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Wauchope Public School

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Term 1 Week 2 Newsletter

Thursday 7 February 2019

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Thursday 7 February

☼ Kindergarten Photos

Friday 8 February

☆ Swimming Carnival Years 3-6

Tuesday 12 February

Band lessons start

Wednesday 13 February

Thursday 14 February

☼ P&C Meeting - 7:00pm

Monday 18 February

☆ LNC Girls Cricket

Tuesday 19 February

☼ Years 1-6 Parent Information Evening

Stage 1 - 4:00pm

Stage 2 - 4:45pm

Stage 3 - 5:30pm

Wednesday 20 February

LNC Swimming Carnival - Kempsey



Kindergarten

We welcomed 104 Kindergarten children this week. The children all looked fantastic in their new uniforms. The smiles on their faces were amazing. Every child went into their classroom with great enthusiasm. Most mums and dads were very brave also!

The boys and girls will be very tired over the next few weeks as each day will be action packed. The children will need to get plenty of sleep and a healthy breakfast so they are as fresh as possible for the excitement of "Big School". For the first few weeks please collect your children from the individual classes.

The mainstream Kindergarten

teachers are Miss Boswell KBL, Mrs Bailey KKB, Mrs Barnett KLB, Mrs Lovett KJL and Mr Beard KDB. Students in Special Education will be with Mrs Puchert and Ms Davis.

I would encourage our new parents to be actively involved in their child's education and work with the WPS staff to enhance and improve their educational and social development. Joining the P&C is a great way to start. The first meeting is Thursday 14 February in the school staffroom.

A big thank you to our P&C for coordinating the welcome afternoon tea on Wednesday and for the drink bottle gift for each Kindergarten child and care package for each mum! A lovely touch.



Busways -

Buckling up on school buses



Some school buses will look different now with the introduction of seat belts into Busways' fleet.

By law, passengers in a seat belt-fitted vehicle must wear the seat belt. If your seat has a seat belt, you need to buckle up - the way you do while travelling in a car.

Each seat will have three seat belts so you get to share the seat with one or two of your friends! It's important that you clip in your seat belt without having to be asked by the bus driver as they need to focus on driving the vehicle safely.

By law, you won't be able to stand on the bus once yours has seat belts – you must sit in a seat and wear your seat belt correctly. Don't forget to 'click clack'.

Parents - It would be a great assistance if you can help by talking to your children about wearing their seat belts on the bus without waiting to be asked. It is just like getting in the car – if there is a seat belt on their seat, they need to buckle up.

Kindergarten Photos

A photographic company took individual Kindergarten photos this morning. At least one copy will be sent home when we receive them. I have also invited the Wauchope Gazette to take Kindergarten class photos early next week for the newspaper.

Class Formation

Our numbers will be submitted to the Department of Education this week. They will confirm our staffing numbers next week. We believe we should be able to continue with our current structure. However, I'll confirm this in next week's newsletter and provide a comprehensive staff list for your convenience.

Swimming Carnival



Good luck to all the children who will be participating in this event tomorrow. They are always tremendous days and I encourage parents to come along and support your children. Please note that this is a school activity and children are expected to attend.

Please remember plenty of fluids, hat, sunscreen, rashie and have all towels/clothing clearly labelled.

Please note the Hastings/ Camden Haven carnival will be on Wednesday 13 February, the Lower North Coast carnival will be on Wednesday 20 February in Kempsey and the North Coast carnival will be on Wednesday 6 March in Murwillumbah.

School Activity Permission Notes and Payment -IMPORTANT

This year we will have a new process for School Activities and excursions. Permission notes and money must be paid in full, one week prior to the excursion or event. If you are experiencing financial hardship you may contact Mr Osborne to organise a payment plan well before notes and payments are due.

The reason for this is for the safety and wellbeing of the students attending the activity.

Activity/Excursion organisers complete a risk assessment for every excursion. We have many students who require adjusted supervision, medication or care. One week's knowledge of exactly who is attending the activity gives school staff time to ensure SLSO's have been reallocated, work is prepared and appropriate supervision is planned for those students not attending etc.

Parents/Caregivers will have to be organised to make payments and return permission notes one week prior to all events. Teachers will remind students regularly.

We are committed to establishing and maintaining the safest procedures aligned to Department of Education policies for the wellbeing of our students.

For excursions that have limited numbers we send out a notification to advise when payment/deposit will be required. This ensures all students have an equal opportunity to attend these events.

Thank you in advance for your cooperation and understanding.

Parent Information Evenings

These meetings for Years 1-6 will be held on Tuesday 19 February in Week 4.

Parents will congregate in the hall and be introduced to the staff on that Stage and listen to a variety of staff discuss programs and activities for 2019. Parents will then briefly visit the classroom and complete a student information form about your child. Three way meetings will be trialled this year at mutually agreed times throughout the year. This will involve the student, parent/carer and teacher. We believe all parties will benefit from this approach. More information about three-way meetings will be provided in next week's newsletter.

At the conclusion of the Stage 1 and 2 session parents are invited to have a light afternoon tea at the front of the school or in the library to mingle with the teachers and other parents. Stage 3 will start their session at 5:10pm at the afternoon tea and move to the hall for a 5:30pm start.

4:00pm - Stage 1

4:45pm - Stage 2

5:10pm - Stage 3

Special Education will host their session on an alternative date and will receive a separate invitation.

Kindergarten teachers will host parent meetings later in the term as the teachers and parents have already touched base during the Best Start assessments.

A reminder note will be sent home next week.

Child Safety

Supervision for students in our playground commences at 8:30am. Please ensure your child does not arrive prior to that time. From Week 3 our WOOSH facility will be providing Before School care for our parents convenience.

Please be extremely careful when arriving or departing school.

Please abide by the parking signs around our school for the safety of our children.

Healthy Food

Please ensure your child has food and a drink bottle for recess and lunch.

Please ensure your child has had enough to eat before they arrive at school. We have noticed some children accessing sugary snacks before 9am in the playground. This is not an ideal start to the day and doesn't assist with productive learning.

Canberra Excursion

Year 6 students will set off for their fantastic Canberra excursion on April 1 (no joke). Please complete any required paper work as soon as possible so we are prepared well in advance e.g. medical forms. Please be mindful of the due dates for excursion payments also. We have to pay for most items prior to the excursion so we need parents to complete their payments as soon as possible.

Please make small payments whenever you can until you have paid in full. Please don't leave it until the last minute and then decide you can't afford it.

School Supplies Years K - 6

The cost of the School Supplies Fee will be \$20 for each child. This is a very small amount of money to pay and I'm hoping all parents/caregivers can pay this amount this year. Every child will receive an invoice. Eftpos facilities are available for your convenience.

As a thank you to those students who pay this term, they will receive a complementary Wauchope Public School item at the end of Term 1. Thank you in advance.

Health Care Needs and Emergency

If your child has a serious health condition I would ask that you ensure we have an up to date health care plan.

We also need all parents to continually update contact details if phone numbers or addresses change at any time.

Band

Learning an instrument is a fantastic talent. We do have musical instrument tuition on Tuesday mornings. Lessons will commence on Tuesday 12 February. Please contact the school office if you require further information.

Label Everything Please

Please clearly label everything your child brings to school. This includes items such as HATS, bags, lunch boxes, drink bottles, jumpers. EVERYTHING!

School Website

There is a tremendous amount of information on our website and Mr Lindner does a brilliant job uploading photos, newsletters and the calendar regularly. The web address is: www. wauchope-p.schools.nsw.edu.au.

We will continue to upload any Grade permission notes for your convenience so you can always access a note if it is lost, damaged or does not make it home.

You can access newsletters on the school website or the Wauchope Public School Skoolbag App.

Students looking after wildlife



Tye found this beautiful lorikeet on the ground at school, unable to fly. He carefully looked after it and made sure it was safe while we waited for a FAUNA carer to arrive. The lorikeet will be assessed and, when possible, released. Maybe it will return one day to thank Tye for being so caring!

School Band

Tuition will commence on Tuesday 12 February. We would like to meet students in the hall between 8:00am and 9:00am on that day to confirm their lesson times.

Thank you. Regards Ann

Without Their Friends?

In 13 plus years of education, your child will eventually find themselves in a class without their close friends. It's normal for them to initially feel a little anxious about this, so how should you handle it?

Don't rob your child of this opportunity to develop social skills.

School is a place where our kids learn important social skills as well as academic ones. Finding their place and making friends in a new group is a vital skill to develop and one they'll rely on their entire lives. The classroom is one of the gentlest places to start learning this because:

- Teachers turn a "bunch of kids" into a team every year. They keep an eye out for students who aren't mixing in, and create opportunities to pair them up with different children.
- There's still recess, lunch and sport time to play with their mates. It's also a great opportunity for them to learn about separating social time and work time.
- Lots of their classmates are in the same boat. Everyone is starting a new year, with a new teacher and a new classroom and many will be looking for new friendships too. Some kids choose a new "best friend" in every class they have, which builds a rich network of friendships over the years.
- Children learn different skills from different classmates. These days there are lots of opportunities for group work in class, when students team up and work through tasks together. Unlikely pairings can produce excellent workmates, who share a common language of learning and help each other along.

Cameron Osborne

P&C News Canteen News

Reminder

All children who are Gluten Free or have Food Allergies and order their lunch from the school canteen must use Red Lunch Bags. These bags can be picked up from the school canteen free of charge. Please state the allergy your child has and circle it on the bag. These lunches do not go out in the class lunch tubs. Your child has to pick it up from the canteen at lunch time. Any questions regarding this matter please ask for Ruth at the canteen to explain the procedure we use.



WOOSH News

The WPS P&C Association are excited to announce the trial opening of WOOSH before school care. Officially opening from 6.30am to 8.30 from 11 February 2019 weekdays during school terms. The centre will provide breakfast for all students attending consisting of toast/ cereal/ milk/ juice. Qualified educators will supervise indoor play / homework until 8am and outdoor play until 8.30am before students being guided to the playground. Spaces are limited to only 30 students and we are already 1/3 full already.

To find out more or book a position, please Call Alex on 0412 852 441. The P&C greatly thank families for supporting WOOSH and hope the school community will use our new before school care service.

Community News





Does your child need help to be part of a team or a group?

Rugby is a rugby based Occupational Therapy m and we are teaming up with All Togethe Therapy to launch at Port Macquarie!

modified rugby drills to help kids:

- - Process sensory information
 Focus on activities
 Work on their coordination
 Manage their emotions
 Have fun with other kids!

Come and try it at our launch day! Not only will it be free and fun, but it will be run by Australian Rugby Sevens Olympian – Jesse Parahi.

av 17th February 2019

re: Oxley Oyal, Port Macquarie, NSW 2444



Sign up on our website at







Under 8's "Learn to play" beginners basketball program





Frequently Asked Questions: Parents

SNAPCHAT 5



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Snapchat is an application which is free to download on iOS and Android devices that allows users to send images ('snaps') to each other. Operating the app requires use of the device's data plan or wireless internet connection. Images can be drawn on using a whiteboard-style tool and can be given a caption. Images can be sent to other users for up to 10 seconds before they 'dissolve'.

What is the age restriction for Snapchat?

The age classification for Snapchat is 13 years old, although much of the content may be inappropriate for that age group. If children under the age of 13 sign up for an account they are given access to 'SnapKidz' which is a limited version of the app where users are not able to send images to other devices. It is important to note that these classifications are set by the app's creator and are not overseen by an independent body.

Snapchat is used by many young people to keep up with their friends and to send photos to each other. Snapchat can, however, be used for inappropriate purposes and it is important to sit down with your child and explain to them that it is not okay to share images that are rude, offensive or sexualised.

Should I be worried if my child is using Snapchat?

Any application when used incorrectly has the potential to cause harm. It is important that you communicate openly with your child about how they may be using an application and the legal and ethical ramifications of inappropriate use. Children and young people also need to be aware of the risks of communicating with people they don't know via any mobile application.

Does an image really delete on Snapchat?

There are many ways an image can be saved, even on Snapchat. iOS and Android devices have a feature which allow the device to take a photo of what is on the screen ('screencapture'). Snapchat notifies the sender if an image they have sent has been captured, however you are not always notified. There are also many other ways images can be saved without the sender being notified so it is important to encourage children to think before they post.

What are the privacy settings on Snapchat?

Snapchat has very limited privacy settings and it is important to monitor your child's usage of the application. One privacy setting that is available is the ability to restrict who can send your child snaps. This can be enabled by going into the Settings menu, under Who can send me snaps..., then select My Friends. This will ensure that only users on your child's contact list can send images.

Is Snapchat a 'safe sexting' application?

It is important to know that there is no such thing as 'safe sexting' and Snapchat is no exception. Young people need to be aware that as soon as they send an image they have lost control over where it ends up. Sending sexually explicit images of someone under the age of 18, with or without their permission, could be an offence under State and Commonwealth legislation.

What are the potential problems with Snapchat?

Sharing images that are rude, offensive or sexualised can see young people in breach of State and Commonwealth legislation that carry serious legal consequences. Ethically, young people need to be aware of the impact that their online behaviour has on others', as well as their

Sexting is commonly defined as the sharing of sexualised or naked images via the internet or mobile phone, this includes mobile applications like Snapchat. Children and young people need to realise that as soon as that image is sent they have lost control of it. Quite often we see images uploaded to the internet, including on various social networking sites, that had originally been shared between two people privately. Taking, sending and saving these sorts of images can also constitute child pornography offences and can have long term legal ramifications on a child's future.

If these images become public, the child in the image can be subject to bullying and cyberbullying. This may happen face-to-face at school or even online with people posting and sharing the image on social networking sites or instant messenger applications. It is extremely important that parents and carers are aware of the issues associated with various apps and websites so that they can openly communicate with their child about safe and responsible usage.

How do I delete my child's Snapchat account?

After talking with your child about the ethical use of Snapchat and your family's rules around technology, you may think it's appropriate to delete the Snapchat account.

To delete a Snapchat account you can go to https://support.snapchat. com/delete-account and enter your child's account username and password. If you do not have your child's password you can put a deletion request into Snapchat.

Open and supportive discussions around technology usage are vital in ensuring your child understands their responsibilities when using technology. Simply removing the technology is not the best response as it could potentially drive your child's usage underground where there are few opportunities for you to support them.







Good for kids good for life Helping Improve Your Child's Health

Wauchope Public School has been partnering with the Live Life Well at School program to encourage children's healthy eating and physical activity.

In order to assess the impact of this program and inform future opportunities to improve child health, you are invited to take part in research being conducted within the school.

An information and consent form (one per child) will be sent home next week. If you choose to participate in this research you will need to complete one consent form per child enrolled at this school by Friday 15th March 2019.

EMAIL: hnelhd-goodforkids@hnehealth.nsw.gov.au

Look out for your information and consent form that will be coming home soon.



NSW GOVERNMENT Mid North Coast Local Health District





















Group Triple P~ 2019 **Positive Parenting Program**

Group Triple P is a parenting program for all families with children 2-12 years. It provides practical answers to everyday parenting concerns

- Pick up positive parenting tips and ideas
- Focus on your strengths as a parent
- Learn how to deal with challenging behaviour and 河下 encourage behaviour you like
- Help your child reach their potential



To register or for more information contact: Regen Family Support Network Centacare Ph: 6581 6800

Venue: 10-12 Short St, Port Macquarie Bookings essential - Please register as numbers are limited

w.triplep.net

BRING A FRIEND OR MAKE SOME NEW ONES!

Date/s: Sunday 24th Feb & 10th March

Cost: \$10/day

Min. 2 games/day

Venue: TBC

BBQ lunch and drink incl.

Register NOW @ playcricket.com.au

Search for Mid North Coast Junior Cricket Council



Ages: 9 - Under 15

Soft and Hard ball cricket options





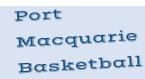
Contact Information:

Kate Jackson

0478283238

kate.jackson@cricketnsw.com.au







UNDER 10'S PROGRAM



For Girls and Boys 8 and 9 years born 2010-2011 30 minutes of skills training followed up with a 30 minute basketball game at the Indoor Stadium, 1 Hibbard Drive 15 week program over 2 school terms with a break over the holidays. Commencing on Thursday the 28th of February at 5:15pm cost is \$120 for new participants which includes a pack with basketball, bag and singlet or \$100 for returning (no pack)

o register for this program go to www.aussiehoops.com.au and click on the under 10's program active kids vouchers accepted

For more information call Shannon Wereta-Abbott on 0437 985 511





Wauchope Public School Excellence, Opportunity and Success



1st

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