

Tri-County Behavioral Health Resource Guide 2019

Tri-County Behavioral Health Resource Guide

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Introduction to the Guide

Somerset Core Service Agency (SCSA), Wicomico Local Behavioral Health Authority (LBHA Wicomico), Worcester Local Behavioral Health Authority (LBHA Worcester), and Worcester County's Initiative to Preserve Families/Worcester County Local Management Board (WCLMB) are pleased to present the 2019 edition of the TRI-COUNTY BEHAVIORAL HEALTH RESOURCE GUIDE for Somerset, Wicomico, and Worcester Counties in Maryland. This guide, while not inclusive of every service or behavioral health provider in the tri-county area, represents our effort to help the citizens of the region become more aware of the services that are available to them. SCSA, WBHA, WCCSA and WCLMB in no way endorse any one provider or service over another. We hope this guide is useful in your navigation of the Public Behavioral Health System in Somerset, Wicomico, and Worcester Counties. This information is also available online at www.somersethealth.org, www.wicomicohealth.org/CSA.asp, www.worcesterhealth.org, and www.networkofcare.org.

Somerset County Core Service Agency

8928 Sign Post Rd, Westover, MD 21871 443-523-1700 www.somersethealth.org

Wicomico Behavioral Health Authority

108 East Main St., Salisbury, MD 21801 410-543-6981 www.wicomicohealth.org/CSA.asp

Worcester Behavioral Health Authority Worcester County's Initiative to Preserve Families

6040 Public Landing Dr., Snow Hill, MD 21863 410-632-3648 www.worcesterhealth.org/planning-sidebar/core-service-agency-csa

Maryland's Public Behavioral Health System (PBHS) Overview

The PBHS is jointly coordinated and administered by the Behavioral Health Administration (BHA), Core Service Agencies (CSAs), and Beacon Health Options (the contracted Administrative Service Organization). BHA has oversight authority of the PBHS, which includes policy development, state-wide planning, resource allocation, and continuous quality improvement responsibilities.

Beacon Health Options, the administrative service organization for the PBHS, determines eligibility for services, approves authorizations for services, conducts utilization review of services, collects data, submits reports, processes billing claims, and remits payments to providers.

CSAs are the local behavioral health authorities responsible for planning, managing, and monitoring public mental health services at the local level as stipulated by the Health General Article 10-10-1203, Annotated Code of Maryland.

For further information please contact SCSA at 443-523-1700, LBHA Wicomico at 410-543-6981, and LBHA Worcester at 410-632-3366.

Behavioral Health Glossary

Behavioral Health Professionals:

Advanced Practice Psychiatric Nurses/Psychiatric Mental Health (APRN/PMH) – A registered nurse certified by the Maryland State Board of Nursing who is able to independently engage in the following activities:

- An APRN is able to diagnose individuals with mental health illnesses.
- "Nurse Psychotherapist" A registered nurse who practices psychotherapy in a structured relationship with the client.
- "Psychiatric Nurse Practitioner" An experienced registered nurse who possesses advanced training and education in the area of diagnosing and treating illness. Nurse practitioners are able to prescribe medication. Psychiatric nurse practitioners specialize in providing psychiatric care to individuals.

Certified Addictions Counselor – Alcohol and Drugs (CAC-AD) – Certified addictions counselors hold the second level of certification required for substance abuse counseling. They must have a Bachelor's degree in a counseling field, among other requirements.

Certified Peer Recovery Specialist (CPRS) – An individual that is in recovery from a substance use or co-occurring substance use and mental health disorder who provides support to others so that they can benefit from his or her experiences. To become certified, the peer recovery specialist must pass a written exam.

Certified Registered Nurse Practitioner (CRNP) – A certified registered nurse practitioner is a licensed, advanced practice registered nurse (APRN) who has completed a prescribed educational program that includes advanced knowledge, skills, and abilities in assessment, diagnosis, treatment, and management.

Certified Supervised Counselor – Alcohol and Drugs (CSC-AD) – Certified supervised counselors hold the first level of certification required for substance abuse counseling. They must have an Associate's degree in a counseling field, among other requirements.

Clinical Social Worker (ACSW, LCSW, LCSW-C) – Clinical Social Workers hold a Master's degree in social work (MSW), and specialize in clinical practice. They must be licensed by the State of Maryland.

Licensed Clinical Alcohol and Drugs Counselor (LCADC) – This is the next level certification after Licensed Graduate Alcohol and Drugs Counselor (see pg 6).

Licensed Clinical Professional Counselor (LCPC) – A Licensed Clinical Professional Counselor possesses a Master's degree in professional counseling. LCPCs must be certified by the State Board of Examiners.

Licensed Graduate Alcohol and Drugs Counselor (LGADC) – A Licensed Graduate Alcohol and Drugs Counselor certification is granted after the awarding of a Master's degree and passing the test for a license. During this time, the counselor is under supervision.

Licensed Professional Counselor (LPC) – A licensed professional counselor holds a Master's degree and is trained to work with individuals, families, and groups in treating mental, behavioral, and emotional problems and disorders.

Psychiatrist (MD) – A medical doctor possesses specialized training in the field of psychiatry. Psychiatrists must be licensed physicians in the state in which they practice and must also be certified by the American Board of Psychiatry.

Psychologist (PhD) – A psychologist possesses a doctoral degree in psychology and must be licensed by the Maryland State Board of Examiners of Psychologists. A psychologist can be a clinical or a counseling psychologist.

Behavioral Health Terms:

1915i – A state plan amendment that provides Intensive Behavioral Health Services for children, youth, and families.

Care Coordination Organization (CCO) – A provider offering a multi-level continuum of care to children and youth up to age 22 to support a transition back to the home environment, remain in their home or current living arrangement, move to lower intensity of services or restrictiveness of placement, or otherwise maintain and improve functioning and well-being.

Case Management – A process which plans, coordinates, and implements services required to meet an individual's needs.

Crisis Intervention Team (CIT) –A community effort joining law enforcement and the community for the common goals of safety, understanding, and service to the behavioral health population and their families.

Dialectical Behavioral Therapy (DBT) – A comprehensive cognitive-behavioral treatment for complex, difficult-to-treat mental disorders. It involves using two main components: individual weekly psychotherapy and weekly group therapy sessions.

Dual Diagnosis Treatment/Co-occurring Treatment – Treatment for an individual with substance abuse issues as well as a mental health diagnosis.

Evidence-Based Practice (EBP) – Making decisions about how to promote health or provide care by integrating the best available evidence with practitioner expertise and other resources, and with the characteristics, state, needs, values and preferences of those who will be affected.

Family Psycho Education – An EBP that provides education to individuals living with mental illness and their families with a goal of assisting the individual and their family to better understand and deal with his/her present illness, avoid relapse, and contribute to their own health and wellness on a long-term basis.

Intensive In-Home Intervention Program for Children (IHIP-C) – The state of Maryland's In-Home Intervention Program for Children aims to prevent out-of-home placement by providing families with access to full-time professional mental health resources.

Intensive Outpatient Program (IOP) – The highest level of outpatient treatment before inpatient care.

LGBTQ – Abbreviation for lesbian, gay, bisexual, transgender, and queer or questioning. It is an umbrella term that is used to refer to the community as a whole. Medication Evaluation – A medication evaluation involves a psychiatrist or nurse practitioner monitoring and evaluating a client's medications to ensure the client is on the proper medications. Medication evaluations can be done at various intervals.

Mental Health Case Management Services/Targeted Case Management (TCM) – Services to assist individuals in gaining access to a full range of mental health services as well as to any additional needed medical, social, financial assistance, counseling, educational, housing, and other support services.

Mobile Treatment/Assertive Community Treatment (ACT) – Mobile Treatment is an intensive, community-based service which provides assertive outreach, treatment, rehabilitation, and support to individuals with severe and persistent mental illness (SPMI) who may be without a home or for whom more traditional forms of outpatient treatment have been ineffective.

Outpatient – Treatment that is given in the community and not in a hospital setting.

Paraprofessionals – Paraprofessionals work under a trained professional in clinical settings, i.e. Licensed Social Work Associates (Bachelor level social workers).

Partial Hospitalization Program (PHP) – A program for children, adolescents, and adults that offers a bridge between inpatient acute hospitalization and outpatient services. Its serves as an alternative to hospitalization and as a transition from inpatient care. The program is structured in a therapeutic setting and provides 24/7 supervision and care.

Peer Support – Individuals or family members of those living with behavioral health disorders coming together to provide a self directed, grassroots association that works to enhance the behavioral health of other local consumers. Peer support members meet as equals to give each other support on a reciprocal basis.

Psychiatric Evaluation – A psychiatric evaluation performed by a psychiatrist or nurse practitioner that includes the history of the present illness, current symptoms the individual is experiencing, past history of illness, family history, a review of medications, mental status examinations and a physical examination.

Psychiatric Rehabilitation Program (PRP) – A program that provides support and rehabilitation to individuals who suffer from mental illness. PRP focuses on daily living skills through the use of the community environment.

Psychological Testing – Tests which are given to individuals to assess and evaluate information.

Psychological tests are administered and interpreted by a psychologist.

Residential Rehabilitation Program (RRP) – RRP housing is for individuals with a chronic mental health diagnosis, who are unable to live independently in the community.

Respite – Respite services are provided to relieve the caregiver from the stress of care giving.

Sliding Scale – Fees are set according to the client's ability to pay (i.e., if the client has no income, the fee would be \$0).

Social Service Organization – A community organization that assists individuals with needs such as locating housing, financial assistance, and resources.

Supported Employment Program/Mental Health Vocational Program (SEP/MHVP) – SEP services provide job development and placement, job coaching, and ongoing employment support to individuals with

serious mental illness or emotional disturbance for whom competitive employment has not occurred, has been interrupted, or has been intermittent.

Telemedicine – Medical information transferred through interactive audiovisual media for the purpose of consultation or the delivery of clinical care.

Therapeutic Behavioral Services (TBS) – A service provided in the home for children and adolescents under 21 years of age. The goal is to help children and families safely manage behavior at home and in the community to prevent a higher level of care.

Uninsured – If you do not currently have health insurance, you are uninsured. Individuals may only receive PMHS uninsured benefits if the provider has documented that the consumer is not eligible for MA, SSI, SSDI, or any other public benefit program and includes, in the individuals medical record, documentation from MA or Social Security stating the reason for ineligibility

Crisis Information and 24 Hour Hotlines

Affiliated Santé Group - Eastern Shore Crisis

Response Services (ESCRS) provides behavioral health emergent, urgent, information and referral crisis response programs. Serving nine counties on the Eastern Shore 24/7, 365 days a year. Four mobile crisis teams located in Cecil, Dorchester, Kent, and Wicomico Counties are available from 9 am to midnight, seven days a week, 365 days a year to respond to mental health and substance use crises as defined by the caller.

Phone: 1-888-407-8018

Website: www.thesantegroup.org

Americans with Disabilities Act

U.S. Access Board 24 Hour Hotline: 1-800-872-2253 Americans with Disabilities Act Information Line: 800-514-0301 (Voice), 800-514-0383 (TTY)

Beacon Place

Provides a safe harbor and sanctuary for adults (18+) experiencing acute psychiatric crisis. They are a voluntary alternative to or step down from hospitalization.

Team Cell Phone: 443-880-3010 Website: www.gogettersinc.org

Community Outreach Addictions Team (C.O.A.T.)

Peer support specialist partnered with local law enforcement assists people into treatment by offering phone and in-person support, connections to local resources, and follow up assistance.

Phone: 443-783-6875 /410-742-3784

Life Crisis Center

Provides a 24 hour crisis hotline. Services: Counseling for victims of domestic violence or sexual assault, suicide prevention, support groups, emergency safe home, shelter and medical care referral, and assistance.

24 Hour Hotline: 410-749-4357 Phone: 410-749-0632 / 410-749-0771 Website: www.lifecrisiscenter.org

Maryland State AIDS Hotline

Phone: 1-800-232-4636 TTY: 1-800-232-6348

Maryland Youth Crisis Hotline

Phone: 1-800-422-0009

Website: www.help4mdyouth.org

Mobile Treatment/ACT – Lower Shore Clinic

Team treatment approach designed to assist the individual to achieve recovery, fully participate in community life, obtain stable permanent housing, and reduce the individual's unnecessary admissions to emergency rooms and inpatient psychiatric services. The program currently serves Wicomico, Worcester, Somerset, Dorchester, Talbot, and Caroline counties.

Phone: 410-341-3420

Poison Control Center

Phone: 1-800-222-1222

Website: www.mdpoison.com

Sexual Assault Resource Agency

Phone: 410-836-8430

Suicide Prevention Lifeline

English and Spanish speakers are available.

Phone: 1-800-273-8255 TTY: 1-800-799-4889

Website: www.suicidepreventionlifeline.org

Trevor Lifeline (LGBTQ community)

Phone: 1-866-488-7386

Website: www.thetrevorproject.org

Urgent Care Clinics

Provides mental health assessment and consultation within 48 business hours to prevent the individual's condition from worsening. If psychiatric care is identified, an evaluation will be scheduled with a psychiatrist within a 30 day period.

Lower Shore Clinic (Wicomico): 410-341-3420 Eastern Shore Psychological Services (Somerset):

410-651-4200

Call ESCRS after business hours: 1-888-407-8018

Veterans Crisis Line

Chat available on website.

Phone: 1-800-273-8255 (Press 1) Cell phone (For texting): 838255 Website: www.veteranscrisisline.net

	Anderson, Ev	a K., PhD		
Address: 540 Riverside Dr., Suite 3 Salisbury, MD 21801	Phone: 410-548-7883	Hours of Opera Call to schedule		Payment Type(s): Medicare,Private Insurance, Self Pay Ages Served: 5+
Mental Health Services Provided:			Specialty Treat	ments:
☑ Individual Therapy			N/A	
Other Behavioral Health Services: Psycho	ological testing			

	Arrow Child &	Family Minist	ries	
Address: 116-118 W. Main St., Suite #100 Salisbury, MD 21801	Phone: 410-677-0741	Hours of C Call to sche	Operation: edule appointment	Payment Type(s): Medicaid, Self Pay Ages Served: Treatment Foster Care
Website: www.arrow.org	Fax: 410-677-0743			(Infant to 21yrs) PRP (5 to 18yrs)
Mental Health Services Provided:			Specialty Treatme	nts:
☑ PRP ☑ TBS			N/A	
☑ Treatment Foster Care				
Other Behavioral Health Services:				

Address:	Phone:	Hours of Opera	tion:	Payment Type(s):
9733 Healthway Dr.	410-641-1100	24/7		Medicaid, Medicare,
Berlin, MD 21811		Language Serv	ices:	Private Insurance, Self
		Services Provide	ed	Pay, Sliding Fee Scale,
Website:		Ages Served:		Uninsured
www.atlanticgeneral.org		All ages		
Mental Health/Addiction Services	s Provided:		Specialty Treatme	ents:
☑ Ability to Prescrive Medication	☑ Medication Management			
✓ Family Therapy	✓ Peer Support			
☑ Group Therapy	☑ Psychiatric Evaluations			
✓ Individual Therapy	☑ Telepsychiatry			

	Atlantic Psychologic	cal Practice, P.	A.	
Address:	Phone:	Hours of Opera		Payment Type(s):
106 Milford St., Suite 104	410-543-8291	Call to schedule	• •	Medicare, Private
Salisbury, Maryland 21804		Mon, Wed: 8am	•	Insurance, Self Pay
		Tues, Thurs: 8a	m-7pm	Ages Served:
Website:	Fax:	Fri: 8am-5pm		2+
www.atlanticpsychological.com	410-341-6275			
Mental Health Services Provided:			Specialty Treatmo	ents:
			☑ Eating Disorder	S
✓ Individual Therapy			☑ Trauma - Sexu	al abuse, physical
			abuse, and PTS	SD
Others Deliver to see Life 1th Occasion as				
Other Behavioral Health Services:				

	B.N.J Health	n Services, LLC		
	Phone: 443-978-7919	-		Payment Type(s): Medicaid, Medicare, Self
	440 070 7313		-	Pay
	Fax: 443-978-7930			Ages Served: 18+
ded:		<u> </u>	Specialty Tr	eatments:
✓ Methadone	Treatment		N/A	
	✓ Medication✓ Methadone	Phone: 443-978-7919 Fax: 443-978-7930	Phone: 443-978-7919 Hours of Opera Mon-Fri 5am-11 Sat 6am-9:30an Fax: 443-978-7930 ded: ✓ Medication Management ✓ Methadone Treatment	Phone: 443-978-7919 Hours of Operation: Mon-Fri 5am-11am Sat 6am-9:30am Fax: 443-978-7930 ded: ✓ Medication Management ✓ Methadone Treatment ✓ Methadone Treatment

	Balanced Life Cou	inseling Services, LLC	
Address:	Phone:	Hours of Operation:	Payment Type(s):
560 Riverside Dr.	443-978-8688	Mon, Fri 8am-5pm	
Suite B101		Tues-Thurs 8am-7pm	
Salisbury, MD 21801		Closed on weekends	Ages Served:
	Fax:		
Addiction Services Provide	ded:	Specialty 1	reatments:
✓ Addiction Inpatient	✓ Medication Management	N/A	
✓ Addiction IOP	✓ Methadone Treatment		
✓ Addiciton Outpatient	✓ Subutex Treatment		
✓ Detox			
✓ Individual Therapy			

	Catholic Charities, In	c Seton Cer	iter	
Address:	Phone:	Hours of Opera		Payment Type(s):
30632 Hampden Ave.	410-651-9608	Call to schedule	appointment	Medicaid, Medicare,
Princess Anne, MD 21853	F			Private Insurance, Self
Mahaita.	Fax:			Pay, Sliding Fee Scale,
Website:	410-651-1843			Uninsured
www.ccwilm.org			<u> </u>	<u> </u>
Mental Health Services Provided:			Specialty Treatn	nents:
☐ Family Therapy			N/A	
✓ Individual Therapy				
·				
Other Behavioral Health Services:				

		Cente	r 4 Clean S	Start (C4CS)		
Address: Phone:			none: Language Service		/ices:	Payment Type(s):
926 Snow Hill Rd., Cottage	age 200 410-742-3460		Language Line		Medicaid, Medicare,	
Salisbury, MD 21804				Hours of Oper	ation	Private Insurance, Self Pay, Sliding Fee Scale,
Website:		Fax:	ax: Hours of Operators Call to schedule			Uninsured
www.worcesterhealth.org		410-742-58	10	Mon-Fri 8am-4:		Ages Served: 12+
Mental Health/Addictions Services Provided:		1	Specialty Treatments:			
☑ Ability to Prescribe	Individual TI	nerapy	Suboxe	one Treatment	☑ Co-occurring	Treatment/Dual Diagnosis
Medication			☑ Subute	ex Treatment		
☑ Addiction IOP		•	☑ Vivitrol	Treatment		
☑ Addiction Outpatient						
	Management					
		ort				

		Chesapeake Health	Care – Mental Health	
Address 1: 1104 Healthway Dr. Salisbury, MD 21804 Phone: 410-219-5483 Fax: 410-219-3446	Address 2: 12145 Elm St. Princess Anne, MD 21853 Phone: 410-651-2204 Fax: 410-651-1113	Address 3: 9956 N. Main St., Suite 2, Berlin, MD 21811 Phone: 410-973-2820 Fax: 410-973-2843	Language Services: Language Line Hours of Operation: Mon-Thur 7:30am-6pm Fri 7:30am-5:30pm	Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured Website: www.chesapeakehc.org
Mental Health Service ✓ Ability to Prescribe ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy	e Medication	edication Management sychiatric Evaluations elepsychiatry	Specialty Treatments: ☑ Anger Management Group ☑ Co-occuriring Treatment/ D ☑ LGBTQ ☑ Play Therapy ☑ Trauma – TFCBT	s
Other Behavioral He	alth Services:			

Chesapea	ake Music Therapy –	Niki Runge, M	CAT, MT-BC	
Address:	Phone:	Hours of Opera		Payment Type(s):
212 East Main St.,	443-523-4976	Call to schedule	appointment	Self Pay, Sliding Fee
Suite 211 Salisbury, MD 21801				Scale, LISS, TCM PLUS
Salisbury, IVID 2 100 1				Ages Served: 0+
Mental Health Services Provided:			Specialty Treatm	nents:
			☑ Music Therapy	1
☑ Group Therapy				
✓ IndividualTherapy				
01	() P 1 PP	1		
Other Behavioral Health Services: Develo	pmental disabilities, autism	n, early interventio	n.	

Address 1:	Address 2:	Address 3:	Hours of Operation:	Payment Type(s):
1322 Belmont Ave,	12417 Ocean Gtwy,	402 Marvel Ct,	Call to schedule appointment	Medicaid, Private
Salisbury, MD 21804	Suite 7,	Easton, MD 21601		Insurance, Self Pay
Phone:	Ocean City, MD	Phone:	Website:	
410-831-3904	21842	410-822-7150	www.chesapeaketreatmentservices	Ages Served:
	Phone: 410-651-2204		.com	18+
Addiction Services			Specialty Treatments:	
☑ Addiction Outpatie	ent			
☑ Methadone Treatr				
☑ Suboxone Treatm	ent			

	Childre	n's Choice		
Address: 1813 Sweetbay Dr., Suite 1A Salisbury, MD 21804	Phone: 410-546-6106	Hours of Operation: Mon-Fri 8:30am -4:30pm		Payment Type(s): Medicaid Ages Served:
Website: www.childrenschoice.org	Fax: 410-219-2640			0-21
Mental Health Services Provided: ☑ PRP ☑ Respite ☑ Foster Care			Specialty Tr	eatments:
Other Behavioral Health Services:				

		Community Beh	avioral	Health	
Address 1:	Address 2:	Address 3:	Hours of	f Operation: Mon-Fri 8am-6pm	Payment Type(s):
821 Eastern Shore	426 Dorchester Ave.	142 Coursevall Dr.,	, l 2 2 1		Medicaid, Medicare,
Dr.	Cambridge, MD	Centreville, MD	Services		Private Insurance,
Salisbury, MD 21804	21613	21617	Phone: 8	344 224-5264	Sliding Fee Scale,
			Fax: 888	3 509-0010	Uninsured
			Website		Ages Served:
			www.con	nmunitybehavioralhealth.net	4+
Mental Health/Addiction	ons Services Provided	:		Specialty Treatments:	
☑ Ability to Prescribe	✓ Individual Therapy	Respite		✓ Anger Mngmt.	Sex Offender
Medication	☑ Medication Mngmt.	☑ Suboxone Tree	eatment	✓ Art Therapy	
Addiction IOP	☑ Mental Health IOP	☑ Subutex Trea	ıtment	☑ Co-occurring Treatment /	
✓ Addiction	☑ Peer Support	☑ TCM for Adul	ts	Dual Diagnosis	
Outpatient	☑ PRP		ту	☑ Eating Disorders	
	☑ Psychiatric Evaluati	on	ment	✓ Play Therapy	
☑ Group Therapy	•				
Other Behavioral Heal	th Services:				

Address:		Phone:	Language Services:	Payment Type(s):	
28 East State St. Delmar, MD 21875		410-896-3995	Spanish	Medicaid, Private Insurance, Self Pay	
Delinar, MD 21075				ilisurance, Seli Fay	
		Fax:	Hours of Operation:	Ages Served:	
		410-896-2825	Mon-Fri 8am-6pm	6+	
Mental Health/Addictions Services Provided:		Specialty Treatments:	Specialty Treatments:		
☑ Addiction IOP		alth IOP	☑ Anger Management	Co-occurring Treatment/	
	☑ Psychiatric	Evaluations	Groups	Dual Diagnosis	
✓ Family Therapy			☑ Therapy for LGBTQ		
☑ Group Therapy				Cognitive Behavioral	
☑ Individual Therapy			✓ Veterans	Therapy	
Other Rehavioral Health	Services: Denart	ment of Transportation	n Substance Abuse Professional P	rocess (SAP) Pre-surgical	

Address 1:	Address 2:	Hours of Operation	: Payment Type(
212 W. Main St.,	5 Chestnut Way	Call to schedule app	
Salisbury, MD 21801	Berlin, MD 21811	Tues-Fri 9:30am-5:3	
Phone: 410-742-7160	Phone: 410-742-7160	Website:	Uninsured
Fax: 410-630-7389	Fax: 410-630-7389	Dr.LeslieDonnelly.co	Ages Served: 16+
Mental Health Services Pro	vided:	Spec	cialty Treatments:
☑ Individual Therapy			Co-occuring Treatment / Dual Diagn Seriatric

	Eastern Shore Psychological Services, LLC					
Address:	Address 2:	Address	3:	Hours of Operation:	Payment Type(s):	
1113 Healthway Dr.	11120 Somerset Ave.	29520 Canvasback Dr.		Please check with each	Medicaid, Medicare,	
Salisbury, MD 21804	Princess Anne, MD 21853	Easton, M	D 21601	site for walk in times.	Private Insurance, Self	
Phone: 410-334-6961	Phone: 410-651-4200	Phone: 4	10-822-5007	Website: www.espsmd.com	Pay, Sliding Fee Scale, Uninsured	
Fax: 410-334-6960	Fax: 410-651-4290	Fax: 410-	822-5569	·	Ages Served: 4+	
Mental Health/Addiction	s Services Provided:		Specialty Tre	atments:		
☑ Ability to Prescribe	✓ Individual Therapy		☑ Anger Man	agement Groups ☑ Vet	erans	
Medication	✓ Medication Management			ng Treatment/Dual ☑ CE	S Muse and	
☑ Addiction IOP	☑ PRP		Diagnosis	Neu	urofeedback services	
☑ Addiction Outpatient	☑ Psychiatric Evaluations					
☑ Family Therapy	✓ Vivitrol Treatment			er		
☑ Group Therapy						
Other Behavioral Health	Services: PTSD, sexual assa	ult, domest	c violence, dea	th, divorce, child abuse, fos	ter care	

Address:	Phone:	Hours of Operation:		Payment Type(s):	
11022 Nicholas Lane	443-735-4812	Call to schedule	Call to schedule appointment		
Suite 2		Mon-Thur 11am	-7pm	Pay	
Ocean Pines, MD 21811					
	Website:			Ages Served:	
	FamiltyTreeTherapyLLC.com			2-19	
Mental Health Services Provided:			Specialty Treatments:		
			✓ Play Therapy		
✓ Individual Therapy			☑ Parent-Child	Therapy	
Other Dehavioral Health Ser	rvices: Out-patient Mental Health in Off	fice			

	Focus Point Be	ehavioral Health		
Address: 11672 Somerset Ave Princess Anne, MD 21853	Address: 803 N. Salisbury Blvd Suite 2200 Salisbury, MD 21804	Hours of Operation: Intake by appointment and walk-in. Mon-Thur: 9am-8pm Fri 9am-5pm Website: www.focuspointbh.com		Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Uninsured
Phone : 410-621-5858 Fax : 410-621-5799	Phone: 443-978-7838 Fax: 410-621-5799			Ages Served: 12+
Addictions Services Provided: ☑ Addiction IOP ☑ Addiction Outpatient ☑ Individual Therapy			Specialty Treatments: ☑ Co-occurring Treatment/ Dual Diagnosis	
Other Behavioral Health Service LGBTQ – Coping with the stress of				e for clients

	Garner, Doris C.,	PhD		
Address 1: 8420 Follow Ditch Rd. Westover, MD 21871 Office Hours: Mon, Tues, & Thurs 4:15pm-8:30pm Wed 3:15pm-8:30pm Fri 1:15pm-8:30pm Sat 8am-12pm Intake by appointment only	Address 2: 10031 Old Ocean City Blvd, Berlin, MD 21811 Office Hours: Fri 8:30am-12pm	Office Hours Call to sched Mon-Fri 8:30a Phone: 410-957-310a Fax: 410-952-314a	ule appointment am-4:30pm	Payment Type(s): Medicare, Private Insurance, Self Pay, Uninsured Ages Served: 2+
Mental Health Provided: ☑ Family Therapy ☑ Individual Therapy			Specialty Treatment ☑ Eating Disorders ☑ Geriatric	ts:
Other Behavioral Health Services:				

		Go-Getters, Inc).		
Address 1:	Address 2:	Address 3:	Website:		Payment Type(s):
431 E Main St.	7033 Worcester Hwy.	11559 Somerset Ave.	www.lowe	rshoreclinic.org	Medicaid,
Salisbury, MD 21801	Newark, MD 21841	Princess Anne, MD 21853			Medicare
	Phone: 410-632-3737	Phone: 410-651-1547		e Services: anish and Haitian	Anna Camada
	Fax:	Fax:	Hours of	Onorotion	Ages Served: 18+
	410-632-1283	410-651-4872	Mon-Fri	Operation: Bam-4pm	10+
Mental Health/Addict	tions Services Provided	:		Specialty Treatments:	
	op In ☑ RRF)		✓ Art Therapy	
(Princess Anne) ☑ PRP	☑ SEF	P/MHVP (Princess Anne)			
Other Behavioral Hea	alth Services: Supported	l Employment Services			

Address:	Phone:	Hours of Operation:	Payment Type(s):	
403 E. Main St.	410-546-3619	Mon-Fri	Medicaid, Medicare	
Salisbury, MD 21801		8am-2pm		
Website:	Fax:		Ages Served:	
www.lowershoreclinic.org	410-546-5387		55+	
Mental Health Services Provided		Specialty 7	Specialty Treatments:	
☑ PRP	☑ RRP	N/A		
Other Behavioral Health Services				

	Go-Getters, Inc Pe	eer Connection	ıs	
Address:	Phone:	Hours of Opera	tion:	Payment Type(s):
505 E. Main St.	410-341-3420	Referral Progran	n	Medicaid, Medicare
Salisbury, MD 21804		8am-2pm		
	Fax:			
Website:	410-548-7682			Ages Served:
www.lowershoreclinic.org				18+
Mental Health/ Addiction Services Provide	ed:		Specialty Treatm	nents:
✓ Peer Support			☑ Co-occurring 7	Freatment/ Dual
☑ PRP			Diagnosis	
Other Behavioral Health Services:				

	<u> </u>	nc. – Wulff PAK		T =
Address:	ress: Phone: Hours of Operation:		ation:	Payment Type(s):
704 North Division St.	443-736-7845	Mon-Fri	Mon-Fri	
Salisbury, MD 21801		8am -4pm		
Website:	Fax:			Ages Served:
www.lowershoreclinic.org	443-736-7846			18-29
Mental Health Services Provided:	•		Specialty Treatn	nents:
✓ Medication Management ✓ RRP			☑ Anger Manage	ement Groups
✓ Peer Support				reatment / Dual
☑ PRP			Diagnosis	
☑ Respite				

Other Behavioral Health Services: A group model that uses positive peer support to build self esteem, learn strategies to solve problems and cope with mental health symptoms, improve daily living, build natural supports with a goal of increased independence and educational/vocational success.

Harkhani, J. S., MD					
Address: 1300 S. Division St., #A Salisbury, MD 21804	Phone: 410-219-3488 Fax: 410-219-5900	Hours of Operation: Call to schedule appointment Monday-Friday 1pm-4pm	Payment Type(s): Medicare, Private Insurance Ages Served: 18+		
Mental Health Services Provided ✓ Ability to Prescribe Medication (✓ Medication Management ✓ Psychiatric Evaluations	•	Specialty Trea	itments:		
Other Behavioral Health Services	s:				

Hudson Health Services					
Address:	Phone:	Language Services:	Payment Type(s):		
1506 Harting Dr., P.O. Box 1096	888-288-9086	Translators available	Medicaid, Private		
Salisbury, MD 21801		Hours of Operation:	Insurance, Self Pay		
		Call to schedule appointment			
Website/Email:	Fax:	Mon-Fri 8am-5pm	Ages Served:		
www.Hudson-Health.org	410-742-7048	Some weekend appointments	18+		
Mental Health/Addictions Services Provide	led:		Specialty Treatments		
✓ Ability to Prescribe Medication	☐ Group Therapy	☑ Residential Treatment Center	N/A		
☑ Addiction Inpatient □					
✓ Addiction Transitional Housing		✓ Vivitrol Treatment			
☑ Detox	☑ PHP				
☐ Family Therapy					
Other Behavioral Health Services: Hudson	n Health Services' Halfway	and Transitional Houses are located	d in Salisbury, Maryland and		
in Georgetown, Delaware.					

Isaacs, Amy P. LCSW-C – Retiring Late Spring					
Address: 106 W. Circle Ave., Suite 106 Salisbury, MD 21801 (The Cannon Building)	Phone: 410-543-1814	Hours of Opera Call to schedule		Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay Ages Served: 4+	
Mental Health and Jungian Analysis Serv	vices Provided:		Specialty Treatr	nents:	
☑ Individual Therapy			☑ Art Therapy	☑ Play Therapy	
Other Behavioral Health Services:					

Island Care Mental Health					
Address: 11022 Nicholas Lane., Unit Berlin, MD 21811	2 Suite 1	Phone: 410-641-5190	Hours of Oper Call to schedule		Payment Type(s): Medicaid, Medicare, Private Insurance Ages Served: 5+
Mental Health Services Produced Ability to Prescribe Medication ☑ Family Therapy ☑ Individual Therapy	rovided: ☑ Medicat Manageme ☑Vivitrol T ☑ Family	ent reatment		Specialty Treatment Anger Management Grou ☑ Co-occuring Treatment/Dual Diagnosis	✓ Play Therapy
Other Behavioral Health S Depression, Anxiety, Panic					

health disorders.

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	<u> </u>					
	J. David Collins and Associates, LLC					
Address 1:	dress 1: Address 2: Hours of Operat		tion:	Payment Type(s):		
540 Riverside Dr., Suite 8,	828 Airpax Rd., Building B		nd walk-ins for intake	Medicaid, Medicare, Private		
Salisbury, MD 21801	Cambridge, MD 21613	Mon-Fri 9am-5pr	m	Insurance, Self Pay, Sliding		
Phone: 410-548-3333	Phone: 410-901-1333	Website/Email:		one: 410-901-1333 Website/Email: Fee Sca		Fee Scale, Uninsured
Fax: 443-944-8299	Fax: 410-901-1366	www.jdavidcollins.com		Ages Served: 18+		
Mental Health/Addictions Services Provided:		Specialty Treatments:				
☑ Ability to Prescribe Medicat	ation Medication Managen	nent	☑ Anger Management	Groups		
✓ Addiction IOP ✓ Peer Support			☑ Co-occurring Treatment/ Dual Diagnosis			
✓ Addiction Outpatient ✓ Psychiatric Evaluations		ns	☑ DUI Program			
☑ Family Therapy	Suboxone Treatment	t				
☑ Group Therapy	Vivitrol Treatment					
✓ Individual Therapy						
Other Behavioral Health Ser	rvices:		ı			

		y Services, LLC		
Address:	Phone:	Hours of Operation: Payment Type(s)		
10031 Old Ocean City Blvd.	443-783-3523	Monday- Friday 9am-5	pm Private Insurance, Self	
Berlin, MD 21811	Language Services:	By Appointment	Pay	
Website/Email:	English	, , , ,	,	
Jamiecoatestherapy.com	3		Ages Served:	
, , , , , , , , , , , , , , , , , , ,			18+	
Mental Health/ Addiction Services	Provided:	Spec	ialty Treatments:	
☑ Group Therapy		✓ T	rauma – Perinatal Loss	
✓ Individual Therapy				

Life Crisis Center				
Address: P.O. Box 387 Salisbury, MD 21803	Phone: 410-749-0632	Language Services: Spanish	Payment Type(s): Free Counseling Services	
Website/Email: www.lifecrisiscenter.org	Fax: 410-548-9496	Hours of Operation: Mon-Fri 9am-5pm	Ages Served: 4+	
Mental Health Services Provided:	·	Specialty Treatments:		
✓ Family Therapy✓ Individual Therapy		✓ Anger Management Group✓ Art Therapy✓ Play Therapy	os .	

Other Behavioral Health Services: Victims of DV and Sexual Assault/Rape, Abuser's Intervention Program for domestic violence offenders, Introduction to trauma and how it affects children and their development. Offers a 4-part educational group for parents and caregivers on trauma in children and available services provided by Life Crisis Center and the Child Advocacy Center.

LifeMark Inc.					
Address:	Phone:	Hours of Operation:		Payment Type(s):	
28672 Old Quantico Rd,	443-859-8584	Call to schedule	appointment	Medicaid, Private	
Salisbury, MD 21801	Fax:	Mon-Thurs 8am	-6:30pm	Insurance, Self Pay	
	443-859-8496	Fri 8am-4:30pm			
Website/Email:	Language Services:	No Weekend Ap	pointments	Ages Served:	
www.lifemark.pro	Bilingual Spanish			3+	
Mental Health/ Addiction Services Provided:			Specialty Treatr	nents:	
☑ Addiction Outpatient		☑ Anger Management Groups			
			☑ Art Therapy		
☑ Group Therapy				Treatment/ Dual Diagnosis	
✓ Individual Therapy			☑ Geriatric	-	
✓ Psychiatric Evaluations			☑ Play Therapy		
			☑ Trauma - PTS	SD	
			✓ Veterans		
Other Pehavieral Health Services: County	s thorany enocializes in a	ognitivo hohaviora	l thorony for donro	assion and anxiety	
Other Behavioral Health Services: Couples therapy, specializes in cognitive behavioral therapy for depression and anxiety					

Address:	Phone:	Hours of Opera	tion:	Payment Type(s):
1504 Market St.	410-957-4200	Mon-Thurs 11am	Medicaid, Private	
Pocomoke City, MD 21851		Weekends available by appointment only		Insurance, Self Pay, Sliding Fee Scale.
PO Box 281, Pocomoke City, MD 21851	Fax: 410-957-6842		,	
Mental Health Services Provided:			Specialty Treat	ments:
			✓ Sex Offender	
☑ Group Therapy			✓ Certified Clini	cal Trauma Professional
✓ Individual Therapy				

response, mediation, and distance counseling services are available.

m-8pm Medicaid, Medicare, Insurance, Self Pay, Fee Scale, Uninsured Mages Served: 4+	Sliding			
unselingem com	ł			
Specialty Treatments:				
Mental Health/Addictions Services Provided: Specialty Treatments: ✓ Addiction Outpatient ✓ Anger Management Groups ✓ Family Therapy ✓ Eating Disorders ✓ Individual Therapy ✓ LGBTQ ✓ Mental Health IOP ✓ Play Therapy ✓ Veterans ✓ Veterans				
☑ ☑ ☑	LGBŤQ Play Therapy			

Lower Shore Clinic Assertive Community Treatment (ACT) Team					
Address:	Phone:	Language Serv	ices:	Payment Type(s):	
106 Williamsport Circle	410-341-9696	Language Line		Medicaid, Medicare,	
Salisbury, MD 21804				Uninsured	
Website/Email: www.lowershoreclinic.org	Fax: 410-341-9663			Ages Served: 18+	
Mental Health Services Provided:			Specialty Treatm	nents:	
	☑ Peer Support ☑ SEP/MHVP		☑ Co-occurring 1	Freatment/Dual Diagnosis	
✓ Medication Management ✓ Mobile Treatment/ACT					
Other Behavioral Health Services:					

Lower Shore Clinic, Inc.				
Address:	Phone:	Hours of Opera	tion:	Payment Type(s):
505 E Main St.	410-341-3420	Intake by walk-ir	١,	Medicaid, Medicare,
Salisbury, MD 21804	Fax:	Mon-Fri at 7:50a	ım	Private Insurance, Sliding
·	410-341-3397	Must have photo I.D., social		Fee Scale, Uninsured
	Language Services:	security card, an	d insurance	
Website/Email:	Language Line	card.		Ages Served:
www.lowershoreclinic.org				18+
Mental Health Services Provided:			Specialty Treatm	nents:
✓ Ability to Perscribe Medication	☑ Vivitrol Treatment		☑ Co-occuring	☑ Bisexual
			Treatment / Du	ual ☑ Transgender
☑ Group Therapy			Diagnosis	✓ Trauma – Please
✓ Individual Therapy			☑ Geriatric	see below
✓ Medication Management			✓ Lesbian/Gay	
Other Behavioral Health Services: Provides	s EMDR and Neuro-feedba	ack services.		

Maple Shade Youth & Family Services, LLC					
Address 1:	Address 2:	Address 3:	Payment Type(s): Medicaid		
23704 Ocean Gateway	11793 Somerset Ave,	382 West Main St.,	Ages Served: 5-17		
Mardela Springs, MD 21837	Princess Anne, MD 21853	Crisfield, MD 21817	Hours of Operation:		
Phone:410-677-0202	Phone:410-621-5177	Phone:410-968-3547	Call to schedule appointment		
Fax: 410-677-0303	Fax:410-621-5050	Fax:410-968-1078	Mon-Fri 9am-3pm		
			Website/Email: www.maple-shade.org		
Mental Health Services Prov	rided:		Specialty Treatments:		
☑ Ability to Prescribe Medica	tion	agement	✓ Play Therapy		
☑ Family Therapy	☑ PRP		✓ Lesbian/Gay		
☑ Group Therapy	☑ Psychiatric Evaluation	uations	·		
✓ Individual Therapy	☑ Respite				
Other Behavioral Health Ser overnight residential respite. A			based therapy services. Day respite and		

	McCrea	dy Health Addictions		
Address 1:	Phone:	Hours of Operation:		Payment Type(s): Medicaid, Medicare,
201 Hall Hwy,	410-968-1801	Walk-in hours are Mon & Tues		Private Insurance, Self Pay, Sliding
Crisfield, MD 21817		(2-3pm) Weds-Fri (1-2pm)		Fee Scale, Uninsured
	Fax:	Bring ID and health Insurand	ce	
Website/Email:	410-968-9380	Language Services:		Ages Served: 12+
www.mcreadyhealth.org		Language Line		
Addictions Services Provided:		Spe	Specialty Treatments:	
✓ Addiction IOP			☑C	o-occuring Treatment / Dual
✓ Addiction Outpatient	☑ Subutex Treatment		D	iagnosis
	✓ Vivitrol Treatment		✓T	rauma – PTSD, Sexually, Physical,
☑ Group Therapy			E	motional, or Mental
✓ Individual Therapy				
Other Behavioral Health Ser	vices:		-	

Address:	Phone:	Hours of Operation:	Payment Type(s):
102 West Market St.	410-860-2673	Mental Health 8am- 5pm	Medicaid, Private
Salisbury, MD 21801		Substance abuse groups:	Insurance, Self Pay,
		10am-12:15pm, 1pm-3:15pm, &	Uninsured
Website/Email:	Fax:	5pm-7:15pm	Ages Served: Varies by
www.pmhs.co	410-860-0450	Intakes from 8:30am- 5pm	program, call for details
Mental Health/Addictions	Services Provided:	Specialty Treatments:	
☑ Addiction IOP	✓ Individual Therapy	☑ Co-occurring Treatment/Dual	Eating Disorders
✓ Addiction Outpatient	✓ Suboxone Treatment	Diagnosis	
	✓ Vivitrol Treatment		☑ LGBTQ
		✓ Geriatric	✓ Veterans
		✓ Trauma	

Address: 100 E. Carroll St. Salisbury, MD 21801	Phone: 410-543-4738	Hours of Oper Mon-Fri 8:30an	n - 3pm Med Priva	ment Type(s): icaid, Medicare, ate Insurance, Self
Website/Email: www.peninsula.org	Fax: 410-543-4781			Uninsured s Served:
Mental Health and Addiction Serv	vices Provided:		Specialty Treatments:	
☑ Ability to Prescribe Medication☑ Group Therapy☑ Medication Management☑ PHP			✓ Co-occuring Treatme/ Dual Diagnosis✓ Eating Disorders✓ Geriatric	ent ☑ LGBTQ ☑Music Therapy ☑ Play Therapy ☑ Recreational

Peninsula Regional Medical Center 3 South				
Address:	Phone:	Language Services:	Payment Type(s):	
100 E. Carroll St.	410-543-7161	Language Line	Medicaid, Medicare,	
Salisbury, MD 21801			Private Insurance, Self	
•			Pay, Uninsured	
Website/Email:	Fax:	Hours of Operation:	Ages Served:	
www.peninsula.org	410-543-7165	24/7	18+	
Mental Health/Addictions Services Pr	ovided:		Specialty Treatments	
☑ Ability to Prescribe Medication	☑ Group Therapy		N/A	
✓ Addiction Inpatient	☑ Medication Managem	nent		
☑ Detox (Does not offer suboxone or	☑ Methadone Treatmer	nt		
methadone)	☑ Psychiatric Acute Inp	atient		
☑ Psychiatric Evaluations				
Other Behavioral Health Services: Co	gnitive behavioral therapy			
	g 2 2 2			

Peninsula Regional Medical Center Behavioral Health Services Outpatient Clinic				
Address:	Phone:	Language Services:	Payment Type(s):	
100 E. Carroll St.	410-543-7119	Language Line	Medicaid, Medicare,	
Salisbury, MD 21801			Private Insurance, Self	
			Pay, Uninsured	
Website/Email:	Fax:	Hours of Operation:		
www.peninsula.org	410-677-6675	M-TH 8:00 – 6:00,	Ages Served:	
		Fri – by appt only	5+	
Mental Health/Addictions Service	es Provided:		Specialty Treatments	
☑ Tele-psychology for Childrer	. &		N/A	
Adolescents				
✓ Individual Therapy				
✓ Medication Management				
Family Therapy				
Other Behavioral Health Service	S:			

	ReConne	ctions, LLC	
Physical Address: 201 Pine Bluff Road, Suite 2 Salisbury, MD 21801 Website/Email: www.myreconnections.com info@myreconnections.com	Phone: 410-742-3055 Fax: 443-944-0095	Hours of Operation: Call to schedule appointment Mon-Fri	Payment Type(s): Medicaid, Private Insurance, Self Pay Ages Served: 13+
Mental Health/Addictions Services Provi ☑ Family Therapy ☑ Individual Therapy	ded:	Specialty Treatments: ☑ Anger Management Groups ☑ Co-occurring Treatment /Doccurring Disorders ☑ Eating Disorders ☑ LGBTQ ☑ PlayTherapy	
Other Behavioral Health Services:		·	

	Reeves, Talma	dge C, MD		
Address: 233 West Main St. Salisbury, MD 21801	Phone: 410-749-0124	Hours of Opera Call to schedule Mon, Tues, Fri S	appointment	Payment Type(s): Self Pay (No credit cards)
	Fax: 410-546-4872			Ages Served: 18+
Mental Health Services Provided:	•		Specialty Treatn	nents:
☑ Ability to Prescribe Medication☑ Individual Therapy☑ Psychiatric Evaluations			☑ Eating Disorde ☑ LGBTQ ☑ Trauma - PTS	
Other Behavioral Health Services:				

Address:	Phone:	ng & Wellness Center Hours of Operation:	Payment Type(s):
		•	
10776 Grays Corner Rd,	410-973-2525	Call to schedule appointment	Medicaid, Medicare,
Suite 2		Website/Email:	Private Insurance, Self
Berlin, MD 21811		www.seasidecounselingandwell	Pay, Sliding Fee Scale,
	Fax:	ness.com	Uninsured
	410-973-2527		Ages Served: 4+
Mental Health/Addictions Service	es Provided:	Specialty Treatments:	1
✓ Family Therapy		✓ Veterans	
☑ Individual Therapy		☑ First Responders	
1,		☑ LGBTQ ˙	
		☑ Geriatric	

Address:	Phone:	Hours of Operation:	Payment Type(s):	
309 Newton St. Salisbury, MD 21801	410-749-8038	24/7, Call for bed availablity and intake appointment.	Self Pay, State Grants Available	
Website/Email: www.secondwindinc.net	Fax: 410-749-8040	Office is open: Mon-Fri 9am-4pm	Ages Served: 18+	
Addictions Services Provided:	l	Specialty Treatme	nts:	
 ✓ Addiction Transitional Housing ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy 	✓ Peer Support✓ Halfway Housing	☑ Anger Managen		

Somerse	t County Health Departme	ent	
Address 1:	Hours of Operation:		Payment Type(s):
8928 Sign Post Rd.	Mon-Fri 8am-4:30pm		N/A
Westover, MD 21871			Ages Served:
Phone:	Website:		0+
443-523-1790	www.somersethealth.org		
Addictions Services Provided:		Specialty Treatmo	ents:
☑ Peer Support		N/A	
00 5 1 1 11 10 0			
Other Behavioral Health Services:			

A dalan a a A		ery and Re-entry Ce		December ()
Address 1:	Phone:	Hours of Operation:		Payment Type(s):
11674 Somerset Ave,	410-621-5739	Mon-Fri		N/A
Princess Anne, MD 21853		8am-4:30pm		
	Fax:			Ages Served:
	410-621-5426	Language Serv	ices:	18+
Website:		Language Line		
www.somersethealth.org				
Addictions Services Provided:	I		Specialty T	reatments:
✓ Peer Support			N/A	
✓ Group Support Meetings			1 1// 1	
ap .app				

Stange, Carol, LCSW					
Address: 106 Circle Ave. Salisbury, MD 21801	Phone: 410-430-0727	Hours of Operation: Call to schedule appointment Tues, Thurs, and Fri 1pm – 8pm	Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay Ages Served: 18+		
Mental Health Services Provided: ☑ Family Therapy ☑ Individual Therapy		Specialty Treatments:			
Other Behavioral Health Services:					

The Personal Wellness Center					
Address:	Phone:	Hours of Operation:		Payment Type(s):	
6508 Deer Pointe Dr	410-742-6016	Call to schedule	appointment	Medicaid, Medicare,	
Suite 4C	Fax:	Mon-Thurs 8am	-7pm	Private Insurance, Self	
Salisbury, MD 21804	410-742-6014	Fri 8am-5pm		Pay, Sliding Fee Scale,	
Website/Email:	Language Services:	Sat 9am-2:30pn	n	Unisured	
www.thepersonalwellnesscenter.com	Spanish			Ages Served: 5+	
Mental Health Services Provided:			Specialty Treatn	nents:	
			☑ Eating Disorde	ers	
✓ Individual Therapy			☑ Geriatric		
✓ Hypnotherapy			☑ Trauma – PTS	SD	
			✓ Veterans		
Other Behavioral Health Services: Cognitive behavioral therapy, Holistic therapy, Nutritional Coach, Acupuncture, Life Coach, Energy					
therapy: Reiki and EFT (Emotional Freedom Technique), and Bach Flowers.					

Address:	Phone:	Language Services:	Payment Type(s):
130 E. Main St.	410-749-6422	Spanish	Medicaid, Private
Salisbury, MD 21801			Insurance, Self Pay,
	Fax:	Hours of Operation:	Sliding Fee Scale,
	410-749-7861	Mon-Fri 10am-6pm	Uninsured
			Ages Served: 16+
Addictions Services Provided:		Special	y Treatments:
☑ Addiction IOP		N/A	
✓ Addiction Outpatient			
✓ Individual Therapy			
✓ Vivitrol Treatment			
Other Behavioral Health Services:			

Wicomico Behavioral Health					
Address:	Phone:	Language Services:		Payment Type(s):	
108 E. Main St.	Addictions: 410-742-3784	Interpreter and/or Language	Line	Medicaid, Medicare, Private	
Salisbury, MD 21801	Mental Health: 410-334-3497	Hours of Operation:		Insurance, Self Pay,	
		Addictions: Walk in Mon-Th	urs 8am	Uninsured	
Website/Email:	Fax:	Mental Health: Walk in time	s may vary –	Ages Served: Varies by	
www.wicomicohealth.org	410-543-6680	Please call.	Please call.		
Mental Health/Addictions	Services Provided:		Specialty Trea	tments:	
☑ Ability to Prescribe	☑ Group Therapy	☑ PRP	☑ Co-occurrin	g Treatment/Dual Diagnosis	
Medication	✓ Individual Therapy	✓ Suboxone Treatment			
☑ Addiction IOP	✓ Medication	(limited)			
☑ Addiction Outpatient	Management	☑ TCM for Adults			
✓ Family Therapy	✓ Methadone Treatment				
✓ Oral Naltrexone	✓ Peer Support	✓ Vivitrol Treatment			
Other Behavioral Health	Samilana				

Worcester Addiction Cooperative Services (W.A.C.S)						
Address: 11827 Ocean Gateway		Phone: 410-213-0202	Hours of Opera Mon-Thurs 8am		Payment Type(s): Medicaid, Medicare,	
Ocean City MD 21842		110 210 0202	Fri 8am-4:30pm		Private Insurance, Self Pay, Sliding Fee Scale	
Website/Email: www.worcesterhealth.org		Fax: 410-213-1408			Ages Served:	
Mental Health/Addictions Se	ervices Provid	ed:		Specialty Treatn	nents:	
☑ Addiction Outpatient ☑ Group Therapy	☑ Individual T ☑ Peer Suppo ☑ Telepsychia	ort		☑ Co-occurring ⁻	Freatment/Dual Diagnosis	
Other Behavioral Health Ser	rvices:					

Worcester County Health Department				
Address 1: 6040 Public Landing Rd. Snow Hill, MD 21863	Address 2: 9730 Healthway Dr. Berlin, MD 21811	Address 3: 400 Walnut St. #A Pocomoke, MD 21851	Website/Email: www.worcesterhealth.org Language Services:	Payment Type(s): Medicaid, Medicare, Private Insurance,
Phone: 410-632-1100	Phone: 410-629-0164	Phone: 410-957-2005	Language Line Hours of Operation:	Self Pay, Sliding Fee Scale
Fax: 410-632-0906	Fax: 410-629-0185	Fax: 410-957-0185	Mon-Fri 8am-5pm	Ages Served: 2+
Mental Health/Addictions	Services Provided:		Specialty Treatments:	
 ☑ Ability to Prescribe Med ☑ Addiction IOP ☑ Addiction Outpatient ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy 	☑ Peer ☑ PRP ☑ Psyc ☑ TCM	cation Management Support hiatric Evaluations for Adults osychatry	 ✓ Anger Management Groups ✓ Co-occurring Treatment/ Dual Diagnosis ✓ Play Therapy 	☑ Sex Offender ☑ Truama
Other Behavioral Health	·	, ,	lealth Department.	

Worcester Youth & Family Counseling Services, Inc					
Address:	Phone:	Hours of Operation:	Payment Type(s):		
124 North Main St. Suite C	410-641-4598	Mon-Thurs 8:30am - 7pm	Medicaid, Medicare,		
Berlin, MD 21811		Fri 9am -1pm	Private Insurance, Self		
		Counseling – By Appointment.	Pay, Sliding Fee Scale,		
Website/Email:	Fax:	Family Connections –	Uninsured		
www.gowoyo.org	410-641-4696	Appointments or Walk in	Ages Served: 4+		
Mental Health Services Provided:	<u> </u>	Specialty Treatments:	Specialty Treatments:		
		☑ Eating Disorders			
☑ Group Therapy		☑ LGBTQ			
✓ Individual Therapy		✓ Play Therapy			
-17		☑ Truma – PTSD			
Other Behavioral Health Services:	Anxiety, ADHD, ADD, depre	ssion, grief, marital, suicidal, bariatric ev	valuations.		

Wraparound Maryland				
Address:	Phone:	Hours of C	peration:	Payment Type(s):
1118 East Main Street	410-219-5070	Mon-Fri 8a	m-5pm	Medicaid
Salisbury, MD 21804				
	_			
Website/Email:	Fax:			Ages Served:
www.wraparoundmd.com	410-219-5072			Children under 18
Mental Health and Addiction Services Pro	vided:		Specialty Treatments);
☑ CCO/1915i TCM for Youth			☑ LGBTQ – Safe Spa	ces, LGBTQ Informed

Other Behavioral Health Services: Provides mental health case management to children and youth in Wicomico and Somerset Counties. TCM Plus with Medicaid and without Medicaid. Provides FREE navigation, referral, and case management for citizens of Wicomico County through CARE at New Transitions, Inc. with no age or insurance requirements. Call 410-219-5070 and press 2 for details.

Chesapeake Treatment Services					
Address 2: 12417 Ocean Gtwy, Suite 7, Ocean City, MD 21842 Phone: 410-651-2204	Address 3: 402 Marvel Ct, Easton, MD 21601 Phone: 410-822-7150	Hours of Operation: Call to schedule appointment Website: www.chesapeaketreatmentservices .com	Payment Type(s): Medicaid, Private Insurance, Self Pay Ages Served: 18+		
Addiction Services Provided: Addiction Outpatient Methadone Treatment Suboxone Treatment Other Behavioral Health Services:		Specialty Treatments:			
	12417 Ocean Gtwy, Suite 7, Ocean City, MD 21842 Phone: 410-651-2204 rovided: tt	12417 Ocean Gtwy, Suite 7, Ocean City, MD 21842 Phone: 410-651-2204 rovided: tt ent	12417 Ocean Gtwy, Suite 7, Ocean City, MD 21842 Phone: 410-651-2204 rovided: tent		

Community Behavioral Health					
Address 1:	Address 2:	Address 3:	Hours o	f Operation: Mon-Fri 8am-6pm	Payment Type(s):
821 Eastern Shore	426 Dorchester Ave.	142 Coursevall Dr.,	Languag	ge Services: Interpreter	Medicaid, Medicare,
Dr.	Cambridge, MD	Centreville, MD	Services		Private Insurance,
Salisbury, MD 21804	21613	21617	Phone:	844 224-5264	Sliding Fee Scale,
			Fax: 888	3 509-0010	Uninsured
			Website	:	Ages Served:
			www.cor	mmunitybehavioralhealth.net	4+
Mental Health/Addiction	ons Services Provided:			Specialty Treatments:	
☑ Ability to Prescribe	✓ Individual Therapy	Respite		✓ Anger Mngmt.	Sex Offender
Medication	☑ Medication Mngmt.	☑ Suboxone Tr	eatment	✓ Art Therapy	
☑ Addiction IOP	☑ Mental Health IOP	☑ Subutex Treat	atment	☑ Co-occurring Treatment /	
✓ Addiction	☑ Peer Support	☑ TCM for Adu	lts	Dual Diagnosis	
Outpatient	☑ PRP		ry	☑ Eating Disorders	
	☑ Psychiatric Evaluation	on 🗹 Vivitrol Treat	ment	✓ Play Therapy	
	•				
Other Behavioral Hea	Ith Services:			,	

	Dover Behavioral Health System					
Address 1:	Address 2:	General Phone:	Language Services:	Payment Type(s):		
725 Horsepond Rd.	406 S. Bedford St.	855-609-9711	Interpreter services	Medicaid, Medicare,		
Dover, DE 19901	Georgetown, DE 19947	Fax:	Hours of Operation:	Private Insurance,		
	(PHP)	302-588-5724	Dover Office walk-in 24hrs.	Self Pay		
Phone:	Phone:	Website/Email:	Georgetown Office Mon-Fri,	Ages Served:		
302-747-1100	302-747-1421	www.doverbehavioral.com	8am-4pm	12+		
Mental Health/Addict	ions Services Provided:	ı	Specialty Treatments			
☑ Ability to Prescribe	Medication	☑ Group Therapy	☑ Anger Management Groups	☑ Art Therapy		
☑ Addiction Inpatient	v	Medication management ✓ Medication management	☑ Co-occurring Treatment/ Dual	Diagnosis		
☑ Addiction IOP	v	7 PHP	☑ Music Therapy			
☑ Addiction Outpatier	nt 🔽	☐ Psychiatric Acute Inpatient	☑ Telepsychiatry			
☑ Detox		(Dover Only)	☑ Veterans			
☑ Family Therapy	v	Psychiatric Evaluations				
Other Behavioral Hea	alth Services:					

Eastern Shore Hospital Center					
Address: 5262 Woods Rd. Cambridge, MD 21613 Website/Email: https://health.maryland.gov/ESHC	Hours of Operation 24/7, intakes generally appointment Phone: 410-221-236 Fax: 410-221-2558	ally	Language Services: Phone, written, visual, and on-site interpretation.	Ages Served: 18+	
Mental Health/Addictions Services Provided: ☑ Psychiatric Acute Inpatient		Ango Art T Co-c	ty Treatments er Management Groups Therapy occurring Treatment / Dual nosis	☑ Trauma ☑ Forensic	
Other Behavioral Health Services: Treatment in association with trauma informed care					

Address:	Address 2:	Address	3:	Hours of Operation:	Payment Type(s):
1113 Healthway Dr.	11120 Somerset Ave.	29520 Ca	nvasback Dr.	Please check with each	Medicaid, Medicare,
Salisbury, MD 21804	Princess Anne, MD 21853	Easton, M	1D 21601	site for walk in times.	Private Insurance, Self
Phone: 410-334-6961	Phone: 410-651-4200	Phone: 4	10-822-5007	Website: www.espsmd.com	Pay, Sliding Fee Scale, Uninsured
Fax: 410-334-6960	Fax: 410-651-4290	Fax: 410-	822-5569	·	Ages Served: 4+
Mental Health/Addiction	s Services Provided:		Specialty Tre	atments:	
☑ Ability to Prescribe	✓ Individual Therapy		☑ Anger Man	agement Groups	terans
Medication	✓ Medication Management			ng Treatment/Dual ☑ CE	S Muse and
✓ Addiction IOP	☑ PRP		Diagnosis	Ne	urofeedback services
	☑ Psychiatric Evaluations				
	✓ Vivitrol Treatment		☑ Sex Offend	er	

Hudson Health Services						
Address:	Phone:	Language Services:	Payment Type(s):			
1506 Harting Dr., P.O. Box 1096	888-288-9086	Translators available	Medicaid, Private			
Salisbury, MD 21801		Hours of Operation:	Insurance, Self Pay			
		Call to schedule appointment				
Website/Email:	Fax:	Mon-Fri 8am-5pm	Ages Served:			
www.Hudson-Health.org	410-742-7048	Some weekend appointments	18+			
Mental Health/Addictions Services Pro		Specialty Treatments				
☑ Ability to Prescribe Medication	☑ Group Therapy	☑ Residential Treatment Center	N/A			
	✓ Individual Therapy					
☑ Addiction Transitional Housing	✓ Peer Support	✓ Vivitrol Treatment				
☑ Detox	☑ PHP					
	✓ Psychiatric Evaluation	S				
Other Behavioral Health Services: Hud	son Health Services' Halfwa	ay and Transitional Houses are located	d in Salisbury, Maryland and			
in Georgetown, Delaware.						

	J. David Collin	s and Associat	tes, LLC	
Address 1:	Address 2:	Hours of Opera		Payment Type(s):
540 Riverside Dr., Suite 8,	828 Airpax Rd., Building B		d walk-ins for intake	Medicaid, Medicare, Private
Salisbury, MD 21801	Cambridge, MD 21613	Mon-Fri 9am-5pr	n	Insurance, Self Pay, Sliding
Phone: 410-548-3333	Phone: 410-901-1333	Website/Email:		Fee Scale, Uninsured
Fax: 443-944-8299	Fax: 410-901-1366	www.jdavidcollins.com		Ages Served: 18+
Mental Health/Addictions Services Provided:			Specialty Treatments:	
☑ Ability to Prescribe Medicat	tion Medication Managen	nent	☑ Anger Management Groups	
☑ Addiction IOP	☑ Peer Support		☑ Co-occurring Treatment/ Dual Diagnosis	
☑ Addiction Outpatient	Psychiatric Evaluatio	ns	☑ DUI Program	
☑ Family Therapy	Suboxone Treatment	t		
☑ Group Therapy				
✓ Individual Therapy				
Other Behavioral Health Services:				

	Rockfor	d Center		
Address:	Phone:	Hours	of Operation:	Payment Type(s):
100 Rockford Dr.	302-996-5480	24/7, 30	65 days a year	Medicaid, Medicare,
Newark, DE 19713				Private Insurance, Self
			age Services:	Pay
Website/Email:		Other la	anguages upon request	Ages Served:
www.rockfordcenter.com				4+
Mental Health/Addictions Service	s Provided:		Specialty Treatments	
☑ Ability to Prescribe Medication	☑ Medication Management			Groups
☑ Addiction Inpatient	☑ PHP		☑ Art Therapy	✓ Veterans
✓ Addiction IOP	☑ Psychiatric Acute Inpatient			
☑ Detox	Psychiatric Evaluations		Treatment/Dual Diagr	nosis
			☑ Geriatric	

Union Hospital of Cecil County					
Address:	Phone:	Hours of Operation		Payment Type(s):	
106 Bow St.	410-392-4000	Patient must presen		Medicaid, Medicare,	
Elkton, MD 21921	410-392-2689	emergency departm	ent for CIS	Private Insurance, Self Pay	
	Fax:	evaluation		Ages Served:	
	410-398-0698			18+	
Mental Health Services Pro		Specialty Treatments			
☐ Ability to Prescribe Medic			N/A		
☑ Psychiatric Acute Inpatien	t				
Other Behavioral Health Services:					
1					

University of Maryland Shore Behavioral Health Substance Disorders Program						
Address:	Phone:		tion:	Payment Type(s):		
219 South Washington St.,	410-822-1000 ext.5452	Call to schedule	appointment	Medicaid, Medicare,		
Easton, MD 21601		Mon - Fri		Private Insurance,		
	_					
	Fax:			Ages Served:		
	410-819-8736			18+		
Addiction Services Provided:			Specialty Treat			
☐ Ability to Prescribe Medication ☐	Peer Support		☑ Co-occurring	Treatment/Dual Diagnosis		
✓ Addiction IOP ✓	Sychiatric Evaluation					
☑ Addiction Outpatient ☑	Vivtrol Treatment					
☑ Group Therapy						
☑ Individual Therapy						
Other Behavioral Health Services: Acu	te inpatient hospitalization					

Warwick Manor Behavioral H					alth	
Address:		Phone:		Hours of Ope	ration:	Payment Type(s):
3680 Warwick Rd.		410-943-810	8	Admissions De	epartment: 8am-5pm	Medicaid, Private
East New Market, MD 2	1631					Insurance, Self Pay
l		_				
Website/Email:		Fax:				Ages Served:
www.warwickmanor.org		410-943-106	3			18+
Mental Health/Addictions Services Provided:				Specialty Treatments		
☑ Ability to Prescribe	☑ Family Therapy	v	Z PHP		Anger Manageme	nt ☑ Art Therapy
Medication	☑ Group Therapy	v	☑ Psychiatr	ic Evaluations	Groups	
☑ Addiction Inpatient	✓ Individual Thera	py 🔽	☑ Vivitrol Tr	reatment	·	Treatment/Dual
✓ Addiction IOP	☑ Medication Man	agement				Diagnosis
✓ Detox						ū
Other Behavioral Health Services:						

Life Coaches

The Personal Wellness Center					
Address:	Phone:	Hours of Operation:		Payment Type(s):	
6508 Deer Pointe Dr	410-742-6016	Call to schedule	appointment	Medicaid, Medicare,	
Suite 4C	Fax:	Mon-Thurs 8am	-7pm	Private Insurance, Self	
Salisbury, MD 21804	410-742-6014	Fri 8am-5pm		Pay, Sliding Fee Scale,	
Website/Email:	Language Services:	Sat 9am-2:30pm	า	Unisured	
www.thepersonalwellnesscenter.com	Spanish			Ages Served: 5+	
Mental Health Services Provided:		Specialty Treatments:		ments:	
		☑ Eating Disorders		ers	
✓ Individual Therapy					
☑ Hypnotherapy			☑ Trauma – PT	SD	
			Veterans		
Other Behavioral Health Services: Cogni	Other Behavioral Health Services: Cognitive behavioral therapy, holistic therapy, nutritional coach, acupuncture, life coach, energy				
therapy: reiki and EFT (Emotional Freedom Technique), and Bach Flowers.					

Low Cost Medical Providers

Chesapeake Health Care

Somerset:

Adult Medicine: Monday - 9:00 am - 7:00 pm; Tue-Th -

7:00 am - 7:00 pm; Friday - 7:00 am - 5:00 pm

OB/GYN: Mon-Fri - 8:30 am - 5:00 pm

Pediatrics: Mon-Th - 8:00 am - 6:00 pm; Friday - 8:30 am

- 5:00 pm; Call for Saturday hours

Mental Health: Mon-Th - 7:30 am - 6:00 pm; Friday - 7:00

am - 5:30 pm

Pharmacy: Mon-Fri - 8:30 am - 5:00 pm

Phone: 410-651-1000

Address: 12145 Elm St., Princess Anne, MD 21853

Dental: Mon-Fri - 8:30 am - 5:00 pm

Phone: 410-651-5151

Address: 12165 Elm St., Princess Anne, MD 21853

Wicomico:

Adult Medicine: Mon-Fri - 7:00 am - 7:00 pm

Phone: 410-546-6650

Address: 1665 Woodbrooke Dr., Salisbury, MD 21804

Dental: Mon-Fri - 8:30 am - 5:00 pm

Phone: 443-944-6900

Address: 1615 Tree Sap Court, Suite A, Salisbury, MD

21804

Mental Health Adults: Call for hours

Phone: 443-358-6193

Address: 560 Riverside Dr., Suite A-204, Salisbury, MD

21801

Phone: 410-546-6650

Address: 1665 Woodbrooke Dr., Salisbury, MD 21804

Mental Health Youth: Mon-Fri - 7:30 am - 6:00 pm

Phone: 410-219-5483

Address: 1813 Sweetbay Dr., Salisbury, MD 21804

OB/GYN: Mon-Fri - 8:30 am - 5:00 pm

Maternal Fetal Medicine: Tues-Fri - 7:30 am - 5:00 pm

Phone: 410-546-2424

Address: 1647 Woodbrooke Dr., Salisbury, MD 21804 Pediatrics: Mon and Tue - 8:00 am - 6:00 pm; Weds - Fri

- 8:00 am - 5:00 pm, Call for Saturday hours

Phone: 410-548-1747

Address: 223 Phillip Morris Dr., Salisbury, MD 21804

Pharmacy: Mon-Fri - 8:30 am - 6:00 pm, Saturday - 9:00

am – 4:00 pm

Phone: 410-677-0561

Address: 1615 Tree Sap Ct., Salisbury, MD 21804

Worcester:

Adult Medicine: Mon-Th - 7:00 am - 5:00 pm; Friday -

9:00 am - 5:00 pm

Pediatrics: Monday and Friday - 8:00 am - 6:00 pm;

Tuesday and Thursday - 9:00 am - 7:00 pm Mental Health: Mon-Fri - 8:00 am - 4:30 pm

Phone: 410-957-1852

Address: 305 10th St., Suite 104, Pocomoke City, MD

21851

Pediatrics: Monday and Friday - 8:00 am - 6:00 pm;

Tuesday and Thursday - 9:00 am - 7:00 pm Adult Medicine: Wednesday - 7:00 am - 5:00 pm Mental Health: Mon - Fri - 8:30 am - 5:00 pm

Phone: 410-973-2820

Address: 956 N. Main St., Suite 2, Berlin, MD 21811

Behavioral Health Resources / Support Groups

4STEPS Therapeutic Riding Program

Teaming for Success veterans work with at-risk youths bringing hope, joy, and unlimited possibilities through the healing power of the horse! For facility hours and location call the number provided.

Phone: 410-835-8814

Address: 5367 Sixty Foot Rd., Parsonsburg, MD 21849

Website: www.4stepstrp.org

Affiliated Santé Group - Eastern Shore Crisis Response Services (ESCRS)

provides behavioral health emergent, urgent, information and referral crisis response programs. Serving nine counties on the Eastern Shore 24/7, 365 days a year. Four mobile crisis teams located in Cecil, Dorchester, Kent, and Wicomico Counties are available from 9 am to midnight, seven days a week, 365 days a year to respond to mental health and substance use crises as defined by the caller. All services are accessed by calling the phone number below.

Phone: 1-888-407-8018

Website: www.thesantegroup.org

Al-Anon

Provides meetings for people who are affected by someone else's drinking. For meeting times and locations on the Eastern Shore please visit website below.

Phone: 888-425-2666

Website: http://www.easternshoremd-

alanon.org/#!meetings/cfvg

Celebrate Recovery

A Christ-centered program designed to help people overcome any hurt, habit, or hang up. Held at Oak Ridge Baptist Church Friday nights from 7pm to 9pm.

Phone: 410-742-4424

Address: 361 Tilghman Road Salisbury, MD 21804

Lower Shore Friends

Provides peer support and advocacy, links/referrals to community services, consumer outreach and consumer workshops. Trauma support group every Monday from 6:30 pm to 7:30 pm

Methadone support group every Friday from 10:00 am to

11:00 am.

Phone: 410-334-2173

Address: 207 Maryland Ave #5, Salisbury, MD 21801.

Mental Health Association on the Lower Shore

Mental Health Association on the Lower Shore is an education and advocacy group, and supports community events that promote both mental health well-being, and a quality array of services for those with behavioral health needs on the Lower Shore.

Phone: 410-632-4510

Recovery Resource Center

12 Step Support meetings are held 365 days/year for ages 15-adult. The following groups meet regularly at RRC: Alcoholics Anonymous, Narcotics Anonymous, Overeaters Anonymous, Gamblers Anonymous, Al-Anon, Nar-Anon, and Chemical Dependents Anonymous. See website for complete meeting list.

Phone: 410-749-9482

Address: 726 S. Salisbury Blvd., Salisbury, MD 21801

Website: www.rrcsby.org

Survivors of Suicide Group

For those who have lost a loved one to suicide. Meetings the third Wednesday of every month 6pm-7:30pm at the Berlin Health Center on Healthway Drive. For more information contact Kim Klump or the Worcester County Health Department.

Phone: 410-726-3090 (Kim Klump)

Phone: 410-629-0164 (Health Department) Address: 9730 Healthway Dr, Berlin, MD 21811

The Lower Shore LGBTQ Coalition, Inc.

The Lower Shore Lesbian, Gay, Bisexual, Transgender, Queer/Questioning Coalition seeks to improve and preserve the well-being of youth and young adults through support, education, and advocacy. They provide an array of educational trainings, workshops, and other events on the Lower Shore.

Crisis Line: 1-800-273-8255 Phone: 443-239-4185

Website: www.socialmedialgbtq.wix.com/lgbtq

Social Service Organizations

Department of Social Services (DSS)

Provides child welfare, adult protective services, and child support enforcement assistance.

Somerset

Phone: 410-677-4200

Address: 30397 Mount Vernon Rd, Princess Anne, MD

21853

Wicomico

Phone: 410-713-3900

Address: 201 Baptist Street, Salisbury, MD 21801

Worcester

Phone: 410-677-6800

Address: 299 Commerce Street, Snow Hill, MD 21863

Diakonia, Inc.

Provides homeless advocacy, emergency & transitional shelter, case management, food pantry, homeless prevention programs (rental & utility assistance), housing search assistance, supportive services for veterans and their families, thrift shop, clothing and household necessities, parenting workshops, GED/Diploma workshops.

Phone: 410-213-0923

Address: Call for assessment and location

Website: www.diakoniaoc.org

Catholic Charities, Inc - Seton Center

Provides case management, referrals, food programs, health prevention advocacy, thrift shop, women's support group, referrals for immigration services, financial assistance for basic living expense.

Phone: 410-651-9608

Address: Call for assessment and location

Help & Outreach Point of Entry, Inc. (HOPE)

Provides guidance and financial assistance with health and dental related issues, assistance provided to obtain birth certificates and Maryland IDs, referrals to rehabilitation services, personal support and assistance with obtaining medications.

Phone: 410-677-0757

Address: 129 Broad St., Salisbury, MD 21801

Joseph House Ministries

Helps individuals and families who are in crisis situations. Financial assistance for basic necessities of life, such as helping with evictions, utility cut-offs and rent/security deposits, provides monthly bags of food to Wicomico County residents.

Phone: 410-749-4239

Address: 812 Boundary Street, Salisbury, MD 21801

Website: www.theiosephhouse.org

Local Management Board (LMB)

Local Management Boards are responsible for identifying priorities and targeting resources for the needs in their county. LMBs focus on community based services to promote a safe, healthy, and stable environment for all families. They provide resources for families in order to link them with local agencies and organizations that serve children, youth and families.

Somerset County Local Management Board, Inc.

Phone: 410-651-2824

Address: 8928 Sign Post Road, Suite 1, Westover, MD

21871

Website: www.sclmb.org

Wicomico Partnership for Families and Children

Phone: 410-546-5400

Address: 125 N. Division St, Room 101, Salisbury, MD

21801

Website: www.wicomicocounty.org/140/Local-Management-Board-Wicomico-Partners

Worcester County's Initiative to Preserve Families

Phone: 410-632-3648

Address: 6040 Public Landing Road, PO Box 129, Snow

Hill, MD 21863

MAC, INC

MAC is the Area Agency on Aging (for ages 50 and up) for Dorchester, Somerset, Wicomico, and Worcester Counties. They provide senior centers and home delivered meals as well as education about long term services and supports.

Phone/Fax: 410-742-0505

Address: 909 Progress Circle, Salisbury, MD. 21804

Website: www.macinc.org

Social Service Organizations (Continued)

Salisbury Urban Ministries

Men's Welcome Center (for homeless men to do laundry, shower, and receive health referrals, Saturdays 10:15am - 2pm), prescription assistance, God's Kitchen (Saturdays 11am-1pm at Grace UMC located at 635 E. Church St. Salisbury, MD 21804), Kid's Café (after school program for at risk children attending East Salisbury School or Beaver Run School; must enroll), food pantry (Tuesdays and Thursdays 10am-2pm for Wicomico County residents only).

Phone: 410-749-1563

Address: 326 Barclay St., PO Box 1792, Salisbury, MD

21802

Salvation Army

Food and clothing assistance. Wicomico County housing assistance while funds are available (call for schedule). Most services are provided by appointment only.

Phone: 410-749-3077

Address: 407 Oak Street, Salisbury, MD 21804

The Samaritan Shelter

Wednesdays beginning at 10am. A navigator with Family Connections, through Worcester Youth and Family Counseling Services, is available to assist with connecting individuals to resources. Food bank on Tuesdays and Saturdays 1pm - 2pm. Soup kitchen Wednesdays and Fridays 11am - 1pm (free meal).

Phone: 410-957-4310

Address: 814 Fourth Street, Pocomoke City MD 21851

Shore Up! Inc.

Somerset – Energy assistance

Phone: 410-651-1805

Address: 12409 Loretta Road, Princess Anne, MD 21853 Wicomico – Energy assistance, financial assistance for

medications, weatherization, and housing.

Phone: 410-749-1142

Address: 520 Snow Hill Road, Salisbury, MD 21804

Worcester – Energy assistance

Phone: 410-632-2075

Address: 6352 Worcester Highway, Newark, MD 21841

Local Shelters

Christian Shelter

Phone: 410-749-5673

Address: 334 Barclay Street, Salisbury MD 21804

Website: www.christianshelter.org

Cold Weather Shelter

(Men/CESP; available only during cold months, starting in

January.)

Phone: 410-677-0757

Address: Location changes weekly.

Diakonia, Inc.

Phone: 410-213-0923

Address: 12747 Old Bridge Road, Ocean City MD 21842

Website: www.diakoniaoc.org

Hope and Outreach Point of Entry, Inc. (HOPE)

Day Center and Shelter Phone: 410-543-9010

Address: 119 B South Boulevard, Salisbury MD 21804

Website: www.haloministry.org

Lower Shore Shelter

Phone: 443-888-6160

Address: 12518 Somerset Ave, Princess Anne, MD

21853

The Samaritan Shelter

Phone: 410-957-4310

Address: 814 Fourth Street, Pocomoke City MD 21851

Website: http://thesamaritanshelter.org/

Ocean City Cold Weather Shelter

(Open only when temperature is below 25...)

Call for availability: 410-289-4054

Local Food Pantries and Soup Kitchens

Wicomico County:

Diakonia, Inc.

Available 7 days a week 8am–5pm. Must bring I.D. and must be resident of Somerset, Wicomico, or Worcester

County.

Phone: 410-213-0923

Address: 12747 Old Bridge Rd., Ocean City, MD 21842

Joseph House Ministries

Monthly bags of food to Wicomico county residents.

Phone: 410-749-4239

Address: 812 Boundary St., Salisbury, MD 21801

Lower Shore Friends

Available 5 days a week, Mon - Fri 10am-2pm

Phone: 410-334-2173

Address: 207 Maryland Ave. #5, Salisbury, MD 21801

MD Food Bank

Call or go online to find food pantry closest to you.

Phone: 410-742-0050

Website: https://mdfoodbank.org/need-food/

Salisbury Urban Ministries

God's Kitchen - Saturdays 11am-1pm at Grace UMC Address: 635 E. Church St. Salisbury, MD 21804

Kid's Café - after school program for at risk children attending East Salisbury School or Beaver Run School (must enroll)

Food Pantry - Tuesdays and Thursdays, 10am-2pm

(Wicomico County residents only)

Phone: 410-749-1563

Address: 326 Barclay St., Salisbury, MD 21802

Salvation Army

Most services are provided by appointment only.

Phone: 410-749-3077

Address: 407 Oak Street, Salisbury, MD 21804

St. Paul AME Zion Church

Food giveaway the 3rd Monday every month. Must bring

photo I.D.

Phone: 410-546-5661

Address: 410 Delaware Ave, Salisbury, MD 21801

The Samaritan Shelter

Soup kitchen Weds and Fri 11am–1pm Food distribution Tues and Sat 1pm–2pm

Phone: 410-957-4310

Address: 814 Fourth St., Pocomoke City, MD 21851

Somerset County:

Catholic Charities, Inc – The Seton Center

Phone: 410-651-9608

Address: Call for assessment and location

Worcester County:

Berlin First Baptist Church (serves Berlin area)

Tuesdays from 10 am to 12 pm.

Phone: 410-641-4306

Address: 613 William St, Berlin, MD 21811

Community Church of Ocean Pines

Food pantry Weds - Sat from 9am - 1pm. Must have a referral to receive food.

Serves Worcester residents or Veterans from any county.

Phone: 410-641-5433

Address: 11227 Racetrack Rd, Berlin, MD 21811

Diakonia

Food Pantry Phone: 410-213-0923

Address: Call for assessment and location

Transportation

Medical Assistance Transportation

Wicomico Phone: 410-548-5142 Worcester Phone: 410-632-0092 Somerset Phone: 443-523-1722

Shore Transit

Phone: 443-260-2300

Transitional Housing

Diakonia, Inc.

Homeless advocacy, emergency and transitional shelter, case management, food pantry, homeless prevention programs (rental and utility assistance), housing search assistance, supportive services for veterans and their families, thrift shop, clothing and household necessities, parenting workshops, GED/Diploma workshops.

Phone: 410-213-0923

Address: 12747 Old Bridge Road, Ocean City, MD 21842

Website: www.diakoniaoc.org

Village of Hope

A not-for-profit, non-denominational organization which provides a transitional home for women ages 18-62 with or without children.

Phone: 410-860-5981

Address: 1001 Lake Street, Salisbury, MD 21801

Website: www.villageofhope.us

Remove All Hindrances to Success Ministries

Phone: 443-735-6305

Second Wind

Addiction transitional housing, family therapy, group therapy, individual therapy, and peer support. (Men only)

Phone: 410-749-8038

Address: 309 Newton Street, Salisbury, Maryland 21801

Website: www.secondwindinc.net

Veteran Support Services

Cambridge VA Outpatient Clinic

Audiology, Coumadin clinic, hearing aid fitting, medication management, mental health, primary care, occupational therapy, optometry, post traumatic stress, pulmonary, social work, tele-mental health, tele-retinal imaging, urology, vet center, women's health.

Phone: 410-228-6243

Address: 830 Chesapeake Drive, Cambridge MD 21613

Department of Veterans Affairs and Hotline Numbers

Website: www.va.gov Benefits: 1-800-824-1000

Health Care: 1-877-222-VETS (8387) VA Inspector General: 1-800-488-8244

Combat Call Center: 1-877-WAR-VETS (877-927-8387) Homeless Veteran Services 1-877-AID-VET (877-424-

3838)

Elkton Vet Center

Jon Dansicker, Veteran Outreach Specialist

Work Cell: 410-703-5783 Website: www.vetcenter.va.gov

Maryland's Commitment to Veterans

Dina Karpf, Eastern Regional Resource Coordinator,

Maryland Department of Health Phone: 410-725-9996 (cell)

Maryland Army National Guard Family Assistance Center

Phone: 410-507-2202 (Jon Black)

Address: 28722 Ocean Gateway, Salisbury, MD 21801

Moose VFW Post 194

Phone: 410-543-8194

Address: 821 E. William St., Salisbury, MD 21804

National Association of Black Veterans, Inc.

(NABVETS) Walk Through the Valley Chapter #0093,

Cmdr.

Phone: 443.366.8534 (James Briddell Sr) Address: 127 Flower St., Berlin, MD 21811

Operation We Care

Phone: 410-713-8940 (Jeff Merritt)

Address: 829 E. William St., Salisbury, MD 21804

Website: www.operationwecare.org

Perry Point VA Medical Center

Inpatient, outpatient, and primary care services.

Phone: 410-642-2411

Website: www.maryland.va.gov

Salisbury University

Shannon Hardester, Veterans and Military Affiliated

Coordinator (Registrar's Office)

Phone: 410-543-6189

Veteran Employment Services

Delmarva Veteran Builders

Phone: 443-736-1584 Chris Eccleston Address: 212 W. Main Street, Suite #305,

Salisbury, MD 21801

Veteran Family Support Services

Diakonia, Inc.

Supportive services for veterans and their families.

Phone: 410-213-0923

Address: 12747 Old Bridge Rd, Ocean City, MD 21842

St. James AME Zion Church

Supportive Services for veterans and their families

Phone: 410-742-1427

Address: 521 Mack Ave, Salisbury, MD 21801

VA Maryland Health Care System

Community integration services, homeless outreach and case management, contract housing/emergency shelter (Daniel Rose, HUD-VASH).

Phone: 443-206-2435

Veteran Transportation Services

DAV Eastern Shore Chapter #34

Provides transportation for veterans to VA medical facilities.

Note: Not equipped with handicap accessibility. Mr. Cleveland Hicks, Transportation Coordinator

Phone: 410-883-0030/ 410-742-4181

Employment Organizations/ Education and Training Services

AmeriCorps Program at Salisbury University Phone: 410-548-5119

Deaf Independent Living Association (DILA)Phone: 410-742-5052 (Voice/TTY)

Division of Rehabilitation Services (DORS)Phone: 410-546-1580

Division of Workforce Development Phone: 410-341-8533 and Adult Learning (Salisbury Office)

Go-Getters/Shore Employment Services Phone: 410-546-0381 ext. 151

Goodwill Career Development Phone: 410-219-9118

Lower Shore Enterprises, Inc. Phone: 410-749-6183

Lower Shore Workforce Alliance Phone: 410-341-6515 (One Stop Job Market)

MAC INC, AAA Phone: 410-742-0505

Maple Shade Youth & Family Services, Inc. Phone: 410-677-0202

Older Workers Training Program (Shore Up) Phone: 410-749-1142

One Stop Job Market Phone: 410-341-6515

Small Business Development Center Phone: 410-548-4419

Telamon Corporation Phone: 410-546-4604

Youth Employment Program (Shore Up! Inc.) Phone: 410-749-1142 ext. 360

Helpful Websites

American Association of Suicidology

www.suicidology.org

Camp Rehoboth

www.camprehoboth.com

Living Works Network – Safe Talk & ASIST training

www.livingworks.net

MentalHealth.Gov

www.mentalhealth.gov

Ok2Talk

www.ok2talk.org

Parents of Suicide

www.parentsofsuicide.com & www.pos-ffos.com

Stop Bullying

http://www.stopbullying.gov/

Substance Abuse and Mental Health Services

Administration (SAMHSA)

www.findtreatment.samhsa.gov

Suicide Prevention Resource Center

www.sprc.org

American Foundation for Suicide Prevention

www.afsp.org

Mental Health "Signs of Suicide"

www.mentalhealthscreening.org

Network of Care

www.worcester.md.networkofcare.org

On Our Own of Maryland, Inc.

www.onourownmd.org

Society for the Prevention of Teen Suicide

www.sptsusa.org

Stop A Suicide Today

www.stopasuicide.org

Suicide Prevention Action Network

www.spanusa.org

Yellow Ribbon International Suicide Prevention

Program

www.yellowribbon.org

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