



OHIO PSYCHOLOGICAL ASSOCIATION

**Interprofessional Alliances to
Promote Growth in Times of Change**



2021 VIRTUAL CONVENTION | APRIL 21 - 23, 2021

2021 OHIO PSYCHOLOGICAL ASSOCIATION VIRTUAL CONVENTION

With a unique blend of On Demand Learning and Interactive Opportunities, OPA's 2021 Convention capitalizes on the flexibility and convenience of distance learning without losing the benefits of collaboration and networking with colleagues and presenters. The following information is being provide to help answer your questions about the convention format, workshop schedule, continuing education process and networking opportunities.

VIRTUAL FORMAT OVERVIEW:

- The **Keynote Address** will be presented **LIVE** using the **Zoom** platform on April 21 from 9 - 10 a.m.
- **ALL** workshops will be **PRE-RECORDED** and available for download the first week of April. Participants are encouraged to view workshops prior to the first day of the convention, April 21, 2021.
- Every workshop features a **VIRTUAL LIVE Q & A SESSION** held between April 21 - 23. See page 2 or the individual course descriptions for details.
- Two **FREE** evening **NETWORKING EVENTS** are included plus raffles and much more!

STEP-BY-STEP INSTRUCTIONS FOR ATTENDEES:

1. Review the course offerings and **REGISTER ONLINE** at ohpsych.org/2021CONVENTION or use the paper form on page 20.
2. Check you email beginning the first week of April for **INSTRUCTIONS**, on how to access the Pre-Recorded Workshops, Online CE Quizzes and Online Workshop Evaluation Forms.
3. View the pre-recorded workshops prior to April 21 as presenters will be holding **LIVE VIRTUAL Q & A SESSIONS ON APRIL 21 - 23**. The specific date and time of these live interactive sessions are listed on page 2 as well as in the course descriptions.
4. **EARN CE CREDIT** by completing an online CE Quiz and Workshop Evaluation Form for each workshop you view. A score of 80% or higher on each CE Quiz is required to receive CE credit. Quizzes and evaluation forms can be completed prior to the convention, but must be completed **NO later than Sunday, April 25, 2021**.
5. Watch your email for **CERTIFICATES OF COMPLETION** as they will be sent to you no later than Friday, April 30, 2021. See page 19 for CE tracking details.

TRACK ICONS:

Over the last several years, OPA has organized many of the convention workshops into tracks in an effort to make identifying topics of interest quick and easy. This year we've gone one step further and developed the following track icons. Look for these icons on pages 3 - 17 as part of the course descriptions.



Social Justice Track
4 Workshops Available
W# 2, 7, 18, 22



Pandemic Track
11 Workshops Available
W# 2, 7, 10, 12, 14, 18, 19, 20, 21, 22, 23



Telehealth Track
5 Workshops Available
W# 2, 3, 7, 20, 23



Developmental Disabilities Track
4 Workshops Available
W# 2, 3, 4, 5



Forensic Track
2 Workshops Available
W# 9, 10



Pediatric / Family Track
6 Workshops Available
W# 3, 4, 11, 14, 17, 20



Substance Abuse Disorders Track
3 Workshops Available
W# 6, 15, 24



Interprofessional Track
6 Workshops Available
W# 1, 3, 11, 12, 14, 17, 20

EARLY BIRD DEADLINE:

Register for the convention on or before March 26 and save \$20!

JOIN OUR VIRTUAL COMMUNITY



Cindy Van Keuren, PsyD
OPA President

2021 OHIO PSYCHOLOGICAL ASSOCIATION VIRTUAL CONVENTION:

Interprofessional Alliances to Promote Growth in Times of Change

This past year has shown us all how resilient we are as psychologists, family members, and members of our communities. I think that this year's convention theme, "Interprofessional Alliances to Promote Growth in Times of Change," speaks to a direction that we all desire to move forward from the pain and hardships of 2020. Though we'll miss the social networking and collegial gatherings of the in person convention format this year, I think that you will find that the range and depth of experience of our speakers will certainly hold your attention in this virtual world. You'll also notice that OPA has listened to your feedback from previous years and has expanded the learning tracks that are offered so that you have the opportunity to view a number of presentations on topics relevant to your practice and interests. This year's tracks include social justice, pandemic, telehealth, forensic, pediatrics, substance use disorder, and developmental disabilities. I am so grateful to our presenters and to the education committee for their tireless efforts to expand our educational opportunities.

We are honored to host Dr. Sandra Shullman, APA Past-President, as our keynote speaker. Dr. Shullman has been a model leader during a difficult year, and we are pleased that she is sharing her time and insights with us. Though the general assemblies for this year will look quite different due to the virtual formatting, please know that OPA leadership and staff are always available for your concerns and to bring our attention to important issues relevant to our profession.

Until we can safely gather again in person, please enjoy this year's virtual convention and its many talented contributors.

Sincerely,

Cindy Van Keuren, PsyD

Cindy Van Keuren, PsyD
2020-2021 OPA President

EDUCATION COMMITTEE

Thank you to the following members of the Education Committee for their continued dedication and service.

Allen D. McConnell, Jr., PsyD | Chair
Melissa T. Buelow, PhD
Kim Burkhart, PhD
Laura C. Burns, PhD
Akanksha Dutt, PsyD
Angela Early, LISW-S (past committee member)
Danelle R. Fields, PhD
Jerome A. Gabis, PsyD
Elisabeth B. James, PhD, D-BSM
Alexandra Smith, MA
Amber Stiles-Bodnar, MEd, LPCC-S, LCDC III
Jon V. Thomas, PhD

Ex-officio:

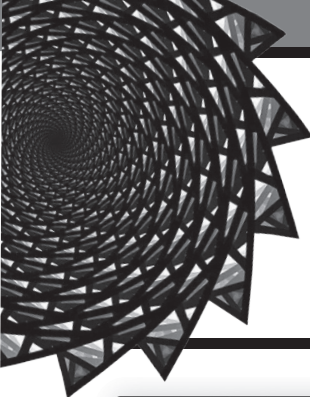
Michael O. Ranney
Carolyn I. Green
Karen J. Hardin

CONVENTION SCHEDULE-AT-A-GLANCE

LIVE VIRTUAL EVENTS	Date	Time
KEYNOTE ADDRESS – Learn... Lead... Change: Psychologists as Learning Leaders 1 CE	Wednesday	9 - 10:00 a.m.
OPA Assembly - FREE event for all convention attendees No CE	April 21, 2021	7 - 8:00 p.m.
Early Career Psychologists Happy Hour - FREE event for all convention attendees No CE	Thursday April 22, 2021	7 - 8:00 p.m.

PRE-RECORDED WORKSHOPS	Virtual Live Q & A Session	
Workshop 1 – Amplifying the Voice of Psychology on Interprofessional Teams 2 CE	Wednesday April 21, 2021	10 - 10:45 a.m.
Workshop 2 – Autism Spectrum Disorder and Racial Minorities: The Impact of COVID-19 on Treatment Access and Delivery 2 CE Ethics		11 - 11:45 a.m.
Workshop 3 – Disseminating an Evidence-Based Parent Training Intervention for Children with Autism through Video Conferencing Technology 1 CE		Noon - 12:45 p.m.
Workshop 4 – Hidden Symptoms: Child Sexual Abuse and Developmental Disabilities 1 CE Ethics		1 - 1:45 p.m.
Workshop 5 – Providing Educational and Therapeutic Support to Address Sexuality and Intimacy in Individuals with Autism Spectrum Disorder (ASD) 2 CE		2 - 2:45 p.m.
Workshop 6 – Introduction to Recognizing Therapeutic Opioid Addiction 1 CE Ethics		3 - 3:45 p.m.
Workshop 7 – Remembering Trauma-Informed Care While Managing a “Pandemic within a Pandemic” 2 CE Ethics		4 - 4:45 p.m.
Workshop 8 – Enhancing Your Effectiveness as an Expert Witness in Criminal Proceedings 2 CE	Thursday April 22, 2021	CANCELED
Workshop 9 – Culturally Competent Evaluations: What We Can Learn from Forensic Approaches 2 CE Ethics		9 - 9:45 a.m.
Workshop 10 – Custody Evaluations in a Pandemic: Special Issues, Techniques, and Pitfalls 3 CE		10 - 10:45 a.m.
Workshop 11 – Clinical Practices for Identifying Child Exploitation and Human Trafficking 2 CE		11 - 11:45 a.m.
Workshop 12 – Training During a Pandemic: Using What We Learned to Train Better 1 CE		Noon - 12:45 p.m.
Workshop 13 – Insurance Basics Essential Information for Starting Your Practice 2 CE Ethics		1 - 1:45 p.m.
Workshop 14 – From Clinic to Classroom: The Intersectionality of Health and School Psychology Practice Across the Educational Lifespan 2 CE		2 - 2:45 p.m.
Workshop 15 – Opiate Abuse in Chronic Pain: Assessment and Treatment Approaches and Issues 2 CE Ethics		3 - 3:45 p.m.
Workshop 16 – Ethics and Competency in Psychotherapy with Queer, Religious and/or Spiritual-Identified Clients 2 CE Ethics		CANCELED
Workshop 17 – Interdisciplinary Research Approach Studying the Effectiveness of Yoga and Mindfulness with Juvenile Offenders 2 CE	Friday April 23, 2021	8 - 8:45 a.m.
Workshop 18 – Rendered Breathless: Psychosomatic Responses to Racial Trauma in the Midst of COVID-19 1 CE Ethics		9 - 9:45 a.m.
Workshop 19 – Ethical Considerations for Diagnosing Post-Traumatic Stress Disorder (PTSD) in Diverse Clinical Populations with Chronic Trauma Exposure: Challenges and Clinical Considerations Amidst the Mass Trauma of the COVID-19 Pandemic 1 CE Ethics		10 - 10:45 a.m.
Workshop 20 – Adapting Pediatric Integrated Care in Times of Change 3 CE		11 - 11:45 a.m.
Workshop 21 – Grief and Anxiety within the Therapeutic Relationship: Clinical Considerations During a Global Pandemic 2 CE		Noon - 12:45 p.m.
Workshop 22 – Making Shift Happen: Responding to Inequities to Improve Maternal Mental Health 1 CE Ethics		1 - 1:45 p.m.
Workshop 23 – The Digital Divide: Considerations for Telehealth with Older Adults during COVID and Beyond 2 CE		2 - 2:45 p.m.
Workshop 24 – Identification, Management, and Referral of Patients with Substance Use Disorders in General Practice Settings 1 CE		3 - 3:45 p.m.
Workshop 25 – Injured Workers Seeking Mental Health Allowances to their BWC Claims 2 CE		4 - 4:45 p.m.

NOTES: • All workshops offer CE for psychologists. Counselors, social workers and marriage & family therapists should refer to page 19 for approved sessions, or see individual course listings. To identify which workshops offer CE for specific mental health professionals, the following code letters are included in the course descriptions on pages 3-17:
P = Psychologist | C = Counselor | SW = Social Worker | MFT = Marriage & Family Therapist.



2021 Ohio Psychological Association Convention | April 21-23

Interprofessional Alliances to Promote Growth in Times of Change

WORKSHOPS & HIGHLIGHTS



LIVE VIRTUAL KEYNOTE ADDRESS | APRIL 21 | 9 - 10 A.M.

Learn...Lead...Change: Psychologists as Learning Leaders

Presenter: Sandra L. Shullman, PhD

CE Credits: 1.0 P | C | SW | MFT

Learning Level: All

This presentation will summarize the key perspectives and skills for psychologists to think of themselves as learning leaders, based on research done on leadership in ambiguous and uncertain contexts. It will further describe the process by which the American Psychological Association is

driving its new strategic plan from a transformational leadership perspective. Emphasis is given to how state associations can realign key governance and individual psychologists can become learning leaders to create strategic impact.

As a result of this workshop, attendees will be able to: 1) Describe what is meant by psychologists as learning leaders, 2) Identify key skills of learning leaders, and 3) Recognize changes in mindset to create greater impact as psychologists.

Sandra L. Shullman, PhD served as 2020 APA President and is currently 2021 APA Past President, serving on the APA Board of Directors. She has a distinguished career work in leadership development executive education both domestically and internationally. Sandy is a former OPA President and longstanding contributor to the OPA Board. At APA, she has held numerous positions and chaired the Good Governance Project, designed to help APA align its organizational governance structure and practices to enhance its impact with members and the public. She was also co-founder and is past Chair of the Leadership Institute for Women in Psychology, a program designed to prepare women psychologists to assume leadership roles across the spectrum of organizations in which they work. Sandy is the recipient of the 2012 APA Distinguished Contributions to Independent Practice Award and the 2016 APF Gold Medal for Contributions to Professional Practice.

WORKSHOP #1:



Amplifying the Voice of Psychology on Interprofessional Teams

Presenter: Marsheena Murray, PhD, ABPP

Co-Presenter: Lisa Ramirez, PhD, ABPP

CE Credit: 2.0 P | C | SW | MFT

Learning Level: All

Live Q & A Session:

Wednesday, April 21, 2021 | 10 - 10:45 a.m.

As Healthcare moves towards enhanced integrated practice, Psychologists are becoming valued members of interprofessional Teams. This Webinar will highlight the experiences of two psychologists on Interprofessional Teams: 1) a Medical Home for Children in Foster Care, and 2) a School-Based Health Program. Both teams include a variety of other disciplines, including Physicians, Nurse Practitioners, Nurses, and Social Workers. The speakers will

explore strategies for providing value as a team member, as well as in a leadership capacity; discuss the importance of advocating for Psychology, including via the use of standardized screening; and highlight common unmet behavioral health needs.

As a result of this workshop, attendees will be able to: 1) Summarize key roles psychologists play on interprofessional teams, 2) Discuss ways to appropriately advocate for patients within teams, and 3) Create a specific plan to increase psychology presence on your team.

Marsheena Murray, PhD, ABPP

is a child clinical psychologist at MetroHealth Medical Center and an Assistant Professor in the Department of Psychiatry at Case Western Reserve University School of Medicine. She received her Ph.D. in Clinical Psychology from Kent State University. She completed an internship in pediatric psychology at Tulane University School

of Medicine. She received her Bachelor's Degree in 2005 from Dillard University in New Orleans, LA. Dr. Murray is the Director of Behavioral Health for the Medical Home for Children in Foster Care at MetroHealth. Dr. Murray's interests include trauma, anxiety, and the mental health of children in foster care.

Lisa Ramirez, PhD ABPP is the Director of Community and Behavioral Health for MetroHealth's School Health Program, co-founded the arts-based Students are Free to Express (SAFE) Project, and is heavily involved in groundbreaking programs and initiatives that serve Greater Cleveland's most vulnerable children and adolescents. Dr. Ramirez's background includes hospital- and community-based mental health service delivery to ethnically diverse, urban populations. She is devoted to program development and empowering systems to effectively meet the needs of under-resourced youth.

WORKSHOP #2:
Autism Spectrum Disorder and Racial Minorities: The Impact of COVID-19 on Treatment Access and Delivery
Presenter:

Kathleen Cruse-Grasser, LPCC-S, MS

Co-Presenter: Karen B. Tabern, PsyD

CE Credit: 2.0 Ethics P | C | SW | MFT

Learning Level: Beginner

Live Q & A Session:

Wednesday, April 21, 2021 | 11 - 11:45 a.m.

Healthcare practitioners treating individuals with Autism Spectrum Disorder (ASD) during COVID-19 navigated new and existing barriers in transitioning from office-based care to exclusively telehealth. Research supports that telehealth reduces traditional treatment barriers for minority populations and individuals with ASD. This presentation includes observations and initial data analyses of the implementation of telehealth with the ASD population from Nationwide Children's Hospital-Autism Outpatient Psychotherapy Program (NCH-AOPP), while highlighting Black/African-American and patients of color served in the program. Findings suggest that telehealth treatment may be perceived as equal to office-based treatment and reduces treatment barriers for diverse populations with a diagnosis of ASD.

As a result of this workshop, attendees will be able to: 1) Describe barriers to diagnosis and treatment of diverse individuals with Autism Spectrum Disorder, 2) Discuss the benefits of telehealth with children and adolescents with Autism Spectrum Disorder, and 3) Identify the barriers of individuals of color in accessing mental health services, and describe the benefits of telehealth services for this population.

Kathleen Cruse-Grasser, LPCC-S serves as Clinical Lead Supervisor of the Autism Outpatient Psychotherapy Program at Nationwide Children's Hospital Center for Autism Spectrum Disorders. Kathleen has provided outpatient behavioral and mental health treatment to children and adolescents with autism spectrum disorder for nine years. Prior to working with this population, Kathleen treated adults and adolescents in an intensive outpatient program for substance

use disorders in Boston, MA. Kathleen supervises clinicians using modified CBT with children and adolescents with ASD. Working with children and adolescents who are impacted by autism and trauma is an area of specialty in her current position.

Karen B. Tabern, PsyD serves as Psychology Supervisor of the Autism Outpatient Psychotherapy Program at Nationwide Children's Hospital Center for Autism Spectrum Disorders. Dr. Tabern provides supervision, training, and oversight of behavioral health services provided to children and adolescents diagnosed with autism. Additionally, Dr. Tabern provides education and training on Cognitive Behavioral Therapy. Dr. Tabern also has experience in providing trauma specific treatment to children and adolescents using Trauma Focused Cognitive Behavioral Therapy and is trained in Dialectical Behavior Therapy. She continues to support efforts to prevent trauma and suicide in children and teens with autism in her current position.

**WORKSHOP #3:**
Disseminating an Evidence-Based Parent Training Intervention for Children with Autism through Video Conferencing Technology

Presenter: Barbara Mackinaw-Koons, PhD

Co-Presenter: Eric Butter, PhD

CE Credit: 1.0 P | C | SW | MFT

Learning Level: All

Live Q & A Session:

Wednesday, April 21, 2021 | 12- 12:45 p.m.

This workshop will teach participants how the Project ECHO (Extension for Community Healthcare Outcomes) telementoring program has been used to disseminate an evidence-based parent training intervention (RUBI parent training) to a variety of mental health providers throughout Ohio. Participants will learn about the RUBI parent training program that is designed to address disruptive behavior in children with Autism Spectrum Disorders. They will also learn how this model helps providers

acquire a skills over biweekly meetings through video conferencing technology.

As a result of this workshop, attendees will be able to: 1) Summarize how providers can learn a new evidence-based intervention through video conferencing technology, 2) Demonstrate awareness of the basics of the RUBI parent training program, and 3) Describe how local providers can assist children and their families with an Autism Spectrum Disorder in their own community so families do not have to travel far to see an expert.

Barbara Mackinaw-Koons, PhD is a clinical child psychologist with the Child Development Center at Nationwide Children's Hospital and clinical assistant professor in the Department of Pediatrics at The Ohio State University. Dr. Koons' clinical activities include diagnostic evaluations for Autism, psychological evaluations for more general behavioral and developmental issues, and treatment of disruptive behavior and mood and anxiety issues in children with developmental disabilities. She is also the Director of Psychology Internship training at Nationwide Children's Hospital.

Eric Butter, PhD is a clinical psychologist with expertise in neurodevelopmental disabilities. He is one of the authors of RUBI Parent Training for Autism and Disruptive Behaviors and has helped to develop ECHO RUBI. He has served as PI or co-investigator on several previous NIH, DOD, and MCHB funded grants, as well as foundation funded research projects, and have been involved with the conduct of research through several research networks.

Conflict of Interest Statement: Dr. Butter receives standard publishing royalties from Oxford University Press for sales of the RUBI Parent Training manuals and related materials. Royalties are shared equally among all authors.



WORKSHOP #4:**Hidden Symptoms: Child Sexual Abuse and Developmental Disabilities****Presenter:** Susan George, PsyD, MSW**Co-Presenters:**

Bethany Cooper, BA

Adelina Jeffs, BS

CE Credit: 1.0 Ethics P | C | SW | MFT**Learning Level:** Beginner**Live Q & A Session:**

Wednesday, April 21, 2021 | 1 - 1:45 p.m.

Children with developmental disabilities (DD) are far more likely to be sexually abused. Studies specifically note greater frequency, intensity, and duration of symptoms. Clinicians need to understand the unique characteristics of sexual abuse amongst this population to improve overall detection, disclosure, and intervention. In the midst of a pandemic, clinicians are navigating new challenges via telehealth while also implementing a trauma-informed approach. This presentation will equip clinicians address the emotional needs of children with DD. Participants will be distinctively positioned to assist with access, safety, and resources for their clients as it relates to trauma and developmental disabilities.

As a result of this workshop, attendees will be able to: 1) Participants will determine and identify indicators of child sexual abuse in typically developing children and children with developmental disabilities, 2) Participants will clearly distinguish their role in the prevention, detection, disclosure, and intervention of child sexual abuse, and 3) Participants will identify and demonstrate effective strategies to use with children who have experienced abuse and are diagnosed with developmental disabilities, both in the classroom and remote teaching.

Susan George, PsyD, MSW is an Assistant Professor in the School of Professional Psychology. Susan has extensive experience working with children and adolescents with acute presentations including trauma, self-harm behaviors, depressive and bipolar disorders, and developmental disabilities. Susan has prior social work experience with juvenile probation, intensive after-care prevention services, foster care, assessment of juvenile fire-setters, and she previously supervised several residential homes

for children. She teaches courses in Integrative Assessment, Projective Assessment, Group Therapy, and Diversity. Her research and clinical interests include assessment, evidence-based treatment of children and adolescents, couples and family therapy, trauma, sex trafficking, and diversity.

Bethany Cooper, BA is a 2nd year Psychology Trainee at Wright State University School of Professional Psychology. Her professional/clinical interest include neurodevelopmental disorders, trauma, anxiety, depression across childhood and adolescence and their comorbidities. In addition, Bethany has an interest in assessment and parent training. Bethany is passionate about psychoeducation and how it informs clinician's work with their clients and client's understanding of themselves. She recently presented research on trauma-informed care for children with Fetal Alcohol Spectrum Disorders (FASD) at APA 2020 and developed psychoeducation cards for professionals and caregivers to help educate the community about the symptoms and secondary consequences of FASD.

Adelina Jeffs, BS earned a Bachelor of Science in Psychology from University of North Carolina at Chapel Hill. She is currently a 2nd year doctoral student at Wright State University School of Professional Psychology pursuing a Doctorate of Psychology (PsyD) with an emphasis in children. Her professional and clinical interests include neurodevelopmental disorders, trauma informed care, treatments for children and adolescents who have experienced sexual abuse, family systems treatments, and school-based interventions for children and adolescents. She recently presented research on the presentation of Autism Spectrum Disorders in females and completed a training on Trauma Focused Cognitive Behavioral Therapy (TF-CBT).

**WORKSHOP #5:****Providing Educational and Therapeutic Support to Address Sexuality and Intimacy in Individuals with Autism Spectrum Disorder (ASD)****Presenter:** Gokce Ergun, PhD**Co-Presenters:**

Carolyn Matthews, PsyM

Timea Tozser, MA

Janece Warfield, PsyD

CE Credit: 2.0 P | C | SW | MFT**Learning Level:** Intermediate**Live Q & A Session:**

Wednesday, April 21, 2021 | 2 - 2:45 p.m.

Individuals with Autism Spectrum Disorder (ASD) experience verbal and nonverbal communication deficits. These communication difficulties impact the fluidity with which individuals with ASD are able to form and maintain intimate relationships successfully. In addition, caregiver and professional biases regarding romantic relationships serve as an added obstacle for individuals with ASD to form intimate relationships. Biases are evident in the lack of education and support for individuals with ASD regarding sexual identity and appropriate forms of emotional and physical expression in intimate relationships. Mental health providers are in a vital position to address personal biases and provide education and support to clients with ASD and their families on the exploration of sexuality and intimate relationships.

As a result of this workshop, attendees will be able to: 1) Explain how deficits in social communication impact how individuals with ASD are able to successfully form and maintain intimate relationships, 2) Address and describe barriers to the educational system that do not support positive romantic relationships for individuals with ASD, 3) Describe the role of a therapist in providing education and advocating for educational programming to address sexuality and intimacy in individuals with ASD, and 4) Address the role family members can take to support individuals with ASD in exploring their sexuality and intimate relationships.

Gokce Ergun, PhD is an associate professor and licensed clinical psychologist at the School of Professional

Psychology at Wright State University. She has a Master's degree in Clinical Psychology and an APA approved doctoral degree in School Psychology. She completed an APA approved internship at the University of Minnesota Medical School and Children's Hospital. Clinical interests include infant and toddler assessment, school psychology, and assessment and treatment of developmental disabilities. Dr. Ergun is a member of the Ohio FASD Steering Committee and conducts presentations in Ohio.

Carolyn B. Matthews, PsyM earned a Bachelor's degree in Psychology from the University of Mount Union. She is currently a doctoral student at Wright State University School of Professional Psychology. She has a particular interest in working with children diagnosed with Autism Spectrum Disorder and is a licensed Registered Behavior Technician who works as an in-home Applied Behavioral Analysis Therapist. Carolyn is currently a board member of the Ohio Psychological Association of Graduate Students (OPAGS) and works on a Fetal Alcohol Spectrum Disorder (FASD) research team. She is pursuing a Doctor of Psychology (PsyD) degree with an emphasis on working with children, particularly those who have been diagnosed with neurodevelopmental disorders.

Timea Tozser, MA earned a Bachelor's degree in Psychology and Philosophy from Binghamton University and a Master's degree from the State University at New Paltz. She is currently a doctoral student at Wright State University School of Professional Psychology. She is currently involved in two committees within SOPP student government. Broad clinical and research interests include neuropsychological and neurocognitive evaluations, traumatic and acquired brain injury, assessment and treatment of neurodevelopmental disorders, and rehabilitation psychology.

Janece Warfield, PsyD Registered Play Therapy Supervisor, is a WSU-SOPP as professor, Director of WSU's Doctoral Internship Program, Director for the Center for Child & Adolescent Violence Prevention, and Director of Early Childhood Services. She specializes in therapeutic services and assessment with infants and children, developmental

disabilities, and children with chronic illness. She also has expertise in play therapy, violence prevention, trauma, and multicultural/diversity training. She is member of APA, ABPsi, and DAPA, as well as has leadership and membership in other professional organizations, such as the Association of Play Therapy, Ohio Association of Infant Mental Health, and APA's ACT program.



WORKSHOP #6:



Introduction to Recognizing Therapeutic Opioid Addiction

Presenter: Kelly Martincin, PhD

Co-Presenter: Lindsey LaVeck, PhD

CE Credit: 1.0 Ethics P | C | SW | MFT

Learning Level: All

Live Q & A Session:

Wednesday, April 21, 2021 | 3 - 3:45 p.m.

"What is therapeutic opioid addiction?" "How does it differ in clinical presentation from other addictions?" "Should it's treatment be different than other addictions?" These are all great questions that have become common place during the opioid epidemic and do not require a specialization in addiction treatment to answer! This brief primer will provide an introduction to therapeutic opioid addiction in the context of chronic pain management and help attendees to recognize the symptoms of therapeutic opioid addiction and how it might present as similar or as different than other forms of addiction and provide recommendations for next steps in treatment.

As a result of this workshop, attendees will be able to: 1) Identify therapeutic opioid addictions, 2) Compare differences and similarities to other forms of addiction, and 3) Identify best practices for next steps in treatment for patients who are experiencing therapeutic opioid addiction.

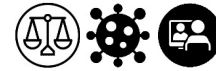
Kelly Martincin, PhD is a psychologist with the behavioral medicine service of the VA Northeast Ohio Health Care System. Her specialty areas include chronic pain management and work with geriatrics and neurocognitive disorders.

She completed a multi-year fellowship in chronic pain psychology with specialty training in diagnosis of therapeutic opioid addiction. She currently works in primary care mental health integration. Additionally, Dr. Martincin serves as a the Chair of OPA's Public Sector Interests Committee as well as on other committees for OPA.

Lindsey M. LaVeck, PhD - Cleveland State University, 2018. Assignments: Pain Psychology, psychologist. Nationally certified as a Clinical Hypnotherapist. Certified in Biofeedback. Clinical specializations: Health and Rehabilitation psychology with emphasis in pain management, stress management, relaxation training, promotion of healthy behaviors and self-management, coping with chronic medical conditions, acute crisis management focused on traumatic brain, spinal cord, and burn injuries. Professional organizations: American Psychological Association; Ohio Psychological Association; Ohio Women in Psychology.



WORKSHOP #7:



Remembering Trauma-Informed Care While Managing a "Pandemic within a Pandemic"

Presenter: Marsheena Murray, PhD, ABPP

Co-Presenter: Anisha Thomas, MA

CE Credit: 2.0 Ethics P | C | SW | MFT

Learning Level: All

Live Q & A Session:

Wednesday, April 21, 2021 | 4 - 4:45 p.m.

A whirlwind of chaos was created in 2020 with the COVID-19 pandemic. Next, civil unrest due to race-related issues led to what some deemed a racial pandemic. In the midst of these crises, the world seemed out of control to many within our communities. The swift transition to telehealth allowed for increased access, but left many psychologists scrambling to provide virtual services. Unfortunately, trauma-informed principles may have been sacrificed for efficiency, yet living in the trauma of a pandemic can be triggering for patients. Psychologists must, now more than ever, maintain trauma-informed care in practice. This

workshop will focus on the key aspects of trauma-informed care, and how these principles translate into telehealth.

As a result of this workshop, attendees will be able to: 1) List key components of trauma informed care (TIC), 2) Explain ways to translate TIC to telehealth, and 3) Discuss culturally sensitive TIC.

Marsheena Murray, PhD, ABPP

is a child clinical psychologist at MetroHealth Medical Center and an Assistant Professor in the Department of Psychiatry at Case Western Reserve University School of Medicine. She received her PhD in Clinical Psychology from Kent State University. She completed an internship in pediatric psychology at Tulane University School of Medicine. She received her Bachelor's Degree in 2005 from Dillard University in New Orleans, LA. Dr. Murray is the Director of Behavioral Health for the Medical Home for Children in Foster Care at MetroHealth. Dr. Murray's interests include trauma, anxiety, and the mental health of children in foster care.

Anisha Thomas is a fourth-year graduate student in the Clinical Psychology doctoral program at Mississippi State University and an APA Minority Fellowship Program Predoctoral Fellow for Mental Health and Substance Abuse Services. Anisha received her master's degree in Clinical Psychology from Western Kentucky University and bachelor's degree from Purdue University. Previously, Anisha worked as a clinic coordinator and counselor for a specialty trauma clinic at the University of Texas Health Sciences Center at Houston. Anisha's primary areas of interest include emotion regulation, suicidality, and the experience of chronic and traumatic stress among Black Americans and other marginalized groups.



WORKSHOP #8:

Enhancing Your Effectiveness as an Expert Witness in Criminal Proceedings

Due to unforeseen events, this session has been rescheduled for the Fall of 2021.



WORKSHOP #9:



Culturally Competent Forensic Evaluations: What We Can Learn from Forensic Approaches

Presenter: Amanda Conn, PsyD

Co-Presenters:

Laura Sowers, MA

Sophia Pierre-Charles, PsyD

CE Credit: 2.0 Ethics P | C | SW | MFT
Learning Level: All

Live Q & A Session:

Thursday, April 22, 2021 | 9 - 9:45 a.m.

Research has demonstrated that diversity variables play an important role in the criminal justice system and may influence the decisions of forensic evaluators. Members of racial minorities are often overrepresented in the populations served by forensic psychologists. Additionally, many forensic evaluators, even those who have received diversity training, do not always engage in culturally competent practices. Furthermore, diagnoses can be impacted by race and other diversity variables. For example, African Americans are more likely to be diagnosed with psychosis than their Caucasian counterparts. This presentation will provide recommendations for conducting culturally competent forensic evaluations, including culturally competent clinical interviewing, assessment, diagnosis, and case formulation. After attending this presentation, participants will be able to implement suggestions to consider cultural factors while conducting forensic evaluations. However, attending this presentation will not necessarily make participants culturally competent or competent in forensic evaluations.

As a result of this workshop, attendees will be able to: 1) Discuss racism within the U.S. criminal justice system, 2) List various diversity variables and describe their impact on forensic evaluations, and 3) Apply specific guidelines and recommendations in order to perform culturally competent forensic evaluations.

Amanda Conn, PsyD earned her bachelor's degree in psychology from The Ohio State University and her doctoral degree in clinical psychology from Wright State University School of Professional Psychology. She completed

a postdoctoral fellowship at Forum Ohio, LLC., where she currently works as a psychologist. Dr. Conn has experience in conducting a wide variety of forensic evaluations, including competency evaluations, sanity evaluations, sex offender risk assessments, and psychological evaluations. She also provides juvenile competency attainment services.

Laura Sowers, MA earned her bachelor's degree in Criminal Justice with a concentration in Special Populations from American Intercontinental University. She completed her master's degree in Forensic Psychology from Argosy University in Nashville, Tennessee. She has worked at Forum Ohio, LLC. in various capacities since 2016. She is currently pursuing a Doctor of Psychology (PsyD) degree at Wright State University School of Professional Psychology. Her specific interests are in forensic assessment and psychological assessment of Deaf individuals. She has experience in various types of forensic evaluations with juveniles and with adults.

Sophia Pierre-Charles, PsyD a postdoctoral fellow at Forum Ohio, LLC., earned her doctorate at The Chicago School of Professional Psychology. She earned a BA in psychology and criminal justice at Siena College; an MS in forensic mental health at The Sage Colleges of Albany; and an MA in clinical psychology at The American School of Professional Psychology. She completed her dissertation on a phenomenological study exploring the lived experience of incarcerated and mentally ill African American men and their access to mental health services under a racially oppressive system. Her interests include cultural diversity issues and advocacy and adult forensic assessments.



WORKSHOP #10:**Custody Evaluations in a Pandemic: Special Issues, Techniques, and Pitfalls****Presenter:** Farshid Afsarifard, PhD**Co-Presenter:** Natalie Grandy, PhD**CE Credit:** 3.0 P | C | SW | MFT**Learning Level:** Advanced**Live Q & A Session:**

Thursday, April 22, 2021 | 10 - 10:45 a.m.

This workshop offers an overview of the issues involved with providing custody evaluations in the context of the COVID-19 pandemic. The presenters will cover the unique issues related to the pandemic faced by families in the midst of custody disputes, means of interviewing and assessing parties remotely, potential pitfalls for psychologists working with clients in the midst of custody disputes, and recommendations for evaluators based on professional guidelines and the literature base.

As a result of this workshop, attendees will be able to: 1) Describe the unique issues faced by families involved in custody disputes related to the COVID-19 pandemic, 2) Describe the essential components of a custody evaluation, 3) Select appropriate methods for gathering data in the context of the COVID-19 pandemic, and 4) Recognize potential ethical and legal pitfalls in working with clients or parties involved in custody disputes.

Farshid Afsarifard, PhD is a clinical and forensic psychologist. He received his Master's Degree in Clinical Psychology from Cleveland State University and a Doctorate in Clinical Psychology from the Fielding Institute in Santa Barbara, California. As a forensic psychologist, Dr. Afsarifard serves as an expert witness in state and Federal courts providing testimony on criminal and civil cases. He specializes in child custody evaluation as well as civil and criminal competencies. Dr. Afsarifard has co-authored several book chapters on clinical and forensic aspects of methamphetamine use. He has also co-authored a book on equivocal child abuse cases.

Natalie Grandy, PhD is a licensed clinical and forensic psychologist. She earned her PhD in psychology from the University of Akron, where she was

trained in psychodynamic and behavioral psychotherapies. Dr. Grandy received advanced training in forensic psychology during her doctoral internship at the Eastern Louisiana Mental Health System, where she worked with a forensic population in evaluative and clinical capacities. Currently, Dr. Grandy is a director at Premier Behavioral Health Services where she specializes in clinical and forensic assessment. She frequently works alongside Dr. Farshid Afsarifard on many of his most complicated matters in both clinical and forensics consulting.

**WORKSHOP #11:****Clinical Practices for Identifying Child Exploitation and Human Trafficking****Presenter:** Lindsay Lewandowski, PhD**Co-Presenters:**

Hannah Estabrook, MA, LPCC-S

A.J. McConnell, PsyD

CE Credit: 2.0 P | C | SW | MFT**Learning Level:** Intermediate**Live Q & A Session:**

Thursday, April 22, 2021 | 11 - 11:45 a.m.

Known rates of youth who have experienced child exploitation and trafficking have been noted to be as high as 100,00 youth annually in the United States, not accounting for youth who have not been detected. Additionally, research indicates that many of these youth have had involvement in the juvenile justice and child welfare systems. Despite the high rates of child exploitation, identifying youth who are experiencing this abuse continues to be a challenge. Given the frequency of psychological evaluations that occur within children services and the juvenile courts, special attention should be paid to ways in which clinicians can better evaluate for risk and presence of exploitation. This workshop aims to address some of the key risk factors, indicators, and assessment methods for these youth.

As a result of this workshop, attendees will be able to: 1) Describe risk factors associated with child exploitation and trafficking, 2) Discuss key indicators of youth who may be experiencing

exploitation or trafficking, and 3) Explain effective evaluative strategies for this population.

Lindsay Lewandowski, PhD is a Forensic Psychology Postdoctoral Fellow at forum Ohio, LLC., in Columbus, Ohio. Dr. Lewandowski completed her doctoral training in School Psychology with a specialization in Counseling at Ball State University. She has experience working with children and adolescents in schools, outpatient clinics, and residential treatment facilities. She has conducted evaluations focusing on juvenile justice placement, conduct concerns, neurodevelopmental disorders, and psychosexual behaviors. She has an interest in incorporating her school psychology background into juvenile justice forensic psychology topics such as human trafficking, competency, neurodevelopmental disorder, and risk.

Hannah Estabrook, MA, LPCC-S has been working as a clinician in the mental health field for over a decade and has specialized in providing direct services to survivors of human trafficking. Her work with survivors has included the settings of the criminal justice system (CATCH Court), as well as the streets (Sanctuary Night). She is co-author of the book *Beyond Desolate: Hope vs. Hate in the Rubble of Sexual Abuse*. She also serves as a pastor of Franklinton Abbey, and works in private practice as co-director of Porchlight.

A.J. McConnell, PsyD is a psychologist at Forum Ohio, LLC., in Columbus, Ohio. Dr. McConnell has previously worked and received training through several agencies, including Franklin County Board of Developmental Disabilities, Twin Valley Behavioral Health, Daily Behavioral Health, and Nationwide Children's Hospital - Child Development Center. He is adjunct faculty at The Ohio State University. Dr. McConnell spends part of his free time in volunteering through various local agencies that support human trafficking victims. He is also chair of the OPA Education Committee.



WORKSHOP #12:**Training During a Pandemic: Using What We Learned to Train Better****Presenter:** Jeannette Iskander, PhD**Co-Presenter:** Heather Yardley, PhD**CE Credit:** 1.0 Psychologist CE ONLY**Learning Level:** Intermediate**Live Q & A Session:**

Thursday, April 22, 2021 | 12 - 12:45 p.m.

The COVID-19 pandemic presented many personal and professional challenges to interns as they navigated new policies and provided clinical care via telehealth during an unprecedented time. This workshop presents lessons learned from the experiences of interns during the height of the pandemic with an emphasis on challenges, opportunities, and future considerations for training. The pandemic provided new opportunities for training in a new modality (telehealth), changes to supervision (more in vivo), and opportunities to provide ongoing consultation. This workshop will provide strategies for incorporating these techniques into training programs and provide recommendations for assessing trainee comfort and competence.

As a result of this workshop, attendees will be able to: 1) Describe challenges related to training during a pandemic, 2) Create supports for trainees using real time feedback based on trainee input, and 3) Assess trainee comfort with using new methods and provide interventions.

Jeannette Iskander, PhD is a Pediatric Psychology Fellow at Nationwide Children's Hospital specializing in Adherence and Adjustment to chronic medical conditions. Dr. Iskander completed her graduate degree at Kent State University and her internship at Nationwide Children's Hospital. While at Kent State, Dr. Iskander set herself apart as an emerging leader in the field, conducting multiple independent research studies and obtaining funding for her work from Akron Children's Hospital Research Foundation. Dr. Iskander has a commitment to working with youth with chronic medical conditions and training future psychologists.

Heather Yardley, PhD is an Associate Clinical Professor and Pediatric Psychologist at Nationwide Children's Hospital. Dr. Yardley specializes in working with youth with chronic medical conditions, particularly endocrine disorders and adolescents with mental health concerns. Dr. Yardley is the Associate Track Director for two internship tracks at Nationwide Children's Hospital (Pediatric Psychology and Pediatric Acute Care). Dr. Yardley has dedicated herself to clinical service provision and training and believes that training is the most important aspect of her work. Dr. Yardley has published numerous articles and chapters on improving adherence in youth with type 1 diabetes and improving training.

**WORKSHOP #13:****Insurance Basics: Essential Information for Starting Your Practice****Presenter:** Jim Broyles, PhD**Co-Presenters:**

Matthew Capezzuto, PhD

Virginia Fowkes Clark, PhD

Leslie McClure, PsyD

CE Credit: 2.0 Ethics P | C | SW | MFT**Learning Level:** Beginner**Live Q & A Session:**

Thursday, April 22, 2021 | 1 - 1:45 p.m.

While many psychologists are quite skilled in their areas of expertise, they often feel confused or even overwhelmed by the world of insurance and healthcare finance. Some have difficulty understanding the basics of insurance company expectations, network contracts, or how their services are billed and reimbursed. The target audience for this workshop is early career psychologists as well as more experience psychologists working for larger hospitals or clinics who are thinking of starting their own practice. The entry level information covered here will include managed care contracts, electronic records and billing, CPT Codes, record keeping guidelines, Explanation of Benefit basics, and more. Included will be a discussion of similarities and differences in contracts and reimbursement for clinical counselors, social workers, and psychologists across various insurance providers. Advantages and disadvantages of contracting with insurance companies

will be covered. Information will also be shared about current collaborative efforts among these behavioral health professions in Ohio to advocate with insurance companies to address important, emerging insurance issues. If you are considering starting your own practice and know little about the insurance world, this workshop is for you!

As a result of this workshop, attendees will be able to: 1) Describe the concept of managed care, as well as the advantages and disadvantages of joining a network, 2) Explain the importance and function of electronic record and billing systems, 3) Describe the Explanation of Benefits form used by all insurance entities and identify their key components, and 4) Define "CPT Code" and identify which codes are important to most psychologists, as well as the associated record keeping requirements for each of these.

Jim Broyles, PhD is Director of Professional Affairs of the Ohio Psychological Association. He has been a member of OPA since 2002. He has served as Finance Officer, President, Insurance Committee Chair, Marketing Task Force Chair, LGBT Committee chair and has been a member of numerous committees over the years he's been involved with OPA. He currently co-chairs OPA's Leadership Development Academy. Dr. Broyles has a practice in Grove City, Ohio, just south of Columbus, and specializes in working with children, adolescents, families, and LGBT issues.

Matthew Capezzuto, PhD, LISW-S is a clinical psychologist and clinical social worker with more than twenty years of experience in private practice. He is the founder and Executive Director of Allied Behavioral Health Services, Incorporated--a multi-site behavioral health agency that serves several North East Ohio communities. As an administrator, he has developed vast working knowledge of the intricacies of the behavioral health care industry and the continuously evolving regulatory standards that govern the practices of behavioral health care providers. He has formally studied health care policy, public administration, and public service management, and is familiar with the projected trends in the health care industry that will impact the future practices of all behavioral health professionals. His clinical interests are primarily in treating public safety personnel, chronic pain

sufferers, and forensic populations. He is interested in research on topics related to the psychology of law enforcement, functional capacity of injured workers, and behavioral health care policy.

Virginia Fowkes Clark, PhD is a clinical psychologist who provides treatment to clients of all ages with a specialty in the assessment and treatment of children and adolescents. Areas of practice include depression, anxiety including obsessive compulsive disorder and panic disorder, behavioral and developmental problems including trichotillomania and ADHD. Other areas of practice include: treating adults with depression or anxiety, coping with family members with alcoholism or addictions and women's issues. She also performs evaluations for gastric bypass surgery, memory problems, child custody, intellectual and achievement assessments, and personnel selection and consultation to businesses, government and safety forces. Evaluations performed for documentation of disabilities for schools, college and college entrance exams. Dr. Clark received her PhD from Miami University (Ohio) and belongs to both the Ohio and American Psychological Associations. She has been the president of Western Reserve Psychological Associates, Inc. for four years. Since 2015, she has been on the Insurance Committee. In 2017, she became Chairperson of the Insurance Committee.

Leslie McClure, PsyD earned her degree in Clinical Psychology from the Chicago School of Professional Psychology and her undergraduate psychology degree from Skidmore College. She completed her postdoctoral fellowship training in Geropsychology at Summa Health System in Akron. She is currently the owner and Clinical Director of Kent Psychological Associates, an outpatient mental health practice in north east Ohio. Dr. McClure's areas of clinical interest include working with individuals with chronic illness or pain and working with the geriatric population. In addition to psychotherapy she also conducts cognitive assessments of memory complaints and pre-surgical psychological evaluations for bariatric and chronic pain surgery candidates. Dr. McClure pursued group practice ownership with the primary goal of creating a healthy work environment. Throughout her education and career, she has pursued additional learning

opportunities in Industrial Organizational Psychology and strives to apply IO Psychology principles that increase workplace engagement and prevent burnout.



WORKSHOP #14:



From Clinic to Classroom: The Intersectionality of Health and School Psychology Practice Across the Educational Lifespan

Presenter: Jacqueline N. Warner, PhD

Co-Presenter:

Erich R. Merkle, PhD, EdS, NCSP

CE Credit: 2.0 P | C | SW | MFT

Learning Level: All

Live Q & A Session:

Thursday, April 22, 2021 | 2 - 2:45 p.m.

Youth receiving medical or mental health treatment often require psychoeducational supports. Lack of adequate understanding of complex disability and civil rights statutes can impede a clinician's efforts to effectively advocate and link clientele to essential services. This challenge has been amplified by the pandemic and its classroom disruptions. This presentation seeks to support clinicians working with youth by reviewing: (1) common pediatric conditions seen across practice environments, inclusive of pediatric pain management, and, (2) shared considerations relevant to connecting students with educational intervention services. Content will further examine comprehensive student supports pertinent to today's pandemic mediated learning environments.

As a result of this workshop, attendees will be able to: 1) Identify 1 or more of the most common pediatric conditions seen in hospital and primary care settings within each school-age category (i.e., preschool, elementary/middle school, middle/late adolescence, and college/emerging adulthood) along with at least 1 typical associated need in the educational setting, 2) Identify, for each of the following areas of statutory requirement, the primary aim with respect to student support: Response to Intervention, Section 504/ADA, and Special Education,

3) Describe how to access 504/ADA vs Special Education supports and identify at least one disability law/statutory requirement that must be fulfilled to access each support in the preschool-12th grade school and post-secondary environments, and 4) Identify 1 or more educational-based interventions for pediatric clients involved with medical or behavioral health care and whose educational experiences have been concurrently impacted by the present COVID-19 pandemic.

Jacqueline Warner, PhD is a pediatric psychologist at Dayton Children's Hospital and Clinical Assistant Professor of Pediatrics at Wright State University's Boonshoft School of Medicine. Dr. Warner specializes in pediatric pain management, functional and somatic symptom disorders, chronic medical conditions, and multicultural issues. She helps to lead the consultation-liaison service at Dayton Children's Hospital and provides clinical supervision to doctoral psychology residents training in pediatric psychology on this service and in the outpatient setting. Dr. Warner also plays an integral role in running the hospital's multidisciplinary chronic pain program, movement disorder clinic, headache clinic, Tourette clinic, and gender diversity support group.

Erich Merkle, PhD, EdS, NCSP is presently is the central office school psychologist for the Akron Board of Education where he oversees the Pupil Adjustment Program (PAP) between the Departments of Student Support Services and Office of Special Education. Within the school psychology specialty, Dr. Merkle has concentrated his work on consultation, evaluation, and intervention for students with severe social-emotional and behavioral needs that have resulted in substantial educational disciplinary sanctioning, expulsion, placement into residential facilities, or the judicial system. He is also a frequent professional development trainer on a diversity of topics that represent the intersection of psychology and education as well as the legal aspects of those practices. Dr. Merkle holds an APA accredited and NASP approved doctorate (PhD) in school psychology and psychology, an educational specialist (EdS) in educational administration, a master's degree (MEd) in mental health counseling, and a master's

degree (MA) in human development, all from Kent State University as well as a baccalaureate degree (BS) in psychology from Heidelberg University. He holds professional licensure as both a school psychologist and educational administrator as well as national certification as a school psychologist (NCSP). Dr. Merkle commits himself to service within the professions of psychology and education, serving on the governance boards of numerous professional and community agencies. During 2014-15, Dr. Merkle was the President of the Ohio School Psychologists Association (OSPA) and in 2019, he served as the President of the Ohio Psychological Association (OPA). He is also the shared Association liaison between OSPA and OPA. Dr. Merkle has participated in numerous media interviews over his career on a diverse set of psychoeducational topics. He is also the recipient of the Ohio Public Sector Psychologist of the Year and President Awards from the Ohio Psychological Association.



WORKSHOP #15:



Opiate Abuse in Chronic Pain: Assessment and Treatment Approaches and Issues

Presenter: David P Schwartz, PhD

Co-Presenter: Jeffrey Baker, PhD

CE Credit: 2.0 Ethics P | C | SW | MFT

Learning Level: All

Live Q & A Session:

Thursday, April 22, 2021 | 3 - 3:45 p.m.

Opiate abuse has exploded in the past 20 years, driven by over-prescription for pain treatment in the belief that abuse and addiction were rare. OPA has set the opiate epidemic as its number one Priority in our strategic plan. Opiate prescribing is now far more heavily scrutinized and regulated, yet there are still individuals who benefit from and do not misuse these medications. Pain physicians need assistance in identifying and managing these patients. This workshop will review the history of opiate use, current regulatory issues and state and federal initiatives, and give practice guidelines for assessment

of opiate abuse risk. Behavioral pain management of patients both with and without opiate therapy will also be reviewed.

As a result of this workshop, attendees will be able to: 1) Summarize clinical and historical factors underlying the pain/opiate crisis, and OPA's Priority One commitment to addressing it, 2) Describe a sound clinical assessment of opiate abuse risk in a patient suffering from chronic pain, and 3) Apply the assessment and sound cognitive-behavioral pain management approaches to effectively treat the patient while minimizing opiate intake and abuse risk.

David Schwartz, PhD co-chairs OPA's Priority One Initiative Committee. He has published and presented extensively in the areas of pain management, health psychology, and industrial injury. He has been in private practice since 1995 specializing in complex medical/psychological injuries. He currently chairs the OPA Force on BWC reform and serves on the BWC's healthcare quality assurance committee. His current interests focus on reform efforts in worker's compensation aimed at better detection and intervention with behavioral co-morbidities in injury, recognition and treatment of traumatic brain injury in both industrial and sports injuries, and alternatives to opiates in pain management.

Jeffery Baker, PhD is a Clinical Psychologist. He has been a health care provider for over 30 years. He has worked at a residential treatment center for criminal substance abusers as a clinical director and worked with chronic pain patients for over 14 years. He provides substance abuse evaluations for several pain management physicians. He is a member of the OPA Force on BWC reform committee. He has spoken and lectured nationally and internationally in universities, law enforcement agencies, professional groups, and hospitals.



WORKSHOP #16:

Ethics and Competency in Psychotherapy with Queer, Religious and/or Spiritual-Identified Clients

Due to unforeseen events, this session has been canceled.



WORKSHOP #17:



Interdisciplinary Research Approach Studying the Effectiveness of Yoga and Mindfulness with Juvenile Offenders

Presenter: Lynn Williams, PhD

Co-Presenters:

Katherine Clonan-Roy, PhD

Kyle Eyman, BA

Kimberly Fuller, PhD

Elizabeth A. Goncy, PhD

Jennifer Ishaq, BA

Katherine Kelton, PhD

Shereen Naser, PhD

CE Credit: 2.0 P | C | SW | MFT

Learning Level: Beginner

Live Q & A Session:

Friday, April 23, 2021 | 8 - 8:45 a.m.

The Ohio Department of Youth Services has partnered with the THRIVE research collaborative at Cleveland State University to examine the effects of yoga and mindfulness meditation on incarcerated youth. This workshop will show how this interdisciplinary team composed of faculty from the departments of psychology, social work, and education collaborated to investigate the benefits of a 20-week prison yoga program adapted for juvenile offenders. Results found that after participating in yoga twice a week, on average, youth reported a 40-point decrease (on a 100-point scale) in their level of stress. The program's implications of these mindfulness-based therapeutic interventions on the clinical areas of overall well-being, anxiety, self-regulation, trauma, locus of control, self-efficacy and sense of agency with incarcerated youth will be discussed.

(The THRIVE research collaborative at Cleveland State University seeks to enhance the health and wellbeing of children, adolescents, and young adults through understanding how intersecting

systems such as school, family and community, impact healthy development for youth. THRIVE is comprised of an interdisciplinary team of researchers that seek to understand the important role of holistic development on the health and wellbeing and how systems operating around the child that might impact this development. The collaborative achieves its mission by utilizing qualitative and quantitative research methodologies, sharing data with communities and actively working to include youth voices in the collaborative's work.)

As a result of this workshop, attendees will be able to: 1) Identify strategies to conduct quantitative research with an interdisciplinary research team, 2) Review preliminary findings of interdisciplinary research to broadly measure effects across different domains: behavioral, cognitive, emotional and psychological, 3) Discuss current scientific findings of therapeutic approaches of yoga and mindfulness meditation with juvenile offenders, and 4) Provide practical mindfulness based strategies and interventions to working with incarcerated youth.

Lynn Williams, PhD is a licensed psychologist with the Cuyahoga County Juvenile Court providing court-ordered forensic mental health assessments to youth offenders and adults from the Department of Children and Family Services. She previously worked for ten years at the Ohio Department of Youth Services delivering holistic interventions to incarcerated youth and their families. She has joined with the Prison Yoga Project to develop a program specific to the needs of juvenile offenders. Her article "The Value of Alternative Therapies in Mental Health Treatment for Incarcerated Youths" was published in *Corrections Today*. She lectures extensively on mindfulness-based wellness and resiliency.

Katherine Clonan-Roy, PhD is an Assistant Professor at Cleveland State University, in the College of Education and Human Services Department of Curriculum and Foundations. Her research focuses on the intersections of education, adolescent development, and gender and sexuality studies. Dr. Clonan-Roy's current work takes on intersectional and critical perspectives in examining the development of critical literacy in after

school spaces for girls, the inclusion and responsiveness of sex education curricula of to sexual and gender minority youth, and the preparation and education of equity focused teachers.

Kyle Eyman, BA is currently a graduate student in Clinical Psychology at Cleveland State University. His research and clinical interests are related to adjudicated youth, juvenile delinquency, forensic psychology, and working with police officers. He earned his BA from Baldwin Wallace University in Criminal Justice.

Kimberly Fuller, PhD earned her master's degree and doctorate in human sexuality studies and second master's degree in social work at Widener University. She also earned her bachelor's degree in psychology with a minor in women and gender studies at the College of Charleston. She previously served in private practice and as a group therapist at the LGBTQI Center of Cleveland. She specializes in mood disorders, anxiety disorders, relationship issues, sexual dysfunction, LGBTQI issues and sexual trauma, and holds workshops throughout Ohio on sexuality related issues.

Liz Goncy, PhD is an assistant professor of Clinical Psychology at Cleveland State University. Her program of research focuses on the importance of relationships on adolescent and young adulthood outcomes, specifically intimate aggression, violence, victimization, and other problem behaviors. She specifically focuses on the etiology of these problems, identification of related risk and protective factors, and resulting mental health consequences. She also has expertise in psychometric evaluation, person-centered and variable-centered approaches to measurement, and evaluation of prevention and intervention programming.

Jennifer Ishaq, BA is currently a graduate student in Clinical Psychology at Cleveland State University. Her research and clinical interests are related to self-regulation, mindfulness, and yoga as psychosocial interventions for youth. She earned her B.A. from Oakland University in Psychology.

Katherine Kelton, PhD currently is an intern at the Durham VA Medical Center in Durham, North Carolina and a doctoral candidate in the Clinical Psychology and Master of Science in Public Health (MSPH) dual degree program at St. Louis University (SLU). Her program of research has been heavily informed by her clinical experiences and follows the common thread of the intersections of multiculturalism, trauma, marginalized groups, and systems issues. Specifically, she is interested in the ways trauma disrupts the mind-body connection, as well as how potentially traumatic events can play a role in the pathway to involvement in the criminal legal system. To this end, she is interested in post-traumatic stress symptoms as a target of intervention for re-entry. Additionally, she is interested in how treatments are developed and evaluated for underserved groups, and how programs are sustained in spaces with few resources

Shereen Naser, PhD received her undergraduate degree from the University of Texas, Austin and her graduate degree from Tulane University in New Orleans. Dr. Naser practiced as a school psychologist in New Orleans before coming to Cleveland State University. Her main research interests include helping to build school capacity to address the varying needs of students struggling behaviorally and emotionally. She is also interested in building these systems in a way that supports ethnically, racially and linguistically diverse students and families both in the U.S. and abroad. Dr. Naser's work is done through a child's rights lens, where children are considered important participants in the school and community decision making processes.



WORKSHOP #18:**Rendered Breathless: Psychosomatic Responses to Racial Trauma in the Midst of COVID-19****Presenter:** Tawana Jackson, PsyD**CE Credit:** 1.0 Ethics P | C | SW | MFT**Learning Level:** All**Live Q & A Session:**

Friday, April 23, 2021 | 9 - 9:45 a.m.

The deaths of Breonna Taylor, George Floyd, and Ahmad Arbery represent the disproportionate number of Black American deaths at the hands of law enforcement officials in 2020 alone. The racial injustices coupled with the worldwide COVID-19 pandemic have undoubtedly impacted both psychological and physical wellness of Black Americans. This workshop will assist in raising awareness of psychosomatic illnesses that may result from severe racial trauma, anxiety and stress. Presenters will raise awareness of treatment implications and will highlight the use of culturally relevant interventions for the treatment of psychosomatic responses to racial unrest and the pandemic.

As a result of this workshop, attendees will be able to: 1) Recognize and assess psychosomatic responses that Black Americans may experience as a result of racial trauma and the pandemic, 2) Examine professional attitudes, knowledge and skills regarding Black American clients, and 3) Discuss culturally relevant interventions for the treatment of psychosomatic illnesses.

Tawana Jackson, PsyD is a faculty member at Cleveland State University and CEO of A Different World College Solutions, Inc. of Elyria, OH. In addition to her passion for teaching, Dr. Jackson is dedicated to social justice issues and has great interest in research and service which impact those from marginalized and underserved communities. As a practitioner, Dr. Jackson is enthusiastic about expressive psychotherapies, play therapy and culturally relevant treatment modalities.

**WORKSHOP #19:****Ethical Considerations for Diagnosing Post-Traumatic Stress Disorder (PTSD) in Diverse Clinical Populations with Chronic Trauma Exposure: Challenges and Clinical Considerations Amidst the Mass Trauma of the COVID-19 Pandemic****Presenter:** Anthony J. Nedelman, PhD**Co-Presenters:**

Sarah Benuska, PhD

Eric Berko, PhD

CE Credit: 1.0 Ethics P | C | SW | MFT**Learning Level:** Beginner**Live Q & A Session:**

Friday, April 23, 2021 | 10 - 10:45 a.m.

The ongoing mass trauma of COVID-19 has caused significant distress across the world, particularly amongst racial, ethnic, and socioeconomic minority groups. Assessing, diagnosing, and treating diverse populations involves a thorough understanding of the impact of chronic trauma exposure, that is, beyond an acute traumatic event, on an individual's psychological, physical, and spiritual well-being. Without that knowledge, unethical diagnostic practices can arise and mislead the individual, third-party insurers, and the public about our ability to conduct ourselves ethically and competently as we inevitably treat individuals based on uninformed practices. This workshop will focus on the ethical and clinical considerations necessary to diagnose

diverse populations with chronic trauma amid the COVID-19 pandemic.

As a result of this workshop, attendees will be able to: 1) Compare the impact chronic and acute trauma can have on an individual's psychological, physical, and spiritual well-being, 2) Discuss the ethical considerations in diagnosing post-traumatic stress disorder in populations who have years of chronic trauma, and 3) Apply the clinical and ethical considerations discussed to the challenges associated with the ongoing mass trauma of the COVID-19 pandemic.

Anthony Nedelman, PhD received his degree in Clinical Psychology from Fairleigh Dickinson University in Teaneck, New Jersey. He completed his APA-Accredited Doctoral Internship in Health Services Psychology from Sarah A. Reed Children's Center in Erie, Pennsylvania and is currently the Postdoctoral Psychology Fellow in the Department of Family Medicine at Metrohealth Medical Center in Cleveland, Ohio. Dr. Nedelman has many clinical interests, one of which includes the impact of acute and cumulative traumas across the lifespan on physical, psychological, and spiritual health.

Sarah Benuska, PhD - Biography not available at time of print.

Eric Berko, PhD is a licensed psychologist specializing in health psychology. He received his undergraduate degree

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in psychology from The Ohio State University and his Master's and Doctoral degrees in Counseling Psychology from the University at Albany. Dr. Berko completed his pre-doctoral internship at University Hospital / Cincinnati VA Medical Center. He has authored articles on geriatrics, anxiety disorders, integrated care, pain management and intimate communication patterns. Dr. Berko is the director of Behavioral Science in Family Medicine at MetroHealth Medical Center in Cleveland as well as The International Community Health Center, and is an assistant professor at the Case Western Reserve University School of Medicine. He educates Family Medicine residents and faculty as well as psychiatry residents, medical students, nurse practitioners and frontline caregivers.



WORKSHOP #20:



Adapting Pediatric Integrated Care in Times of Change

Presenter: Julie Pajek, PhD

Co-Presenters:

Katie Jones, PhD

Catrina C. Litzenburg, PhD

Lisa Ramirez, PhD

Marilyn Laila Sampilo, PhD

CE Credit: 3.0 P | C | SW | MFT

Learning Level: All

Live Q & A Session:

Friday, April 23, 2021 | 11 - 11:45 a.m.

Pediatric integrated primary care (PIPC) is a proven method of improving access to effective behavioral health care. COVID-19 has exacerbated mental health concerns for children and families and resulted in increased barriers to accessing care, which taken together, demands an innovative approach to service delivery. This workshop will discuss how two PIPC programs have responded by assessing current needs of youth/families, providers, and healthcare systems to inform innovative program adaptations, while continuing to foster interdisciplinary team-based care and interprofessional training. Rapid training and expanded use of telehealth, emergence of ethical issues, and important health equity considerations will also be addressed.

As a result of this workshop, attendees will be able to: 1) Name basic tenets of pediatric integrated primary care, 2) Explain how pandemic-related shifts in service delivery affect patient access and integrated care models, 3) Identify and navigate ethical and health equity implications of pandemic care, and 4) Describe innovative strategies to support service provision and maintain interprofessional collaboration within pediatric integrated primary care (e.g., telehealth).

Julie Pajek, PhD is a child and adolescent psychologist at MetroHealth Medical Center and an assistant professor of psychiatry at Case Western Reserve University School of Medicine. Dr. Pajek leads the pediatric primary care psychology track of MetroHealth's psychology residency program and is on the faculty of MetroHealth's pediatric residency program. Dr. Pajek specializes in integrated care, early childhood development and developmental outcomes of premature infants.

Katie Jones, PhD currently works as a pediatric psychologist in pediatric integrated primary care with the Center for Pediatric Behavioral Health of Cleveland Clinic. She completed her doctorate in School Psychology at Tulane University. She interned in school and integrated behavioral health settings through the Illinois School Psychology Internship Consortium. Her post-doctoral training was completed through Geisinger Health Systems focusing on integrated pediatric primary care. She is a graduate of the Ohio Psychological Association Leadership Development Academy.

Catrina C. Litzenburg, PhD is an Associate Staff Psychologist in the Center for Pediatric Behavioral Health (CPBH) at Cleveland Clinic Children's. She is also lead of integrated primary care services within CPBH. Dr. Litzenburg provides direct clinical service at the Stephanie Tubbs Jones Health Center in East Cleveland. She received her doctorate in clinical psychology with a health specialty from the University of Kansas. She completed her internship in pediatric and clinical child psychology with an emphasis area in primary care psychology at the University of Oklahoma Health

Sciences Center where she also completed a postdoctoral fellowship in pediatric psychology.

Lisa Ramirez, PhD, ABPP is the Director of Community and Behavioral Health for MetroHealth's School Health Program, co-founded the arts-based Students are Free to Express (SAFE) Project, and is heavily involved in groundbreaking programs and initiatives that serve Greater Cleveland's most vulnerable children and adolescents. Dr. Ramirez's background includes hospital- and community-based mental health service delivery to ethnically diverse, urban populations. She is devoted to program development and empowering systems to effectively meet the needs of under-resourced youth.

Marilyn Laila Sampilo, PhD is a clinical psychologist who specializes in integrated behavioral health and health disparities. She received her doctoral degree in clinical child psychology from the University of Kansas, a Master of Public Health with a concentration in social and behavioral aspects of public health from the University of Kansas Medical Center, and an executive certificate in social impact strategy from the University of Pennsylvania, all of which have allowed her to develop extensive experience in prevention, health promotion and intervention for underserved populations, particularly the Hispanic and Latino population. Dr. Sampilo is also well-versed in public policy from her tenure as a health equity and cultural competency administrator at the state level where she chaired a statewide disparities and cultural competence advisory committee, led the agency's behavioral health equity initiatives, and consulted with various agencies on issues of behavioral health equity and cultural competency particularly related to racial/ethnic minority, immigrant and refugee populations. She is currently a psychologist in the Center for Pediatric Behavioral Health at Cleveland Clinic where she works in integrated primary care and is leading institute and department health equity and social justice programming. She also works with various local, state, regional, and national entities on training and professional development in the areas of health equity, diversity and cultural proficiency.



WORKSHOP #21:
Grief and Anxiety within the Therapeutic Relationship - Clinical Considerations During a Global Pandemic

Presenter: Anthony McMahon, PhD

Co-Presenters:

Alyson Phelan, MA

Natasha Sidhu, MS

CE Credit: 2.0 P | C | SW | MFT

Learning Level: Intermediate

Live Q & A Session:

Friday, April 23, 2021 | 12 - 12:45 p.m.

The emergence of COVID-19 has created not only a health pandemic, but an unprecedented unique psychiatric crisis disproportionately afflicting the United States. The ubiquity of the pandemic's impact threatens both patient and therapist with increased and sustained episodes of stress, including grief centered on the loss of loved ones and experiences of daily living, as well as various forms of anxiety. This seminar explores the necessity to adjust clinical interventions to accommodate the unique psychiatric challenges emerging from the current global pandemic.

As a result of this workshop, attendees will be able to: 1) Define and identify in clinical practice the different forms of grief (e.g., Pre-loss Grief, Complicated Grief) and anxiety (e.g., health anxiety, existential anxiety) that appear central to the unique treatment demands during the pandemic, 2) List the trajectories of grief, with emphasis on risk factors to complicated grief which are salient to a global pandemic, 3) Identify specific interventions to facilitate healthy coping both for the patient and therapist, including adequate self-care strategies (e.g., applying H.E.A.L.I.N.G. and D.E.R.A.I.L.E.R.S.), and 4) Discuss the limitations and areas of needed research that currently exist in the study, assessment, and treatment of grief.

Anthony McMahon, PhD completed his undergraduate education in Psychology and Religion at Heidelberg University and obtained his PhD in Clinical Psychology at the University of Detroit Mercy. His doctoral dissertation examined the intersection of personality, emotion, and moral judgment. Dr.

McMahon provides therapy and forensic assessment services to children, adults, and families. He has worked in both outpatient and inpatient capacities and has experience treating depression, anxiety, marital/family discord, parenting issues, complex trauma, and personality disorders. He uses an integrative model to treatment that utilizes systems-oriented, psychodynamic, cognitive-behavioral, and dialectical-behavior therapy interventions.

Alyson Phelan, MA completed her BA and MA in Clinical Psychology at Cleveland State University. During her time at CSU, she worked in research concentrating on nonverbal and verbal memory and learning. Alyson is certified in Dialectical Behavioral Therapy (DBT). She won an award from the National Academy of Neuropsychology for her work validating a new visual-spatial memory assessment. She has worked with inpatient and outpatient levels of care for both adolescents and adults. She has experience with patients with severe mental health diagnoses including bipolar disorder, schizophrenia, and addiction.

Natasha Sidhu, MS completed her degree in Clinical Psychology at California State University, Fullerton, and is currently a doctoral candidate in Clinical Psychology at Kent State University. Her dissertation research focuses on understanding decision-making processes underlying problematic substance use. Natasha has experience providing Parent-Child Interaction Therapy (PCIT), Functional Family Therapy (FFT), and Emotion-Focused Family Therapy (EFFT) in her work with children, adolescents, and families in outpatient settings. She primarily utilizes Acceptance and Commitment Therapy and Dialectical Behavioral Therapy principles in her approach to individual treatment with adolescents and adults, and utilizes transdiagnostic approaches to treat anxiety and depressive disorders.

**WORKSHOP #22:**
Making Shift Happen: Responding to Inequities to Improve Maternal Mental Health

Presenter: Dorienna M. Alfred, PhD

CE Credit: 1.0 Ethics P | C | SW | MFT

Learning Level: Beginner

Live Q & A Session:

Friday, April 23, 2021 | 1 - 1:45 p.m.

It has been said that we are living in the midst of a dual pandemic; the pandemic of racism and social injustice and the COVID-19 pandemic. Both pandemics have exacerbated the state of maternal health where we see increased rates of mortality that are highest amongst African American and Native American women, which are 2-3 times the rates of other women (Centers for Disease Control and Prevention, 2020). For some birthers, repeated exposure to acts of injustice during a global health pandemic have created significantly higher level of stress than in recent years (American Psychological Association, 2020; Choi et al., 2020). Given the impact of stress on mental health and the overall health of birthers and babies, there is a clear need to increase support for maternal mental health. Psychologist can respond to inequities and improve health outcomes for all birthing parents by taking a multifaceted approach, which includes 1) providing direct clinical practice that is grounded in cultural humility, 2) engaging in continuing education and professional development opportunities to explore our racism and unconscious bias, and 3) engaging in advocacy.

As a result of this workshop, attendees will be able to: 1) Define factors that impact maternal mental health for some parents during the dual pandemic, 2) Explore strategies for confronting racism and unconscious/conscious bias as providers, and 3) Describe advocacy initiatives that promote maternal mental health.

Dorienna M. Alfred, PhD, PMH-C is a licensed psychologist and certified perinatal mental health professional. She is the owner of Works of Faith Wellness and Consultation, LLC, in Columbus, Ohio, a private practice that offers perinatal mental health services.

Through the Practice, she provides direct clinical services, workshops and continuing education that promote health equity for those at the highest risk for complications during pregnancy and postpartum. Dr. Alfred is also the author of the book, *Pregnant with Promise: A Spiritual Journey of Pregnancy, Bed Rest and Childbirth, a memoir of her journey with loss and pregnancy complications*. She enjoys volunteering with local and national organizations that support maternal health equity and is passionate about increasing awareness of mental health and wellness throughout women's reproductive life span. She has co-authored publications and refereed workshops on topics related to women's health, racial identity, social justice, and cultural competence. In her free time, she enjoys spending time with her husband and sons, scrapbooking, and Zumba.



WORKSHOP #23:



The Digital Divide: Considerations for Telehealth with Older Adults during COVID and Beyond

Presenter: Brittany A. Carbaugh, PhD
Co-Presenters:

Carla Antenucci PsyD
Teresa Young, PhD

CE Credit: 2.0 P | C | SW | MFT
Learning Level: All

Live Q & A Session:
Friday, April 23, 2021 | 2 - 2:45 p.m.

Older adults face unique challenges to maintaining health and safety during the COVID-19 pandemic. This workshop will outline general concerns associated with the intersection of aging and a public health emergency. As many providers transition to telehealth, additional knowledge is required to adapt telepsychology for older adults, including speech, technology support, and "netiquette." The facilitators of this workshop practice in diverse settings and will provide descriptions of assessment and intervention based on their respective experiences and specialized knowledge. The information shared with participants will be enriched through examples of therapeutic dialogue in the form of role-plays and case vignettes.

As a result of this workshop, attendees will be able to: 1) Identify and address common issues reported by OAs during the COVID-19 public health emergency, 2) Summarize important considerations to optimize the digital interaction with older adults, 3) Describe ways to adapt interventions and assessments at care facilities, VAs, and in the community, and 4) Apply additional considerations and interventions through role-plays and case vignettes.

Brittany A. Carbaugh, PhD is a graduate of Cleveland State University's Counseling Psychology Program and the 2020 OPA Outstanding Trainee Award recipient. She completed internship and is a current postdoctoral resident in Geropsychology at the Cleveland VA. She is passionate about serving older adult veterans and is establishing a foundation for a career in the VA healthcare system. Brittany believes strongly in a life of service and enjoys her work on numerous committees, such as the OPA's Public Sector Interests committee and the Div. 20/Div. 12, sec. 2 GO-VETS Special Interest Group.

Carla Antenucci PsyD is a licensed clinical psychologist working in private practice at Legacy Psychological Services, LLC. She earned her Doctorate in Clinical Psychology from Xavier University. She specialized in Health Service Psychology at the Cincinnati VA Medical Center for her post-doctoral fellowship. In addition to adult general practice, Carla sees older adult clients within retirement and long-term care communities. She has extensive training in geriatric care and experience with patients receiving hospice and palliative services. Carla works with clients, their families, and staff to address unique issues that surface toward the end of life. She serves on OPA's ECP Committee.

Teresa Young, PhD is a licensed psychologist in private practice, specializing in adjustment to aging, illness/disability, and caregiving. She is an adjunct instructor at Ohio Dominican University. Before moving to Ohio, Dr. Young worked in Physical Medicine and Rehabilitation in Iowa. She completed postdoctoral training in interdisciplinary psychology within the Tennessee Valley VA. She earned

her PhD in counseling psychology from Tennessee State University and completed internship with the Vanderbilt - TVHS Consortium. Dr. Young provides in-services to organizations in Columbus and is secretary of the Columbus Advisory Committee on Disability Issues. She is co-chair of the ECP Committee of OPA.



WORKSHOP #24:



Identification, Management, and Referral of Patients with Substance Use Disorders in General Practice Settings

Presenter: Navdeep Kang, PsyD

CE Credit: 1.0 P | C | SW | MFT
Learning Level: All

Live Q & A Session:
Friday, April 23, 2021 | 3 - 3:45 p.m.

Given the prevalence of substance use disorders in the general American population, psychologists in any practice setting will undoubtedly encounter patients with SUD and must be equipped to address their associated needs. This workshop seeks to address foundational elements of OPA's Strategic Priority #1 (Helping to bring an end to the opioid crisis) and will focus on building clinicians' skills and effectiveness in identifying patients with substance use disorders, clinically managing SUDs where appropriate, and efficiently transitioning patients to specialty addiction treatment, when indicated.

As a result of this workshop, attendees will be able to: 1) Identify patients with substance use disorder, 2) Develop a foundation of clinical management strategies for SUD, and 3) Apply tactical measures to effectively refer patients with SUD to comprehensive, specialty addiction treatment services.

Navdeep Kang, PsyD is a psychologist and the Chief Clinical Officer for BrightView Health, where he leads the organization's quality service delivery and evaluation of outcomes in addiction medicine. He was selected by President and Mrs. Obama for the Obama Foundation's inaugural Fellowship class for his leadership in

treating addiction collaboratively with partners across the healthcare system. In addition to serving on the National Quality Forum's Technical Expert Panel on Opioid Use and Opioid Use Disorder and being appointed by Ohio Governor Mike DeWine to a four-year term on the RecoveryOhio Advisory Council, Dr. Kang is a prolific media presence and winner of ASAM's 2021 National Media Award. His editorial pieces on addiction treatment services, policy, and science have been featured by the Huffington Post UK, London School of Economics, The Hill, and local news outlets across the Midwest. He also makes regular live television appearances to share his expertise on behavioral health and wellness and has been featured on PBS Newshour.



WORKSHOP #25: Injured Workers Seeking Mental Health Allowances to their BWC Claims

Presenter:

Douglas Waltman, PhD LICDC-CS

CE Credit: 2.0 P | C | SW | MFT

Learning Level: All

Live Q & A Session:

Friday, April 23, 2021 | 4 - 4:45 p.m.

Just who are the injured workers seeking mental health allowances to their BWC claims? Why do some injured workers develop mental health conditions while others do not? This workshop seeks to provide some answers to these questions. The presenter will review the literature on these questions during the first hour and then present the results of his own research in the second. Knowledge of the characteristics of the injured worker seeking a mental health allowance will enable evaluators to make more accurate determinations. This information will also assist mental health treatment providers to better identify the treatment needs of injured workers with mental conditions.

As a result of this workshop, attendees will be able to: 1) Identify dispositional factors disposing injured workers to seek

mental health allowances, 2) Explain why individuals with personality disorders make up a disproportional greater share of these cases, 3) List other factors disposing injured workers to seek mental health conditions, and 4) Describe the typical injured worker from Ohio likely to seek a mental health allowance.

Douglas Waltman PhD. LICDC-CS is a psychologist and licensed chemical dependency counselor in private practice at Waltman Psychological Services LLC in Beachwood Ohio. He has a bachelor's degree in Psychology from Baldwin Wallace University, a master's degree in Clinical Psychology from the University of Akron, and a doctoral degree in Counseling Psychology from Kent State University. He has over 35 years of clinical experience and has worked in a broad range of clinical settings. He has worked with diverse clinical populations. In addition to his private practice, he consults at the Cuyahoga County Juvenile Court Diagnostic Clinic, serves on the BWC Psychological Task Force, and is a member of the Ohio Psychological Association. He works part-time as a ski instructor during the winter. He also enjoys kayaking, mountain biking, and photography.

FREE VIRTUAL SOCIAL & NETWORKING EVENTS YOU'RE INVITED...

WEDNESDAY EVENING

April 21 | 7 - 8 p.m.

OPA ASSEMBLY (No CE)

Join OPA leadership, members and convention attendees at our virtual in-person Assembly. This time will be used to discuss timely topics that affect psychology, the field of psychology and OPA. Discussion topics will be solicited from OPA members and convention attendees prior to the convention. Ideas generated from the Assembly will be used by OPA leadership to help guide future education, advocacy and public outreach initiatives. There is no fee to attend the Assembly.

This event does not offer CE.

THURSDAY EVENING

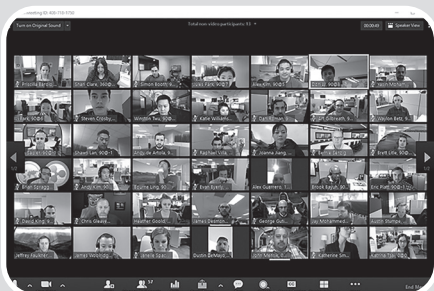
April 22 | 7 - 8 p.m.

EARLY CAREER SOCIAL HOUR (No CE)

ATTENTION NEWLY LICENSED PSYCHOLOGISTS, EARLY CAREER PSYCHOLOGISTS AND OPAGS

MEMBERS... OPA's Early Career Psychologists Committee invites you to join them for a virtual social hour. Come meet and network with other Ohio ECPs at this casual event. Don't miss out on this great opportunity to build both your professional and personal support networks. We look forward to seeing you! There is no fee to attend this event.

This event does not offer CE.



ANNUAL AWARDS CALL FOR NOMINATIONS

Do you know a psychologist or psychology ally that deserves special recognition?

Each year OPA seeks nominations for awards that will be presented virtually at a special ceremony and highlighted in upcoming publications.

Award categories include:

- Award of Excellence
- Citizen Award
- Distinguished Service Award
- Lifetime Achievement by a Psychologist
- Early Career Award for Excellence in Service and Professional Practice
- Media Award
- Outstanding Psychology Trainee Award
- PsyOhio Michael Sullivan Award
- Public Sector Psychologist of the Year
- Small College Roundtable Award for Academic Innovation
- Special Projects Award

To view the criteria for each award, or to submit a nomination, visit ohpsych.org/awards.

SPONSORSHIP AND EXHIBITOR OPPORTUNITIES

The Ohio Psychological Association (OPA) invites vendors to join us online for our 2021 Virtual Convention taking place April 21-23, 2021. With more than 350 mental health professionals expected to participate, OPA's 2021 Convention is the perfect venue for vendors to highlight their products / services and increase their customer base and visibility.

Changes to our format include pre-recorded workshops that provide sponsors with more opportunities to engage potential customers, plus exposure that lasts beyond our 3-day event as each workshop will be added to our webinar library after the convention. Why is this extended visibility important? Ohio is home to over 4,000 licensed psychologists and more than 35,000 licensed social workers, counselors

and marriage & family therapists all of whom are required to obtain continuing education (CE) credits in order to keep their license(s) current. These mental health professionals look to OPA to meet their continuing education needs... OPA can help vendors connect with these potential customers all year long.

OPA is proud to offer vendors affordable visibility opportunities including virtual exhibit space, online banners and event/workshop sponsorship. Get the most out of your investment; check out all of the special sponsorship packages that have been created to ensure maximum attendee exposure.

Visit ohpsych.org/2021CONVENTION to download complete exhibitor, sponsorship and advertising information.

2021 PODcast POSTERS ON DEMAND

The Ohio Psychological Association invites undergraduate and graduate students who are conducting research on psychology-based topics to present poster summaries as part of our P.O.D.cast... Posters on Demand.

P.O.D.cast is OPA's fresh take on a traditional poster session. This virtual format encourages you to think "outside of the box" and allows your research to have more visibility while saving you money and time! OPA's P.O.D.cast will consist of individual research "video posters." These videos will last no longer than 5 minutes and will be posted online for public viewing and promoted on social media.

OPA's P.O.D.cast offers special recognition to students who have the most exemplary posters. Four prizes are

awarded: best graduate empirical poster, best graduate non-empirical poster, best undergraduate empirical poster, and best undergraduate non-empirical poster. Our virtual format allows for an unlimited amount of participants.

Winners receive:

- a CASH prize
- an opportunity to PUBLISH your research in the upcoming issue of *The Ohio Psychologist*
- one-year free membership to the Ohio Psychological Association, and
- free admission to the following year OPA Annual Convention

For more information about OPA's P.O.D.cast including judging criteria, important dates, fees and guidelines, visit ohpsych.org/podcast.

CONVENTION PRICING & MEMBERSHIP LEVELS

OPA's 2021 Virtual Convention offers simplified a la carte pricing. Only pay for the CE that you want to earn... no extra fees... no hassles!

With a unique blend of On Demand Learning and Interactive Opportunities, OPA's 2021 Convention capitalizes on the flexibility and convenience of distance learning without losing the benefits of collaboration and networking with colleagues and presenters.

NEW in 2021! Each pre-recorded workshop offers a FREE Q & A session that will be held live on the Zoom platform. See page 3 for the Q & A schedule. Don't forget, the convention also include 2 FREE virtual events: the OPA Assembly and the ECP Social Hour.

Convention Fees are based on the following two factors:

1. the number of CEs you earn, and
2. your relationship to OPA.

OPA Full Members:

WHO: Current OPA members who are Licensed/Non-Licensed with a Doctoral Degree

RATE: \$25 per one (1) CE earned

OPA Partner Members (No CE):

WHO: Current OPA members who are without a doctoral degree working in the field of Psychology, or who wish to support/advance the purpose of OPA and the field of psychology in Ohio

RATE: \$20 per one (1) CE earned/offered

OPA Student Members (No CE):

WHO: Current OPA members who are students (High School, College Undergraduate, or Graduate level) OR who are in a Post-Doc program under supervision

RATE: \$15 per one (1) CE earned/offered
Students who are NOT members, should call us PRIOR to registering to receive a Promo Code for 1 FREE year of membership & member pricing eligibility.

Non-OPA Members:

WHO: Individuals who are NOT current OPA members.

RATE: \$35 per one (1) CE earned

POLICIES & PROCEDURES

IMPORTANT REGISTRATION DATES:

Early Bird Deadline ----- March 26

Registration Deadline ----- April 16

Registration Deadline: Registration must be received on or before April 16 to guarantee workshop / event selections.

Workshop Instructions: Instructions on how access the recorded workshops, CE Quizzes and Evaluation Forms will be emailed to attendees beginning the first week of April. These instructions are not transferable and should not be shared.

Discounts: Registrations received or postmarked on or before March 26 receive a **\$20 Early Bird Discount**. OPA members may use their CE Coupon by entering the Promo Code online or on the paper form. **No discounts may be used after April 16, 2021.**

Change to Workshops Purchased: Prior to March 27, attendees may opt to switch the workshops they have selected without penalty. **Beginning March 27, additional workshops can be added to an attendees itinerary, but NO refunds will be given for workshops previously selected.**

Disclaimers/Cancellation and Refund

Policy: Attendees needing to cancel must do so in writing on or before March 26 and will be subject to a **\$30 service charge**. **ALL CANCELLATIONS WILL BE SUBJECT TO THIS SERVICE CHARGE.** No refunds will be given for cancellations made after **March 26**. OPA and sponsors of this event are committed to providing accurate and up-to-date information. However, they are not responsible for event changes, additions or deletions, but will work towards accommodating attendee needs.

Conflict of Interest Statement: As an APA-approved sponsor of continuing education, the Ohio Psychological Association (OPA) is committed to the identification and resolution of potential conflicts of interest in the planning, promotion, delivery, and evaluation of continuing education as is consistent with concepts outlined in the APA Ethical Principles of Psychologists and Code of Conduct. Information regarding financial support, in-kind support or possible conflicts of interest will be included in promotional materials and can be accessed by contacting the Ohio Psychological Association Central Office.

Americans with Disabilities Act: The Quest Conference Center complies with the provisions of ADA. If you need any assistance related to sight, sound or mobility, please contact OPA.

Photo Consent: Registration/attendance at OPA events constitutes an agreement by the registrant to OPA for use of the attendee's image in photographs.

Continuing Education Credit Policies:

Those individuals wanting CE credits must complete the online Continuing Education Quiz and online Workshop Evaluation Form at the end of each workshop as instructed. A score of 80% or higher is required on each Continuing Education Quiz in order to receive CE credit. OPA adheres to all APA Approved CE Sponsor Guidelines. No partial credit will be given.

Convention Certificates of Attendance:

Attendees will be emailed a Certificate of Completion for each workshop successfully completed. (See "Continuing Education Credit Policies" for requirements.) If you are registered with OPA-MCE, CE will be added to your transcript for you. CE will also be automatically added to CE Broker for counselors, social workers and MFTs who provide their license number(s) during the registration process.

Continuing Education Credits:

- 1) The Ohio Psychological Association is approved by the American Psychological Association to offer continuing education for psychologists. The Ohio Psychological Association maintains responsibility for the program and its content.
- 2) The Ohio Psychological Association is approved by the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board to offer continuing education to counselors, social workers and marriage and family therapists. (RCS070608 and RTX071703).

NOTE: All workshops offer CE for psychologists. The following workshops offer continuing education credits for counselor, social worker and marriage & family therapist:

Keynote, 1, 2, 3, 4, 6, 7, 9, 10, 11, 13, 14, 15, 17, 18, 19, 21, 22, 23, 24 and 25.



2021 OHIO PSYCHOLOGICAL ASSOCIATION ANNUAL CONVENTION

REGISTRATION FORM

REGISTRATION DEADLINE IS APRIL 16, 2021

ATTENDEE INFORMATION: One registration form per attendee.

Name & Degree: (Please print)		OH Psychology License #
Mailing Address:		Are you dually licensed or a Social Worker, Counselor and/or a MFT? <input type="checkbox"/> Yes <input type="checkbox"/> No
Email Address:		If yes, list all applicable OH license numbers (See page 19 for CE restrictions)
Are you a speaker?	<input type="checkbox"/> Yes <input type="checkbox"/> No Workshop# _____	
Phone Number:		

WORKSHOP AND SPECIAL EVENT SELECTIONS: Check the boxes next to the session/events you want to purchase/attend

<input type="checkbox"/>	KEYNOTE ADDRESS APRIL 21, 2021 9 - 10 A.M. - LIVE ON ZOOM PLATFORM 1CE			TOTAL HOURS OF CE
	<input type="checkbox"/> Workshop 1 2 CE	<input type="checkbox"/> Workshop 10 3 CE	<input type="checkbox"/> Workshop 18 1 CE Ethics	
	<input type="checkbox"/> Workshop 2 2 CE Ethics	<input type="checkbox"/> Workshop 11 2 CE	<input type="checkbox"/> Workshop 19 1 CE Ethics	
	<input type="checkbox"/> Workshop 3 1 CE	<input type="checkbox"/> Workshop 12 1 CE	<input type="checkbox"/> Workshop 20 3 CE	
	<input type="checkbox"/> Workshop 4 1 CE Ethics	<input type="checkbox"/> Workshop 13 2 CE Ethics	<input type="checkbox"/> Workshop 21 2 CE	
	<input type="checkbox"/> Workshop 5 2 CE	<input type="checkbox"/> Workshop 14 2 CE	<input type="checkbox"/> Workshop 22 1 CE Ethics	
	<input type="checkbox"/> Workshop 6 1 CE Ethics	<input type="checkbox"/> Workshop 15 2 CE Ethics	<input type="checkbox"/> Workshop 23 2 CE	
	<input type="checkbox"/> Workshop 7 2 CE Ethics	<input type="checkbox"/> Workshop 16 2 CE Ethics CANCELED	<input type="checkbox"/> Workshop 24 1 CE	
	<input type="checkbox"/> Workshop 9 2 CE Ethics	<input type="checkbox"/> Workshop 17 2 CE	<input type="checkbox"/> Workshop 25 2 CE	
<input type="checkbox"/>	ASSEMBLY APRIL 21, 2021 7 - 8 P.M. - LIVE ON ZOOM PLATFORM No CE This is a FREE event open to all convention participants. Do not count this session in your "Total Hours of CE."			
<input type="checkbox"/>	ECP SOCIAL HOUR APRIL 22, 2021 7 - 8 P.M. - LIVE ON ZOOM PLATFORM No CE This is FREE event open to all convention participants. Do not count this session in your "Total Hours of CE."			

FEES & PAYMENT INFORMATION: Registration Ends on April 16, 2021**IMPORTANT NOTICES:** 1) See the back of this page for information on our **change fee, cancellation policy** and **membership levels**. Students who are not members should call OPA (614.224.0034) before registering to receive one year of **FREE OPA Membership**.

To calculate registration fee...			
1) Review the columns below and identify which column best describes your relationship to OPA			
2) Multiple the "TOTAL HOURS OF CE" (column above) by the dollar amount shown in your corresponding column below			
OPA Full Member	OPA Partner Member (No CE)	OPA Student Members (No CE)	Non-OPA Member
\$25	\$20	\$15	\$35

Enter Registration Fee	\$	PAYMENT OPTIONS:		
Less \$20 Early Bird Discount (if postmarked by 3/26/21)	- \$	<input type="checkbox"/> Check Enclosed (Make payable to OPA)	Credit Card Information: <input type="checkbox"/> Visa <input type="checkbox"/> AMEX <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover	
Late Fee \$20 (if registering after 3/26/21)	+ \$			
OPA-PAC Donation (Optional)	+ \$	Completed forms can be: mailed to OPA, 395 E. Broad St. #310, Columbus, OH 43215, faxed to 614.224.2059, or visit www.ohpsych.org to register online with a credit card.	Account Number	
Foundation for Psychology in Ohio Donation (Optional)	+ \$		Expiration Date	Security Code
Less OPA CE Coupon (if applicable) Enter Promo Code: _____	- \$		Signature	
TOTAL AMOUNT DUE:	\$			



INTEGRATED PSYCHOLOGICAL SERVICES
EMPLOYEE ASSISTANCE PROGRAMS INC.

Matrix Psychological Services has been providing exemplary clinical and corporate services since 1976. During that time, we have built a practice with an outstanding reputation for clinical as well as corporate services. Enterprises such as Bath and Body Works, Nationwide Children's Hospital, Columbus State Community College, Victoria's Secret and The Columbus Dispatch are a sampling of the organizations we work with regularly.

Though we pride ourselves on these accomplishments, we are also exceedingly gratified by our contribution to the profession of psychology by providing supervision to more than 125 post-doctoral residents over these past 45 years. In fact, our founder and president was awarded for that work with the Ohio Psychological Association's Distinguished Psychologist Award in 2013.

With four offices in Columbus and a national network of over 13,500 psychologists, we are constantly growing. If you desire to become a member of the Matrix organization as a psychologist or need to complete a post-doctoral year of supervision, please contact Sajdah Uddin, Vice President of Administration at (614) 475-9500 or by email at suddin@matrixpsych.com.

45 years is a long time. We are proud of our history. Come join us.

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