## VIU Professional Baking and Pastry Arts Assessment Review and Practice Test

- 2 hours (approximately)
- You may use a calculator
- Conversion tables are provided
- All successful candidates will be invited to attend an interview (by telephone or face-to-face) with an instructor from the Professional Baking and Pastry Arts Program

The Professional Baking and Pastry Arts Assessment consists of three (3) sections. Students are required to score $70 \%$ on BOTH sections A and B. Please note - Section C - Writing Skills is given a score for clarity and evidence of interest/experience

## Section A

> Reading Comprehension

- You will be asked to read a short passage and answer 6 questions about the text.


## Section B

> Math Skills

- The math is divided into three (3) parts
- Parts 1 and 2 include word problems that relate to recipes (formulae) and food preparation:
- Converting between similar units of measurement
- Metric measurement of mass (e.g. grams, kilograms) and volume (litres, millilitres)
- Imperial measurement of mass (ounces, pounds) and volume (cups, fluid ounces)
- How to convert from imperial to metric units
- How to convert recipes to serve fewer or more portions (using ratio and proportion)
- Part 3 includes general calculations such as conversions, addition, subtraction, multiplication, division (whole numbers, fractions and decimals), percentages and converting temperature from Fahrenheit to Celsius and vice versa


## Section C

$>$ Writing Skills

- The Professional Baking and Pastry Arts Program (and careers in this field) typically requires unsociable hours and the ability to work in a high pressure environment. Motivation and excellent team skills are essential.
- The writing skills section of the assessment poses questions designed to evaluate your writing skills, but also, even more importantly your interest in and commitment to the Professional Baking and Pastry Arts Program. Topics include:
- Why you are interested in the program
- Experience of baking
- Career goals
- Work ethic/study skills


## Culinary Arts and Professional Baking and Pastry Arts Assessment Practice Test

For Culinary Arts - required score is $70 \%$ average. For Professional Baking - required score is $70 \%$ in sections A \& B.

## SECTION A - Reading Comprehension

## Section A

## Read the following text and answer the questions.

Slow cookers are a simple, no-nonsense solution to making delicious meals for a family on the go. With minimal prep time, you can walk away and let the slow cooker work its magic welcoming you home to an aromatic, ready-to-serve dinner. Here are some tips for slow cooker success:

Brown your meat before you heat. The extra few minutes you take to do so will greatly enhance the flavor of your meal. If you dredge your meat in a little flour before browning, you'll also get a thicker sauce. While some foods will brown during the cooking process, they won't have the same color and flavor they get when browned first on the stovetop. If you can find the time for this step, the results are worth it.

Prioritize your ingredients. Hardy, fresh vegetables such as carrots, potatoes, or turnips for example, cook more slowly than meat. To avoid undercooking these types of veggies, place them on the bottom or sides and the meat on top. Add tender veggies (peas) and strongly flavored veggies like broccoli, cauliflower or onions in the last 15 to 60 minutes. Dairy products like sour cream, milk or yogurt, tend to break down in the slow cooker. To prevent this, add them during the last 15 to 30 minutes of cooking. However, prepared items such as the Bob Evans' Refrigerated Mashed Potatoes in this recipe can be added at the beginning. Stir in spices for the last hour of cooking. They will lose flavor if cooked with the rest of the ingredients for the duration.

Resist the urge to stir. Each time you lift the lid to do so, heat escapes, extending the needed cooking time by up to half an hour. Some recipes do instruct you to stir halfway through the cooking process or toward the end, but otherwise it's best to leave the lid closed. To check progress without lifting the lid, spin the cover until the condensation falls off. Then it's easy to see inside.
http://www.culinary.net/articlesfeatures/FeatureDetail.aspx?ID=3564

1. According to the article, what are the TWO main benefits of a slow cooker?
2. What is the benefit of using flour when you brown your meat?
3. Why should we wait until the last hour of cooking BEFORE we add the spices?
4. Give examples (from the article) of a "hardy" and a "tender" vegetable.
$\qquad$ (hardy) $\qquad$ (tender)
5. According to the article, why should we "resist the urge to stir"?

## SECTION B - Math Skills

## Use these Conversion Tables to help you answer the following questions

| Weight |  |
| :--- | :--- |
| 1 imperial ounce $=28$ grams |  |
| 1 gram | $=.035$ imperial ounce |
| $16 \mathrm{oz}=$ | 1 lb. |
| 1 imperial pound | $==454$ grams |
| 1 kilogram | $=2.2$ imperial pounds |


| Volume |  |
| :--- | :--- |
| 1 mL | $=.035 \mathrm{oz}$. |
| 1 fluid oz. | $=28.4 \mathrm{~mL}$ |
| 8 fl. oz. | $=1 \mathrm{c}$. |
| 1 litre | $=35.2$ fluid oz. |
| 1 quart | $=32$ fluid oz. |
| 1 mL | $=.001 \mathrm{~L}$ |


| Abbreviations |  |
| :--- | :--- |
| ounce | $=\mathrm{oz}$. |
| gram | $=\mathrm{g}$ |
| pound | $=\mathrm{lb}$. |
| kilogram | $=\mathrm{kg}$ |
| millilitre | $=\mathrm{mL}$ |
| litre | $=\mathrm{L}$ |
| quart | $=\mathrm{qt}$. |

## Directions:

* Read the menu and formulae (recipes) below and answer the questions.
* Round off the measurements to three decimal places.

This brunch will be served at the Riptides Swim Club banquet.
Fresh Fruit Salad with Yogurt on the Side
Scrambled Eggs
Raisin Scones
Coffee and Tea
Recipe: Fresh Fruit Salad
Fresh fruit (in season), chopped
Fresh mint
Yogurt
One portion needs 230 mL of prepared fruit and $1 / 2$ cup of yogurt.

Recipe: Scrambled Eggs Yield: 5 portions
6 Eggs
1 Tablespoon of Milk
Butter
Procedure:
Mix eggs with milk
Turn into buttered skillet on medium heat
Stir while cooking
Serve immediately
Recipe: Raisin Scones Yield: 24 scones
1 lb . All-purpose Flour 4 oz . Unsalted Butter, cold
1 T. Baking Powder 2 Egg Yolks
1 Tsp. Baking Soda 11 oz. Cream
1 Tsp. Salt $\quad 1 / 2$ cup Raisins
I½ oz. Sugar
Procedure:

- Mix flour, baking powder, baking soda, salt, sugar and raisins together
- Cut in cold butter until pea sized
- Add eggs and cream - mix very little
- Roll out dough to thickness of $11 / 2$ inches, cut as desired.
- Bake at $400^{\circ}$ F. approximately 10 minutes
- Brush tops with melted butter while hot

Answer the following questions regarding the brunch menu. Use the conversion tables. Round off the measurements to two decimal places.
6. How many mL of prepared fruit will serve 25 portions? $\qquad$ mL
7. If 1 kg of prepared fruit serves 5 portions, how many kilograms will serve 40 portions?
$\qquad$ kg

To quadruple the recipe for Raisin Scones you need:
8. $\qquad$ grams of flour
9. $\qquad$ grams of sugar
10. $\qquad$ grams of cream
11. If 1 lb . coffee yields approximately 40 servings, how many pounds will be needed for 250 servings?
$\qquad$ lb.
12. If 1 lb . of tea yields approximately 200 servings, how many pounds of tea will be needed for 50 servings? $\qquad$ lb.

## Use the conversion tables to answer the following questions. Round off the measurements to two decimal places.

2 oz. of carrots will serve 1 portion.
13. How many grams of carrots will serve 2 portions? $\qquad$ g
14. How many grams of carrots will serve 75 portions? $\qquad$ g

## 1250 grams of beef tenderloin serve 8 portions

15. How many grams of beef tenderloin will serve 4 portions? $\qquad$ g
16. How many grams of beef tenderloin will serve 70 portions? $\qquad$ g
17. How many pounds of beef tenderloin will serve 55 portions? $\qquad$ lb.

To make 10 loaves of buttermilk bread, the following ingredients are needed:

- 6 lbs. bread flour
- 2 oz. salt
- 4 oz. sugar
- 4 oz. shortening
- 6 oz buttermilk powder
- 2 litres water
- 4 oz. fresh yeast

18. How many kg of flour are needed for 15 loaves? ..... kg
19. How many grams of salt are needed for 15 loaves? ..... g
20. How many grams of shortening are needed for 30 loaves? ..... g
21. How many litres of water are needed to make 20 loaves?

$\qquad$
L
22. How many grams of yeast are needed for 20 loaves? $\qquad$ g
23. The raw weight of a de-boned turkey roast is 7 lbs . Through the cooking process, $10 \%$ of the weight is lost. What is the weight after roasting? $\qquad$ lb.
24. How many turkey sandwiches can you make with 2 lb . of sliced turkey, if you use 2 oz . of turkey per sandwich? $\qquad$ sandwiches.

An emergency shelter has asked you to supply vegetable beef soup and sandwiches for $\mathbf{2 0 0}$ flood victims.

To make soup for 10 people you need:

- $1 / 2 \mathrm{~kg}$ each of carrots, celery, and onions
- 450 grams of rice
- 2-28 oz. cans of tomatoes
- $1 / 2 \mathrm{~kg}$ of ground beef


## You have on hand:

- 78 lb . each of carrots, celery, and rice
- 9 lb . of onions
- 25-28 oz. cans of tomatoes
- 18 kg of ground beef

Do you have enough of the following ingredients to make soup for 200?
25. Carrots and celery
$\square$ yes
no
26. Onions
$\square$ yes
$\square$ no
27. Rice
$\square$ yes
no
28. Tomatoes
$\square$ yes
$\square$ no
29. Ground beef
$\square$ yes
$\square$ no

To make egg sandwiches for 10 people you need:

- 10 eggs
- 20 slices of bread


## You have on hand:

- 25 doz. eggs
- $\mathbf{1 0}$ loaves of bread (1 loaf has 35 slices)

Do you have enough eggs and bread to make 200 sandwiches?
30.

Eggs
31.

Bread
yes
$\square$ no
32. 3250 F. is what temperature in Celsius? $\qquad$ ${ }^{\circ} \mathrm{C}$.
33. $2000^{\circ} \mathrm{C}$. is what temperature in Fahrenheit? $\qquad$ - ${ }^{-}$

## Basic Math Skills

## Addition, Subtraction, Multiplication, Division and Percentages

| 34. $\begin{aligned} & 39.75+15.109+930.8+5.392+94.5 \\ &= \\ & \hline \end{aligned}$ | 35. $31 / 2+41 / 4$ $=$ | 36. $14.8+16.25+13 \text { 3/4 }$ $=$ $\qquad$ |
| :---: | :---: | :---: |
| 37. $4 \mathrm{lb} 8 \mathrm{oz}+3 \mathrm{lb} 12 \mathrm{oz}+1 \mathrm{lb} 4 \mathrm{oz}$ $=$ | 38. $81 / 2-33 / 4$ $=$ $\qquad$ | 39. $185.94-26.3-18.75-10$ $=$ |
| $\begin{aligned} & \text { 40. } 18 \mathrm{lb} 6 \mathrm{oz}-7 \mathrm{lb} 12 \mathrm{oz} \\ & = \\ & \hline \end{aligned}$ | 41. $\begin{aligned} & 437.65 \div 6.5 \\ & = \end{aligned}$ | $\begin{aligned} & \text { 42. } \\ & 27 \times 35 \\ & = \\ & \hline \end{aligned}$ |
| $\begin{aligned} & \text { 43. } \\ & 0.5 \% \text { of } 36 \\ & = \\ & \hline \end{aligned}$ | 44. $6 \%$ of 32 $=$ $\qquad$ | $\begin{aligned} & 45 . \\ & 35 \% \text { of } 198 \\ & = \end{aligned}$ |

## You have now completed the practice assessment. <br> Use your score to see where you need more study help. <br> Use the math study package below to review mistakes and improve your skills. <br> Use the separate reading comprehension study package to improve your comprehension skills.

## Answers

1.Minimal prep time, the meal is ready when you get home
2.It thickens the sauce
3.They will lose their flavor if you add them too soon
4.Hardy: potatoes, turnips, carrots Tender: peas
5. You will lose heat and the cooking time will be longer
6. 5750 mL
7. 8 kg
8. 1816 g
9. 168 g
10. 1232 g
11. 6.25 or $6^{1 / 4} \mathrm{lb}$
12. 0.25 or $^{1 / 4} \mathrm{lb}$
13. 112 g
14. 4200 g
15. 625 g
16. 10937.5 g
17. 18.93 lb
18. 4.09 kg
19. 84 g
20. 336 g
21. 41
22. 224 g
23. 6.3 lb
24. 16
25. Y 26. N 27. Y 28. N 29. Y 30. Y 31. N
32. 161-163 degrees C
33. 392 degrees $F$
34. 1085.551
35. $73 / 4$ or 7.75
|36. 44.8
37. 9lb 8 oz
38. $4^{3 / 4}$ or 4.74
39. 130.89
40. 10lb 10 oz
41. 67.331
42. 945
43. 0.18
44. 1.92
45. 69.3

## Math Study Package:

## 1) CONVERTING BETWEEN SIMILAR UNITS OF MEASUREMENT

We can convert similar units using ratios and proportions.

## RATIOS:

A ratio is used to compare two or more quantities. The following are all ratios and are presented in different ways:
a) 1 to 4
b) $1: 4$
c) $\frac{1}{4}$ or $1 / 4$

These all mean that for every 1 of one thing there are 4 of another thing.
Note that the quantity given first is written on the top (the numerator) of the fraction. (This is
called fractional notation.)

## Practice:

1. Write as ratios in different ways:
a) $\$ 3.00$ compared with $\$ 20.00$
3 to $20 \quad 3: 20 \quad 3 / 20$
b) 14 litres compared with 1 litre
14 to $1 \quad 14: 1 \quad 14 / 1$
c) 7 pages compared with 10 pages
7 to 10
7:10 7/10
2. Write the following as ratios using fractional notation. Reduce the fraction to its lowest terms whenever possible:
a) 10 mm compared with 16 mm

$$
10 / 16=5 / 8
$$

b) 5 minutes compared with 25 minutes

$$
5 / 25=1 / 5
$$

c) $\mathbf{1 5} \%$ compared with $5 \%$ chocolate syrup

$$
15 / 5=3 / 1=3
$$

## PROPORTIONS:

A statement that two ratios are equal is called a proportion.
For example, the ratio of $1 / 2$ is equal to the ratio of $6 / 12$.

$$
\frac{1}{2}=\frac{6}{12}
$$

To check that this is true we can cross multiply. This means we multiply the top of one fraction by the bottom of the other fraction. The result will equal the top of the other fraction times the bottom of the fraction.

So, $1 \times 12=6 \times 2$. We can see this is true. Therefore $\frac{1}{2}=\frac{6}{12}$ is a proportion.

## Example 1:

Is 2: 8 equal to $16: 64$ ?
First, set up both ratios as fractions:


When we cross multiply we find that: $2 \times 64$ is equal to $8 \times 16$. Both sides are equal to 128 .
Therefore, 2: 8 is equal to $16: 64$, so this is a proportion.

## Example 2:

Is 3: 27 equal to 9: 83 ?

$$
\frac{3}{27}=\frac{9}{83}
$$

When we cross multiply we find that: $3 \times 83=249$ and $9 \times 27=243$.
These are not equal and therefore not a proportion.

## TO SOLVE PROPORTIONS:

If 3 of the 4 numbers in a proportion are given, then we can find the missing number.

$$
1: 2 \text { is equal to } N: 12 .
$$

We can set up two equal fractions and cross multiply to find $N$.

$$
\frac{1}{2}=\frac{N}{12}
$$

When we cross multiply, we find that $2 \times N=1 \times 12$.
So $2 N=12$.
If we divide both sides by 2 to solve the equation, we find that $1 N$ or $N=6$.
Check: 1:2 = 6:12

## Example:

$4: 5$ is equal to $8: N$. What is $N$ ?
Make 2 equivalent fractions from your information.
4
$\underline{8}$
5
$N$

Cross multiply: $4 \times N=8 \times 5 ; 4 N=40$.
Solve: Divide both sides by 4. $N=10$
Check: Substitute 10 for $N$. The two sides are equal, proving that 10 is the correct missing part of the proportion.

## Practice 1:

Solve the following proportions using the above steps:
a) $18: 1=N: 3$
b) $A: 7=2: 1$
c) $5: Y=3: 3$
d) $1: 2=1 / 2: R$

## Answers:

a) $1 \times N=3 \times 18 ; N=54$
b) $A \times 1=7 \times 2 ; \quad A=14$
c) $5 \times 3=3 \times Y ; 3 Y=15 ; Y=5$
d) $1 \times R=2 \times 1 / 2 ; R=2 / 2 ; R=1$

Note: Proportions can be solved one step at a time (as above) or several steps at a time as you become more familiar with the process.

## 2) METRIC MEASUREMENT

## MASS:



Study the following table:

|  | 1000 g | 100 g | 10 g | 1 | 0.1 g | 0.01 g | 0.001 g |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Units | kg | hg | dag | gram | dg | cg | mg |

## Example:

Change 58 g to kg: Starting at $\mathbf{g}$, we must move 3 spaces to the left on the table to get to $\mathbf{k g}$.
Count each space as one decimal place.
Therefore to convert from $\mathbf{g}$ to $\mathbf{k g}$, we must move the decimal 3 places to the left.

$$
\sim_{\sim}^{58.0 \mathrm{~g}}=\quad .058 \mathrm{~kg}
$$

## Example:

How many mg are there in 2.5 g of oatmeal?

$$
2.5 \mathrm{Wr}^{\mathrm{g}}=2500 \mathrm{mg} \text { oatmeal }
$$

## VOLUME:

In the metric system, volume is measured in litres.
The same prefixes as in units of mass are used to describe multiples and fractions of a litre.

Compare the following table with the one for units of mass. Use the same method of conversion for metric units of volume that we used for mass:

|  | 1000 L | 100 L | 10 L | 1 | 0.1 L | 0.01 L | 0.001 L |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Units | kL | hL | daL | Litre | dL | cL | mL |

We capitalize litre as L in all metric units of volume so that it does not appear as the digit 1 .

## Example:

Convert 1.925 L into millilitres (mL).

$$
1.925 \mathrm{~L}=\quad 1925 \mathrm{~mL}
$$

## Example:

How many L of syrup are there in 5268.2 mL ?

$$
5268.2 \mathrm{~mL}=5.2682 \mathrm{~L}
$$

5.27 L (rounded)

- To make metric conversions easily, memorize the above tables.
- The most commonly used metric units of mass are $\mathbf{k g}, \mathbf{g}$, and $\mathbf{m g}$
- The most commonly used units of metric volume are $\mathbf{L}$ and $\mathbf{m L}$.


## Practice 2 (see answers at the end):

1. $27 \mathrm{~kg}=\ldots \mathrm{g}$
2. $8664 \mathrm{~mL}=\ldots \mathrm{L}$
3. $\quad 56.66 \mathrm{~g}=\ldots \mathrm{mg}$
4. $\quad 6.27 \mathrm{mg}=\ldots \mathrm{kg}$
5. $4.88 \mathrm{~L}=$ $\qquad$ kL
6. $\quad 2.65 \mathrm{~kg}=\ldots \mathrm{cg}$
7. $8921 \mathrm{~g}=$ $\qquad$ hg
8. $98 \mathrm{cL}=\square \mathrm{mL}$
9. $.789 \mathrm{~L}=$ $\qquad$ cL
10. . $477 \mathrm{daL}=$ $\qquad$ mL
11. $4.32 \mathrm{~L}=$ $\qquad$ mL
12. $1522 \mathrm{mg}=$ $\qquad$

## 3) Imperial Measurement

## MASS:

In the imperial system, mass is measured in ounces (oz), pounds (lb) and tons (t).

```
8 fl oz = 1 cup
2 cups = 1 pint (pt)
2 pt = 1 quart (qt)
4 qt = 1 gallon (gal)
```

16 ounces (oz) = 1 pound ( lb )
$2000 \mathrm{lb}=1$ ton

You can convert imperial units using a proportion and cross-multiplication, as shown
on pages 2 and 3 OR you can use the following method. Choose the method that suits you best:

Multiply the number of units you have by the appropriate "conversion ratio". Write the conversion ratio that you can cancel the old units and end up with your answer in the new units.

## Here is an example:

Convert 589 oz . to lbs. Because we start out with oz. and, according to our table, $1 \mathrm{lb} .=16 \mathrm{oz}$.,
we use the conversion ratio with 16 oz . in the denominator so that the oz. units can be cancelled and we left with lbs. We write:

$$
589 \mathrm{ok} \times \frac{1 \mathrm{lb} .}{16 \mathrm{oz} .}=\frac{589}{16} \mathrm{lb} .=36.81 \mathrm{lb} .
$$

## Example:

How many cups are there in 18 gallons?

$$
18 \text { gck. } \times \frac{4 q \lambda}{1 g a \lambda} \times \frac{2 p \lambda}{1 q t .} \times \frac{2 c u p s}{1 p \mathrm{p} .}=288 \mathrm{cups}
$$

Practice 3 (see answers at the end):

1. 14 tons
$=$ $\qquad$ lbs.
2. 6.5 pt . $=$ $\qquad$ qt.
3. 355 oz . $=$ $\qquad$ lb.
4. 36 gal . $\qquad$ pt.
5. $5.25 \mathrm{lbs}=$ $\qquad$ oz.
6. $3^{1 / 2}$ qts. $=$ $\qquad$ cups
7. 15 cup $\qquad$ fl. oz
8. 1 qt . $=$ $\qquad$ fl. oz.
9. $81 / 2 \mathrm{lb}$. $=$ $\qquad$ oz.
10. 1152 fl. oz. $=$ $\qquad$ gal.
11. $5480 \mathrm{lb} .=$ $\qquad$ tons
12.6 pt . $=$ $\qquad$ fl oz.

## 4) Converting Between Imperial and Metric Units

When converting mass or volume from imperial units to metric or from metric units to imperial, refer to the following conversion tables and use the same "conversion ratio" method as in Part 3 or the ratio and proportion method shown in Part 1.

There is considerable variation in the number of millitres or fluid ounces in 'a cup', depending on whether one is referring to a US, Canadian or British cup! It is, therefore, important to check your recipe. Such differences may result in answers that are close to, but not the same as, those given below. In Canada, the standard equivalent for a cup is 250 mL or 8 fl . oz.

|  | Mass |
| :--- | :--- |
| 1 ounce (oz.) | $=28$ grams $(\mathrm{g})$ |
| 1 g | $=.035 \mathrm{oz}$. |
| 1 pound (lb) | $=454 \mathrm{~g}$ |
| 1 kilogram (kg) | $=2.2 \mathrm{lb}$. |

$$
\begin{aligned}
& 1 \mathrm{~mL}=.035 \mathrm{fl} \mathrm{oz} . \\
& 1 \mathrm{fl} \mathrm{oz.}=28.4 \mathrm{~mL} \\
& 1 \text { litre }=35.2 \mathrm{fl} \mathrm{oz} .
\end{aligned}
$$

Example: Convert 56 grams to ounces.

$$
56 \& \times \frac{.035 \mathrm{oz} .}{1 \&}=1.96 \mathrm{oz} .
$$

Example: How many fluid ounces are there in 12.5 litres?

$$
12.5 \mathrm{~K} \times \frac{35.2 \text { fl.oz. }}{1 \mathrm{~L}}=440 \mathrm{fl} . \mathrm{oz} .
$$

If the units you are converting do not appear on the conversion tables, first convert units within either metric or imperial systems and then use the appropriate conversion ratio.

Example: $\quad 55 \mathrm{~kg}=$ $\qquad$ oz

$$
\text { W55 kg = } 55000 \mathrm{~g} ; \quad 55000 \mathrm{~g} \times \frac{1 o z .}{28 g}=1964.29 \mathrm{oz}
$$

## Practice 4 (see answers at the end):

Some answers may vary, depending upon which way you decide to convert the units. Please round answers to two decimal places. All answers should be close to those given below.

1. 25 lb . $=$ $\qquad$ kg
2. $8000 \mathrm{~g}=$ $\qquad$ lb.
3. $350 \mathrm{~g}=$ $\qquad$ oz.
4. $16 \mathrm{fl} \mathrm{oz} .=\quad \mathrm{mL}$
5. 45 lb . $=\_$g
6. $15.5 \mathrm{~L}=$ $\qquad$ fl oz
7. $384 \mathrm{~mL}=\ldots \mathrm{fl} \mathrm{oz}$.
8. $1655 \mathrm{fl} \mathrm{oz} .=$ $\qquad$ L
9. 16 lb . $=$ $\qquad$ mg
10. $255 \mathrm{~mL}=$ $\qquad$ cups
11. 5 qt. $=$ $\qquad$ mL
12. $40 \mathrm{~kg}=$ $\qquad$ oz.

## 5) CONVERTING RECIPES

a) To increase or decrease a recipe, it is necessary to multiply each ingredient by the appropriate factor ( = number of times more or less).

## Examples:

A muffin recipe calls for $2 \frac{1}{2}$ cups of flour. How many cups are required for 3 times the recipe?

$$
2 \frac{1}{2} \times 3=\frac{5}{2} \times 3=\frac{15}{2}=7 \frac{1}{2} \mathrm{cups}
$$

How much flour would be required to make half the recipe?

$$
2 \frac{1}{2} \times \frac{1}{2}=\frac{5}{2} \times \frac{1}{2}=\frac{5}{4}=1 \frac{1}{4} \mathrm{cups}
$$

## Practice 5a (see answers at the end)

Using the following list of ingredients needed for making a cake, answer the questions below.
1 cup of flour
$1 \frac{1}{2}$ cups of sugar
$\frac{1}{4}$ teaspoon of salt
$1 \frac{1}{3}$ cups of egg whites
$1 \frac{2}{3}$ teaspoons cream of tartar
$1 \frac{1}{4}$ teaspoons of vanilla

1. Fill in the amount of each ingredient you would need to make two cakes.
$\qquad$
$\qquad$
$\qquad$ vanilla
2. Fill in the amount of each ingredient you would need to make a smaller cake that is one-half the size the cake in the recipe.
$\qquad$ flour $\qquad$ sugar $\qquad$ salt
$\qquad$ egg whites $\qquad$ cream of tartar $\qquad$ vanilla
3. Fill in the amount of each ingredient you would need to make 5 cakes.
$\qquad$ flour $\qquad$ sugar $\qquad$ salt
$\qquad$ egg whites $\qquad$ cream of tartar $\qquad$ vanilla
b) Most recipes will tell you the number of portions they serve. To change the recipe to serve more or fewer portions, use the following formula for ratio and proportion:

Set up equivalent proportions, cross-multiply and then solve for the unknown quantity.

## Example:

A soup recipe that serves 8 portions calls for 4 cups of chicken stock. How much chicken stock would be required for 12 portions?


| 8 portions | 12 portions |
| :--- | :--- |
|  |  |

$$
\begin{aligned}
8 N & =48 \text { cups } \\
N & =6 \mathrm{cups}
\end{aligned}
$$

Therefore, 6 cups of stock are needed to serve 12 portions.

## Practice 5b (see answers at the end)

1. A lasagna recipe calling for 4 cups of tomato sauce serves 6 portions.
a) How many cups of sauce are needed to serve 10 portions?
b) How many quarts of sauce are needed for 30 portions?
2. A wedding cake recipe calls for 2.5 kg of cake flour. The recipe serves 40 portions.
a) How many kg of flour would you need for the cake to serve 12 portions? How many grams is that?
b) How many kg of flour would you need for a cake serving 65 guests? Convert this amount to pounds.
3. If 4 gallons of apple cider serve 60 people,
a) how many gallons would be needed for 200 people?
b) how many quarts would you need to serve 15 people?
4. 2 lb . bacon serves 8 people.
a) How many lbs. are needed for 15 people?
b) How many oz. are needed for 3 people?

## 6) FRACTIONS AND PERCENT

For more practice with fractions and percent, get the "Fractions" and "Percents" packages.

## 7) TEMPERATURE

Temperature is measured in degrees Fahrenheit ( ${ }^{\circ} \mathrm{F}$ ) or degrees Celsius $\left({ }^{\circ} \mathrm{C}\right)$.
On the Fahrenheit scale, the freezing point of water is $32^{\circ} \mathrm{F}$ and the boiling point is $212^{\circ} \mathrm{F}$.
On the Celsius scale, the freezing point of water is $0^{\circ} \mathrm{C}$ and the boiling point is $100^{\circ} \mathrm{C}$.
Use the following formulae when converting between Fahrenheit and Celsius:

$$
F=\frac{9}{5} \mathbf{C}+32 \quad \text { when converting from Celsius to Fahrenheit }
$$

$C=\frac{5}{9}(F-32) \quad$ when converting from Fahrenheit to Celsius

Example: Convert $86^{\circ} \mathrm{F}$ into Celsius.

$$
\begin{aligned}
\mathrm{C}=\frac{5}{9}(\mathrm{~F}-32) \quad \mathrm{C} & =\frac{5}{9}(86-32) \\
& =\frac{5}{9}(54)=30^{\circ} \mathrm{C}
\end{aligned}
$$

Example: Convert $15^{\circ} \mathrm{C}$ into Fahrenheit.

$$
\begin{aligned}
\mathrm{F}=\frac{9}{5}(\mathrm{C})+32 \quad \mathrm{~F} & =\frac{9}{5}(15)+32 \\
& =59^{\circ} \mathrm{F}
\end{aligned}
$$

## Practice 7 (see answers at the end):

1. Convert $20^{\circ} \mathrm{C}$ to ${ }^{\circ} \mathrm{F}$
2. Convert $-10^{\circ} \mathrm{C}$ into ${ }^{\circ} \mathrm{F}$
3. Convert $-40^{\circ} \mathrm{F}$ to ${ }^{\circ} \mathrm{C}$
4. Convert $22^{\circ} \mathrm{C}$ into ${ }^{\circ} \mathrm{F}$
5. Convert $-25^{\circ} \mathrm{F}$ into ${ }^{\circ} \mathrm{C}$
6. Convert $72^{\circ} \mathrm{F}$ to ${ }^{\circ} \mathrm{C}$
7. Convert $212^{\circ} \mathrm{F}$ to ${ }^{\circ} \mathrm{C}$
8. Convert $42^{\circ} \mathrm{C}$ into ${ }^{\circ} \mathrm{F}$
9. Convert $-7^{\circ} \mathrm{C}$ into ${ }^{\circ} \mathrm{F}$
10. Convert $10.5^{\circ} \mathrm{C}$ to ${ }^{\circ} \mathrm{F}$

Remember that your answers may be slightly different from those given below, because of rounded decimals and the route you took to reach your answer.

## Practice 2:

1. 27000 g
2. 8.664 L
3. 56660 mg
4. . 00000627 kg
5. . 00488 kL
6. 265000 cg
7. 89.21 hg
8. 980 mL
9. 78.9 cL
10. 4770 mL
11.4320 mL
11. 1.522 g

## Practice 3:

1. 28000 lbs
2. 3.25 qt
3. 84 oz
4. 14 cups
5. 136 oz
10.9 gal
6. 22.1875 lb
7. 288 pt
8. 120 fl . oz.
9. 32 fl . oz.
10. 2.74 tons
11. 96 fl . oz.

## Practice 4:

1. 11.36 kg
2. 17.62 lb
3. 20430 g
4. 545.6 fl . oz
5. 7264000 mg
6. 1.116 cups
7. 12.25 oz
8. 454.4 mL
9. 13.44 fl . oz.
10. 47.02 L
11.4544 mL
12.1428 .57 oz

## Practice 5a:

| 1. 2 cups flour | $22 / 3$ cups egg whites |
| :--- | :--- |
| 3 cups sugar | $31 / 3$ tsp. cream of tartar |
| $1 / 2$ tsp. salt | $21 / 2$ tsp. vanilla |

2. $1 / 2$ cup flour $\quad 2 / 3$ cup egg whites
$3 / 4$ cup sugar $\quad 5 / 6$ tsp. cream of tartar
$1 / 8$ tsp. salt $\quad 5 / 8$ tsp. vanilla
3. 5 cups flour $62 / 3$ cups egg whites
$71 / 2$ cups sugar $\quad 81 / 3$ tsp. cream of tartar
$11 / 4$ tsp. salt $\quad 61 / 4$ tsp. vanilla

## Practice 5 b:

1. a) $62 / 3$ cups
b) 5 quarts
2. a) $0.75 \mathrm{~kg} ; 750 \mathrm{~g}$
b) $4.06 \mathrm{~kg} ; 8.94 \mathrm{lb}$
3. a) $131 / 3 \mathrm{gal}$ or 13.33 gal
b) 4 quarts
4. a) 3.75 lb
b) 12 oz

## Practice 7:

1. $68^{\circ} \mathrm{F}$
2. $36.6^{\circ} \mathrm{C}$
3. $100^{\circ} \mathrm{C}$
4. $14^{\circ} \mathrm{F}$
5. $-40^{\circ} \mathrm{F}$
6. $107.6^{\circ} \mathrm{F}$
7. $22 . \dot{2}^{\circ} \mathrm{C}$
8. $71.6^{\circ} \mathrm{F}$
9. $19.4^{\circ} \mathrm{F}$
10. $96.8^{\circ} \mathrm{F}$
11. $-31 . \dot{6}^{\circ} \mathrm{C}$
12. $50.9^{\circ} \mathrm{F}$
