

Subject: This Week's Solari Update
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Solari Report Update

Sally Fallon
Nourishing Traditions



with Harry Blazer and Sally Fallon

Solari Food Series - Nourishing Traditions with Sally Fallon Morrell & Harry Blazer - December 14th

To

“Homemade broth, of course, is a whole food product. It’s a slow food, whole food, and real food that has been nourishing and healing people for tens of thousands of years.” ~ Sally Fallon Morell, Nourishing Broth: An Old-Fashioned Remedy for the

From The Site

December 21st

Best of Solari Report:
2017 Wrap Ups

December 28th

Best of Solari Report:
Enforce the Constitution

[Has Our Government
Spent \\$21 Trillion Of Our
Money Without Telling](#)

Modern World

This is one of my favorite interviews of 2017!

Harry Blazer had the opportunity to interview Sally Fallon Morrell, Co-founder and President of the [Weston A Price Foundation](#), at the annual conference in Minneapolis in November.

By preserving and building on the pioneering legacy of Dr. Weston Price, Sally and the Foundation have made a priceless contribution to our understanding of nutrition and health. In this interview, Sally and Harry describe the many Foundation accomplishments as well as resources available on the Foundation website. You can start with the brochure [here](#) to learn more.

I regularly recommend that subscribers seek out the local Weston A. Price Foundation chapters to find wonderful co-conspirators in your neighborhood. Eating truly fresh, nutritious food is a Revolutionary act. Creating a local constituency to support farmers and ranchers and the restaurants, markets and grocers who buy from them is a **very** Revolutionary act.

I have been a Weston A. Price Foundation member for many years. Both the Foundation and the [Farm-to-Consumer Legal Defense Fund](#) that Sally also helped start have been honored as Solari Holiday Greetings donations. [Sally joined me on the Solari Report in 2011.](#)

Harry and Sally also discuss Sally's new book [Nourishing Fats: Why We Need Animal Fats for Health and Happiness](#), the fifth book in her Nourishing Traditions series of books and cookbooks

[Us?](#)

[Destiny and the Process of Dying](#)

[Subscribers: Money & Markets - November 24, 2017](#)

[Book Review: The Crypto-Terrestrials by Mac Tonnies](#)

[Food for the Soul: SKY LADDER, Da Vinci and collecting modern art](#)

[Dr Nicholas Gonzalez & the Gonzalez Protocol - Conquering Cancer](#)

As Christmas and the New Year approach, listening to two people who so love to spread health and vitality will inspire you to embrace the opportunity for nourishing community, family, and fellowship over delicious meals during the holiday season.

In *Let's Go to the Movies*, I will review this report on the 1932-1942 *Pottenger Cat Study* by Dr. Weston Price colleague [Dr. Francis M. Pottenger, Jr.](#) The result of this study and what it says about pasteurization and its impact on living animals is critical information to understand our current health system, the vitality available with raw foods and the intergenerational damage resulting from poor diets.

In *Money & Markets* this week I will discuss Congressional reconciliation of Senate and House tax reform bills, next week's Fed meeting as well as a roundup of global markets. Please e-mail or post your questions for *Ask Catherine*

Catherine Austin Fitts

See the blog post [here](#).

Just A Taste! - Solari Food Series - Nourishing Traditions with Sally Fallon Morrell & Harry Blazer

Nourishing Traditions with Sally Fallon & Harry Blazer



**USA Watchdog: Catherine & Greg on
Washington Wars, Gold, Bitcoin, Equities &
Control 101**

Catherine Austin Fitts –Smart Money Buying Gold and Land



Special Solari Report- Bill Binney & Litigation to Hold the NSA Accountable



William E. Binney (right) with colleagues Thomas A. Drake and J. Kirk Wiebe

"On the basis of the documents that I have reviewed, I can advise the Court that the

allegations in the Plaintiff's complaint are true and correct: Defendants are intercepting, accessing and storing Schuchardt's private communications, without a warrant." ~ William Binney, Schuchardt v. President of the United States

"The NSA's current theory of surveillance can be described as "the needle and the haystack" approach. Under this approach, the NSA deems it necessary to acquire and monitor all information . . . on the internet. This includes full content of e-mail, text messages, web search queries, and documents stored online by cloud providers, such as Dropbox. In order to find the proverbial "needle in the haystack," it is necessary to first collect the haystack." ~William Binney, Schuchardt v. President of the United States

[CAF Note: When speaking with him this fall, Bill Binney described four litigation efforts to hold the NSA accountable and affidavits that he had provided in two of these cases. I asked attorneys Michele Ferri and Jonathan Lurie if they would provide case summaries and primary documents, including Bill's affidavits for publication. This will make it easier for officials, attorneys, reporters, researchers and citizens to appreciate and support private efforts to enforce with respect to the NSA.]

By Michele Ferri and Jonathan Lurie

INTRODUCTION

The last decade has seen a number of revelations as to the sheer breadth and intrusiveness of NSA surveillance programs. From William Binney's testimony on NSA datamining during his 30 plus year career with the NSA to Edward Snowden blowing the whistle on the PRISM program, the information that has come to light has given rise to numerous lawsuits against the NSA and emboldened existing actions. The American Civil Liberties Union ("ACLU"), the Electronic Frontier Foundation ("EFF"), and a number of private citizens have brought lawsuits against the NSA and the U.S. government with the goal of recovering for potential violations of the Fourth Amendment and more.

As you might expect from lawsuits over secret surveillance programs, these lawsuits have moved extremely slowly; facing difficulties in producing specific enough evidence to create standing and overcoming government privilege such as the state secrets program. Many of the lawsuits simply fizzled out in the face of such a protracted and expensive legal battle or have simply been tossed out after motions to

dismiss. However, several of these cases, some nearly a decade old now, have produced real changes in how private citizens can bring suits against the government and the NSA over surveillance. Some are even ongoing and may yet see even greater results.

Over the last decade, the lawsuits which have garnered the most noteworthy results and public attention include: *ACLU v. Clapper*, *Jewel v. NSA*, *Schuchardt v. NSA*, and *Valdez v. NSA*. This article will take a deep dive into the details of these cases and the change they have produced and how they have stood on each other's shoulders—starting with the oldest of these cases, *Jewel v. NSA*.

[more . . .](#)

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Australian Outback Trip - May 2018

Solari Trip to Uluru in the Australian Outback in May 2018



Learn more [here](#)!

Highlights from Last Week - Year End Tax Planning 2017 with Patty Kemmerer

This week on the Solari Report, Patty Kemmerer of [Kemmerer Schooley, CPAs](#) joins me to help you with yearend US tax and financial planning.

Our goal is to inspire you to take action now while there is still time, before the end of the tax year.

Patty will be review the full gamut of tax issues, big and small, including yearend trading in investment accounts, 401ks and IRA investments, and Affordable Care Act

penalties. We will review new US tax reform legislation likely to be reconciled by Congress and signed into law by the President this month.

Look for practical ideas to address your tax bite and help compliance go smoothly.

[See it here](#) or [Subscribe](#)

About The Solari Report

A weekly 1-hour briefing with Catherine Austin Fitts and specialized experts, [The Solari Report](#) helps to navigate you through the shifting political and financial climates while building your wealth.

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