



GENDER ROLE

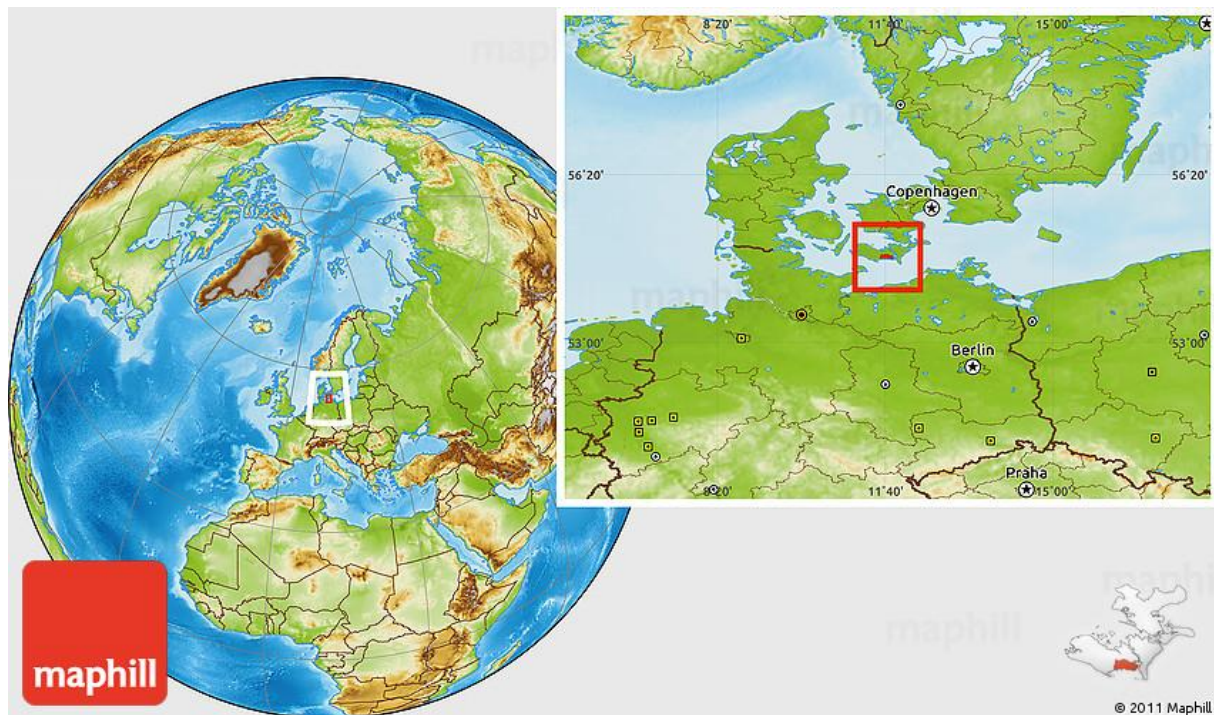
Type of Activity: Youth Exchange

PLACE AND DATE: (27 July-4 August 2019) to NYSTED, DENMARK.

PARTICIPANTS: 56 young people (7 youth + 1 group leaders from each country).

COUNTRY: Partner countries will be from **Germany, Denmark, Macedonia, Turkey, Estonia, Lithuania, Slovakia and France.**

LANGUAGE: The working language will be English.





SUMMARY OF PROJECT



Principle inspiration of Youth Exchange “ Gender Role” is to raise comprehension of the participants on gender and gender related issues and to make the participants more gender sensitive. During the Youth Exchange the participants will participate in intelligent lectures, exchanges, debates, simulations or theatre-based exercises and they will chip away at making arrangement of short films on gender issues with plan to aim increase awareness among youngsters on gender and gender equality.

Targets of Youth Exchange “ Gender Role”;

- To raise learning of the participants on gender and gender related issues (gender mainstreaming, gender equality);
- To give the participants a chance to think about the substances in their nations and to recognize steps prompting gender equal society;
- To enable the participants to address gender inequality;
- To build community mindfulness on sexual orientation issues through mindfulness campaign made by the participants during the Youth Exchange;
- To build information of the participants on Erasmus + Program and to urge the participants to participate in youth mobility.



By coming to previously mentioned targets we believed that Youth Exchange “Gender Role” will add to making gender equal societies, bringing issues to light among groups on gender-based issues and also will prompt gender strengthening of youngsters in participating countries.

ACTIVITIES AND METHODS



Youth Exchange “Gender Role” will be founded on various non-formal education strategies and systems: becoming more acquainted with procedures and techniques to make open and strong condition and break the obstructions between the participants; discussion on the significance of gender equality, introductions of gender realities in participants nations, contrasting the substances and distinguishing the underlying foundations of gender balance, reproduction with intend to increase better comprehension of the result of gender inequality and the part of youngsters during the time spent tending to it, work in mix- intercultural groups on the recordings mirroring the gender issues over partner countries.

Key effect of the Youth Exchange will be on singular level of the participants who will turn out to be more gender sensitivity and prepared to address gender-based discrimination.





TRAVEL COSTS

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated using a specific program called Distance Calculator:

Type of Activity: **YOUTH EXCHANGE;**

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
Germany	Denmark	500 - 1999 km	8	275.00
Estonia	Denmark	500 - 1999 km	8	275.00
Lithuania	Denmark	500 - 1999 km	8	275.00
Turkey	Denmark	500 - 1999 km	8	275.00
France	Denmark	500 - 1999 km	8	275.00
Slovakia	Denmark	500 - 1999 km	8	275.00

After sending their tickets and boarding cards, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project (NYSTED, Denmark). These distances must be calculated using the distance calculator supported by the European Commission. We don't send money to each participant. We send only money to sender organization and sender organization will pay to participants.

Please note any extra days you wish to stay will be your own responsibility and food etc.

Visa costs will be covered by participants.





VENUE



Note: Organisers will not provide any accommodation for additional stay in Denmark. If participants plan to arrive a few days earlier or depart a few days later they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel.

Accommodation place: Nysted Aktivitetscenter

Adresse; Skansevej 2A, 4880 / NYSTED

HOW TO REACH NYSTED

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1. Flight is the easiest way to come to Copenhagen. We will **not pick anyone** from Copenhagen Airport.
2. Take train from CPH Airport to CPH Central Station.
3. At CPH central station; Change train to **Nykøbing F. St.** and
4. When you arrive to **Nykøbing F. St.**, take Nysted bus to Nysted centrum.
5. We will pick you up from **Nysted busstation**. It is very easy to come to Nysted.

Follow this link please; <https://www.rome2rio.com/s/Copenhagen-Airport-CPH/Nysted>

If you have any difficulties with coming to Nysted, please contact us.

IMPORTANT

There are going to be 2-4-6-8 persons per room. We can't arrange special room for couples.

Participants MUST prepare and make breakfast, lunch and dinner.

3 meals per day, plus coffee and snacks made by the participants in coordinated international work groups. Tasks will be divided between participants and everybody MUST obey the rules.



HEALTH INSURANCE

Health Insurance



Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in DENMARK are quite high if you don't have.

PREPARATION



The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should;

- ✓ Bring all your **travel documents** as presented above. **Print out all your documents even if they are online. DO NOT FORGET TO TAKE WITH YOU!**
- ✓ Prepare a **presentation about the sending organization** (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.
- ✓ Prepare a **presentation on diversity** in their country.



- ✓ Find **interesting videos / games / exercises / educational activities on diversity.**
- ✓ Prepare **energisers** that could be done in the morning.
- ✓ Prepare for your **country's cultural evening.** Please, try to be fun and creative for this!
:) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to **bring your national drinks, dishes or snacks** to share with others. Also, please **prepare a mini (and, of course, fun) language course** for the others. We count on you to make these evenings as interactive and fun as possible.
- ✓ check the weather forecast before arrival and **bring adequate clothes.** Please also **bring clothing and shoes that can be used for strenuous activities** (such as dancing).
- ✓ **Bring good spirit, joy and happiness!!!**

Wherever possible, take your laptops, digital cameras, smart phones and tablets – we will be doing some multimedia work that requires mobile equipment!

BASIC RULES



Smoking is prohibited everywhere inside buildings; thus all the smokers will have to go outside or to specially designated areas for a cigarette.

Alcohol is TOTAL forbidden inside building and garden of accommodation place.

Bring your best mood and big smile with you and keep it through the exchange!

Prepare for fun!



SEE YOU ALL IN NYSTED, DENMARK