Virginia Beach United Methodist Church





WE ARE CALLED TO GATHER IN CHRIST'S NAME, TO GROW IN HIS LOVE, AND TO GLORIFY HIM IN MINISTRY AND MISSION TO ALL PEOPLE.

Pastor's Corner

Sometimes it seems as if my whole life revolves around an ever-growing collection of PIN numbers, passwords and other assorted secret things. I can't get money out of the ATM or renew the car's registration unless I remember what I set up months and months ago. How about you? How many things are you carrying around in your head with a long overdue promise to, one day, write all those things down somewhere?

Well, take heart, I just read that PIN numbers and secret codes will soon be things of the past. In the near future, we will be able to access our accounts with the touch of a fingertip. It's called fingerprint biometrics and it's coming soon to an ATM near you. Electronic sensors detect the ridges and valley patterns of your fingertips, guaranteeing accurate access through a touch of a little screen with your thumb or forefinger.

I'm reminded of a biblical story where a simple touch was equally as remarkable. In the fifth chapter of Mark's gospel, an unnamed woman creeps close enough to touch Jesus with the tip of her finger. For years, she suffered and none of the doctors she saw were of any help. Approaching the One who always offered help to any and all, she stretched out her hand and touched the hem of His robe. A flash of healing power flew from Him and healed her.

A poet put it this way: Just one touch as He moved along,

pushed and pressed by the jostling throng, Just one touch and the weak was made strong,

cured by the healer divine.

Need some encouragement? It's only a touch away.

It's worth a thought, don't you think?

Preacher Ted



REV. TED E. DAVID SENIOR PASTOR

Rev. Edward H. Johnson, Jr. Associate Pastor

OFFICE HOURS:

Monday-Friday 8:30 AM -4:30 PM 757-428-7727 FAX: 757-428-1264

EMAIL: staff@vbumc.org

WEBSITE: http://www.vbumc.org

PRAYER EMAIL: prayer@vbumc.org

SUNDAY SERVICES
TRAditional
8:00 and 11:00 AM
&
Contemporary
9:30 AM



A man named Duncan & Hope in the Upper Room - see page 15

August Pinnacle Highlights

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7
8
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11 &19

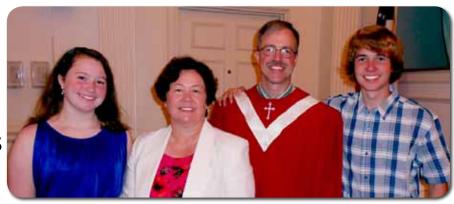
Our Church Family

BORN TO LIFE ETERNAL Ruth Hutchinson—July 5, 2012



Wayne Thomas

New Members in July



The Lee Family ~ new members, Trina and Rich also their children Elizabeth & Nathan already members.



New member Nicole Ziegler and her husband Brian and their daughter Brinen.



Justin Dobosh



Sabrina Lemons

Worship Attendance

	8:00	<u>9:30</u>	<u>11:00</u>	<u>SS</u>
June 24	106	233	203	191
July 1	131	252	204	201
July 8	156	232	221	222
July 15	142	303	242	266

The Deadline for the September 2012 Pinnacle is Tuesday, August 14th.

A Thank You Note

Dear Church Family

Jack and I want to thank each one of you for your prayers, your many cards, phone calls, encouraging words and visits during Jack's recent hospital stay. He is home now, improving daily. Your continued prayers are appreciated as we continue this journey with chemo.

We love you,

Jack and Janice Cagle

The Community Pancake Brunch has need of

shelf-stable juices (favorites- orange, pineapple and cranberryblends) also bottled water in the summer months is greatly appreciated by our guests. Please place all donations in the box, marked Community Pancake Brunch, located near the fireplace in Fellowship Hall. Contact Lynne Hendrick, alaehendrick@gmail.com, with questions.



CHANGE THE **WORLD SUNDAY** is the 3rd Sunday of every month.

Coin jars are available in the Narthex. Please bring your coin jar to church on the 3rd Sunday of the month. All donations benefit Missions.

GET CONNECTED

you're invited to:

• Explore baptism for you or your children Go deeper with Jesus Christ

- Discover more about Virginia Beach United Methodist Church



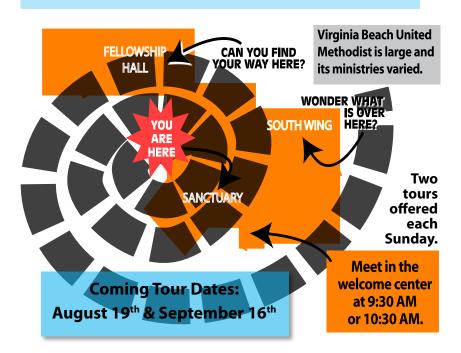
Sunday, August 12, 2012 9:30 AM-12:00 NOON • Room S200

> Childcare, children's and youth activities are available. Please send names, ages and school grades to Brenda Stahl, bstahl@vbumc.org, 428-7727.

FEEL LIKE YOU NEED A GPS TO FIND THE RESTROOM?

Directionally challenged and need to find the media center/library? What? No &&Llow brick poad?

Join us for tours of the campus with ministry highlights offered the 3rd Sunday of each month.



C-YA Those who have completed high school to



those in vicinity of 23 years 11 months!

All welcome for C-YA TUESDAYS - 7pm-ish hangout/ discussion/ event. Various

locations, get your contact info to Chuck Cassidy in the Young Adult Office and join the C-YA Facebook page to see what is going on!

Bring a friend with you to S.E.A. Fellowship

($\underline{\mathbf{Seasoned}}\ \underline{\mathbf{Energetic}}\ \underline{\mathbf{A}}\mathbf{dults}$) Everyone 55 years and up is invited.

Coming Friday, August 10th



FREE Talking Books for the Visional Impaired

by Pamela Brown

Senior and Disabilities Librarian, Bayside Special Services Library

If you or someone you know is blind, has low vision, or a physical disability, has macular degeneration, diabetes retinopathy, has had a stroke, or have any other condition that left you with impaired vision

YOU are eligible for this free federal program.

Talking books and playback equipment can be mailed to your home and returned postage free by the US Postal Service. The National Library Service was established as a division of the Library of Congress in 1931 and is administered locally by The Virginia Beach Bayside Special Services Library.

Ms. Brown will describe the program and register people for this service.

Program at 11:00 AM • Lunch at Noon • Reservations for lunch (\$5.00 at door) required by noon, Wednesday, August 8th. Sign up at front desk or call the church, 428-7727.

Coming to S.E.A., Friday, September 14th



THE SALVATION ARMY... Doing the Most Good

with Roni Jackson (Poole, Mahoney PC)

"The Salvation Army, an international movement, is an

evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and is to meet human needs in His name without discrimination."

The Salvation Army is so much more than bell ringing. Join us as Ms. Jackson shares both the history and ongoing legacy of this ministry.

Program at 11:00 AM • Lunch at Noon Reservations for lunch (\$5.00 at door) required by NOON, Wednesday, September 12th. Sign up at front desk or call the church, 428-7727.

INFORMATION WORKSHOP on MEDICARE OPEN ENROLLMENT

Saturday, September 22nd • S304-310 Registration, 9:30 AM • Workshop,10-11:00 AM



MEDICARE OPEN ENROLLMENT STARTS OCTOBER 15th. In partnership with Southeast Virginia Senior Services, your Senior Ministry will host an

informational workshop on Medicare changes and Medicare Supplement options. Medicare Specialists will be here to offer information and make referrals to approved counselors for further help in making appropriate choices based on individual circumstances.

PLEASE mark this date on your calendars and invite friends and family to join you for this hour-long event.

Pre-registration is requested by calling the church, 428-7727, no later than Monday, September 17th.

14 Knit-Wits

The Knit Wit's meet in the Parlor @ 6:30 PM 2nd Wednesdays of July and August.

CHILDREN'S SWEATER UPDATE ... 60+ SWEATERS SO FAR!!

Your help is needed to exceed last year's total of 126 sweaters!

The good news... there's plenty of time to complete a sweater by September 30th.

The vision of the Knit-Wits is to be the hands of Jesus. The mission is to prayerfully knit or crochet items to comfort and warm others. Projects include prayer shawls for those experiencing difficult life situations and Lamb's Wool Sweaters are for children age infant to 5 year in developing countries.

"The yarn forms the stitches, the knitting forges the friendships, the craft links the generations" and prayer weaves Christ's love... thus our hands become Jesus' hands.



The Prayer Shawl Corner is located just inside the Office Suite next to Janice Cagle's office.



Prayer shawls are now available any time the church is open.

Lives continue to be touched by the gift of a prayer shawl. Praise God! Those who craft the prayer shawls also continue to be blessed in praying for known and unknown recipients. It is with joy that the shawls are crafted and with humility that

prayers are lifted each week.

Thank you for sharing your prayer requests.

Lamb's Wool ...

is a non-profit knitting outreach founded in 1997 by a member of one of Virginia's United Methodist Churches. The sweaters which come from all over the US are included in Operation Christmas Child's annual shoe box distribution program. Christmas 2011 produced 1,527 sweaters for a grand total of 13,371 sweaters in 15 years!

Anyone who knits or crochets can help. Knitting/crocheting is an easy carry-along for plane/car travel, for relaxing at the beach, or simply enjoying a summer afternoon.

AND the good news... is there's plenty of time to complete a sweater by September 30th.

Our lives are busy, but a child's sweater is really not a big project. If you knit just a few rows a day, before you know it, you will have finished your first sweater. Sweaters are for boys and girls under the age 5 (no hoods or bulky yarns which do not fit inside shoe boxes with other items).

Need a pattern? Contact: Barb Beverly, craftynurse@aol.com, or Janice Cagle, jcagle@vbumc.org, 428-7727.



S ENIOR INISTRY NEWS

"He will renew your life and sustain you in your old age." Ruth 4:15

A SENIOR ADULT SURVEY WILL BE CONDUCTED DURING THE MONTH OF AUGUST

The first step in charting a new course for our ever growing number of vital church members, 55 or better, begins with gathering data. If you are 55 or better you will receive a Senior Adult Survey early this month. Please take a moment to complete the survey and add any suggestions that you believe would help sustain the ministry.

Completed forms may be returned to the collection box in the Welcome Center, or mailed to the church in the return envelope provided.

All forms should be returned no later than August 31st.

Your thoughts are important as we seek to understand and respond to the real and varying issues of seniors of all ages.

Questions, contact Janice Cagle, 428-7727 or icagle@vbumc.org.

MEMBERS AND FRIENDS IN ASSISTED LIVING

Cards and calls are always welcome. Be sure to include YOUR name.

<u>Atria Hilltop</u>

1628 Old Donation Parkway, 23454 Kitty Glisson, #134 Roberta Harris, #319

Autumn Care

715 Argyle Street Chesapeake, 23320 Edith Robishaw, #412

Bay Pointe

1148 First Colonial Rd. 23454 Bob Waddell, #106, 496-2523

First Colonial Inn

845 First Colonial Rd. 23454 Helen Dussault #129

<u>Harbourway</u>

1217 Alliance Dr. 23454 Mary Bowersett, #150, 716-2432 Gloria Earley, #149, 716-2621 Meade & Ruth McCubbin, #244

Marina Bay

1217 Alliance Dr, 23454 Nancy Wilson, #4 Ruth Watson Our Lady of Perpetual Help 4560 Princess Anne Rd. 23462 Mildred Carter, #108

Pacifica Senior Living 5417 Wesleyan Dr. 23455 Chris Crouch

George Houston

<u>Wendemere</u>

1604 Old Donation Pkwy. 23454 Kitty Hildebrand

Westminster Canterbury/Hoy

Center

3100 Shore Dr, 23451 Iris Branch, #C190 Joan Cassidy, #269, 496-1414

Caroline Kennett 757-636-2533

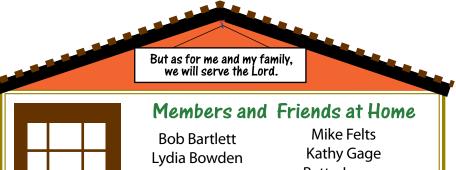
The Cascades Verdae 114 Fountainview Terrace #306P Greenville, SC 29607

Millie Miles 434-477-4094 751 Hillsdale Dr. #115

Charlottesville, VA 22901

Neal Owens

3540 Wildflower Dr, #615 Greensboro, NC 27410





Lydia Bowden
Libby Britton
Skee Burns
Norma Clark
Gladys Danielson

Kathy Gage
Betty Jagger
Marjorie Jay
George McGuire
Buddy Riggs
Pat Simmons

Prayer Shawl Thank Yous

Dear Knit Wits,

I can't tell you what a comfort and inspiration your prayer shawl has brought me. My wonderful friend, Chris Everly, gave it to me and the peace and reassurance that I am going to get well just poured over me. What a blessing you are, and I am very grateful to you.

Mary Anne Delphry

Dear Knit Wits,

Thank you so much for the prayer shawls that my family has received from the Litzenberg family. We truly appreciate the beautiful shawls and they are a great comfort to us during this difficult time. Sincerely,

Sharon and Steve Lipscomb

PEOPLE CARING FOR PEOPLE



Next Kid's Closet August 16th

Kid's Closet Collects Children's Clothing for Needy Kids

Packages of NEW underwear and socks for children, all sizes, are always needed. Kid's Closet events are held every 3rd Thursday of the month throughout the year.

6:30-8:30 PM in the Multi-Purpose Room on the 2nd flloor.

Volunteers are always welcomed and always needed to sort, fold, pack, unpack and repack clothes.

Have a question? Contact Brenda Hopper, 287-7653, or Tonya Brown, 234-9450



- sickness
- and loss.
- Please consider becoming a Stephen Minister.

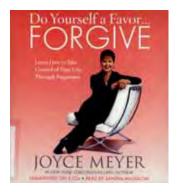


Training classes begin September 25th.

Applications available now in the Welcome Center.

Several new audiobooks have recently been added to the Media Center collection. These additions were made possible by the generosity of Nancy Denyes, who makes frequent monetary contributions in memory of her parents.

Media Center Media Center Media Center Mutula Guiter

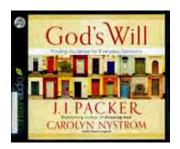


The new additions are: **Do Yourself a Favor: Forgive** by Joyce Meyer. This unabridged recording of her recent book delves into the destructive nature of anger and the importance of forgiving since this is the only thing that can free an individual from the effect that anger has on every part of life.

Focus: Achieving Your Highest

Priorities is an unabridged reading of Stephen Covey's book presenting a time management process that will enable you to focus on the things that matter most.

God's Will: Finding Guidance for Everyday Decisions by J. J. Packer. Many of us want to know God's will for our lives but are uncertain how to discern it. In this book, the author gives a sound theological basis for making decisions that are grounded in Biblical teachings.



MediaCenter~ Hours of Operation

Sunday......9:00-11:00 AM Tuesday.....10:00 AM-2:00 PM Wednesday.....10:00 AM-2:00 PM 6:00-7:30 PM

0.00 7.30 I WI

Thursday10:00 AM-2:00 PM

A key can be obtained from the Welcome/Next Steps Desk at other times.



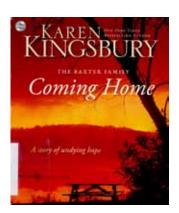


Love & Respect: the Love She Most Desires, the Respect He Desperately Needs – This book, written by Dr. Emerson Eggerichs, is based on Ephesians 5:33 and addresses the

need for love and respect in marriage.

Choose Joy: Because Happiness Isn't Enough – Kay Warren, author of this recent book, offers advice for women on how to be joyous even in the midst of difficult circumstances. Our Media Center has this in print as well as audiobook format.

Coming Home by Karen Kingsbury. This recent publication is also in our Media Center in both print and audiobook format. It can serve as either an introduction to or a beautiful conclusion to the saga of the Baxter family.





Church Leadership Council ~ Minutes from July 11, 2012 Virginia Beach United Methodist Church

Andy Hendrick, Chair, called the Church Leadership Council to order at 7:35 p.m. with prayer. Those present: Andy Hendrick, Jeff Andrews, Karen Millman, Bobby Collenberg, Sue Shepheard, Roger Hughes, Janice Cagle, Brenda Stahl, Todd Whitesell, Mike Crane, representing the Board of Trustees, Earl Slattum, Doug Knapp, Terry Jenkins, Ed Johnson and Ted David. Rosalee Jewell was also present.

- 12.73 Janice Cagle reported on Senior Ministry. A survey will be conducted in August for those that are 55 or older. Average and general information on that age group will be included. There are presently 767 households in the congregation with 55 or older persons. The survey will include health as well as groups seniors belong to. A proposed partnership with the Center for Aging (Senior Services of Southeastern Virginia) is being considered. There are 68 faith based and 5 community organizations that serve the greater southeast Virginia area but there is not an affiliate site that is at the ocean front. VBUMC would anticipate partnering with the group and becoming a resource site for needed information.
- Earl Slattum spoke briefly about the parking garage and asked the Council if there were any further questions about last month's presentation. Rosalee asked about the proposed size of the parking spaces in the garage and Earl answered that all spaces would be 10 x 20 feet. Earl stated that the church has an opportunity to lease spaces on the Pacific Avenue side of the proposed parking garage. This needs to be addressed before the garage is considered. Several companies have already inquired about the possibility of leasing space, which would be approximately 20 x 60 feet. Income derived from this space would be \$22.50 a square foot. Another level of the parking garage would need to be added to bring the total parking space number to 440. Earl reminded the Council that 19th Street is the hub of the oceanfront. Earl then opened up the discussion to the Council. A couple of questions were asked – one being the time line for building of the parking garage. This guestion could not be answered presently, but Earl did state that \$900,000 in parking revenue was received in preceding years. These proceeds can be used for mission programs and general fund items. The City supports the church building the parking garage. Further discussion followed and some questions were raised about the church using the space for retail. Plans need to be formulated before the parking garage can be built as infrastructure needs to be done. There was another question about the tax situation but Earl has not done any research in that area yet. The question was then asked of the Council if the church should pursue a parking garage with usable space which could be used to support missions as well as being a positive impact on the community. A show of hands supported this question unanimously.
- 12.75 Terry Jenkins reported for the Staff Parish Relations Committee. Terry reported that Reesee Michalochick had resigned. Jill Thomas is overseeing the nursery. Julie Wallace is overseeing Vacation Bible School. Julie Collenberg, Karl Boggs, and Mike Key are part of a group that will look at all that the children's ministry area entails and get a feel for what kind of leadership is needed.
- 12.76 Bobby Collenberg gave the Financial Report, which included the January to June 2012 receipts and liabilities. The year to date net loss on the Financial Statement is \$97,971.00; however, several non-cash transactions, recording errors, and overpayment of invoices adjusts this loss to \$64,158.00. This figure is further reduced by approximately \$35,000.00 due to 2011 liabilities that were paid in 2012. Subsequently, our balance sheet currently shows an unrestricted retained earnings of \$37,715.00. Bobby feels that we should have positive cash flow with the new fiscal year being from July 2012 through June 2013. Spending by the church has been cut down but giving is also lower.
- 12.77 Karen Millman gave the Vision Team report. Sermons for the month of July have been centered on the vision statement and there has been positive feedback. Karen hopes to expand the vision statement by working on how we can, as a congregation, expand on the vision. This will help the congregation strengthen their own personal walk. The Council broke into groups to talk about how small groups within the church can grow and expand the vision. The Town Hall meeting has not yet been scheduled.
- 12.78 The August Council meeting will begin at 6 p.m. on August 8th. The Council will discuss operational procedures for the Council. The secretary asked if minutes needed to be taken as she will be out of town. Andy said that minutes would not be necessary.
- 12.79 Ted David asked that we keep the Hutchinson family in our prayers. Ruth Hutchinson's Memorial Service will be at the church on Friday. Ted closed the meeting with a prayer at 9:05 p.m.

Respectfully submitted,

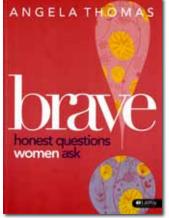
Peg Graham, Secretary

Sisters in Christ

Tuesday Mornings, 9:00-11:00 AM Beginning Tuesday, September 11th S304-310

Brave: Honest Questions

Women Ask by Angela Thomas



Why Can't I get it together? Am I as invisible as I feel? Why do I always feel worn out? We've all got insecurities, flaws, and struggles that we're afraid to address. But if we can be brave enough to raise the questions, God will answer us. This study helps you to dig into six

common issues with leader Angela Thomas.

Book Fee \$15.00 • Scholarships Available Childcare available if registered by the deadline. Registration available at www.vbumc.org or South Wing Hallway.

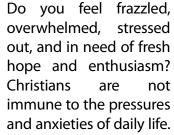
Registration Deadline: Sunday, September 9th

Fall Studies

Thursday Evenings, 6:30-8:30 PM Beginning Thursday, September 20th S301

The Frazzled Female:

Finding Peace in the Midst of **Daily Life by Cindy Wood**





Through this study, Cindi Wood's passion will help you discover that a growing intimacy with Jesus Christ is the key to dealing with life's challenges.

Book Fee \$10.00 • Scholarships Available Childcare available if registered by the deadline. Registration available at www.vbumc.org or South Wing Hallway

Registration Deadline: Sunday, September 16th



MOPS (Mothers of Preschoolers) moms come together to learn, share and experience this important season of mothering in a

caring and supportive atmosphere. Seasoned MOPS Mentors provide further important support through their experiences and love of Christ.

MOPS meets the 2nd and 4th Mondays of each month September through May from 10:00 AM to 12:00 PM. Childcare provided by the church through the MOPPETS program.



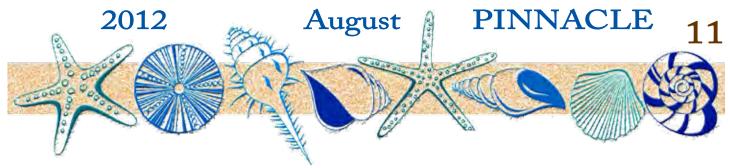
REGISTER NOW FOR FALL 2012 \$23.95 fee holds your spot for the 2012-2013 MOPS

Love as if your life depended on it.

I Peter 4:8

The \$23.95 fee goes to MOPS International and each mom receives a bimonthly subscription to MomSense magazine, weekly encouraging Mom-E-Mails, and lots of goodies!

For more information contact Deane Zimmerman at 422-8910 or deane.pz@verizon.net or visit www.mops.org.



Surf Ministry - Summer of 2012 Photo credits ~ ©Rockefeller Photography













Saturday mornings through August 25th 7:00-9:00 AM at the 18th Street Parking Lot

Summer is here and time to get on the beach and in the surf! Permission form required online at: www.vbumc.org (click youth/CREW and then downloadable forms) or in front of the youth office. Surfside devotion, lessons for learners, some foam boards provided, sandy doughnuts and juice, and great hang out time for all! *Bring friends but have them bring a permission form!*

BUSCH GARDENS WITH CREW

Wednesday, August 15th • 8:00 AM-11:00 PM Permission form required and can be found on youth page at www.vbumc.org under downloadable forms or in front of the youth office.

Tickets: Either bring your seasons pass, a ticket purchased online, purchase at MWR (military) or buy at the gate. Also, plan on lunch and dinner at Busch Gardens. Friends welcome but please sign-up (turn in permission form to the youth office) by August 8th.

Beach Bums

(High School Bible Study)

Beach Bums! – High schoolers meet Wednesday evenings from 7-8:00 PM to hang out, explore the Bible and learn more about our faith. Meet in the Blue Room – N203. Friends are expected!



CREW has a facebook page – come and join us! Send Chuck Cassidy a friend request so he can

add you to the page!



MISSING THE WEEKLY UPDATES?

If you are not receiving email notes from the youth office please send your email address, student names, grade,mailing address, and telephone number to **CCassidy@vbumc.org or DWatson@vbumc.org.**

ONE MISSION NOTE: Youth are responsible to prepare and serve around 100 dinner meals at the Judeo Christian Outreach Homeless Shelter August 29th. Also, youth "Adopt-A-Muster" (police meeting before shift) at the Oceanfront 2nd Precinct, by providing a meal and snacks to about 50 police officers on Saturday, August 18th.

Please contact Chuck at CCassidy@vbumc.org or 428-7727 to help with these events!!

CREW MUSIC

Youth Choir - Wednesdays 6:00-7:00 PM in Multipurpose Music Room (S201). See Bill Boardman for more details, bboardman@vbumc.org or 428-7727.

Praise Band - practices Fridays that CREW meets, 7:00 PM in The Break, N200. See Evan Taylor, etaylor@vbumc.org or 428-7727.

More CREW info &forms can be found by visiting http://www.vbumc.org

More youth information on next page.

Check out "The Break" – 2nd floor north wing that is CREW's home. We have added

a game room with new pool table, video game stations and ping pong. We have a new large gathering space with attached band stage area for our own band and visiting bands, and a kitchen – CREW café! Check out the gathering times and always bring a friend!

YOUTH CONTINUEÏ

Sunday morning

The Break game room is open between group gatherings, stop by the CREW cafe for a doughnut and variety of coffee drinks. Doors open at 9am till noon. High schoolers meet in the Blue Room – N203 and Middle Schoolers meet in N204. Get in early before the cookies, brownies, doughnuts, whatever are gone!!!!!

Wednesday evening The Break doors open at 5:30, including CREW café and game room. Beach Bums (high school Bible study) meets from 7-8:00.

Friday evening

The Break doors open at 6:00 for all middle and high schoolers. Middle schoolers program ends at 9pm; high schoolers continue till 10:30pm Join with other area youth groups, grab a bite to eat at the CREW café, help with on site mission projects (Kids Closet, set-up prep Sat. pancake breakfasts, Potter's House help), devotion, groups, and hang out after school games.

HELP WANTED: PARENTS - we need your help on Sundays, Wednesdays and Fridays that CREW meets! Chaperone/security and in the CREW café. **YOUTH** - we need your help on Fridays in the café!

CREW helps VBUMC go green!



Middle and high school youth will be collecting paper products that parishoners and church staff generate in church. All waste paper will be collected in two blue

recycling bins in the print room and the second floor hall. From there it will be divided and sent home with our students. Let us all chip in and help reuse!

First Step Mentors Needed!

Do you have a passion for helping new members connect with God and the ministries of Virginia Beach United Methodist Church? Please prayerfully consider serving as a First Step Mentor.

As a 1st Step Mentor you will be helping a new member take his or her first steps into the life of our church. The purpose of a First Step Mentor is to help a new member connect with God by connecting with persons and ministries of Virginia Beach United Methodist Church. As a First Step Mentor, you will be praying daily for your new member and contacting them at least three times over their first three months of membership. These contacts are made in person at church, via e-mail or via phone.

There is a brief 45 minute 1st Step Mentor Meeting where we will go over the details of how you will be contacted, the information you will receive about your new member and helpful pointers about your three contacts.

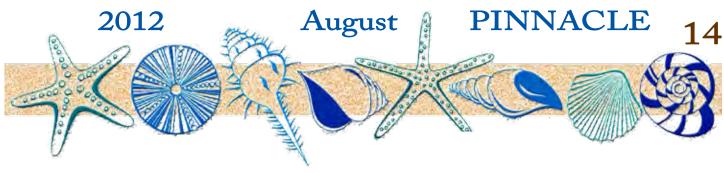
If you would like to find out more about being a mentor or feel willing to serve as a 1st Step Mentor you are welcomed to attend any of these meetings.

Sunday August 5th 8:30 AM Parlor Sunday August 5th 9:30 AM Parlor Sunday August 5th 10:30 AM Parlor

If you are interested in serving please contact Brenda Stahl 428-7727 or bstahl@vbumc.org.



Sneak peak at VBS 2012 - more in September!



SUNDAY MORNING CHILDREN'S OPPORTUNITIES				
8:00 AM	9:30 AM	11:00 AM		
Nursery - Infants and up	Nursery - Infants and up	Nursery - Infants and up		
Children's Church Preschool through 2 nd grade Begin in the Sanctuary Pick up in room S209	Children's Church Preschool through 2 nd grade Begin in the Sanctuary Pick up in room S209	Children's Church Preschool through 2 nd grade Begin in the Sanctuary Pick up in room S209		
	Grace Place for Preschool 3 year olds in Room S211 4 yr old -Pre K 5s in Room S207 Must be potty trained	Grace Place for Preschool 3, 4 Pre-K 5s in Room S211 Must be potty trained		
	The BEACH K-5th Grouped by grade Third Floor Classrooms	The BEACH K-5th Grouped by grade Third Floor Classrooms		

Children's Church

For children 3 years old through 2nd grade Offered during Sunday worship at: 8:00 AM, 9:30 AM & 11:00 AM

Here children learn how to worship. In a child-friendly environment, they learn about the order of worship and the elements in an abbreviated service format. By 3rd grade, children are ready to remain in worship with their parents. In Children's Church, two adult leaders and the children:

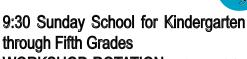
Open with prayer
Collect the offering
Share personal prayers
Hear a scripture from the Bible
Close in prayer

Sing children's hymns Sing Doxology Say the Lord's prayer Listen to a brief sermon Hear the benediction

Children then share in a structured activity or free play until parents pick them up in Room S209.



Preschool Classes are on the second floor 9:30 AM S207-211 11:00 S211



WORKSHOP ROTATION is the model we use as it is proven to be the most effective method for teaching. This model appeals to all kinds of learners – those who like to listen, those who like to "do", those who like music, cooking, art, games, hands-on activities, etc. All classes are held on the third floor. Follow the flags to the appropriate classroom that day.Registration is required for all children attending Sunday School. It is important that we have appropriate information for each child including parents' names and contact numbers, allergy or health issues, special needs, etc. All children must be picked up by their parents immediately following service or Sunday school.

Route 52—Third Grade - Our third grade students get to take a very special tour called Route 52. After receiving

a hardback Bible from the church in the first few weeks of September, students take a journey through the Bible from Genesis to Revelation. Here they will learn how to use their Bibles effectively AND get an overview of the entire Bible. These third grade children are also "commissioned" to paint

the walls of the Route 52 Classroom depicting their journey through the Bible. Each year, we whitewash the walls and start over. During Sunday school and on several designated Friday nights from 6:00-8:00, we will be "painting the walls."





DUNCAN ~ There was a story in The Virginian Pilot on July 1st about a man who was once homeless and is now helping them. If you haven't read the story about Duncan and Hope In The Upper

Room, please do so. Your life will be touched. Duncan is battling cancer. You will see his name listed under prayer requests as a friend of the church. Please join his home church, Star of the Sea, in praying for him.

Duncan reached out to Potter's House about three years ago. He wanted to do more to lift those experiencing homelessness, out of their despair. He had some wonderful ideas. At the same time three others had similar ideas. It was suggested that they get together and start a group upstairs at Potter's House. Potter's House extended its hours on Thursday so that they could meet. Hope In The Upper Room was born.

Hope In The Upper Room has become a non-profit group with many activities: Homeless Vets, visiting nursing homes, a garden, an art group, a recovery group, a writing group, 2 mental health groups and an evening of fellowship and movies.

This group is changing the face of homeless. Members of the group have changed how they feel about themselves, and have changed the view of others about homelessness. Some have moved on to housing while new ones take their place. Potter's House continues to be a place of refuge and where hope is given through God's love.

If you would like to learn more about *Hope in the Upper* Room go to Hopeintheupperroom.org. Want to help? Contact: Jeff Andrews, 647-6875, jandrews17@cox.net or Karen Gratton, 355-2921, kgratton@live.com.

VBUMC volunteers needed to pick fruits and veggies

Nimmo Garden



at Nimmo Community Garden for Potter's House food pantry, Community Wednesday evening OR Thursday mornings. Sign-up for one week or more; approximate 2 hour time commitment. Wonderful service

opportunity for the whole family!

Like "Nimmo Community Garden" on Facebook.

Sign-ups and more info: Amy Simpson, 619-3630, nimmogarden@gmail.com.



There will be a trailer parked outside the Fellowship Hall to collect items during the Wednesday Night Dinner August 8th between 5:30 & 6:30 PM

COLLECTING SMALL APPLIANCES for the

Mission Trip to McDowell County WV on August 9th-12th

Drop off items in the Fellowship on these Sunday August 5th between services. NO CLOTHING PLEASE!



Potter's House Statistics

Potter' House		Interviews	Financial Help	Food Orders	Lunches	Bikes Given	Bike Repairs	Help with ID's	Hygiene Orders
May	14	346	85	748 (Feeding 1871)	1271	29	37	62	159
June	11	319	72	680 (Feeding 1522)	1057	27	30	42	135

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CALLING ALL INSTRUMENTALISTS! THE SANCTUARY ORCHESTRA NEEDS YOU!

We are looking for additional players for the Sanctuary Orchestra. Is your instrument sitting in a closet, longing to be played again? Even if you haven't played for awhile, it will come back to you if you give it a try. All instruments are welcome. The church has an alto sax, trombone and tuba that are available for use if you play one of those but don't have an instrument of your own. Rehearsals are on Wednesday evening from 7:45-8:45 PM. We are currently "on vacation", but will resume rehearsals on Wednesday, September 5th.

Please contact Tina Gimlin (tgimlin@vbumc.org or 428-7727) if you have questions or for more information.

A Place for Everyone! - We have many opportunities to participate in Music at VBUMC. During the summer our Adult Choirs and Praise Teams continue rehearsals and are in worship each Sunday. Our Orchestra, Handbells, Youth and Children's Choirs are on "vacation" for the summer, but will resume the first week of September. Watch the Pinnacle and bulletin for start dates and times. We hope everyone will consider joining one of our many groups. We really do have a place for everyone.

Chamber Choir: This choir sings for the 8:00 AM services on Sunday mornings, and presents special programs throughout the year.

Rehearsals Thursday at 6:30 PM in S-201

Sanctuary Choir: This choir sings for the 11:00 AM services on Sunday mornings, and presents special programs throughout the year.

Rehearsals Thursday at 7:30 PM in S-201

9:30 Praise Team and Band: These singers and musicians present the music for the 9:30 AM service on Sunday mornings. Rehearsals Tuesday (Gr8ful) and Wednesday (House Band) at 5:15 (Band) and 6:20 PM (Singers) in the Sanctuary.

Sanctuary Orchestra: Open to all instrumentalists High School – Adult. Orchestra rehearses weekly and plays in church about once a month and for special programs. Rehearsals Wednesday at 7:45 pm in the Sanctuary.

Notabells: Adult Handbell Choir.

Previous handbell experience is helpful but not required. Notabells rehearse weekly and play in church about once a month and for special programs. Rehearsals Thursday at 5:30 PM in S201.

Youth Choir: This choir is for grades 6-12. Youth Choir rehearses weekly and sings about once a month in church and for special programs. Rehearsals Wednesday at 6:00 pm in S-201

Youth Praise Band and Singers: This group provides music for Friday evening CREW worship gatherings. They rehearse on Friday at 5:00 pm before CREW.

Kindermusik: This program is for children ages $1 \frac{1}{2}$ - 4 years and enhances early childhood development. Parents participate with their children.

Play and Praise: This class is for three year olds and provides a fun, learning musical experience. Classes are Wednesdays 5:45-6:15 in S-311.

Cherub Choir: This choir is for children four years old. Rehearsals Wednesday 6:15-6:45 in S-311.

Angel Choir: This choir is for children five years old and/or in Kindergarten. Rehearsals Wednesday 6:45-7:15 in S-311.

Archangel Choir: This choir is for children in grades 1 - 2. Rehearsals Wednesday 5:30-6:15 in S-200.

Gabriel Choir: This choir is for children in grades 3-5. Rehearsals Wednesday 6:30-7:30 in S-200. for special programs. Rehearsals Thursday at 5:45 pm in S-201.



MEALS ON WHEELS VOLUMBEERS

CAN YOU SPARE AN HOUR ONCE A QUARTER FOR THIS IMPORTANT SERVICE?

- Meals are delivered by two person teams (couples or singles are welcomed).
- Monday through Friday at 10:00 AM.
- VBUMC is responsible for deliveries the fourth week of each month.
- June 25th Lydia Smith & Karen Hendricks Bill Fanney & Don Super
- June 26th Katherine Samford & Emily Tilley Virginia Palmer & Jim Harris
- June 27th Jackie & Steve Dunbar Eleanor & Henry Watts
- June 28th Kay Troutman & Sharon Thomas Kris, Amelia & William Inderlied
- June 29th Bettie Whitehead & Joline Kickliter Cathy & Joe Meconnahey

Please contact Eleanor & Henry Watts (217-2266 or hwatts@cox.net), *Meals on Wheels Coordinators*, if you would like to be involved in this rewarding service to our community.

The ceremony doesn't have to be held at VBUMC to go into our wedding albums or baptism album.

Wedding photos can

be of the whole wedding party, the family, the ministers with bride and groom or just the bride and groom. Baptism photos can be of the whole family or parents, grandparents and ministers.





August 8th

Hot Chicken Salad, Brown Sugar Carrots, Rolls, Salad Bar, Ice Cream with Toppings Salad: Chicken Kids: Hot Dogs

Regular DINNER FEES

Adults (65+) \$4.00 Adults (12-64) \$4.50 Children (3-11) \$3.00 Children (Birth-2) FREE Maximum per family \$15.00

Reservations must be made to the church office by 3:00 PM, the Monday before the Wednesday dinner. Permanent reservations do not apply for summer dinners. Late cancellations will be required to pay for their dinners to cover the cost of food already ordered.

The Centennial Committee Needs Your Help

as the celebration of 100 years continues!

WE NEED PHOTOS

of church members at their wedding and baptism.

Additional photos of deceased members not previously added to our memory wall are also requested.

All photos should be placed in the notebook at the Welcome Desk or given to Rosalee Jewell or Sue Shepheard.



For up to date and most accurate call	endar listings	please visit our web	osite, www.vbumc.org .
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•		V 3 1	-	
Wednesday, August 1	1:00 PM	Emotions Anonymous/S309	1:00 PM	Emotions Anonymous/S309
HIGH SCHOOL MISSION TRIP—Pittsburgh	1:30 PM	Hope in the Upper Room art/PH	1:30 PM	Hope in the Upper Room art/PH
9:00 AM Reach the Beach/N200	4:00 PM	Gr8tful set up/sanctuary	4:00 PM	Gr8tful set up/sanctuary
9:30 AM Sisters in Christ summer study/S323	5:15 PM	Gr8tful instrumental rehearsal/sanctuary	5:15 PM	Gr8tful instrumental rehearsal/sanctuary
10:30 AM Potter's House Bible Study/PH	5:30 PM	Seton House/PH	5:30 PM	Seton House/PH
4:00 PM House band set up/N200	6:00 PM	United Methodist Men dinner/FH, kitchen	6:00 PM	Boy Scout Patrol leaders meeting/N102
5:15 PM House band instrument rehearsal/ N200	6:20 PM	Gr8tful rehearsal/sanctuary	6:15 PM	Stephen Ministry/S301,303,304,306,
5:30 PM CREW fellowship/S200	Wednesd	lay, August 8		308, 309,310,312
6:00 PM Campus Crusade/S201	9:00 AM	Reach the Beach/N200	6:20 PM	Gr8tful rehearsal/sanctuary
6:00 PM Fresh Food Wednesdays/PH	9:30 AM	Sisters in Christ summer study/S323	Wednesd	ay, August 15
6:20 PM House band vocal rehearsal/N200	10:30 AM		10:30 AM	Potter's House Bible Study/PH
6:30 PM Ethiopia Mission Team meeting/S109	4:00 PM	House band set up/N200	4:00 PM	House band set up/sanctuary
6:30 PM Trustees meeting/S109	5:15 PM	House band instrument rehearsal/ N200	5:15 PM	House band instrument rehearsal/ N200
Thursday, August 2	5:30 PM	Congregational Dinner/FH, kitchen	6:00 PM	Fresh Food Wednesdays/PH
HIGH SCHOOL MISSION TRIP—Pittsburgh	5:30 PM	CREW fellowship/S200	6:20 PM	House band vocal rehearsal/N200
7:00 AM "Transformers" LIFE group meeting/ N104	6:00 PM	CLC/S308,310	6:30 PM	Commission on Missions/S323
9:30 AM Urban Ministry/PH	6:00 PM	Fresh Food Wednesdays/PH		, August 16
10:00 AM Summer Splash	6:20 PM	House band vocal rehearsal/N200	7:00 AM	"Transformers" LIFE group meeting/ N104
12:00 PM Emmaus Reunion of Friends/S303	7:00 PM	Beach Bums senior high Bible study/ N203	9:30 AM	Urban Ministry/PH
12:30 PM Hope in the Upper Room/PH		y, August 9	10:00 AM	
7:00 PM Boy Scouts/FH, N205, 207	7:00 AM	"Transformers" LIFE group meeting/ N104	12:00 PM	
7:00 PM Wood Carving/N102	9:30 AM	Urban Ministry/PH	12:30 PM	
Friday, August 3		Summer Splash	6:30 PM	Kid's Closet/S200
HIGH SCHOOL MISSION TRIP—Pittsburgh	12:00 PM		7:00 PM	Boy Scouts/FH, N205, 207
4:00 PM Winnett/Cote wedding rehearsal/	12:30 PM	·	7:00 PM	Wood Carving/N102
sanctuary	7:00 PM	Boy Scouts/FH, N205, 207	Friday, Au	
5:00 PM Russian Youth Ministry/FH, kitchen	7:00 PM	Wood Carving/N102	5:00 PM	Russian Youth Ministry/N200,205
8:00 PM Alcoholics Anonymous/PH	Friday, A	Bulletin volunteers/S109	8:00 PM	Alcoholics Anonymous/PH
Saturday, August 4	9:30 AM		•	, August 18
HIGH SCHOOL MISSION TRIP—Pittsburgh	5:00 PM	S.E.A. Fellowship/FH	7:00 AM	Surf Ministry/off site
7:00 AM Surf Ministry/off site 8:30 PM Garden Party/N102	8:00 PM	Russian Youth Ministry/FH, kitchen Alcoholics Anonymous/PH	10:00 AM	Hope in the Upper Room Hepatitis group/ PH
		•	4:00 PM	
9:00 AM Pre-Marriage Seminar/N206 10:00 AM Hope in the Upper Room Hepatitis group/	7:00 AM	r, August 11 Surf Ministry/off site	6:00 PM	CREW Adopt a Muster/off site Stand Up for Kids/PH
PH	7:00 AM	UMM/MFC Breakfast/kitchen, FH		August 19
1:00 PM Winnett/Cote wedding sanctuary	9:00 AM	Community Pancake gathering/FH		and 11:00 AM Worship Service
6:00 PM Stand Up for Kids/PH	10:00 AM	, ,	0.00, 9.50	& Children's Church/Sanctuary
Sunday, August 5	10.00 AW	PH	9:30 and 1	
8:00, 9:30 and 11:00 Worship Service & Children's	6:00 PM	Stand Up for Kids/PH	5:00 PM	NAMI Connection support group/PH
Church/Sanctuary		August 12		August 20
8:30 AM First Step Mentor training/N104		and 11:00 AM Worship Service	9:00 AM	Tellers/S109
9:30 AM First Step Mentor training/N104	0.00, 3.50	& Children's Church/Sanctuary	9:30 AM	Duplicate Bridge/FH
9:30 AM Sunday School	8:30 AM	First Step Mentor training/parlor	11:30 AM	
5:00 PM NAMI Connection support group/PH	9:30 and		11.507	Vets/PH
7:00 PM Serving From the Heart/S303	5:00 PM	NAMI Connection support group/PH	5:00 PM	Russian Youth Ministry/FH, kitchen
Monday, August 6	7:00 PM		8:00 PM	Alcoholics Anonymous/PH
9:00 AM Tellers/S109		August 13		August 21
9:30 AM Duplicate Bridge/FH	9:00 AM	Tellers/S109	7:30 AM	Intercessory Prayer Group/N104
11:30 AM Hope in the Upper Room for Homeless	9:30 AM	Duplicate Bridge/FH	9:30 AM	Urban Ministry/PH
Vets/PH	11:30 AM	Hope in the Upper Room for Homeless	10:15 AM	
5:00 PM Russian Youth Ministry/N200,205		Vets/PH	11:00 AM	
6:00 PM Campus Crusade/S201	5:00 PM	Russian Youth Ministry/N200,205	12:30 PM	<u> </u>
7:00 PM Staff-Parish Relations committee meeting/	6:30 PM	Vision Team meeting/S109	1:00 PM	Emotions Anonymous/S309
S323	8:00 PM	Alcoholics Anonymous/PH	1:30 PM	Hope in the Upper Room art/PH
8:00 PM Alcoholics Anonymous/PH	Tuesday,	August 14	4:00 PM	Gr8tful set up/sanctuary
Tuesday, August 7	7:30 AM	Intercessory Prayer Group/N104	5:15 PM	Gr8tful instrumental rehearsal/sanctuary
7:30 AM Intercessory Prayer Group/N104	9:30 AM	Serving From the Heart/S303	5:30 PM	Seton House/PH
9:30 AM Serving From the Heart/S303	9:30 AM	Urban Ministry/PH	6:20 PM	Gr8ful rehearsal/sanctuary
9:30 AM Urban Ministry/PH		Summer Splash	6:30 PM	Stewardship committee meeting/S109
10:00 AM Summer Splash	10:15 AM	Worship planning meeting/S109		
10:15 AM Worship planning meeting/S323	11:00 AM	,		
11:00 AM General staff meeting/S323	12:30 PM	Renegade Recovery/PH	Cale	ndar continues on page 19.
12:30 PM Renegade Recovery/PH			Carel	commues on page 13.

or up to date and most accurate calendar listings please visit our website, www.vbumc.org .

Wodpocday		uc+ 22
Wednesday	y, Aug	ust 22

9:30 AM	Pinnacle assembly/N109
10:30 AM	Potter's House Bible Study/PH
5:15 PM	House band instrument rehearsal/ N200
6:00 PM	Fresh Food Wednesdays/PH
6:20 PM	House band vocal rehearsal/N200
6:30 PM	Adult Discipleship meeting/S323
7:00 PM	Beach Bums senior high Bible study/ N203
Thursday,	August 23
7:00 AM	"Transformers" LIFE group meeting/ N104
9:30 AM	Urban Ministry/PH
12:00 PM	Emmaus Reunion of Friends/S303
12:30 PM	Hope in the Upper Room/PH
7:00 PM	Boy Scouts/FH, N205, 207

Wood Carving/N102 Friday, August 24

7:00 PM

Russian Youth Ministry/FH, kitchen 5:00 PM 8:00 PM Alcoholics Anonymous/PH

Saturday, August 25

7:00 AM	Surf Ministry/off site
8:30 AM	Garden Party/N102
10.00 AM	Hone in the Upper Room H

10:00 AM Hope in the Upper Room Hepatitis group/PH

6:00 PM Stand Up for Kids/PH

Sunday, August 26

8:00, 9:30	and 11:00 <i>i</i>	AM Worship Service
	& Childre	n's Church/Sanctuary
9:30 and	11:00 AM	Sunday School
5:00 PM	NAMI Co	nnection support group/PH
	A	

Monday, August 27 9:00 AM Tellers/S109 9:30 AM Duplicate Bridge/FH

11:30 AM Hope in the Upper Room for Homeless

Vets/PH

5:00 PM Russian Youth Ministry/FH, kitchen 8:00 PM Alcoholics Anonymous/PH

Tuesday, August 28

7:30 AM	Intercessory Prayer Group/N104
9:30 AM	Urban Ministry/PH

10:15 AM Worship planning meeting/S109 11:00 AM Ministry Directors meeting/S109 12:30 PM Renegade Recovery/PH

1:00 PM Emotions Anonymous/S309 1:30 PM Hope in the Upper Room art/PH 4:00 PM Gr8tful set up/sanctuary

5:15 PM Gr8tful instrumental rehearsal/sanctuary 5:30 PM Seton House/PH

6:15 PM Stephen Ministry/S301-312 6:20 PM Gr8ful rehearsal/sanctuary

Wednesday, August 29

10:30 AM

Potter's House Bible Study/PH House band instrument rehearsal/ N200 5:15 PM CREW fellowship/S200 4:00 PM 6:00 PM Fresh Food Wednesdays/PH 6:20 PM House band vocal rehearsal/N200 6:30 PM Adult Discipleship meeting/S323

7:00 PM Beach Bums senior high Bible study/ N203

Thursday, August 30

"Transformers" LIFE group meeting/ N104 7:00 AM 9:30 AM Urban Ministry/PH

Emmaus Reunion of Friends/S303 12:00 PM 12:30 PM Hope in the Upper Room/PH Boy Scouts/FH, N205, 207 7:00 PM 7:00 PM Wood Carving/N102

Friday, August 31

5:00 PM Russian Youth Ministry/FH, kitchen 8:00 PM Alcoholics Anonymous/PH

The church is attempting to locate the following

members. If you know the current mailing or email address of anyone listed below, please contact Laura Ezell, laura@vbumc.org. (Please remember that we need a complete mailing address or current email address for each person.)

Wes Baker Joe McGuire Kim Balance **Eric Midgett** Kristin Banek Jackie Odebralski Peter Osei Terry Bowser Kathy Gage Gladys Sawyer Mike Gray R.J. Waddell Erin Wick Amanda Hartung

Molly Jones **Peggy Jones** Marcy Kay **Brian Langley**

Laurie McPherson-Smith

Family Surf Ministry 2012 ~ A special thank you to Bart and Missy Folta, Jeff Hill, Ric Harriman, Cappy Hoey and all of their surfing buddies



Hebrews 13:16 was realized. "Make sure you don't take things for granted and go slack in working for the common good; share what you have with others.

God takes particular pleasure in acts of worship—a different kind of "sacrifice" that take place kitchen and in

who donated hours of time and their expertise to make this ministry possible.

workplace and on the streets (in the waves and on the beach)" The Message.

Folks shared what they had—surf boards, surfing expertise, stories of Jesus and Faith and Fun activities. It was worship and acts of sacrifice that happened in everyday life in the waves and on the beach. Praising God for the over 30 families from the community and who traveled far to experience God's love at Virginia Beach UMC Family Surf Ministry.

Additional thanks goes out to Seth Broudy who volunteered countless hours and donated the use of the surf boards from the Seth Broudy School of Surfing—Thank you Seth!!



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