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# Penguin Random House UK

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# NARRATIVE NONFICTION

# ILLUSTRATED

# **RECENT HIGHLIGHTS**

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# CORNERSTONE

Cornerstone publishes books that connect with people. We love discovering new voices, unearthing stories and taking them to new audiences.



# ARROW

Arrow

Arrow is one of the most successful commercial paperback imprints in the UK. With bestselling crime authors, an outstanding saga publishing programme and a catalogue of literary greats



# CENTURY

Century publishes a list of bestselling fiction across a diverse range of genres from true crime to fantasy as well as one of the most well regarded list of commercial non-fiction.



# **DEL REY**

Our Del Rey list is the science fiction and fantasy imprint at Penguin Random House UK, dedicated to publishing a select range of the very best in commercial SF, fantasy and horror as well as literary, cross-genre fiction. Authors include Andy Weir, John Marrs, Adrian Walker and Katherine Arden.



# HUTCHINSON

One of the UK's oldest imprints, Hutchinson has always championed books that engage with the way we are living and thinking, as well as celebrating the brilliant storytelling of their established bestsellers.



# **#MERKY BOOKS**

#Merky Books was launched in 2018 and is dedicated to publishing the best in non-fiction, fiction and poetry from a new generation of voices. The imprint, which is curated by Stormzy, also runs an open submission competing to find new works across a range of genres.

# CORNERSTONE

# **RANDOM HOUSE BUSINESS BOOKS**



Home to the world's most influential thinkers on business, economics and behavioural sciences. The list ranges from timeless classics to pioneering explorations of future trends. Practical and inspirational by turns, these books represent the very best of the past, present and future of business.



# WILLIAM HEINEMANN

Founded in 1890, the imprint boasts a rich literary heritage as well as a forward-thinking, cutting-edge list of contemporary fiction and non-fiction.



## WINDMILL

Windmill's mission is to publish exceptional literary fiction and non-fiction. Established in 2009, Windmill's list is bursting with prize-winners, exceptional new voices and expert non-fiction writers publishing across a broad range of genres.



# **YOUNG ARROW**

Young Arrow is the home of the children's and young adult books written by some of Cornerstone's biggest authors

# Young Arrow



The non-fiction specialists of Penguin Random House, from memoir to self-help; from cookery to sport; from business to humour – Ebury covers almost every area of non-fiction.



#### **EBURY PRESS**

Ebury Press is one of the country's most successful imprints dedicated to creating bestsellers in narrative and illustrated lists covering every genre from cookery, sport and gift to memoir, history and politics.



#### BBC BOOKS

BBC Books is the publisher of choice for titles relating to BBC programmes and personalities, combining the editorial quality and integrity of the BBC with the award winning sales of Penguin Random House.



#### **EBURY ENTERPRISES**

Ebury Enterprises is the brand publishing arm of Ebury Press. Experts at working in partnership with both established and emerging brands, including food and drink, museums, institutions and world famous shops.

# VERMILION



An imprint dedicated to publishing highly-respected experts whose books make a genuine difference to people's lives from personal development, popular psychology, business and social issues to pregnancy.



# RIDER

From Edith Eger to Shirin Ebadi, the Dalai Lama to Deepak Chopra, Rider authors offer an unparalleled range of new ideas. Its list is renowned for providing an enlightening, thought-provoking take on modern life.



# **VIRGIN BOOKS**

Launched in 1979 as a rock music publisher linked to Virgin Records. It's now a home for books with energy and attitude. With a varied list ranging from humour and biography to business and sport.

# WH ALLEN



WH Allen publishes engaging, provocative books that start conversations. Home to some of the biggest thinkers of the past three centuries, this bespoke yet ambitious list ranges across technology, politics, history and current affairs.

# **POP PRESS**



Pop Press is the home of Ebury's gift publishing, offering fun, beautiful and affordable books for everyone and all occasions. Our list includes humour,

lifestyle, food and drink and wellbeing books to inspire, entertain, and capture the zeitgeist and the imagination of the young or young at heart.

#### PENGUIN GENERAL

A broad church for anyone who is culturally inquisitive, Penguin General's publishing unites an intelligent curiosity about the world around us, as well as a great love of storytelling.



#### FIG TREE

Fig Tree was founded in 2005 to publish well-written, narrative-driven, entertaining and occasionally provocative books that tap into the zeitgeist. Most of its readers and authors are women. As well as fiction, it also publishes history, art history, memoir, and beautifully designed and produced illustrated cookery titles.



#### HAMISH HAMILTON

Founded in 1931, Hamish Hamilton is one of Britain's most distinguished literary lists. Publishing no more than 20 new titles a year, both fiction and nonfiction, and all points in between, Hamish Hamilton's authors include Arundhati Roy, Noam Chomsky, Zadie Smith, W.G. Sebald, Ali Smith and Mohsin Hamid.

#### PENGUIN VIKING

VIKING

Viking publishes fiction and non-fiction: books that combine brilliant writing with popular appeal, books that make headlines and books that will win prizes. It publishes current affairs, history, biography, memoir, economics, science, narrative non-fiction, music, art and sport with authors including John le Carré, Nick Hornby, Colm Tóibín, Michelle Obama, William Trevor and Nina Stibbe.



#### PENGUIN BUSINESS

Penguin Business is Penguin's leading business imprint, publishing cutting-edge ideas in leadership, management, entrepreneurship, finance, innovation, professional skills, and narrative business. It publishes books that are packed full of practical advice to help you change the way you work and do business. Our bestselling, internationally renowned authors include Simon Sinek, Eric Ries, Seth Godin, John Doer, Oliver Shah and Don Tapscott.



#### PENGUIN LIFE

Launched in 2016, Penguin Life publishes health and lifestyle books by experts who share a passion for living well. From psychology and inspirational thinking, to fitness and parenting, they publish books to help you be the best you can be. Its authors include Ruby Wax, Dr Rangan Chatterjee and Meik Wiking.



#### SANDYCOVE

Covering the full spectrum of genres and markets, Sandycove is the leading Irish-based publishing imprint. Publishing no more than 20 new titles a year, we select, edit and promote each book with the love and care of a small press. Our list of bestsellers, prize-winners and new discoveries is unmatched, backed up by the immense resources of Penguin Random House

## Penguin Press

Penguin Press comprises the flagship non-fiction imprint Allen Lane, the innovative Particular Books, the newly revitalised Pelican imprint and the world of Penguin Classics.

#### ALLEN LANE

#### allen lane

In 1967 Penguin's founder started a hardback imprint under his own name, Allen Lane. Allen Lane is now the leading publisher in the UK of bestselling serious non-fiction, setting the agenda in subjects including history, science, politics, economics, philosophy, psychology, language and current affairs. Its books are renowned for their quality and their originality of thought.

#### PARTICULAR BOOKS



BOOKS

By and for the particularly passionate, Particular Books began publishing in 2009. Some of its authors are award-winners, some are bestsellers; all – artists, illustrators, map-makers, photographers, poets, scientists – express their consuming interests in distinctive ways that delight readers across the globe.

#### PELICAN



The Pelican imprint, originally founded in 1936 by Allen Lane, was relaunched in May 2014. It publishes accessible and intelligent books of lasting value about essential topics, from economics to evolution. As authoritative, democratic and approachable guides to intellectual subjects, written by leading experts and expert communicators, its introductions are the first books to turn to on any given topic.

#### PENGUIN CLASSICS



Penguin Classics represents the greatest repository of our shared cultural imagination and a treasure trove for readers. The series includes nearly 3,000 of the greatest and most significant works written, spanning two-and-a-half millennia and representing every corner of the globe. The Modern Classics list - continually expanded with contemporary authors – is considered timeless.

# FICTION



The Mismatch Sara Jafari

A stunning coming-of-age debut about family dynamics and finding your place in a society that has traditional expectations. For fans of Ayisha Malik, Candice Carty-Williams and Beth O'Leary

When fitting in means losing who you are, how do you find yourself?

Tehran 1973. Twenty-something Neda lives in Iran.

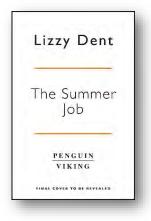
Her overbearing mother wants her to get married, but she wants to concentrate on her studies. When a near abduction makes her reevaluate her faith and recommit to Islam, Neda chooses to wear a hijab and hopes for a love match with a man who can respect her career ambitions. When Neda meets Hussein, she thinks her prayers have been answered.

#### London 2014.

As a new graduate, Soraya is ready to enter the world and make her mark. The only problem is, she doesn't know what she wants to do, which makes finding a job so much harder. Going back home isn't an option because there are secrets at the heart of her family that she has kept from almost everyone in her life. Neda and Soraya attempt to find their place in a world that wants them to act a certain way. But will they overcome their challenges to find happiness, success and the love they desire...

**Sara Jafari's** writing has been longlisted for Spread the Word's Life Writing Prize and has been published in *gal-dem* and *The Good Journal*. Sara's essay on dating as a British Muslim woman was published in *I Will Not Be Erased* (Walker) in 2019. Sara also runs *TOKEN* magazine which showcases writing and artwork by underrepresented writers and artists. She is a Faber Academy graduate. Sara Jafari's second novel, *The People We Meet*, is scheduled for June 2022.

27 May 2021 | Jennie Rothwell for Arrow | 400 pp Rights sold: US (Ballantine Press)



The Summer Job Lizzy Dent

#### Birdy just got her dream job. The problem is, it's not hers

Have you ever imagined running away from your life?

Well Birdy Finch didn't just imagine it. She did it. Which might've been an error. And the life she's run into? Her best friend, Heather's.

The only problem is, she hasn't told Heather.

Actually there are a few other problems...

Can Birdy carry off a summer at a luxury Scottish hotel pretending to be her best friend (who incidentally is a world-class wine expert)? And can she stop herself from falling for the first man she's ever actually liked (but who thinks she's someone else)?

**Lizzy Dent** (miss)spent her early twenties working in Scotland in hospitality, in a hotel not unlike the one in this novel. She somehow ended up in a glamourous job travelling the world creating content for various TV companies, including MTV, Channel 4, Cartoon Network, the BBC and ITV. But she always knew that writing was the thing she wanted to do, if only she could find the confidence. After publishing three young adult novels, she decided to write a novel that reflected the real women she knew, who don't always know where they're going in life, but who always have fun doing it. *The Summer Job* is that novel.

29 April 2021 | Katy Loftus for Viking | 352 pp Rights sold: Czech (Grada), German (Heyne Verlag), US (Putnam)



The Holiday Romance Josie Silver

#### The highly anticipated new love story from the million-copy bestselling author of One Day in December

Imagine the film *The Holiday* but, rather than swapping homes, the heroine and hero are trapped in the holiday cottage together...

Cleo, a dating columnist from London, goes to stay in a cosy log cabin on a small island to 'self-couple' for a couple of months...the only problem is, the cabin is double-booked, and

the annoying American guy who's double-booked it refuses to leave.

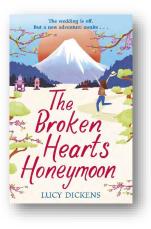
Then the weather turns, and they find themselves unable to get off the island, with nowhere else to stay. Talking and laughing and sleeping within the same four walls, a deep connection starts to grow. But will it be enough to get them through the next few weeks...and could it last a lifetime?

From the million-copy bestselling author this new novel is right back to Josie's filmic, sweeping, love story heartland.

Josie Silver is the author of the Sunday Times and Reese Witherspoon's Hello Sunshine Book Club bestseller One Day in December and The Two Lives of Lydia Bird. Her novels have been published in 31 languages. Josie is an unashamed romantic, and lives with her husband, their two teenage sons, two cats and a dog in a little town in the Midlands.



02 September 2021 | Katy Loftus for Penguin | 432 pp Rights sold: US (Ballantine)



The Broken Hearts Honeymoon Lucy Dickens

# EAT, PRAY, LOVE for the Instagram generation

The perfect armchair escape for fans of Jo Thomas, Jenny Colgan and Phillipa Ashley.

When disaster strikes, adventure calls...

Charlotte had a plan. The perfect country wedding, followed by a month-long honeymoon in Japan - but when her fiancé starts having second thoughts, she knows there's no choice but to call it off.

Charlotte isn't sure she knows how to be single, but she is going to try, starting with taking that trip of a lifetime – alone. Will she find herself in the hills of Mount Fuji, or in the karaoke bars of Tokyo? And will she be ready for romance by the time the cherry blossom flowers?

A feel-good story of reclaiming your life, set among the cherry blossom of Japan.

'Funny, inspirational and so evocative' Cathy Bramley

'The ultimate armchair adventure - I absolutely loved it!' Heidi Swain

'Will leave you feeling inspired' Cressida McLaughlin

**Lucy Dickens** is the pseudonym for Lisa Dickenson. She spends her days writing the kind of hilarious women's fiction that sets the world to rights. Her next book, *The Holiday Bookshop*, is coming out in June 2021.

01 April 2021 | Sonny Marr for Arrow | 384 pp Rights sold: Bulgarian (ERA Media LTD)



The Suitcase Sophie Cousens

What if you picked up the wrong suitcase at the airport and fell in love with the contents?

Tell me the story of how you two met...

Laura has built a career out of finding the most romantic stories for her column on love and relationships.

The trouble is that Laura has never had her own meet-cute. 30 years old and single, she is

starting to wonder if she'll ever have her very own sliding doors moment.

So when Laura picks up the wrong suitcase at the airport on a work trip to the Channel Islands, she finally receives the sign she of which she has always dreamed.

From the piano sheet-music to the battered copy of her favourite book, Laura finds evidence of every quality she could ever hope for in a partner. She knows it's crazy, but she can't help but think that the owner of the suitcase might really be the man of her dreams.

If Laura's job has taught her anything, it's that when it comes to love, you can't just let an opportunity pass you by. She makes it her mission to return the suitcase, and to maybe, finally find the one.

**Sophie Cousens** worked in television for 12 years, she now balances her writing career with working for an arts charity and taking care of her two small children. Sophie's first novel, *This Time Next Year*, was published in August 2020 and has been sold into five territories; Czech (Euromedia), German (Penguin), Hebrew (Armchair), Russian (Azbooka) and the US (Putnam).

13 October 2021 | Sonny Marr for Arrow | 400 pp Rights Sold: US (Putnam)





The Coffin Club Louise Morrish

# A multigenerational story about family, war and espionage

Lying awake one night, Betty Shepherd – who is about to celebrate her 100th birthday – is surprised by a figure in her room. A man who she assumes to be a ghost and who reminds her of her long-ago past when she was a Special Operations Executive in World War Two.

Meanwhile Betty's carer, Tali, is thinking about

her future which is feeling increasingly precarious. Where will she live once Betty has passed away? How will she survive on her meagre savings? And most importantly how does her new friend, Jo, feel about her? Is theirs a conventional friendship – or could it, as Tali hopes, lead to much more?

As Betty sifts through letters she has kept from the war, memories come flooding back. She recalls her arduous training in Scotland in 1940 to become an agent, her terrifying flight and parachute drop into Nazi-occupied France, the perilous undercover mission she was asked to undertake on behalf of the Free French, and her relationship with her fellow agent, Gilbert, with whom she is fast falling in love, and who may have secrets of his own...

Alternating between Betty's past and Tali's present, *The Coffin Club* is a gripping first novel by the 2019 winner of the Daily Mail First Novel Competition in which dark secrets, passion and a heart-breaking betrayal all come together in a devastating conclusion.

**Louise Morrish** began writing historical fiction whilst working as a secondary school Librarian. She is obsessed with discovering the secret histories of forgotten women, and bringing their stories to light. *The Coffin Club* is her debut novel.

20 January 2022 | Selina Walker for Century | 400 pp

#### **FICTION - LITERARY**



I, Mona Lisa Natasha Solomons

You know her name. You've seen her face. Now hear her voice.

An irresistible peak into the world as seen through the eyes of the most famous painting of all time

How long does a painting live for, how many people live and die as it remains ever watchful?

Welcome to the dazzling world of Leonardo da Vinci's studio, a space bursting with genius imagination, towering commissions and needling patrons – and of course discontented muses and subjects. A whirlwind of politics, money, intrigue and power circles around this simple portrait of Lisa Gherardini. Over five hundred exuberant years we watch as she surveys all, becomes sought-after, stolen and finally, infamous.

Deliciously vivid and compulsive, *I, Mona Lisa* is at once entertaining as it is probing around the questions of women, ownership and the power of the brushstroke.

**Natasha Solomons** is the author of the internationally bestselling novels *Mr Rosenblum's List, The Novel in the Viola* and *The Gallery of Vanished Husbands.* Her most recent book, *House of Gold,* was published into seven territories; Czech (Pavel Dobrovsky-Beta), Dutch (Ambo/Anthos), German

(Rowohlt), Hungarian (IPC), Italian (Neri), Portuguese (Bertrand) and US (Putnam).



13 January 2022 | Charlotte Cray for Hutchinson | 400 pp

#### FICTION - LITERARY



Cecily Annie Garthwaite

#### 'A STARTLING HEROINE' Sarah Moss

'If a woman takes up arms, she must be sure to win.'

Cecily Neville marries a traitor's son when she is sixteen. It is a risk, but one she is willing to take. For though Richard Duke of York's name brings great danger, it also brings a claim to the throne. And as a woman who watched Joan of Arc burn without flinching, Cecily is not afraid.

Politics and children soon become her life's work. Politics in order to survive. Children to marry off, and to teach to serve their King. But also, should the opportunity arise, to take his place...

An astonishing debut that breathes fresh life into the great English biographical novel, this book will enthral you and bring you close to the blood and exhilaration that was the beginning of the Wars of the Roses, told through the eyes of its greatest unseen protagonist, Cecily.

Annie Garthwaite has been obsessed with Cecily Neville ever since a teacher in the north-eastern council estate she grew up in introduced her to the Wars of the Roses. At age 55, she decided it was now or never: she quit her job, enrolled on a creative writing MA, and three years later, this extraordinary novel is the result. In a prior life she was the most senior woman in her role at an American multinational – an experience that gave her an insight into how a woman like Cecily might exercise power in arenas dominated by men.

29 July 2021 | Katy Loftus for Viking | 416 pp

#### FICTION - LITERARY



A Knife to Cut Through Water Eimear Ryan

# A beautiful coming of age story in the shadow of a complex love affair

When Beth Crowe starts university, she is shadowed by the ghost of her potential as a competitive swimmer. Free to create a fresh identity for herself, she finds herself among people who adore the poetry of her grandfather, Ben Crowe, who died tragically before she was born.

She embarks on a secret relationship, and on a

quest to discover the truth about Ben and his widow, her beloved grandmother Lydia. The quest brings her into an archive that no scholar has ever seen, and to a person who knows things about her family that nobody else knows.

A Knife to Cut through Water is a razor-sharp, moving and seriously entertaining novel about complicated love stories, ambition and grief – and a young woman coming fully into her powers.

**Eimear Ryan** is a writer, editor and camogie player. Her fiction has appeared in *Granta*, *The Dublin Review*, *The Stinging Fly*, and the anthologies *The Long Gaze Back* (New Island) and *Town & Country* (Faber). She is a co-founder and coeditor at Banshee Press, an independent publisher that publishes the literary journal, *Banshee*, as well as a select list of books. From Co. Tipperary, Eimear now lives and works in Cork city.

17 June 2021 | Brendan Barrington for Sandycove | 288 pp

#### FICTION - SCIENCE



Subject 21 Amy Warren

#### Extinct species of animals and humans have been revived in the Museum of Evolution. We've brought them back, but at what cost?

What happens when the future recaptures the past? In a post-apocalyptic world the human race has evolved beyond us through genetic engineering – and we've been left behind to make amends for the damage inflicted on the earth.

The reversal of the extinction of long lost animals is key to our reparations and all of these are housed in the Museum of Evolution – along with another species of human that hasn't existed for 30,000 years.

Elise belongs to the lowest order of humans, the Sapiens. She lives in an ostracised community of ecological houses, built to blend in with an idyllic landscape. Deciding to widen her stagnating life in the manufacturing base, she takes a chance opportunity to become a Companion to a previously extinct species of human. Taught only what the leaders want her to know, she has to decide what is true and what has been constructed solely to exert control.

But Elise has secrets of her own that threaten to be exposed now that she is away from the safety of her home. And while living in the museum, Elise realises that little separates her from the other exhibits...

**Amy Warren** lives in the UK. A not-so-covert nerd with mildly obsessive tendencies, she has happily whiled away an inordinate amount of time reading and watching sci-fi/ fantasy. She is interested in the 'what ifs'. *Subject 21* is her first novel and will be the first installment in a four part series. The second book, *The Fifth Base* will also be released in 2021.

01 April 2021 | Sam Bradbury for Del Rey | 304 pp



The Fifth Girl Georgia Fancett

#### A twisty detective thriller with a cult angle set in the historic city of Bath

When DC Rawls decided to take some time off work for his mental health, he thought he would need just a few days.

However, it's been months since the terrible night and Rawls still hasn't returned to the Somerset Police Department. He can't seem to shake the feeling that he might never be the same again.

But when a schoolgirl disappears and the police link her case to the disappearances of three other girls in the city of Bath, it sends the media into a frenzy that places Rawls and his team at the heart of the storm.

Rawls isn't sure that he's ready to work on a case that hits so close to home, but he knows he can't have any more blood on his hands. He has to find out the truth before it's too late.

Who is behind these abductions?

And which girl will be taken next?

**Georgia Fancett's** debut novel *The Fifth Girl* won the Penguin Random House First Novel Competition in partnership with the *Daily Mail*. She lives and writes from her home in Bath in North East Somerset with her husband, children and dogs.

28 October 2021 | Sonny Marr for Arrow | 400 pp

#### FICTION - CRIME & SUSPENSE



The Hiding Place Simon Lelic

# Four friends play hide and seek. One of them never returns

22 years ago, Ben Draper went missing during a game of hide and seek at an exclusive boarding school. Now his body has been found.

DI Fleet and DS Collins investigate. Soon it becomes clear that the kids Ben was hiding from are also the prime suspects. And they're now some of the most powerful men in the country.

What really happened on the day of the game? And what will they have to risk to find out?

Praise for Simon Lelic:

'Clever and atmospheric, with shades of Stand By Me' - Mark Edwards

'A brilliantly tense tale with a whirlwind of an ending that's like riding a rollercoaster' – Araminta Hall

'A chillingly complex, well-crafted web. The voices cry out from Simon Lelic's pages as if they are standing right next to you' – Jane Corry

Simon Lelic is the author of six highly acclaimed thrillers: Rupture (winner of

a Betty Trask Award and shortlisted for the John Creasy Debut Dagger), The Facility, The Child Who (longlisted for the CWA Gold Dagger and the CWA lan Fleming Steel Dagger), The House, The Liar's Room and the Search Party.



19 August 2021 | Katy Loftus for Penguin | 352 pp



The Perfect Life Nuala Ellwood

#### Would you kill for...THE PERFECT LIFE?

Have you ever wanted to be someone else?

Vanessa has always found it easy to pretend to be somebody different, somebody better. When things get tough in her real life, all she has to do is throw on some nicer clothes, adopt a new accent and she can escape.

That's how it started: looking round houses she couldn't possibly afford. Harmless fun really.

Until it wasn't.

Because a man who lived in one of those houses is dead.

And everyone thinks Vanessa killed him...

**Nuala Ellwood** is the author of three bestselling novels: *My Sister's Bones* for which she was selected as one of the Observer's 'New Faces of Fiction 2017' *Day of the Accident* and *The House on the Lake*. Her books have been translated into 10 languages. Nuala teaches Creative Writing at York St John University, and lives in the city with her young son.



18 February 2021 | Katy Loftus for Penguin | 400 pp

#### FICTION - CRIME & SUSPENSE



The Lies We Tell Jane Corry

You did what any mother would do...and now someone else's son is dead

Sarah always thought of herself and her husband, Tom, as good people. But that was before their son Freddy came home saying he'd done something terrible. Begging them not to tell the police.

Soon Sarah and Tom must find out just how far they'll push themselves, and their

marriage, to protect their only child...

As the lies build up and Sarah is presented with the perfect opportunity to get Freddy off the hook, she is faced with a terrible decision: will she save him, but in the process, damn herself?

**Jane Corry** is a former magazine journalist who spent three years working as the writer-in-residence of a high security prison for men. This often hair-raising experience helped inspire her *Sunday Times*-bestselling psychological thrillers, *My Husband's Wife, Blood Sisters, The Dead Ex, I Looked Away* and *I Made a Misatke* which have been published in more than 35 countries. Jane was a tutor in creative writing at Oxford University and is a regular contributor to the Daily *Telegraph* and *My Weekly* magazine.



24 June 2021 | Katy Loftus for Penguin | 512 pp



Preventable The Politics of Pandemics and How to Stop the Next One Devi Sridhar

#### A dazzling and urgent book on the politics of global health from a world-leading expert

'Devi is a public health expert with deep knowledge and expertise in the field. She has a unique ability to translate complex public health challenges, research and recommendations into language experts and non-experts alike can understand. I always

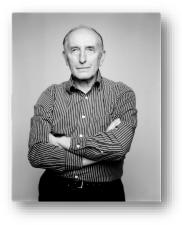
read and listen to what she has to say and I hope you will too' - Chelsea Clinton

The COVID-19 pandemic was not inevitable. We could have stopped it, and we still can stop the next one.

*Preventable* is a study of global health crises and why we so often get our response to them wrong. Combining science, politics, ethics and economics, it is a dazzling dissection of the global structures that determine our fate, and the deep-seated economic and social inequalities at their heart. Highlighting lessons learned from past and present, Sridhar sets out a vision for how we can better protect ourselves from the inevitable health crises to come. It is an urgent book that will challenge, outrage and inspire.

**Devi Sridhar** is Professor and chair of Global Public Health at the University of Edinburgh. Prior to this she taught at All Souls College at the University of Oxford, where she received her MPhil and DPhil on a Rhodes Scholarship. She has served as a policy advisor for the Scottish, UK and German government, WHO, UNICEF and UNESCO, and in 2017 she co-wrote the academic book *Governing Global Health* with Chelsea Clinton. Devi also writes regularly for the *Guardian*.

04 August 2022 | Assallah Tahir for Viking | 336 pp



How the World Really Works Vaclav Smil

# Bill Gates' favourite scientist is on a mission to make facts matter

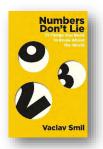
We've never had so much information at our fingertips, and yet most people misunderstand the fundamental workings of our modern world. Professor Vaclav Smil is not a pessimist or an optimist; he is a scientist. And he is here to explain how the world really works.

For example, it is obvious that we need to

do something to prevent catastrophic climate change, but what kind of action, what sort of behavioral change would work best? We are a fossil-fueled civilization whose prosperity has been based on the combustion of carbon. To decarbonize by 2050 is a fairy tale that could come true only at the cost of economic decline or as a result of unprecedented technical advances. So what will actually happen? The gap between belief and reality is vast.

Compelling, data-rich and revisionist, *How the World Really Works* draws on half a century of Smil's own research and distils the ideas of his over 40 books into one peerlessly authoritative yet accessible masterpiece.

**Vaclav Smil** is Distinguished Professor Emeritus at the University of Manitoba. He is the author of over forty books on topics including energy, environmental and population change, food production and nutrition, technical innovation, risk assessment and public policy. His most recent title, *Numbers Don't Lie*, is set to publish this October and has already been sold into thirteen territories. He is a Fellow of the Royal Society of Canada and a Member of the Order of Canada.



07 October 2021 | Connor Brown for Viking | 448 pp Rights sold: Dutch (Nieuw Amsterdam), Spanish (Debate), Russian (Azbooka-Atticus), US (Viking)



Huawei Inside the World's Most Controversial Company Karishma Vaswani

#### The inside story of how Huawei became one of the world's biggest and most controversial companies

Who are Huawei? Why are they so controversial? And how are they changing the world?

In May 2019 Donald Trump declared a national emergency over attacks on US

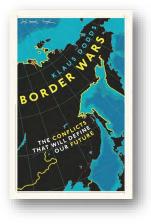
computer networks by 'foreign adversaries'. The president didn't name a culprit, but everyone knew who he had in mind: Huawei.

In recent years, the Chinese tech giant has become the bête noire of governments around the world - an indispensable provider of tech infrastructure, but also supposedly a close ally of the Chinese state. Critics say Huawei's super-fast 5G internet could be an illicit tool of the government; the company says these claims are unfounded.

Now, BBC reporter Karishma Vaswani cuts through both sides' hyperbole to tell the full, unadulterated story of the world's most controversial company. Drawing on access to the company's founder Ren Zhengfei and his inner circle, she describes how Huawei developed from humble origins to become one of the world's most valuable organisations. She travels the world - from Vietnam to Germany to Britain - to reveal how Huawei is influencing technology and politics on the ground. And she confronts its leadership with the most controversial question of all: is Huawei really just another successful company, or is it secretly working closely with the Chinese government?

**Karishma Vaswani** is the BBC's Asia business correspondent. An expert on Chinese businesses including Huawei, Tencent and TikTok, she was the first western television journalist to interview the company's founder, Ren Zhengfei, in the wake of the recent cybersecurity scandal. Based in Singapore, Karishma frequently travels across Asia to report on the global economy.

26 August 2021 | Rowan Borchers for Random House Business | 320 pp



Border Wars The Conflicts of Tomorrow Klaus Dodds

A thrilling insight into international border geopolitics by one of the UK's leading experts, doing for the future of borders what *Prisoners of Geography* did for their past

Can Donald Trump really build that wall? What does Brexit mean for Ireland's border? And what would happen if Elon Musk declared himself president of the Moon?

In *Border Wars*, Professor Klaus Dodds takes us on a journey into the geopolitical conflict of tomorrow in an eye-opening tour of the world's best-known, most dangerous and most unexpected border conflicts from the Gaza Strip to the space race.

Along the way, we'll discover just what borders truly mean in the modern world: how are they built; what do they mean for citizens and governments; how do they help understand our political past and, most importantly, our diplomatic future?

**Klaus Dodds** is Professor of Geopolitics at Royal Holloway, University of London and a Fellow of the Academy of Social Sciences. He is one of the UK's leading authorities on geopolitics and has written a number of books for a variety of popular and academic audiences including for OUP's A Very Short Introduction series. Since 2006, he has written a monthly geopolitics column for *Geographical Magazine*; he gives frequent talks on border issues, is an expert in the geopolitics of international terrorism, and is often invited to join panels at events and in the media on the subject of border issues.

He is also recipient of the Philip Leverhulme Prize, awarded to 'outstanding researchers whose work has already attracted international recognition and whose future career is exceptionally promising'.

25 February 2021 | Robyn Drury for Ebury Press | 320 pp



The Missing Cryptoqueen Jamie Bartlett

The inside story of the biggest business scam of the 21st century, and the hunt for the woman who got away with it

175 countries, four billion dollars, one scam: the inside story of the world's biggest crypto-con.

In 2016, Dr Ruja Ignatova promised her followers a financial revolution. The future, she said, belonged to cryptocurrencies such as Bitcoin. The self-styled cryptoqueen

vowed that she had created OneCoin, which would not only earn its investors untold fortunes, it would change the world.

In *The Missing Cryptoqueen*, Jamie Bartlett tells the unbelievable story of the rise, fall and ultimate disappearance of Dr Ruja Ignatova. He sets out on a globe-crossing investigation into criminal underworlds, corrupt governments and the super-rich. Along the way, he reveals a tale of intrigue and techno-hype that allowed OneCoin to become a multi-million person pyramid scheme – where, at the top, investors were making millions and, at the bottom, people were putting their livelihoods at risk. It's the inside story of the smartest and biggest scam of the 21st century – and the genius behind it, who is still on the run.

**Jamie Bartlett** is the bestselling author of *The Dark Net*, *Radicals Chasing Utopia: Inside the Rogue Movements Trying to Change the World* and *The People Vs Tech*, which was longlisted for the 2019 Orwell Prize for Political Writing and won the 2019 Transmission Prize. He writes on technology for the *Spectator*, the *Telegraph* and for several other publications. In 2019 Jamie presented the critically acclaimed, #I BBC podcast *The Missing Cryptoqueen*, which has been downloaded over 3.5 million times.



Why Economics Can Save the World Erik Angerer

Economics has the power to make the world a happier, better and more wealthy place for our children

Economics is too often dismissed as a discipline and criticised for failing to predict our future (an impossible aspiration for any field). But, economics is proper science – yes, just

like physics! It helps explain and predict otherwise puzzling phenomena. It upholds the promise of making the world a happier, better, and more just place for us and our children.

Why Economics Can Save the World will explore how economists use their way of thinking to help improve the lives of people and the society in which they live. Economic thinking is used to promote happiness, reduce inequality, fix housing, improve parenting, end poverty, bring in cash for public services, allocate human organs for donation and more.

**Erik Angerer** is Associate Professor of Philosophy, Economics and Public Policy at Stockholm University with PhDs in both Economics and the Philosophy of Science. He is the author of two books as well as multiple journal articles on behavioural and experimental economics, the economics of happiness and the history of philosophy.

05 May 2022 | Martina O'Sullivan for Penguin Business | 224 pp



Understanding Media James Curran and Joanna Redden

The indispensable guide to the world's most influential force – the contemporary media

Our lives are more mediated than

ever before. Adults in economically advanced countries spend, on average, over eight hours per day interacting with the media. The news and entertainment industries are being transformed by the shift to digital platforms.

But how much is really changing in terms of what shapes media content? What are the impacts on our public and imaginative life? And is the Internet a democratising tool of social protest, or of state and commercial manipulation?

Drawing on decades of research to examine these and other questions, Understanding Media interrogates claims about the Internet, explores how representations in TV and film may influence perceptions of self, and traces overarching trends while attending to crucial local context, from the United States to China, Norway to Malaysia, and Brazil to Britain. Understanding Media is an essential and accessible guide to the world's most influential force - the contemporary media.

**James Curran** is Professor of Communications at Goldsmiths, University of London. He is the author of numerous books, including *Power Without Responsibility* (with Jean Seaton) – which won the International Communication Association Fellows Book Award 2019 – and *Media and Power*. His books have been translated into multiple languages.

**Joanna Redden** is an Assistant Professor at Western University and Co-Director of the Data Justice Lab. Her work has been published in numerous journals and sites, including *Scientific American*. She is author of *The Mediation of Poverty* and co-editor of *Compromised Data*: From Social Media to Big Data.

01 July 2021 | Laura Stickney for Pelican | 320 pp



Exiles

How Refugees Transformed Britain, and How it Transformed Them Owen Hatherley

#### An inspiring cultural history of the 1930s refugee generation, and how they reshaped Britain

In the 1930s, tens of thousands of people fled fascism in continental Europe for the safety of the British Isles. These refugees many of them Jewish - brought with them a set of revolutionary ideas and practices about art, politics and architecture which

were to change the face of modern Britain.

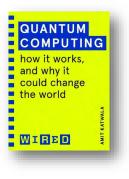
*Exiles* is the little-known story of their lives and work. In its teeming pages we meet artists from Weimar Germany, psychoanalysts from Freud's Vienna, communists from Russia and Ashkenazi Jews from Eastern Europe, all trying to make their way in a cold and foreign land. Some were enchanted by the quaintness and eccentricity of traditional England; others were repelled by its rigid class hierarchy, repressed national character and resistance to change.

In all of these encounters, cultural conflict gave rise to new artistic and political movements, from Brutalism to neoliberalism, as the exiled Europeans took the cornerstones of British culture and reimagined them. In doing so, this refugee generation created the world we live in today, and achieved that most British of feats: a quiet revolution.

**Owen Hatherley** writes regularly on aesthetics and politics for the Architectural Review, The Calvert Journal, Dezeen, the Guardian, Jacobin and the London Review of Books. He is the author of several books, most recently Landscapes of Communism, The Ministry of Nostalgia and The Chaplin Machine.

05 January 2023 | Thomas Penn for Allen Lane | 336 pp

# The everything-you-need-to-know guides from WIRED UK, one of the world's most authoratiative and respected publications reportingon the emerging trends, ideas and technologies shaping our world.



Quantum Computing How It Works and How It Could Change the World Amit Katwala 17 June 2021 | Nigel Wilcockson for Cornerstone Digital | 112 pp

Quantum computing has been hailed as a technological gamechanger. But what precisely is it and what is its true potential?

In this superbly insightful, one-stop guide WIRED journalist Amit Katwala tells you everything you need to know about the next computer revolution. Explaining the highly complex science that lies behind it, he describes the competing efforts of the likes of Google, Microsoft and Chinese companies Tencent and Alibaba to create a viable quantum computer,

and the different routes they have taken to meet the immense technical challenges involved.

Katwala considers the technology's potential application in spheres as diverse as medicine, cyber security and clean energy. And he addresses the fundamental question: how close are we to seeing quantum computers become a widespread reality.



Climate Change How We Can Get to Carbon Zero Bianca Nogrady 25 March 2021 | Nigel Wilcockson for Random House Business | 112 pp

Man-made global warming is advancing inexorably. Are there ways to halt it?

In this invaluable, one-stop guide Bianca Nogrady analyses the science of climate change and offers a concise overview of the ways in which our carbon emissions might be reduced.

She examines the challenges posed by food and energy

production and the cutting-edge technologies that could mitigate their polluting effects. Nogrady looks at the initiatives to create green industry and transport, explaining the economics of emissions trading schemes and the practicalities of geoengineering plans to trap greenhouse gases.

And she addresses the fundamental question: is it possible to safeguard our future before it's too late?

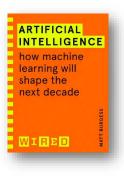


The Future of Medicine How We Will Enjoy Longer, Healthier Lives James Temperton 25 March 2021 | Nigel Wilcockson for Cornerstone Digital | 112 pp

By the end of this century, living beyond 100 will be the rule rather than the exception. What medical breakthroughs and new technologies will make this possible?

In this brilliantly wide-ranging, one-stop guide WIRED journalist James Temperton outlines the medical revolutions that are transforming healthcare. He looks at the burgeoning immune therapies that could one day cure life-threatening diseases, such as cancer.

He explores the science – and ethics – of genetic engineering and its potential to create 'designer babies'. He considers the role that cutting-edge medical research could play in the treatment of mental and neurological disorders ranging from depression to autism. And he addresses the fundamental question: could medical technology become so sophisticated that we witness the end of ageing?



Artificial Intelligence How Machine Learning Will Shape the Next Decade Matt Burgess

25 March 2021 | Nigel Wilcockson for Random House Business | 112 pp

The past decade has witnessed extraordinary advances in artificial intelligence. But what precisely is it and where does its future lie?

He describes how it works, looking at the ways in which it has already brought us everything from voice recognition software to self-driving cars, and explores its potential for further revolutionary change in almost every area of our daily lives.

Artificial Intelligence examines the darker side of machine learning: its susceptibility to hacking; its tendency to discriminate against particular groups; and its potential misuse by governments. And he addresses the fundamental question: can machines become as intelligent as human beings?



Cryptocurrency How Digital Money Could Transform Finance Gian Volpicelli 15 July 2021 | Nigel Wilcockson for Cornerstone Digital | 112 pp

The past decade has seen the relentless rise of cryptocurrency as an alternative form of digital currency. But what precisely is it and what potential does it have to change the world of money?

In this brilliantly clear, one-stop guide *WIRED* journalist Gian Vopicelli explains everything you need to know about cryptocurrency. Outlining its development and describing precisely how it operates, he demystifies the jargon it has

spawned, from blockchain, Bitcoin and stablecoins to mining, smart contracts and forking.

Volpicelli looks at the political and economic ideologies that drive it. And he addresses the central question: will cryptocurrency have the transformative economic and social impact that its champions claim for it?



The Future of Food How to Feed the Planet Without Destroying It Matt Reynolds 15 July 2021 | Nigel Wilcockson for Cornerstone Digital | 112 pp

With a global population estimated to reach nearly ten billion by 2050 we face a huge challenge in feeding everyone on the planet. How is that to be achieved?

In this brilliantly insightful guide, *WIRED* journalist, Matt Reynolds assesses the limits and drawbacks of current food production and looks at the ways in which they can be tackled.

He considers the potential for lab-grown meat to replace inefficient livestock farming, talking to the scientists who are hoping to perfect more productive and disease-resistant crops. Reynolds explores initiatives to make agriculture less environmentally damaging and to reduce food waste. And he addresses the fundamental question: how do we feed more people while using fewer of the Earth's resources?



The Children of the Anthropocene Bella Lack

A critical book chronicling the lives of young people on the frontlines of the environmental crisis around the world

The Children of the Anthropocene will chronicle the lives of young people on the frontlines of the environmental crisis around the world.

We watch fearfully as species slip into oblivion at our hands. We often forget that humans, too, are bound up with the fate of the natural world. Across the planet the

futures of many young people hang in the balance as they face the realities of the environmental crisis. Bella's book will celebrate the work they are doing to save both the planet and the lives of the young people most directly impacted by the crisis.

The Children of the Anthropocene contains a vast breadth of diverse stories, from a young Alaskan activist, Quannah, who sees her ancestral way of life melting away at speed with the glaciers, to a young person from the Terraba tribe in Costa Rica who switches from predator to protector of the biodiversity in their community.

This book will tell the stories of an endangered species often overlooked: the children of the Anthropocene.

**Bella Lack** is a 17-year-old conservationist and environmental activist. She is an ambassador for the Born Free Foundation, STAE, RSPCA and the Jane Goodall Institute. Bella spoke at the Chris Packham's People's Walk for Wildlife, the Illegal Wildlife Trade Conference in 2018 and she delivered a TEDx talk in Brighton in 2019. Since August 2019, she has been working on a feature-length documentary with primatologist Jane Goodall called *ANIMAL*. She has been interviewed on Sky, ITV and Channel 4, CGTN in China and has also made a short documentary for BBC Three. She has helped to create *The People's Manifesto for Wildlife*.

30 June 2022 | Emily Robertson for Penguin Life | 272 pp



Ice Rivers Jemma Wadham

The story of glaciers, wilderness and people, at a moment when this relationship is about to change forever

The ice sheets and glaciers that currently cover one-tenth of the planet's land surface are today in grave peril. Locked up within them is a vast proportion of Earth's freshwater – but the ice is fast melting as our climate warms at an accelerating rate.

High up in the Alps, Andes and Himalaya, once-indomitable glaciers are retreating, even dying; meanwhile, in Antarctica, thinning glaciers are releasing meltwater to sensitive marine foodwebs, and may be unlocking vast quantities of methane stored for millions of years in the deep beneath the ice. The potential consequences for humanity are almost unfathomable.

As one of the world's leading glaciologists, Professor Jemma Wadham has proved that glaciers, previously thought to be freezing, sterile environments, in fact teem with microbial life – a discovery which demonstrates them to be active processors of carbon and nutrients, just like our forests and oceans, influencing crucial systems and services upon which people depend, from lucrative fisheries to fertile croplands. A riveting tale of icy landscapes on the point of irreversible change, and filled with stories of encounters with polar bears and survival in the wilds under the midnight sun, Ice Rivers is a memoir like no other – a passionate love letter, no less, to the glaciers that have been one woman's lifelong obsession.

Jemma Wadham is Professor of Glaciology at the University of Bristol and also holds an adjunct professorship at the University of Tromsø, Norway. She has led more than 25 expeditions to glaciers around the world, and has won several prestigious national awards for her research, including a Philip Leverhulme Prize and Royal Society Wolfson Award.

06 May 2021 | Richard Atkinson for Allen Lane | 272 pp



How To Save Our Planet The Facts Mark Maslin

# The ultimate handbook of irrefutable facts for saving the planet and fighting against climate change

How can we save our planet and survive the 21st century? How can you argue with a climate change denier? How can we create positive change in the midst of a climate crisis? Professor Mark Maslin has created the ultimate

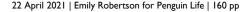
pocket-sized handbook of key facts that we need to protect the future.

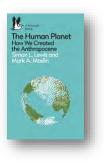
Global awareness of climate change is growing rapidly. Science has proven that our planet and species are facing a massive crisis. *How to Save Our Planet* is a call to action, guaranteed to equip everyone with the knowledge and solutions needed to create change. Factual evidence for climate change is unequivocal. It's time to stop denying and start acting.

Our Universe is 13.8 billion years old. Since 1500 AD there have been 784 documented extinctions. For the first time in our planet's 4.5-billion-year history, a single species, humans, are dictating its future. As one of the 7.7 billion humans on earth, now is your time to learn the facts, protect the environment and change the world.

If you're an individual or organisation looking to make change then *How to Save Our Planet* is the go-to guide that you can rely on during a time turmoil.

Mark A. Maslin is Professor of Earth System Science at University College London and a Royal Society Wolfson Research Merit scholar. His previous book *The Human Planet* was sold into seven territories; Chinese Complex (Cube), Italian (Einaudi), Portuguese (Glaciar), Turkish (Panama), Chinese Simplified (PRH China), Korean (Sejong) and US (Yale).







The Hidden Universe Adventures in Biodiversity Alexandre Antonelli

Everything you need to know about biodiversity – what it is, how it works, and why it's the single most important tool to battle climate change

We don't know what we've got until it's gone.

This brief, lucid book by the Director of Science at Royal Botanical Gardens takes

you on an unforgettable tour of the natural world, showing how biodiversity – the rich variety of life in the world and in our own backyards – provides both the source and the salvation of our existence.

Combining inspirational stories and the latest scientific research, Alex Antonelli reveals the wonders of biodiversity at a genetic, species and ecosystem level – what it is, how it works, and why it is the most important tool in our battle against climate change.

A deeper understanding of biodiversity has never been more important, as the slow violence of habitat loss has put the fate of almost one-fifth of all species on Earth at risk of extinction in the coming decades. With simplicity and clarity, *The Hidden Universe* shows you not only what's at stake, but what can be done (and is already being done) to protect and restore biodiversity around the world. It marks the arrival of a bold new voice in popular science.

Alexandre Antonelli is Director of Sciaence of the Royal Botanic Gardens, Kew. He was made Full Professor of Biodiversity at University of Gothenburg in Sweden aged 36, founded the Gothenburg Global Biodiversity Centre and served as Cisneros Visiting Scholar at Harvard University before joining Kew. He remains an active researcher at the University of Gothenburg and the University of Oxford in the UK. Antonelli speaks five languages (English, Portuguese, Swedish, Spanish and French). This is his first book.

14 October 2021 | Albert De Petrillo for Ebury Press | 288 pp



We Are Nature How to Reconnect With the Outdoors Ray Mears

Master of the outdoors Ray Mears takes us into the living world, to the back garden and across continents, and shows us how to tune our senses, enhance our experience of nature, and understand our place within it

Ray Mears's life's work has been spent travelling the globe, communing with nature, observing animal behaviour and learning primitive life skills.

In We Are Nature, he gathers all that lived experience and practical knowledge for the first time into a compelling narrative, telling us stories of the forest, the Arctic, the deserts and the oceans, and their inhabitants. He brings us face to face with the creatures we share our planet with, and shows us how we can learn from them, from the stealth of the leopard to the stillness of the crocodile, and even the remarkable camouflage skills of the octopus.

With Ray as your guide, you will discard the claustrophobic blinkers of modern life, and a new, rich and unseen world will open up around you.

**Ray Mears** is a TV presenter, instructor and bestselling author who has become recognised throughout the world as an authority on the subject of bushcraft and survival. TV series including *Ray Mears' Bushcraft, Ray Mears' World of Survival, Extreme Survival* and *Ray Mears goes Walkabout* have made him a household name over the past two decades, but he has spent his life learning these skills, and founded Woodlore, The School of Wilderness Bushcraft, over thirty-five years ago. This is his fourteenth book.

04 February 2021 | Lorna Russell for Ebury Press | 320 pp



Artists' Responses to the Climate Emergency Hans Ulrich Obrist, Serpentine Galleries

A collection of responses by leading artists of our time, curated by Hans Ulrich Obrist, to the question: how can we respond to the climate emergency?

An urgent and entertaining guide to tackling the climate emergency at home, within your community and within yourself, from some of the best artistic minds of our generation. The

respondents are uniquely situated to present new ideas about how we are living, the materials that make up our lives and how we can begin to work together to tackle the most urgent crisis of our time.

Featuring Ed Ruscha's memorial plaques to trees that didn't make it, Judy Chicago's urge to make a mark and express a feeling, Jacob V Joyce and Rudy Loewe's activism flowchart, James Bridle's instructions to help plants along with their global velocity, Vivienne Westwood's plea for lockdown not to be lost, Olafur Eliasson's poetic wisdom to 'look up, look down', Marina Abramovic's performance art for the climate, and Rose Wylie's recipe for cooking for the environment, alongside many more.

Hans Ulrich Obrist is a curator and writer. Since 2006 he has been co-director of the Serpentine Gallery, London. He is the author of *Ways of Curating* and, with Ai Weiwei, of Ai *Weiwei Speaks. Ways of Curating* was sold into 11 territories; Chinese Complex (Agora), Chinese Simplified (Cheers), Korean (Art Book Press), German (C H Beck), Portuguese in Brazil (Cobogo), Italian (Agostini), Japanese (Kawade Shobo), (French (Manuella), Latvian (Neputns), Russian (Ad Marginem) and US (Farra Straus & Giroux).



06 May 2021 | Maria Bedford for Penguin | 176 pp



### SCIENCE



Origins A Global History of Science James Poskett

# A radical retelling of the history of science – The Silk Roads for science

We are told that modern science was invented in Europe, the product of great minds like Nicolaus Copernicus, Isaac Newton, Charles Darwin and Albert Einstein. But this is wrong. The history of science is not, and has never been, a uniquely European endeavour.

Copernicus relied on mathematical techniques borrowed from Arabic and Persian texts. When Newton set out the laws of motion, he relied on astronomical observations made in India and Africa. When Darwin was writing *On the Origin of Species*, he consulted a sixteenth-century Chinese encyclopaedia. And when Einstein was studying quantum mechanics, he was inspired by the young Bengali physicist, Satyendra Nath Bose.

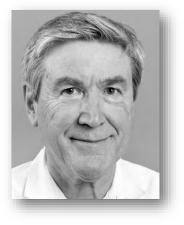
Origins pushes the history of science beyond Europe, exploring the ways in which scientists from Africa, America, Asia and the Pacific fit into this global story. Scientists today are quick to recognise the international nature of their work. In this ambitious and revisionist history, James Poskett reveals that this tradition goes back much further than we think.

**James Poskett** is Assistant Professor in the History of Science and Technology at the University of Warwick. He completed his PhD at the University of Cambridge where he also held the Adrian Research Fellowship at Darwin College. Poskett has written for the *Guardian*, *Nature*, and *BBC History Magazine*, In 2013 he was shortlisted for the BBC New Generation Thinker Award and in 2012 he was awarded the Best Newcomer Prize by the Association of British Science Writers. He is the author of the academic book, *Materials of the Mind. Origins* is his first for a trade audience.

28 October 2021 | Connor Brown for Viking | 368 pp

Rights sold: Chinese Complex (China Times Publishing), Chinese Simplified (PRH China), Dutch (Ambo Anthos), French (Editions Du Seuil), German (Piper Verlag), Italian (Einaudi), Japanese (Toyo Keizai), Spanish (Critica), US (Houghton Miffin Harcourt)

### SCIENCE



What's Eating the Universe And Other Cosmic Questions Paul Davies

# We are living in the golden age of cosmology

Over the past few decades, scientists have pieced together the story of the universe in unprecedented detail, back to the very edge of time itself. We now understand the history of our universe in its overall outline better than we understand the history of our own planet. Some of the biggest cosmic questions have been transformed from

dreamy theorizing to hard-won discovery. But many answers still elude us.

In What's Eating The Universe Paul Davies takes us on a dazzling tour of the cosmic frontier, lucidly explaining what we know and what remains to be discovered. Key questions like what happened before the big bang, whether or not we are alone in the universe and the origin of time's arrow are elucidated in an informal, non-technical style. In tackling this broad conceptual sweep, Davies leads us to the greatest of the outstanding enigmas: why the universe exists at all, why the laws of nature are as they are, and how a system of mindless, purposeless particles brought forth conscious, thinking beings, who are today poised to undergo a shift in cosmic understanding as never before.

Paul Davies is a Regents' Professor of Physics and Director of the Beyond

Center for Fundamental Concepts in Science at Arizona State University. The author of some 30 books, his many awards include the Templeton Prize and the Faraday Prize of The Royal Society. He is a Member of the Order of Australia and has an asteroid named after him. His previous book, *The Demon in the Machine*, was sold in six territories; Chinese Simplified (Citic), Korean (Bada), Polish (Copernicus), Hungarian (Gabo), Japanese (SB Creative), Romanian (SC Humanitas) and US (Chicago Press).



02 September 2021 | Chloe Currens for Allen Lane | 208 pp



Downfall The Eight Forces that End Civilisations, and What They Mean For Our Future Luke Kemp

# An ambitious new history of civilisation, told through its greatest downfalls

In *Downfall*, Luke Kemp explores humankind's deep past to help us understand the fundamental forces at play in the downfall of societies, and to discern lessons for our uncertain future.

Conducting a wide-ranging historical autopsy using the 'Rise and Fall Database', a unique research asset which provides an estimate of over four hundred societal lifespans over the past five millennia, from Susa II in 3,800 BCE to the modern-day United Kingdom, he reveals the fascinating commonalities in the ways these civilisations met their demise.

Defining what he sees as the eight key forces that end civilisations, Kemp demonstrates through gripping historical narratives how forces such as climate change, disease and inequality have conspired to cause the downfall of human societies throughout our history, and how with the knowledge of these 'civilisational boundaries' we can make our globalised world more sustainable. *Downfall* will not only be an eye-opening tour of some of humanity's most precarious moments, but also a hopeful and constructive look to our collective future.

**Luke Kemp** is a research associate at the Centre for the Study of Existential Risk at the University of Cambridge. He has a background in human geography, international relations and economics, all of which he tutored or lectured in at the Australian National University (ANU). His research has been covered by media outlets such as the *New York Times*, the BBC and the *New Yorker*.

04 May 2023 | Tom Killingbeck for Viking | 448 pp



Blood, Fire and Gold The Story of Elizabeth I and Catherine de Medici Estelle Paranque

A thrilling joint biography of Elizabeth I and Catherine de Medici, uncovering how their complex 30-year relationship shaped their dynasties – perfect for fans of Alison Weir and Tracy Borman

In 16<sup>th</sup> century Europe, two women came to hold all the power, against all the odds. They were Elizabeth I and Catherine de Medici.

One a Virgin Queen who ruled her kingdom alone, and the other a clandestine leader who used her children to shape the dynasties of Europe, much has been written about these iconic women. But nothing has been said of their complicated relationship: thirty years of friendship, competition and conflict that changed the face of Europe.

This is a story of two remarkable visionaries: a story of blood, fire and gold. It is also a tale of ceaseless calculation, of love and rivalry, of war and wisdom - and of female power in a male world. Shining new light on their legendary kingdoms *Blood, Fire and Gold* provides a new way of looking at two of history's most powerful women, and how they shaped each other as profoundly as they shaped the course of history. Drawing on their letters, diaries and brand new research, Estelle Paranque writes an entirely new chapter in the well-worn story of the 16<sup>th</sup> century.

**Dr Estelle Paranque** is a Lecturer in Early Modern History at New College of the Humanities and earned a PhD in Early Modern European History from University College London in 2016. She has participated in award-winning international historical documentaries, including Secrets d'Histoire (France 2/ France 3), and has appeared on BBC radio and TV, including Radio 4 Great Lives, and frequently appears on history podcasts including Viral History and Dan Snow's History Hit podcast.

21 July 2022 | Robyn Drury for Ebury Press | 320 pp



The Ruin of All Witches Malcolm Gaskill

## The dark, compelling history of the Springfield witch hunt, from the author of Witchfinders

In the town of Springfield in 1651, peculiar things begin to happen. Precious food spoils, livestock ails, and people suffer convulsions as if possessed by demons. A woman is seen wading through the swamp like a lost soul. Disturbing dreams and visions proliferate. As tensions rise, rumours spread of witches and heretics and the community becomes tangled

in a web of distrust, resentment and denunciation. The finger of suspicion falls on a young couple with two small children: Hugh Parsons the brickmaker and his wife, Mary. It will be their downfall.

The Ruin of All Witches tells the dark, real-life folktale of witch-hunting in one Massachusetts plantation, where dreams of love and liberty, of a 'city upon a hill', gave way to terror and violence. Drawing on unique, previously unaccessed source material Malcolm Gaskill vividly reanimates a strange yet not too distant past, one where lives were steeped in the divine and the diabolic, in omens, hexes and enchantments. Through the gripping microhistory of a family tragedy, we see a society caught in agonized transition between superstition and enlightenment, tradition and science. We see, in short, the birth of the modern world.

**Malcolm Gaskill** is Emeritus Professor of Early Modern History at the University of East Anglia. He is one of Britain's leading experts in the history of witchcraft, whose previous works include the highly acclaimed Witchfinders: A Seventeenth-century English Tragedy and Between Two Worlds: How the English Became Americans.

07 October 2021 | Thomas Penn for Allen Lane | 320 pp



About Time A History of Civilisation in Twelve Clocks David Rooney

# A horological history of human civilisation, told through twelve worldchanging clocks

Since the dawn of civilization, we have kept time. But time has always been against us. From the city sundials of ancient Rome to the era of the smartwatch, clocks have been used throughout history to wield power, make money, govern citizens and keep control.

In *About Time*, time expert David Rooney tells the story of timekeeping, and how it continues to shape our modern world. Over 12 chapters we discover how clocks have helped us navigate the world, build empires and even taken us to the brink of destruction.

This is the story of timing. And the story of timing is the story of us.

**Dr David Rooney** is an Associate Fellow of the Institute of Historical Research, a director of three horological charities, Chair of the Electrical Horology Group, and sits on the management committee of the Clockmakers' Museum, the oldest clock and watch museum in the world. He was formerly Keeper of Technologies and Engineering at the Science Museum, London and Curator of Timekeeping at the Royal Observatory Greenwich. He lives in Greenwich, London, not far from Mean Time.

17 June 2021 | Tom Killingbeck for Viking | 352 pp Rights sold: Chinese Simplified (PRH China), Italian (Garzanti), US (W.W. Norton)



The Library of Ancient Wisdom Selena Wisnom

# A vivid, evocative history of life in Mesopotamia.

There was an ancient Mesopotamian ruler, Ashurbanipal, who tried to gather all of the world's wisdom under a single roof. After his death, invaders came and burned his library to the ground. Yet its secrets survived, carved on clay tablets which lay silent for two thousand years, until a team of Victorian archaeologists began to

excavate an unpromising mound of earth in northern Iraq, and discovered one of the greatest collections of knowledge ever seen.

The Library of Ancient Wisdom is the incredible story of the world hidden beneath that hill. In some ways, it is a strange and distant land, where the gods spoke in dreams, ancestors could send illnesses and sheep entrails were the ultimate arbiter of disputes. But in others, it is a surprisingly familiar society whose inventions continue to shape our own world today, from the wheel to the constellations and the divisions of hours into sixty minutes.

Selena Wisnom is our expert, lively guide as we dive into the stories of a wide range of characters, from the king and his powerful grandmother to astrologers, exorcists, diviners, priests, scholars, eunuchs and lamenters. The tablets document their everyday lives in extraordinary detail, laying bare their desires, fears, anxieties and hopes. In doing so, they allow an ancient, long silent civilization to speak with its own voice, and take us to the heart of what it means to be human.

**Selena Wisnom** is Lecturer in the Heritage of the Middle East at the University of Leicester. Selena's previous works include Weapons of Words: Intertextual Competition in Babylonian Poetry. She has also written three plays set in ancient Assyria; the most recent, Ashurbanipal: The Last Great King of Assyria was staged at the London's Crypt Gallery in 2019.

05 May 2022 | Thomas Penn for Allen Lane | 320 pp



The Holocaust Dan Stone

# A nuanced and perceptive new history by the Director of the Holocaust Research Institute

The defining event of twentieth-century Europe – the extermination of millions of Jews – has been commemorated, institutionalised and embedded in our collective consciousness. But in this nuanced and perceptive new history, Dan Stone, Professor of Modern History and Director of the Holocaust Research Institute, contends that the true dimension of the horror

wrought by the Nazis is inadvertently brushed aside in our current culture of commemoration. This is due in part to practical or conceptual challenges, such as the continent-wide scale of the crime and the multiplicity of sources in many languages; and in part to an unwillingness to confront the reality that the Holocaust could not have happened without the assistance of numerous non-Nazi states and agents.

Structured around four themes – trauma, collaboration, genocidal fantasy and post-war consequences – *The Holocaust* demonstrates the genocidal logic of much European thinking in the wake of World War I, explores how the Holocaust's effects unfolded even after the liberation of the camps in 1945, and stresses the ways in which Europeans continue, even now, to draw on a reservoir of fascist vocabulary and imagery in times of crisis. It is a deeply researched and indispensable examination of a trauma that still reverberates today.

**Dan Stone** is Professor of Modern History and Director of the Holocaust Research Institute at Royal Holloway, University of London. He is the author or editor of numerous articles and books, including: Histories of the Holocaust; The Liberation of the Camps: The End of the Holocaust and its Aftermath; Concentration Camps: A Very Short Introduction; Fascism, Nazism and the Holocaust: Challenging Histories; and Fate Unknown: Tracing the Missing after the Holocaust and World War II.

27 January 2022 | Laura Stickney for Pelican | 256 pp



The World According to Colour James Fox

# A beguiling cultural history of colour, by one of the rising stars of art history

The subject of this book is mankind's extraordinary relationship with colour. It is composed of a series of voyages, ranging across the world and throughout history, which reveal the meanings that have been attached to the colours we see around us and the ways these have shaped our culture and imagination.

It takes seven primary colours - black, red,

yellow, blue, white, purple and green - and uncovers behind each a root idea, based on visual resemblances or properties so rudimentary as to be common to all societies.

The book traces these meanings to show how they changed and multiplied, the role that they have played in our culture and history, and how understanding them allows us to see many of the milestones in the history of art - from Bronze Age gold-work to Turner, Titian to Yves Klein - in a new way. It proceeds by stories, which cumulatively tell another, larger one: a history of the world from the black nothing which preceded existence to the birth of our red-blooded species; the gilded gods who animated the world in antiquity to the blue horizons which framed the Age of Discovery; the pristine aspirations of Enlightenment, the technicolour innovation which fuelled the Industrial Revolution and the colour which most embodies the environmental crisis which now faces us.

James Fox is an art historian and Fellow of Gonville & Caius College, Cambridge. His many acclaimed BBC television documentaries include programmes on the history of Cornish art, the British Renaissance and the culture and politics of Vienna in 1908, Paris in 1928 and New York in 1951. His major new series will coincide with publication

27 September 2021 | Ben Sinyor for Allen Lane | 352 pp



The Penguin History of Modern Spain Nigel Townson

A revelatory new history of Spain, from the late 19<sup>th</sup> to the 21<sup>st</sup>, drawing on a wealth of Spanish-led historical scholarship never before seen in English.

"Spain is different," proclaimed the Franco regime in the forties, keen to attract foreign tourists. For the most part, the world and its scholars have agreed. From the end of its 'glorious

empire' in 1898 to the dazzling World Cup victory in 2010, the prevailing narrative of modern Spain has emphasised the country's peculiarity.

Franco's Spain was seen as a grotesque anomaly in the midst of prosperous Western Europe. But, as Nigel Townson shows in this richly-layered and exciting new history, beyond the familiar portrait of backward peasants, romantic guerrillas and reactionary Catholics and fascists, there lies a radically different history of Spain: of a dynamic and modernising society that fits firmly into the narrative of modern Europe.

Drawing on over 40 years of post-Franco scholarship, *The Penguin History of Modern Spain* transforms our knowledge of Spain and its politics, society, economics and culture. It interweaves cutting-edge Spanish-led research – never before published in English – for an original and surprising portrait, which allows us, at last, to glimpse the country behind the veil of official propaganda and the romantic myths which still endure today.

**Nigel Townson** teaches history at the Complutense University of Madrid. He has written and co-written numerous works, both in English and Spanish, on modern Spain, which include *The Crisis of Democracy in Spain*, *Spain Transformed: The Late Franco Dictatorship 1959-75, Social Movements and the Spanish Transition, and Is Spain Different?* 

30 September 2021 | Chloe Currens for Allen Lane | 400 pp



Home in the World Amartya Sen

# From one of the world's leading public intellectuals, an extraordinary memoir of his early life in India and England

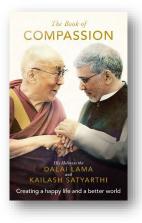
Where is 'home'? For Amartya Sen home has been many places – Dhaka in modern Bangladesh where he grew up, the village of Santiniketan where he was raised by his grandparents as much as by his parents, Calcutta where he first studied economics and was active in student movements, and Trinity College, Cambridge, to which he came aged 19.

Sen brilliantly recreates the atmosphere in each of these. Central to his formation was the intellectually liberating school in Santiniketan founded by Rabindranath Tagore (who gave him his name Amartya) and enticing conversations in the famous Coffee House on College Street in Calcutta. As an undergraduate at Cambridge, he engaged with many of the leading figures of the day. This is a book of ideas – especially Marx, Keynes and Arrow – as much as of people and places.

In 1943, Sen witnessed the Bengal famine and its disastrous development. Some of Sen's family were imprisoned for their opposition to British rule: not surprisingly, the relationship between Britain and India is another main theme of the book. 45 years after he first arrived at 'the Gates of Trinity', one of Britain's greatest intellectual foundations, Sen became its Master.

**Amartya Sen** is one of the world's leading public intellectuals. He is Professor of Economics and Professor of Philosophy at Harvard. He was Master of Trinity College, Cambridge, from 1998 to 2004, and won the Nobel Prize for Economics in 1998. His many celebrated books include *Development* as *Freedom* (1999), *The Argumentative Indian* (2005) and *The Idea of Justice* (2010). They have been translated into more than 30 languages. In 2020 he was awarded the Peace Prize of the German Book Trade.

03 June 2021 | Stuart Proffitt for Allen Lane | 416 pp



The Book of Compassion The Dalai Lama and Kailash Satyarthi

In the style of the international bestseller The Book of Joy, two Nobel Peace Prize laureates reveal their vision for a compassionate world

TWO NOBEL PEACE PRIZE LAUREATES.

ONE SHARED GOAL.

His Holiness the Dalai Lama and celebrated children's rights activist Kailaish Satyarthi discuss how to cultivate compassion and why honest

concern for others is the key factor in improving our day-to-day lives.

At the heart of our world's most pressing problems from inequalities to injustice to climate change, lies simple human behaviour, and our ability to choose – whether to act, or not, towards the greater good. When you are warm-hearted, there is no room for anger, jealousy or insecurity. These two globally renowned spiritual and moral leaders reveal their vision for a globalized compassion that promotes freedom, joy and inner peace.

The source of a happy life and a better world is within us. Together we can make a difference.

**The Dalai Lama** is the spiritual leader of Tibet. From 1959, Tenzin Gyatso, the Fourteenth Dalai Lama, has lived in exile in Dharamsala, in the north of India, since the invasion of Tibet by China. He was awarded the Nobel Peace Prize in 1989.

**Kailash Satyarthi** is a global campaigner for children's rights. He won the Nobel Peace Prize jointly with Malala Yousafzai in 2014. He and the grassroots movement founded by him, Bachpan Bachao Andolan (Save the Childhood Movement), have liberated more than 84,000 children from slavery.

01 July 2021 | Olivia Morris for Rider | 272 pp Rights sold: Polish (Znak)



What Do Men Want? Nina Power

# What exactly do men get out of being men in the 21st century?

Something is up with men. From millions who follow Jordan Peterson for guidance on how to live, to online trolls for Trump and Brexit, to the #metoo backlash, Men's Rights activists, incels and red pills, to the spiralling suicide rates for men, it's easy to see that masculinity is in crisis, while at the same time men still rule the world.

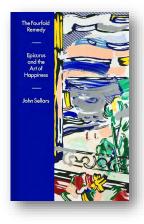
It would be easy to write the feminist polemic denouncing these things. This is not that book.

How can men and women live together in a world where capitalism and consumerism has replaced the values - family, religion, service and honour that used to give our lives meaning? Feminism has gone some way towards dismantling the patriarchy, but how can we hold on to the best aspects of our metaphorical Father?

With illuminating writing from an original, big-picture perspective, Nina Power unlocks the secrets hidden in our culture to enable men and women to reach true mutual understanding and a lifetime of love.

**Nina Power** is a Senior Lecturer in Philosophy at the University of Roehampton. Her interests include philosophy, film, art, feminism and politics, and she has written regularly for the *Guardian*, *Wire*, *frieze*, *Strike*! and *Radical Philosophy*, amongst other publications. She is the author of *One-Dimensional Woman* (Zer0, 2009), which the *New Statesman* called 'a joy to read'.

26 August 2021 | Maria Bedford for Allen Lane | 256 pp



The Fourfold Remedy Epicurus and the Art of Happiness John Sellars

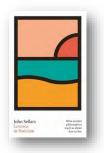
# Epicureanism offers the perfect cure for our anxious age. What can it teach us about the art of happiness?

What do we really need in order to live a happy life? Over two thousand years ago the Greek philosopher Epicurus offers a seemingly simple answer: pleasure. All we really want is pleasure. Today we tend to associate the word 'Epicurean' with the enjoyment of fine food and wine and decadent self-indulgence. But, as philosopher

John Sellars shows, these things are a world away from the vision of a pleasant life developed by Epicurus and his followers who were more concerned with mental pleasures and avoiding pain. Their goal, in short, was a life of tranquillity.

In vivid, elegant prose, Sellars walks us through the history of Epicureanism from a private garden on the edge of ancient Athens to the streets of ancient Rome, to explore a completely different way of thinking about the pleasures of friendship, our place in the world and the meaning of death. Inspiring and illuminating, *The Fourfold Remedy* draws on ancient wisdom that feels remarkably relevant today, offering a new way of thinking about what truly matters in our lives.

John Sellars is a lecturer in Philosophy at Royal Holloway, University of London and a member of Wolfson College, Oxford. He is the author of *Lessons in Stoicism* and *The Art of Living* as well as one of the founder members of Modern Stoicism, the group behind Stoic Week, an annual global event inviting members of the public to 'live like a Stoic for a week' to see how it might improve their livesChinese Complex (Morning Star), Greek (Dioptra), Korean (Gilbut), Italian (Einaudi), Spanish (Taurus) and US (University of Chicago).



07 January 2021 | Casiana Ionita for Allen Lane | 96 pp Rights sold: Greek (Diopatra)



How Religion Evolved Robin Dunbar

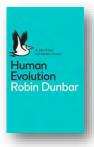
# A fascinating analysis of the evolution of religion from the internationally renowned evolutionary psychologist

Religion is both unique – as far as we can judge – and universal to humans. Our species diverged from the great apes 6-8 million years ago and since then, along with language, our propensity towards spiritual

thinking and ritual emerged. How, when and why did this occur, and how did the earliest, informal shamanic practices evolve into the world religions familiar to us today? What is the evolutionary purpose of religion, and are some individuals more inclined than others to be religious?

Robin Dunbar, Professor of Evolutionary Psychology at the University of Oxford, explores these and other key questions, mining the distinctions between religions of experience – as practised by hunter-gatherer societies since the earliest human history – and doctrinal religions, from Judaism, Christianity and Islam to Zoroastrianism, Hinduism, Buddhism and their many derivatives. Examining religion's origins, social function, the effects of religious practice or feeling on the brain and body, and its place in the modern era, *How Religion Evolved* offers a fascinating and far-reaching analysis of this quintessentially human impulse – to believe.

**Robin Dunbar** is an evolutionary psychologist and former director of the Institute of Cognitive and Evolutionary Anthropology at Oxford University. His acclaimed books include How Many Friends Does One Person Need? and Grooming, Gossip and the Evolution of Language, described by Malcolm Gladwell as 'a marvellous work of popular science.' His previous book, Human Evolution was sold into five territories; Polish (Copernicus), Japanese (Intershift), Korean (Interpark), Chinese Simplified (PRH) and US (OUP).



02 September 2021 | Laura Stickney for Pelican | 80000 pp



Living While Black An Essential Guide to Overcoming Racial Trauma Guilaine Kinouani

# Your must-have guide to resisting racism without exhausting yourself

For Black people, the list of everyday activities that lead to racial aggression can feel endless: from driving to jogging, and birding to shopping. But blackness is about so much more.

Based on her popular anti-racism blog,

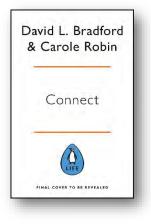
'Race Reflections', psychologist Guilaine Kinouani writes the first book about how racism influences wellbeing.

Offering rare insights into the psychology of race, the science of trauma and the politics of self-care, the book gives voice to the diverse experiences of Black people around the world. Dr Kinouani uses personal case studies and exclusive research to offer expert guidance on how you can: set boundaries and process microaggressions; protect children from racism; navigate the dating world; identify and celebrate the wins.

Dr Kinouani empowers you to adopt tools that improve day-to-day wellness. *Living While Black* will help you to thrive not just survive, and find hope - and even joy - in the face of adversity.

**Guilaine Kinouani** is a radical/critical psychologist, feminist, therapist, equality consultant and award-nominated writer and researcher. She works as a Senior Psychologist and is an Adjunct Professor of Cross-Cultural Psychology at Syracuse University. She has recently been nominated for an Honorary Doctorate by the Tavistock and Portman NHS trust in recognition of her public scholarship and contribution to the psychoanalysis of race.

25 February 2021 | Marianne Tatepo for Ebury Press | 240 pp



### Connect

Building Exceptional Relationships with Family, Friends and Colleagues David L. Bradford and Carole Robin

### A transformative guide based on the famously popular Interpersonal Dynamics course at Stanford

The ability to create strong relationships with others is crucial to living a fulfilled life and becoming a more effective manager and leader. Yet many of us find ourselves struggling to build solid connections at work, with friends and at home, or unable to handle challenges that

inevitably arise when we grow closer to others. When we find ourselves in an exceptional relationship – the kind of relationship where we feel fully understood and supported for who we are – it can seem like magic. But the truth is that the process of building and sustaining these relationships can be described, learned and applied.

David Bradford and Carole Robin taught interpersonal skills to MBA candidates for a combined 75 years in their blockbuster Stanford course, Interpersonal Dynamics. In *Connect*, they show readers how to take their relationships from shallow to exceptional, offering time-tested strategies for giving feedback, negotiating boundaries and working through disagreements. Through stories of people navigating tricky moments in relationships we see the six hallmarks of an exceptional relationship in action. Filled with relatable scenarios and research-backed insights, Connect will be an important resource for anyone hoping to improve existing relationships and build new ones at any stage of life.

**David Bradford** is a Senior Lecturer in Leadership at Stanford Graduate School of Business, where he helped develop Interpersonal Dynamics ("Touchy Feely").

**Carole Robin** was a Lecturer in Leadership before co-founding Leaders in Tech, which brings the principles and process of "Touchy Feely" to executives in Silicon Valley.

II February 2021 | Daniel Crewe for Penguin Life | 352 pp Rights sold: US (Crown)



The Man Who Confused His Boss for His Mother Naomi Shragai

# The Book You Wish Your Boss Had Read (and your colleagues will be glad you did too)

There's no place like home...or work?

You probably don't realise this, but every working day you replay and re-enact conflicts, dynamics and relationships from your past. Whether it's confusing an authority figure with a parent; avoiding conflict because of past

squabbles with siblings; or suffering from imposter syndrome because of the way your family responded to success, when it comes to work we are all trapped in our own upbringings and the patterns of behaviour we learned while growing up.

Many of us spend 18 formative years or more living with family and building our personality; but most of us also spend fifty years – or 90,000 hours – in the workplace. With the pull of the familial so strong, we unconsciously re-enact our personal past in our professional present.

Through intimate stories, fascinating insights and provocative questions, business psychotherapist Naomi Shragai will transform how you think about yourself and your working life. Based on thirty years of expertise and practice, Shragai will show you that what is holding you back is within your gift to change – and the first step is to realise how you, like the rest of the people you work with, habitually confuse your professional present with your personal past.

**Naomi Shragai** has more than 30 years' experience as a psychotherapist and family therapist in private practice, as well as working in the NHS. As a freelance journalist she has written for *The Times*, the *Guardian* and since 2008 has been a regular contributor to the *Financial Times*, where she writes predominately about the psychological aspects of working life. This is her first book.

15 July 2021 | Drummond Moir for WH Allen | 288 pp



Fears to Fierce A Woman's Guide to Owning Her Power Brita Fernandez Schmidt

# A feminist Feel the Fear and Do It Anyway by a leading voice in female empowerment

Find Meaning. Own Your Power.

Transform your World.

When we're 'head-heavy' we can get stuck. Inspiration is felt in the heart and the gut, and the way it feels is fierce. The 'fierce' is waiting for you

to acknowledge it, to allow it and to believe it.

As we commit to ourselves and stop questioning our fierce, the doubt and fear that we have been brought up with dissolve, and we accept our own power. Our impact on the world around us shifts. We start to see how our own transformation inspires change in others and we realise we are not alone.

Brita Fernandez Schmidt has spent 25 years championing women's rights across the world, nurturing her own fierce and inspiring others to do the same. Through a combination of guidance, storytelling and practical tools, her rallying call in *Fears to Fierce* will inspire you to realise your purpose and potential, ignite your fierce and create the life of which you have been dreaming.

**Brita Fernandez-Schmidt** serves as the Executive Director of Women for Women International, advocating and promoting women's empowerment, women's rights and equality. She frequently writes about the challenges women face all over the world in the context of poverty and conflict. Originally from Germany, Brita went to school in Venezuela and has lived and worked in over sixteen countries.

14 January 2021 | Olivia Morris for Rider | 256 pp



Centre Stage Lessons from the National Theatre on Owning the Room Jeannette Nelson

### How the world's best actors communicate with gravitas – and how you can too

Acting is all about charisma. Whether you're an A-list star or an extra, when you're on stage you need to perform in a way that makes your audience listen. It's a skill we can all learn from. Every time you speak in a meeting, recount an anecdote, or tell a joke,

it's essential to communicate with gravitas.

Jeannette Nelson knows a thing or two about gravitas. As Head of Voice at the National Theatre, she has spent three decades working with the world's leading actors - from AI Pacino to Benedict Cumberbatch to Juliette Binoche – teaching them to speak clearly and move confidently.

Now, Nelson pulls back the curtain on the tricks that professional performers use to own the room. Starting with clear speech and good posture, before moving on to the art of rhetoric and overcoming stage fright, she outlines a holistic three-stage method to communicating with authority, authenticity and eloquence. Throughout, she peppers the book with stories of how worldrenowned actors learnt to make themselves heard – and how you can, too. The result is a fascinating and eminently practical guide to the art of performance. If all the world's a stage, then this book will turn you into its lead actor.

**Jeanette Nelson's** career has spanned stage, film and TV, where she has worked with many of the world's leading actors. Nelson's *The Voice Exercise Book* (2015) has become the go-to guide for actors looking for exercises to help improve their voice.

03 March 2022 | Rowan Borchers for Random House Business | 320 pp



When It Is Darkest Why People Die By Suicide and What We Can Do To Help Professor Rory O'Connor

## The first evidence-based mass market self-help book on understanding and preventing suicide

When you are faced with the unthinkable, this is the book you can turn to.

Suicide is baffling and devastating in equal measure, and it can affect any one of us: one person dies by suicide every forty seconds.

Yet despite the scale of the devastation, for family members and friends, suicide is still poorly understood.

Drawing on decades of work in the field of suicide prevention and research, and having been bereaved by suicide twice, Professor O'Connor is here to help. This book will untangle the complex reasons behind suicide and dispel any unhelpful myths. For those trying to help someone vulnerable, it will provide indispensable advice on communication, stressing the importance of listening to fears and anxieties without judgment. And for those who are struggling to get through the tragedy of suicide, it will help you find strength in the darkest of places.

**Rory O'Connor** is a Professor of Health Psychology at the University of Glasgow. He is the world leader on suicide research and prevention and has been working in this area for 25 years. He has published extensively in the field of suicide and self-harm and has contributed to five BBC documentaries on suicide and has a Twitter account <u>@suicideresearch</u>.

06 May 2021 | Sam Jackson for Vermilion | 256 pp



The Real You How to Escape Your Fears and Limitations to Become the Person You Were Born to be Andrew Parr

## The ultimate guide to overcoming your limitations, unlocking your mind's potential and achieving success through the power of hypnotherapy

If you could change one thing about the way you think, feel or behave today, what would it be?

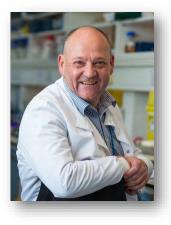
We all have things that hold us back in life, preventing us from achieving true success and happiness. When we let go of our limitations, exciting new possibilities and opportunities become available. *How to Escape the Limitations of Your Life* will give you the motivation and courage you need to do this successfully.

If feelings of doubt, fear and inadequacy constantly cloud your life, then Andrew Parr's E.S.C.A.P.E. process is guaranteed to renew your confidence, optimism and determination. No matter what you're going through, or the limitations you'd like to be free of, Andrew instils confidence that there is always a way.

How to Escape the Limitations of Your Life is the catalyst for personal growth, persistence and transformation that we all need. It's time to face your fears and let Andrew Parr guide you through the process of becoming the person you were born to be.

**Andrew Parr** studied hypnotherapy, psychotherapy, coaching and counselling, setting up his own private practice to help people resolve personal, emotional and habitual problems. With more than 26 years of experience, he is one of the UK's most experienced hypnotherapists. He has a private practice on Harley Street in London and his own training school in East Sussex and online.

#### 01 April 2021 | Venetia Butterfield for Penguin Life | 288 pp



Morning, Noon and Night The New Science of the Body Clock and How It Can Change Your Life Russell Foster

### A guide to using the science of the body clock to create the optimum personal routine, and sleep better, work better and feel better

In Morning, Noon and Night Professor Russell Foster, a world leading expert on circadian neuroscience, takes us on a fascinating journey both through the day and through our lifetimes. He shows us how our natural

rhythms become disrupted by modern life, and the effects this wreaks on us, from our mood to our decision-making skills. At a time of great change to our daily schedules, he shows us how to achieve the optimum natural routine, and the many health benefits this brings.

In this holistic but accessible book, the first written on the subject by an expert of this stature, Professor Foster explains everything from the best time of day to eat to when to exercise, from how sleep disorders are formed to the way our natural cycles change throughout our lives. In the 21st century we have declared war upon the night, and without really appreciating what we have done, we have thrown away an essential part of our biology. But with science, we can get back into the rhythm, and live healthier, sharper lives.

**Russell Foster** is Professor of Circadian Neuroscience, Director of the Sleep and Circadian Neuroscience Institute (SCNi) and Head of the Nuffield Laboratory of Ophthalmology at the University of Oxford. He is also a Fellow at Brasenose College. Russell is a Fellow of the Royal Society, the Academy of Medical Sciences and the Royal Society of Biology. He contributes to radio, television and writes newspaper articles. His advice is sought from both business and government. Russell has co-written four popular science books this is his first as sole author.

06 January 2021 | Tom Killingbeck for Penguin Life | 336 pp

# HEALTH &WELLBEING

### HEALTH & WELLBEING



Food Isn't Medicine Why Everything You've Been Told is Just a Load of Nutribollocks Dr Joshua Wolrich

# The first NHS doctor to take a public stand against diet culture and who empowers you to do the same

With nearly 300K followers on Instagram, Dr Joshua Wolrich is setting the record straight when it comes to using food as medicine, helping fight weight stigma and encouraging his followers to have a healthy, happy relationship with their bodies and food.

Food Isn't Medicine will wade through the nutribollocks and demystify the common (and some not so common) diet myths that many of us believe, liberating us from our destructive relationships with food and our bodies.

Knowledge is power and Dr Joshua Wolrich has made it his mission to share his expertise and to empower you to escape the diet trap. This book will challenge a wide range of misconceptions, including:

 $\cdot$  The alkaline diet and the myth that you can change the pH of your body with food

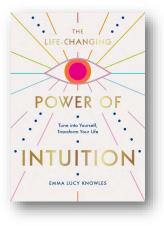
 $\cdot$  Skinny tea and diet shakes won't aid weight loss but they could give you a stomach upset

 $\cdot$  Gluten and why it doesn't deserve the bad rep

 $\cdot$  The Game Changers documentary and the myth that veganism is the healthiest way of eating

**Dr Joshua Wolrich** BSc (Hons) MBBS MRCS, is a full-time NHS surgeon in the United Kingdom with a passion for helping people improve their relationship with food. His podcast, *Cut Through Nutrition*, is a must listen for an in-depth look at the appropriate use of nutrition in medicine.

15 April 2021 | Emma Owen for Vermilion | 288 pp



The Life-Changing Power of Intuition Tune into Yourself, Transform Your Life Emma Lucy Knowles

Spiritual self-help for modern life. The first guide to the healing power of intuition from the bestselling author of The Power of Crystal Healing

Tune into yourself and transform your life – your healing journey of self-discovery starts here!

When there is so much going on in our modern lives, how do we filter out what feels

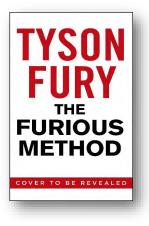
right from what feels wrong? How do we become more in tune with who we really are and what we really need?

This book will act as your ultimate spiritual life-coach – full of practical advice, exercises and meditations – through which you will learn how to develop your intuition and deepen your connection to your authentic self. Create positive change in all areas of your life, from improving your relationships and healing your stresses and anxieties, to nailing that big work presentation, achieving your fitness goals or breaking bad habits.

Discover the secret to changing your life is already inside you.

Emma Lucy Knowles is an intuitive hands on healer, clairvoyant and meditation teacher. She has worked with crystals and energy for over 15 years, helping people and souls from all over the world heal their pain, find joy and achieve success. She is also the go-to crystal expert for lifestyle magazines, and has been featured in *Cosmopolitan, Grazia, Harpers Bazar, Women's Health* and *Elle*. Follow @your\_emmalucy\_on Instagram. Her previous book, *The Power of Crystal Healing* was sold in eight territories; Dutch (Unieboek), Finnish (Karisto/Otava), French (Edi8), German (Wilhelm), Polish (ZNAK), Spanish (Urano), Swedish (Pagina) and US (Sterling).

14 January 2021 | Celia Palazzo for Pop Press | 320 pp



The Furious Method Transform Your Body, Mind & Goals Tyson Fury

The Furious Method is full of Tyson Fury's inspirational advice on how we can all improve our physical and mental health, and create a champion mind-set

PICK YOURSELF UP OFF THE CANVAS.

TRANSFORM YOUR BODY AND MIND.

MAKE YOUR COMEBACK.

From weighing 28 stone and fighting a deep depression, to his amazing return to heavyweight champion of the world, Tyson opens up and share his inspiring advice and tips on diet, exercise regime, and his incredible journey back to a healthier body and mind.

Frank, accessible and inspiring, *The Furious Method* is a feel-good and motivating tonic, full of inspirational advice for readers on how we can all improve our physical and mental health. And how we can all create a champion mind-set.

Whatever your starting point or past set-backs, Tyson will show you how you can make your own comeback and start living your life to the fullest – fighting fit, mentally restored, and stronger than ever.

**Tyson Fury** is the undefeated lineal heavyweight champion of the world. Born and raised in Manchester, Fury weighed just 1lb at birth after being born three months premature. His father John named him after Mike Tyson. From Irish traveller heritage, the "Gypsy King" is undefeated in twenty-eight professional fights, winning twenty-seven with nineteen knockouts, and drawing once. Outside of the ring, Tyson Fury is a mental health ambassador. He donated his million dollar purse from the Deontay Wilder fight to the homeless.

12 November 2020 | Ben Brusey for Century | 320 pp

# HEALTH & SELF CARE



The Beauty Insider Effortless Skincare and Beauty Advice that Works Alison Young

Decoding effortless beauty to look your best, beautiful self, from the UK's most trusted expert and QVC's Beauty Insider Alison Young

Trusted and award-winning beauty expert Alison Young has worked in the industry for over 35 years. She has pretty much tried every beauty

product on the market so you don't have to – and she knows what works and what doesn't. Her no-nonsense approach cuts through the spin, through the hard sell and tells it how it is. Whether you want to look fresher or younger, need advice on brows, haircare or nails, or simply struggle with skin issues such as dry skin, oily skin or a more serious skin condition – Alison has the answer.

With this book and Alison's insider knowledge you will never waste money on beauty products again; instead, you will be able to look and feel your best self at every age. Whatever your skin type, budget or stage of life Alison will give you the knowledge and confidence to create a beauty regime that works for you.

Alison Young is a beauty powerhouse. Described by the Daily Mail as 'The Most Powerful Woman in British Beauty', Alison recently won an 'Amazing Woman' Award from Woman & Home for her contribution to business. Alison trained as a beauty therapist, counting A-listers and Royalty among her clientele, before becoming the UK's youngest ever Head of Training at Clarins. https://alisonyoungbeauty.com// @aliyoungbeauty

25 February 2021 | Susanna Abbott for Vermilion | 288 pp



Happy Planning Plan your way through anything, from healthy eating and holidays to weddings and weekly shops Charlotte Plain

# Transform your life with the ultimate practical can-do planning guide

Anything is possible with a plan.

Happy Planning will give you the tools you need to plan every aspect of your life, from the weekly shop, daily meal prep and general budgeting, right through to big occasions like weddings,

parties and holidays. You'll cut waste, save more and live better – a little plan goes a long way!

Charlotte's everyday approach has been so successful that she launched a business off the back of it, and is now sharing all of her practical and positive know-how in this book. As well as her planning mantras and toolkit, each section of the book is dedicated to an area of life that benefits from planning and is packed with personal learning experiences, planning methods, tips and tricks, practical guidance and interactive elements.

It's simple, positive and practical planning that will lead to a healthier happier you.

**Charlotte Plain** started Princess Planning from her bedroom in 2017 and has now grown it into a successful business gaining over a hundred thousand orders. Through her website she sells diaries, meal planners and other stationery, which all aim to organise and inspire positivity. Many of her customers have come via her <u>Instagram account</u> (166.5k followers). Her products have been so popular that she has had to close her site in the past, just to keep on top of demand.

07 January 2021 | Emma Smith for Ebury Press | 256 pp



The Perimenopause Solution How to be Prepared and Not Scared for the Menopause Emma Bardwell and Dr Shahzadi Harper

The first major UK book to focus on the perimenopause and offer a solution to millions, written by two experts in women's health

You are not going mad - it's your hormones!

The perimenopause (the time leading up to the menopause) is often misunderstood. For some women, it lasts a few months; for others it consumes the best part of a decade. This transitional period can be a time of emotional turmoil, shifting priorities and physical changes: from hot flushes, insomnia, low mood and anxiety, to itchy skin, thinning hair, weight gain and loss of libido...to name just a few! Millions of women in their thirties and forties go through this without even realising they are perimenopausal. It's time they take back control.

In *The Perimenopause Solution*, Dr Shahzadi Harper and Emma Bardwell provide a blueprint to help women find a new balance in this important phase of their lives. Akin to getting two expert consultations in one, this holistic and accessible guide combines practical, no-nonsense information with powerful advice on managing symptoms and easy recipes, as what you eat during the perimenopause can dramatically affect your experience of it.

**Dr Shahzadi Harper** has over 25 years' experience as a GP and has now dedicated herself to women's hormonal well-being. She is a member of the British Menopause Society, the European Andropause and Menopause society and the International Menopause Society.

**Emma Bardwell** is a registered nutritionist (BA, NTDip) and health writer who runs nutrition clinics alongside Dr Harper. She has also delivered talks on nutrition to businesses including Sweaty Betty, Accenture, Positive Pause, and Transition Zone.

02 September 2021 | Sam Jackson for Vermilion | 256 pp



Managing the Perimenopause and the Menopause Dr Louise Newson

# A short, practical and accessible guide to the perimenopause and menopause

So much is still misunderstood about the menopause and how to manage it successfully – GP and menopause specialist, Dr Louise Newson, is here to change that.

Managing the Perimenopause and Menopause will be a short, practical guide guaranteed to help women become both

perimenopause and menopause savvy.

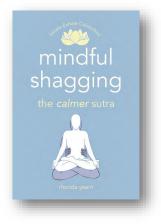
Using new research and expert advice, Dr Newson will explain what the menopause is, why it happens, and why every woman should be perimenopause aware, whatever their age.

Dr Newson will offer easy-to-follow explanations of bodily function, identify main symptoms of perimenopause and menopause, and equip readers with simple tips to help them tackle and reduce discomfort through exercise, nutrition and lifestyle choices. *Managing the Perimenopause and Menopause* will empower women to take care of their changing bodies.

**Dr Louise Newson** is a GP and menopause specialist with a passion for improving education about the perimenopause and menopause among the public and health professionals. She is director of Newson Health Ltd, a top menopause and wellbeing centre, and the author of *Menopause*: All You Need to Know in One Concise Manual. Her menopause information website offers key evidence-based information for women and health professionals. Dr Newson has lectured extensively on the menopause at the Royal College of GPs annual meeting, has served as a director for Primary Care Women's Health Forum and as an editor for the British Journal of Family Medicine.

16 September 2021 | Lydia Yadi for Penguin Life | 176 pp

# HEALTH & SELF CARE



Mindful Shagging The calmer sutra Rhonda Yearn

60 mindful sexercises with instructional illustrations to relieve all stress. For fans of the hugely successful HIIT: High Intensity Intercourse Training

Shag yourself zen.

Release all stress with sixty calmer-sutra sexercises and meditations.

With easy-to-follow instructional diagrams, and

memorable mantras, this book will show you how to achieve inner peace, the fun way.

Redirect your energy, master the power of intention. Inhale. Exhale. Cooooooohm.

*Mindful Shagging* offers an original twist on mindfulness and classic sex humour books. It includes sixty bespoke black and white illustrations with easy to follow instructions and witty captions for every exercise.

A great present idea for any occasion.

03 December 2020 | Lucie Humphrey for Pop Press | 128 pp



The Well Voice A 10-Step Programme to Identify and Heal Past Trauma Emmy Brunner

# A 10-step programme for identifying, accepting and moving on from unresolved trauma

Trying to overcome unresolved trauma lurking in your past? Frustrated by the unresolved issues that are holding you back in life?

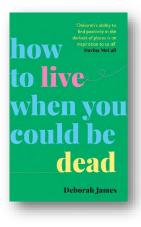
Trained psychotherapist, Emmy Brunner, has

the ten-step programme you need to identify, accept and move on from the unresolved trauma that is preventing you from being the happiest version of yourself.

Based on the clinical advice Emmy provides in her own practice and accompanied by case studies from The Recover Clinic, this book will guide you through a simple process that will allow you to uncover past traumas that are negatively impacting your mental health. Whether you're struggling with depression, anxiety, an eating disorder, or low self-esteem, Emmy Brunner is here to help guide you through the process of recovery.

**Emmy Brunner** is a psychotherapist and founder of The Recover Clinic, Europe's leading outpatient service, treating sufferers of trauma, depression, body dysmorphia, anxiety and eating disorders. She also developed The Brunner Project, a social media enterprise that funds treatment and opportunities for support to women throughout the UK. Emmy has written for the *Metro*, *Refinery29*, The *Telegraph* and *Healthista*. She has 35.6k followers on Instagram, is a mental health speaker, and contributed to the BBC 3 documentary 'Clean Eating's Dirty Secrets'.

21 May 2021 | Emily Robertson for Penguin Life | 304 pp



How to Live When You Could Be Dead Deborah James

Drawing on the extraordinary and empowering perspective of Deborah James, this book will help readers flip their thinking and find the positive in any given life situation

"I'm alive when I should be dead. In another movie, I missed the sliding door and departed this wondrous life long ago. Like so many others, I've had to learn to live not knowing if I have tomorrow, because, statistically, I don't. At the age of 35, I was blindsided by incurable bowel

cancer -1 was given less than an 8% chance of surviving five years. Four years later, my only option is to live in the now and to value one day at a time."

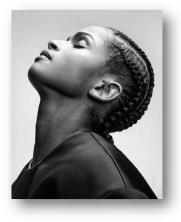
So how do you flip your mind from a negative spiral into realistic hope? How do you stop focusing on the why and realise that why not me is just as valid a pathway?

How we learn to respond to any given situation empowers us or destroys us. We have the ability in our mind to dictate the outcome – bad or good – and with the right skills and approach, we can be the master of it.

How To Live When You Should Be Dead will show you how. It will awaken you to question your life as if you didn't have tomorrow and live it in the way you want to today. It will show you how to build a growth mindset, and through this, invite you to think about what you could do if you believed you could change and do anything you want.

**Deborah James** was a deputy head teacher leading national research teams into growth mindsets in schools. Then, in 2016, she was diagnosed with bowel cancer and her life with her young children and husband was thrown upside down. Rather than disappear into a cancer cave she started a blog, 'bowel babe' to debunk the myth that young women don't get bowel cancer and writes a weekly column for the *Sun* online, *Things Cancer Made Me Say*.

25 February 2021 | Sam Jackson for Vermilion | 224 pp



Be Your Own Champion Ramla Ali

A powerful memoir from one of boxing's most promising stars. Taking ten monumental fights in her career to date and detailing the lessons about life they have taught her regardless of whether the fight resulted in a win, draw or loss

Ramla Ali is a star on the rise. Hailed as a force for change by the Duchess of Sussex, Meghan Markle, Ali's story of determination and resilience have been

fundamental to her life in and outside the ring.

Bullied at school for being different, she found solace and eventual strength in her local boxing gym where her path to becoming a champion started, turning her perceived difference into her unique super-power. Boxing has taught Ramla many lessons from self-belief, success and the power of hard work. This powerful and honest book will inspire every reader to go the full distance in life.

For the first time Ali tells the stories of ten of the most significant fights in her incredible career to date and the life lesson it taught her as a result - win, draw or loss. This book is a powerful and honest exploration of motivation, self-belief and hope from a new and much needed role model in society.

**Ramla Ali** is a British Somali boxer and model based in London. She is the current African Zone Featherweight Champion as of 2019 and the first boxer in history to have won a gold medal whilst representing Somalia. She has won several national championships. She moved to England from Somalia as a war refugee and has since helped set up Somalia's boxing federation. She is a UNICEF ambassador, a Nike Global Athlete and a Time Magazine Next Generation Leader. A film based on her life is in development with BAFTA winning producer Lee Magiday, and an HBO documentary is in the works.

29 April 2021 | Lemara Lindsay-Prince for Merky Books | 400 pp



Autobiography Malorie Blackman

The long-awaited autobiography of one of the world's greatest children's writers, and an empowering and inspiring account of a life in books

Malorie Blackman OBE is one of Britain's best loved and most widely-read writers. For over thirty years, her books have helped to shape British culture, and inspired generations of younger readers and writers. The *Noughts and Crosses* series, started in 2000, sparked a new and

necessary conversation about race and identity in the UK, and are already undisputed classics of twenty-first-century children's literature.

She is also a writer whose own life has been shaped by books, from her childhood in South London, the daughter of parents who moved to Britain from Barbados as part of the Windrush Generation, and who experienced a childhood that was both wonderful and marred by the everyday racism and bigotry of the era.

This book is an account of that journey, from a childhood surrounded by words, to the eighty-three rejection letters she received in response to sending out her first project, to the children's laureateship. It explores the books who have made her who she is, and the background to some of the most beloved and powerful children's stories of today. It is an illuminating, inspiring and empowering account of the power of words to change lives, and the extraordinary life story of one of the world's greatest writers.

**Malorie Blackman** has written over 70 books for children and young adults, including the *Noughts & Crosses* series, *Thief* and a science-fiction thriller, *Chasing the Stars.* In 2005 Malorie was honoured with the Eleanor Farjeon Award in recognition of her distinguished contribution to the world of children's books. In 2008 she received an OBE for her services to children's literature, and between 2013 and 2015 she was the Children's Laureate.

05 May 2022 | Lemara Lindsay-Prince for Merky Books | 400 pp



Just Call Me Red My Life On the Land Hannah Jackson

Get lost in a wonderful slice of life from shepherdess Hannah Jackson, who provides us with tales from the farm and lessons to live by. For fans of the Yorkshire Shepherdess and Adam Henson

Hannah Jackson (aka The Red Shepherdess) grew up in the Wirral, and hadn't set foot

on a farm until she was 20-years-old. But she'd always loved animals and on a visit to the Lake District, she saw a lamb being born and had a light bulb moment – a burning desire to succeed as a farmer – and never looked back.

In Just Call Me Red, Hannah gives us an unique insight into farm life, and the values it has taught her, that we can use in our everyday lives to change ourselves and our world for the better – from connection, communication and community, to leadership, patience and resilience. Hannah's journey teaches us how we should find what sets our hearts on fire and throw everything into it. Hannah's simple and universal wisdom, practical advice, and words of encouragement will inspire you to achieve your goals, follow your dreams and focus on what's really important in life.

**Hannah Jackson**, also known as The Red Shepherdess, is a lambing and farming contractor and owns a smallholding in Cumbria consisting of a hundred and twenty sheep. Hannah is a spokesperson for agriculture; a keen CrossFit fan; and helps with her dad's company, Natural Leaders, to inspire managers from some of the country's top companies and industries using sheepdogs and herding techniques to demonstrate leadership skills.

11 March 2021 | Michelle Warner for Ebury Press | 320 pp



Heiress, Rebel, Vigilante, Bomber The Extraordinary Life and Times of Rose Dugdale Sean O'Driscoll

# The astonishing story of the English heiress who devoted her life to the IRA

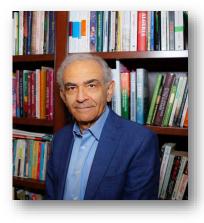
She grew up in a Chelsea townhouse and on a Devon estate. In 1958, she was presented to the Queen at Buckingham Palace as a debutante.

At St Anne's College Oxford, she trained as an academic economist and had a love affair with a female professor (who was herself on the rebound from Iris Murdoch). At thirty, having earned her doctorate, she sold the Lloyds shares she'd inherited and opened an office in Tottenham, where she commenced giving her fortune away to the poor. In 1972, the deadliest year of the Northern Irish Troubles, she travelled to Ireland and joined the IRA.

Sean O'Driscoll's Heiress, Rebel, Vigilante, Bomber tells the astonishing story of Rose Dugdale, who went on to become a committed terrorist, participating in a major art heist and a bombing raid on a police station; who kept a pregnancy secret for nine months in prison and gave birth there; and who ended up at the heart of the IRA's bomb-making operation during its deadly final spasms in the 1990s.

**Sean O'Driscoll** is an experienced newspaper journalist, and author of *The Accidental Spy*, about a truck driver from New York who ended up being recruited by MI5 and the FBI to infiltrate the Real IRA.

02 September 2021 | Brendan Barrington for Sandycove | 288 pp



The Global Merchants The World of the Sassoons Joseph Sassoon

The first full history of the Sassoons, one the 19<sup>th</sup> century's preeminent commercial families and 'the Rothschilds of the East'

The Sassoons were one of the great commercial dynasties of the 19<sup>th</sup> century, as eminent as traders as the Rothschilds were as bankers.

In his rich and nuanced portrait of the

family, Joseph Sassoon uncovers the secrets behind their phenomenal success: how a handful of Jewish refugees from Ottoman Baghdad forged a mercantile juggernaut trading cotton and opium in exile in India. Through the lives these ambitious figures built for themselves in Bombay, London and Shanghai, the reader is drawn into a captivating world of politics, business, society and empire – for their meteoric rise was facilitated by their ties to the British imperial project, and its waning coincided with their own.

Utilising for the first time the family archives, which were largely written in an obscure Judeo-Arabic script indecipherable to previous historians, *The Great Merchants* is at once an intimate history of a single family across three generations and an extraordinary panorama, revealing their place in the world-historical developments of the 150 years of their prominence: from the American Civil War to the establishment of the British Raj, the Opium Wars to the Japanese occupation of China, and the true beginning of globalization in all its dimensions.

**Joseph Sassoon** is Al-Sabah Chair in Politics and Political Economy of the Arab World at Georgetown University. He is also a Senior Associate Member at St Antony's College, Oxford and a Trustee of the Bodleian Library. His previous books include the prize-winning Saddam Hussein's Ba'th Party, The Iraqi Refugees and The Anatomy of Authoritarianism in the Arab Republics.

#### 04 November 2021 | Ben Sinyor for Allen Lane | 544 pp

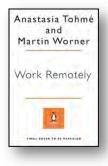


# **Business Experts Series**

Written by experts in the field, the Penguin Business Experts series is a collection of concise guides to the topics at the forefront of business and the workplace today, and for the future. They are practical and accessible – for everyone in positions from CEO to entry-level, entrepreneur to established businesses. The books in the series offer readers clear and practical strategies to address common problems throughout the world of work.

There are currently nine books in the series. There are three forthcoming in 2021 – detail below. The other books are displayed underneath. Our editions have a consistent and recognisable look as small format paperbacks with strong jacket design.





Work Remotely Anastasia Tohmé and Martin Worner, 15 April 2021 | Lydia Ladi for Penguin Business | 112pp

Anastasia Tohme is an HR specialist based in Spain and Martin Worner has worked in banking and technology at UBS and Morgan Stanley, based in Switzerland.

Remote working makes us happier, more productive and profitable but it can bring its own set of challenges. How do we manage our work life balance, communicate and collaborate effectively as teams and get the best from technology?

Including case studies from the companies around the world who are innovating and revolutionising the way we work, this definitive guide to remote working will reveal useful advice and practical tips to ensure you get the most from working remotely.

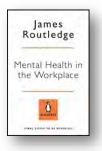


Hold Successful Meetings Caterina Kostoula 15 April 2021 | Celia Buzuk for Penguin Business | 112pp

Caterina Kostoula was a global business leader at Google, is an executive coach at INSEAD and founder of The Leaderpath, a leadership coaching consultancy. She has coached leaders from Google, Amazon, Vodafone, Workable, AT Kearney. She has lived in more than seven countries across America, Europe and Asia and is currently based in London.

We all spend too much time in meetings, where very little is achieved and even less is followed up on afterwards.

Including case studies from companies that are innovating in this space, Kostoula will reveal useful advice and practical tips to make sure your meetings – whether physical or virtual – hit the mark every time.



Mental Health in the Workplace James Routledge 07 October 2021 | Celia Buzuk for Penguin Business | 112pp

Founder and CEO of Sanctus, a purpose-driven organisation with a mission to transform perceptions around mental health. James has coached over 10,000 employees on how to improve their mental wellbeing. His work has been featured in The Times, the Guardian, on BBC TV and radio, he is a regular public speaker around the world.

One in five people will be experiencing mental health

problems right now. Stress, anxiety and depression account for half of all working days lost. So why are we still not talking about mental health at work?

Promoting positive mental health is fast becoming a priority for companies across industries yet many are failing to implement a strategy that works. James Routledge has been working with leaders, managers and people in all positions who want to positively change their organisation's approach to mental health. In this book, he reveals how to; reduce stigma and create a positive workplace, focus on early intervention and prevention, improve productivity, engagement and retention and create a culture of openness from the top down.



Risk and Reward Matt Watkinson and Csaba Konkoly

A revolutionary method for embracing chance and unpredictability in order to maximise success and create a durable, adaptable business

Since it became a discipline, business management has clung to a mechanistic mindset – a business is presumed to be like a machine, so analysing and optimising every individual facet of the enterprise is the path to greater success. And yet, this domain-level, mechanistic thinking has serious limitations. The best pricing guru in the world won't help if the product is a dud. A marketing genius won't fix poor cost control. At best your improvements will be minor and linear.

As Konkoly and Watkinson show, there is only one viable solution: to move from a mechanistic mindset to a probabilistic one. Instead of seeking solely to tame chance in our decision-making, we should seek to exploit it too. Instead of seeing random events as wrinkles to be smoothed, we should see them as opportunities to be explored.

A probabilistic mindset can dramatically improve our chances of success. But how exactly do we develop this mindset? What pragmatic steps must we take? How should our behaviour tomorrow be different from today? This book will be your guide.

**Matt Watkinson** is an internationally renowned author, speaker and business consultant. His first book, *The Ten Principles Behind Great Customer Experiences* won the CMI's Management Book of the Year Award in 2014.

**Csaba Konkoly** launched his first business as a teenager, importing cars from Italy when the Berlin Wall collapsed. While studying economics at university he taught himself to trade stocks. He built and ran hedge funds, culminating in a \$2.5bn global macro fund, before shifting his focus to tech startup investments and entrepreneurship. Of his 24 early-stage investments to date, five have become unicorns – valued at over \$1bn.

07 April 2022 | Nigel Wilcockson for Random House Business | 320 pp



where anyone can be themselves

Understanding Diversity and Inclusion for Straight, White Men How you Can Create a Better Workplace for Everyone Suki Sandhu OBE and Felicity Hassan

An accessible, practical guide to help managers and leaders create a workplace

It is widely accepted that having a diverse workforce is a competitive advantage in business – diverse organisations make better decisions, are more innovative and dramatically outperform their competitors. But while 97% of large companies have some form of diversity policy when it comes to recruitment the broader goal of creating a truly diverse and inclusive culture is often missed. The reason for this failure? The small group central to making it a success – straight white men in leadership positions.

Diversity and Inclusion for Straight, White Men will will enable a culture of honest conversations and help break down the fear of saying the wrong thing that is holding back progress. This book will be about openness, willingness to engage and an acknowledgement that people make mistakes but that it's ok as long as you are willing to learn.

**Suki Sandhu OBE** is the founder and leader of Audeliss, a global executive search firm levelling the playing field for women, ethnic minorities and LGBT+ at the most senior level in business, and Involve, helping businesses drive cultural change and create inclusive workplaces. Suki is a Stonewall Ambassadorand Board Director of OutRight Action International.

**Felicity Hassan** is US Managing Director of Audeliss and Involve. Felicity has built a successful career in executive search having worked in in London and New York working for Bloomberg and Audible.

02 September 2021 | Martina O'Sullivan for Penguin Business | 224 pp



Are You Listening? Confessions and Lessons from an Executive Coach Jenny Rogers

# A unique opportunity to sit in the coach's chair from one of the UK's most renowned executive coaches

Are you Listening? is a unique insight into the experience of coaching, showing how even the most incredibly successful leaders can be held back by self-imposed dilemmas, doubts and limitations.

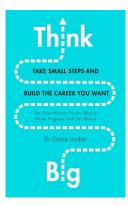
It is very rare as an adult to find a place where you are not judged, where you can be open, honest and vulnerable: that is exactly what coaching provides.

This book brings together twenty different stories which represent the very human dilemmas a coach can encounter from 'What's my purpose?' to 'Should I go for a job where I get paid a fortune but know I'd be really miserable?' to 'I feel like an impostor'.

Coaching is not therapy but it is closely related and while many people seek (or are assigned) executive coaching for work problems just like therapy each person brings their whole self to the conversation – anxieties and secrets are revealed, marriages unravel, shame and guilt are explored and resolved.

**Jenny Rogers** has been an executive coach for 30 years and is one of the UK's most experienced and well known coaches who in addition to her coaching practice trains other coaches and is a regular contributor to BBC Radio. She has been published widely by a range of professional and academic publishers with books aimed at executive coaches including *Coaching Skills: The definitive guide to being a coach* (now in its fourth edition) which is widely acknowledged as being the ultimate book for anyone wanting to coach professionally around the world and has been translated into Polish, Mandarin, Danish and Hebrew.

02 September 2021 | Martina O'Sullivan for Penguin Business | 256 pp



Think Big Take Small Steps and Build the Career You Want Grace Lordan

# How to get the future career you want by dreaming big, planning ahead and acting now

While having big dreams is easy, making them happen is hard. We all have big ambitions for the future, but those dreams only become reality if we do something about them regularly. To achieve audacious goals, we need to take action and make

small changes every day. We need to think big and act small.

Drawing on cutting-edge research from behavioural science, *Think Big* provides a practical framework to keep you moving in the right direction.

Focusing on six key areas – your time, goal planning, self-narratives, other people, your environment, and resilience – Dr Lordan reveals practical, science-backed hacks that will help you get ahead. Each chapter introduces us to behavioural science concepts like the 'halo effect', 'confirmation bias', 'affect heuristic' and the 'ostrich effect', to help you better understand yourself and others, so that you can get the most out of your career.

In Think Big Lordan addresses how to :

· Overcome a fear of failure and throw yourself at opportunity

 $\cdot$  Craft the optimum environment for work, giving yourself ample time for tasks

· Rewrite self-narratives and tackle imposter syndrome

 $\cdot$  Watch out for other people's biases and stop them from holding you back

**Dr Grace Lordan** is an Associate Professor in Behavioural Science at the LSE and director of their new MSc in Behavioural Science. She is an expert on the effects of unconscious bias, discrimination and technology changes. Grace is a member of notable committees and organisations such as The Centre of Economics Performance (LSE) and the Institute of Research on Labour (Bonn).

25 March 2021 | Lydia Yadi for Penguin Life | 256 pp

# NARRATIVE NONFICTION

#### NARRATIVE NONFICTION



Sea Bean Sally Huband

A windswept, beautiful and deeply generous book about how one woman found herself on the beaches of Shetland and in the curious pieces that wash up on its shore. A brave exploration of landscape, pain and how hope can be found in the palm of your hand

After moving to the Shetland Islands in 2011, Sally's spine was damaged during her second pregnancy, triggering the

onset of a debilitating arthritis. As Sally's relationship with her body changed unalterably, she took to wandering the many strandlines of the archipelago to see what the sea had washed up. This obsession with beachcombing became the relief from her pain and a summons to understand the islands in all their fragility and glory.

Shetland's unique position between the North Atlantic and the North Sea transforms these beaches into depositories for seaborne objects from far and wide. Here are tiny treasures that can be found if we look for them, and – from tightly coiled birch bark from Canada, messages in bottles from Norway – to very occasionally, a sea bean – Sally found the world in her hands.

Sea Bean is a woman's story of being found, a deeply honest memoir from a researcher who sees the poetry in an otter's footprint or a fulmar's stomach contents, the potency in the myths of motherhood and the connectivity of landscape, body and self in our wild and modern world.

**Sally Huband** won a Scottish Book Trust New Writers Award in 2017 and as part of that award her work has been mentored by Sara Maitland. Her writing has appeared in various publications, including *BBC Wildlife Magazine, The Island Review, Earth Lies, Zoomorphic* and *Archipelago*. Sally also has an essay in the forthcoming anthology of Scottish nature writing, *Antlers of Water* (Canongate, 2020) edited by Kathleen Jamie. This is her debut non-fiction work.

31 March 2022 | Charlotte Cray for Windmill Books | 400 pp

# NARRATIVE NONFICTION



Slow Rise A Bread-Making Adventure Robert Penn

# An epic tale about the role of bread in the story of humanity

Every day, around 4.5 billion people consume bread. For thousands of years, it has been one of the staple foods of humankind, as present in stories from the Bible as it is when we share a meal with friends. Many types of bread are representative of the societies that bake them - baguettes in France, challah in

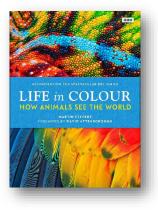
Israel, injera in Ethiopia - and the bread you eat (or don't eat) can say a lot about who you are, even today.

In *Bread*, critically-acclaimed author Rob Penn tells the fascinating story of our relationship with this food: from the domestication of wheat in the Fertile Crescent at the dawn of civilisation, to the groundbreaking advances in harvesting and the iconoclastic artisan bakers of today. Along the way, he meets the unsung heroes behind the loaves we eat - wheat growers, grain merchants, millers and bakers - all of whom, over the course of a year, will teach him how to plant, harvest, thresh and winnow his own wheat in order to bake his own bread.

Taking us from the Karaca Mountains in south-east Turkey to the subsistence farms of Rajasthan, and from the banks of the Nile to the fabled boulangeries on the Seine in Paris, *Bread* is a universal celebration of a millennia-old tradition and the people who make it happen. Its story is the story of humanity.

**Robert Penn** is a journalist, woodsman, lifelong cyclist and the author of several books including the *Sunday Times* bestseller *It's All About the Bike* and *The Man Who Made Things Out of Trees.* He lives in South Wales with his wife, three children, two spaniels, twelve bicycles and a collection of axes.

04 February 2021 | Josephine Greywoode for Particular Books | 256 pp



Life in Colour How Animals See the World Martin Stevens

A landmark exploration of how colour works in the natural world – to accompany a new BBC/Netflix series with David Attenborough. BBC

BOOKS

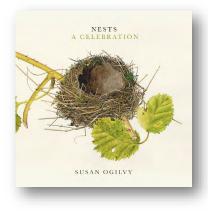
'The natural world is awash with colour, but we are only seeing half the story. If we could see things as animals do, our world would become unimaginably brighter. Now, thanks to new science and technology, we can at last open our eyes.' – Sir David Attenborough

In nature, colour is more than a source of beauty; it's a form of vital communication. Depending on the situation, colour says different things - it can be an expression of power or seduction, warning or deceit - and it can even, occasionally, save your life. Accompanying a major new BBC series with David Attenborough, *Life in Colour* explores the fascinating story of how colour works in the natural world. From the 'trichromatic' vision of Silver Leaf Langurs, which allows them to see orange and red against forest foliage – the colours not only of ripe fruit, but of their young – to African Mandrills who use their colouration to do battle, Dr Martin Stevens reveals a complex system of messaging visible only to those who know the code.

Based on the latest scientific research in the field, and illustrated with stunning photography throughout, *Life in Colour* reveals a world previously unknown to us.

**Martin Stevens** is Associate Professor of Sensory and Evolutionary Ecology in the Centre for Ecology and Conservation at the University of Exeter, UK. His research and teaching focuses on animal behaviour and their sensory systems and ecology. He has published over 80 scientific manuscripts, two textbooks, and a general audience book on deception in nature. Martin's research is frequently covered in the international media. He has taken part in a wide range of TV, radio and magazine productions, and given public lectures around the world.

8 April 2021 | Nell Warner for BBC Books | 320 pp



Nests Susan Ogilvy

# A unique celebration of the architectural ingenuity of birds, by an acclaimed illustrator.

Susan Ogilvy started painting bird nests almost by accident. One day, while tidying up her garden after a storm, she found a chaffinch nest - a strange, sodden lump on the grass under a fir tree. She carried it inside and placed it on a newspaper; over

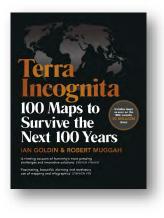
the next few hours, as the water drained out of it, the sodden lump blossomed into a mossy jewel. She was amazed, and dropped everything to make a painting of the nest at exact life size.

This was the start of an obsession; Susan has since painted more than fifty bird nests from life, each time marvelling at its ingenious construction. Every species of bird has its own vernacular, but sources its materials - most commonly twigs, roots, grasses, reeds, leaves, moss, lichen, hair, feathers and cobwebs, less usually mattress stuffing and string - according to local availability.

Although Nests showcases the specimens Susan has found near her homes in Somerset and on the Isle of Arran, its subject matter is by no means only British, since these same birds can be found all over Europe, Scandinavia and as far afield as Russia, Turkey and North Africa. This wondrous book is all the more special for its rarity. Few modern books exist specifically on the subject of bird nests; among the author's reference works, the most recent was published in 1932. Exquisitely designed and packaged, Nests will be an essential addition to the libraries of all nature lovers.

The work of **Susan Ogilvy** has been shown at the Ashmolean Museum, Oxford, the Smithsonian Institute, Washington, and the Kew Garden Gallery, London, amongst other places; it is included in several public and private collections, including Dr Shirley Sherwood's world-renowned collection of contemporary botanical paintings. She was awarded an RHS Gold Medal in 1997.

7 October 2021 | Richard Atkinson for Particular Books | 128 pp



Terra Incognita 100 Maps to Survive the Next 100 Years Dr Ian Goldin and Dr Robert Muggah

# From the spread of the Coronavirus to the rampaging Australian bushfires.

From the global impact of the Coronavirus to exploring the vast spread of the Australian bushfires, join authors lan Goldin and Robert Muggah as they trace the ways in which our world has changed and the ways in which it will continue to change over the next hundred years. Map-making is an ancient impulse. But as Albert Einstein once said, 'you

can't use old maps to explore a new world.' And now, when the world is changing faster than ever before, our old maps are no longer fit for purpose.

Welcome to *Terra Incognita*. Based on decades of research, and combining mesmerising, state-of-the-art satellite maps with passionately argued analysis, lan and Robert chart humanity's impact on the planet, and the ways in which we can make a real impact to save it, and to thrive as a species.

'Fascinating, beautiful, alarming and revelatory use of mapping and infographics' Stephen Fry

**Ian Goldin** (@<u>ian\_goldin</u>) is the Oxford University Professor of Globalisation and Development and the founding Director of the Oxford Martin School. Previously lan was economic advisor to President Mandela and then Vice President and Policy Head for the World Bank. He has been a keynote speaker at successive Davos and TED events and is the author of 22 books.

**Robert Muggah** is a globally recognized scholar and practitioner of political economy. He co-founded the Igarapé Institute - a leading think tank devoted to promoting safety and justice across Latin America, Africa and Asia. He has delivered <u>several TED talks</u> and is a regular speaker at the World Economic Forum Davos summit

27 August 2020 | Ben Brusey for Century | 512 pp Rights Sold: German (Dumont), Japanese (Bunkyosha)



The Cypher Files An Escape Room... in a Book! Dimitris Chassapakis

# The new interactive puzzle book from the creator of the bestselling cult phenomenon Journal 29.

The Cypher Files is an utterly unique reading experience. In this brain-bending interactive game, you'll solve puzzles on every page, and obtain keys to move forward by submitting answers online. To solve each puzzle, you'll need to think outside the book.

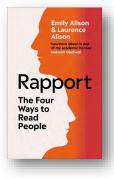
You are an agent of CY.P.H.E.R., the secret international agency working on 'unsolvable' code-based cases. Called upon to investigate cryptic clues discovered in the wake of a series of mysterious disappearances, the clock is ticking to crack the codes before it's too late.

To escape this book, you must write, draw, search, fold and cut pages, explore virtual escape rooms and think laterally to identify the perpetrator and solve the mystery. All you need to play is a pencil, a pair of scissors, an internet connection, and a curious mind.

**Dimitris Chassapakis** (@vortalifer) is a digital creative director by day. In 2015 he published a viral mobile puzzle app game called none\* which was featured in the *Daily Mail* and *Business Insider*. In 2017 he crowdfunded and published <u>Journal 29</u> and in 2018 a sequel, Journal 29: Revelation. After finding a

5 November 2020 | Tom Killingbeck for Penguin General | 112 pp

# RECENT HIGHLIGHTS

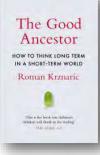


### RAPPORT: THE FOUR WAYS TO READ PEOPLE Emily Alison and Laurence Alison

All of us have to deal with difficult people. Whether we're asking our neighbour to move a fence or our boss for a pay rise, we can struggle to avoid arguments and get what we want. Rapport reveals that every interaction follows four styles: Control (the lion), Capitulate (the mouse), Confront (the Tyrannosaur) and Co-operate (the monkey). As soon as you understand these styles and your own goals you can shape any conversation at will. And you'll be closer to the real secret: how to create instant rapport.

Vermilion | 30 July 2020 | 368 pp

Rights sold: Chinese Complex (Eurasian), Chinese Simplified (Citic), Korean (Next Wave), Japanese (Mikasa), Russian (Exem), Slovak (Eastone)

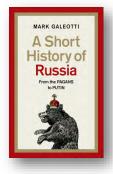


#### THE GOOD ANCESTOR Roman Krznaric

The Good Ancestor reveals six profound ways in which we can all learn to think long-term, exploring how we can reawaken oftneglected but uniquely human talents like 'cathedral thinking' that expand our time horizons and sharpen our foresight. Drawing on radical solutions from around the world, Krznaric celebrates the innovators who are reinventing democracy, culture and economics so that we all have the chance to become good ancestors, and create a better tomorrow.

WH Allen | 16 July 2020 | 336 pp

Rights sold: Chinese Complex (Business Weekly), Chineses Simplified (Ginkgo), Dutch (Ten Have), Slovene (Mladinska Knjiga Zalozba), US (Experiment)



# A SHORT HISTORY OF RUSSIA

#### Mark Galeotti

In this essential whistle-stop tour of the world's most misunderstood nation, Mark Galeotti takes us behind the myths to the heart of the Russian story: from the formation of a nation to its early legends - including Ivan the Terrible and Catherine the Great - to the rise and fall of the Romanovs, the Russian Revolution, the Cold War, Chernobyl and the end of the Soviet Union – plus the arrival of an obscure politician named Vladimir Putin.

Ebury Press | 04 February 2021 | 208 pp

Rights sold: Bulgarian (Ciela Norma), Czech (Leda), Dutch (Promehteus), Estonian (Eesti Raamat), French (Flammarion), Greek (Patakis), Korean (Miraebook), Lithuanian (Briedis), Romanian (Humanitas), Slovak (IKAR), US (Harlequin)



### EXPERT

#### Roger Kneebone

In this groundbreaking book, Kneebone combines his own experiences as a doctor with insights from extraordinary people and cutting-edge research. He tells a story that resonates with us all - the story of how we can become expert. Whether you're developing a new career, studying a language, learning a musical instrument or simply becoming the person you want to be, *Expert* reveals the path to mastery and shows what lies ahead.

Viking | 27 August 2020 | 352 pp

Rights sold: Chinese Complex (Locus), Chinese Simplified (China Machine), Korean (Will Books), Romanian (Publica), Ukranian (Vivat)



# THE ZOOLOGIST'S GUIDE TO THE GALAXY Arik Kershenbaum

Using his own expert understanding of life on Earth and Darwin's theory of evolution - which applies throughout the universe - Cambridge zoologist Dr Arik Kershenbaum explains what alien life must be like. Moreover, as *The Zoologist's Guide to the Galaxy* is the story of communication, intelligence, cooperation and technology, on Earth and in space, we see how life really works - and what it means to be human.

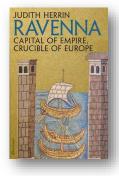
Viking | 24 September 2020 | 368 pp

Rights sold: French (Flammarion), Japanese (Kashiwashobo), Italian (Saggiatore), Russian (Alpina), Spanish (Debate), Turkish (Epsilon), Ukrainian (Alpina), US (Penguin)



### LOVED CLOTHES LAST LONGER Orsola de Castro

Running out of space for the clothes you can't stop buying? Curious about how you can make a difference to the environmental challenges our planet faces? This book will equip you with a myriad of ways to mend, rewear and breathe new life into your wardrobe to achieve a more sustainable lifestyle. By teaching you to scrutinise your shopping habits and make sustainable purchases, Orsola de Castro will inspire you to buy better, care more and reduce your carbon footprint by simply making your loved clothes last longer. Penguin Life | 11 February 2021 | 272 pp Rights sold: French (Marabout), Italian (Corbaccio)



# RAVENNA

#### Judith Herrin

In this engrossing account Judith Herrin explains how scholars, lawyers, doctors, craftsmen, cosmologists and religious luminaries were drawn to Ravenna, where they created a cultural and political capital that dominated northern Italy and the Adriatic. As she traces the lives of Ravenna's rulers, chroniclers and inhabitants, Herrin shows how the city became the meeting place of Greek, Latin, Christian and barbarian cultures, and the pivot between East and West.

Allen Lane | 27 August 2020 | 576 pp

Rights sold: Chinese Simplified (Commercial Press), Italian (Mondadori), Polish (Rebis)

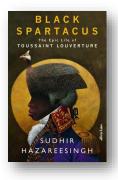


## **FEMINISMS**

# Lucy Delap

In Feminisms, historian Lucy Delap challenges the simplistic narrative of 'feminist waves' – a sequence of ever more progressive updates – showing instead that feminists have been motivated by the specific concerns of their historical moment. Drawing on an extraordinary range of examples from Japan to Russia, Delap explores different feminist projects to show that those who are part of this movement have not always agreed on a single programme. This diverse history of feminism, she argues, can help us better navigate current debates and controversies. Pelican | 27 August 2020 | 416 pp

Rights sold: Chinese Simplified (Nanjing), German (Karl Blessing), Japanese (Akashi Shoten), Lithuanian (Alma Littera), Portuguese in Brazil (Companhia das Letras), Russian (Alpina), US (University of Chicago)



# BLACK SPARTACUS

#### Sudhir Hazareesingh

The Haitian Revolution began in the French Caribbean colony of Saint-Domingue with a slave revolt in August 1791, and culminated a dozen years later in the proclamation of the world's first independent black state. After the abolition of slavery in 1793, Toussaint Louverture, himself a former slave, became the leader of the colony's black population, the commander of its republican army and eventually its governor. During the course of his extraordinary life he confronted some of the dominant forces of his age - slavery, settler colonialism, imperialism and racial hierarchy. Longlisted for the Baillie Gifford Prize 2020. Allen Lane | 03 September 2020 | 464 pp *Rights sold: French (Flammarion), Portuguese in Brazil (Companhia das Letras)*, US (*Farrar Straus & Giroux*)



# THE BOOKSELLER'S TALE

Martin Latham

'The right book has a neverendingness, and so does the right bookshop.' This is the curious story of our long love affair with books. Whether comfort reads or cult novels, we carry them with us, inhale the smell of their pages, scrawl in their margins, and protect them from book thieves and bathwater. Despite the many enemies of reading - from poverty to prejudice, from the Spanish Inquisition to Orwellian regimes - its power has endured across centuries.

Particular Books | 03 September 2020 | 368 pp Rights sold: Chinese Complex (China Times), Chinese Simplified (China Workers), German (Dumont), Italian (Mondadori)



# UNLOCKING THE WORLD John Darwin

Unlocking the World is the captivating history of the great port cities which emerged as the bridgeheads of this new steamdriven economy, reshaping not just the trade and industry of the regions around them but their culture and politics as well. They were the agents of what we now call 'globalization', but their impact and influence, and the reactions they provoked, were far from predictable. Packed with case histories from New Orleans to Montreal, Bombay to Singapore, Calcutta to Shanghai, Darwin's book allows us, for better or worse, to see the modern age taking shape.

Allen Lane | 01 October 2020 | 496 pp Rights sold: Chinese Complex (Rye Field), Portuguese (Almedina)

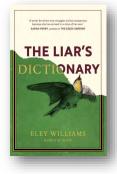


# THE ENLIGHTENMENT

### **Ritchie Robertson**

Answering the question 'what is Enlightenment?' Kant famously urged men and women above all to 'have the courage to use your own understanding'. Robertson shows how the thinkers of the Enlightenment did just that, seeking a rounded understanding of humanity in which reason was balanced with emotion and sensibility. His book goes behind the controversies about the Enlightenment to return to its original texts and to show that above all it sought to increase human happiness in this world by promoting scientific inquiry and reasoned argument. It is a master-class in 'big picture' history, about one of the foundational epochs of modern times.

. Allen Lane | 05 November 2020 | 1008 pp Rights sold: Chinese Simplified (Ginkgo), Portuguese in Brazil (Companhia das Letras), US (HarperCollins)



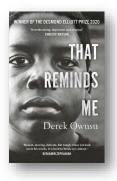
# THE LIAR'S DICTIONARY

Eley Williams

In 1899, Peter Winceworth is toiling away on the multi-volume Swansby's New Encyclopaedic Dictionary. Overwhelmed at his desk and uneasy with his colleagues' attempts to corral language and regiment facts, Winceworth begins inserting fictitious entries into the dictionary. In the present day, young intern Mallory is tasked with uncovering these fake words as the dictionary is digitised for modern readers. As their two narratives combine, Winceworth and Mallory must discover how to negotiate the complexities of an often nonsensical, untrustworthy, hoaxstrewn and undefinable life.

William Heinemann | 16 July 2020 | 288 pp

Rights sold: Italian (Neri Pozza), Japanese (Kawade), Spanish (Sexto Piso), US (Knopf Doubleday)

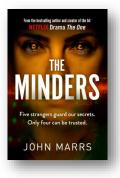


# THAT REMINDS ME Derek Owusu

Winner of the Desmond Elliott Prize 2020.

"When writing is this honest, it soars. I think that this is why the words in this collection fly around you and settle, as they have. What an incredible use of language and truth. Hope this reaches all the mandem. We need more" – Yrsa Daley-Ward. "I can't tell you how impressed I was and how much I enjoyed reading this stunning book" – Bernadine Evaristo A beautiful, brutal and breath-taking novel-in-verse from one of the brightest young British writers of today.

Merky Books | 14 November 2019 | 128 pp



#### THE MINDERS

#### John Marrs

In the 21st century, information is king. But computers can be hacked and files can be broken into - so a unique government initiative has been born. Five ordinary people have been selected to become Minders - the latest weapon in thwarting cyberterrorism. Transformed by a revolutionary medical procedure, the country's most classified information has been taken offline and turned into genetic code implanted inside their heads. Together, the five know every secret - the truth behind every government lie, conspiracy theory and cover up. In return, they're given the chance to leave their problems behind and a blank slate to start their lives anew. Del Rey | 17 September 2020 | 448 pp

Rights sold: German (Wilhelm Heyne), Turkish (Ithaki), US (Berkley)