



**UIL Regional Athletics
Track & Field Meet Handbook
Region III, AAA
2018**



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UIL Region III, AAA

April 27-28, 2018

Track & Field Competition Site

**** Midway High School ****



February 1, 2018

Dear UIL Sponsors and Participants,

Greetings and welcome to Waco. What a privilege it is to host the third annual UIL Region III, AAA Spring Track and Field Meet. We are grateful for the opportunity. It is our goal to provide the best possible personnel for the students to excel in their competitions.

Please use this online handbook as a guide for the UIL competitions. This resource has been created to provide information regarding all aspects of the spring athletic track and field competition. Should you have any questions, please contact your district representative listed at the top of page six; if he/she cannot help you please remember to contact Tom Hill by email Tom_Hill2@outlook.com or at (254) 749-0393.

An experienced staff of professionals and officials will again directly oversee and provide quality support for the Track & Field competitions.

Best of luck during your competition! I hope your visit to Waco is exciting and memorable.

Sincerely,

Will Phipps

President and CEO

Greater Waco Sports Commission



General Athletic Contest Information

UIL Track and Field Regional
Region III, AAA



REGION III, AAA EXECUTIVE COMMITTEE
DISTRICT MEET CHAIRS

<i>District #</i>	<i>Phone</i>	<i>Email</i>	<i>CC:Email</i>	<i>Phone 2</i>
17 Ricky Stephens	817.774.5201	rstephens@keeneisd.org	rmontgomery@keeneisd.org	
18 Ray DeSpain	903.764.8546	RDespain@elkhartisd.org	TPyeatt@elkhartisd.org	
19 David Woodard	254.981.2104	Dwoodard@westisd.net		254.644.7733
20 Bill Chapman	512.746.2124	Bill.Chapman@jarrellisd.org	Brenda.Cooper@jarrellisd.org	
21 Darol Hail	936.344.6751	dhail@new-waverly.k12.tx.us		
22 Richard Cooper	936.347.7000	CooperR@garrisonisd.com		
23 Scott Campbell	409.96.4307	scott@eastchambers.net	ashleyo@eastchambers.net	409-296-6100
24 Courtney Huggins	979.335.7519	Courtney.Hudgins@ebisd.org	Doug.Grigar@ebisd.org	

REGIONAL SPRING MEET HOSTS

Regional Athletics Director
Tom Hill

PHONE: (254) 749-0393
Tom@WacoSports.org

Overnight Shipments
Greater Waco Sports Commission

c/o Tom Hill
101 S. 3rd Street
Waco, TX 76706



GENERAL INFORMATION

- BAYLOR BOOKSTORE:** Come visit the Baylor Bookstore!
Operating Hours:
8:30a.m.– 6:00 p.m. Monday - Thursday
9:00 a.m.- 5:00 p.m. on Fridays
10:00 a.m.– 4:00 p.m. on Saturdays
The bookstore is located on the ground level of the 5th street parking garage (please see campus map found on page 39)
- FOOD:** Hours for Saturday, April 28
SUB Food Court (located in the Bill Daniel Student Center)
Chick-fil-a and Mooyah Burgers
Friday: 10:30am – 8:00pm
Saturday: 11:00am – 8:00pm

Penland Food Court
Buffet Style
Friday: 10:45am-3:00pm and 4:30pm-7:30pm
Saturday: 10:30am-7:00pm

Starbucks—Moody Library
Friday: 7:00am-10:30pm
Saturday: 9:00am-10:30pm
- MONEY:** There is an ATM machine on the first floor of the Bill Daniel Student Center in the mailroom area.
- FIRSTAID:** Baylor Scott & White Hillcrest Medical Center, 100 Hillcrest Medical Blvd: (254) 202-2000.
ProvidenceHealthCenter,6901MedicalParkway:(254) 751-4000.
- LOST & FOUND:** Lost and Found services are not provided by the University; participants and guests are responsible for their own property.
- BAYLOR POLICE:** Baylor Department of Public Safety, Baylor, (254)710-2222,
Speight Plaza Parking Garage, 1521 S. 4th Street.
- SMOKING POLICY:** Smoking and the use of all tobacco products are banned on all property that is owned, operated, leased, occupied, or controlled by the University.
- CAMPUS MAP:** A printable campus map can be found at the following web address:
www.baylor.edu/map or on page 39 of this handbook.

Have a great visit and good luck in the competition!

ENTRY FEES

TRACK & FIELD FEES:

Each contestant is required to pay \$20.00 as an entry fee per person / event and including relays (4 athletes per relay = \$80.00 / relay). This should be sent to the District Director for your district along with an entry list of your team. The District Director will send the entire district fee to: **Tom Hill: 101 S. 3rd Street, Waco, TX 76706 with a check made payable to WACO SUMMER YOUTH MINISTRIES.** W-9 information sent upon request.

(See Track & Field Information on page 12-15)

Note: Spectator admission is \$5.00 for students and \$10.00 for adults, each day.

Location: 8200 Mars Drive, Waco, Texas 76712

Copy and paste below for map:

<https://www.google.com/maps/place/8200+Mars+Dr,+Waco,+TX+76712/@31.4821064,-97.2053674,17z/data=!4m5!3m4!1s0x864f86e82513a89b:0xe9db53fbe27949ff!8m2!3d31.4840095!4d-97.1991769>

WACO SUMMER YOUTH MINISTRIES – W-9 Information sent upon request.

Waco
— HEART ♥ TEXAS —

GREATER
WACO  **SPORTS**
COMMISSION

ELIGIBILITY AND CERTIFICATION

ENTRIES: The District Meet Results form serves as the official entry form for all athletic entries. Each District Director is responsible for sending the completed athletic form to the regional site immediately following the District or Area meet. Send forms via e-mail to Nils_Holgersson@baylor.edu and tom@WacoSports.org. **No faxes will be accepted.**

ELIGIBILITY: The eligibility of a student competing at the regional meet is responsibility of the individual school.

WITHDRAWALS/ALTERNATES: If a regional contestant cannot attend the Regional Spring Meet, the contestant's coach must notify the District Director of their district and request that he/she contact the alternate and the Regional Athletic Director at tom@WacoSports.org or Tom_Hill2@outlook.com as well as Nils_Holgersson@baylor.edu

ENTRY CHANGES: If someone knows of an athlete that is ineligible or cannot fill their entry into the meet they need to follow the below steps:

- a. This person need to send written (email) correspondence to the District Chair, Nils Holgerson, Tom Hill, the coach of the team who has the ineligible athlete, and the coach who has the new athlete entry. Please include the change and the add information.
- b. Any discussion should take place prior to this written communication being sent as noted above. Once all parties have been notified in writing and the above process satisfied by this e- mail loop, Nils will respond with received or accepted and the change will be made.

Changes for Friday morning field events will need to be submitted prior to 5pm on Thursday before the meet. The deadline for making any changes and updates to Saturday field events and all running event changes should be made no later than noon on Friday.

****Please submit all entries via e-mail, **faxes will not be accepted.** The format to send entries should be via the Hy-Tech Advancer File or Excel. No other format accepted.**



Athletic Contest Rules and Guidelines

UIL Region III, AAA
Track and Field



REGION III, AAA ATHLETIC EXECUTIVE COMMITTEE

Athletic Director: Mr. Tom Hill
Greater Waco Sports Commission
(254) 749-0393 cell
tom@WacoSports.org

Region III 3A TRACK & FIELD

BOYS & GIRLS

Site: Midway High School
8200 Mars Drive, Waco, 76712

Date: April 27-28, 2018

Technical Director: Mr. Doyle Shirley

Meet Director: Mr. Tom Hill

Referees: Mike Sheaner and Dr. Margaret Woody

Starter: Mr. Raymond Pierre

Scorer: Mr. Nils Holgersson



BOYS' & GIRLS' TRACK & FIELD
Region III 3A

- DATE:** The boys' and girls' UIL Region III, AAA Track & Field competition will be held **Friday, April 27 and Saturday, April 28, 2018.**
- SITE:** The 2018 Track & Field meet will be held at MIDWAY HIGH SCHOOL.
8200 Mars Drive, Waco, Texas 76712
- Copy and paste below for map:
<https://www.google.com/maps/place/8200+Mars+Dr,+Waco,+TX+76712/@31.4821064,-97.2053674,17z/data=!4m5!3m4!1s0x864f86e82513a89b:0xe9db53fbe27949ff!8m2!3d31.4840095!4d-97.1991769>
- MEET DIRECTOR:** Mr. Tom Hill, (254) 749-0393, tom@WacoSports.org or Tom_Hill2@outlook.com
- MEET REFEREE:** Dr. Margaret Woodydy (Girls) and Mike Sheaner (Boys)
- STARTER:** Mr. Raymond Pierre
- ENTRIES & FEES:** Entries and a fee of \$20.00 per person per event, must be sent to your district's Regional Executive Committee Member (see page 6) (Relay: \$20.00 / athlete * 4 athletes = \$80.00 / relay) . Please send all seeding information to Tom Hill, Regional Athletic Director for UIL Region III, AAA at tom@WacoSports.org and Nils_Holgerson@baylor.edu no later than Monday, April 16, 2018, by 5:00 p.m. **All entries must be submitted via e-mail in either the Hy-Tech Advancer File or Excel. No faxes will be accepted.** Send fees to: **Tom Hill: 101 S. 3rd Street, Waco, TX 76706. Check made payable to WACO SUMMER YOUTH MINISTRIES.** W-9 information sent upon request.
- COACHES' MEETING/ AND PACKETS:** There will be a coaches' scratch meeting on Friday, April 27 at 8:30 a.m. **in the gym.** Packets (including meet information, numbers, etc.) will be available at this time. After this meeting, packets may be picked up at **the Press Room and Timing Room. Coaches' packets will include two coaches' passes per team.** Additional passes may be purchased at \$10.00 each and may be used by track and field staff only. Athletes will be admitted using their numbers as identification. The Coaches meeting will be held in the Middle School Gymnasium.
- SPECTATOR ADMISSION:** Admission fee is \$5.00 for students and \$10.00 for adults each day.
- ALL PARKING:** **Buses will have a drop off location at the Rice Field and will be directed to park along the road in the back. See parking and field event map. Visitors should park in the South lot.**
- AWARDS:** Awards will be given when results are official. Participants should report to the Official's Check-In area immediately after results are confirmed.
- TRACK USAGE & SCHEDULING:** **Limited use of the competition running track will be available Friday from 9:00 a.m. - 3:00 p.m. and Saturday from 8:00 a.m. - 12:00 Noon.** Areas of use will be discussed at the Coaches' Meeting.

BOYS' & GIRLS' TRACK & FIELD (cont.)

PROTEST PROCEDURES:

All protests relating to matters which develop during the meet should be made at once and not later than 30 minutes after the result has been officially announced, or within 15 minutes in a preliminary round. Any such protest must be made in **WRITING** (including a \$25.00 fee) by the head coach and submitted at the protest table. **The protest area will be located at the Officials' Check-In location on the North side of the track at a concession stand.** Verbal protest will not be accepted. The decision made by the referee will be **FINAL**. In matters related to officiating pictures, the coach may ask to review the photo with the referee at an appropriate time that will not impact the meet schedule but the protest fee will be applied.

RULES:

Rules are as follows:

1. National Federation Track & Field Rules with the UIL supplement will govern the Track & Field meets.
2. *Spikes* no longer than ¼ inch are permitted, and only white athletic tape may be used for marking. All tape should be immediately removed after the event.
3. Shot put and discus circles are concrete, so plan for appropriate footwear. The throwing sector will be limited by collegiate facilities.
4. Implements should be marked with the school name. They should be turned into the appropriate official at the implement check-in area no later than the designated times:

SHOT PUT

Boys: Friday 7:30 a.m. - 9:00 a.m.

Girls: Friday 7:30 a.m. - 9:00 a.m.

DISCUS

Boys: Friday 7:30 a.m. - 9:00 a.m.

Saturday 7:00 a.m. - 7:30 a.m.

Girls: Friday 7:30 a.m. - 9:00 a.m.

Saturday 7:00 a.m. - 7:30 a.m.

Implements will be impounded at the above times and delivered to the site prior to the event. Implements will not be released until the final in each event is concluded. **The Implement weigh-in area is located at the shot put / discus site.** Implements that do not qualify will remain in the impound area until the competition is over. They may be reclaimed after the event is over. Any implement that is not claimed will be taken to the award pick up area.

5. All eight competitors listed in each throwing flight will throw together.
6. Field event check-in is 30 minutes prior to the event at the event site.
7. Vertical events will run 5 alive.
8. Running event check-in is 30 minutes prior to event. Athletes will not be permitted on the infield prior to this time. Hip numbers and bib numbers must be visible.

BOYS' & GIRLS' TRACK & FIELD (cont.)

Rules (cont.):

9. The athletes' warm-up area is located near the check-in tent. Athletes may only access the infield through the gate located at the pre-check-in area.
10. Preferred lanes: All Events - 4, 5, 3, 6, 2, 7, 1, 8
11. Properly assigned competitor numbers must be worn on the front of the uniform. Competitor numbers will be included in the team packet and will admit athletes into the Track Complex.
12. Entrance gate: All officials, coaches, and trainers will enter and exit the complex from the Northeast side near the scoreboard.
13. Please contact the SWSM trainers if EMS assistance is needed.
14. Team area is located on the Northeast side of the track near and at Rice Field. Limited area will continue toward the throwing area Tents will not be permitted in the spectator areas (e.g., bleacher areas).
15. Please note that the 3200 meter run, both boys and girls, has been placed early in the order of events and will be run as a final from a waterfall start. The same treatment applies for the 1600 meter run, which will be Saturday; as a final with a waterfall start.

ENTRY CHANGES:

If someone knows of an athlete that is ineligible or cannot fill their entry into the meet they need to follow the below steps:

- a. This person should send written correspondence to the District Chair, Nils Holgerson, Tom Hill, the coach of the team who has the ineligible athlete, and the coach who has the new athlete entry. Please include the change and the add in-formation. All correspondence should be via email.
- b. Any discussion should take place prior to this communication being sent as noted above. Once all parties have been notified in writing and the above process satisfied by this e-mail loop, Nils will respond with received or accepted and the change will be made.

Changes for Friday morning field events will need to be submitted prior to 5pm on Thursday before the meet. The deadline for making any changes and updates to Saturday field events and all running event changes should be made no later than noon on Friday.

****Please submit all entries via e-mail. Faxes will not be accepted. The format to send entries should be via the Hy-Tech Advancer File or Excel. No other format accepted.**

Have a great visit and good luck in the competition!



STATE TRACK AND FIELD RULES PROTEST FORM



In order to file a protest of an official ruling the following guidelines must be followed:

All protests of a referee's decision must be submitted in writing to one of the meet directors.

The protest must be filed within **30 minutes** following the official posting of results. The form must be turned in to an UIL official **located in the awards area.**

The information below must be fully completed in order for the protest to be considered:

Coach Name: _____ School: _____

Coach's Signature: _____ Cell #: _____

Circle one: Girls Boys

Event: _____ Date: _____ Time: _____

Athlete(s) Involved: (If applicable)

School: _____ Bib Number: _____ Hip Number: _____

School: _____ Bib Number: _____ Hip Number: _____

Description of Infraction/Dispute:

NFHS Rule Book Reference: Be exact in your rule reference number and page. (Example: NFHS Rule 2 Scoring Art. 2...The number of the places...).

Official Time Protest was Filed: _____ **Received by:** _____

Appeals Committee Action:

Meet Director's Signature: _____

Pole Vault Compliance Form

Per the National Federation of State High School Associations 2013 Track & Field Rule Book under Rule 7, Section 5 Pole Vault, Article 3, page 57:

“The competitor’s weight shall be at or below the manufacturer’s pole rating. The manufacturers must include on each pole: the pole rating that shall be a minimum of $\frac{3}{4}$ -inch in a contrasting color located within or above the top hand-hold position; a 1-inch circular band indicating the maximum top hand-hold position with the position being determined by the manufacturer. Prior to competition, the coach must verify that all the school’s pole vaulters and poles meet these requirements.

NOTES:

1. Etchings, serial numbers, etc. that may appear on poles shall not replace the requirement of the manufacturer’s pole rating of the minimum $\frac{3}{4}$ -inch marking in contrasting color on each pole. (7-5-3)
2. Each state association shall determine its own procedure regarding coaches verification.”

I, _____, hereby verify that all my competing pole vaulters and poles are in compliance with Rule 7, Section 5 Pole Vault, Article 3, page 57 (stated above).

School: _____

Signature: _____

Date: _____

More information regarding this form and the complete NFHS Handbook can be found at:

http://www.amsacs.org/pdf/sports/track%20and%20field/2013_NFHS_Rule_Book.pdf



UIL Pole Vault Certification Form

In compliance with the National Federation of High Schools Track and Field Rule 7-5-3, this form is provided to verify pole vaulter's weights and pole ratings prior to warm-up and competition.

Vaulter's School:	Coach's Name (print):
Site of Competition:	Date of Competition:

Vaulter's Name:	Vaulter's Weight:	lbs.
Pole #1: Length:	Pole Rating Weight:	lbs.
Pole #2: Length:	Pole Rating Weight:	lbs.
Pole #3: Length:	Pole Rating Weight:	lbs.
Pole #4: Length:	Pole Rating Weight:	lbs.
Pole #5: Length:	Pole Rating Weight:	lbs.
Pole #6: Length:	Pole Rating Weight:	lbs.
Pole #7: Length:	Pole Rating Weight:	lbs.
Pole #8: Length:	Pole Rating Weight:	lbs.
Athlete Signature:	Date:	

Coach's Printed Name:	Date:
Coach's Signature:	Date:

The following are NFHS Track and Field Rules relevant to pole vault safety:

Rule 6.5.2: The vaulting pole may be of any material and of length and diameter. It may have a binding of not more than two layers of adhesive tape of uniform thickness. However, the bottom of the pole may be protected by several layers of tape, PVC, metal, sponge rubber, or other suitable material to protect it when placed in the planting box.

Rule 6.5.3: The competitor's weight shall be at or below the manufacturer's pole rating. The manufacturers must include on each pole: the pole rating that shall be a minimum of 3/4 inch in a contrasting color located within or above the top hand-hold position; a 1-inch circular band indicating the maximum top hand-hold position with the position being determined by the manufacturer. Prior to the competition, the Coach must verify that all of the schools' pole vaulters meet these requirements.

6.5.4: A competitor shall not use a variable weight pole, a pole which is improperly marked, or a pole rated below his/her weight, or any other equipment that is not legal during warm-up or competition. NOTE: Altering the pole in any fashion renders it illegal. PENALTY: Disqualification from the event.

6.5.5: Prior to warm-up, the field referee, head field judge, or assigned inspector of implements shall inspect each pole to be used in the competition to verify that the poles are legal equipment, per Rule 7-5-3. This includes checking the placement of a top hand-hold band, numerical pole ratings a minimum of 3/4-inches in a contrasting color located within or above the top hand-hold band, and the proper binding of not more than two layers of adhesive tape of uniform thickness. The binding shall not be on or above the top handhold band.

6.5.21: A competitor shall not be allowed to use the pole of another individual without the consent of the owner. The event judge shall approve the use and verify that the pole is rated weight-appropriate. PENALTY: Disqualification from the event.

Rule 6.5.27: It is a foul if the competitor grips the pole above the top handhold band. PENALTY: An unsuccessful trial is charged, but not measured.

Additional copies of this form can be found at:

<https://www.uiltexas.org/files/athletics/forms/tf-pole-vault-certification.pdf>

TRACK & FIELD MEET

Midway High School

Schedule of Events UIL Region II 6A/III 3A Boys & Girls Track & Field

Schedule is approximate and rolling and is subject to change; times will be adhered to as closely as possible.
Running Order: 3A Girls, 6A Girls, 3A Boys, 6A Boys

FRIDAY, APRIL 27, 2018

9:30 a.m.	Pole Vault	Finals	3A Girls then 3A Boys after
10:30 a.m.	Long Jump	Finals	Boys
	High Jump	Finals	Girls
	Shot Put	Finals	Boys
10:30 a.m.	3200 Meters	Finals	Girls & Boys
12:30 p.m.	Long Jump	Finals	Girls
	High Jump	Finals	Boys
	Shot Put	Finals	Girls
4:00 p.m.	400 Meter Relay	Prelims	Girls & Boys
4:40 p.m.	100 Meter Hurdles	Prelims	Girls
4:55 p.m.	110 Meter Hurdles	Prelims	Boys
5:10 p.m.	100 Meter Dash	Prelims	Girls & Boys
5:40 p.m.	800 Meter Relay	Prelims	Girls & Boys
6:20 p.m.	400 Meter Dash	Prelims	Girls & Boys
6:50 p.m.	300 Meter Hurdles	Prelims	Girls & Boys
7:40 p.m.	200 Meter Dash	Prelims	Girls & Boys
8:20 p.m.	1600 Meter Relay	Prelims	Girls & Boys

TRACK & FIELD MEET (cont.)

Schedule of Events UIL Region II 6A/III 3A Boys & Girls Track & Field

Schedule is approximate and rolling and is subject to change; times will be adhered to as closely as possible.
Running Order: 3A Girls, 6A Girls, 3A Boys, 6A Boys

SATURDAY, APRIL 28

9:00 a.m.	Discus	Finals	Boys
	Triple Jump	Finals	Girls
11:00 a.m.	Discus	Finals	Girls
	Triple Jump	Finals	Boys
	Shot Put – Wheelchair Division	Finals	Girls/Boys
1:30 p.m.	400 Meter Relay	Finals	Girls then Boys
1:50 p.m.	800 Meter Run	Finals	Girls then Boys
2:10 p.m.	100 Meter Hurdles	Finals	Girls
2:20 p.m.	110 Meter Hurdles	Finals	Boys
2:30 p.m.	100 Meter Dash	Finals	Girls/Boys/Wheelchair
2:45 p.m.	800 Meter Relay	Finals	Girls then Boys
3:05 p.m.	400 Meter Dash	Finals	Girls/Boys/Wheelchair
3:25 p.m.	300 Meter Hurdles	Finals	Girls then Boys
3:45 p.m.	200 Meter Dash	Finals	Girls then Boys
4:00 p.m.	1600 Meters	Finals	Girls then Boys
4:30 p.m.	1600 Meter Relay	Finals	Girls then Boys

Other Notes and Information

UIL Regional Meet
Region III, AAA



2017 BILLING SHEET – Track
Full Slate of Athletic Entries Per District

Contest	Individuals	Teams	Individual Fees	Team Fees	Total
Track & Field (\$20 entry fee)					
Girls	28	6 relays (4 each)	\$560	\$480	\$1,040
Boys	28	6 relays (4 each)	\$560	\$480	\$1,040
TOTAL					\$2,080.00***

Make check payable to: Waco Summer Youth Ministries

Deadline: Monday, April 3, 2017

Mail to Tom Hill, UIL Regional Athletic Director
 Greater Waco Sports Commission
 101 S. 3rd Street,
 Waco, TX 76701

All entries must be submitted via e-mail in either the Hy-Tech Advancer File or Excel. No faxes will be accepted.

Send fees to: **Tom Hill: 101 S. 3rd Street, Waco, TX 76706.**
Check made payable to WACO SUMMER YOUTH MINISTRIES.

W-9 information sent upon request.

* Districts participating in area meets will need to contact their Area Meet Director to find out their track and field portion for this regional meet.





**Waco Convention & Visitors Bureau
Waco Convention Center**

Post Office Box 2570
Waco, Texas 76702-2570
254 / 750-5810
Fax: 254 / 750-5801

February 20, 2017

On behalf of the entire Waco community, I am pleased to welcome you to the Heart of Texas for the 2018 UIL Regional Championships. Now is a great time to gather with your peers from around the state for both competition and fellowship.

The Greater Waco Sports Commission, along with the Waco Convention & Visitors Bureau, has taken great steps to ensure that you have a successful event as we serve the needs of UIL and continue to grow this one-of-a-kind partnership.

Our family-friendly city is home to the Texas Sports Hall of Fame, Dr Pepper Museum, Texas Ranger Hall of Fame and Museum, Cameron Park Zoo, the Waco Mammoth National Monument, and the famous Magnolia Market, owned by HGTV stars Chip and Joanna Gaines. There are also a wide variety of restaurants for whatever you are hungry for.

Again, we are pleased to have you as our guests, and I wish you and your group a memorable UIL championship experience.

Sincerely,

Rusty Black
Director, Waco Convention & Visitors Bureau
Waco Convention Center

For the most up to date information on restaurants, lodging, and attractions please visit our website at www.wacoheartoftexas.com.

Please be sure to share your experiences with us while you are here. **#wacotx**

Download the Official
Waco, TX Mobile App!



Free for **Apple** or **Android** devices.

Android



Apple



Waco's TOP 10

Attractions

Can't decide where to begin? This list of the top 10 things to do in Waco is a great place to start. Start with #1 and work your way down, or just go wild and mix them up! Follow the link at the bottom of the page for other great things to do during your visit to Waco.

1. **Magnolia Market at the Silos** – A destination in itself, much more than just a retail store. Magnolia Market at the Silos includes food trucks, the Bakery at the Silos, Magnolia Seed & Supply, photo ops galore, and a large lawn where families can play games. The site is also home to several concerts and celebrations throughout the year. Admission to the grounds is free. *601 Webster Ave, Waco, TX 76706*
2. **Cameron Park Zoo** – Take a relaxing stroll through this natural habitat zoo. Built into the lush Cameron Park, this zoo features 52 acres of fun, flora, and fauna. Current zoo babies to watch include Razak, a one-year-old orangutan, and Rey, a lion cub born in October, 2017. Visit often to watch them grow up. *1701 N 4th St, Waco, TX 76707*
3. **Waco Mammoth National Monument** – This site is home to the largest find of a nursery herd of Columbian mammoths. You'll hear their story and see many of the remains in place, just as they were discovered. *6220 Steinbeck Bend Dr, Waco, TX 76708*
4. **Texas Ranger Hall of Fame & Museum** – the state-designated official historical center of the famed Texas Rangers law enforcement agency. You'll learn the history of the oldest state law enforcement agency in the U.S. and revisit your childhood with exhibits about Texas Rangers in pop culture, like The Lone Ranger. *100 Texas Ranger Trail, Waco, TX 76706*
5. **Waco Suspension Bridge & Cattle Drive Sculptures** – The historic bridge was completed in 1870 and remains a legendary icon of downtown Waco. For years, the bridge served as a Chisholm Trail and Shawnee Trail cattle drive crossing. At the time of its completion, it was the longest single-span suspension bridge west of the Mississippi. The "Branding the Brazos" sculptures depict a diverse group of cowboys and a herd of Texas longhorns. This fabulous photo spot has been shown regular in the opening scenes of HGTV's *Fixer Upper*. *101 N University Parks Dr, Waco, TX 76701*
6. **Cameron Park** – one of Waco's hidden gems. This 416 acre park is tucked along the Brazos River, less than a mile from downtown Waco, and about two miles from Interstate 35. You'll find extensive hiking and biking trails, picnic areas, photo ops, playgrounds, and a lush place to relax and reflect. *2601 Sturgis Rd, Waco, TX 76708*
7. **Dr Pepper Museum** – Invented in Waco at the Old Corner Drugstore, Dr Pepper is the oldest major soft drink in the U.S. The museum, housed in an early bottling plant, shares the history of Dr Pepper and of soft drink bottling in general. Be sure to have a Dr Pepper float in the old-time soda fountain after you tour! *300 S 5th St, Waco, TX 76701*
8. **Mayborn Museum Complex** – Located on the Baylor University Campus, the Mayborn is a favorite of both visitors and locals. Start by going through the natural history museum on the first floor, make your way out to the Bill & Vara Daniels Historic Village along the river, just behind the museum, then head to the second floor to the children's museum. The complex also features fun traveling exhibits several times each year. *1300 S University Parks Dr, Waco, TX 76706*
9. **Homestead Craft Village** – Spend an afternoon strolling through this craft village. Stop at each of the craft areas to view woodworking, pottery being created, an old grist mill, an iron forge, fabric crafts, cheese making, and more. You'll feel like you have stepped into another time and place. Admission to the village is free. *608 Dry Creek Rd, Waco, TX 76705*
10. **Waco River Safari** – Cruise up the Brazos and learn how the river affected the history of Waco. Be sure to take your camera – you'll see some beautiful sites along the way. Choices include a Scenic History Tour or a Sunset Dinner Cruise. Dinner is optional. *113 S University Parks Dr, Waco, TX 76701*

The list is based on ratings lists such as TripAdvisor, visitor traffic, local favorites, and staff knowledge.

Waco's TOP 10

Restaurants

Can't decide where to eat? This list of the top 10 places to eat in Waco is a great place to start. This list was especially hard to narrow down. Waco has over 300 restaurants, including many locally owned establishments. Follow the link at the bottom of the page for other great places to eat during your visit to Waco.

1. **Cafe Homestead** – Cafe Homestead offers grass-fed beef; fresh buns, bread and rolls baked daily from whole-grain flour by Artisan Oven; cheeses produced by Homestead Craft Village's internationally award-winning Brazos Valley Cheese company; and other fine foods, including all-natural, delectable ice cream. Fruit and vegetables are always fresh, and Cafe Homestead strives to provide locally grown produce. 608 Dry Creek Rd, Waco, TX 76705
2. **Jake's Texas Tea House** – A family restaurant with a unique theme, Jake's features premium food, beer and entertainment. Jake's serves breakfast, lunch, and dinner. The lunch menu offers tasty home style blue plate specials. Dinner is served family style. 613 Austin Ave, Waco, TX 76701
3. **George's Restaurant** – George's is a longtime local favorite. It has even been featured in a song by Waco native, Pat Green. George's offers home style cooking at two locations in the Waco area. 1925 Speight Ave, Waco, TX 76706 or 1201 Hewitt Dr #100, Waco, TX 76712
4. **Vitek's BBQ** – Home of the "Gut Pak", a deliciously over-the-top combination of meat, beans, corn chips, and more. Not only is the "Gut Pak" one of Chip's favorites, but it also won the Cooking Channel's Best College Eats competition in 2013. 1600 Speight Ave, Waco, TX 76706
5. **Buzzard Billy's Swamp Shack** – Perched on the Brazos River, Buzzard Billy's offers Cajun and American food in a unique atmosphere. Bring your kids, they will love feeding the fish, turtles, and ducks who hang out by the deck while you relax and enjoy a signature cocktail. 100 N Interstate 35 Frontage Rd Interstate 35 N, Waco, TX
6. **DiamondBack's** – Indulge in an award-winning cuisine, expertly prepared with only the highest quality steaks, seafood and ingredients. Perfect for celebrating a special occasion, or just rewarding yourself with a great Texas steak. River Square Center, between 2nd & 3rd on Franklin Ave, Waco, TX 76701
7. **1424 Bistro** – 1424 is a small, privately-owned restaurant in downtown Waco, offering unique dishes and desserts. This restaurant prides itself in offering fresh seafood enticing entrees. **\$3 off an appetizer.**
8. 1424 Washington Ave, Waco, TX 76701
9. **Hecho en Waco** – New to the dining scene in Waco, this upscale restaurant offers specializes in fine Mexican cuisine from interior Mexico. Mary Street Market, 300 S 6th St Suite B, Waco, TX 76701
10. **Lula Jane's** – Lula Jane's invites everyone to gather and enjoy coffee and the best baked goods available in the surrounding area. Everything is made from scratch, in-house, with the best ingredients. They also have a model vegetable, herb and flower garden. Seating includes inside, porch, and public pocket park. 406 Elm Ave, Waco, TX 76704
11. **Olive Branch Bakery & Cafe** – The Olive Branch serves fresh breakfasts, a diverse lunch menu, homemade desserts, and specially blended coffees. River Square Center, between 2nd & 3rd on Franklin Ave, Waco, TX 76701

The list is based on ratings lists such as TripAdvisor, visitor traffic, local favorites, and staff knowledge.

Waco's TOP 10

Shopping

Joanna Gaines introduced the world to the fun shops in Waco. Whether you are looking for farmhouse chic, antiques, one of a kind hand made items, or the perfect outfit, Waco has dozens of unique shops. Follow the link at the bottom of the page for other great places to shop during your visit to Waco.

1. **Magnolia Market at the Silos** – A destination in itself, much more than just a retail store. Magnolia Market at the Silos includes food trucks, the Bakery at the Silos, Magnolia Seed & Supply, photo ops galore, and a large lawn where families can play games. The site is also home to several concerts and celebrations throughout the year. Admission to the grounds is free. *601 Webster Ave, Waco, TX 76706*
2. **Spice Village** – a collection of shops that has everything you need to add a little zest to your life! Collegiate, kids, baby, home decor, men's accessories, jewelry, souvenirs, bath & body, candles, clothing and so much more. Spice Village is the dream shopping experience with more than 60 boutiques under one roof. Located in downtown Waco, this historic 30,000 square foot building has been home to the local's favorite shops since 1997. *2nd & Franklin, in River Square Center, 76701*
3. **The Findery** – is made up of six shops living under one roof—so no matter your style, you will be sure to find that perfect something. Carefully curated and uniquely stocked, you will leave saying "Wow!" From uncommon finds for your home to statement pieces for your closet, The Findery will quickly become your go to place to shop. *501 S 8th St, 76706*
4. **Sironia** – a collection of shops offering unique and locally sourced merchandise, antiques, and more. Be sure to try the cafe while you are there. The desserts are incredible! *1509 Austin Ave, 76701*
5. **Simply Irresistible** – " the most unique shopping place in Waco. You will find one of a kind pieces here that fit every budget. I especially love that there are statement pieces for your home, not cookie cutter, everyday stuff that anyone can find." – quote from a satisfied customer. *1018 Austin Ave, 76701*
6. **Brazos Valley Cheese** – dedicated to crafting all-natural, high quality, healthy cheese using traditional methods and no artificial flavors, preservatives or coloring. The milk comes from grass-fed cows that graze freely on three local Brazos River Valley Jersey/Brown Swiss dairies that do not use growth hormones or antibiotics. The high butterfat content of this milk makes rich, yellow, creamy cheeses that are used by some of the finest chefs and sold at the best retail shops in Texas. Every one of the cheeses is made with raw cow's milk and all the hard cheeses are aged in the underground cave. Don't miss the opportunity to watch cheese making and other crafts at Homestead Craft Village. *Located at Homestead Craft Village, 206 Halbert Ln, 76705*
7. **Craft Gallery** – Over 160 different shops and boutiques in one huge shop, selling original items not found in chain stores. Craft Gallery is consistently voted one of the top shops by locals. *7524 Bosque Blvd, 76712*
8. **Harp Design Co.** – Clint and Kelly Harp founded Harp Design Co with the dual focus of creating and giving. Each piece of handmade furniture and other items in the shop are offered to help bring people together in your home, carving out space for family meals, work, art projects, or sharing a cup of coffee. Harp House, featured on season 1 of HGTV's *Fixer Upper* is located just next door. Great photo ops! *808 N 15th St, 76707*
9. **Waco Downtown Farmers Market** – This farmers market offers much more than locally grown produce. The Waco Downtown Farmers Market is a year-round market. The market is open every Saturday from 9:00am to 1:00pm, featuring the best local agricultural producers and artisan vendors within 150-miles of Waco. *500 Washington Ave, Waco, TX 76701*
10. **LaSalle Shops** – Described as a hidden Waco and Central Texas treasure with a professional, knowledgeable and helpful staff, LaSalle Shoppes offer customers an eclectic variety of items from which to choose. The former site of a hotel in the 1940's to an unfinished furniture company, LaSalle Shoppes has evolved into an antiques and collectibles hotspot. *2223 La Salle Ave, 76706*

The list is based on ratings lists such as TripAdvisor, visitor traffic, local favorites, and staff knowledge.

Coach,

Thank you for our city. The sole purpose of this survey is to estimate UIL's economic impact on the City of Waco through hotel room night usage and the collection of Hotel Occupancy Tax (HOT) funds.

Please be prepared to turn in the following Hotel Room Survey for your participating school to finalize your registration for this UIL event. The information collected from this survey will remain confidential and used to determine local support for hosting UIL events.



UIL Hotel Room Survey



The following information is for the sole purpose of UIL's use. This information helps UIL determine the estimated economic impact to Waco for hosting events.

Name of UIL Event:			
Coach's Name: (print)			
School Name:			
Hotel Name: (if applicable)		Check box if you did not book a hotel room.	<input type="checkbox"/>
Tourism Impact:	Number of rooms you are using each night? _____	How many nights are you staying in a hotel room during your visit to Waco? _____	Circle the number of people staying in your room? 1 2 3 4 5+

