



LETTER FROM THE CHAIR, Dr. Graves

We are starting another semester on the Boca Campus. In May, our department will have been here four years. During those four years, we have increased enrollment 15% each year, mainly through the efforts of the ESHP faculty and staff. We had our largest number of graduates this past fall, 58 undergraduate students receiving their BS or BSE. In fact, in the photo on the left, Dr. Mary Jane Saunders, FAU's current president, took the time for a photo with me, prior to the Fall 2012 graduation.

The most exciting news is the arrival of the Dual Emissions X-Ray Absorptiometry (DEXA) machine. Dr. Michael Whitehurst, pictured below, received a technology fee grant last spring to be able to make this exciting purchase. The faculty and staff will undergo training in the next few weeks. All of us are excited about

starting body composition and other research with the DEXA in the near future. In fact, the small laboratory in Field House 11-A also has the underwater-weighting tank and the Bod Pod.

If you have time, please do stop by to see us in the near future. Thank you in advance for reading our latest newsletter.



2012 ESHP Scholarships

Virginia Kelly Exercise Science and Wellness (\$600 each):

Keith Brazendale, graduate

Jordan Green, undergraduate

David and Eleanore Rukin Memorial (\$600 each):

Ryan Preece, undergraduate

TABLE OF CONTENTS

1



ESHP new DEXA machine

3



Graduate Assistants

5



Internship Students

7



Graduation, Fall 2012

1 Welcome from the Chair

2 Table of Contents

4 Research Symposium

8 Alumni Updates

10 Faculty and Staff Directory

OUR NEW GRADUATE ASSISTANTS



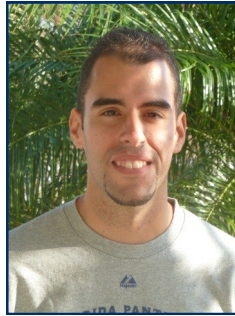
Alex Klomp
DeLand, FL



Samantha Nivens
Greenbay, WI



Thomas Mock
Weatherford, TX



Rocky Blanco
Hialeah, FL



Jared Edwards
Lake Wales, FL



Nicholle Rosemond
Hialeah, FL



FAU ESHP graduated GAs, Fall 2012, Markous Samaan, Kristin Jesse, Ryan Musille, Chris Dorka, Brad Shiflet, Jeffrey Hand, and Dr. Sue Graves.



Graduate students prior to their comprehensive exams November 17, 2012. Left to right, Brad Shiflet, Bethany Thomlinson, Jeffrey Hand, Dr. Zoeller (graduate coordinator), Josh Gangaware, Guiseppe Sacco, Ryan Musille; kneeling left to right, Kristin Jesse, Phil Cirrone, Markous Samaan, Christopher Dorka.



Current Graduate Assistants, Spring 2013:

Top row: Liz Pittinger, Ole Midtbo, Donna, Alexander, Laura Canteri, Thomas Mock, Sam Buckner, Aaron Slusher, Evan Platonas, Samantha Nivens, Alex Klomp, Rocky Blanco, Jared Edwards. Second row: Keith Brazendale, Frank Witkowski, Nicholle Rosemond, Natalie Diaz, Russel Camire. Not pictured: Joe Valentino, Joe Lopez, and Taylor Miksell.

PRACTICUM PROGRAM



FAU ESHP students in the Fall 2012 Practicum class with Anita D'Angelo.

OUR STUDENTS AND EVENTS



ESHP student Crystal Jozwicky
FAU's Homecoming Queen, Fall
2012.



Crystal Jozwicky, Boca Raton
Mayor Susan Whelchel, and Katie
Smart at the FAU 2012 Talon
Leadership Awards, October 25,
2012.



Back row: Dr. Valeri Bristor, Jamala Paterson, Elizabeth Pitinger and her 2 daughters (Isabella and Gabrielle), Dr. Sue Graves, Sam Buckner, Keith Brazendale, Jeffrey Hand, Dr. Donald Torok; front row: Dr. Michael Hall, Dr. Michael Zourdos, Dr. Chun-Jung Huang, Frank Witkowski at the research symposium in the Fall 2012 at FAU's High School.

FAU ESHP INTERNSHIP STUDENTS



Meghan Zimmerly, an FAU ESHP intern at Impact Sports Performance, Boca Raton, FL, October 29, 2012.



Daniel Shaff and Michael Lavelanet, FAU ESHP interns at Institute of Human Performance, Boca Raton, FL, October 24, 2012.



Heather Ikola (FAU ESHP graduate), Tisha Gittens, Brittany Buran and Aisha Gary, FAU ESHP interns at Holy Cross Hospital, Fort Lauderdale, October 29, 2012.



Julie Ross, former FAU graduate with Natalie Neel, an FAU ESHP intern at Boca West Country Club, October 24, 2012.



Ginger Alfano (internship director) and Jamie Larkin, FAU ESHP intern at St. Andrews Country Club, October 30, 2012.



George Baez, an FAU ESHP intern at Nova Southeastern University Recreation Center, October 24, 2012.

FAU ESHP INTERNSHIPS 2013



Boca Raton Orthopedic Group	Crystal Jozwicki
Boca Raton Regional Hospital	Philippe Renaud
Boca Raton Regional Hospital	Tiffany Erdman
Boca Raton Regional Hospital	Jeff Doyle
Boca Trauma & Rehab	Courtney Amendola
Central Palm Medical Group	Joshua Lide
Davis Therapy	Haimanot Geleta
FAU Athletic Training Room	Amanda Singleton
FAU Athletic Training Room	Michala Nowak
FAU Athletic Training Room	Priscilla Sapp
FAU Athletic Training Room	Chad Dolan
FAU Engineering	Bradford Day
FAU Engineering	Erin Connolly
Holy Cross Hospital	Amanda Pelco
Institute of Human Performance	Martin Haider
Institute of Human Performance	Ashley Gibson
Jupiter Medical Center	Akash Patel
Miami Project to Cure Paralysis	David McAlpine
Motorola - Wellness Center	Gabrielle Adams
Motorola - Wellness Center	Angelina Giust
My Speed Trainer	Stacy-Ann Gaynor
NSCA Performance Center	Ryan Colquhoun
Nova Southeastern University	Amanda Otero
Palm Beach Institute of Sports Medicine	Kelsie Hoy
Palm Beach Institute of Sports Medicine	Kimberly Wolf
Plantation Spine & Sports Rehab	Dorothy Huynh
South Lake Hospital	Ahley Lantes
YMCA	Widlin Dieujuste
YMCA	Nicholas Becker

Effective as of January 7, 2013

MASTER'S DEGREE

Christopher Dorka
Joshua Gangaware
Jeffrey Hand
Krisitn Jesse
Ryan Musille
Kristopher Rollason
Giuseppe Sacco
Markous Samaan
Scott Shiflet
Bethany Tomlinson

BACHELOR'S DEGREE

Brittany Adler
Katrina Alba
James Alboini
George Baez
Lydia Barahona
Caitlin Behr
Karyn Bishof
Erica Borows
Brittany Buran
Justin Carter
Rachel Crews
Kellie Cocks
Ashley Cuneo
Kari DeYoung
Fred Dural
Steven Eiland
Aisha Gary
Kelly Gill
Tisha Gittens
Caylyn Gonzalez
Rebecca Haynes
Beria Joseph
Richard Kerster
Amber Kirby
Jamie Larkin
Michael Lavelanet

BACHELOR'S DEGREE

Jong Lee
Manuela Loebig
Christopher Lorenz
Michael Marino
Jamie Milleman
Fabrizzio Miranda
Elise Mocco
Kyle Moran
Aaron Morris
Natalie Neel
Ray Nellissery
Eric Nochimson
GraceMary O'Dowd
Brian Panczak
Brian Reategui
Gary Richardson
Ryan Rodriguez
Ryan Roman
Mary Romero
Tamas Schuchanek
Nichols Sexton
Daniel Shaff
Jennifer Sinner
Kathleen Smart
Daphney Teneus
Alexis Toohey
Chung Tran
Melissa Walters
Tyler Wells
Graham Wilbert
Chelsea Yeomans
Megan Zimmerly



Kathleen Smart and her mother
Mrs. Smart.



Graduate students Ryan Musille, Brad Shiflet,
Markous Samaan, Jeffrey Hand, Kristin Jesse,
Chris Dorka



Undergraduate student
Erica Borows.



Undergraduate student Megan Zimmerly with her parents,
Mr. and Mrs. Art Zimmerly.

Alumni Update

Jeff Boulos, BSE, 2011, is a fitness coach at TERF Athletic Facility in Miami, where he resides.

Leo Rodriguez, MS, 2011, recently took a position at Keiser University, Fort Lauderdale, Florida, as an admissions counselor.

Seth Jordan, BSE, 2010, is a senior trainer at the Institute of Human Performance, Boca Raton, Florida.

Terence Ryan, MS, 2010, received the Outstanding Teaching Assistant Award (2012) at the University of Georgia where he is currently working on his Ph.D. in Kinesiology/Exercise Physiology. He is planning on a May 2013 graduation.

Brad DeForest, BS, 2009, is a graduate assistant at the University of Memphis, Department of Health and Sport Sciences.

Julien Fernandez, BSE, 2008, married May 2012. He is currently living in France.

Jessica Weissman, BSE, 2008, registered dietitian at Memorial West Hospital Fitness Center, Pembroke Pines, Florida. She is the elected president of the Broward County Dietetic Association for 2012-2014. Jessica published an abstract, Validity and Reliability of an Instrument on Sports Nutrition Knowledge and Practices of Personal Trainers, Supplement to the Journal of the American Dietetic Association. 2011;2(111): Page A-14.

Genevieve Cartier, BS, 2007, resides in Palm Beach Gardens, Florida. She is a kindergarten teacher at Benoist Farms Elementary School, West Palm Beach. She is also recently engaged to Joseph Garcia.

Ellen Crook, BS, 2007, completed her master's degree in exercise physiology at Florida State University. She is currently the exercise physiologist at The High Intensity Training Center, Jacksonville, Florida.

Michael "Vinny" Varrato, MS, 2007, has accepted the head strength coach position at University of Texas-Pan American, in charge of fourteen sports. He was in strength and conditioning at the University of Tennessee working with Baseball, Men's & Women's Tennis, Men's & Women's Track & Field/Cross Country, Men's Basketball, Men's & Women's Swimming, Rowing, and Cheerleading.

Alumni Update

Kika Mela, BSE, 2006 owns Mela Therapeutics. She also works for Bommarito Performance Systems, as a consultant and provider of therapeutic massage in the Miami-Fort Lauderdale, Florida area.

Jill Vinci (Quinn), MS, 2005, and her husband, John, currently reside in Charlotte, North Carolina. They have one son.

Grif Fig, BSE, 2004, recently married Shana Borwegen. They live in Boca Raton, Florida. Grif is the Director of Trainer Education at the Institute of Human Performance and the head swim coach for Lynn University.

Jennah Dodge (Godo), MS, 2004, and her husband, Geoff, live in Topsham, Maine. They have two children. She is an Independent Associate and Member Team Northrup (USANA Health Sciences Inc.).

Jeff Petak, BSE, 2004, an educator, and has worked at the Broward County School Board, since graduation.

Joyce Evans (Moberg), BS, 2001, graduated from nursing school, December 2012. She is currently married to David Moberg and has twin five-year-old daughters, Faith and Hope.

Lauren Hasbrouck (Specht), BSE, 2001, lives in the Ocala, Florida area. She has worked at Met-Test LLC, as a medical sales representative, exercise physiologist, and cardiopulmonary exercise technician.

Marjorie Hishon, MS, 2000, still a flight attendant for American Airlines, currently based in Miami, FL.

Kristi Watson (Ricks), BSE, 1998, is employed at the University School of Nova Southeastern University. She and Damon have two sons.

Michelle Sirounis, MS, 1996, teaches physical education and health at Brevard Public Schools. She lives in Satellite Beach, Florida.

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Designed and Edited by Alexandra Schoenmakers

"The ESHP Department promotes and integrates scientific research, education, and practical applications of exercise science and health promotion to maintain and enhance physical performance, fitness, health, and quality of life."

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