



B.S. HEALTH STUDIES

Dietetics

COURSES OFFERED BY SEMESTER (DIET)

FALL

HMSE 2000 – Health/Sport Science Terminology
NUTR 2102 – Intro to Dietetics
NUTR 2202 – Nutrition
NUTR 2302 – Introduction to Culinary Nutrition
NUTR 2303 – Introduction to Culinary Nutrition Lab
NUTR 4000 – Senior Seminar in Dietetics
NUTR 4102 – Medical Nutrition Therapy I
NUTR 4802 – Experimental Foods
NUTR 4803 – Experimental Foods Lab
NUTR 4812 – Adv. Hum Metabolism II
HMSE 4999 – Senior Project
ESMS 3700 – Exercise Physiology Introduction
HLSC 4400 – Statistics for Health Studies
HLSC 4520 – Health and Lifestyle Counseling
NUTR 4605 – Internship in Nutrition

SUMMER

HMSE 2000 – Health/Sport Science Terminology
NUTR 2202 – Nutrition
ESMS 3700 – Exercise Physiology Introduction
HLSC 4520 – Health and Lifestyle Counseling (not recommended)

SPRING

HMSE 2000 – Health/Sport Science Terminology
NUTR 2102 – Intro to Dietetics
NUTR 2202 – Nutrition
NUTR 2302 – Introduction to Culinary Nutrition
NUTR 2303 – Introduction to Culinary Nutrition Lab
NUTR 3002 – Adv. Hum Metabolism I
NUTR 4010 – Management and Food Systems
NUTR 4112 – Medical Nutrition Therapy II
NUTR 4602 – Community Nutrition
HMSE 4999 – Senior Project
ESMS 3700 – Exercise Physiology Introduction
HLSC 4400 – Statistics for Health Studies
NUTR 4605 – Internship in Nutrition



B.S. HEALTH STUDIES

Health Sciences

COURSES OFFERED BY SEMESTER (HLSC)

FALL

NUTR 2202 - Nutrition
ESMS 2015 – Resistance & Aerobic Training Applications
ESMS 3700 – Exercise Physiology
HLSC 2100 – Wellness Concepts and Practices
HLSC 2200 – Intro to Public Health & Health Promotion
HLSC 3505 – Principles of Health Fitness Instruction
HLSC 3522 – Needs Assessment & Program Eval in HPRO
HLSC 3800 – Strategic Planning and Program Development
HLSC 4500 – Project Management in HPRO
HLSC 4520 – Health & Lifestyle Counseling
HLSC 4530 – Epidemiology
HLSC 4605 – Internship in HLSC

SPRING

NUTR 2202 - Nutrition
ESMS 2015 – Resistance & Aerobic Training Applications
ESMS 3700 – Exercise Physiology
HLSC 2100 – Wellness Concepts and Practices
HLSC 2200 – Intro to Public Health & Health Promotion
HLSC 3505 – Principles of Health Fitness Instruction
HLSC 3522 – Needs Assessment & Program Eval in HPRO
HLSC 3800 – Strategic Planning and Program Development
HLSC 4500 – Project Management in HPRO
HLSC 4520 – Health & Lifestyle Counseling
HLSC 4530 – Epidemiology
HLSC 4605 – Internship in HLSC

SUMMER

NUTR 2202 - Nutrition
ESMS 2015 – Resistance & Aerobic Training Applications
ESMS 3700 – Exercise Physiology
HLSC 2100 – Wellness Concepts and Practices
HLSC 2200 – Intro to Public Health & Health Promotion
HLSC 3505 – Principles of Health Fitness Instruction
HLSC 3522 – Needs Assessment & Program Eval in HPRO
HLSC 3800 – Strategic Planning and Program Development
HLSC 4500 – Project Management in HPRO
HLSC 4520 – Health & Lifestyle Counseling
HLSC 4530 – Epidemiology
HLSC 4605 – Internship in HLSC



B.S. HEALTH STUDIES

Healthcare Leadership

COURSES OFFERED BY SEMESTER (HCL)

FALL

NUTR 2202 – Nutrition
HCL 3000 – Healthcare Leadership, Management, and Organization
HCL 3010 – Foundations of Healthcare Financial Management
HCL 3020 – Healthcare Informatics and Technology
HCL 3030 – Healthcare Strategic Planning and Marketing
HCL 3040 – Contemporary Healthcare Delivery Systems
HCL 3050 – Professional Writing and Critical Analysis in Healthcare
HCL 4000 – Policy Issues in Health Services, Delivery, and Advocacy
HCL 4010 – Healthcare Statistics and Research
HCL 4020 – Law and Ethics in Healthcare
HCL 4030 – Human Resource Management in Healthcare
HCL 4040 – Business Principles of Healthcare
HCL 4605 – Internship in HCL
HLSC 4530 - Epidemiology

SUMMER

NUTR 2202 – Nutrition
HCL 3000 – Healthcare Leadership, Management, and Organization
HCL 3010 – Foundations of Healthcare Financial Management
HCL 3030 – Healthcare Strategic Planning and Marketing
HCL 3040 – Contemporary Healthcare Delivery Systems
HCL 3050 – Professional Writing and Critical Analysis in Healthcare
HCL 4605 – Internship in HCL
HLSC 4530 – Epidemiology

SPRING

NUTR 2202 – Nutrition
HCL 3000 – Healthcare Leadership, Management, and Organization
HCL 3010 – Foundations of Healthcare Financial Management
HCL 3020 – Healthcare Informatics and Technology
HCL 3030 – Healthcare Strategic Planning and Marketing
HCL 3040 – Contemporary Healthcare Delivery Systems
HCL 3050 – Professional Writing and Critical Analysis in Healthcare
HCL 4000 – Policy Issues in Health Services, Delivery, and Advocacy
HCL 4010 – Healthcare Statistics and Research
HCL 4020 – Law and Ethics in Healthcare
HCL 4030 – Human Resource Management in Healthcare
HCL 4040 – Business Principles of Healthcare
HCL 4605 – Internship in HCL
HLSC 4530 - Epidemiology



B.S. HEALTH STUDIES

Exercise, Sport & Movement Sciences

COURSES OFFERED BY SEMESTER (ESMS)

FALL

NUTR 2202 – Nutrition
HMSE 2000 – Health/Sport Science Terminology
ESMS 2004 – Introduction to Exercise, Sport & Movement Sciences
ESMS 2015 – Resistance & Aerobic Training Applications
ESMS 3020 – Exercise & Sport Mechanics
ESMS 3050 – Adv. Life Support for Ex. Cond. & Testing
ESMS 3410 – Anatomical Kinesiology I
ESMS 3415 – Anatomical Kinesiology II
ESMS 3603 – Exercise Physiology I
ESMS 3703 – Exercise Physiology II
ESMS 3803 – Motor Learning

Note: All prerequisites must be successfully completed prior to entry in ESMS 4000, 4015, & 4603.

ESMS 4000 – Ex. Test Techniques Lec. (1) & Lab (2)
ESMS 4015 – Exercise Prog. for Special Populations
ESMS 4603 – Advanced Methods of Strength Conditioning

Note: All prerequisites must be successfully completed prior to entry in ESMS 4605.

ESMS 4605 – Internship in ESMS
HLSC 4400 – Statistics for Health Sciences

SUMMER

NUTR 2202 – Nutrition
ESMS 2015 – Resistance & Aerobic Training Applications
ESMS 3020 – Exercise & Sport Mechanics
ESMS 3050 – Adv. Life Support for Ex. Cond. & Testing
ESMS 3410 – Anatomical Kinesiology I
ESMS 3415 – Anatomical Kinesiology II
ESMS 3450 – Psychological Aspects of Exercise
ESMS 3603 – Exercise Physiology I
ESMS 3703 – Exercise Physiology II

SPRING

NUTR 2202 – Nutrition
HMSE 2000 – Health/Sport Science Terminology
ESMS 2004 – Introduction to Exercise, Sport & Movement Sciences
ESMS 2015 – Resistance & Aerobic Training Applications
ESMS 3020 – Exercise & Sport Mechanics
ESMS 3050 – Adv. Life Support for Ex. Cond. & Testing
ESMS 3410 – Anatomical Kinesiology I
ESMS 3415 – Anatomical Kinesiology II
ESMS 3450 – Psychological Aspects of Exercise
ESMS 3603 – Exercise Physiology I
ESMS 3703 – Exercise Physiology II
ESMS 3803 – Motor Learning

Note: All prerequisites must be successfully completed prior to entry in ESMS 4000, 4015, & 4603.

ESMS 4603 – Advanced Methods of Strength Conditioning

Note: All prerequisites must be successfully completed prior to entry in ESMS 4605.

ESMS 4605 – Internship in ESMS

Note: All prerequisites must be successfully completed prior to entry in ESMS 4000, 4015, & 4603. A maximum of two (2) of these courses may be taken simultaneously during a summer session.

ESMS 4000 – Ex. Test Techniques Lec. (1) & Lab (2)
ESMS 4015 – Exercise Prog. for Special Populations
ESMS 4603 – Advanced Methods of Strength Conditioning

Note: All prerequisites must be successfully completed prior to entry in ESMS 4605.

ESMS 4605 – Internship in ESMS



B.S.Ed PHYSICAL EDUCATION TEACHER EDUCATION

Licensure

COURSES OFFERED BY SEMESTER (PETE)

FALL

ESMS 2015 – Resistance & Aerobic Training Applications
ESMS 3405 – Anatomic Kinesiology
ESMS 3700 – Exercise Physiology Introduction
PETE 2000 – Introduction to PETE
PETE 2002 – Educational Games and Team Sport Skills
PETE 2010 – Ed Gym/Dance Movement Concepts
PETE 3307 – Psychosocial Aspects of Sport
PETE 3450 – Motivation in Athletics and Coaching
PETE 3600 – Sports Coaching Administration and Leadership
PETE 4201 – Curriculum & Integrated Learning in Elem.
PETE 4301 – Curriculum & Integrated Learning in Sec.
PETE 4401 – Learner Assessment in Physical Education and Wellness
PETE 4501 – Residency I Practicum in PE and Wellness
PETE 4605 – Internship
HLSC 2100 – Wellness Concepts and Practices

SUMMER

ESMS 2015 – Resistance & Aerobic Training Applications
ESMS 3405 – Anatomic Kinesiology
ESMS 3700 – Exercise Physiology Introduction
HLSC 2100 – Wellness Concepts and Practices
PHED 1713 – Swimming (may choose 1713, 1722, or 2703)
PETE 4605 – Internship

SPRING

ESMS 2015 – Resistance & Aerobic Training Applications
ESMS 3700 – Exercise Physiology Introduction
ESMS 3853 – Motor Behavior
PETE 2001 – Individual Fitness Testing
PETE 2003 – Skill Competence in Individual Sports
PETE 3307 – Psychosocial Aspects of Sport
PETE 3308 – Exceptional Learners in Physical Education
PETE 3400 – Coaching Team/Individual Sports
PETE 3500 – Sports Performance Training for Coaches
PETE 3550 – Sports Officiating Techniques
PETE 3800 – Instructional Strategies in Physical Education
PETE 4601 – Residency II Seminar in PE and Wellness
PETE 4605 – Internship
PETE 4701 – Residency II Practicum in PE and Wellness
HLSC 2100 – Wellness Concepts and Practices
PHED 1713 – Swimming (may choose 1713, 1722, or 2703)



B.S.Ed. Physical Education Teacher Education

Sport Coaching

COURSES OFFERED BY SEMESTER (PETE - SPORT COACHING)

FALL

ESMS 2015 – Resistance & Aerobic Training Applications
ESMS 3405 – Introduction to Structural and Functional Kinesiology
ESMS 3700 – Exercise Physiology Introduction
PETE 2000 – Introduction to PETE
PETE 2002 – Education Games and Team Sport Skills
PETE 2010 – Ed Gym/Dance Movement Concepts
PETE 3307 – Psychosocial Aspects of Sport
PETE 3450 – Motivation in Athletics and Coaching
PETE 3600 – Sport Coaching Administration and Leadership
PETE 4605 – Internship

SPRING

ESMS 2015 – Resistance & Aerobic Training Applications
ESMS 3700 – Exercise Physiology Introduction
ESMS 3853 – Motor Behavior
PETE 2001 – Individual Fitness Testing
PETE 2003 – Skill Competence in Individual Sports
PETE 3308 – Exceptional Learners in Physical Education
PETE 3400 – Coaching Team/Individual Sports
PETE 3500 – Sports Performance Training for Coaches
PETE 3550 – Sports Officiating Techniques
PETE 3800 – Instructional Strategies in Physical Education
PETE 4605 – Internship

SUMMER

ESMS 2015 – Resistance & Aerobic Training Applications
ESMS 3405 - Introduction to Structural and Functional Kinesiology
ESMS 3700 - Exercise Physiology Introduction
PETE 4605 – Internship

*A selection of coaching classes will be offered each summer