

Coronavirus 2019 (COVID-19) Visitor Screening Toolkit A Resource for Long Term Care Centers

March 2020

*Revised March 12, 2020

The most effective way to protect your residents from coronavirus disease (COVID-19) is to prevent the disease from entering your nursing center. Effective screening of staff, vendors and visitors is essential, as is preventing those who potentially carry the virus from interacting with your residents. The following are best practices for Florida nursing centers in establishing effective screening protocols. This includes a COVID-19 Respiratory Checklist (Attachment 1) for an effective COVID-19 control and prevention process.

For additional resources and ongoing updates on COVID-19, visit the FHCA dedicated coronavirus web page at www.fhca.org/facility_operations/coronavirus.

Visitor Screening and Restrictions

On March 11, Governor Ron DeSantis issued an <u>Emergency Order (20-002)</u> regarding visitation in Florida's nursing homes and other facilities (nursing homes, assisted living facilities, adult family care homes, long term care facilities and adult group homes). Pursuant to <u>Executive Order 20-52</u>, the Governor issued the following prohibitions on visitors:

- Any person infected with COVID-19 who has not had two consecutive negative test results separated by 24 hours is prohibited from visiting a facility; or
- Any person showing or presenting signs or symptoms of a respiratory infection, including fever, cough, shortness of breath, or sore throat is prohibited from visiting a facility; or
- Any person who has or may have been in close contact with a person(s) infected with COVID-19 who has not tested negative for COVID-19 is prohibited from visiting a facility until 14 days after their interaction with the person(s) who is infected with COVID-19; or
- Any person who has traveled internationally is prohibited from visiting a facility until 14 days after their return to the United States; or
- Any person who has traveled on a cruise ship is prohibited from visiting a facility until 14 days after their return to the United States; or
- Any person who has been in a community with confirmed community spread of COVID-19, as identified by the Centers for Disease Control and Prevention or a state public health agency, is prohibited from visiting a facility within 14 days of their presence in the community with community spread*; or
- Any person who resides in a community with confirmed community spread of COVID-19, as, identified by the Centers for Disease Control and Prevention or a state public health agency, is prohibited from visiting a facility.

*During his <u>press conference</u>, the Governor stated there are no instances of community spread in Florida.

CMS Expanded Recommendations for Limiting Visitors and Individuals:

On March 9, CMS revised its <u>QSO-20-14-NH Memo</u>, <u>Guidance for Infection Control and Prevention of Coronavirus Disease 2019 (COVID-2019) in Nursing Homes</u> in regard to <u>actively screening and restricting visitation</u>. The CMS guidance notes that for those <u>individuals that do not meet the criteria</u>, <u>facilities can allow entry but may require visitors to use Personal Protective Equipment (PPE) such as facemasks (see expanded guidance below)</u>.

Each nursing home should have a staff member, trained in screening protocols, monitor the entrance to the facility and screen all persons entering it. All visitors should sign in and out on a visitor's log.

CMS is providing the following expanded guidance to prevent the spread of COVID-19 (in addition to the information above about restricting visitors).

- **Restricting** means the individual should not be allowed in the facility at all, until they no longer meet the criteria above.
- **Limiting** means the individual should not be allowed to come into the facility, except for certain situations, such as end-of-life situations or when a visitor is essential for the resident's emotional well-being and care.
- **Discouraging** means that the facility allows normal visitation practices (except for those individuals meeting the restricted criteria), however the facility advises individuals to defer visitation until further notice (through signage, calls, etc.).
- 1. Limiting or Discouraging visitation:
 - a) **Limiting:** For facilities that are in counties, or counties adjacent to other counties where a COVID-19 case has occurred, we recommend **limiting** visitation (except in certain situations as indicated above). For example, a daughter who visits her mother every Monday, would cease these visits, and limit her visits to only those situations when her mom has a significant issue. Also, during the visit, the daughter would limit her contact with her mother and only meet with her in her room or a place the facility has specifically dedicated for visits.
 - b) **Discouraging:** For all other facilities (nationwide) not in those counties referenced above, we recommend **discouraging** visitation (except in certain situations). See below for methods to discourage visitation. Also see CDC guidance to "stay at home" https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html#stay-home.
- 2. **Facilities should increase visible signage** at entrances/exist, offer temperature checks, increase availability to hand sanitizer, offer PPE for individuals entering the facility (if supply allows). Also, provide instruction, before visitors enter the facility and residents' rooms, on hand hygiene, limiting surfaces touched, and use of PPE according to current facility policy while in the resident's room. Individuals with fevers, other symptoms of COVID-19, or unable to demonstrate proper use of infection control techniques should be restricted from entry. Signage should also include language to discourage visits, such as recommending visitors defer their visit for another time or for a certain situation as mentioned above.

- 3. In addition to the screening visitors for the criteria for restricting access (above), facilities should ask visitors if they took any recent trips (within the last 14 days) on cruise ships or participated in other settings where crowds are confined to a common location. If so, facilities should suggest deferring their visit to a later date. If the visitor's entry is necessary, they should use PPE while onsite. If facility does not have PPE, facility should restrict the individual's visit, and ask them to come back at a later date (e.g., after 14 days with no symptoms of COVID-19).
- 4. **In cases when visitation is allowable**, facilities should instruct visitors to limit their movement within the facility to the resident's room (e.g., reduce walking the halls, avoid going to dining room, etc.).
- 5. Facilities should review and revise how they interact with volunteers, vendors and receiving supplies, agency staff, EMS personnel and equipment, transportation providers (e.g., when taking residents to offsite appointments, etc.), other practitioners (e.g., hospice workers, specialists, physical therapy, etc.), and take necessary actions to prevent any potential transmission. For example, do not have supply vendors transport supplies inside the facility. Have them dropped off at a dedicated location (e.g., loading dock). Facilities can allow entry of these visitors as long as they are following the appropriate CDC guidelines for Transmission-Based Precautions. For example, hospice workers can enter a facility when using PPE properly.
- 6. *In lieu of visits* (either through limiting or discouraging), facilities can consider:
 - a) Offering alternative means of communication for people who would otherwise visit, such as virtual communications (phone, video-communication, etc.).
 - b) Creating/increasing listserv communication to update families, such as advising to not visit.
 - c) Assigning staff as primary contact to families for inbound calls and conduct regular outbound calls to keep families up to date.
 - d) Offering a phone line with a voice recording updated at set times (e.g., daily) with the facility's general operating status, such as when it is safe to resume visits.
- 7. **When visitation is necessary or allowable**, facilities should make efforts to allow for safe visitation for residents and loved ones. For example:
 - a) Suggest limiting physical contact with residents and others while in the facility. For example, practice social distances with no handshaking or hugging, and remaining six feet apart.
 - b) If possible (e.g., pending design of building), creating dedicated visiting areas (e.g., "clean rooms") near the entrance to the facility where residents can meet with visitors in a sanitized environment. Facilities should disinfect rooms after each resident-visitor meeting.
 - c) Residents still have the right to access the Ombudsman program. If in-person access is allowable, use the guidance mentioned above. If in-person access is not available due to infection control concerns, facilities need to facilitate resident communication (by phone or other format) with the Ombudsman program or any other entity listed in 42 CFR § 483.10(f)(4)(i).

8. Visitor reporting:

- a) Advise exposed visitors (e.g., contact with COVID-19 resident prior to admission) to monitor for signs and symptoms of respiratory infection for at least 14 days after last known exposure and if ill to self-isolate at home and contact their healthcare provider.
- b) Advise visitors to report to the facility any signs and symptoms of COVID-19 or acute illness within 14 days after visiting the facility

The following resources are provided in this toolkit to assist with developing these visitor screening protocols:

- Template letter for residents, family members and visitors, educating them about COVID-19 and policies of the nursing home to prevent its spread (Attachment 2);
- Template communication to vendors requested they not enter the nursing home if they potentially carry the COVID-19 virus (Attachment 3);
- COVID-19 Screener Competency tool for documenting training for staff assigned to screen all visitors and vendors entering the nursing home (Attachment 4);
- Template Visitor Screening Tools that may be used to screen all persons entering the nursing home (Attachments 5 and 6); and
- Screener Sign-In Log to document who was conducting screenings (Attachment 7).

Limiting Access to the Nursing Home

According to the CMS QSO-20-14-NH Memo, Guidance for Infection Control and Prevention of Coronavirus Disease 2019 (COVID-2019), if visitors meet the above referenced criteria, nursing homes may restrict their entry to the facility. Regulations and guidance related to restricting a resident's right to visitors can be found at 42 CFR §483.10(f)(4), and at F-tag 563 of Appendix PP of the State Operations Manual. Specifically, a nursing home may need to restrict or limit visitation rights for reasonable clinical and safety reasons. This includes, "restrictions placed to prevent community-associated infection or communicable disease transmission to the resident.

A resident's risk factors for infection (e.g., immunocompromised condition) or current health state (e.g., end-of-life care) should be considered when restricting visitors. In general, visitors with signs and symptoms of a transmissible infection (e.g., a visitor is febrile and exhibiting signs and symptoms of an influenza-like illness) should defer visitation until he or she is no longer potentially infectious (e.g., 24 hours after resolution of fever without antipyretic medication)."

Employee Screening

According to the revised <u>CMS QSO-20-14-NH Memo, Guidance for Infection Control and Prevention of Coronavirus Disease 2019 (COVID-2019)</u>, the same screening performed for visitors should be performed for facility staff. Health care providers (HCP) who have signs and symptoms of a respiratory infection should not report to work.

Any staff who develop signs and symptoms of a respiratory infection while on the job, should:

- Immediately stop work, put on a facemask, and self-isolate at home;
- Inform the facility's infection preventionist, and include information on individuals, equipment, and locations the person came in contact with; and
- Contact and follow the local health department recommendations for next steps (e.g., testing, locations for treatment).
- Refer to the <u>CDC guidance for exposures</u> that might warrant restricting asymptomatic healthcare personnel from reporting to work.

Attached are:

- Sample letter to educate staff on steps implemented to help reduce the potential for the virus to enter the nursing home (Attachment 8); and
- Employee screening tool (Attachment 9).

Posting Information

It is important to post information educating and reminding employees and visitors about precautions to protect residents from the COVID-19. Attached are sample signage/infographics for facility use:

- Methods to Stop the Spread of Germs (Attachment 10);
- Hand Washing How-To (Attachment 11); and
- Coronavirus (COVID-19) Precautions to displayed at the entrance to your nursing home (Attachment 12).

Covid-19 (Respiratory) Checklist

		Assigned Person(s)				
1)	Infection Control and Prevention - Review of Guidelines (All Staff)					
	Review of current guidelines pertaining to respiratory illnesses					
	 Education of guidelines and appropriate ICP procedures (including those from CDC on COVID-19) 					
	 Hand hygiene, cough etiquette/respiratory hygiene, including return demonstration of hand hygiene (hand washing and use of hand sanitizer 					
2)	Evaluate Supplies					
	 Inventory of supplies (gown, gloves, masks, face shields, cleaning supplies) 					
	Soap in bathroom for hand washing					
	 Hand gel supplies for front desk and hallways; also for personal/individual use 					
	Temp scanners for visitor/employee screening					
3)	Front-Desk/Receptionist					
	 Station(s) at entrances manned by nurse(s) – from 8a to 8p 					
	Signage with printed education materials for visitors					
	Use of Visitor Screening Tool, including visitor temp, questionnaire					
4)	Monitoring of Employee and Staff					
	Listing of employees working in another facility/setting					
	 Listing of employees coming back from vacation and reach out to Health Department for guidance (i.e., if coming from South Korea, off for 14 days) 					
	 Process for residents temp daily x 14 days, including review of PCC Dashboard for temperature 					
	Process for resident's skilled respiratory evaluation daily x 14 days					
	Line listing of residents with symptoms (fever, respiratory symptoms)					
	 Line listing of employees with symptoms (fever, respiratory symptoms); use Employee Screening Tool. Note: Any employee with fever, not allowed to work for 48 hours or until fever subsides 					
5)	Housekeeping					
	 Regular and routine cleaning of hand-rails, door knobs, any surfaces (at least daily, more if appropriate) 					
	Terminal cleaning of rooms on droplet precautions					
6)	Others					
	Referral process for new admission					
	Coordinate with local hospitals					
	Coordinate with local Health Department					
	Utensils in kitchen cleaned per code					

Visitor Screening Resources

The following tools are provided to assist with developing visitor screening protocols:

- Template letter for residents, family members and visitors educating them about COVID-19 and policies of the nursing center to prevent its spread (Attachment 2)
- Template communication to vendors requested they not enter the nursing center if they potentially carry the COVID-19 virus (Attachment 3)
- COVID-19 Screener Competency tool to document training for staff assigned to screen all visitors and vendors entering the nursing center (Attachment 4)
- Template Visitor Screening Tools that may be used to screen all persons entering the nursing center (Attachment 5 and 6)
- Screener Sign-In Log to document who was conducting screenings (Attachment 7)

Template Letter to Residents, Families, Visitors on Center Letterhead **Please Tailor as Needed**

To Our Residents, Family Members and Visitors:

We know some of you may be concerned about the spread of COVID-19 (the new coronavirus) being reported in the media and how it may impact us here [Insert Center Name]. Ensuring residents are cared for in a safe and healthy environment is our greatest concern. At this time, we don't have any cases in our facility. The Centers for Disease Control and Prevention (CDC) and the Florida Surgeon General have recommended a variety of steps that we are implementing to help reduce the potential for the virus to enter our building. However, we need your help in battling COVID-19. Below are some examples of how you can help protect the residents, as well as prevent the spread throughout the community.

At this time, we request that you do not visit the center if you have traveled internationally or on a cruise ship or or have had within the last 48 hours any symptoms of respiratory illness, or if you have recently spent time with anyone exhibiting any of these symptoms. Those symptoms include: cough, fever, sore throat, runny nose, and/or shortness of breath. We understand that connecting with family members is incredibly important, and there are a variety of other ways you might consider connecting with them. These may include telephone, email, text, or through Skype or Facebook.

The Florida Surgeon General has requested that all long-term care providers immediately implement health screening measures upon entry to the facility for all visitors, family, vendors and staff. Upon arrival at the facility, please check in with the health care professional stationed at the therapy entrance who will take your temperature, ask you to answer a brief questionnaire and provide you with handwashing and Coronavirus education. This health station will be open at the [Insert Specific Entrance] from 8:00 AM to 8:00 PM, 7 days a week. We would appreciate your limiting your arrival at the facility to that time window and that entrance. If you wish to arrive during a time outside this 12 hour window, please call the facility administrator to advise and we will schedule a screening upon your arrival. We also request that pet visits be suspended for the time being.

Our center is following the recommendations of the CDC on prevention steps, including following strict handwashing procedures, and in many circumstances, wearing gowns and gloves when interacting with residents who are sick. We also are staying up-to-date with the CDC recommendations as they are updated. In addition, here [Insert Center Name]. is in close contact with the local and state health department, as well as the Agency for Health Care Administration and are following their guidance.

We will notify you if any residents or staff are diagnosed with COVID-19. Should you have any questions, please feel free to contact our center at: here [Insert Center Phone Number] or one of the managers listed below.

Thank you for your cooperation as we all work together to keep our residents safe,

[Insert Center Key Contact Information].

*** Sample Communication to Vendors/Business Partners****

Good afternoon valued vendor/business partner.

In an effort to protect [insert center name] residents and staff from COVID-19, we are asking that visitors and vendors not enter/visit the center for the following reasons:

- 1. Signs or symptoms of a respiratory infection, such as fever, cough, shortness of breath, or sore throat.
- 2. In the last 14 days, has had contact with someone with a confirmed diagnosis of COVID-19, or under investigation for COVID-19, or are ill with respiratory illness.
- 3. International travel, travel on a cruise ship or travel to countries with sustained community transmission within the last 14 days. For updated information on affected countries visit: https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html
- 4. Residing in a community where community-based spread of COVID-19 is occurring. Visit the <u>Florida Department of Health COVID-19 web page</u> for updates on confirmed Florida cases by county.

If this is going to inhibit any of the providers rendering services [insert center name], please contact [insert center point of contact].

We appreciate your understanding as we ensure the health and well-being of our residents and staff.

COVID-19 Screener Competency

Employee Name:		Job Title:		Date:	
Competency: ☐ Annual ☐ New Hir	re 🗆	Othe	er		
Skills/Competency Checklist		Yes	No	Comments	
 Understands the need to screen individuals visiti facility for fever, respiratory symptoms, history of high-risk places and/or contact/exposure to individuals visiti with symptoms or history of travel to high-risk places. 	of travel to viduals				
 Demonstrates ability to explain to individuals visit facility the need to screen for fever, respiratory shistory of travel to high-risk places and/or contact/exposure to individuals with symptoms of fravel to high-risk places. 	symptoms,				
3. Understands/demonstrates use of infection cont requirements for cleaning the temp scanner before after its use. Able to verbalize to individuals visiting facility the importance of infection control praction hand hygiene, cough etiquette, etc.).	ore and ing the				
4. Demonstrates use of temp scanner to obtain tem of individuals visiting the facility. Understands th a temp reading above 99.6°F.	-				
 Demonstrates knowledge of documentation requirements when utilizing the Visitor Screening Tool for indivisiting the facility. 					
6. Demonstrates ability to politely not allow visitors into the facility if screening criteria not met, and why the visitor is not allowed entry into the facility	explains				
7. Able to find assistance and resources if concerns, arise pertaining to individuals visiting the facility.	•				
Employee:					
acknowledge my competencies in the areas as docun	nented abov	e. I und	erstand it is	s my responsibility to	
sustain competencies in these and any other procedur	res/responsib	oilities t	hat may no	t be represented here.	
Employee Name:			Date: _		
Facilitator:					
acknowledge the above documented competencies h	nave been re	viewed.			
Facilitator Name:			Date:		

Visitor Screening Tool

Visitor's Name:		
Resident being visited:		
Please let us know if you have had any of	f the following	g:
	YES	NO
Fever greater than 100F		
Cough/Shortness of Breath		
Pneumonia/flu - recent		
Have you traveled in the last 14 days internationally or on a cruise ship		
Have you had contact with anyone who has confirmed or under investigation for Coronavirus	□ within 14 day	□ ys?

If you have any of the above symptoms or exposures, we ask that you do not visit at this time. Please feel free to call your loved one or call our staff to check on them until your symptoms have resolved.

Thank you for your understanding and cooperation in helping us keep our residents, staff and community safe.

Visitor Screening Tool

Name of Visitor: Date of Visit: Have you traveled by plane or cruise ship within If YES, please indicate details: and/or outside the United States in the last 14 days? Fever (>99.6°F) or history of fever within the last Please indicate temperature and/or history 14 days? details: Sore throat ☐ Yes ☐ No ☐ No Yes Cough ☐ No Runny nose ☐ Yes □ No Shortness of breath Yes Diarrhea Yes ☐ No Contact with a person with confirmed or under If YES, please indicate details: investigation for coronavirus (COVID-19) within the last 14 days? Printed materials Education and/or Materials Provided? Hand hygiene, including return demonstration Date of Visit: Have you traveled by plane or cruise ship within If YES, please indicate details: and/or outside the United States in the last 14 days? Fever (>99.6°F) or history of fever within the last Please indicate temperature and/or history 14 days? details: Sore throat ☐ Yes ☐ No ☐ No Cough Yes □ No ☐ Yes Runny nose Shortness of breath ☐ Yes □ No ☐ No ☐ Yes Diarrhea If YES, please indicate details: Contact with a person with confirmed or under investigation for coronavirus (COVID-19) within the last 14 days? Printed materials Education and/or Materials Provided? ☐ Hand hygiene, including return demonstration **Date of Visit:** Have you traveled by plane or cruise ship within If YES, please indicate details: and/or outside the United States in the last 14 days? Fever (>99.6°F) or history of fever within the last Please indicate temperature and/or history 14 days? details: Sore throat ☐ Yes ☐ No □ No ☐ Yes Cough ☐ Yes ☐ No Runny nose ☐ No Shortness of breath ☐ Yes ☐ No Diarrhea Yes Contact with a person with confirmed or under If YES, please indicate details: investigation for coronavirus (COVID-19) within the last 14 days? Printed materials

☐ Hand hygiene, including return demonstration

Education and/or Materials Provided?

Screener Sign-In Form

Print Name	Date	Time In	Time Out	Signature

Employee Screening Resources

The following tools are provided to assist with developing employee screening protocols:

- Sample letter to educate staff on steps implemented to help reduce the potential for the virus to enter the nursing center (Attachment 8)
- Employee screening tool (Attachment 9)

Template Letter to Employees on Center Letterhead

Please Tailor as Needed

To Our Employees:

We know some of you may be concerned about the spread of COVID-19 (the new coronavirus) being reported in the media and how it may impact us here at [Enter Facility Name]. Ensuring our staff and residents are in a safe and healthy environment is our greatest concern. At this time, we don't have any cases in our [center/community]. The Centers for Disease Control and Prevention (CDC) have recommended a variety of steps that we are implementing to help reduce the potential for the virus to enter our building. However, we need your help in battling COVID-19. Below are some examples of how you can help protect yourselves and our residents, as well as prevent the spread throughout the community.

- 1. **Sick employees should stay home.** At this time, we request that you stay home if you have any symptoms of respiratory illness. Those symptoms include: cough, fever, sore throat, runny nose, and/or shortness of breath.
- 2. **Notify us if you develop respiratory symptoms while at work.** These include: cough, fever, sore throat, runny nose, and/or shortness of breath.
- 3. **Practice proper hand washing hygiene.** All employees should clean their hands before and after interaction with residents and their environment with an alcohol-based hand sanitizer that contains at least 60-95% alcohol, or wash their hands with soap and water for at least 20 seconds. Soap and water should be used preferentially if hands are visibly dirty.
- **4.** Cover your mouth and nose with a tissue when coughing or sneezing. Please review the CDC's information on coughing and sneezing etiquette.
- 5. **Perform routine environmental cleaning.** Routinely clean all frequently touched surfaces in the workplace, such as workstations, countertops, and doorknobs. Use the cleaning agents that are usually used in these areas and follow the directions on the label. No special cleaning is necessary for COVID-19.

Our [center/community] is following the recommendations of the CDC on using basic contact precautions to prevent the spread which includes wearing gowns and gloves when interacting with residents who are sick as we always do. We also are staying up-to-date with the CDC recommendations as they are updated. In addition, our [center/community] is in close contact with the local and state health department and are following their guidance. We are posting signs on our entryway doors to notify visitors of the symptoms of COVID-19 and request that they not enter the building if they are experiencing these symptoms.

We will notify you if any residents or staff are diagnosed with COVID-19. Should you have any questions, please feel free to contact [PLEASE FILL IN APPROPRIATE CENTER CONTACT INFORMATION AND TAILOR TO MEET YOUR CENTER'S NEEDS.]

For additional information, please visit the CDC's coronavirus disease information page.

Sincerely,

[FILL IN YOUR CENTER INFORMATION]

Hand hygiene, including return demonstration

Employee Screening Tool

Name of Employee: **Date of Screening:** Have you traveled by plane or cruise ship within If YES, please indicate details: and/or outside the United States in the last 14 days? Fever (>99.6°F) or history of fever within the last Please indicate temperature and/or history 14 days? details: Sore throat ☐ Yes ☐ No □ No Yes Cough □ No Runny nose ☐ Yes □ No Shortness of breath Yes □ No Diarrhea Yes If YES, please indicate details: Contact with a person with confirmed or under investigation for coronavirus (COVID-19) within the last 14 days? Printed materials Education and/or Materials Provided? ☐ Hand hygiene, including return demonstration **Date of Screening:** Have you traveled by plane or cruise ship within If YES, please indicate details: and/or outside the United States in the last 14 days? Fever (>99.6°F) or history of fever within the last Please indicate temperature and/or history details: 14 days? Sore throat ☐ Yes ☐ No ☐ No Cough Yes □ No ☐ Yes Runny nose Shortness of breath ☐ Yes □ No ☐ No ☐ Yes Diarrhea Contact with a person with confirmed or under If YES, please indicate details: investigation for coronavirus (COVID-19) within the last 14 days? Printed materials Education and/or Materials Provided? Hand hygiene, including return demonstration **Date of Screening:** Have you traveled by plane or cruise ship within If YES, please indicate details: and/or outside the United States in the last 14 days? Fever (>99.6°F) or history of fever within the last Please indicate temperature and/or history 14 days? details: Sore throat ☐ Yes ☐ No □ No ☐ Yes Cough ☐ Yes ☐ No Runny nose ☐ No Shortness of breath ☐ Yes ☐ No Yes Diarrhea Contact with a person with confirmed or under If YES, please indicate details: investigation for coronavirus (COVID-19) within the last 14 days? ☐ Printed materials

Education and/or Materials Provided?

Signage/Infographics

It is important to post information educating and reminding employees and visitors on precautions to protect residents from COVID-19. This section includes sample signage, including:

- Methods to Stop the Spread of Germs (Attachment 10)
- Hand Washing How-To (Attachment 11)
- Coronavirus (COVID-19) Precautions [for display at facility entrance (Attachment 12)]



STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces.



Wash your hands often with soap and water for at least 20 seconds.

For more information: www.cdc.gov/COVID19



What to do if you are sick with coronavirus disease 2019 (COVID-19)

If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Avoid using public transportation, ride-sharing, or taxis.

Separate yourself from other people and animals in your home

People: As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

Animals: Do not handle pets or other animals while sick. See COVID-19 and Animals for more information.

Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) or pets and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room.

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can; immediately wash your hands with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60 to 95% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

Avoid sharing personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people or pets in your home. After using these items, they should be washed thoroughly with soap and water.



Clean your hands often

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

Clean all "high-touch" surfaces every day

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe, according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

Monitor your symptoms

Seek prompt medical attention if your illness is worsening (e.g., difficulty breathing). **Before** seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office to keep other people in the office or waiting room from getting infected or exposed.

Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate.

If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.

Discontinuing home isolation

Patients with confirmed COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments.

For more information: www.cdc.gov/COVID19

Hand Washing How-To

Does it matter how I wash my hands?

You have to rub your hands for at least 20 seconds to get rid of harmful microorganisms. Follow these instructions:









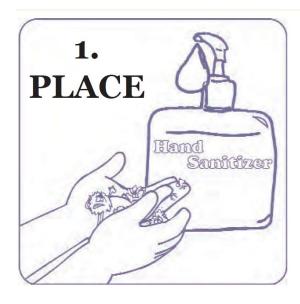




Hand Sanitizer How-To

How do I clean my hands with alcohol-based hand sanitizer?

Use enough to cover all the surfaces of your hands. Air dry for 30 seconds. Follow these instructions:





Coronavirus (COVID-19) Precautions

In order to protect our residents, we ask that you DO NOT visit the facility during this time if you have:



- Traveled internationally or on a cruise ship in the past 14 days
- Had contact with someone with or under investigation for COVID-19 (Coronavirus 2019)

Or have the following "active" symptoms:

• Fever, Cough, Sore Throat, Difficulty Breathing

In order to keep our facility free of COVID-19 we will begin screening ALL visitors prior to visiting. Any visitors answering YES to abovementioned travel, contact or symptoms will not be allowed to enter.

We appreciate your understanding during this time. If you have any questions/concerns, please don't hesitate to call the facility.

Thank you for your understanding and cooperation.

Acknowledgements

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ABOUT THE FLORIDA HEALTH CARE ASSOCIATION

The Florida Health Care Association (FHCA) is a federation which serves nearly 1,000 members and represents over 600 long term care facilities that provide skilled nursing, post-acute and sub-acute care, short-term rehab, assisted living and other services to the frail elderly and individuals with disabilities in Florida. The mission of FHCA is to advance the quality of services, image, professional development and financial stability of its members. As Florida's first and largest advocacy organization for long term care providers and the elderly they serve, the Association has worked diligently since 1954 to assist its members with continuously improving quality of care and quality of life for the state's growing elder care population. For more information about the Florida Health Care Association, visit www.fhca.org.

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