

Wednesday in Holy Week

Wednesday, March 23, 2016 6 p.m. The Office of Tenebrae

Welcome to Grace Cathedral

Welcome to this sacred house of prayer for all people. Those who built this place and care for it now love tradition and feel passionate about engaging with what is new.

If you look closely you will find images of scientists, reformers, Jewish rabbis and Roman Catholic popes, political leaders, saints, and even an astronaut.

We invite you to be part of this joyful community even if your visit is short. You might ask yourself two questions: "What do I need to receive? What do I have to give?" We would be delighted to hear about your explorations. May God bless you on your journey!

- The Very Rev. Dr. Malcolm Clemens Young, Dean of Grace Cathedral

welcome ^{to} grace Waiting...



It's Holy Week.

watch and pray.

moving through Holy Week and the Great Three Days (the Sacred Triduum)

Every day this week, our sacred stories engage with an aspect of Jesus' own walk to the cross and our participation in his death and resurrected life.

In the gospel for the Eucharist on Monday, Jesus is eating with his friends, and his feet are anointed with costly perfume. On Tuesday, Jesus ponders his impending death. Also on the Tuesday in Holy Week, the clergy of the diocese gather for the **Chrism Mass**, when holy oils are blessed in anticipation of the celebration of the Easter rites of Initiation — baptism and anointing.

On Wednesday night, the **Service of Tenebrae** (6 p.m.) meditates on the Passion, focusing on the crucifixion and death of Jesus. Candles are extinguished one at a time during this solemn choral service, until the church is shrouded in darkness. The choir chants lamentations from the prophet Jeremiah and traditional responsories, including Poulenc's *Motets for Lent* and Allegri's *Miserere mei Deus*.

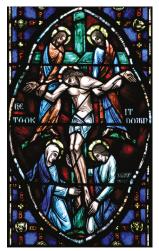
SACRED TRIDUUM: The Great Three Days

These are the "high holy days" of the Christian community.



The title for **Maundy Thursday** (6 p.m.) is an Old English adaptation of the Latin *mandatum*, meaning "commandment." "I give you a new commandment," Jesus says, "Love one another as I have loved you." We hear the

story of the Passover meal and Last Supper that Jesus shared with his disciples. Jesus shocked his followers by acting as servant, kneeling down to wash their feet. We re-create these actions, and, after our sacred meal in communion with him and with one another, we anticipate Friday's sober reality. After the opening hymn, the organ falls silent until the Great Vigil of Easter. The choir will sing motets by Duruflé, Stainer and Byrd, including Duruflé's *Ubi Caritas*. The Liturgy of Good Friday (3 p.m.) follows ancient forms from Jerusalem. Isaiah's suffering servant reveals the mystery of the sacrifice of Jesus. John's account of the Passion and death of a kingly Jesus is chanted to traditional tones. We offer extended prayers for the church and world, and we venerate the cross. Holy Communion is served from bread consecrated the day before, as we symbolically wait at our Savior's



tomb for the Easter feast. The choir will sing motets by Bruckner, Tomás Luis de Victoria's *Reproaches*, and the setting of "Faithful cross, above all other" written by King John IV of Portugal. In keeping with the solemn nature of this serivice, all the music is unaccompanied.



The **Great Vigil of Easter** (9 p.m.) is the primary and most ancient celebration of Easter. The service begins entirely in darkness, illumined by the kindling of new fire, the lighting of the great Paschal (Easter) candle, and candles for the worshippers. We keep vigil with the reading of the ancient stories of Creation, the Flood and the Exodus, and

prophecies of resurrection and new life. Water is blessed and adults who have prepared are baptized, following ancient practice. Then the restraint of the vigil gives way to Easter joy and brilliance as Holy Eucharist is celebrated with triumphal splendor. The *Exultet* is sung ("Rejoice and sing now, all the round earth..."), we chant a Litany of the Saints, and we proclaim our joy at Christ's resurrection with glad Alleluias.



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ENEBRÆ, the Latin word for "darkness" or "shadows" has for centuries been applied to the ancient monastic night-time and early morning services of the last three days of Holy Week, which in medieval times were celebrated on the preceding evenings. Apart from the chanting of the Lamentations (in which each verse is introduced by a letter of the Hebrew alphabet), the most conspicuous feature of the service is the gradual extinguishing of candles and other lights in the church until only a single candle, a symbol of our Lord, remains. Toward the end of the service this candle is hidden, typifying the apparent victory of the forces of evil. At the very end, a loud noise is made, symbolizing the earthquake at the time of the resurrection (Matthew 28:2), the hidden candle is restored to its place, and by its light all depart in silence.

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"As at Tenebræ, one after another the lights are extinguished, till one alone—and that the highest of all—is left, so it is often with the soul and her guiding stars. In our early days there are many parents, teachers, friends, books, authorities but, as life goes on, one by one they fail and leave us in deepening darkness, with the increasing sense of the mystery and inexplicability of all things, till at last none but the figure of Christ stands out luminous against the prevailing night."

> - George Tyrrell SJ; quoted by Michael Marshall, The Transforming Power of Prayer: From Illusion to Reality: The Mowbray 2011 Lent Book (Bloomsbury Academic, 2011), citing Nicholas Sagovsky, On God's Side (Oxford University Press, 1990)

The Office of Tenebræ Wednesday in Holy Week • 23 March 2016 • 6 pm

Please stand as the procession enters in silence.

INVITATORY

The people sit; sung by the choir in Latin.

Francis Poulenc

Choir Fear and trembling have come over me, and horror overwhelms me.

Be merciful to me, O God, be merciful, for I have taken refuge in you.

Hear my cry, O God; you are my crag and my stronghold.

Lord, let me not be ashamed for having called upon you.

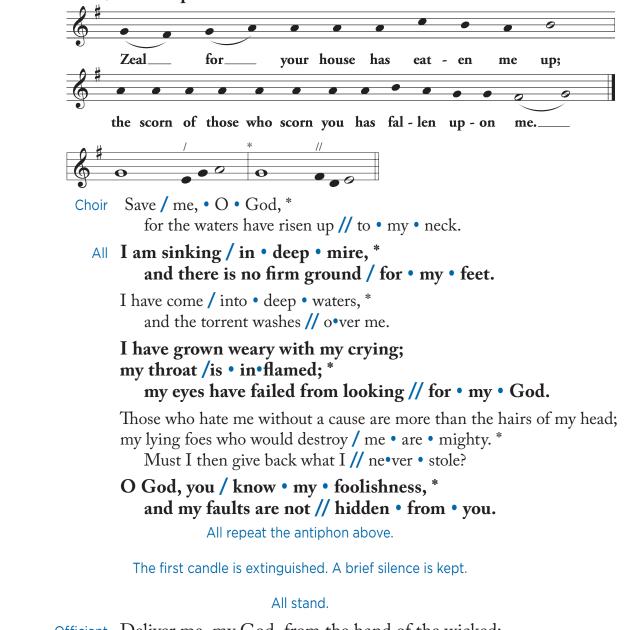
- Psalms 55, 57, 61, 71 and 31 (translations from 1979 BCP Psalter)

PSALM 69:1-6

Sung by all, seated.

chant: Plainsong

Choir first, then all repeat. Antiphon I:



Officiant Deliver me, my God, from the hand of the wicked; People From the clutches of the evildoer and the oppressor.

Remain standing for silent prayer.

The First Readi	NG	All may sit.	Lamentations	of Jeremiah 1:1–5
Cantor	Aleph How doth th	ne city sit solitary,		
	that was full of p	eople!		
	How is she becor	ne as a widow!		
	0	t among the nations,		
	-	ong the provinces,		
	how is she becom	•		
	BETH She weepeth s	e e		
	and her tears are		<u> </u>	
	0	vers she hath none to co		
	all her friends have dealt treacherously with her,			
	they are become her enemies.			
	e e	e into captivity because	of affliction,	
	and because of gr			
	she dwelleth amo she findeth no re	0		
			the straits	
	all her persecutors overtook her between the straits. DALETH The ways of Zion do mourn,			
	because none come to the solemn feasts:			
	all her gates are c			
	0	her virgins are afflicted,		
	and she is in bitte	e		
	HE Her adversaries			
	her enemies pros			
	for the Lord hath	E Contraction of the second		
		of her transgressions:		
	her children are g	gone into captivity befor	re the enemy.	
	Jerusalem, turn to the	e Lord thy God.		
The First Respo	NSORY	Sung in Latin.		Francis Poulenc
		sen one. I planted thee.		
	• •	s turned into bitterness	,	

to crucify me and take Barabbas in my place?

I protected thee; I took the hard stones away from thy path,

and built a tower in thy defence.

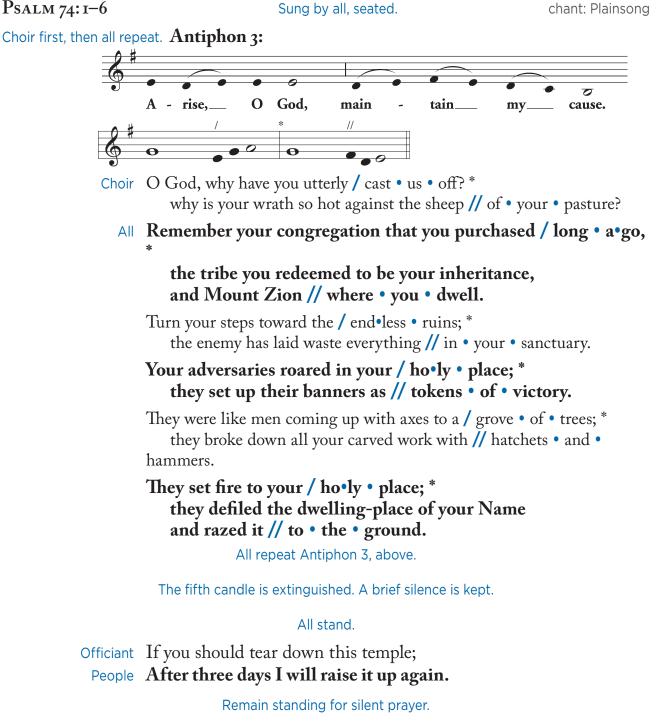
-Third of the nine responsories for Matins of Good Friday

The second candle is extinguished. A brief silence is kept.



Remain standing for silent prayer.

THE SECOND READ	DING	All may sit.	Lamentations of Jeremiah 1:6	-9
	VAU And from all her beau her princes and they are ZAIN Jerusalen and of her r all her pleas when her pe and none di the adversar and did mo HETH Jerusale	the daughter of Zion ity is departed: are become like harts that fin e gone without strength befo n remembered in the days of miseries sant things that she had in the eople fell into the hand of the	nd no pasture, re the pursuer. her affliction ne days of old,	-9
	all that hon because the yea, she sigl Тетн Her filth she rememb therefore sh she had no O Lord, be for the ener	oured her despise her, y have seen her nakedness: heth, and turneth backward. niness is in her skirts; pereth not her last end; he came down wonderfully:		
The Second Rese Choir	There was dark and about the r "My God, my of And he bowed Jesus cried with my spirit. And he bowed		loud voice: me?" ost. er, into thy hands I commen ost. nsories for Matins of Good Frid	nd
	The fourth cand	lle is extinguished. A brief silence	e is kept.	



The Third Readin	G All may si	it. Lamentations of Jeremiah 1:10–14			
Cantor Y	OD The adversary hath spread	out his hand			
	upon all her pleasant things	:			
for she hath seen that the heathen entered into her sanctuary,					
	whom thou didst command				
	that they should not enter in	nto thy congregation.			
CAPH All her people sigh, they seek bread;					
	they have given their pleasa	nt things			
	for meat to relieve the soul:				
	see, O Lord, and consider;				
	for I am become vile.				
L	AMED Is it nothing to you,				
	all ye that pass by?				
	behold, and see if there be a	ny sorrow			
	like unto my sorrow,				
	which is done unto me,				
	wherewith the Lord hath af				
	in the day of his fierce ange				
Ν	IEM From above hath he sent				
	and it prevaileth against the				
	he hath spread a net for my	feet,			
	he hath turned me back:				
	he hath made me desolate				
	and faint all the day.				
Ν	IUN The yoke of my transgress	sions is bound by his hand:			
	they are wreathed,				
	and come up upon my neck				
he hath made my strength to fall,					
the Lord hath delivered me into their hands,					
from whom I am not able to rise up.					
Jerusalem, turn to the Lord thy God.					
THE THIRD RESPONSORYSung in Latin.Poulend					
Choir S	orrowful is my soul even unto	death.			

Stay here, and watch with me.

Now you shall see the mob that will surround me.

You shall take flight, and I shall go to be sacrificed for you.

The time draws near, and the son of man shall be delivered.

-Matthew 26:37-38, 51, 56

The sixth candle is extinguished. A brief silence is kept.

Miserere mei Deus

Sung in Latin.

Gregorio Allegri

Choir Have mercy upon me, O God, after Thy great goodness according to the multitude of Thy mercies do away mine offences. Wash me throughly from my wickedness: and cleanse me from my sin. For I acknowledge my faults: and my sin is ever before me. Against Thee only have I sinned, and done this evil in thy sight: that Thou mightest be justified in Thy saying, and clear when Thou art judged. Behold, I was shapen in wickedness: and in sin hath my mother conceived me. But lo, Thou requirest truth in the inward parts: and shalt make me to understand wisdom secretly. Thou shalt purge me with hyssop, and I shall be clean: Thou shalt wash me, and I shall be whiter than snow. Thou shalt make me hear of joy and gladness: that the bones which Thou hast broken may rejoice. Turn Thy face from my sins: and put out all my misdeeds. Make me a clean heart, O God: and renew a right spirit within me. Cast me not away from Thy presence: and take not Thy Holy Spirit from me. O give me the comfort of Thy help again: and stablish me with Thy free Spirit. Then shall I teach Thy ways unto the wicked: and sinners shall be converted unto Thee. Deliver me from blood-guiltiness, O God, Thou that art the God of my health: and my tongue shall sing of Thy righteousness. Thou shalt open my lips, O Lord: and my mouth shall shew Thy praise. For Thou desirest no sacrifice, else would I give it Thee: but Thou delightest not in burnt-offerings. The sacrifice of God is a troubled spirit: a broken and contrite heart, O God, shalt Thou not despise. O be favourable and gracious unto Sion: build Thou the walls of Jerusalem. Then shalt Thou be pleased with the sacrifice of righteousness, with the burnt-offerings and oblations: then shall they offer young bullocks upon Thine altar. -Psalm 51

The seventh candle is removed. A brief silence is kept. All stand.

Officiant My flesh shall also rest in hope;

People You will not let your holy one see corruption.

All stand for silent prayer.

A loud noise is made, recalling the earthquake at the crucifixion. The remaining candle is brought from its hiding place and replaced.

Officiant Almighty God, we pray you graciously to behold this your family, for whom our Lord Jesus Christ was willing to be betrayed, and given into the hands of sinners, and to suffer death upon the cross.

The ministers and people depart in silence.

There are baskets at the exits to receive your offerings in support of your cathedral's worship and work. Thank you for your generosity.

next at The Forum at Grace Cathedral



Leaving Home/Seeking Home: The Refugee Crisis on Lesbos Sunday, April 3, 9:30 a.m., in Gresham Hall, free and open to all

IsraAID is a multi-faith NGO providing disaster relief and long-term support, serving on the front lines of major humanitarian responses. Navonel Glick, Chief Operating Officer; Yotam Polizer, Global Project Director; volunteer Dr. Iris Adler and photographer Susan Weiss will describe their experiences with refugees from Syria, Iraq and Afghanistan in Lesbos this February. Learn more and watch past *Forums*: gracecathedral.org/forum

Music that Makes Community

Equipping People to Connect and Grow Through Singing Saturday, April 9, 9 a.m. to 4 p.m., \$35 (\$20 for cathedral congregation members); lunch included; please register



This workshop introduces the practice of singing together without written music, learning by listening. Experience how "paperless" music can engage people of all ages and abilities, learn to lead songs without using written

music, discover songs for all contexts, connect with local practitioners, and sing throughout the cathedral!

This workshop will be useful and enjoyable for singers, small-group leaders, anyone who works with children, worship leaders, and clergy. Learn more and register: **musicthatmakescommunity.org/workshops**

for families with children

Liturgy of Good Friday

Nursery care will be available during the 3 p.m. liturgy on Good Friday.



Easter Sunday Morning

On Easter Sunday, all of us, of all ages, wor-

ship together at our Easter celebrations. Nursery care is available on a first-come, first-served basis. Godly Play, GraceQuest and youth programs resume on April 10.

To learn about our Ministries with Families, Children & Youth, contact the Rev. Canon Elizabeth Grundy, Canon for Pastoral Care and Formation, at (415) 749-6369 or bethg@gracecathedral.org



Children's Easter Pageant

Saturday, March 26, 5 p.m., Chapel of Grace Enjoy an Easter pageant for kids and their families. Presto! Opera, who leads our Sing You a Merry Christmas programs,

will invite the audience to sing and dance while sharing favorite parts of Easter celebrations, including a hidden surprise that reminds us that Easter treats are all symbols of a greater Truth. *(Image via torange.biz; Creative Commons Attribution 4.0)*

on display in the cathedral



The Stations of the Cosmic Christ on display in the cathedral into May Bishop Marc Andrus and theologian

Matthew Fox propose a new devotional practice based on ancient teachings and new cosmology. In a time of war and human-induced climate change,

how will humans integrate teachings about the awesome universe to empower joy and compassion? These stations honor the sacredness of all beings and in all of us.

Good Friday offering



Good Friday offerings for the Diocese of Jerusalem

(from a message from the Presiding Bishop) Dear Brothers and Sisters in Christ, Our journey during Lent always leads us to Jerusalem ... Our journey as

Episcopalians also includes remembering our sister and brother Christians in the Holy Land who maintain the faith which we hold so dear. The political, social and spiritual challenges are well known. Their witness is an inspiration.

The Good Friday Offering ... is an important statement of our solidarity with the Province of Jerusalem and the Middle East. We have a Gospel imperative to be sure they know they are not forgotten behind the headlines or because of the distractions in our own lives ... Your willingness to support the ministry of the Anglicans who keep the faith on our behalf in the land our Lord Jesus Christ once walked is needed and appreciated.

Your servant in Christ,

The Most Reverend Michael Bruce Curry Presiding Bishop and Primate, The Episcopal Church

Support for the church's schools, hospitals, rehabilitation clinics and community centers in the Holy Land is sent through the American Friends of the Episcopal Diocese of Jerusalem (afedj.org). Checks payable to Grace Cathedral or to AFEDJ.



Clinic at Christ Church, Aden, Yeme

those preparing for Baptism

By Water and the Holy Spirit: Baptism at the Easter Vigil

This Saturday, at our Easter Vigil at 9 p.m., a group of adults will be baptized into the Body of Christ. Please keep Mohsen, Jeffrey, LaToya, Pearle, Olga, Shannon, Joshua and those throughout the world who are



preparing for baptism in your prayers. If you are interested in adult, child or infant baptism, send an email to congregation@gracecathedral.org or call (415) 749-6300.

service schedule for Holy Week and Easter

Monday, March 21

9 a.m. - Morning Prayer 12:10 p.m. - Holy Eucharist 5:15 p.m. - Evening Prayer

Tuesday, March 22

9 a.m. - Morning Prayer 12:10 p.m. - Eucharist (Chrism Mass) (Consecration of Holy Oils and Clergy Renewal of Ordination Vows) 5:15 p.m. - Evening Prayer

Wednesday, March 23 9 a.m. - Morning Prayer 12:10 pm - Holy Eucharist

6 p.m. - The Office of Tenebrae (a meditative choral service sung by the Choir of Men and Boys)

TRIDUUM - THE GREAT THREE DAYS

Thursday, March 24: Maundy Thursday

7:30 a.m. - Morning Prayer 9 a.m. - Morning Prayer 12:10 p.m. - Noonday Prayer

6 p.m. - Liturgy of Maundy Thursday

(ritual foot washing and Holy Eucharist; sung by Camerata)

Friday, March 25: Good Friday 9 a.m. - Morning Prayer 12:10 p.m. - Noonday Prayer

3 p.m. - Liturgy of Good Friday

(a choral meditation on the Passion, prayers, and veneration of the Cross; nursery care available)

For Friday: daytime parking limited; details at gracecathedral.org/visit

Saturday, March 26: Holy Saturday 9 a.m. - Morning Prayer 5 p.m. - Easter Pageant for Children

9 p.m. - The Great Vigil of Easter

Sunday, March 27: Easter Day

8:30 a.m. - Choral Eucharist 11 a.m. - Choral Eucharist with Brass and Tympani

6 p.m. - Easter Evening Eucharist



When We're Open

Cathedral: Opens daily 8 a.m. - 6 p.m. (Thursdays open 7 a.m.). **The Shop:** Monday - Saturday 10 a.m. - 4 p.m. • Sunday 9 a.m. - 4 p.m. • **Peet's Coffee Kiosk:** Monday - Friday 7:30 a.m. - 4 p.m. • Saturday - Sunday 8 a.m. - 4 p.m. • **Columbarium:** Sunday 9:30 - 10:30 a.m. and 12:30 - 1:30 p.m. • **Docents generally available:** Mondays - Thursdays, 1 - 3 p.m. • Saturdays 11:30 a.m. - 1:30 p.m. • Sundays: gather at the font after the 11 a.m. service.



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The 11 a.m. Sunday Eucharist and 5:15 p.m. Thursday Evensong are posted on our website for a week after each service. Subscribe to the sermons through iTunes or listen: **gracecathedral.org/listen**

Prayer Requests: To request prayers of thanksgiving or intercession, email **prayer@gracecathedral.org**. Every day, our prayer team tends to the concerns of the community and remembers those who have died.

Cathedral Clergy and Program Staff

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