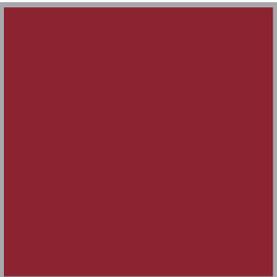


# Volleyball Manual



# MSHSAA

Missouri State High School Activities Association



# MISSOURI STATE HIGH SCHOOL ACTIVITIES ASSOCIATION

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**PLEASE NOTE:** New wording has been underlined  
and areas of emphasis are in **bold** text.

Release  
8-1-17

**MSHSAA VOLLEYBALL ADVISORY COMMITTEE**

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## PURPOSE AND PHILOSOPHY

- A. **PURPOSE OF MANUAL:** This manual has been prepared to provide a better understanding of the administration of MSHSAA sponsored events. It will serve as a guide to the participating schools and will provide for greater commentary on incidental information included in the MSHSAA Journal. The regulations in this manual shall be considered official unless the schools are notified in a Special Bulletin of any changes.
- B. **PHILOSOPHY OF INTERSCHOLASTIC ACTIVITIES:** Interscholastic activities are intended to supplement the secondary curricular program. These activities can provide the student with educational experiences and learning outcomes that contribute toward the development of good citizenship. This can be accomplished only when the emphasis is placed upon teaching “through school activities.” Interscholastic activities can be justified only when this is its primary philosophy and purpose.
- C. **PURPOSE OF DISTRICT AND STATE CONTESTS:** There are two primary purposes that justify and cause district and state events to be desirable. Those purposes are to provide opportunities to demonstrate before the public the best knowledge, skills and emotional patterns taught through a particular sport, and to evaluate and compare the best knowledge, skills and emotional patterns among schools. Unless these purposes are primary, district and state athletic contests cannot be completely justified.

It is the desire of the MSHSAA Board of Directors that these events be both fun and educational. It is extremely important that players, coaches, and the school community make every effort to enhance, and keep in proper perspective, the educational values of these events. Competition merely for “competition’s sake” cannot be sufficiently important to be included in the school program.

- D. **SUPERVISION OF COMPETITORS AND FANS:** MSHSAA By-Laws hold a school responsible, both at home and away, for the conduct of its competitors, students, coaches and fans. Coaches are required to supervise their players. A coach’s respect for others and school property is necessary in order to instill this respect in players. Students staying overnight in hotels or motels in conjunction with any interscholastic athletic contest should be well chaperoned. The good conduct of students will leave a good impression on the entire school.

A school should also inform its players, students, coaches and fans of the role contest officials play in education through athletics. When informing these people of this, the difference in the purpose of high school and professional sports should be emphasized. Lack of respect for officials should not be tolerated. Booing of officials leads to booing of coaches and players. This has no place in high school athletics. Athletic administrators are urged to develop a program through any and all communication techniques available to insure that spectators understand that high school athletics are an educational endeavor as opposed to the games being an end in themselves.

## SECTION 1: REGULAR SEASON

- A. **GAME RULES:** The current National Federation Volleyball Rules Book shall govern all competition except where modified by the MSHSAA. MSHSAA By-Law 3.18 and Board policies regarding all tournaments shall be followed by volleyball tournament managers.
- B. **ACCLIMATIZATION PERIOD:** Additional information can be found under the Sports Medicine tab on the MSHSAA website.

### SUMMARY OF THE 16-DAY ACCLIMATIZATION PERIOD

(Days 1-5)

1. Days 1 through 5 of the acclimatization period consist of the first 5 days of formal practice. During this time, athletes are not allowed to participate in more than 1 practice per day.
2. If a practice is interrupted by inclement weather or heat restrictions, the practice may recommence once conditions are deemed safe. Total practice time should not exceed 3 hours in any 1 day.
3. A 1-hour maximum walk-through is permitted during days 1–5 of the acclimatization period. A 1-hour recovery period is required between the practice and walk-through (or vice versa).
4. During days 1–2 of the acclimatization period, in sports requiring helmets or shoulder pads, a helmet is the only protective equipment permitted (goalies, as in the case of field hockey and related sports, may not wear full protective gear or perform activities that would require protective equipment).
  - A. Football only: On days 3–5, contact with blocking sleds and tackling dummies may be initiated.
  - B. Field Hockey: On days 3-5 goalie can wear protective equipment with extended breaks.

C. Full-contact sports: 100% live contact drills may begin no earlier than day 6. Beginning on day 6, all protective equipment may be worn and full contact may begin.

(Days 6-16)

1. Beginning no earlier than day 6 and continuing through day 14, double-practice days must be followed by a single-practice day. On single-practice days, 1 walk-through is permitted, separated from the practice by at least 1 hour of continuous rest. When a double practice day is followed by a rest day, another double practice day is permitted after the rest day.
2. On a double-practice day neither practice may exceed 3 hours in duration nor may student-athletes participate in more than 5 total hours of practice. Warm-up, stretching, cool-down, walk-through, conditioning, and weight-room activities must be included as part of the total practice time. The 2 practices must be separated by at least 3 continuous hours in a cool environment.
3. Because the risk of exertional heat illnesses during the preseason heat-acclimatization period is high, it is recommended that an athletic trainer be on site before, during, and after all practices, but it is not required.

**Diagram 1.7 (2)**

Day	Acclimatization Practice Plan	Sports Equipment/Helmets/Pads
1	One Practice per day (3 hours Total) 1 hour walkthrough after 1 hour of rest	FB-Helmet only; SB and BB catchers equipment allowed *
2	One Practice per day (3 hours Total) 1 hour walkthrough after 1 hour of rest	FB-Helmet only; SB and BB catchers equipment allowed *
3	One Practice per day (3 hours Total) 1 hour walkthrough after 1 hour of rest	FB-Helmet / shoulder pads / blocking sleds / tackling dummies only
4	One Practice per day (3 hours Total) 1 hour walkthrough after 1 hour of rest	FB-Helmet / shoulder pads / blocking sleds / tackling dummies only
5	One Practice per day (3 hours Total) 1 hour walkthrough after 1 hour of rest	FB-Helmet / shoulder pads / blocking sleds / tackling dummies only
6-16	<ul style="list-style-type: none"> <li>• Alternate double practice days w/ a single practice day or a rest day.</li> <li>• <u>Double Practice Day</u>: 3 hour max per practice; 5 hour max total w/ 3 hour minimum rest between the two.</li> <li>• <u>Single Practice Day</u>: 3 hour max; 1 hour walkthrough after 1 hour rest.</li> <li>• During the preseason heat acclimatization period, if practice occurs on six consecutive days, participants should have one day of complete rest (no conditioning, walk-throughs, practices, etc.). Therefore, 16 days are needed to complete the 14-practice requirement.</li> <li>• On-site Athletic Trainer for the heat acclimatization period (days 1-16) if possible, but not required.</li> </ul>	FB-All equipment / full contact

\* Baseball and Softball catchers may wear protective gear for their safety and by rule, but must be allowed extra rest and water breaks during the practice.

\*\* Field Hockey: On days 3-5 goalie can wear protective equipment with extended breaks.

\*\*\* Golf is excluded from the heat acclimatization schedule but must have 14 days of practice completed before competition

\*\*\*\* The preseason scrimmage is a practice and the time spent for this scrimmage counts towards the total hours of practice in a day.

- C. **VOLLEYBALL PRESEASON SCRIMMAGE:** Refer to MSHSAA By-Law 3.16.5 for general rules regarding the preseason scrimmage. Volleyball teams have an opportunity to scrimmage other schools prior to their first regular season contest. Each school will be allowed to participate in only one preseason volleyball scrimmage. **The scrimmage may be conducted after your team has completed nine conditioning practices and before your first contest.** Team scoring and all NFHS rules shall be followed and enforced. Teams may wear practice or game uniforms.

The scrimmage can be a three or four team format only. When there are three schools participating, a maximum of four sets (two against each team to 21 points) shall be allowed. When there are four schools participating, a maximum of six sets (two against each team to 15 points) shall be allowed. Point caps are at the host's discretion.

**3-Team Format**

- A vs. B
- B vs. C
- A vs. C

**4-Team Format**

- A vs. B
- C vs. D
- A vs. C
- B vs. D
- A vs. D
- B vs. C

- D. **REGULAR SEASON WARM-UP PROCEDURE:** The Board has approved a statewide regular season warm-up procedure in volleyball, which is consistent with the district and state series warm-up procedure of 17 minutes, in order to insure a more safe and consistent procedure throughout the state. Neither individual schools nor conferences may reduce warm-up time prior to the match; however, the 5 minute shared stretching and ball-handling portion of the warm-up may take place in another appropriate area of the facility prior to teams taking the competition court for the remainder of the pre-match warm-up.

**Note:** The regular season district and state series warm-up is 17 minutes, consisting of 5 minutes of shared stretching and ball-handling followed immediately by the 12 minute warm-up (6-6: Receiving Team: full court, which includes serving. Serving Team: full court, which includes serving.) The clock and countdown shall not begin until the conclusion of the pre-match conference.

- E. **VOLLEYBALL CLOCK PROTOCOL AND COUNTDOWN:** The following clock protocol for volleyball matches is to be implemented for consistency during warm-ups.

**Time on Scoreboard**

18:00	Start clock at the conclusion of the shared pre-match conference; 5 minutes shared stretching/ball-handling – Receiving Team and Serving Team
13:10	Official Whistle – Serving Team vacates court
13:00	Sound Horn – 6 minutes (full court) Receiving Team
7:10	Official Whistle – Receiving Team vacates court
7:00	Sound Horn – 6 minutes (full court) Serving Team
1:10	Official Whistle – Serving Team vacates court
1:00	Sound Horn – Prepare for announcement of team line-up; National Anthem (if performed) etc.

- F. **INDIVIDUAL PLAYER LIMITS:** Except in tournament play, a team may participate in a maximum of three matches against three different schools (triple dual) on one calendar date.
1. Daily Set Limitations for Dual Competition
    - a) During the regular season dual competition, at all levels, a player may participate in a maximum of four sets on one calendar date against the same school.
    - b) Players participating in a varsity 3/5 set match, may participate in a maximum of five sets on one calendar date against the same school in regular season dual competition. Such players may only participate in a combination of varsity and junior varsity play (i.e. not in a freshman match).
  2. Season Limit: A player may participate in a maximum number of sets for the season that equals four times the number of dual matches (excluding tournament matches) played by the higher team on which the individual plays. [Example: Varsity selects schedule of 16 duals and 3 tournaments. Players are limited to 16x4 (64 sets) plus participation in three tournaments over the course of the season.] [Extra sets played in 3/5 set matches must be counted and may not exceed the maximums described above.] For additional information refer to MSHSAA By-Law 3.25 in the MSHSAA Official Handbook.
- G. **OPTIONAL 3/5 FORMAT:** Missouri schools may utilize the 3/5 format or the 2/3 format for varsity level dual matches only (not in triangulars, quads or tournaments). In the 3/5 format, the school to win three games wins the match and the fifth game, if needed, is played to 15 points rather than 25 points (win by two). Schools and/or conferences may utilize the 3/5 format for one or more of their varsity dual matches, as agreed upon by both schools and officials in advance. The format for the match must be clearly specified on the game contract and the officials' contract prior to the contest. Lower level contests (junior high, freshman, junior varsity) will continue to be played in the 2/3 format only. The 2/3 format will continue to be used in the district and state series until a majority of volleyball playing schools support moving the district and state series to the 3/5 format.

- H. **MODIFIED 3<sup>RD</sup> SET IN SUB-VARSITY MATCHES:** The MSHSAA Board of Directors approved a state association adoption per rule 1-2-2 of the NFHS Volleyball Rules Book to allow schools the option for sub-varsity level (i.e. junior high, freshman, junior varsity only) dual matches only to abbreviate the third set, when played, to be completed at 15 points or 25 points. The modification should be specified in the game contract, the officials' contract and agreed upon prior to the match.
- I. **OFFICIALS FOR VARSITY CONTESTS:** There shall be **two** (2) MSHSAA registered officials for all varsity level volleyball contests within the boundaries of Missouri and/or hosted by a member school (grades 7-12). For sub-varsity contests, only one official may be used (**By-Law 6.1.2**).
- J. **LINE JUDGES AND FLAGS:**
1. It is recommended that adults be used as line judges during regular season play. This position is considered official game personnel, along with the official scorer, libero tracker, and timer.
  2. In Missouri, each school shall be responsible for providing one line judge to officiate all levels of volleyball matches. MSHSAA Registered Officials are to be used as line judges at sectionals and state tournament matches and at other matches when possible.
  3. Line Judges may use flags. The flags shall be solid red in color and of a recommended size of approximately 12x12 inches to approximately 16x16 inches. The flag and hand grips should be securely affixed to the pole. The school will be responsible for providing the flags for the line judges, however the contest officials will be allowed to provide flags if needed.
- K. **JUNIOR HIGH COMPETITION:** All NFHS volleyball game rules shall apply to the **competition**. However, schools with a prior mutual agreement may lower the net to 7 feet to accommodate this age group.
- L. **GOOD SPORTSMANSHIP:** Good sportsmanship is an integral part of school activities. Coaches, players and fans should display only those actions which reflect the highest ideals of sportsmanship in the athletic program at all times. Any type of cheering, yelling and other similar actions which are done in a fashion to disconcert or be derogatory toward the opposing team or a specific opponent at the point play is occurring is considered inappropriate. Cheering, yelling and other support should be in a positive nature toward the school team and not done to taunt or disconcert opponents.
- M. **UNSPORTSMANLIKE CONDUCT:** The Board of Directors is vested with the power to suspend schools from membership for the unsportsmanlike conduct of teams, coaches, students or fans. Each school is responsible for the conduct of its teams, coaches, students and fans at matches both at home and away.
1. The Board may delegate to the Executive Director power to take immediate action when a situation demands such. The party or parties concerned shall have the privilege of requesting a hearing before the Board of Directors at its next regularly scheduled meeting for a review of the case and the action taken by the MSHSAA Office.
  2. The Board of Directors may, at its discretion, substitute a fine not to exceed the sum of \$25.00 for each offense in lieu of suspension from the Association or to take any action that it deems advisable that does not exceed the maximum penalty of 365 days suspension from the Association.
- N. **REMOVAL OF TEAM FROM MATCH:** Any school whose coach removes a team from play in protest may be required to appear before the Board at its next meeting to show reason why the school shall not be suspended.
- O. **SANCTIONING:** Anytime a MSHSAA member school competes in a tournament, by definition, with an out-of-state school(s) or in any event co-sponsored by any party other than the MSHSAA member school (i.e. a university, theme park, shoe company, etc.) must file a sanction request via the MSHSAA website at least thirty (30) calendar days prior to the event. It is the event hosts responsibility to obtain the sanction; however, each participating MSHSAA member school shall take responsibility to verify that the sponsor has sanctioned the event prior to participation. (Also see MSHSAA By-Law 3.18)
- P. **VOLLEYBALL TOURNAMENTS:** For interscholastic volleyball tournaments which involve pool play, each pool shall be limited to five teams. Abbreviated play may only be utilized during pool play. Abbreviated pool play matches do not count towards the tournament match limitations. No team in the tournament shall compete in more than **six** regulation matches in the tournament.
- Q. **APPROVED FORMATS OF ABBREVIATED POOL PLAY:**
1. 2 sets rally scored (no third set)(choice of points, win by two)
  2. 2 out of 3 sets rally scored (choice of points, third set **must** be abbreviated, win by two)
- NOTE:** Point caps are allowable under either of the above forms of abbreviated pool play.

- R. **MSHSAA PROTEST PROCEDURE:** The Board of Directors has adopted the following Policy to address protests. The Board acknowledges that mistakes are made by game officials in judgment and even sometimes misapplication of game rules. However, the decisions rendered by game officials at the game site are to be final and any further process other than the one outlined below would not truly serve a useful purpose in the overall scope of high school athletics.
1. Within the guidelines of each individual sport rule code, the head coach must request a review of an officials' application of a rule through appropriate channels.
  2. If after the review is complete and the coach still believes there has been a misapplication of a rule by a contest official(s), he/she shall then file a formal verbal protest with the game official(s) who will then notify the opposing coach immediately. A coach may not protest a decision of judgment.
  3. After this notification, the head coach will then be allowed approximately ten minutes to use his/her National Federation Rules book, National Federation Case Book, MSHSAA Rules Review Announcement and/or MSHSAA Sport Manual to locate and show the game official(s) the appropriate rule reference and misapplication of the game rule. If the head coach does not have his/her personal copies of the above mentioned materials at the game site or the specific rule reference(s) or case book play(s) cannot be located within the maximum allowable ten minutes, the protest shall automatically be disallowed and the game shall continue from the point of interruption. If a rule reference(s) or case book play(s) is found that indicates a misapplication of a rule has occurred, the official(s) decision shall be corrected at that time before any further action occurs, and the game shall be resumed from the point of interruption after the correction. When appropriate, the game officials may assist the head coach in locating appropriate rule and case book references.
  4. All protests shall be resolved at the contest site before any further game action occurs.
  5. Protests that are not filed in a timely manner by that sport rule code shall be automatically disallowed.
  6. The MSHSAA Board of Directors and/or Staff shall not review contest protests.

## **SECTION 2: CRITERIA FOR POST-SEASON**

- A. **MSHSAA BY-LAW PROVISIONS:** In order to enter students in the MSHSAA State Volleyball Championships Series, the following provisions must be met:
1. A school must have employed a volleyball coach and offered instruction in volleyball as provided in MSHSAA By-Law 3.1.
  2. A school must meet all provisions of MSHSAA By-Law 5.1 concerning the number of matches which must be scheduled.
  3. In part, By-Law 5.1 indicates "No individual student shall be entered who has not represented her school in interscholastic competition in that sport during the season." In volleyball, as all sports, if a player is to be entered in the district tournament she shall have played in at least one regular season contest PRIOR to the district tournament.
- B. **CLASSIFICATION:** The district, sectional and state volleyball tournaments will be administered under a two-year (2016-17 and 2017-18) classification. Based upon the total number of schools participating in the sport, schools shall be divided equally into four classes: Class 1, 2, 3 and 4. Lowest enrollment schools shall be Class 1 with the highest enrollment schools being Class 4. (Enrollment is based upon grades 9-12) **NOTE:** Due to the two-year classification assignments, NO change in class shall be made during the middle of the two-year classification assignment.
- C. **DISTRICT ASSIGNMENTS:** District assignments, listing host sites and local managers will be published on the MSHSAA website early in the season.
- D. **SPORTS REGISTRATION FEE:** Schools which submitted the Tournament Registration Fee for volleyball have been assigned to a District Volleyball Tournament.
- E. **SPORTS SEASON:** Only those schools participating in the fall girls' volleyball season, as outlined in MSHSAA Athletic By-Laws (Section 3) will be eligible to enter a girls' district volleyball tournament.
- F. **GAME BALL:** The official game ball for districts and the state tournament series for 2016-17, 2017-18 and 2018-19 is the Baden VX5EC Perfection 15-0 in **red/white/blue**. A game ball will be shipped to all sites from the MSHSAA office.

- G. **DISTRICT TOURNAMENT:** The tournament series consists of sixteen district tournaments in each class scheduled to be played during the week of October 16-19. All district tournaments shall end Thursday, October 19, 2017.

### **SECTION 3: DISTRICT ENTRY PROCEDURES**

- A. **PARTICIPATION IN DISTRICT TOURNAMENT:** Any team scheduled to play in the district tournament that does not appear as scheduled is subject to a forfeit and shall be responsible for paying the scheduled officials' fees.

B. **ENTRY PROCEDURES:**

1. All school/team district entries shall be submitted online for the MSHSAA District and State Tournament Series. The online guide for accomplishing this entry process can be found on the MSHSAA website by following these steps:
  - a. Log on to your school page as the Athletic Director/Coach
  - b. Under "Sports and Activities" select the link "District Entries"
  - c. Click on "Girls – Volleyball"
  - d. Complete the screens as listed.

Be sure to submit your Official Recommendations, District Eligibility Roster, Season Record and Pass List by the indicated individual deadlines listed on the MSHSAA website and included in this manual.

All eligible players shall be listed on the roster at the time of the beginning of each tournament (the District Tournament is one tournament and the Sectional/State combination is a second single tournament). No new players may be added to the roster once the team has participated in the respective tournament.

**Example:** A coach may add a player to the roster at the completion of the District Tournament prior to participating in the Sectional Tournament. Once sectional match play begins no further additions would be allowed.

2. **Tournament Roster:** Maximum number of players appearing on the team roster is **15**.
3. **Officials Recommendations:** All coaches are to submit Post Season Volleyball Officials Recommendations, on the MSHSAA website under the "District Entries" link. Recommendations must be submitted online no later than Friday of Week number 11 (September 15, 2017). These recommendations will also be used when determining Sectional/State assignments.

Purpose of Official Recommendations: MSHSAA takes the officials recommendation/non-recommendation process very seriously. This process for post-season officials is designed to enhance the quality of officiating through input from each school on those officials that should be considered for post season contests. MSHSAA has the right to dismiss any recommendations/non-recommendations, submitted by head coaches, if it is determined that the coach has abused and/or manipulated the process for intentions not aligned with MSHSAA's purpose and philosophy in selecting post season officials.

4. **District Eligibility Roster:** This information shall be submitted online one week prior to the first allowable playing date of the district tournament (Monday, October 9, 2017). A school should include on the list all of its eligible athletes for girls volleyball (maximum of **15**). Failure on the part of the school and/or head coach to complete this process could result in the elimination of the school from the MSHSAA district and/or state championship series and a \$50 late fee will be assessed to the school.
5. **Season Record:** This information shall be submitted online five calendar days **prior** to the meeting date to draw the district tournament bracket.
6. **Pass List:** The district pass list shall be submitted on the MSHSAA website to the district manager no later than one week prior to the first allowable playing date of the district tournament (Monday, October 9, 2017).
7. **Sideline Cheerleaders:** Varsity sideline cheerleaders in uniform from each school that have been listed on the pass list shall be admitted free at each session in which their team participates. All cheerleaders must arrive as a group with their coach for admittance; coach's name must be listed on the pass list as well.
8. **Late Entries:** Managers are allowed to accept late entries up to the time of the seed meeting to draw the district tournament bracket commences. A late entry penalty fee of \$50 shall be assessed for the late entry. No entries will be accepted after the commencement of the district seed meeting to draw the tournament

bracket begins. The district manager shall notify MSHSAA regarding any late entries for the tournament. MSHSAA shall invoice any school(s) owing a late entry penalty fee.

9. Seed Meeting: The district manager shall schedule a meeting to draw the tournament bracket. The meeting shall be held no earlier than Saturday, September 30<sup>th</sup> and no later than Saturday, October 7<sup>th</sup>. All schools assigned to the tournament should be notified of the time and place for the meeting at least seven days in advance and all schools are requested to send a representative.

- a. At the seeding meeting, the participating coaches present shall rank teams for seeding purposes. The teams shall be ranked fairly regardless of how this may affect each coach's team. Each coach shall rank each team in the district, excluding his/her own team, from top to bottom on a secret ballot that will then be published in open forum and tallied to determine the overall seeding. When ranking teams, the committee shall take into account each team's win-loss record (varsity matches only), head-to-head competition, caliber of competition and common opponents they have played over the season.

**NOTE:** Tournament record shall be recorded as a match won if two sets are won, as a match lost if two sets are lost, and as a tie if there is a split in pool play. **NOTE:** If a one-set playoff format is utilized to determine the advancement of teams to the finals, this one set is not counted in match play.

If a tie should occur in this seeding process, the tournament committee shall look at the tied teams only and their individual seeds from the other schools in the district to break the tie. Based upon each ballot, the tied teams would be assigned one or two points based upon their relative seeds. The team with the fewest points shall be awarded the higher seed. Should a tie still exist, the tournament committee shall determine the seeds of the tied teams. A tournament committee member whose team is involved in the tie shall abstain. The tournament committee shall have the authority to throw out a ballot that is obviously cast to negatively influence the seeding process. The committee shall reverse the right to accept or reject the coaches' recommendations.

- b. Teams shall be placed on the bracket by the committee. In districts of eight or fewer teams, the teams shall be placed on the bracket according to seeding as illustrated by the sample 8-team bracket in the back of this manual. Any byes are to be given to the first-seeded team, then the second-seeded team, etc. In districts of nine or more teams, the teams shall be placed on the bracket according to seeding as illustrated by the sample sixteen-team bracket in the back of this manual. Any byes are to be given to the first-seeded team, then the second-seeded team, etc.

10. Additions/Substitutions:

- a. Prior to Districts: The school may substitute prior to their first match in districts, any athlete from its eligibility list to replace one listed on the roster section of the District Volleyball Entry and Information Form. Substitutions after the first set begins may be made only in case of illness, verified by a physician. Any player who is thus replaced may not return to competition in the district tournament, but may return to competition during the sectional and/or state tournament provided her name has been added to the team roster prior to the first set of the state series tournament (see below). Additions may be made to the team roster after it is submitted for the district tournament, even if the number of names listed is less than the maximum limit of 15. A \$50 late fee per entry will be assessed to the school for any changes made after the deadline.
- b. After Districts but Prior to Sectionals: A school may substitute or add to the team roster which was submitted for district play, prior to the start of the first match of the state tournament (sectional semi-finals). Additions may only be made until the maximum roster limit of 15 is reached. No additions or substitutions can be made after the first match of the state tournament (sectional semi-finals).

11. Accuracy: The MSHSAA staff strives to publish the most accurate materials for all Championship events. Since a majority of the information contained in Championship publications is submitted by qualifying schools, it is imperative that the MSHSAA office receive correctly-spelled names, accurate classifications (year in school), season results, statistics of participants and coaching information. The MSHSAA Board of Directors has approved a fine process for all late, incomplete or illegible submissions for MSHSAA Championship publications. Schools that do not submit their information to MSHSAA in a timely, legible, complete and accurate manner will be fined \$25 per offense (Board Policy #20). Electronic reports must be submitted by the appropriate deadline in the format and style included with the report instructions. It is the responsibility of the school to verify that MSHSAA has received its program information, team photo and any other required information by the appropriate deadline.

In addition to the appropriate roster and schedule information, the following statistical information will be requested for Volleyball teams advancing past the district tournament:

<b>MP</b>	Matches played for the individual
<b>GP</b>	Sets played for the individual
<b>K</b>	Kills recorded to date
<b>E</b>	Hitting errors to date
<b>TA</b>	Total attacks to date
<b>Pct</b>	Hitting percentage (kills minus errors divided by total attacks)
<b>AST</b>	Assists recorded to date
<b>SA</b>	Serving aces recorded to date
<b>Dig</b>	Digs recorded to date
<b>TB</b>	Total Blocks (includes solo blocks and block assists)

**NOTE:**

- 1) These numbers should represent all matches played through the district tournament and will be required for teams advancing past the district tournament. Any statistical information to be found incomplete will result in a fine per Board Policy #19 as listed above.
- 2) Stats only need to be entered once prior to the Sectional game. The stats will not need to be updated after each playoff contest.
- 3) If you have any statistical questions, do not hesitate in contacting Jason West in the MSHSAA office by e-mailing [jason@mshsaa.org](mailto:jason@mshsaa.org) or calling (573) 875-1077.

- C. **ROSTER AND BENCH PERSONNEL:** During the district and state series, only 15 players may be listed on the roster. These 15 players, team coaches and two managers shall be permitted to sit on the team bench.

## SECTION 4: CHAMPIONSHIP SERIES

A. **DISTRICT TOURNAMENT FORMAT:**

1. **Scoring Format:** The scoring format to be used for the 2017-18 district and state series competition will be: two out of three sets; rally scored to 25 points; with no point caps.
2. **Single Elimination:** Tournament will be conducted as single elimination. There will be no third place matches at districts.
3. **Best Two-Out-Of-Three:** Tournament play shall consist of a best two-out-of-three regulation – set match and a match shall end when one team has won two sets.
4. **Warm-Up:** For district tournaments, the time between matches shall be a maximum of 17 minutes, consisting of 5 minutes shared stretching and ball-handling followed immediately by the 12 minute warm-up (6:6: Receiving Team, Serving Team – serving time has been included in the 6 minute warm-up). The clock and countdown shall not begin until the conclusion of the pre-match conference. The District Tournament Committee may lengthen this time allowance only if conditions warrant.
  - a. The 5-minute stretching and ball-handling period should start as soon as the court is available.
  - b. Each team is entitled to one half of the court during the 5 minute stretching and ball-handling period.
  - c. Each team will have access to the full court during their 6 minutes to warm-up.
  - d. The team that will receive first will warm-up (full court) first.
  - e. The serving team will warm-up (full court) during the second 6 minutes.
  - f. The 6 minute warm-up for each team includes serving.
  - g. Back-to-back matches: see number 7 below.
  - h. If space permits, teams shall be allowed to warm-up during the match prior in a designated area of the host schools' facility.

5. Warm-Up Balls: Unless notified otherwise by the district and sectional managers, individual schools shall be responsible for providing their own volleyballs for warm-ups.
6. Home Team: The top team on the bracket shall be the home team. The bottom team on the bracket shall be the visiting team and shall call the toss for serve.
7. Matches in a Day: Unless some unusual scheduling problems arise, a team shall not be required to play more than two matches in one day.
8. Break Before Finals: When district semifinal and final matches are being played on the same date the two teams from the top half of the bracket shall play the first match, the two teams from the bottom half of the bracket shall play the second semi-final match. Following the second semi-final match, both coaches shall meet with host administration to determine the length of the intermission period. There shall be an intermission of thirty minutes between the second and third matches in addition to the 6:6 warm-up, unless participating coaches mutually agree to a lesser time. Host administration may need a period of time (to be included within the 30 minute intermission) for court cleaning, etc.; however, following this maintenance period (if necessary) each team may use only their half of the court for stretching and ball-handling. The full court may not be used by either team until the pre-match warm-up period begins.
9. Maximum Participants: A maximum of 15 players may be on the roster and in uniform for tournament matches. Boys shall not play in the district, sectional, or state matches of the girls' volleyball series.
10. Practice: Visiting schools participating in the district or sectional rounds will not be allowed to practice at the tournament site prior to the start of the tournament.
11. Music: Pre-recorded music at the district and state series tournaments shall not be played by the individual schools in the playing/practice areas, but the host school may provide music for all schools if approved by the tournament committee.
12. District Winners: Each team that qualifies for sectional play will be provided a packet of instructions by the district tournament manager. The sectional hosting format for this year is located in Section 4-B. The sectional tournament manager may have additional instructions to give competing schools upon arrival. If there is a change in the team roster, the change shall be updated on the MSHSAA website and provided to the tournament manager in advance of the tournament. (Changes must adhere to the substitution policy)
13. Awards: Plaques will be awarded to the first and second place teams in each district tournament. Trophies will be presented to the first, second, third and fourth place teams in the state tournament along with individual medals for 15 players, the head coach and the assistant coach.
14. Spectator Restrictions: See Appendix F in this manual.
15. Continuous Standing: The district tournament committee shall establish specific guidelines regarding student cheer and spirit groups. The committee shall create these guidelines with a primary focus on sportsmanship and respect for other schools and spectators. The guidelines shall also consider the seating needs of the host facility. If the establishment of designated student seating sections is recommended by the tournament committee, the following criteria shall be enforced:
  - a. At least one empty row must serve as a buffer between the floor and the student sections.
  - b. The student sections shall be specifically marked and separated (such as by rope, pennants or other barrier) from the general spectator seating areas.
  - c. The student section shall be cleared out at the conclusion of each game for use by the schools playing the next contest. If a school is playing back-to-back games with its boys and girls teams, that school may remain in its section for both contests, as long as remaining in that section does not conflict with information mentioned in item g below.
  - d. In the interest of sportsmanship and positive behavior, the student sections for competing teams shall not be adjacent to each other, directly behind either goal, or directly behind the bench of the opposing team.
  - e. The student sections shall be placed in locations that minimize the obstruction of other patrons when the students stand in unison.
  - f. Sportsmanlike behavior is expected at all times from the student section.
  - g. An administrator with the responsibility of supervising students should be present at all contests involving that particular school and be present throughout the contest in the vicinity of the student section or in an area designated by the host site administrator.

- h. An administrator from each participating school, the host site administrator and a representative of the game officials shall meet prior to game time to reiterate the site's guidelines for student cheer and spirit groups; discuss the sportsmanship goals of the contest; and to confirm the physical location of the school administrators during the contest.

- B. **SECTIONAL TOURNAMENT FORMAT:** Matches will be held at **four** sites in each class on Saturday, October 21, 2017 (See bracket in Appendix B). **Time Schedule and Pairings and host sites for Sectional Tournaments are provided below. Teams that finish first in their district will advance to the sectional tournament.**

**ATTENTION – HOST SITES:** The sectional tournament will be hosted by one of the 4 district winners assigned to that sectional. Schools participating in sectionals may select either Option 1 or Option 2 below to determine the tournament start time. All schools attending that sectional must agree on the start time selected or Option 2 shall be used.

<u>Site</u>	<u>Match-Up</u>	<u>Host Site</u>	<u>Time –Option 1</u>	<u>Time – Option 2</u>
Sectional #1	District 4 vs. 2	<b>Winner of District 4</b>	1:00	3:00
	District 1 vs. 3		2:30	4:30
Sectional #2	District 8 vs. 6	<b>Winner of District 8</b>	1:00	3:00
	District 5 vs. 7		2:30	4:30
Sectional #3	District 12 vs.10	<b>Winner of District 12</b>	1:00	3:00
	District 9 vs. 11		2:30	4:30
Sectional #4	District 16 vs.14	<b>Winner of District 16</b>	1:00	3:00
	District 13 vs.15		2:30	4:30

**Break Before Final:** Following the second semi-final match, both coaches shall meet with host administration to determine the length of the intermission period. There shall be an intermission of 30 minutes between the second and third matches in addition to the 6:6 warm-up, **unless** participating coaches mutually agree to a lesser time. Host administration may need a period of time (to be included within the 30 minute intermission) for court cleaning, etc.; however, following this maintenance period (if necessary) each team may use only their half of the court for stretching and ball-handling. The full court may not be used by either team until the pre-match warm-up period begins.

- C. **STATE TOURNAMENT:** Four teams from each class will advance to the state tournament to be held at the Show-Me Center in Cape Girardeau and will take place on Friday and Saturday, October 27-28, 2017.

1. **State Tournament Time Schedule and Pairings:** Please note that matches may start later than the time listed below depending on play.

**Friday, October 27, 2017**

<u>Time</u>	<u>Class</u>	<u>Court 1</u>	<u>Court 2</u>
8:57 a.m.	National Anthem		
9:00 a.m.	Class 2	1 vs. 3	4 vs. 2
10:00 a.m.	Class 1	1 vs. 3	4 vs. 2
11:00 a.m.	Class 2	3 vs. 4	1 vs. 2
12:00 p.m.	Class 1	3 vs. 4	1 vs. 2
1:00 p.m.	Class 2	1 vs. 4	2 vs. 3
2:00 p.m.	Class 1	1 vs. 4	2 vs. 3
3:00 p.m.	Class 4	1 vs. 3	4 vs. 2
4:00 p.m.	Class 3	1 vs. 3	4 vs. 2
5:00 p.m.	Class 4	3 vs. 4	1 vs. 2
6:00 p.m.	Class 3	3 vs. 4	1 vs. 2
7:00 p.m.	Class 4	1 vs. 4	2 vs. 3
8:00 p.m.	Class 3	1 vs. 4	2 vs. 3

**Saturday, October 28, 2017**

<u>Time</u>	<u>Class</u>	<u>Location</u>	<u>Match</u>
8:57 a.m.	National Anthem		
9:00 a.m.	Class 2	Center Court	Third Place
10:30 a.m.	Class 2	Center Court	Championship
12:00 p.m.	Class 1	Center Court	Third Place
1:30 p.m.	Class 1	Center Court	Championship
3:00 p.m.	Class 4	Center Court	Third Place
4:30 p.m.	Class 4	Center Court	Championship
6:00 p.m.	Class 3	Center Court	Third Place
7:30 p.m.	Class 3	Center Court	Championship

2. Round Robin Semifinal Rounds (Friday): The semifinal round of the state tournament will consist of three rounds of two-set matches to determine the teams that qualify to play in the championship match. Each of the four sectional winners will play six sets (two vs. each team) in the semifinal round. Placement onto the final bracket will be determined by the win/loss records.
  
3. Round Robin Semifinal Tie-Breaking Procedures: In the event that a tie should occur the appropriate procedure (a, b, c or d) listed below shall be followed to resolve the tie.
  - a. Breaking a win/loss record tie within the final match(es)(i.e. tie between seeds 1 and 2 OR tie between seeds 3 and 4) should use procedures ai-aiv in order; stop after the step that breaks the tie:
    - i. Head to head competition
    - ii. Point differential for sets between those two teams only
    - iii. Total point differential for those two teams
    - iv. Random draw or coin toss
  - b. Breaking a three-way win/loss record tie (i.e. tie between seed 1, 2 and 3 OR 2, 3 and 4): Total point differential is used to determine seed #1 in the first example or seed #4 in the second if possible; that team is then moved onto the final bracket (as seed 1 or seed 4, respectively). If two tied teams remain (seeds 2 and 3), move to letter c to break this tie. If there is a three-way tie in total point differential or if there is a two-way tie in total point differential for seeds 1 and 2 or 3 and 4, three 25-point sets will be played to break the tie, after which the win/loss records (out of 2) will be considered first. If a tie remains, then letter b will be started again.
  - c. Breaking a win/loss record tie to determine the second team to play in the final match (Championship or Third place) (i.e. tie between seeds 2 and 3 only) Use procedures 3ci-3cii in order; stop after the step that breaks the tie:
    - i. Head to head competition
    - ii. If the two teams split during pool play, then a tie still remains and one 25-point set will be played. Neither point differential between the two teams nor total point differential will be considered.
  - d. Breaking a four-way win/loss record tie (i.e. all 4 teams split and finish at 3-3): Total point differential is used to seed all four teams for two play-off sets to 25 points (1 vs. 4 and 2 vs. 3). Team 1 will play Team 4 with the winner advancing to the championship match; the loser to the third place match. Team 2 will play Team 3 with the winner advancing to the championship match; the loser to the third place match. If a tie in total point differential prevents the 1 vs. 4, 2 vs. 3 seeding procedure, the point differential between those tied teams from pool play will be used to break the tie for seeding, unless the net point spread is zero between those two teams. If a three-way tie in total point differential prevents the seeding of 1, 2 and 3 OR 2, 3 and 4, then the net point differential for sets between those three teams only will be used to determine seed 1, 2 and 3 OR seed 2, 3 and 4. In either case stated above, random draw or coin toss will determine the seeds for the play-off sets.

EXAMPLE:  
(2-Set Match)

Round I  
Red vs. Blue  
Purple vs. Green

Round II  
Red vs. Green  
Blue vs. Purple

Round III  
Red vs. Purple  
Green vs. Blue

Team	Red	Blue	Green	Purple	W	L	Total Point Differential	Place
Red	X	25-23 25-17 +10	25-19 25-20 +11	15-25 28-30 -12	4	2	+9	2 (step ci)
Blue	23-25 17-25 -10	X	21-25 21-25 -8	12-25 18-25 -20	0	6	-38	4
Green	19-25 20-25 -11	25-21 25-21 +8	X	26-24 26-24 +4	4	2	+1	3 (step ci)
Purple	25-15 30-28 +12	25-12 25-18 +20	24-26 24-26 -4	X	4	2	+28	1 (step b)

4. Coaches Meeting: See the sectional winner packet for information.
5. Final Matches (Saturday): Regulation final matches (2 out of 3) will be played for third place matches and championship matches on Saturday.
6. One-Day Format if needed: In the case of an emergency which prevents a two-day state volleyball tournament, the pool-play standings of a one-day format will be used to determine the top four places.

**APPENDIX A:  
CONCUSSION EDUCATION AND MANAGEMENT PROTOCOL**

**Education:** Concussions are common in sports. The Missouri State High School Activities Association (MSHSAA) believes that proper education of coaches, officials, athletes and their parents or guardians are key to safely returning a student athlete to play. Appropriate immediate care after a suspected concussion, and follow-up incorporating a multi-disciplinary team that includes the coach, parent or guardian, athlete's physician, team physician and athletic trainer (if available), and school representatives also are important for the proper management of a sport-related concussion.

Each school district will receive educational materials for coaches, athletes, parents and school officials as well as the required forms for student athlete participation and parent or guardian consent form, and recommended medical clearance forms for return to play.

Annually, MSHSAA member school districts will ensure that every coach, student athlete and parents or guardians of student athletes completes a concussion and head injury information sheet and returns the form to the school district prior to the student athlete's participation in practice or competition. Officials will receive training from their parent organization. Each official's organization will require annual concussion training and maintain a signed head injury information form for each official.

**Recognition and Evaluation of the Athlete with a Concussion:**

1. Recognition of the signs and symptoms of a concussion is important. Every member of the team-athlete, teammates, coaches, parents or guardians, officials, athletic trainers and team physicians have a duty to report a suspected concussion. Not all school districts have medical personnel available to cover every practice and competition; therefore, the coach is the person in the best position to protect the player and must be aware that not all student athletes will be forthcoming about their injury.
2. An official shall not be responsible for making the diagnosis of a concussion. The official can assist coaches and medical staff by recognizing signs and symptoms of a concussion and informing the coach and medical staff of their concerns.
3. The coach (Certified Athletic Trainer) ATC, or physician on site should evaluate the athlete in a systemic fashion:
  - a. Assess for airway, breathing and circulation (basic CPR assessment)
  - b. Assess for concussion
    - i. Any unconscious athlete should be assumed to have a severe head and/or neck injury and should have their cervical spine immobilized until a determination can be made that the cervical spine has

not been injured. If no medical professional can make the assessment, the athlete should be transported to an appropriate emergency care facility.

- ii. A conscious athlete with no neck pain can be further evaluated on the sideline.
4. An athlete experiencing ANY of the signs/symptoms of a concussion should be immediately removed from play. Signs/Symptoms of a concussion include:

PHYSICAL	COGNITIVE	EMOTIONAL
Headache	Feeling mentally "foggy"	Irritability
Nausea/Vomiting	Feeling slowed down	Sadness
Dazed/Stunned	Difficulty concentrating	More emotional
Balance problems	Difficulty remembering	Nervousness
Visual problems	Forgetful of recent information	
Fatigue	Confused about recent events	
Sensitivity to light	Answers questions slowly	
Sensitivity to noise	Repeats questions	

5. Evaluation:
- a. Following any first aid management, the medical team, or coach in the absence of medical personnel, should assess the athlete to determine the presence or absence of a concussion. The SCAT (Sideline Concussion Assessment Tool) and SCAT3 are effective assessment tools that are readily available and can assist with the assessment.
  - b. The athlete should be monitored for worsening or change in signs and symptoms over the next 24 hours. Instructions should be given to the parent or guardian as to signs and symptoms that may require further or more emergent evaluation.
6. Management of a concussion and return to play:
- a. An athlete determined to have a concussion or have concussion-like symptoms will be removed from practice or competition and is not allowed to return to practice or competition that same day.
  - b. If an athlete displays concussion-like signs or symptoms, the athlete should be assumed to have a concussion until further medical evaluation can occur. **"WHEN IN DOUBT, SIT THEM OUT!"**
  - c. Written clearance from a Physician (MD or DO), Advanced Nurse Practitioner in written collaborative practice with a physician, Certified Physician Assistant in written collaborative practice with a physician, or Certified Athletic Trainer in written supervision of a physician, must be provided prior to return to play.
  - d. Following a concussion, the athlete should have both physical and cognitive rest until symptoms have resolved.
  - e. An athlete must be asymptomatic at rest and with exertion prior to return to play.
  - f. A graduated return to play protocol outlined by the Third International Concussion in Sport Group Statement (2008, Zurich) and recommended by the NFHS ([www.nfhs.org](http://www.nfhs.org)) may be used to guide return to play following medical clearance.

**APPENDIX B: SUPPLEMENTAL OXYGEN STATEMENT**

"Oxygen is a prescription drug that has very specific indications and uses. Like all drugs, it can have side effects and possible toxicity. There is no evidence that it enhances athletic performance or speeds recovery from athletic activities (except possibly at altitude). Oxygen, which is available by prescription only, plays a vital role in the treatment of specific conditions such as exertional sickling and should be available on the sideline only with the prescription of a physician and only for use in medical emergencies where indicated. Also, it can be very dangerous if used around a flame, as it promotes combustion and is therefore a safety hazard." Also please reference the Invasive Medical Procedures position statement-NFHS found on the MSHSAA Sports Medicine tab.

## APPENDIX C: SECTIONAL TOURNAMENT BRACKET

Sectional Semi's    Sectional Finals    State Qualifiers

### District #4 Winner



See Section 4 for the Sectional and State Championship Schedule.

The State Tournament will be held at the Show-Me Center in Cape Girardeau.

See Section 4 for information concerning the round-robin format of the State Tournament semi-final round.

Sectional Hosts and Sites:  
Winners of Districts **4, 8, 12** and **16** will be the site and host of the sectional tournament.

### District #12 Winner



### District #16 Winner

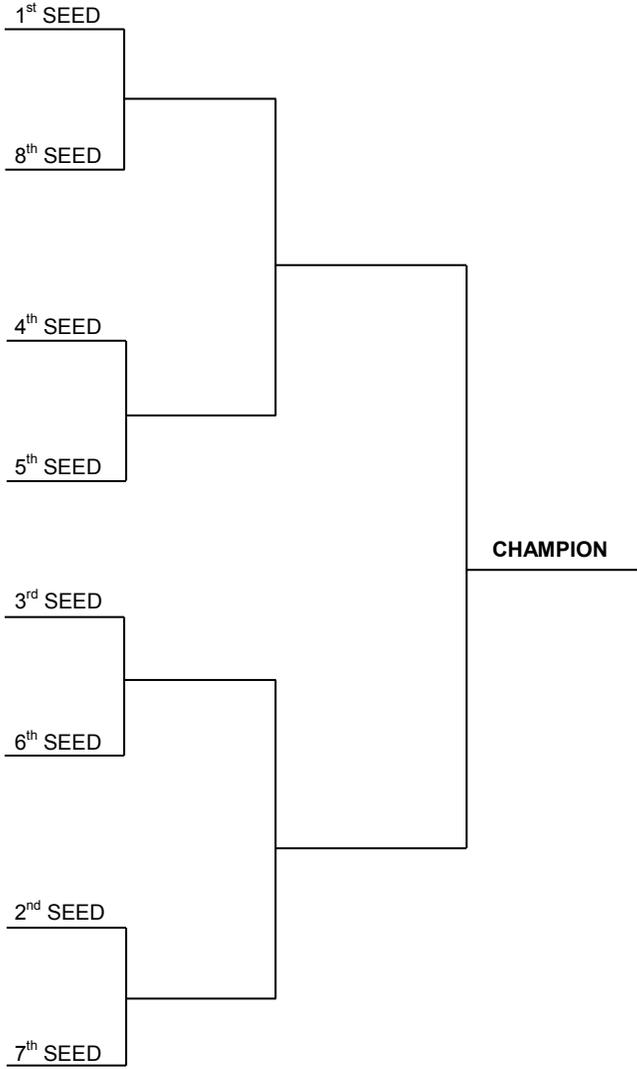


### District #8 Winner



**APPENDIX D: SAMPLE BRACKETS**

**SAMPLE: 8-TEAM BRACKET**  
(To be used in districts of 8 or less teams)



**SAMPLE: 16-TEAM BRACKET**  
(To be used in districts of 9 or more teams)



## APPENDIX E: SITE SELECTION PROCESS

- A. **General Criteria: The following district site selection process shall be used for Girls' Volleyball.**
1. Assignments of schools to specific districts shall be established by MSHSAA staff at the beginning of each two-year classification period. These assignments will remain constant unless it becomes necessary to modify assignments as determined by the MSHSAA staff.
  2. The MSHSAA staff shall select one Athletic Administrator or Principal (per district) to serve as the chairperson who shall coordinate the site selection process for each activity.
  3. The chairpersons will be contacted and confirmed via email by the MSHSAA staff.
  4. Each chairperson shall review the list of schools assigned to his/her district on the MSHSAA website under the district assignments link.
  5. Each chairperson will contact all athletic administrators of schools assigned to the specific district and arrange for a meeting (face-to-face is preferred but telephone conference call, email, fax, ballot, etc. is acceptable) to select the host site(s). MSHSAA shall incur no expense in conjunction with this meeting.
  6. The request shall be to select the host site(s) for both years of the two-year classification cycle in most sports. The host site may be the same for the two year cycle, or a different school each year. Some activities have school participation levels that fluctuate too much to have the host site assignment made for two years. Those activities will be indicated in the sports specific information provided by the MSHSAA staff.
  7. Specific criteria shall be established and published in each MSHSAA activity manual. The chairperson and school representatives shall follow the specific criteria to determine the appropriate course of action to be followed when selecting the district host site(s).
  8. The district chairperson shall notify the MSHSAA office, via email, by the established deadline and indicate the selected host site(s) and manager's information for the two-year classification period (unless otherwise indicated in the specific activity criteria).
  9. The MSHSAA staff shall review the submitted host sites for any necessary adjustments and final approval. The MSHSAA staff and/or Board of Directors shall select the host site when a district committee is unable to reach agreement or the Board determines a suggested site is unacceptable due to site constraints. A neutral site may only be used, provided there is prior approval from MSHSAA, due to confirmation of inadequate facilities at the assigned district schools or unusual circumstances. The neutral site shall be at no additional expense to MSHSAA.
  10. Following final approval, host sites shall be added to the district assignments link and the district managers' packets shall be forwarded to each district manager within an appropriate time frame to allow for proper administering of the event.
- B. **MSHSAA Specific Criteria for Volleyball Districts**
1. Facility/site must be located within the boundaries of the State of Missouri.
  2. Seating capacity shall be adequate to accommodate anticipated attendance.
  3. The site facility(s) must be in compliance with the Title III of the Americans with Disabilities Act as a place of public accommodation.
  4. Adequate off-street parking available for the seating capacity of the facility – required.
  5. Adequate concessions available for spectators – required.
  6. Adequate team locker rooms and private dressing facilities for match officials – preferred.
- C. **MSHSAA Specific Criteria for Volleyball Sectionals**
1. Facility/site must be located within the boundaries of the State of Missouri.
  2. Seating capacity shall be adequate to accommodate anticipated attendance (recommend minimum of 800 seating.)
  3. The site facility must be in compliance with Disabilities Act as a place of public accommodation.
  4. Adequate off-street parking available for the seating capacity of the facility – required.
  5. Adequate concessions available for spectators – required.
  6. Adequate team locker rooms and private dressing facilities for match officials – preferred.

**APPENDIX F:  
MSHSAA GUIDELINES FOR FAN/SPECTATOR SUPPORT ITEMS**

In the chart below, **ONLY** those items marked “Yes” will be allowed as fan/spectator support items at all MSHSAA District and State Series Championships. **Schools are encouraged to follow these guidelines during the regular season.** Sportsmanlike vocal cheering and support from the team bench area are encouraged. The items indicated on this page are for use by all fans/spectators.

**LEGEND:** BA-Baseball BK-Basketball CC-Cross Country FB-Football GO-Golf SO-Soccer SB-Softball SW-Swimming & Diving TN-Tennis TR-Track & Field VB-Volleyball WR-Wrestling

SPORT	BA	BK	CC	FB	GO	SO	SB	SW	TN	TR	VB	WR
Balloons	Yes	No	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	No	No
Banners on wall	Yes	Yes	Yes	No								
Confetti/shredded paper	No	No	No	No								
Hand held signs (no obstruction of view)	Yes	No	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	No	No
Laser light/pointer/flashing objects	No	No	No	No								
Megaphones (Exception: Sideline Cheerleaders only)	No	No	No	No								
Artificial noisemakers, (including but not limited to horns, cow bells, bells, buzzers, shakers, clickers, thunder sticks, rattles, instruments not part of a band)	Yes	No	Yes	Yes	No	Yes	Yes	No	No	Yes	No	No
Compressed Air Horns/sirens	No	No	No	No								
Whistles	No	No	No	No								
Shirts on fans (required)	No	Yes	No	No	No	No	No	Yes	Yes	No	Yes	Yes
Team Introduction Run-Throughs or Break Away Banners (fans)	No	No	No	No								
Team Introduction Run-Throughs or Break Away Banners (team personnel & sideline cheerleaders)	Yes	Yes	Yes	Yes								
Poms, spirit/rally towels	Yes	Yes	Yes	Yes								
Cannons/muskets/guns/fireworks	No	No	No	No								
Carried school flags (Running/taunting prohibited)	Yes	Yes	Yes	Yes								
Live animals	No	Yes*	No	No	No							

\*only at the state site

**APPENDIX G:**  
**BOARD POLICY NO. 5 ON AWARENESS EVENTS**

The MSHSAA Board of Directors has adopted the following policy regarding awareness events. Each school may host only one awareness event per sport, per season. This does not prohibit a school from participating in more than one event per season. Listed below is the rule modifications allowed for volleyball when hosting an awareness event. These are the only modifications allowed when hosting or participating in an awareness event.

**Contest Officials**

- May use the appropriate colored whistle and lanyard used to represent the event being held if all officials working the contest have this color of whistles and lanyard. Otherwise all officials must follow the sport specific NFHS rules regarding official uniform and equipment.

**Volleyball**

- Player uniforms must meet specifications outlined in rule 4-2 of the NFHS Volleyball Rules Book including the libero player if one is being used.
- The game ball must meet the criteria stated in rule 3-2 of the NFHS Volleyball Rules Book; including the NFHS Authenticating Mark.
- Team members and players as defined in rule 6-1 and 6-2 of the NFHS Volleyball Rules Book may sit in the team bench area.

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