

USM

Osher Lifelong Learning Institute

CLASS SCHEDULE

Summer 2021

JUNE 22 TO JULY 29







# GENERAL INFORMATION

If you are 50 or older, with a curious mind and an interest in learning just for the joy of it, we invite you to join 2,200-plus like-minded older learners who are members of the Osher Lifelong Learning Institute (OLLI). OLLI is located on the Portland campus of the University of Southern Maine. OLLI at USM is committed to providing its members with a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

As an OLLI member at USM, you'll choose from an extensive array of peer-taught courses in the liberal arts and sciences. There are no entrance requirements, grades, or tests. Your experience and love of learning are what count. Some OLLI at USM classes involve homework—usually reading or honing skills taught in class. Assignments are not mandatory but can enhance your learning experience.

OLLI at USM is one of 17 Senior Colleges throughout Maine and participates in the Maine Senior College Network ([maineseniorcollege.org](http://maineseniorcollege.org)). The National Resource Center for all Osher Lifelong Learning Institutes ([osher.net](http://osher.net)) is located at Northwestern University in Chicago. Currently, there are 124 OLLIs throughout the country.

## MEMBERSHIP

OLLI at USM is an autonomous, self-governing organization supported through an annual membership fee of \$25. The membership fee covers the fiscal year from July 1 to June 30. Your annual membership allows you

to participate in all OLLI at USM courses and Special Interest Groups at OLLI. Our monthly online newsletter and Facebook page outline upcoming programs and events open to you.

OLLI 2021-2022 Memberships are required to register for Summer courses.

## SCHOLARSHIPS

Full and partial scholarships are available through a simple, friendly, confidential process. Scholarships are limited to \$50 per person per term, applicable to one course, the SAGE program, or workshops. Scholarships do not apply to OLLI at USM membership, trips, or special events. Scholarship applications can be completed online or downloaded from the OLLI website: [usm.maine.edu/olli/olli-scholarships](http://usm.maine.edu/olli/olli-scholarships). **The form must be completed, signed (if downloaded), and submitted with each of your course registration forms.**

**NOTE: It is not possible to register for courses online with a scholarship. Please email your registration form and scholarship request to OLLI at our general email address: [olliatusm@maine.edu](mailto:olliatusm@maine.edu) BEFORE registration day to ensure timely enrollment in your class.** Scholarships, gift certificates, free memberships, or other waivers will be accepted after online registration opens. However, classes and workshops may be filled, so please turn them in as soon as possible.

If you have any questions, please email [olliatusm@maine.edu](mailto:olliatusm@maine.edu), and we will contact you as soon as we can.

### OLLI STAFF

Donna Anderson, Director  
207-228-8181, [donna.anderson@maine.edu](mailto:donna.anderson@maine.edu)

Rob Hyssong, OLLI Program Coordinator  
207-228-8336; [robert.hyssong@maine.edu](mailto:robert.hyssong@maine.edu)

Megan Saul, Administrative Specialist 3  
207-228-8482; [megan.saul@maine.edu](mailto:megan.saul@maine.edu)

Anne Cardale, Program Director,  
Maine Senior College Network  
207-780-4128; [acardale@maine.edu](mailto:acardale@maine.edu)

### OLLI ADVISORY BOARD 2020-21

Susan Jennings, Advisory Board Chair  
Steve Schiffman, Advisory Board Vice-Chair  
Peter Curry, Advisory Board Secretary  
Anne Cass, Membership and Administration Co-Chair  
Karen Day, Membership and Administration Co-Chair  
Pamela Delphenich, Teaching and Learning Chair  
Matthew Goldfarb, Interim SAGE Chair  
Elizabeth Housewright and Gael McKibben, Social Relations Co-Chairs  
Star Pelsue, External Relations Chair  
Penny Davis-Dublin  
Bob Greene                      Ruby Parker  
Georgia Koch                     Steve Piker  
David Morton                      Ronnie Wilson

### FOR MORE INFORMATION

Call: 207-780-4406 or 1-800-800-4876  
E-mail: [olliatusm@maine.edu](mailto:olliatusm@maine.edu)  
Visit: [usm.maine.edu/olli](http://usm.maine.edu/olli) to register for OLLI courses





# ONLINE REGISTRATION AT OLLI AT USM

Online registration allows you to sign up for classes in real-time.

To begin the process, visit the OLLI website at:

[enrole.com/usmmaine/jsp/index.jsp?categoryId=10025](http://enrole.com/usmmaine/jsp/index.jsp?categoryId=10025)

There, you will find a link to the registration website on the home page and step-by-step instructions under “Resources” on the left. Once you have perused the catalog and chosen which classes you wish to “purchase,” you are ready to go “shopping” on the registration website. You’ll be able to tell how many spaces are still available in your chosen class and can add your name to a waitlist if a course is full.

After you pay for your classes, you’ll receive an email confirmation of

your registration. It’s fast, easy, and secure.

**Please note:** Credit card is the *only* form of payment you can use for online registration. If you must use another payment form (scholarship, gift certificate), contact us at [olliatusm@maine.edu](mailto:olliatusm@maine.edu). **At this point, we cannot accept checks or cash.**

If you have shopped online, you should find online OLLI registration a snap. But if you’re not comfortable doing your online registration, the OLLI staff is standing by to help you. Please call Rob (207-228-8336), and he or another staff member will get back to you as soon as possible.

## TIPS FOR SMOOTH ONLINE REGISTRATION

- Try logging into the online registration system a few business days before May 12 to be sure you can. Sign in with your email and password. If you run into a problem, email Rob Hyssong at [robert.hyssong@maine.edu](mailto:robert.hyssong@maine.edu). If you can’t remember your password, try OLLI123.
- When you are ready to register (after midnight Wednesday morning), sign in first, then look for classes.
- You must renew your membership to take Summer classes. You will need

to add your 2021-2022 membership to the cart before adding classes or workshops to your cart.

- When you find the course you want to register for, click on the DATE below the title (not on the title itself) and then scroll down to find the “Add to the Cart” button.
- Want more helpful tips? Visit OLLI Online Registration Assistance: [usm.maine.edu/olli/online-registration-assistance](http://usm.maine.edu/olli/online-registration-assistance).

## IMPORTANT SUMMER TERM DATES & TIMELINE

**May 12** Online registration for OLLI Summer courses begins. The registration system will automatically turn on between 12:01 and 12:15 a.m. (Tuesday night into Wednesday morning). NOTE: Students with scholarships, gift certificates, free memberships, or other waivers must contact us at [olliatusm@maine.edu](mailto:olliatusm@maine.edu) **before May 12** so staff can process them promptly. Since your registration will be competing with online enrollments, we can’t guarantee your first-choice class, but you will be our top priority the morning after registration goes “live.” Scholarships, gift certificates, free memberships, or other waivers will be accepted after May 12, but classes and workshops may be filled, so please turn them in as soon as possible.

**May 26** Course/workshop offerings open to the Maine Senior College Network. Please contact us at [olliatusm@maine.edu](mailto:olliatusm@maine.edu) and leave your

name and phone number plus the course you are interested in. We will contact you to enroll.

**May 31** Staff holiday

**June 22** OLLI Summer term classes start

**July 2** Deadline to receive a refund on dropped classes

**July 5** Staff Holiday

**July 29** OLLI Summer term ends

**August 2-6** OLLI Summer term makeup week

### CLASS LOCATIONS

OLLI Summer 2021 classes are online unless otherwise stated. Most classes will be taught via distance learning, often using Zoom. Not familiar with Zoom? We will offer training sessions for all participants who want or need it. Watch your email for training session announcements.



# SUMMER 2021 COURSES SCHEDULE-AT-A-GLANCE

**TUESDAY AFTERNOONS (12:45 - 2:45)**

*See page 6*

**Horsemen of the Anthropocalypse – Sic Transit Gloria Mundi?**

Richard Fortier

**19th Century Europe: Vienna to Versailles**

Alicia Harding

**You Want to Write, Let's Do It! – Creative Writing Boot Camp**

Lee Heffner

**Six Easy Pieces**

Hal Scheintaub

**WEDNESDAY MORNINGS (9:30 - 11:30)**

*See page 7*

**The Sixties through the Great Speeches of the Sixties**

Arthur (Buck) Benedict

**Gift of Love: Story of Surprises Along the Journey**

Joan Chadbourne

**Great Musical Moments in the Movies Continued: Plus Opera as a Great Musical Art Form**

DeWayn Marzagalli

**That Star: How Far?**

Gale Rhodes

**WEDNESDAY AFTERNOONS (12:45 - 2:45)**

*See page 8*

**B'gosh and B'gorra: A Review of Irish Short Stories**

Nancy Cohen

**How to Be an Antiracist**

Steven Piker

**Classic Movies as Comfort Food**

Edward Solano

**THURSDAY MORNINGS (9:30 - 11:30)**

*See page 9*

**Difficult Conversations**

Anne Cass and Catherine Ruby

**Playing Hand Chimes With Friends**

Terry Foster

**Journey of Souls**

Stephen Kerchel

**Remembering The '50s**

Lorraine Masure

**As You Like It: Shakespeare's Green Wood Comedy**

Chris Queally

**THURSDAY AFTERNOONS (12:45 - 2:45)**

*See page 10*

**This Year's Supreme Court Cases**

Mike Berkowitz

**Racism: Why Is It Such a Big Deal – Why Should I Care?**

Wheaton Griffin and Eileen Griffin

**A New(er) Theory of Everything: The Grand Biocentric Design**

David Morton

**The Bildungsroman: The Novel of Formation**

James Prevet

**ONLINE REGISTRATION INFORMATION FOR COURSES & WORKSHOPS:  
SEE PAGES 3 and 14**



# SUMMER 2021 WORKSHOPS SCHEDULE-AT-A-GLANCE

**FRIDAY, JULY 9 (9:30 - 11:30 A.M.)**

*See page 11*

**Saving Your History: How to Review and Organize Your "Stuff" to Meet Legal and Personal Needs**

Susie Bock

**Opera Maine Presents: Donizetti and Kaminsky**

Calien Lewis

**The Cliffhangers: Part 7 - The Villains**

DeWayn Marzagalli

**FRIDAY, JULY 16 (9:30 - 11:30 A.M.)**

*See page 11*

**Introduction to Buddhism**

Heather Edgerly

**Europe Did It: We Can Too**

Marianne Hill

**FRIDAY, JULY 16 & 23 (9:30 - 11:30 A.M.)**

*See page 12*

**Avoiding Errors in Critical Thinking**

Stephen Kerchel

**FRIDAY, JULY 9, 16 & 23 (9:30 - 11:30 A.M.)**

*See page 12*

**Forest Therapy: The Rebuilding of our Senses and Overall Well Being**

Robert Foley

**Blackout Poetry**

Charisse Gendron

**MONDAY, JULY 12, 19 & 26 (9:30 - 11:30 A.M.)**

*See page 12*

**Plein Air Painting**

Vicki Fox

## REGISTERING WITH A WAIVER?

Students with scholarships, gift certificates, free memberships, or other waivers must email registrations to the OLLI office at [olliatum@maine.edu](mailto:olliatum@maine.edu) before May 12 for timely processing. Waivers will be accepted after that deadline but will be processed at the same time online registration is underway, which lowers your chances of getting the class you want.



# COURSE/WORKSHOP LIST BY INSTRUCTOR

Instructor	Title	Day/Date	Time	Page
Benedict, Arthur (Buck)	The Sixties through the Great Speeches of the Sixties	Wed	AM	7
Berkowitz, Mike	This Year's Supreme Court Cases	Thurs	PM	10
Bock, Susie	Saving Your History: How to Review and Organize Your "Stuff" to Meet Legal and Personal Needs	Fri, July 9	AM	11
Cass, Anne	Difficult Conversations	Thurs	AM	9
Chadbourne, Joan	Gift of Love: Story of Surprises Along the Journey	Wed	AM	7
Cohen, Nancy	B'gosh and B'gorra: A Review of Irish Short Stories	Wed	PM	8
Edgerly, Heather	Introduction to Buddhism	Fri, July 16	AM	11
Foley, Robert	Forest Therapy: The Rebuilding of our Senses and Overall Well Being	Fri, July 9, 16 & 23	AM	12
Fortier, Richard	Horsemen of the Anthropocalypse – Sic Transit Gloria Mundi?	Tues	PM	6
Foster, Terry	Playing Hand Chimes With Friends	Thurs	AM	9
Fox, Vicki	Plein Air Painting	Mon, July 12, 19 & 26	AM	12
Gendron, Charisse	Blackout Poetry	Fri, July 9, 16 & 23	AM	12
Griffin, Eileen	Racism: Why Is It Such a Big Deal - Why Should I Care?	Thurs	PM	10
Griffin, Wheaton	Racism: Why Is It Such a Big Deal - Why Should I Care?	Thurs	PM	10
Harding, Alicia	19th Century Europe: Vienna to Versailles	Tues	PM	6
Heffner, Lee	You Want to Write, Let's Do It! – Creative Writing Boot Camp	Tues	PM	6
Hill, Marianne	Europe Did It: We Can Too	Fri, July 16	AM	11
Kercel, Stephen	Journey of Souls	Thurs	AM	9
Kercel, Stephen	Avoiding Errors in Critical Thinking	Fri, July 16 & 23	AM	12
Lewis, Calien	Opera Maine Presents: Donizetti and Kaminsky	Fri, July 9	AM	11
Marzagalli, DeWayn	Great Musical Moments in the Movies Continued: Plus Opera as a Great Musical Art Form	Wed	AM	7
Marzagalli, DeWayn	The Cliffhangers: Part 7 - The Villains	Fri, July 9	AM	11
Masure, Lorraine	Remembering The '50s	Thurs	AM	9
Morton, David	A New(er) Theory of Everything: The Grand Biocentric Design	Thurs	PM	10
Piker, Steven	How to Be an Antiracist	Wed	PM	8
Prevet, James	The Bildungsroman: The Novel of Formation	Thurs	PM	10
Queally, Chris	As You Like It: Shakespeare's Green Wood Comedy	Thurs	AM	9
Rhodes, Gale	That Star: How Far?	Wed	AM	7
Ruby, Catherine	Difficult Conversations	Thurs	AM	9
Scheintaub, Hal	Six Easy Pieces	Tues	PM	6
Solano, Edward	Classic Movies as Comfort Food	Wed	PM	8





# TUESDAY AFTERNOONS 12:45 – 2:45

## Horsemen of the Anthropocalypse — Sic Transit Gloria Mundi?

Richard Fortier  
4–6 Weeks

Through a PowerPoint presentation and class discussion, we will study how the rise of humanity has led to widespread resource depletion, habitat degradation, climate change, and today’s alarming extinction rates. Will the geologic age of humanity known as the Anthropocene lead to apocalyptic consequences as explored in *The Uninhabitable Earth* by David Wallace-Wells? Will a crowded over-heated planet lead to drought, famine, widespread human migration, unrest, financial collapse, and wars? Will population density and worldwide transport of invasive species and new germs cause pandemics and plagues (87)? **Suggested Books:** *The Uninhabitable Earth—Life After Warming*, David Wallace-Wells, ISBN 978-0-525-57670-9; *The Sixth Extinction*, Elizabeth Kolbert, 978-0-300-23217-2.

*Dr. Fortier received his BS in biology at Yale in 1969, concentrating on zoology, paleontology, and evolution. Other interests included anthropology and religious studies. Following medical school and internship, he practiced psychiatry for 40 years. He has presented senior college courses entitled Earth, Evolution, and Extinction and Planet of the Humans.*

## 19th Century Europe: Vienna to Versailles Alicia Harding

In this **repeat course** from 2015, the ideas, events, and the industrialization of the 19th century set the course of history well into our own time. We will examine how these ideas and events came about and why they were so influential.

*Alicia is an instructor in World History, Historical Archaeology, and US History at Southern Maine Community College. She retired from Deering High School in 2000 and has since enjoyed teaching at the college level and most especially teaching at OLLI. As an instructor at OLLI, she is able to follow her historical whims. Her dreams become the student’s reality. She has a master’s degree in European Intellectual history, has attended workshops at the Metropolitan Museum of Art, and has twice been a recipient of National Endowment for the Humanities grants for advanced study.*

## You Want to Write, Let’s Do It! — Creative Writing Boot Camp

Lee Heffner

Do you want to write? Prove you can. In six weeks, you will have six short pieces you have yet to imagine: no excuses, no inner dialogue, no internal editor, no rationalizations. An hour before each class, you will receive a prompt: a word, image, or phrase. You will draft a piece based on the prompt, login into class, and join your fellow writers to share what you’ve written. Trust the process. Be amazed. You and your classmates have wondrous stories to tell when prompted.

*Lee Heffner, author of Write to Finish: A Road Map to Authorship (2017), began her work with creatives in 1995. A writer of fiction and non-fiction, she integrates her passions and skills to coach writers to achieve their goals. In addition, she teaches multiple classes to develop the writing practices of her students further.*

## Six Easy Pieces Hal Scheintaub

This accessible introduction to physics highlights the foundational chapters from The Feynman Lectures on Physics. The course builds on Richard Feynman’s ability to reduce complex subjects into simple pieces and stories. Discussion, collaboration, and feedback will complement the Nobel Prize winner’s great book, *Six Easy Pieces*, to create a learning experience that maximizes your opportunities to understand, internalize, and appreciate physics. **Required Book:** *Six Easy Pieces*, Richard Feynman, ISBN 9780465025275, USM price \$15.99 (**repeat course**).

*Hal Scheintaub earned a PhD in Biophysics in 1975. He was a public health research scientist for twelve years before becoming a high school science teacher and consultant for science curriculum development at MIT. He is currently developing a COVID-friendly curriculum for the Maine Math & Science Alliance.*





# WEDNESDAY MORNINGS 9:30 – 11:30

## **The Sixties through the Great Speeches of the Sixties** Arthur (Buck) Benedict

Most of us have some mental pictures or memories of the 1960s. It was a time of peace and love, but also war and riots. It was a time of turbulence and accomplishment. It was a time of coming together and marching for the rights of others, and at the same time, division and falling out over the war in Vietnam. It was also a time of great speeches, speeches that helped change society. In this **repeat course**, we will examine a number of the great speeches of the day, the people who gave them, and the context in which they were given. The speeches will be the lens through which we re-look at this pivotal decade in American history.

*Buck Benedict came of age in the 1960s. He was in corporate communications and consulting for years before teaching public speaking and speechwriting at the University of Pennsylvania. He and his wife retired to Peaks Island in 2018.*

## **Gift of Love: Story of Surprises Along the Journey** Joan Chadbourne

The author will tell stories from her upcoming book *Surprises Along the Journey*, a narrative of the improbable love-of-her-life in her seventies, an exploration of two very different people sharing a life. It challenges her to face her fears and be guided by heart and intuition discovering a different way to love. One that demands openness and provides a mystical, joyous, conscious experience. Stories move from finding each other through the journey into widowhood. Material about the latest ideas of evolving relationships will add context. In this interactive class, we will discuss each member's questions and thoughts.

*Joan Chadbourne EdD is a consultant, professor, and co-author of the book Healing Conversations Now: Enhancing Relationships. Finding love-of-her-life at 72 propelled her into a new understanding of how people might share-a-life. She and Chuck cherished and gave thanks for the joy, playfulness, and mystic connection. They vowed to share what they discovered.*

## **Great Musical Moments in the Movies Continued: Plus Opera as a Great Musical Art Form** DeWayn Marzagalli

This course is a follow-up to DeWayn's Summer 2020 course. We will continue to watch a few great musical moments in the movies as they evolved from 1931 to the present day. These excerpts will be followed by opera in the film, and then we will watch many operatic videos. If you don't like opera, you won't enjoy this; if you are unsure whether you can appreciate opera, then try it, you may like it; if you like or love opera, you'll have a great time.

*Born in New York City, DeWayn and his wife have lived in Maine since 1975. Since retiring from Federal Law Enforcement, DeWayn spends much of his time doing volunteer work for his church and enjoying the opportunity to teach and take courses at OLLI since 2011.*

## **That Star: How Far?** Gale Rhodes

How far away is that star or galaxy? You will be delighted at the number of fields and topics in modern science that bear upon this simple question and how broadly and deeply you can learn about science by following this seemingly thin thread. The key is the "cosmic distance ladder," a set of methods with overlapping ranges of distance so that all told they take the measure of everything from the moon to the most distant objects we can detect. No science background is required—all resources at One Culture ([oneculture-olli.blogspot.com](http://oneculture-olli.blogspot.com)).

*Gale Rhodes has taught college chemistry, biochemistry, structural biology, interdisciplinary courses ("Science and ..."), and OLLI courses. Publications include biochemical research, interdisciplinary education, natural history, and how to "see" molecular structures. At his website—One Culture ([oneculture-olli.blogspot.com](http://oneculture-olli.blogspot.com)) — he connects science with other knowledge.*







# WEDNESDAY AFTERNOONS 12:45 – 2:45

## **B'gosh and B'gorra: A Review of Irish Short Stories**

**Nancy Cohen**

“Ireland has always been a nation of story-tellers—tall stories, simple stories, stories of mystery and wonder, love and violence—and Irish short-story writers are perhaps the most talented in the world.” Using *The Oxford Book of Irish Short Stories*, this Book Club-style class will delve into Ireland’s best short literature written by the likes of Oliver Goldsmith, Maria Edgeworth, William Carleton, Sheridan Le Fanu, Sean O’Faolain, Frank O’Connor, and Elizabeth Bowen, among others. **Suggested Book:** *The Oxford Book of Irish Short Stories*, William Trevor, Editor, ISBN 978-0199583140, USM Price \$19.95.

*A native Maineiac with a BA from Bates College and an MEd from the University of St Thomas, Nancy has spent years in several states conducting research, writing, teaching, and raising two amazing sons. Now she is back in Maine and enjoying getting to know fellow OLLI students.*

## **How to Be an Antiracist**

**Steven Piker**

Ibram Kendi’s book of this title proposes a sweeping solution for racism in the US. It has seized the national imagination. We will evaluate Kendi’s thesis and the solutions he proposes. Especially, what role does Kendi assign to us in the national crusade he hopes to launch? What do we

think of this role? Alternative approaches? **Required Book:** *How to Be an Antiracist*, Ibram X. Kendi, ISBN 9780525509288, USM Price – Free.

*Steve Piker is an anthropologist, 44 years at Swarthmore College, research in Thailand and the US, courses offered at three of Maine’s senior colleges. He now lives in Yarmouth, two blocks from two of his grandchildren.*

## **Classic Movies as Comfort Food**

**Edward Solano**

Movies called “Classic” have something valuable to offer. Even if we pan them, there’s good fun in contradicting the experts. Who made them “judge and jury” over what we like anyway! So love ‘em or leave ‘em, let’s enjoy discussing the following—and may the paid experts beware: *Casablanca* (1942), *The Third Man* (1949), *To Kill a Mockingbird* (1962), *Lawrence of Arabia* (1962), *The Sting* (1973), *Citizen Kane* (1941), *Lion in Winter* (1968), *The Searchers* (1956), *Pulp Fiction* (1994), *Rear Window* (1954). Each week we’ll pick by majority vote. Streaming channels like Netflix are juggling prices now, but \$3.99 is the max. Wait’ll Hollywood gets a load of us! (Got the reference?)

*Ed studied International Affairs (the political variety), has a Masters in (American) English, taught seven High School subjects (six in what NYS calls “Social Studies”), and was a professional Grad student (with tee-shirts from 11 universities). He realizes that all this comes into question with the first sentence he utters, so he would be wise to read it.*







# THURSDAY MORNINGS 9:30 – 11:30

## **Difficult Conversations** **Anne Cass and Catherine Ruby**

In our culture, especially of late, difficult conversations are everywhere. How do we make them effective conversations with both sides listening? There is no magic potion—yet there are skills that can help. This **repeat course** offers the chance to learn more about and improve four basic skills that help us listen better (building rapport, listening actively, paraphrasing, and asking effective questions) as well as individual guidance and the time to practice. Whether you come with a specific difficult conversation in mind, or a general desire to be a more effective communicator, you will find support here. Past participants have told us they found the class very beneficial. Please note: we are experienced facilitators—we are not counselors! No text is required.

*We are experienced facilitators who enjoy engaging people in meaningful discussions. Anne is a retired school administrator; Catherine is a consultant and certified Coach.*

## **Playing Hand Chimes With Friends** **Terry Foster** **In-Person**

Do you want to have some fun this summer? Join this class, and you will learn how to play hand chimes in a group. It's easy. No musical ability is required. We will meet outside at the instructor's home in Portland. Students will be well-distanced. Masks are required with a maximum of 8 students. Want to see what it's all about? Google this link: Let It Go—Handchimes—YouTube. Enjoy the video! (**Class will be held outside at Terry's home.**)

*Terry has been making music since he was five. An experienced teacher and musician, he will direct the OLLI students. He holds several academic degrees and is co-founder of Senior College, OLLI's predecessor. He has taught at OLLI since our program began.*

## **Journey of Souls** **Stephen Kercel**

This **repeat course** examines 29 case studies performed by Michael Newton, PhD, using hypnotherapy. In each case, the subject recalls the last moments of a previous life, the passage into death, and the

experience of “life between lives” in an alternative dimension of reality. The course is not a debate on whether these stories are reports of objectively “real” events. It is a look at 29 different accounts of “this is my experience of death.” The course deliberately violates two commonly held academic taboos, admitting “afterlife” accounts into serious discussion and not dismissing subjective experience out of hand. **Required Book:** *Journey of Souls*, Michael Newton, ISBN 9781567184853, USM price \$17.99.

*Stephen Kercel has a PhD in Electrical Engineering, specializing in artificial intelligence. He has numerous publications on the difference between machine and biological intelligence. He is a practitioner of Yoga, meditation, and Shamanic Journeying. He previously taught an OLLI course titled “Does the ‘New Atheism’ falsify accounts of the afterlife?”*

## **Remembering The '50s** **Lorraine Masure** **8-Week Course**

This course is one part history, one part personal recollections, one part music: a return to another time—the golden age of capitalism versus the encroaching concern of communism. *At Home, Happy Days, I Like Ike, I Love Lucy*, and *The King and I* (no; not Elvis). And of course, that ever-pesky, sinful rock and roll parental barter: “Take out the papers and the trash. Or you don't get no spendin' cash. Yakety, yak, don't talk back.”

*Lorraine Dutile Masure has led senior college courses across four academic venues during the past nine years. She continues to delight in connecting with seniors and presenting alluring subject matter, especially some of which, this semester, she has lived!*

## **As You Like It: Shakespeare's Green Wood Comedy** **Chris Queally**

There's a lot of conflict here: brother against brother, Duke against Duke, court against forest. Man against woman. Wait, is that a boy dressed as a girl pretending to be a girl dressed as a boy. What a difference a dress makes in these clothes makes the man comedy. **Required Book:** *As You Like It*, William Shakespeare, any edition, USM Price \$3.

*Chris Queally has taught all of Shakespeare's History plays, a few of his tragedies, and a couple of the ‘problem plays.’ He will now try his hand at one of Shakespeare's romantic comedies.*



# THURSDAY AFTERNOONS 12:45 – 2:45

## **This Year's Supreme Court Cases** Mike Berkowitz

What have been this term's Supreme Court decisions? Along with reviewing the relevant laws and landmark cases from the past, we will look at twenty of the decisions from the 2020-2021 SCOTUS term. Topics will include health care coverage, religion, children's rights, international issues, pay for college athletes, gun seizures, and immigration. Class meetings will consist of mini-lectures, summaries of significant court cases, and open discussion of related contemporary issues.

*Mike Berkowitz received a BA from Brown and an MA from the University of Massachusetts. He taught in daycare centers, elementary schools, and colleges before finding his niche at the senior college level. He enjoys presenting material in a manner that can help people think in new ways.*

## **Racism: Why Is It Such a Big Deal – Why Should I Care?** Wheaton Griffin and Eileen Griffin

Racism is a challenging topic for most whites to confront. However, the excruciating death of George Floyd calls on us to dig deep to understand racism in America. This course will support us as we examine racism from the personal and professional perspectives of compelling current authors. **Suggested Books:** *White Fragility: Why It's So Hard for White People to Talk About Racism*, Robin DiAngelo, 978-0807047415, USM Price \$16; *Stamped from the Beginning*, Ibram X. Kendi, 9781568585987, USM Price \$19.99; *How to Be an Antiracist* by Ibram X. Kendi, 9780525509288, USM Price Free; *Between the World and Me*, Ta-Nehisi Coates, 9780812993547, USM Price \$26; *My Grandmother's Hands*, Resmaa Menakem, 9781942094470, \$17.95; *The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together*, Heather McGhee, 9780525509561, USM Price \$28.

*Wheaton is a PhD psychologist who has worked with diverse populations in all parts of the US and the Caribbean in government, private and nonprofit organizations, and schools. Eileen has an MS in psychology with extensive international and national experience working with diverse populations, from pre-kindergarten through college.*

## **A New(er) Theory of Everything: The Grand Biocentric Design** David Morton

This course is one more step in the search for a comprehensive theory of consciousness. Robert Lanza, MD., proposes that whenever we ask the eternal questions (Who are we? How did we get here? What is this universe made of?), the answers are staring us in the face. Life, conscious life, is at the base, the source of it all. Lanza combines physics, biology, psychology, and philosophical metaphysics to arrive at his conclusions. Should you doubt this—take the course. All skeptics invited. **Required Book:** *The Grand Biocentric Design: How Life Creates Reality*, Robert Lanza, MD., Matej Pavsic, and Bob Berman, ISBN 9781950665402, USM Price \$26.95.

*David Morton (like most of us, he thinks) is searching for the 'meaning' of life. At Penn's Wharton School, he looked for it in economics and political science. In seminary, he looked for it in theology, Old and New Testaments. He traveled widely—and almost decided there was no meaning. But when he discovered Metaphysics, he came to believe he was closer to home. Maybe...*

## **The Bildungsroman: The Novel of Formation** James Prevet

This course will examine the novel of formation to sensibility. We will read two novels—*Jane Eyre* and *Sons and Lovers*—to trace the protagonists' growth from childhood to maturity to follow their fall from innocence to the knowledge of good and evil, though the authors' ideas differ greatly. **Required Books:** *Jane Eyre*, Charlotte Bronte, ISBN 9780393264876, USM Price \$20.25; *Sons and Lovers*, D. H. Lawrence, ISBN 9781853260476, USM Price \$5.99.

*James Prevet has earned an AB in philosophy from Assumption University, an MA in philosophy from St. John's University, an MA in English from the University of South Florida, and is an ABD in English from Boston University. He has also studied English at the School of Irish Studies in Dublin.*





# SUMMER WORKSHOPS

Friday, July 9 (9:30 – 11:30 a.m.)

## **Saving Your History: How to Review and Organize Your “Stuff” to Meet Legal and Personal Needs**

**Susie Bock Online | 1 Session | \$15**

Humans create and collect material culture (documents, objects) in the course of living. Establishing control over your material culture can be daunting but important so you can put your hands on what you need when you need it. This **repeat workshop** will: Help you sort and evaluate material culture (papers, objects, photographs, audio-visual material) created or collected; advise on storing and caring for the materials to ensure their preservation; and advise on donating material to a cultural/historical institution. These principles and procedures can be used by individuals or groups (such as community organizations).

*Susie R. Bock’s career spans 30 years, from processing manuscript collections at Yale’s Beinecke Library to managing technical services at Special Collections, the University of Colorado at Boulder Library, to coordinating University of Southern Maine’s Special Collections and directing the Jean Byers Sampson Center for Diversity in Maine. She has dealt with collections from hands-on work with primary material, acquisition to public access.*

## **Opera Maine Presents: Donizetti and Kaminsky**

**Calien Lewis Online | 1 Session | \$15**

Opera Maine’s Summer 2021 season will perform Donizetti’s *L’Elisir d’Amore* and Kaminsky’s *As One*. This workshop will explore the music and dramaturgy of these two very different works from the 19th and 21st centuries. Context and musical examples will be presented.

*Calien Lewis has served as Opera Maine’s dramaturg for over a decade. She studied music performance, literature, and theatre and holds degrees in English, theatre, and law.*

## **The Cliffhangers: Part 7 – The Villains**

**DeWayn Marzagalli Online | 1 Session | \$15**

In this seventh edition of ten workshops, we will watch “To be continued” chapters of those great Saturday Matinee film serials we so enjoyed in our youth. Part 7 will include chapters from *Flash Gordon-Space Soldiers* (1935), *The Undersea Kingdom* (1936), *Fighting Devil Dogs* (1938), *The*

*Phantom Creeps* (1939), *Mysterious Dr. Satan* (1940), and *The Crimson Ghost* (1946). This and each consecutive session will run for three hours. Stay tuned for Part 8 in Fall 2021.

*Born in New York City, DeWayn and his wife have lived in Maine since 1975. Since retiring from Federal Law Enforcement, DeWayn spends much of his time doing volunteer work for his church and enjoying the opportunity to teach and take courses at OLLI.*

Friday, July 16 (9:30 – 11:30 a.m.)

## **Introduction to Buddhism**

**Heather Edgerly Online | 1 Session | \$15**

This workshop will be an introduction to the family of religions we call Buddhism. We will discuss the development of Buddhism in India by focusing on the life and teachings of its founder and will then briefly follow its spread across time and space through Asia and the West.

*Heather Edgerly began studying Eastern Religions twenty years ago and has subsequently received degrees in Religion from the University of Hawaii and Harvard University. She has taught Buddhism and Eastern Religions at the University of North Carolina and currently leads classes in meditation theory and practice.*

## **Europe Did It: We Can Too**

**Marianne Hill Online | 1 Session | \$15**

This pandemic has taught us that universal health care, better unemployment insurance, and a stronger safety net are not unaffordable luxuries but rather necessities. As Heather McGhee points out, we are not in a “zero-sum” economy: providing such social goods will not, in fact, hurt us but help us. We will look at how Europe came to its social welfare systems and the challenges that face us in the US. Hope lies in the shared values that animated the Black Lives Matter protests and in the work of many in our communities. **Suggested Book:** *The Sum of Us*, Heather McGhee, ISBN 9780525509561, USM Price \$28.

*Marianne Hill (PhD economics) has recently published articles on Taming the Corporate Beast and is writing a book on how to create an economy that serves us, not vice-versa. She is a long-time activist and is now working with her Unitarian Universalist church, the Maine Sierra Club, and others to ensure that, post-COVID, our economy will move towards being regenerative, sustainable, and egalitarian. And, of course, wildly enjoyable.*



Friday, July 16 and 23 (9:30 – 11:30 a.m.)

### **Avoiding Errors in Critical Thinking**

**Stephen Kerchel** Online | 2 Sessions | \$25

Even the most intellectually honest of people are vulnerable to some common pitfalls in a rational investigation that leads them to erroneous conclusions. Among the most pernicious are foundational errors in our thinking. We fail to notice our own “hidden assumptions” and fail to ask if our known premises are inconsistent or unreasonably restrictive. This **repeat workshop** will also consider Sir Karl Popper’s concept that all scientific conclusions are provisional and that the object of investigation is to extend knowledge by seeking to “falsify” previous conclusions. Popper was a widely respected philosopher of science.

*Stephen Kerchel, PhD Electrical Engineering, University of Tennessee, is a Research Fellow with UNE’s New England Institute of Cognitive Science and Evolutionary Psychology. He co-founded the Endogenous Systems Research Group NEL; was Senior Development Engineer, Image Science and Machine Vision Group, Oak Ridge National Laboratory; and Rapid Communications Editor, Journal of Integrative Neuroscience.*

Friday, July 9, 16, and 23 (9:30 – 11:30 a.m.)

### **Forest Therapy: The Rebuilding of our Senses and Overall Well Being**

**Robert Foley** In-Person | 2 Sessions | \$25

Forest Therapy, AKA “Shinrin-Yoku” or Forest Bathing in Japan, was developed in Japan during the 1980s and has become a cornerstone of personal preventive health care and healing in Japanese medicine. Forest Therapy is not a form of exercise, or hiking, or jogging. It is about developing a deeper connection with nature or with the more than human world, as we say. It is a way of connecting with nature through our many senses. Shinrin-yoku is like a bridge, and by allowing our senses to open, it bridges the gap between us and the natural world. **NOTE: Eight students will meet the first week, eight different students the second week, and we will all come together the third and final week.** Social distancing and masks are required.

*Robert Foley is of Passamaquoddy Native American descent and also a former Navy SEAL. His background is that of a nature survivalist and today a nature preservationist. His current lifestyle includes gentling horses, avid TM practitioner, student of Tai Chi & Qigong, as well as Servant Leader assisting those in need.*

### **Blackout Poetry**

**Charisse Gendron** Online | 3 Sessions | \$25

To make a blackout poem, a poet takes a page of printed text and marks out everything but a few chosen words. The poem is usually in free verse, short, and surprising. For this workshop, we will study blackout poems by established writers and construct our own.

*Charisse Gendron holds a PhD in English literature from the University of Connecticut. She has taught at the University of Connecticut, Middle Tennessee State University, and OLLI. She lives in Portland.*

Monday, July 12, 19, and 26 (9:30 – 11:30 a.m.)

### **Plein Air Painting**

**Vicki Fox** In-Person | 3 Sessions | \$25

We will select some outdoor sites where we will spend our 2-hour class painting or drawing the scene at hand. We will go to, among other sites TBD, the Audubon Bird sanctuary, a local beach, Commercial Street waterfront, and Old Orchard Beach Street. Materials: oil paint, acrylics, pastel or pencil, your choice. You may bring your lunch and eat on-site if you wish. We will take some time for short critiques at the end of the lesson. **Required Materials:** oil paints, acrylics, pastels, pencils—your choice.

*Fox has been drawing and painting since she was 3. She earned a BFA at Philadelphia College of Art and has spent her career doing illustration and graphic design work in the publishing field and the world of non-profits until 1994. Then, she jumped ship and earned her Master Gardener certification from Morris Arboretum at the University of Pennsylvania. Since then, she created Green Team Gardeners, LLC, and spent lots of time designing gardens—painting with plants.*





# WHAT YOU NEED TO KNOW OR ...ANSWERS TO FAQ

## ENROLLMENT.....

*Register early online to ensure adequate enrollment in your favorite class!*

All OLLI at USM classes must have a **minimum of 4 registered students** to run.

Enrollments are determined a few weeks prior to the first class or at the discretion of the OLLI staff. Under-enrolled classes will be cancelled. If classes are cancelled, all students will be notified of the cancellation. You will be given a full refund for the course or the opportunity to register for an alternate class.

## BOOKS AND MATERIALS.....

*Acquiring books and materials is the student's responsibility.*

Books and materials will be listed in each course description as **Required** (the class — i.e., a literature course — cannot function without the book) or **Suggested** (it would enhance the class but is not necessary). If no books or materials are listed in a course description, none are needed.

USM's "University Store" is open from 10 a.m.–2 p.m. Monday–Friday. OLLI bookshelves are not available for browsing, but if you tell the store staff what you need, they will get it for you. You may visit in person, or call 207-780-4070, or email [universitystore@maine.edu](mailto:universitystore@maine.edu). Curbside pickups can also be arranged if you prefer. FYI, the store has a staff member that works from 8 a.m.–4:30 p.m. and can accommodate order pickups outside of the store's shopping hours.

**However, students also are welcome to procure books from other sources, including online vendors, local libraries, and friends.**

## COURSES AND COSTS.....

Summer classes are held once a week, Tuesday through Thursday. The term runs for six weeks, from June 22 through July 29 unless otherwise noted. Morning classes run from 9:30 to 11:30 a.m.; afternoon classes run from 12:45 to 2:45 p.m. Any exceptions to usual times are noted. There also are Summer workshops on Fridays (see pages 11-12).

**Tuition is \$50 per course for regular OLLI at USM courses.** Workshops cost \$15 for single sessions and \$25 for two or three sessions or a full day. Exceptions to the usual pricing structure are clearly noted.

**You must be an OLLI at USM 2021-2022 member to enroll in summer classes and workshops. Membership costs \$25 per fiscal year and runs from July 1 to June 30.**

For news and updates on OLLI activities, read your *OLLI at USM Newsletter*, go to the OLLI at USM website ([usm.maine.edu/olli](http://usm.maine.edu/olli)).

## REFUND POLICY.....

You will receive a 100 percent refund for classes dropped **by Friday, July 2**, the end of the second week of summer classes. **NO REFUNDS WILL BE MADE AFTER THAT POINT.** You cannot receive a refund for OLLI at USM annual membership fees. To transfer from one course to another or drop a course, send an email to [olliatusm@maine.edu](mailto:olliatusm@maine.edu) or call the OLLI office at 207-780-4406 and leave a message.

## OLLI STUDENT HANDBOOK.....

Whether you're a new member or a returning "regular," there is a lot to learn about OLLI. In the OLLI Student Handbook, you can find information about the OLLI organization, membership, classes, other educational offerings, parking, registration, the arts at OLLI, tips on staying informed, and much more. You can find the Student Handbook under the "Resources" heading on the OLLI website: [usm.maine.edu/olli](http://usm.maine.edu/olli).

## CONTACT INFORMATION.....

The OLLI office is currently closed, and staff are working remotely. All contact with staff should be made through email. If email is not available to you, please call and leave a message. We will call you back.

**Phone:** 207-780-4406 **Email:** [olliatusm@maine.edu](mailto:olliatusm@maine.edu)





# USING THE OLLI REGISTRATION FORM

## OLLI recommends that you complete your registration online.

However, you can access an OLLI registration form under the Summer catalog image at this link:  
[usm.maine.edu/olli/olli-courses-and-lectures](http://usm.maine.edu/olli/olli-courses-and-lectures).

Please print it, complete it, and either scan or take a photo of it on your phone to send along to [olliatusm@maine.edu](mailto:olliatusm@maine.edu).

### INSTRUCTIONS

- Please use ONE FORM for each registrant.
- Fill out the top section of the form completely. Leaving sections blank can slow registration.
- Write the course names for your top selections for classes in the “1st Course,” “2nd Course,” etc., sections on the registration form. Note the price of each course in the “Cost” column.
- OLLI highly recommends you add alternative courses in case your

top choices fill before we can register you. Please write course names for your alternative course in the “Alternative 1st Course,” “Alternative 2nd Course,” etc.

- Sign up for OLLI workshops on the same form, writing in the workshop’s name and the price in the “Cost” column.
- Add up the fees for your courses and workshops (and membership, if applicable), and note the amount in the space marked “Total cost for All.”

Please email your form to us at [olliatusm@maine.edu](mailto:olliatusm@maine.edu) to register, and we will be in touch with you the week of May 17 about credit card payments, waivers, or scholarship issues.



## OLLI AT USM

### MISSION

OLLI at USM is committed to providing, for its members, a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

### VISION

OLLI will be driven by the creative and innovative spirit of its founding mission, will maintain its strong sense of community and inclusiveness, expand its abundant opportunities for members to exchange ideas and experiences, and maintain a standard of excellence.

### CORE ORGANIZATIONAL VALUES

These are the fundamental beliefs of OLLI at USM that guide our planning and decision-making. These core values support our vision, shape our culture, and reflect what we value.

**Joy of Learning** — We believe that continuing to grow and learn new things is a deeply fulfilling lifelong priority.

**Community** — We recognize the importance of interaction with other members to share knowledge and experiences, to expand our perspectives, and to make new friends, in an atmosphere of inclusiveness, respect, and openness.

**Accessibility** — We strive to make classes, lectures, workshops, seminars, and activities affordable and accessible for all members.

**Excellence** — We strive for excellence by committing our intelligence, creativity and energy to achieving quality in our curriculum, faculty, facilities, operations, and relationships within our community.

**Volunteerism** — We recognize the crucial importance of volunteers to the success of our programs.





# SPECIAL INTEREST GROUPS AT OLLI

Except for July and August, OLLI at USM offers many diverse activities beyond the classroom. To participate in any Special Interest Group, you must be a current OLLI member. **NOTE: Special Interest Groups are not intended as instructional events. Most SIGs that met in Wishcamper will be meeting via Zoom and not in person.**

- **Arts and Crafts:** Try your hand at a new skill. Each month, a group member will demonstrate and lead an activity (fabric and paper crafts, jewelry making, book arts, knitting, crocheting, mixed-media collage, etc.). Contact Marcia Taylor at [metaylor@maine.rr.com](mailto:metaylor@maine.rr.com) for more information.
- **Bicycle and Nosh:** If you like to bike, how about joining a group of OLLI members for a ride every couple of weeks, with a delicious treat along the way? Contact Mark Love at [mlove196@maine.rr.com](mailto:mlove196@maine.rr.com) for more information.
- **Book Club:** Members meet monthly to discuss readings from various genres, including contemporary novels, classics, biographies, memoirs, short stories, etc. Contact Susan Powell at [smpowell181@gmail.com](mailto:smpowell181@gmail.com) for more information.
- **Bridge Club:** Those who enjoy playing bridge for fun are welcome to join this group, which meets weekly. Contact Barbara Freeman at [bhfreewoman@gmail.com](mailto:bhfreewoman@gmail.com) for more information.
- **Downhill Ski Club:** A seasonal outlet for downhill skiing enthusiasts, the club welcomes new and returning members. Skiers plan trips to area mountains when snow conditions are good, and driving conditions permit. Contact Lois Winter at [loiswinter54@gmail.com](mailto:loiswinter54@gmail.com) for more information and to join our email list for notice of upcoming ski trips.
- **Elders for Future Generations:** This is an ongoing, peer-facilitated exploration of the advocacy role seniors can play in shaping policy to promote future generations' well-being. Contact Fred Brancato at [opus4fred@gmail.com](mailto:opus4fred@gmail.com) for more information.
- **History Book Club:** Members read and discuss one work of history each month. Works include social, political, economic, and foreign-policy history as well as biography, autobiography, memoir, and historical fiction. Contact Sue Gesing at [susangesing@gmail.com](mailto:susangesing@gmail.com) or Dawn Leland at [lelanddm@gmail.com](mailto:lelanddm@gmail.com) for more information.
- **OLLI Night Out:** Come enjoy good food and good company with fellow OLLI gourmands who meet periodically at local restaurants. Watch the *OLLI Newsletter* for upcoming dates and locations.
- **OLLI Singers:** This group, directed by an experienced leader and supported by a skilled accompanist, meets weekly to have fun with vocal music and prepare for several performances each year. All are welcome. Contact Chuck Hornberger at [ckhornberger@gmail.com](mailto:ckhornberger@gmail.com) for more information.
- **OLLI Ukes!** Meets twice a month to share and have fun playing a wide variety of ukulele music. All levels welcome. Contact Cheryl Eling at [cfeling@gmail.com](mailto:cfeling@gmail.com) for more information.
- **Outdoor/Walking Club:** Outdoor enthusiasts gather twice a month for invigorating walks in interesting places. They meet at the Back Cove parking lot in Portland to carpool for walks in Portland and south and meet at Exit 17 in Yarmouth for walks north of Portland. Contact Rae Garcelon at [raegarcelon@gmail.com](mailto:raegarcelon@gmail.com) for more information.
- **Photography Club:** Shutterbugs at OLLI at USM meet and learn from each other while sharing their love of photography. Contact Sharon Roberts at [sharonlh@gwi.net](mailto:sharonlh@gwi.net) for more information.
- **Recorder Ensemble:** In addition to having fun making music together, the Recorder Ensemble also may perform at OLLI at USM events and venues. Contact Karen Luse at [luse.karen@gmail.com](mailto:luse.karen@gmail.com) for more information.
- **Science Reading Club:** Each month, this group reads and discusses articles from the latest issue of Scientific American. See the website at [olliusmsciencediscussion.wordpress.com](http://olliusmsciencediscussion.wordpress.com) for contact Elizabeth Housewright at [ehousewright@gmail.com](mailto:ehousewright@gmail.com) for more information
- **Senior Players:** Thespians perform staged readings twice a year at USM and off-campus on several occasions. Senior Players is open to all OLLI at USM members. Contact Elizabeth Guest at [elizabethme85@twc.com](mailto:elizabethme85@twc.com) for more information.
- **Wine-Tasting Club:** An OLLI wine enthusiast helps educate your palate during featured wine-and-appetizer pairings at a local restaurant. The group meets at 5:30 PM every month or so. Novices and wine enthusiasts welcome. Contact Joel Kallich at [joelkallich@gmail.com](mailto:joelkallich@gmail.com) if you'd like to join an email list for advance notice of the date, price, and venue.



Osher Lifelong Learning Institute  
P.O. Box 9300  
Portland, ME 04104-9300

Nonprofit Organization  
US Postage  
**PAID**  
Portland, Maine 04101  
Permit No. 370



*Intellectual Fun  
for People Over 50*



[usm.maine.edu/olli](http://usm.maine.edu/olli)