

Violet Flame Reiki

You can see her face almost anywhere in the world where the Chinese live. The Goddess of Mercy (The Goddess of Compassion) is the most popular and widespread of any deity of Chinese Buddhism. Yet she is only now becoming known in the West. Also known as Quan Yin, Quan'Am (Vietnam), Kannon (Japan), and Kanin (Bali), or Kwan Yin. She is the embodiment of compassionate loving kindness. As the Bodhisattva of Compassion, She hears the cries of all beings. Quan Yin enjoys a strong resonance with the Christian Mary, the Mother of Jesus, and the Tibetan goddess Tara. Her influence extends from the very dawn of creation to the heartfelt wishes of woman desiring children. In times of sickness and trouble, she is the first to be invoked. She is child-bearer, creator, living compassion, friend and intercessor. She is the great goddess of life herself. (a) Quan Yin means "one who hears the cries of the world." Her five major virtues are mercy, modesty, courage, justice, and wisdom. (b)



Closely allied with Quan Yin is Tara (Star), goddess of protection and compassion, worshipped by Tibetan, Mongolian, and Nepali Buddhists. According to "Mandala: The Architecture of Enlightenment" by Denise Patry Leidy & Robert A. F. Thurman (Shambhala 1997): "Tara is the archangelic and archetype-deity bodhisattva representing the miraculous activities of all buddhas. In myth she is born from Avalokitesvara's tears of compassion or from her own vow to be enlightened and stay a woman... There are innumerable manifestations of Tara, "as many as beings require", but her most famous are the peaceful White Tara, who brings protection, long life and peace; and the dynamic Green Tara, who overcomes obstacles and saves beings in dangerous situations." Quan Yin, as she is known by many Buddhists, is the bodhisattva who refused to ascend as a master, until all of humanity was allowed to leave the wheel of reincarnation, and their tears were healed. She is the compassionate one. Her color is lavender, or a soft shade of St. Germaine's Violet Flame. It is a golden violet - the color of healing and protection.

It was while Ivy Moore was meditating upon Quan Yin, and wishing to develop better healing skills using Reiki, that she received approximately forty symbols for this purpose. She called this Reiki ~Violet Flame~, and dedicated it to the Lady Quan Yin who gently attuned her to the symbols she had received. This Reiki has a warm compassionate touch, and offers a great healing to both spirit and body when used. It is also good to use over long distances.

It is advised that it can be given to any student of Usui Reiki Level II or above, primarily because of the large number of symbols. Ms. Moore believes the symbols are sacred and private. She does not display them openly to recipients of reiki, if she discusses Violet Flame with her client at all. She merely uses the reiki as she would Usui Reiki, and invokes a symbol if she feels it is needed.

There are four levels of Reiki, but the attunement can be given at one time, or over a series of appointments, again, mainly due to the large number of symbols. You may choose to attune your students to Violet Flame in a series of attunements for the same reason. However, if one uses a Reiki box, similar to that below, it can easily be done all at once. Please read her instructions on how to do this. She takes the attunements very seriously, and I can attest to the success of her technique! One can attune another in Violet Flame, only after completing both Usui Reiki Level IIIb (RMT), and Violet Flame (all 4 levels.) Note that there is an attunement symbol given in the last level of VFR.

History and Origins of Violet Flame Reiki

By Ivy Moore

This past summer I found some new symbols, 40 all together. This system is called Violet Flame Reiki. This is not a higher or better or newer and more improved Reiki. Violet Flame Reiki (VFR) is 'old' new symbols ... of this I am sure. How the VFR system was found: I did a daily rosary of this mantra to Kuan Yin:

Namo Kuan Shih Yin Pu'sa [Nay Moe Gwahn Shy Een Poo Saw]

and Violet Flame Decrees. This mantra is to summon or invoke the presence of Kuan Yin within the devotee. It is also a healing to the heart. I saw the symbols and wrote as quickly as I could to get all the information down. This may sound simplistic ... but that is what happened. I wasn't looking for new symbols. I was trying to deepen my spirituality, attain enlightenment and improve myself by repeating this mantra in multiples of 108 per day and then "saw" the symbols.

What is the difference between the different Reiki systems and this one ?

A: I know that there are many differing ideas about this. I feel that all the different systems of Reiki are individual facets on the same diamond. They are all wonderful gifts.

Why did Quan Yin give you this information?

A: Violet Flame Reiki system of symbols were given to share. The emphasis for this system is on healing with a pure heart. Violet Flame Reiki re-introduces ourselves to the goodness of our own personal power by connecting us with the loving energy of Quan Yin and St. Germaine. Violet Flame Reiki and the mantra clears away ego and leaves behind purity of heart.

Is there any particular order that strokes for the symbols are to be drawn?

A: This is a question that has been asked a few times. And to be honest, the answer is I don't know. I "saw" the symbols, but I didn't "see" any particular way for them to be drawn. I could make something up but I won't. (smile) Learning the VFR system involves "making it your own." I encourage you to say the mantra:

Sanskrit:

Namo Kuan Shih Yin P'usa

Phonetic Pronunciation:

Nay- Mo Gwahn Shy Een Poo Sa

Meaning:

Homage to the sacred name of Kuan Yin

I repeat this mantras in multiples of 108 daily. If you draw the symbols after that, take note of how YOU draw them.



I use the symbols a variety of ways.

You can draw them on your skin (with your fingertip)

I've bought wooden disks and inscribed the symbols on them and then when I do a healing, I enclose them in my box with something personal of mine (or someone else if I am doing a healing for someone else)

You can also draw the symbol on the roof of your mouth with the tip of your tongue. Visualize the symbol while your hands are in contact with the area that is needing help. Or just do a reiki session ... the symbols do not need to be used. Reiki will go where it is needed with or without symbols.

Love and Light,

Ivy

To Use Violet Flame Reiki:

Wash your hands in cool water. Stand before client and repeat the following mantra silently or aloud (your preference) NAMO KUAN SHIH YIN PU~SA* 3 times ... Pause ... 3 times Pause 3 times, (a total of 9 times) to summon Quan Yin to aid you in the

healing. There is no need to scan patient as VF Reiki will go where it is needed. The symbols may be drawn directly above the client or onto the palm of your hands and than your hands held a inch or so away from clients body. It is also possible to not use the symbols. When doing long distance healing, ask for permission and then identify whom the proxy will represent by stating their name 3 times. Cup the proxy within your hands, draw VF Reiki symbols on the roof of your mouth and then breathe the VF Reiki symbols onto the proxy or draw VF Reiki symbols directly onto the proxy. You can also send the VF Reiki into a situation, or a room (being mindful of free will) by asking Quan Yin to channel VF Reiki through you and by doing the following:

1. Drawing symbols onto your palms and then turning your palms upwards/outwards to send VF Reiki into room or situation OR
2. 2. Drawing symbols on roof of mouth and exhaling through your mouth. You may also find another way that works well for you. To add power to the healing, repeat mantra. When completed, thank Kuan Yin for her assistance. Wash your hands in cool water.

*Phonetic pronunciation: Nay Moe Gwahn Shy Een Poo Saw

It will be necessary to practice this mantra unless you already use it in your spiritual work or are familiar with sanskrit pronunciation.



Symbols for Level One Violet Flame Reiki



Symbols for Level Two Violet Flame Reiki



Symbols for Level Three Violet Flame Reiki



Symbols for Level Four Violet Flame Reiki and Attunement Symbol

These are the instructions I usually suggest for receiving the Violet Flame Reiki attunements.

I would suggest bathing first. Find a quiet area to be alone. If you have sage, you might like to burn it as well to clear your space. Or create a sacred space of your own in whatever way you feel comfortable. Find a quiet place (alone, hopefully) to sit or lie down in a comfortable position and then ask,

"I wish to receive the Violet Flame Reiki attunement that _____ from _____ is sending me" then relax and accept the attunement. I will be sealing your attunement in a reiki box with the symbols for seven days after.

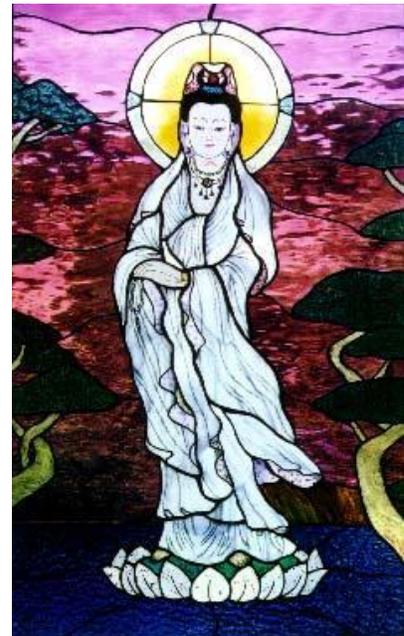
Violet Flame Reiki Box

"Violet Flame Reiki Atunement boxes are what I use for long distance attunements. After I used the phrase "reiki box" I heard it elsewhere on the web. I have no idea what their reiki box it but, I can explain mine. :) A Violet Flame Reiki box is a wooden box with all of the Violet Flame Symbols inscribed on the outside and inside of the box. I then take different kinds of polished and unpolished rocks (semi precious) and adhere them over the symbols so that the symbols are kept hidden and sacred. I use jade, amethyst, hemitite, aventurine, all kinds of jaspers, all kinds of agate, all kinds of quartz, citrine, peridot, moonstone, sunstone, howlite, carnelian, sea shells, turquoise etc to cover the the symbols. I take the attunement process very seriously. I do not feel comfortable relying on 'intent' alone for an attunement. I bathe first and put on clean clothes than sage the room. I light some white candles. I do a specific amount of mantras to Kuan Yin. Then I inscribe the symbols on top of your information a set number of times and then seal your information and the symbols in the Violet Flame Reiki attunement box for seven days." **Ivy Moore**

All Violet Flame Reiki material and symbols copyright by Ivy Moore 2000. Used with permission. Pictures of Quan Yin; various artists and photographers over several hundred years ago to present, over large areas of the globe. Postings from writers to the newsgroups include material copyright to the writer alone. Some material used without permission from the author.

Ivy Moore advises she will have more symbols in the future, and is presently writing **the** manual for VFR. I urge anyone interested in knowing more about this wonderful form of Reiki to request membership in her group online at Violet Flame Reiki @ yahoo.com. and seek attunements there.

This manual was written by Gina Worthy, all errors or inaccuracies are totally my responsibility. This is a not-for-profit publication. No money exchanged hands to receive either this manual or the attunement. Copyright February 2002. This manual is meant as a guide to a particular form of Reiki, and is not meant in any event or occurrence to be used instead of proper medical diagnosis or treatment. Anyone exhibiting any symptoms of disease or illness is urged to seek help immediately from their physician. This material is solely meant for educational purposes. Thank you.



How to Set Up a Joseke for Kwan Yin by Donna Powell,
RMT

A Joseke (altar) for Qwan Yin must *never* have anything above it. The actual Joseke is very simple, otherwise. To the left of Qwan Yin should be a green branch in a vase (I use an air plant so She may choose which branch She would like to use), or a statue or two of children. The reason for this, as explained to me, is that Qwan Yin uses the branch as a kind of wand or sceptre when She decides to bless someone. The children are Her servants. So, either can be used, based on the preferences of the one setting up the Joseke. For those who've had an affinity for Kwan Yin, but, haven't quite understood why, She's known as the Goddess of Mercy, Compassion, and Healing in Buddhism.

ed. note: look for an extended explanation, including pictures, of establishing an altar for Qwan Yin in December's issue of the ReikiOne print journal. Material from Teri Moore's ReikiOne ezine. Copyright 2001.

MIRACULOUS FLOWERS SPROUT ON A GOLD STATUE IN SOUTH KOREA

"Flowers that bloom only once every 3,000 years are budding on the head of a sacred Buddhist statue." Buddhist priests in South Korea "say the legendary flowers blossoming on the forehead of Kuan Yin the Compassionate" only appear "when the 'Sage King of the Future' (also known as Maitreya, the future Buddha--J.T.) comes into the world," which one Buddhist leader called, "a delight that gives joy beyond description." "The Miracle of the Flowers, as it's now being called, happened in the Chonggyesa Temple," in a suburb of Seoul, the capital of South Korea. "Tens of thousands of pilgrims are flocking to see the white blossoms on the tip of the eyebrow of the shining, gilded statue of Kuan Yin." "Kuan Yin is a gentle Buddhist deity who refused to enter paradise (Nirvana--J.T.) because she heard the cries of suffering humanity," says religious expert Dr. Kenneth Ireland (No relation to Kathy--J.T.) 'She is acknowledged to save the soul of everyone on Earth, turning her back on none.'" "Many are now saying that the monastery of Chonggye-sa could become the Buddhist Lourdes because many cures are being performed there." "According to the monks, 21 threadlike stems are growing from the statue of Kuan Yin, each with a tiny white flower 'no bigger than the tip of a ballpoint pen.'" "This is the first time in the 1,000-year history of the monastery that the flowers have blossomed." "Buddhists say sighting the flowers is like witnessing the birth of Buddha," he added. "Experts say it's unthinkable that the 500-year-old statue of Kuan Yin, gilded every three years over the (original) woodwork, could produce growing flowers without divine intervention." "Botanically, the flower is related to the ficus,' says botanist William Grant, 'There is just no way it could take root in the statue.'" "Dr. Ireland says the flowers are regarded as divine in India, Japan and China and are believed to bloom only when a momentous event is about to happen." "Buddhist monks are currently keeping a prayer vigil at the statue, waiting for the event that will change mankind's future forever."

Bruce Stephen Holms (e)

Additional notes from the newsgroup Violet Flame Reiki, or the Quan Yin newsgroup at yahoo.com:

Dear Anja,

The energy was flowing from my daughter, through me, to Qwan Yin, and from her into the flame. It made sense, that to take energy/illness/virus/whatever from the stomach would make her feel better, but I had not felt Reiki move "backwards" before and then to go from one to another. I am sure it is fine and "normal" but was just new to me. There seems to be no end to what can be learned/done with Reiki. One of the reasons I like it so much. Also, I see colors when using Reiki. Since my last attunement I have noticed that the colors change depending upon what is being done with it or what is needed. Most of the time I will see physical healing oriented Reiki as sort of a green color. This was most definitely purple/violet, and it felt to be of a different quality than I usually use for similar ailments. (By the way, when I say "me" or "I used" please understand that I do not decide what to use/do, Reiki "decides" and I just follow along and observe. I am fully aware that I am just the channel here, not the force. The English language is just not conducive to explaining these concepts very well.)

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I also was thinking, that when you do the VFR Symbols, if you also use the Cho Ko Rei, before and after the VFR Symbols, or has any one else tried that? Also with the VFR Symbols, are We suppose to be saying something three times when We do the Symbols?

Yes. I use the Usui symbols and VFR symbols all the time together. I use the Usui long distance with the VFR to do long distance healing. I am not sure if all traditions "allow" that. I know that some traditions are considered a higher frequency or have strict trademarks so I don't know what the rules are there. I rely heavily on my heart. I do mantras (all different kinds) and then usually sleep on it. And then the next morning I wake up and always have some kind of answer. If I am unsure then I believe the answer is no. I have these little books that I have hand written my prayers, decrees, mantras in. One book I actually wrote each of the mantras out 108 times so I don't have to keep track. I also think of them as prayer wheels. I will flutter the pages to "send" out extra prayers when I am down. I need to finish the sites with at least the special purpose mantras. TSL sent me these mantras. I need to give credit to them. I am not sure they are the original source though ... I had emailed them asking for an online source of their Kuan Yin rosary and someone wrote back asking for my address and photo copied several pages for me. I was really touched by that. I like a lot of their decrees and mantras but, I cant understand a lot of their teachings and I won't follow something blindly. I also have Louise Hay affirmations in my books.

I think I got off subject ...

You don't have to say the mantra when doing VFR symbols. I use the mantra like the Cho Ko Rei symbol. I can feel the Reiki energy increasing. I use Cho Ko Rei and (NAMO KUAN SHIH YIN PAUSE) the mantra alternately.

If anyone is interested, I will try to put up the site with the special purpose mantras in the next week or so and add the link to the files.

Ivy

I also wanted to ask what everyone's take on "keeping the symbols sacred" ? I understand that others feel that they will be used for wrong or won't be held in reverence if revealed. Do you have any opinions on that? I am going to be doing some major meditating on this. I have to admit to being one of those people who has to have a valid reason for something. Although I've been known to do things for no reason other than it "felt" like it was the right thing to do.

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Should the VFR Symbols stay secret? My answer is based on four considerations: sacredness, respect, harm and accuracy.

1) Is the Violet Flame Reiki a sacred matter that needs to be kept apart and a mystery from the un-initiated?

A1: I am just learning about VFR from the web site and the mailing list. I will not gain level one until 1/26/01 so I can not judge from personal experience only by inference. The inference is that the person who brought VFR into the world did so through a rosary meditation but that VFR is not a practice of any religion and does not have a bias based on religion. It is also intended to go out and heal the world and as such is not a cloistered practice. So VFR does not have to be kept secret due to sacred matters although it may be a sacred activity.

2) Is Violet Flame Reiki going to suffer from lack of respect by reserving the symbols from the un-initiated? Or will it suffer lack of respect because it *doesn't* reserve the symbols?

A2: This is dependent on the mind of the observer. I am living in the USA and have the cultural bias of 'freedom of information' so I want the information available. What I find important is the amount of effort I spend on study and understanding a subject, not necessarily the ready access to it. In my past study of Usui Reiki I could access pictures and definitions of the reiki symbols but it was not until I spent the time and effort of using them that they had meaning and value to them.

If much effort is made to 'hush up' and keep secret the symbols there will be a group of people drawn to VFR with no better reason than curiosity. I probably fall into this category since I saw the word Violet and had to find out more. While I know and practice Reiki I do not consider myself a healer nor is that a major activity in my life. What I do try to do is have a healthy respect for people who are dedicated and more serious than I am on any given subject.

Does VFR need respect from the world at large and if so, what is the best way to earn it in general? There will always be individuals who will not respect something because it is new, different or not of interest to themselves. If respect is the goal of secrecy then I caution that it will always be a partial and unsatisfactory effort, IMNSHO.

3) Will the public access of the Violet Flame Reiki Symbols cause greater harm than keeping them secret?

A3: If the symbols are public knowledge, what will people do with them? Is there a way to use the symbols that will harm others or the person trying to use them? Is lack of the symbols going to cause harm to the world at large? Again, I do not have any initiation into the use of VFR or the VFR symbols so I cannot speak from experience. I do know that many people try to use objects that they have little or no training in (e.g. automobiles, logic, household appliances) and cause harm to themselves or others. The question then becomes, will people cause harm, even inadvertent harm and what if any, is the liability of the VFR teachers and caretakers?

4) Will the Violet Flame Reiki Symbols maintain the connection to and be discussed accurately in conjunction with Violet Flame Reiki if allowed to go public? Or will the public release send it

mutating through the world?

A4: I have read the various histories on the Karuna Reiki (tm and not tm) and the symbols connected to it, this is a cautionary tale. How much control is needed to make the teaching of VFR effective and consistent? How much worry is there on schism and difference of opinion? Two major complaints with the trade mark control are that the teacher is restricted to one set of teaching plans that can't be deviated from if one wants to remain 'official' and yet there continues to be revisions of what is 'official' and a teacher can be told he/she must now teach in a way he/she was never taught. If VFR is all set and standardized then slap a trademark on it and keep it pure and accurate.

However I would assert that Violet Flame Reiki is still in the process of manifesting itself into the world at large. The symbols are still being investigated, the uses being explored and the ramifications of the VFR still being understood. It is not a static system and would suffer from excessive regulation. With that said, opening it up to the world in general is handing an egg to each individual: some will hatch it into a chicken, other will hatch it into an eagle, some will hatch it into a peacock and others will not hatch it but make eggs over easy with ketchup and a side of home fries. It will change and the changes may seem similar to ours or greatly different. Will these changes be accepted or seen as threatening to VFR? Is it a question of the system or is it the personality and ego of the people involved? Again, I do not have enough information for form a sound comment but I do have opinions.

What to do: declare VFR as the reiki equivalent of 'open source code' Linux. State that there is a body of information that is accumulating and that irregular 'releases' of the information with "release date/ version number" available. People are encouraged to submit any and all insights into the use of VFR and the methods of teaching it back to the archives for inclusion in archives, discussion groups and future revisions. It is requested but not required that an acknowledgement of use of the Violet Flame Reiki materials be included in any class taught or articles written.

To be an open source the source needs to be defined. e.g. "ver 1.0 Violet Flame Reiki is a healing modality brought into the world by a rosary meditation on X date by Y person. VFR is used by the initiate to use promote healing in individuals, the initiate and the world. VFR has a group of symbols used as foci during healing sessions."

Then "ver 1.1 Date Z first attunement of other people into VFR, using ... method"

Then "ver 2.0 Date AA VFR I symbol 3 is being called 'bbbb' due to feedback from persons 'C, D and E'. VFR Master 'F' is teaching VFR as part of her classes on self healing meditation." etc...

On rereading the above, I think it makes more sense to call it "updates" rather than versions and say you teach with material that is VFR as of 'this' date. But I am more satisfied in using version numbers, I am very analytical. Remember, as soon as more than one person is fully Master attuned, VFR is open source and there is no "going back into the egg shell". This is more of our attitude in how we face this rather than control of VFR.

Well this is a huge writing for me. I will send it out and hope that people read it with some forbearance and it stirs up thoughts. May Ivy's father continue to improve and everyone keep warm, if you are in cold climates.

Lars

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I would like to include your statement in the egroups main page with the following revisions ...

People studying Violet Flame Reiki are encouraged to post, any and all insights into the use of Violet Flame Reiki and the methods of teaching it for the inclusion in this egroup's archives, discussion groups and future revisions.

May I have your permission to do this, Lars?

Ivy

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Some thoughts on these..

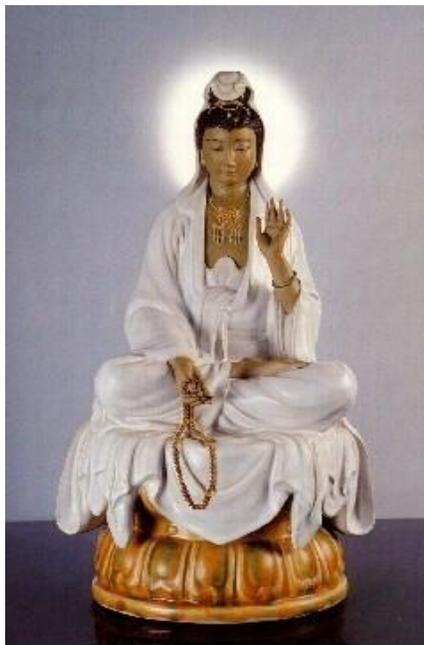
<I also wanted to ask what everyone's take on "keeping the symbols sacred" ? I understand that others feel that they will be used for wrong or won't be held in reverence if revealed. >

This is always a difficult one:-) I think it is how we use them that is important. I have the usual symbols on my web site but I have never known them to be misused. Until people are attuned to Reiki and on that kind of spiritual path, the symbols are of no use to them. So I think it is OK for them to be revealed.

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How are others using VFR energy? Since this is a new reiki energy we need to share with each other how to use this energy. As I have lived a reiki life since starting to study reiki my life has continued to grow and open to all that is possible. Reiki is powerful energy for good, change and growth. For now....growth in reiki and VFR Bob

The Beloved Lady Quan Yin



Sources for the material not belonging to Ivy Moore, and the Violet Flame Reiki:

- a. <http://www.kuanshihyin.org/>
- b. <http://www.eteam-relocations.com/kuanyin.htm>
- c. http://groups.yahoo.com/group/Violet_Flame_Reiki
- d. http://groups.yahoo.com/group/0_KuanYin
- e. <http://members.sitegadgets.com/skreatst/board/1.html>

Anyone interested in the Ascended Master Quan Yin should seek out further sources online the World Wide Web. There are many wonderful and colorful websites with material about this compassionate lady.