Counseling and Psychotherapy Transcripts, Client Narratives, and Reference Works
A User's Guide from Alexander Street Press

http://psyc.alexanderstreet.com
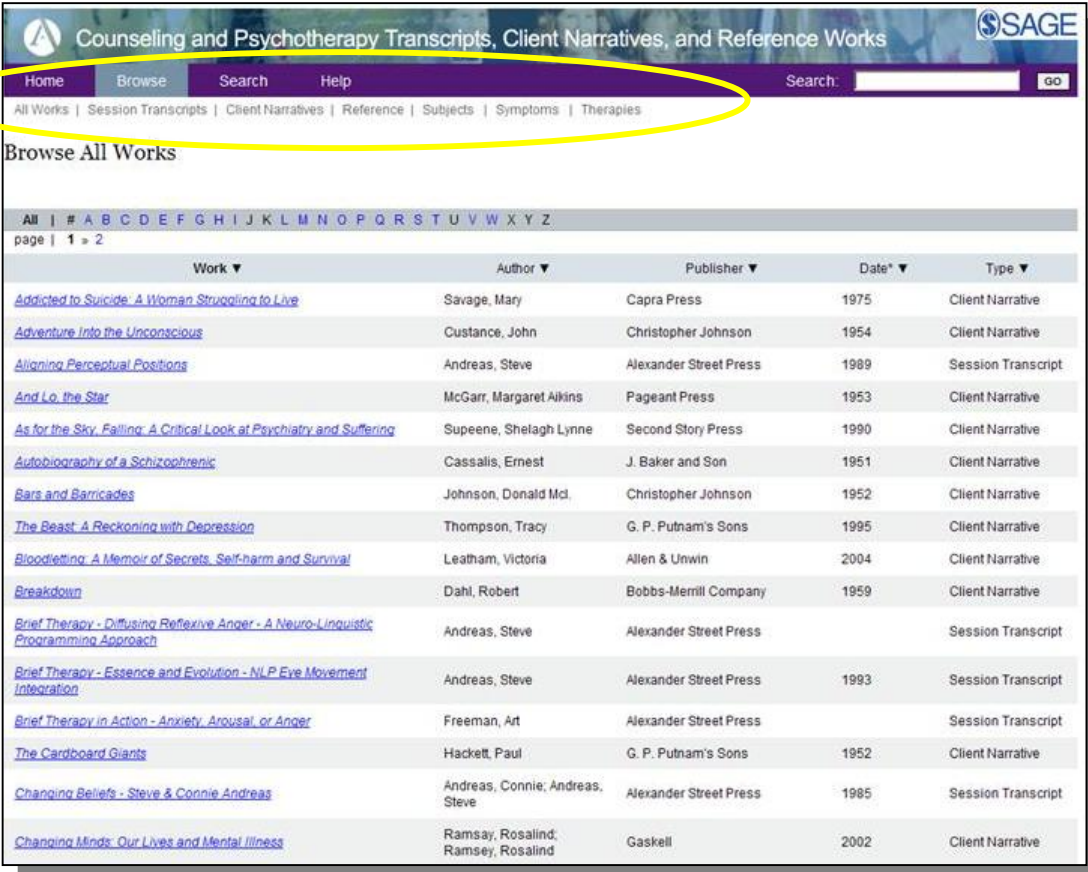

Overview

SAGE and Alexander Street Press have partnered to create *Counseling and Psychotherapy Transcripts, Client Narratives, and Reference Works*, a landmark new online reference containing:

- **2,000+ previously un-published transcripts of therapy sessions**
  Ideal for students and scholars in counseling psychology, social work, public health, and medicine, these transcripts illuminate the process and experience of therapy in an absolutely unique way. Complete transcripts of each patient's full course of therapy let you observe how patients progress and how therapist-client relationships change over time. Issues that clients struggle with in these sessions include post traumatic stress disorder, schizophrenia, bipolar disorder, alcoholism, childhood trauma, sexual abuse, eating disorders, and many other conditions.

- **40,000+ pages of client narratives**
  Candid, first-hand accounts in the form of diaries, memoirs, letters, and oral histories from those struggling with mental health disorders offer a rare window on clients' experience of both their disorder and the therapy process.

- **36 core references SAGE handbooks and reference works** complement the transcripts and narratives and provide context as well as a theoretical grounding.

Browse Features

You can browse the content of the database in much the same way you would browse the index or table of contents of a book.
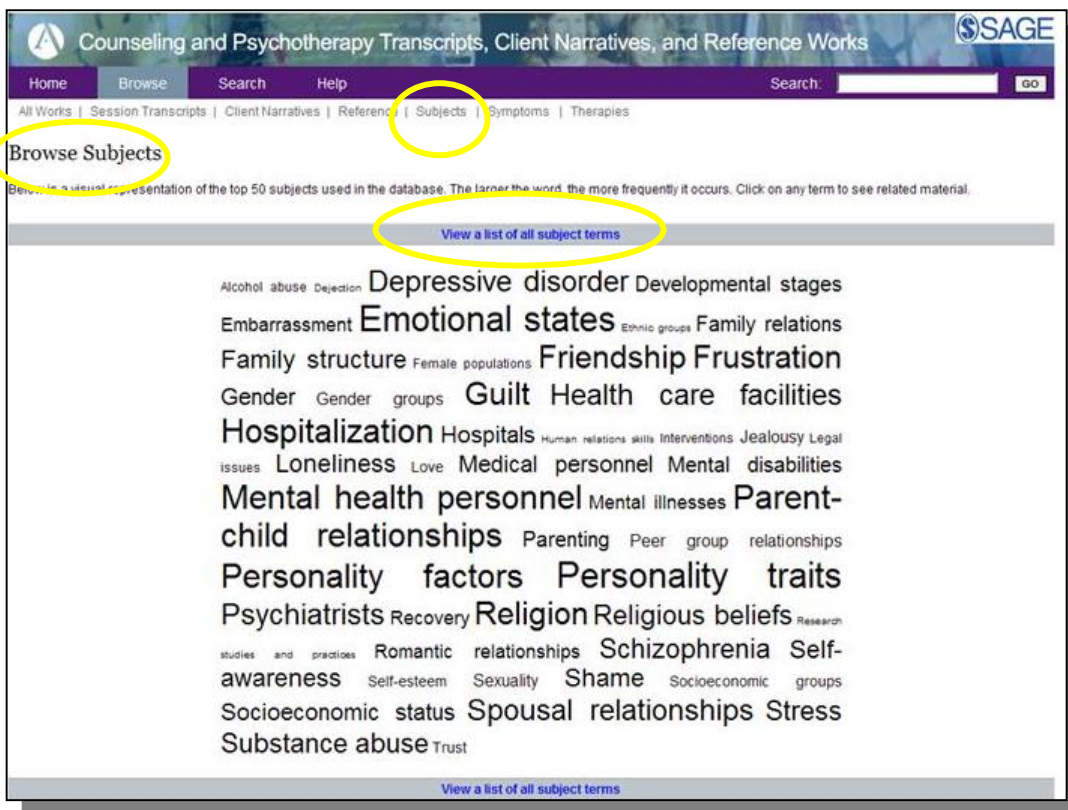
Using the toolbar at the top of the screen (circled in yellow below), you can browse by type of material (session transcript, client narrative, or reference work), subjects or symptoms discussed, or the therapeutic approach used in treatment.
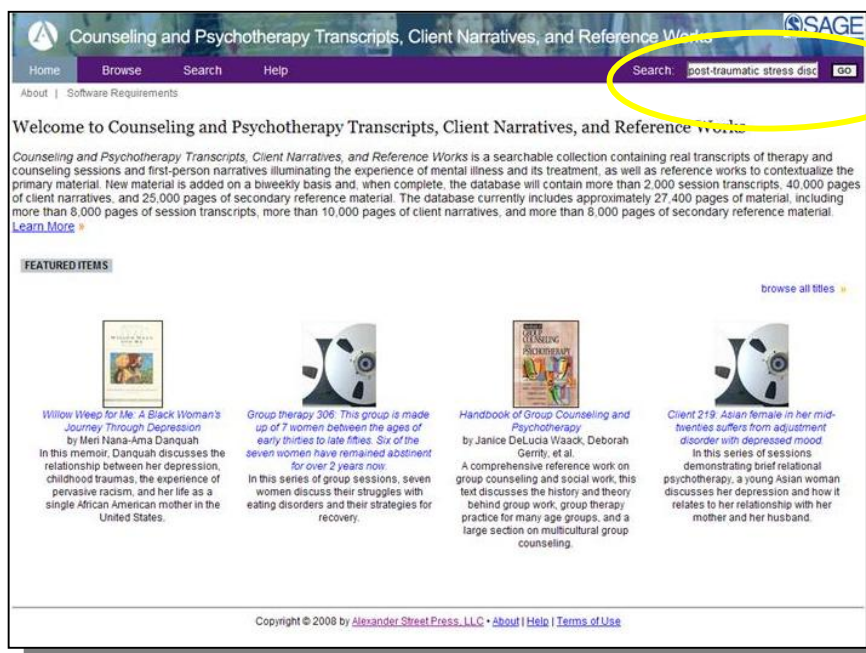

When browsing by **subject** (see below), a **tag cloud** gives you a quick representation of the topics covered. A larger, bolder subject term (like "emotional disorder," "personality," or "depressive state,") indicates that there is more material included in the collection related to that subject term. You can also browse subjects in list form.

Quick Search How-To and Features

A quick-search box at the top right corner of the homepage will return results in all content types (session transcript, client narrative, or reference work). The search below on "post-traumatic stress disorder" will give you not only documents that contain the search term, but a quick display of the exact occurrences of the term, line by line.

Your search results can then be quickly filtered (using the toolbar at the top of the Search Results page) by author, therapy type, subject, symptom, or material type (session transcript, client narrative, or reference work).

In this search, for example, you could quickly refine your results by entering…

"behavior therapy" under **Therapies,**

"Anxiety disorder due to a general medical condition," under **Subjects,**

or "Anger" under **Symptoms**.

Advanced Search How-To and Features

The advanced search capabilities are particularly useful for research and for generating topic ideas or subjects for discussion or further exploration. To access the Advanced Search page, click on the "Search" tab at the top of the screen.

Using Alexander Street's Semantic Indexing technology, each text has been indexed using a series of unified controlled vocabularies specially devised for the analysis of transcripts and client narratives. What this means is that you can use the advanced search to get at incredibly detailed information, including, for example:

- symptoms
- therapeutic approach
- gender, age, marital status and sexual orientation of the client
- gender, education, number of years of experience, and school of therapy of the therapist

If you don't know exactly what you're looking for but you would like to see at a glance what your search options are in terms of frequently used phrases or terms, you can click on the "select terms" link and check off any of the terms you want to see results for.

Using combinations of search terms, you can identify, for example:

- Transcripts of sessions conducted by therapists with 5-10 years of practicing experience.
- All uses of the word "numb" in accounts of loss or grief.
- All narratives discussing the experience of electro-convulsive therapy since 1980.
- All discussions of depression in women between the ages of 20 and 30 across all types of material.

The search below, for example, lists transcripts of sessions treating depression in women between the ages of 21-30 with a therapist who has 10 years or less of experience.

You can click on any of the search result transcripts to see the full-text record of that therapy session. The heading information shows information about the author, document type, subjects, therapeutic approach, publication year, and details about the client and therapist. You can also jump to the first instance of the search term in the text (seen above in red).

Examples of topics covered in this database, include:

Anger Management	Family Conflict	Phobia-Panic/ Agoraphobia
Antisocial Behavior	Female Sexual Dysfunction	Post-traumatic Stress Disorder
Anxiety	Financial Stress	Psychoticism
Attention Deficit Disorder (ADD) - Adult	Grief/Loss Unresolved	Sexual Abuse
Borderline Personality	Impulse Control Disorder	Sexual Identity Confusion
Chemical Dependence	Intimate Relationship Conflicts	Sleep Disturbance
Chemical Dependence - Relapse	Legal Conflicts	Social Discomfort
Childhood Traumas	Low Self-Esteem	Somatization
Chronic Pain	Male Sexual Dysfunction	Spiritual Confusion
Cognitive Deficits	Mania of Hypomania	Suicide Ideation
Dependency	Medical Issues	Type A Behavior
Depression	Obsessive-Compulsive Disorder (OCD)	Vocational Stress
Dissociation	Paranoid Ideation	
Eating Disorders	Parenting	
Educational Deficits	Phase of Life Problems	