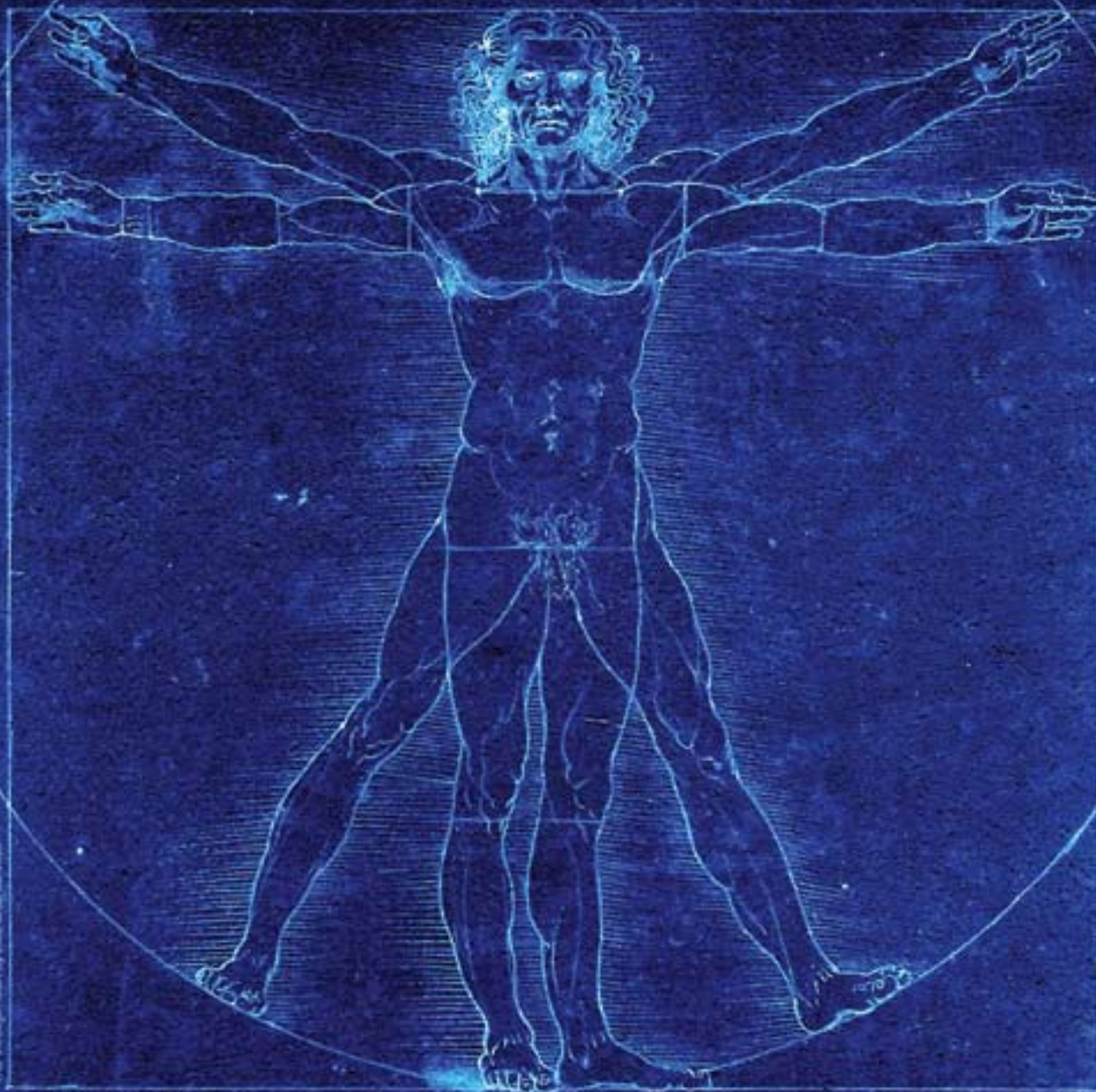


Since 1988

TOOLS FOR WELLNESS[®]

Live Smarter[®]

Take Control of Your Health



The Vitruvian Man by Leonardo da Vinci

ToolsForWellness.com

1-800-456-9887

Sleep

SLEEP MASK WITH BUILT-IN NOISE REDUCTION

Sleep Master is adjustable, comfortable surrounds your head and covers your ears, blocking both light and sound ... allowing you to fall asleep quickly, leading to a deep and refreshing sleep.



Now, you won't have to worry about using ear plugs which tend to constantly fall out with head movement.

Sleep Master was invented for people with sleeping difficulties, for those who just enjoy napping during the day or while traveling, and even for those whose partners watch TV or read late into the night.

One-size-fits-all, lightweight and compact so you can take it along with you. Very affordable so you can have more than one.

#34014 Sleep Master \$24.95

LISTEN TO THE SOUNDS OF YOUR CHOICE PRIVATELY, IN TOTAL COMFORT, WITHOUT HEADPHONES A PILLOW SPEAKER SYSTEM THAT EVERYONE CAN ENJOY



Place Pillowsonic under your pillow cover, connect your sound source and enjoy. Two quality speakers are enclosed at both ends of a 14" long soft, thin cushion, that is then placed inside your pillow cover or under the pillow itself. Complete with a 6' cord.

Connect to your radio alarm clock, and awake without disturbing your spouse.

Excellent for the elderly, those with autism, ADD, college students in dorms and for hospital patients who share a room. CD player not included

#82058 Pillowsonic Stereo Pillow Speaker System \$29.95

Buy 2 and SAVE! \$26.95 each

For restful sleep, see page 60 for SLEEP MATE noise conditioners.



THE LITTLE SLEEP MACHINE

Pre-loaded with 3 hours of music embedded with Delta wave frequencies, for a deep, restful sleep. From Dr. Jeffrey Thompson. Ultra-lightweight, tiny (3½ x 1½"). With earbuds and battery.

#21411 The Little Sleep Machine \$29.95

A SOUND SLEEP WITH HEMI-SYNC

On side 1, verbal guidance relaxes you while Hemi-Sync sound patterns from The Monroe Institute guide you into a totally refreshing Delta sleep.



Side 2 features soothing sound effects embedded with Hemi-Sync to continue your deep sleep cycle. 70 minutes.

#62507 Sound Sleeper \$19.95

POWERFUL SOUNDS FOR DEEPER SLEEP

Guides you into deep Delta brainwaves, the home of deep sleep. Includes two programs of soothing music and frequencies, forest and ocean sounds. 2 hours. 2 CDs



#46022 Delta Sleep System \$19.95

RELAX AND GET RESTFUL SLEEP

90% of individuals report that its use leads to deep relaxation within 5-10 minutes. Superb, restorative sleep is achieved in about 30 minutes. The Relaxmate does not employ sound, just light pulses. It uses a specific bandwidth of frequencies and color saturation determined to be the most effective. Used 30-40 minutes a day induces mind-body states associated with lower blood pressure, headache relief, reduced anxiety, improved digestion, and an overall reduction in stress-related illness.



You can fine tune your sessions with brightness, color spectrum and frequency controls. The lower frequency range (1-7 Hz) makes it much more comfortable to use than other more complex machines. Has a 20-60 minute timer. By regulating the length of the sessions, it can also be used to boost energy and improve concentration. Developed by Norm Shealy, M.D., a pioneer in light therapy. Battery operated.

#45017 Relaxmate II \$149.95

SAY GOODBYE TO BLURRY MORNINGS— WAKING UP HAS NEVER BEEN EASIER

Worn like an everyday watch, Sleep Tracker is ideal for anyone who wants to wake up alert and ready to start the day, such as frequent travelers across time zones business people looking for an extra edge, students with fluctuating schedules, or busy moms who need to wake up easily.



Sleep Tracker puts an end to that tired feeling. Once you set the alarm window, it monitors your body and continuously looks for your optimal waking times so it can wake you at just the right moment. You won't feel so tired in the morning and you'll get a few extra minutes out of your day.

The new Sleep Tracker has several additional features over the older model: longer adjustable alarm window, longer sleep data collection time, ability to download sleep data via a USB connection to your PC, and you'll be able to review sleep history with the included software. It also offers three alarm choices.

#26340 Sleep Tracker Watch \$179.00

RESTORATIVE SLEEP

Includes three programs:

- The 22 minute vacation: Generate deeply rejuvenating states of body and mind
- The 22 minute nap: A quick period of rest when you feel sleep deprived
- Sweet delta: A full, revitalizing night of sleep



68 minute CD.

#45722 Deep Rest \$16.95

MUSIC FOR SLEEP

A clinically proven musical system that helps you fall asleep, stay asleep and wake up rested and refreshed.



Peaceful musical soundscapes blended with Delta wave pulses quiet your mind and lead you into deep restorative sleep. 4 CDs; 4 hours.

#62192 Music For Sleep CD \$29.98

Individual results from products may vary. These products have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease.

Read about these and other products

ONLINE

ToolsForWellness.com

AN EXCITING, NEW APPROACH TO INSOMNIA AND OTHER SLEEP PROBLEMS



The "sleeping golden triangle" is located on the inner wrist and is responsible for calming the body, stress relief and sleep inducement.

DreamKeeper is a sleep aid device designed to help improve sleepiness as well as sleep quality and length. It is based on traditional Chinese acupuncture principles which have been proven as an effective solution for insomnia for more than 5,000 years. The DreamKeeper stimulates the median nerves on the inside of the wrist through gentle electrostatic pulses and adjustable vibration. The median nerves (P6 or Point 6 —Neiguan in acupuncture) have been shown to affect the nerve stimulation responsible for relaxation. In addition, the DreamKeeper offers a Breath Synchronization Program, which uses an innovative prolonging message frequency to guide your breathing pattern into that of a person falling asleep. This improves sleep disorder problems when used daily for 30 minutes before sleep.

The DreamKeeper aims to be a drug-free solution to sleeplessness and/or frequent awakening during the sleep cycle. It is non-invasive, non-addictive, and has no side effects.

Ideal for shift workers, frequent travelers, and insomniacs, this easy-to-operate wristband is worn on the inner left wrist for 30 minutes daily before going to sleep. The relaxation training helps normalize the body's biological clock into a natural sleep rhythm. Owning a DreamKeeper is like having a personal acupuncture doctor at home to treat you daily.

The Breath Synchronization Program is designed to help reduce stress and enhance relaxation and sleepiness. This program trains you to match your breathing pattern to that of a person in their pre-sleeping breathing pattern, causing your body to relax and gradually fall asleep.

Each vibration stimulates inhaling and exhaling, following the pace of the vibration. The vibration patters will progressively and precisely slow down, paralleling that of a person falling asleep.

- No tingling or pain caused by delivering electronic current to the skin (as opposed to a TENS unit which does that)
- No drug-like side effects. Helps you fall asleep in a natural manner
- Sleep-aid using a natural physical way
- The Breath Synchronization Program may calm down the sleeper immediately
- Sleep quality may improve (wake up feeling refreshed)
- Easily fall back asleep during the middle of the night; reduces the awake time and frequency
- Total sleep time will increase (Average 78 minutes)
- Fall asleep more easily



The DreamKeeper's mechanism is based on the principles of traditional Chinese medicine. Acupuncture is effective in improving sleep disorders but the needles frighten most insomniacs. DreamKeeper uses the electrostatic pulses and vibration, which act specifically on P6 acupoints as suggested by traditional Eastern medicine, known to alleviate stress and sleep better. It also combines attitude relaxation with massage and the Breath Synchronization Program, which guides your breathing pattern into becoming that of a person falling asleep by an innovative prolonging message frequency to provide a physical way to help people sleep well naturally. By wearing the DreamKeeper on the P6 for 30 minutes daily, before bed, you will soon rediscover your sweet dreams again! Includes: batteries, user guide and case.

IT IS, PERHAPS, THE MOST CREATIVE NEW SLEEPING DEVICE THAT WE HAVE SEEN IN MANY YEARS

#99870 DreamKeeper \$119.99

A GREAT WAY TO SHUT YOUR STRESS AND WORRIES OUT AND JUST GET SOME WONDERFUL SLEEP

Have you ever been lying awake in bed when you should be sleeping? You're tired but you can't switch off your mind and get to sleep? You're thinking about everything you have to do tomorrow, and all you didn't get done today, but worst of all, what's keeping you awake is worrying about how you can't fall asleep.

Put on this Glo to Sleep Mask, gently raise your eyes upward, hold your gaze on a soft blue Point of Glo that appears inside your mask, and breathe deeply.

Your thoughts will slow and your mind will clear.

Tension will leave your body. You will become deeply relaxed and quickly be asleep. Some users report it seems to use the principles of self-hypnosis and meditation to lull you to sleep. Some say it's like magic.

It is like no other sleep mask.

#82007 Glo to Sleep Mask \$59.95



A MAGNETIC MATTRESS PAD FOR DEEP ENERGIZING SLEEP

Our magnetic mattress pad is the best and easiest way to bathe your entire body in an all-north pole magnetic field. Strong grade VIII ceramic magnets are spaced in a 4" grid over the entire surface of the mattress pad, each giving over 8" of field penetration.

The pads are covered in "loom state" fabric imported from Belgium and the quality is immediately apparent to anyone who touches it. The binding is color coordinated to match the cover and the whole pad has a non-skid backing. They are slightly narrower and shorter so they will fit on the mattress without overhang and can be covered with a conventional mattress pad to help prevent soiling.

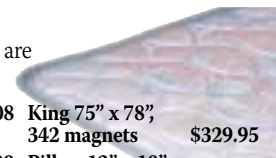
Every pad is checked to be certain the magnets are arranged so that the North poles face the body.

- #48304 Travel 30" x 72", 119 magnets \$159.95
- #48305 Single 37" x 73", 162 magnets \$179.95
- #48306 Full 52" x 73", 234 magnets \$229.95
- #48307 Queen 59" x 78", 266 magnets \$279.95

- #48308 King 75" x 78", 342 magnets \$329.95
- #48309 Pillow 12" x 18", 18 magnets \$29.95

Additional \$15.00 each for shipping except pillow. Rush/Express service not available.

Continental U.S. delivery only. Non-returnable



SLEEP LIKE A BABY!

Fall asleep faster and stay asleep until it's time to wake up. Wake feeling refreshed and well rested. Heightens REM sleep and improves mood, diminishes irritability. Melatonin, 5-HTP, Choline, and Rhodiola Rosea.

#72016 SleepTight 90 capsules \$18.95



Not for use by children, pregnant or lactating women, or those under 40.

DREAMCATCHER

Drift gently into the mystical dream state with soothing ambient music, calming water sounds and Hemi-Sync sound technology. Its shamanic influence makes it useful for powerful meditation, also. CD #45011 Dreamcatcher \$19.95



OPEN 24/7

Sleep

AWAKEN SHARP AND YOU'LL THINK SHARP! GET A GOOD NIGHT'S SLEEP

OUR MOST POPULAR SLEEP CD AND NO AFTER EFFECTS

The harmonic blend in this 74 minute CD embodies a complex harmonic blend that is embedded at a much lower level than the audible filtered "pink noise" that you hear.

- Reduces the time to fall asleep
- Enhances the quality of sleep; allows you to have good night of natural, peaceful, and deep sleep
- Effective for persons with high stress and pain.
- No side effects

Use for 15 minutes prior to retiring for the night or can be played continuously throughout the night with your CD player set on "continuous play".

#22150 Harmonic Sleep CD \$19.95



SLEEP PILLOW WITH IMPROVED SPEAKERS



2 Speakers located inside

Sleep pillows have become very popular with our customers, so we decided to offer another model ... this one with better speakers producing clearer, top-notch sound.

These pillows are just right for sleeping, napping, traveling, noisy sleep environments, audio books, meditation CDs, learning programs and to isolate the sounds of air conditioners.

There are two ultra-thin speakers positioned deep within the pillow;

they are removable for washing the pillow. You can connect just about any audio source, including iPods and MP3 players. FREE with purchase: Our very popular HARMONIC SLEEP CD, a 74 minute blend of sounds designed to allow you to fall asleep quickly and give you deep, refreshing sleep. We have sold this CD for many years at \$19.95. Includes 20" x 26" pillow and 6' cord.

#51103 Sound Oasis Sleep Pillow System \$49.95

ADJUST YOUR BODY CLOCK WITH THE BLUE LIGHT SLEEP SYSTEM

The natural Circadian rhythm that regulates your body's sleep cycles can be thrown off by spending more time indoors as we age. Young children can experience difficulty falling asleep and experiencing a restful slumber. Instead of seeking relief from potentially dangerous drugs, many people are looking for natural alternatives.

The new TwiLight Mini Ultra Blue Light Therapy System provides excellent blue light exposure that has been shown to optimize the re-calibration of the body's Circadian rhythm. Placing this light in the bedroom and turn it on for 30 - 60 minutes prior to falling asleep will help you fall asleep faster and provide more restful and effective sleep patterns for all ages.

The lamp is cool to the touch, so it's safe to use. Flicker-free, no-buzz bulb. 12" high. 3 year warranty.

#62503 TwiLight Blue Light Sleep System \$89.95

#62504 Replacement bulb \$24.95



ENJOY ENERGIZED SLEEPING AND MEDITATION

This pyramid, an exact model of the Cheops Pyramid, is designed to hang over your bed or meditation area for incredible rejuvenation effects and altered states of consciousness. The alloy shafts are charged with a 1,000,000 volt Tesla Coil Pyramid Charger. All eight precision alloy shafts vibrate freely and are held to exact Cheops angles with pyramid shaped jewel-like connectors. This pyramid is designed to hang and move freely so it can lock in on any broadcasted electromagnetic energy. This pyramid expands awareness, dreams, sexual pleasures and well-being. Because of its ultra light weight, it can be easily moved from one location to another. The 42 1/2" size is not by chance; research has shown that this particular size will

collect and radiate very strong "life force" energy. All eight shafts can vibrate freely receiving high energy fields much like a television antenna. Some assembly is required; it's easy and can be done in a few minutes. A precision compass is included.

#83157 42 1/2" Mothership Pyramid Sleep System \$249.95



THE POWERFUL 9 PYRAMID MATRIX SLEEP SYSTEM "THE ATLANTIAN NINE"

The nine pyramid matrix technology works like a giant lens which focuses the more powerful energy fields discharging off the tops of 9 pyramids to a point of concentrated energy below. There are 8 platinum anodized pyramids plus the center 30" collector pyramid which is gold anodized. Users report more restful and balanced sleep, heightened energy and healing, increased dreaming, awareness, rejuvenation and increased sexual pleasure. The aluminum-titanium alloy shafts are charged with a powerful 1,000,000 volt Tesla Coil Pyramid Charger to produce a very high energy output. Some assembly is required; detailed instructions are included. Be aware that this is a very powerful energy matrix; the name was inspired by Atlantis.

#84011 9 Pyramid Matrix Sleep System \$299.95



VERY EFFECTIVE SLEEP CDs USING BINAURAL BEAT TECHNOLOGY

This trains your brain to fall asleep more easily. A scientific digital modulation process inserts precise pulses, beats and modulations that your brain hears and responds to. Wake the next day energized, alert and more productive.

Use on a CD player or download to your iPod or MP3 player.

#82002 Easy2Sleep CD \$19.99



NAP26 has the same technology as Easy2Sleep, but is geared to the 18-35 age group who wants to learn how to nap.

NASA studies proved that a precise 26 minute nap improves energy and alertness in airline pilots. It is designed to relax and then awaken you ready-to-go.

#82003 NAP26 CD \$19.99



ARE CELL PHONES HARMFUL?



1/2" Diameter

Attaches to phone with self adhesive backing

Actual color of Diode may vary slightly

While it is still too early to determine long term adverse effects of using cell phones ... some recent findings indicate the following about cell phones:

- During usage, heart rate and hormone secretion is accelerated
- Usage should not be for prolonged periods
- Tests show the Cell Phone Diode reduced EMF radiation by over 90%, causing a decrease in the biological stress caused by cell phone EMF radiation. The Cell Phone Diode is also effective with:
- Cell phones, cordless phones and charging stations.
- Beepers, pagers, and hand-held electronic games.
- Blow dryers and electric shavers.
- Watches and digital alarm clocks.
- Other small electrical appliances.

#62520 Digital Cell Phone Diode \$29.95

Buy 2 and SAVE! \$27.95 each

A warning, dated July, 2008 on cell phone danger was issued by Dr. Ronald B. Herberman, director of the University of Pittsburgh Cancer Institute: Children should use cell phones only for emergencies because their brains are still developing. Adults should keep the phone away from the head and use the speakerphone or a wireless headset. There was also a warning against using cell phones in confined public places like a bus or train, because it exposes others to the phone's electromagnetic fields. It was suggested that we shouldn't wait for more definitive studies to come out, but err on the side of being safe rather than sorry later.

EMF HOME AND OFFICE PROTECTION KIT

This assortment of products offers protection from the many forms of chaotic information assaulting our bodies every day. They are most effective when used together to establish a peaceful, stress-free environment. Each product addresses the issue in very specific ways to clear and protect one from

detrimental electromagnetic fields, earth radiations, as well as other harmful energies.

Here's what is included:

- Safe Space I (see description on this page). Clears 1000 ft. radius in all directions.
- Energy Strip (see description on this page) for clearing water and electrical lines, fuse boxes
- Georesonators to heal toxic earth energy on outside property. When planted at the edges of a house, a healing life supportive energy field is carried through the soil and the atmosphere. Pack of 4
- Safe Space II clears laptops, vehicle interiors, and small areas. Clears 9 ft. radius in all directions.

• Cell Phone Diode (see description on this page)
#83213 EMF Home and Office Protection Kit \$284.95



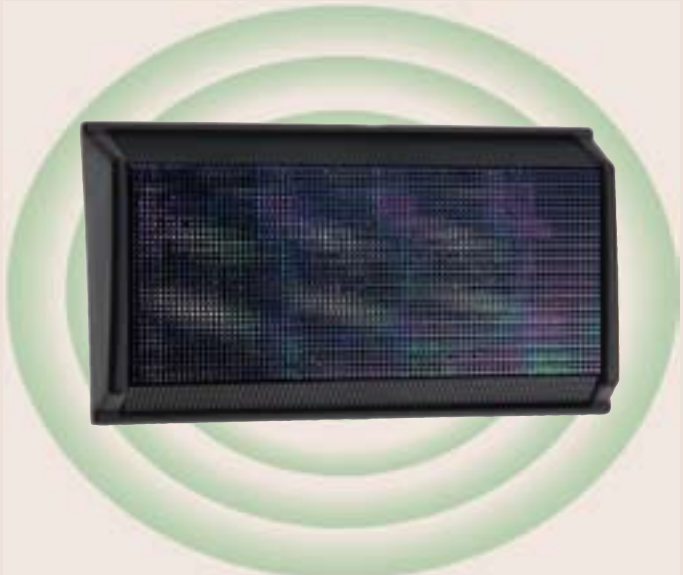
EMF ENERGY STRIP

This 4" x 1" tape repolarizes the subtle energy matrix in electricity to a coherent, life-enhancing state. You will help to restore equanimity and balance to you and others.



#83214 EMF Energy Strip \$49.95
 Buy 2 and SAVE! \$46.95 each

PROTECT YOUR WHOLE HOUSE FROM EMF THE MOST EFFECTIVE DEVICE WE'VE COME ACROSS



Put this small device (4" x 2 1/2") in a house (up to 3000 sq. ft.) and you'll notice the difference in 1-2 days. People as well as plants and animals will benefit when your space is energetically restructured, thereby restoring a feeling of harmony to the area. Users report a tangible change in the atmosphere or air quality, resulting in improvements in vitality, behavior and a general sense of well-being. As a result of a harmonious flow of positive energies, most people say they feel calmer, relax easier, become more creative and sleep better.

The Safe Space device realigns environmental fields, quickly, effectively and permanently as long as it is kept in place. It is self energized and works without electricity. The Safe Space's holographic grid emits light waves that cause detrimental EMFs to collapse and dissipate. It is permanently encoded and cannot be weakened, altered or neutralized. It also has a purifying effect on the area. We have many, many satisfied customers and can recommend this to you without hesitation.

#46005 Safe Space \$109.95

HIGH POWERED DIGITAL DIODE FOR COMPUTER AND BLACKBERRY USERS AND APPLIANCES

We have been offering a cell phone diode for several years and it is used by thousands of satisfied customers. We are pleased to present a new diode for high energy applications. It is designed to neutralize the harmful EMF radiation emitted by:

- Blackberry and other sophisticated hand-held devices
- Television receivers
- Computers: laptop and desktop
- Microwave ovens
- Large electrical appliances
- Fluorescent lights
- X-Ray machines



1" Diameter

This highly concentrated diode formula offers a broader range of protection in the higher frequencies which are present in today's modern digital equipment. It is contained on the back of a 1" diode circle that has an adhesive back for easy positioning.

#83196 High Powered Digital Diode \$34.95

Buy 2 and SAVE!
 Only \$32.95 each



EMF Protection

EMF IS ALL AROUND YOU

Power lines, microwave transmission towers, satellite TV signals and in your home: kitchen ranges, microwaves, lectric blankets, hair dryers, fluorescent bulbs, televisions, appliances and power tools.

MEASURE EMF ACCURATELY

The TriField Meter is the only meter that combines measurement capability of electric, magnetic, radio, and microwave frequencies. The electrical setting is used to see if appliances are well grounded. Some older appliances may not be. Even water pipes can carry an electrical charge.



The magnetic setting is used around electronic equipment to measure how far the field extends. This setting is also used to check high tension wires and fuse boxes. Then, you can set up a safer office, home, and sleeping environment with this knowledge.

The microwave setting is used to check cell phones, wireless phones, remote controls, and microwave ovens, and radio towers.

This is the most accurate, least expensive device we have found and it is so simple to use. Just turn the dial to one of the three settings, and walk around your home or office. 2-3 milligauss is the limit proposed by many health and engineering professionals. A red band on the meter shows you when this limit is reached. Includes 1-year limited warranty, 9v battery, and instructions. Calibrated to U.S. current.

#46003 TriField Meter \$159.95

"WHAT'S YOUR PROBLEM?" CAN'T SLEEP? TOO MUCH NOISE? CAN'T UNWIND? WANT MORE PRIVACY TO YOUR CONVERSATIONS?

The remarkable "white noise" sound effectively masks unwanted noises and creates a sense of calm, making it easier to concentrate, relax and/or sleep. This popular and very economical sound conditioner is widely used for restless sleepers and to overcome appliance noises and the constant din of air conditioners. With the widespread use of office cubicles, our sound conditioners are used to effectively mask conversations to allow for better concentration.



They create a consistent, smooth sound of rushing air. Tone and volume of the sound are regulated by simple controls.

We've sold a lot of these to thousands of satisfied users, and we recommend it enthusiastically. The units are durable, lightweight and are providing many years of reliable service.

The durable beige plastic housing is suitable for use anywhere and it occupies only 6" of space; 3" high. AC operation.

#63041 White Noise Machine 2 speed \$56.95

Buy 2 and SAVE! \$49.95 each

Share Us With A Friend

Help someone else enjoy the life-enriching products at **TOOLS FOR WELLNESS**. Send us their name and we'll rush a catalog to them.

EMF PROTECTION WITH HEALING COLORS



Healing Colors contains embedded frequencies that may help protect the human body from EMF radiation. It takes, on average, only 7 minutes of watching Healing Colors for the person's energy fields to become harmonized and resistant to the detrimental effects of EMF.

Included is an easy-to-follow, informative color and chakra guide. The DVD plays on a continuous loop for endless enjoyment!

Color therapy and chakra therapy are techniques of restoring balance to the body through the use of color. Each color has a specific vibration that affects human cells. These energy fields can be seen by energy field imaging, which allows us to obtain color graphic images of the energy field in and around the body. This DVD shows where each chakra is located in the body and also incorporates the color associated with each chakra. Individual color therapy allows you to concentrate on specific energy fields that need additional attention and harmonizing. Included is an easy-to-follow, informative color and chakra guide.

#99859 Healing Colors Color Therapy DVD

\$24.95

PROTECTION FOR WIRELESS HEADSETS

This concentrated 1/4" adhesive disk is attached to even the smallest Bluetooth or wireless headset. Wireless listening devices magnify and compress their EMF radiation, so this diode's formula has been magnified to neutralize the harmful EMFs.



#62217 Wireless Headset Diode

\$69.95

EMF PROTECTION IN THE CAR

Plugs in to your cigarette lighter. Typically, cars create 30-40 milligauss field, far above what is accepted as safe. Guards against EMF radiation generated by the rapid firing of spark plugs and absorbed by the car's metal parts.



#46004 Car Polarizer

\$51.95

FREE MERCHANDISE CERTIFICATES

WHEN YOU ORDER FROM TOOLS FOR WELLNESS

- With your order of \$175 —We'll enclose a \$5.00 merchandise certificate
- With your order of \$550 or more—We'll enclose five \$5.00 merchandise certificates
- With your order of \$275 —We'll enclose two \$5.00 merchandise certificates
- Use these certificates to save on your future orders or give them as gifts.



Harmonize the Body's Energy Fields

Beautiful Pendants for Emotional Balancing and EMF Protection



**Phyllis Light
Ph.D.**

Phyllis Light developed this breakthrough technology after 30 years of research and development. Dr. Light has been trained to detect and repair subtle kinds of damage to a person's energy field which cause physical and ultimately mental and emotional distress. Written testimonials from satisfied users can be found on our website.



The powerful Rejuvenizer pendant is designed to protect your body and energy field from the negative effects of EMF pollution and emotional distress. The Rejuvenizer has specific programs stored within the structure of the dichroic fused glass that performs particular protective and healing functions.

- Removes negative charges stored in the body from years of exposure to EMF signals
- Strengthens energy fields
- Helps normalize the body from the effects of environmental toxicity. Specially encoded by Dr. Phyllis Light. Benefits are cumulative over time.

Individually handcrafted; no two are alike. Comes with a black satin cord, suede carrying pouch, and instructional CD. 1" long x 3/4" wide.

- | | | | | | | | |
|--------|---|--------|---|--------|---|--------|---|
| #99934 | Caribbean Seas: Sparkly pastel rainbow colors on aqua blue background \$159.95 | #99933 | Cobalt Magic: Deep cobalt blue and purple with specks of pink \$159.95 | #48334 | Rainbow Nights: Like Tropical Isle, but with pinks and purples \$159.95 | #99931 | Shimmering Mint: Pastel rainbow colors on mint green background \$159.95 |
| #71074 | Celestial Sky: Periwinkle, aqua and pink \$159.95 | #41062 | Golden Sunrise: Blue, green, gold and hint of pink \$159.95 | #71077 | Opalescent: Silver, white, aqua \$159.95 | #48335 | Tropical Isle: Green, gold and copper \$159.95 |
| #41061 | Purple Majesty: Purple with hint of emerald \$159.95 | #99844 | Midnight Blue: Deep cobalt blue, purple and black \$159.95 | #99932 | Rose 'n Lilac Mist: Pastel pink and purple on a transparent base. Colors are subtle \$159.95 | #83195 | Red Passion: Deep ruby reds with a splash of orange, yellow and fuscina \$159.95 |

The REJUVENIZER can help you overcome the fatigue and exhaustion that often results from exposure to EMF. Clears old negative charges that have accumulated in your body over the years. Strengthens body's immune system and allows you to have more energy. Many users report a decreased frequency of illness.

BALANCE THE MIND AND BODY WITH A SACRED GEOMETRY EXPERIENCE

The outstanding software (CD-ROM version) may be used as a powerful tool for achieving expanded states of awareness as well as a stunning screen saver. It doesn't just look and sound like a multi-textured shamanic experience, it actually feels like one.

lightSOURCE 2008 edition with Deep Time Dreaming and Hemi-Sync journeys to a zone beyond time and space where the mind becomes empty and Spirit becomes manifest. It produces profoundly deep meditative mind states that reduce energy blockages and harmonizes the mind and body to be in sync with the "outside world."

From The Monroe Institute, these designs are literally brought to life through exquisite technological artistry ... connecting you within the very heart of creation.

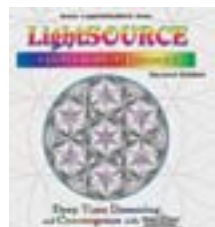
lightSOURCE is available in two versions:

- **lightSOURCE CD-ROM** is a screensaver program that combines a stunning visual display of animated geometrical shapes that turn and transform to the sounds of Hemi-Sync® Metamusic® soundtracks Remembrance and Higher. Easy to install, and a beautiful way to take short, rejuvenating breaks during a hectic work day at the office or home. Haven't you wished many times "to get away from it all?" This new version is more mesmerizing than ever.
- **lightSOURCE DVD** is available with the Metamusic title Higher, featured in 5.1 Surround Sound for your audio or home theatre system. Not a screen saver, but the same images will appear when you play this DVD.

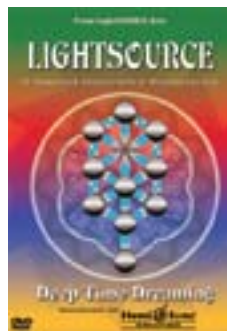
Contains 13 of the most favorable Sacred Geometry forms. When you enter the world of lightSOURCE, you will recognize, as never before, the wonderfully patterned beauty of the natural world. 74 minutes.

THIS IS AN OUTSTANDING PROGRAM FROM THE WORLD-FAMOUS MONROE INSTITUTE ... IT IS UP TO THEIR VERY HIGH STANDARDS

- #51087 lightSOURCE CD-ROM \$49.95
- #51089 lightSOURCE DVD \$39.95



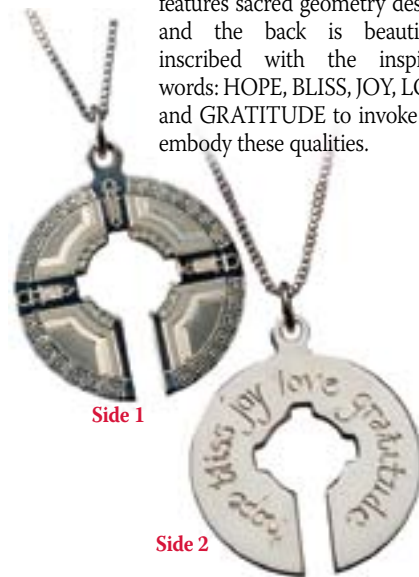
#51087



#51089

ULTRA-HIGH ENERGY PENDANTS

This pendant was designed using ancient principles of sacred geometry and infused with white light. This powerful energy pendant radiates force and vitality as if from a higher dimension. The front features sacred geometry designs and the back is beautifully inscribed with the inspiring words: HOPE, BLISS, JOY, LOVE and GRATITUDE to invoke and embody these qualities.



Side 1

Side 2

- #33812 **HiChi Pendant 3/4" Sterling Silver** \$179.00 (27" Silver chain included)
- #99894 **HiChi Pendant 1" Sterling Silver** \$229.00 (27" Silver chain included)

Harmonize the Body's Energy Fields

GET YOUR BODY "IN TUNE" AND FEEL LIKE A NEW PERSON

Feeling drained, weak, irritable, distracted and anxious? Is a lack of stamina, focus, energy and productivity keeping you from reaching your goals or even worse keeping you from keeping up with the basics of life? If so, you aren't alone.

We've become a culture that is constantly on the move and captive to often unfriendly environments. The necessity for multi-tasking to stay on top of responsibilities and to compete in the workplace or otherwise is unprecedented. We now depend on mobile devices, laptop computers and are exposed to other electronics known to generate harmful EMF's (electromagnetic fields).

The folks at Q-Link® have spent more than a quarter century perfecting their proprietary technology called SRT™ (Sympathetic Resonance Technology), designed to clarify and support the body's energetic system, also known as the 'Biofield,' a term coined by the U.S. National Institutes of Health to describe

an ensemble or matrix of different energies that extend outward from each person's body.

Increasingly recognized by both mainstream and alternative doctors, a strong Biofield is believed to not only support and nourish the body, but also strengthen its ability to cope with many forms of stress, function with greater efficiency, be more productive and perform at higher levels across the board.



How does Q-Link work? Their SRT is a compilation of life-supporting, frequency-specific patterns of energy derived from proprietary defined geometries. Their patterns of energy serve to clarify and support the body's Biofield, resulting in a variety

of reported user benefits including:

- Reduced negative effects from EMF (electromagnetic fields)
- Enhanced energy, stamina and vitality
- Heightened focus and concentration



#84037

1" polished silver. 24" snake chain included.
#84037 Retro Polished Silver Pendant \$279.95



#84038

1" brushed silver. 24" snake chain included.
#84038 Retro Brushed Silver Pendant \$279.95

FOR COMPUTER USERS

Nimbus™ can be plugged in to any PC or MAC USB port or hub to generate a 6' sphere of protection. It's the perfect companion to every workstation to enhance your productivity, increase concentration, reduce EMF stress and more. It can be moved easily between home and office. It's particularly well suited for travelers. No software is required, and it consumes minimal power.

#84033 Q-Link Nimbus \$169.95



SOUTHERN CROSS PENDANT

In the Southern Andes, Patagonian travelers counted on the Southern Cross constellation as a compass to keep them on a steady course during long journeys. Hand forged of solid, pure .925 sterling silver, the Southern Cross features two SRT-3 wafers. Includes a 30" leather cord.

#84034 Q-Link Equilibrio™ Southern Cross Pendant \$575.00



TAG PENDANT

The Tag is a forged silver plaque which protects the wearer from the unknown. It bears a chiseled sketch of a constellation, ensuring balance and clarity. Hand forged of solid, pure .925 sterling silver, the Tag features one SRT-3 wafer. Includes a 30" Leather Cord.

#84035 Q-Link Equilibrio Tag Pendant \$450.00



CONSTELLATION PENDANT

Constellation is a small silver sculpture of the sun, the moon and the first two stars which come out between sundown and moonlight. This piece balances the wisdom of the moon and the power of the sun. Hand forged of solid, pure .925 sterling silver, the Constellation features two SRT-3 wafers. Includes a 30" Leather Cord.

#84036 Q-Link Equilibrio Constellation Pendant \$450.00



All information contained herein is for educational purposes only. No health claims are intended or inferred. Statements made in this catalog have not been evaluated or approved by the U.S. Food and Drug Administration. If you have a medical condition, please consult your healthcare professional.

Harmonize the Body's Energy Fields

Q-LINK PRODUCTS, BEST SELLERS AT TOOLS FOR WELLNESS FOR ALMOST 20 YEARS!

FOR OPTIMAL LIVING, PERFORMANCE & QUALITY OF LIFE. FEEL STRONG, CALM AND CENTERED DESPITE YOUR STRESSFUL, FAST-PACED LIFE.

- Deeper more restful sleep
- Improved calmness, well-being, performance and quality of life
- Increased natural immunities to cell phone, computer and other electric/electronic devices generating electromagnetic fields

In simpler terms, SRT products act as a natural and sophisticated series of tuning forks that tune your being for ideal living. Studies conducted at several universities and independent clinics support the efficacy of SRT (Sympathetic Resonance Technology) products.

Passive Q-Link products with SRT (such as Q-Link and Equilibrio™ pendants and bracelets) help to clarify and support the wearer's biofield through a subtle, direct interaction with the wearer. Active SRT products (such as Nimbus™) help to clarify and support the user's biofield by enhancing the environments in which the user lives or works. Scientific test results have shown improved blood quality, increased tolerance to various stressors, stabilized brainwave

function when using a mobile phone, reduced anxiety in classroom settings, reduced muscle weakness and more.

SRT products have achieved wide recognition and acceptance including 300 touring golf pros, who use the products to gain a competitive edge. They are also widely used by information technology specialists, the EMF sensitive, pilots, musicians, fitness enthusiasts, traditional and alternative doctors and others from all walks of life. Q-Link appears in a wide variety of publications as a smart and effective means of achieving outstanding performance and a balanced lifestyle. The Nimbus can be used alone or as an ideal companion to all Q-Link SRT body worn products.

REMINDER: ALL Q-LINK PRODUCTS ARE PROGRAMMED WITH THE SAME SRT-3 TECHNOLOGY. SELECT THE STYLE THAT YOU LIKE AND ONE THAT YOU WILL USE. IT WILL PROVIDE YOU WITH OUTSTANDING RESULTS WHEN IT'S NOT LEFT IN A DRAWER AT HOME.

Q-Link pendants are comprised of three primary components: a resonating cell, tuning board and an amplifying coil. The resonating cell functions as a multi-frequency crystalline oscillator. The tuning board protects the integrity of the cell, helping it to function at its optimal harmonic frequency range. The amplifying coil strengthens and increases the amplitude of resonant body frequencies. In simpler terms, the Q-Link functions like a highly sophisticated series of tuning forks, sympathetically resonating to strengthen and stabilize the human biofield and its complicated electrochemical processes.

SUMMARY

- Constantly recharges your biofield when you wear it
- Supports optimal health, wellness and peak performance in everyday activities as well as sports
- Converts and conducts subtle energy into a more coherent energy state conducive to the healthy energy states of the user.

#43122 Q-Link Titanium	Black cord	\$239.95
#45020 Polished Sterling Silver	Sterling silver chain	\$349.95
#45024 Brushed Sterling Silver	Sterling silver chain	\$349.95

#43114 Black Acrylic	Black cord	\$99.95
#42742 White Acrylic	Black cord	\$99.95
#21439 Blue Acrylic	Black cord	\$99.95



Sleek and fashionable design featuring a beveled-edge 1½" triangle with two distinct sides, each making an individual statement. Can be worn by men and women. Wear it just like pendant jewelry; inside or outside your clothing. 35" cord.

BEAUTIFUL Q-LINK BRACELETS

They work like a tuning fork, resonating with, and strengthening the life-enhancing information already present within the human biofield. They use no external power source. Users report a clearer thought process, increased awareness, calmness, better sleep, higher endurance levels, a reduced feeling of stress, and a more centered emotional well-being.

- Enhances mental clarity and awareness
- Balances emotions
- Deepens restful sleep
- Improves athletic performance
- Protects against EMF radiation



TITANIUM Q-LINK BRACELET		
#16884 Unisex Medium		\$199.95
#16885 Unisex Large		\$199.95

TITANIUM BLACK Q-LINK BRACELET		
#16881 Unisex Medium		\$199.95
#16882 Unisex Large		\$199.95

STAINLESS STEEL Q-LINK BRACELET		
#71330 Women Medium		\$129.95
#71321 Men Medium		\$129.95

ADDITIONAL SIZES ARE AVAILABLE ON OUR WEBSITE

1-800-456-9887

Harmonize the Body's Energy Fields

TESLAR

Embedded in each watch is a unique electronic chip that emits the Schumann Frequency (the predominant frequency found in nature). Based on the work of Nikola Tesla, and named after him... these watches re-introduce nature's healing frequency to your body. As a result of wearing these TESLAR watches, reports show an 80% increase in brainwave strength and a 76% increase in the body's immune response; athletes report a 20% increase in circulation, leading to improved performance. Other watch wearers experience less stress, relief from the aches and pains of arthritis, less headaches, reduced depression and hyperactivity.

FLORENTINE

- Gold or silver stainless steel case
- 1 3/8"
- Gold face model has brown leather band and Roman numerals
- White face model has brown leather band and standard numerals
- 1 TESLAR CHIP inside

#63576 Gold Face with Gold Case \$169.95

#83134 White Face with Silver Case \$169.95



FLORENTINE

- Gold case with white or gold face
- Black leather band
- 1 3/8"
- 1 TESLAR CHIP inside

#83190 Gold Face with Gold Case \$169.95

#83191 White Face with Gold Case \$169.95



PACIFIC

- Gold stainless steel case
- Men's: 1 1/4" x 1" gold face
- Women's: 1" x 3/4" gold face
- Black "alligator look" leather band
- 1 TESLAR CHIP inside

#99887 Men's \$159.95

#99888 Women's \$159.95



ATLANTIC

- Gold stainless steel case
- Men's: 1 1/4" x 1" white face
- Women's: 1" x 3/4" white face
- Black "alligator look" leather band
- 1 TESLAR CHIP inside

#99885 Men's \$159.95

#99886 Women's \$159.95



DEEP BLUE

- Stainless steel case
- 1 1/2" diameter
- Solid stainless steel bracelet
- Screw down crown
- Day/Date display
- Dark blue rotating bezel
- 1 TESLAR CHIP inside

#83058 \$299.95



BENEFITS

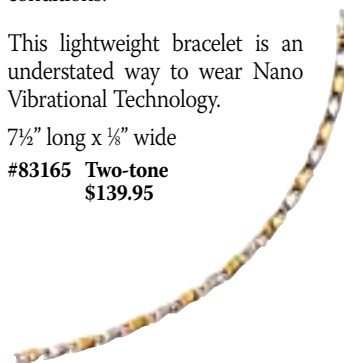
- Reduces the effects of stress, fatigue and jet lag
- The TESLAR chip uses subtle energy technology to screen the body from electronic pollution, allowing the body to operate more harmoniously within the earth's natural resonance field
- Decreases hyperactivity, anxiety, migraines, and depression

SHUZI products incorporate Nano Vibrational Technology, supplying health benefits such as greater energy, enhanced strength and balance, along with improved mental clarity. Shuzi uses subtle vibration programmed at the nano-level to create a stronger frequency for your biofield enabling your body to more capably resist the effects of any stress it is subjected to. Cells communicate with each other by known methods of chemical reactions and through the biofield. They have a resonating frequency at which they operate in order to stay healthy, but these cells are affected by outside electric and magnetic environmental conditions.

This lightweight bracelet is an understated way to wear Nano Vibrational Technology.

7 1/2" long x 1/8" wide

#83165 Two-tone \$139.95



The square edges and sleek finish of this style make quite a fashion statement.

8" long x 1/4" wide

#83167 Two-tone \$139.95



This bracelet duplicates the elegance of a fine watch and gives the appearance of fine jewelry.

8" long x 1/4" wide

#83162 Stainless Steel \$159.95



New age style is evident with this titanium inter-link bracelet.

8 1/4" long x 1/4" wide

#83168 Titanium \$159.95



Exact size of bracelets can be adjusted by your jeweler.

The back of Shuzi jewelry shows the embedded chip programmed with Nano Vibrational Technology, designed to emit healthy subtle vibration energy.



The Shuzi watch incorporates the same Nano Vibrational Technology as the bracelets.

- The watch casing is machined from titanium metal and polished to a high luster
- Swiss movement
- Quartz mineral crystal face
- 1 1/8"
- Water resistant
- Black leather band

#83183 Shuzi Watch \$299.95



RELEASE BLOCKED EMOTIONS, ATTITUDES

This 45 minute CD has energetic formulations that affect the body by balancing specific chakras. Benefits: reduced stress, body harmony and well-being, increased vitality and renewed peak performance. There is no music or spoken word. Headphones are not required.

Open your heart to forgiveness, for yourself and others. Release pain, conflict, counter-emotions and attitudes. Let Yourself love and be loved.

#41095 HiChi CD #6 \$29.95



Standard batteries need replacing every 18-24 months. Batteries are readily available at your local jeweler.

Harmonize the Body's Energy Fields

MEASURE AND INCREASE YOUR LIFE ENERGY BY SPINNING THE WHEEL

The Egely Wheel allows you to check, measure and increase your own vitality level. A low energy level can serve as a warning that illness may be developing.

As you use it, you will soon find that the Egely Wheel's rate of revolution depends on your physical and mental state and fluctuates along with your current fitness level and ability to concentrate. If you are very tired, you can expect a low rate of revolution. As you practice, you will learn how to tune in to the mental state which produces your maximum rate of revolution, attained when your mind is in a relatively narrow range between complete relaxation and intense concentration. The easiest way to reach this state of mind, which is similar to a state of meditation, is to listen to your favorite music, imagine doing something you enjoy, or recall happy memories. Your body functions best in this mental state.

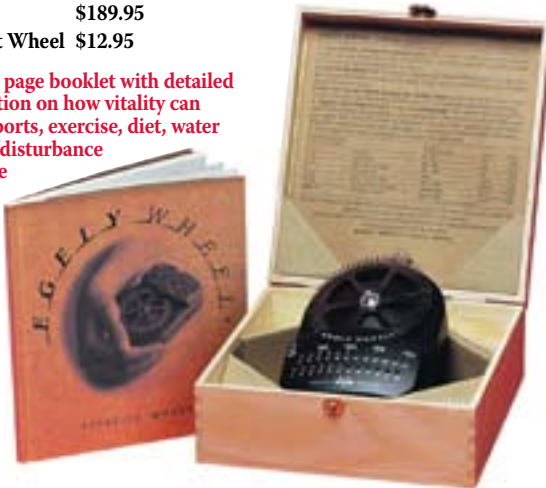
The Egely Wheel rates your "vitality quotient" or VQ. Those who are the most vital, relaxed, energetic and joyous were able to make the wheel spin the fastest. If your VQ level has been low for a few weeks, it is a warning and an opportunity to work on improving your health and fitness.

The Egely Wheel is very simple to use and requires no training. The key component is a 3" wheel that rotates on a delicate pivot fueled by your life energy. Simply remove the plastic cover and cup one of your hands, surrounding the wheel as completely as possible with your fingers and palm. The wheel will rotate as you concentrate. Battery operated.

#54848 Egely Wheel \$189.95

#54849 Replacement Wheel \$12.95

You will receive an 83 page booklet with detailed instructions, information on how vitality can be increased, sleep, sports, exercise, diet, water structure, ion levels, "disturbance zones," a history of the energy of life, little known facts about the brain, background of the development of the Egely Wheel, first person accounts of encounters with the vitality meter and a chart to keep track of your progress.



YOUR CHAKRAS AND YOUR AURAS

Shows how to clear the chakras of old hurts and to cleanse and strengthen the aura for protection against invasive energy. Healing is explained as a process of awareness, intuition and self-discovery. Indispensable grounding techniques. 265 pages

#82066 Your Aura and Your Chakras \$16.95

THE MAGIC OF SHAMBALLA

Within our DNA lies the mystery and magic of Shamballa. This esoteric CD provides you with profound frequency maps to harmonize your body temple and its surrounding energetic fields with this vast influx of loving energy. 61 minutes.

#41006 Shamballa: Journey Home \$22.95



DISCOVER THE ANCIENT ART OF SELF-HEALING WITHOUT DRUGS, NEEDLES, PAIN OR SURGERY

The self-healing exercise known as Chi-Gong that started 2500 years ago is no longer the exclusive domain of a few masters, but today can be practiced by anyone who desires optimum health. Natural Chi-Gong consists of three steps: relaxation, tranquility, and naturalness. It aligns the body's energy field with that of the universe. Previously, it took years to master the technique.

A process was employed to record the bio-energetic field that is produced by a high level Chi-Gong Master and then simulated by the Bio-Energizer. The result: Using the Bio-Energizer in the comfort of your own home is just like employing a Chi-Gong Master.

Using this for only 15-20 minutes a day can produce some remarkable changes to your health and vitality. There are many satisfied users who report a less stressful demeanor, clearer thinking, more energy, better sleep, increased attention span, improved joint mobility and a new overall sense of well-being. Customer testimonials and testing has proven its effectiveness.

The device uses a patented sound oscillator that occupies little space on a table and produces inaudible sound waves, based on the principle of vibration medicine. It's easy to understand: by adjusting, strengthening, and supporting the human bio-energetic field, the self-healing capacity is intensified and the body can spontaneously recover to health.

THIS IS AN OUTSTANDING PRODUCT THAT MERITS YOUR ATTENTION

#75043 BioEnergizer \$369.95



BALANCE YOUR CHAKRAS, AND GROUND YOUR MANIFESTATION

Expand your auric fields in preparation for attaining higher states of meditation. A continuous subtle vibrational will affect the physical body. The undulating modulations stretch and expand the etheric energy bodies. The music cycles through various themes, with undulating spiraling, swirling and rhythmic sounds. 2 CDs

#83185 The Odyssey Chakra Balancing Set \$34.95



TUNE YOUR CHAKRAS WITH SOUND

This is the best-selling and most effective balancing music available on a single CD. By Steve Halpern. 67 minutes.

#41002 Chakra Suite \$16.98



TRADITIONAL TIBETAN MUSIC

Tibetan singing bowls are used for the invocation of good spirit, dealing with disease, and negative energies.

CD 73 minutes.

#63022 Tibetan Chakra Meditations \$18.95

These products should not be used in place of medical care. If you have a medical condition or are in doubt, ask your healthcare professional first.

1-800-456-9887

Harmonize the Body's Energy Fields

LET GO OF NEGATIVE ENERGY

The MegaChi™ Pendant is designed to protect from negative energies like fear and doubt. It also protects from negative electromagnetic low frequency energy fields caused by cell phones, microwaves, computers, etc.



- Expect to feel a new and wonderful sense of being
- Expect to be more connected with your intuition and remember the things that matter
- Expect to feel revitalized and energized so you can accomplish the things that are important to you
- Expect to attract wonderful things, events and people into your life
- Expect to raise your emotional IQ

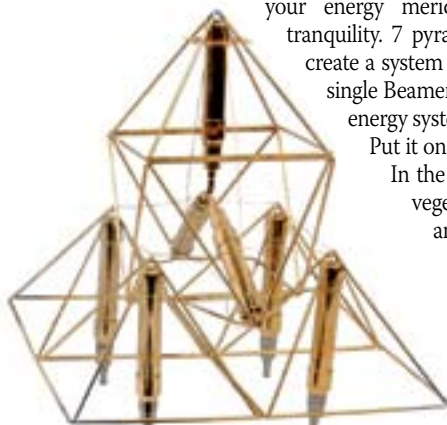
By wearing this pendant, your energy shifts to a higher energy signature with a resonant frequency that meets in the heart center, or chakra to experience yourself as beautifully balanced, centered and harmonized. 1 x 2".

MegaChi Harmonic Resonance Pendant

- #99601 Rhodium (Platinum) with box-link chain \$299.95
- #99602 24K Gold plated with black silk cord \$299.95

REMOVE ENERGY BLOCKS AND BOOST TRANQUILITY

Pyramids have been recognized for thousands of years for their healing and restorative powers, and to deepen meditation. The Pyramid Beamer balances your energy meridians and chakras to promote tranquility. 7 pyramids and 7 Beamers combine to create a system many times more powerful than a single Beamer. The effect of this powerful subtle energy system will be perceived rather quickly.



Put it on a table to energize an entire room.

In the kitchen, it will energize fruits and vegetables, making them last longer and taste better; it even improves the taste of your favorite wine.

Use it in the bedroom for enhanced lovemaking and for a peaceful and restorative sleep. Use it in the office to offset the negative effects from your computer and

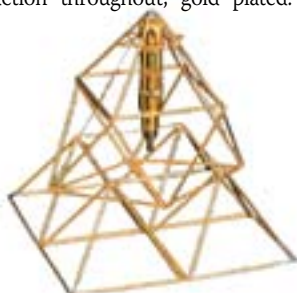
other electronics. Works quickly and silently. Nothing to plug in or turn on, and nothing to break. Quality construction throughout; gold plated. 16" high x 14" x 14"

#42765 Pyramid Beamer \$1,299.95

FOR SMALLER AREAS

The Solarizer combines the energy of 7 pyramids, star geometry and a Beamer to focus higher energies but with less intensity.

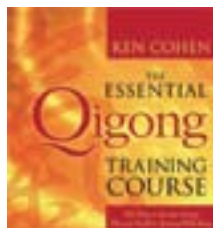
#75063 Solarizer Beamer \$254.95



BOOST YOUR HEALTH AND ENERGY USING A CHINESE HEALING TRADITION

This is a comprehensive home-study Qigong curriculum taught by renowned China scholar Ken Cohen. The complete kit includes:

- 59 page weekly workbook
- Workout DVD: Offers an 80-minute programmable workout and dozens of demonstrations to learn ancient movements and meditative postures that detoxify, energize, and heal the body
- Healing DVD: Three hours of essential teachings and hands-on exercises to learn how to direct the healing qi energy to others
- 5 Audio CDs: Training course covers every phase of Qigong theory and practice, including 25 rare meditation exercises that balance emotions, boost immunity, increase sexual vitality and enhance spiritual well being



#51052 The Essential Qigong Training Course \$99.00

MAPPING THE HUMAN AURA

Dr. Valerie Hunt Ph.D., working at the University of California, has created a series of CDs from the actual sound frequencies of the chakras. Because the frequencies come from the living aura with selected in-synch music, these CDs have been shown to rapidly brighten and balance the human aura. 5 specific tracks on 2 CDs. Total 147 minutes.



#72036 Music of Light \$64.95

NEUTRALIZE BAD ENERGY

The rings use free energy channeled by layered precious metals including Gold and Rhodium. Both rings work well to neutralize negative energy fields (such as microwaves, negative thoughts, electromagnetic pollution, machine resonances from food processing) from your food, drinks and nutritional supplements.



- #63507 4" Neutralization Ring (weighs 3 oz.) \$37.95
- #75232 13" Neutralization Ring (weighs 3 lbs.) \$269.95

Read about these and other products

ONLINE

ToolsForWellness.com

ENERGIZE WHAT YOU EAT AND DRINK

These anodized purple aluminum plates are tuned energetically to emit positive life force energy. They act to revitalize whatever you place on them, be it food, drinks, or you! The large plate is great for placing on refrigerator shelves to revitalize food and drinks, or under your mattress for your own personal energy boost. Small plates work well as coasters, or tucked in a pocket.

Positive Purple Energy Plate

- #46051 Large 12" x 12" \$49.95
- #46052 Small 4½" x 2¼" \$14.95



Individual results from products may vary. These products have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease.

Harmonize the Body's Energy Fields

THE POWERFUL 9 PYRAMID MATRIX SLEEP SYSTEM "THE ATLANTIAN NINE"

The nine pyramid matrix technology works like a giant lens which focuses the more powerful energy fields discharging off the tops of 9 pyramids to a point of concentrated energy below. There are 8 platinum anodized pyramids plus the center 30" collector pyramid which is gold

anodized. Users report more restful and balanced sleep, heightened energy and healing, increased dreaming, awareness, rejuvenation and increased sexual pleasure. The aluminum-titanium alloy shafts are charged with a powerful 1,000,000 volt Tesla Coil Pyramid Charger to

produce a very high energy output. Some assembly is required; detailed instructions are included. Be aware that this is a very powerful energy matrix; the name was inspired by Atlantis.

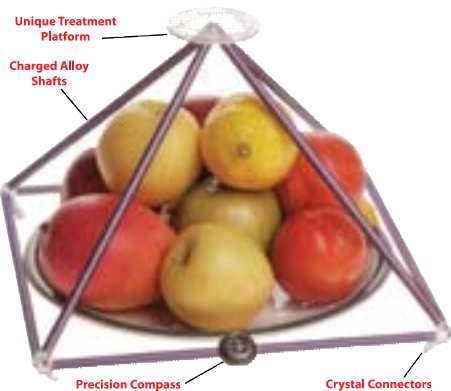
#84011 9 Pyramid Matrix Sleep System \$299.95



A GOOD PLACE TO START WITH PYRAMIDS

This 10" pyramid will stimulate mediation, psychic energy, sensual awareness and initiate exciting dreams. With its circular treatment platform, you can easily treat food or a glass of water. It has been meticulously designed to provide the maximum "pyramid energy experience" at an economical "starter price."

The aluminum-titanium shafts have been charged with a 1,000,000 volt Tesla coil to increase their energy output. Even the connectors are pyramid shaped with precise Cheops angles and look like jewels. The bottom of the pyramid is designed to be off the ground so it can vibrate properly. Nick Edward, the designer, even furnishes a precision compass so you can align it to magnetic north. If you're looking for a good place to start with pyramids, this is it!

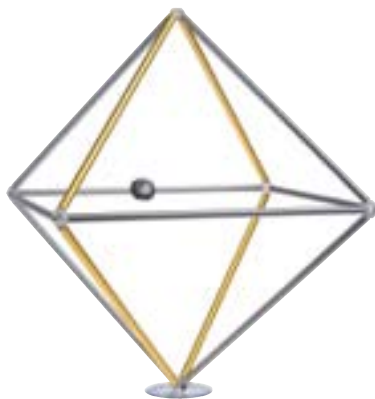


#83156 10" Amethyst Anodized Pyramid \$49.95

A VERY UNIQUE DOUBLE PYRAMID

This is a pyramid formed by two Cheops pyramids, attached base to base, creating a two-pyramid shape. The Egyptians wrote that a pyramid with its own reflection was the most powerful. Trying to duplicate this, the creators of this double pyramid found it was a perfectly squared mathematical model of a sphere and the form created two new strange-shaped pyramids. Results point to a synergistic effect caused by the two pyramids.

The Atlantian Pyramid Crystal is made with platinum shafts and complemented with gold shafts to outline the strange, new pyramid's base. The name was inspired by Atlantis. It is a very powerful device. It works well as a centerpiece on a table or set up in the middle of a room. It will become the focal point of energy, conversation and group interaction. 14" high and 11" wide. Comes with compass attached.

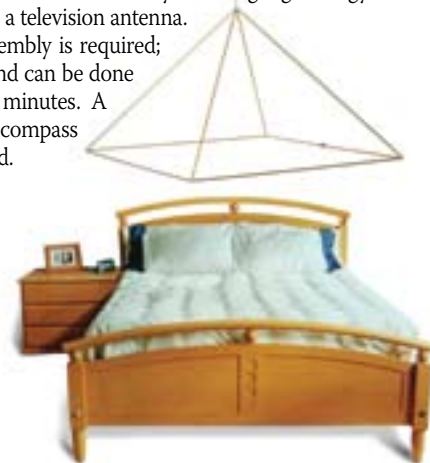


#83201 Atlantian Double Pyramid Crystal \$69.95

ENJOY ENERGIZED SLEEPING AND MEDITATION

This pyramid, an exact model of the Cheops Pyramid, is designed to hang over your bed or meditation area for incredible rejuvenation effects and altered states of consciousness. The alloy shafts are charged with a 1,000,000 volt Tesla Coil Pyramid Charger. All eight precision alloy shafts vibrate freely and are held to exact Cheops angles with pyramid shaped jewel-like connectors. This pyramid is designed to hang and move freely so it can lock in on any broadcasted electromagnetic energy. This pyramid expands awareness, dreams, sexual pleasures and well-being. Because of its ultra light weight, it can be easily moved from one location to another. The 42 1/2" size is not by chance; research has shown that this particular size will collect and radiate very strong "life force" energy. All eight shafts can vibrate freely receiving high energy fields much like a television antenna.

Some assembly is required; it's easy and can be done in a few minutes. A precision compass is included.



#83157 42 1/2" Mothership Pyramid Sleep System \$249.95

ACCELERATE HEALING WITH ENERGY BALANCING PLATES

If you are high strung and feel turbulent, you require calming down for balance. If you are overly peaceful and too relaxed, you may need energizing for balance. "Balance" refers to being right in the center, neither too energetic nor too sedate.

This set of 3 disks is specially designed for energy balancing. They look like electronic printed circuit boards, except the patterns of copper imprinted

on the disks are very intricate/ornate designs incorporating sacred geometry patterns. Hold the disks and place them in the area that needs balancing. The copper shapes collect "free energy" or ions from the air that activates the shapes imprinted on the disks.

#34019 Powerforms Set of 3 Balancing Plates \$129.95

Place your fingertips on the Cell Balancer Plate to experience a sense of harmonic balance. Spiritual patterns of transformation flow through your energy pathways, directly into the spiritual cells of the body. This gently and effectively aligns your cells with your Future Self's positive blueprint, which activates your cells' higher potential.

#42715 Cell-Balancer Plate \$61.95



SPECIAL OFFER: #42673 All 4 Subtle Energy Plates \$179.95

1-800-456-9887

Harmonize the Body's Energy Fields

**BALANCE AND HARMONIZE YOUR WHOLE BEING
THE MOST EFFECTIVE DEVICE WE'VE COME ACROSS**



Put this small device (4" x 2½") in a house (up to 3000 sq. ft.) and you'll notice the difference in 1–2 days. People as well as plants and animals will benefit when your space is energetically restructured, thereby restoring a feeling of harmony to the area. Users report a tangible change in the atmosphere or air quality, resulting in improvements in vitality, behavior and a general sense of well-being. As a result of a harmonious flow of positive energies, most people say they feel calmer, relax easier, become more creative and sleep better.

The Safe Space device realigns environmental fields, quickly, effectively and permanently as long as it is kept in place. It is self energized and works without electricity. The Safe Space's holographic grid emits light waves that cause detrimental EMFs to collapse and dissipate. It is permanently encoded and cannot be weakened, altered or neutralized. It also has a purifying effect on the area. We have many, many satisfied customers and we can recommend this to you without hesitation.

#46005 Safe Space \$109.95

TRANSCEND LIFE'S CHALLENGES

Every Transend product transmits a soothing energy that brightens and clears your energy system. This enables you to restructure your energy field toward a greater level of inner order and balance. Each card is made of a gold holographic grid, which is imprinted with an energetic program that interacts with your bio-energy fields. This effects us on both the mental and physical levels, for clear, positive focus and enhanced energy. The cards have been repeatedly confirmed effective via kinesiology and electrodiagnosis.

Transend Cards—Each card is tuned to improve a specific type of energy for you. They measure 2 x 2" to easily fit in your pocket. Generally, only one Transend card should be worn at a time. Blocker sleeve and carrying case included.

Clears resistance to receiving positive change. Heart opening. Strengthens and balances.

#83100 Joy \$44.95

Promotes prosperity, consciousness, optimism and increased confidence.

#83101 Prosperity \$44.95

Supports deep relaxation and regeneration through restful sleep.

#83106 Sound Sleep \$44.95

Reduces fatigue and increases physical energy and mental alertness.

#83104 Vitalizer \$44.95

Establishes greater balance and acceptance. Amplifies the effects of other Transend Cards

#83102 Attunement \$44.95

Dissolves stress, anxiety, and negative thoughts for greater peace and serenity.

#83103 Serenity \$44.95

Filters out the negative patterns of co-workers and clients. Also protects from harmful electromagnetic fields. Ideal for work environments and for jet lag during travel.

#83105 Protectoplex \$44.95



Front

Back

BEAM ENERGY INTO YOUR BODY AND FOOD



Beamers are our most popular and effective subtle energy devices. Several precious metals are plated to the beamer, making it more powerful! Make your food, supplements or drinks vibrate at a higher frequency and create "highly energized" food. The Beamer is filled with noble gases, that when excited, emit high vibration energy which can restructure the molecular bond between elements. The Beamer can be used:

- As an acupuncture tool to open meridians
- As a meditation tool
- To raise the resonance of the food you eat, making it easier to assimilate and digest. Enhances the taste of food and beverage, too.
- To reduce pain
- To help restore balance to the aura
- To help clear negative energy in the auric field
- To improve the overall energy of the room that you are in
- To increase the auric field of the person holding it by 60% or more

7" long, ¾" diameter.

#46067 Beamer \$119.95

A SUPER BEAMER

Balance all of your meridians simultaneously. Just sit a few feet away, relax and let the Super Beamer energize and balance your whole body. Receive a complete body treatment in 10 to 20 minutes. 13" long, 1½" diameter.

#75294 Super Body Beamer \$1,299.95

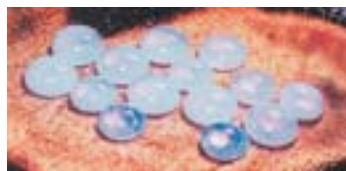


CLEAR AND BALANCE YOUR ENERGY FIELDS

A major factor in our well being is the free flow of energy throughout our bodies. The Tetrahedron Beamer potentiates our regular Beamer by over 50%. The tetrahedron tunes and strengthens the field emitted by the Beamer. Use it to charge your food or water, "beam" your supplements or focus on the body to balance energy pathways. This all-purpose energy device is wonderful for enhancing meditation, (aim the Beamer at your third eye), clearing negative energy patterns, or charging your aura. 9"

#63549 Tetrahedron Beamer \$189.95

BOOST YOUR ENERGY FIELD WITH TACHYON ENERGY



Proven highly effective in focusing Life Force Energy directly into the body. For pain, enhancing meditation, or increasing your athletic skills.

Tachyonized Cells

#48149 ¼" Pack of 6 Opals \$29.95

#48150 ¾" Pack of 1 Opal \$9.95

LEARN QIGONG HEALING

Learn More About:

- Origins of classical qigong
- When, where, and how often to practice qigong
- Fundamentals of posture and breath control
- Stretching and moving to enhance qi flow in the body
- Self-massage to decrease stress and increase vitality
- Healing sounds to "vibrate" away toxins
- Walking meditation to cultivate inner peace
- Exercises to build up a reserve energy "storehouse"
- Internal organ cleansing and healing and much more!

1 DVD, 1.5 hours, 15 page study guide

#51035 Qigong for the Individual \$19.95



SOOTHING WARMTH SUPPORTS FOR ARTHRITIS, WEAK OR ACHING JOINTS, MILD STRAINS AND INJURIES

These premium supports have ceramic fibers that insulate the joint by retaining heat and slowly reflecting it back into the joint and surrounding tissues. The result is therapeutic heat penetrated deep into the aching joint, muscles, and adjoining tissues to provide soothing relief. They promote healing by increasing circulation around the joint. These products improve

joint mobility and allow for faster return to daily activities. Customers indicate that they are providing significant comfort to arthritic sufferers; some people are reporting levels of relief that were previously unavailable using a variety of other wraps and elastic braces. **THE GLOVES AND FOOT WARMERS GIVE OUTSTANDING RESULTS** for arthritis sufferers.

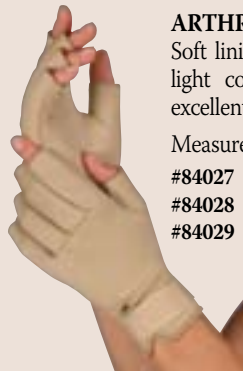


BACK SUPPORT

Measure around the lower back/upper hip area

#84025 Medium 32-42" \$43.95
#84026 Large 41-48" \$43.95

Height is 11"



ARTHRITIS GLOVES

Soft lining carries moisture away to keep hands dry. Their light compression and therapeutic warmth make them excellent for Carpal Tunnel Syndrome, too.

Measure circumference of hand around the knuckle

#84027 Small 7-7 1/4" \$29.95 Suggested for women
#84028 Medium 8-8 1/4" \$29.95
#84029 Large 9 1/4-10 1/2" \$29.95



ANKLE SUPPORT

Measure circumference around ankle

#84017 Medium 8 1/4-10 1/4" \$16.95
#84018 Large 10 1/4-12 1/4" \$16.95



WRIST SUPPORT

Measure circumference around wrist

#84023 Medium 6-6 1/4" \$15.95
#84024 Large 6 1/4-7 1/2" \$15.95



ELBOW SUPPORT

Measure circumference around elbow

#84021 Medium 9-10 1/4" \$17.95
#84022 Large 10 1/4-11 1/2" \$17.95



KNEE SUPPORT

Measure circumference around center of knee

#84019 Medium 13-15" \$18.95
#84020 Large 15-17" \$18.95



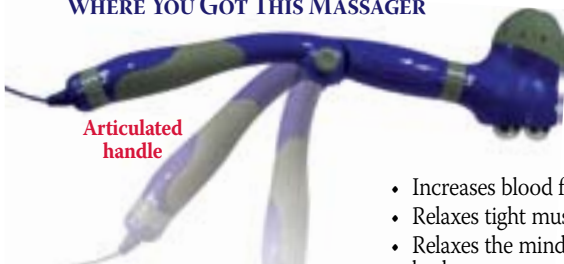
FOOT WARMERS

Made of cozy fleece material. Heats quickly in a microwave oven. The grains enclosed within slowly and evenly release therapeutic warmth.

Size according to shoe size.

#84030 Small Men 7-8 Women 5-6 \$49.95
#84031 Medium Men 9-10 Women 7-8 \$49.95
#84032 Large Men 11-12 Women 9-10 \$49.95

IT'S SO UNIQUE, YOUR FRIENDS WILL ASK WHERE YOU GOT THIS MASSAGER



Articulated handle

Originally developed for use by chiropractors, physical therapists, massage therapists, professional athletes' trainers, the Magnassager® is now used in over 100,000 homes in the United States and sold in many foreign countries.

- Alleviates fatigue, soreness and muscle spasms
- Reduces inflammation and swelling

- Increases blood flow
- Relaxes tight muscles
- Relaxes the mind as well as the body
- Facilitates the healing process
- Increases flexibility of muscle tissue
- Invigorates the skin and sore muscles
- Soothes and relaxes tired and sore feet

The arm is fully articulated, allowing you to reach all parts of the body. The detachable Acu-Knob® allows you to use it for more intense application to



Use all over the body

specific areas and pressure points. The FootPod® converts the massager to something you can use with ease on your feet.

It has a natural permanent magnet, which suspends the massage balls in place ... providing for a frictionless, smooth massage action. The balls rotate at an adjustable speed to provide a slow, wonderfully deep muscle massage aimed at "untying"

muscle knots and relieving tension. The massager's revolution per minute (of the balls) was designed to work rhythmically with the full range of the heart beat.

Don't confuse this massager with the many other devices on the market.

You receive the Magnassager, the detachable handle, Acu-Knob, FootPod, travel bag, full color poster with anatomy, acupressure, and reflexology charts. AC adapter with 12' cord.

#46055 Magnassager \$99.00



Invigorates and relaxes tired feet

Detachables Acu-Knob

Physical Well-Being

HAND-HELD LOCATOR AND STIMULATOR

This is an all-in-one unit that combines infrared laser therapies (for use on the skin) along with electrical stimulation allowing both methods of treatment to be used simultaneously. Accessories include a hand ground pole, battery, small screwdriver (for adjusting point location/sound level), carrying case and instructions. 9" long.

#62512 Pointer Pulse \$249.95

Should be used on the advice or supervision of a healthcare professional. You should be familiar with micro current therapy before using this product.



LOCATE ACUPUNCTURE AND TRIGGER POINTS

The Pointer II Excel features a built-in LCD digital display meter for location of acupuncture and trigger points. Frequency is adjustable (1 to 16 Hz) and is displayed on the LCD digital display when the stimulation button is pressed. This unit offers a choice of negative polarity (ideal for pain, calming and healing) or positive polarity (for toning). A flashing light and sound indicates when point detection is made. Two probe tips are included plus a carrying case and instructions.

#42022 Pointer II Excel \$149.95

Should be used on the advice or supervision of a healthcare professional. You should be familiar with micro current therapy before using this product.



MAGNETIC THERAPY USING A 5,000 YEAR-OLD CHINESE TECHNIQUE

Originally developed in China, acupuncture is now used by doctors in every major country. All of the key points of the human body can be accessed from points on the palm of your hand.

Aculife sends a magnetic pulse on your palm to the corresponding area in your body, which helps unclog micro-energy pathways and improve blood circulation to help strengthen the immune system, allowing the body to better fight illness.

Stimulate areas such as the heart, lungs, spine, liver, colon, bladder, intestines, an aching back, and stiff muscles. Aculife is compact and lightweight enough to be taken virtually anywhere. You get: Aculife Magnetic Wave Therapist, guide book with hand chart, AC Adaptor, Clip Holder, Magnetic Wave Pointer with ear plug, and instruction DVD.



FREE BOOKLET

After your order ships, a 99 page booklet will be sent to you via e-mail. It is a \$25 value and it is FREE. This book introduces the reader to the principles of electro-magnetic acupuncture and provides an explanation for the range of different sensations felt in the hand. The book shows you how to use Aculife for over 50 conditions with illustrated maps of the hand. This book is available FREE only from us and only in pdf format.

#42509 Aculife Magnetic Wave Therapist \$299.95

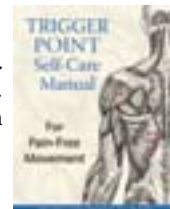
Accessories are available online.



TRIGGER POINT THERAPY

Heal and prevent muscular injuries, and muscular tightness. A fully illustrated reference section organized by body part... identifying the pain associated with trigger points in each muscle of the body. Softcover, 208 pages

#62173 Trigger Point Self-Care Manual \$18.95



MAGNETIC NECKLACES

By wearing this high strength grade VIII ceramic magnetic necklace, your whole body will be exposed to the benefits of the magnetic field transmitted by the high volume of blood flow through your neck. The attractive beads (resembling Hematite) are hand cut, polished and strung on a stainless steel cable. The necklaces can be worn 24 hours a day and will not tarnish or corrode. Both necklaces have the same magnetic strength.



Small Bead



Large Bead

Small Bead Magnetic Twist Necklace

#62513 18" \$59.95

#62514 20" \$64.95

#62515 24" \$69.95

Large Bead Magnetic Twist Necklace

#62516 18" \$59.95

#62517 20" \$64.95

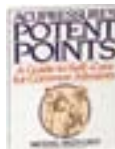
#62518 24" \$69.95

These products should not be used in place of medical care. If you have a medical condition or are in doubt, ask your healthcare professional first.

GUIDE TO ACUPRESSURE SELF-CARE

Hands-on self-help techniques for relieving common ailments with over 500 illustrations and photos. 251 pages.

#83145 Acupressure Potent Points \$20.00



MAGNETIC LOWER BACK BELT

Support your entire lower back while experiencing a penetrating magnetic field. Most popular support belt with twenty-six 0.1" x 0.4" diameter, 1,000 gauss magnets.

The 5.5" wide belt tapers to 4" on each end. Long life cotton pile inner lining provides firm support with stretch Velcro closure.

#48256 Medium, 32"-34" \$39.95

#48257 Large, 34"-36" \$39.95

#48258 X-Large, 36"-40" \$39.95



REDUCE STRESS AND TONE YOUR MUSCLES WITH OUR ELECTRO-MASSAGE SYSTEM



If you have reached a higher level of "looking after your body," this system offers you many benefits. Massage and relax up to four different muscle groups simultaneously. Release tension and stress. Relax muscle spasms. Increase range of motion. Increase blood flow and circulation. This type of electro-

magnetic stimulation is used widely by athletes, trainers, physical therapists and those serious about keeping their bodies in great shape and definition.

There are many features that allow the user to help build muscle strength and tone and help define musculature: It includes: pulse speed control, intensity controls, digital timer, AC adapter, (battery operation can be used also), eight 2" electrodes and a carrying case.

#83227 Electro-Massage System \$169.95



Electrode pads

IMPROVE YOUR VISION WITH PINHOLE GLASSES

If you suffer from eyestrain, blurry vision, nearsightedness, farsightedness, cataracts, astigmatism ... pinhole glasses may be of benefit to you. They work by directing light rays onto the retina at the back of the eye and not through the use of an artificial lens. They are not sunglasses or prescription glasses and do not treat medical conditions. One size fits all.

- #62531 **Tan Flex Frame** \$39.99
- #99958 **Flex Charcoal Gray Frame** \$39.99
- #99960 **Black Designer Frame** \$35.99
- #99961 **Blue Frame** \$31.95
- #46085 **Black Wraparound Frame** \$37.99
- #62523 **Bronze Frame** \$31.95
- #62532 **Tortoise Shell Frame** \$32.95



Chinese Tonic Herbs

ANTI-STRESS FORMULA

Stay calm yet alert with Alphanthan, a green tea shown to produce healthy alpha brainwaves. 60 capsules

- #83055 **Tao In A Bottle** \$29.95

BRING THE BODY INTO A STATE OF HARMONY

Helps the body to adapt to various stressful challenges posed by chemical agents, by promoting a cellular and systemic balance. 100 capsules.

- #72099 **Super Adaptogen** \$22.95

PROMOTE THE FLOW OF PRIMAL ENERGY

This formula is extremely centering and has an astringent quality, preventing the leaking of Jing. 100 capsules

- #72093 **Microcosmic Orbit** \$20.95

CALMS, SOOTHES AND UPLIFTS THE SPIRIT

This is a superb tonic for those suffering from anxiety, excessive worry, chronic fear and those who are experiencing physical or mental exhaustion. 100 capsules.

- #41044 **Pearl Shen** \$28.95

STRENGTHEN MENTAL AND CREATIVE POWER

This is based on an 1100 year formula used to build yang, especially those in good health who wish to increase their creative, athletic and sexual capacity. 100 capsules.

- #72098 **Supreme Creation** \$54.95

RADIANT HEALTH, SPIRITUAL PEACE AND LONGEVITY WITH REISHI HERBS

Promotes calmness, centeredness, balance, inner awareness and strength. Reishi is used to develop energy, improve digestion, improve sleep, reduce stress, and to aid in strengthening the immune system. Made from 100% Duanwood Reishi. 100 capsules.



- #41038 **Duanwood Reishi** \$36.95

Large Selection
of Chinese Herbs Online

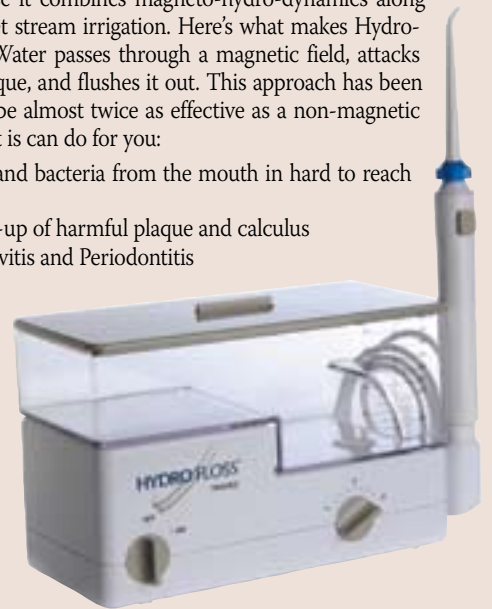
THE MOST EFFECTIVE ORAL IRRIGATOR AVAILABLE

There are lots of oral irrigators for you to choose from. We think this is the best one because it combines magneto-hydro-dynamics along with the power of jet stream irrigation. Here's what makes Hydro-Floss so special ... Water passes through a magnetic field, attacks the bacteria and plaque, and flushes it out. This approach has been clinically proven to be almost twice as effective as a non-magnetic irrigator. Here's what it can do for you:

- Removes germs and bacteria from the mouth in hard to reach places
- Reduce the build-up of harmful plaque and calculus
- Helps fight Gingivitis and Periodontitis
- Freshens the breath by removing bacteria growth

We've sold lots of these over the years and can honestly say everyone is very pleased with their purchase.

- #46002 **Hydro Floss** \$129.95



SOOTHES SENSITIVE GUM TISSUE AND HELPS REMOVE PLAQUE

A wonderful feeling when you brush your teeth and massage your gums with this excellent formula containing a high level of oxygen along with spearmint and peppermint essential oils. It disinfects the mouth. You could really call it a "mouth rejuvenator."

- #41087 **OxyVital Gum Elixir 1 oz.** \$24.95
Buy 2 and SAVE! \$23.50 each



Individual results from products may vary. These products have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease.

TOOTHBRUSH SANITIZER

The CleanWave Portable Toothbrush Sanitizer is the safe and easy way to sanitize your toothbrush for better oral care and overall health. Germs, bacteria and viruses thrive on the moist environment of a toothbrush, and leftover plaque and bacteria live on the toothbrush long after you are finished brushing and even rinsing. Built-in timer (battery-operated) provides automatic 5 minute sanitizing cycle. Plastic case is included.



- #83301 **Toothbrush Sanitizer** \$24.95

FOR EFFECTIVE PLAQUE REMOVAL

- Literally ionizes teeth to repel the formation of plaque
- 6 month double blind study found reduction of plaque 48.6% and improved the health of gums by 51.8%

Produces cleaner, whiter teeth and fresher breath. Includes 5 brush heads and instructional video.



- #62071 **hyG Ionic Toothbrush** \$29.95
Buy 2 and SAVE! \$27.95 each

Physical Well-Being

IT'S EASY TO FIND THE TIME TO EXERCISE. NO MORE EXCUSES WITH THE STRESS-BUSTER IN YOUR HOME

We hear it all the time, but it doesn't have to be that way. Combined with an unbalanced diet, too much stress, air pollution and the like ... many problems such as headaches, dizziness, lower back pain and constipation can occur. Now, with many of us sitting in front of a computer hours on end, the Stress-Buster allows you to exercise your muscles throughout the whole body, while achieving a relaxing massage that will leave you refreshed

and that great feeling of "having done something for myself."

The passive aerobic motion pattern also oxygenates the cells of the body, improves blood circulation, and moves one of the largest muscle groups (your legs).

This product rates very high compared to the low-priced, poorly constructed machines found on late night TV as well as the over-priced models sold



by multilevel sales organizations. And because it is so well constructed, we can also recommend it to overweight people. Soft leg rests, timer, and speed control.

#63042 Stress-Buster Standard Model \$199.95

The Deluxe Model has these additional features:

- Integrated neck massager to increase mobility and range of motion in shoulders and neck
- Digital remote control
- Rubberized foot cradle

- Far Infrared heat integrated into the foot massager
- Magnets integrated into the foot rest to enhance blood circulation
- Shoulder massage.

#75423 Stress-Buster Deluxe Model \$349.95

Before you start any new exercise or massage regimen, you should consult your healthcare professional. Pregnant women, those recovering from an injury or anyone with a medical condition, should not use these machines. Play it safe; if in doubt, ask your healthcare professional first.



Standard model

Deluxe model

MAKE NASAL SINUS IRRIGATION PART OF YOUR HEALTH AND WELLNESS PROGRAM

The SinuPulse helps prevent sinus infections and relieves the associated pain and pressure. It is designed as a preventative therapy and natural

maintenance regimen to help increase ciliary flow and gently clear sinus passages for those suffering from sinusitis, allergies/rhinitis, recurrent sore throats, and cold/flu symptoms. SinuPulse is also used to improve breathing, reduce snoring, remove industrial and environmental pollutants, and **cleanse naturally without drugs**. It delivers both an atomized pulsating mist spray for a gentle moisturizing action. It can also be used as a more

thorough cleansing pulsating rinse operation. This pulsating irrigation has been reported to be very effective at removing bacteria. Contains nasal and throat irrigation and atomizer tips. For more information, visit our website.

#81097 SinuPulse Elite Advanced Nasal Sinus Irrigation System \$97.00

#81098 Refill of 30 Packets \$14.95

The packets are a 30 day supply. If you do not wish to use these packets, use one teaspoonful of NON-Iodized salt and add to the SinuPulse tank.



PROTECT YOURSELF FROM THE SUN AND ITS HARMFUL EFFECTS

This handy device alerts you to the possible over-exposure to the harmful rays of the sun. Lightweight and very compact, you'll be taking the SunMate everywhere. Lots of good exposure information is included. Battery-operated.



#82100 SunMate UV Index Monitor \$18.95

EXPERIENCE THE HEALING POWER OF BREATHING WITH THIS FOUR WEEK PROGRAM

If something is troubling you, then changing the way you breathe will help. It is a recognized treatment for hypertension, relieving anxiety, depression, and chronic fatigue. This very effective training program will help you master these breathing skills in just 10 minutes a day. You get: a DVD, an audio CD with sessions to expand your consciousness, heal from emotional trauma, increase energy levels, and reduce stress... plus study cards and a guidebook.



#51054 The Breathing Box \$26.95

BREATHING TECHNIQUES TO RELAX AT ANY TIME

Longevity Breathing cultivates your ability to relax at any time and concentrate on what you are doing without becoming distracted. This Taoist practice of breathing with the whole body releases blockages in the mind/body, enhancing well-being and spiritual awareness. For anyone involved in healthcare, meditation, athletics, and the performing arts (particularly for those who use their voices professionally). 90 minute DVD.



#41064 Longevity Breathing DVD \$24.95

Read about these and other products

ONLINE

ToolsForWellness.com

KEEP YOUR HEART HEALTHY FOR LIFE



An action plan for lifelong wellness that includes: Dr. Andrew Weil's

- Anti-inflammatory diet.
- Exercises for optimizing the nervous

system—mindfulness, stress release, and loving kindness

C. Guided imagery-proven, medically effective 30 minute healing session

It is given that diet and lifestyle affect heart health. But, recent studies show that your emotions as well as mind-body practices such as guided imagery and meditation have an equally powerful influence. Includes: a 56 page workbook, 25 useful heart-habit cards, and 2 CDs.

#21485 The Healthy Heart Kit \$26.95

THE SILVER PULSER MAKES 99% PURE COLLOIDAL SILVER

The Silver Pulser offers the benefits of gentle microcurrents of electricity and also makes a mild silver solution. The microcurrents help stimulate the body's natural electricity for greater energy and well-being. Silver has long been recognized as one of nature's germ fighters. It is based on research that shows that electrification of the blood neutralizes viruses, bacteria and fungi. The Silver Pulser makes colloidal silver at 3–5 parts per million in one hour per 8 oz. glass of distilled water. The ionic colloids range in size of .005 to .015 microns, the optimum size and concentration for most applications.

This device is for experimental purposes only and is not meant to cure or treat medical conditions. Includes: battery-operated base unit, 99.99% pure silver electrodes, copper plated stimulator probes and sleeves, straps, instructions, carrying case and a 3 year warranty.

#73054 Silver Pulser \$229.95



STIMULATE YOUR LYMPHATIC SYSTEM WITH THE MAGNETIC PULSER

The Magnetic Pulser is an excellent adjunct to the Silver Pulser (above). It creates a pulsed magnetic field to help balance the body's natural electricity for greater well-being. The hand paddle can be applied anywhere on the body.

With a biological penetration of 9" it is primarily used on the lymph system and to target specific areas. Through the principle of induction, this magnetic field creates tiny electrical micro-currents. Includes AC powered base unit, magnetic hand paddle, operating instructions and 2-year warranty.



This device is for experimental purposes only and is not meant to cure or treat medical conditions.

#73055 Magnetic Pulser \$329.95

ACUPRESSURE FOOT MASSAGER FOR PAIN IN LEGS, NECK, BACK AND FEET

Massaging your feet stimulates all the nerve endings and pressure points in your feet, creating a soothing effect that actually relieves pain and discomfort in your extremities and throughout your body (all major organs and nerves end in the nerve endings underneath your feet). It improves your blood circulation and creates soothing relief. Used by athletes and massage professionals. Can be adjusted for length of treatment and intensity.

#62236 AcuPressure Foot Massager \$129.95

Add additional \$10 shipping charge.



MAKE CELLFOOD PART OF YOUR WELLNESS PROGRAM

To be at your best, your cells need two important things: to eliminate toxins, and to receive pure, vital nutrients Cellfood will effectively accomplish both of these at the same time. By making Cellfood the foundation of your health regimen, you'll be continually cleaning and detoxifying your body, eliminating free radicals, and bringing oxygen, hydrogen and 129 essential nutrients into every cell.

CELLFOOD DIETARY SUPPLEMENT

The highly effective, time-release delivery system in Cellfood enables over 95% of its nutrients to be absorbed and utilized at the cellular level. Because it is colloidal, bioavailability is increased substantially. As a result, this product provides an incredible oxygen source which aids in the functioning of every body system. Contained in the formula are: "aerobic" proteins, 17 amino acids, 34 enzymes, 78 major and trace elements, deuterons, electrolytes, and dissolved oxygen. A few drops in a glass of water are all it takes. 1 month supply.

#75001 Cellfood 1 oz. \$24.95

Buy 3 and SAVE! \$23.95 each



REBUILD YOUR DNA AND REVERSE THE AGING PROCESS

Research has shown that this formula's ingredients can regenerate cells, reduce risk of disease, and help you start to grow younger. Clinical studies has shown that regular supplementation of DNA and RNA nucleic acid bases increase cellular repair and regeneration. This spray formula does just that with only 6 sprays per day.

#83153 Cellfood DNA-RNA 1 oz. \$41.95



CELLFOOD SILICA ADDITIVE

Silica enables our bodies to remain flexible, resilient and energetic. Aids in supporting healthy bones, joints and cartilage, skin, nails, hair, teeth and gums. It also has been shown to reduce healing time. Silica levels decrease with age and therefore may be particularly useful among the elderly. 40 day supply.

#99628 Cellfood Silica 4 oz. \$24.95

Buy 3 and SAVE! \$23.95 each



CELLFOOD SKIN CARE OXYGEN GEL

Cellfood Oxygen Gel is specially formulated to take advantage of the dramatic topical benefits of Cellfood. This is a skin gel that is both beautifying and healing. It renews skin texture, promotes a youthful complexion, supports healing of skin conditions, refines oily skin, reduces blemishes, decreases fine lines around the eyes and mouth, and helps with discolorations of the skin. 2 oz. jar. Approximately a 1–2 month supply.

#18724 Cellfood Gel \$25.95



GET YOUR WEIGHT LOSS PROGRAM OFF TO A STRONG START

Combines Cellfood with fat burners to promote healthful weight loss—even while you sleep. It works naturally to assist the body in:

- Decreasing fat storage by inhibiting synthesis of fatty acids and cholesterol
- Increasing the body's metabolic action, transforming fatty acids into energy by accelerating the transport of these fatty acids into the cells' mitochondria
- Helps keeping the arteries clear, normalizing blood pressure and improving the heart muscle.

Mix 20 drops in 8 oz. of water or juice and take at bedtime. The 4 oz. bottle is a 60 day supply.

#82113 Cellfood Natural Weight Loss Formula \$29.95



Physical Well-Being

AN INTELLIGENT APPROACH TO GROWTH HORMONE

Hgh Plus is not a hormone. Its all-natural ingredients **stimulate the pituitary to release natural growth hormone**. It has been shown to increase the natural secretion of human growth hormone levels by 70% over a 60 day period. This gentle approach works with the natural occurring rhythms and cycles of the body. Hgh Plus has a trusted 10 year history of unmatched success with improving personal and family health. It is one of the very few formulas that is doctor-developed, has clinical trials and safety data. You can feel good knowing that it is safe for men and women of all ages. Each batch is tested for purity in an FDA approved laboratory. Sprays are convenient and easy to use. However, growth hormone is a large, unstable molecule and cannot pass through membranes in the mouth. The result is: you just do not get the dose that you think you are getting. Hgh Plus is a liquid tincture (easily absorbed) and the only one in the world using the powerful Alpha Trisquelene as its delivery system.



Users of Hgh Plus report increased energy and libido, memory improvement, elevated mood, improved sleep, immune system enhancement, restoration of hair and muscle mass, as well as improved skin texture.

The ingredients of Hgh Plus are 100% natural; there are NO synthetic ingredients. This product is composed of herbs that are wild crafted and free from pesticides or other harmful additives. This is important, as the body accepts herbs like foods, allowing them to be readily absorbed. The carrier solution is rice vinegar and soy seed oil, not harsh chemicals.

This formula has a long history of use. It was initially developed by a master herbalist and expert in clinical nutrition. It has been shown to be gentle and safe to use. 1 oz. is approximately one month's supply.

#61043 Hgh Plus 1 oz. \$59.95

#61046 Buy 3 for \$179.85 and get one FREE

ANTI-AGING FORMULA FROM JAPAN



Scientists and researchers have determined that Hyaluronic Acid is a contributing factor in: joint mobility, healthy vision, and smooth and well-toned skin. HA is a naturally occurring substance, which is present in all connective tissues of the human body. It is in high levels in the skin, ligaments and joint fluid. Also of benefit in helping the skin remain more flexible and for spinal discs remaining more viscous. Hyaluronic Acid, Biocell Collagen Type II and Chondroitin Sulfate.

#81064 Hyaluronic Acid 90 capsules \$39.95

Buy 3 bottles and SAVE! \$34.95 each

THE FLUID OF LIFE

Tachyonized water draws Life Force to every cell of your body. It has been called the elixir of life, working from the inside out, increasing energy, endurance, and balance.

#48146 Tachyonized Water 4 oz. dropper bottle (one month supply) \$11.95



REVERSE AGING

The author reports that at 27, his bioelectric age was 39 but now at 51 calendar years, his bioelectric age is 19 ... what's his secret? Find out how to go backward in age. 6th Edition. 384 pages.

#48378 Young Again \$24.95



OXYGEN THERAPIES FOR A POLLUTED WORLD

Oxygen gives you energy, it helps alkalize your blood, which brings vital nutrients from your food to rebuild and repair the cells. This book highlights the problems due to lack of oxygen and offers solutions to remedy the deficiency. 591 pages

#42019 Flood Your Body with Oxygen \$27.99



DON'T ACCEPT AGING AS A FACT OF LIFE

The accumulation of acidic waste products within our bodies is the process of aging. Learn how to remove them and reverse aging. 123 pages.

#62077 Reverse Aging \$11.95



ACHIEVE WEIGHT LOSS NATURALLY

Change ingrained behavior patterns with lasting impact so that your appetite and self-esteem work in harmony to help you achieve and maintain your ideal weight.

#75076 Slim Naturally CD \$14.95

LEARN TECHNIQUES TO ALTER BRAIN ACTIVITY, BLOOD PRESSURE, MUSCLE TENSION AND OTHER CRITICAL BODILY FUNCTIONS.

By integrating biofeedback as a tool to gain access to the mind-body connection, WILD DIVINE allows a person to "see" how their body is responding to certain stimuli.

Using the LightStone™ and finger sensors, this unique biofeedback device allows you to progress through the game's enchanting and mythical landscapes using the power of your thoughts, feelings, breath and awareness.

Meet Your Guides: Wise mentors teach you meditation and breathing exercises as they guide you gently throughout the realm helping you to cultivate a new sense of self awareness that is both peaceful and mindful.

Biofeedback Events: Learn to focus through Zen Archery, build a magic stairway with your breath, juggle

halls with your laughter—these are just a few of over 40 energy events you will discover on your journey.

The benefits of doing the sessions include:

- Enhanced powers of creativity, intuition and concentration
- Reduced stress and anxiety
- A sense of being in balance, connected, and in the "zone"
- Increased relaxation and energy
- Improved mental and physical performance
- Greater awareness of mind and body

Works with PC and Mac.

#42556 Wild Divine \$159.95



WHAT CAN A FAR INFRARED SESSION DO FOR YOU?



You'll feel an immediate sense of well-being and comfort, as our Far Infrared Dome emits over 91% of FIR energy. The heat is from frictional vibration of molecular movement in the body.

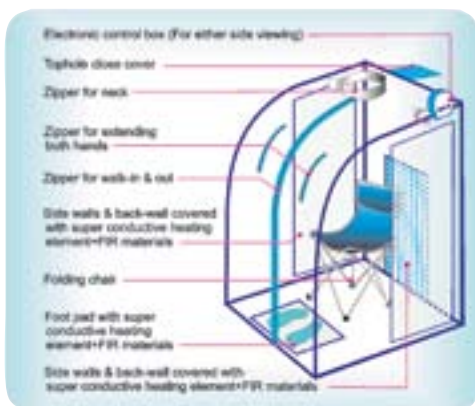
It's very easy to use and you don't have to undress. The half-dome construction allows you to use while lying down or sitting. This permits FIR to be directed to the back, abdomen, arms and legs.



It may be unfamiliar to you, but Far Infrared is a natural light energy which people will feel as heat. It has the unique property of being able to penetrate deep into the body resulting in maximum relaxation as well as numerous other benefits to the body. The user will feel instant relief of muscle stiffness and soreness. The heat sauna effect can also help to achieve weight management through its ability to increase metabolism.

FAR INFRARED SAUNA FOR DEEP THERMAL PENETRATION

Far Infrared Ray is a form of electromagnetic light energy from the sun. It can penetrate through the skin into the subcutaneous tissues improving blood circulation, promoting overall metabolism, getting rid of bodily toxins and metabolic by-products from the body and improve cellular vitality. Upon penetrating the skin, FIR transforms light energy



Controls allow the user to select temperature and treatment time. Most people use it lying down with the Dome placed over the area of the body where relief is desired. Others like sitting in a chair with the unit curved around the back. Besides getting relief to specific areas, you'll feel like you've just had a total body workout. When far infrared heat penetrates deep into the body. Many people experience a refreshed mind, relaxed mood, reduction of aches and pains, improved metabolism, and systemic regularity leading to an overall feeling of wellness. Measures 26 x 20" with a 14" clearance.

Not for use by people with illness, heart conditions, pacemakers, children, or women who are menstruating or who are pregnant.

The Dome is not to be considered a replacement for any regimen or treatment prescribed by a healthcare professional. No health claims are intended and statements made here have not been evaluated or approved by the U.S. Food & Drug Administration.

#42689 Far Infrared Dome \$499.95

**Add additional \$30.00 shipping charge.
Continental U.S. shipments only.**

into heat energy. The thermal effect within the deep layers of the tissues causes blood vessels and capillaries to dilate, promoting a vastly improved blood circulation.

Benefits include: improved blood circulation, enhanced metabolism, detoxification, increased immune system function, cellular vitality, peak energy, vasodilation and skin purification.

Another important benefit: the heart rate increases as more blood flow is diverted from the inner organs towards the extremities of the skin without heightening blood pressure. Heat stimulates vasodilation of peripheral blood vessels, bringing oxygen to joints and extremities, speeding the healing of sprains and strains, thus relieving pain.

The sauna produces dry, therapeutic heat of 150 degrees (maximum).

The increased blood flow helps aching and injured muscles recover faster because the stronger the flow of blood, the quicker metabolic and toxic waste products are purged from the body, through the skin

FAR INFRARED MINERAL ENERGIZER LAMP

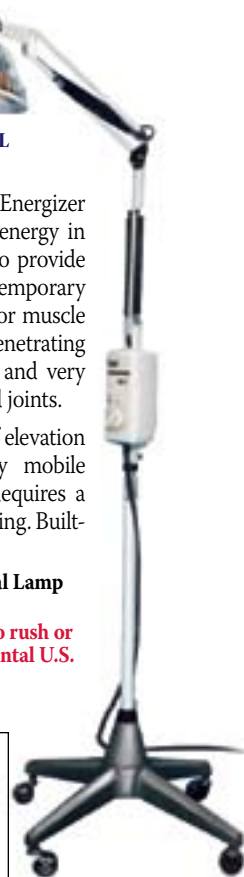
The Far Infrared Mineral Energizer Lamp is intended to emit energy in the far infrared spectrum to provide topical heating for the temporary relief and relaxation of minor muscle and joint stiffness. The penetrating heat generated is constant and very soothing to the muscles and joints.

Height, reach and degree of elevation are adjustable. Completely mobile with heavy duty casters. Requires a minimal amount of assembling. Built-in timer: 110v.

#42526 Far Infrared Mineral Lamp \$199.95

*** Extra \$10 for shipping. No rush or express shipments. Continental U.S. shipments only.**

**Share Us With A Friend
Help someone else enjoy
the life-enriching products at
TOOLS FOR WELLNESS.
Send us their name and we'll
rush a catalog to them.**



Book describes the uses and benefits of the Far Infrared Mineral Lamp.

Softcover, 87 pages.

#42527 Pain Free With Far Infrared Mineral Therapy \$14.95



during perspiration, believed to be responsible for eliminating up to 30% of body waste.

The Sauna Hothouse is easy to assemble and comes with a timer, footpad, foam floor cushion and folding chair. Occupies only 6 sq. ft. of floor space. 38" high x 27" wide x 31" deep. 110v.

***#81056 Sauna Hothouse \$649.95**

Add additional \$30.00 shipping charge.

*Denotes this item ships factory direct. No rush or express shipments. Continental U.S. shipments only.

THIS SAUNA SHOULD NOT BE PURCHASED IF THE USER IS OVER 6' TALL AND WEIGHS OVER 195 LBS.



Physical Well-Being

PREVENT DANGEROUS LEG CLOTS, IMPROVE CIRCULATION AND REDUCE SWELLING IN THE LEGS

The RevitaLeg is a solution to improve circulation and reduce swelling in legs. It was developed in conjunction with one of Japan's leading authorities on prevention of DVT (Deep Vein Thrombosis). The unique "Therapy Mode" delivers a patterned massage with a compression pressure of 45mm Hg, identical to that delivered by expensive hospital units. Without

the hassle of large boots or sleeves, the RevitaLeg provides a gentle yet effective massage those results in improved circulation in the legs and feet.

Doctors and hospitals recognize intermittent pneumatic compression massage (IPC) as a safe and effective means of preventing the formation of dangerous blood clots. Many hospitals routinely apply pneumatic compression boots to all patients undergoing surgery or who are bed ridden for long periods of time.

IPC provides an increase in circulation by mechanical action on the deep veins of the leg. When the veins are compressed, the blood is forced up the leg, back toward the heart. This prevents the blood from pooling in the feet and lower leg. The action is similar to that which takes place when you are walking. The muscles of the calf contract and relax when you walk

and, in turn cause the pumping action on the deep veins of the legs.

With the RevitaLeg, just 10 minutes of massage will result in a temporary circulation improvement. Use it on one leg, then remove and apply to the other leg. Its main purpose is to use whenever you are seated and immobile for long periods of time. Just use the RevitaLeg every hour or so during a plane trip when you are confined in your seat and it will help keep the blood flowing.

The RevitaLeg fits calf sizes up to 20" and has three Massage Modes:

- Mode 1: 10 minute massage with peak pressure at set level.
- Mode 2: 10 minute massage alternating between 2 pressure levels.
- Mode 3: Therapy Mode—10 minutes at 45mm Hg peak followed by 20 minutes rest, and then repeats.

Modes 1 and 2 are used to relieve muscle aches and pain. Use Mode 3 for circulation improvement.

RevitaLeg is particularly ideal for travel. The World Health Organization reports that air travel of four hours or more doubles the risk of developing dangerous DVT.

#84039 Revitaleg Portable Leg Massager \$159.95



DISINFECT AND STERILIZE ANYWHERE, ANYTIME. GET RID OF GERMS WITH EASE

The rechargeable Sanitizing Light Wand uses powerful and safe UV-C ultraviolet light to eliminate allergy and disease-causing dust mites, bacteria, viruses and mold without leaving any residue. These organisms are some of the leading causes of upper respiratory problems, asthmatic reactions,

headaches, colds and flu-like symptoms. It is a particularly safe and powerful way to directly attack the surfaces that carry harmful germs and bacteria, and it leaves those surfaces odorless and chemical-free. That makes it good for you and good for the environment.

Weights only 1 lb. and is 22" long. Rechargeable stand included.

#84040 Sanitizing Light Wand \$99.95



HANDY POCKET PURIFIER

With this pocket-sized ultraviolet disinfectant lamp, you can easily destroy most bacteria and viruses in seconds. Suitable for purifying telephones, toys, scissors, nail clippers, cribs, strollers, door handles, and most everyday items. Use it while traveling, in sick rooms, bathrooms, kitchens, on dinnerware, toys, handles, telephones, keypads, shared office equipment and devices ... just about anything. The Pocket Purifier uses the same germicidal ultraviolet light (UV-C) technology found in hospitals used to sterilize surgical instruments.

Simply hold the Pocket Purifier with its built-in ultraviolet bulb over the intended area for about 10–20 seconds and it will help destroy harmful bacteria and viruses, including e-coli, bacillus subtilis, staphylococcus aureus, hepatitis and influenza. It measures only 6". Battery-operated. Carrying strap included.

Recent headlines from around the world indicate a need to be very wary of communicable diseases that are contagious. This light can be a very effective defensive tool for you and your family.

#83180 Pocket Purifier \$19.95

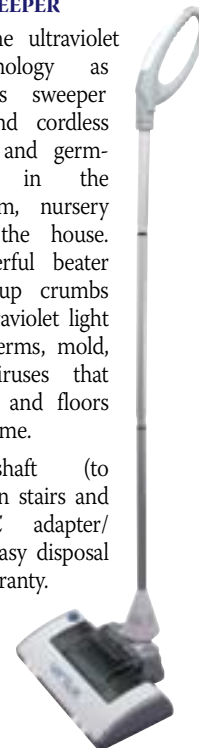


SANITIZING SWEEPER

Features the same ultraviolet lightwave technology as the wands, this sweeper is lightweight and cordless for quick, easy, and germ-free cleanups in the kitchen, bathroom, nursery—anywhere in the house. While the powerful beater brushes snatch up crumbs and dust, the ultraviolet light kills dangerous germs, mold, bacteria and viruses that inhabit carpeting and floors throughout the home.

Multi-length shaft (to convert for use on stairs and upholstery), AC adapter/battery charger. Easy disposal system. 1 year warranty.

#83199 Sanitizing Sweeper \$99.95



TRAVEL MODEL

Take along this compact Sanitizing Wand for hotel rooms, bathroom towels, furniture, public restrooms, airport seating surfaces, and countless other situations when you travel. Only 10" long. Runs on AA batteries. 1 year warranty.

#83197 Sanitizing Travel Wand \$59.95



Dust mites are everywhere in your home, feasting on dead skin cells. One of their favorite places to live is in a mattress, which typically hosts as many as 10 million of these creatures. They can cause allergies, asthma attacks, eczema, hay fever, and spread other more dangerous viruses and bacteria.

The two wands and sweeper (on this page) are 99% effective against these organisms: Klebsella pneumonias, Pseudomonas aeruginosa, Staphylococcus aureus, Escherichia coli, Candida albicans, Methicillin Resistance S.aureus, Bacillus subtilis, and Penicillin funiculosum.

Read about these and other products

ONLINE

ToolsForWellness.com

15-30 MINUTES A DAY TO GREATER HEALING



By balancing your Qi, or life energy, and raising the strength of the magnetic field around your body, you can resist negative outside influences, be they pollution, unwanted EMFs, or emotional unpleasantness. The techniques involve simple movements, breathing exercises and mental focus on energy movement in your body, and sitting meditations. Takes only 15-30 minutes a day. Here's What You Get:

- 4 audio CDs discussing how to bring the power of Spring Forest Qigong into your life
- 2 audio CDs of the Active Exercise and Sitting Meditations. Listen to these sessions while practicing Forest Qigong
- 1 full color DVD of Master Lin demonstrating each of the Active Exercise movements
- 40 page course manual with detailed descriptions of each movement and meditation
- CD of original music as background for practice.

#42549 **Spring Forest Qigong Level 1** \$149.95

OXYGENATE YOUR SKIN

OxyVital delivers oxygen to your skin, soft tissue areas, gums, nasal passages and feet. It is specifically formulated for cellular anti-aging. Combines super oxygen bonded with the purest organic, therapeutic grade essential oils, Vitamin E, Vitamin A, and Omega anti-oxidants, recognized for their longevity and anti-aging benefits. The Vitalized Oxygen soothes, repairs and rejuvenates skin that has been chemically peeled, or skin that has been exposed to sun, wind, or other harsh elements. Contains Rose and Neroli Organic Essential Oils. Smells and feels wonderful on your skin!

#41083 **OxyVital Skin Elixir 1oz.** \$29.95

Individual results from using these products may vary. These products have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease.



REDUCE SWELLING WITH PURE COLLOIDAL GOLD

Colloidal gold has been used for centuries for a variety of ailments including easing the discomfort of rheumatoid arthritis, improving memory and mental alertness. Colloidal gold possesses a negative charge at the surface of the particles and bonds strongly to other molecules making it highly bioavailable. 30 tablets of 99.99% pure Colloidal Gold.

#75337 **Aurasol™ 10 mg** \$79.95



CANCER SUPPORT

Developed by The Monroe Institute to help you strengthen your mind-body connection and access inner resources to boost your immune system. The four CDs contain:



- **Chemotherapy Companion:** Supports a positive outcome for your chemotherapy
- **Radiation Companion:** Supports a positive outcome for your radiation treatments
- **Journey Through The T-Cells:** Strengthens and maintains your immune system
- **Sleeping Through The Rain:** Journey from deep relaxation into natural refreshing sleep

#51090 **Cancer Support Series 4 CDs** \$59.95

PUT SOME "SPRING" IN YOUR STEP

The MobilityPads formula is based on Oriental and Ayurvedia herbology. This herbal blend utilizes far infrared heat to gradually generate warmth and dilate the capillaries in the feet. Users report increased circulation leading to greater mobility. They are used overnight, placed on the arch of the foot and worn for up to 8 hours. Each pad is 2" x 3". The all-natural key ingredients are:

- White Tourmaline to increase circulation with far infrared heat
- Peppermint to soothe and relax muscles
- Capsicum to relieve aches and pains
- Chamomile for skin conditions and stress relief
- Ginger to alleviate stiffness and pain
- Arnica as an anti-inflammatory

#46108 **MobilityPads Pack of 10** \$29.95

These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, prevent, treat or cure any disease.



IMPROVE YOUR EYESIGHT NATURALLY



The author, born without sight, refused to surrender to his blindness. Instead, he began an intensive exploration of sight and developed a profound self-healing system. This interactive kit will help you to discover how eyesight influences your overall well-being, and learn 13 exercises to increase your visual acuity and ocular health. Even if your vision is excellent, you're probably one of the 70% of computer users who suffers from repetitive eyestrain. Includes: 2 CD learning sessions, practice cards, eye charts, and a guidebook.

#51053 **The Natural Vision Improvement Kit** \$26.95

ENJOY NATURE'S FULL SPECTRUM OF SUNLIGHT WITH OTT™ PROTECTION SUNGLASSES



OTT Sunglasses let natural light in and keeps damaging sun rays out so you can see things as they really are. Other sunglasses create distortion and color hues on your viewing area which can affect judgment and accuracy. The only sunglasses by Dr. John Ott, a man dedicated to teaching us the importance of natural sunlight to the human body.

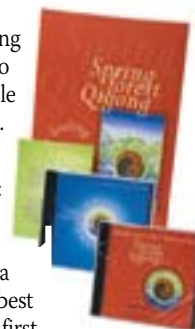
#42039 **Basic Women's** \$39.95
#42040 **Aviator Men's** \$39.95

HELP OTHERS TO HEAL THEMSELVES

You can learn how to use Spring Forest Qigong to help other people heal themselves.

This Level 2 course includes: four CDs, one DVD, a 40 page course manual, a music CD. It is best to learn Level 1 first. However, you can begin with Level 2.

#42550 **Spring Forest Qigong Level 2** \$199.95



CELLULAR BOOST WITH COLLOIDAL DNA

The body is reminded to heal itself through the Bioenergetic Resonance Re-patterning and entrainment of resonant fields enabling healthy DNA to be transferred to the body. This is a powerful and effective cellular regeneration booster... containing colloidal Gold, Silver, Rhodium, Iridium, Platinum, Chromium, Vanadium and Silica.

#75338 **Colloidal DNA Boost 2 oz. dropper bottle** \$89.95



Manage Pain

DEEP TISSUE PENETRATING MASSAGE

Infra means very low frequency; tonic means vitalizing. Infratonic Therapy uses specific, randomly generated bands of infrasound (below 30 Hz) waves to penetrate superficial and deep layers of the body. When our cells are traumatized, they send out signals of discomfort and aggravation, which lead to pain, swelling, and energy depletion. Infratonic Therapy works by interrupting trauma at the cellular level, using the same frequencies that the body itself uses for intercommunication. Thousands of users world wide attest to its ability to accelerate sub cellular vitality, reduce stress and worry... important keys to accelerated recovery.

There are three patented vitalizing settings:

- **FULL:** Most effective for accelerated recovery
- **SLEEP:** excludes signals that create alertness
- **PAIN:** Excludes signals that accelerate sub-cellular activity, which could aggravate inflamed areas



Doctors, chiropractors, acupuncturists, and veterinarians are among the many users. Just as Qigong masters are able to focus chi, or life energy, into patient's bodies and stimulate relaxation and energy, the unique "chaos" circuit delivers low frequency (2-25 Hz) sound waves directly to the area you want.

#46088 **Infratonic 8000**
\$895.00

#75382 **Position Arm (For hands-free use)** \$84.95



GET RELIEF FROM CHRONIC PAIN

Similar to the Infratonic, the deep, penetrating action of the SoniCalm loosens and relaxes muscles.

It is highly effective on pain caused by injury, swelling, fatigue and chronic conditions.

The most important distinguishing feature of SoniCalm 3 vs. all other machines is this: The manner in which the sound waves are transmitted is called CHAOS THERAPY and it is patented. This means the sound pulses are constantly jumbled, so the body cannot get acclimated to the therapy. Therefore, the effectiveness of the SoniCalm 3 actually **INCREASES OVER TIME.**

This standout feature, combined with the top-notch construction and well thought-out features make this unit well worth its cost.

The SoniCalm is simple to use—just apply it to where it hurts. It helps to improve circulation, relax muscles and relieve pinched nerves. This is not a massager. SoniCalm produces rapid-fire sound waves that dissolve cellular trauma, helping to stop excess inflammation and promotes pain relief more quickly.

The SoniCalm's deep penetrating sound waves strike at the very cause of pain and stiffness, producing wavelets, which penetrate deep into the body's cellular tissues, relieves pain, relaxes muscles, reduces inflammation, reduces edema, and accelerates healing.

The unit has 3 levels of treatment intensity. It has a timer and an alarm, if needed. It is extremely well made; its construction, well thought-out design and satisfying results make this well worth its cost. 3 year warranty.

#46090 **SoniCalm 3**
\$695.00

#75382 **Position Arm (For hands-free use)**
\$84.95



WHAT'S THE DIFFERENCE BETWEEN INFRATONIC AND SONICALM?

Infratonic 8000 is used for accelerated recovery. Very effective where there are broken bones and tissue that are slow to heal. Excellent for the complete approach to the mind-body healing process. The SoniCalm 3 is **targeted specifically**

for the relief of pain, particularly where nothing else has worked before, such as chronic pain.

AWAKEN SHARP AND YOU'LL THINK SHARP! GET A GOOD NIGHT'S SLEEP

OUR MOST POPULAR SLEEP CD AND NO AFTER EFFECTS

The harmonic blend in this 74 minute CD embodies a complex harmonic blend that is embedded at a much lower level than the audible filtered "pink noise" that you hear.

- Reduces the time to fall asleep
- Enhances the quality of sleep; allows you to have good night of natural, peaceful, and deep sleep
- Effective for persons with high stress and pain.
- No side effects



Use for 15 minutes prior to retiring for the night or can be played continuously throughout the night with your CD player set on "continuous play".

#22150 **Harmonic Sleep CD** \$19.95

SOOTHING POWER AGAINST PAIN

Soothes sore and aching muscles with low intensity electrical currents for relief from minor pain and discomfort. The same technique previously available only to doctors and hospitals can now be used in the privacy and comfort of your own home. Avoids the necessity for needles and expensive therapy sessions. This massager sends small electrical impulses through the skin to reach the underlying peripheral nerves to reduce pain, alleviate muscle soreness and to improve circulation. Through the years, the use of low intensity electrical current has become widely accepted by medical professionals and it is now used widely in hospitals as a pain relief and muscle relaxation technique. Several treatment modes, timer and intensity controls.



#72071 **Personal Electronic Massager**
\$129.95

#42537 **Extra Pack of 8 Pads**
\$14.95

Individual results from products may vary. These products have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease.

RELIEVES PAIN, REDUCES NUMBNESS, INCREASES CIRCULATION TO BACK, LEGS, FEET AND HANDS

The ReBuilder® is a hand held, electronic, FDA approved medical device, that rebuilds your nerves to stop numbness and pain, increases blood flow to your legs and feet to support the nutritional needs of these newly awakened nerves, and increases calf muscle strength to restore your mobility. The ReBuilder® sends its healing signals to your feet, hands or back. You simply place the small signal pads on your skin or in the water of the twin compartment footbath. Then, sit back and relax for your relaxing thirty minute treatment. Your feet will feel refreshed, warm, flexible and pain free. It feels like a relaxing massage. This 30 minute twice daily reprieve sends tiny electrical impulses from one foot, to the knee, to your hip, across the nerve roots of your lower back, and then down the other hip, knee, ankle and all the way to your other foot. Then the signal reverses itself and travels up that leg, across the nerve roots again, and then down to the original foot. This signal, that precisely duplicates a strong, healthy nerve impulse, enervated dormant nerve cells, improves blood circulation, strengthens leg muscles, helps you sleep better at night, and restores your sense of balance. You can walk with confidence again without relying on expensive drugs that have dangerous side effects.



Control Unit & Pads

The kit includes directions for using the ReBuilder in order for you to achieve excellent results. The foot bath makes it particularly effective for foot and leg problems. 2 year warranty. Non-returnable.

#33810 ReBuilder Personal Model \$399.00

New features: 30% more powerful, larger, easier-to-use controls, new EMS (Electronic Muscle Stimulation) setting

strengthens muscles that have atrophied from disuse to debilitating neuropathy pain, operates on AC power or batteries. Now you can increase muscle strength by using the EMS, enabling a return to your normal activities.

#83186 ReBuilder Clinical Model \$699.00



Foot Bath

PAIN CONTROL

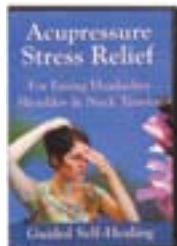
This Monroe Institute program can help you reduce pain signals until they no longer seem significant. CD: 44 minutes.



#42748 Pain Management CD \$19.95

EASES HEADACHES, SHOULDER AND NECK TENSION

Learn to relieve your stress in just 10-15 minutes in a chair using self-acupressure, gentle stretching and deep breathing. Easy-to-use routines that you can use anywhere, anytime.



30 minute DVD #83147 Acupressure Stress Relief \$19.95

USE SOUND WAVES TO HEAL WITH ITS EXTRA DEEP AND PENETRATING EFFECTS

The Novasonic delivers quick, temporary relief for discomforts to muscles and deep tissue. It delivers this benefit very efficiently. It accomplishes this with a mix of sound wave frequencies between 60 Hz and 10,000 Hz, all emitted at the same time. Using mixed frequencies allows for sound to penetrate to various depths into the tissues.

The Novasonic unit utilizes a sound transducer that vibrates at selected frequencies within the audible range (between 16-20,000 Hertz). Sound waves are transmitted to the treatment area through a specially designed "sound head", applied without pressure to the skin surface. The sound



Used by Athletes

waves can penetrate up to 2 1/4" within the body, treating areas inaccessible to other techniques. Furthermore, the intensity of the waves and accompanying vibration can be adjusted easily.

When sound waves are applied to the body, the cells and tissue absorb some of this energy, thus increasing circulation to enhance healing.

The unit may look like an ultrasound unit, but

Novasonic uses audible sounds, a different technology. This provides intensive stimulation of the natural functions of the cellular, circulatory and nervous systems.

Users report significant relief, particularly in the joints.

The Novasonic has two speeds (high and low), and an intensity control knob. There are two sound heads; flat for large areas, and round for points. It is well made and designed to give many years of service. Comes with carrying case.

#42500 Novasonic \$199.95

OPEN 24/7

ToolsForWellness.com

GET ARTHRITIC PAIN RELIEF IN 15 MINUTES

This powerful blending of Arnica, Vitamin B complexes (including Niacin) and numerous trace elements in a Tachyonized water base is quickly absorbed into tissues and muscles.

You'll feel the results rather quickly and they will increase over a period of one hour. The Tachyon process is based on faster-than-light subatomic particles and began with the discovery of free energy by Nikola Tesla many years ago.



#48142 Tachyonized Panther Juice 1 oz. \$19.95

TREATMENT FOR PHYSICAL AND EMOTIONAL TRAUMA

If you suffer from physical injury, pain or mental anguish... the mind-body-spirit collapses

into a heightened condition of tension and stress. This CD program, by Brian Paulson, works by reducing the rigidity in the body which affects breathing, blood pressure, muscle stiffness and mental confusion. The method used is entrainment and resonance. 32 minutes.



#42741 Deep Release \$16.95

Detoxification

DETOXIFY YOUR BODY IN 14 DAYS It's SAFE, EFFECTIVE AND NATURAL

The Total Body Cleanse consists of six formulas to systematically support and assist the body to cleanse the main channels of elimination: the lymphatic, the blood, the liver, the bowel and the urinary tract of unwanted waste, toxins and parasites. This is a comprehensive, effective and clinically tested body cleanse system to be taken over a 14 day period, that has proven to be extremely effective. These six formulas (in separate bottles) used bioenergetic testing and were designed to attack the source, restore the immune system and promote general good health. The six formulas have been packed together for those individuals desiring a natural and highly effective "total body cleanse." It is the most comprehensive clinically tested body cleanse package on the market today. Each of the six bottles contains 100 capsules.



#22149 14 Day Body Cleanse \$69.95

DETOXIFY WITH CHELATION

Chelation is the binding of a metal or mineral to another substance, which in turn enables those materials to be flushed out of the body. Employs the weak acid EDTA, and has long been the treatment of choice for removing lead and other heavy metals.

- Removes heavy metals and calcification
- Minimizes blood clots
- Thins the blood
- Helps with atherosclerosis

Each capsule contains:
Garlic 400mg and EDTA 100mg.

#48386 EDTA 480 capsules \$71.95



SCAVENGES FREE RADICALS AND TOXINS

The vitality of Oxy-Bliss Liquid is incredibly psychoactive, producing a high-energy feeling of well being, optimism and clearer thinking. Sublingual for fast and complete absorption. Helps detoxify the body by scavenging free radicals and toxins. (1-2 month supply) 1 oz. bottle.

#46038 Oxy-Bliss \$46.95

Buy 2 and SAVE! \$43.95 each



IMPROVES DIGESTION WITH OXYGENATION

Whether you want to clean out and detoxify the colon, or oxygenate your system for an added edge, Oxybliss could be the answer for you.

Excellent before workouts for increased physical and mental stamina. This is a very effective, desirable detoxifier and colon cleanser. Cleans the colon, oxygenates the blood, provides increased physical and cognitive vitality, as well as promoting regularity by re-oxygenating the colon.

#33811 OxyBliss Capsules 100s \$59.95

#48379 OxyBliss Powder 8½ oz. \$69.95



BODY PURIFYING FOOT PADS

BodyPure is a soft, potent 2" x 3" foot pad designed to absorb toxins from your body. Developed from years of medical research in Japan, this natural herbal product is effective in cleansing the body from the inside out. It is effective in absorbing body toxins, combating fatigue, improving circulation, increasing metabolism, and repairing a compromised immune system.

There are no chemical additives. Use one pad on the bottom of your foot for 8-10 hours (usually overnight). The foot pads are placed on the arch of the foot to maximize the detoxification, since that particular area of the body hosts reflexology points to most of the major organs of the body. Through stimulation of circulation, the normally slow detoxification of the system is accelerated, allowing for the removal of toxins from the body. The visual evidence is compelling ...



Pad shown after use

the pads become discolored. 10 pads per box.

New and Improved

- Contains: 3 times more 100% bamboo vinegar
- Contains: 20% more of the custom herbal blend
- Contains: Citronella (antibacterial/deodorizer)
- Contains: Diatomaceous Earth (strong absorption qualities)
- New technology to keep ingredients evenly distributed

#51081 DetoxPads \$29.95

Free Toxin Testing Analysis When You Purchase 3 Boxes.

THE BEST COLON CONDITIONER

It increases bowel activity, and releases oxygen that actually removes old impacted fecal matter helping to remove harmful pathogens and revitalize the entire colon. Oxy-Cleanse allows room for the bowel process to resume normal activity. This product does not cause uncomfortable bloating and cramping. It does not just push out waste material. It works by breaking down old matter so the elimination is gentle and natural. Some people take it daily for continuous cleaning action; others adjust the dose according to their needs. There is no need to drink extra glasses of water. There is no psyllium and no harsh laxative herbs. Its unique oxygen process does not weaken colon muscles. It's safe for seniors, too. Also, a great companion to a weight loss program. 75 capsules

#22118 Oxy-Cleanse \$19.95



PARASITE CLEANSER

More than 80% of the population has one form of parasite in their system. This herbal formula contains a highly effective group of herbs to naturally and effectively assist the body in the elimination of worms and parasites, by means of a thorough bowel elimination. It is also a very effective intestinal cleanser. 100 vegetable capsules

#62152 Parasine-2 \$15.95

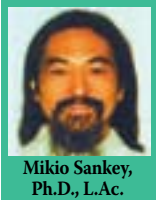


Read about these and other products

ONLINE

ToolsForWellness.com

Mind Altering Experiences



ESOTERIC ACUPUNCTURE

Books that Will Inspire All Who Are Interested in a Melding of Ancient and Modern Approaches

ESOTERIC ACUPUNCTURE

An amazing confluence of acupuncture, sacred geometry and the Qabbalistic Tree of Life. Enables you to accelerate your spiritual advancement. A very powerful tool for accelerating your own evolution, sense of purpose and a deep sense of peace and oneness with the Self using specific sequences of acupuncture points for profound shifts in consciousness. 432 pages.

#71005 Esoteric Acupuncture \$24.95



DISCERN THE WHISPER

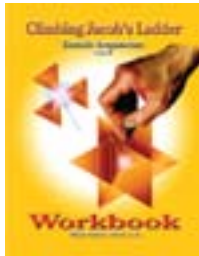
Volume 2 contains expanded acupuncture concepts, new information for non-acupuncturists, additional new encoding patterns. 397 pages

#81068 Discern the Whisper \$24.95

WORKBOOK

This Workbook is designed for energy healers and the myriad of people who purchased the first two books by Mikio Sankey. Easy-to-use diagrams. 110 pages.

#42052 Climbing Jacob's Ladder \$24.95



SEA OF FIRE—COSMIC FIRE

Volume 4 of Dr. Sankey's series. It further expands the material presented in the earlier volumes. 307 pages

#45723 Sea of Fire—Cosmic Fire \$24.95

NUTRITION FOR HIGHER CONSCIOUSNESS

The 5th book in the series. Ties in the physical body to the higher planes of consciousness discussed in Dr. Sankey's first four books. "Support The Mountain" refers to root chakra activities, which include our daily survival and choice of foods. The higher aspect of the book refers to eating to raise your inner vibrations to a higher plane of consciousness.

Dr. Sankey has interwoven the concepts of Naturopathy with the Chinese Five Element theory and Chinese medical concepts into a new and usable format for the Age of Aquarius.

Another very provocative book, the main focus of which is on choices of foods to best support moving into higher planes of consciousness.

#83193 Support the Mountain \$24.95



FOR CONSCIOUSNESS EXPLORATION AND SPELLBINDING MENTAL STATES

This powerful formula is designed to promote a sense of tranquility and reduce mental and emotional distress. Users report vivid experiences with light and sound and other consciousness-boosting adventures, such as inner journeying, meditation, tantra, and deepened intuitive awareness. The blend of Kava Kava, Ginkgo Leaf, Passion Flower, Kola Nut, Bilberry, Schizandra berry, Chamomile Flower and a very fine variety of Korean Ginseng produce an unusual synergy. Contains no Ephedra. For adult use only and not to be used while driving or operating machinery. The spray bottle makes it easy to put 2–10 sprays under your tongue for exceptional absorption. Each bottle contains 30–50 doses.

#41063 Altered States 1 oz. \$39.95
Buy 2 and SAVE! \$34.95 each



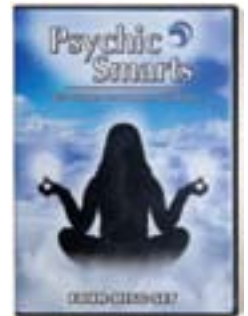
ENHANCE YOUR PSYCHIC ABILITIES, ENHANCE YOUR LIFE

Helps people to meditate and communicate with their unconscious mind, so they can become more creative, improve their motivation, eliminate bad habits, become more intuitive and otherwise improve their lives.

An excellent guide for the beginning psychic explorer and also offers a wide variety of techniques, tests and examples which will inspire even the seasoned intuitive. Specific examples show how developing and applying these skills to everyday living can enhance your relationships, health and abundance.

Contains an 83 minute disc that takes you through the entire program—a 43 minute DVD of visual meditations, a CD of guided meditations, and a CD-ROM (for PC and MAC) with a four level test to better focus their mind and test and enhance their intuition. The CD-ROM is programmed so that there are always different results. SO THE TEST IS ALWAYS NEW AND STIMULATING. 4 disc set.

#83215 Psychic Smarts \$39.95



ATTAIN A PROFOUND CHANGE IN CONSCIOUSNESS

Biosonic music designed to bring forth the feeling of euphoria and bliss and a transcendent experience. The subtle vibrations will bring you much joy and bliss, particularly when played in a quiet and safe space. 51 minutes

#45709 Harmonic Bliss CD \$16.95



UNLEASH THE POWER OF THETA WITH VIVID IMAGERY

This program puts you into the deep and elusive Theta state. Over a 4 week period, your brain's electro-magnetic energy is progressively balanced, organized and amplified. Empowering visualization and accelerating manifestation. Use with headphones for best results. 2 CDs. 60 minutes each.

#41047 Sacred Ground \$16.95



Experience beautiful sacred geometries with altered-state inducing sacred music and mesmerizing visuals that will detonate your senses. See lightSOURCE on page 7.

EXPLORE ALTERED STATES; GO BEYOND YOUR LIMITS



Contains 4-D technology (binaural beats)—which is the result of modern scientific research and ancient healing techniques. Precisely tuned sound waves are used to create binaural beats, inducing self-initiated and controlled altered states of consciousness. Self-controlled hypnosis and guided meditation activates each of the Chakras. 2 CD Set 120 minutes.

#75238 Chakra Technique and the Vibrational Technique \$34.95

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Mind Altering Experiences

RAISE YOUR CONSCIOUSNESS AND EXPAND YOUR AWARENESS WITH THE GATEWAY EXPERIENCE



This complete life-enhancing program is dedicated to developing, exploring and applying expanded states of awareness. There are six albums called "Waves of Change." Each CD Wave contains special Hemi-Sync exercises designed to gently lead the listener into profound states of expanded awareness. While in such states, one has available a broader range of perceptions with which to solve problems, develop creativity or obtain guidance.

Wave I introduces the Mind Awake/Body Asleep state. You are led from your physical waking state into deep relaxation and then into unexplored levels of your consciousness.

Wave II opens new perceptual channels for expanding and integrating personal awareness while developing creative insights which assist in dissolving fear barriers.

Wave III makes the methods for perceiving and controlling your non-physical energy a comfortable and joyous experience.

Wave IV explores new experiences, new ideas, new places and new friends, providing you with the ultimate expression ... that of a personally controlled and directed adventure.

Wave V is a tour guide as you learn to create new experiences without verbal instructions. Carefully orchestrated changes in the Hemi-Sync signals lead you into different states of consciousness throughout your journey of self-exploration.

Wave VI are non-verbal exercises that explore that elusive thought or artifact of knowledge which is important to personal growth. Enables the listener to join the hunt, which can be almost as much fun as the discovery. Contains 18 CDs, 6 booklets, and 20 hours of exercises.

#75169 The Gateway Experience \$399.95

ASTRAL TRAVELER

Immerse yourself in this voyage through both inner and outer realities. Fly through star fields, gas clouds, fractal formations and mystical worlds to soothing soundscapes that can help unlock your mind to long-forgotten secrets of ancient, universal knowledge. Created by an artist who was inspired by his own voyages of cosmic consciousness.

Use this DVD for meditation, relaxation, or as an ambient background experience. 30 minutes.

#84012 Astral Traveler \$19.95



LUCID DREAMING

Benefit from states of expanded awareness during times we are not normally conscious. This four-exercise series on DVD is designed to teach you how to program and consciously participate in your own personal dreamscape. Clinical research suggests that focusing on the dream you wish to experience while remembering that you can consciously participate in your dream state can dramatically increase your chance of success. These exercises were designed to facilitate the brainwave states found in naturally occurring sleep cycles. With the expanded capacity of DVD, exercise #4 is designed for a full eight-hour sleep period to support your lucid dreaming practice. Incorporates the hemispheric sound technologies from The Monroe Institute.

#99850 Hemi-Sync Lucid Dreaming \$49.95



TUNE YOUR ENERGY FIELDS FOR OPTIMUM HEALTH

This video can effect your life at seven different levels: Genetic, Biochemical, Psychological, Nutritional, Structural, Skeletal, and Environmental. A 55 minute metaphysical DVD.

#51020 Energy Medicine DVD \$29.95



THE SEVEN SACRED SECRETS OF MANIFESTATION

"Divine Magic," a modern version of "The Kyballion," is presented in understandable and contemporary language. Comments and practical suggestions are given in using Hermetic teachings. You can master your moods, release negativity, manifest new levels of abundance, and attract wonderful opportunities in all areas of your life. Hardcover, 96 pages plus a meditative CD.

#62176 Divine Magic \$17.95



EMBRACE THE LIFE YOU WERE MEANT TO LIVE



Precision-engineered brain wave frequencies guide you into exquisite states of wholeness and unity. As negative thoughts are swept away by insight and inspiration, you align with the divine ordering principle of the universe. 3 CDs: 3 hours

#45016 Unfold Your Potential \$24.95

ENHANCED CREATIVITY AND INTUITION



This 45 minute CD has energetic formulations that affect the body by balancing specific chakras. Benefits: reduced stress, body harmony and well-being, increased vitality and renewed peak performance. There is no music or spoken word. Headphones are not required. Release blockages to your creativity, imagination and intuition. Learn to listen to and trust your inner guidance. Be in the creative flow!

#41096 HiChi CD #7 \$29.95

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Mind Altering Experiences

THE PREMIER COURSE ON REMOTE VIEWING

Taught by scientists, viewers, and military intelligence officers who created the field of remote viewing. Contains DVDs that comprise 11 hours of instruction, accompanied by rarely seen examples of some of Remote Viewing's most famous moments.

Four discs are stereo CDs, designed to be used over and over—which take you through experiential sessions exactly as if you had come in to a Remote Viewing laboratory.

A fifth CD contains forms used to conduct and record your sessions, as well as how to judge and analyze them.

This is truly a complete course on the art and science of Remote Viewing.

This series of 10 DVDs and 5 CDs offer scientifically based, clear, simple instructions to guide anyone through a Remote Viewing experience. The validity of this material has been tested hundreds of thousands of times over almost 30 years of research at laboratories and universities around the world.



#42737 **Remote Viewing Gold Standard Course** \$229.95

ARE YOU READY FOR REMOTE VIEWING?



In 1988, David Morehouse found himself in the shrouded world of the U.S. military's top secret Stargate Program, where he performed Remote Viewing techniques to expose covert operations in other

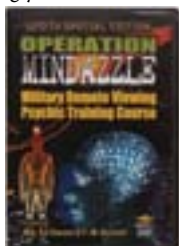
countries. Millions of dollars were spent to prove scientifically that we can literally extend our consciousness from the body through any physical boundaries to gather real, verifiable information. Mr. Morehouse offers this home study program. Learn how to observe details from the past, the future, and across physical distances to change your personal destiny, and expand your consciousness of the many dimensions of reality. Includes: a 284 page workbook, 20 hours of CDs, viewing training missions with sealed confirmations, a pink noise CD and more.

#42729 **David Morehouse Remote Viewing Course** \$249.95

Remote Viewing Made Easy For Anyone to Learn

EXTRASENSORY PERCEPTION

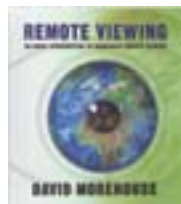
Using latest protocols and methods, this is a comprehensive psychic training program including two hours of spellbinding instruction on developing your own skills. DVD



#83141 **Operation Mindzazzle** \$29.95

BASIC REMOTE VIEWING

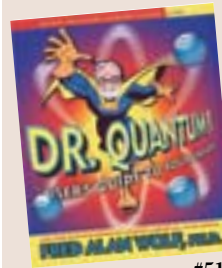
An introductory program perfect for those who want to get their first taste of their limitless potential. Includes an overview of the science and history of Remote Viewing, and four guided viewing sessions. 4 CDs and 1 DVD. 5 hours.



#99856 **Remote Viewing** \$29.95

#18812 **Remote Viewing Book: David Morehouse's Complete User's Guide** \$27.95

HARNESS THE POWER OF CONSCIOUSNESS



The very act of observing events in your life can alter the outcome. We can define the fabric of reality at a fundamental level with the choices we make, the things we choose to see or not see, and most importantly, our intentions in each moment. Written by an accomplished writer and lecturer, the author holds a Ph.D. in Theoretical Physics. The approach here is a wonderful combination of wisdom, lucidity and humor. 6 CDs

#51049 **A User's Guide to the Universe** \$69.95

UNLOCK YOUR HIDDEN POWER TO TRANSCENDING SPACE AND TIME



Following the success of the "User's Guide" (at left), the same author takes you on a journey down the wormhole of infinite possibility. Time travel doesn't require a machine with flashing lights, spinning dials and a warp engine. In fact, you were born with the power to navigate the time stream. Here you will find everything you need to sail the river of time at will instead of being carried along in its current. The same unique approach as the "User's Guide To The Universe." 6 CDs

#84101 **Do-It-Yourself Time Travel** \$69.95

AWAKENING KUNDALINI

Kundalini is the extraordinary powerhouse of cosmic energy



that resides within you. It is the source from which all creativity, genius and psychic gifts spring. Traveling upward

through the chakra system, it removes obstacles to living your highest potential.

A wonderful theta meditation program. CD: 60 minutes.

#45015 **Awakening Kundalini** \$14.95

VISUAL IMAGERY, ELATION AND LUCID DREAMING

Users of Serenity have reported expanded perception of reality and enhanced intuition.

Others call it an exceptional aid for lucid dreaming as it increases levels of Melatonin, which is known to produce feelings of elation, visual imagery and an increase in alpha brain waves. It contains pineal brain tissue; the pineal gland is the gateway associated with visionary experiences. 100 capsules; 1-3 month supply.



#48375 **Serenity** \$41.95
Buy 3 and SAVE! \$39.95 each

PROFOUND LIFE CHANGES USING ETHERIUM GOLD

Here's a nutrient that works by enhancing the interconnectivity between the nervous system and the vast network of connective tissue throughout the body. It contains trace amounts of rare monatomic elements such as gold, rhodium and iridium that may produce a kind of natural biological superconductivity in the body. Ideal for individuals beginning to open to higher consciousness, self-healing and a path of spiritual transformation.



#75007 **Etherium Gold 60 capsules** \$29.95

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Mind Altering Experiences

ADVENTURES BEYOND THE BODY

William Buhlman, a pioneer in out-of-the-body exploration, guides you on a journey to shimmering realms of being beyond your consciousness awareness. Its set of guided meditations provides the listener with powerful tools for optimum out-of-body travel. This set of 4 CDs will put you in touch with your pure, divine nature. You will experience total freedom as you leave the limitations of your physical body behind and become aware of the radiance of your astral body. The four CD titles are:

- Sleep Programming
- Spiritual Awakening
- Target Technique
- The Vibrational Technique



#99869 **Adventures Beyond The Body** \$49.00

JOURNEYS OUT OF THE BODY

The out-of-body experience is a state in which one's consciousness appears to depart the physical body allowing perception by means other than those of the physical senses. From The Monroe Institute. With practice, one can be brought up to the borderland sleep state, and through it, to experience the out-of-body state with full conscious awareness. 6 CDs and manual.



#51088 **Journeys Out of the Body** \$99.95

HARNESS THE SOURCE OF YOUR LIVING ENERGY: THE ZERO POINT FIELD

Your consciousness is not stored in your brain—instead, your brain is a receiver that picks up the “signal” of your consciousness from The Field. And through The Field, you are fundamentally connected to all other



life. If you have ever picked up the feelings of a loved one from far away, known what your pet is thinking, worked in synchronicity with a team, or had a strong premonition of the future—then you have already glimpsed the power of this quantum connection.

You can expand your access to the limitless energy and wisdom of The Field. You can boost your health, increase your intuitive powers, turn intention into reality, or even unlock your dormant extrasensory gifts. An outstanding program!

Program Highlights

- Deepen your connection to the universal life force—Simple and direct techniques for unlearning the myth of separateness that limits your full potential
- Mindfulness practices for improving your relationships
- How to become aware of your unconscious intentions and shape them into a positive force
- Tips for breaking free from the grip of clocks and calendars and living with the natural rhythms of life
- The art of Dream Incubation for getting specific results from your subconscious

6 CDs with over 6 hours of insights, guided practices, and highly effective techniques for revolutionizing your life with the power of the Zero Point Field.

#83135 **Living The Field** \$69.95

FOUR ADVANCED OUT-OF-BODY TECHNIQUES



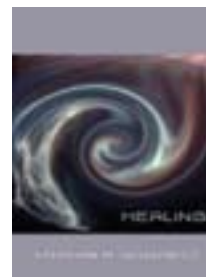
- The Christo Technique
- The Energy Body Technique
- The Rope Technique
- The Shaman/Bird Technique

This is a new 4 CD set of guided meditations providing the listener with advanced techniques for optimum out-of-body travel.

#62148 **Secret of the Soul** \$49.00

HEAL YOURSELF

All religions and spiritual paths honor the power of therapeutic intent, which has now been



#62163 **Healing CD** \$19.95

confirmed scientifically. This Healing CD is used once a week, or more often as needed, to heal yourself and to send healing to others.

These products should not be used in place of medical care. If you have a medical condition or are in doubt, ask your healthcare professional first.

INDUCTION MUSIC FOR OUT-OF-BODY TRAVEL



This 2 CD set combines hypnotic ancient rhythms with the latest psycho-acoustic mind technologies. This music will help transport the listener from the beta to delta brainwave state. “The Power of 7” energizes and balances the heart chakra (thymus) by resonating the subtle energy levels of the listener. Helpful for healing, inducing altered states of consciousness and out-of-body travel.

#62149 **Induction Music for Out-of-Body Travel** \$29.00

PAST LIFE EXPLORATIONS AND OUT-OF-BODY TRAVELS



This program will help to transport you to a higher state of mind, opening your consciousness to endless possibilities and realities. Precisely tuned soundwaves are used to create binaural beats, included self-initiated and controlled altered states of consciousness. You will experience guided meditations, hypnosis and instructional discussions, presented in a home workshop format. 5 CDs, 60 minutes each.

#41019 **Exploring Your Past Lives** \$69.95

HOLOGRAPHIC MIND MUSIC



Listen with headphones, close your eyes and leave the universe! Excellent for enhanced creativity, alignment, mood elevation and consciousness travel. 60 minutes.

#81033 **Realms of Light CD** \$16.98

BRAINWAVE CHART

Brainwaves range from fast to slow (approximately 0.5 to 40 Hertz, or cycles per second)

Brainwaves (frequency—c/s)	Active State (when Rested)	Passive State (When Stressed)
Beta 13+ c/s	Concentration	Alert
Alpha 8–12 c/s	Learning-recall	Day Dreaming
Theta 5–7	Lucid visualization	Dreaming
Delta 0.5–4 c/s	Clearing	Deep Sleep

Mental Well-Being, Learning, Intelligence

DO YOU HAVE TROUBLE WITH "FOLLOW THROUGH?"



The MotivAider® is a remarkably simple electronic device that empowers people of all ages to make desired changes in their own behavior. It allows users to quickly and efficiently eliminate unwanted old habits and build constructive new ones.

It keeps your mind sharply focused on whatever change you want to make. By keeping your good intentions from getting lost in the shuffle, the MotivAider lets you benefit from knowledge, ability and motivation you normally waste.

The MotivAider looks like a pager and weighs less than three ounces. You simply clip it on your belt or waistband or carry it in a pocket. It sends you a self-repeating private signal—a gentle silent vibration—that keeps you tuned-in and updated to your personal goal.

To use the MotivAider, you simply devise a brief personal message that reminds and motivates you to take action to achieve your goal. Next, you assign your personal message to the MotivAider's vibration so that whenever you feel the vibration, you'll automatically think the message. Finally, you set the MotivAider to send you signals—and therefore your message—as often as it takes to keep you on track. That's all there is to it. The MotivAider does the rest.

Your mind stays "set" on your goal until you reach it.

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Whatever your good intention, the MotivAider gives you the power to follow through.

Includes: belt clip and instructions.

#46073 MotivAider \$59.95

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For everyone who needs help managing their time and chores.

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Reminder mode is useful for taking medication and doing homework or chores. Training mode helps with behavior change and self-monitoring. 30 daily vibrating alarms, repeating countdown timer, and a stop watch. 1½" diameter, with plastic band. Instruction booklet requires Adobe Reader.

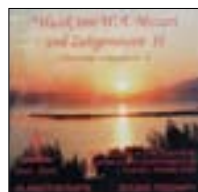
#99758 WatchMinder 2 \$79.00



IMPROVE YOUR FOCUS

Light and often cheerful, this CD has frequently been used for those with learning disabilities. Particularly suitable for younger children.

#63449 Mozart and Contemporaries \$59.95



SECURE LASTING HAPPINESS, ABUNDANCE, WELL-BEING AND SUCCESS EVEN DURING CHALLENGING AND UNCERTAIN TIMES



The Sedona Method will enable you to quickly and easily let go of anything holding you back. For over 25 years, thousands of people around the world have used The Sedona Method to realize their goals and awaken from their self-imposed limitations. You can expect to achieve: higher self-esteem and self-confidence, greater relaxation and clarity in action and at rest, freedom from anger, anxiety, depression, stress, tension, grief and fear as well as inner peace, contentment and satisfaction.

You will discover that your business and personal relationships can be more effective, fun, loving and mutually rewarding. You will feel renewed, empowered, fully alive and in love with life, yourself and those you care about.

Testimonials from users of The Sedona Method report these benefits:

- "I finally am taking charge of my life."
- "I have gained financial security."
- "I have been able to improve my relationships."
- "After many false starts, I found my perfect mate."
- "I've found the secret to gaining

a competitive edge."

- "Amazingly, I can be calm when it counts."
- "I have reduced my stress level."
- "I have a better outlook on things, and it translates to overall radiant health."

Researchers from Harvard Medical School and the State University of New York have found that the Sedona Method "stands out far beyond the rest for its simplicity, efficiency, absence of questionable concepts and rapidity of observable results." With respect to short vs. long term gain, the overall findings suggest that it is effective in promoting and maintaining stress reduction months after the training.

Contains: 20 CD audio programs, a two hour DVD seminar and a workbook.

#83140 The Sedona Method Course \$389.95

Learn how to tap your natural ability to let go of painful feelings on the spot, including anxiety, stress, depression, anger, and grief. This book supplements the course. It is not a replacement for it. 432 pages

#42004 The Sedona Method Book \$17.00

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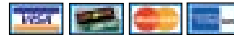
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