

# Varalakshmi Vratham

Special



## **VARALAKSHMI VRATA KALPAM**

(Sampoorna Vratakalpam)

The second Friday of the month of Sravanam has great significance. The holiest of all - Varalakshmi Vratam is performed on this auspicious day by married women. It is believed to grant long life to their husbands, and great riches to their families. The procedure of the pooja and vratakatha is given here exclusively for you in English.

### **Vrata Poorva Vrutttantam:**

(the origin of the vrata)

Sravana masamlo vachhe rendava Sukravaram chesukune vratanne  
Varalakshmi Vratamani antaru. Kailasamlo Parvati Parameshwarulu  
okaroju paachikalaadaru. Aa aatalo Paravati odipoyindi. Daanito Parvati  
Parameshwarulu iddaroo vaduladukunnaaru. Ee vaadanni  
parishkarinchamani Parvati Parameshwarulu Chitranemini koraaru. Iddari  
vadanalu vinna Chitranemi Parameshwarudu gelichadani cheppadu.  
Daanito Parvati Devi aagrahinchi Chitranemiki kushtu rogam  
praaptinchetatlu shapinchindi... Chitranemi Parvati devini deenamgaa  
prarthinchi shaapavimochanam kaliginchamani adigadu. Varalakshmi  
Vratamunu Sravana Purnima naati Sukravaram chesinattayite nee rogam  
potundani Parvati Devi sapavimochanam teliyajesindi. Chitranemi  
aavidhamgaa Sukravara vratamunu aacharinchi melu pondadu. Ee  
Varalakshmi vratamunu Parvatidevi kooda aacharinchagaa  
Kumaraswami janminchadu. Nandudu, Vikramarkudu ee vratamunu chesi  
rajyalanu pondarani cheputaaru. Idee sthulamgaa Varalakshmi Vratam  
poorva charitra.

### **Varalakshmi Pooja Prambham:**

Padmasane padmakare sarvalokaika poojite,  
Narayani priye devi supreeta bhava sarvadaa  
Ksheerodaarnavasamboote kamale kamalaalaye,  
Sushtiraa bhava me gehe suraasura namaskrute,  
Varalakshmi devatam dhyaayami.

**Tatparyam:** Kamalasanamandu kurchundinadanavu, padmamu cheta battinadaanavu, sakala janulache koniyaadabadu Vishnu devuni bharyavu, paala kadali yandu buttina daanavu, devasuralache namaskarinchabedadina daanavu, thamara puvvula yandu nivasinchu daanavunaina O Lakshmi Devi! Neevu maa yeda nellappudunu prematho vundi, neevu maa inta saaswatamugaa nundumu ani dhyanamu cheyavalenu.

### **Vrata Vidhanam:**

On the day of Varalakshmi Vratam, wake up early in the morning. Take a shower and arrange the things to perform the pooja. Decorate the peetham with kolam or muggu after applying haldi paste to it. Place Goddess Lakshmi's photo on it. Put kalasam in front of the deity and arrange thoralu, akshatalu, pasupu ganapati, flowers, fruits etc there.

### **Thoram ilaa tayaru chesukovali:**

#### **How to make thoram..**

Make a five or nine threaded thorams with white color cotton thread and apply haldi paste to it. Make five or nine knots to it place them near the puja peetham.

## Kaavalasina Vastuvulu:

**Things necessary for the puja:** turmeric powder, kumkuma powder, red blouse piece-1, sandal paste, flowers, fruits, betel leaves, betel nuts, white thread to make thorams, coconuts, lamps, ghee to light the lamp, camphor, incense sticks, rice, and chana

## Pooja Vidhanamu:*The pooja procedure begins:*

Suklambaradharam vishnum sasivarnam chaturbhujam

Prasanna vadnam dhyayetsarva vighnopasantaye

*meditate about Ganapati and perform aachamanam later*

Om Keshavaya swaahaa (*take little water into your hand and drink*)

Om Narayanaya swaahaa (*take little water into your hand and drink*)

Om Madhavaya swaahaa (*take little water into your hand and drink*)

Om Govindaya namaha (*wipe your hands*)

Om Vishnave namaha (*wipe your eyes*)

Om Madhusudanaya namaha, Om Trivikramaya namaha

Om Vamanaya namaha, Om Sridharaya namaha

Om Hrushikeshaya namaha, Om Padmanabhaya namaha

Om Samkarshanaya namaha, Om Vasudevaya namaha,

Om Pradyumnaya namaha, Om Aniruddhaya namaha,

Om Purushottamaya namaha, Om Adhokshajaya namaha,

Om Naarasimhaya namaha, Om Achyutaya namaha,

Om Janardhanaya namaha, Om Upendraya namaha,

Om Haaraye namaha, Om Srikrishnaya namaha

Uttishtantu bhoota pishachaah yete bhoomi bharakah,

Yetesha mavirodhena brahmakarma samaarabhe.

*Read this mantra and throw some akshintalu behind Now perform pranayam chanting the following mantra..*

Om Bhuh Om Bhuvah - Om Suvah Om Mahah

Om Janah Om Tapah Om Satyam - Om tatsaviturvarenyam

Bhargo devasya dheemahi - Dhiyoyonah prachodayat

Om aapojojotii rasomrutam - Brahma bhurbhuvassuvarom

mama upaatta samasta duritakshaya dvaara sri parameshwara preetyartham -

subhey sobhaney muhurthey, adya brahmanah dvitiya paraarthe, sweta varaha

kalpe, vaivaswata manwantare, kaliyugey prathama paadey jamboo

dweepay, bharata varshey, bharata khandey, meroh dakshina digbhaage

srisailasya..... pradese (srisailaniki vratam chesevari vooru ye dikkulo

vundo, aa dikkuni-eesanyamaite, eesanyamani cheppali), krishna kaveri

madhya pradese (ye nadula madhya prantamlo vunte aa nadula perulu

cheppali) swagruhey/sobhana gruhey (sonta illaiite swagruhey ani, adde illaite

sobhana gruhey ani cheppali) samasta devata, brahmana, harihara sannidhau,

vartamana vyavaharika chaandramanena sri virodhi nama samvatsare

dakshinayaney varsharutau sravana maasey suklapakshe dasanyaayam,

bhruguvaasare subha nakshatre subha yogey subha karaney evam guna

viseshana visishtaayam subha tithau, srimatyah ..... sarmanah dharmapatni

srimati gotravati ..... (gotram peru) ..... naamadheyavati (mee peru

cheppukovali) asmaakam saha kutumbanam kshema, sthairy, dhairy, vijaya,

abhaya, aayuraarogya, aishwaryabhi vriddhyartham, dharmaartha, kaama

moksha chaturvidha phala purushaartha siddhyartham, satsantana sowbhagya

phala praptyartham sri varalakshmi devata muddisya, sri varalakshmi devata

preetyartham kalpokta vidhaanena yavachhakti dhyana aavahanadi

shodasopachara poojam karishye (antu kudi cheti madhya veluto neetini

taakali)

### **Kalasa Pooja:**

(Take a glass or panchapatra specially kept only for puja and pour water in it.

Put in some akshatalu, flowers, and a betel leaf in it. Apply sandal paste and

kumkuma on three sides of it. Put your right hand on it and read the following

mantra.)

kalashasya mukhe vishnu kanthe rudrassamaashritaha  
moolatatrasthitho brahm madhye maathru ganaa sthitah  
kukshowtu saagaraa ssarve sapt a dweepaa vasundhara  
rugvedo adha yajurvedo ssaamavedohyadharvanah  
angaischa sahitaa ssarve kalasambu samaasritaah  
aayamthu lakshmi poojartham duritakshaya karakaah  
gamgecha, yamunaichaiva, godavari, saraswathi,  
narmadaa, sindhu, kaveri jalesmin sannimdhikuru  
evam kalasha poojaam kuryaath  
(after chanting this mantra, dip a flower in the holy water and sprinkle it on the Goddess, things readied for puja, and on yourself. Feel as if you purified everything around you and got ready for the puja. Now make a Ganapati with haldi, place it on a betel leaf in the mandapam. Worship him with flowers and place some akshatalu on your head. Now begins the procedure of Varalakshmi Vratam.)

### **Varalakshmi Pooja Prarambhamu:Dhyana stuti:**

padmasane padmakarey sarvalokaika poojithe  
narayana priaye devi, supreetaa bhavasarvadaa  
shodhashopachara pooja prambhaha.

**Dhyanam:** Ksheerodarnava sambhutey kamale kamalalaye sushthiraa  
bhavame gehe surasura namaskruthe  
Sri varalakshmi devatayai namah dhyayami  
(put some flowers before the kalasam)

### **Aavahanam:**

sarva mangala maangalye vishnu vakshasthalalalaye,  
aavaahayaami devitvaam, supreetaa bhava sarvadaa  
Sri varalakshmi devatayai namah aavaahayaami  
(put some akshatalu in front of the kalasam)

### **Ratna simhasanam:**

sooryaayutha nibhasphurthe sphuradratna vibhushite

simhasanamidam devi stheeyatam surapujite

Sri varalakshmi devatayai namah

navaratna khachita simhasanam samarpayami

(here imagine that the diamond studded throne is being offered to her to

sit and accept your puja)

### **Arghyam:**

Suddhodakam cha paatrastham gamdha pushpaadhi mishritam,

arghyam daasyaamite devi gruhaana surapoojite

Sri varalakshmi devatayai namah arghyam samarpayaami.

(here fragrant water is offered to her)

### **Paadyam:**

Suvaasita jalam ramyam sarvateertha samudbhavam

paadhyam gruhaana devitvam sarwa deva namaskruthe

Sri varalakshmi devatayai namah paadhyam samarpayaami.

(a spoonful (uddharinedu)water is offered to the goddess)

### **Panchamruta snanam:**

payodadhi ghruto petam sarkara madhu samyuktam

panchamruta snanamidam gruhana kamalalaye

Sri varalakshmi devatayai namah  
panchamruta snanam samarpayami  
(few drops of holy water should be sprinkled on the kalasam)

### **Suddhodaka Snanam:**

gangajalam mayaneetam mahadeva sirasthitam  
suddhodaka snanamidam gruhana vidhu sodari  
Sri varalakshmi devatayai namah suddhodaka snanam samarpayami  
(here also few drops of holy water should be sprinkled on the kalasam)  
snaanantaram aachamaneeyam samarpayami  
(put a spoon full of water in the arghyapatra)

### **Vastram:**

Suraarchitaamghri yugale dukoola vasanapriye  
vastra yugmam pradaasyami gruahaana harivallabhe  
Sri varalakshmi devatayai namah  
vastra yugmam samarpayaami  
(a new saree specially kept for the goddess is offered to her)

### **Aabharanam:**

Keyoora kamkana dhivye haranupura mekhala  
vibhooshanaanya moolyaani gruahana rushipoojithe  
Sri varalakshmi devatayai namah  
abharanaani samarpayaami.  
(gold ornaments are offered to the deity)

### **Upaveetam:**

Taptahemakhrutham sootram mukthaadaamavibhooshitam  
upaveetamidam devi gruhanatvam shubhaprade  
Sri varalakshmi devatayai namah upveetam samarpayaami.  
(a thread should be made with cotton, apply sandalwood paste to its ends and attach it to the kalasam)

### **Gandham:**

Karpooraagarukasturee gorochanaadi bhiranwitam  
gamdham daasyaamyaham devi preetyartham pratiguhyatam  
Srivaralakshmi devataayai namah gamdham samarpayam  
(sprinkle sandalwood paste on the kalasam)

### **Akshatalu:**

akshataan dhavalaan divyaan shaaliyaan stamduaan subhan  
hariadraakumkumopetaan gruhyataam abdhiputrike  
Sri varaoakshmi devatayai namah akshtaan samarpayaami.  
(place some akshatalu at her feet)

### **Pushpam:**

Mallikaaj aaji kusumai schampakairvasulai sthadhaa  
neelotpalaischa kalhaarai poojayaami Hariapriye  
Sri Varalakshmi devatayai namah pushpaih poojayami.  
(place some flowers before the goddess)

### **Aathaangapooja:**

Om Chanchalaayai namah - paadou poojayaami.  
Om Chapalaayai namah - jaanunee poojayaami.  
Om Peetaambharadharaayai namah naabhim poojayaami  
Om Kamalavaasinyai namah katim poojayaami  
Om Padmaalayaayainamah naabhim poojayaami  
Om Madanamaatre namah sthanow poojayaami  
Om Kambukamtyai namah kamtham poojayaami  
Om Sumukhaayai namah mukhampoojayaami  
Om sunetraayai namah netrou poojayaami  
Om Ramayai namah karnou poojayaami  
Om Kamalaayainamah - sirah poojayaami  
Om Sri Varalakshmyai namah sarvanyamgani pujayami.

## Sri Varalakshmi Ashtottara Satanama Pooja

(say 'namah' at the end of every namam)

Om Prakrutyai	Om Kamalayai
Om Vikrutyai	Om Kantayai
Om Vidyayai	Om Kshamayai
Om Sarvabhuta hitapradayai	Om Ksheerodarnavasambhavayai
Om Sraddhayai	Om Anugrahapradayai
Om Vibhutyai	Om Buddhyai
Om Surabhyai	Om Anaghayai
Om Paramatmikayai	Om Harivallabhayai
Om Vachey	Om Asokayai
Om Padmalayaayai	Om Amrutayai
Om Padmayai	Om Deeptayai
Om Suchyai	Om Lokasokavinasinyai
Om Swaahayai	Om Dharmanilayayai
Om Swadhayai	Om Karunayai
Om Sudhayai	Om Lokamatre
Om Dhanyaayai	Om Padmapriyayai
Om Hiranmayai	Om Padmahastayai
Om Lakshmyai	Om Padmakshyai
Om Nityapushtayai	Om Padmasundaryai
.Om Vibhavaryai	Om Padmodbhavayai
Om Adityai	Om Padmamukhiyai
.Om Dityai	Om Padmanabhapriyayai
Om Deeptayai	Om Ramayai
Om Vasudhayai	Om Padmamaladharayai
Om Vasudharinyai	Om Devyai

Om Padminyai	Om Vararohayai
Om Padmagandhinyai	Om Yasarwinyai
Om Punyagandhayai	Om Suprasannayai
Om Suprasannayai	Om Udarangayai
Om Prasadabhimukhiyai	Om Harinyai
Om Prabhayai	Om Hemamalinyai
Om Chandravadanayai	Om Dhanadhanyakaryai
Om Chandrayai	Om Siddhaye
Om Chandrasahodaryai	Om Strinasoumyayai
Om Chaturbhujayai	Om Subhapradayai
Om Chandrarupayai	Om Nrupavesmagatanandayai
Om Indirayai	Om Varalakshmyai
Om Induseetalayai	Om Vasupradaya
Om Ahladajananyai	Om Subhayai
Om Pushtyai	Om Hiranyaprakarayai
Om Sivayai	Om Samudratanayayai
Om Sivakaryai	Om Jayayai
Om Satyai	Om Mangalayai
Om Vimalayai	Om Devyai
Om Viswajananyai	Om Vishnuvakshasthasthitayai
Om Thushtaye	Om Vishnupatnyai
Om Daridranaasinyai	Om Prasannakshyai
Om Preetipushkarinyai	Om Narayanasamasritayai
Om Santayai	Om Daridradhwamsinyai
Om Suklamalyambarayai	Om Devyai
Om Sriyai	Om Sarvopadrvavarinyai
Om Bhaskaryai	Om Navadurgayai
Om Bilvanilayayai	Om Mahakalyai

Om Sri Brahmavishnusivatmikayai

Om Bhuvaneshwaryai

Om Trikalagnanasampannayai

Om Sridevyai

*Lakshmyashtottara satanaama poojam samarpayami*

*Iti Sri Lakshmyashtottara satanaamavalih samaapta*

### **Dhupam:**

Dasaamgam guggulopetam sugandhamsumanoharam

dhoopam daasyaami devesi sri varalakshmee gruhonatvam

Sri varalakshmi devatayai namah dhoopam samarpayaami

(Light the incense sticks and move them three times around the goddess)

### **Deepam:**

Ghrutaakthavarti samyukta mamdhakaaravinaasakam

Deepam daasyaami devesi gruhana mudithaabava

Sri varalakshmi devatayai namahdeepam samarpayaami!

(show the deepam with your right hand)

### **Naivedyam:**

Naiveedyam shadrasopetam daddhimadhvaajya samyutam,

naanaabhakshya phalopetam gruahana hariavallabhe,

Sri varalakshmi devatayai namah naivedyam samarpayaami!

(dedicate all the specially prepared naivedyam to the goddess Varalakshmi)

### **Paaneeyam:**

Ghanasaara sugandehna mishritam pushpavaasitam

paaneeyam gruahataam devi seetalam sumanoharam

Sri varalakshmi devatayai namah paaneeyam samarpayaami!

(Leave some drops of water with the beetle leaf)

### **Thambulam:**

Poogee phala samaayuktam naagavallee dalairyutam

karpura choorna samyuktham taambulam, pratigruhyyataam

Sri varalakshmi devatayai namah taambulam samarpayaami

(place two bananas and betel nuts on two betel leaves before the goddess)

## **Thorabandhana mantram**

Read the following mantra and Tie the sacred band (thoram) to your right hand..

bathnaamidakshineehaste navasootram shubhapradam  
putrapowtraabhi vrudhimcha mamasowkhyam dehime rame  
(tie the thoram to your right hand while reading this mantra)

## **Vayana vidhi:**

Evan sampujya kalyanim varalakshmim swasaktitah  
Datavyam dwadasa pooram vayanamhi dwijayate!

## **Vayanadaana mantram:**

(mantras to chant while giving the vayanam)

indira prati gruhnaatu indira vaidadaaticha  
indiraa taarakobhabhyam indiraayai namo namah

**iti pooja vidhanam sampoornam (*the puja process is completed*)**

## **Sri Varalakshmi Vratha Katha Prambham:**

Sownakadi maharshulani uddesinchi soota mahamuni ilaa chepparu munulara!  
strelaku sowbhaagyadaayakamaina vratamunu oka daanii paramasivudu  
parvatiki cheppaadu. Lokopakaaramu kori aa vrataanni gurinchi meeku  
teliyajestanu, sraddhagaa vinanadi. Parameshwarudu okaroju thana bhasma  
simhasanamu pai kurchuni vundagaa naarada maharshi, indraadi dikpaalakulu  
stuti stotramulatho paramasivudini keertistunnaaru. Aa mahattara aananda  
samayamlo parvati devi parmeswarudini uddesinchi "naatha! Strelu sarva  
soukhyamulu pondi, putra poutrabhivruddhiga tarinchutaku tagina vratam oka  
daanini cheppandi ani adigindi. Andukaa trinetrudu "devi! Neevu korina  
vidhamgaa strelaku sakala subhalu kaliginche vratam okati vunnadi. Adi  
varalakshmi vratam. Daanini sravana maasamlo rendava sukravaramu naadu  
aacharinchaali." ani cheppaadu. Appudu Parvati Devi "deva! Ee varalakshmi  
vrataanni aadi devetalu evaru chesaru? Ee vratanni elaa cheyalo..

vivaramgaa chepandani korindi. "Katyayani! Poorva kalamlo magadha desamlo vishnukundinamu ane pattanamu okati vundedi. Aame sugunavati, vinayavidheyatalu, bhakti gouravalu kala yogyuralu. Prati roju pratah kaalana nidra lechi bharta paadalaku namaskarinchukuni praatahkaala gruhakrutyalu poorti chesukuni attamaamalanu sevinchukuni mitamgaa sambhashistoo jeevistundedi.

### **Varalakshmi Sakshatkaram:**

Varalkshmi vrataaniki adhidevata ayina Varalakshmi Devi okanaati raatri samayamlo Charumatiki kalalo saakshaatkarinchindi. "O Charumati! Ee sravana pournami naatiki mundu vachhe sukraavaram naadu nannu poojinchu. Neevu korina varaalu, kaanukalu istaanan"i cheppi antardhaanam ayyindi. Charumati chaala santoshinchindi. "hey janani! Nee krupaa kataakshamulu kaliginavaru dhanyulu. Vaaru sampannulugaa vidwamsulugaa mannanalanu pondutaru. O pavani! Naa poorva janma sukrutam valana nee darsanam naaku kaligindi" ani pari pari vidhaala varalakshmi devini stutinchindi. Antalone Charumati melkoni, adantaa kalagaa gurtinchi, tana kalanu bhartaku, attamaamalaku teliyajeppindi. Varu chala santoshinchi, Charumatini Varalkshmi Vratamunu chesukovalasindani chepparu. Ooriloni vanitalu Charumati kalanu gurinchi vinnavaarai pournami mundu raaboye Sravana Sukraavaram rojuna pattanamloni streelandaru udayanne lechi talaara snaanam chesi pattu vastralu dharinchi, Charumati gruhaaniki cherukunnaaru. Charumati tana gruhamlo mandapam erparachi aa mandapam pai biyyam posi pachapallavaalaina raavi, juvvi, marri, mamidi, uttareni modalaina aakualato kalasam erpaatu chesi Varalakshmi Devini sankalpa vidhulato

"Sarvamangala mangalye sivey sarvartha saadhike

Saranye tryambike devi naarayani namostute"

antoo aahwaninchi pratishinchukunnaaru. (Evari saktikoladi vaaru bangaru, vendi, raagi, ledaa matti murthulanu pratishinchukovachhu.) ammavarini shodashopacharalatho poojincharu. Bhakya bhojyalanu nivedinchaaru. Tommidi pogula thoramunu chetiki kattukunnaaru. Pradakshina namaskaaralu chesaru.

Uttamamaaina ee vratamunu braahmanaadi nalugu jaatula vaarunu jeyavachhunu. Atlu chesinacho sarva sowbhagyamulunu kaligi sukhamugaa vunduru. Ee kathanu vinuvaralaku, chaduvu varalaku Varalakshmi Vrata prasadamu valana sakala sukhamulu kalugunu.

### **Mangala Harati:**

Ramaniki mangalamanarey..  
kamalanayanaku nitu ramana madakunjara yanaku  
saadhu sukruta nidaanaku sirula nimpu bimbananaku  
karakamala mukta bhaktabhimaniki.....

Ramaniki mangalamanarey

lalita pallava paaniki neela jaladhara nibhaveniki  
jalajalochanu raaniki, sadhuguna sreniki  
kalumu leenedi molakanavvulu  
kuluku kalikiki talirubuniki...  
Ramaniki mangalamanarey

sarasadala netraku sowmyadharaku sobhanagaatriki  
bhoori karuna dhatriki samajita maitriki  
sakala duritala vitriki ksheerasagara putriki...  
Ramaniki mangalamanarey

ramaku, poshitashritalokaku  
seeghramuga neeyave ratna vadhumaniki  
poshitasrita lokaalaku duritavanadahaku  
seshadaasaana saroruha sreekaravaardi  
gamanalolaku ramaku ramaniki mangalamanarey

## Lakshmi Sthothram

Lakshmim ksheera samudra raja tanayam sree ranga dhameshwareem  
Daasee bhoota samasta deva vanitam lokaika deepamkuram  
Srimanmanda kataaksha labdha vibhavadbrahmendra gangadharam  
Twam trilokya kutumbinim sarasijam vande mukundapriyam

## Sri Mahalakshmyashtakam

Namastestu mahamaye sree peethey surapujithey  
Sankhachakra gadaa haste mahalakshmi namostutey

Namaste garudaaroodhey dolasura bhayankari  
Sarvapaapa hare devi mahalakshmi namostutey

Sarvagne sarva varade sarva dushta bhayankari  
Sarvapaapa hare devi mahalakshmi namostutey

Siddhi buddhi prade devi bhukti mukti pradayini  
Mantramurthey sada devi mahalakshmi namostutey

Sthula sookshme mahaa roudre mahasakti mahodare  
Mahaapaapaharey devi mahalakshmi namostutey  
Padmasana sthitey devi parabrahmaswaroopini  
Paramesi jaganmata rmahalakshmi namostutey

Swetambaradharey devi naanaalankaara bhooshitey  
Jagasthitey jaganmata rmahalakshmi namostutey

Mahalakshmyashtakam stotram yah pathedbaktimaannarah  
Sarvasiddhimavaapnoti rajyam praapnoti sarvadaa

Ekakaale pathey nnityam mahaapaapa vinaasanam  
Dwikaalam yah patheynnityam dhanadhaanya samanwitam  
Trikalam yah pathennityam mahaa satruvinaasanam  
Mahalakshmirbhavennityam prasanna varada subha  
Ityindrakruta mahalakshmyashtaka stavam sampoornam

Phalaruti: Sarvasankata naasanamu, ishtakamyartha siddhi,  
udyogalabhamu, rajabhogamu, sarvapaapa vinaasanamu, ashta  
aishwarya praapti kalugutaayi.

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मूर्ति विश्वत् सवितुरेण्यं भगदेव्य धीमहि प्रियो योगतः प्रयोगात् ॥

