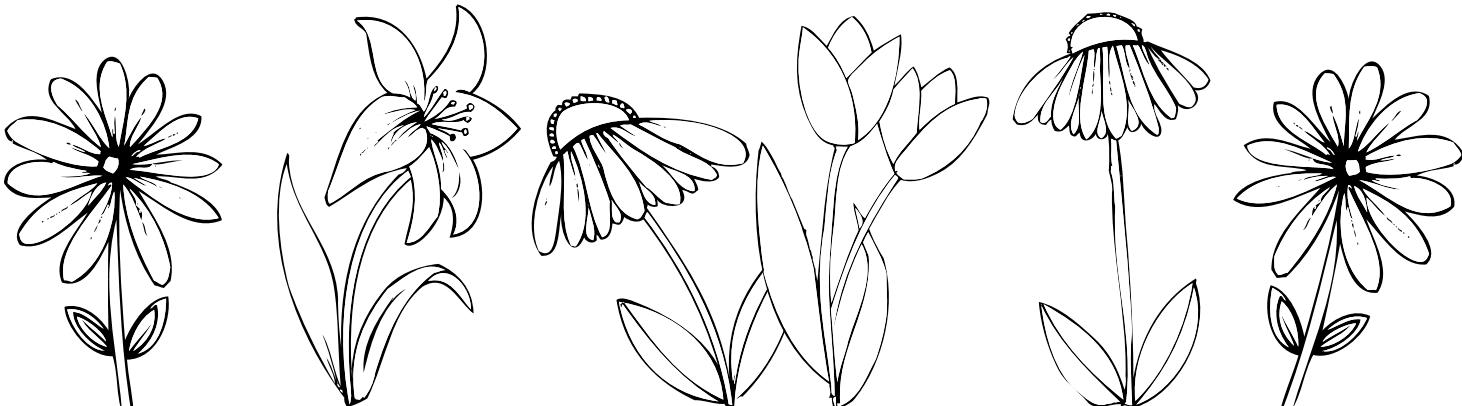
for you...



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2 COR. 12:4

Dear God, thank you that the your grace is sufficient for me in these situations:



GRACE

grace Grace

grace

Grace grace

GRACE GRACE

GRACE grace

Video Workshop Outline

1 - Gather supplies

2 - Choose color palette and begin coloring the page

3 - Listen to these Scriptures about grace

- But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.
- 2 Corinthians 12:9 ESV

- But he answered me, "My grace is always more than enough for you,[a] and my power finds its full expression through your weakness." So I will celebrate my weaknesses, for when I'm weak I sense more deeply the mighty power of Christ living in me. - 2 Corinthians 12:9 TPT

- Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. 29 Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. 30 For my yoke is easy to bear, and the burden I give you is light." - Matthew 11:28 - 30 NLT

- "Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly." - Matthew 11:28 - 30 MSG

- And the Word became flesh and dwelt among us, and we beheld His glory, the glory as of the only begotten of the Father, full of grace and truth. - John 1:14 NKJV

- And God is able to make all grace abound toward you, that you, always having all sufficiency in all things, may have an abundance for every good work. - 2 Corinthians 9:8 NKJV

- Yes, God is more than ready to overwhelm you with every form of grace, so that you will have more than enough of everything[a]—every moment and in every way. He will make you overflow with abundance in every good thing you do. - 2 Corinthians 9:8 TPT

- Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

- Hebrews 4:16 NKJV

- So now we come freely and boldly to where love is enthroned,[a] to receive mercy's kiss and discover the grace we urgently need to strengthen[b] us in our time of weakness. - Hebrews 4:16 TPT

Definition of grace:

God's empowering presence,
which enables us to BE who He says we are.

4 - Draw / hand letter the word GRACE on a blank piece of paper.

- Draw it to express how you feel about grace.
- See examples on page 8.
- Write the definition of grace.
- Write anything else that caught your attention during this session.
- Later, add color & creativity *See page 12 for ideas.

5 - Get into agreement with God

- Using the journal page, write out your situations that God's grace (His empowering presence) is sufficient for

- Now picture yourself coming boldly before the throne of grace, receiving grace from God.

- What does it look like?

- How do you feel?

- Pray this outloud: Father God, thank you that your grace (Your empowering presence) is sufficient for me in my situation concerning (_____). I come boldly, with confidence before your throne of grace. I ask you for grace and I receive your grace (Your empowering presence) in abundance.

- Now come back to that first situation on your list. See Jesus with you, and see yourself FULL to overflowing with grace (God's empowering presence.) Now how does the situation feel to you? Has your response to the situation changed?
- Did you go from stressed to joyful? hard to easy? fearful to brave?
- Journal all of this on a separate piece of paper.
- Repeat for each situation on your list.

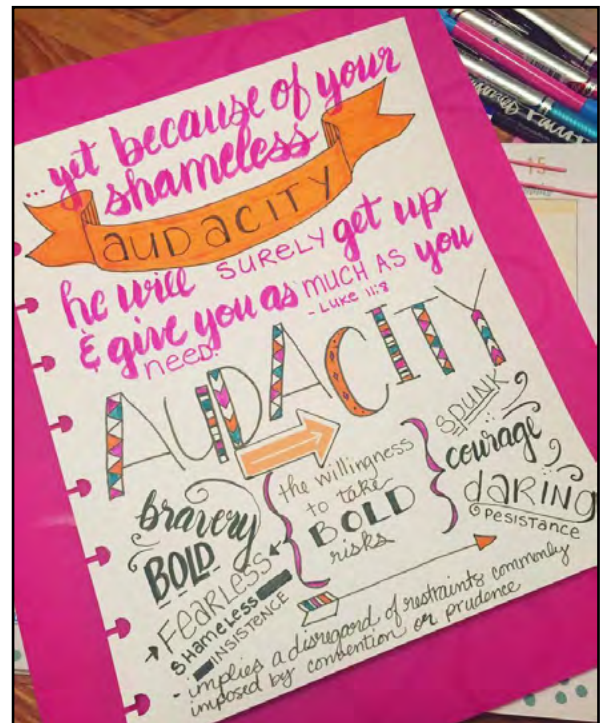
8 - Observe your coloring page

- What did you color first? Why?
- Why did you choose the colors you did?
- What style of coloring did you employ? (light, dark, bright, vibrant, detailed, simple, realistic, whimsical, fun, beautiful, etc.)
- What feeling/emotion/mood does the colors and style you used portray?
- Does your page accurately reflect how you feel about this verse and/or grace in general?
- If not, print another page and color it so that it does

EXTRA CREDIT!!!

Enter to win a \$20 gift card to my [JoDitt Designs Online Shop](#) by doing one or more of the following...

- Post pics of your pages, process and/or take-away from the workshop on social media and tag me.
(@jodittw on Instagram; @JoDitt Williams on FB)
- Share in my [Delight in the Word Facebook group](#). [Click HERE to join](#).
- If you are not on social media, email your pages and/or take-away to me at jdw@joditt.com.



Ideas for Adding Color & Creativity to Your Illustrated GRACE Pages:

- Create a colorful background using watercolors or colored pencils, then add your writing on top.
- Use colored or patterned scrapbook paper for the background, then cut and glue your writing on top.
- Use colored pens, pencils or markers to write with - adding lots of color as you go.
- Write in black, then add color inside letters, outline words with color, and add squiggles, frames, dots and doodles.
- Use colorful journal cards, or cut out squares, rectangles or circles out of colored or patterned paper. Glue them onto your page, then write inside them.
- After you've done all your writing, embellish your page with stickers.



Get the Floral Journal Cards shown above + the entire GRACE Bible Journaling Kit for FREE.

YES, GIVE IT TO ME!

More Resources

- Want to practice connecting with Holy Spirit through coloring? Check out the [Coloring for Adults section](#) at **JoDitt Designs Shop**. It includes:
 - [Delight in the Word of God Devotional Coloring Book](#)
 - [I am Enough Self-Control Bible Study & Coloring Prayer Journal](#)
 - [Choose Joy Coloring & Creativity Kit](#)
 - and much more!
- Want to learn more about color palettes? I go in depth on this in [How to Pick the Perfect Color Palette](#) (online course.)
- Want to develop your coloring, lettering and art skills? You might like [Coloring & Bible Journaling for Beginners & Beyond](#) or [Creative Coloring Techniques - Grace Edition](#)
- Want more inspiration & encouragement? [Check out my BLOG at joditt.com](#)



**Want to join my
Delight in the Word with JoDitt Facebook group?
YES, LET ME IN!**