Wednesday, February 27, 2019 WWW.winterhavensun.com TAKE ONE IT'S FREE



Filling the gap The Haley Center, a free clinic in downtown Winter Haven, helps link the uninsured and underinsured with healthcare. PG 6



Awesome alumna Winter Haven High alumna Delia Dykes Owen has had quite the success as a writer. **PG 9**



Symetra Tour stops in Winter Haven The Florida's Natural Charity Classic will tee off in Winter Haven next month. PG 19

'This was a day of miracles'



PHOTO BY CHARLES A BAKER III A Winter Haven firefighter checks to see where fuel from the seaplane is leaking into a home at 2735 Idylridge Dr. in Winter Haven. Foam was used to decrease the volatility.

One person is dead as a result of a plane crash in Winter Haven Feb. 23. Officials say it is remarkable that more were not killed.

By CHARLES A BAKER III cbaker@scmginc.com

WINTER HAVEN - A single-engine seaplane crashed into a home at 2735 Idlylridge Drive in Winter Haven early Saturday afternoon, killing 64-year-old flight instructor James Wagner of Lakeland.

Wagner was training Timothy Sheehy, 33, of Bozeman, Montana. The training session was supposed to have simulated engine failure, but Polk Sheriff Grady Judd said it is unknown if the instructor and trainee were simulating immediately after takeoff, which is when the crash happened. The seaplane crashed into a bedroom occupied by a 17-year-old, who survived.

"She was basically folded up into a wall," Winter Haven Public Safety Director Charlie Bird said of the teenager who was trapped in the room.

Her 20-year-old brother, Joel Ngalamulume, was unable rescue his sister. Their mother, Emerance Ngalamulume, was taking a shower at the time of the crash and three children were playing in the driveway. No one inside the house was seriously injured. The **young** wom **CRASH | 4**

RussMatt event preserves spring baseball tradition

By STEVEN RYZEWSKI sryzewski@scmginc.com

WINTER HAVEN — It's a Thursday in February and cars are parked at Chain of Lakes Stadium. The scoreboard is on and the crack of a bat breaks up the afternoon monotony.

It has been more than a decade since the Cleveland Indians left Winter Haven in 2008 to make a new Spring Training home in Arizona, but spring baseball in Winter Haven persists. The players are a little younger and the crowds are a little smaller, but thanks to the RussMatt Central Florida Invitational, its persists.

The annual event, in its 15th year overall and its 10th spring in Polk, will run through the end of March.

For college baseball teams in northern states, the ability to head south

SPRING BALL| 4



PHOTO COURTESY OF BRYAN KLABIK Bates College (Maine) and Augustana College (Illinois) face off Feb. 21 at Chain of Lakes Stadium.



Page 2 WEEKLY CALENDAR

Moonlight Market

When: February 27, 2019 | 7 - 9 p.m. Where: Grove Roots Brewing 302 3rd St. SW, Winter Haven Join us for the monthly Moonlight Market at Grove Roots Brewing in Downtown Winter Haven. Coming in from all over Central Florida, vendors set up shop with items including handmade soy candles, unique stained glass, honey, avocados and freshly baked bread. Check the Grove Roots website to see which food truck will be on site. Swing on by, shop, sip & eat local!

Celtic Roots band RUNA in concert When: February 28, 2019 | 7:30 p.m. Where: 604 30th St. SW, Winter Haven

The Celtic Roots band RUNA will be appearing for the first time in Florida at the Lakeside Music Room for a concert on Thursday, Feb. 28. The group performs authentic step dance, song and reels and jigs on guitar, percussion drums, fiddle, mandolin and bodhran. Enjoy lush harmonies and intoxicating rhythms of jazz, bluegrass, flamenco and blues, as well as their traditional Celtic Roots music. Reservations are required and can be made by calling (863) 293-1510.

Oakwood Bazaar When: March 1-2, 2019 | 7 a.m.-2 p.m., 8 a.m.-noon Where: Oakwood Estates Clubhouse **4028 Rolling Oaks Dr., Winter Haven** Attic treasures, baked goods, tools, electronics, furniture, jewelry, clothing, linens. Food and raffles available.

Natural basket making When: March 2, 2019 | 9 a.m. Where: Bok Tower Gardens 1151 Tower Blvd., Lake Wales A hands-on workshop to create useful,

durable baskets from local natural materials. \$40 members/\$47 non-member. More information at boktowergardens. org.

Brass Heart Band When: March 5, 2019 | 8 p.m. Where: Theatre Winter Haven 210 Cypress Garden Blvd., Winter Haven

Part of Theatre Winter Haven's Tribute Tuesday Series. Join us as The Brass Heart Band take to the stage for a musical tribute to Rock 'N Roll Horn Bands! Tickets for this event are \$30 in advance and \$32 the day of the show.

Garden Jeopardy: The Weird World of Plants

When: March 7, 2019 | 10 a.m. Where: Mackay Gardens and Lakeside Preserve

945 Mackay Blvd., Lake Alfred Bring a team, or forge a new one, to play an enjoyable game of Garden Jeopardy with the Master Gardeners! This session's topic: Weird Things Plants Do! Teams will sound their buzzers to score as many points as they can to win the game. Come to laugh and learn with your friends! Event is free.

Taste of Winter Haven When: March 7, 2019 | 6 - 9 p.m. Where: Venue 650

650 Sixth St. SW, Winter Haven Join the Winter Haven Chamber for one of its biggest community events of the year: Taste of Winter Haven! Taste of Winter Haven is a tasting event that provides the community with an opportunity to support local businesses in a delicious way. Local restaurants, caterers and food artisans will gather to share their cuisine with you. Purchase your "taste ticket," meet us at Venue 650 and indulge in delicious food, beer and wine while enjoying live music by Hunter Smith. Who knew supporting local businesses could be this fun? You must be 21 or older to attend.

Lake Region Annual Art Show When: March 9, 2019 | 9 a.m. - 2 p.m. Where: Lake Region Village 31850 U.S. 27 South, Haines City Featuring oils, acrylics, and watercolor works, the 37th annual show will also feature wood carvers. Admission is free, and refreshments and door prizes will be available. Contact Pat White for more information at (863) 438-9506.

CommunityFest

When: March 9, 2019 | 11 a.m. - 4 p.m. Where: Downtown Winter Haven

Mark your calendar for the 5th Annu-

al CommunityFest FREE Family Fun Festival! CommunityFest is a family-friendly event that encourages the community to come together and enjoy games, entertainment, food and more. This free festival allows businesses to give back to the community while families enjoy fun-filled activities and entertainment in the park.

Florida Dance Theatre at Polk State When: March 15, 2019 | 7:30 p.m. Where: Polk State College - Winter Haven campus

999 Avenue H NE, Winter Haven The professional dance company based out of Lakeland is celebrating its 25th anniversary this season and will perform at Polk State College in Winter Haven. The group will be showcasing an eclectic evening of contemporary ballet and modern dance.

History of Polk County Roads When: March 19, 2019 | 12:15 - 1 p.m. Where: Polk County History Center 100 E. Main St., Bartow

Ryan Kordek, transportation planning administrator for the Polk Transportation Planning Organization, will focus on where, when and why the first trails, rails and roads were constructed in Polk County. His presentation includes a variety of photos and maps beginning in the 1820s through 1955. Many of his maps are on display as part of the local component, titled "Polk County Crossroads," of the new Smithsonian Institution exhibit "Crossroads: Change in Rural America," and will remain on permanent display.

WINTER HAVEN SUN

Phone: 863-533-4183 Fax 863-533-0402

Sr. Sales Consultants Barbara Rakoczy brakoczy@scmginc.com

Digital Specialist Kathy Woodruff kwoodruff@scmginc.com

Circulation, Classified, Legal Anita Swain aswain@scmginc.com

Send Obituaries to: lbelue@scmginc.com Send News or Events to: news@scmginc.com General Manager Kim Edwards kedwards@scmginc.com

Office Administration Lora Belue lbelue@scmginc.com

Managing Editor Steven Ryzewski sryzewski@scmginc.com

Staff Writer Charles A Baker III cbaker@scmginc.com

Freelancers wanted

Email Calendar Events to

polkcalendar@scmginc.com

The Winter Haven Sun and the Polk News-Sun are looking to add a handful of freelancers to help enhance our coverage. Those interested with prior experience are encouraged to submit a resume and links to prior writing samples to **Steven Ryzewski, Managing Editor, at sryzewski@scmginc.com. No calls, please.**

OUNTY NEWS Local fire departments navigate raise negotiations, more

By CHARLES A. BAKER III cbaker@scmginc.com

WINTER HAVEN - Winter Haven, Haines City and Polk County firefighters have been in the news recently.

On Jan. 14, after four months of negotiation, Winter Haven firefighters - with help from International Association of Firefighters Local 4967 - reached an agreement with the city for a two percent annual raise. The raise matches that which other city employees received this year. A representation of city firefighters voted to approve the agreement Feb. 15.

Winter Haven City Manager Mike Herr said that in the coming days Winter Haven firefighters will be receiving a lump sum check covering back pay, dating from Oct. 1, 2018.

On Feb. 20, Winter Haven resident Dustin Donahoe crashed his Ford Focus into a home at 1024 Lake Ave. in Haines City, entrapping him. Haines City firefighters extracted Donahoe and transported him to the hospital. As of press time, it is unknown if Donahoe was driving impaired.

Also on Feb. 20, Polk County Fire Rescue firefighters, with help from IAAF Local 3531, were unable to reach

a deal in salary negotiations with the PCFR emergency medical services county. According to WFLA, the county offered a 3.5 percent raise, but took away contractual rights for firefighters to file grievances against the county.

The firefighters did not accept the offer.

WFLA also recently quoted IAFF Local 3531 President Derek Walsh as saying that many PCFR firefights start working in Polk, but leave after realizing many other counties have better benefits and guaranteed paid raises over time. Walsh said PCFR has lost 437 personnel over the past five years and that a mediator is being hired to try to lock down a better deal with the county.

Polk officials acknowledge that the department needs to fill several openings.

"I think there is a combined staffing of firefighters and paramedics of around 500 (or so)," said Polk County Commission Chair George Lindsey. "Yes, we are about 80-100 positions short."

Asked why some of the \$100 million tax raise to benefit PCFR last September could not be used to increase pay or shore up the recruiting problem, Lindsey said the \$100 million is for capital expenses such as new stations and equipment - primarily to benefit and that only a fraction of the tax increase is currently budgeted for salary.

"At this year's retreat, the board agreed to raising the fire fee next year to fund side of the equation," Lindsey said.

was placed on administrative leave re-

cently in reference to allegations that he took a "Snapchat" video while responding to a fire that killed 76-year-old Lorretta Pickard Nov. 23 in Lakeland.

The county has signed a contract with (salary increases) on the fire-fighting Emergency Services Consulting International to investigate the matter. An Finally, PCFR Capt. James Williams internal investigation is also underway.



PHOTO PROVIDED BY HAINES CITY FIRE DEPARTMENT Winter Haven resident Dustin Donahoe crashed his Ford Focus into a home at 1024 Lake Ave. in Haines City Feb. 20. Haines City firefighters extracted Donahoe and transported him to the hospital.

Gyp stack concerns in Louisiana reminiscent of Polk sinkholes

By CHARLES A. BAKER III cbaker@scmginc.com

POLK COUNTY – Those who have lived in Polk County for awhile may remember the sinkholes that, in 1994 and 2016, opened up under a phosphogypsum stack — or gyp stack — in Mulberry, twice dumping hundreds of millions of acidic wastewater in the Floridan Aquifer.

Gyp stacks are 300-foot piles of slightly radioactive phosphate mining waste topped with acidic wastewater from mining. The sinkholes occurred under gyp stacks owned by The Mosaic Company, a Fortune 500 company based in Minnesota, which is the largest domestic producer of potash and phosphate fertilizer.

Now, media reports in the New Orleans area have raised concerns at another Mosaic location.

cember a farmer whose sugarcane field was adjacent to the "Uncle Sam" gyp stack near New Orleans noticed a bulge on his land and notified Mosaic staff. Mosaic investigators found that a sloping wall of the "Uncle Sam" gyp stack "was moving outward at what could be a dangerous rate."

On Jan. 10, Mosaic staff notified the Environmental Protection Agency of the lateral movement in the gyp stack - a notification required as part of a settlement agreement from 2015 with the states of Florida and Louisiana, in reference to longstanding allegations that Mosaic staff were illegally using hazardous waste at facilities in Bartow, Mulberry and multiple other Mosaic mine sites.

Asked for a response to this latest situation, a spokesperson for Mosaic

that locale.

"You're good to be asking those questions in Florida," Callie Neslund said in an email statement. "A notable difference between Florida and Louisiana is the geology. The Louisiana (site) was built upon compacted clay. That is not the case in Florida. Our focus now is stabilizing the slope (in Louisiana). Once the slope is stabilized, we will shift our focus to determining a root cause. It is important for your readers to know that the gyp stacks in Florida are inspected daily for stability and water levels are consistently monitored and adjusted as required."

According to government documents, Mosaic engineers noticed the pond of acidic wastewater on top of a gyp stack in 2016 lowering over the course of several days. It was not until after the pond sought to assure Polk residents that the drained that they could see a waterfall Bartow and Mulberry facilities.

According to NOLA.com, in late De- situation in New Orleans is unique to of wastewater flowing into a deep sinkhole. Inspection and monitoring is unlikely to prevent another sinkhole from opening up under one of the several gyp stacks surrounding Bartow and Mulberry, as sinkholes are most common in certain areas of Central Florida.

Neslund said that, so far, none of the wastewater at the "Uncle Sam" gyp stack has leaked into the surrounding swamps or farmland. Engineers there are emptying the pond on top of that gyp stack as a means to relieve pressure.

In other news related to Mosaic, just about all of the phosphate in Polk County is believed to have been mined. Mosaic staff are currently in a legal battle with the DeSoto County Commission over its recent decision not to zone land to be available for mining there. Mosaic staff are seeking to mine phosphate there and then process it at their

Page 4 N THE COVER CRASH **FROM PAGE 1**

an in the bedroom was eventually rescued from the house by officials pulling her out of a bedroom window, Bird said.

"This was a day of miracles, because Timothy Sheehy — a trainee pilot actually walked out of the crash, if you can believe that," Judd said. "He walked out of the crash and was wandering around when Winter Haven firefighters arrived."

Both the young woman and Sheehy were transported to the hospital with minor injuries.

Evans Leblanc lives across the street and said he was in his room eating lunch when he heard the plane crash.

"At first, my daughter said 'Daddy, it's Saturday, it can't be garbage cans," Leblanc said.

SPRING BALL

FROM PAGE 1

and play out the early weeks of their Central Florida's Polk County Sports schedules keeps the sport viable until warmer temperatures arrive. So, an event like RussMatt provides an opportunity for teams, ranging from Division I programs you may have heard of to Division III and NAIA programs you likely have not, to get valuable games in — hundreds of them, in fact.

"I think (RussMatt is) a very well-kept secret — but it's not a secret to these 270 teams that come down here," said Rob Sitz, the event's president.

The lion's share of games for Russ-Matt will take place in Polk at Chain of Lakes Complex and Lake Myrtle Sports Complex. Others will take place in Lakeland, Lake County, Osceola County and as far away as Sanford in Seminole County.

Nearly 270 teams will be hitting the diamond for RussMatt, and the event is as much a boon for the local economy is at is for local baseball fans. Event officials estimate this year's invitational will result in more than 35,000 hotel room nights, not to mention restaurant meals for players, coaches and fans who traveled to see their team.

"We're not your traditional spring break market, but RussMatt is definitely bringing college-age students here — and their families are coming out as well, turning it into a vacation and watching their sons play baseball," said Marc Zimmerman, the senior sales and events manager for make this all work," Sitz said.

The National Transportation Safety Board and the Federal Aviation Administration will be investigating the crash in more detail. It may be more than a week before the plane is removed from the house, Judd said.

Bird said the plane is still leaking fuel. Foam is being used to make it less volatile and firefighters and police officers are tasked with remaining on scene until the plane is removed.

Afterward, Judd remarked that, while any loss of life is tragic, the situation could have been much worse.

"As tragic as this was to Mr. Wagner it's a blessing today that we did not have an entire family wiped out," Judd said.

Marketing. "Its tremendous for us to be able to have that."

Crowds at the games draw more than family members, too. RussMatt sells single game, weeklong and full tournament passes and, according to Sitz, the walk-up traffic is especially strong in Winter Haven.

"I think in Winter Haven we get more (walk-up traffic) then we get anywhere else," Sitz said. "I get calls and emails from locals asking for the schedule at Chain of Lakes. ... I think this stadium (Chain of Lakes) is an important aspect of that because it brings back memories. I don't think a lot of people care if it's college baseball or pro baseball -- it's just a great atmosphere here."

RussMatt started last week, but picks up steam in the coming two weeks, hitting its busiest stretch around the weekend of March 8-10. During that time, Sitz said the event will play host to as many as 80 games per day on as many as 30 fields.

Beyond the facilities that are official tournament sites, games are played a local high schools and colleges around Polk, in addition to municipal facilities. A full schedule for the event can be found at RussMatt.com.

At the end of the day, to pull off an event at this scale, collaboration is more than necessary.

"It really is a big community effort to

Wednesday, February 27, 2019 Legalized hemp could benefit Polk's abandoned citrus groves

By CHARLES A. BAKER III cbaker@scmginc.com

POLK COUNTY - According to the latest United States Department of Agriculture "Abandoned Citrus" report, there are 8,533 acres of abandoned citrus in Polk County. The citrus greening epidemic has devastated Florida's citrus industry, reducing crop output by around 60 percent since 2005.

As some scientists look for ways to rescue the citrus industry, other scientists, farmers and even some state legislators in Tallahassee are suggesting that hemp could replace citrus in places where groves have been abandoned due to citrus greening.

Rep. Sam Killebrew (R - Winter Haven) and Senate Agriculture Chairman Ben Albritton (R - Bartow) recently filed companion bills which would create a pilot program to study the possibility of making the cultivation of hemp legal again: HB333 and SB1058.

Sen. Rob Bradley (R – Fleming Island) filed a hemp-related bill - SB1020 around the same time.

Hemp is derived from cannabis sativa, but has much less tetrahydrocannabinol, or THC, than marijuana. President Donald Trump signed the 2018 Farm Bill into law in November, making hemp legal for interstate commerce, but the law is written in such a way that makes it up to individual states to determine whether to make hemp legal.

The Florida legislative session starts March 5 and will determine whether Florida will make hemp legal and, if so, how to go about regulating it.

Longtime hemp advocate, and recent applicant for the first Florida Director of Cannibis, Steve Edmonds said the reasons why cultivating hemp would be good for Florida farmers is that hemp will

grow practically anywhere, requires very little irrigation beyond rain and requires very little fertilization.

All this means cultivating hemp could potentially be much more profitable than owning an unused orange grove.

With Florida growing explosively in population, water availability has also become a problem. Growing hemp instead of a more thirsty crop could help keep the Floridan Aquifer at healthy levels, and keep water clean because less fertilizer is needed. Taxes collected from hemp groves could also help pay for additional water infrastructure projects.

The problem, Edmonds said, is that two of the three bills being considered would take longer to implement and would require more regulatory paperwork than the third bill.

The two bills sponsored by by Rep. Killebrew and Sen. Albritton would create a pilot program so that staff and students at the University of Florida and Florida A & M University could study which hemp seed is best for Florida, and additionally study how best to implement a hemp cultivation industry.

The bill sponsored by Sen. Bradley would simply decriminalize hemp, reducing the amount of government regulation, Edmonds said.

"House Bill 333 and Senate Bill 1058 bottleneck everything through the university system," Edmonds said. "They are treating hemp like nuclear waste when it should be treated like a vegetable."

Those who have an opinion on the matter should reach out to legislators now, the onset of the 2019 legislative session.

County residents who are interested in learning more are encouraged to attend the Florida Hemp Hootenanny March 16 at the American Legion Post 95 Memorial Auditorium in Frostproof at 111 W. First St.



PHOTO BY CHARLES A. BAKER III Valencia College adjunct professor and recent Florida Director of Cannibus applicant Steve Edmonds spoke in Winter Haven about hemp in 2017.

Let the Polk Senior Games begin!

By CHARLES A. BAKER III cbaker@scmginc.com

WINTER HAVEN - The opening ceremony of the 27th Annual Polk Senior Games took place Saturday, Feb. 23.

Around 700 volunteers will be organizing 2,450 seniors competing in 100 events spanning 40 sports and games through March 11. Seventy-six athletes competed on the track at All Saints Academy Saturday morning to christen this year's games.

Polk Senior Games President Ron Schultz introduced 2018 Women's Outstanding Athlete Claudette Braswell and Gail Nolen, the widow of 2018 Men's Outstanding Athlete Don Nolen, as the torch bearers.

At age 102, Arlan Meade is the Game's most senior athlete.

Once the competition began, Leslie Bennett, 75, of Fort Lauderdale, broke the Games' 800-meter record, finishing in under three minutes.

"I'm also running the 400 (meters)," Bennett said. "I'm going to break that record, too."

Bennett later did just that.

Others who broke records on Saturday included Jodie Brown (track), Eberle Funches and Yvette Fox (powerlifting). Overall, 48 records were broken in track and powerlifting Saturday.

The Games are founded by gold sponsor Publix Supermarkets Charities. This year's silver sponsor is Homer and Annette Thompson Legacy; the bronze sponsors are The James W Sikes Family, CPS Investment Advisors, Heart of Florida Hospital, Julie and Chip Watkins and Best Value Healthcare Plus Humana.



Leslie Bennett, 75 of Ft. Lauderdale, broke the Polk Senior Games record in the 800 metter and 400 meter races Saturday at All Saints Academy in Winter Haven.





PHOTOS BY CHARLES A BAKER III

Claudette Braswell, right, helps Gail Nolan carry the torch during the 2019 Polk Senior Games opening ceremony Saturday in Winter Haven. Braswell went on to win the 80-84 age women's bracket races for 50, 100, 200, 400, 800 and 1500 meters.

Polk TPO forum addresses pedestrian safety concerns

By STEVEN RYZEWSKI sryzewski@scmginc.com

BARTOW — The Polk Transportation Planning Organization (TPO) welcomed the community to the Polk tation in Polk is — and where it is headed.

during the hour long session was safety. the northeast corridor." Roughly three weeks earlier, a report by Smart Growth America titled "Danger- of sorts to urbanized areas in northern ous by Design" designated a metro area states that were built before the autoconsisting of Lakeland and Winter Hav- mobile, when walking was a much more en as the fifth-worst in the nation on its common way of travel. Meanwhile, "Pedestrian Danger Index."

is not where we want to be," said Tom only now trying to incorporate more Deardorff, Polk TPO's executive direc- sophisticated options for pedestrians. tor. "And, unfortunately, we have a lot of those places are clustered in Florida."

Indeed, eight of the top-10 metro areas designated in the listing were lo- gestion will continue to be sought-after cated in the Sunshine State. And, while in Polk in the coming years. Polk is one Deardorff was clear that he and his staff of 12 counties in the Central Florida are working tirelessly to improve upon "super region" that is expected to add those conditions, he also made a point 4.5 million news residents in the next of noting that the way Smart Growth 25 years. scores its index is likely to be unfavorable to places such as Florida.

how deadly it is for people to walk based on the number of people struck ent challenges to us as a growth state," and killed by drivers while walking, Deardorff said. "It's not an option to say controlling for the number of people 'we will do nothing."

that live in that state or metro area and the share of people who walk to work."

According to Deardorff, this favors areas with a higher density with a longer history and infrastructure for commuters who walk or bike to work.

"I'm not suggesting that we don't have County Administration Building Feb. real safety issues that we need to ad-14 for a discussion on where transpor- dress," Deardorff said. "But a lot of the areas that are identified are highly-populated urban areas that don't have the Among the topics of discussion same density as metropolitan areas in

Florida is at an inherent disadvantage many areas in Florida experienced "That is definitely something that growth after the automobile and are

"I think what we are trying to do here of company in Central Florida - most in Polk County is try and play catchup," Deardorff said.

Solutions for transportation and con-

To put that number in perspective, that is akin to plopping the population That is because the index "measures of Oregon down in Central Florida.

"That's going to continue to pres-

WINTER HAVEN NEWS Free clinic facilitates care for Polk's underinsured and uninsured

By STEVEN RYZEWSKI sryzewski@scmginc.com

Page 6

thinks the Haley Center, a free clinic located on Central Avenue that serves the indigent population, is one of the best kept secrets in town.

She'd really like to change that, too.

Armes, the director of the faith-based free clinic, says that the operation has grown incredibly since it was started in 2005, currently boasting volunteer network of more than 40 physicians with a wide range of specialties - but that it's not done growing yet.

"That's our thing, is to get our name out there -- to say 'hey, we're here," Armes said. "This clinic can grow."

The Haley Center started nearly 14 years ago, originally as a mission of Winter Haven's First Baptist Church, adjacent to the building on Central Avenue. The church allowed the clinic to become its own entity, though, and as of Oct. 1, 2018, Haley Center has 501(c)3 status.

transitioned from being open three days a week to being open Monday through Friday. It provides free care to Polk County's indigent population, with the ability to service individuals making up to 200 percent of the poverty level.

"We're for the working poor," Armes explains. "We help people who just got downsized and they lost their insurance.

their feet."

WINTER HAVEN — Donna Armes of patients, from those with low incomes to Polk County's homeless population. The variety of patients presents a variety of challenges, and Armes and her core staff of five and the Haley Center's board of directors are constantly looking for ways to meet the needs of its patients.

"We ask our patients 'what would it take to make your life better and get you on a wellness pattern?" Armes said.

That could include things like purchasing bus passes for patients to get to-andfrom the clinic. Some goals for 2019 for the Haley Center - converting a room into a gym for clients and becoming a Hepatitis C clinic - are rooted in feedback from clients.

Haley Center has an impressive inhouse pharmacy for its patients, as well as a pantry. Recently, it has added volunteer specialists including an endocrinologist.

"Anything that we see that we need, we go out and we try to bring it in-house Within the last year, the Haley Center so we can take care of all their medical needs," Armes said.

The Haley Center gets its funding from a variety of sources, including funds from Polk County's indigent care sales tax, as well as private donations. Recently, it got a big boost in the form of a check for \$10,000 from the Polk County Advanced Practice Nurses Association.

Cindy Brown, a member of the board

They come in and we help them get on for both the PCAPNA and the Haley Center, presented the check to Armes Jan. 31. Haley Center works with a wide variety A volunteer at the Haley Center for more than a decade. Brown said that the association's donation - from monies raised during a raffle at the group's recent conference — is worth every penny.

"Having been here for over 10 years myself, I've seen the growth and commitment — I know it's real," Brown said. "We can see the evidence of where our money is going and see the people we are helping."

Of course, Haley Center isn't just a place where medical professionals work pro-bono, either. Armes partners with higher education institutions of all varieties to provide for opportunities for students — from nursing school students on up through those studying to become doctors — to get real-world experience.

"We're a really student-oriented clinic," she said.

The Haley Center is located at 122 West Central Ave. in downtown Winter Haven. Would-be patients are welcome to make appointments, but walk-ins are welcome as well. Haley Center staff is ready to help and answer questions for those who are unsure about whether they qualify for PHOTO BY STEVEN RYZEWSKI care.

As one might expect, the Haley Center is always fundraising and will always welcome volunteers and donations. More information about such opportunities and ways one can lend a hand can be found by calling 863-299-6562.

Well over a decade into its existence, the Haley Center's physical location is bursting at its seams, with Armes and company always looking for ways to maximize the 4,000 square-feet available to them.

And, most importantly, the clinic and its staff have not forgotten where it started.

"When you look at where we've grown now — it's just amazing," Armes said.



Haley Center director Donna Armes, center, is presented with a check for \$10,000 by Cindy Brown of the Polk County Advanced Practice Nurses Association.

PUBLIC NOTICE Notice is hereby given that the City of Bartow is accepting applications for the following voluntary advisory board(s): Citizen's Advisory Committee \geq Municipal Police Officers' Retirement Trust Fund Board \triangleright

- **Recreation Advisory Board** \geq
- Zoning Board of Adjustment

To obtain an application or board description contact the City Clerk's Office at (863) 534-0100 ext. 1256 or visit the City Clerk section on the City's website: www.cityofbartow.net

Education Connection Snively Elementary students get joy from giving

sponsored by the Greater Winter Haven Chamber of Commerce and DR Media & Investments, LLC. Schools need help from their communities to succeed, and today's schools build tomorrow's workforce. These articles will outline some of the good things happening and how interested parties can become involved.

Each year, during the months of November and December, Snively Elementary in Winter Haven holds a reading incentive called "Season of Giving."

Donations of small toys, games, packaged food, clothes, shoes, and beauty items are placed in different baskets or containers. Students and staff then title each basket with a fun saying, such as "My Mom is Beautiful." Each time a student reads a book and earns an 80 percent or

The Education Connection is a series higher on an Accelerated Reader test, the student puts his or her name in a jar for a chance to "win" the basket, which is filled with goodies, to give as a present.

Snively Elementary staff was able to create 124 baskets for the students this past year, and this competition is a big hit with the kids.

Snively is a Title I school with, 100 percent of its students eating free breakfast and lunch each day. To earn/win a basket by reading and to be able to give a gift to someone they loved, was a joy for the students.

Snively Elementary is in need of donations for this reading incentive program each year. Donations, including donated baskets, are accepted throughout the year. For more information, call (863) 291-5325.





Award winning 4BR/5BA, 4835 sq.ft. Luxury Home Classic exterior design w/stone accents, circular brick paver drive. Formal dining room & living area with natural gas fireplace. Arched room transitions, custom moldings. In SE Winter Haven's gated Wyndsor at Lake Winterset Community. Watch Legoland fireworks from your backyard! MLS#:P4904542 **\$879,000**

Call Sandy Cook, Realtor, 863-581-4090.



LAKELAND

Ernie White Custom Design pool home on 1.36 acre lot. 4 - 6 bedrooms, 3 baths. Over 3,000 sq ft living area. 3 car garage. Small gated community. Call today for your private tour. MLS P4903981 **\$474,000**

Call Marti Sutton, Realtor, 863-206-0563



230 W. Central Ave.

Winter Haven, FL

33880

863-324-1000

REMARKABLE ARTHUR RUTENBERG EXEC HOME 4BR/3BA 3700 sq. ft. on 1/2 acre lot in gated Wyndsor at Lake Winterset. Office & bonus rm. Gourmet kitchen, walk-in pantry. View the pond from pool deck. Formal LR & FM w/gas passthrough fireplace. Master opens to pool deck. Wonderful family home. 3 car garage. MLS#P4903666. **\$599,000 Call Sharon Watson, Broker, 863-557-4800**



SCOTT LAKE AREA & VIEWS

Own in an exclusive area with NO HOA fees. On dead end street, little noise. 1/4 acre, corner lot. Fenced yard. Well maintained home, formal LR/DR combo, great room. Granite countertops. High ceilings. Split plan. 3BR/2BA. Zoysia grass & greenhouse. Hot Tup, screened porch. MLS#P4902872. **\$365,000 Call Kathy Alexander, Realtor, 863-557-4411**

Envisioning an 'Age Friendly Winter Haven'

By CHARLES A.BAKER III cbaker@scmginc.com

WINTER HAVEN - City of Winter Haven Recreation Specialist Andy Palmer proposed that the city commission adopt a city action plan titled "Age Friendly Winter Haven" during ers started looking at the AARP Age a city commission meeting Monday, Friendly Community Process. Feb. 25.

The plan was explained as a blueprint on how to make Winter Haven Herrington said. "It's an active project more accommodating to the needs of that you are constantly improving and the elderly.

Around five years ago, a group started meeting at the Winter Haven ing the "Eight Domains of Livability" Senior Center monthly to talk about expanding partnerships between the buildings, transportation, housing, city and area elderly service providers social participation, respect and soas a means to make the city more elderly friendly.

The group included All About Aging founder Barbara Herrington, her healthy services. daughter and business manager Cari Leigh Herrington, elder law attorney in 2015, Winter Haven was the third Amy Phillips, Brad Beatty of Heart city in Florida to do so. There are now for Winter Haven, Andy Palmer, fel- 16 cities participating in this process. low City of Winter Haven Recreation Now these city leaders are seeking to Specialist Jennifer Burke, members turn their ideas into policy. of Better Living for Seniors, Winter Haven Hospital staff, Spring Lake ter Haven group have already helped

volunteers, Bond Clinic staff, Cor- On March 6, city leaders will be celenerstone Hospice staff, Citizens Bank brating the completion of renovations staff, Neighborhood Services Center to the Winter Haven Senior Center volunteers, Winter Haven Sage-ing using federal grant money. Grant members and a few others.

Soon after, these community lead-

"We really liked that it was more than just a designation," Cari Leigh is never ending."

The program focuses on analyzwhich include outdoor spaces and cial inclusion, civic participation and employment, communication and information, and community and

When the city joined this network

Members of the Age Friendly Win-

Rehab staff, Elderpoint Ministries make the city more elderly friendly. is an example of the effort city leadmoney will also used to start a Walk with Ease program. A grant-based "grab bar" program may start soon.

Between 2017 and 2018, the group teamed up with Polk State College students to survey 355 area residents to compile a report.

According to that data, there are many local seniors who are concerned about the lack of affordable housing and home repair for those who have low income. Many wanted more information about neighborhood watch programs. Having well lit streets and reliable public transportation were other desired concepts.

Many of those surveyed also said there is a need for community information for those who are homebound. Almost everyone who responded to the survey was interested in living independently. Most people who were surveyed also graded Winter Haven as doing well meeting the needs of the elderly.

The Winter Haven Senior Center

ers direct to meet those needs. Daily, there are exercise sessions, painting, quilting and dance classes, get together events for cards, bingo, chess and fellowship dining.

"Winter Haven has always had a strong senior presence between the snowbirds and popularity of Legoland," Cari Leigh Herrington said. "We wanted to find an avenue to make sure the city was aware of senior issues and to keep them on their radar when they were making policy decisions."

In addition to this work, Herrington was also the founding chair of the Winter Haven Chamber of Commerce Young Professionals group a few years back, and Chamber staff are unsurprised by her initiative in this endeavor.

"It's no surprise to me that Cari is leading the way on this initiative," Winter Haven Chamber of Commerce President Katie Worthington said. "It combines two of her passions — the development of the Winter Haven community and the quality of life for our senior population."



A STORY OF COURAGE AND SACRIFICE DOM RIDERS A traveling exhibit by the Gilder Lehrman Institute of American History

FEBRUARY 20 - MARCH 20

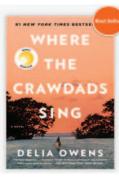


LAKE WALES MUSEUM www.lakewalesfl.gov

Beneath the Chinaberry Tree Carefully, quietly changing the world for the better

By BOB GERNERT

A great many high school graduates



through have, the years, embarked with ambitions to make a difference in the world. Many aspire

and few succeed. But, one young woman who graduated Winter Haven High

School in 1967 would go on to international recognition for her work - and trucking executive and he had grown more recently for her writing.

Upon graduation the young woman left to attend the University of Georgia, eventually earning her BS and Ph.D. There, in the early 1970s she would meet her future husband, as both were graduate students in biology. They married in December 1972.

Fresh from completing their degrees they made a bold decision to resettle in a remote Africa. To fund their ambitions, they auctioned their possessions. They used those funds to buy camping equipment and two one-way tickets to Johannesburg.

The couple sought a location where the wildlife would have no knowledge or fear of humans, and that brought them to Deception Valley in the Kalahari Desert of Botswana. The environ-

and a viable research project emerged from their work.

During the course of 23 years in the African savanna they would help small villages improve aspects such as economic opportunity and healthcare, while dedicating their efforts to protect endangered populations of elephants and other animals ravaged by poachers.

Their reputation grew, as did the danger.

The young WHHS grad was Delia Dykes and she had married Mark Owens.

She is the daughter of a Georgia up on a farm near Toledo, Ohio. Space limitations for this article cannot begin to do justice to their amazing body of work. To truly appreciate their adventures, I suggest the three books they authored about their work: "Cry of the Kalahari" (1984), "The Eye of the Elephant: An Epic Adventure in the African Wilderness" (1992) and "Secrets of the Savanna: Twenty-three Years in the African Wilderness" (2006).

More recently, Delia has found great success in the release of her first novel, "Where the Crawdad Sings."

It has been on the New York Times Best Sellers list for 23 weeks as of this writing, this week at number one. As described by the Times, "In a quiet town on the North Carolina coast in 1969, a young woman who survived alone in

ment proved harsh, but they persisted the marsh becomes a murder suspect." for four or more people by appointment. Readers and reviews are enthusiastic.

I was fortunate enough to know Delia work and success make me very grateful to have had that opportunity. I share her story for those who knew her then and for those enjoying her book now, not knowing the connection.

Delia Owens has won the John Burroughs Award for Nature Writing and has been published in "Nature," "The African Journal of Ecology," and "International Wildlife," among many others. She currently lives in Idaho, where she continues her support for the people and wildlife of Zambia.

This column is based on personal experience and a variety of media and internet readings.

The Museum of Winter Haven History will be open Saturday March 2 from 9 a.m. to Noon. Group tours are available pose for the 1967 Winter Haven High calendar.

The museum, located at 660 Pope Avenue and Lake Howard Drive, is free and open Dykes Owens in high school. Her life's to the public. Come explore. For further information contact Bob Gernert, 863-206-6855 or bobgernert@gmail.com.



Delia Dykes donned Red Sox togs and struck a



Taste of Winter Haven on tap next week

The Greater Winter Haven Chamber of Commerce's annual "Taste of Winter Haven" is almost here, with the event scheduled for 6-9 p.m. March 7 at Venue 650 (650 6th St. SW) in Winter Haven.

The event is one of the biggest of the year for the community, providing an opportunity for residents to support local businesses in a way that is fun and delicious. Local restaurants, caterers and food artisans will be on hand with food, wine and beer for attendees, who must be age 21 or older to attend. More than 15 popular local restaurants are already signed up to attend, with more to be announced.



Live music will be performed by Hunter Smith.

Ticket information and more can be found online at winterhavenchamber. com.

PHOTOS PROVIDED Winter Haven High graduate Laura Hughes Smith encountered Delia Owens at a recent book signing event in Savannah.



THERE'S NO "CHECK ENGINE" LIGHT FOR YOUR HEART.

Heart disease is the leading cause of death for both men and women in the United States. Knowing your heart disease risk factors could save your life or the life of someone you love. BayCare is offering free heart-healthy screenings throughout Tampa Bay to help you get to know your heart.





Police beat Winter Haven man killed in motorcycle accident

By SUN STAFF

On Thursday, Feb. 21, at 6:15 a.m., deputies for the Polk County Sheriff's Office responded to a crash in the southbound lanes of U.S. 17, near South Clear Springs Road in Bartow, involving a Kawasaki Sport Motorcycle and a Peterbuilt Garbage Truck.

The driver of the motorcycle, 22-yearold Bret Jarvis of Winter Haven, was pronounced deceased at Bartow Regional Medical Center after being transported from the scene.

There was heavy fog present at the time of the crash. Witnesses say Jarvis was heading southbound on U.S. 17 at a high rate of speed. Jarvis was initially in the inside left lane when he approached two vehicles in front of him. Jarvis then proceeded to move to the right lane to pass the vehicles, when he was seen attempting to brake and then running into the back of a garbage truck that was turning into a business at 2203 U.S. 17 South.

The motorcycle caught fire and witnesses pulled Jarvis away from the burning bike. Witnesses also indicated the garbage truck, registered to Advance Disposal Services of Lakeland, had all of its warning lights functioning properly at the time of the crash.

Excessive speed is believed to be a factor. A final determination will be made upon the completion of the investigation.

INMATE CHARGED WITH ATTEMPTED MURDER

On Wednesday, Feb. 20, PCSO detectives charged South County Jail inmate Shedderick "Savage" Randals with one count of attempted murder, one count introduction of contraband into a detention facility and one count of tampering with evidence after Randals attacked and stabbed another South County Jail inmate — William Lee Campbell III — with a homemade "shank."

According to the affidavit, the suspect and the inmate attacked are housed in the building and dorm where those charged with serious felonies are kept. While detention deputies were making rounds and doing security checks around 3:00 p.m., they encountered Campbell standing in his cell doorway with what appeared to be blood on the back of his uniform shirt. When the deputies asked about it, Campbell replied, "I have a nose bleed."

Deputies saw a wound on Campbell's back where the blood was, and escorted him to the jail infirmary to be examined. Jail medical staff found nine stab wounds at the top and center of Campbell's back and determined he needed to be transported to an area hospital.

Deputies interviewed Campbell, who told them that Randals grabbed him by the arms and pulled him into Randals' cell. The suspect then punched him in his face and ribs until he fell on the ground. Once Campbell fell face down on the ground, Randals stomped on his head and then Campbell felt something enter his back, and he saw blood. The attack ceased when Randals heard deputies approaching.

After the attack, deputies locked down the dorm and observed Randals in his cell wiping up blood with a white towel. He was placed in a holding cell and a thorough search of the dorm was conducted. Deputies located the "shank" - a sharp object wrapped in strips of a torn sheet to form a handle hidden inside a pair of sneakers in the immediate area where the attack occurred.

Campbell is being treated at a local hospital for his non-life-threatening wounds. He is in stable condition.

LAKELAND MAN ARRESTED FOR STEALING

On Friday, Feb. 15, PCSO arrested 57-year-old James Gardner of Lakeland and charged him with two counts of grand theft.

On Thursday, Febr. 14, Gardner walked into the Wal-Mart located at 6745 North Church Ave. in Mulberry and did some five-finger discount shopping. Surveillance video shows him loading \$535.86 worth of merchandise into a cart and then leaving the store without paying.

A store employee followed him outside and saw him unload the stolen goods into his red Ford truck with a topper on the back and a handicapped license plate. Using the information, deputies were able to identify Gardner as the suspect.

During the investigation, it was revealed Gardner made several fraudulent returns at the Home Depot located at 6335 Florida Ave. South in Lakeland between Feb. 5 and Feb. 13. He entered the store with nothing in his possession, grabbed several items from the shelf and proceeded to the return desk without attempting to pay. He would receive a refund in the form of a store credit, or, when he was denied the refund, he walked out of the store with the stolen merchandise.

Detectives were able to locate Gardner in Southwest Lakeland off of Ewell Road. After searching the house where he was living and his truck, they found a stolen safe, Wal-Mart and Home Depot gift cards, tools and multiple other stolen items.



LAKE WALES NEWS Eagle Ridge Mall eviction documents describe conflict

By CHARLES A. BAKER III cbaker@scmginc.com

Page 12

LAKE WALES – The respective owners of a bowling alley and a private school that rent space inside Eagle Ridge Mall say the company which owns the mall has filed to wrongfully evict them.

Court eviction documents filed by a lawyer representing First Frame Bowl owner Mitch Udowitch state that Udowitch intentionally stopped paying \$12,000 per month for rent at the mall from mid-September through February, holding out his rental payments until a leaky roof was repaired.

Court documents allege the roof over the bowling alley was leaking on pin-changers and video games, as well as in the kitchen and restaurant. The and then we can talk about that," Udowdocuments state that mall management paid a "handyman" to fix the roof, inthe handyman did not solve the problem

back rent in a court account during the stated that late fees appeared to add up to 20 percent of what was allegedly owed, even though the bowling alley business. lease has a much lower percentage.

Madison, LLC., in mid-2018. A statement on behalf of Stockbridge Madison said leaks to the roof were repaired and that the company has instructed its attorney to write a settlement proposal to

Udowitch, saying the bowling alley may stay so long as it pays back rent, plus around \$10,000 in late charges and legal fees

Such an offer has not formally been received by Udowitch or his legal counsel at the time of press, and the bowling alley owner remains perturbed by the actions of the mall.

"That wanton disregard of the tenant's rights is indicative of bad faith and exposes the plaintiff to a counterclaim for punitive damages," stated Udowitch's lawyer, Neil Polster.

Udowitch said the court recently ruled against him. Asked if he would be moving the bowling alley out of the mall, or whether he would file a counter claim, Udowitch said time would tell.

"I'm waiting to read the settlement itch said.

The owners of a private school called stead of a roofing contractor, and that Grand Academy originally alleged to the Sun that they were being evicted as punishment for speaking out about Udowitch deposited \$59,633.67 for leaks in the roof all over the mall. School co-owner Danetta Powell further aleviction process. These documents also leged that the new mall ownership was intentionally sending the school's mail to sender as a means of disrupting their

Mall ownership described those al-The mall was acquired by Stockbridge legation as "lies" and said that Powell originally rented multiple units from the former ownership and that, after getting four months behind on rent, it had to file to evict the school last September to collect \$33,381.72.

That eviction was issued in late December, but because the paperwork did not include all of the units being rented by the school, the mall ownership said that he had to refile in early February, and that Powell was upset over that.

A statement from Stockbridge Madison did not specifically deny returning the school's mail to sender, but stated that the school was reliant on "government checks" to pay its rent and that the school was not reputable. The statement alleges that when Powell was evicted from two of the units in December, she "squeezed" her K-12 school and a daycare facility into the remaining two units in an attempt to stay in business.

Powell said Grand Academy has more than 50 students. The school website encourages parents to apply for state grant money to pay for tuition. These grants pay up to around \$7,200 per child per year and Powell said that some of that money was used to pay rent.

The statement from Stockbridge Madison dismissed the leaky roof claims and suggested that things at Eagle Ridge are



PHOTO BY CHARLES A. BAKER III The owner of Eagle Ridge Mall has filed to evict the owner of the bowling alley. The future of the bowling alley may become known as early as this week.

heading in a positive direction.

"We have 11 new businesses in the mall and anybody who comes will see them," the spokesperson said. "We want the community to know that the mall is here to stay. We spent hundreds of thousands on new landscaping and security cameras but we need businesses to pay their rent."

VILLAGE OF HIGHLAND PARK, FLORIDA NOTICE OF PUBLIC HEARING

Please take note that the Village of Highland Park Local Planning Agency will hold a public hearing on Tuesday, March 12, at 5:45 PM at the Hillcrest Heights Town Hall, 151 N. Scenic Hwy, Babson Park, Florida to hear the following:

ORDINANCE 2019-01

AN ORDINANCE OF THE VILLAGE OF HIGHLAND PARK, FLORIDA, PRO-VIDING FOR THE UPDATE OF THE ADOPTED CAPITAL IMPROVEMENTS ELEMENT, SPECIFICALLY THE 5-YEAR CAPITAL IMPROVEMENTS PLAN OF THE VILLAGE OF HIGHLAND PARK 2030 COMPREHENSIVE PLAN, SAID AMENDMENT BEING KNOWN AS "AMENDMENT 19-01-CIE"; PROVIDING FOR TRANSMISSION OF THIS ORDINANCE TO THE FLORIDA DEPARTMENT OF ECONOMIC OPPORTUNITY FOR NOTIFICATION; PROVIDING FOR COD-IFICATION; PROVIDING FOR SEVERABILITY; AND PROVIDING FOR AN EF-FECTIVE DATE.

The proposed Ordinance and a copy of this notice may be inspected by contacting the Village Clerk at (863) 455-6518 during normal business hours, Monday through Friday. All interested parties may appear at the public hearing and be heard with respect to the proposed Ordinance. Comments may also be submitted in writing, prior to the public hearing, to the Village Clerk at P.O. Box 168, Lake Wales, Florida 33859-0168, or during the public hearing. Persons with disabilities requiring special accommodations in order to participate in the public hearing should contact the Village Clerk at (863) 455-6518 at least 48 hours in advance of the public hearing to request such accommodations.

PURSUANT TO SECTION 286.0105, FLORIDA STATUTES, IF ANY PERSON DE-CIDES TO APPEAL ANY DECISION MADE BY THE LOCAL PLANNING AGNECY WITH RESPECT TO ANY MATTER CONSIDERED AT THIS PUBLIC HEARING, SUCH PERSON WILL NEED A RECORD OF THE PROCEEDINGS AND FOR SUCH PURPOSE, SUCH PERSON MAY NEED TO ENSURE THAT A VERBATIM RECORD OF THE PROCEEDINGS IS MADE, INCLUDING THE TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

Lake Wales inches closer to **YMCA** purchase

By BRIAN ACKLEY Contributing Writer

LAKE WALES – A proposal for the City of Lake Wales to take over the Burns Avenue YMCA is nearing its final stages, according to city manager Ken Fields.

The city is hoping to buy the facility as part of a renewed interest in recreation options in Lake Wales, and it has money in this year's budget to complete the deal.

However, the plan hasn't crossed the are doing their final review." finish-line quite yet.

"That contract, they are doing their final legal review of the document and I believe as soon as they sign off on it we'll bring it back to the commission probably in a workshop and then for approval," Fields said.

The two sides have already been working cooperatively in some programs, including free use of the pool by city residents.

"It's gone back and forth, the business terms, the legal stuff," he added. "My understanding is their attorneys

MONDAY LOOKING FOR A NEW PRIMARY - FRIDAY CARE DOCTOR? 10 AM-2 PM **JOIN US FOR OUR** COME AND MEET DR. CARMEN DR. JORGE HOUSE TO SCHEDULE AND RECEIVE

IMA - LAKE WALES 684 State Road 60 W., Lake Wales, FL 33853



CABRERA

GAUD

CALL US

A VIP TOUR

A \$10

GIFT CARD!

MA

Medical Group

© 1-844-304-2030

Lake Wales' 'biggest little farmers market' sees growth

By MARIA IANNUCCI Contributing Writer



LAKE WALES -When a Lake Wales farmer sows seed and plants crops, it's invaluable to place to bring his harvest to market.

And market is just a short drive away imperative for him.

That farmer is Lynn Greenfield, mar-Wales Farmers Market. At first a market vendor for years, Greenfield relies heavily on the farmer's market as a means of product delivery.

on enough property to reap herbs such as parsley, chives, oregano, lemongrass and basil; vegetables grown without the use of pesticides such as broccoli, beans and greens; as well as some of the more unusual flowering plants.

They have been at it since 1975.

When the market was established by Lake Wales Main Street several years ago, it was a favorite and welcome vendors before promoting to potential hotspot of activity for Lake Wales residents. Vendors assembled under the clock tower between Stuart and Park Avenues and did brisk business - locals and visitors came and willingly spent a few dollars on products like fresh greens, honey, breads and strawberry jam.

plenty of micro-businesses who needed to see an upturn.

"The market was dying," said Greenfield. "We had gone down to about 14 vendors when the block used to be full. I didn't want to see it happen. I was doing alright as a vendor at that time,

while others were leaving in droves be- rebranding campaign. cause of the lack of customers. I knew if as well. ...

Someone had to do something, so I felt compelled to take over management out of a need for survival for all of us vendors," he said. "The dollars we earn know there is a are essential to us to survive; for many of us it offers a supplemental income and is critical to maintaining our way of life. At the same time, we're literally that's good news for Polk County, and bringing a variety of valuable products to the table."

When Greenfield took over as market ket manager of the Downtown Lake manager in January 2017, there were on a good day - about 14 vendors set up.

With some good ideas, self-starter marketing, and marketing signage from Greenfield, with his wife, Faye, live Main Street, the Downtown Lake Wales Main in downtown Lake Wales, and be-Farmers Market now maintains a roster of 59 vendors, the majority of which attend regularly.

> While the market has not been a big revenue generator for Lake Wales Main Street in recent years, that's changing, too — and doesn't seem to be putting a huge dent in any one person's wallet.

Greenfield's plan was to solidify the customers. A revised rate structure was key

"We had to have vendors here," said Greenfield. "If customers don't have the selection or have little to look at, many won't return. I think we've given them a whole lot to look at."

The rate restructure was to keep the But the market eventually saw a rent low and is based on sales. This apdownturn in traffic, and there were proach, Greenfield shared, keeps the vendors willing to come as traffic continues to grow. And there's room for growth. Lake Wales Main Street, who parents the market, offers support, and maintains its permit. The entity purchased 27 new signs that are set up on market weeks and helped to facilitate a



Karen Thompson, its executive directhe market failed, we'd lose that outlet tor, wants to see the market continue to thrive. She emphasizes that community market attendance and support can't be just a one off.

> 'The Main Street Lake Wales Farmers (Market) has become a signature and consistent event in downtown because of the hard work Lynn has dedicated to it," said Thompson. "Between the rebranding and marketing blitz we launched last year, and the consistency of the vendors who participate in each market, we're gotten into a groove the community can depend on."

> The market is held on the second and fourth Saturdays of each month, rain or shine

> It's located between Stuart, Park and gins at the clock tower. Hours are 9 a.m. - 1 p.m. year-round. Those driving may use 20 N. Market St., Lake Wales, as a destination for directions.

> Vendors include fresh local and produce, plants, honey, jams and jellies; fresh eggs, goat milk products, soaps and bath products; glass and wood crafts; fabric crafts, gourmet coffee and

food, baked goods and much more.

Those interested in joining the market as a vendor are encouraged to contact Lynn Greenfield directly at 863-676-8782. The market maintains a Facebook page for updates.

'It's the biggest little farmers market in Polk County," said Greenfield.

And he means to grow it further for the sake of the community.



Bok Academy North recognizes first teacher of the year

By BRIAN ACKLEY Contributing Writer

Bok Academy North teacher Margaret Thomas has a daily tradition with her sixth grade students.

Every day, she likes to greet them with a question, something that simultaneously can entertain and educate her youngsters at the same time. It's part of the reason she has been named as the school's first-ever Teacher of the Year. Bok North opened its doors this past August.

"It is the highlight of my day," Thomas said of the routine, which sets the tone for entering a classroom that is far from traditional.

'We have casual flexible seating throughout the room with yoga balls, disc chairs, cubes, bean bag chairs and rolling office chairs," she explained. "The classroom is active, buzzing with conversation, talking about the latest technology trends and music. Everyday we are creating something using our MacBooks, iPads, and cellphones. A fabulous day in the classroom ends with the statement 'is it time to go already?'

A native of suburban Cleveland and graduate of Bowling Green University - with a bachelor's degree in Middle Childhood Education and masters in Curriculum and Teaching — Thomas has spent 15 years in the education field, specifically in the areas of social studies, science, reading, gifted and technology.

She credits her aunt, Sylvia Cooper, who served as an elementary school principal in Ohio, as one of her inspirations.

"She always encouraged me and provided me innovative ideas," she said.

Thomas moved to Florida in 2010, going to work for Polk County in schools in Lakeland, Winter Haven and Dundee, an experience which she says has made her a better teacher.

"I have to thank all my previous principals at each of the schools I have taught at," Thomas said. "From encouraging me to coach basketball, to create a robotics team, to travel and attend various conferences, and to create new curriculum — each teaching position at these schools have molded me into the teacher I am today."

NEW YORK TIMES SUNDAY CROSSWORD FOR ANSWERS, TURN TO PAGE 23

25

29

33

58

66

02

108

112

17

20

57 Folds

60 "Buzz off!"

TRIVIAL MATTERS BY DAVID KWONG / EDITED BY WILL SHORTZ

David Kwong is a professional magician and crossword constructor. He was the head magic consultant for the hit 2013 film "Now You See Me'' (see the sly nod at 96-Down). He is currently performing in a one-man magic-and-puzzles show, "The Enigmatist," New York City. Audience members must solve four puzzles in an anteroom to get into the show. (Hints are available, if needed.) This is David's 19th puzzle for The Times. — W.S.

ACROSS 1 Not rumpled, as a bed 5 Slice, for example famous plane 9 Veal topper, informally 52 Farm females 13 Cookie containers 17 "Yeah, right!" 18 Certain body of believers **21** Part of a Latin 101 conjugation 58 Class skippers 22 What kind of tree Zeus 24 High-grade cotton 25 Capital that was home to the world's tallest 66 What 1986 building before the Burj Khalifa 26 Pears and apples 27 Vladimir Lenin's real last name seller about a _ 29 Nahuatl speaker 71 Tres + cinco **30** Answer to 22-Across 72 "Little ol' me?" [Science & Nature] 73 Fine fabric 32 Multipurpose 33 Fixed 76 Regard 34 Polite 77 World Cup cry 36 Moving vehicle 38 "Carmen" and "Elektra" Abbr. 81 Clammy 39 "Jeez!" 40 Mimicking 85 / 42 Director Anderson 43 Simulated 89 "Phooey!" **46** Answer to 113-Across [Geography] 90 Have a bawl Online subscriptions: Today's short

puzzle and more than 4,000 past puzzles, nytimes.com/crosswords (\$39.95 a year).

48 Answer to 13-Down [History] 97 Pad 50 First name on a a game 53 Host for a destructive beetle 55 Abbr. on a label of brandy 61 Princess seduced by Lion King' 63 Cartesian conclusion 112 Nose out 65 Word said before "do" 113 What ____ romantic comedy got 117 Blacken its title from a song by the Psychedelic Furs? 68 Who wrote a 2003 best short 75 Asmara is its capital 122 Kind 79 Newspaper units: DOWN 82 Answer to 68-Across [Art & Literature] 2 Brightly lit Answer to 66-Across [Entertainment] 5 "Pipe down!" **6** 60 minuti 91 Amherst campus, for 7 Get rid of 92 Cacophonous 94 Knight's wear, in goals England

EXPERIENCE BEAUTY

IN FULL BLOOM.

98 Find a new tenant for 99 Calendar units: Abbr. 102 Select, as sides for 104 Answer to 39-Down [Sports & Leisure] 106 "To repeat ..." 108 Lens covers 109 Meerkat in "The 111L iving, to Livy _ comes from a farm bird? 118 Song heard at the start of "Saturday Night Fever" 119 Ride provider 120 Some I.R.S. data, for 121 Not hush-hush 123 What a judge does for much of the day 1 Some roadsters 3 Clinton who once ran for president 4 Tour de France stage

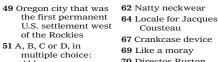
"When it comes to ..." 9 Scorer of 12 World Cup

- 10 Spanish ouzo flavoring 11 Nutritional std. 12 Bump on a slope
- 13 Where were battleships sunk in an 1894
- 14 Key of Beethoven's "Für Elise" 15 Quimby of children's books

16 Lines on sheet music 18 CBS debut of 2000 19 Comic actor known

for his shock humor 20 1966 Donovan hit with a rhyming title

- 23 "That tastes bleah!' 28 "Holy cow!"
- **30** Cole Porter's "Well, Did You ____?"
- 31 Jungle tangle
- 32 Sweet and kind 35 1962 hit for the Ikettes
- 36 Part of an itinerary
- 37 Cost to get a hand **39** What annual game
- have the won more than any other team?
- 40 Too 41 Condition once called "shell shock," for
- short 43 Process 44 How chicken teriyaki
- is usually served 45 Gave reluctantly, with
- "up 47 Court plea, in brief



multiple choice: Abbr. 70 Director Burton 74 Follower of the 54 Foal's mother

- Gospels 56 Like Fenway among all major-league ballparks 78 Wry Bombeck 80 Resilience 83 "It's a waste of time"
- 59 Cinephile's channel 84 Loaves from wholegrain flour
- 86 Put away, in a way 87 Longtime Steelers coach Chuck 88 Small digit 93 Reeked
- 94 Gain entry to
- 95 Kind of scholar
 - 96 Freeman of "Now You See Me" 98 TV Tarzan player
 - 99 Hot stuff 100 Fate
 - 101 Unwelcome looks
 - 116 Suffix with elect

123

104 Syracuse player,

character

109 Actor Diggs

111 Whack

back

105 Sacha Baron Cohen

107 Original edition of this puzzle's theme

110 Words of triumph

115 Partner of tuck

114 Length of a pool and

(aid)

103 Be of

once



NOW THROUGH MARCH 31

PRESENTED BY WAWA®

Explore the beauty of the gardens this spring and enjoy live music, Bok After Dark carillon concerts and a full schedule of exciting events.

PEAK BLOOM WALKING TOURS

Complimentary walking tours Mondays through Saturdays at 12 p.m. and 2 p.m.; Sundays at 2 p.m. only.

INTERNATIONAL CARILLON FESTIVAL **MARCH 20-24**

WINE WALK MARCH 30 | 2-5 P.M.

Sip and stroll throught the Gardens while enjoying ten carefully curated wines from around the world and light nibbles at each stop. Enjoy a special after party from 5-7 p.m. with live music, dinner specials and shopping.

SPONSORED IN PART BY





1151 TOWER BOULEVARD | LAKE WALES, FL 33853 863-676-1408 | BOKTOWERGARDENS.ORG

Page 16

By PHIL ATTINGER Highlands News-Sun

AVON PARK — Trolling along Arbuckle Creek in a V-hull fishing boat, dipping his head to avoid hanging vines and low branches, Matthew 'Twig' Largess asks the captain to stop.

"Captain Harry" Arnold reverses the battery-operated motor and drifts back with the current so Largess can spy a possible woodpecker's nest hole a dozen yards up in an old-growth bald cypress, which pokes above the surrounding canopy.

Largess, certified arborist under the International Society of Arboriculture and owner of Largess Forestry in Rhode Island, seeks the ivory-billed woodpecker. For 60 years it was thought extinct until it was rediscovered in a remote part of Arkansas in 2005.

The federal government immediately announced a plan to save the bird, according to news reports at that time. Since it favors old-growth cypress, Largess is looking for it along Arbuckle Creek and Lake Arbuckle, near Frostproof in southeast Polk, where he said the 3,300-3,600 acres of bald cypress bottomland forest might be largest such old-growth cypress forest in the Southeast — perhaps anywhere.

by playing a recording of the bird's call to attract any birds that may be there.

At least once on a sojourn Thursday down the creek, he spied the nest-sized hole and broadcast the call.

No birds answered, but he hasn't given up.

Meanwhile, he believes Avon Park Air Force Range may already have a huge ecological treasure straddling its western border in the trees, alone.

Largess flew in to Florida last week for four days to explore the area and catalog as many bald cypress as possible. He said some of the trees measure 26 feet in circumference.

Families that owned the land just inside and outside the base never cut the cypress forest, Largess said, and he suspects the grove, just 90 miles south of Walt Disney World, rates as the largest untouched Old Growth Bald Cypress Tupelo Forest system.

"I think the state of Florida needs to know what it has here," Largess said.

Largess said he's studied two old growth bald cypress forest sites -Corkscrew Swamp Sanctuary in Collier County and Francis Beidler Forest in South Carolina. Both forests are preserved and world-renowned eco-tourist destinations claiming to be the oldest such forests left in the world with 1,000-year-old trees.

Old growth on Arbuckle Creek

Arbuckle Creek, however, is bigger than both put together, Largess said, "making this discovery even more astounding."

He would rank it fourth after the North Carolina Black River Preserve, Beidler Forest and Corkscrew Swamp.

Largess suspects some Arbuckle trees have lived for 1,000 years, but won't know unless he can get permission from the air base to measure trees on their bank, and follow-up with a core sample study of all trees along the creek and lake.

Encyclopedia Britannica states that bald cypress, also called "swamp cypress," are native to swampy areas of southern North America, and were often harvested for their water-resistant wood.

The trees live long lives and grow slowly, Britannica states. Older trees are usually hollow, making them ideal nesting spots for a variety of animals.

A young bald cypress is symmetrical and pyramidal, but as it matures, it develops a coarse wide-spreading head, Britannica states.

Its tapering trunk is usually 30 me-Largess hopes to find the bird there ters (about 100 feet) tall and 1 meter (3.3 feet) in diameter.

> Reddish brown bark weathers to an ashy gray. The closer it grows to the water or wetlands, the more buttressed it gets about the base, horizontal roots often sending conical woody projections called "knees" above the waterline.

> The function of knees is poorly understood, Britannica states. They may help oxygenate the roots or provide support in the soft muddy soil, both of which concur with Largess' opinions.

> The trees have flat needle-like leaves arranged alternately in two ranks along small twigs. The trees are deciduous. Though the leaves can persist yearround in warm climates, the trees often drop them in colder times of the year.

> In addition to conservation, Largess sees value in eco-tourism for Arbuckle Creek, which could result in more regular hiking and boating tours from Camp Arbuckle and other launch sites.

> Those efforts would have to coincide with education. The west bank already indicates plenty of human activity, with plastic food containers and the occasional beer bottle or soft drink can littering the shore.

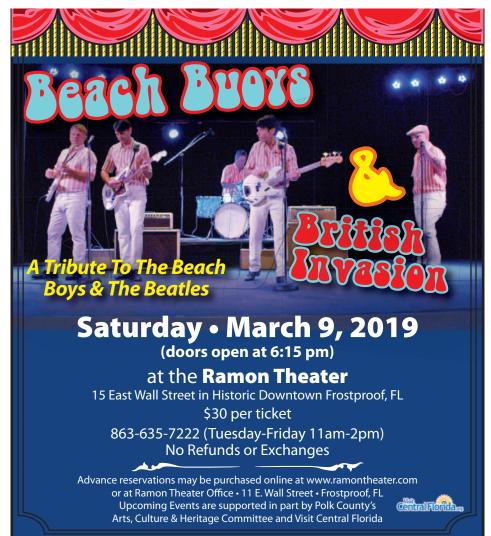
"See that Walmart chair sprouting out there," Arnold said, indicating a that had sunk into the soft ground and foliage just a few feet from the water. "In that trespassing is prohibited. a few years, it'll be full grown."

Litter is less common on the east bank, where signs posted on trees regdark green plastic stackable patio chair ularly warn boaters that beyond that point is a U.S. military installation, and



PHOTO BY PHIL ATTINGER

Matthew 'Twig' Largess, arborist, rides down Arbuckle Creek from Camp Arbuckle on Lake Arbuckle. Both the creek and lake are surrounded by old-growth bald cypress forest, Largess says, and he hopes to prove it is the largest such forest in existence, both for scientific reasons and potential tourism for Highlands and Polk Counties.



BARTOW NEWS Cigar factory's fate still in limbo while report is completed

By JEFF ROSLOW Contributing Writer

BARTOW – It was an eventful week for the Bartow City Commission, especially pertaining to the Thompson & Company Cigar Factory.

The latest effort to renovate the factory found itself in jeopardy early in the week, as a local developer who had been interested in aiding the efforts informed the city Feb. 14 he would no longer be pursuing the project.

"Unfortunately I have come to the conclusion that I will not be able to provide the outcome for this structure that we had hoped for during our meetings," wrote Greg Fancelli.

twice previously to discuss his plan. Fancelli pulling out of the project upset Bartow Commissioner James Clements, who utilized his time during commissioner comments at the Feb. 18 commission meeting to say as much.

"We spent five or six hours talking to this man and his people and we basically ran him off," Clements said. "All of us got his his email this past week. When it popped up on my phone with his name, I knew exactly what this email would be about. ... (Fancelli) didn't have a grand idea of an outcome, but he was interested in preserving that building for our community.

"We questioned him and questioned him. Had the first session — a lot questions. Had the second one and he had stuff to check out. 'How much do you want?' And we couldn't give him a straight answer."

The issue did not die at the Feb. 18 meeting, though, as it had already been

on the books for a work session Feb. 22. During that session, commissioners

expressed their displeasure with how Clements reacted earlier in the week. Mayor Leo Longworth had a few pages of notes from the two previous discussions with Greg Francelli and read them, disputing Clements' notion that the commission had ran off the developer.

"I didn't see that," Longworth said after finishing reading the minutes. "I — we didn't hear anything that made him run away

"James went off on three commissioners," he continued. "I didn't think that was professional. ... I know this is emotional, but you can be emotional and respectful."

As for the project itself, Fancelli out-Commissioners and Fancelli had met lined his original reasoning for exiting the talks in his email message.

> "Restoring the structure is only half of the equation," Francelli wrote. "For this project to be successful, we would also need to determine what users would be bringing new life back to the building and possibly the neighborhood. For various reasons, I am not able to fully complete all that is needed to assure a positive outcome for the old cigar factory."

> Commissioners are still not sure what to do with the property and at least three have expressed that they do not want to continue to spend taxpayer money on it. The city has spent more than \$200,000 on the factory since it was acquired in 2011. Those commissioners expressing pause about continuing to spend taxpayer money on the structure include Longworth, Vice Mayor Billy Simpson and Commissioner Scott Sjoblom.

Commissioner Trish Pfeiffer is in favor of preserving the building, and on Feb. 22 said it "is part of the rich fabric of our his-



tory" and encouraged her fellow commis- sought to clear the air. sioners to tour the facility.

suggesting the factory can be a catalyst for tow." growth and thereby would not be wasting taxpayer money.

Fancelli attended the workshop Feb. 22, and he said the email he had sent the week on having further meetings now, as they under way by Orlando-based planning consultants GAI was recently started.

Fancelli suggested the best course of how we work together as a team." action is to wait for the report and also

"I have the highest regard for all of you," Additionally, Pfeifer cited three reports Fancelli said. "I want what is best for Bar-

> While taking feedback from his colleagues, Clements apologized for his actions on Feb. 18.

"I went out of line, as I caught up emoprior was to show his intention to hold off tionally," Clements said. "I will try to watch myself with what time I have reare not moving forward. A study that is maining on the commission. It had nothing to do with disrespect. We are lucky and blessed to have the relationship and

Path cleared for downtown microbrewery

By JEFF ROSLOW Contributing Writer

BARTOW – After a second public hearing on changes to the land development code in Bartow, the definitions of microbrewery and brew pub were unanimously altered so that code now allows a microbrewery in the downtown district.

a microbrewery at 190 S. Florida Ave. in what used to be the offices for the Polk I ask (is) 'what's the guideline of being News-Sun - formerly named The Polk near schools or churches?' No one has County Democrat.

Commissioners added to the Unified Land Development Code the requirements for a brew pub and a microbrewery. The main difference between the two is that a brew pub has more than 50 percent of its sales from food, whereas the same is not so for a microbrewery.

The establishment the Levins have planned would be a microbrewery that would also have outdoor service and food trucks, as well as a kitchen area of its own.

City Planning Director Bob Wiegers explained to commissioners that the definition of a brew pub and microbrewery have much of the same criteria. One difference is microbreweries would allow for food trucks. The trucks would have to be on the property and only open when the microbrewery is open, and additionally they would not be allowed the use of odor should not be a concern. generators.

Jonnie Levin has let commissioners know that she will likely use food trucks, but she wants to go a step beyond that she said at the meeting.

to ask if they would deliver. We are not for the microbrewery.

providing food on site," she said.

In the public hearing, Gerald Cochran - a candidate for the Bartow commission seat to be voted upon in April asked about the potential smell from the would-be microbrewery, as well as guidelines for being near schools and churches.

"I talked at the first meeting about Bill and Jonnie Levin plan to open the smell," he said. "I am against 2019-12 because of the smell. Another question brought that up."

> Responding to Cochran's concerns, Wiegers said in another part of the land code there is a separation from churches and schools and that is an item the planning staff checks with on everything.

> "That requires a state license signed by the city and I'm the one who signs on it," Wiegers said.

> After Cochran asked about the odor previously, at the first public hearing on Feb. 4, Wiegers said he checked with the owner of Grove Roots and Winter Haven officials and they reported back that there has not been any "noticeable odor to speak of."

> Wiegers added, "I think Winter Haven has had a fair amount of experience in the last year or two. I don't believe that will become an issue."

Jonnie Levin said the concern of the

With changes made to the unified land development code, the Levins have the city's green light to move forward. However, the couple still has to go before Bartow's Board of Adjustments on Feb. 28 to "We plan on approaching restaurants request a special exception use approval



For more information on how to sponsor or participate in next year's Shooter Showdown: (863) 292-4138 or whhfoundation@baycare.org

FOUNDATION

COUNTY SPORTS

Symetra Tour event in Winter Haven was springboard for 2018 winner

By BRIAN ACKLEY Contributing Writer

WINTER HAVEN – Like winners in past events, Lauren Kim's win in the 2018 Florida's Natural Charity Classic mind and intention to have fun. I went was a springboard to more success.

So, the question for 2019, when the popular Symetra Tour women's golf event returns to Winter Haven Country Club in a few weeks, is "who's next?"

After a sizzling final round 63, capped off by a birdie on the the course's par five finishing hole, the Stanford University graduate was philosophical about her first-ever professional triumph.

"I have always marveled at how the longer I play golf, the more I realize sure she put the final touch on her fanthe ways in which this sport teaches me about life," she told the tour's Zack Sepanik about 10 days after her win. me want to celebrate the round simply "Just as golfers birdie some holes and for the love of the game because no bogey others, so too will life (metaphorically) seem to throw both birdies and bogies—sometimes more bogies, it uratively, I had just made a birdie in seems. Nevertheless, with as many life life." bogies seem to appear, there is always a subsequent birdie waiting."

Kim, who will be returning to play in this year's event, had three birdies in frustration, lack of belief, doubt-it her first six holes, erasing a four-stroke seemed as if I was on life's bogey train deficit after the second round.

"I went into Sunday with a relaxed through my warm-up just as I would for any other tournament—drank a cup of coffee, ate a salad with some veggies and an egg, and listened to the same playlist as usual, she recalled. "Then suddenly, in a whirlwind of shots executed and putts made, I was standing on the 14th tee box at 7-under par on the day, 8-under for the tournament, and in the outright lead."

Reaching the 18th in two, Kim made tastic finish.

matter the outcome, I was still beyond thrilled with how I had just played. Fig-

that included her quitting the pro game Haven. for good.

"When I think about those timeswith no sign of stopping. Only through this experience was I able to assess why I was playing the game and what I needed to continue playing competitively, she added. "In spite of the struggle, I found a renewed joy and love for the game of golf, which became the theme of Sunday's round. I figured, why not play for the love of competition? Why not, see how low I can shoot? Why not, have some fun? Where last season I would have found every reason against having the round of my life, in Winter Haven I found every refreshing reason for it."

She went on last year to have her "Watching that ball disappear made best finishes on the LPGA tour, including a tie for 17th in the Shoprite Classic, cashing a check which was just a few hundred dollars less than what she took home from the Florida's Natural event.

Who's next? Find out when the field tees off for the 54-hole event on Friday, The win came after a swirl of thoughts March 15, at Country Club of Winter



Lauren Kim, a Stanford grad, won the 2018 Florida's Natural Charity Classic in Winter Haven. She is playing in the event again this year. The tourna-

PHOTO PROVIDED ment will tee off March 15.

Ridge Rewind Auburndale boys soccer wins 3rd state title

By BRIAN ACKLEY Contributing Writer

The Auburndale Bloodhounds needed 20 extra minutes to win their third state boys soccer championship this past weekend, eventually pulling away for a 5-3 win over Fort Lauderdale One of the first scheduled events is the to win the FHSAA Class 4A crown. four-week, low-impact outdoor boot Ducarmel Jeannestin scored the game winner in the first 10-minute overtime more info, call 863-291- 5870. session.

HIGHLANDER HIGH

al semifinals with one of its best games thumping of Tampa Robinson. Raykwon Frazier poured in 29 points. Ty Hall and Donald Gatlin tossed in 14 each as Lake Wales improved to 21-7.

SENIOR SPECIAL

new senior adult outdoor fitness area tral Park. on March 6. It's all part of the growth at the Senior Adult Center on South Lake mane Society.

Silver Drive. The new workout area is tucked between the shuffleboard and tennis courts.

The ceremonies will start at 10 a.m. camp, which will start March 15. For

BIKER BONANZA

If you live in eastern or southern Lake Wales advanced to the region- Polk, be ready for a biker invasion non-motorized division - when the anof the season this past Friday, an 86-46 nual Chain of Lakes Cycling Classic hits town March 9 and 10.

Saturday's time trials and road race will be in the area of Lake Buffum, east of Fort Meade. Sunday, bikers will ride a closed course in downtown Winter Haven, with both speed and agility events Winter Haven will officially open its featured, starting at 8 a.m. around Cen-

Proceeds will benefit the local Hu-



VIEWPOINTS

Thinking Out Loud A trendsetter at last

By S.L. FRISBIE News Columnists

for myself, being a trendsetter is not and declared, "it's silver." among them.

When I became president of the Florida Press Association in 1976, the newsin the style of the day.

trendsetting fashion.

grew a mustache.

I would like to say I was inspired by the fact that Dad, at about my age, silver. Not gray, mind you. Silver. grew a mustache while serving in the Army during World War II. Not sure pride. it was anything as noble as that. I was in the Florida National Guard, and the anything more powerful than the pas-Guard had loosened its grooming stan- sage of time, achieved the Hair Color of dards a few years earlier to allow neatly the Year. trimmed mustaches.

The temptation was too great. In deciding to grow a 'stache, I was a trend follower, not a trendsetter. One of my young daughters called it a caterpillar. I know why it took him so long to give up should have realized that while it was a on the mustache. But in all the years child's pet name, there was more truth since he did, he has never gone more than fiction in her appraisal.

ion statement in all the years that I at- grow out now, at the age of 78? He'll nevtempted to grow a decent mustache, and er know. Well, probably not — he has made no comment when I shaved it off. learned to be careful in using the word A woman can communicate a lot with- "never.") out saying anything.

Let me stray down a rabbit trail for a moment.

One time I referred to Mary's last car Whatever achievements I may claim as "gray." She fixed a steely gaze on me

> It was a mistake I never made again. Back to trendsetting.

Last week on the Today show, we paper staff gave me a light blue leisure heard the breath-taking announcement suit for Christmas. They told me, in a that some cosmetics manufacturer had kindly way, that they wanted me to rep- announced the Hair Color of the Year resent myself and them before my peers for 2019. I never knew there was a Hair Color of the Year, but somehow I I cannot remember for sure, but I assumed it was blonde. When I was a suspect I wore it for several years after kid, teenage trendsetters, both male and the leisure suit faded from the scene as a female, often dyed (or peroxided) their hair, or at least a streak of it, blonde. I It was about that same time that I figured it was still the trendsetting color. Not so.

This year's Hair Color of the Year is

Mary and I looked at each other with

We had both, without assistance of

Silver, not gray.

(S. L. Frisbie is retired. He still doesn't than three days without shaving. What My wife said nothing about my fash- color would it be if he let his mustache

Crime at an all-time low in Polk

By GRADY JUDD Sheriff

Have you heard the great news?

Crime in the unincorporated areas of Polk County, and the Polk County Sheriff's Office's contract cities (Dundee, Eagle Lake, Fort Meade, Frostproof, Mulberry, and Polk City), is at an alltime low according to our annual crime statistics!

Each year we submit our Uniform partment of Law Enforcement and, in 2018, there were 415 less crimes in our jurisdiction than in 2017 - which is a 5.9 percent decrease.

The crime rate, which is the number percent from 2017 (1.64) to 2018 (1.52).

This is the lowest crime rate ever meathe previous record low of 1.64 crimes crimes, crime will go up. per 100 from last year.

community and law enforcement working together to keep people safe.

I'm very proud of our deputies and

their crime reduction efforts last year, and I truly appreciate our community partnerships that help make Polk County a safe place to live, work and play.

All over the state, sheriffs and police chiefs also report their crime numbers semi-annually and annually to FDLE, and it looks like - overwhelmingly crime is down statewide.

My message to our legislators is don't mess with success.

The rules in place have created the Crime Report (UCR) to the Florida De- opportunity for a low crime rate. I hope our legislators are paying attention to this statewide trending low crime rate, and will acknowledge that putting the right people in prison is key.

Some legislators want to release of crimes per 100 residents, is down 7.3 robbers, burglars, and thieves in your neighborhoods, but we know that without the proper rules and without sured in PCSO's jurisdiction, breaking locking up the offenders who commit

If you'd like more information about Please remember that a low crime our UCR crime report, please visit our rate doesn't just happen - it takes a website www.polksheriff.org and click on "News and Investigations" - there you'll see the full news release.

Be safe, everyone.

Editorial cartoon



MUELLER REPORT WATCH PARTY

Page 20

Sound off!

Readers of the Winter Haven Sun and the Polk News-Sun are welcome to send Letters to the Editor for consideration for publication. All entries must be fewer than 250 words and include the author's full name and city of residence. Submissions should be emailed to news@ scmginc.com with "Letter to the Editor" in the message title.

BUSINESS & SERVICE DIRECTORY

ACCOUNTING/TAXES **CREMATION SERVICE INSURANCE** ACCOUNTING Locally Owned & Operated By LLC Christina Hansen MAYHEM IS EXPENSIVE. ax Edge CPA) America Counts on CPAs Local • Personal • Professional • Planning • Advice ALLSTATE IS NOT. When It Comes Parrish Insurance Group To Taxes... 863-268-8136 You Need An 60 4th St. SW Edge! Winter Haven, FL joshuaparrish@allstate.com Accounting & Tax Edge • Direct Cremation Service • Serving ALL of Central Florida CONSULTATION 864 1st Street South • Free In-Home Consultations Winter Haven, FL 33880 Includes Consultation, • Family-Owned & Operated Allstate All Filings & Documentation • Flat Fee \$695 - No Hidden Costs 863-875-7853 863-875-9079 VISA www.YourTaxEdge.com Subject to terms, conditions and availability. Allstate Fire and Casualty Insurance Co. © 2013 Allstate Insurance Co. DISC VER gilleyscremation.com **APPLIANCES/TVs HOME IMPROVEMENT** ROOFING THANKS entens for Voting SHOWER DOORS, INC. TV & APPLIANCES, INC. us #1 Winter Garden's Premier **ESTABLISHED 1956 Roofing Company Since 1978** "Where Quality Comes First!" V EST Serving Polk County & ALL of * Kitchenaid *Whirlpool **Professional Sales • Installation • Service** West Orange County *Crosley *Estate We Specialize in Fully Licensed & Insured *Amana Family Owned & Operated **Frameless Shower** Roof Repairs and Replacements **Doors/Enclosures** License #RC29027533 114 W. Park Ave, Lake Wales Residential/Commercial FREE ESTIMATES 863-965-8920 676-1479 FREE WestOrangeRoofing.com AUTO/COACHWORKS In-Home **Consultation/Quote** Warranty Work & ROOFING **Roger Barfield Member of the Polk County** Owner **Ins. Claims Honored Builders Association** Locally Owned & Operated AUTO & COACHWORKS Licensed & Insured WE GLADLY ACCEPT VISA & MASTERCARD **CALL TODAY** CENTRAL FLORIDA (863)393-8209 (863)667-1200 Ph: (863) 967-5463 3650 Havendale Blvd www.AISshowerdoors.com Fax: (863) 967-3268 Winter Haven, FL 33881 ROOFERS WHO RESPOND **REAL ESTATE** MISC. CONTRACTING Miscellaneous Contracting NO JOB TOO s 863-845-312 JUDY B. CLEAVES PROPERTIES, INC. **COMMERCIAL/RESIDENTIAL** Chris Goode - REALTOR® al Repairs *Painting **ROOFERS WHO RESPOND** chris@jbcleaves.com ata Work 863-287-5454 CODEREDROOFERS.COM Vinyl Siding Installation Brittany DeVore - REALTOR® brittany.n.devore@gmail.com 863-412-4847 logether, we're **HOLLIS SMITH** 131 5th Street N.W. Winter Haven, FL 33881 863-528-2435 Working For You! hhs548@aol.com www.jbcleaves.com

CLASSIFIEDS 863.533.4183

SERVICES

BATTS FUNERAL HOME Since 1987 Easy Credit Affordable for any Budget ~ ORLANDO, FL 863-256-7560

RENTALS

"LOVE WHERE YOU LIVE" FOUNTAIN PLACE **APARTMENTS 1 & 2 BEDROOM HOMES AVAILABLE** (844) 383-5681

> 2 Bedroom 2 Bath in the Country 863-533-3209

CONDO FOR RENT WH. 55+ 2BR/2BA Lake Howard Assoc. paid pool, no pets, safe parking credit/bkground check \$790+ deposit. Call 651.366.1595

Fort Meade 701 S. Hendry Avenue 1 bedroom from \$537 2 bedrooms from \$572 Charlton Court Apartments 863-285-8380 TDD 1-800-955-8771 This institution is an equal opportunity provider and employer. Equal Opportunity Housing Section 8 Welcome.

Rental Assistance may be available for those who qualify

Taro Pakemi Apartments 2976 Warfield Rd. Bartow, Fl 33830 Now Accepting applications for Affordable 2-BRApartments For more information, please call 863-452-6565 TD711 Monday through Friday, between 9am and 3pm

"This institution is an equal opportunity A provider."

Elkhorn Apartments Frostproof

Now accepting applications. Rents start: \$0/mo. Income restrictions apply. Must be 62 & older or 18 & older disabled or handicapped to qualify. Oc casional barrier free units are available. Call 863-635-4264 Tue & Thur for

additional details. Se habla Español.

REAL ESTATE

2 BDRM, 1-1/2 BATH Lot 24, Jennings Resort, Lake Wales. Asking \$16,500 For more info call 1.812.376.8172

FOR SALE

LUGGAGE 3Pc, 24" check bag, lg duffle, 19" hardside handles/ wheels. Photo Available \$60.00. 863-875-2503

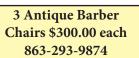
CUSTOM MADE Canvas Car Cover for Mercedes E320 never used. Photo available. \$50.00. 863-875-2503

> **ProForm Folding** Crosswalk Like New \$150.00 863.326.9388

2016 DODGE GRAND CARAVAN Wheelchair van with 10"

lowered floor ramp tie-downs. 813.569.0729





Lakeside Memorial Park Section M Lot 4 Space 1 813-541-1343

HELP WANTED

Episcopal Church in Lake Wales is seeking a nursery attendant to add to our staff on Sunday mornings and/or Wednesday evenings. Background check required. Please contact Lisa Carter at 863-676-8578.

Run your CLASSIFIED AD for \$49 for 4 lines for 4 weeks. 863.533.4183

HELP WANTED

Mock Jurors Earn a minimum \$110 upon completion

Spend 6-10 hrs on a given wkday night, wkday or wkend serving as a juror in a mock trial to evaluate settlement of an actual court case. If you have a valid FL DL or State I.D., a U.S. Citizen, and eligible to vote, enroll with us on:

SIGNUPDIRECT.COM (please fill out on line form completely for consideration) or only if you do not have access to a compute Call: 1-800-544-5798.

(On-line sign up preferred). *****Mock Trials will be held in downtown Tampa.

Maintenance Technician Needed Please Visit Career Opportunities at

www.myfountainplacehome.com

PETS

Happy Jack[®] Seal 'N Heal Use Seal N Heal liquid bandage to close wounds with bitter taste to prevent gnawing. (kennelvax.com) Florida Farm & Ranch Supply 863-533-1814

TO SUBSCRIBE 863.533.4183

HELP WANTED

2019

ing LLĆ

February 27, 2019

406082 3661095



Email your resume to Kim Edwards at kedwards@scmginc.com

LEGAL NOTICE LEGAL NOTICE

vs

Notice Under Fictitious Name

Law Pursuant to Section

865.09, Florida Statutes

NOTICE IS HEREBY GIVEN

that the undersigned, desiring

to engage in business under the

fictitious name of Haven Mag-

azine located at PO Box 1607,

in the County of Polk, in the

City of Winter Haven, Florida

33882 intends to register the

said name with the Division

of Corporations of the Florida

Department of State, Tallahas-

see, Florida. Dated at Winter

Haven, Florida, this 26th day of

Destroyer Media and Market-

Notice Under Fictitious Name

Law Pursuant to Section

865.09, Florida Statutes

NOTICE IS HEREBY GIVEN

that the undersigned, desiring

to engage in business under the

fictitious name of LKLD Maga-

Box 1607, in the County of

Polk, in the City of Winter Ha-

ven, Florida 33882 intends to

register the said name with the

Division of Corporations of the

Dated at Winter Haven, Flor-

ida, this 26th day of February,

Destroyer Media and Market-

Florida Department of

State, Tallaĥassee, Florida.

February, 2019

February 27, 2019

zine located at PO

406082 3661080

ing LLĊ

IN THE COUNTY COURT OF THE TENTH JUDICIAL CIRCUIT IN AND FOR POLK COUNTY,

FLORIDA HOLLY HILL ESTATES HOMEOWNERS ASSOCIA-TION, INC. Plaintiff.

MARGARETH DORVILLE AND UNKNOWN PARTIES IN POSSESSION Defendant. CASE NO .:

2018-CC-000415000000 NOTICE OF SALE PURSUANT TO CHAPTER 45

Notice is given pursuant to the Amended Final Judgment of Foreclosure dated September 17, 2018, in Case No. 2018-CC000415000000, of the County Court in and for Polk County, Florida, wherein HOLLY HILL ESTATES HOMEOWNERS ASSOCIA-TION, INC., is Plaintiff and MARGARETH DORVILLE AND UNKNOWN PARTIES IN POSSESSION are the Defendants, the Clerk of the Court shall sell the property at public sale on March 13, 2019, online at 10:00 a.m., according to Administrative Order 201-01, at www.polk.realforeclose.com, in accordance with Section 45.031, Fla.Stat. The following described property set forth in the Order of Final Judgment:

Lot 16, HOLLY HILL E TATES, according to the plat thereof, as recorded in Plat Book 123, at Pages 27-29, inclusive, of the Public Records of Polk County, Florida Property Address:

the sale, if any, other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale. CERTIFICATE OF SERVICE I HEREBY CERTIFY a true and correct copy of the foregoing was sent to ; Margarita Dorville, 652 Lobelia Drive, Davenport, FL 33837, on this 25th day of February, 2019. /s/ Alan Schwartzseid ALAN SCHWARTZSEID, ES-

LEGAL NOTICE

652 Lobelia Drive, Davenport,

FL 33837 Any Person claiming

an interest in the surplus from

OUIRE Florida Bar No.: 57124

CLAYTON & MCCULLOH, P.A. 1065 Maitland Center Commons Blvd. Maitland, Florida 32751

(407) 875-2655 Telephone E-mail:

aschwartzseid@clayton-mcculloh.com

lfpolk@clayton-mcculloh.com Attorneys for Plaintiff

IF YOU ARE A PERSON WITH A DISABILITY WHO NEEDS ANY ACCOMMO-DATION IN ORDER TO PARTICIPATE IN THIS PRO-CEEDING, YOU ARE EN-TITLED, AT NO COST TO YOU, TO THE PROVISION OF CERTAIN ASSISTANCE. PLEASE CONTACT COURT PLEASE CONTACT COURT ADMINISTRATION, 255 N BROADWAY AVE, BARTOW, FL 33830, TELEPHONE: (863) 534-4000 WITHIN 2 WORK-ING DAYS OF YOUR RE-CEIPT OF THIS NOTICE OF SALE. 54784

February 27, March 6, 2019 280737 3661052

HELP WANTED

FULL TIME GRAPHIC ARTIST WANTED M E D I A Do you have a creative eye? Solid design skills Enjoy working in an exciting environment? We are building a design team and we want you to be a part of it! * Create ads and design covers for special sections and other publications. Nights and weekends may be required. Experience in InDesign and the Adobe Creative Suite preferred. Proof-reading skills a must. Send resume and design samples to: Annette Frederick, Senior Graphic Artist annette.frederick@highlandsnewssun.com



Buriel Lot \$900.00 in

Need PT/FT Worker w/Finishing exp. and Handyman Work exp. in Davenport 863-353-7429

CARETAKER Needed Please Visit Career Opportunities at www.myfountainplacehome.com

CLASSIFIEDS 863.533.4183

HELP WANTED

Reeves Farms, LLC - 5 Temporary workers needed in Houston and Houlka, MS from April 10, 2019 to November 11, 2019. Workers will perform assigned duties as instructed by their supervisor. Duties will include clearing ground of rocks, sticks and roots by hand; clearing brush and trees with a chain saw. General Field and Fence Maintenance: building and repairing potato boxes using chop saw, table saw, planer, nail guns, and staple guns; prepare ground for planting; manually weeding fields by hand or using hand tools; drain water from fields with hand tools and shovels when needed; load and unload boxes on truck, trailers, or sweet potato harvesters. All tools, supplies, and equipment will be provided at no cost to workers. May transport workers to fields and grocery store. Valid driver's license required. Workers will use mechanical digging equipment to harvest potatoes; may harvest sweet potatoes by hand with use of buckets. Workers may be asked to operate tractors pulling disc, hippers, do-all, diviner, transplanter, rolling cultivators and two row diggers. Workers must be able to sort, grade, and pack potatoes by size, quality, or type. Must be 18 years old. Three (3) months experience in riding mechanical diggers, transplanter, hand-cutting slips, sorting and grading sweet potatoes. Safety training for the operation and use of farm equipment and tractors will be provided. ** To ensure the safety of all employees, those interested in operating machinery must be able to communicate with and adequately follow instructions given by management. Management reserves the right to restrict employees from operational duties who do not show a proficiency to effectively communicate with management, and may therefore place other employee's safety at risk. Lifting requirements 5-60 lbs. The employer may conduct background checks. Cell phones can only be used during breaks and emergencies. The majority of the workday is spent on one's feet and outdoors. Worker must be able to withstand working in the direct sunlight and weather conditions ranging from hot and humid weather, moderate rain and cold while performing their required job duties. Workers should expect periods of reduced hours during growing time. Hours and days of work may vary due to weather conditions. Proper work attire is required. Due to possible Date of Need changes, worker is required to purchase travel insurance if available. We will reimburse the worker for transportation cost (including travel insurance) and subsistence to the employers' work site from the place of recruitment upon completion of 50 percent of the contract period. Transportation payment will be no less (and is not required to be more) than the most economical and reasonable common carrier transportation charges for the distances involved. A copy of the work contract or a copy of the ETA 790 in lieu of a work contract, and any modifications, will be provided to the worker on the day the work commences. If the employee is unable or unfit to perform the duties listed after the 14-day trial period, the employee will receive warnings, hours may be reduced to the minimum allowed in the certified petition or the worker may be terminated. Workers will be paid \$11.33 per hour, three fourth's guarantee, 35 hours per week. Workers may be offered more than the standard hours of work in a single workday. Workers may volunteer to work additional hours when work is available. Hours of work may increase/ decrease depending on crop yield and or weather and can occur at anytime throughout the season. Housing, equipment and transportation provided at no cost to workers who cannot reasonably return to their permanent residence at the end of each workday. We participate in the E-Verify program and workers must have valid identification for I-9 preparation when they report to begin work. Complete job description can be found at your local SWA/Job Center. Apply for this job at the State Workforce/Job Center office in your area or call your nearest office. MS (662) 842-2175, AL (256) 259-1835, LA (318) 676-7705, FL (863) 385-3672, use Job Order# MS292176.

Crossword Answers from Page 15

M A D E S O D A P A R M J A R I B E T C H R I S T E N D O M A M A A L W A Y S H A S F O L I A G E P I M A N O T A I P E I I P O M E S U L Y A N O A Z T E C I V I L I N O N N O N N O N N N O N N N N N N N N N N N N N N N N N N N N	S T A V E S P L
A L W A Y S H A S F O L I A G E P I M T A I P E I P O M E S U L Y A N O A I P E I P O M E S U L Y A N O A Z T E C E V E R GREEN A L L I N O N S E T C I V I L V A N O N N N O N S E R A N O N N N N N N N N N N N N N N N N N N N N N N <	V E S P L
T A I P E I P O M E S U L Y A N O A Z T E C E V E R GREEN A L L I N O N S E T C I V I L V A N O N S E T C I V I L V A N O P E R A M O C K BUE H E N S T A T E YELOW S E A M O C K BUE H E N S T A T E YELOW S E A M O C K BUE H E N S E L M M V	V E S P L
A Z T E C I V E R GREEN I A L L I N O N S E T C I V I L I V A N O P E R A I T C I V I L I V A N O P E R A I O H M A N A P I N G P E R A M O C K BUE H E N S T A T E YELOW S E A E N O L A T S O W S E L M V V S O A I A M V S O M O L A T <td>E S P L</td>	E S P L
S E T C I V I L V A N O P E R A S E T C I V I L V A N O P E R A O H M A N A P I N G W E S M O C K BUE H E N S T A T E YELLOW S E A E N O L A S O W S E L M V S O T R U A N T S L E D A I A M I T L	S P L
O H M A N A P I N G W E S M O C K BUE H E N S T A T E VELLOW S E A E N O L A T S O W S E L M V S O T R U A N T S L E D A I A M I T L	P L
M O C K BLUE H E N S T A T E YELLOW S E A E N O L A T E V E A T E YELLOW S E A T N O L A T S O W S E L M V S O O D A N T S O W S E L M T V S O D A T E D A T A M I T L L D A T A M I T L D A T A M I I L L D A D A M I I I L D D D D D D D D D <thd< th=""> <thd< th=""> <thd< th=""> <</thd<></thd<></thd<>	L
E N O L A S O W S E L M V S O T R U A N T S L E D A I A M I T L	L
T R U A N T S L E D A I A M I T L	L
	L
	E
OCHOMOI CILLACEEE RIITRE	Α
DEEMOLECOLSMO	Т
	S
S O B U M A S S N O I S Y	
A R M O U R M A T R E L E T W K	S
C H O O S E U P ORANGE B O W L A G A I	Ν
C O R N E A S T I M O N I N E S S	Е
E D G E D E L A W A R E N I C K N A M	Е
SEAR STAYINA LIVE UBE	R
S S N S O P E N T Y P E S I T	S

NOTICE OF PUBLIC SALE

Extra Space Storage will hold a public auction to sell personal property described below belonging to those individuals listed below at the location indicated.

Extra Space Storage 1492 @ 1012 US Highway 92 Auburndale, FL 33823 (863)-221-0007 (March 13, 2019 @ 11:00 AM)

	(March 13, 20)	19 @ 11:00) AM)						
H1096	Sheri Higgins		Household goods						
J0602	Melissa Warn		Household Items						
H1169	Crystal Domi		Household Goods						
I0508	Charlene Hol		Household Goods						
C0303	Joesph Smith		Household Goods						
H1160	Lorraine Schulz		Household goods						
H1085	Reyna Figuer		Household Goods						
G0812	Charles Jewel		Household Goods						
H1081	Heather Goll		Household Goods						
10588	Angela Jones		Household Goods						
	Extra Space	Storage 1	596						
@ 2930 US Hwy 98 N Lakeland FL 33805 (863) 224-2677 (March 13, 2019 @ 12:00 PM)									
						4607	Carol Wood		ire and boxes
						4606			ure, household
1509	Larissa Allen Household goods								
2702	Antonio Campbell furniture and household goods								
1419	Carl Matthews Personal items								
5023	Nichole Thomas furniture and household goods								
4003	Virginia Baltodano clothing other house hold goods								
1309 David Kinder Props, back drops, couch ,house hold items.									
	Extra Space	Storage 1	494						
@ 6445 S Florida Ave Lakeland FL 33813 (863) 647-4172									
							(March 13, 20	19@12:30	0 PM)
G0726	Marieli Camacho		Furniture and household items						
P1508	Kayla Green		Furniture and household items						
K0923	Ken Glum		Furniture and household items						
C0440	Cumesha Loanmen		Furniture and household items						
C0421	0421 Timothy Franks		Furniture and household items						
	Extra Space								
@ 2190 Harden Blvd, Lakeland FL 33803 (863)-680-8092									
							(March 13, 20	019 @ 1:00	PM)
A0123	Lisa Underwood	Househ	Household goods						
E0780	Antonio Pereira	Househ	Household goods						
E0852	Starshemah McCaskill	househ	household items, furniture						
C0464	Jason Wilson		old goods						
D0559	Shantay Inman		Household goods						
A0254	Rhonda Williams		Household goods						
C0463	Stetson Wilson		household goods						
E0710	Eddie Jackson		House hold goods						
C0440	Crystal Zager		shelves, clothes, misc items						
E0636	Jonathon Bell		household goods, lawn mover						
	,		0						

The auction will be listed and advertised on www.storagetreasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind and purchase up until the winning bidder takes possession of the personal property.

Send CLASSIFIED and LEGAL Ads to legals@scmginc.com

Health Events to Keep You Healthy BayCare Events in Polk County

Featured Events (no cost to attend)

Heart-Healthy Screenings

Registration is required: (855) 269-4777 Friday, March 15, 8am–2pm Polk Street Community Center, Bartow

Colorectal Health

Registration is required: (855) 314-8352 Tuesday, March 26, 5:30–6:30pm Amy Curry, DO Bartow Regional Medical Center Classrooms 1 & 2

Cancer Support (no cost to attend)

Woman to Woman Cancer Support Group Registration is not required. Mondays, March 11 and March 25, 6–7pm Winter Haven Hospital Wellness Center Conference Room

Ovarian Cancer Support Group

Registration is not required. Monday, March 18, 5:30–7pm Winter Haven Hospital Wellness Center Conference Room

Man to Man Cancer Support Group

Registration is not required. **Tuesday, March 19, 1:30–2:30pm** Winter Haven Hospital Quality Improvement Conference Room

Orthopedic Events (no cost to attend)

Total Joint Replacement

Registration is required: (863) 297-1808 Thursdays, March 7, 14, 21, 28, 12:30–2pm Winter Haven Hospital Wellness Center Conference Room

Winter Haven Women's Hospital

Prepared Childbirth (4 Session)

Registration is required: (855) 314-8352 Thursdays, March 7, 14, 21, 28, 6:30–8:45pm Winter Haven Women's Hospital Classroom A Cost: \$40

Sibling Class

Registration is required: (855) 314-8352 Saturday, March 9, 10–11am Winter Haven Women's Hospital Classroom C Cost: \$10

Newborn Care

Registration is required: (855) 314-8352 Saturday, March 9, 1–4pm Winter Haven Women's Hospital Classroom A Cost: \$15

Breastfeeding Class

Registration is required: (855) 314-8352 Saturday, March 16, 9:30am–12pm Winter Haven Women's Hospital Classroom A Cost: \$15

Birth Center Tour

Registration is required: (855) 314-8352 **Tuesday, March 19, 6–7:30pm** Winter Haven Women's Hospital Classroom A Cost: Free

Perinatal Bereavement Support Group

Registration is required: (855) 314-8352 **Tuesday, March 26, 6:30–7:30pm** North Entrance Sitting Area Cost: Free

Support Groups (no cost to attend)

Aphasia Support Group

Registration is not required. Thursday, March 7, 4–5:30pm Winter Haven Hospital Wellness Center Conference Room

Caregivers Support Group

Registration is not required. Friday, March 8, 1–2:30pm Winter Haven Hospital Wellness Center Conference Room

Heart-to-Heart Cardiac Support Group

Registration is required: (863) 280-6066 **Tuesday, March 12, 3–4pm** Winter Haven Hospital Wellness Center Conference Room

Better Breathers Club

Registration is not required. Wednesday, March 13, 1–2pm Winter Haven Hospital Wellness Center Conference Room

Mental Health Peer Recovery Program

Registration is not required. Mondays, 11am–3pm Lion's Park Clubhouse 820 Ave. L S.W., Winter Haven

Wednesdays, 12:30–4:30pm Winter Haven Hospital Center for Behavioral Health 1201 First St. S., Winter Haven

To register for a class or for a physician referral: (855) 314-8352

Bartow Regional Medical Center 2200 Osprey Blvd., Bartow

Winter Haven Hospital 200 Ave. F N.E., Winter Haven **Winter Haven Women's Hospital** 101 Ave. O S.E., Winter Haven



f 🎔 🞯 ወ in 🖻