



Bridal hairstyling

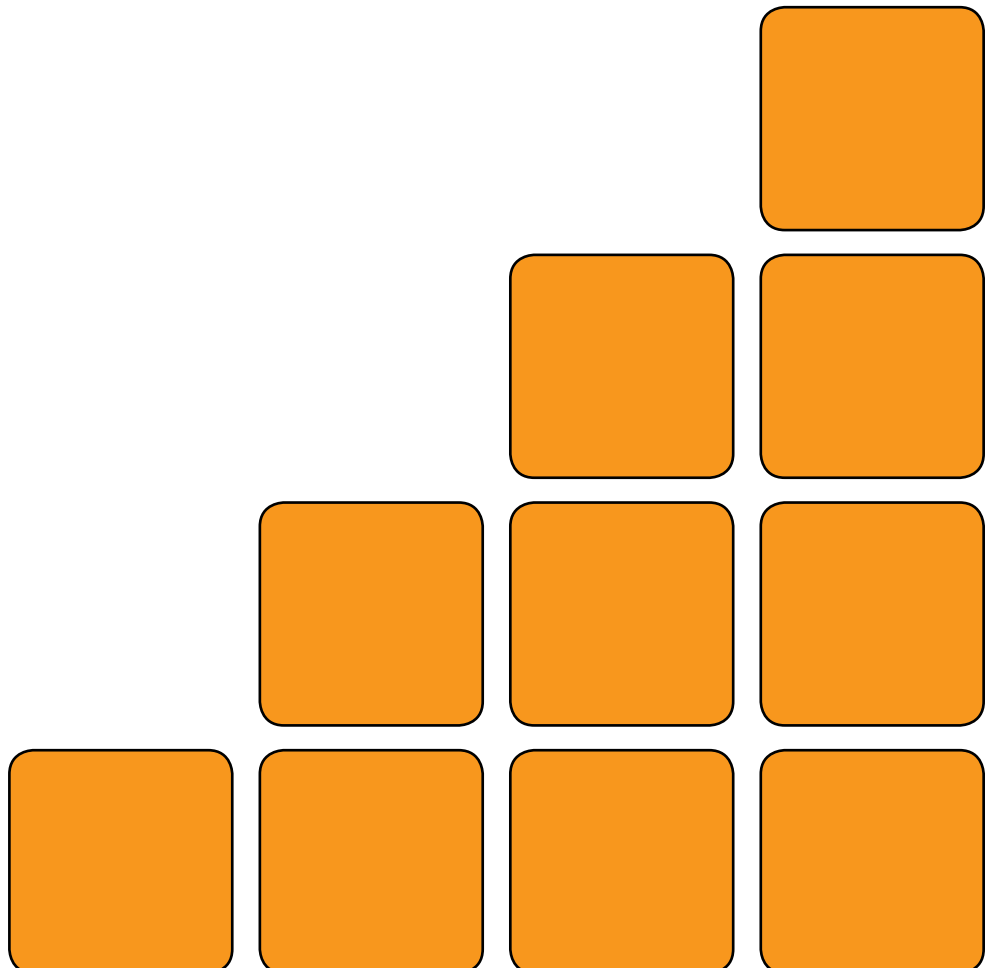
UV30510

K/600/9059

Learner name:

Learner number:

VRQ



UV30510

Bridal hairstyling

The aim of this unit is to develop your technical skill to an advanced level to create a variety of bridal hair styles that are personalised for each client.

You will be able to analyse the capability of your clients' hair, with consideration for the style of dress to be worn – to ensure the hair style complements the bride's image.

You will choose from a range of products, tools and equipment, incorporate the use of ornamentation and accessories into the style, and advise your client on additional products or services for her to consider.

Level

3

Credit value

4

GLH

37

Observation(s)

3

External paper(s)

1



Bridal hairstyling

Learning outcomes

On completion of this unit you will:

1. Be able to prepare for bridal hairstyling services
2. Be able to create a variety of bridal hairstyling effects

Evidence requirements

1. *Environment*
Evidence for this unit must be gathered in a real or realistic working environment.
2. *Simulation*
Simulation is not allowed in this unit. All 'Observation' outcomes must be on real clients.
3. *Observation outcomes*
Competent performance of 'Observation' outcomes must be demonstrated to your assessor on **at least three occasions**.
4. *Range*
All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.
5. *Knowledge outcomes*
There must be evidence that you possess all the knowledge and understanding listed in the 'Knowledge' section of this unit. This evidence may include projects, assignments, case studies, reflective accounts, oral/written questioning and/or other forms of evidence.
6. *Tutor/Assessor guidance*
You will be guided by your tutor/assessor on how to achieve learning outcomes and ranges in this unit. All outcomes and ranges must be achieved.
7. *External paper*
Knowledge and understanding in this unit will be assessed by an external paper. The criteria that make up this paper are highlighted in white throughout this unit. **There is one external paper that must be achieved.**

Achieving observations and range

Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of observations required is indicated in the evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through oral questioning.

Your assessor will sign off an outcome when all criteria have been competently achieved in a single client service.

Maximum service times

There are no maximum service times that apply to this unit.

Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.



Observations

Outcome 1

Be able to prepare for bridal hairstyling services

You can:

- a. Prepare yourself, the client and work area for bridal hairstyling services
- b. Use suitable consultation techniques to identify service objectives
- c. Evaluate the client's existing hair length, texture and density
- d. Provide clear recommendations to the client based on the factors identified

** May be assessed through oral questioning.*

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Outcome 2

Be able to create a variety of bridal hairstyling effects

You can:

- a. Communicate and behave in a professional manner
- b. Select and use hair styling products, tools and materials, ornamentation and added hair to achieve the desired look
- c. Use techniques that take into account the identified factors for the finished look
- d. Position yourself and the client appropriately throughout the service
- e. Follow safe and hygienic work practices
- f. Check the balance and shape throughout the service to ensure correct proportion
- g. Create the finished bridal style to the satisfaction of the client
- h. Provide suitable aftercare advice

*May be assessed through oral questioning.

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Range

*You must practically demonstrate that you have:

Used a minimum of 3 styling techniques	Portfolio reference
Setting	
Blow drying	
Use of heated styling equipment	
Use of alternative equipment	
Considered all influencing factors	Portfolio reference
Desired look	
The occasion for which the style is required	
Haircut	
Hair growth patterns	
Hair elasticity	
Head size and face shape and features	
Hair texture	
Hair length	
Hair density	
Completed all looks	Portfolio reference
Accessories to complete the look	
Added hair to complete the look	
40% of the hair up to complete the look	

*It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.



*You must practically demonstrate that you have:

Used a minimum of 5 dressing techniques	Portfolio reference
Rolls	
Barrel curls	
Knots	
Twists	
Plaits	
Pleats	
Curls	
Weaving effects	
Chignon	
Backcombing	
Back brushing	
Used a minimum of 3 accessories or attachments	Portfolio reference
Tiara	
Comb attachments	
Veils	
Flowers	
Hat	
Feathers	
Beads	
Ribbon	
Clip on diamante	
Daisy pins	
Headbands	
Nets	
Added hair	

*It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.



*You must practically demonstrate that you have:

Used a minimum of 4 styling and finishing products	Portfolio reference
Setting lotion	
Blow dry lotion	
Mousse	
Oil	
Gel	
Activators	
Heat protector	
Moisturiser	
Holding spray	
Shine spray	
Dressing cream	
Wax	
Provided all types of advice	Portfolio reference
Maintenance of the style	
Removal of style	
Suitable aftercare products and their use	

*It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

Developing knowledge

Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below:

- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies

Where possible your assessor will integrate knowledge outcomes into practical observations through oral questioning.

Achieving the external paper

The external paper will test your knowledge of the criteria highlighted in white. **A pass mark of 70% must be achieved.** Criteria not achieved will be identified to your tutor/assessor. You will then be orally questioned or asked to produce other forms of evidence as **all unit criteria must be achieved.**

Your assessor will complete the following table when the 70% pass mark has been achieved.

Paper	Date achieved	Assessor initials
1 of 1		

Knowledge



Outcome 1

Be able to prepare for bridal hairstyling services

You can:	Portfolio reference / Assessor initials*
e. Describe the range of looks for bridal occasions	
f. Explain how to achieve the different looks for bridal occasions	
g. Describe the factors to be considered when styling bridal hair	
h. Explain the range of additional accessories available for bridal hair	
i. Explain the range of additional services and products available to support bridal hair styling	
j. Explain the health and safety considerations that must be taken into account	
k. Describe the different consultation techniques used to identify service objectives	
l. Describe the salon's requirements for preparation of yourself, the client and work area	

**Assessor initials to be inserted if orally questioned.*

Requirements highlighted in white are assessed in the external paper.



Outcome 2

Be able to create a variety of bridal hairstyling effects

You can:	Portfolio reference / Assessor initials*
i. Describe the correct use of products, tools and materials	
j. Explain the use of ornamentation in bridal hair styling	
k. Explain the advantages of added hair and hair pieces when styling bridal hair	
l. Describe how to remedy problems that may occur during the bridal hairstyling service	
m. Describe the aftercare advice that should be provided	
n. Outline safe and hygienic working practices	
o. State how to communicate and behave in a professional manner	

**Assessor initials to be inserted if orally questioned.*

Requirements highlighted in white are assessed in the external paper.

Unit content



This section provides guidance on the recommended knowledge and skills required to enable you to achieve each of the learning outcomes in this unit. Your tutor/assessor will ensure you have the opportunity to cover all of the unit content.

Outcome 1: Be able to prepare for bridal hairstyling services

Preparation of self: Clothes (salon requirements for uniform, clean/ironed, non-restrictive, closed in low heel shoes), hair (clean, healthy, manageable, off face), personal hygiene (clean body, teeth, workable length clean nails, deodorant, no overpowering perfume/aftershave), personal protective equipment (gloves, apron, prevent dermatitis), minimal jewellery, positive attitude, ready to greet.

Preparation of client: Remove client's outer clothing (protect against damage), ensure client is relaxed and comfortable (posture, aids service), remove excessive jewellery (avoid damage to jewellery and skin), gown, towel, plastic cape, barrier cream, record card.

Preparation of work area: Chair, trolley, work station, clean equipment, appropriate sterilisation (barbicide, autoclave, UV, sterilising spray), complete destruction of all living organisms on tools and equipment, disinfection (remove contamination from hard surfaces, large work areas, floors and work surfaces – using heat or chemical methods), safe professional presentation of tools and equipment, visual check on large and small equipment, check electrical equipment (portable appliance test), select height of chair/basin.

Consultation techniques: Use a variety of methods to ensure suitability of service, product and technique.

Questioning – open, closed, probing.

Language – appropriate level for client,

use of technical/non-technical language.

Client expectations/needs – listen, clarify, advise, plan.

History of hair – hair tests, touch, feel, look of hair.

Advice – what will work, what will not?

Visual aids – shade charts, style book, portfolio, collection of pictures.

Evaluation of the client's hair length, texture and density: Clarify suitability of length, texture, density for style, needs extra length (extensions), too long (cut prior to styling, use excess for padding), too thick (cut, reduce backcombing, choose flatter style), too thin (perm, hair pieces or extensions).

Recommendations based on identified factors:

Hair condition – (dry, greasy, normal, virgin, chemically treated), chemically treated hair will be more sensitive to backcombing and tension on the hair.

Elasticity – (strength of hair), for poor elasticity avoid excessive tension, set the hair instead of blow drying.

Porosity – (damage to cuticle layer), the ability to absorb moisture, if hair is porous style will not last.

Texture (fine, medium, coarse hair) – too fine (hair padding may be used), coarse hair (heated rollers will allow the hair to mould easier), suitable products to achieve style.



Outcome 1: Be able to prepare for bridal hairstyling services (continued)

Length (short, medium, long) – the length needs to be suitable to achieve the style, too short to achieve the look (hair extensions), client may not wish hair to be cut short enough to achieve the desired look (set hair to reduce length, do not backcomb, use excess hair as padding).

Density (fine, medium, thick) – thick hair (limit the amount of backcombing so the style can be achieved), sparse (thicken the hair e.g. extensions or perm, hair padding and backcomb will add extra volume to the style).

Hair cut/style (uniform layer, one length, short graduation, long graduation) – hair cut/style needs to be suitable to be able to achieve the style.

Growth patterns (cowlick, widows peak, nape whorl, double crown) – may influence choice of achievable style, temporary fix to disguise growth pattern.

Skin tone (fair, medium, olive, dark) – use complementary coloured accessories and ornamentation.

Face shape (oval, round, square, oblong, heart, pear) – oval (suitable all styles), round (create height/length, avoid width), square (height on top, keep sides flat, soften face with hair), oblong (avoid height, create width), heart (create width below ear level), pear (create width above ear level).

Head size (large, medium, small) – hairstyle should complement, increase/decrease volume or curl.

Existing curl (tight, soft, wave) – increase/decrease curl, tame, soften.

Range of looks for bridal styles: Rolls, barrel curls, knots, twists, plaits, pleat,

weaving, chignon, classic/contemporary/avant-guard looks, hair up, hair down, combination of each.

Range of accessories and ornamentation:

Tiara, comb attachments, veils, fresh flowers, silk flower, hat, feathers, beads, ribbon, claw clips, clip on diamante, daisy pins, headbands, nets, coloured hair additions.

Additional services available to support bridal hair styling:

Services – conditioning treatments, hair cut, perming, coloured/natural extensions, relaxing hair, colouring techniques (block colour, highlights, slices, full head colour, placed application), colouring products (permanent, quasi-permanent, semi-permanent, temporary – mascara, sprays, gel).

How to follow safe and hygienic working practices:

Maintaining a safe salon – clean, tidy, safe standards of working, remove spillages, report slippery surfaces, remove/report obstacles, clear access to trolleys and equipment, clean/sterilise/disinfect tools, equipment and work surfaces, no smoking, eating, drinking or drugs in the salon, maintain professional personal hygiene.

Personal protective equipment – wear protective equipment, avoid latex, powdered gloves, apron.

Electricity at work – visual check of equipment, no trailing wires, portable appliance testing.

Manual handling – moving stock safely, lifting, working heights, unpacking.

Towels – wash regularly, clean for every



Outcome 1: Be able to prepare for bridal hairstyling services (continued)

client, place dirty towels in covered bin.

Reporting of injuries, diseases and dangerous occurrences – accident book, reporting diseases, log accidents.

Control of substances hazardous to health – store, handle, use, dispose, replace lids, ventilation for vapour and dust, avoid over exposure to chemicals, use manufacturers' instructions for use.

Disposal of waste – sharps box, closed top bin, dilute chemicals with running water, environmental protection, salon policies for hazardous waste, single use items, recycle (empties).

Product storage – check end date/ packaging, store away from heat/damp/ direct sunlight, empties avoid theft.

Salon health and safety legislation and regulations: Health and safety at work, control of substances hazardous to health, reporting of injuries diseases and dangerous occurrences, personal protective equipment, electricity at work, manual handling, supply of goods and services, trade description, data protection, employers' liability (compulsory Insurance), occupiers' liability, local bye-laws (set by council), salon rules, code of conduct, observance by all staff.



Outcome 2: Be able to create a variety of bridal hairstyling effects

Professional communication in a salon environment: Try to avoid technical language, always respond, consider client confidentiality.

Verbal – speaking (tone of voice, the language you use, how quickly and clearly), questioning (open, closed, probing).

Non-verbal – body language, positive attitude (your posture, facial expressions, hand gestures, the distance you stand), listening (be patient, try to be understanding).

Written – visual aids, magazines, client records.

Behave professionally in a salon environment: Follow health and safety practice and procedure, salon code of conduct, respect others, value client(s), co-operate with others (be sympathetic, fair, not aggressive), use appropriate language, avoid gossip, maintain confidentiality, polite/cheerful and friendly manner (friendly facial expressions, open body language, positive attitude, eye contact), sensible behaviour, team work, take pride in work, be punctual, employer and client loyalty.

Styling products, tools, materials and added hair used to achieve the look:

Styling products – mousse, holding spray, setting lotions, dressing creams, oils, gel, activators, moisturisers, wax, shine spray.

Tools and materials – velcro/heated rollers, hairdryer, hood dryer, tongs, straighteners, molten browns, spiral tongs, crimpers, hair padding, bun rings, bands grips, fine pins, clips, tail comb, brush, dressing comb.

Added hair – variety of colours, variety of straight and curly hair pieces, clip-on, claw clips, pony tails, human hair, synthetic hair, pre-bonded single extensions, glued hair wefts, sewn in hair wefts.

Position yourself and the client appropriately throughout the service:

Correct posture of self and client to minimise fatigue and injury.

Self – back straight, distribute weight evenly, feet slightly apart, use cutting stool (if required), no over stretching or bending.

Client – position to achieve accurate cut, comfort and minimise risk of fatigue or injury, sat upright, back straight and supported, two feet on floor.

How to follow safe and hygienic working practices:

Maintaining a safe salon – clean, tidy, safe standards of working, remove spillages, report slippery surfaces, remove/report obstacles, clear access to trolleys and equipment, clean/sterilise/disinfect tools, equipment and work surfaces, no smoking, eating, drinking or drugs in the salon, maintain professional personal hygiene.

Personal protective equipment – wear protective equipment, avoid latex, powdered gloves, apron.

Electricity at work – visual check of equipment, no trailing wires, portable appliance testing.

Manual handling – moving stock safely, lifting, working heights, unpacking.

Towels – wash regularly, clean for every client, place dirty towels in covered bin.



Outcome 2: Be able to create a variety of bridal hairstyling effects (continued)

Reporting of injuries, diseases and dangerous occurrences – accident book, reporting diseases, log accidents.

Control of substances hazardous to health – store, handle, use, dispose, replace lids, ventilation for vapour and dust, avoid over exposure to chemicals, use manufacturers' instructions for use.

Disposal of waste – sharps box, closed top bin, dilute chemicals with running water, environmental protection, salon policies for hazardous waste, single use items, recycle (empties).

Product storage – check end date/ packaging, store away from heat/damp/ direct sunlight, empties avoid theft.

Balance and shape of style: Accurately establish the client's wishes and expectations, stand back, view from all angles, perspective view, use mirrors (ensure consistent length, width, height).

Initial consultation with client: Two way communication, use of visual aids (hair styles, accessories, pictures of dress), agree the finished look, consult with client throughout the service, forward planning, correct tools and equipment, trial run for occasion.

Provide suitable aftercare advice: Important part of service, avoid technical language, maintain eye contact, suggest/ advise/recommend, provide information (avoid humidity, avoid long periods of excessive tension, longevity of service, protect style during sleeping, use of additional products, removal of hair/ head ornamentation, removal of pins, backcombing/back brushing, advice on massage and conditioning treatment after occasion).

Styling products and when to use them:

Used prior to styling, give hold, volume, body, shine, lustre, reduce frizz and static, smoothe and straighten, provide a protective barrier, prevent moisture penetrating hair, aid longevity of style.

Gel – apply to wet hair, wet look, ideal for spiky styles, finger waves.

Mousse – apply to wet hair, shake can, dispense small orange size into hand, distribute through hair, used for curly hair, add body, pre-blow dry.

Setting lotion – apply to wet hair, direct from bottle, comb through, used for hold for wet setting.

Blow dry lotion – apply to wet hair, spray/ distribute direct from bottle, adds body, protects hair from heat/humidity.

Moisturiser/oil – used on dry hair, African type hair, conditioning, adds moisture and shine, dispense and distribute evenly from container.

Activator – can apply to wet or dry hair, activated by the use of heat, defines curl, adds moisture, shine, hold, ideal for dry sets.

Heat protector – prior to the use of all electrical equipment, coats hair, protective layer, gives shine/definition.

Finishing products and when to use them: Define, add shine, hold, separate hair, spike, protect, moisturise.

Spray – protect face, hold can away from face, fine mist, holds style.

Dressing cream – apply to palms and distribute evenly through lengths of hair, flattens hair, neatens style.

Oil – apply to palms and distribute evenly,



Outcome 2: Be able to create a variety of bridal hairstyling effects (continued)

dry, coarse hair, makes hair more pliable, looks in better condition, stops tangling.

Wax – apply with palms or finger tips, defines style, spikes, flicks.

Gel – apply with finger tips, defines spikes.

Moisturiser – apply to palms and distribute evenly, dry, coarse hair, makes hair more pliable, look better condition, stops tangling.

Range of tools and equipment and the effects achieved: Conventional, non-conventional, winding root-to-point or point-to-root, on and off base dependant on required volume, implements used with added heat to create a variety of looks.

Round brush (various diameters) – gives curl (smaller diameter = tighter curl), body, movement, volume.

Flat brush – paddle, Denman, gives smooth, straight finish.

Bristle brush – removes roller marks, dressing hair, smoothes, gives shine, good for fine hair.

Vent brush – produces a soft causal broken up effect, ideal on short hair.

Dressing comb – back-comb/tease the hair into style, used for all dressing techniques.

Straighteners – smoothe/flatten the cuticles, straighten hair.

Curling tongs – various sizes, produce lift, waves, curls.

Hand dryer – removes moisture from the hair.

Diffuser – diffuses the flow of air, allowing hair to dry naturally, increases natural curl, adds volume, movement, body.

Heated rollers – used on dry hair, various sizes of rollers, lift, curl, bounce.

Rollers with pins – set curl, body/movement, lasts longer than blow dry.

Bendy rollers – used on long hair, spiral effect curls.

Velcro rollers – gives body, curl, movement, volume, bounce, doesn't last long.

Pin curl clips – types of pin curls (flat, coil, barrel curls), movement, curl, volume, body.

Crimpers – fine crimp effect.

Hot brush – gives body, curl, movement, volume, bounce, doesn't last long, soft curls, flicks.

Non-conventional items – rick rack (spiral curls), rags (soft curls), chopsticks, straws, (zig zag effect) bendy foam rollers (soft curls), pre-formed plastic items (avant garde effect).

Ornamentation in bridal hair styles: Used to decorate the style, complement the dress, match bouquet, enhance the style, create volume, personal preference, dress-up the occasion, add colour, hide grips.

Advantages of added hair and hair pieces: Creates length, adds volume and density, colour, instant change, specific curl pattern, straight looks, ponytails, padding to support natural hair.

How to remedy problems that may occur during service:

Curl dropping – apply product, tighten with tongs, leave roller in situ.

Hair too curly – use straighteners, large



Outcome 2: Be able to create a variety of bridal hairstyling effects (continued)

rollers to tame curl.

Tension incorrect – reduce if too tight, tighten if too loose.

Hair fluffy, flyaway, static – use a moisturiser, dressing cream.

Hair too heavy – use extra pins, secure hair with net.

Hair too fine – use bun ring, hair padding, backcomb/back brush, padding.

Too much hair – create a style where the excess hair can be used as padding.

Ornamentation difficult to secure – create a pad of hair to pin to, wrap hair around ornamentation and pin.

Notes

Use this area for notes and diagrams