



Venerable Mary Angeline Teresa, O.Carm.

LEARNING ACTIVITIES

Objectives: one will be able to:

- Identify Venerable Mary Angeline as the foundress of the Carmelite Sisters for the Aged and Infirm
- Recognize that Christ is brought to, and is seen in, the elderly residents in their care
- Describe how Mother Angeline pioneered care of the elderly

CONTENT & RESOURCES

BIOGRAPHY HANDOUT (p 2)

A short biographical profile snapshot of Venerable Mary Angeline Teresa is given as a resource for the included activity sheets. This short biography includes her childhood years, early years as a Sister, and her years spent in revolutionizing elder care.

Following this short biography is a choice of activity sheets: a crossword puzzle, a word search, or a word unscramble activity based on the facts given in the biography. Answer keys are provided. By completing any of these activities, one will become more familiar with Mother Angeline and her life's work in the Catholic Church. There is also a maze puzzle and four coloring sheets.

VIDEO

This 13-minute video, with many original black and white photos, highlights the mission and philosophy of care of the Carmelite Sisters for the Aged and Infirm: <https://www.youtube.com/watch?v=eM8mUMjBEO>

ACTIVITY HANDOUTS

Biography Handouts

- Crossword Puzzle/ Answer Key (pp 3-4)
- Word Search/ Answer Key (pp 5-6)
- Unscramble Puzzle/ Answer Key (pp 7-8)
- Maze Puzzle (p 9)

Mother Angeline Quote Coloring Pages

- Be Faithful in Little Things (p 10)
- Be Kinder than Kindness Itself (p 11)
- Do Not Neglect Prayers (p 12)
- Our Lady of Mount Carmel (p 13)

The Mother Angeline Heritage Center Information (p 13)

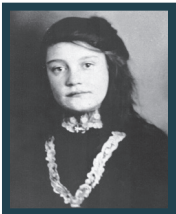
The Mother Angeline Heritage Center, in Germantown, NY, contains works of art in stained glass, sculptures, portrait, archival images and artifacts to illustrate the foundation, growth of the Congregation, and their mission and philosophy. The large stained glass window nearly covers an entire gallery wall!

- Heritage Center Stained Glass Window Coloring Page (p14)

To see more photos of the Mother Angeline Heritage Center and the large stained glass window (for coloring inspiration) visit the slideshow here: <https://motherangeline.org/heritage-center-2/>

LEARN ABOUT Venerable Mary Angeline Teresa

Old age strikes all classes of people, leaving them alone and frightened. The elderly face health issues, the loss of loved ones and friends, and the loss of being able to live on their own. Mother Angeline wanted homes for them to be the best, where the Sisters would treat the elderly with dignity and loving care in a home-like setting.



When she was seven years old, her family moved from Ireland to Scotland.

At the age of 19, she joined the Little Sisters of the Poor in France to take care of the elderly.

In **1926**, Mother Angeline was sent to the US, and was appointed Superior of a home of the Little Sisters of the Poor in the Bronx, New York.



Mother Angeline and her companions in 1929.

In **1929**, just at the start of The Great Depression, Mother Angeline and six other Sisters withdrew from the Little Sisters of the Poor. They were given permission to begin a new order of Sisters for the care of

the aged based on Mother Angeline's ideals – the Carmelite Sisters for the Aged and Infirm.

In **2019**, the 90th Anniversary of the Congregation was observed. They are considered pioneers in the field of geriatrics, introducing 'person-centered care' as the standard for caring for the elderly.

"The Difference is Love" is their trademark.

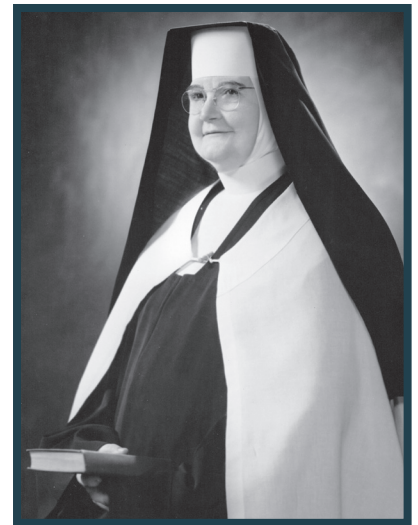
Mother Angeline's idea of caring for the aged was brand new. The homes would include rehab and add interesting activities and recreation. Each home would have a Chapel. A resident's personal, social and spiritual needs would be met. Mother Angeline taught that the mission of the Sisters was to bring Christ to every old person under their care.

Today the Carmelite Sisters for the Aged and Infirm take care of residents in twenty-two nursing homes, assisted-living homes or independent living homes in 8 different states and one in Ireland.

Mother Angeline received awards for her new way of caring for the elderly and promoting respect for life in all its stages. For this important

"See Christ in every person entrusted to our care."

~ Venerable Mary Angeline Teresa



Date of Birth: 1/21/1893

Birthplace: Ireland

Died: 1/21/1984

Feast Day: Jan 21st

service to the Catholic Church, she received an award from St. Pope John XXIII and one from Pope Paul VI.

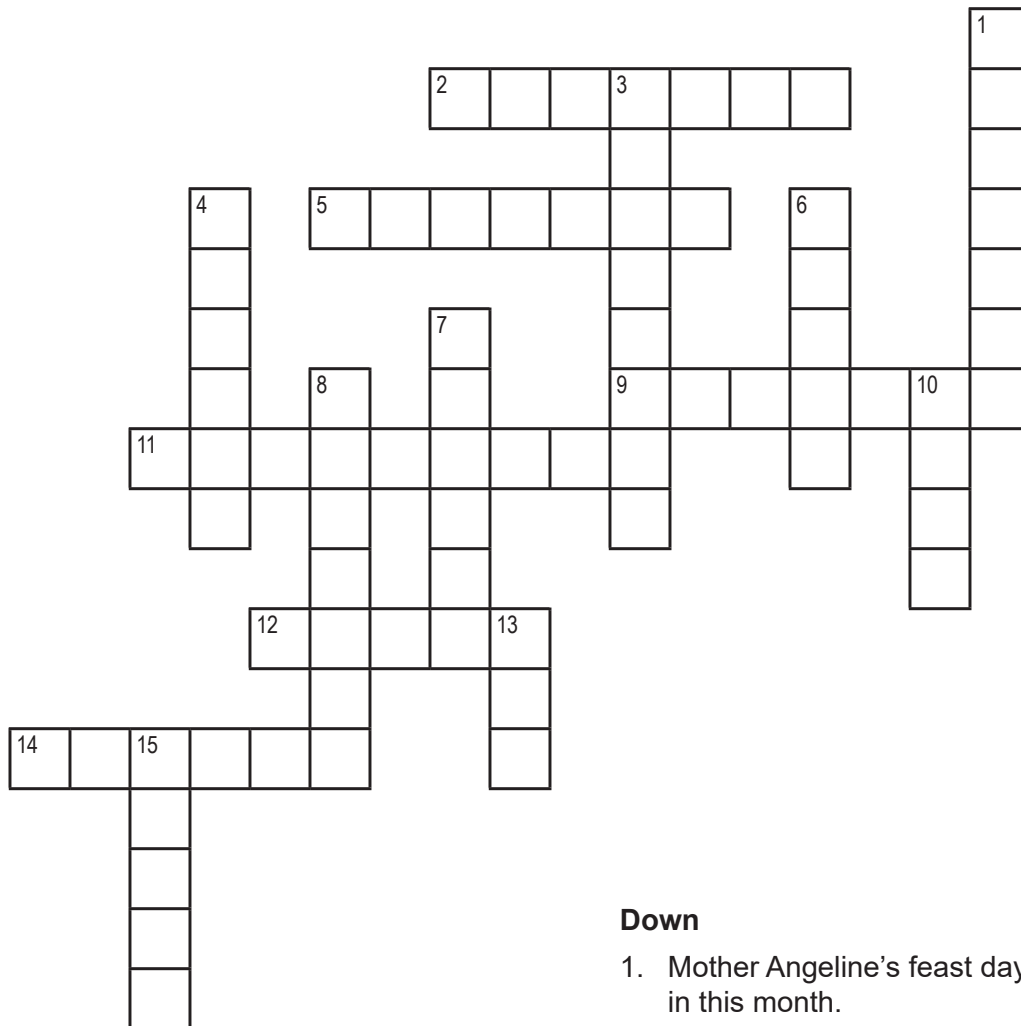
On **June 28, 2012**, Pope Benedict XVI declared Mother Angeline to be known as **Venerable Mary Angeline Teresa, O.Carm.** and go to the next step in the process of becoming a saint in the Catholic Church.

To Learn More about Mother Angeline Visit: www.carmelitesisters.com or motherangeline.org.

Venerable Mary Angeline Teresa

CROSSWORD PUZZLE

Complete the crossword below. Use the profile of Venerable Mary Angeline Teresa for clues.



Across

2. The elderly are treated with _____.
5. Country where Mother Angeline was born.
9. Age group The Carmelite Sisters serve.
11. Mother Angeline is now declared _____.
12. How many Sisters were there in 1929 at the start of the new Congregation?
14. 'See _____ in every person entrusted to our care.'

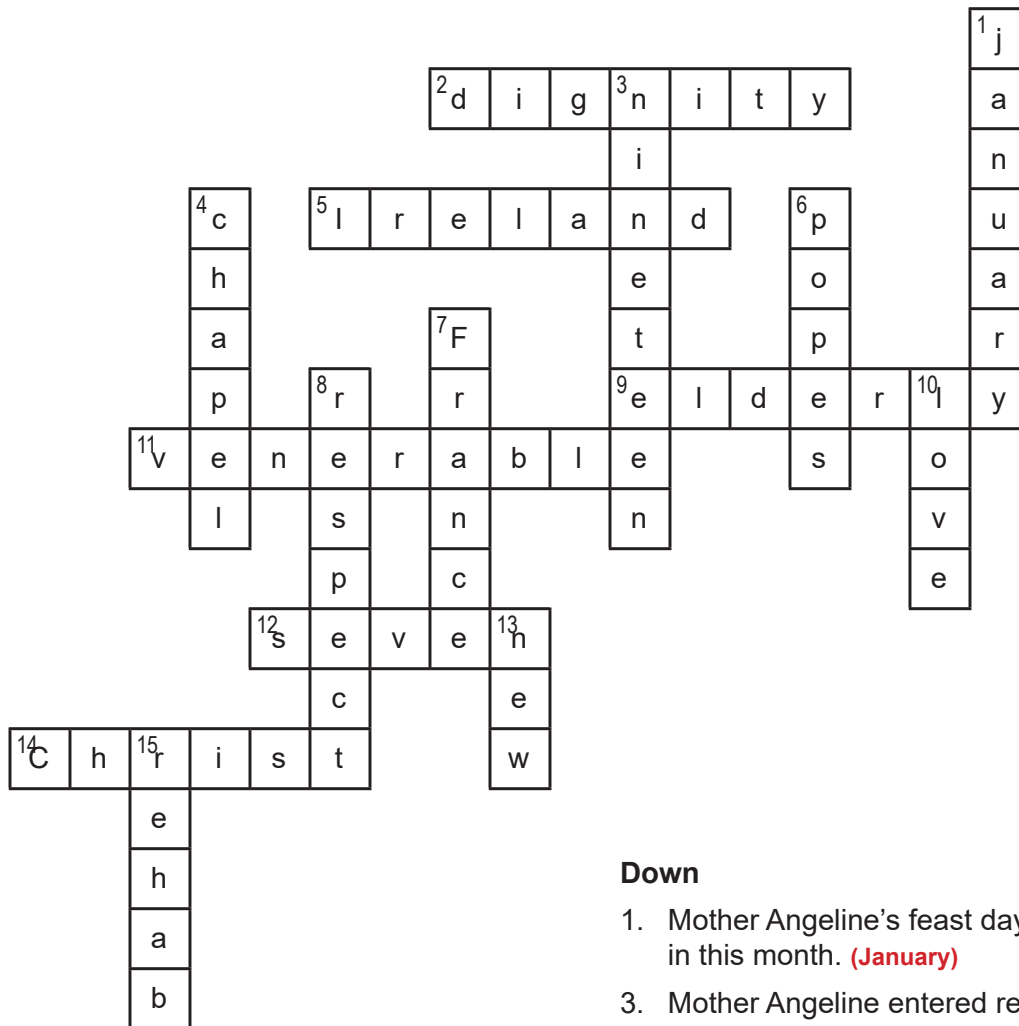
Down

1. Mother Angeline's feast day is celebrated in this month.
3. Mother Angeline entered religious life at this age.
4. Every nursing home had this place for prayer and Mass.
6. John XXIII, Paul VI and Benedict XVI are _____.
7. The Little Sisters of the Poor are from here
8. Life in all its stages is shown this.
10. 'The Difference is _____.'
13. Mother Angeline's idea of caring for the aged was brand _____.
15. Physical and speech therapy are examples of this.

Venerable Mary Angeline Teresa

CROSSWORD PUZZLE ANSWER KEY

Complete the crossword below. Use the profile of Venerable Mary Angeline Teresa for clues.



Across

2. The elderly are treated with _____. (**dignity**)
5. Country where Mother Angeline was born. (**Ireland**)
9. Age group The Carmelite Sisters serve. (**elderly**)
11. Mother Angeline is now declared _____. (**Venerable**)
12. How many Sisters were there in 1929 at the start of the new Congregation? (**seven**)
14. 'See _____ in every person entrusted to our care.' (**Christ**)

Down

1. Mother Angeline's feast day is celebrated in this month. (**January**)
3. Mother Angeline entered religious life at this age. (**nineteen**)
4. Every nursing home had this place for prayer and Mass. (**chapel**)
6. John XXIII, Paul VI and Benedict XVI are _____. (**Popes**)
7. The Little Sisters of the Poor are from here (**France**)
8. Life in all its stages is shown this. (**respect**)
10. 'The Difference is _____.' (**love**)
13. Mother Angeline's idea of caring for the aged was brand _____. (**new**)
15. Physical and speech therapy are examples of this. (**rehab**)

Venerable Mary Angeline Teresa

WORD SEARCH

Find the following words from the profile of Venerable Mary Angeline Teresa McCrory. The words can be forward, backward, or diagonal. *Words in parentheses are not included in the puzzle.*



AMERICA

AWARDS

BRONX (New York)

CARMELITE (SRS. FOR THE AGED & INFIRM)

CHAPEL

CHRIST

(THE GREAT) DEPRESSION

(THE) DIFFERENCE (IS LOVE)

DIGNITY

ELDERLY

FRANCE

HOME

IDEALS

IRELAND

LITTLE (SISTERS OF THE POOR)

LOSS

RESIDENTS

RESPECT

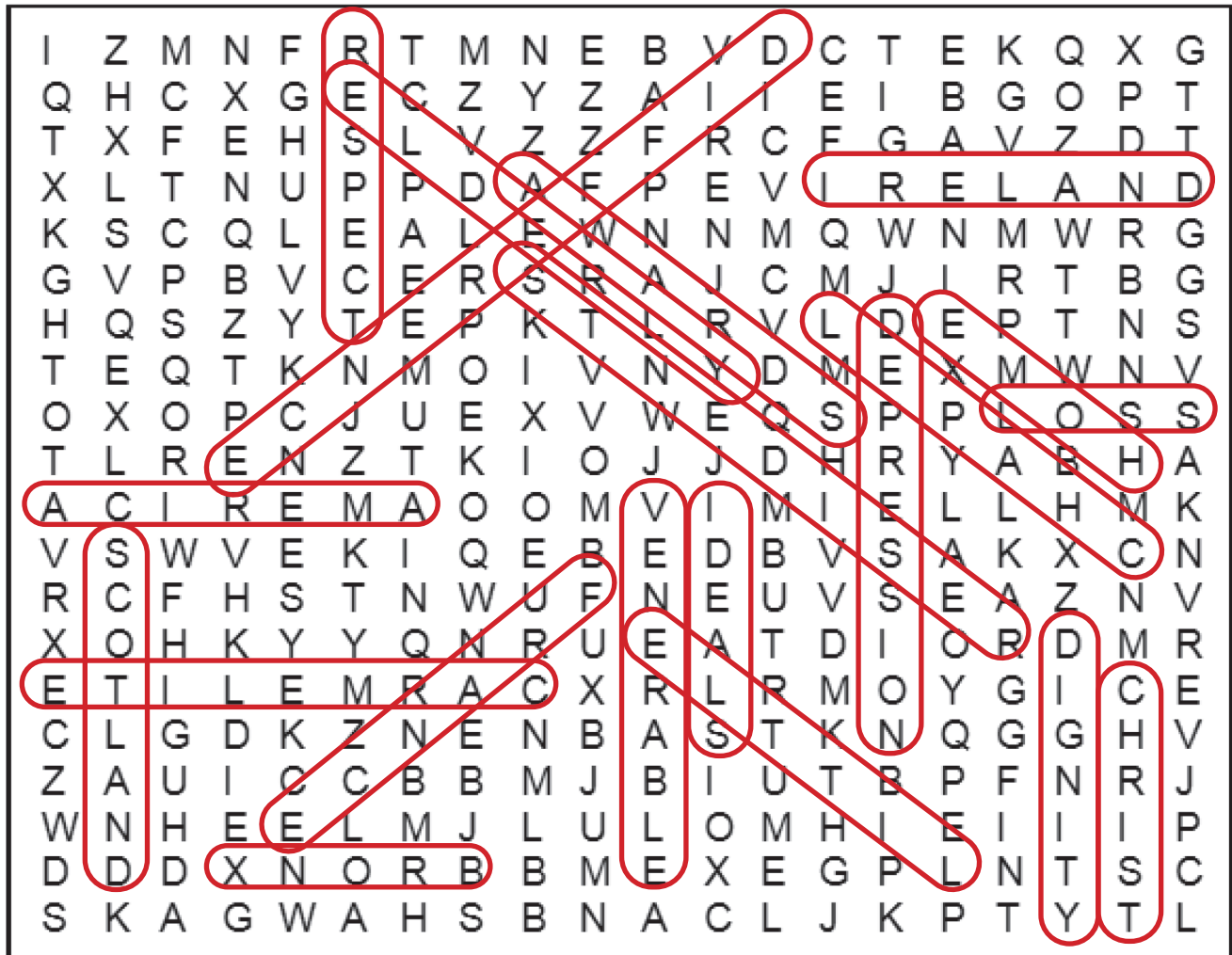
SCOTLAND

VENERABLE

Venerable Mary Angeline Teresa

WORD SEARCH ANSWER KEY

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LITTLE (SISTERS OF THE POOR)

LOSS

RESIDENTS

RESPECT

SCOTLAND

VENERABLE

Venerable Mary Angeline Teresa

UNSCRAMBLE PUZZLE

Unscramble each of the clue words in the right column. Use the biographical profile for hints (and additional hints if needed.) Spell out Mother Angeline's name by copying the letters in the numbered cells to the other cells with the same number at the bottom of the page.

Scrambled Words		Additional Hints
GIDNYIT	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>1512</div>	Right of a person to be valued and respected
DAILRNE	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>232</div>	Country
RYLLEED	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>424</div>	People advanced in age
BERHA	<div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>67</div>	Short for rehabilitation
SEEVN	<div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>2592219</div>	Number of Carmelite Sisters in 1929
NYRAAJU	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>1310</div>	Mother Angeline's Feast Day Month
NENNIEET	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>1814</div>	Mother Angeline's age when she entered the Little Sisters of the Poor
LECHAP	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>268</div>	Place for the prayer in each nursing home
PSOEP	<div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>16</div>	Plural for leader of the Catholic Church
NERACF	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>520</div>	Homeland for the Little Sisters of the Poor
PSCREET	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>1121</div>	Another word for holding in high regard
EVLO	<div><div></div><div></div><div></div><div></div><div></div></div> <div>171</div>	This is what makes the difference
WEN	<div><div></div><div></div><div></div></div> <div>3</div>	Another word for groundkeeping

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Venerable Mary Angeline Teresa

UNSCRAMBLE PUZZLE ANSWER KEY

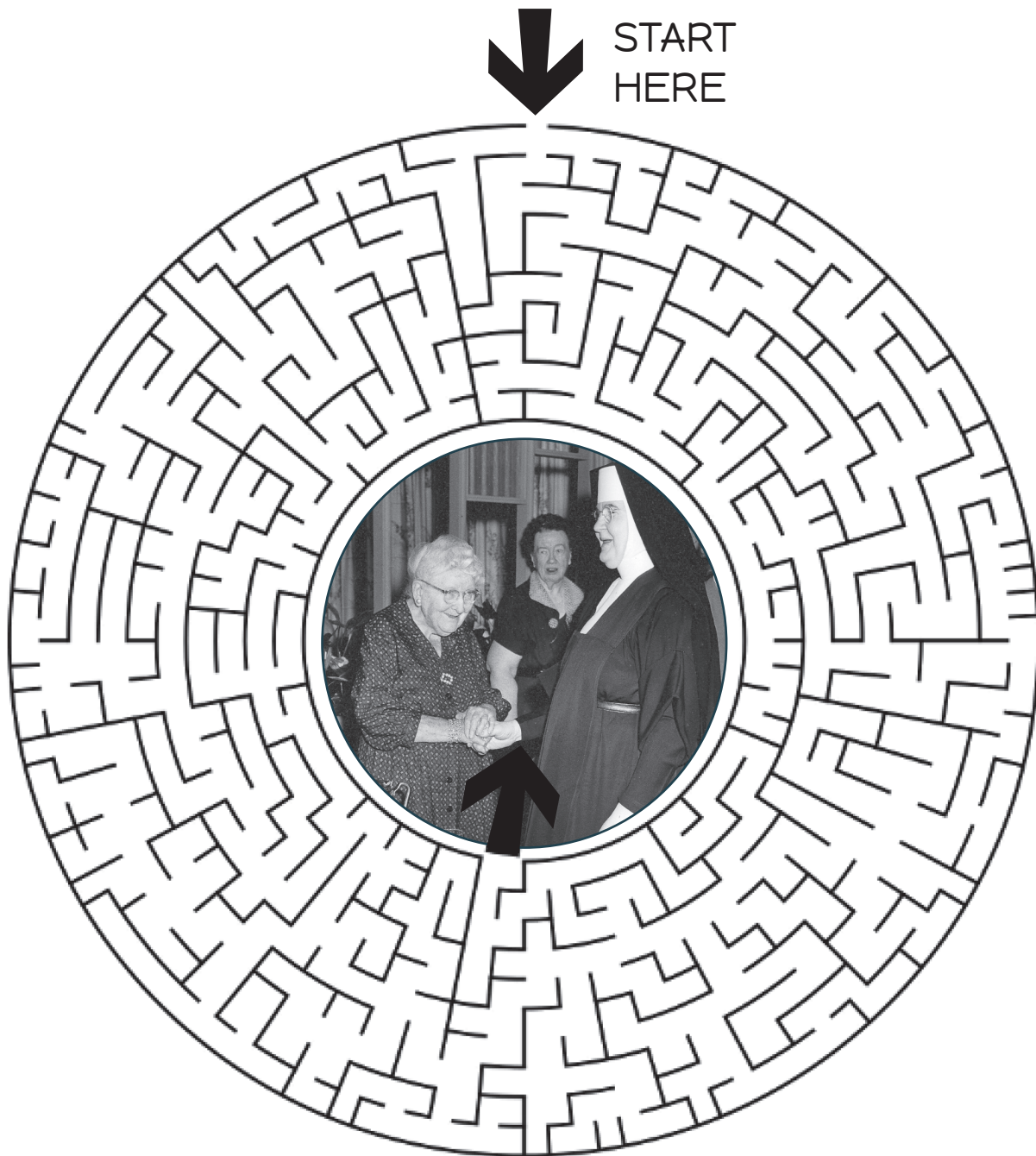
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GIDNYIT D I G N I T Y 15 12	Right of a person to be valued and respected
DAILRNE I R E L A N D 23 2	Country
RYLLEED E L D E R L Y 4 24	People advanced in age
BERHA R E H A B 6 7	Short for rehabilitation
SEEVN S E V E N 25 9 22 19	Number of Carmelite Sisters in 1929
NYRAAJU J A N U A R Y 13 10	Mother Angeline's Feast Day Month
NENNIEET N I N E T E E N 18 14	Mother Angeline's age when she entered the Little Sisters of the Poor
LECHAP C H A P E L 26 8	Place for the prayer in each nursing home
LSOEP P O P E S 16	Plural for leader of the Catholic Church
NERACF F R A N C E 5 20	Homeland for the Little Sisters of the Poor
PSCREET R E S P E C T 11 21	Another word for holding in high regard
EVLO L O V E 17 1	This is what makes the difference
WEN N E W 3	Another word for groundkeeping

V	E	N	E	R	A	B	L	E	M	A	R	Y	A	N	G	E	L	I	N	E	T	E	R	E	S	A
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	

Venerable Mary Angeline Teresa

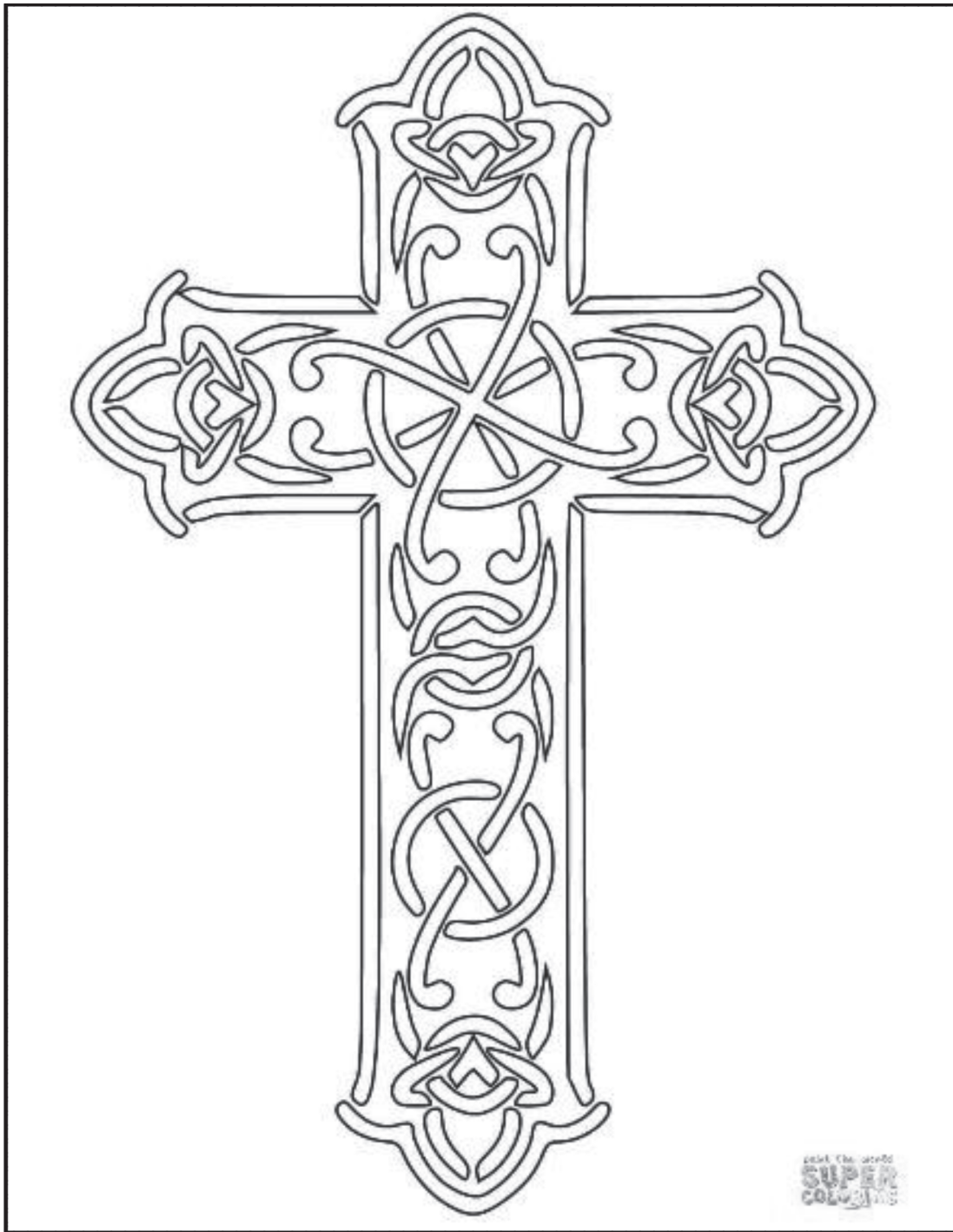
MAZE



Venerable Mary Angeline Teresa's life took many twists and turns, and included a good deal of traveling. She was born in Ireland in 1893, moved to Scotland with her family at the age of 7. When she was 19 years old, she joined the Little Sisters of the Poor in France. In 1926, she was appointed to a home in the Bronx, NY. In 1929, Mother Angeline founded The Carmelite Sisters for the Aged and Infirm. By 1984, the Sisters had served in 59 different facilities in New York State, Pennsylvania, Massachusetts, Florida, Illinois, Ohio, District of Columbia, Maryland, New Hampshire, Kentucky, Rhode Island, New Jersey, Iowa, Connecticut, West Virginia, Michigan, Ireland and Scotland.

Venerable Mary Angeline Teresa made an annual trip to each facility every year, until her failing health made it impossible. She would meet with each Sister, visit with the residents, and always thank the staff. Her visits ended with a special Mass of Thanksgiving to God in the Home's chapel for past blessings and to ask for His help for the future. She lived up to her motto: *Res Non Verba* meaning *Deeds not Words*.

“Be faithful in little things.”



FIDELITY TO GOD'S WILL

Venerable Mary Angeline Teresa was ever ready and eager to do God's will. She always encouraged the Sisters to be "faithfully faithful" and said if they were faithful in little things, God would take care of the big things.

“Be kinder than kindness itself.”



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Venerable Mary Angeline Teresa taught her Sisters to give the elderly tender and affectionate care. “If you must fail, fail on the side of kindness. Be kinder than kindness itself to the old people.” She would say. “I entreat you be kind, be patient, and be always understanding. Begin with yourself.”

“Do not neglect prayer.”

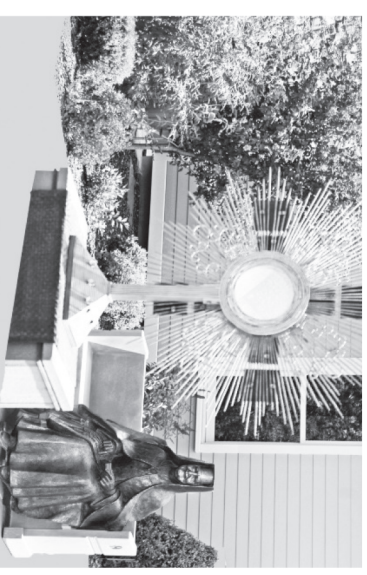


Venerable Mary Angeline Teresa wrote:

“All of us need a certain amount of silence and prayer if we would have God speak to us.

In this day and age, we need to listen as well as speak. We want others to listen to what we have to say, but has it ever dawned on us that God may want us to listen to what He has to say? We cannot hear His voice unless we spend some time in silence and prayer.”

“I think the best of all prayer is just to kneel or sit quietly and let Jesus pour Himself into our souls”.



*Bronze statue of Mother Angeline with the monstrance
at the Mother Angeline Heritage Center*

“Imitate Mary - your model and guide.”



<http://www.supercoloring.com/coloring-pages/our-lady-of-carmel>

Venerable Mary Angeline Teresa entrusted the new Congregation founded in 1929 to the protection of the Blessed Virgin Mary, Mother and Queen of Mount Carmel and relied on her intercession. Our Lady of Mount Carmel pray for us.

LEARN ABOUT The Mother Angeline Heritage Center



The Mother Angeline Heritage Center is dedicated to the history of **Venerable Mary Angeline Teresa** and her six companions in founding Carmelite Sisters for the Aged and Infirm in 1929.

Works of art in stained glass, sculptures, portrait, archival images and artifacts illustrate the foundation, growth of the Congregation, and their mission and philosophy.

In the Mother Angeline Heritage Center, there is a large stained glass window, which shows the expansiveness of Mother Angeline's accomplishments. The picture of this window is shown to the right. Our Lady of Mt. Carmel is in the center watching over Mother Angeline and her six companions who established The Carmelite Sisters for the Aged and Infirm. Mother Angeline entrusted the new Congregation to the protection of the Blessed Virgin Mary, Mother and Queen of Mount Carmel and relied on her intercession.

The mountains in the background are a reminder of the setting of the Motherhouse in Germantown NY, where nearby mountains can be seen all year long. The buildings represent both old and new nursing homes the Sisters established in the US and Ireland. The river crossing the top of a grassy plain is a mighty river that started out small and gained size and strength with the passage of time.

Statue of Mother with a Monstrance in the grotto at the Mother Angeline Heritage Center

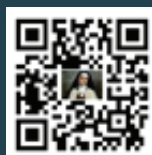
Today the Carmelite Sisters for the Aged and Infirm take care of residents in twenty-two homes.

"The Difference is Love" is their trademark.



Stained glass window depicting Mother Angeline and the founding Sisters

**STAY
CONNECTED**



To Learn More about Mother Angeline Visit:
www.carmelitesisters.com or motherangeline.org.



Color the stained glass window found at The Mother Angeline Heritage Center.