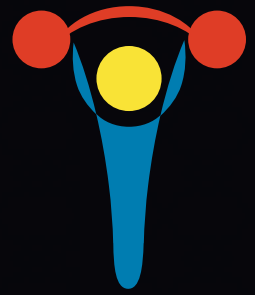


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# Features and Benefits



**Raised iconography on main console controls**



**Colour contrasted belt and deck**



**Laser cut numbers for easy seat positioning**



**Colour contrasted easy access handlebars**



**Raised weight stack numbering**



**Large locking foot pedals for mounting/dismounting**



**One handed locking seat adjustment**



**Range of movement adjustment**



**Twist select low increment weights**



**Handle start height adjustment**



**Large seat base for stability**

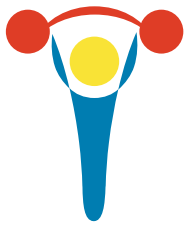


**Large print and graphic exercise instructions**



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# CYBEX Total Access

## Treadmill | Model 750T IFI

### Features

- Multiple belt logos ensure that one logo is always completely visible at all times so that visually impaired and other users can recognise if the belt is moving.
- Raised console iconography and colour allows easy identification of the main controls both by colour, large buttons and text for older users, plus raised iconography for visually impaired users.
- Emergency stop lanyard provides safe emergency stop for users with limited upper limb function.
- Running deck and belt colour contrast. This allows users to safely differentiate between the moving and non moving parts of the treadmill from the static side rails.



Raised console iconography



Emergency stop lanyard



Multiple belt logos



Colour contrasted deck & belt

### Specifications

**Model Number:** 750T IFI

**Speed Range:** 0.5 mph to 15.6 mph  
(0.8kph to 25kph)

**Elevation Range:** -3% to 15%

**Running Surface:** 22" × 62"  
(56 cm × 157 cm)

**Dimensions:** 80" L × 34" W × 62.5" H  
(204 cm × 86 cm × 159 cm)

**Maximum User Weight:** 400 Lbs. (181 kg)

\*Step available in the U.K. only

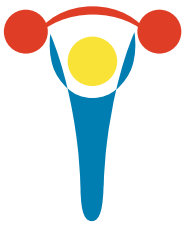
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# Treadmill | Model 750T IFI



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# CYBEX Total Access

## Arc Trainer | Model 750AT IFI

### Features

- Locking mechanism for foot pedals provides complete stability for users when stepping on and off the equipment.
- Static side handles offer added stability when mounting, dismounting and exercising.
- Raised console iconography and colour allows easy identification of the main controls both by colour, large buttons and text for older users, plus raised iconography for visually impaired users.
- Large colour contrasted foot pedals and handles ensure easy identification when mounting and dismounting.



Raised console iconography



Static side handles



Foot pedal locking mechanism



Colour contrasted foot pedals

### Specifications

- Model Number:** 750AT IFI  
**Resistance:** 20 to 900 watts  
**Stride Length:** 24" (61 cm)  
**Incline Levels:** 21  
**Dimensions:** 77" L x 62.5" H x 36.75" W  
at upper hand grips; 28.5" at base  
(196 cm x 159 cm x 93 cm; 72 cm)  
**Maximum User Weight:** 400 lbs. (181 kg)

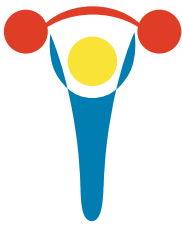
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# Arc Trainer | Model 750AT IFI



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# CYBEX Total Access

## Upright Bike | Model 750C IFI

### Features

- Raised console iconography and colour allows easy identification of the main controls both by colour, large buttons and text for older users, plus raised iconography for visually impaired users.
- Colour contrasted handlebar grips offer ease of identification and support when mounting and dismounting.
- Single handed central height adjustment for saddle allows users to adjust saddle height with either hand.
- Unicam pedals with heel straps prevent user's feet from slipping off pedals.
- Seat post positions have large text and raised iconography numbers for easy and quick seat positioning.



**Raised console iconography**



**Colour contrasted handlebars**



**Central adjustment for saddle**



**Unicam pedals with heel straps**

### Specifications

**Model Number:** 750C IFI

**Resistance:** 20 to 900 watts

**Dimensions:** 48" L x 23" W x 61" H  
(122 cm x 58 cm x 155 cm)

**Maximum User Weight:** 400 lbs. (181 kg)

\*Step available in the U.K. only

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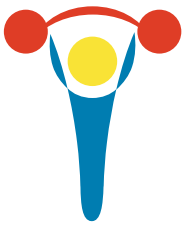


# Upright Bike | Model 750C IFI



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# CYBEX Total Access

## Recumbent Bike | Model 750R IFI

### Features

- Single handed central seat position adjustment allows users to adjust seat position with either hand.
- Easy access side handles below seat height for ease of transfer.
- Step through design.
- Raised console iconography and colour allows easy identification of the main controls both by colour, large buttons and text for older users, plus raised iconography for visually impaired users.
- Unicam pedals with heel straps prevents user's feet from slipping off pedals.
- Raised iconography on seat adjustments. Seat carriage positions have large text and raised iconography numbers for easy and quick seat positioning.
- Colour contrasted handlebar grips offer ease of identification and support when mounting and dismounting.



**Raised console iconography**



**Easy access handlebars**



**Central seat adjustment**



**Unicam pedals with heel straps**

### Specifications

**Model Number:** 750R IFI

**Resistance:** 20 to 900 watts

**Dimensions:** 63.5" L x 25" W x 49.5" H  
(161 cm x 64 cm x 126 cm)

**Maximum User Weight:** 400 lbs. (181 kg)

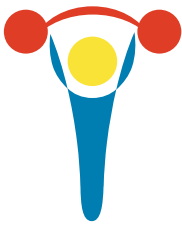
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# Recumbent Bike | Model 750R IFI



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# CYBEX Total Access

## Lat Pull | Model 14130

### Features

- Bar handle height adjustment. This lever operated single arm handle height adjustment allows the bar to be adjusted for shorter and wheelchair users down to 1400 mm start height from a seated position.
- Adjustable knee restraint and seat height allows shorter users and others with reduced trunk stability to maintain full flat foot contact with the floor. This permits correct pelvic positioning and avoids a round back during exercise.
- Instructions at seated user height ensure ease of reading from a seated position by all users including wheelchair users.
- Raised numbering with large fonts facilitates easy adjustment for older or visually impaired users.
- User accessible weight stack offers ease of weight selection from seated exercise position.
- Weight stack with low start weight and integral three-position twist select systems offering 2.5 kg increments is suitable for inexperienced and older users.



Bar handle height adjustment



Raised numbering



Adjustable knee restraint



Instructions at seated height

### Specifications

**Model Number:** 14130

**Standard Stack:** 245 lbs. (111 kg)

**Heavy Stack:** 305 lbs. (138 kg)

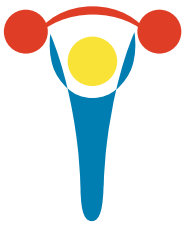
**Dimensions:** 55.38" L x 55.25" W x 90.75" H  
(141 cm x 140 cm x 231 cm)

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# Lat Pull | Model 14130



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# CYBEX Total Access

## Chest Press | Model 14000

### Features

- Locking plunger adjustment on swing away seat allows easy access for wheelchair users and one-handed seat adjustment for users with limited mobility.
- Adjustable input arm enables a non-stressed start position for users with limited shoulder flexibility and wheelchairs users.
- Upright seat back support (10°) allows wheelchair users to maintain stability with heavier weights.
- User accessible weight stack offers ease of weight selection from seated exercise position.
- Weight stack with low start weight and integral three-position twist select systems offering 2.5 kg increments is suitable for inexperienced and older users.
- Top mounted exercise pivot position ensures correct biomechanical chest press movement from the hinged lever arm pivoting at the top.
- Choice of upper and lower handle positions caters for wheelchair users, shorter users and those with reduced balance.



Upright seat back support



Adjustable input arm



Twist select



Locking plunger adjustment

### Specifications

**Model Number:** 14000

**Standard Stack:** 245 lbs. (111 kg)

**Heavy Stack:** 305 lbs. (138 kg)

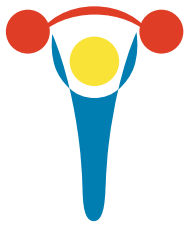
**Dimensions:** 59.5" L × 43.25" W × 68.63" H  
(151 cm × 110 cm × 174 cm)

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# Chest Press | Model 14000



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# CYBEX Total Access

## Overhead Press | Model 14010

### Features

- Swing away seat with locking plunger adjustment allows easy access for wheelchair users and one-handed seat adjustment for users with limited mobility.
- Choice of upper and lower handle positions caters for wheelchair users, shorter users and those with reduced balance.
- Counterbalanced input arm with 2.5 kg start weight. This allows all users a light start weight for single arm (unilateral) use benefiting inexperienced and disabled users, including amputees and people who have had a stroke.
- Large type instructions with clear fonts, including written and graphic instructions, to suit all users.
- User accessible weight stack offers ease of weight selection from seated exercise position.
- Weight stack with low start weight and integral three-position twist select systems offering 2.5 kg increments is suitable for inexperienced and older users.
- Raised weight stack iconography for visually impaired users to identify weight stack positions.



Choice of handle positions



Counterbalanced input arm



Large type instructions



Locking plunger adjustment

### Specifications

**Model Number:** 14010

**Standard Stack:** 165 lbs. (75 kg)

**Heavy Stack:** 205 lbs. (93 kg)

**Dimensions:** 63.75" L x 59.38" W x 63.88" H  
(162 cm x 151 cm x 162 cm)

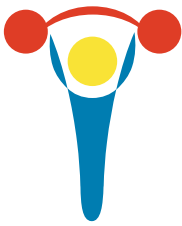
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# Overhead Press | Model 14010



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# CYBEX Total Access

## Row | Model 14030

### Features

- Choice of upper and lower handle positions caters for wheelchair users who cannot adjust seat height, shorter users and those with reduced balance, who can then maintain full foot contact with the floor.
- Eight position reversible chest pad ensures a full range of movement is achieved by both tall and short users.
- Large seat base offers more stability and confidence for older users as well as those with reduced trunk stability.
- Top mounted input arm pivot position maintains the natural body movement of a gradually descending hand position during the movement.
- User accessible weight stack offers ease of weight selection from seated exercise position.
- Weight stack with low start weight and integral three-position twist select systems offering 2.5 kg increments is suitable for inexperienced and older users.



Choice of handle positions



Top mounted input arm pivot



Large seat base



8 position reversible chest pad

### Specifications

**Model Number:** 14030

**Standard Stack:** 245 lbs. (111 kg)

**Heavy Stack:** 305 lbs. (138 kg)

**Dimensions:** 51.25" L x 45.5" W x 76" H  
(130 cm x 116 cm x 193 cm)

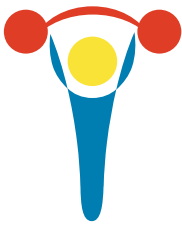
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# Row | Model 14030



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# CYBEX Total Access

## Cable Column | Model 14220

### Features

- Multi-function exerciser offering a very wide variety of exercises for all non-disabled and disabled users.
- Two large stability handles provide wheelchair and other users with the ability to stabilise when performing unilateral (single arm) exercises.
- Large type instructions with clear fonts, including graphic instructions to suit all users.
- Laser cut numbers on vertical height adjustment pole. The large numbers can be easily identified by visually impaired users.
- Low 2.5 kg start weights and 1.25 kg increments permit single arm exercise for users with stroke or other upper body impairment.
- Pistol grip height adjustment enables adjustment of start height with one hand, essential for amputees and stroke users.
- Integral 3-position twist select mechanism offers ease of weight selection from seated exercise position.



Large stability handles



Height adjustment lever



Laser cut numbers



Large type instructions

### Specifications

**Model Number:** 14220

**Standard Stack:** 305 lbs. (138 kg)

**Dimensions:** 52" L x 43" W x 92" H  
(132 cm x 110 cm x 233 cm)

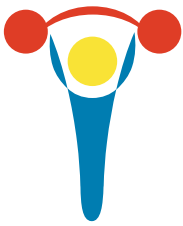
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# Cable Column | Model 14220



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# CYBEX Total Access

## Leg Curl | Model 14061

### Features

- Five position adjustable calf pad accommodates different lower leg lengths.
- Large seat base facilitates easy transfer from a wheelchair.
- Thigh pad hold-down mechanism allows the thighs to be secured above the knee for reduced shear force on the knee joint while keeping it in a stable position.
- Raised numbers and large font on ROM. Start positions are easy to adjust/identify for visually impaired and older users.
- Start ROM on cam synchronised with user. Regardless of the starting position, the CYBEX patent pending ROM adjustment ensures the cam moves to maintain the correct strength profile for the user.
- User accessible weight stack offers ease of weight selection from seated exercise position.
- Weight stack with low start weight and integral three-position twist select systems offering 2.5 kg increments is suitable for inexperienced and older users.



Adjustable calf pad



Large seat base



Thigh pad clamping mechanism



Raised numbering

### Specifications

**Model Number:** 14061

**Standard Stack:** 165 lbs. (75 kg)

**Heavy Stack:** 205 lbs. (93 kg)

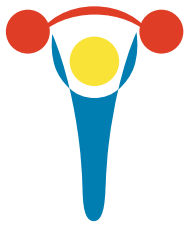
**Dimensions:** 56" L x 39" W x 64" H  
(142 cm x 99 cm x 162 cm)

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# Leg Curl | Model 14061



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# CYBEX Total Access

## Leg Extension | Model 14051

### Features

- Sliding adjustment for tibia pad length. The tibia pads can be quickly and accurately positioned at the base of the shins without the need to screw or unscrew a lever.
- Spring loaded seat back adjustment lever which can be adjusted either from on or off the equipment. The push down lever is easy to operate for users with limited grip.
- Side handles parallel to seat side to assist with transfer.
- Raised numbers and large font on ROM. These make start positions easy to adjust and identify for visually impaired and older users.
- Large seat base facilitates easy transfer from a wheelchair.
- Start ROM on cam synchronised with user. Regardless of the starting position, the CYBEX patent pending ROM adjustment ensures the cam moves to maintain the correct strength profile for the user.
- User accessible weight stack offers ease of weight selection from seated exercise position.
- Weight stack with low start weight and integral three-position twist select systems offering 2.5 kg increments is suitable for inexperienced and older users.



Adjustment for tibia length pad



Seat back adjustment lever



Side handles



Raised numbering

### Specifications

**Model Number:** 14051

**Standard Stack:** 245 lbs. (111 kg)

**Heavy Stack:** 305 lbs. (138 kg)

**Dimensions:** 49" L x 41" W x 64" H  
(124 cm x 104 cm x 162 cm)

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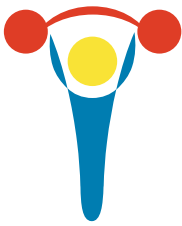


# Leg Extension | Model 14051



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# CYBEX Total Access

## Leg Press | Model 14040

### Features

- Centrally mounted seat adjustment with lever which can be easily operated with either right or left hand. No grip is required.
- Instructions at seated user height ensures ease of reading from a seated position by all users including those in wheelchairs.
- Large foot plate for stability when exercising.
- Laser cut numbering for seat adjustments, which can be viewed whilst seated. The large numbers are easily identified by visually impaired users.
- Side handles below seat height for ease of transfer.
- Large backrest and seat base offer more stability and confidence for older users as well as those with reduced balance.
- User accessible weight stack offers ease of weight selection from seated exercise position.
- Weight stack with low start weight and integral three-position twist select systems offering 2.5 kg increments is suitable for inexperienced and older users.



Central seat adjustment



Instructions at seated height



Large foot plate



Laser cut numbering

### Specifications

**Model Number:** 14040

**Standard Stack:** 405 lbs. (184 kg)

**Heavy Stack:** 505 lbs. (229 kg)

**Dimensions:** 99" L x 41" W x 78" H  
(252 cm x 104 cm x 198 cm)

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# Leg Press | Model 14040



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# Total Access From CYBEX



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We support you with the best value products which have been innovatively developed without compromising quality. Our comprehensive range of Stage 2 IFI accredited equipment can help your facility attract a huge diversity of customers.

Our forward thinking research and development means that our equipment is constantly evolving to not merely achieve but to exceed Inclusive Fitness Initiative (IFI) standards. By working with the IFI as a research partner and with disabled people to develop new equipment, we have a true understanding of the needs of the disabled population whether they have cognitive, sensory or physical impairments.

That said, our inclusive equipment is also appropriate and user-friendly for your non-disabled clients too. This ensures that you need only purchase one set of equipment and that all of your customers feel intergrated.

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