

# Sorribes Online

Correction of ears without surgery



Treatment using Sorribes Ear Method ®

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# Content

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## Sorribes Ear Method®

Treatment

Supervision/follow up

Duration of treatment

Side effects

## General considerations

### Before starting treatment

#### The strip

Effect

Before application

How to apply

How to remove

Duration of treatment

Maintenance

Declaration

Warnings

#### The silver clip

Effect

Before application

How to apply

How to remove

Duration of treatment

Maintenance

Declaration

Warnings



# Sorribes Ear Method ®

Sorribes Ear Method® is a treatment aimed at correcting prominent ears. The method is used on children, teenagers and adults. Newborn babies from 1 day old and also toddlers can benefit from the treatment.

Sorribes Ear Method® is the result of years of researching and development by ENT-specialist MD Michael M. Sorribes and ear-specialist and professor MD Mirko Tos.

With the Sorribes Ear Method® the ears are flattened against the head and the effect occurs gradually. The treatment equals correction of the teeth using braces. Duration of the treatment is difficult to predict as it depends on various circumstances.

## Supervisions/follow-ups

The team at Sorribes Online is happy to offer advice and personal supervision during the treatment. The supervision is offered by e-mail via [www.sorribesonline.com](http://www.sorribesonline.com). At supervisions we check the progress

of the treatment and discuss the further process.

Avoid using the materials as well as photographing the ears for a period of 12 hours before supervisions as the folding out of the ears might take some time to complete.

## Duration of treatment

The effect of the treatment depends on various factors such as:

- How old the patient is
- The shape of the ear
- The thickness/stiffness of the cartilage
- How prominent the ears are
- How many hours a day the treatment is used

It is impossible to predict how quickly the cartilage tissue of the ear will respond to the treatment. It differs from person to person.

## Treatment periods according to age

Our general guide to treatment periods are:

0-2 year olds: 3-5 months

2-7 year olds: 4-6 months

7-12 year olds: 5-7 months

12-18 year olds: 7-9 months

18-99 year olds: 9-11 months

## Side effects

The Sorribes Ear Method<sup>®</sup> has very few side effects. Occasionally small marks or scratches will occur on the surface of the skin when wearing the silver clip. Some patients also experience small skin blisters from using the products.

Occasionally the strip can result in rashes/knobs/skin irritation and in rare cases eczema. Also a thin red line can occur at the back of the ear where it is being folded.

If the skin is sensitive due to the red line it is advised to cut open a split down the middle of the strip.

Pain is rarely experienced during treatment with the materials.

The side effects are usually momentary and completely dissolved after a few days break.

It is always recommended that the skin protection spray is used before applying the products.

Few patients experience some sort of reaction in the beginning of the treatment; some experience it more or less throughout the entire treatment, while most have no experience of continuous reactions to the treatment.

## General considerations

The idea behind Sorribes Ear Method<sup>®</sup> is that children (as well as teenagers and adults) with prominent ears receive a gentle treatment with hardly any discomfort.

The treatment can easily be compared with that of straightening the teeth and has to become a part of the daily family routines such as the brushing of teeth and changing of nappies.

## Before starting treatment

We advise that patients with long

hair covering the ears wear it in a ponytail or the likes before applying the materials. It is recommended to keep the hair away from the ears during the daytime in order to prevent it from getting stuck in the strip.

Use a flannel to wet the hair around the ears before dressing it. This way the little sensitive hairs are also being removed from the area. It is a good idea to wear a hair-band that covers the ears.

Be cautious that the chosen hairdo keeps the hair away from the Strip.

It is recommended that parents try on the materials themselves/each other before applying them onto their children. This way the parents can feel how the treatment is experienced and they learn how to apply the different materials.

The way in which parents choose to practically approach the treatment greatly varies.

In treating little children the options are numerous. The child can either:

- Lie on its stomach
- Lie on one side
- Look in a mirror
- Sit in a baby-chair and play
- Watch television

We advise that the child does not have the materials applied in situations that are not easily repeated like while breastfeeding; when the child sleeps; or always having both parents apply the materials.

Routines differ from family to family. To ease the situation, divert the child's attention by having it occupied with something else while applying the materials.

*NOTE!* Most importantly the child needs to feel that the parents are comfortable with the treatment. If the parents are motivated and show the child that it is a natural part of the everyday life it will ease the treatment. These practical things are important in order to start off the treatment in a successful manner.

## The strip

### Effect

The strip creates a folding of the ear that is exaggerated and sharp. By exaggerating the folding a maximum influence on the cartilage is performed. When using the strip the ear is folded towards itself due to the double-adhesive effect. The strips are used almost around the clock

either by themselves or along with the silver clip.

### Before application

In order to extend the durability of the strip, it is important that the skin is clean and dry before applying the strip. Cleanse the skin using hot water and a mild soap or use spirits/cleansing tissues. Be careful not to rub the skin too hard. It is advised not to use too much oil when bathing small children during the treatment as it might complicate applying the strip to the skin. Also be cautious not to apply any lotion close to the ears as that too can affect the ability to apply the strip.

Use the skin protection spray from the Kit, and let it dry off for about 90 seconds before applying the strip.

### How to apply the strip

The strip is adhesive on both sides. The one side is fastened to the back of the ear while the other sticks to itself when the ear is folded.

Placing the strips with the widest end turning upwards the right strip will fit behind the right ear and the left one behind the left ear.



If the strip is too large compared to the ear either fold the edge that sticks out to make it fit, or simply cut off the surplus part before the strip is applied to the ear.

In order to fold the ear properly it might help to hold the ear at the top and the bottom using both thumbs and middle fingers. Then fold back the ear towards itself. It is difficult to avoid the ear getting stuck against the head but it is important that the ear is folded towards itself, and not against the head.

It is essential that the natural fold of the ear is being followed and when the folding is completed it is important to maintain the pressure for a while. The fold needs to be impacted all along its own extent and has to be exaggerated in order to achieve maximum effect.



Hold the ear at both the top and the bottom and bend it towards itself



Keep the pressure on the fold until the strip is properly attached

### How to remove the strip

The strip must be left on the ear until it either loosens by itself or the sharpness of the fold is no longer intact. How often it needs changing differs from patient to patient.

In some cases the strip can stay on the ear for several days. It usually needs changing when it no longer sticks properly.

If the strip needs to be removed while the adhesive is still sticking to the skin and therefore has not

loosened by itself, simply loosen it a little at the top or the bottom and apply some conditioner or mild soap onto the skin underneath the strip and peel it off gently.

It is important that the patient avoids unpleasant experiences in the beginning of the treatment when removing the strip.

In the beginning of the treatment the stiffness of the ears might reject the adhesive effect of the strips causing the ears to stick out again. If this happens you can either fold the ears back into the right position or apply a new strip and once again fold the ear. You can also start off by using a headband, which covers the ears until they give in to the treatment.

In general one or two strips are needed during a period of 24 hours, though it might differ due to certain issues such as the perspiration of the patient, the amount of physical activity, the placing of the strip, how often the patient touches the ears, and also the stiffness of the ears.

### Duration of treatment

The strip must be used regularly although a break is recommended if skin irritation and rashes occur. It

should be worn at all times if possible.

## Maintenance

In order to avoid dust and filth the strips should be kept in the box or the zip lock bag.

## Product declaration

Acrylic copolymer, residual solvent.

## Warning

Be aware that the strip when curled up can be swallowed by small children. Always be vigilant around babies under the age of 3 during the treatment. When not in use the strips must be kept away from children's reach.

## The silver clip

### Effect

The silver clip affects the cartilage of the ear. Bending the silver clip around the fold, the fibres in the surface of the cartilage are decomposed in order to quickly accomplish the wanted result.

### Before application

The skin needs to be cleansed on the front as well as the back of the ear. The silver clip is placed on the ear using the pad that sticks to the skin. If the skin is oily, making the silver clip stick properly might be difficult.

### How to apply

The silver clip can only be applied when the ear has been folded using the strip. Before using the silver clip, it requires a foam pad for protecting the skin.



- 1) Hold the butterfly-shaped label and press on the pad
- 2) Bend the pad with the label facing outward and pull off the layer of protection-film
- 3) Apply the pad onto the inner part of the silver clip preferably without touching the adhesive.
- 4) Use the warmth of the hands to make it stick to the silver clip.





Avoid opening the silver clip too widely as it might break it after a while. The pad is changed whenever needed or it doesn't stick anymore.

The silver clip is shaped like a butterfly to even out the pressure on the cartilage. It is applied to the fold and pressed together. Apply as much pressure as you can with your fingers.

### How to remove

Pull the earlobe towards the head and remove the silver clip by gently pushing it upwards.

When removed a very neat, sharp fold can be observed where the silver clip was situated. Prior to reapplying the silver clip one has to widen it a bit.

Be careful not to open the silver clip too wide, as this will add to the stress of the silver and cutting short its durability.

### Duration of treatment

The silver clip is used regularly together with the strip. If you prefer discretion you can use the strip alone at daytime and the strip and the clip together at night time. This will prolong treatment period but will not affect the permanent results.

We recommend using the silver clip at least 12 hours a day for maximum effect.

### Maintenance

For cleansing of the silver clip, use hot water and a mild soap. Keep the pads in a plastic bag.

### Product declaration

Silver clip: 100% pure Sterling silver  
Pads: acrylic copolymer, residual solvent.

### Warning

It is necessary to emphasize that babies and small children are likely to attempt putting the silver clip in the mouth. Therefore when not in use keep the silver clips away from children's reach. When using the silver clips the child must be under the surveillance of an adult.

# Contact us

Instruction videos are available online at YouTube: search for SorribesOnline

Please direct all inquiries concerning the use of Sorribes Ear Method® by e-mail: **info@sorribesonline.com**

Feedback is most welcome!

*Please note!*

We continually attempt to further develop the method of non-surgical treatment of prominent ears, and we reserve the rights to conduct alterations of all materials used in the treatment.

Sorribes Online is not responsible for damages that might occur if the materials are used incorrectly.

