



Post-mortem on La Bergerie

Restaurant owners, neighbors offer differing views on project's demise

BY MISSY SCHROTT

Four years after a lawsuit prevented Margaret and Laurent Janowsky from relocating their Old Town restaurant La Bergerie to a historic building on North Washington Street, they announced they no longer have the resources to move forward with the project.

The proposal to relocate La Bergerie from Crilley Warehouse on North Lee Street to 329 N. Washington St. and rezone the property from residential to commercial drew ire from neighbors before it went before council in October 2014.

Despite their protests, the planning commission and city council unanimously approved the rezoning. Residents in 24 neighboring properties responded by filing a lawsuit against city council a month later.

Even though the neighbors lost the lawsuit and subsequent appeals, the fight dragged out over the course of four years, and the Janowskys announced on June 18 that it had cost them the money and investors they would have needed to move forward with the project.

The Janowskys, who also own Del Ray Café, purchased

SEE LA BERGERIE | 10



PHOTO/MISSY SCHROTT

Helenia Bragg, 61, wants to give back to women trying to get back on their feet.

Guest House resident looks to give back

After four prison terms, Helenia Bragg focuses on helping others

BY MICHAELA GLEESON

Friends of Guest House resident Helenia Bragg know the importance of second, third and even fourth chances.

Bragg, 61, spent 20 years in jail and has struggled with substance abuse since her teenage years. But a light bulb went off for the Alexandria native while she was incarcerated for the fourth time, and after being released from jail in 2015, she

has worked to turn her life around. Soon, she will graduate from Marymount University with a bachelor's degree in social work.

Now, she wants to give back to women who, like her, are looking to get back on their feet.

Difficult beginnings

Bragg was born and raised in Alexandria. She and her brothers were originally raised by their grandmother who, Bragg recalls, took them to church and tried to

SEE BRAGG | 8



JUNE 29 & 30

INDEPENDENCE FIREWORKS AT MOUNT VERNON

Fireworks, Mansion tours, musical performances and games on George Washington's beloved estate. Fireworks begin at approximately 9:30 p.m.

Time: recurring daily

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JULY 4

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The Rosemont 4th of July event features a moon bounce, dunk tank and more. A variety of games and contests include a patriotic bike decorating contest and a baby beauty contest.

Time: 10 a.m. to 2 p.m.

Location: Matthew Maury Elementary School, 600 Russell Road
Information: rosemontcitizensassoc.org

JULY 5

FIRST THURSDAYS IN DEL RAY: RED, WHITE, AND BLUE

The street festival features live music from Mars Rodeo, themed activities, and more

Time: 6 p.m. to dusk

Location: Pat Miller Neighborhood Square, Del Ray
Information: www.visitdelray.com

INSIDE

Aces update

The Alexandria Aces dropped their second straight game Monday night, falling to 8-6.

Page 13



Public hearing

City council finalized the renaming of Jefferson Davis Highway and voted itself a small pay raise.

Page 6



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WEEKLY BRIEFING

Mount Vernon on list of 11 most endangered historic sites

George Washington's Mount Vernon estate is included on a list of the 11 most endangered historic sites in America, it was announced at a Tuesday press conference held at the estate. The ranking comes as Dominion Energy has unveiled plans to construct a compressor station in Maryland that Mount Vernon representatives believe will be directly visible from the Mount Vernon estate across the Potomac River.

Speaking at the press conference were Doug Bradburn, President and CEO of George Washington's Mount Vernon; Sarah Miller Coulson, Head of the Mount Vernon Ladies Association; and Stephanie K. Meeks, CEO of the National Trust for Historic Preservation.

Coulson began the conference with an address to her fellow members of the

Ladies Association, who were asked to rise and be recognized. "We consider the protection of Washington's home, tomb, and viewshed as nothing less than sacred and moral responsibility," Coulson told the press.

Bradburn echoed Coulson's sentiment, referring to the landscape as a "sacred view," and saying, "There is no size of compressor station that we would be happy with in this rural area."

Bradburn also expressed concern that the compressor station would have detrimental effects on its surroundings and may lead to further industrial development around it.

"Dominion can't guarantee that this development will not lead to more," Bradburn said. "They can move the station. We can't move Mount Vernon."

He noted that the Mount Vernon Ladies Association, which has fought for maintaining the historic view of the Potomac River for decades, was not consulted on the matter of constructing a compressor station across from the estate.

Meeks implored the audience to take action in support of Mount Vernon to ensure that "today's historical treasure" does not become "tomorrow's regret."

Immediately prior to the press conference on Tuesday, the petition to save Washington's Historic View had received 4,204 signatures. In the hours following the conference, it garnered significantly more signatures. The petition had increased to more than 15,000 signatures as of press time Wednesday evening.

-Noah Abbe



PHOTOS/NOAH ABBE



Above: Doug Bradburn, President and CEO of George Washington's Mount Vernon, speaks at the press conference Tuesday morning. **Left:** Dominion Energy plans to build a compressor station that Mount Vernon representatives believe will obstruct the original estate view.

CORRECTIONS:

In "College bound student athletes" from the June 21 Alexandria Times, Fairfield University-bound lacrosse player David Dorsett's name was misspelled. The incorrect spelling was from a list provided by Bishop Ireton communications. The Times regrets the error.

In the same section, the list of student athletes from T.C. Williams was incomplete because ACPS communications declined to provide students' names and colleges due to privacy concerns. The students listed were those whose colleges were publicly announced in a video of a signing day event. Among those not included were baseball players Octavio Orna, who will attend Penn State Berks; Ben Wilson, who will attend Rhodes College; and Sam Wingfield, who will attend Carleton College. If your child was left out, please email mschrott@alextimes.com, and we will include them in a final online list.

In a photo caption included in the article, "Agenda: Alexandria celebrates two decades of debate," from the June 21 Times, former city manager James K. Hartmann was misidentified. In the same article, a photo on page 8 labeled as a courtesy photo was actually taken by Nina Tisara. The Times regrets the errors.

For more Weekly Briefing please see page 4



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City fields closed for maintenance

Fort Ward Athletic Facility's turf field, located at 4421 West Braddock Road, is currently the site of a maintenance project conducted by The City of Alexandria's Department of Recreation, Parks and Cultural Activities. The project is intended to conclude on August 30.

The purpose of the project is to remove the existing turf and infill and to replace it with a new synthetic turf and

infill. The new infill is made of a blend of sand and ethylene propylene diene monomer.

The field will reopen on Friday. From July 23 to August 30, the parking lot and the field itself will again be closed for construction, though the tennis courts will remain available for use.

The same project will be conducted at Minnie Howard Field, located at 3701 West

Braddock Road, between June 25 and August 15, and the field will be closed for the duration of the project.

Residents should expect to see crews working throughout the day and for equipment to be in use. For any questions or additional information regarding the project, please contact Beth Znidersic, at 703-746-5492 or at bethany.znidersic@alexandriava.gov.

-Noah Abbe

ACPS honors 40 retiring employees

Alexandria City Public Schools recently celebrated the contributions of 40 employees who retired in 2018. The employees included many teachers, as well as security personnel, social workers, custodians and other individuals who showed dedication in their employment within Alexandria's public schools.

The retiring employees were honored at a ceremony, during which Interim

Superintendent Dr. Lois Berlin commended them for their service.

Berlin herself will retire as interim superintendent at the end of June.

"When a person makes the choice to dedicate their work life in service of our students, their families and our schools, it's a tremendous gift to the community as a whole. We are so grateful for your service and wish you all the best in your re-

tirement years. Whatever you do, don't use me as an example, because I failed at retirement. But, I have been remediated and plan to do it right this time," Berlin said in a statement.

Combined, the retirees honored at the ceremony have provided ACPS with 914 years of service, with eight of the employees retiring after working 36 years or more.

-mhunt@alextimes.com

Fire extinguished at Seminary Road apartment building

The Alexandria Fire Department responded to a fire in a 16-story apartment complex Tuesday morning.

Fire Chief Robert Dubé tweeted at 10:35 a.m. that the fire was contained to the unit,

but there was heavy smoke throughout the building because of the open apartment door.

At 10:56 a.m., IAFF Local 2141 tweeted that the unit was on the fifth floor of Southern

Towers Apartments located at 4901 Seminary Road.

Alexandria Patch reported that the fire was out as of 2:11 p.m. with no reported injuries.

-mschrott@alextimes.com

Tree falls on Metrobus

A tree fell on a Metrobus on North Beauregard Street on Tuesday afternoon, IAFF Local 2141 reported via Twitter at 12:37 p.m.

The incident occurred at the 2200 block of North Be-

auregard Street. Power lines appeared to be impacted by the fall in a photo of the incident. While there were no reported injuries, passengers were on the bus when the tree fell and had to wait

for Dominion Power to shut off power before they could exit the vehicle.

Units were clearing the scene by 1:15 p.m.

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FILE PHOTO

The Alexandria City Council voted to officially change the name of Jefferson Davis Highway to Richmond Highway on Saturday. The official name change will not be enacted until Jan. 1, 2019, to give homes and businesses six months to make whatever changes might be necessary.

Route 1 name change finalized

Pay raise for mayor and council approved at public hearing

BY MAE HUNT

In a move that made national headlines, the Alexandria City Council voted to officially change the name of Jefferson Davis Highway to Richmond Highway at its public hearing on Saturday.

The Alexandria and Arlington stretches of U.S. Route 1 have held the name of the former Confederate president since its inception in 1913. But recent, nationwide efforts to remove Confederate names and iconography from American public spaces and infrastructure helped spearhead an effort to find a new name for the highway.

The name change was a result of more than two years of planning. City spokesman Craig Fifer, who served as the staff liaison to the ad hoc advisory committee on Confederate memorials and street names, described the exten-

sive process in a statement before council.

According to Fifer, public opinion was highly valued in the search for the name that would replace Jefferson Davis Highway. Meetings held by the ad hoc committee all featured opportunities for community members to share their thoughts. The results of a wide-reaching online survey were considered as well.

In the end, Richmond Highway was the choice as it will help make the name of Route 1 consistent across Northern Virginia, including in Fairfax County.

Fifer assured city council that no confusion or new public safety concerns are expected as a result of the name change. All addresses will keep their same street numbers; only the name of the street itself will be different. Small expenses, such as residents and business owners having to order new business cards and stationary, are the only costs expected to affect community mem-

bers living and operating along the future Richmond Highway.

Still, Fifer recommended that the official name-change not be enacted until January 1, 2019, in order to allow homes and businesses six months to make whatever changes might be necessary.

City council unanimously approved the change.

"This is something that went through a lengthy, months-long process, and this was the consensus of a very diverse group of individuals and organizations. ... The Richmond Highway name is throughout a good part of Route 1 throughout the Commonwealth, and I think we should move forward," Councilor Paul Smedberg said.

Council also discussed whether to raise its own pay at the public hearing. According to resident Boyd Walker, who spoke during the public hearing on the topic, Alexandria would flourish best if the

SEE COUNCIL

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BRAGG

FROM | 1

instill the golden rule in them. Then came Bragg's pre-teenage years when she moved into her mother's house.

At first, Bragg was dazzled by the materialistic things she had never had with her grandmother – her own room and Jackson 5 records – but she soon realized these items came with a price: Her mother illegally sold alcohol from their house when liquor stores were closed.

"There was a lot going on, especially on the weekend, in the house: a lot of dysfunction, a lot of drinking and violence," Bragg said.

Mary Cross, who watched Bragg grow up, described the relationship between Bragg and her family as "traumatic," and said it was no surprise to her that she spent time in jail, given her rough upbringing.

By the time she was 18, Bragg was already serving her first prison sentence: a year and a few odd months for drug possession. She de-



Helenia Bragg was featured in Women's Running Magazine in August 2017 as part of her involvement with the Back on My Feet program.

PHOTO/BRUCE BUCKLEY

veloped a daily drug habit early on.

"It was like peanut butter and jelly, you know – heroin, cocaine, weed, hash – whatever was available. Your life can just slip away from you when you're drinking and drugging, participating in illegal activities," Bragg said. "That wasn't my plan,

you know. I didn't plan to be an addict or a thief, a convicted felon. I didn't plan to spend over 40 years of my life drinking and drugging and going to prison four times."

Though Bragg had aspirations of becoming a flight attendant and starting a family, her issues with substance abuse made that dream un-

feasible.

"I think I probably had the basic childhood intentions of getting married, having a kid, having a house with the picket fence and the car, but once you become addicted to drinking and drugging, nothing else is important," Bragg said.

In between her last two prison sentences, Bragg worked as an electrician for B&B Electric. She was doing electrical work at the Harris Teeter in Foxchase when she experienced a relapse that would put her in jail for the fourth time.

"When I relapsed that made me feel worthless. ... It killed my self-esteem and my self worth. I felt like I was just meant to be an addict and a drunk and a crook and that was what I was put here on the Earth to be, but now I know that was just the disease of addiction talking to me, telling me that I was worthless," Bragg said.

During her fourth sentence, Bragg said, she had an epiphany.

"The light bulb was that when I drink and drug I commit crimes. When I drink and drug I go to prison. ... It seems so elementary. It doesn't

seem like a lesson that you will have to learn. It will appear to be clear-cut to the average person whose mind is not hijacked on drinking and drugging. Because it is so fundamental: drink, drug, get in trouble, go to prison. Don't drink, don't drug, have a successful life. But, hell, it took me four times of going to prison, 50 years old, 40 years of addiction to get that wake-up call," Bragg said.

Turning point

Once Bragg came to that realization, several institutions were there to help her turn her life around, both during her time in jail and after her release: the Fluvanna Correctional Center, Piedmont Virginia Community College, Howard and Marymount universities and Alexandria's Friends of Guest House.

During her incarceration, she worked for Fluvanna Correctional Center, teaching others how to deal with substance abuse, which she said also helped her learn strategies for herself and how to set a good example.

During that time, she also took classes from Piedmont Virginia Community College that would lead to her receiving the Sunshine Scholarship. The scholarship program, started by Doris Buffett, the older sister of philanthropist and billionaire Warren Buffett, gives money to women who show aptitude for their studies while in prison, allowing them to attend college.

Education had never been a passion for Bragg, who was discouraged and embarrassed by her inability to even understand the textbooks for her classes. This changed while she was in prison, while she worked toward her associate's degree.

"It made something in my mind click. Instead of me craving the drug, I began to

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BRAGG

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crave education; I began to crave facts and I wanted to understand the function of politics and I wanted to understand the elements of science and nature,” Bragg said.

After completing her last prison sentence of 10 years and 8 months, Bragg considered what to do next. When she was young, watching the students come and go from her perch atop the walls of Howard University was a favorite diversion of Bragg’s. Howard University was thus her natural first choice when searching for the next step in her education and in 2016, a year after her release, she was admitted. After realizing that Howard only accepted 43 of her 60 credits, she later transferred to a Virginia college, Marymount University, that took all of her credits.

Bragg was also in need of a job. While attending Howard, she noticed how the

bathrooms and classrooms were “unkempt.” She took pride in her education there and wanted to help make the learning environment neater for herself and fellow classmates. However, when she applied to the cleaning service there, they rejected her on the grounds of her criminal history.

“So you mean to tell me that I can get financial aid and pay my money to go to this university but I can’t clean it up?” Bragg said.

Education may have been the spark that motivated Bragg to end her addiction, but she lacked the necessary resources to physically manifest her new outlook. This is where Friends of Guest House came in.

Kari Galloway, executive director of Friends of Guest House, said the non-profit’s primary goal is to support women who have been incarcerated and help them re-enter society. The organization,

which is one of only a handful of transitional facilities for women in Virginia, has a strong track record of helping women avoid recidivism.

“There are people who just want to define you by your least proud moments in life, right? And we’ve all had least proud moments, but if we all had to wear a scarlet letter, if we all had to wear a t-shirt with our least proud moments, none of us would have a job or a house,” Galloway said.

Originally, Bragg’s parole office wanted her at a halfway house in D.C., but they did not have a bed for her when she was released from prison. Bragg filled out the eight-page application to stay at Friends of Guest House that includes providing information on health, support systems and goals for the future and participated in a phone interview. Upon hearing no

SEE **BRAGG**

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PHOTO/COURTESY OF GENE ROSSI

Helenia Bragg and Gene Rossi at Art on the Avenue in 2017. Bragg is holding her issue of the Women’s Running Magazine. Rossi, a federal prosecutor of 27 years, said learning about Bragg’s successful journey was inspiring and called her one of his heroes.

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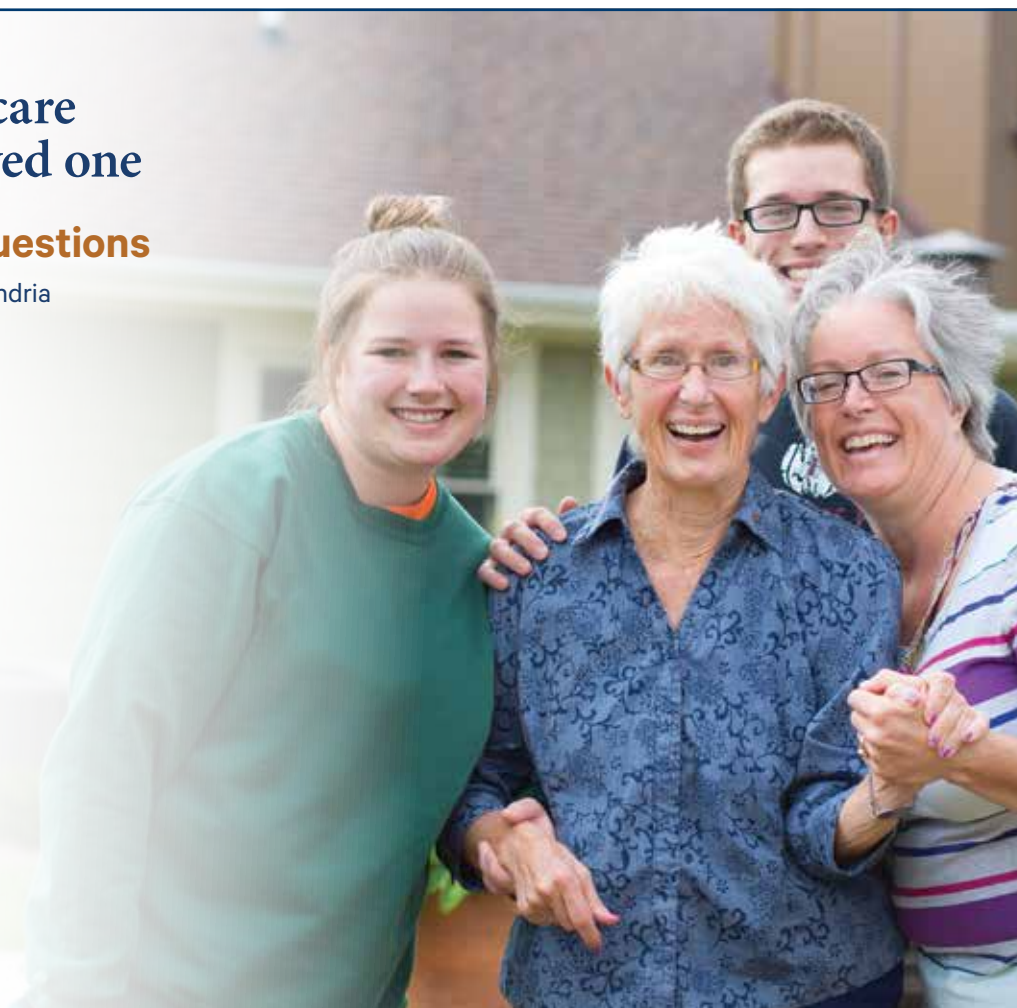
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LA BERGERIE

FROM | 1

La Bergerie from its former owners in 2000.

“If you wanted a good meal, if you wanted something a little different and very French, you came to La Bergerie,” Laurent Janowsky said. “We had a restaurant that was extremely warm, extremely cozy. ... It was just a relaxed atmosphere – you were a little bit lost in time.”

In July 2014, the Janowskys signed a contract to purchase the fully restored four-story Federal-style historic residence on Washington Street. In addition to operating a 153-seat restaurant with indoor and outdoor dining, they planned to run a five-room inn upstairs.

“We had decided for our business model that it made sense for us to own our own real estate and not to be sending hundreds of thousands of dollars to some other person, some landlord, where we could, in fact, be our own landlord,” Margaret Janowsky said.

When neighbors caught

wind of the project that summer, they approached city staff and city council with concerns about parking, vehicle and foot traffic, deliveries, hours of operation and noise.

“We were shocked that they had moved so far forward without even coming to the community for input,” said Cathleen Curtin, one of the plaintiffs who lives near the proposed site of the restaurant on Princess Street.

Curtin said once they initiated the engagement process, the neighbors had several meetings with city staff, city council, the Janowskys and their land-use attorney Cathy Puskar leading up to the October hearings.

“They listened to us, but none of them seemed concerned,” Curtin said. “To be factual, city staff in zoning laughed at us. They actually laughed at us when we brought up concerns about parking, noise, hours of operation and how this was occurring in a historic neighborhood, how it was a total reversal on the zoning for that property.”



PHOTO/FILE

The building on the intersection of Princess and Washington streets was the relocation spot for La Bergerie.

Margaret Janowsky said because of the restaurant’s high-traffic location, a switch from residential to commercial wasn’t totally unprecedented.

“You have to realize on North Washington Street, there’s tens of thousands of cars going past there on a daily basis,” she said. “You’d have to talk at the top of your lungs to be heard if you’re standing in front of that building, so it’s not a quaint, quiet street like if we were going down the 200 block of Wolfe Street. It’s

not comparable.”

Another of the lawsuit’s plaintiffs, former Old Town Civic Association President Carolyn Merck, said the property was deliberately zoned residential because it represents the gateway into a historic neighborhood.

“Any business person seeking a substantial rezoning like this in the City of Alexandria knows that there are risks [associated with] a rezoning that is from residential to commercial in a residential area, with no provision in the master plan or the small area plan,” she said. “That was a big risk, and my experience is that such a risk is rarely taken and such a request is rarely approved in this city.”

In October 2014, the neighbors still felt that their concerns had not been adequately addressed after the project was unanimously approved by the planning commission. Ten days later, when it went before city council, the neighbors brought forward a 125-signature petition in opposition to the project that invoked a requirement for a supermajority of council for approval, rather than just a majority.

Before the hearing, John Kester, an attorney with the law firm Williams & Connolly, which later represented residents in the lawsuit, demanded city council recuse itself from voting on the proj-

ect because of its relationship with Margaret Janowsky’s mother, Patsy Ticer, who was a former Alexandria mayor and Virginia state senator.

Despite the demand, then-mayor Bill Euille and the other members of city council chose not to recuse themselves. After the testimony of several residents on both sides of the issue, council voted unanimously to approve the project.

A month later, 24 residents filed a lawsuit against city council over the decision, accusing them of bias toward the applicant. The City of Alexandria ultimately won that lawsuit in circuit court. Later, Virginia’s Supreme Court twice declined to hear the neighbors’ appeal of the decision.

“The action and the decision by the court speaks for itself,” Euille said. “I always said that that was never a bias on my part, certainly not on the part of any of the members of city council, so I just think that’s smoke and mirrors.”

Still, the years it took to conclude the case proved financially troublesome for the Janowskys, who said the suit had cost their family a personal investment of \$400,000. They said they also lost investors in the restaurant, who decided, over time, to invest elsewhere.

In the midst of the proceedings, La Bergerie’s lease at Crilley Warehouse expired, and the Janowskys closed the restaurant in December 2016.

Margaret Janowsky said she believed that the neighbors had never expected to win their lawsuit.

“Even though they technically lost the lawsuit and all of their filings, we believe that they expected that all along,” she said. “They were only hoping for this outcome – to bankrupt the business and have it drag on so long

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LA BERGERIE FROM | 10

that it would just die.”

One thing the Janowskys and the neighbors agree on is that the time it took the lawsuit to conclude was, at least in part, the city’s fault.

“There were a lot of issues because the city had hired an outside firm, [McGuire Woods], and every time we would go to court, they would have someone different and the first thing they would say is ‘Can we have a continuance, because I just got a folder, I’m not ready for it,’” Laurent Janowsky said.

While the Janowskys were not initially a party to the lawsuit, they became involved in 2016.

“The city attorney’s office did a bad job of managing this case,” Margaret Janowsky said. “It wasn’t the plaintiff’s attorneys that drew us into the case, it was the city’s attorneys that drew us into the case and made us a party to

“ **This group of 24 neighbors, we’re not like a vigilante group. We acted lawfully and we sought a determination from the court. We hoped we would succeed and we didn’t. It was never an injunction that the Janowskys could not move forward with the opportunity to work on that house. They chose not to. They were never legally impeded from proceeding on that project, so for them to say that we were a threat to small business is simply silly. Absolutely silly.**”

– Cathleen Curtin, Old Town resident

the suit, which, in fact, more than doubled, close to tripled our legal fees related to this lawsuit.”

Both Merck and Curtin said it was the city’s fault, not the plaintiffs’, that the Janowskys had been bankrupted.

“The Janowskys were not involved in the suit. It didn’t cost them a dime in legal fees. Not a dime,” Merck said. “Through their own wonderful request – the city’s attorney’s – to bring them in, then

I guess they incurred some legal fees. None of our doing. We didn’t ask them to be part of the case.”

Curtin said that the Janowskys’ representation of the neighbors was in “poor sportsmanship.”

“This group of 24 neighbors, we’re not like a vigilante group,” she said. “We acted lawfully and we sought a determination from the court. We hoped we would succeed and we didn’t. It was never an injunction that the Janowskys

could not move forward with the opportunity to work on that house. They chose not to. They were never legally impeded from proceeding on that project, so for them to say that we were a threat to small business is simply silly. Absolutely silly.”

“We didn’t do anything with any financial consequence to them in mind at all,” Merck said. “We wanted the restaurant to not ever be there, and we were going to follow every legal action

available to us to try to have that happen. Now, if their investors went away...” she shrugged. “They took on a big risk. They got involved in a very high-risk business proposition.”

Mayor Allison Silberberg, who was vice mayor in October 2014, said that while she didn’t agree with the neighbors’ claims of bias on council, it was their legal right to take action.

“As part of our country, it’s the right to take legal action,” she said. “Certainly the Janowskys are incredibly valued members of the business community, and their two restaurants, La Bergerie and Del Ray Café are two beloved spots to dine in, [but] criticizing someone for exercising their legal rights is not where I would go. They had a legal right, and the city prevailed.”

Alexa Eptropoulos contributed to this article. - mschrott@alextimes.com



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SPORTS

Alexandria Aces lose 3-1 to Gaithersburg Giants

BY NOAH ABBE

The Alexandria Aces battled the Gaithersburg Giants Monday night but could only score one run in what wound up a 3-1 loss.

Despite an overall record of 8-6 and a recent victory over perennial Cal Ripken Collegiate Baseball League powerhouse Bethesda Big Train, the Aces had difficulty mustering offense in the game at Frank Mann Field before a crowd of 133.

Monday's game was the 15th Alexandria has played this season and Aces infielder Ryan Tassone's first game since an injury early in the season. Prior to the game, first year manager Chris Berset, who played seven years in the Cincinnati Reds minor league system, expressed confidence in his squad.

"When we're hitting on all cylinders, we have a really good pitching staff and a really good approach at the plate," he said. "When we do those two facets of the game, we're really good."

The Aces currently have 13 pitchers in their 2018 roster, and four of them appeared in Monday's game. Cole Lalonde started the game, giving up three runs in five innings before giving way to Keegan Foge, who kept the Giants off the scoreboard while pitching the sixth and seventh innings. Matt Moore and Austin Gossman followed with a scoreless inning each to keep the Aces within striking distance.

After neither team scored in the first two innings, left-handed hitting outfielder Sam Bertelson hit a liner into the outfield in the Giants' half of the third inning that was just out of reach of Aces



PHOTO/NOAH ABBE

Alexandria Aces warm up before the game against Gaithersburg Giants.

outfielder Connor Bacon, who made a diving attempt for the ball. Giants catcher Saul Garza followed with a double, driving in Bertelson with the first run of the game.

That was all of the scoring for the next inning and a half before the Giants scored two more runs off of Lalonde in the fifth inning. After infielder Joey Goodwin struck out, catcher Jackson Campbell hit a double for the Giants. As outfielder Ryan Brown, the Giants' third batter in the inning, hit a single, Campbell made it to third. Both runners were then driven in by Bertelson and Garza.

Down 3-0, the Aces finally got on the scoreboard in the seventh inning on a two-out home run by Tassone, who returned from his injury with a bang. Tassone's blast gave the home crowd something to cheer about, as James Brown's "I Feel Good" blared through the field's speakers.

After catcher Nate Mallot and Bacon followed by reaching base for the Aces, the Giants convened on the mound to talk strategy as a ballpark rendition of the Jeopardy theme played over the speakers. Unfortunately, the rally fizzled as the next Aces bat-

ter, infielder Chris Alleyne, hit a liner that was caught by the Giants, ending the inning.

That ended the game's scoring. Despite the loss, the Aces' bullpen threw four scoreless innings to keep Alexandria in the contest.

Following the loss, Aces skipper Berset blamed a lack of timely hitting for his team's two-game losing streak.

"The past two nights, we were looking for the big hit, and it just wasn't quite there," Berset said. "We would get hits, but the rally would just cut short."

Berset said he thought Aces starter Lalonde showed improvement from previous outings.

"He had a little bit more of a command of his fastball," Berset said. "It was definitely better than his last time out there, and he definitely kept us in the game. ... We'll get on a roll here. Things can turn in a heartbeat."

The Alexandria Aces play each night except for Tuesdays. Home games start at 6:30 p.m. Thursday is the Alexandria Times sponsorship night at Frank Mann Field, and the Times staff will be on hand to greet Aces fans starting at 6:15.

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6/30 Herndon Braves (away)

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3:30 p.m. and 6:30 p.m.

7/2 DH: Rockville Express (home)

3:30 p.m. and 6:30 p.m.

7/3 DC Grays (away)

7/6 Baltimore Dodgers (away)

All home games start at 6:30 p.m., all away games are at 7 p.m.



Home games are held at **Frank Mann Field**
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Alexandria_Aces



AlexandriaAces1

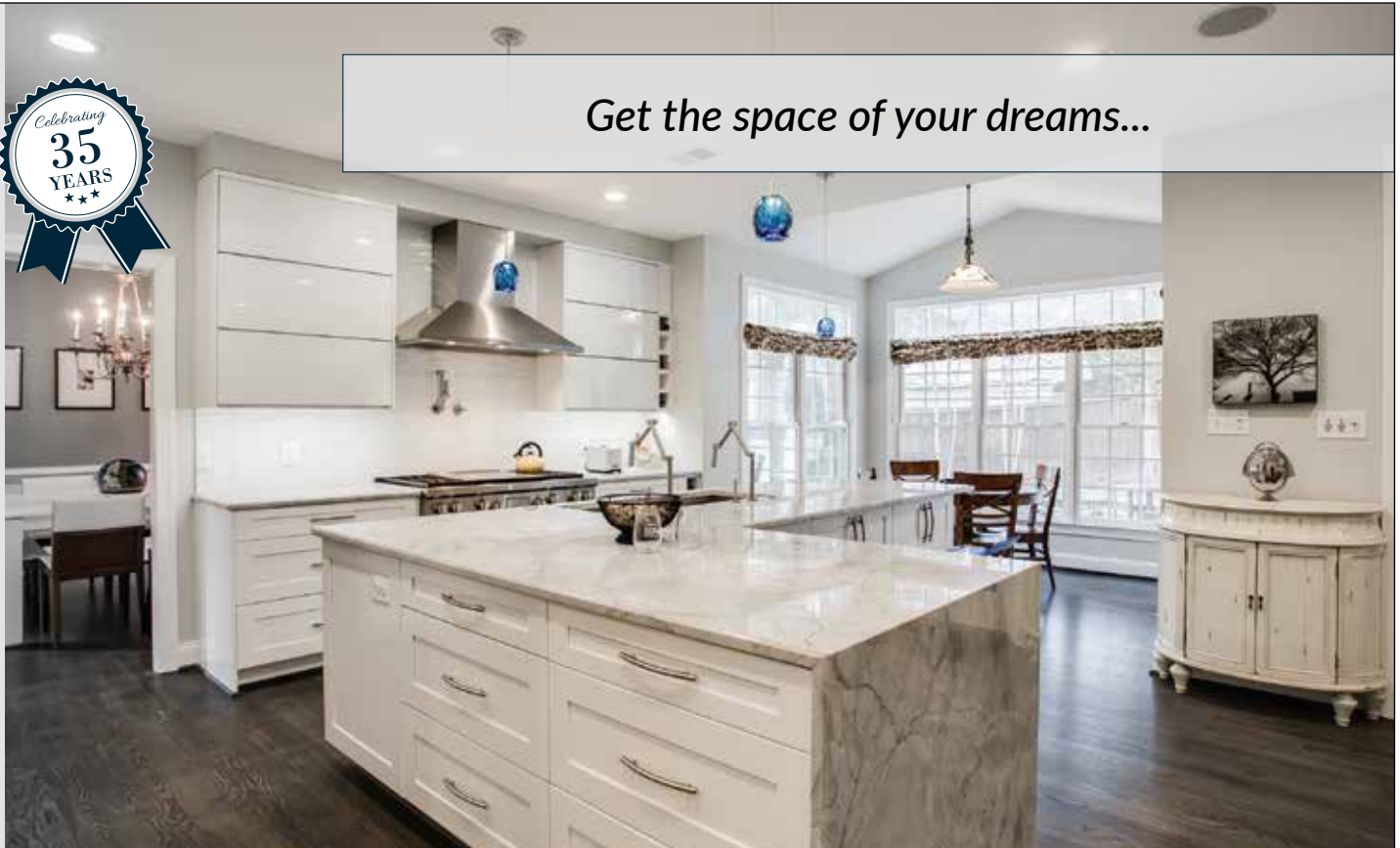


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Times Living

— SENIORS —

How to approach and treat osteoporosis

BY DR. VIVEK SINHA

As a primary care physician, one of our main goals during a routine physical is prevention. How can we prevent disease? How can we prevent the need for more and more medications? How can we prevent injury? This idea of prevention is extremely important when we are thinking about what sort of tests to order for patients. When we think about screening tests, we often look at a patient's age, gender, medical history, family history and acquired risk factors and then decide what tests will give us the best information. One extremely common condition that we screen for is osteoporosis.

What is osteoporosis? Who does it affect? Why are physicians so concerned about diagnosing it? Like most things in medicine, we must first understand the condition before we can determine how to prevent or treat the condition.

Osteoporosis occurs when there is decreased bone mass, bone matrix disruption

and weakness in the skeletal system. A patient with osteoporosis is at a significantly higher risk of fracture in his or her lifetime. The hip and spine are two areas of the body that are particularly susceptible to injury and fracture. Fractures may occur after a fall from standing height with little or no further trauma.

Fractures of the hip can be severe and the treatment often involves surgery. After a fracture, the patient may find themselves in some level of pain for the rest of their life. Currently, it is estimated that 55 percent of the U.S. population above age 50 has osteoporosis, and as a result, there are approximately two million fractures in the U.S. per year due to osteoporosis.

There are many factors that can lead to low bone density. Advancing age, history of previous fractures, chronic steroid therapy, family history of hip fractures, low body weight, current cigarette smoking, excessive alcohol consumption and rheumatoid arthritis are some of the factors that may



DR. SINHA



FILE PHOTO

A patient with osteoporosis is at a significantly higher risk of fractures, with hip and spine being the two areas most susceptible to it.

put an individual at higher risk of having low bone density. Therefore, patients who have these conditions may often be screened for osteoporosis earlier than those individuals who don't.

So how do we check for osteoporosis? There are several screening tools that have been developed to assess a person's risk factors. They are usually in the form of screening questionnaires. They take into account a person's age, gender, weight and absence or presence of additional risk factors and calculate a 10-year probability of fracture. While screening questionnaires are quick and inexpensive, they do not give very specific advice about

the state of a person's bone mineral density. However, they are often an ideal first starting point when deciding on who should receive further testing.

Since assessing a person's current bone mineral density is one of the most important factors in determining their fracture prediction, the most accurate way is to use an imaging study called a DXA Scan. DXA stands for Dual-Energy-X-Ray Absorptiometry test.

These tests are often done in outpatient radiology centers and hospital radiology departments. The patient lies on a padded table and photon beams are used to quantify bone mineral

density. The exposure of radiation is minimal and similar to daily environmental background radiation. As an example of how little the exposed radiation is, the technician performing the test does not need to be shielded or protected as is done during otherwise normal X-ray studies.

Once the test is performed, a scoring system is used to classify the person's bone mineral density. The results can be generalized into three main categories: normal, osteopenia (abnormal) and osteoporosis (abnormal).

Osteopenia is abnormal and can be thought of as the "midpoint" between normal and full-blown osteoporosis. Once osteopenia is diagnosed, there are prescription medications that are usually prescribed, along with an increased frequency of testing. If the DXA Scan shows osteoporosis, then the patient is at a significantly increased risk of fractures. At this point, very specific medication that is designed to help rebuild the bone matrix is usually prescribed.

The most commonly used first-line agent is a category

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HEALTH

Del Ray is Well Ray

Annual Well Ray festival takes over Mount Vernon Avenue | Page 16

HOMES

Maximalism returns

Maximalism is about displaying things that make you happy | Page 18

CALENDAR

June and July events

Learn about Hemingway's wives, play old-fashioned games and more | Page 20

LIFE WELL LIVED



Ascend Cycle moved bikes outside for a full day of free outdoor spin classes.



The participants in Ironwood's Celebrity Big Wheel Challenge.

The Vola Lawson Breast Cancer Memorial Fund helped uninsured and under-insured Alexandria women receive free mammograms by bringing the Mammovan to Well Ray.



Mind the Mat's Megan Brown hosts a pilates class on Mount Vernon Avenue during Well Ray.

Well Ray fitness festival returns



The fourth annual Well Ray festival on Saturday hosted more than 80 of the region's top health and wellness vendors and featured free fitness classes, health screenings, wellness demonstrations and other events, focused on helping people lead healthy and happy lives. The event takes place each June in Del Ray.

Photos by Will Niccolls.



Top left: Sarah Frasier's Hey Frase podcast and Fresh FM both broadcasted from Well Ray.

Left: YoKid leads children in Kids Yoga.

HEALTH

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of drugs called bisphosphonates. These medications can be given via oral pills or via IV Infusion. They are generally effective; however, they are not without side effects in certain patients. There are several other categories of medication that are available. Some of them are not considered first line agents due to their side effect profile. However, for certain patients, they may be the best option. Drug treatment for osteoporosis must be based

on an individualized approach.

While extremely important, medications are but one aspect of the treatment regimen for osteopenia and osteoporosis. Lifestyle changes should also be initiated to help reduce bone loss. Diet is an extremely important aspect for bone mineral density levels. Adequate amounts of vitamin D and calcium should be taken every day. Cigarette smoking accelerates bone loss; therefore, smoking cessation is an important step for women to consider when

dealing with osteopenia/osteoporosis. Exercising for 30 minutes three times a week is a critical factor when trying to improve bone health. Lifestyle modifications should absolutely be included in any treatment discussion for osteopenia/osteoporosis, but since preventing osteoporosis is the best approach, these lifestyle changes should be initiated as early as possible.

One aspect of screening for osteoporosis that has become more commonplace in recent years is screening in men. There are various

guidelines that advise using screening tools to determine bone mineral density and there are other studies that show DXA scans should be performed in anyone, male or female, if they have risk factors for decreased bone mass. The take-home message is that screening for osteoporosis is a discussion that should take place and a decision should be made based on risk factors, medical conditions and family history.

Unfortunately, osteoporosis has no symptoms until there is a fracture, which is

why getting tested for it is so important. The fracture can be significant and greatly affect one's quality of life. Getting screened based on these guidelines is critically important in diagnosing this condition early. Talk to your doctor. The best treatment for osteoporosis is prevention and that can only occur with early screening.

Dr. Vivek Sinha is the chief medical officer of Belleview Medical Partners, an office and house call based practice in Old Town.

Let's Eat Fontaine Caffe & Crêperie

Popular eatery Fontaine Caffe & Crêperie has made its mark on Alexandria's breakfast-and-lunch scene since it opened in 2008.

Now open from 9 a.m. to 2:30 p.m. daily for breakfast and lunch during the week and the same hours for its much-loved weekend brunch, Fontaine seems to have a hit on its hands with the breakfast crowd. At the moment, the expanding breakfast menu includes a quiche of the day, the "breakfast Cobb salad" with avocado, tomatoes, bacon, olive oil fried eggs and blue cheese on greens, pan-seared salmon with tomato and avocado, steak and eggs with Chimichurri and oats with walnuts, maple syrup and banana.

For years, the Fontaine brunch has been known as one of the best around and well worth waiting for if you are not there before the doors open. Those in the restaurant's regular brunch crowd rave about the savory crêpes, which are made with 100 percent buckwheat flour, as well as the assorted artisanal cheese and fresh fruit plate and the vanilla brioche French toast.

Besides adding breakfast service during the week, Fontaine is ending its regular dinner service. Instead, the dinner menu and hours are being replaced with a dinner club starting in July. Details will be announced on the restaurant's website: www.fontainecaffe.com.

Let's Eat is advertorial content.



COURTESY PHOTOS

Top: Vanilla brioche french toast with strawberries.
Above: Breakfast Cobb Salad
Right: Fontaine is now open from 9 a.m. to 2:30 p.m. daily for breakfast and lunch.

AT A GLANCE

Location: 119 South Royal St.
Neighborhood: Old Town
Chef/Owner: Kyong Yi
Year Opened: 2008
Type of food: French with a European flair

Hours of Operation: Monday to Friday 9 a.m. to 2:30 p.m.; Saturday and Sunday brunch 9 a.m. to 2:30 p.m.
For event information: Kyong Yi
Contact: www.fontainecaffe.com

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HOMES

Maximalism makes a return

BY ELAINE MARKOUTSAS

Just when you thought streamlining, mid-century modern or minimalist style rules in decor today, here comes the polar opposite: Maximalism is back in a big way.

“A state of excess has taken hold in the interior design world,” says Bethanne Matari, a spokesperson for lighting and furnishings manufacturer Currey and Company. It’s “a layered style peppered with the offbeat, which some may compare to Aladdin’s cave. Maximalism is not about clutter or hoarding, but about curated collections and displaying the things that make us happy,” she said. “Rich color, embellished walls, vintage brass, gilding, flowers, an-

tique rugs and flashes of red are all elements of the style, along with a mix of materials and patterns.”

At the highly revered trendsetting Salone del Mobile exposition in Milan, there was color – lots of it – as well as pattern. Retro prints and lush florals on walls set off sleek kitchens and baths. They were even on appliances, on furniture, inside furniture, on lampshades and on floors – either solo or in modern patchwork mash-ups.

In Milan, fashion brand Etro’s home collection featured its signature paisley, especially striking on a fabric-covered cabinet. Dutch designer Marcel Wanders’ Globe Trot-

SEE **MAXIMALISM**

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A new chair design for Roche Bobois is upholstered with a bird print on the front side, and graphic black and white striping on the back.

PHOTO/MAISON LACROIX FOR ROCHE BOBOIS

HOME OF THE WEEK

Tudor-style home boasts modern updates and classic charm

Lush greenery and an inviting stone walkway welcome you to 3106 Circle Hill Road, where you’ll find a distinguished sloping roof and custom Provia door. An equally remarkable interior features large, fluid living spaces, original oak floors, three wood-burning fireplaces, exposed wood beams and solid wood doors.

Soft light floods through skylights in the family room with towering vaulted ceilings and whitewashed brick walls surrounding the fireplace. Walk out to the refinished deck that overlooks a generously sized back yard with two storage sheds. Mature mulberry, plum and crepe myrtle trees line the yard’s perimeter and provide the perfect private getaway.



Left: Lush greenery and an inviting stone walkway welcome you to 3106 Circle Hill Road. **Right:** The family room features towering vaulted ceilings and whitewashed brick.



PHOTOS/TRUPLACE FOR THE LIZLUKE TEAM

Recent updates include a new water heater, a Samsung dishwasher and stove-top, painting and refinishing throughout the house and updated light fixtures and hardware.

AT A GLANCE

Location: 3106 Circle Hill Road, Alexandria 22305
Neighborhood: Echowood
Interior: 2,144 square feet
Lot: .24 acre

Bedrooms: 4
Baths: 2
Interior: Approximately 6,000 sq. ft.
Price: \$950,000

Contact: Elizabeth Lucchesi, Realtor, VA & DC
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HOMES

MAXIMALISM FROM | 18

ter collection for Roche Bobois was riveting in explosive patterns – graphic and nostalgic at the same time.

The delightful fashion brand La Double J, known for its vintage prints, launched additions to its dinnerware line and introduced a smashing collection with Kartell, pairing its vintage-inspired fabrics with Kartell's signature clear and colored plastic furniture.

Even at the spring High Point, North Carolina, bi-annual furniture market, maximalism showed up big time, with a collection at Maitland-Smith celebrating the late, legendary Tony Duquette. Considered the father of maximalism, Duquette's work is over the top, with stunning surface decorations like malachite, lots of gilt and materials like abalone, pen shell, coral, rock crystal, bronze and lapis lazuli, which were used to handcraft the accessories and furniture in the new collection (www.maitland-smith.com).

If you're thinking 80s excess ... well, OK. It took on many forms. Like the layering of florals in English country style, popularized by Mario Buatta, dubbed "the Prince of Chintz."

Ettore Sottsass and the group of designers behind the Memphis design movement were known for explosive patterns in modern patchworks on laminate from the Italian company Abet Laminati. Furniture, ceramics, glass and metalwork originals are highly collectible at the online marketplace 1stdibs and featured in shows like The Collective in New York.

For Jason Oliver Nixon, who says, "go big or go home," and John Loecke, the gents behind the Madcap Cottage label and authors of "Prints Charming: Create



PHOTO/NICKOLAS SARGENT

Designer Barbara Ostrom put together an inviting palette of shades of peach and blues in a traditional mix dotted by 19th-century antiques, with an unexpected ceiling. A creamy white sofa gets its pop from boldly patterned satiny pillows in fabrics by Scalamandre.

Absolutely Beautiful Interiors with Prints and Patterns" (Harry N. Abrams, \$35), it's about time. They've been evangelizing their brand of maximalism for a while, with several licensed furnishings collections. Their pattern-on-pattern treatments are equal opportunity, a symphony throughout their own home in High Point, where they live what they preach.

"It's so exciting to see this across the board – from Gucci to Lilly Pulitzer at Pottery Barn," says Nixon. "It's really trickling down – in fashion at H and M, on sneakers and handbags. Go into a Calico Corners and there's an explosion of prints and patterns from florals to graphics, Justina Blakeney boho to Thom Filicia. It's not just the playground of the 1 percent anymore."

No doubt, there will always be the lovers – and the haters – of disparate styles. Pick a lane: Mies van der Rohe's "Less is more" mantra or architect Robert Venturi's maxim "More is more. Less is a bore."

"There's always some kind

of maximalist movement going on," says Cecil Adams, vice president and creative director for Currey and Co. "Color makes people happier. It's uplifting. Chinoiserie, Hollywood Regency, the whole boho thing. ... Like a Diana Vreeland red room. Those looks are never really off of the radar. They just send a stronger signal sometimes."

So you think you can be a maximalist?


It all depends on your visual tolerance. If you loathe visual noise, maximalism to the max is not for you. But there are degrees. You can have a lot of stuff in a space and not feel, well, suffocated.

Consider, for example, going monochromatic. Keep it all in shades of blush, or your fave blue. Mix up textures, and choose accessories accordingly. It can be easy on the eyes.

Layer it. Pattern on pattern can look amazing when the prints are compatible in color and somewhat in scale. Go lush with artwork and accessories as well. As Nixon says, "Our living room may seem like too much at first, but it's really inviting."

Limit it. You don't have to totally commit to the indulgent. Choose a statement pattern – a wall-covering or a piece of furniture that's more flamboyant than your comfort zone. Actually, the maximalist-minimalist combo is an amazingly strong one, too. Keep everything else quiet, with simple lines and a carefully chosen "piece de resistance" for pop.

Decorate with your heart. Says Matari: "Each room should include the unexpected and tell the story of our lives, our travels and childhood, or any moment that defines who we are and how we live. With all the woes of today, it is nice to hunker down into a cozy room surrounded by what we love."



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CALENDAR

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Time: 7 to 9 p.m.
Location: Northern Virginia Fine Arts Association
Information: www.nvfaa.org/events

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Time: 7 to 9 p.m.
Location: Society Fair, 277 S. Washington St.
Information: wineanddesign.com

JUNE 29

LIFE LINE SCREENING Residents living in and around Alexandria can learn about their risk for cardiovascular disease, osteoporosis, diabetes and other chronic, serious conditions with affordable screenings by Life Line Screening. Screenings can check for the level of plaque buildup in your arteries, which is related to risk for heart disease, stroke and overall vascular health. They can also check

HDL and LDL cholesterol levels, diabetes risk, bone density as a risk for possible osteoporosis, kidney and thyroid function and more. Screenings are convenient and accessible for wheelchairs and those with trouble walking. Free parking is available. Packages start at \$149, but consultants will work with customers to create personal packages based on age and risk factors. Pre-registration is required.

Location: Lincolnia United Methodist Church, 6335 Little River Turnpike
Information: www.lifelinescreening.com

'BLACK PANTHER' AT SUMMER SUNSET MOVIE NIGHTS

Come for the fun and adventure of the outdoor movies every Friday night in June. This week's show is "Black Panther" at Mt Vernon RECenter. The movies and parking are free. Bring your blanket, beach chairs or even a picnic dinner. The fun starts at 7 p.m. Movies will start at sunset.
Time: 7 to 11 p.m.
Location: Mount Vernon RECenter, 2017 Belle View Blvd.
Information: www.ZelsmanPowers-Group.com

JUNE 29 AND 30

INDEPENDENCE FIREWORKS AT MOUNT VERNON

Enjoy a patriotic evening filled with dazzling fireworks, Mansion tours, musical performances and games on George Washington's beloved estate. Fireworks begin at approximately 9:30 p.m. Greet General and Mrs. Washington in the historic area before trying your hand at bocce ball. Dust off your dancing shoes for 18th-century dancing demonstrations. Mount Vernon's colonial artisans will reveal how 18th-century ice cream was made in the days before freezers. Visit Washington's tomb at night—this event is one of the few times this area is open

in the evening—and watch sparks fly at the blacksmith shop. Concessions from the Mount Vernon Inn Restaurant will also be available.

Time: recurring daily
Location: George Washington's Mount Vernon, 3200 Mount Vernon Hwy.
Information: 703-780-2000

JULY 4

ROSEMONT CITIZENS' ASSOCIATION FOURTH OF JULY CELEBRATION

Celebrate Independence Day at Alexandria's oldest 4th of July event began more than 50 years ago and features a moon bounce, dunk tank and more. A variety of games and contests includes a patriotic bike decorating contest and a baby beauty contest. Food will be provided by the Rocklands Barbeque and Grilling Company food truck.

Time: 10 a.m. to 2 p.m.
Location: Matthew Maury Elementary School, 600 Russell Road
Information: rosemontcitizensassoc.org

JULY 5

FIRST THURSDAYS IN DEL RAY

First Thursdays is a series of free outdoor street festivals along Mount Vernon Avenue in the spring and summer. Every first Thursday of April, May, June, July, August and September the Del Ray Business Association features businesses along Mount Vernon Avenue, special events, food and music from 6 to 9 p.m. Each month has a different theme with activities for children, live music and a festive atmosphere.

Time: 6 to 9 p.m.
Location: Mount Vernon Avenue
Information: www.visitdelray.com

JULY 7

USA/ALEXANDRIA BIRTHDAY CELEBRATION

Celebrate America's 242nd birthday and Alexandria's 269th birthday on July 7. The event will feature entertainment, a cannon salute during the 1812 Overture, food and beverage sales and grand finale fireworks display at 9:30. Come celebrate at the biggest party in the city. Please note the event time may change.

Time: 7 to 10 p.m.
Location: Oronoco Bay Park, 100 Madison St.
Information: 703-746-5592

PORT CITY BREWING COMPANY HOSTS 5TH ANNUAL OLD TOWN PUB CRAWL

Port City Brewing Company will host its fifth annual Old Town Pub Crawl on July 7. Over the course of the afternoon, more than 1,000 participants will visit eight bars and restaurants in Alexandria's Old Town. Port City team members will be handing out pub

crawl passes at all eight pub crawl stops from 1:30 to 2:30 p.m. Participants who have their passes stamped at all eight participating venues can pick up their commemorative pint glass from 5 to 6 p.m., while supplies last; no purchase required. The participating bars and restaurants are Buggy's Pizza, Chadwicks, Daniel O'Connell's, Fish Market, Pizzeria Paradiso, Union Street Public House, Virtue Feed & Grain and Vola's Dockside Grill / Hi-Tide Lounge. For the first time, Port City will also host an official after party at Murphy's Grand Irish Pub for more food, fun and beer.

Time: 1:30 to 6 p.m.
Location: King Street and Union Street
Information: www.portcitybrewing.com/events

JULY 8

APOTHECARY GEEK TOUR

If the regular 30-minute tour of the Apothecary Museum isn't enough, this is the tour for you. This one-hour tour spends more time in the historic retail shop and laboratory and is led by an expert guide. Recommended for ages 18 and up. Tickets cost \$15, and the tour begins at 11 a.m. Please arrive between 10:45 and 11 a.m., as the museum is not open to the public until 1 p.m., and doors will be locked when the tour begins at 11 a.m.

Time: 11 a.m. to noon
Location: Stabler-Leadbeater Apothecary Museum, 105-107 S. Fairfax St.
Information: 703-746-3852

JULY 13 AND 14

ALEXANDRIA COMCAST OUTDOOR FILM FESTIVAL

Comcast and the City of Alexandria welcome you back to scenic Waterfront Park for the 16th Annual Comcast Outdoor Film Festival. Located just one block from King Street on the Potomac River, there will be two nights of free outdoor movies on a four-story-high movie screen. Bring your low beach chair, blanket, family and friends to this fun annual event and watch family favorite "Coco" and the blockbuster "Wonder Woman" with the stars above and the Potomac River as the backdrop.

Time: 6:30 to 11:30 p.m.
Location: Alexandria Waterfront Park, 1 Prince St.
Information: www.alexandriafilmfest.com

JULY 14

WRITE LIKE A WOMAN NETWORKING WORKSHOP

Facilitated by Poet and Author KaNikki Jakarta, the Write Like a Woman networking workshop welcomes female writers ages 18 to 100. Meeting quarterly, the workshop centers on uplifting and inspiring through writing. Each workshop focuses on different writing styles and allows the partic-

ipants to enhance their own writing styles and share pieces for listening or critiques. The meetings are for amateur and professional writers. Every session includes writing exercises and networking. This event is free and open to the public and accommodates between 15 and 25 attendees. The regulars chip in to have cookies and tea during the sessions. Please RSVP to admin@nvfaa.org.

Time: 1 to 3 p.m.
Location: Northern Virginia Fine Arts Association, 201 Prince St.
Information: www.nvfaa.org

TONS OF TRUCKS Children of all ages will have the opportunity to explore their favorite vehicles and meet the people who protect, build and serve our city. Get behind the wheel of more than 20 different vehicles from seven city departments, including a fire engine, front end loader, dump truck, bucket truck, trash truck, sewer truck, vacuum truck, buses and more. Truck-themed activities include an art project with the city's Mobile Art Lab, book readings, giveaways, photo opportunities and food truck vendors. The event is rain or shine. Parking is available at T.C. Williams High School. Tickets are \$5 each or \$15 per family.

Time: 10 a.m. to 1 p.m.
Location: Chinguapin Park, 3210 King St.
Information: alexandriava.gov/web-trac

JULY 27

18TH-CENTURY GAMING NIGHT

Play games 18th-century style: Shut the Box, Fox and Geese, dice, and a special Cards against Humanity: Tavern Edition. To continue celebrating Alexandria's Hamilton summer, there will also be stories of our young nation and an opportunity to see "the room where it happened." There will be a cash bar with wine, beer and specialty cocktails available. Tickets are \$10.

Time: 7 to 9 p.m.
Location: Gadsby's Tavern Museum, 134 N. Royal St.
Information: shop.alexandriava.gov/events.aspx

JULY 29

'OLD SCHOOL, NEW CONCEPT | THE COMPASS ATELIER' OPENING RECEPTION

Head to the Northern Virginia Fine Arts Association for the opening reception of "Old School, New Concept | The Compass Atelier." The exhibition features works by painters who are currently in, or have completed, The Compass Atelier Master Artist Program. It also features paintings by the Compass Atelier's founder, Glen Kessler. The exhibition is sponsored by TTR Sotheby's International Realty.

Time: all day
Location: Northern Virginia Fine Arts Association, 201 Prince St.
Information: www.nvfaa.org

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COUNCIL FROM | 6

mayor and city council members served their positions full-time and thus received appropriate compensation. The suggested amounts mentioned by the speakers were \$90,000 a year for the mayor and \$40,000 a year for city council members.

Walker said that raising the salaries of public servants “does not take another committee or another study, but common sense.”

Part of Walker’s argument was that both Alexandria’s current mayor, Allison Silberberg, and its previous mayor, Bill Euille, chose to serve in the position full-time. Walker said he believed the future mayor – presumably current Vice Mayor Justin Wilson, who won the Democratic primary earlier this month – should serve full-time as well.

Smedberg pushed back against the notion that the mayor and city council should be paid as full-time employees, saying that city council positions were never intended to be full-time, as Alexandria operates under a city manager form of government.

“It’s one thing ... choosing to do certain types of activities or ceremonial activities or going to events, and there might be a level of expectation there, and that’s a soft, you know, part of the job. But

“It’s one thing ... choosing to do certain types of activities or ceremonial activities or going to events ... I’m not certain that [mayor] is really a full-time position, and I’m not sure we’d ever really want to go down that road, because it would totally change our form of government.”



– Councilor Paul Smedberg

I view it from a more strategic approach, and how we interact with the city manager, and engaging that way on a much more substantive level. And in that regard, I’m not certain that it is really a full-time position, and I’m not sure we’d ever really want to go down that road, because it would totally change our form of government,” Smedberg said.

Silberberg, however, said that treating the mayor job as a full-time obligation is “just the reality of the job today. ... It’s not about managing one’s time. ... It’s about a remarkable schedule to do all that one needs to do,” she said.

While council did not opt to change city council’s salary to that of full-time employees, the positions of mayor and city council received a modest pay raise,

which will take effect when the next mayor and council are sworn in next January. The mayor’s salary was increased from \$30,500 to \$41,600, and the city council members’ salaries from \$27,500 to \$37,500. The council also recommended reviewing the amounts that public servants are paid every three years.

Among other topics discussed at the hearing was a request for a congregate housing facility submitted by the nonprofit Friends of Guest House, seeking permission to operate a re-entry program for women on two properties on South Payne Street. The expected speaker was not present for the meeting, so council moved forward with the vote, and the request was approved.

-mhunt@alextimes.com

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Our View

One cheer for council pay raise

City council's unanimous vote at Saturday's public hearing to minimally raise salaries for Alexandria's mayor and members of council was a tiny step in the right direction, but we have concerns about the timing and substance of the action.

Council tried to address this issue in November 2015 – after that year's local election was safely over. There was a huge public outcry, including on these pages, and the matter was dropped. Then, as now, what we take issue with is the fact that council did not consider a pay increase until after the election was over.

There are differences between the way the issue was approached in 2015 and now. For starters, this time a task force was formed to study council pay and make recommendations. And last time the topic was discussed following the general election, while this time it came two weeks after the primary.

But the central fact remains the same: council considered raising its own pay after facing voters instead of before. We think that's cowardly at best.

Saturday's vote was doubly cowardly because it didn't increase the council and mayor's salaries nearly enough.

The salary of council members was raised from \$27,500 to \$37,500 and that of the mayor from \$30,500 to \$41,600. This is the first time council pay has been lifted in 15 years, and yet the amounts are so small as to be inconsequential. Our objections are based on concerns of fairness, the reality of these jobs and the city's balance of power.

From a fairness perspective, it's simply absurd that the elected officials make less than the aides who assist them – yet it's true. Even with the \$10,000 jump in salary, Alexandria's next mayor, presumably current Vice Mayor Justin Wilson after his victory in the Democratic primary, will still earn only two-thirds the salary of his aide.

Current Mayor Allison Silberberg is being paid roughly half that of her aide: \$30,500, while her aide makes \$60,000. This discrepancy is bad enough, but when compared to City Manager Mark Jinks, who makes almost \$300,000 annually, or even one of the deputy city managers, who make close to \$200,000, the unfairness of council and mayoral pay comes into sharp focus.

The tiny salaries are based on the quaint notion that these are part-time jobs. And in the 21st century in a city of 150,000, they're simply not – and no amount of wishful thinking is going to return Alexandria to sleepy, slower days of yore.

For starters, modern technology means that today's mayor and council members are flooded with hundreds of emails each week; their elected forebears did not face this time drain. In addition, the number of issues to master and committees and meetings to attend have grown tremendously through the years. And the current mayor and her predecessor have spent the past 15 years appearing at dozens of civic events each week. This level of visibility by the mayor is now expected by city residents.

Most problematic, however, is the growing imbalance of power in Alexandria's city manager/council system of government. The unelected city manager acts as the executive, managing the bureaucracy and carrying out policies supposedly set by the six-member council plus mayor, which act as the city's elected legislature.

Opinion

“Where the press is free and every man is able to read, all is safe.”

- Thomas Jefferson



Your Views

Mourning the loss of Charles Krauthammer

To the editor:

As a longtime city activist and candidate for public office on multiple occasions, I rarely comment publicly on national issues, or on those who comment in the national political arena. However, with the passing of Charles Krauthammer, I feel obligated to comment as to what a great loss to our country and to me his passing brings.

Every Friday, I looked forward to reading his incisive editorial comments inside the Washington Post; it was generally the highlight of my day. Likewise, I also looked forward every evening to watching FOX News, since Krauthammer gave his great insights regarding the many problems facing our country.

Krauthammer was a superb pragmatist as he shunned all political labels in identifying problems, for which he then presented very logical, cogent and coherent solutions. Even those who were of a liberal mindset respected the man and

the clarity of his viewpoints.

If I had been the president, I would have had a special office right outside of the Oval Office where I could “war game” every national and international problem with him, knowing full well that a viable and sensible solution would emanate from these discussions.

I only had one encounter with Krauthammer, that being on a flight to Miami several years ago. As my wife Julie and I were boarding the aircraft, Julie stopped when entering the aircraft cabin and said, “Sir, it is so good to see you.” I could not see the individual she was conversing with, but I heard Krauthammer's reply, which was, “It is so good to see you too.”

At that point, I greeted him also and sat across the aisle from him. Once again, he managed to make my day. This was no doubt one of the truly great highlights of my life. Rest in Peace, Mr. Krauthammer.

-Townsend A, “Van” Van Fleet,
Alexandria

Wetlands impact should derail Potomac Yard Metro

To the editor:

In a convoluted scenario typically satirized in a Carl Hiaasen novel, Alexandria's now apparent backroom schemes for building the Potomac Yard Metro station are slated to destroy nearly five acres of wetlands and wildlife, including freshwater tidal wetlands. This was evidenced, in part, from a fairly routine FOIA where at least 704 emails of senior city staff were redacted.

This darling of a plan is known as Alternative B, or the city's "Preferred Alternative," as presented in the Environmental Impact Statement. Too bad no one knows about it or what it really entails.

In accordance with the Clean Water Act, the U.S. Army Corps of Engineers must issue a permit authorizing the wetland impacts before any construction may begin. The USACE permit is absolutely vital, and if the permit is denied the Metro station will not be constructed.

The city and the public have a lot riding on the permit.

Yet, the general public is unaware of the permit because the city has not properly informed the public and has instead kept the issue buried. Numerous Metro station schedules have been prepared, but the permit has not been included in those schedules. Moreover, the Metro station website has provided only minimal information about the permit and no notice whatsoever was given when the USACE was soliciting public comment on the permit application.

The city's lack of disclosure is inscrutable; the city behaves as if it has the permit in hand.

Why issue a Request for Proposals to design and construct an astronomically

expensive metro station that may not be constructed? Why issue construction schedules that do not include the necessary permit that could rightfully stop such ill-conceived and destructive plans?

If one were so inclined, they might perhaps get the eerie feeling that somehow the city had secretly rigged the process, such as what must have transpired between some of city council (Vice Mayor Justin Wilson and councilor Paul Smedberg are both prominent in the FOIA), the city manager's office, Senator Tim Kaine (who persistently bullied National Park Service officials to give up their land for the project) and the National Park Service itself – listed in order of influence, collusion and downright shame.

At the stage of the draft EIS, the NPS park superintendent adamantly opposed Alternative B because of impacts on the George Washington Parkway and wetlands. The superintendent wrote three letters to the city opposing the alternative.

However by the time the final EIS was issued, the city had agreed to provide NPS with \$12 million dollars in off-site mitigation and the NPS regional director withdrew all objections.

We all know the "rest of the story," as the late Paul Harvey used to say. What is yet in the balance is whether the USACE will deny the permit for the city to irresponsibly trash acres of wetlands, parkland and conservation easement for a project that has deviated far from its original scope, design and cost.

Our money's on the USACE to do the right thing and deny this permit. It's a no-brainer and the only ethical option.

*-Kurt Flynn,
Hal Hardaway,
Alexandria*

OUR VIEW

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The problem is, with Alexandria's part-time mayor and council, that policy-making function is increasingly delegated to city staff, making the city manager position all-powerful – and the function of council and the mayor increasingly weak.

We think a full-time mayor and council is the only way to combat this concentration of authority in Alexandria's unelected bureaucracy. If it takes a few hundred thousand extra dollars a year to at least triple the salaries currently being discussed, so be it.

As the old adage goes, "You get what you pay for."

Times story was investigative journalism at its best

To the editor:

As we sort through the upheavals of the June 12 election, let us not focus only on the results but on some of the unexpected twists and turns, and the need for revisions in the process before the 2021 campaign begins.

Appreciation goes to our Alexandria papers for the huge role local journalism played in trying to educate the voters in a neutral, accurate and transparent way.

Mainstream media pretty much ignored Alexandria in this spirited contest. WAMU Radio did two short interviews with incumbent mayor Allison Silberberg and Justin Wilson, but very early in the game, with no follow up. The station ignored the 12 other candidates vying for the six coveted slots on council, nor did they dwell on complex issues or the uniqueness of a cross-over primary, where all can vote, not bound by party. But WAMU covered in excruciating detail every aspect of recent similar primaries in the District, in Prince Georges and Montgomery Counties and for the race for Governor of Maryland.

Similarly, the Washington Post showed little interest in the Alexandria council races besides listing the names of those running. When the Post finally ran an article on the mayoral candidates on May 21, they failed to do the necessary fact-checking and to correct false statements in a neutral way. And that article then became the basis for an equally biased endorsement a few days later. Tell us the pros and cons of both candidates. This isn't supposed to be a public relations exercise.

The May 24, May 31 and June 7 issues by both the Alexandria Times and the Gazette did provide helpful in-depth, spreadsheet comparisons of the council candidates. Especially useful

was the centerfold comparing their answers – or lack thereof – on the same questions from the May 18 debate. They also made space for lots of thought-provoking letters to the editor. Based on the election outcome, many voters never saw or read them.

For 2021, the Times should skip the six council endorsements that seemed based more on diversity and demographics – one old, one young, a Black, an Hispanic etc. – than on their significant accomplishments relevant to governing a complex city. And don't just tell us how much money a candidate raised – tell us where it came from, including local and non-local developers and fellow politicians.

Overall, where the Times excelled was in its playing David to the Post's Goliath when it came to reporting on the debacle of the Potomac Yard Metro station. This tiny paper wrote a riveting story, based on the results of a FOIA request that yielded 500 pages of emails and 750 pages of redacted emails.

What is astounding to readers of this story and to Alexandria residents alike is the total disconnect between public statements of city officials, staff and some council members, versus the paper trail of conflicting private emails. The only non-redacted exchange released was between City Manager Mark Jinks and Vice Mayor Justin Wilson, and neither appear to be very straightforward in the interchange.

This is investigative journalism at its best, and it seems the giant Washington Post skipped the work required. I hope the Times' reporters continue to pursue this story with aggressive research and documentation.

The election is over, but the outcome of this story and this Metro station is not.

*-Kathleen M. Burns,
Alexandria*

PISTOLS AND DRESSING GOWNS

Denise Dunbar
 Publisher &
 Executive Editor
 ddunbar@alextimes.com

Alexa Epitropoulos
 Editor
 aepitropoulos@alextimes.com

Margaret Stevens
 Sales Director
 mstevens@alextimes.com

Patrice V. Culligan
 Publisher Emerita
 pculligan@alextimes.com

EDITORIAL

Missy Schrott
 Reporter
 mschrott@alextimes.com

Mae Hunt
 Editorial Intern
 mhunt@alextimes.com

ADVERTISING

Marty DeVine
 mdevine@alextimes.com

Deb Riley
 driley@alextimes.com

Patrice V. Culligan
 pculligan@alextimes.com

Margaret Stevens
 mstevens@alextimes.com

ART DIRECTOR

Aleksandra (Sasha)
 Kochurova
 graphics@alextimes.com

CONTRIBUTORS

Kim Gilliam
 Elizabeth Holm
 Louise Krafft
 Jim McElhatton
 Jeff McQuilkin
 Dr. Vivek Sinha
 Jordan Wright
 Noah Abbe
 Michaela Gleeson

ALEXTIMES LLC
 Denise Dunbar
 Managing Partner

The Ariail family
 Suzanne Brock
 William Dunbar

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 703-739-0120 (fax)
 www.alextimes.com

Audiences familiar with the story of the musical "Hamilton" know that in the end, the protagonist dies in a duel with his long-time frenemy Aaron Burr. While that duel occurred in New Jersey, there were other famous duels closer to Alexandria. The move of the federal government to its new home in Washington, D.C. led to a rise in duels between political rivals, who could disagree and settle those disagreements in person.

Bladensburg, Maryland, was considered the national dueling ground, with more than 100 duels used as a "court of last resort." In 1820, Commodore Stephen Decatur died from wounds he suffered at Bladensburg in a duel with his mentor, Commodore James Barron. Decatur's wife was unable to afford the upkeep of the house they had built close to the White House, and sold the house to Alexandria's famous tavernkeeper John Gadsby in 1836.

But the most famous duel in this area was in McLean, between Senator John Randolph of Roanoke (pictured above) and Secretary of State Henry Clay. Randolph was a particularly memorable character. A hereditary or childhood illness, which may or may not have been caused by his parents being



IMAGE/COURTESY LIBRARY OF CONGRESS

close cousins, prevented him from going through puberty during his sixty years of life.

He was a second cousin of Thomas Jefferson, and advocated a particularly aristocratic form of society that protected the status of southern elites like himself. He strongly opposed abolition, yet set his enslaved people free and provided money and property for them in Ohio upon his death. He also fought his first duel at the age of eighteen supposedly in an argument over the mispronunciation of a word.

Randolph and Clay had a long personal history before the duel in 1826. When Clay became Speaker of the House in 1811, one of his first acts was to kick Randolph's dogs off the floor of the House chambers. The two men were both found-

ers of the American Colonization Society in 1815, the organization that advocated freeing the enslaved people of the United States and sending them to Africa, which was realized by the founding of Liberia.

The cause of the duel was a disagreement on Clay's desire to send an American delegation to a congress of the Americas in Panama. In his speech on the matter, Randolph was reported to have called the John Quincy Adams administration, "a coalition between the puritan and blackleg."

Clay chose to be personally offended over the reference to him as a blackleg, and challenged Randolph to a duel. Instead of insisting that a senator could not be challenged outside of the Senate chambers for things he said inside, as was his right, Randolph agreed to the fight. His only stipulation was that it be on Virginia soil. According to Senator Thomas Benton of Georgia, Randolph insisted, "if he fell, to fall upon the soil of Virginia, and as he had no intention of firing at Mr. Clay he felt it would not violate her statute against dueling."

Perhaps the most entertaining part of the duel for modern readers is that Randolph wore what has been

described as a flannel dressing gown for the occasion. Though Randolph had told Benton that he had no desire to kill Clay, after the pistols were distributed, Randolph accidentally set off the hair trigger, firing into the ground. After settling their nerves, both men fired at each other. Clay missed, Randolph missed as well.

In the second round, Clay's bullet went through Randolph's clothing, near his hip, and Randolph, realizing that he was not hurt, fired into the air, showing that he did not mean to kill Clay. Randolph said, "You owe me a coat, Mr. Clay." To which Clay responded that he was glad that the debt was not greater. The two men clasped hands, their honor restored, exemplifying what Benton called, "the utter, unconditional absurdity and folly of dueling."

The 1820s were different times from the one in which we live today. That a sitting senator and the Secretary of State would fire pistols at each other in a socially accepted practice as a means of settling a personal disagreement underlines how the world that they lived in differed from ours.

Out of the Attic is provided by the Office of Historic Alexandria.

Weekly Poll

Last Week

Do you think Virginia should add a "guilty but mentally ill" ruling to its court system, in addition to "guilty" and "not guilty by reason of insanity"?

69% - Yes
 31% - No

This Week

[Take the poll at alextimes.com](https://www.alextimes.com)

What would you most like to improve in Alexandria?

- A) Affordable housing
- B) Break down silos between different neighborhoods/communities
- C) Education
- D) Equal opportunity for all

Note: The Times is partnering with ACT for Alexandria on this week's and next week's polls to provide community feedback to their board.

BRAGG

FROM | 9

response, Bragg was not discouraged. She saw staff at a re-entry fair in 2016 and expressed her interest in joining the program; her admittance quickly followed.

That initiative speaks to Bragg's personality and drive, Galloway said.

"She is a really good self-advocate, she's a very determined person and she knows herself, what's in her best self-interest," Galloway said.

At Friends of Guest House, in exchange for a bed, food and utilities, women work through a rehabilitation program. Galloway said Bragg took full advantage of this.

"Anything that was offered to her, she tried it. If it was to go to tango classes she did it. If it was to participate in another really great program called 'Back on my Feet,' which is a running program for homeless people, she tried it. She's 61 years old and she had never run before, but she was out there every day running and encouraging the other women to do the same thing. She's very very good at getting people to do things that are in their best interest," Galloway said.

Through Back on my Feet and Friends of Guest House, Bragg was connected with a transitional home for juvenile girls in Washington D.C., where she works as a house monitor.

"I share my story with them and I try to convince them that you can stop. Anything negative in your life, at anytime you choose to. You do not have to continue on the path of self destruction," Bragg said.

Once Bragg had a support system and a job, she was ready to start dreaming about her future again.

Giving back

Bragg has big plans for after she obtains her bachelor's

“

She is a really good self-advocate, she's a very determined person and she knows herself, what's in her best self-interest."

– Kari Galloway,
executive director,
Friends of Guest House

degree at Marymount, where she's majoring in social work and minoring in history. She hopes to start a nonprofit that will aid women who have earned vocational skills while incarcerated and who have "changed their mindset and started the ball rolling in their future," in finding a job.

Bragg knows firsthand the difficulties of finding a job after prison and seeks to remedy this.

"If you have a training, a skill in a certain area, then you should have the opportunity to apply that when you're released," Bragg said.

Women who work to better themselves and to get an education during their time in prison do so to utilize their new skills for their eventual release, Bragg said. When no one will accept them, Bragg continued, it is disheartening.

"So many of my friends have become frustrated and they end up drinking, drug-ging, going back to sugar daddies, going back to shop-lifting," Bragg said.

Her proposed future business, SHE, which stands for "Seeking Higher Employment," endeavors to be the missing link between qualified ex-felons and jobs that will enable them to live new lives and avoid being arrested again.

Her program would be centered on giving back and connecting women with jobs

relevant to their qualifications. In exchange for board, transportation and other resources, beneficiaries will give 10 percent of their gross income back to SHE to provide the next generation of women with similar opportunities.

"I'm not going to have a big fancy office somewhere on Eisenhower Avenue or Old Town. Heck, I might have a closet in the social services building, I don't know. I just need a telephone and computer and get out there and make connections with business owners, make connections with human resources and companies and convince them to give these women a try, give these women a chance," Bragg said.

Bragg chose to focus on women because she knows the importance of having a safe and sheltered environment for recuperation, free from the threat of domestic violence or substance abuse.

Women face unique challenges during incarceration, many of which Bragg has experienced. She said one difficulty is the cost of personal hygiene items, such as tampons, that are sold for up to \$12 to inmates. For someone who earns a mere 23 cents an hour and \$30 a month, a typical inmate salary, half of their income must go to basic necessities. Bragg said men do not have their prison incomes depleted in the same way.

Another time, Bragg said, the warden confiscated all the women's makeup products and the inmates turned to fashioning their own lipsticks from skittles.

"I find that's a challenge to women in prison – to keep their femininity and to feel good about themselves," Bragg said.

The majority of U.S. states imprison women at far higher rates than do most other countries. The top 25 incarceration rates in the world are all individual U.S. states, with West Virginia topping the list

on a percentage basis. The U.S. imprisons women at a rate eight to 25 times greater than other NATO countries, according to prisonpolicy.org.

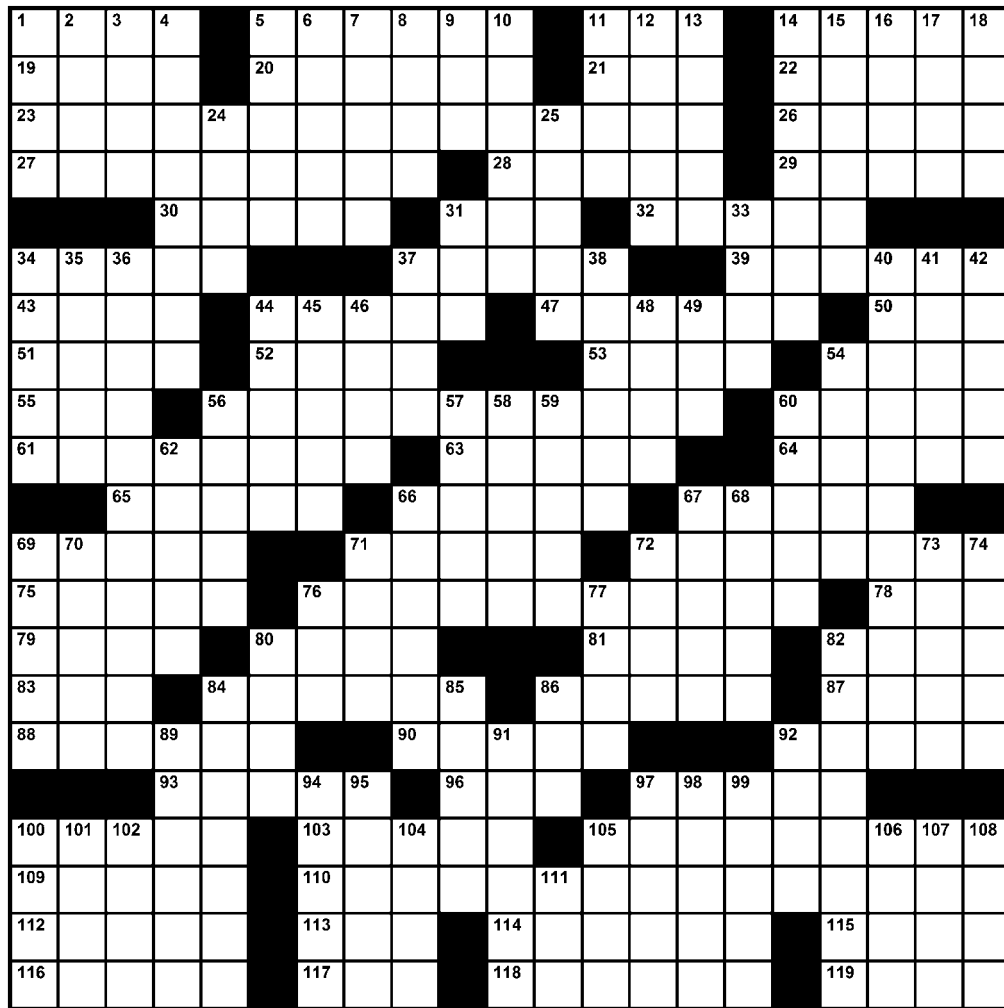
"Mass incarceration is out of control in this country. And to look and to visit with somebody like Helenia is to understand that we have to do something to change that," Galloway said.

Bragg, for her part, is working toward being an example of what rehabilitation can look like.

"Now I live in this beautiful recovery house and I think it's important that we realize that anything is possible as long as you are drug free, open for suggestions and willing to work hard," Bragg said.

– mgleeson@alextimes.com

Weekly Words



AS SEEN ON TV By Timothy E. Parker

ACROSS

- 1. Safecracker, old-style
- 5. Furniture wheel
- 11. Measure of work
- 14. Monk's garment
- 19. Creole cookery item
- 20. Reddish-brown mineral
- 21. Hatchery supply
- 22. Showed "Castle" episodes
- 23. Sherman Helmsley on TV
- 26. Up on things
- 27. Fake field
- 28. DeLuise film of 1980
- 29. French explorer La ___
- 30. With huge britches
- 31. Easy-chair room
- 32. Swinelike animal
- 34. Peace treaties
- 37. Containing gold
- 39. Subsidiary propositions
- 43. Serious prision unrest
- 44. Litter kin
- 47. Helping hand
- 50. Long chaser?
- 51. European language
- 52. Liger's dad
- 53. Catch using trickery
- 54. Con ___ (with elan)
- 55. Computer reseller letters
- 56. Jennifer Aniston on TV
- 60. Elite invitees
- 61. Asks for a wedding
- 63. Do blackboard maintenance

- 64. Things in food
- 65. Curly cabbages
- 66. Awful
- 67. Person oft in the news
- 69. Wet month
- 71. Doctrine to live by
- 72. In modern times
- 75. Retro phone features
- 76. Tichina Arnold on TV
- 78. Common's specialty
- 79. Some meats
- 80. 2017 animated film
- 81. End ___ (customer)
- 82. Casual shirt
- 83. Noon + 3,600 seconds
- 84. Sheer wear
- 86. Big part of suburbia
- 87. "What's gotten ___ you?"
- 88. Eye part
- 90. Tasty
- 92. Be stealthy
- 93. Rightful possessor
- 96. Old machine gun
- 97. Suddenly loses it
- 100. Like winter in Buffalo
- 103. Concerning the ears
- 105. Grower of lost claws
- 109. Pacific welcome
- 110. Sofia Vergara on TV
- 112. Older and ___
- 113. Had followers
- 114. Popular game bird
- 115. Sword with two accents

- 116. Get things rolling
- 117. Before, before
- 118. Gained after taxes
- 119. Reddish-brown horse color

DOWN

- 1. Twisty exercise
- 2. ___ out (barely makes)
- 3. Small cave
- 4. Brit's strangling device
- 5. King Minos' place
- 6. French menu phrase
- 7. Cubic meter
- 8. Minor spat
- 9. North Pole drudge
- 10. Illicit smoke, in places
- 11. "While" beginning of yore
- 12. Fowl's perch
- 13. Italian port
- 14. Kelsey on TV
- 15. Put back in the oven
- 16. Grueling verbal exam
- 17. Astronomer Sagan
- 18. "Trick" joint
- 24. A bunch
- 25. Indian aristocrats
- 31. Faulty firecracker
- 33. Fall on a beanbag chair
- 34. Before surgery, cut
- 35. Radio station, e.g.
- 36. Michael Richards on TV
- 37. Best-rated

DEATH NOTICES

- NATHANIEL BEAM** (75), of Alexandria, June 25, 2018
- JOHN W. BEVIS** (97), formerly of Alexandria, June 18, 2018
- JOANNE M. BONNER** (92), formerly of Alexandria, June 20, 2018
- VAUGHN P.L. BOOKER** (76), of Alexandria, June 23, 2018
- RALPH W. JARNAGIN** (98), of Alexandria, June 17, 2018
- WILLIAM C. LYNCH** (81), of Alexandria, June 14, 2018
- ARNOLD "MO" MOORE** (84), of Alexandria, June 12, 2018
- JOHN F. NAUGHTON** (77), of Alexandria, June 5, 2018
- STEVEN L. WILLIAMS** (40), of Alexandria, June 13, 2018

Last Week's Solution:



- 38. Too precious
- 40. Doris Roberts on TV
- 41. Take to graze
- 42. Sayer attachment
- 44. World-weary
- 45. Makes food finer?
- 46. Exclamations of wonderment
- 48. Canadian tribe
- 49. Bud holder
- 54. Extort money from
- 56. Status wheels
- 57. Western director Sergio
- 58. "Oliver Twist" food
- 59. Dreaded Jamaican?
- 60. Mythical weight-bearer
- 62. Water buckets
- 66. Tart-tasting, in a way
- 67. ___ about (occurs)
- 68. Large, decorative jugs
- 69. Improvised
- 70. Grand instrument?
- 71. Cantina munchie
- 72. Way-up-there org.
- 73. 1945 conference site
- 74. Frighten, as horses
- 76. Office seeker, cut
- 77. Grand group?
- 80. Printer's bluish hue
- 82. German dog
- 84. Bob's title character on TV
- 85. Darlin' kin
- 86. Prime meridian letters
- 89. Serious snacker
- 91. Bad-mouth
- 92. On ___ (with no contract)
- 94. Philly pro
- 95. Back-to-school item
- 97. Emulate a rooster
- 98. Kind of pollution
- 99. Prepared for a hand?
- 100. Left turns
- 101. Settled down?
- 102. Historic Ms. Parks
- 104. Cycled, e.g.
- 105. "X" marks it
- 106. Take-back tow job
- 107. ___ lot (pigged out)
- 108. Old bomber
- 111. How-you link

Classifieds

LEGAL NOTICES



**Alexandria Board of Architectural Review
Old & Historic Alexandria District**

LEGAL NOTICE OF A PUBLIC HEARING

A public hearing will be held by the Alexandria Board of Architectural Review on WEDNESDAY, July 11, 2018 beginning at 7:30 PM in the City Hall Council Chambers, second floor of City Hall, 301 King Street, Alexandria, Virginia on the following applications:

BAR Case #2018-00263

Request for alterations at 121 North Columbus Street
Applicant: Christ Church

BAR Case #2018-00264

Request for an accessory structure at 718 North Washington Street
Applicant: Rafat Mahmood

BAR Case #2018-00265

Request for partial demolition/encapsulation at 109 Prince Street
Applicant: Clarence Burke

BAR Case #2018-00266

Request for alterations at 109 Prince Street
Applicant: Clarence Burke

BAR Case #2018-00271

Request for alterations with signage at 116 King Street
Applicant: Urban 116, L.L.C

BAR Case #2018-00275

Request for alterations and addition at 205 Strand Street
Applicant: IDI Strand, L.C.

BAR Case #2018-00274

Request for new construction at 211 Strand Street
Applicant: IDI Strand, L.C.

BAR Case #2018-00285

Request for partial demolition/encapsulation at 916 Prince Street
Applicant: Frankie Hughes

BAR Case #2018-00294

Request for partial demolition/encapsulation at 310 South Royal Street
Applicant: The Basilica of Saint Mary

BAR Case #2018-00295

Request for alterations at 310 South Royal Street
Applicant: The Basilica of Saint Mary

Information about the above item(s) may be obtained from the Department of Planning and Zoning, City Hall, 301 King Street Room 2100, Alexandria, Virginia 22314, or at www.alexandriava.gov/dockets.



**BOARD OF ZONING APPEALS
THURSDAY,
July 12, 2018- 7:30 PM
Council Chambers, City Hall
301 King Street
Alexandria, Virginia 22314**

Information about this item may be obtained from the Department of Planning and Zoning, 301 King Street, Room 2100, Alexandria, Virginia 22314, telephone: (703) 746-4666 or on the City's website at www.alexandriava.gov/planning.

BZA # 2018-0010

731 Bernard Street
Public hearing and consideration of a request for a variance to provide access to parking from a public street rather than from an interior alley or court; zoned RB/Residential Townhouse. Applicant: Dan & Robin Troutman

BZA # 2018-0011

218 E. Mount Ida Avenue
Public hearing and consideration of a request for a special exception to construct an open front porch in the required side yard; zoned R 2-5/Single and two-family zone. Applicant: William Blackburn

BZA # 2018-0012

1202 Summit Avenue
Public hearing and consideration of a request for a special exception to construct a second story addition in the required front yard; zoned R-8/Single-family zone. Applicant: Quigberg Properties LLC, represented by Elizabeth Craver, attorney

BZA # 2018-0013

501 Wolfe Street (327 South Pitt Street)
Public hearing and consideration of a request to construct an addition in the required side yard; zoned RM/Townhouse zone. Applicant: Scot McBroom of Robert Beatley Adams & Associates.

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Demand! Richmond/Fredericksburg 877-CDS-4CDL; Lynchburg/Roanoke 855-CDS-4CDL; Front Royal/Winchester 844-CDS-4CDL

GENERAL DENTIST:

Diagnose & provide treatment, including cleanings, root canals, extractions, implants & cosmetic dentistry. Document medications/treatments. DMD, verif. ref.; licensed in VA. Resumes to job loc: Sasan Ahmadiyar DDS & Associates, Attn: B. Moody 1911 Ballenger Ave. Alexandria, VA 22304

DIVORCE—Uncontested, \$395+\$86 court cost. No court appearance. Estimated completion time twenty-one days. Telephone inquiries welcome-no obligation. Hilton Oliver, Attorney. 757-490-0126. Se Habla Español. BBB Member.

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ABC NOTICE

VAABC Virginia Department of Alcoholic Beverage Control
2901 Hermitage Road / P.O. Box 27491, Richmond, VA 23261
www.abc.virginia.gov

NOTICE

The applicant shown below is applying to the Virginia Department of Alcoholic Beverage Control.

TYPE(S) OF LICENSE(S):	Beer On Premises
FULL NAME(S) OF OWNER(S):	Five Guys Operations LLC <small>If general partnership, enter partners' names or name of partnership. If LP, LLP, LLC or corporation, enter name as recorded with the State Corporation Commission. If association or tax-exempt private club, enter name. Only if a sole proprietor, enter first, middle and last name.</small>
TRADE NAME:	Five Guys Burgers & Fries
EXACT LOCATION WHERE BUSINESS WILL TRADE:	725 King St <small>(street address)</small> Alexandria <small>(city/town)</small> Virginia 22314-3014 <small>(county) (state) (zip + 4)</small>
PARTNERS / CORPORATE OFFICERS HAVING INTEREST IN THE BUSINESS:	(name) (title / nature of interest) (name) (title / nature of interest) (name) (title / nature of interest)
DATE OF FIRST NEWSPAPER PUBLISHING:	____/____/____ <small>(date of first newspaper publishing) (signature/title)</small>

Objections should be registered within 30 days at www.abc.virginia.gov or 800-552-3200.



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Art on the Avenue
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Alexandria Police Association



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