

Western
4-H
Family and

Consumer Sciences
Show

The logo features a green four-leaf clover with a white 'H' on each leaf. Below the clover, the text '18 USC 707' is printed in a small font.

HANDBOOK

RULES AND REGULATIONS

Revised 2010

WESTERN 4-H FAMILY AND CONSUMER SCIENCES SHOW
Rules and Regulations
October 8 & 9, 2010
Walter Taylor Building, 601 E. Centre Street
Central States Fairgrounds, Rapid City, SD

Table of Contents	2
Show Schedule	3
Western 4-H FCS Show Membership and Donors	4
Contest Coordinators Contact Information	5
General Show Information	6-7
Premier Exhibitor Point System	8
Bread Baking Contest	9
Meat Identification Contest	10
Family Life Photo Contest	11
Home Living Contest	12
Place Setting Contest	13
Educational Trip Opportunity	14
Fashion Revue Contest	15
Public Presentations Contest/Character Counts! Contest	16
Ingredient Measuring Contest	17
Family and Consumer Sciences Judging Contest	18
Vegetable ID and Judging Contest	19
NEW! Family & Consumer Sciences Skill-A-Thon	20
Cloverbud Events	21
Appendix-Forms	
Entry Form	22
Educational Trip Form	23
Fashion Revue Forms-3	24, 25, 26
Sample Bread Baking Contest Questions	27, 28
Sample Meat Id Contest Score Sheet	29
FCS Skill-A-Thon ID Lists	30, 31

WESTERN 4-H FAMILY AND CONSUMER SCIENCES SHOW

Schedule of Events

October 8 & 9, 2010

For complete rules and regulations for each contest please refer to the SHOW handbook or go to the South Dakota 4-H website at <http://4h.sdstate.edu>

WTB-Walter Taylor Building-----**FAB**-Fine Arts Building----**CAB**-Creative Arts Building

Friday, September 17, 2010

Entry Forms Due to County Extension Offices

Wednesday, September 22, 2010

Entry Forms due to show registrar

Friday, October 8, 2010

11:00-1:00 pm Burger Bust-Sponsored by the Rapid City Chamber of Commerce-Ag Committee-Fine Arts Building

1:00 pm-3:00 pm Bread Baking Contest/specify shift on registration form-1:00 pm or 2:00 pm-WTB

3:00 pm-6:00 pm Meat Identification Contest-CAB

3:00 pm-6:00 pm Family Life Photo Contest-WTB

3:00 pm-6:00 pm Home Living Exhibits-WTB

3:00 pm-6:00 pm Place Setting Contest and Cloverbud Place Setting Event-FAB

3:00 pm-6:00 pm Beginners Measuring Contest/Cloverbud Event-FAB

3:00 pm-6:00 pm Vegetable ID and Judging Contest-FAB

3:00 pm-6:00 pm Jr and Sr. FCS Skill-a-thon Contest-CAB

3:00 pm -6:00 pm National Western Livestock Show Trip Interviews
(Please list your time preference on registration form)-WTB

Saturday, October 9, 2010

7:30 am-12 noon Fashion Revue Judging-WTB

8:00 am-12 noon Place Setting Contest and Cloverbud Place Setting Event-FAB

9:00 am-1:00 Public Presentation Contest/Character Counts! Contest-WTB

8:00 am-12 noon Beginners Measuring Contest/Cloverbud Event-FAB

8:00 am-12:30 pm Family & Consumer Sciences Judging Contest-CAB

8:00 am-12:30 Vegetable ID and Judging Contest-FAB

8:00 am-12:30 Jr and Sr. FCS Skill-a-thon Contest-CAB

3:00 pm Public Fashion Show and Awards Presentation-WTB

Upon arrival at the Central States Fairgrounds-Walter Taylor Building-601 E. Centre Street, please check in at the registration desk in the Walter Taylor Building to confirm pre-registered events.

WESTERN 4-H FAMILY AND CONSUMER SCIENCES SHOW MEMBERSHIPS & DONORS--2010

Butte (1)

Ree Reich

Corson (1)

Brenda and Gary Even

Custer (2)

Stephanie and Klinton Rittberger
LaDonna McKnight

Fall River (8)

(2)Shirley McKnight
(3)Elmore Family
(4) Oral Daylighters

Bev Keffeler
Sally Park-Hageman
Jeff and Amy Symstad

Grant (2)

Krecia Leddy
Sandy Christensen

Hughes (2)

(2) Cherlyn Christiansen

Jones (3)

Prairie Rangers 4-H Club
Jones County 4-H Leaders
Evie and Lawrence Roghair

Lawrence (7)

Ida Marie Snorteland
(2) Linda Johnson and family
(2) Lawrence Co. CFEL Leaders

Julia Kinghorn
Bruce and Kendra Gordon

Meade (11)

Strain Family
Michael Keffeler and family
Jacque Lamphere
Mark and Liane Schmit

(5) Meade County CFEL Clubs
Pleasant Valley 4-H Club
Vonda Anderson

Pennington (11)

Kevin or Jody Bielmeier
Connie Johns
Vera Boje
Andrew and Lisa Moon

(5) Pennington Co.4-H Leaders
Barb Bollinger
Joyce Bowman

Turner (1)

Wayne and Kristi Hofer Family

Crook, WY (10)

Chris Maupin
Fowlkes Family
Janet Lake
Elizabeth Tokarczyk

(2)Peggy Turbiville
(2)Mary Ann Hlavka
Morgan Ward
Betty Haiar

Uinta, WY (1)

Brooke L. Howard

Fallon, MT (1)

Cori Enders

2009- 2010 Donors

Rancher Feed and Seed
West River Electric Association, Inc.
Sundance State Bank
Fall River 4-H Parents/ Leaders Association
Golden West Communications
Custer County 4-H Leader's Association
Meade Co. 4-H Leaders
4-H Foundation
Lydia Harrington Memorial
Tim and Ree Reich
Dewey and Peggy Turbiville
Mildred VanDerBoom Memorial
Chris Maupin
Cherlyn Christiansen
Mary Ann Hlavka
Minnekahta Ladies Club
Shirley McKnight
SD Cattlewomen
Vicki Triggs
Cora Peterson
Ida Marie Snorteland
Terry Fowlkes

A special Thank You to all of
our Donors for their support!

For show membership information and requirements see page 6 under General Information/Membership Requirements. Be sure to purchase your \$5.00 membership for the W4-H FCS Show. Your support is greatly appreciated and insures the continuation of this great educational experience for our youth!

CONTEST COORDINATORS/BOARD OF DIRECTORS
Show President-Vera Boje

Contest	Contest Coordinator's	Committee Members
Registration	LaDonna McKnight ladonna.mcknight@sdstate.edu	Shirley McKnight
Bread Baking Contest	Ree Reich 605-892-4366	
Meat Identification Contest	Jessica Eikmeier eikmeier.jessica@sdstate.edu	Sally Park-Hageman
Family Life Photo Contest	Vicki Triggs rodeo_mum@hotmail.com	
Home Living Contest	Chris Maupin maupinc@crook1.com	
Place Setting Contest	Sharon Guthmiller sharon.guthmiller@sdstate.edu	
Educational Trip	LaDonna McKnight-see above	
Fashion Revue Contest	Amy Rans amy.rans@sdstate.edu	Cindy Riley
Public Presentation Contest	Rebecca Poelstra Meade.PA@sdstate.edu	Sally Park-Hageman
Ingredient Measuring Contest	Rosie Elmore sisoap@gwtc.net	
FCS Judging Contest	Tana Clark tana.clark@sdstate.edu	
Vegetable Id and Judging Contest	Mary Ann Hlavka 307-290-0755	
FCS Skill-A-Thon Contest	Peggy Turbiville turbi@vcn.com Cori Enders rodeo_n_hunt@yahoo.com	
Fashion Show	Vicki Triggs See above	Cherlyn Christiansen
Awards	Vera Boje veraboje@knology.net	
Silent Auction	Rosie Elmore-see above	
Facilities	Tana Clark	

For more information or questions about a contest, please contact the contest coordinators listed above.

If you would like to help with a contest please contact the coordinator of that contest.

GENERAL SHOW INFORMATION

Objectives of the Western 4-H Family and Consumer Sciences Show:

- ❖ To provide opportunities for further development of youth 4-H members and non 4-H members in the field of Family and Consumer Sciences.
- ❖ To give youth another opportunity to present to the public the art and science of homemaking.
- ❖ To broaden the Western Junior Livestock program to include all phases of family living.

Membership requirements:

- ❖ When 14 memberships (\$70) have been purchased within a county, that county is entitled to any number of participants and will be allowed four members on the Board of Directors and an Extension Educator. Memberships may be purchased by: County 4-H Leader/Parents Associations, individuals, 4-H members and families.
- ❖ Participants from counties with less than 14 memberships must purchase a \$5.00 membership with pre-registration.
- ❖ **All** participants are encouraged to purchase a Western 4-H FCS Show membership.
- ❖ Membership dues of \$5.00 are due annually by November 1.
Mail to: Peggy Turbiville PO Box 861, Sundance WY, 82729

Eligibility:

- ❖ Any 4-H member or non 4-H youth who meets the rules and regulations of the show:
Age Divisions:
 - Cloverbud Division—Age 5-7 as of January 1, 2010
 - Beginner Division—Age 8-10 as of January 1, 2010
 - Junior Division—Age 11-13 as of January 1, 2010
 - Senior Division—Age 14-19 as of January 1, 2010
- ❖ Exhibits previously judged or exhibited in other 4-H contests are not eligible for this show. Exception: check demonstration rules.
- ❖ Purchased Memberships-14/county or individual memberships have been purchased.

Entry Deadline:

- ❖ **Pre-registration is highly recommended.** Entry forms must be completed, signed, dated, and turned into your Extension Educator on or before **September 17, 2010** and to the Show Registrar by **September 22, 2010** to be eligible for the "Premier Exhibitor Award".
- ❖ Completed entry forms will be accepted up until contest time, but will **NOT** be considered for the "Premier Exhibitor Award".
- ❖ Youth may enter as many contests as they wish, but only one entry per category per contest with exceptions for the Fashion Revue Contest.
- ❖ You may drop out of a contest that you are pre-registered for at any time. Contact the contest coordinator as soon as possible or upon check-in at the registration table on the day of the contest.

General Show Info. Cont.

Show Results:

- ❖ All exhibits must be picked up Saturday after the Fashion Show.
- ❖ Results will be posted in the auditorium as soon as possible after the completion and tabulation of the contest.

Awards:

- ❖ Ribbon placings are given to all entries. Top purple awards are given for each contest and in each competitive age division.
- ❖ All Top Purple awards will be presented during the Public Fashion Show at 3:00 pm in the Walter Taylor Building.
- ❖ The Premier Exhibitor Awards are awarded to the top exhibitor in the three age divisions. Each contest has a point value that is dependent upon the amount of pre-preparation for that contest, in addition each contestant will be awarded 5 points for each top purple. Premier Beginner will receive \$50.00, Junior will receive \$75.00, and Senior will receive \$100.00. **see details on page 5.
- ❖ "Educational" trips to the National Western Stock Show can be applied for and awarded to senior exhibitors. To be eligible, members must have participated in at least **three (3)** W4-HFCS Shows, have filled out the point summary sheet and is then interviewed and chosen by the interview committee at the show. One of the trips will be awarded to the top senior public presentation winner. Individuals can only be awarded the trip once. The number of trips awarded will be determined by the show Board annually at the September Board meeting and will be dependent upon funds available. See the Educational Trip Point Summary Sheet for additional details.

Fashion Show and Award Presentations:

- ❖ All contestants are encouraged to attend the Fashion Show and presentation of awards.
- ❖ Contest and trip winner pictures will be taken immediately following the awards program. Counties are encouraged to arrange their own county pictures.
- ❖ County packets with all show results will be available at the conclusion of the Show. Results will also be emailed out to all counties within 10 days of the show.

Trip Winner Policy:

- ❖ If awarded one of the "Educational" trips through the Western 4-H Family and Consumer Science Show you will be required to sign an "intent to attend" contract. If for any reason you decide not to attend the "Educational Trip" you may be asked to reimburse the Western 4-H Family and Consumer Sciences Show for any pre-paid tickets or travel arrangements.

PREMIER EXHIBITOR POINT SYSTEM

To encourage participation in the wide variety of contests, an overall point and award system has been implemented.

**To be eligible for the Premier Exhibitor Award the contestant must turn in their pre-registration form by September 17, 2010 to their county office.

**All entry forms must be received by the show registrar by September 22, 2010.

The point system is as follows:

Contestant will be awarded 10 points for participating in each of the following contests due to the pre-preparation required for these contests:

- Bread Baking Contest
- Public Presentation Contest
- Fashion Revue Contest-only 1 entry counts
- Home Living Contest
- Family Photo Contest
- Place setting Contest

Contestant will be awarded 5 points for participating in each of the following contests-these contests do not require as much preparation before the contest as the ones listed above.

- Measuring Contest
- Meat ID Contest
- FCS Skill-a-thon Contest
- Vegetable ID & Judging Contest
- FCS Judging Contest

Contestants will be awarded an additional 5 points for each top purple that they receive.

In case of a tie-the following tie-breaker will be used:

- Each contestant will receive 10 points for every purple ribbon
- 7 points for every blue ribbon
- 4 point for every red ribbon
- 1 points for every white ribbon

This total will be added to the overall points earned from the contestants to determine the top overall award winners.

A second tie breaker will be the total number of purple ribbons for each Contestant has received.

The Western 4-H Family and Consumer Sciences Show will award cash prizes to the Overall Beginner--\$50.00, Overall Junior--\$75.00, Overall Senior--\$100.00

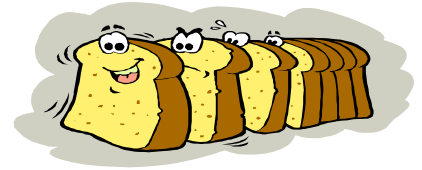
BREAD BAKING CONTEST
Friday 1:00 pm and 2:00 pm Shifts
Walter Taylor Building

Coordinator: Ree Reich

Division: Beginner, Junior, Senior

Contest Information:

Participants are encouraged to pre-register, we will try to accommodate your requested shift if possible. Any shape or size of loaf may be made-rolls not allowed. All types of flour are eligible. Bread must use yeast and must be kneaded by hand or mixer. **BREAD MACHINES MAY NOT BE USED!**



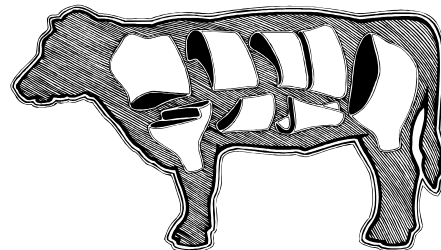
Contest Rules:

- Bring all equipment, including apron, bread rack for cooling and display, and ingredients. Be sure to mark bread rack with your name and county. If you are sharing ingredients, please bring individual bowls and utensils so both can get started.
- Bread must be started from scratch at the contest.
- While your loaf is baking, please clean up your area and any dirty dishes, utensils, etc. used in the kitchen.
- Contestants will be judged on their bread making techniques and knowledge of the nutritional value of bread, standards for ingredients and standards for finished product. Sample nutrition questions and judging sheets will be available at your County Extension Office.
- Contest area will be limited to bread baking contestants, committee members and judges. Public viewing of the finished product will be held at the conclusion of the contest. Everyone is welcome to come to the judging. Loaves will be judged after they are removed from the oven and have cooled for 2 hours.
- Time limit from start to finish is not to exceed 3 ½ hours, not including cooling. Check that your recipe has only 2 risings.
- If contestants are unable to remove bread from oven, they may designate a specific time to the contest coordinator as to when the bread is to be removed from the oven.
- A microwave oven will be available for heating, melting, or warming ingredients. It will not be available to use for rising or baking bread. Contestants may bring food processors, dough hooks, **BUT NOT BREAD MACHINES.**
- Loaves of bread and bread racks need to be picked up after the Fashion Show on Saturday.

MEAT IDENTIFICATION CONTEST
Friday—3:00 pm-6:00 pm
Creative Arts Building

Coordinator: Jessica Eikmeier

The Western 4-H Family and Consumer Science Show and the Western Jr. Livestock Show co-sponsor this contest.



Divisions: Beginner, Junior, Senior and Adult

Contest Rules:

- The Contest consists of identifying the Species, Primal Cut, Retail Name, Type and the method of cookery for 25 cuts of meat.
- Beginners only identify the first 15 cuts, juniors will identify 20 cuts, seniors and adults do all 25.
- Participants need not have attended meat judging schools.
- Pre-registration is encouraged but not required.
- National Livestock & Meat Board Terminology will be used.

Scoring:

There will be a new/different score sheet used for this contest-be sure to check it out in the appendix of this book!

- For each cut of meat properly identified, named points will be as follows:
 - Properly naming Species 1 pt
 - Properly naming Primal Cut 3 pts
 - Properly naming Retail Cut 4 pts
 - Properly naming Type 1 pt
 - Properly naming Cookery Method 1 pt

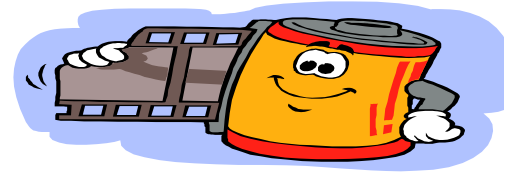
Awards:

- Top Beginner-2nd, 3rd, 4th, 5th place ribbons
- Top Junior-2nd, 3rd, 4th, 5th place ribbons
- Top Senior-2nd, 3rd, 4th, 5th place ribbons
- Top Adult will receive a rosette

FAMILY LIFE PHOTO CONTEST
Friday, 3:00 pm-6:00 pm
Walter Taylor Building

Coordinator: Vicki Triggs

Divisions: Beginner, Junior, Senior



Contest Rules:

- **Photo must represent family life where you live.**
- Enter only one photo, not a group of photos.
- The photo can be a developed color, black & white, digital print of any size.
- The photo should have people in it doing something that portrays family life.
- Entrants are encouraged to use originality and creativity when taking these photos.
- Mount the photo on a 16 x 20 salon board also called mat board, or the 10 x 14 foam core board. This board is usually available at local Extension Offices. For out of state participants boards and glue will be available for a small fee.
- Exhibitor's name, county and film size and/or type of camera should be written on the back of the board.
- Awards will be given in each age division.

Scoring:

Judging will be based on the following scorecard:

Story telling ability	45 points
Composition	30 points
Photographic Quality	15 points
Mounting and Neatness	10 points

Photos will be judged as they are entered

Interview Judging with the judge is optional at this time

***Exhibits must be picked up after the Awards program on Saturday

HOME LIVING CENTERPIECE CONTEST
Friday – 3:00 pm to 6:00 pm
Walter Taylor Building



Coordinators: Chris Maupin

Divisions: Beginner, Junior and Senior

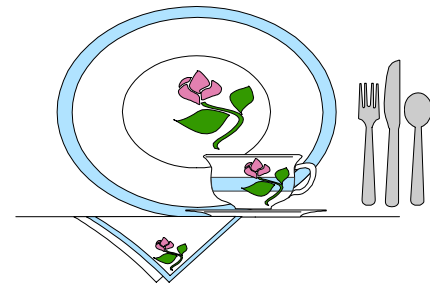
Contest Rules:

- Entrants will bring their completed arrangements or make their arrangement at the show at time indicated above.
- Bring all items to be used or the completed arrangement. **Interview judging** will include questions about the centerpiece.
- The exhibit must be a **centerpiece**, which may include floral, fabric, and/or natural fibers.
- The entrant should be able to identify all materials used. Know the cost of material(s) used, and where the arrangement will be used in the home.
- Only one entry per exhibitor will be accepted.
- The work must be that of the individual exhibitor.
- Entrants are urged to use originality and creative ability.
- Any accessory is acceptable. Mats or other base accessories that enhance the centerpiece are acceptable and recommended.
- **Exhibits must not have been previously exhibited.**
- Each individual is responsible for setting up and removing his/her exhibit.
- Judging will be based on the following scorecard.
 - 1. Proportion and balance
 - 2. Originality and creativity
 - 3. Color harmony
 - 4. Suitable combination of materials
 - 5. Quality and condition
 - 6. Questions and answers
- Each entrant is asked to choose the time best for him or her within the given times. If the exhibit is prepared at home, please allow time for interview judging.
- Exhibits must be picked up after the Fashion Show on Saturday.
- Awards will be given in each age division.

PLACE SETTING CONTEST
Friday, 3:00 pm-6:00 pm & Saturday, 8:00 am-12:00 noon
Fine Arts Building

Coordinator: Sharon Guthmiller

Divisions: Beginner, Junior, Senior



Contest Rules:

- Contestant will be given a 24" x 24" exhibit space to display their place setting.
- Contestant will display a place setting that coordinates with the menu they planned. All dishes, table coverings and centerpieces will be provided by the contestant.
- Contestant will be interviewed by the judge about their place setting, menu and knowledge of nutrition. Contestant will be judged in the order of registration on day of contest.
- Menu will be planned to meet the nutritional needs of the 4-Her entered in the contest. Menus need to be on a 3x5 or 4x6 inch recipe card(s). Place name and county name on the back of the card.
BEGINNER and JUNIOR – Plan menu for one meal
SENIOR - Plan menu for one day including snacks
- Place setting will include only dishes and flatware necessary for the menu.
- Centerpiece will be appropriate for table set for 4 people.
- The SD 4-H Special Foods Handbook is a good resource for this contest.
- Place setting and menu must be the work of the individual member.
- Exhibits must be picked up after the Fashion Show on Saturday.
- Awards will be given in each age division.

Judging:

Place Setting: 50 points

Appropriate for menu, attractive and correctly displayed

Centerpiece: 20 points

Originality, color, theme coordination and principles of design

Menu: 30 points

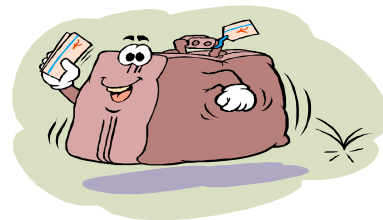
Balanced and follows current nutrition guideline, and age appropriate

*****The Western 4-H Family & Consumer Sciences Show will not be responsible for any breakage or loss of articles in this contest.**

EDUCATIONAL TRIP OPPORTUNITY
National Western Stock Show
Walter Taylor Building

Coordinator: LaDonna McKnight

Division: Senior



This all expense paid educational trip/trips to the National Western Stock Show in Denver is co-sponsored by the W4-HFCS Show, individual donors, and area businesses. awarded to deserving youth ages 15-19 as of the current year who apply, participate and accumulate points. Applicants must complete the summary point sheet and have a minimum of 500 points to be considered for an interview. Applicants must have participated in at least three Western 4-H Family & Consumer Science shows including the current year and participate in at least three events in the current show.

The summary sheet is based on 4-H participation history and leadership skills on the club, county & state level and it must be signed by your 4-H leader and County Extension Educator for verification. Points for the trip are accumulated by the summary sheet points, contest ribbon placings and interview scores.

Applicants will be notified one week prior to the show date if awarded an interview, it will be held before a panel of volunteers and scheduled on Friday afternoon between 3:00 pm and 6:00 pm every half hour. This interview panel will select trip recipients from total accumulated points and interview skills. Winners will be announced at the Fashion Show.

Any 4-H member who has previously earned a Denver trip on the basis of the summary sheet/interview or top public presentation award at the W4-HFCS Show is not eligible to apply.

Trip winners will be required to sign an "intent to attend" contract. If for any reason they decide not to attend the "Educational Trip" they may be asked to reimburse the Western 4-H Family and Consumer Sciences for any pre-paid tickets or travel arrangements.

FASHION REVUE JUDGING/FASHION SHOW
Saturday—7:30 am-12:00 noon-Judging
3:00 pm Public Fashion Show/Awards Program
Walter Taylor Building



Fashion Revue Coordinator: Amy Rans

Divisions: Beginner, Junior and Senior

Categories: Constructed: A complete outfit with all garments constructed by the member unless considered as an accessory.

Constructed/Purchased (Sew and Buy): A complete outfit consisting of at least one garment constructed by the member. The remaining garment(s) are purchased or constructed by someone other than the member.

Purchased: A complete outfit purchased by the member with regard to advantages of purchasing, elements of design, construction, fit, fabric and cost. A buymanship form needs to be completed.

Contest Rules:

- **4-H members may exhibit in more than one category and have more than one outfit in each category.** However, they cannot use the same garment in more than one outfit. For example, you cannot model a jacket with pants and then model the same jacket with a skirt as two different outfits. All outfits are expected to be modeled in the fashion show.
- **Entries must be new projects that haven't been judged at county or state fair.** Entries are encouraged to be pre-registered.
- **You will not be judged until Fashion Show Information form and Buymanship form are completed and turned in.** Fashion show forms must be sent by **October 1** to the name listed on the form. A picture of the contestant must be attached to the scorecard at registration and before judging. Outfits, excluding accessories, will be displayed after judging until one hour before the fashion show.
- **Participation in the Fashion Show is part of the overall contest.** Participants will forfeit their ribbons if they do not display their outfit and participate in the fashion show. Due to time constraints fashion show rehearsal is up to the contestant.
- **A photo of the contestant in their outfit is required.** If needed pictures can be taken at the contest for a minimal charge to cover ink costs.
- Exhibits must be picked up after the Fashion Show on Saturday.
- Awards will be given in each age division.

PUBLIC PRESENTATIONS CONTEST
Saturday, 9:00 am to 1:00 pm
Walter Taylor Building



Coordinator: Rebecca Poelstra
Sally Park-Hageman

Divisions: Beginner, Junior and Senior

Categories: Demonstration, Illustrated Talk, Speech, Project Why,
Presentations may be given on any 4-H project area.
may be a team or individual presentation.

Contest Rules:

- The presenter **CANNOT** present the same or adaptation of a demonstration, illustrated talk, project why, or public speaking presentation for which they have received a blue or purple in a previous contest.
- The use of notes should not be obvious and is discouraged.
- Limit presentations to 25 minutes or less excluding questions.
- Presenters will be responsible for leaving work area clean.
- Awards will be given in each age division.

Senior Presentation Award:

A senior who receives the top purple will be awarded an "educational" trip to the National Western Stock Show in Denver, Colorado. IN the event that the first place winner has already been awarded this trip, the second place purple winner will be eligible for the trip. First and second places will be determined by presentation points as awarded by the judge of the contest.

New This Year!! 4-H CHARACTER COUNTS! Public Speaking Contest

Coordinator: Sally Park-Hageman

Divisions: Beginner, Junior, Senior

Contest Information & Rules:

The 4th Annual 4-H CHARACTER COUNTS! Public Speaking Contest in western South Dakota will be October 9th during the Western 4-H Family and Consumer Science Show held in Rapid City in conjunction with the Western Jr. Livestock Show. Prizes will be awarded to top winners in the Beginner/Junior (8-13), and Senior (14-18) Divisions. 4-H members from throughout the state are invited to participate. Pre-registration is due September 17th to LaDonna McKnight, 4-H/YD Extension Educator in Custer Co.

This contest provides the opportunity for participants to share why they think good character is important. Participants may speak about a 4-H project area, about current events, or speak on personal experience. They must tell how one of the six pillars of Character (Trustworthiness, Respect, Responsibility, Fairness, Caring, & Citizenship) relates to their chosen topic. Participants must be 8-18, one entry per person, speeches must be original and different each year/contest, and speech length to be 3 minute minimum to a maximum of 6 minutes.

Topic Guidelines—Choose One:

1. Speak about a 4-H project area and tell how CHARACTER COUNTS! fits into it.
2. Speak about a current event and tell how CC! fits into it.
3. Speak about a personal experience and tell how CC! fits into it.

~ For additional help on your speech, read the document "How To Do 4-H Public Presentations". It can be found at this link in the 4-H website: <http://4h.sdstate.edu/w4hfcs/StateFair/Howtodo4HPublicPresentations.pdf>

INGREDIENT MEASURING CONTEST
Saturday—8:00 am-12:00 pm
Fine Arts Building

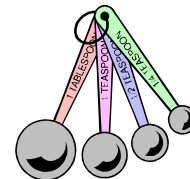
Coordinator: Rosie Elmore

Divisions: Beginners (8-10 yrs)



Contest Rules:

- All equipment and aprons for this contest will be provided.
- **Beginners** will measure 3 different food products
- Contestants will draw a set of measuring instructions, select the utensils they wish to use and proceed to the measuring table as instructed. They have 10 minutes to complete the measuring task and talk to the judge.
- Contestants will need to know the appropriate measuring utensils for the food product and the correct method of measuring the ingredient. Contestant will need to know measuring equivalents such as 3 teaspoons =1 Tablespoon, 2 cups=1 pint etc. Most cookbooks have this general information or ask your local County Extension Educator.
- Awards will be given in each age division.



- **Judging will be based on:**
 1. Measuring Skills 50 pts
 - Appropriate utensil for ingredient
 - Efficient use of equipment
 - Task done in efficient sequence
 - Accuracy
 2. Work Habits 25 pts
 - Cleanliness of work area
 - Neatness
 - Sanitation
 - Safety
 3. Personal Appearance 25 pts
 - Appropriately groomed
 - Clean

FAMILY AND CONSUMER SCIENCES JUDGING CONTEST
Saturday 8:00 am-12:30 pm
Creative Arts Building

Coordinators: Tana Clark

Divisions: Beginner, Junior, Senior, Adult

Contest Rules:

- Pre-registration is recommended for all contestants-Adults do not need to pre-register.
- There will be a beginner, junior and senior division for all youth.
- There will be an open division for adults.
- Teams will be picked from the top three scores from each county to comprise the top team in each age division.
- Written reasons will be given for at least one class.
- Regular 4-H judging cards will be used.
- Scores will be posted after the completion of the contest if time allows, and will be sent to counties via email after the contest.
- Awards will be given in each age division.



VEGETABLE IDENTIFICATION AND JUDGING CONTEST
Saturday 8:00 am- 12:30 pm
Fine Arts Building

Coordinator: Mary Ann Hlavka



Divisions: Beginner, Junior, Senior, Adult

Contest Rules:

- Contestants will identify vegetables (15 for Beginners and Juniors, and 25 for Seniors and Adults) and judging 4 classes of vegetables with the possibility of 2 classes having check off or oral reasons.
- No communication will be allowed during the contest.
- Teams will be picked from the top three scores from each county to comprise the top team in each age division
- No touching of the vegetables will be allowed so each contestant sees the vegetables in the same condition.
- Regular judging cards will be used on classes judged, with a page for the identification.
- Proper identification and placings will be shown one half hour after the contest closes.
- Awards will be given in each age division.

Scoring:

- For each vegetable properly identified, named points will be as follows:
 - Correct ID and vegetable name spelled correctly 10 points
 - Correct ID but vegetable name spelled incorrectly 7 points *

*Seniors and Adults only
- 50 points are possible for each class judged and/or set of reasons.

SKILL-A-THON
Friday 3:00 pm - 6:00 pm
Saturday 8:00 am – 12:30 pm
Creative Arts Building



Coordinators-Cori Enders
Peggy Turbiville

Division-Juniors, Seniors and Adults

Contest Rules:

- The contest will reflect an overall general knowledge of family and consumer sciences area.
- The contest will vary each year.
- The total number of points available for the contest will be up to 250 points and will be scored as follows:
 - Written test: 2 points per question
 - Questions will pertain to all areas of Family and Consumer Sciences
 - All questions will either be multiple choice or true and false
 - Judging Class- 50 points possible
 - If written reasons are used they will be worth an additional 50 points
 - Financial situation- 50 points. The financial situation will be similar to check off reasons but will deal with a financial situation
 - Identification- 2 points for each item correctly identified.
 - Juniors will use a matching situation process
 - Seniors and adults will be required to write the item name.
- A judging class, financial situation, and written test will not necessarily be used each year, but will be up to the discretion of the contest coordinators to decide what will be used.

Categories to be used might include but not be limited to the following areas: (see listings in appendix for additional information)

Clothing and Textiles

Laundry markings
Types of fabric
Sewing notions
Sewing techniques
Pattern markings
Stain removal
Fabric weaves
Sewing equipment
Sewing terminology
Fabric care
Seam finishes
Trims and fasteners

Miscellaneous

Handiwork techniques
Health
Financial planning
Quilt patterns
Household safety

Foods and Nutrition

Cake decorating
Nutrition
Appliances
Pastas
Dried beans
Spices and herbs
Vegetables
Cooking terminology
Meal planning
Canning/food preservation
Food substitutions
Cheeses
Nuts
Food safety
Measuring conversions
Cookware
Dishes and tableware

Home Living

Painting techniques
Decorating techniques
Color wheel
Color schemes
Windows
Window treatments
Flooring treatments
Household tools
Furniture styles
Types of wood
Decorative wood
Carpets
Decorative fabrics

Child Development

Toys
Family structure
Social & cognitive development
Safety

CLOVERBUD EVENTS



Division: Cloverbuds (Pre-4-H, ages 5-8)

Objectives: To provide a non-competitive activities for Cloverbuds
To promote an interest in 4-H
Encourage participation in Western 4-H Family and
Consumer Science Show contests when they become a 4-H member.

Rewards: The sense of accomplishment.
Each participant will receive a Cloverbud ribbon for each event in which they participate.

CLOVERBUD MEAT ID EVENT

Friday 3:00 pm-6:00 pm--Creative Arts Building

Coordinator: Jessica Eikmeier

Rules: Cloverbuds will identify 5 (five) cuts of meat including species, primal cut, retail name, type of cut, cookery method

*See Contest rules for details page-10

CLOVERBUD PLACE SETTING EVENT

Friday, 3:00 pm-6:00 pm & Saturday, 8:00 am-12:00 Noon--Fine Arts Building

Coordinator: Sharon Guthmiller

Rules: A picture diagram will be given to each participant as a guide to putting together a basic place setting.

A variety of table covers, plates, silverware, cups, napkins, centerpieces and menus will be provided for the participants to use to set up their place settings.

Participant will be interviewed as they create their place setting.

Pictures will be taken of each place setting and displayed.

Participants can pick up their photos after the Fashion Show on Saturday.

*see Contest rules for details, page-13

CLOVERBUD VEGETABLE ID AND JUDGING EVENT

Friday, 3:00 pm-6:00 pm, Saturday 8:00 am -12:30 pm--Fine Arts Building

Coordinator: Mary Ann Hlavka

Rules: Cloverbuds will identify 5 (five) vegetables and judge 1 class of vegetables

*See Contest rules for details, page-19

CLOVERBUD INGREDIENT MEASURING EVENT

Friday, 3:00 pm - 6:00pm, Saturday—8:00 am-12:00 pm—Fine Arts Building

Coordinator: Rosie Elmore

Rules: Participants will measure 2 different food products using half or whole numbers.

*See Contest rules for details, page-17

CLOVERBUD JUDGING EVENT

Saturday—8:00-am-12:30 pm Creative Arts Building

Coordinator: Tana Clark

Rules: Participants will judge Cloverbud classes of Foods, Clothing, and Consumerism

They will not be required to do the written/check type reasons

*see Contest rules for details, page-18

WESTERN 4-H FAMILY AND CONSUMER SCIENCES SHOW OCTOBER 8 & 9 2010 ENTRY FORM

This entry form must be completed and in the hands of your Extension Educator before **September 17, 2010** to be eligible for the "Premier Exhibitor Award" all other entries will be accepted up to contest time. **PLEASE PRINT LEGIBLY.** If you are not a 4-H member please send directly to the address below.

Name _____ Parent/Guardian _____
Address _____ Town _____ State ____ Zip ____
County _____ Phone _____
E-mail _____
Date of Birth ____ / ____ / ____ Age as of Jan 1, 2010 _____

Check one: I am a _____ Senior _____ Junior _____ Beginner _____ Cloverbud

All contests will be held at the Central States Fair Grounds, 601 E. Centre St. Rapid City, SD

Using the schedule provided, please check the contests in which you will be entering.
For complete rules and regulations for each contest see the show handbook or go to the SD 4-H Website at <http://4h.sdstate.edu> for more information.

Friday

- _____ 1:00 pm Bread Baking Contest
 - _____ 1:00 pm Shift
 - _____ 2:00 pm Shift
- _____ 3:00-6:00 pm Meat ID Contest
- _____ 3:00-6:00 pm Family Life Photo Contest
- _____ 3:00-6:00 pm Home Living Contest
- _____ 3:00-6:00 pm Place Setting Contest
- _____ 3:00-6:00 pm FCS Skill-a-thon-Jr's and Sr's
- _____ 3:00-6:00 pm Educational Trip Interviews
 - 3:00 _____ 4:00 _____ 5:00 _____

Saturday

- _____ 7:30-12 noon Fashion Revue Judging Contest
 - _____ Constructed
 - _____ Constructed/Purchased
 - _____ Purchased
- _____ 9:00 am-1:00 pm Public Presentation Contest
 - _____ 4-H Project Presentation
 - _____ Character Counts! Presentation
- _____ 8:00-11:30 am Place Setting Contest
- _____ 8:00-12:30 pm FCS Judging Contest
- _____ 8:00-12:30 pm Vegetable ID/Judging Contest
- _____ 8:00-12:30 pm Measuring Contest-Beginners
- _____ 8:00-12:30 FCS Skill-a-thon-Jr's and Sr's

CLOVERBUD EVENTS

- Friday _____ 3:00-6:00 pm Meat ID
- Friday _____ 3:00-6:00 pm Place Setting
- Saturday _____ 8:00-10:30 am Place Setting
- Saturday _____ 8:00-12:30 pm Measuring
- Saturday _____ 8:00-12:30 Vegetable ID/Judging
- Saturday _____ 8:00-12:30 FCS Judging

Premier Exhibitor awards presented to top exhibitor in each 4-H age division-see contest rules for details. **Must be pre-registered.

I am interested in being a Fashion Show Narrator (seniors only) _____ yes _____ no
I would like to be considered for entertainment for the Fashion Show & Awards Program _____ yes _____ no
My special talent is? _____

I(we) would like to purchase a Western 4-H Family and Consumer Sciences Show Membership:
_____ \$5.00/Family (make checks payable to W4-HFCS Show)

Signed _____ Date _____
(Contestant)
Signed _____ Date _____
(Parent/Guardian)
Signed _____ Date _____
(Extension Educator)

Extension Educators/Teachers Send Entry forms by **September 22nd to:
LaDonna McKnight, 447 Crook St, Suite 1, Custer, SD 57730
PHONE: 605-673-4971, FAX: 605-673-2385, E-Mail: ladonna.mcknight@sdstate.edu

EDUCATIONAL TRIP Point Summary Sheet

Name _____ Parents _____
 Address _____ Town _____ State _____ Zip _____
 E-mail _____ County _____
 Age _____ (as of January 1, of current yr) Birth Date _____ (mm/dd/yy)

This point summary sheet must be submitted with the show entry form by the deadline if you are competing for the Educational Trip. It must be checked and signed by your club leader, and your County Extension Educator.

ELIGIBILITY: Educational Trip applicants must be at least 15 years old on January 1st of the current year. The applicant must have participated in at least 3 Western 4-H Family & Consumer Sciences Shows including the current year and participate in at least 3 events in the current show. You must have at least a minimum of 500 pts accumulated on the point sheet to be considered. Any 4-H member who has previously earned a W4-HFCS Show trip on the basis of the summary sheet/interview or the top demonstration award at the W4-HFCS Show is not eligible to apply.

	Number	Pt. Value	Pts. Earned	
1. Years of 4-H club work completed	_____ X	10	=	_____
2. Years participated in W4-HFCS Show (include current year)	_____ X	20	=	_____
3. Number of times you participate in events:				
a. FCS Skill a Thon/Jeopardy	_____ X	20	=	_____
b. Food quiz bowl	_____ X	20	=	_____
c. Bread Baking	_____ X	20	=	_____
d. Place Setting	_____ X	20	=	_____
e. Home Living	_____ X	20	=	_____
f. FCS Judging	_____ X	10	=	_____
g. Public Presentations	_____ X	20	=	_____
h. Family Photos	_____ X	10	=	_____
i. Meat ID	_____ X	10	=	_____
j. Fashion Revue & Show	_____ X	25	=	_____
k. Ingredient Measuring	_____ X	10	=	_____
l. Vegetable ID/judging	_____ X	10	=	_____
4. Participated in the W4-HFCSS interview (In past years, not including this year)	_____ X	20	=	_____
SUBTOTAL				_____
5. 4-H LEADERSHIP				
a. Local 4-H Club Offices held	_____ X	3	=	_____
b. County 4-H Offices held	_____ X	5	=	_____
c. Teen/JR Leadership Yrs.	_____ X	5	=	_____
d. State 4-H/Youth Leadership Conf.	_____ X	5	=	_____
e. # of 4-H Leadership Workshops	_____ X	5	=	_____
f. JR Leader Retreats	_____ X	5	=	_____
g. 4-H Camp Counselor Training	_____ X	5	=	_____
h. State Counselor/Ambassador	_____ X	5	=	_____
i. 4-H Exchange Trips	_____ X	5	=	_____
j. Out of State Trips	_____ X	5	=	_____
k. Workshops Conducted	_____ X	5	=	_____
SUBTOTAL				_____

GRAND TOTAL POINTS _____

SIGNATURES:

4-H MEMBER _____

4-H CLUB LEADER _____

PARENT _____

EXTENSION EDUCATOR _____

Return to: LaDonna McKnight, 447 Crook St. Suite 1 Custer, SD 57730 by October 1, 2010

**FASHION REVUE BUYMANSHIP
SENIOR FORM
PLEASE COMPLETE BEFORE YOU ARRIVE AT THE SHOW**

NAME _____ AGE _____
COUNTY AND STATE _____ YEARS IN PROJECT _____

Complete this chart about your outfit

Garment(s)/Accessories Purchased	Where Purchased	Date of Purchase	Cost	What did you do to improve (clip threads, alter, etc.)

Complete the following chart comparing cost, quality, and care of your ready-to-wear garments with a similar garment you might construct at home and a comparable garment from another source, such as a catalog, specialty store or discount house; please list source(s): _____

	Your Purchased Outfit	Similar Constructed Garment	Comparable Outfit from another source
Total cost of outfit			
Fiber Content(s)			
Care Instructions			
Quality of construction			
Construction Features Examples: Zipper, pockets, princess seams, buttons, decorative stitching, darts, etc.			
Approximate time required to make or purchase			

Please write a BRIEF paragraph on how your garments or outfits fit into your wardrobe, where you plan to wear your outfit, and why you selected this outfit. Include what you learned by preparing this exhibit. You may use the back if necessary.

**FASHION REVUE BUYMANSHIP
BEGINNER AND JUNIOR FORM
PLEASE COMPLETE BEFORE YOU ARRIVE AT THE SHOW**

NAME _____ AGE _____
COUNTY AND STATE _____ YEARS IN PROJECT _____

Complete this chart about your outfit

Garment(s)/Accessories Purchased	Where Purchased	Date of Purchase	Cost	What did you do to improve (clip threads, alter, etc.)

Complete the following chart comparing cost, quality, and care of your ready-to-wear garment or garments with a similar garment you would construct at home.

	Your Purchased Outfit	Comparable outfit from another source
Total cost of garment		
Fiber Content(s)		
Quality of Construction		
Construction Features Examples: zipper, pockets, princess seams, buttons, decorative stitching, darts etc.		
Care Instructions		
Approximate time to purchase/make		

Please write a BRIEF paragraph about why you selected this outfit, how it fits in your wardrobe, and where you plan to wear it. Include what you learned by doing this exhibit.

SAMPLE QUESTIONS FOR BREAD BAKING CONTEST

This is only a sample of the types of questions that may be asked.

1. FOR WHAT REASON IS THE DOUGH PUNCHED AND ALLOWED TO RISE AGAIN FOR A SHORT PERIOD OF TIME? Answer: Collapses gluten providing the formation of cells with tight gluten walls, gives yeast a new supply of food. Fermentation that occurs during rising gives the bread flavor.
2. IF YOU ARE USING ENRICHED FLOUR, WHAT NUTRIENTS ARE ADDED TO ENRICH THE FLOUR? Answer: thiamine, riboflavin, niacin, iron. (Also know what these nutrients do!) This will be asked!
3. WHAT ARE THE FOUR ESSENTIAL INGREDIENTS OF BREAD? Answer: Flour, water, yeast and salt. (This question will almost always be asked!)
4. WHAT ARE THE FUNCTIONS OF SALT IN BREAD? Answer: Flavor, controls rate of fermentation, strengthens gluten.
5. WHAT GAS DOES THE YEAST PRODUCE? Answer: carbon dioxide
6. HOW CAN YOU TELL WHEN THE BREAD DOUGH HAS BEEN KNEADED ENOUGH? Answer: It is elastic, smooth, not sticky, and tiny bubbles appear beneath the surface.
7. BREADS BAKED IN A PAN USUALLY BREAK AND SHRED ON ONE SIDE. WHAT CAUSES THIS TO OCCUR? This is called "oven-shred". Excessive shred is caused by over-mixing, improper shaping, and too hot an oven.
8. WHY IS THE LIQUID HEATED? Answer: It is warmed so the yeast will grow. If it is used cold, the dough will be soft and the bread will have a small volume.
9. IF YOUR BREAD HAS A TOUGH CRUST, WHAT MIGHT BE THE REASON? Answer: Old or young dough, improper mixing, excess proof or wrong proof conditions, cold oven.
10. HOW MANY CALORIES ARE THERE IN A SLICE OF BREAD? Answer: From 60-70 depending on the size and type of bread.
11. HOW MANY SERVINGS OF BREAD OR CEREAL ARE NEEDED DAILY? Answer: The new nutritional guidelines from the Department of Agriculture suggest six to eleven servings of bread, cereals, rice, crackers, pasta or other foods made from grains.
12. ARE THERE ADVANTAGES TO USING A DULL PAN RATHER THAN A SHINY ONE? Answer: A dull pan will brown the bread better.
13. HOW DO YOU HANDLE FRESHLY BAKED BREAD? Answer: Cool uncovered, store away from air, moisture and heat.
14. WHAT KIND OF CRUST RESULTS FROM BRUSHING THE TOP WITH WATER, SHORTENING OR EGG? Answer: Water-crusty; shortening – soft; egg – crusty.
15. WHAT CAUSES UNEVEN SHAPE? Answer: Improper shaping.
16. WHAT CAUSES A THICK CRUST? Answer: slow baking.
17. WHAT CAUSES HEAVY BREAD? Answer: Under-baking, under-kneading, yeast partially killed.

18. WHAT CAUSES CRUST BULGES AND CRACKS? Answer: Dough too stiff from too much flour.
19. WHAT CAUSES COARSE-GRAINED BREAD? Answer: Over-risen when put in oven, not enough flour, not enough kneading, too cool oven temperature.
20. WHAT IS THE PURPOSE OF KNEADING? Answer: Thorough kneading is vital to successful bread baking. It insures that the protein is fully moistened and that the gluten strands are joined to form a strong interlocking structure of cell walls.
21. WHAT ARE THE FOUR STEPS OF BREAD BAKING? Answer: 1) Mix the dough, 2) Knead and let rise, 3) Shape and let rise, 4) Bake.
22. WHY IS BREAD FLOUR RECOMMENDED FOR BREAD BAKING? Answer: It is a blend of high-protein wheat's with greater gluten strength. Gluten, the protein that is developed by kneading the dough, provides the framework necessary to trap the gas bubbles produced by yeast. Bread flour yields better volume breads and more tender crusts.
23. WHAT IS THE SHELF LIFE OF ACTIVE DRY YEAST? Answer: From the time it is made, 12-15 months. An expiration date is stamped on all yeast packages. In fact, yeast was the first food to offer open dating. For best results, use before the expiration date.
24. YOU MUST BE RESPONSIBLE FOR KNOWING THE INGREDIENTS USED AND THEIR NUTRIENTS AND WHAT THESE NUTRIENTS DO FOR YOUR BODY.

Further information can be obtained from your Extension Office, cook books, FCS Teachers, parents and people who do a lot of bread baking. I hope these questions help you with your knowledge of bread baking.

GOOD LUCK IN THE CONTEST!!!!

Sample MEAT ID Contest Score Sheet

Species	Primal Cut	
B-Beef	A-Breast	J-Rib (Rack)
L-Lamb	B-Brisket	K-Round
P-Pork	C-Chuck	L-Shank
	D-Flank	M-Shoulder
	E-Ham/Leg	N-Side (belly)
	F-Jowl	O-Spareribs
	G-Leg	P-Variety Meats
	H-Loin	Q-Various
	I-Plate	

Retail Names	
Chops, Roasts/Pot Roasts, Steaks, Slices	
1. American-Style	30. Rib, Large End
2. Arm	31. Rib, Small End
3. Arm, Boneless	32. Rib, Small End, Boneless
4. Arm Picnic, Whole	33. Round
5. Bacon	34. Round, Boneless
6. Blade	35. 7-Bone
7. Blade, Boneless	36. Shoulder, Boneless
8. Blade Boston	37. Sirloin
9. Bottom Round	38. Sirloin, Flat Bone
10. Bottom Round Rump	39. Sirloin, Half
11. Butterfly	40. Skirt, Boneless
12. Center	41. Smoked Center
13. Chuck Eye, Boneless	42. Smoked Ham, Boneless
14. Cubed	43. Smoked Loin
15. Double	44. Smoked Rib
16. Eye Round	45. Smoked Rump Portion
17. Flank	46. Smoked Shank Portion
18. Frenched-Style/Frenched	47. Smoked Shoulder Picnic, Whole
19. Fresh, Center	48. Square Cut
20. Fresh, Rump Portion	49. T-Bone
21. Fresh, Shank Portion	50. Tenderloin
22. Fresh Side	51. Tip
23. Heel of Round	52. Tip, Cap Off
24. Loin	53. Top Blade, Boneless
25. Mock Tender	54. Top Loin
26. Neck	55. Top Loin, Boneless
27. Porterhouse	56. Top Round
28. Rib	57. Top Sirloin
29. Rib Eye	
Variety Meats	
58. Brains	62. Oxtail
59. Heart	63. Sweetbreads (beef thymus)
60. Kidney	64. Tongue
61. Liver	65. Tripe
Miscellaneous Other Cuts	
66. Back	78. Ground Beef
67. Bacon, Slab	79. Ground Pork
68. Beef for Stew	80. Point Half, Boneless
69. Breast	81. Riblets
70. Brisket, Whole, Boneless	82. Sausage
71. Canadian Style Bacon	83. Sausage Links
72. Corned	84. Shank
73. Country Style Ribs	85. Short Ribs
74. Cross Cuts	86. Sirloin Cutlets
75. Cross Cuts, Boneless	87. Smoked Hock
76. Flat Half, Boneless	88. Smoked Jowl
77. Fresh Hock	89. Spareribs
Type of Cut	Cookery Method
Ch-Chop(s)	D-Dry Heat
Ro-Roast/Pot Roast	M-Moist Heat
Sl-Slice(d)	D/M-Dry or Moist Heat
St-Steak	

Cut No.	Species (1 pt)	Primal Cut (3 pts)	Retail Name (4 pts)	Type (1 pt)	Cookery Method (1 pt)
Ex.	Lamb L	Leg G	Center 12	Slice Sl	Dry D
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					
16.					
17.					
18.					
19.					
20.					
21.					
22.					
23.					
24.					
25.					
Total Incorrect					
	X 1	X 3	X 4	X 1	X 1
Points off					
C-Bud-50 pts, Beg.-150 pts, Jrs-200 pts, Sr-Adult-250 pts					
_____ - _____ = _____ Ribbon Placing					
(Total pts) - (Total Pts off) = (Final Score) P B R W					

FCS Skill-a-Thon

Sewing and Clothing ID terms

Fabrics

___ Aida Cloth
___ Cotton Blend
___ Felt

___ Fleece
___ Muslin, unbleached
___ Silk

___ Spandex
___ Wool

Trims and Fasteners

___ Batting
___ Bias Tape
___ Decorative Trim

___ Elastic
___ Hook and Eyes
___ Ribbed Elastic

___ Rick Rack
___ Sew-on Snaps

Techniques

___ Dart ___ Hem

___ Gather

___ Pleat

Tools

___ Acrylic Ruler
___ Bobbin
___ Bobbin Case
___ Crewels
___ Cutting Mat
___ Dress Form
___ Dressmaker's Ham
___ Emery Bag
___ Iron
___ Ironing Board
___ Loop Turner
___ Seam Ripper

___ Needle Threader
___ Pattern
___ Pin Cushion
___ Pinking Shears
___ Pins
___ Press Cloth
___ Presser Foot
___ Pressing Machine
___ Rotary Cutter
___ Safety Pins
___ Scissors

___ Sewing Gauge
___ Sharps
___ Shears
___ Tailors Chalk
___ Thimble
___ Thread
___ Thread Rack
___ Throat Plate
___ Tracing Paper
___ Tracing Wheel
___ Measuring Tape

FCS Skill-a-Thon

Foods and Cooking ID terms

Utensils

___ Apple Corer
___ Apple Slicer
___ BBQ Spatula
___ BBQ Tongs
___ Can Opener, Hand
___ Chef's Knife
___ Chopper
___ Chopsticks
___ Cookie Cutter
___ Decorative Slicer, Ripple
___ Decorative Cutter, Vee
___ Egg Separator
___ Egg Slicer
___ Egg Timer
___ Flour Sifter
___ Garlic Press
___ Grater

___ Grill Brush
___ Gripper
___ Ice Cream Scoop
___ Kitchen Fork
___ Liquid Measuring Cups
___ Measuring Cups
___ Measuring Spoons
___ Meat Tenderizer
___ Melon Baller
___ Mixing Bowl
___ Nut Chopper
___ Paring Knife
___ Pasta Measurer
___ Pasta Server
___ Pastry Blender
___ Pastry Brush
___ Pie/Cake Server

___ Pizza Cutter
___ Potato Masher
___ Rolling Pin
___ Rubber Spatula
___ Scraper
___ Serving Fork
___ Serving Spoon
___ Slicing Knife
___ Soup Spoon
___ Spatula
___ Strainer
___ Tart Press
___ Turner
___ Utility Knife
___ Vegetable Peeler
___ Wire Whisk

Herbs and Spices

___ Allspice
___ Anise
___ Basil
___ Celery Seed
___ Chili Powder
___ Chives

___ Cilantro
___ Cinnamon
___ Cumin
___ Dill
___ Ginger
___ Mace

___ Mint Leaves
___ Mustard
___ Oregano
___ Paprika
___ Parsley
___ Pepper, Black

___ Poppy Seed
___ Rosemary
___ Sesame Seed
___ Tarragon
___ Thyme
___ Turmeric

Appliances

___ Blender
___ Can Opener, Electric
___ Crock-Pot
___ Food Processor

___ Ice Cream Maker
___ Mixer, Countertop
___ Mixer, Hand
___ Rice Cooker

___ Toaster
___ Toaster Oven
___ Turkey Fryer
___ Waffle Iron

Cookware

- | | | |
|---|--|--|
| <input type="checkbox"/> Baking Pan | <input type="checkbox"/> Mini Muffin Tin | <input type="checkbox"/> Sauce Pot |
| <input type="checkbox"/> Baking Sheet | <input type="checkbox"/> Muffin Tin | <input type="checkbox"/> Steamer Basket |
| <input type="checkbox"/> Broiler Pan | <input type="checkbox"/> Pastry Press | <input type="checkbox"/> Stockpot |
| <input type="checkbox"/> Colander | <input type="checkbox"/> Pie Plate | <input type="checkbox"/> Trivet |
| <input type="checkbox"/> Double Broiler | <input type="checkbox"/> Roaster Pan | <input type="checkbox"/> Wire Cooling Rack |
| <input type="checkbox"/> Dutch Oven | <input type="checkbox"/> Roaster Pan | |
| <input type="checkbox"/> Frying Pan | <input type="checkbox"/> Sauce Pan | |

Dish and Tableware

- | | | |
|--|---------------------------------------|--------------------------------------|
| <input type="checkbox"/> Bread Plate | <input type="checkbox"/> Gravy Boat | <input type="checkbox"/> Pepper Mill |
| <input type="checkbox"/> Butter Dish | <input type="checkbox"/> Juice Glass | <input type="checkbox"/> Punch Bowl |
| <input type="checkbox"/> Cake Plate | <input type="checkbox"/> Meat Platter | <input type="checkbox"/> Saucer |
| <input type="checkbox"/> Carafe | <input type="checkbox"/> Napkin Ring | <input type="checkbox"/> Tea Pot |
| <input type="checkbox"/> Creamer and Sugar Set | <input type="checkbox"/> Parfait Cup | |

FCS Skill-a-Thon

Interior Design and Housing ID Sheet

Curtain and Window Treatments

- | | | |
|---|--|---|
| <input type="checkbox"/> Banner Valance | <input type="checkbox"/> Goblet Pleats | <input type="checkbox"/> Roman Shade |
| <input type="checkbox"/> Cafe Curtains | <input type="checkbox"/> Header | <input type="checkbox"/> Sconce |
| <input type="checkbox"/> Casing | <input type="checkbox"/> Leading Edge | <input type="checkbox"/> Spring Tension Rod |
| <input type="checkbox"/> Cornice | <input type="checkbox"/> Pinch Pleats | <input type="checkbox"/> Valance |
| <input type="checkbox"/> Curtain Drop | <input type="checkbox"/> Piping | |

Windows

- | | | |
|--|---|--|
| <input type="checkbox"/> Bay Window | <input type="checkbox"/> Double Hung Window | <input type="checkbox"/> Recess Window |
| <input type="checkbox"/> Bow Window | <input type="checkbox"/> Palladian Window | |
| <input type="checkbox"/> Casement Window | <input type="checkbox"/> Picture Window | |

Carpet

- | | | |
|-----------------------------------|------------------------------------|-----------------------------------|
| <input type="checkbox"/> Berber | <input type="checkbox"/> Loop Pile | <input type="checkbox"/> Textured |
| <input type="checkbox"/> Cable | <input type="checkbox"/> Shag | |
| <input type="checkbox"/> Cut Pile | <input type="checkbox"/> Sisal | |

Material

- | | | |
|-----------------------------------|--------------------------------------|-----------------------------------|
| <input type="checkbox"/> Brocade | <input type="checkbox"/> Damask | <input type="checkbox"/> Silk |
| <input type="checkbox"/> Bump | <input type="checkbox"/> Gingham | <input type="checkbox"/> Tapestry |
| <input type="checkbox"/> Chenille | <input type="checkbox"/> Interlining | <input type="checkbox"/> Velvet |
| <input type="checkbox"/> Chintz | <input type="checkbox"/> Lining | |

Decorative Woods

- | | | |
|-------------------------------------|---------------------------------|----------------------------------|
| <input type="checkbox"/> Base Board | <input type="checkbox"/> Fascia | <input type="checkbox"/> Molding |
| <input type="checkbox"/> Chair Rail | <input type="checkbox"/> Jamb | |

Tools

- | | |
|---------------------------------|--------------------------------------|
| <input type="checkbox"/> Hammer | <input type="checkbox"/> Pliers |
| <input type="checkbox"/> Level | <input type="checkbox"/> Screwdriver |

Painting

- | | | |
|--------------------------------------|---------------------------------|---|
| <input type="checkbox"/> Paint Brush | <input type="checkbox"/> Roller | <input type="checkbox"/> Pad Applicator |
|--------------------------------------|---------------------------------|---|

Faux Finishes/Techniques

- | | | |
|--|---------------------------------------|-------------------------------------|
| <input type="checkbox"/> Color Washing | <input type="checkbox"/> Metallic | <input type="checkbox"/> Soft Suede |
| <input type="checkbox"/> Combing | <input type="checkbox"/> Ragging | <input type="checkbox"/> Sponging |
| <input type="checkbox"/> Crackle | <input type="checkbox"/> Sand Scrapes | |