# WAYS TO SUPPORT THE CARE CLINIC

DONATIONS — Cash, check, credit card, or stock contributions can be made at any time to support general operating or designated funds.

PLANNED GIFTS — Bequests through wills or trusts, life insurance, or real estate allow future and extended support to the Care Clinic.

SOUP FOR THE SOUL — Support the Care Clinic's annual fundraiser in March by sponsoring, volunteering, donating, or attending the event.

To learn more about ways to support the Care Clinic, visit SummitClinic.org or call Christina Holbrook at 970-423-8839.

# SUMMIT COMMUNITY CARE CLINIC 2017 ANNUAL REPORT



The Summit Community Care Clinic is located on the first & third floor of the Medical Office Building, 360 Peak One Blvd, Suite 100 & 330, Frisco Colorado 80443. 970-668-4040

# LEADERSHIP TEAM

Helen Royal, MA, LPC Chief Executive Officer

Mary Beth Johnson, MA Chief Operating Officer

Christopher Osgood, MBA, CHFP Chief Financial Officer

Dr. Kathleen Cowie, MD Chief Medical Officer

Dr. Cassie Comeau, PhD Chief Behavioral Health Officer



Helen Royal, MA, LPC, Chief Executive Officer

Erin Major, RDH Chief Dental Officer

The mission of Summit Community Care Clinic is to provide exceptional, integrated, patient-centered health services designed to meet the needs of all patients, particularly those who experience barriers to accessing care, regardless of their ability to pay.

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The Care Clinic does its best to acknowledge every donor and every gift, but recognizes that errors and omissions may occur. Please contact Christina Holbrook at 970-423-8839 if you identify any missing or incorrect information.

In 2017, the Care Clinic was recognized as a Workplace Wellness
Champion by the Summit County Chamber of Commerce, and was
one of only five organizations in Colorado nominated for the prestigious
Governor's Workplace Wellness Award.

Dear Friends,

**2017 was a year of growth and revitalization** for the Summit Community Care Clinic. With the support of the community, we launched new initiatives, created innovative partnerships, saw an increase in visits and patients served, and added staff. Under the leadership of CEO Helen Royal, we achieved financial stability by the close of 2017 and were poised to expand into Park County.

**2017 began with the grand opening of the new Dental Clinic** and by year's end, dental visits were up 39%. In primary care, we enhanced an already robust quality tracking program with a referral management module, paving the way for a new specialty referrals initiative. In response to growing community concerns, we increased behavioral health staffing and collaborated with Building Hope to improve access to mental health services.

In keeping with a spirit of innovation, the Care Clinic launched several direct-to-employer healthcare programs. Partnerships include iCare for Summit County Government, EC Cares for Early Child Care providers, and Advocates for Advocates for Victims of Assault. These programs allow employers to offer their employees high quality primary and behavioral health care at significant cost savings.

The Care Clinic achieved financial stability by the close of 2017 and was poised to expand into Park County.

**There were growing pains, and some goodbyes, too.** 2017 saw the retirement of founding physician Dr. James Oberheide, honored at the 10th Annual Soup for the Soul gala. Rapid growth and changing roles and responsibilities led to a period of restructuring; by year's end a strong management team was in place that included several new members. We

are grateful for all who have devoted time and energy to the Care Clinic over the years, and we look forward with enthusiasm to working with the new staff and providers who have joined our ranks.

and commitment to mission. Planning was underway to expand into Park County, staff was working to improve access to specialty care, and leadership was working with statewide partners to ensure needed infrastructure upgrades. Additional funds have been allocated for employee education and leadership training. We entered 2018 with optimism and renewed confidence to meet the healthcare needs of our growing patient population at the highest level of quality and service.

Helen Royal, MA, LPC, CEO Pat Kopystianskyj, Board President



Pat Kopystianskyj, Board President





# ABOUT THE CARE CLINIC

Summit Community Care Clinic is a Federally Qualified Health Center (FQHC) that provides primary care, oral health, behavioral health, and reproductive health services. Based in Frisco, the Care Clinic serves a five-county region that includes Summit, Lake, Park, Chaffee and Grand Counties. The Care Clinic has been recognized locally, state-wide and nationally for the high quality of care that it provides.

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### **PARTNERSHIPS**

We recognize that success in healthcare comes as a result of a strong network of partners and collaborators, and our relationships run deep. In 2017, we worked with the Family and Intercultural Resource Center (FIRC) to expand insurance enrollment, laid the groundwork for a Specialty Care partnership with Kaiser Foundation, partnered with many generous local healthcare providers to offer expanded patient services, and received strong support from state agencies and foundations. Our strength is in our partnerships.

### TEAM BASED CARE

Team-based care provides optimum, integrated care to patients. Studies have consistently shown that patient health outcomes and patient experience are enhanced by this collaborative approach. Our care teams include medical, dental and behavioral health providers, registered nurses, medical assistants, and health educators. Every patient is assigned to a care team to ensure continuity of care within their medical home.

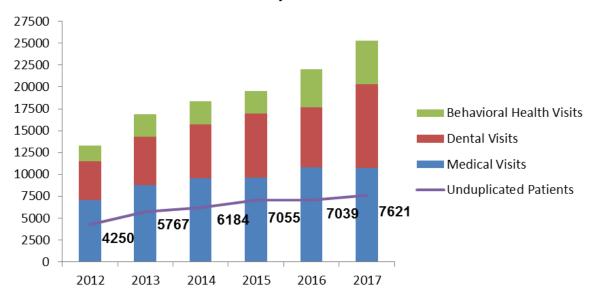
### DIRECT-TO-EMPLOYER INSURANCE

The rising cost of health insurance has left many members of our community underinsured or uninsured and vulnerable as health care costs continue to climb. In 2017, the Care Clinic launched several direct-to-employer partnerships for primary and behavioral health care services. These programs give smaller organizations the opportunity to offer employees a low cost, high quality health care option.

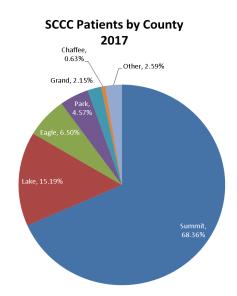
### SCHOOL BASED HEALTH CENTERS

School Based Health Centers (SBHCs) provide quality medical, dental, and behavioral health services to Summit and Lake County School District students, families of students, and staff. Services are provided on site, enabling kids to stay in school without the disruption of leaving the premises. A new SBHC will open in Fairplay (Park County) in the fall of 2018.

2012-2017 SCCC Visits by Discipline and Total Unduplicated Patients

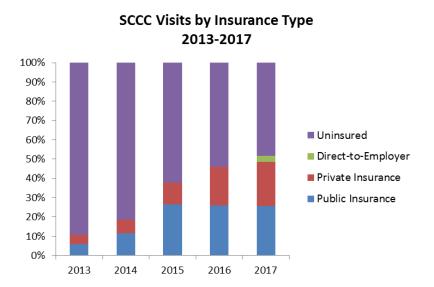


The Care Clinic continues to expand services to meet the growing need for medical, behavioral health and dental treatments. In 2017, the Care Clinic provided 25,287 visits to 7,621 patients via the main clinic in Frisco, Lake County Dental, and five School Based Health Centers. Though a majority of patients live in Summit County, the Care Clinic serves a growing number of patients from Eagle, Lake, Park, Grand and Chaffee counties.

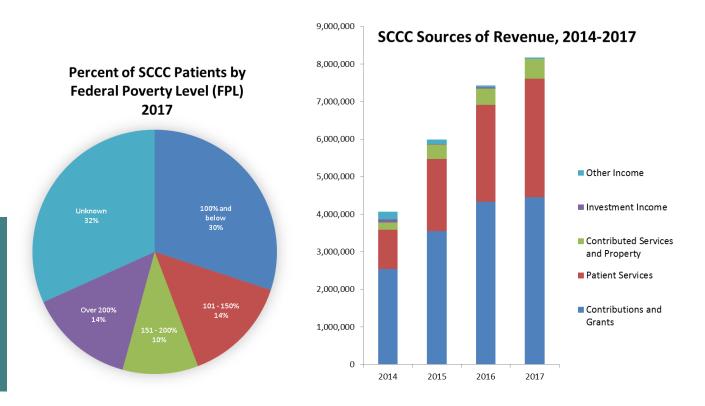


"The Care Clinic is a key partner in our community collaborations to address critical issues and assist working families. We appreciate their willingness to work together on these big issues, as well as their unparalleled commitment to providing integrated healthcare to everyone, regardless of their ability to pay."

— Jeanne Bistranin, Executive Director, The Summit Foundation

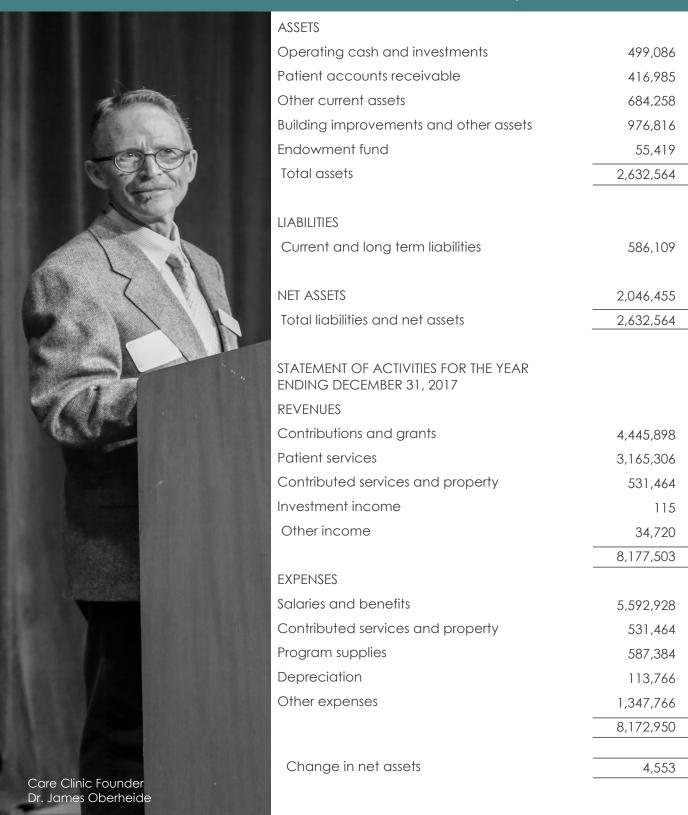


More than 54% of Care Clinic patients in 2017 were living at or below 200% of the Federal Poverty Level (\$23,760 for an individual or \$48,600 for a family of four) and approximately half of patients had no health insurance. Given this, the Care Clinic works diligently to create a payer mix that supports stability and sustainability. While the agency relies heavily on grants and donations, there is also an ongoing focus on improving billing and receivable practices. New direct-to-employer programs, such as *iCare* for Summit County Government employees, are increasing access to health care for local businesses while strengthening the Care Clinic's bottom line.



"Our School Based Health Centers do more than deliver health services in our school system, they help students thrive! Our partnership with the Summit Community Care Clinic is seamless."

### — Julie McCluskie, Summit School District



"I love the Care Clinic! Great personnel, wonderful facility and outstanding value. Two thumbs up! I was treated very well from the time I stepped into the Clinic until the time I left. My doctor is a gem. I really appreciate the kindness of all the employees."

— Care Clinic Patient



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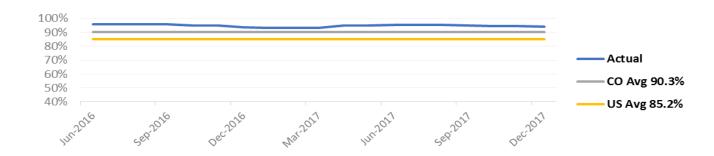
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The Care Clinic regularly outperforms state and national benchmarks on key quality measures, a sampling of which are included here. In 2017, the Care Clinic was recognized by the Health Resources and Services Administration (HRSA) as a Health Center Quality Leader.



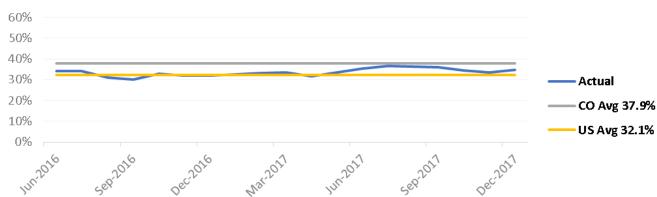
# **Tobacco Use Screening and Cessation**

Percentage of patients aged 18+ who were screened for tobacco use one or more times within 24 months and who received cessation counseling intervention if identified as a tobacco user



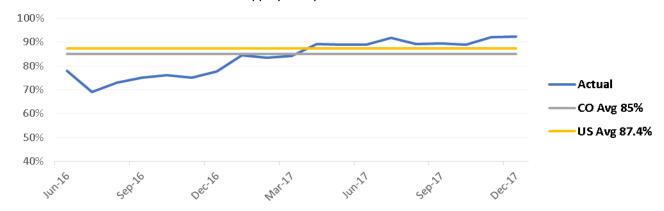
# **Diabetes Control**

Percentage of patients aged 18-75 with diabetes who had hemoglobin A1c>9.0% during the measurement period



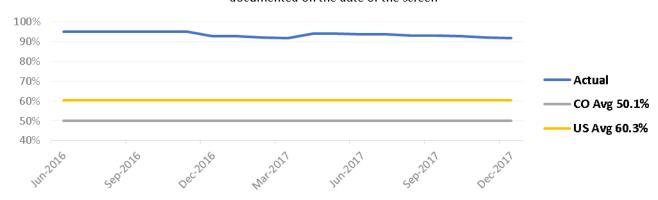
# **Asthma Control**

Percentage of patients aged 5-64 who were identified as having Persistent Asthma and were appropriately ordered medication



# **Depression Screening and Follow Up**

Percentage of patients aged 12+screened for depression and, if positive, a follow-up plan is documented on the date of the screen



Some highlights of 2017 quality measures include:

- Tobacco: 94% of patients were screened for tobacco use, and received intervention if needed.
- Diabetes: Less than 35% of patients with diabetes had uncontrolled diabetes, or were untested, a particular success given high medication costs and other barriers that affect the patient population.
- Asthma: 90% of patients identified with asthma received appropriate medication.
- Depression: 96% of patients received depression screening and appropriate follow up through the Care Clinic's integrated approach.