



The Australian Academy of Hypnosis™

Training real hypnosis since 1996

In this Pack you will find...

- Course summary/s (including Fees)
- Hypnosis/Hypnotherapy Information
- Hypnosis Legislation and Hypnotherapy Association Information
- Upcoming course Dates are all at www.rickcollingwood.com
- Certificate of Clinical Hypnotherapy Application Form
- Diploma of Clinical Hypnotherapy Application Form
- Advanced Diploma of Hypnotherapy Application Form
- Checklists



Introduction...

Welcome to The Australian Academy of Hypnosis. We will teach you how to induce all styles of hypnosis in a practical sense. Although they are included in our training, we don't focus on NLP or so called Modern or Conversational Hypnosis. For hypnotherapy to be effective, hypnosis itself must be effective and that's what you'll learn from us. We train you how to induce real hypnosis in a practical sense and how and what to use it for therapeutically.

You'll learn how to induce hypnosis in many various ways and how to apply the therapeutic aspects and the practical uses of hypnosis as hypnotherapy. You can be assured that you'll learn more than just a few relaxation techniques. In a nutshell, you'll get the finest hypnosis/hypnotherapy training available in Australia, from Australia's longest established hypnosis training institution.

The practice of hypnosis/hypnotherapy is de regulated in all states and territories of Australia and so it is not a requirement for any hypnosis training organization to be an RTO. RTO training requires many "Non Hypnosis" components in the curriculum. Therefore, the focus is usually not primarily on hypnosis and there is a significant increase in the fees. We'd rather focus on what we've been doing successfully for more than 25 years. You don't need to waste up to \$18,000 to become a professional hypnotherapist.

You'll learn the methods of Traditional and Ericksonian hypnosis and Mesmerism all of its uses. You won't be bogged down with theory. Instead you'll learn techniques that will enable you to do genuine and effective hypnosis from one of the world's foremost hypnosis trainers. Learn rapid and instant inductions, Mesmerism, and the almost forgotten art of 'Hypnotic Fascination'. Our training is suitable for any adult who wants to become a clinical hypnotherapist, for hypnotherapy and other health practitioners who want to learn deep trance induction skills, and those seeking selfimprovement and a better understanding of the human mind and human behaviour.



The Australian Academy of Hypnosis™

Training real hypnosis since 1996

We are Australia's Longest Established Hypnosis Training Institution

Styles and Types of Hypnosis

Many Hypnosis Training Institutions mostly teach theory or hypnosis hybrids such as NLP or so-called Conversational Hypnosis, or they have a significantly academic approach within their training curriculum; offering either none, or very little, practical training in actual trance inductions.

During the past twenty+ years The Australian Academy of Hypnosis™ has trained more than 3000 students nationally and internationally; many of them became very successful professional hypnotherapists. What the academy brings to the training arena are real hypnosis techniques that work on a physical, mental, emotional and spiritual level – techniques that have taken Rick to the top of the profession. When Rick trains he doesn't hold anything back or keep so called master or secret techniques to himself. Rick will teach you all that he knows and how to apply it to your own life and the lives of your clients. This is hands on training and you'll learn your theory from the extensive training manuals provided and in the academies student on line training and resource centre.

During the training you will be inducing trance under supervision from the first day and we will ensure that you get it right. After that, mastering what we teach to you will be in direct proportion to your passion for hypnosis and the practice you put into what you learn.

After the completion of your initial training you will have ample opportunity for more advanced training, regular monthly and specialty training, and open email access into the online training and resource centre at www.hypnouniversity.com

Some of the more common styles of hypnosis or hypnotherapy are...

Ericksonian Hypnosis: This is a therapeutic model of hypnosis created by the American Psychiatrist Milton Erickson. Ericksonian Hypnosis is most effectively utilised by a skilled and experienced Psycho Therapist. Ericksonian hypnosis is commonly used during therapy but does not usually require or effect deep trance states. After a relaxed state has been achieved by the subject, direct suggestion is replaced by ambiguity and a lot of metaphor is often used during the therapy sessions; which will usually be about 15 to 20 in number.

NLP or Neuro Linguistic Programming: Regardless of what persistent slick marketing efforts may try to have you believe; NLP IS NOT HYPNOSIS. It is supposedly the study of excellence and it does have some interesting and no doubt effective strategies. NLP also offers a lot of insight into human behaviour and the mind. However, because an NLP training institute may offer NLP training under the guise of it being hypnosis that is frequently claimed by its proponents. This is amply demonstrated by the fact that after more than a decade of clinical trials and studies at respectable academic institutions; no evidence could be found to back up the many claims made about the power and effectiveness of NLP. If you are learning NLP, you are not learning hypnosis.

Traditional Hypnosis: Traditional hypnosis is direct hypnosis. It is genuine hypnosis, the type of hypnosis that despite academic opinion can make many individuals do things that are against their moral patterning or usual personality. Traditional hypnosis can be blended with Mesmerism, NLP and Ericksonian Hypnosis to create a very powerful therapeutic modality.

Mesmerism: Mesmerism is derived from the presumed father of hypnosis. The German doctor Franz Anton Mesmer (1734 1815), however it is probably more correctly described as energetic hypnosis as very few words are used to induce a mesmeric state. The resulting trance is very different than hypnosis induced with verbal relaxations and commands and can be very therapeutic when applied by a well trained and experienced practitioner.

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Hypnotherapy Training – What Are You Really Learning?

All training courses conducted by The Australian Academy of Hypnosis are thorough and 'hands on'. You'll learn the practicalities of Real Hypnosis. The academic content is in-depth, focusing on how to use hypnosis correctly and effectively for therapy, the historical development, various aspects and views, plus a step-by-step 'how to' correctly induce Hypnosis, Mesmerism and Fascination trance states for therapeutic benefit.

All training materials are supplied, and examinations and assessments are open book

Approaches to therapy and sub-modalities i.e., Hypnosis with Children and Hypnosis for Disease, Rapid Inductions, Advanced Modern and Traditional techniques are taught. Mesmerism and Hypnotic Fascination are also explained, demonstrated and practiced during the Diploma training.

There is further support beyond the training - All students gain access to the Academies huge On Line Student Training and Resource Centre filled with 100s of "filmed in class" training videos, training courses from associated trainers and relevant hypnosis books. You will also get regular newsletters, association introductions, peer support, forums, old hypnosis books, and directions to insurance coverage.

There are many different styles and variations of hypnosis and trance for therapy. The Australian Academy of Hypnosis will teach you the differences between the types of Hypnotic, Mesmeric and Fascination trances as well as the fundamentals of Ericksonian Hypnosis and NLP. You'll learn the practicalities of conducting hypnosis morally for hypnotherapy and about the development of hypnosis today.

Our initial nine days of training will teach you the correct history of hypnosis and its uses, plus all of the effective means of inducing the hypnotic trance state, and how to correctly utilise hypnosis for therapeutic purposes. You'll experience hypnosis demonstrations and partake in a significant amount of supervised hypnosis induction practice.

If you don't initially register to complete the Diploma of Clinical Hypnosis, then after you've completed our nine-day Certificate of Clinical Hypnosis training, you still have the opportunity to enroll for the Diploma of Clinical Hypnosis and attending regular monthly on-going training tutorials, or to participate in other specialty trainings offered throughout the year.

Our certification more than covers the topics and training hours required to join most professional Australian and international hypnosis associations.

Academia alone a good hypnotist does not make. With most of the nine days "in class" training being practical and 'hands on', you'll have the ability to induce effective hypnosis by the time you've completed the Certificate of Clinical Hypnotherapy. If you want to advance to Diploma or Master Diploma level, you're welcome but we won't try to sell you any more or extra training.



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What You'll Learn

- Hypnosis, Hypnotherapy, Hypnotic Inductions, Mesmerism, Self-Hypnosis and how to apply the techniques
- Applying all techniques of Hypnosis and Clinical Hypnotherapy;
- Building your Clinical Hypnotherapy business;
- Working legally and ethically;
- Reflecting on and improving your own professional practice;
- Establishing and managing client relationships;
- You'll learn all practical aspects of applying hypnosis
- You'll be a competent and confident hypnotist/hypnotherapist
- You'll be able to work with many conditions such as Quit Smoking Weight Loss Insomnia Motivation Depression Past Life Regression and many other common challenges.

What our training enables you to do?

- Gain indemnity insurance to practice as a Clinical Hypnotherapist
- Apply for a Private Healthcare Provider Number upon successful membership of the AHA
- Launch and build your own practice
- Join any (or all!) of the national professional hypnotherapy associations





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How Our Training Curriculums Work

Upon enrolment all students receive an acceptance letter with specific dates and information plus all required training manuals in E book format (supplied in hard copy at the beginning of the relevant training), plus a password to access the academy's huge and comprehensive online student training and resource centre. You will begin at your own pace immediately upon registration.

In Victoria (Melbourne) we have three levels of training. Certificate of Clinical Hypnotherapy – Diploma of Clinical Hypnotherapy and an Advanced Diploma of Clinical Hypnotherapy.

The Certificate of Clinical Hypnotherapy requires the completion of nine days practical training (3x3 day in class trainings) plus the successful completion of a 150 question 'Open Book' examination.

The Diploma of Clinical Hypnotherapy requires the same as above, plus mandatory studies and video watching in the academy's online student training and resource centre and a further six days 2x3 day in class training.

The Advanced Diploma of Clinical Hypnotherapy requires the same as above, plus the completion of an online Magnetic Energetics (Mesmerism) training and completion of the nine consecutive day Advanced Diploma in class training.

In Perth/Sydney/Brisbane and Adelaide

Students can complete a six-day Certificate of Hypnotherapy and get a Certificate by attending in class training, there is no examination. Total in class days six and no examination. Fee \$1900.

The Diploma of Clinical Hypnotherapy requires the attendance of a further 7 days in class training plus the successful completion of a 150 question 'Open Book' examination plus online studies. Total in class days fourteen. Fee \$4100.

The Advanced Diploma of Clinical Hypnotherapy requires the same as above plus the completion of an online Magnetic Energetics (Mesmerism) training and completion of a further seven days in class training. Total in class days twenty one. Fee \$6800.

RPL from other approved hypnosis training institutions may be available for Diploma and Advanced Diploma Training.

The times between in class trainings in Perth Sydney Brisbane and Adelaide are approximately six months, but there is plenty of online study to complete between the trainings.



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Study Hypnotherapy With Us

Certificate of Clinical Hypnotherapy – Victoria

Nine Days (3 + 3 + 3) on Fri, Sat, Sun

Course Summary

Fees: (\$3,800 or \$3,600 if paid in full upon registration). Payment plans are available, please see the form included in this pack. A significant saving is available by enrolling directly into the Diploma of Clinical Hypnosis for only \$5500.

The first, three-day, weekend (Fri, Sat, Sun) is focused on theory, historical development, demonstrations, practical hypnosis inductions and understanding what hypnosis IS and what it IS NOT.

The first component covers demonstrations and the historical development, therapeutic approaches and instructions. You will also begin supervised induction practice during the first 3-day weekend. The second and third weekends are all hands-on practical, step by step training in how to induce hypnosis and how to make therapeutic instructions work properly. Upon registration you'll receive an acceptance letter, e training manuals, and gain access into the academy's students online training and resource centre within 24 hours of enrolment.

The Certificate of Clinical Hypnotherapy requires nine days in class training consisting of 3 x 3-days Fri Sat Sun consecutive weekends. Nine days in total. There is a compulsory 150 question open book written examination and 5 self- assessments be voluntarily completed. All training materials are supplied in hard copy when training commences. All students of The Academy have permanent free access to our students' on-line training and resource centre packed with free hypnosis ebooks, training manuals, training videos, on-line lectures and tutorials, a student forum and mentoring and various tutoring options.

At the completion of the nine-day Certificate of Clinical Hypnotherapy training you WILL have a comprehensive understanding of the development and uses of hypnosis, a WELL PRACTISED capability of inducing effective hypnotic trance in others and instructions for therapeutic benefits – these are GUARANTEED. Once you've successfully completed and provided us with your examination and self-assessments, your A3 size Certificate of Clinical Hypnosis and Transcript of Studies will be issued.

Diploma of Clinical Hypnotherapy Victoria

To complete the Diploma of Clinical Hypnotherapy in Melbourne, students must first complete the Certificate of Clinical Hypnotherapy with the academy or qualify for RPL from another recognised hypnosis training academy. The Diploma of Clinical Hypnotherapy also requires online study and the attendance of six further practical days of, in class, training attendance. Fee including both the nine day Certificate of Clinical Hypnotherapy training and the Diploma of Clinical Hypnotherapy \$5500.

Advanced Diploma of Clinical Hypnotherapy Victoria

The Advanced Diploma of Clinical Requires completion of the Certificate of Clinical Hypnotherapy, the Diploma of Clinical Hypnotherapy, the completion of an online Mesmerism training course and a further nine days, in class, practical training. Fee including the Nine day Certificate of Clinical Hypnotherapy, the six day Diploma of Clinical Hypnotherapy and the nine day Advanced Diploma of Clinical Hypnotherapy \$6800.

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Study Hypnotherapy With Us

Certificate of Hypnotherapy – Perth/Sydney/Brisbane/Adelaide

Six Days – Fri, Sat, Sun, Mon, Tues and Wed.

Course Summary

Fees: The Certificate of Hypnotherapy requires six days in class training in total where students learn and gain the skills of practical hypnosis inductions and effective therapeutic uses. This training is advantageous for Therapists, Counsellors and Psychologists who want to add a practical and effective skill to their present modality. The fee to complete the six-day Certificate of Hypnotherapy is \$1,900.

The Diploma of Clinical Hypnotherapy requires the attendance of six days of Certificate of Hypnotherapy and then the attendance of another seven days plus online study for. The fee to complete both the Certificate of Hypnotherapy and the Diploma of Clinical Hypnotherapy in Perth, Sydney Brisbane and Adelaide are only \$4100. The fees to complete the Advanced Diploma is \$6800.

Upon registration you'll receive an acceptance letter, e training manuals, and gain access into the academy's students online training and resource centre within 24 hours of enrolment. You will begin supervised induction practice on your first day. This training is hands-on practical, step by step training in how to induce hypnosis and how to make therapeutic instructions work properly.

The Certificate of Hypnotherapy requires six days in class training in total and the Diploma of Clinical Hypnotherapy requires Fourteen in class in total, plus the successful passing of a compulsory 150 question open book written examination and various online study. The Advanced Diploma of Clinical Hypnotherapy requires twenty one days in class training. All training materials are supplied in hard copy when training commences. All students of The Academy have permanent free access to our students' on-line training and resource centre packed with free hypnosis eBooks, training manuals, training videos, on-line lectures and tutorials, a student forum and mentoring and various tutoring options.

At the completion of the six-day Certificate of Hypnotherapy training you WILL have a significant understanding of the development and uses of hypnosis, and a WELL PRACTISED capability of inducing effective hypnotic trance in others and instructions for therapeutic benefits – Upon completion of the six days training students are given an A4 Certificate of Hypnotherapy. Once Diploma students have successfully completed and provided their examination an A3 size Certificate of Clinical Hypnosis and Transcript of Studies will also be issued.

Diploma of Clinical Hypnotherapy – Perth, Brisbane, Sydney and Adelaide

To complete the Diploma of Clinical Hypnotherapy in Perth, students must first complete the Certificate of Hypnotherapy with the academy or qualify for RPL from another recognised hypnosis training academy. The Diploma of Clinical Hypnotherapy also requires online study and the attendance of seven further practical days of, in class, training (14 in class days in total). Expected time to complete 9 months.

Advanced Diploma of Clinical Hypnotherapy – Perth, Brisbane, Sydney and Adelaide

The Advanced Diploma of Clinical Hypnotherapy requires completion of the Certificate of Hypnotherapy, the Diploma of Clinical Hypnotherapy, the completion of an online Mesmerism training course and a further seven days, in class, practical training. (21 in class days in total. Expected time to complete 18 months).

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Study Hypnotherapy With Us

Certificate of Hypnotherapy – Melbourne/Perth/Sydney/Adelaide

Melbourne students can enrol to complete both the Certificate of Clinical Hypnotherapy, the Diploma of Clinical Hypnotherapy and the Advanced Diploma of Clinical Hypnotherapy from the outset. There is a significant saving as the fee is reduced to \$5500 in total for both the Certificate and the Diploma of Clinical Hypnotherapy, and \$6800 in total for the Certificate of Clinical Hypnotherapy, the Diploma of Clinical Hypnotherapy, and the Advanced Diploma of Clinical Hypnotherapy. You'll find application and registration forms at the rear of this brochure.

Perth/Sydney/Brisbane/Adelaide students can complete a six-day Certificate of Hypnotherapy training, or immediately register for the Diploma of Clinical Hypnotherapy and attend another seven days practical training plus online studies. As well as attending the additional seven days. Diploma and Advanced Diploma Students must also view the 12 on-going specialty trainings in the academy's online student training and resource centre.

To complete the Advanced Diploma of Clinical Hypnotherapy Perth Sydney and Brisbane students must complete a total of twenty one days practical training and an online Magnetic Energetics (Mesmerism) training.

To gain a higher-level membership into one of the significant Australian hypnotherapy associations students must also complete an online basic counselling course. The fee is not included in the hypnosis training fees; however, we can organize it for you for approximately \$300.

The fees for the Certificate of Hypnotherapy in Perth Brisbane and Sydney are \$1900 for the Certificate of Hypnotherapy, \$4100 for the Diploma and \$6800 for the Advanced Diploma which includes the Certificate and the Diploma fees.

Our Diploma and our Advanced Diploma of Clinical Hypnotherapy trains Advanced Hypnosis and Mesmerism techniques that no other hypnosis training institution in Australia can teach you. Applicants who have appropriate RPL from other training institutions. The training components include: Rapid Inductions – Rapid induction techniques for therapeutic use: –The concept, demonstrations and the practical application of rapid inductions: –Traditional, Modern, Adaptive Mesmerism – Mesmeric trance induction and therapy without words: – How to Mesmerise: – Its comparison and difference to hypnosis: – Historical development and impact Hypnotic Fascination – Mesmerism the antithesis to hypnosis. The courses include separate training manuals with all instructions and procedures.



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Diploma of Clinical Hypnotherapy

Melbourne students can enrol to complete both the Certificate of Clinical Hypnotherapy, the Diploma of Clinical Hypnotherapy and the Advanced Diploma of Clinical Hypnotherapy from the outset. There is a significant saving as the fee is reduced to \$5500 in total for both the Certificate and the Diploma of Clinical Hypnotherapy, and \$6800 in total for the Certificate of Clinical Hypnotherapy, the Diploma of Clinical Hypnotherapy, and the Advanced Diploma of Clinical Hypnotherapy. You'll find application and registration forms at the rear of this brochure.

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To gain a higher-level membership into one of the significant Australian hypnotherapy associations students must also complete an online basic counselling course. The fee is not included in the hypnosis training fees; however, we can organize it for you for approximately \$300.

The fees for the Certificate of Hypnotherapy in Perth Brisbane Adelaide and Sydney are \$1900 for the Certificate of Hypnotherapy, \$4100 for the Diploma and \$6800 for the Advanced Diploma.

Course Summary

This is the PRACTICAL in class component required for the Diploma of Clinical Hypnotherapy. The practical workshop of Advanced Techniques is only available to students who completed the Certificate of Clinical Hypnotherapy, or to applicants who have appropriate RPL from other training institutions.

The training components include:

Rapid Inductions techniques for therapeutic use:

- The concept, demonstrations and practical doing of rapid inductions;
- Traditional, Modern, Adaptive

Mesmerism

- Mesmeric trance induction and therapy without words;
- How to Mesmerise;
- Its comparison and difference to hypnosis;
- Historical development and impact

Hypnotic Fascination

- Mesmerism the antithesis to hypnosis;
- Animal hypnosis, Gypsy hypnosis;
- Exercises and processes

The course includes a separate manual with instructions and procedures.

At the completion of training a Diploma of Clinical Hypnotherapy and a Transcript of Studies is awarded.

Other Courses available after initial training:

Mind Body	Dealing with Disease, etc. is conducted over 3 days (Fri. Sat. Sun)
Quit Smoking	One day training workshop (Sat)
Weight Loss	One day training workshop (Sun)
Anxiety	One day training workshop (Sat)
Depression	One day training workshop (Sun)

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Diploma of Clinical Hypnotherapy – Monthly On Going Training

Course Summary

These are the PRACTICAL and the THEORETICAL components required to attain the academies Diploma of Clinical Hypnotherapy. There are 12 (filmed live in class training) on going training modules that are completed on line. To gain the Diploma of Clinical Hypnotherapy all modules must all be completed in conjunction with the six-days, in class, Diploma training component.

The 12 tutorials topics on offer are:

- No. 1 Mind-Body Communication with Hypnosis (physiology and disease management)
- No. 2 Abreactions within Hypnosis
- No. 3 Hypnosis for Pain Management
- No. 4 Hypnotic Regression (present and past life)
- No. 5 Script Writing and Trance Deepening
- No. 6 Magnetism and Energy Shifting
- No. 7 Hypnotic Transference
- No. 8 Hypnosis with Children
- No. 9 Conscious – Subconscious Interfacing
- No. 10 Successful Induction and Subconscious Compliance
- No. 11 Hypnosis for Addictions and Substance Abuse
- No. 12 Ethics and Running of a Clinical Practice



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Study Stream Options

Pre-Requisites

It is a requirement of the Australian Academy of Hypnosis that all students be of good character and have no serious previous criminal convictions.

Because all hypnosis associations in Australia require a formal Police Clearance and Senior First Aid before membership is accepted, The Australian Academy of Hypnosis does not require you to produce them. Competence in written and spoken English are required (not formal), as is psychological stability – speak to your trainer (or psychologist) for any questions.

To begin training, you're requested to sign a contract to never use hypnosis for any purpose other than for therapy and we teach you why it should only be used morally with respect.





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Training Payment Plans Melbourne

This form only needs to be completed if you require a payment plan

Nine Day Certificate of Clinical Hypnotherapy. \$3600 if paid in full upon registration. Or \$1500 deposit and 9 x consecutive monthly payments of \$320. Total payable on payment plan \$4380.

Nine Day Certificate of Clinical Hypnotherapy and Six Day Diploma of Clinical Hypnotherapy including the including ongoing training \$5500 in total if paid in full upon registration, or \$2500 deposit and 13 consecutive monthly payments of \$300. Total payable for the Certificate and the Diploma of Clinical Hypnotherapy on a payment plan is \$6400. If you want to pay by credit card please the credit card authorisation form included in the pack.

I

of

..... Postcode

Phone Mobile

Email @

Would like to register for the following training.

.....

I have made a full payment of \$.....

(Complete this section if you have chosen a payment plan option)

I have paid a deposit of \$..... I agree and understand that the balance owing is \$..... and will be paid in..... consecutive monthly payments of \$..... and the total I will pay for the training is \$.....

Furthermore I understand that my registration into this training is not cancellable and that no refunds will be given under any circumstances. Upon registering for this training I agree to complete the payments as described here and agreed to by me.

Name (print full name)

Address

..... Postcode

Name (print full name)

Signed Date



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Training Payment Plans

Perth/Sydney/Brisbane/Adelaide

This form only needs to be completed if you require a payment plan.

Six Day Certificate of Hypnotherapy – \$1900 if paid in full upon registration. Or \$1000 deposit and balance of \$1000 due 10 days before training commencement – Total fees with payment plan \$2000.

Diploma of Clinical Hypnotherapy including the Certificate training plus seven additional days practical training and required online training, \$4100 if paid in full upon registration, or \$2000 deposit and six consecutive monthly payments of payments of \$400 – Total fees with payment plan \$4400.

The Advanced Diploma of Clinical Hypnotherapy is \$6800 if paid in full upon registration or \$4000 deposit and 10 consecutive monthly payments of \$325. The total payable for the Advanced Diploma on a payment plan is \$7250. If you want to pay by credit card please complete the credit card authorisation form in this pack.

I
of
..... Postcode

Phone Mobile

Email @

Would like to register for the following training.
.....

I have made a full payment of \$.....

(Complete this section if you have chosen a payment plan option)

I have paid a deposit of \$..... I agree and understand that the balance owing is \$..... and will be paid in..... consecutive monthly payments of \$..... and the total I will pay for the training is \$.....

Furthermore I understand that my registration into this training is not cancellable and that no refunds will be given under any circumstances. Upon registering for this training I agree to complete the payments as described here and agreed to by me.

Name (print full name)

Address

..... Postcode

Name (print full name)

Signed Date



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Current Hypnosis Legislation

The practice of Hypnosis and Hypnotherapy was deregulated in every state and territory of Australia by the 5th December 2005. It is not a requirement to be 'licensed' to practise hypnotherapy anywhere in Australia. The various hypnosis Associations and the Hypnotherapy Council of Australia (HCA) act as self-appointed regulating bodies.

Association Information

The Australian Academy of Hypnosis training is approved by the Hypnotherapy Council of Australia (HCA). The HCA is the recognised governing body for Hypnosis Institutions, Schools and Associations.

All significant hypnosis Associations recognise The Australian Academy of Hypnosis' 'Certificate of Clinical Hypnosis' as a qualification for membership. Some associations may require insurance coverage, police clearance, and a senior first aid certificate. Please contact them directly for details.

The academy is not directly affiliated with any associations. However, we do recommend association membership, especially if you are planning to use hypnotherapy professionally.

Some of the Hypnosis Associations you can apply to for membership are:

- TAHA** The Australian Hypnosis Alliance
- PHA** Professional Hypnotherapists of Australia
- ASCH** Australian Society of Clinical Hypnotists
- AHA** Australian Hypnotherapists Association
- AHA** American Hypnotists Association
- AGH** American Guild of Hypnotists

Our Diploma of Clinical Hypnotherapy is recognised by all of the significant professional hypnosis associations in Australia and by the HCA (Hypnotherapy Council of Australia). It is also recognised by the NHS in the United Kingdom.

Refund Policy

The refund policy for all hypnosis trainings is as follows. After acceptance into the academy training and payment of fees there is no cooling off period and there are absolutely no refunds, although once registered a student can defer their training to any equal training within three (3) years of payment.

Cancellation Policy

In the rare event that the academy cancels any training in its entirety a full refund will be issued within 21 days of any such cancellation. The academy will NOT BE RESPONSIBLE and WILL NOT refund any travel or accommodation payments. Students who may be travelling to attend any trainings it is recommended that you book your airfares and/or accommodation on a changeable or refundable basis.

These conditions are absolute. All students acknowledge and agree that upon submitting an application form and being accepted for any training conducted by The Australian Academy of Hypnosis that they have a full understanding of, and are in agreement with, these terms and conditions.

Deferment of Training Policy

Attendance dates can be deferred to any next equivalent training for up to three years. A deferment fee of \$250 applies to ANY and ALL date changes a student may request and must be paid at the time of deferment. There is no deferment fee if a student changes the date of a training they have registered for but have not yet commenced.

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About Our Trainers

Rick Collingwood – Founder

Rick is one of Australia's most well-known hypnotists and hypnosis trainers. He has been practicing clinical hypnosis since early 1992 and established The Queensland Hypnosis Academy in Brisbane in 1996. Then the more suitable title of The Australian Academy of Hypnosis was adopted after national training began in 2001. Rick has, during his extensive hypnosis career, had the pleasure of personally assisting tens of thousands of individuals and training more than 3500 academy students in the proficient and correct uses and methodologies of all types of Hypnosis, Mesmerism and Hypnotic Fascination. Rick conducts all trainings in Melbourne, Perth, Brisbane, Sydney and Adelaide.



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Some Testimonials...from previous students

I would like to thank the Mind Motivations team for their expertise and dedicated efforts in the outstanding methods of teaching hypnosis; no other hypnosis training establishment that I know of combines 90% demonstration and practical with theory the way The Australian Academy of Hypnosis teaches. The old saying of, "a picture paints a thousand words", has never been truer when learning traditional hypnosis through the AAH. – *Ralph N.*

I found the course to be concise and informative. Learning hypnosis from some of the best in the field is such a privilege. We got a lot of hands on practise and a great chance to learn from the experience of some great hypnotherapists. Thankyou.
– *Danielle – Acupuncturist.*

A scientific and spiritual journey offering clarity and peace of mind and also the ability to now give the same to others.
– *Kim Davis.*

Comprehensive, practical, amazing! The most eye-opening course I have ever done.
– *J.H. Clinical Pain Specialist.*

I found this course to be invaluable. Information, techniques and the practical application of hypnosis were very well constructed, well explained and demonstrated. The self assessments were a bit daunting, but very effective as a doubling up of our new knowledge. I would advice anyone who wishes to help people therapeutically to do this course. Thank you very much.
– *Patricia Barker – Counsellor.*

Excellent course. Great to know you could achieve such effective results in such a short time.
– *Jan Duckett – Healer, Counsellor.*

When I first experienced your training style I was perturbed by the informal discussion, demonstration, and practice format that you use. I was used to a more formal structure in class. Instead of acting on my urge to object, I just thought I'd immerse myself and absorb as much as I could about what you know and what you do. It worked. I finally get hypnosis and I'm finally a real hypnotist! I'm now much more confident. I used the Eye Lock last night on an old client and it worked just as you taught me it would. It's a breakthrough for client and therapist. I have found that people promise a lot in their trainings but when you actually get down to tin tacks you don't hear the full truth. Very few trainers will commit to other people's real success as you have done. You delivered. Thank you for being genuine.
– *Mike Welsh.*

I recently completed a gov't accredited Cert IV, and while the theory side of things was great, the practical side was not, and I walked away lacking the ability to hypnotise. I felt hamstrung! Then I met Rick Collingwood, I did a course with him at The Australian Academy of Hypnosis, saw and experienced real hypnosis first hand, and walked away confident I could do it too.

Within a week I had hypnotised my family. Within 2 weeks I was hypnotising friends. Weeks later, my stepdad is still responding to the direct suggestions I gave him in what was my first attempt at real hypnosis. It works! I'm looking forward to further study with him, and if you really want to learn hypnosis, I suggest you learn it from Rick.
– *Cahn Forrest.*

I just wanted to say the DVDs and the training manuals are excellent - I learn't more watching just one of your training DVDs than I did on my 12 month diploma course. A bit of a worry!! I'm really looking forward to the 5 day Sydney course. I just wanted to ask also – how many people on the actual 5 day course. I have never been hypnotised although I have done several hypno workshops as well as the one year course, so I was wondering what the chances of actually getting work with you would be. It is something I would dearly like to experience especially as I am using it with clients. Figure – if you don't ask – you will never know!!! Am very passionate about hypnotherapy and helping others ... and becoming the best practitioner possible."
– *Regards Neil.*

The Australian Academy of Hypnosis™ Suite i84, 21 Hall Street Port Melbourne Victoria 3207

PO Box 847 Port Melbourne Victoria 3207 • email rickcollingwoodhypnosis@gmail.com • Phone 0420 322 763



The Australian Academy of Hypnosis™

Training real hypnosis since 1996

Next Training Dates

For all training dates in Melbourne Sydney and Brisbane please see the training page at rickcollingwood.com or theaustralianacademyofhypnosis.com

Mind Motivations and The Australian Academy of Hypnosis Contact Information

Melbourne Office / Clinic – Phone 0420 322 763 – email: rickcollingwoodhypnosis@gmail.com

Street Address: Suite i84 – 21 Hall Street, Port Melbourne, Victoria 3207

Postal Address: PO Box 847 Port Melbourne Victoria 3207

Our Training Facilities

All Hypnosis training is currently conducted in our modern comfortable training facilities at Suite i84 – 21 Hall Street Port Melbourne Victoria 3207 (see map below). In Perth, Brisbane and Sydney, modern comfortable training facilities are used.

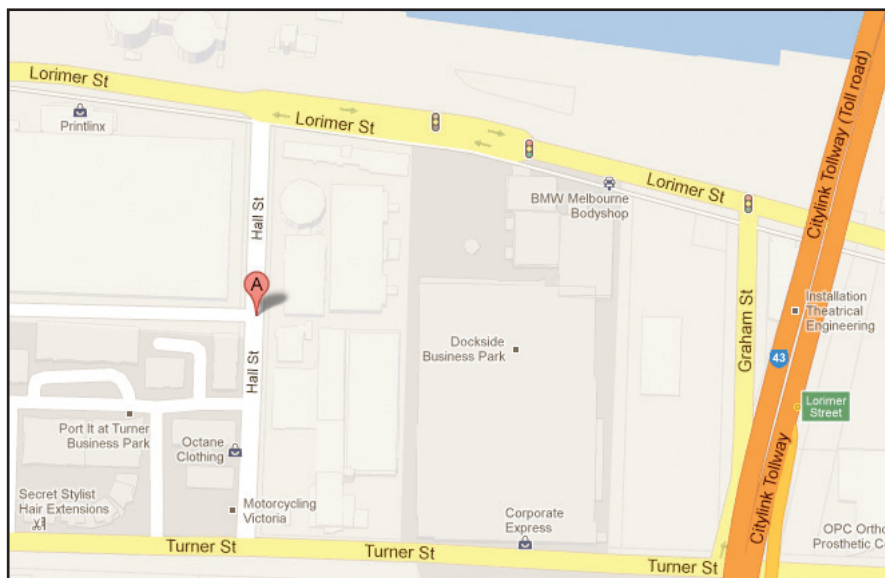
Training Enquiries

For All Melbourne Perth and International Training enquiries please phone Rick Collingwood 0420 322 763, email: rickcollingwoodhypnosis@gmail.com

The Academy's bank details for all Training fees are:

ANZ Bank: A/C Name: B. Collingwood – BSB No: 013395. A/C No: 472635098.

To pay by credit card please use the credit card authorisation and from and email back. Your credit card will be charged and your credit card information destroyed immediately. there is a 2% credit card fee applicable.



Tuition times are: 9.30am - 4.30pm.

Breaks – Morning: 10.30 - 10.45am, Lunch: 12.30 - 1.30pm, Afternoon: 2.30 - 2.45pm.

Tea and Coffee are provided, and free parking is available in Hall Street during weekdays and within the complex where the academy is located during weekends.

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The Australian Academy of Hypnosis™

Hypnotherapy Training and Registration

Melbourne • Perth • Sydney • Brisbane • Adelaide

Full Name:

(Please print your name clearly exactly as you would like it printed on your Certificate)

Postal Address:

State:

Postcode:

Mobile:

Email:

Why do you want to attend this training?

Any known Mental Illnesses?

Yes

No

(If yes, please give brief details)

I am registering to attend (please circle below):

- Six Day Certificate of Hypnotherapy (Sydney Brisbane Perth Adelaide)
- Nine Day Certificate of Clinical Hypnotherapy (Melbourne)
- Diploma of Clinical Hypnotherapy (Melbourne Sydney Perth Brisbane Adelaide)
- Advanced Diploma of Clinical Hypnotherapy (Melbourne Sydney Perth Brisbane Adelaide)
- Certificate of Magnetic Energetics (Mesmerism)

In the city of: (Please Circle): Melbourne Sydney Perth Brisbane Adelaide

Training Start Date:

Declaration: I understand that The Australian Academy of Hypnosis does not approve of or condone the use of hypnosis for any purpose other than as a therapeutic skill to assist in the physical and emotional healing of others.

By enrolling and paying the fees for this training, I the undersigned fully understand that the fees ARE NOT refundable under any circumstances, unless The Australian Academy of Hypnosis absolutely cancels the training. I also understand that any training I have paid for but become unable to attend may be deferred for any equal training for up to 3 years after the cancellation upon payment of a \$250 deferment fee. You can pay by direct transfer or with Visa and Mastercard.

I have transferred a full payment (or deposit) of:

\$

Account details:

ANZ Bank: A/C Name: B. Collingwood. BSB: 013395. A/C No: 472635098.

* Please reference your payment with your name.

Full Name:

Signed:

Date:

/ /



The Australian Academy of Hypnosis™

Training real hypnosis since 1996

Credit Card Payment Authorisation Form

The fees total for training if paying by credit card including the 2% credit card surcharge for Victorian Training are:

Nine Day Certificate of Clinical Hypnotherapy	\$3672
Diploma of Clinical Hypnotherapy	\$5610
Advanced Diploma of Clinical Hypnotherapy	\$6936

The fees for training if paying by credit card including the 2% credit card surcharge for **Perth/Sydney/Brisbane** Training are:

Six Day Certificate of Hypnotherapy	\$1938
Diploma of Clinical Hypnotherapy	\$4182
Advanced Diploma of Clinical Hypnotherapy	\$6936

I

Of (address)..... Post Code

Hereby authorise and consent to Mind Motivations and The Australian Academy of Hypnosis

To charge my Visa Mastercard (please circle)

a once only payment of \$.....

To complete the (fill in course registering for)

Card Number:.....

Expiry Date:.....CCV 3 digit number:.....

Full Name.....

Sign :..... Date :.....



The Australian Academy of Hypnosis™

Training real hypnosis since 1996

Application Checklist

- Application Form Completed and Signed
- Deposit / Full Payment

1st Day of Training Checklist

- Coffee Cup
- Map to get there