

I YOUR OFFICIAL GUIDE

ATHLETE GUIDE











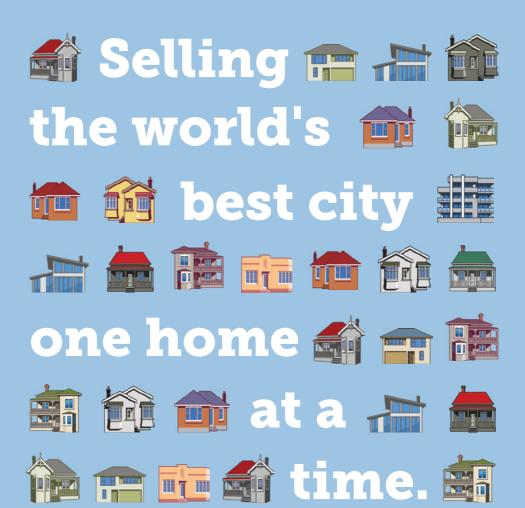








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# **TABLE OF CONTENTS**

| Spectator Guide                                     |    |
|---|----|
| ITU President, Government and Mayor Welcomes        | 2  |
| Tri NZ and Barfoot & Thompson Welcomes              | 3  |
| Event Schedule                                      | 4  |
| Auckland World Triathlon Festival of Events         | 9  |
| Queens Wharf Event Venue Map                        | 10 |
| Elite Course Spectator Map                          | 11 |
| 2014 ITU World Triathlon Auckland Results           | 12 |
| 2015 ITU World Triathlon Host Cities                | 12 |
| ITU World Series Rankings                           | 13 |
| Elite Start Lists - Men                             | 14 |
| Elite Start Lists - Women                           | 15 |
| Profiles - Top 5 Elite Men Competing in Auckland    | 18 |
| Profiles - Top 5 Elite Women Competing in Auckland  | 19 |
| Course Maps   |    |
| Swim Run Course Map                                 | 20 |
| Standard Tri Course Map                             | 21 |
| Sprint Tri Course Map                               | 22 |
| Super Sprint Tri Course Map                         | 23 |
| FYFOD 5km Fun Run Course Map                        | 24 |
| Elite Course Map                                    | 25 |
| Athlete Guide                                       |    |
| General Information                                 | 26 |
| Swim Run Event Information                          | 26 |
| Triathlon Event Information                         | 27 |
| Wave Start Times                                    | 30 |
| Transition Map                                      | 31 |
| FYFOD 5km Fun Run Information                       | 33 |
| Westpac & Auckland Rescue Helicopter Trust Open Day | 33 |

# ITU PRESIDENT WELCOME

Greetings and welcome to the 2015 Barfoot & Thompson World Triathlon Auckland.

New Zealand has always had an incredible passion for triathlon and has produced some amazing champions, including the first ITU World Champion Erin Baker and Olympic gold medalist Hamish Carter. The enthusiasm for the sport here makes it a fantastic location to return to year after year.

The hilly course that winds its way through the centre of New Zealand's biggest city is a challenging one that has produced thrilling racing. At the Grand Final in 2012, we were treated to a down to the line sprint finish between Jonathan Brownlee and Javier Gomez for the world title, with Gomez just edging the Brit out for the win. Gomez has repeated his gold medal performance twice more since then.

But the weekend isn't just about the elite athletes. Auckland will host age-group sprint and standard races, as well as relays and running events, giving everyone the opportunity to participate in the fun. Fans will also be treated to clear views of the swim alongside Queens

Wharf, and plentiful cheering space on the downtown bike course before bringing the athletes home on the run down Queen Street.

Overall, on behalf of everyone at ITU, I'd like to wish each and every one of you competing in Auckland the best of luck. ITU would also like to thank the local organising committee, the City of Auckland and Triathlon New Zealand for helping to stage this event for the fourth time.

I encourage all athletes, volunteers, organisers, media and supporters to enjoy the beautiful city of Auckland and the spectacle of ITU triathlon. It's going to be a great weekend of action.

Sincerely,

Marisol Casado

President, International Triathlon Union. IOC Member

# **GOVERNMENT WELCOME**

On behalf of the New Zealand Government, I am delighted to welcome you to New Zealand for the Auckland leg of the ITU World Triathlon 2015.

The event offers participants an exciting opportunity to compete in a race in the heart of New Zealand's largest city on a course that showcases Auckland's stunning vistas.

For those visiting Auckland from overseas, I hope you enjoy your stay in New Zealand and that you have the chance to explore other parts of our beautiful country.

The New Zealand Government is committed to working in partnership with the events sector to promote New Zealand as a world-class events destination and we are proud to support the ITU World Triathlon 2015.

The Government invests through the Major Events Development Fund in major events that seek to generate significant benefits to New Zealand, and lift and maintain our international profile.

I would like to thank the organisers for choosing to bring this event to New Zealand, and I wish all competing athletes the best of luck

14

Hon Steven Joyce

Minister for Economic Development

# **MAYOR WELCOME**

We are very proud to be hosting the Barfoot & Thompson ITU World Triathlon Auckland and absolutely thrilled some of the world's best elite athletes will be gracing our

Auckland is home to many major events and they play a key role in Auckland becoming the world's most liveable city – not only helping to grow our economy but bringing a great atmosphere that Aucklanders love.

As triathletes you know you've got to be good at all disciplines – our city offers a winning combination of world-class venues, a sport-loving culture and an incredible harbour setting.

Auckland is in the medal rankings amongst our peers too – we were named the top medium-sized and third overall Sports City in the world at the prestigious SportBusiness Ultimate Sports Cities Awards 2014.

For our visitors, I hope you are able to get out and explore Auckland. Our city has so much to offer – our stunning scenery, award-winning cuisine, thrilling activities and cultural experiences.

Well done to the event organisers and partners who have worked so hard, as have all the athletes to make this such a stellar event.



Len Brown Mayor



# TRI NZ WELCOME

Well, 4 years on and 5 events later, we reach the 2015 edition of the Barfoot & Thompson ITU World Triathlon Series (WTS) events.

In 2011 we embarked on a brave initiative to deliver a World Cup, followed by the 2012 Barfoot and Thompson ITU WTS Grand Final. That was quickly followed by a new contract with the ITU to deliver a legacy event that was part of the WTS global circuit from 2013 until now.

Once again the start lists for both the men and women's WTS races are packed with the very best triathletes in the world and would rival any Olympic games triathlon. It is exciting that many of these athletes and their support teams have been based in New Zealand for several weeks (in some cases months) preparing for the upcoming ITU racing season.

The Tri NZ Strategic Plan has International Leadership as one of its pillars. This encompasses attracting world class triathlon events to NZ.

It is absolutely fantastic that the event calendar for this weekend caters for anyone who has an appetite for a touch of adventure and excitement and the courage to

This year the standard distance age group triathlon races carry the status of the Sovereign National Championships as well as being the key selection event for age group triathletes to make the New Zealand team to compete at the ITU World Triathlon Championships in Chicago, USA later in the year.

Like any major event there are many organisations and people who contribute in numerous ways to make the event a great success. Tri NZ particularly acknowledges the continued support

of the great team at Barfoot & Thompson, who make the hosting of this event possible. We also thank Dave Beeche and the amazing team at Lagardere Unlimited for the outstanding work they do in delivering the event.

This event is a wonderful opportunity to profile the sport of Triathlon in New Zealand and we hope that as a result. more people right across the country will be inspired to become involved in some way in this great sport.

Whatever your purpose for being involved in the event, be it athlete, race official, marshal, support crew or interested spectator....thank you for being part of what should be an outstanding weekend of sport.

Garry Boon President, Triathlon NZ

# **BARFOOT & THOMPSON WELCOME**

On behalf of Barfoot & Thompson it is my honour to welcome you to the Auckland leg of the ITU World Triathlon Series, here in Auckland this weekend.

Our city is continuing to grow and evolve as a vibrant home of events, colour and activity, all of which celebrate our diverse backgrounds, cultures and interests. The Barfoot & Thompson ITU World Triathlon captures that wonderfully with an equally diverse range of people taking part in a variety of events over the course of the weekend.

We will witness some of the greatest elite triathletes, and we will also see great achievement in the age group and 'social' events this weekend that cater for every New Zealander, regardless of ability or background.

Barfoot & Thompson has been providing real estate services to Auckland for over 90 years and could be no prouder of our great city than we are during this event. Through your participation as a competitor, volunteer, official or supporter, you are contributing to a superb weekend that showcases our people and our waterfront. Good luck to you all in your endeavours.

At Barfoot & Thompson our commitment is to this city, its people and the communities that we live and work in every day. A large number of our team have taken that commitment a step further this weekend, taking up the invitation to 'come play in the city' and registering for one of the many events on offer. Well done, we are proud of you.

To Triathlon New Zealand, the ITU, event organisers Lagadere Unlimited Oceania, Auckland City and key stakeholders, congratulations on what I know will be a great weekend, one that will prove inspiring

to so many people and showcase Auckland City to the rest of the country and the world.

Peter Thompson

Managing Director, Barfoot & Thompson

# 4 BARFOOT & THOMPSON WORLD TRIATHLON | AUCKLAND

# **EVENT SCHEDULE**

| DATE/TIME                                | EVENT  | LOCATION                                     |
|--|--|--|
| FRIDAY 27 MARCH 20                       | 15   |  |
| 3:00pm                                   | Elite Press Conference   | The Cloud, Queens Wharf                      |
| 6:00pm                                   | Elite Briefing & Registration  | The Cloud, Queens Wharf                      |
| SATURDAY 28 MARCH                        | 2015   |  |
| 9:00am – 6:00pm                          | Sports & Lifestyle Expo & Event Venue<br>Open  | The Cloud, Queens Wharf                      |
| 9:00am - 6:00pm                          | Café and Info Desk Open  | The Cloud, Queens Wharf                      |
| 9:00am – 6:00pm                          | Athlete Registration and Bike racking for all events   | Queens Wharf                                 |
| 9:00am - 12:00pm<br>&<br>1:00pm - 6:00pm | Athlete Briefing for all events –<br>(continuous video)  | Mezzanine, The Cloud                         |
| 11:00am – 6:00pm                         | Westpac Rescue Helicopter Open Day Family fun day activities and Rescue Helicopter demonstrations. | Queens Wharf                                 |
| 12:00pm                                  | Beginner Athlete Briefing with site and transition walk  | Mezzanine, The Cloud                         |
| 1:30pm                                   | Elite Bike Course Famil  | CBD Course                                   |
| 2:00pm – 3:30pm                          | Swim Run transition opens  | Queens Wharf                                 |
| 2:30pm                                   | Elite Swim Famil   | Queens Wharf                                 |
| 4:00pm                                   | SWIM RUN  Prizegiving to follow - 15 mins after last athlete crosses finish line                   | Waterfont / CBD Course In front of The Cloud |

# **EVENT SCHEDULE**

DATE/TIME **EVENT** LOCATION

| SUNDAY 29 MARC   | CH 2015   |                         |
|------------------|---|-------------------------|
| 6:30am           | Triathlon Transition Opens  | Cooks Wharf             |
| 6:30am – 8:30am  | Triathlon Late Registration   | The Cloud, Queens Wharf |
| 7:00am - 6:30pm  | Sports & Lifestyle Expo Open  | The Cloud, Queens Wharf |
| 7:00am - 6:30pm  | Café and Info Desk Open   | The Cloud, Queens Wharf |
| 7:15am           | Triathlon Transition closes for Standard<br>Distance Competitors  | Cooks Wharf             |
| 7:30am           | STANDARD DISTANCE TRI<br>Tri NZ Sovereign Standard Distance<br>National Champs and Teams Tri  | Waterfront / CBD Course |
| 8:00am           | Triathlon Transition Closes - for Sprint,<br>Paratri, & Corporate Tri Competitors   | Cooks Wharf             |
| 8:15am           | SPRINT DISTANCE TRI<br>Individual, Teams, Paratri   | Waterfront / CBD Course |
| 8:15am           | CORPORATE TEAMS TRI   |                         |
| 8:45am           | Triathlon Transition closes – for Super<br>Sprint Tri Competitors   |                         |
| 9:00am - 10:00am | Find Your Field of Dreams 5km FUN RUN<br>Registration   | The Cloud, Queens Wharf |
| 9:00am           | SUPER SPRINT DISTANCE TRI   | Waterfront / CBD Course |
| 10:30am          | FYFOD 5KM FUN RUN   | Waterfront / CBD Course |
| 11:30am          | Triathlon Prize giving - Super Sprint, Sprint,<br>Standard Tri Individual and Teams Tri,<br>Corporate Teams Tri & Tri NZ National<br>Champs | In front of Cloud       |
| 12:50pm          | ELITE WOMEN'S ITU TRIATHLON (WTS)   | Queen St Course         |
|                  | Elite Women's ITU Triathlon Medal<br>Ceremony   | Medal Podium            |
| 4:40PM           | ELITE MEN'S ITU TRIATHLON (WTS)   | Queen St Course         |
|                  | Elite Men's ITU Triathlon Medal Ceremony  | Medal Podium            |



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# **BE THERE FOR THIS**

WATCH THE SERIES LIVE ONLINE AT TRIATHLONLIVE.TV

‡WTS 2015 | ABU DHABI | AUCKLAND | GOLD COAST | CAPE TOWN | YOKOHAMA | LONDON | HAMBURG | STOCKHOLM | EDMONTON | CHICAGO

# **AUCKLAND WORLD TRIATHLON FESTIVAL OF EVENTS**

# **SWIM RUN**

The Swim Run focuses on the two disciplines of swimming and running. In 2015, the Auckland course will feature a 750m swim off Queens Wharf followed by a 3km run around the Queens Wharf/Cooks Wharf/ Quay Street area. Taking place at 4:00pm on Saturday 28th March. this will be a fast, action packed race.

# **FIND YOUR FIELD OF DREAMS 5KM FUN RUN**

A family affair where the kids can join in and race on a flat and fast 5km course. Starting at 10:30am on Sunday 29 March it runs out and around the waterfront streets before racing down the blue carpet and across the Elite finish line!

# **OPEN AND TEAMS TRI - STANDARD, SPRINT, CORPORATE, PARATRI AND SUPER SPRINT DISTANCES**

These races are open to anyone to enter and are great events, whether you are a novice or an experienced triathlete. The team tri offers you the chance to get your friends, family or workmates together and take on the challenge together!

With Standard, Sprint and Super Sprint distances to choose from, there is a race for everyone! On Sunday 29th March, the Standard distance Tri kicks off at 7.30am, followed by the Sprint Tri at 8.15am, and the Super Sprint Tri at 9.00am.

The Corporate Teams Tri is a new Sprint distance wave specifically for the Corporates to battle it out. The course is no different to the above courses but there are bragging rights on the line. Taking off after the individual Sprint Tri, the Corporate Team Tri hits the water just after 8.15am

# **ELITE RACING - MEN AND WOMEN**

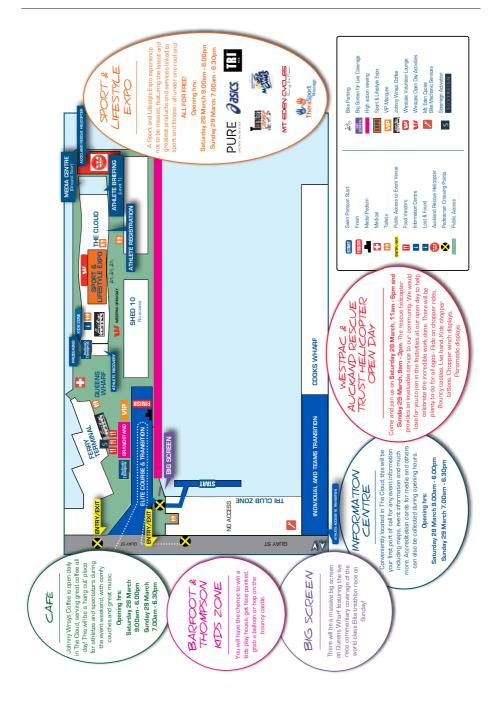
The World Triathlon Series has ten races throughout the season, culminating with a Grand Final. The world's best triathletes compete head to head on Sunday 29th March 2015, starting with Elite Women at 12.50pm and Elite Men at 4.40pm.

Based on Queens Wharf, the Elite course showcases the best of Auckland's CBD over the 1500m swim, 40km bike and 10km run, and the technical hilly bike course will make this a spectacular race not to be missed!



# 10

# QUEENS WHARF - EVENT VENUE MAP SATURDAY 28 MARCH - SUNDAY 29 MARCH

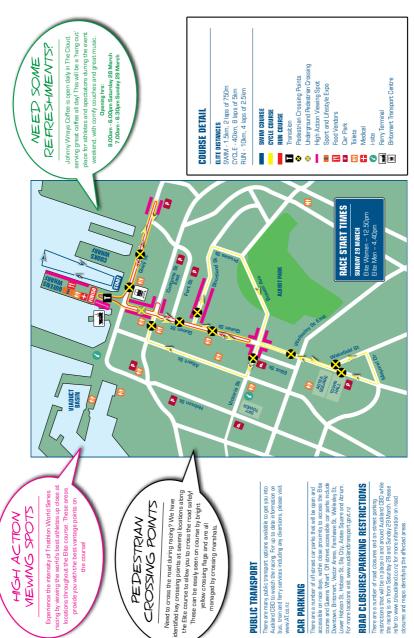


# **ELITE COURSE SPECTATOR MAP SUNDAY 29 MARCH**

provide you with the best vantage points on

the course!

MEWING SPOTS TIGH ACHON



# PUBLIC TRANSPORT

Need to cross the road during racing? We have CROSSING POINTS

PEDESTRIAN

These can be easily seen on course by bright

yellow crossing flags and are all

managed by crossing marshals.

There are many public transport options available to get you into Auckland CBD to watch the racing. For up to date information on bus, train and ferry services including any diversions, please visit www.AT.co.nz

# **CAR PARKING**

accessible on race days, within close proximity to access the Bite course and Queens Wharf. Off street accessible car parks include Downtown, Britomart, Vector Arena, Fanshawe St, Wellesley St, Lower Hobson St, Hobson St, Sky City, Aotea Square and Atrium. There are a number of off-street car parks that will be open and For more locations visit www.aucklandtransport.govt.nz

# ROAD CLOSURES/PARKING RESTRICTIONS

There are a number of road closures and on-street parking restrictions that will be in place in and around Auckland OBD while the racing is on from Saturday 28 and Sunday 29 March. Please refer to www.triauckland.co.nz for more information on road closures and maps identifying the affected areas.

# **2014 ITU WORLD TRIATHLON AUCKLAND RESULTS**

| 20 | 2014 Elite Men |               |         |            |          |          |          |          |          |  |  |
|----|----------------|---------------|---------|------------|----------|----------|----------|----------|----------|--|--|
|    | First Name     | Last Name     | Country | Total Time | Swim     | T1       | Bike     | T2       | Run      |  |  |
| 1  | Javier         | Gomez         | ESP 🎉   | 01:54:13   | 00:17:53 | 00:00:53 | 01:04:15 | 00:00:28 | 00:30:42 |  |  |
| 2  | Jonathan       | Brownlee      | ESP     | 01:54:33   | 00:17:51 | 00:00:52 | 01:04:19 | 00:00:26 | 00:31:03 |  |  |
| 3  | Aaron          | Royle         | AUS 🕌   | 01:55:49   | 00:18:02 | 00:00:54 | 01:04:07 | 00:00:29 | 00:32:16 |  |  |
| 4  | Dan            | Wilson        | AUS 🔭   | 01:55:52   | 00:18:04 | 00:00:52 | 01:04:04 | 00:00:26 | 00:32:24 |  |  |
| 5  | Ryan           | Bailie        | AUS 🕌   | 01:55:59   | 00:18:03 | 00:00:54 | 01:04:05 | 00:00:27 | 00:32:27 |  |  |
| 20 | )14 Elite V    | <b>V</b> omen |         |            |          |          |          |          |          |  |  |
| 1  | Jodie          | Stimpson      | GBR     | 02:08:34   | 00:20:03 | 00:00:55 | 01:11:29 | 00:00:28 | 00:35:38 |  |  |
| 2  | Anne           | Haug          | GER     | 02:08:59   | 00:20:42 | 00:00:52 | 01:11:36 | 00:00:28 | 00:35:19 |  |  |
| 3  | Helen          | Jenkins       | GBR     | 02:09:10   | 00:19:58 | 00:00:56 | 01:12:17 | 00:00:30 | 00:35:28 |  |  |
| 4  | Sarah-Anne     | Brault        | CAN 🐈   | 02:09:15   | 00:19:59 | 00:00:56 | 01:12:19 | 00:00:30 | 00:35:29 |  |  |
| 5  | Sarah          | True          | USA     | 02:09:20   | 00:19:57 | 00:00:54 | 01:12:22 | 00:00:31 | 00:35:34 |  |  |

# **2015 ITU WORD TRIATHLON SERIES HOST CITIES**

| DATE            | EVENT                              | HOST CITY  |
|-----------------|------------------------------------|------------|
| March 6-7       | ITU World Triathlon                | Abu Dhabi  |
| March 28-29     | Barfoot & Thompson World Triathlon | Auckland   |
| April 11-12     | ITU World Triathlon                | Gold Coast |
| April 25-26     | Discovery World Triathlon          | Cape Town  |
| May 16-17       | ITU World Triathlon                | Yokohama   |
| May 30-31       | Vitality World Triathlon           | London     |
| July 18-19      | ITU World Triathlon                | Hamburg    |
| August 22-23    | Vattenfall World Triathlon         | Stockholm  |
| September 5-6   | ITU World Triathlon                | Edmonton   |
| September 15-20 | ITU World Triathlon Grand Final    | Chicago    |

# **ITU WORLD SERIES RANKINGS**

# AS AT 7 MARCH 2015 (FOLLOWING THE OPENING ROUND IN ABU DHABI)

The Threadneedle Rankings are used to determine the best performing triathletes of the season. An athlete's final score will be obtained by adding the points gained in the ITU World Triathlon Series Grand Final plus the 5 best scores in the ITU World Triathlon Series events and the ITU Triathlon World Cup events. A maximum of two ITU Triathlon World Cup events scores will count for the final rankings

| Elite M               | Elite Men   |   |   |  |  |  |  |  |  |
|-----------------------|---|---|---|--|--|--|--|--|--|
| Position              | First Name  | Last Name   | Country                                 | Points                                 |  |  |  |  |  |
| 1                     | Mario   | Mola  | ESP 🔹                                   | 800                                    |  |  |  |  |  |
| 2                     | Vincent   | Luis  | FRA                                     | 740                                    |  |  |  |  |  |
| 3                     | Richard   | Murray  | RSA 🔀                                   | 685                                    |  |  |  |  |  |
| 4                     | Joao  | Silva   | POR 🔖                                   | 633                                    |  |  |  |  |  |
| 5                     | Jonathan  | Brownlee  | GBR 🔀                                   | 586                                    |  |  |  |  |  |
| 6                     | Javier  | Gomez Noya  | ESP 🔹                                   | 542                                    |  |  |  |  |  |
| 7                     | Fernando  | Alarza  | ESP 🔹                                   | 501                                    |  |  |  |  |  |
| 8                     | lgor  | Polyanskiy  | RUS                                     | 464                                    |  |  |  |  |  |
| 9                     | Vicente   | Hernandez   | ESP 🔹                                   | 429                                    |  |  |  |  |  |
| 10                    | Sven  | Riederer  | SUI +                                   | 397                                    |  |  |  |  |  |
| Elite Women           |   |   |   |  |  |  |  |  |  |
| Elite W               | omen  |   |   |  |  |  |  |  |  |
| Elite W               | omen<br>First Name  | Last Name   | Country                                 | Points                                 |  |  |  |  |  |
|                       |   | Last Name Jorgensen                                     | Country USA                             | Points<br>800                          |  |  |  |  |  |
| Position              | First Name  |   |   |  |  |  |  |  |  |
| Position 1            | First Name<br>Gwen  | Jorgensen   | USA                                     | 800                                    |  |  |  |  |  |
| Position  1           | First Name<br>Gwen<br>Katie   | Jorgensen<br>Zaferes                                    | USA USA                                 | 800<br>740                             |  |  |  |  |  |
| Position  1 2         | First Name  Gwen  Katie Flora                                       | Jorgensen Zaferes Duffy                                 | USA USA BER                             | 800<br>740<br>685                      |  |  |  |  |  |
| Position  1 2 3 4     | First Name  Gwen  Katie  Flora  Barbara                             | Jorgensen Zaferes Duffy Riveros                         | USA USA BER                             | 800<br>740<br>685<br>633               |  |  |  |  |  |
| Position  1 2 3 4 5   | First Name  Gwen  Katie  Flora  Barbara  Andrea                     | Jorgensen Zaferes Duffy Riveros Hewitt                  | USA USA BER CHI                         | 800<br>740<br>685<br>633<br>586        |  |  |  |  |  |
| Position  1 2 3 4 5   | First Name  Gwen  Katie  Flora  Barbara  Andrea  Lindsey            | Jorgensen Zaferes Duffy Riveros Hewitt Jerdonek         | USA USA USA BER CHI NZL ESP             | 800<br>740<br>685<br>633<br>586<br>542 |  |  |  |  |  |
| Position  1 2 3 4 5 6 | First Name  Gwen  Katie  Flora  Barbara  Andrea  Lindsey  Charlotte | Jorgensen Zaferes Duffy Riveros Hewitt Jerdonek McShane | USA | 800<br>740<br>685<br>633<br>586<br>542 |  |  |  |  |  |

# **ELITE START LISTS\* - MEN**

| ELITE MEN  |             |             |  |  |  |  |  |  |
|------------|-------------|-------------|--|--|--|--|--|--|
| FIRST NAME | LAST NAME   | NATIONALITY |  |  |  |  |  |  |
| Fernando   | Alarza      | ESP 🔹       |  |  |  |  |  |  |
| Faquan     | Bai         | CHN *       |  |  |  |  |  |  |
| Ryan       | Bailie      | AUS         |  |  |  |  |  |  |
| Felipe     | Barraza     | CHI 📥       |  |  |  |  |  |  |
| Gregory    | Billington  | USA         |  |  |  |  |  |  |
| Jacob      | Birtwhistle | AUS 💥 📜     |  |  |  |  |  |  |
| Thomas     | Bishop      | GBR         |  |  |  |  |  |  |
| Jonathan   | Brownlee    | GBR 🕌       |  |  |  |  |  |  |
| Alexander  | Bryukhankov | RUS         |  |  |  |  |  |  |
| Gregor     | Buchholz    | GER         |  |  |  |  |  |  |
| Jan        | Celustka    | CZE         |  |  |  |  |  |  |
| Leonardo   | Chacon      | CRC ==      |  |  |  |  |  |  |
| Ron        | Darmon      | ISR <u></u> |  |  |  |  |  |  |
| Tony       | Dodds       | NZL         |  |  |  |  |  |  |
| Basson     | Engelbrecht | RSA 🔀       |  |  |  |  |  |  |
| Gabor      | Faldum      | HUN         |  |  |  |  |  |  |
| Francesc   | Godoy       | ESP 🔹       |  |  |  |  |  |  |
| Jesus      | Gomar       | ESP 🌋       |  |  |  |  |  |  |
| Javier     | Gomez Noya  | ESP 🔹       |  |  |  |  |  |  |
| Cameron    | Good        | AUS 🗮 💮     |  |  |  |  |  |  |
| Crisanto   | Grajales    | MEX 💮       |  |  |  |  |  |  |
| Phillip    | Graves      | GBR         |  |  |  |  |  |  |
| Vicente    | Hernandez   | ESP 🔹       |  |  |  |  |  |  |
| Yuichi     | Hosoda      | JPN 🔵       |  |  |  |  |  |  |
| Sean       | Jefferson   | USA         |  |  |  |  |  |  |
| Kyle       | Jones       | CAN 🌞       |  |  |  |  |  |  |
| Steffen    | Justus      | GER         |  |  |  |  |  |  |
| Ben        | Kanute      | USA         |  |  |  |  |  |  |
| Bryan      | Keane       | IRL I       |  |  |  |  |  |  |
| Alois      | Knabl       | AUT         |  |  |  |  |  |  |
| Aleksander | Latin       | EST         |  |  |  |  |  |  |

| ELITE MEN     |                  |             |  |  |  |  |  |  |
|---------------|------------------|-------------|--|--|--|--|--|--|
| FIRST NAME    | LAST NAME        | NATIONALITY |  |  |  |  |  |  |
| Joe           | Maloy            | USA         |  |  |  |  |  |  |
| Bruno         | Matheus          | BRA 🕙       |  |  |  |  |  |  |
| Mario         | Mola             | ESP 🚨       |  |  |  |  |  |  |
| Conor         | Murphy           | IRL         |  |  |  |  |  |  |
| Justus        | Nieschlag        | GER         |  |  |  |  |  |  |
| Sam           | Osborne          | NZL 💥 🗀     |  |  |  |  |  |  |
| Pedro         | Palma            | POR 🚺       |  |  |  |  |  |  |
| Carlos Javier | Quinchara Forero | COL         |  |  |  |  |  |  |
| Aaron         | Royle            | AUS 🚟       |  |  |  |  |  |  |
| Henri         | Schoeman         | RSA 🔀       |  |  |  |  |  |  |
| Jonas         | Schomburg        | TUR C       |  |  |  |  |  |  |
| Diogo         | Sclebin          | BRA 🔷       |  |  |  |  |  |  |
| Brendan       | Sexton           | AUS 🕌       |  |  |  |  |  |  |
| Benjamin      | Shaw             | IRL         |  |  |  |  |  |  |
| Grant         | Sheldon          | GBR         |  |  |  |  |  |  |
| Joao          | Silva            | POR 🔯       |  |  |  |  |  |  |
| Ryan          | Sissons          | NZL 💥       |  |  |  |  |  |  |
| Thomas        | Springer         | AUT         |  |  |  |  |  |  |
| Luciano       | Taccone          | ARG -       |  |  |  |  |  |  |
| Hirokatsu     | Tayama           | JPN 🛑       |  |  |  |  |  |  |
| Gonzalo Raul  | Tellechea        | ARG         |  |  |  |  |  |  |
| Marco         | Van Der Stel     | NED         |  |  |  |  |  |  |
| Marten        | Van Riel         | BEL         |  |  |  |  |  |  |
| Akos          | Vanek            | HUN         |  |  |  |  |  |  |
| Richard       | Varga            | SVK 🖳       |  |  |  |  |  |  |
| Simon         | Viain            | FRA         |  |  |  |  |  |  |
| Dan           | Wilson           | AUS 🔭       |  |  |  |  |  |  |
| Jason         | Wilson           | BAR Ψ       |  |  |  |  |  |  |
| Andrew        | Yorke            | CAN 📥       |  |  |  |  |  |  |
| Stefan        | Zachaeus         | LUX         |  |  |  |  |  |  |

<sup>\*</sup>Correct at time of print.

# **ELITE START LISTS\* - WOMEN**

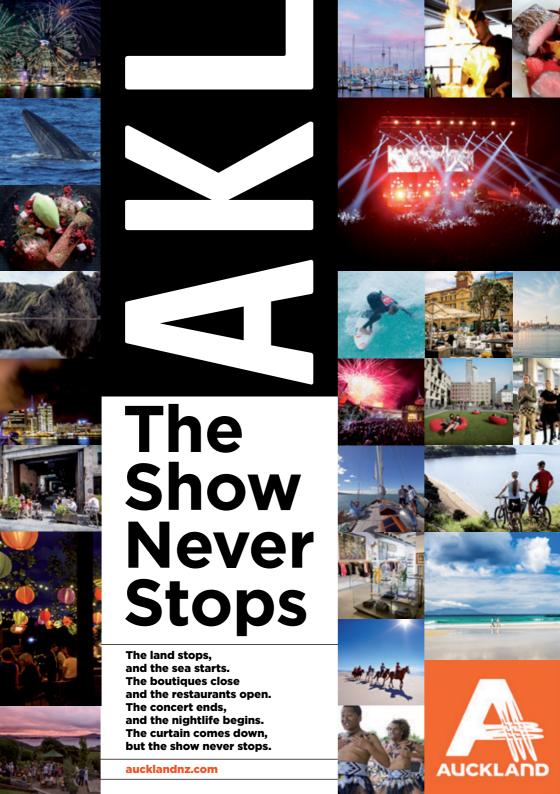
|            | ELITE WOMEN     | ELITE WOMEN |            |            |                |        |       |
|------------|-----------------|-------------|------------|------------|----------------|--------|-------|
| FIRST NAME | LAST NAME       | NATION      | IALITY     | FIRST NAME | LAST NAME      | NATION | ALITY |
| Simone     | Ackermann       | NZL         | XK.∵       | Rachel     | Klamer         | NED    |       |
| Jolanda    | Annen           | SUI         | +          | Jessica    | Learmonth      | GBR    |       |
| Romina     | Biagioli        | ARG         | •          | Kate       | Mcilroy        | NZL    | ₩.:   |
| Sarah-Anne | Brault          | CAN         | *          | Charlotte  | McShane        | AUS    | *     |
| Elizabeth  | Bravo           | ECU         | <u> </u>   | Claire     | Michel         | BEL    |       |
| Maaike     | Caelers         | NED         |            | Emma       | Moffatt        | AUS    | **    |
| Valentina  | Carvallo        | CHI         | *          | Lisa       | Norden         | SWE    | +     |
| Miriam     | Casillas García | ESP         | - Miles    | Pamella    | Oliveira       | BRA    |       |
| Emmie      | Charayron       | FRA         |            | Romina     | Palacio Balena | ARG    |       |
| Rebecca    | Clarke          | NZL         | ¥€.∵       | Ellen      | Pennock        | CAN    | *     |
| Maria      | Czesnik         | POL         |            | Gaia       | Peron          | ITU    | 8     |
| Erin       | Densham         | AUS         | **         | Lisa       | Perterer       | AUT    |       |
| Paula      | Findlay         | CAN         | *          | Hanna      | Philippin      | GER    |       |
| Michelle   | Flipo           | ITU         | 8          | Aileen     | Reid           | IRL    |       |
| Vendula    | Frintova        | CZE         |            | Barbara    | Riveros        | CHI    | •     |
| Ashleigh   | Gentle          | AUS         | <b>≯</b> ≮ | Rebecca    | Robisch        | GER    |       |
| Tamara     | Gomez Garrido   | ESP         | **         | Carolina   | Routier        | ESP    | - 1   |
| Lucy       | Hall            | GBR         |            | Gillian    | Sanders        | RSA    |       |
| Anne       | Haug            | GER         |            | Yuka       | Sato           | JPN    |       |
| Andrea     | Hewitt          | NZL         | ** · ·     | Celine     | Schaerer       | SUI    | +     |
| Sofie      | Hooghe          | BEL         |            | Mateja     | Simic          | SLO    | •     |
| Yuting     | Huang           | CHN         | *)         | Rebecca    | Spence         | NZL    | *:    |
| Juri       | lde             | JPN         |            | Kirsten    | Sweetland      | CAN    | *     |
| Anneke     | Jenkins         | NZL         | X¥.∵       | Yuko       | Takahashi      | JPN    | •     |
| Lindsey    | Jerdonek        | USA         |            | Renee      | Tomlin         | USA    |       |
| Agnieszka  | Jerzyk          | POL         |            | Sarah      | True           | USA    |       |
| Gwen       | Jorgensen       | USA         |            | Ai         | Ueda           | JPN    |       |
| Kirsten    | Kasper          | USA         |            | Natalie    | Van Coevorden  | AUS    | 無     |
| Yurie      | Kato            | JPN         |            | Margit     | Vanek          | HUN    |       |
| Rebecca    | Kingsford       | NZL         | XK.:-      | Lianyuan   | Wang           | CHN    | *:    |
| Kaidi      | Kivioja         | EST         |            | Katie      | Zaferes        | USA    |       |

<sup>\*</sup>Correct at time of print.



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# PROFILES - TOP 5 ELITE MEN COMPETING IN AUCKLAND



# MARIO MOLA (ESP) TWITTER: @MARIOMOLA WEBSITE: MARIOMOLA.COM

DATE OF BIRTH: 23 February 1990 PLACE OF BIRTH: Palma de Mallorca, Balearic Islands, Spain

# **CAREER HIGHLIGHTS:**

- 19th London Olympics 2012
- 2009 ITU Junior Mens World Champion
- 1st 2014 ITU World Triathlon London
- 2nd 2014 ITU World Triathlon Edmont.

2014 ITU World Triathlon Yokohama

 2nd – 2013 ITH World Triathlon Kitzbuehel 2013 ITU World Triathlon Auckland

# NOTABLE:

- · He is studying administration and management
- He was the first Spanish triathlete to win an ITU Junior World Championship



# JOAO SILVA (POR)

DATE OF BIRTH: 15 May 1989 PLACE OF BIRTH: Benedita, Portugal

# **CAREER HIGHLIGHTS:**

- 2015 ITU World Triathlon Abu Dhabi 4th Place
- 2014 ITH World Triathlon Grand Final Edmonton 8th Place
- 2014 ITLI World Triathlon London 8th Place

# NOTABLE:

- . Is currently studying medicine, and also likes to surf
- In 2011 was awarded 'Olympic Medal' from the Portuguese Olympic Committee for the best athlete in an olympic sport, and also the 'Best Male Athlete of the Year' by the Portuguese Sports Confederation



# JONATHAN BROWNLEE (GBR) TWITTER: @JONNY BROWNLEE

DATE OF BIRTH: 30 April 1990 PLACE OF BIRTH: Yorkshire, Great Britain

# **CAREER HIGHLIGHTS:**

- 3rd London Olympics 2012
- 2014 ITU World Triathlon Series Bronze Medalist.
- 2013 ITLI World Triathlon Series Silver Medalist.
- 2012 ITU World Champion
- 2012 ITU Mixed Team Relay World Champion
- 1st. 2014 ITH World Triathlon Stockholm

- 2nd 2014 ITU World Triathlon Cape Town, ITU World Triathlon Auckland
- 1st 2013 ITU World Triathlon Madrid, Yokohama, Hamburg

# NOTABLE:

- . One of only a few men on the circuit who consistently runs under 30 minutes
- · Earned bronze in his Olympic debut



# JAVIER GOMEZ NOYA (ESP) TWITTER: @JGOMEZNOYA WEBSITE: JAVIERGOMEZNOYA.COM

DATE OF BIRTH: 25 March 1983 PLACE OF BIRTH: Basel, Switzerland

# **CAREER HIGHLIGHTS:**

- 4th Beijing Olympics 2008
- 2nd London Olympics 2012
- 2008. 2010. 2013 & 2014 ITU World Champion
- 1st 2013 ITU World Triathlon Grand Final London, 2013 World Triathlon Auckland, 2013 Barcelona ETU Challenge Middle Distance Triathlon Championships, 2012 Barfoot

& Thompson World Triathlon Grand Final. 2011 ITU World Triathlon Sydney, 2010 ITU World Triathlon Series Kitzbuehel, Budhapest Grand Final, 2010 ITU World Triathlon Series Hamburg, 2010 ITU World Triathlon London

# NOTABLE:

- Is the only three-time ITU World Champion
- A cardiac anomaly threatened his career early on before he was cleared by doctors in 2003 to keep competing



# FERNANDO ALARZA (ESP) TWITTER: @FERNANDO\_ALARZA

- DATE OF BIRTH: 15 May 1991 PLACE OF BIRTH: Spain
- CAREER HIGHLIGHTS:
- 2015 ITLI World Triathlon Abu Dhabi 7th Place
- 2014 ITU World Triathlon Hamburg 16th Place
- 2014 ITU World Triathlon Chicago 5th Place
- 2014 ITLI World Triathlon Yokohama 7th Place.
- 2014 ITU World Triathlon Auckland 11th Place
- 2013 ITLLU23 World Champion Silver Medalist.



# **PROFILES - TOP 5 ELITE WOMEN COMPETING IN AUCKLAND**



# GWEN JORGENSEN (USA) TWITTER: @GWENJORGENSEN WEBSITE: JGWENJORGENSEN.COM

DATE OF BIRTH: 25 April 1986
PLACE OF BIRTH: Waukesha, Wis, USA
CAREER HIGHLIGHTS:

- 2014 ITU World Triathlon Series Top Ranking
- 1st 2014 ITU World Triathlon Grand Final Edmonton, 2014 ITU World Triathlon Stockholm, Hamburg, Chicago, London, Yokohoma
- 1st 2013 ITU World Triathlon San Diego,

Yokohama, Stockholm, 2012 Banyoles ITU Triathlon World Cup, 2011 Tiszaujvaros ITU World Cup

# NOTABLE:

- Became the first American woman to win a WTS race in San Diego in 2013.
- Had a huge breakout session with three WTS wins in 2013. Was in the running to be World Champ, but crashed out in the grand final.



# KATIE ZAFERES (USA) TWITTER: @KZAFERES6 WEBSITE: KATIEHURSEY,COM

DATE OF BIRTH: 6 September 1989
PLACE OF BIRTH: Hampstead, Maryland, USA
CARFER HIGHLIGHTS:

- 2015 ITU World Triathlon Abu Dhabi 2nd Place
- 2014 ITU World Triathlon Grand Final Edmonton 9th Place
- 2014 ITU World Triathlon Stockholm 7th Place
- 2013 ITU World Triathlon London 13th Place

# NOTABLE:

- 2014 Mooloolaba World Cup 2nd Place
- 2014 New Plymouth World Cup 1st Place
- 2014 Lifetime NYC Triathlon 5th Place



# BARBARA RIVEROS (CHI) TWITTER: @BCRIVEROS WEBSITE: BARBARARIVEROS.CL

DATE OF BIRTH: 3 August 1987
PLACE OF BIRTH: Santiago de Chile
CAREER HIGHLIGHTS:

- 2015 ITU World Triathlon Abu Dhabi 4th Place
- 2014 ITU World Triathlon Stockholm 12th Place
- 2014 ITU World Triathlon Hamburg 8th Place
  2014 ITU World Triathlon Auckland 8th Place

# NOTABLE:

 Double gold medal at the 2010 South American games, where she dedicated it to the whole country after a terrible earthquake.



# ANDREA HEWITT (NZ) TWITTER: @ANDREAHEWITTNZ WEBSITE: ANDREAHEWITT.COM

DATE OF BIRTH: 4 April 1982
PLACE OF BIRTH: Christchurch, New Zealand
ITH HIGHLIGHTS:

- 2014 ITU World Triathlon Series Bronze Medalist.
- 2nd 2014 ITU World Triathlon Grand Final Edmonton, 2014 ITU World Triathlon Stockholm
- 6th London Olympics 2012
- 2012 ITU World Triathlon Series bronze medallist
- 1st 2011 ITU World Triathlon Series Grand

Final Beijing

# NOTABLE:

- Was a competitive swimmer from age 6, then represented New Zealand in surf lifesaving
- Her partner, French olympian Laurent Vidal, is also her coach
- She has an economics degree from the University of Canterbury



# LINDSEY JERDONEK (USA) twitter: @ Lindseyjerdonek website: rookiepros.blogspot.com

DAI PLA ITU • 3

DATE OF BIRTH: 22 August 1984
PLACE OF BIRTH: Cleveland, Ohio, USA
ITU HIGHLIGHTS:

- $\bullet$  2015 ITU World Triathlon Abu Dhabi 6th Place
- 2014 ITU World Triathon Stockholm 5th Place
- 2014 ITU World Triathlon Hamburg 14th Place

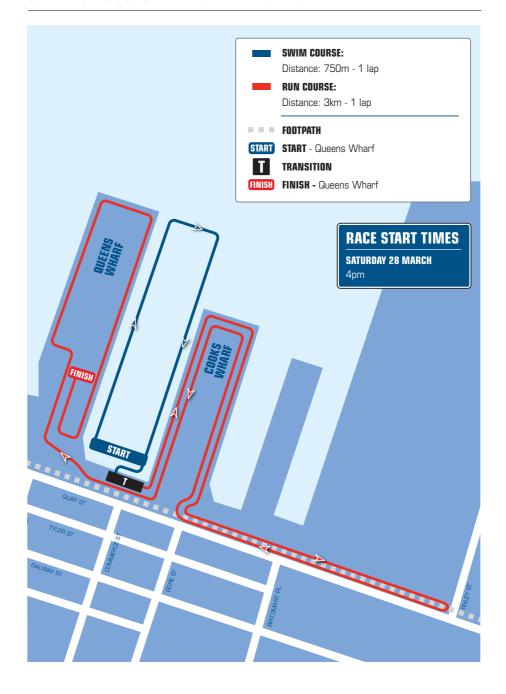
# NOTABLE:

- Graduated from the University of Maryland in 2006 with a B.S in Finance
- First triathlon was a youth sprint triathlon in Cleveland





# SWIM RUN COURSE MAP SATURDAY 28 MARCH 4.00PM



# STANDARD TRI SWIM & BIKE COURSE MAP SUNDAY 29 MARCH 7.30AM



# STANDARD TRI RUN COURSE MAP SUNDAY 29 MARCH



# SPRINT TRI SWIM & BIKE COURSE MAP SUNDAY 29 MARCH 8.15AM



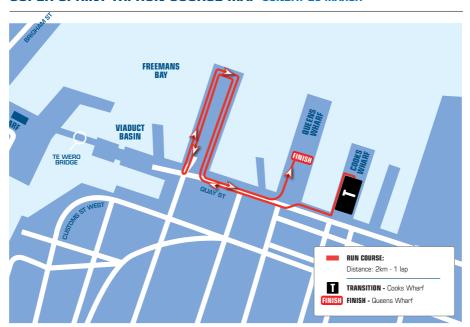
# **SPRINT TRI RUN COURSE MAP SUNDAY 29 MARCH**



# SUPER SPRINT TRI SWIM & BIKE COURSE MAP SUNDAY 29 MARCH 9.00AM



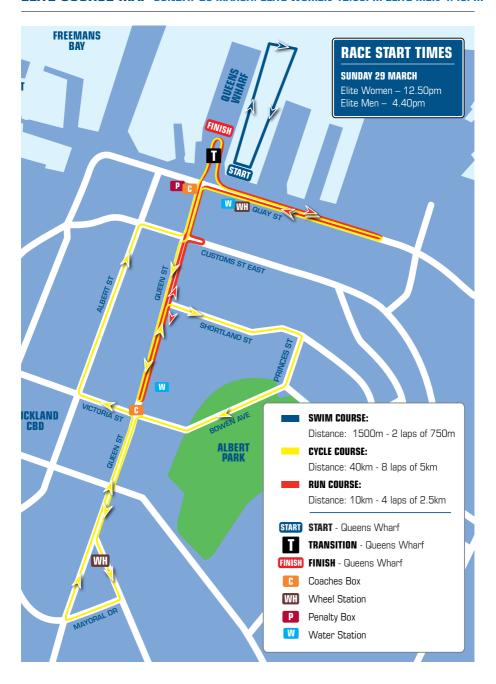
# SUPER SPRINT TRI RUN COURSE MAP SUNDAY 29 MARCH



# FYFOD 5KM FUN RUN COURSE MAP SUNDAY 29 MARCH 10.30AM



# ELITE COURSE MAP SUNDAY 29 MARCH. ELITE WOMEN 12.50PM ELITE MEN 4.40PM



# **GENERAL INFORMATION USEFUL FOR ALL ENTRANTS**

# **BAG-DROP**

If you would like to leave your gear bag with us when you take part in your event, please come and see us in The Cloud at the Bag Drop area in the back of the Cloud (at registration). This will be open an hour before each event and close half an hour after the last participant has crossed the line.

# **RECOVERY AND MEDICAL**

A recovery area with water, Pure Sports Nutrition drink, bananas and other goodies will be available at the front of the Cloud after you have finished your race. If you have any particular food or drink requirements you should bring these in your bag. If you have any medical problems please see a marshal who will direct you to the medical area located at the finish line.

# REFRESHMENTS

There will be a variety of food stands available on Queens Wharf including the Café in the Cloud for the best coffee

# **MASSAGE SERVICES**

Massage Service will be provided by Lee Burgess and his team from TheraSport Massage.

TheraSport Massage are our official massage provider for the Barfoot and Thompson ITU World Triathlon Auckland, Massage services can be booked by all athletes and support crews in the Sports and Lifestyle Expo in the Cloud during race registration and race briefing times on Saturday 28th and again on Sunday 29th March all day.

Pre and post event massage can be booked directly with Lee Burgess at lee@therasport. co.nz or 027 553 3352

# TIMING

All our events are electronically timed. Please ensure you are wearing your timing transponder as instructed to you when you collect this at registration. Any Triathlon transponders that are not returned will result in a \$130 replacement fee charged to the athlete. Transponders are non-transferable.

All Swim Run and FYFOD 5km Fun Run entrants DO NOT need to return their timing devices as they are disposable timing chips attached to either ankle (Swim Run) or race number (5km Fun Run). This applies to these two races ONLY.

# SAFETY RECOMMENDATIONS

- Drink plenty of fluid before and during the event.
- Use caution at the start of the swim, if you are not an experienced swimmer start at the back or sides of the field.
- · Bikes must be in safe mechanical condition for the race and should be checked prior to the race.
- Helmet checks will be carried out on entry to transition on race day by technical officials.

# SWIM RUN EVENT INFORMATION

# **Event: Saturday 28th March**

Registration is open from 9:00. Transition is open 2:00pm - 3:30pm. Start time is 4:00pm

All results will be printed and displayed on the entrance to the Cloud in Recovery area.

All Swim Run entrants will have a disposable timing chip attached to their ankle and so no transponder return is required (see timing under General Information)

# SWIM RUN PRIZE GIVING

Prize giving will be in front of The Cloud, 5 minutes after final participant crosses the finish line.

Medals will be awarded for the following:

- 1st, 2nd & 3rd male and female in the Open category (over 18yrs)
- 1st, 2nd & 3rd male and female in the Youth category (18yrs & under).

# TRIATHLON EVENT INFORMATION

Event: Sunday 29th March

Registration is open on Saturday from 9:00am - 6:00pm for ALL triathlon events.

Transition is open for bike racking on Saturday from 9:00am - 6:00pm at Cooks Wharf entrance on Quay St.

Transition is open on race day morning from 6:30am and will close at 7:15am for all Standard Distance Triathletes and at 8:00am for Sprint & Corporate Triathletes and 08:45am for Super Sprint Distance Triathletes.

Entry to transition is at Cooks Wharf entrance on Quay St. Once you have completed your transition set-up, you will make your way to the Cloud Bag Drop area to wait for your wave start.

All results will be printed and displayed on the entrance to the Cloud in Recovery area.

# **RACE NUMBERS**

# Standard, Sprint and Super Sprint Individuals and Paratriathletes

Athletes will be provided with three race numbers:

- One adhesive to place around the seat post of your bike
- One adhesive to the front of your helmet.
- One to wear on your back during the bike and on your front during the run (twist it around as you transition)

# Standard and Sprint Teams & Corporate Sprint Teams

Each team will be provided with four race numbers;

- One adhesive to place around the seat post of your bike
- One adhesive to the front of your helmet
- One to wear on your back during the bike
- One to wear on your front during the run

# SWIM CAP

You must start the event with the correct coloured swim cap, which is to be provided at registration. Please check that the cap colour you are given matches the wave start you are entered in.

# TRANSITION BIKE RACKING ON SATURDAY 28th MARCH

Bike racks will be numbered, find your race number and place your bike at this location. Bikes should be racked by the handlebars not by the seat post, this will ensure they are not blown off the rack overnight.

Bikes must be racked on Saturday 28th March between 9:00am and 6:00pm. You will need to be wear the wristband you are given at registration to enter transition. Please note that there will be a security presence at all times during the night on Saturday evening. Only your bike can left in transition overnight, no other equipment.

It is your responsibility to ensure that your equipment is in safe working condition and in compliance with the rules governing the event.

# **TRANSITION ON SUNDAY 29th MARCH**

Transition opens at 6:30am and transition will close at 7:15am for all Standard Distance Triathletes and at 8:00am for Sprint and 8:45am Super Sprint Distance Triathletes.

After these times only officials are allowed in the Transition area prior to race start. Please advise your supporters that they will not be allowed in transition at any stage. You will need your wristband to enter transition.

Do not leave your bike helmet in transition on Saturday night. Bike helmets will be checked by Technical Officials at transition check-in on Sunday morning. Please ensure you have your bike helmet on with the strap secure for the bike helmet check.

No bags/boxes etc. are to be left in transition and nor is your bike's location able to be marked in any way.

After your race you can collect your bike after the last athlete has left transition onto the run – we estimate that to be approximately 11.00am. It will be announced once transition is open for bike collection over the speaker at the venue.

# TRIATHLON EVENT INFORMATION

# Please note to collect your bike you will need to have your wristband and race number.

If you require warm clothing after you finish, this needs to be left in your bag at the bag drop area in the Cloud.

# TRIATHLON PRIZE GIVING

Triathlon Prize giving will be held at 11:30am on Sunday 29th March at the front of the Cloud on Queens Wharf.

Medals will be awarded to:

# SUPER SPRINT Tri

- 1st, 2nd & 3rd male and female in the Open category (over 18yrs)
- 1st. 2nd & 3rd male and female in the Youth category (18yrs & under).

# **SPRINT Tri**

• 1st, 2nd & 3rd place getters for each 5 year age group, Men, Women and Youth

# Tri NZ Sovereign National STANDARD Distance Tri -

• 1st, 2nd & 3rd place getters for each 5 year age group, Men and Women.

Team prizes will be awarded to:

# STANDARD Teams Relay Tri

• 1st, 2nd & 3rd place getters for Open Mixed, Open Men. Open Women

# SPRINT Teams Relay Tri

- 1st. 2nd & 3rd place getters for Open Mixed. Open Men, Open Women
- 1st, 2nd & 3rd place getters for Youth Mixed, Youth Men, Youth Women (18 yrs & under)

# **CORPORATE Teams Sprint Tri**

• 1st, 2nd & 3rd place getters for Corporate Mixed, Corporate Men and Corporate Women

Thanks to our sponsors we have some great spot prizes - make sure you tear off the bottom of your race number and put it in the spot prize bin at prize giving to be eligible.

# **RACE BRIEFINGS**

# It is compulsory that you watch one of the race briefings on Saturday 28th March. which will be shown continuously on the Mezzanine level of The Cloud between 9:00am and 6:00pm. There will be a manned athlete briefing specifically for beginners at 12:00pm on the Mezzanine level of The Cloud. This will

Please note it is the athlete's responsibility to know the course. You can also refer to the course maps online at http://auckland. triathlon.org/events

include a site familiarisation walk.

# **RACE RULES**

This Event is controlled by Tri NZ rules which can be found at www.triathlon.org.nz Understanding the rules is part of the terms and conditions of entry.

Technical Officials are the only people that can penalise you. Obey the instructions of Technical Officials and Marshalls AT ALL TIMES. Failure to obey their instructions may result in your disqualification by a Technical Official.

# **ROAD CLOSURES and CYCLING BEHAVIOUR**

- 1. There are full or partial road closures in place for the event.
- 2. Athletes need to keep alert at all times on the roads; for emergency vehicles and potential of cars pulling out of driveways. The course is closed but athletes should ride as if the roads are open.
- 3. When riding on Queen St, Quay Street and Tamaki Drive, athletes will be riding on the LEFT HAND side of the road. Always keep to the left hand side of the lane and pass on the right hand side.
- 4. Note that in any situation, crossing of the relevant centre line will result in instant disqualification

# **COURSE DESCRIPTION**

# SWIM

This is a deep-water start, athletes will be asked to enter the water and place one hand on the pontoon, for the race start. Waves will be called to the starting area approximately 10 minutes

# TRIATHLON EVENT INFORMATION

prior to their start time. Details of wave start times are on page 32. Make sure you know your wave start time and ensure you are lined up in your wave ready to go.

The swim course is swum in a clockwise direction. Upon completion of the swim leg, you will exit on the left side of the pontoon (from water) using the ramps provided.

If in trouble in the water, raise your hand. A lifeguard will get to you as quickly as they can. All water support (e.g. kayaks/IRB's) are there to support swimmers and Technical Officials to monitor and ensure rules are enforced.

Ensure you round all the buoys appropriately.

Wet suits are allowed. Based on the water temperature expected for this 2015 event wetsuits are not compulsory. Tri NZ rules cover the use of wetsuits depending on the temperature of the water. These rules are in place for safety reasons, particularly for events with longer swim sections where people will be in the water for a longer time. The final ruling on this will be confirmed at athlete briefings on Saturday 28th March.

# BIKE

This is a non-drafting event. Avoid drafting at all times. Be aware of the cyclists around you and their activities at all times. The Triathlon NZ drafting rule - the distance is 10 metres from front edge of the front wheel of your bike to the front wheel or the rider in front of you, and is 3 metres wide. [I.e. make sure you can fit 3 bike lengths between you and the bike in front of you).

If passing, this manoeuvre must take place within 20 seconds. If you are unable to pass within this time, drop back outside the non-drafting distance (i.e. 3 bike lengths). Once a cyclist's front wheel edge has overtaken another's, it is the responsibility of the overtaken cyclist to ensure that they drop back from the draft zone within 20 seconds.

Note that the penalty for drafting is a 2 minute stand down for the Standard Course and a 1 minute stand-down for the Sprint and Super Sprint Course, with disqualification for the second

offence. If penalised, you are required to stop at the next Penalty Box. If you do not then you will be disqualified.

There will be one penalty box on the cycle course, located on corner of Queen St and Quay St on return to transition. The location of this penalty box is marked by a red square on the cycle course map below.

If necessary, the Technical Director/Race Referee reserves the right to enforce a cycle penalty at transition or on the run course.

Intentionally blocking another athlete so they are unable to pass you is an immediate disqualification offence.

When going in and out of transition, you will need to be off your bike (pushing it) until you pass the mount line prior to the bike leg. The mount line is indicated by a coloured line, signage and technical officials. After your bike leg when you return to transition you must get off your bike prior to the dismount line before entering transition. Your helmet must be fastened before you remove your bike from the rack AND remain fastened until you rack the bike at the end of your ride.

The Traffic Management team will be managing the flow of traffic to and from residents that live near some parts of the course. Please be mindful of this and at all times watch out for other vehicles that may appear on course.

# TEAM HANDOVER

The bike and run team members should wait at the team handover area on Cooks Wharf. At the end of each leg (swim or bike) the team member will hand over the timing transponder to the next team member.

# RUN

Sections of the run are on the road and other parts are on the footpath. On Princes Wharf and North Wharf there are tram tracks, athletes should take care to avoid running on the tracks where possible. If wet be careful of your footing, as there maybe places where the paving stones are slippery.

# **WAVE START TIMES**

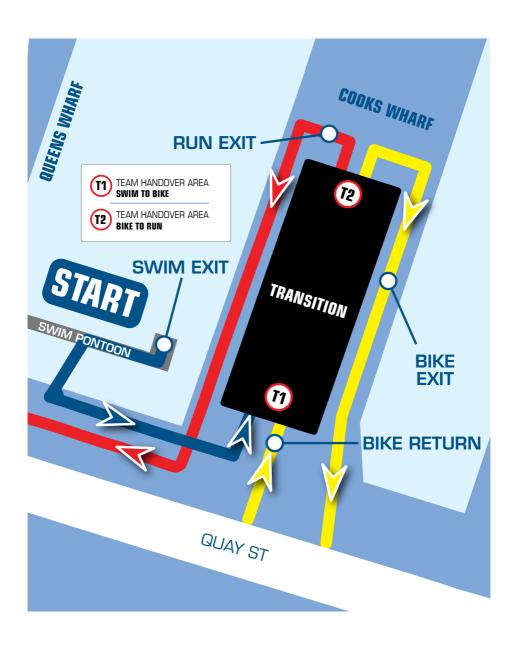
| SWIM RUN - SATU | CAP COLOUR  |        |  |
|-----------------|-------------|--------|--|
| 4:00PM          | :OOPM MEN   |        |  |
|                 | YOUTH MEN   |        |  |
| 4:06PM          | WOMEN       | PURPLE |  |
|                 | YOUTH WOMEN |        |  |

| STANDARD DISTANCE TRI - SUNDAY |          |        |        |        |        |        |      | CAP COLO | UR |
|--------------------------------|----------|--------|--------|--------|--------|--------|------|----------|----|
| 7:30                           | M16-19   | M20-24 | M25-29 | M30-34 |        |        |      | RED      |    |
| 7:33                           | F16-19   | F20-24 | F25-29 | F30-34 | F35-39 |        |      | PURPLE   |    |
| 7:36                           | M35-39   | M40-44 |        |        |        |        |      | BLUE     |    |
| 7:39                           | F40-44   | F45-49 | F50-54 | F55-59 | F60-64 | F65-59 | F70+ | ORANGE   |    |
| 7:42                           | M45-49   | M50-54 | M55-59 | M60-64 | M65-69 | M70+   |      | GREEN    |    |
| 7:45                           | ALL TEAM | RED    |        |        |        |        |      |          |    |

| SPRIN | SPRINT DISTANCE TRI - SUNDAY |         |        |        |        |        |        |        | CAP COLO | UR     |  |
|-------|------------------------------|---------|--------|--------|--------|--------|--------|--------|----------|--------|--|
| 8:15  | M13-15                       | F13-15  |        |        |        |        |        |        |          | PURPLE |  |
| 8:20  | M16-19                       | M20-24  | M25-29 | M30-34 | M35-39 |        |        |        |          | GREEN  |  |
| 8:23  | F16-19                       | F20-24  | F25-29 | F30-34 |        |        |        |        |          | RED    |  |
| 8:26  | M40-44                       | M45-49  | M50-54 | M55-59 | M60-64 | M65-59 | M60-64 | M65-69 | M70+     | BLUE   |  |
| 8:29  | F35-39                       | F40-44  | F45-49 | F50-54 | F55-59 | F60-64 | F65-69 | F70+   |          | PURPLE |  |
| 8:32  | ALL OPE                      | N TEAMS |        |        |        |        |        |        |          | ORANGE |  |
| 8:35  | ALL COF                      | RPORATE | TEAMS  |        |        |        |        |        |          | GREEN  |  |
| 8:38  | ALL WESTPAC TEAMS            |         |        |        |        |        |        |        |          | RED    |  |
| 8:41  | PARATR                       | I       |        |        |        |        |        |        |          | BLACK  |  |

| SUPER SPRINT DISTANCE TRI - SUNDAY |             | CAP COLOUR |  |
|------------------------------------|-------------|------------|--|
| 9:00AM                             | MEN         | ORANGE     |  |
|                                    | YOUTH MEN   |            |  |
| 9:03AM                             | WOMEN       | GREEN      |  |
|                                    | YOUTH WOMEN |            |  |

# TRIATHLON EVENT INFORMATION TRANSITION MAP



# **FYFOD 5KM FUN RUN INFORMATION**

# Event: Saturday 29th March

Registration is open from 9:00am and will close at. 10:00am

All competitors will assemble on the blue carpet Elite course on Queens Wharf.

All 5km Fun Run entrants will have a disposable timing chip attached to the back of their race number and so no transponder return is required (see timing under General Information)

Start time is 10:30am

# **PRIZE GIVING**

Spot Prizes will be awarded to runners as they cross the blue carpet Elite finish line!







Come along to the

# **Chopper Open Day**

brought to you by Westpac and Auckland Rescue Helicopter Trust

Saturday 28 March, 11am - 6pm Queens Wharf, Part of the ITU World Triathlon, Auckland

The Chopper Open Days are a rare opportunity to get up close and personal with your local chopper, meet the crew and see live helicopter demonstrations.

Helicopter Winch Displays at 12.30pm and 2.00pm\*

GAMES, FUN, FOOD & MORE!

SAUSAGES, CANDY FLOSS, TREATS GALORE!







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# **FOUNDATION PARTNERS**











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# STATEMEN'

The event organisers reserve the right to alter information within this document should it be deemed necessary. Any such change will be communicated via the public address system at least 30 minutes before race start.



28-29 March 2015

