



**United Hospital Fund**

***Trends and Changes in New York's  
Health Care Delivery System  
and Payment Systems:  
Implications for CON and Health Planning***

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***Presentation to the Planning Committee of the***

***Public Health and Health Planning Council***

***July 25, 2012***

# *Goals of Presentation:*

- *Describe trends in*
  - *Health system organization and performance*
  - *Payment systems*
- *Discuss implications of those trends*
  - *For the delivery system*
  - *For NYS' regulatory priorities and tools.*

# Organization of the Discussion

- ***Some Game-Changers***
- ***The Vision:***
  - *What we're trying to achieve*
  - *Levers of Change*
- ***Trends and Changes:***
  - *Payment System*
  - *Acute Care Delivery System*
  - *ACO's*
  - *Long-Term Care*
- ***Implications***
  - *Some Scenarios and Issues for the State*
  - *Role and Purpose of CON – Now and in Future*
- ***If Not (Only) CON, What Else?***
  - *Other State Imperatives and Tools*
  - *Role of Regional Planning*

# ***Some Game-Changers***

***Cost***

***Population Health***

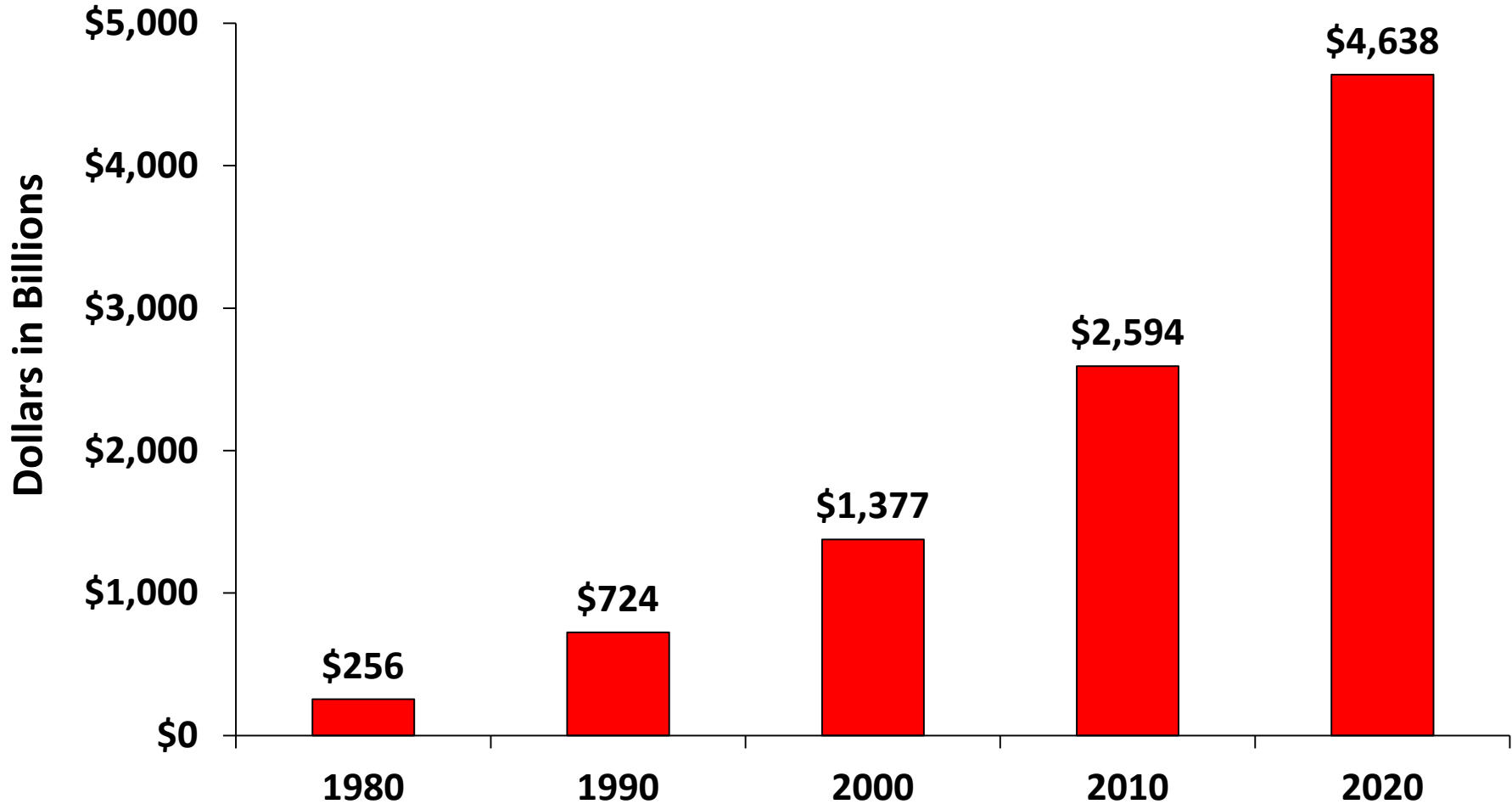
***HIT***

***Evidence-Based Medicine***

***Patient Engagement***

# ***Cost: The compelling priority***

## ***U.S. National Health Expenditures: 1980–2020***

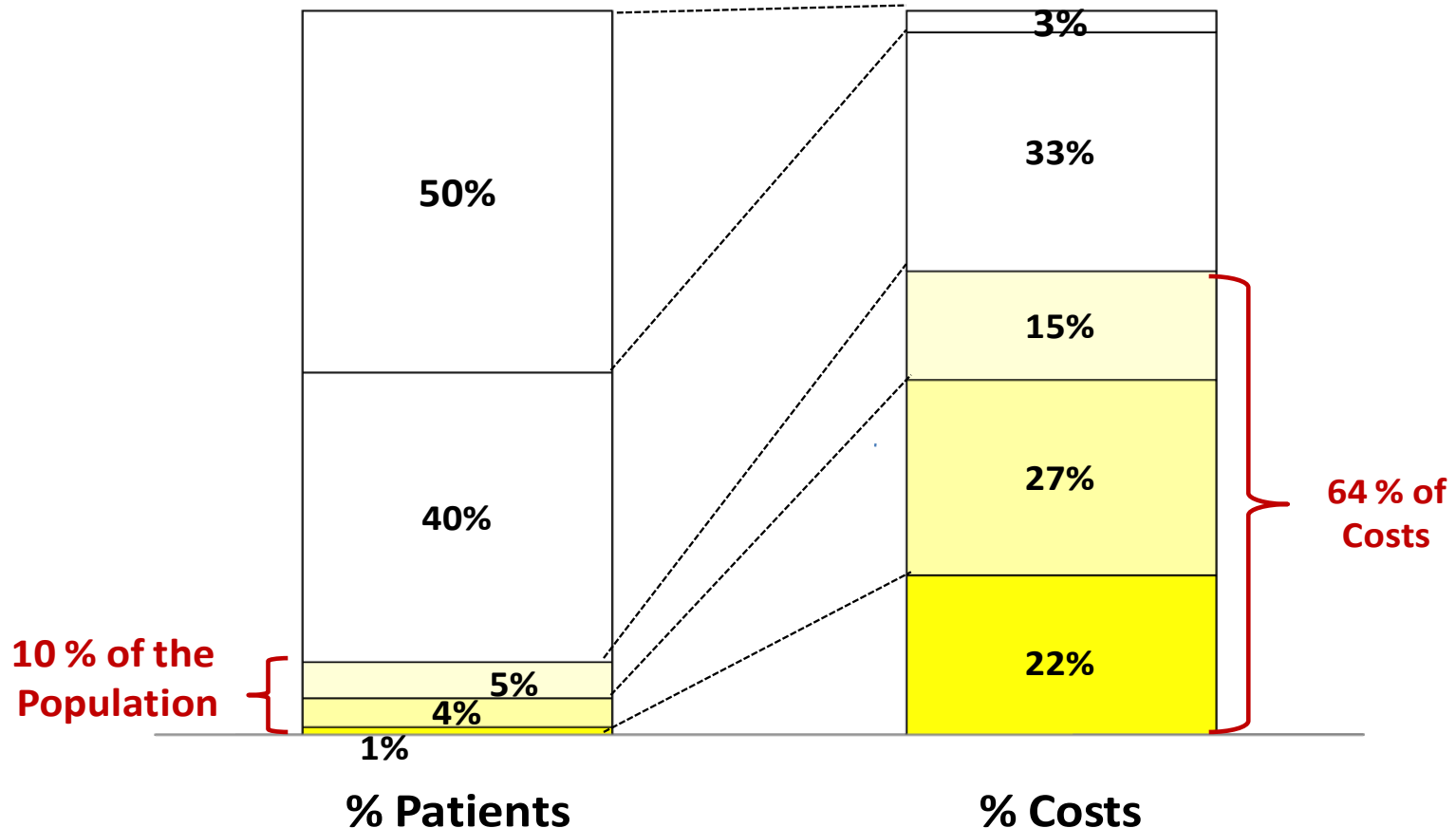


Source: United Hospital Fund analysis of CMS National Health Expenditure data.

Note: Expenditures in 2020 are projected.

# The Data Suggest Where We Might Focus

## Small Populations Account for a Disproportionate Share of Health Care Costs



Cohen, S. and Yu, W. *The Concentration and Persistence in the Level of Health Expenditures over Time: Estimates for the U.S. Population, 2008–2009. Statistical Brief #354. January 2012. Agency for Healthcare Research and Quality, Rockville, MD.*

[http://www.meps.ahrq.gov/mepsweb/data\\_files/publications/st354/stat354.shtml](http://www.meps.ahrq.gov/mepsweb/data_files/publications/st354/stat354.shtml)

# ***What do you mean, “Population Health”?***

- ***Geographic***
- ***Utilization Segments***
- ***Purchasers and Payers***





# Population Health – Utilization Segments

## Different Health Status

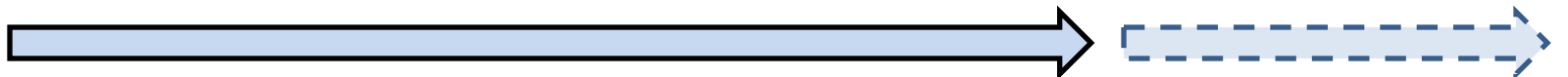
*Population Segments Differ, in Term of What Services They Use, and How Much*



*The “Well”*



*The Acutely-Ill*



*The Chronically-Ill*



# **Population Health – Insurance Segments**

## **Medicare, Medicaid, Commercial**

- **Cover Different Populations:**
  - *Medicare: The young-old, the old-old, the disabled*
  - *Medicaid: The poor, those w behavioral health problems and those requiring long-term care (LTC)*
  - *Dual-eligible: Disabled, old and poor, also LTC*
  - *Commercial: The employed-insured, and their families (some retirees)*
  - *Uninsured*
- **They have some of the same, and some different issues**
  - **Similar:**
    - *Chronic disease, prevention/wellness, “preventable” admissions*
    - *Need for primary care, care management for complex patients*
  - **Different:**
    - *Impact of demographics, and social determinants on health and disease*
    - *“Pain-points” – who are their “high-cost patients”, cost-drivers*
    - *Parts of the health system they need, and use*
    - *Points of leverage, and interventions*

# *Impact of Advances in Health Information Technology*

- ***“On-line”: Operations improvement***
  - *EMR’s and e-prescribing → improved quality and safety*
  - *Registries → targeted care management*
  - *RHIOs → communication, care coordination among providers*
  - *Telemedicine and remote monitoring → access, care management*
  - *Patient “connectivity” → patient engagement*
- ***“Off-line”: Increased Accountability, Transparency***
  - *Data-mining of claims and EMR data*
  - *Can “attribute” patients, populations to providers, networks*
    - *Measure their care quality, outcomes, use and cost*
    - *And “attribute” it to specific providers and systems*
  - *Can measure, analyze, report and compare performance among providers/networks*

# Impact of HIT

- **HIT Meets Evidence-based Medicine**
  - “Best practices” and Guidelines → “benchmarks”
  - “On-line”: EMR’s, can prompt/ influence provider behavior
  - “Off-line”: can assess performance vs. standards
- **Enables**
  - Providers/systems to focus QI
  - Purchasers, payers to identify/reward performance
  - Public reporting, transparency to consumers/patients
- **Connecting patients with their own care**
  - Patient portals, and e-communications improve access
  - Smart-phones and web

# ***“Patient Engagement”***

- ***Patient Experience***
  - *Measured, reported, a factor in Value-Based Purchasing*
  - *The Q: What do people want?*
    - *A relationship; help with care coordination; to be heard, involved*
- ***Patients as Partners in their own care***
  - *Education, involvement, empowerment*
  - *Critical to chronic disease management*
- ***Patients as informed consumers of health care***
  - *Selecting providers on basis of quality and cost*
    - *Increased cost-sharing and “Consumer Choice” plans*
  - *Changing expectations and demands*
    - *“Choosing wisely”*

# ***The Vision***

***Where we are***

***Where we think we want to go***

***The levers of change***

# *The Delivery System: Where We're Starting*

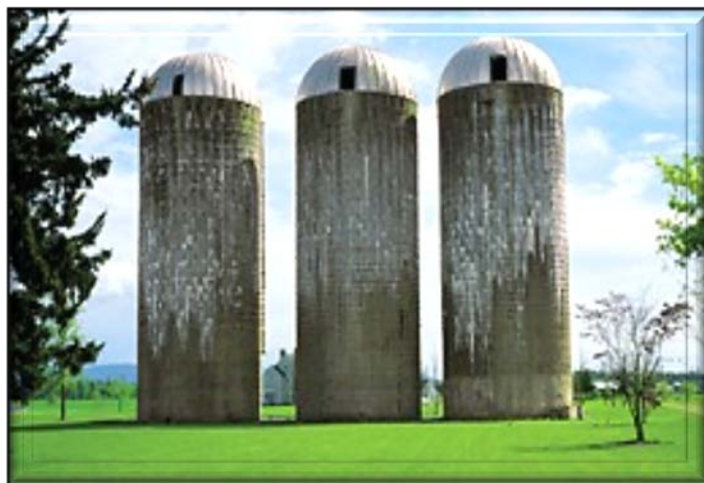
*Acute Care Delivery System*



*Long Term Care System*



*Behavioral Health System*



# The Vision

## A High-Performing Delivery System

- **Integrated Delivery System:**
  - “An organized network of health care providers that provides or arranges to provide a coordinated continuum of services to a defined population and is willing to be held clinically and fiscally accountable for the outcomes and health status of the population served.” (Shortell, 1996)
- **Pursuing the Triple Aim**
  - Better Care, Better Population Health, Lower Costs
- **Across the Delivery System**
  - Primary Care
  - Specialty Care
  - Behavioral Health Care
  - Urgent and Emergent Care
  - Inpatient Acute Care
  - Home Care and Nursing Home Sub-Acute and
  - Long-Term Care

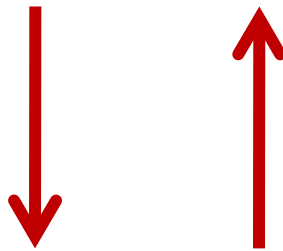


# ***Improving Performance:***

***Improving Care and Population Health, Reducing Costs***

***Regional Populations / Segments***

***Characteristics, Risk, Burden of Disease***



***Health Care Delivery System***

***The Goal:***

- To improve the Performance of Regional Delivery Systems, and***
- How they respond to the needs of the communities they serve***

# *The Importance of the Payment System*

## *Incentives, Disincentives Drive Behavior*

***Regional Populations / Segments***

*Characteristics, Burden of Chronic Disease*

***Payment  
Systems  
and Incentives***



***Health Care Delivery System***

# ***Trends***

***Purchasers/Payers***

***Acute Care System***

***ACO's***

***Long-Term Care***

# Purchaser/Payer Trends

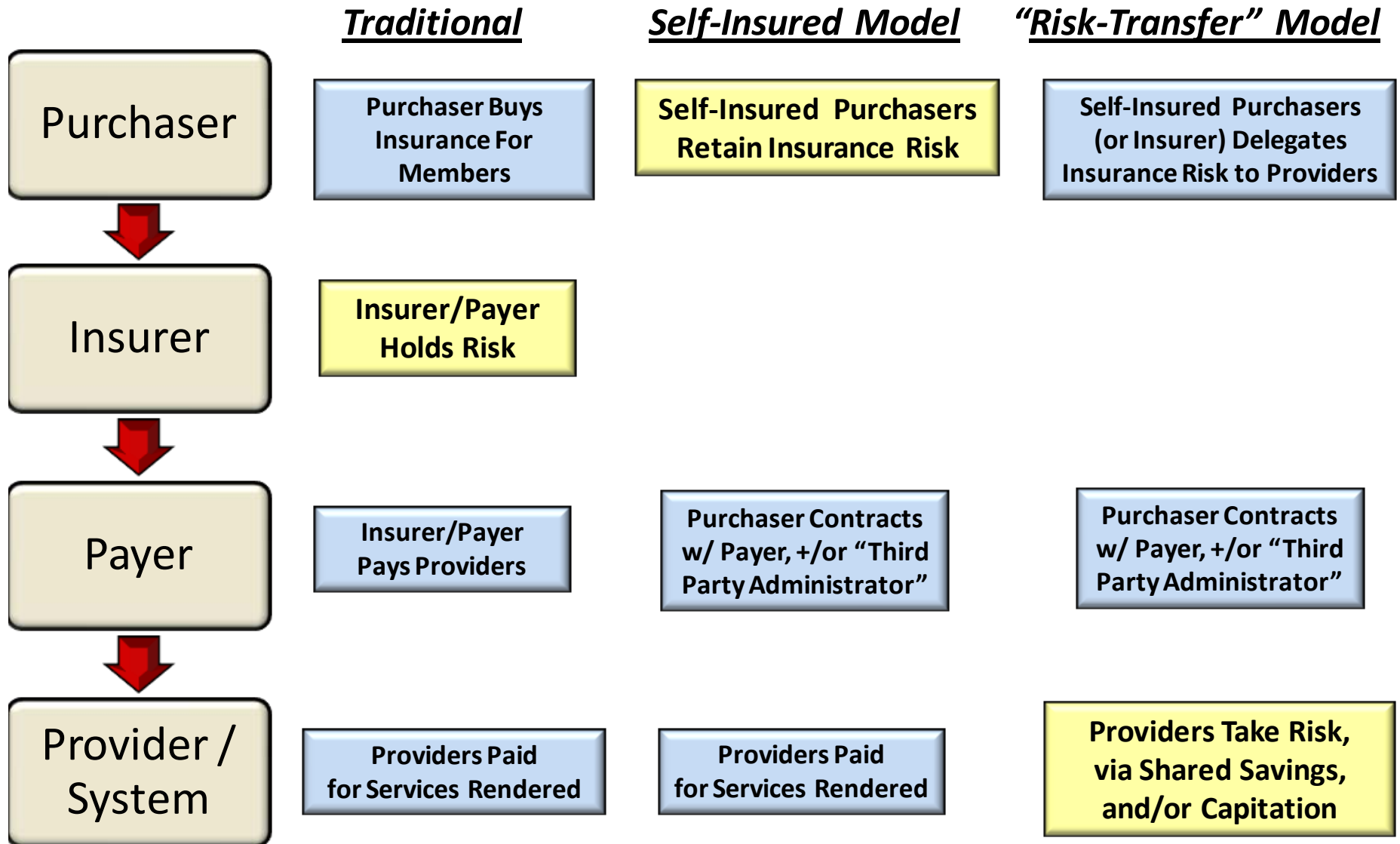
- ***The Performance Imperative:***
  - *Manage premium costs / Total health care spend*
- ***How:***
  - *Prevention/Wellness*
  - *Reducing “Potentially Preventable Events”*
  - *A New Emphasis on Primary Care*
  - *Chronic Care Management*
  - *Care Management for high-risk, high-cost patients*
  - *Patient Engagement*
- ***Measuring, analyzing provider behavior***
  - *Attribution of patients/populations to providers/groups*
  - *Analyzing process, outcome measures*
  - *Identifying “high-performing” providers/systems*
- ***Driving business to high-quality, low-cost providers***
  - *Identifying providers with those characteristics*
  - *Offering members different products: “Tiered networks”, w premium differential*
- ***Sharing/shifting risk to members – incent cost-conscious behavior***
  - *Point of sale – co-pays and deductibles*
  - *High-deductible plans, w HSAs*

# Purchaser/Payer Trends

- **Changing Incentives: FFS → Buying Quality, and Value**
  - Increasing payments for primary care, additional PCMH payments
  - P4P
  - Medicare VBP system
  - Readmissions penalties
- **Buying care management**
  - PCMH
  - Health Homes
  - MLTC
- **Changing business model**
  - Offering self-insured employers “ASO” services
  - Offering providers data/analytics “back-room”
- **Partnering with Providers**
  - Tiered networks – channeling volume to high-performers
  - Accountable care arrangements
  - Co-branding
- **Risk-sharing/transfer to providers**
  - Bundling
  - Shared savings
  - Shared/delegated risk

# Insurance/Payment System Changes

## Who Holds the Insurance Risk?



# ***Provider System Trends***

- ***The Performance Imperative: (the Triple Aim)***
  - *Improve quality and safety*
  - *Reduce unit costs*
  - *Improve patient experience*
- ***Accountability - Performance can be***
  - *Attributed to specific providers, networks*
  - *Measured, analyzed, compared to benchmarks*
  - *Rewarded, and punished*
- ***“Where the puck is going to be”***

*An “ambulatory care-centric” delivery system, managing quality, cost and patient experience for patients and populations, across the continuum*

# *Provider System Trends*

## *The Performance Imperative*

- **What:**
  - *Access*
  - *Coordination*
  - *Quality/Safety*
  - *Patient Experience*
  - *Utilization and Costs*
- **How:**
  - *Process and practice redesign → evidence-based approaches*
  - *A Focus on Population Health*
  - *Using HIT to support performance improvement*
- **Where**
  - **Within** *a given provider's sites and services*
    - *Cost management initiatives*
    - *Quality improvement collaboratives*
    - *A focus on the patient experience*
  - **Between and among** *parts of the delivery system*
    - *Managing utilization and costs, across providers/levels of care*
    - *Coordinating and managing referrals*
    - *Transitions of care*



# Provider System Trends

- ***New competencies***
  - *Understanding, managing “total costs of care”*
  - *Population health management*
  - *Chronic disease management*
  - *Care management, across the continuum*
  - *Patient engagement*
- ***New program models***
  - *Patient-Centered Medical Homes*
  - *Health Homes*
  - *Integrated delivery systems*
- ***The importance of scale***
  - *Required to support new infrastructure*
    - *HIT – EMRs, registries, RHIOs*
    - *Care management*
    - *Patient education and engagement*
    - *Ability to track and manage utilization, and costs*
    - *Ability to measure, report performance*
  - *Needed to participate in new models, payment schemes*

# ***Provider System Trends***

## ***New Organizational Models***

- ***Consolidation/Integration***

- ***Horizontal: Among providers of the same service***
  - ***Purpose: to achieve scale, gain economies***
  - ***Examples:***
    - ***Primary care, Specialty care groups***
    - ***Hospitals***
    - ***Home care***
- ***Vertical: Across different parts of the delivery system***
  - ***Purpose: Manage, improve care, across delivery system***
  - ***Examples:***
    - ***Multi-Specialty Groups and IPAs***
    - ***Physicians partnering with/employed by hospitals***

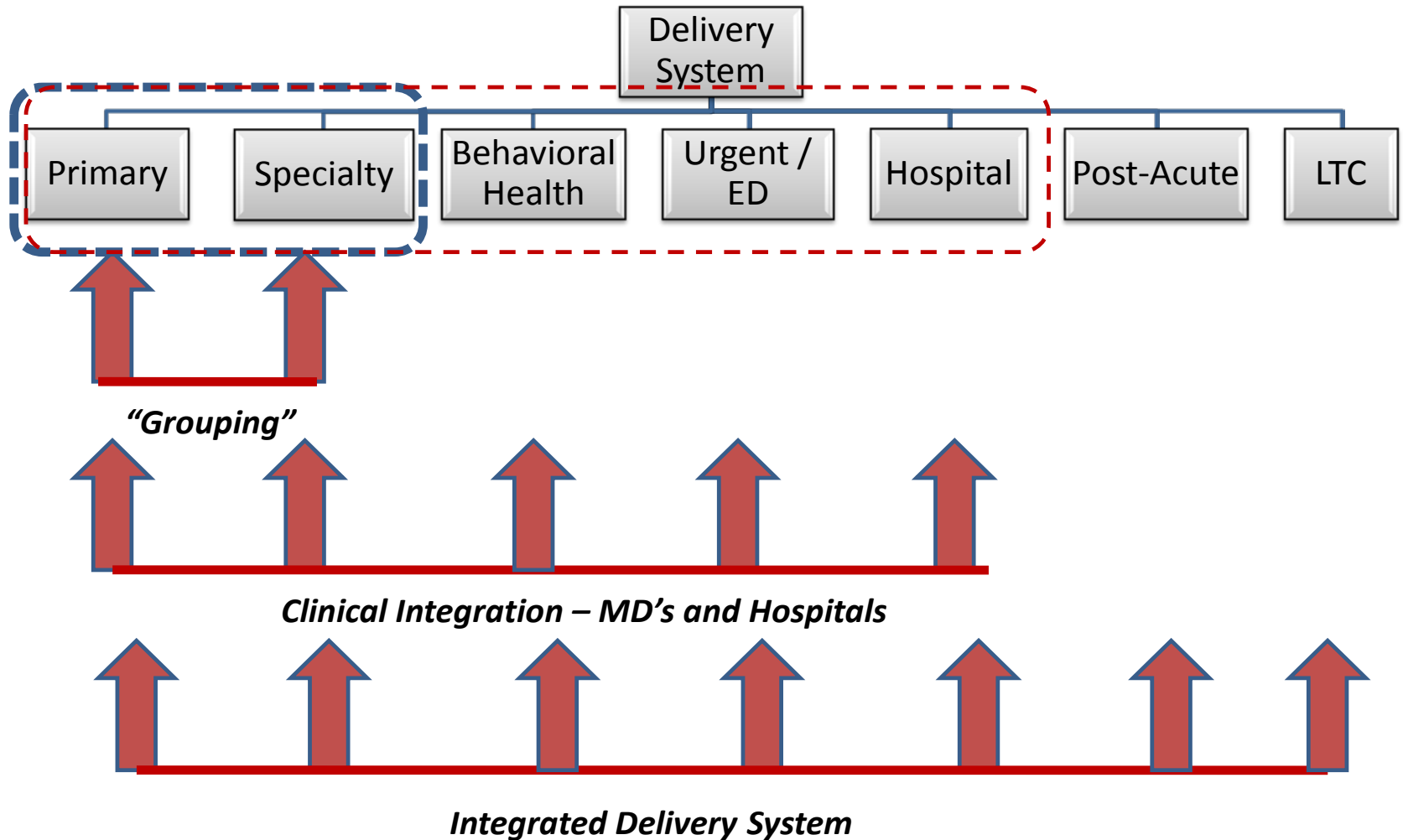
- ***New Organizational Forms and Relationships***

- ***Physicians “grouping” into MSGPs and IPA’s***
- ***Physicians employed by / partnering with hospitals***
- ***“Health Systems”***

- ***Growth of Regional Integrated Delivery Systems***

- ***Purpose: Gain scale, Manage Population Health***

# *Integrating the Delivery System*



# Accountable Care

- **Defined:**
  - *Partnership between organized group of providers and a purchaser or payer to accept responsibility for care and costs of a defined population*
  - *By definition, a contract between a (single) payer and a provider group*
- **Approaches**
  - *Basic idea: Health Care “on a budget”*
    - *If “total health care spend” < Target, providers get to retain some or all savings*
  - *Focus:*
    - *Managing a population’s total per-capita costs of care (Insurance POV)*
    - *Target: The “preventable’s” – particularly hospital admits*
  - *Risk-sharing Models*
    - *Shared savings only*
    - *Shared risk*
- **Organizational Models for Contracting**
  - *With organized physician groups (MSGP or IPA)*
  - *With Integrated Delivery Systems*
- **Implications of Risk-Sharing Varies by Model**
  - *Shared savings has little/no down-side risk*
  - *Risk-transfer has downside risk*
    - *Implications different for provider contracting w payer, vs. w an employer/purchaser*

# Medicare ACO's in New York

<b>Medicare Pioneer ACOs (N=32)</b>	<b>Location</b>
<i>Bronx Accountable Healthcare Network (BAHN)</i>	<i>Bronx, Westchester</i>
<b>Shared savings ACOs, round 1 (N=27)</b>	
<i>Accountable Care Coalition of Mount Kisco, LLC</i>	<i>Westchester</i>
<i>Crystal Run Healthcare ACO, LLC</i>	<i>Middletown, NY</i>
<i>Accountable Care Coalition of the North Country, LLC</i>	<i>Canton, NY</i>
<i>Chinese Community Accountable Care Organization</i>	<i>New York, NY</i>
<i>Catholic Medical Partners</i>	<i>Buffalo</i>
<b>Shared savings ACOs, round 2 (N=89)</b>	
<i>Accountable Care Coalition of Syracuse, LLC,</i>	<i>Syracuse</i>
<i>WESTMED Medical Group, PC,</i>	<i>Westchester</i>
<i>ProHEALTH Accountable Care Medical Group, PLLC,</i>	<i>Nassau</i>
<i>Mount Sinai Care, LLC,</i>	<i>NYC</i>
<i>Balance Accountable Care Network/Independent Physicians ACO</i>	<i>NYC</i>
<i>Beacon Health Partners, LLP,</i>	<i>Lake Success</i>
<i>Healthcare Provider ACO, Inc.,</i>	<i>Garden City</i>
<i>Asian American Accountable Care Organization,</i>	<i>NYC</i>
<i>Chautauqua Region Associated Medical Partners, LLC,</i>	<i>Jamestown</i>

# ***Examples of ACO Relationships with Commercial Insurers***

- ***Westmed Medical Group:***
  - *Accountable care contracts with both Cigna and United Healthcare/Optum.*
- ***Weill Cornell Physician Organization:***
  - *Partnering with Cigna on a Collaborative Accountable Care initiative*
- ***Kaleida Health:***
  - *Accountable care initiative with BlueCross BlueShield of Western New York.*
- ***Montefiore :***
  - *Managing care of Emblem Health members under full-risk capitation contract*
- ***Participating in Premier's ACO Implementation Collaborative:***
  - ***Rochester General Health System / GRIPA***
  - ***North Shore - Long Island Jewish Health System***

# *LTC Providers*

## *A Foot in Two Worlds*

*A Mixed Model, Different Populations, Products, and Payers:*

	<b>Sub-Acute Care (All Payers)</b>	<b>Long-Term Care (Mostly Medicaid)</b>
<b>Home Health</b>	<b>Post-acute Homecare</b>	<b>Long-Term Community- Based Care</b>
<b>Nursing Homes</b>	<b>Post-Acute Institutional Care</b>	<b>Long-Term Nursing Home Care</b>

# Long Term Care

- ***The Performance Imperatives:***
  - *Improve quality, patient experience, cost*
  - *In sub-acute care: reduce readmissions*
  - *In LTC: Improve quality, safety, maintain function, and quality of life*
- ***The Focus:***
  - *Improve Quality, Reduce hospital use by Medicaid, Duals in LTC*
    - *But, for dual-eligibles, that only benefits Medicare*
  - *Expand use of community based care alternatives*
  - *Build Community Care Systems*
    - *Close connection with other social/supportive services*
    - *Limited by availability (affordability) of supportive housing*
- ***Consolidation/Integration?***
  - *Horizontal: Historically, more in Home Health*
  - *Vertical: Providers of LTC partnering → LTC Systems*
    - *With each other, integrating levels of care*
    - *With managed care plans - MLTC*
    - *With housing initiatives – Assisted Living*
    - *With community-based services*



# The Long Term Care System

- **The Challenges:**

- LTC system includes very high-cost patients
- It is essentially “owned” by Medicaid
- Institutional LTC system under financial stress
  - Substantial pent-up capital needs, and Medicaid still pays for capital
- Both LTC sectors serve many dual-eligibles
  - But Medicare pays only for acute care and limited post-acute services
  - FIDA would combine Medicare w Medicaid in unified managed care program
- Both LTC sectors generate “preventable” admits

- **The Initiatives**

- MLTC
  - MLTC consolidates variety of programs into unified managed care program
- FIDA
  - Initial focus on Medicaid and dual-eligibles living in community
  - Future option to extend FIDA, for duals, to nursing homes
- CMS initiatives focusing on LTC and Community Care
  - Increasing payment for community-based care
  - Reducing hospital admits by nursing home residents

# Summary : Trends and Changes Under Way

- **Some of the drivers**
  - **Costs**
  - **HIT**
  - **“Population Health”**
  - **“Evidence-Based” Care**
  - **Patient engagement**
- **Delivery and payment systems are clearly changing**
  - **Providers:**
    - **The “Performance Imperative”**
    - **“Grouping” into systems, new models for organizing and delivering care**
    - **Managing populations’ health, accepting performance-based risk**
  - **Payers**
    - **Buying value, incenting quality and cost-effectiveness**
    - **Partnering with providers, to improve performance, for their “covered lives”**
- **Not an “on-off” switch, a rheostat**
  - **Different communities moving at different speeds**
    - **Some will get “there” sooner than others**
  - **Meanwhile, the “old” ways and behaviors will remain**
    - **FFS payments**
    - **Specialty-driven**

# ***Implications***

***Scenarios***

***Issues***

***CON: Then, Now, and Future***

***Where to, from here?***

# Some Scenarios for the future?

## It Depends...

- **On how strong financial / performance improvement incentives prove to be**
  - *Near-term, a mixed model, FFS + VBP*
    - *Old revenue-seeking, volume-seeking behaviors are burned-in, will be hard to change*
    - *“Managing in the middle” is tough, providers taking steps to reduce their own revenues*
  - *Is a multi-payer alignment of incentives needed, achievable?*
- **On how well physicians (and hospitals) can work together, as systems**
  - *Will they be able to overcome old behaviors, to increase FFS revenues?*
  - *Will they collaborate, or - in a constrained fiscal environment - compete?*
  - *Will they be able to create effective systems of care?*
  - *Who leads, who follows: Hospitals, physician groups*
- **On where you are, in the state (resources, needs, issues differ)**
  - *Rural*
  - *Suburban*
  - *Urban, multi-hospital/multi-system*
  - *NYC*
- **On what time frame you’re looking at**
  - *Near-term – 1-2 years*
  - *Intermediate term – 3-5 years*
  - *Longer-term*

# ***Some Risks to be Considered in This New World***

- ***As the new systems get stronger → the only game in town***
  - *Market power => price increases*
  - *How well will they include the uninsured, underserved*
  - *What to do about providers that are “left out”?*
- ***The weak increase in number and fragility***
  - *If and as hospitals close, how deal w jobs, and “stranded capital”*
- ***Systems are not just NY-based providers***
  - *Border counties already dealing w out-of-state partners*
- ***If and as systems take on risk,***
  - *Who’s watching the impact*
  - *How and by whom is that regulated?*
  - *What to do when systems “too large to fail”, do?*
- ***In a competitive market (2+ systems competing)***
  - *On what basis are they competing?*
  - *Who manages the conflict?*
  - *Who watches the public goods?*
- ***As physician groups move into accountable care...***
  - *Who watches, analyzes, reports on, regulates their activities?*

# CON - A “supply-side” intervention

- **CON’s Foundations:**
  - **Protect the public’s health**
    - *Assure character and competence*
    - *Limit diffusion of services where strong volume-quality relationship*
    - *Distribute services, based on Need*
    - *Protect “safety net” providers and vulnerable populations*
  - **Protect the public’s purse**
    - *Constrain, manage capital spending (Capital Reimbursement)*
    - *Manage supply of beds, high-tech equipment against “need” (FFS system)*
- **Focus: Capital Projects and Service Changes**
  - *Reactive process: First, providers must apply for CON approval*
  - *Focus: capital projects and service changes, in state-licensed facilities and services*
  - *For each project, review of four key elements*
    - *Need, Character/Competence, Financial Feasibility, Code Compliance*
- **Perceptions of the effectiveness/impact of the CON vary**
  - *Impact on quality and cost control debatable*
    - *But, CON is “the cop on the beat”*
  - *Limits “destructive competition”*
  - *We still have “market failures”*
    - *Needed providers at risk, and failing*
    - *Populations at risk, and disparities*

# A Changing System

## Demand-side Interventions

- **Delivery system changes**
  - From hospital-centric to ambulatory care-centric systems
  - New organizational forms, including physician groups accepting risk
  - Managing care and reducing preventable use of hospitals, specialty care
- **Payment system changes**
  - No cost-based capital reimbursement (except Medicaid, for now...)
  - FFS being replaced by “value-based” payment systems
    - Incentives to provide quality care, cost-effectively
    - Dis-incentives to over-use, with a sharp focus on “preventables”
- **HIT and public reporting: increased transparency**
  - Quality, cost reporting of providers’ and systems’ performance
- **Purchasers, payers provide incentives to patients / “members”**
  - To select and use high-quality, cost-effective providers/systems
  - To participate in wellness programs, and avoid unnecessary utilization
- **The net effect (in theory):**
  - Increased demand for organized ambulatory care (mostly non-Article 28)
  - Reduced use of / spend on hospitals, ED’s, specialty care
  - Increasing concerns about financial viability of hospitals

# *What do we need CON for, Going Forward?*

- 1. To assure projects, services, facilities are “needed?”*
- 2. To manage distribution of services, control unbridled competition?*
- 3. To assure adequate character and competence?*
- 4. To control capital costs?*



# *What do we need CON for, Going Forward?*

- 1. To assure projects, services, facilities are “needed?”***
  - In future, facilities/services will drive costs more than revenues*
  - In interim (as FFS-skewed payment systems wind-down) may be an issue*
  - Competition for volume may drive unnecessary development*
  
- 2. To manage distribution of services, control unbridled competition?***
  
- 3. To assure adequate character and competence?***
  
- 4. To control capital costs?***

# ***What do we need CON for, Going Forward?***

- 1. To assure projects, services, facilities are “needed?”***
- 2. To manage distribution of services, control unbridled competition?***
  - Legitimate issue, as strong systems get stronger***
  - Future issues may be more about***
    - Reduction/closure of inpatient services and facilities***
    - Location and access to ambulatory care facilities***
  - An issue for regional planning?***
- 3. To assure adequate character and competence?***
- 4. To control capital costs?***

# *What do we need CON for, Going Forward?*

- 1. To assure projects, services, facilities are “needed?”*
- 2. To manage distribution of services, control unbridled competition?*
- 3. To assure adequate character and competence?*
  - Clearly important, but an establishment/ licensure function*
  - Issues:*
    - New organizational models, beyond current scope of Article 28*
    - Out-of state providers/systems partnering w NYS physicians, facilities*
    - Physician organizations accepting risk*
- 4. To control capital costs?*

# *What do we need CON for, Going Forward?*

- 1. To assure projects, services, facilities are “needed?”*
- 2. To manage distribution of services, control unbridled competition?*
- 3. To assure adequate character and competence?*
- 4. To control capital costs?*
  - Less of an issue, going forward, since capital is increasingly tight*
  - Less incentive to over-do projects, w/out capital reimbursement*
  - Less incentive to over-build, as FFS-driven utilization declines*
  - But, competition for volume may drive unnecessary development*
  - In LTC, nursing home renovations are a real issue*

# *What do we need CON for, Going Forward?*

- 5. To manage utilization and costs?*
- 6. To assure that institutions don't take on non-feasible projects, that could destabilize institutions?*
- 7. To improve quality?*
- 8. To assure that capital projects meet code requirements?*
- 9. To improve access, and reduce disparities?*

# *What do we need CON for, Going Forward?*

## *5. To manage utilization and costs?*

- CON's role is based on Roemer's Law*
- But payment system changes likely to be better at that*

## *6. To assure that institutions don't take on non-feasible projects, that could destabilize institutions?*

## *7. To improve quality?*

## *8. To assure that capital projects meet code requirements?*

## *9. To improve access, and reduce disparities?*

# ***What do we need CON for, Going Forward?***

***5. To manage utilization and costs?***

***6. To assure that institutions don't take on non-feasible projects, that could destabilize institutions?***

- Mgmt, boards and lenders are likely to be more conservative***
- Future issue will likely be more focused on institutional financial viability***

***7. To improve quality?***

***8. To assure that capital projects meet code requirements?***

***9. To improve access, and reduce disparities?***

# *What do we need CON for, Going Forward?*

*5. To manage utilization and costs?*

*6. To assure that institutions don't take on non-feasible projects, that could destabilize institutions?*

*7. To improve quality?*

- CON's impact on quality is unclear*
  - Strongest case has been in volume-quality-sensitive services*
- Changes in quality reporting, analysis, coupled with regional planning, and payment system incentives may be more effective approach*

*8. To assure that capital projects meet code requirements?*

*9. To improve access, and reduce disparities?*



# *What do we need CON for, Going Forward?*

- 5. To manage utilization and costs?*
- 6. To assure that institutions don't take on non-feasible projects, that could destabilize institutions?*
- 7. To improve quality?*
- 8. To assure that capital projects meet code requirements?*
  - May be other/better ways to do that, via architectural review , “licensure”*
- 9. To improve access, and reduce disparities?*

# *What do we need CON for, Going Forward?*

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- CON's effectiveness is unclear*
- Insurance, access and attention to social determinants better*
- Regional Planning may have a role, here*

# *Where To, From Here?*

- *There are risks inherent in all this change*
- *The State's role:*
  - *To protect its citizens, and*
  - *To help shape the systems that serve them*
- *Need to focus where “the market” traditionally fails*
  - *Fragile providers, systems and populations*
    - *Safety net providers and rural hospitals*
    - *At-risk populations*
  - *The State has a number of tools available*
- *The Role of CON*
  - *Long-term, questions about its relevance as currently constructed*
  - *Intermediate-term, may need it, to protect against unintended consequences*
  - *Need to focus CON where it matters, where it can make a difference*

***If Not (Only) CON, What Else?***

***Other Tools***  
***Regional Planning***

# *Some Other Tools Available to the State*

- *Health information technologies*
  - *Collect, analyze, benchmark, report performance*
  - *All-Payer Database*
- *Finances, payment systems and targeted grants*
  - *Stimulate , incent, reward positive delivery system change*
  - *Tracking financial status of providers, and systems*
- *Licensure, surveillance, reporting*
  - *Character, competence, performance*
- *Insurance coverage, and the regulation of plans, and risk*
- *State-level and regional planning*

# ***Future of Regional Health Planning***

## ***The State Health Improvement Plan***

- Well-grounded and focused Public Health Plan***
- Focused on key determinants of health and disease***

### **Proposed Priority Areas**

Prevent Chronic Diseases

Advance a Healthy Environment

Promote Healthy Mothers, Healthy Babies,  
Healthy Children

Prevent Substance Abuse, Depression, and  
other Mental Illness

Prevent HIV, STIs and Vaccine Preventable  
Diseases

# ***Future of Regional Health Planning***

- ***NYS is articulating priorities for the delivery system***
  - *What issues, imbalances, goals, priorities, statewide?*
  - *What expectations of the delivery system?*
  - *What expectations of payers?*
- ***Regional Planning***
  - *All health care is, in fact, local*
    - *Needs, resources, communities vary greatly, across regions*
    - *Local and regional constituencies for delivery system change*
      - *Providers, purchasers, payers, communities*
  - *Core functions of regional planning*
    - *Data, analytics, reporting, benchmarking*
    - *Identifying local/regional issues – quality, access, cost*
    - *Convening, focusing attention, setting agenda, building momentum*
    - *Crafting local responses to local issues, including community resources*
  - *State support for regional planning*
    - *Framework and overall priorities*
    - *Data and analytics support*