2014

Understanding Bullying in Schools

A Compendium of Resources to Better Understand Bullying Behaviors

Bullying is unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.

N.C. Center for
Safer Schools

RHayes
NC DPS
5/6/2014

N.C. Center for Safer Schools Presentation References Page

Stop Bullying (dot) GOV: http://www.stopbullying.gov

Bullying In Schools: http://www.cops.usdoj.gov/pdf/e12011405.pdf

N.C. Bullying Laws: http://www.stopbullying.gov/laws/north-carolina.html
- http://www.ncga.state.nc.us/gascripts/statutes/statutelookup.pl?statute=115c-407.15
- http://www.ncga.state.nc.us/gascripts/statutes/statutelookup.pl?statute=115c-407.16
- http://www.ncga.state.nc.us/gascripts/statutes/statutelookup.pl?statute=115c-407.17
- http://www.ncga.state.nc.us/gascripts/statutes/statutelookup.pl?statute=115c-407.18
- http://www.ncga.state.nc.us/gascripts/statutes/statutelookup.pl?statute=14-458.1

For Most Adolescents, Popularity Increases the Risk of Getting Bullied
http://www.asanet.org/documents/press/pdfs/ASR_April_2014_Faris_Felmlee_News_Release.pdf

Bullying: Dispelling Myths, Enhancing Prevention
http://www.samhsa.gov/samhsaNewsLetter/Volume_22_Number_1/bullying-myths-prevention.

Effects of Bullying: http://www.stopbullying.gov/at-risk/effects

N.C. Youth Risk Behavior Survey (YRBS): http://www.nchealthyschools.org/data/yrbs

Indicators of School Crime and Safety: 2012; National Center for Educational Statistics and the Bureau of Justice Statistics Table 11.1-11.4 http://bjs.gov/content/pub/pdf/iscs11.pdf

What is Cyber Bullying? (Video): https://www.youtube.com/watch?feature=player_embedded&v=lN2fuKPDzHA

A Compendium of Assessment Tools, National Center for Injury Prevention and Control of the Centers for Disease Control and Prevention http://www.cdc.gov/violenceprevention/pub/measuring_bullying.html

Misdirections in Bullying Prevention & Response: (Video) http://www.stopbullying.gov/prevention/training-center/index.html

Seek Evidence Based Programs That Address Problems Identified In Your Assessment
http://www.stopbullying.gov/prevention/at-school/index.html
- **Crime Solutions.GOV** https://www.crimesolutions.gov/
- **University of Colorado's Blueprints Program** http://www.colorado.edu/cspv/bullyingprevention.html
- **The Center for Mental Health Services Approach to Enhancing Youth Resilience and Preventing Youth Violence in Schools and Communities**
  http://www.samhsa.gov/grants/content/2002/YouthViolence/appendixes_exhibit2.htm

Media Guidelines for Bullying Prevention: http://www.stopbullying.gov/news/media/

National Stop Bullying Month: http://www.heyugly.org/

Bullying is an activity that needs to be understood to best assess the scope of the problem in context to other abusive activities within a school and to determine how to best intervene. This resource offers the user links to many of the resources, produced by experts in their fields, to help you define, assess, discuss bullying among differing groups and to potentially create a community with less bullying activities.

Use every tool available to you to avoid the unintended consequences of doing more harm than good when addressing the problem of bullying. Please watch this video produced by U.S. Department of Health and Human Services **http://www.youtube.com/watch?v=mJ4v7R3MbrU**

This is a great data chart on the prevalence of differing types of bullying: http://www.stopbullying.gov/image-gallery/what-you-need-to-know-infographic.pdf

Defining the Problem
U.S. Department of Health and Human Services

A national standard for the definition of the types of bullying is provided at the U.S. DHHS web portal StopBullying.gov
http://www.stopbullying.gov/what-is-bullying/definition/index.html
Bullying is unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.

The Role Kids Play: There are many roles that kids can play. Kids can bully others, they can be bullied or they may witness bullying. When kids are involved in bullying, they often play more than one role. Sometimes kids may both be bullied and bully others or they may witness other kids being bullied. It is important to understand the multiple roles kids play in order to effectively **prevent** and **respond** to bullying **http://www.stopbullying.gov/what-is-bullying/roles-kids-play/index.html**

Assessing the Problem
Centers for Disease Control and Prevention

Measuring Bullying Victimization, Perpetration, and Bystander Experiences: A Compendium of Assessment Tools
http://www.cdc.gov/violenceprevention/pdf/bullycompendium-a.pdf
Bullying, particularly among school-age children, is a major public health problem. This compendium provides researchers, prevention specialists and health educators with tools to measure a range of bullying experiences: bully perpetration, bully victimization, bully-victim experiences and bystander experiences. Some researchers continue to examine the risk and protective factors associated with bullying experiences. Others are working to design, implement and evaluate bully prevention interventions aimed at reducing bully victimization and perpetration, as well as increasing prosocial bystander involvement in bullying situations. The ability to measure bullying experiences broadly and completely is crucial to the success of these activities. This compendium represents a starting point from which researchers can consider a set of psychometrically-sound measures for assessing self-reported incidence and prevalence of a variety of bullying experiences.

Misdirections in Bullying Preventions & Response How we respond should always improve the situation and do no harm! Short Video from U.S. DHHS **http://www.youtube.com/watch?v=mJ4v7R3MbrU**

Discussing the Problem at the Community Level
U.S. Department of Health and Human Services

Working with the community – Bullying can be prevented, especially when the power of a community is brought together. Community-wide strategies can help identify and support children who are bullied, redirect the behavior of children who bully, and change the attitudes of adults and youth who tolerate bullying behaviors in peer groups, schools and communities **http://www.stopbullying.gov/prevention/in-the-community/index.html**

Bullying Prevention Campaign
U.S. DHHS Health Resources and Services Administration
http://mchb.hrsa.gov/programs/bullying/index.html

Studies show that 15–25 percent of U.S. students are bullied with some frequency. Since bullying can impact children's educational success, and can have lasting social and emotional consequences, it is important to address this public health problem. Youth who witness bullying are often seriously affected.

Dating back to 2001, HRSA reviewed research and received feedback from health and safety, mental health, law enforcement and education professionals, that bullying was becoming a serious problem for American schoolchildren. Since bullying can impact children's educational success, and can have lasting social and emotional consequences, HRSA invested in the issue through the Stop Bullying Now! (SBN!) campaign.

Sample of Resources Available:
Three Bold Steps for School Community Change: A Toolkit for Community Leaders ⊞(Safe Schools/Healthy Students). This kit shows how partnerships with people from different parts of a community can create positive, lasting change for students.

Striving to Reduce Youth Violence Everywhere (STRYVE) ⊞is a national youth violence prevention effort. STRYVE Online helps communities with access to information and tools, effective strategies, training and technical assistance, and online community workspaces.

Anti-Defamation League's Bullying and Cyberbullying Prevention Strategies and Resources – This website provides links to tipsheets and other resources for parents and educators, including "Bullying Prevention and Intervention: Tips for Schools," "Ways to Address Bias and Bullying," and "Zero Indifference: A Guide to Stop Name-Calling and Bullying." www.adl.org

Cartoon Network: Stop Bullying Speak Up – This campaign is intended to raise awareness of the actions that parents, youth, and educators can take to prevent and address bullying. http://www.cartoonnetwork.com/promos/stopbullying/index.html

Centers for Disease Control podcast on "Bullying Prevention for Parents" – This podcast provides useful information and suggestions for action in bullying prevention. http://www2c.cdc.gov/podcasts/player.asp?f=8622473

Eyes on Bullying – This website provides tip sheets and other resources for parents, educators and community members about the prevention of bullying. www.eyesonbullying.org

Parent Teacher Association's Connect for Respect – This website provides a variety of resources on bullying for families and PTA leaders, including tip sheets and the PTA resolution on bullying. http://www.pta.org/programs/content.cfm?ItemNumber=3003

Substance Abuse and Mental Health Services Administration's (SAMHSA) Take 15– This resource helps parents, caregivers and anyone involved with children and youth start meaningful conversations about bullying and bullying prevention. The questions are designed to generate open and honest discussions with children to help ensure a healthy and safe environment for their development. http://www.store.samhsa.gov/shin/content/SMA08-4321/SMA08-4321.pdf

Sesame Street Workshop – This website provides a helpful video of Big Bird addressing the topic of bullying. The website also provides helpful materials for having a conversation with younger children about bullying and appropriate behavior in school and social settings. http://www.sesamestreet.org/parents/topicsandactivities/topics/bullying

Trainings for Educators and School Bus Drivers

The National Center of Safe Supportive Learning Environments (NCSSLE) offers bullying prevention training toolkits filled with research-based, user friendly materials trainers can use for events and workshops. Each Training Toolkit includes a step-by-step facilitator's guide, a customizable power point presentation, handouts, and feedback form.

For Classrooms, here is a two-part training module

This training toolkit is made up of two modules that address bullying in classrooms. Specifically, it is designed for trainers to assist teachers in cultivating meaningful relationships with students while creating a positive climate in the classroom.

Module 1 - Understanding and Intervening in Bullying Behavior
Addresses how to identify and effectively intervene when bullying occurs (including tips on de-escalation).
Trainer's Guide, Overview and Outline (PDF)
PowerPoint (PPT)
Handouts (PDF)
Module 1 Trainer Feedback

Module 2 - Creating a Supportive Classroom Climate
Considers effective strategies to build a classroom climate where bullying is less likely to occur.
Trainer's Guide, Overview and Outline (PDF)
PowerPoint (PPT)
Handouts (PDF)
Module 2 Trainer Feedback

The Resources of U.S. DHHS StopBullying.gov have provided this powerful presentation for schools and communities.

The Bullying Prevention Training Module Presentation is a research-based resource that can help you lead bullying prevention efforts in your local community.

English Materials

PowerPoint

Print-ready PDF

Materiales en Español

PowerPoint

PDF Listo Para Imprimir

Organizing a Community Event

The Community Action Toolkit includes materials to create a community event using the research, ideas and bullying prevention and response strategies that you learned about in the Training Module.

The Community Action Toolkit includes materials to create a community event, such as a customizable agenda, tip sheets, action planning matrix and feedback forms.

English   Español

The Community Action Toolkit includes materials to create a community event using the research, ideas and bullying prevention and response strategies that you learned about in the Training Module. Using this Toolkit will help you plan, execute and assess your community event to prevent and stop bullying. The Community Action Toolkit includes the following components:

Community Event Planning
I.   *Landscape Assessment* – A tool to help gain understanding of how bullying affects a community and current efforts already underway
II.   *Template Community Event Agenda* – A customizable agenda to guide the structure of community events.
III.   *Community Engagement Tip Sheet* – Tips for creating a diverse network of advocates who can support and sustain ongoing bullying prevention and response efforts
IV.   *Guide to Mobilizing Communities in Bullying Prevention* – Checklist of key stakeholders to engage in bullying prevention and response efforts

Community Event Action
 V.   *Action Planning Matrix* – A tool to help identify the tangible action steps that stakeholders can take to prevent and stop bullying
 VI.   VI.*Tips for Working with the Media* – A how-to guide for engaging reporters and promoting your event through local outlets, including newspapers, blogs, radio and TV
VII.   *Bullying and Suicide: Cautionary Notes* – An overview of bullying and suicide issues and approaches to avoid when addressing the topic

Community Event Follow-Up
VIII.   *Funding Ideas for Future Bullying Prevention Efforts* – Helpful advice and information on maintaining and pursuing funding for bullying prevention efforts
 IX.   *StopBullying.gov Resources* – A step-by-step guide for efficiently and effectively accessing additional resources on www.StopBullying.gov
 X.   *Feedback Forms* – Tools for understanding the impact of the Training Module and your community event

Working with Stakeholders

The User Guides are tailored to 11 audiences that play a critical role in bullying prevention and include information for delivering this training.

English User Guides

- Business Professionals
- Early Education & Child Care Providers
- Elected Officials
- Faith Leaders
- Health and Safety Professionals
- Law Enforcement Officers
- Mental Health Professionals
- Parents & Caregivers
- Recreation Leaders
- School Administrators
- Young Professionals & Mentors

Guías de Usuario

Indicators of School Crime and Safety

U.S. Department of Justice, Bureau of Justice Statistics
http://nces.ed.gov/pubs2013/2013036.pdf
Our nation's schools should be safe havens for teaching and learning, free of crime and violence. Any instance of crime or violence at school not only affects the individuals involved, but also may disrupt the educational process and affect bystanders, the school itself, and the surrounding community.

This document seeks to establish reliable indicators of the current state of school crime and safety across the nation and regularly updating and monitoring these indicators is important in ensuring the safety of our nation's students. This report covers topics such as victimization, teacher injury, bullying and cyber-bullying, school conditions, fights, weapons, availability and student use of drugs and alcohol, and student perceptions of personal safety at school. Indicators of crime and safety are compared across different population subgroups and over time. Data on crimes that occur away from school are offered as a point of comparison where available.

LINKS TO ANTI-BULLYING WEBSITES

Bullying - General Information

Federal Government
[National Center for Education Statistics](#)

[U.S. Department of Education](#) (search "bullying")

[U.S. Department of Health and Human Services: Stop Bullying Now](#)

[U.S. Department of Justice: Bullying in Schools](#)

State/Regional
[California Department of Education](#)

[Colorado Anti-Bullying Project](#)

[University of Nebraska - Lincoln](#)

Organizations
[American Association of University Women](#) - (search "bullying")

[American Medical Association](#)

[Anti-Bullying Alliance](#)

[Anti-Bullying Network](#)

[Anti-Defamation League](#)

[Bully B'Ware](#)

[Bullying No Way](#)

[Bullying Online](#)

[Center for the Study and Prevention of Violence](#)

[Committee for Children: Information on Bullying and Sexual Harassment](#)

[National Association of School Psychologists](#)

[National Crime Prevention Council - Bullying](#)

[National Education Association](#)

[National PTA](#) - (search "bullying")

[National School Boards Association](#) (search "bullying")

[No Bully](#)

[R.E.S.P.E.C.T.²](#)

[Sharing Information Through Partnerships](#)

[Stop Bullying Now](#)

Bullying - Special Topics

Definitions/Policy
[Center for the Study and Prevention of Violence](#)

[Committee for Children - Develop an Anti-Bullying Policy](#)

[National School Board Association: Hazing–Debunking the Myths About This "Right" of Passage](#)

[National School Board Association: Leadership Insider August 2006](#)

[New Jersey Department of Education](#)

[Safe Schools Coalition](#)

[Teachernet](#)

Sexual Harassment
[U.S. Department of Education – Office of Civil Rights](#)

[U.S. Equal Employment Opportunity Commission](#)

Hazing
[Inside Hazing: Understanding Hazardous Hazing](#)

[National School Board Association: Hazing–Debunking the Myths About This "Right" of Passage](#)

[Stop Hazing Organization](#)

Cyberbullying
[i-SAFE America](#)

[Center for Safe and Responsible Internet Use](#)

[Cyberbullying.org](#)

[Nebraska Attorney General: Protecting Nebraska Kids](#)

Positive Student Behavior
[The Collaborative for Academic, Social and Emotional Learning](#), University of Illinois - Chicago

[Institute on Violence and Destructive Behavior](#), University of Oregon

[Michigan Positive Behavior Support Network](#)

[Technical Assistance Center on Positive Behavior Interventions and Supports](#), U.S. Office of Special Education Programs

Children and Youth Bullying Literature

[ADL Curriculum Connections](#)

[Carol Hurst's Children's Literature Site](#)

[Institute for Families in Society (USC) A Resource Guide to Bullying](#)

Sites for Youth

[McGruff home page](#)

[PBS Kids](#)

Parent Information

[American Academy of Child Adolescent Psychiatry: Bullying, Facts for Families](#)

[Center for the Study and Prevention of Violence](#) (Warning signs and general characteristics of targets; characteristics and interventions for bullies; bullying myths)

[Health Unit: Babies and Children](#) (Ontario, Calif.)

[Kids Health for Parents: Bullying and Your Child](#) (Types of bullying; signs and interventions for targets; interventions for bullies)

[National PTA](#) (Bullying general information; bullying behaviors; links to related articles)

[Parentbooks](#) (Book list for parents and youth)

[U.S. Department of Health and Human Services: Stop Bullying Now](#) (Bullying general information; what family members can do; working with school personnel)

[U.S. Department of Health and Human Services: National Mental Health Information Center](#) (Parents as role models; tips for healthy emotional development of children)

Bullying, Vandalism and School Violence

BULLYING http://www.ncpc.org/topics/bullying Information from the National Crime Prevention Council on bullying for parents, teachers and students. Includes several resources. Excellent

BULLYING 42EXPLORE http://www.42explore2.com/bully.htm Basic information for students on bullying plus links, webquests and activities. Excellent

BULLYING THEME PAGE http://www.educationworld.com/a_special/bully.shtml A theme page on bullying for teachers. Includes articles, lesson plans, activities and more. Excellent

CYBERBULLYING http://www.ncpc.org/topics/cyberbullying Information from the National Crime Prevention Council on cyberbullying for parents, teachers and students. Includes several resources. Excellent

PACER CENTER'S KIDS AGAINST BULLYING http://www.pacerkidsagainstbullying.org/ A site for kids on bullying prevention. Sections: Games & Fun, Contents, Watch This, Kids Say and Smart Stuff. Excellent

SCHOOL SAFETY   http://www.ncpc.org/topics/school-safety Information from the National Crime Prevention Council on school safety for parents, teachers and students. Includes several resources. Excellent

STOP BULLYING NOW http://www.stopbullyingnow.hrsa.gov/index.asp?area=main Good information on bullying including What Bullying Is, What You Can Do, Cool Stuff, and What Adults Can Do. The Cool Stuff section has animated webisodes on bullying along with eight games. Appropriate for elementary/middle school students. Excellent

ANTI-BULLYING NETWORK http://www.antibullying.net/ A site for students, parents and teachers with excellent information on bullying. The Young People section has several characters who "discuss" bullying. The School Staff section has information sheets and a reading list. Very Good

BULLYING MYTHS – TRUE/FALSE QUIZ http://www.melissainstitute.org/documents/BullyingMythsQuiz.pdf A quiz for junior/senior high students on bullying. Very Good

OUT ON A LIMB – A GUIDE TO GETTING ALONG http://www.urbanext.uiuc.edu/conflict/index.html A site for students about conflict and bullying. Follow the animated story. Very Good

STUDENT PLEDGE AGAINST GUN VIOLENCE   http://www.pledge.org/ *"The Student Pledge Against Gun Violence is a national program that honors the role that young people, through their own decisions, can play in reducing gun violence. This campaign against youth gun violence culminates each year on a Day of National Concern about Young People and Gun Violence. The program provides a means for beginning the conversation with young people about gun violence. It refers teachers, counselors, and community leaders to valuable resources, includes curriculum suggestions that can be integrated with existing academic programs, and contains information about how your school can participate."* A resource worth checking out. Very Good

VIOLENCE PREVENTION   http://www.rhlschool.com/violenceprev.htm Links on violence prevention. Very Good

YOUTH VIOLENCE THEME PAGE http://www.cln.org/themes/youth_violence.html A page of links to sites about violence in teens. Very Good

BULLYING.ORG http://www.bullying.org/public/frameset.cfm Information for students on teachers. Good

BULLYING INTERVENTION STRATEGIES THAT WORK – SCHOOL ISSUES ARTICLE
http://www.educationworld.com/a_issues/issues103.shtml An article on bullying at school for teachers and administrators. Includes good links. Good

BULLYING PREVENTION ACROSS THE CURRICULUM http://www.neiu.edu/~k12pac/rli4.htm Links to resources for teachers about bullying prevention. Good

DEADLY LESSONS: UNDERSTANDING LETHAL SCHOOL VIOLENCE http://www.nap.edu/openbook/0309084121/html/
An online book on school violence. It examines several specific cases. Good

DEALING WITH SCHOOL VANDALISM – CLASSROOM PROBLEM SOLVER
http://www.educationworld.com/a_curr/shore/shore037.shtml An article with suggestions for dealing with school vandalism. Good

AN EDUCATOR'S GUIDE TO BULLYING http://www.kellybear.com/TeacherArticles/TeacherTip9.html An article for teachers on bullying. Good

KEEP SCHOOLS SAFE http://www.keepschoolssafe.org/ Information for parents, teachers, and students on school safety. Includes articles and more. Includes Bullying. Good

KIDS AGAINST VIOLENCE EVERYWHERE   http://www.angelfire.com/ny/ProjectKAVE/kave2.html   A list of ideas to prevent student violence and bullying. Good

KIDS AND VIOLENCE http://www.familyeducation.com/topic/front/0,1156,65-24137,00.html Information for parents and teachers on kids and violence. Good

NEW WAYS TO STOP BULLYING http://www.apa.org/monitor/oct02/bullying.html An article explaining the results of the latest research on bullying with information on programs that work. Good

PREVENTING SCHOOL VANDALISM – CLASSROOM PROBLEM SOLVER
http://www.educationworld.com/a_curr/shore/shore038.shtml An article with suggestions for preventing school vandalism. Good

SAFE SCHOOLS: A COMMUNITY-SCHOOL APPROACH
http://www.safehealthyschools.org/archive/webquests/caringschools3.htm   Links to strategies for safe schools. Good resources. Good

SCHOOL VIOLENCE PREVENTION: STRATEGIES TO KEEP SCHOOLS SAFE http://www.rppi.org/ps234.html A lengthy policy paper on school violence prevention. Has good statistics. Good

STOP BULLYING BEFORE IT STARTS – SCHOOL ADMINISTRATORS ARTICLE
http://www.educationworld.com/a_admin/admin/admin117.shtml An article on bullying at school for administrators. Good

STOPPING SCHOOL VIOLENCE http://www.ncpc.org/resources/files/pdf/school-safety/stopping_school_violence.pdf
Lists of 12 things law enforcement, parents, principals, students, teachers and the rest of us can do to prevent school violence. 6 lists altogether. Good

STRYVE: STRIVING TO REDUCE YOUTH VIOLENCE EVERYWHERE http://www.safeyouth.gov/Pages/Home.aspx   *"STRYVE is a national initiative, led by the Centers for Disease Control and Prevention (CDC), which takes a public health approach to preventing youth violence before it starts. To support this effort, STRYVE Online provides communities with the*

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knowledge and resources to be successful in preventing youth violence. Resources include: • Access to the latest information and tools • Effective strategies based upon the best available evidence • Training and technical assistance • Online community workspaces • Connections to other communities" Good

TEENSHEALTH – SHOULD YOU WORRY ABOUT SCHOOL VIOLENCE?
http://kidshealth.org/teen/school_jobs/bullying/school_violence.html An article for teens on school violence. Check the More Articles Like This tab for an article on bullying and guns in school. Good

WHAT'S BULLYING? http://www.nobully.org.nz/advicek.htm A site from New Zealand suitable for students on bullying. Sections include: What is Bullying?, Why Do Some People Bully?, What Can You Do if You are Bullied? and more. Note: There is a video for sale on this site. Good

WHEN KIDS KILL - SCHOOL VIOLENCE – WHYFILES http://whyfiles.org/065school_violence/ Information on school violence. Good

WORKPLACE BULLYING INSTITUTE   http://www.workplacebullying.org/ Includes good tips for bullying targets. Applicable for school situations. Good

Lesson Plans & Classroom Activities

APRIL FOOLS! – LESSON PLAN   http://learning.blogs.nytimes.com/2008/04/01/april-fools/ A lesson plan for high school students on practical jokes and their effects. *"**Overview of Lesson Plan:** In this lesson, students reflect on their reactions to practical jokes. They discuss the social function and personal benefits of practical jokes by contrasting good jokes with bullying and harassment. Then, they create mock scenario proposals for a good-spirited prank television show episode."* Excellent

AWARENESS OF ANGER – LESSON PLAN http://www.teachablemoment.org/elementary/anger.html A lesson plan for grades 3-6 on anger management. *"Students will describe the ways people communicate and physically react when they have strong feelings, especially anger. Students will recall and describe a time they got angry."* Excellent

A BAD CASE OF BULLYING: USING LITERATURE RESPONSE GROUPS – LESSON PLAN
http://www.readwritethink.org/classroom-resources/lesson-plans/case-bullying-using-literature-77.html#resources A lesson plan on bullying for grades 3-5*. "This lesson provides an opportunity for students to reflect upon and personally relate to a teacher read-aloud of a narrative story. The lesson could be used with other stories; however, A Bad Case of Stripes allows for a personal connection by having students reflect on similar situations or emotions in their own lives. Acceptable behaviors and ways to prevent bullying in the classroom and school are also discussed."* Excellent

BE STRONG, BE MEAN OR GIVE IN? – LESSON PLANS
http://www.teachablemoment.org/elementary/strong_mean_giving_in.html Two lesson plans on assertiveness and bullying for grades 3-5. *"In the following two lessons, we apply ideas of assertiveness to the kinds of situations children face daily, and give them a chance to practice skills in standing up for themselves and being strong."* Excellent

BUILDING A CLASSROOM COMMUNITY AND "BULLY-FREE ZONE" – LESSON PLAN
http://www.pbs.org/parents/itsmylife/lesson_plans/bullies_classroom_community.html A lesson plan for grades 3-7 on establishing a classroom community free of bullying. *"Almost all children, at some point in their childhood, will experience or be affected by bullying behaviors. For the safety and welfare of ALL children in a positive learning environment, it is essential for teachers to establish a learning community void of bullying behaviors and to facilitate a sense of community in the classroom. This includes teaching children skills to deal with bullies, as well as promoting positive social skills such as cooperation, communication, and conflict resolution."* Requires internet access to video clips on the site. Excellent

BULLYING PREVENTION LESSON PLANS http://www.peelregion.ca/health/bullying/howtouse.htm A collection of lessons plans, arranged for monthly use on preventing bullying*. "These lesson plans are intended to be used in schools as part of a comprehensive approach to bullying prevention. Experience has shown that the most effective and consistent use of these lessons occurs in schools where the in-class lessons were introduced 6-12 months after the launch of a comprehensive bullying prevention initiative. At this point, staff stated they felt like the lessons were part of a larger vision, and not just another 'download' to teachers. Consistency and sustainability have been the main goals of the Peel Health Bullying Prevention Initiative and, therefore, of the classroom sessions. The lessons are meant to be used as an entire school. The goal is to have every teacher address the issue of bullying by using the lesson plans with their class. Relying on support staff to teach all the lessons simply results in a lack of consistency and undermines sustainability. Ten Lesson Plans: There are 10 lesson plans - one for each month of the school year. The order of the lesson plans was based on logical progression, teacher experience and evaluation. Because the activity of one month is often based on knowledge or resources from a previous month, it is recommended to follow the lessons in order. The lessons are identified by month, so schools starting to use the lessons in September simply use the corresponding months. Schools starting at another time of year are encouraged to begin with September as month one, and continue through the lessons until year end."* Excellent

BULLYING REALITY QUIZ   http://www.educationworld.com/a_lesson/00-2/lp2064.shtml A lesson plan for grades 6-12 on bullying. *"Students take a quiz about school violence and create their own quiz on bullying."* Very Good

CONFLICT AND WIN-WIN SITUATIONS – LESSON PLANS
http://www.teachablemoment.org/elementary/conflict%20and%20win-win.html   Two lesson plans for grades 3-6 on conflict and win-win situations. *"The first lesson introduces students to the concept of conflict, helps them consider that conflict is a normal part of life and does not have to lead to violence, and asks them to consider examples of conflict in their own lives. In the second lesson, students practice coming up with "win-win solutions" to conflict."* Excellent

CONFLICT RESOLUTION LESSON PLANS   http://www.teachervision.fen.com/classroom-discipline/resource/3038.html
Fifteen lesson plans for grades K-12 on conflict resolution. Use in association with bullying lessons. Excellent

CYBERBULLYING: WHAT IS IT? WHAT CAN WE DO ABOUT IT? – LESSON PLAN
http://www.teachablemoment.org/high/cyberbullying.html A lesson plan for high school students on cyberbullying. *"In the past month, six gay teenagers have committed suicide after being tormented by bullying or cyberbullying. To help teachers address this issue, Morningside Center for Teaching Social Responsibility has posted several new classroom lesson plans on TeachableMoment.Org. The lesson below aims to raise students' awareness about how to make their school and community a safe and welcoming place for everyone."* Excellent

CYBERSPIES IN CYBERSPACE – LESSON PLAN http://learning.blogs.nytimes.com/2008/03/17/cyberspies-in-cyberspace/
A lesson plan for high school students on teen use of the Internet. *"**Overview of Lesson Plan:** In this lesson, students will explore their parents' and/or guardians' concerns about safety in cyberspace and draft individually prepared parent/guardian-teen contracts about Internet usage."* Excellent

DO SOMETHING ABOUT…SCHOOL VIOLENCE UNIT – CURRICULUM UNIT
http://www.lessonplanspage.com/SSODoSomethingAboutSchoolViolenceUnitDay1Bullying912.htm A unit on bullying and school violence for grades 9-12. *"The following lesson is the first lesson of a 10-day School Violence Unit from Do Something, Inc."* Excellent

HALL MONITORS: SCHOOL REPORTERS PROBE THE HEART OF SCHOOL VIOLENCE – LESSON PLAN
http://learning.blogs.nytimes.com/2003/03/13/hall-monitors/ A lesson plan for grades 6-12 on school violence. *"In this lesson, students will investigate the incidence of different types of violence that occurs in their schools, and question local authorities about the best ways to reduce violence in school."* Excellent

A HIGH-INTEREST NOVEL HELPS STRUGGLING READERS CONFRONT BULLYING IN SCHOOLS – LESSON PLAN
http://www.readwritethink.org/classroom-resources/lesson-plans/high-interest-novel-helps-390.html A lesson plan covering several sessions for grades 9-12 using a realistic, high-interest novel as a basis for discussion. Excellent

NO PLACE FOR BULLIES – LESSON PLAN http://learning.blogs.nytimes.com/2007/12/18/no-place-for-bullies/ A lesson plan for high school students on bullying. *"Overview of Lesson Plan: In this lesson, students reflect on the bullying in their community, hold an anonymous discussion about bullying and suggest solutions to the problem."* Excellent

PHOEBE PRINCE'S SUICIDE HIGHLIGHTS THE PRESSING ISSUE OF BULLYING – LESSON PLAN
http://www.teachablemoment.org/high/prince.html A lesson plan for high school classes on the issue of bullying. Includes student readings and discussions. Excellent

RESOURCES ON BULLYING AND CYBERBULLYING – TEACHING RESOURCE
http://learning.blogs.nytimes.com/2010/06/28/resources-on-bullying-and-cyberbullying/   A teaching resource from the New York Times. Includes a list of lesson plans and articles as well as links *"Bullying, hazing, harassment: Whatever you want to call it, educators and parents are focusing on it more and more. A particularly thorny issue is how best to get involved when kids use digital devices and social networking sites to torment their peers.*
Times reporters looked at the pros and cons of antagonistic relationships and close friendships and the role of such relationships in bullying, as well as teens' use of social networking sites to insult one another. You likely also remember coverage of the Phoebe Prince case." Excellent

SHOULD HATE BE OUTLAWED? – LESSON PLAN http://www.crf-usa.org/school-violence/should-hate-be-outlawed.html A lesson plan for junior/senior high students on hate and hate crimes. It discusses specific hate crimes and the reaction of the community including attempts to legislate against this. Excellent

STUDENT VIOLENCE IN AMERICA'S SCHOOLS – A NEW YORK TIMES ISSUE IN DEPTH – LESSON PLANS
http://www.nytimes.com/learning/general/specials/schoolviolence/index.html An in-depth examination of school violence from the New York Times includes news summaries, a Web guide (links), and lesson plans. Excellent - Also in the Websites section.

TEACHING "THE LORD OF THE FLIES" WITH THE NEW YORK TIMES – LESSON PLANS
http://learning.blogs.nytimes.com/2010/08/05/teaching-the-lord-of-the-flies-with-the-new-york-times/   A lesson plan for high school students on the relevance today of Golding's "Lord of the Flies". *"Teachers weighed in on the books they least enjoyed teaching. And "The Lord of the Flies" made the short list. Yet William Golding's 1954 novel, which has been published in 26 languages and inspired two films, endures as required reading on high school and college campuses. So, here are some resources to complement your reading of this classic text that we hope will help move it off of your, and your students', "least favorite" lists. And teachers, we would love to hear how you teach "Lord of the Flies." What works well? Please share your ideas and experiences!"* Includes several lesson plans, crossword puzzles and links. Excellent

'A TROUBLING TREND': DISCUSSING BULLYING AND ANTIGAY ATTITUDES – LESSON PLAN
http://learning.blogs.nytimes.com/2010/10/05/a-troubling-trend-discussing-bullying-and-antigay-attitudes/   A lesson plan from the NY Times on bullying and student suicide for high school students. *"**Overview** | What is the societal climate for antigay bullying in schools and a recent rash of related student suicides? What, if anything, can be done to make schools safer and more inclusive? In this lesson, students examine and discuss responses to the recent suicides that have occurred amid antigay bullying and complete an optional campaign to foster safety and acceptance at their own school."* Excellent

WEB LESSONS ON SCHOOL VIOLENCE http://www.crf-usa.org/school-violence/school-violence.html A collection of lesson plans on school violence from the Constitutional Rights Foundation. Excellent

CLIQUES, FRIENDSHIP GROUPS OR BOXES? – LESSON PLANS
http://www.pbs.org/inthemix/educators/lessons/schoolviol2/index.html A two-lesson unit on school friendships. *"For grades 9-12. As with all social beings, adolescents need a peer group that they feel comfortable with. However, they often then feel trapped by their social group or clique or feel shunned by another group. This lesson helps students explore the social "boxes" that they place themselves in or are put in by others, and focus on how they judge one another. The lesson can also serve as a training session for students who wish to be Big Brothers and Sisters to incoming freshmen, or student facilitators of Human Relations groups-- two programs that promote a greater sense of community within schools."* The link to the video is broken. Very Good

EXPLORING THE NATURE OF CONFLICT – LESSON PLAN http://www.teachervision.fen.com/page/2919.htm A lesson plan for elementary/middle school students on conflict. *Students will construct definitions of conflict and will distinguish between conflict and violence. Students will analyze a conflict and will identify what is positive about conflict they have experienced.* Very Good

I-MESSAGES AND THE ASSERTIVENESS LINE – LESSON PLAN http://www.teachablemoment.org/elementary/imessages.html A lesson plan for grades 3-6 on assertiveness. *"This is a strategy that is sometimes useful in dealing with problems that come up with friends and family, people who are likely to care about our feelings."* Very Good

MANAGING ANGER – LESSON PLANS   http://www.pbs.org/inthemix/educators/lessons/schoolviol3/index.html   A two-lesson unit on anger management. *"For grades 9-12. This lesson plan is designed to teach anger management and conflict resolution through the "I-Message" communication technique and other group activities."* The link to the video is broken. Very Good

A PRIMER ON PEER MEDIATION – LESSON PLANS
http://www.pbs.org/inthemix/educators/lessons/schoolviol1/index.html A two-lesson unit on peer mediation. *"For grades 9-12. This lesson has been designed to introduce students to the process of mediation. If Peer Mediation is an ongoing program at your school, this lesson can be used to inform students of what they can expect if they choose to solve a problem through mediation. It can also be used to encourage students to train to become mediators. If Peer Mediation is new to your school, this lesson can be the jumping-off point to bringing a training program into your building. If possible, the PBS In the Mix episode "School Violence: Answers from the Inside" should be used because it shows an actual mediation (re-enacted) and shares viewpoints from both the participants and the student mediators."* Includes a video clip from another source if the video is not available. Very Good

TV BULLIES – INTERACTIVE http://www.sciencenetlinks.com/sci_update.php?DocID=266 An interactive lesson on the correlation for TV watching among young children and later bullying behavior. *"Childhood bullying is an age-old problem that's drawing more and more concern from parents. A recent study identified several factors that influence a child's chance of becoming a bully."* Very Good

BULLYING REALITY QUIZ – LESSON PLAN http://www.education-world.com/a_lesson/00-2/lp2064.shtml A lesson plan for grades 6-12 on bullying. *"Students take a quiz about school violence and create their own quiz on bullying."* Good

KIDS BULLYING KIDS – LESSON PLANNING http://www.education-world.com/a_lesson/00-2/lp2055.shtml An article for planning a lesson on bullying. Good

PUPPET SKIT: DEALING WITH A BULLY – LESSON PLAN
http://www.teachablemoment.org/elementary/bully_puppet%20skit.html A puppet skit and lesson for grades K-1 on dealing with a bully. You need to provide hand puppets. Good

TEACHING GUIDE: BULLYING FOR GRADES K-5 http://www.goodcharacter.com/GROARK/Bullying.html Includes information, class discussion starters, home assignments and more. A companion to a video but includes good general information. Good

WHAT ABOUT FIGHTING? – LESSON PLAN http://www.teachervision.fen.com/page/2962.html
A lesson plan for grades 3-8 on fighting to resolve conflicts. Good

WHERE MONSTERS CAN GROW – LESSON PLAN http://teachers.net/lessons/posts/780.html A lesson plan for elementary students on the poem "Where Monsters Can Grow". Good